and that is certainly great to see now
to an out-of-this-world
interview literally as you know Colorado
astronaut Steve Swanson took over the
command of the International Space
Station in May he is joining us live
from outer space this morning good
morning Steve and I love seeing the
Bronco spirit there the International
Space Station yeah good morning how are
you today doing great let's talk about
the special delivery you guys got this
morning that's right we had a Cygnus
cargo vehicle come in yesterday we
grabbed it at birth yesterday and this

morning we got to open up and get some

fresh food out very good I already had

an apple it was wonderful besides your

family I'm sure the fresh fruit is

delicious what do you miss the most from

Earth all I have to say we talk about

that mostly probably there's some really

fresh food and maybe a shower yeah it's

been about four months now since I had a

shower I'm looking forward to that

someday second delay as we're talking

that's why we're there in that little

delay
Yuri tweeted out this morning I thought

up there with you that outer space

smelled like wet clothes after rowing

and snow is that true each person has

their own interpretation of what that

space

smells like mine's more like a metallic

material kind of like if something can

almost burn with metal that's more what

I feel it's it's it smells like but

everybody is definitely different it's a

very different smell and it's very

unique so it's cool to see the

microphone floating around and I
understand you did a little brain surgery yesterday on Astro Robonaut that's right he's my pal right here I definitely worked on his head yesterday put on a new head and today I'm going to work in his belly here which is actually where the brains are I'm gonna do some new computers upgrades to his belly yeah that's why I go for today well you put up the first Instagram of from space when you got up there and I have to ask you between super typhoon neoguri and the Aurora's you've been putting up the antastic pictures about which one is
more impressive to you well I think the

Aurora's are probably the most beautiful

thing we got up here you can't beat

those they're just amazing I wish I
could see it my friend talked about this

race that you're running I think this is
going to be what the first leg of the
relay or any kind of race to run in

space well I know suni Williams ran a

marathon the Boston Marathon from up

here that was a while ago so this now is
going to be a relay race from Fort

Collins to Steamboat and it's a

six-person team it's about 200 miles
total we each run about the course six

of that I'll get about thirty some miles

and we do it each to six legs so a total

of 36 legs and and I'll do my legs up

here on the treadmill when it's my turn

well we have a little phone we can call

back and forth on and we'll kind of keep

in touch and I'll just do my legs from

up here okay I got to give you a hard

time about the hair then you do that

your sport and that's not one of the

casualties from the USA Germany game

isn't it yes it is it started to grow

back it got a little shorter though
after that game it was a good game I
still were very proud of the US team
they did fantastic far as I'm concerned
and it was good to see Germany actually
win at all we were very happy hey you
may not know that a Peyton was just
named by ESPN for the ESPY Awards best
NFL player you got to give me a big go
Broncos you bet you go Broncos I didn't
see behind me on here but there's a
little Manning Jersey right there that I
brought up with me so I'm definitely a
huge fan as you probably know but I'm
ready for a go Broncos let's have a good
alright swanee we will see you soon my friend continue to stay safe up there and we'll continue to follow along their journey guys how cool is that I've interviewed from the International Space Station yes i 100% station this is Houston ACR that concludes the event thank you