astronaut Doug Hurley husband of Karen

Nyberg Doug on a gorgeous day here in

Baikonur Karen's ticket to ride is ready

to be hoisted for final preparations for

launch she's been training hard and for

a long time for this flight what's her

level of preparation excitement or

anticipation at this point well I think

it's a lot of everything Rob you know

she's as she said you know it's been

almost a three-year journey to get to

this point there's just a tremendous

amount of excitement and I think you

know folks as they go through the
training for one of these expeditions
you kind of you know you keep plodding
along and working hard and doing all
your traveling at your training and then
now it's finally that you know we're a
couple days from launch so she's very
very excited to be getting ready to go
finally
so Karen takes off she leaves the home
fires burning for you how do you guys
juggle the preparations and then
obviously for the next five six months
your execution of everything back at
home well it's it's a lot of different
things a lot of support from family and friends and a lot of planning and you know Karen is meticulous about everything in her life and you know I think we've got a good plan to get get our family through the next five months and and obviously with all the the great family support folks at NASA and all the things we can do she can call us from the space station we can do video conferences so I think it I think we're well prepared for this for a crew member in the final days before long show it's as much
psychological as it is anything else to

g 00:11:54,570 --> 00:11:59,339
get in the right frame of mind have your

45 00:11:56,399 --> 00:12:02,700
wits about you all your procedures at

46 00:11:59,339 --> 00:12:05,760
your disposal what goes into these final

days of training if you will or is it

48 00:12:05,759 --> 00:12:09,419
more relaxation and just getting in the

49 00:12:07,620 --> 00:12:11,159
right frame of mind so for the last

couple weeks the crew has actually been

down here in Baikonur going through

52 00:12:12,990 --> 00:12:16,649
final fit checks and preparations for

53 00:12:15,000 --> 00:12:19,409
launch and they've had a pretty relaxed

54 00:12:16,649 --> 00:12:21,240
schedule the last four days or so prior

55 00:12:19,409 --> 00:12:23,278
to launch accelerate pretty quickly and

56 00:12:21,240 --> 00:12:25,200
the preparations are very mundane

57 00:12:23,278 --> 00:12:26,639
whether it's packing up the things that
you've had the last couple weeks or
planning which bag we'll be in which
location based on which landing site you
may actually end up when you actually
return and so Karen's been going through
all of those activities and I'll say the
last four days or so have been pretty
mundane until she leads up to the launch
activities that of course are pretty
exciting when she and her crew mates
reached the International Space Station
no time to lose they're off and running
on six months of almost every facet of
human space flight but the visiting
vehicles the spacewalks and so forth how

complex will this increment be over the next six months

you're exactly right Rob this is gonna be a very very busy increment the crew

is going to face up multiple visiting vehicles upwards of five spacewalks u.s.

and Russian so it should be a very interesting time I think the most interesting time probably would be towards the end of the increment where we're planned to have three Soyuz doctor

simultaneously which will be a unique experience for Karen and the rest of our
crew to participate in but they're all prepared and they're looking forward to the challenge on the launch pad.

it's of course always a great pleasure to be here on the lawn launch pad. it means that we have one of our European astronauts from the ISA astronaut corps flying to space Luca Parmitano in this case from Italy is going to launch from this path in two days it's always an exciting moment and we are looking forward to a great mission.

the long-duration missions are very important for ISA of course we do a lot...
of science during those long-duration missions but we also build up a lot of

the expertise of the European astronaut corps it's really an example of our participation in the end International Space Station we can show it to the whole world how we continue to work together with our international partners and how we participate in this great operation when you're difficult to follow or is it something that you've been waiting for you miss music now yeah as an astronaut of course you always have a dual feeling when you stand here
it's great to see it but you remember

your own time of course I would prefer
to go back into the rocket and to fly to
space myself but now it's a time for our
young generation of astronauts to fly to
get expertise in human space flight Luke
was the first of the new Corps to fly it
will be great for him but we have many
others and by 2017 all of them will have
flown