BOY, I THINK I'M GETTING FEEDBACK FROM SOME COMMERCIALS.

SORRY ABOUT THAT.

LET ME TURN SOME STUFF OFF.

CAN YOU STILL HEAR ME?

WE HEAR YOU MUCH CLEARER.

LET'S TRY THAT AGAIN.

I THINK WE MAY HAVE CLEARED OUT THE TELEVISION COMMERCIALS.

WELL, WE DON'T GET MANY

COMMERCIALS HERE, SO IT'S FUN TO HEAR THEM.

SO IN ANY EVENT LET'S TALK ABOUT LIFE ON BOARD.
ANY CHALLENGES IN TERMS OF BEING ON BOARD THE INTERNATIONAL SPACE STATION?

>> WELL, YOU KNOW, MOSTLY IT'S ABOUT KEEPING TRACK OF EVERYTHING.

IF YOU DON'T TIE IT DOWN WITH A TETHER OR VELCRO, THE DARN THING WILL FLOAT AWAY.

YOUR TOOLS, YOUR CLOTHES, YOUR FOOD, EVERYTHING.

IT'S AWESOME BECAUSE YOU GET TO SEE IT FLOATING, THAT'S JUST COOL.
But it is a little bit frustrating sometimes when you think, where the heck did my pen go... again.

>> It appears as though it could be a tad claustrophobic.

Do you have time to get away from the crew?

>> We do.

We can take time to look out the window, take pictures, call home, e-mail, do things like that, so you do have a little...
BIT OF PRIVATE TIME, WHICH IS
NICE.

AS FAR AS THE STATION ITSELF,
YOU CAN SEE AROUND ME THE INSIDE
THE STATION IS PRETTY LARGE.
IT'S ABOUT THE SIZE OF A
FIVE-BEDROOM HOUSE.
AND AFTER FRIDAY THERE WILL ONLY
THE BE THREE OF US HERE FOR THE
NEXT THREE MONTHS.
SO THERE IS A LOT OF ROOM.
GOING UP AND DOWN, IT CAN BE A
TIGHT FIT, BUT IT DOESN'T LAST
THAT LONG SO IT'S NOT THAT BAD.
I NOTICED ON THE RECENT SPACE
Squad you had a big smile on your face. Tell me what that was like.

>> Well, you can ask MCC.

I have a big smile on my face most of the time because I'm floating a and it's awesome.

The spacewalk is just—when you look out the window, and you see this beautiful landscape, and then you walk outside.

When you walk outside you're more of a part of it.

You can feel it, smell it, and
IT'S ALMOST AS IF YOU CAN TASTE IT.

THAT'S WHAT IT IS GOING FROM THE GROUND TO ORBIT IS A MIND-BLOWING PERSPECTIVE CHANGE,

BEING ABLE TO SEE THAT THIN BLUE LINE THAT HOLDS ALL LIFE ON EARTH AND HOW BEAUTIFUL IT IS AND HOW FRAGILE IT IS.

THEN TO GET OUTSIDE IN IT IS ALMOST AN ORDER OF MAGNITUDE COOLER, AND JUST--YOU BECOME SO MUCH MORE A PART OF IT LOOKING UP AT THE STARS WITH NOTHING, NO
ATMOSPHERE IN THE WAY.

NO LIGHT POLLUTION IN THE WAY OR

DOWN AT THIS AMAZING PLANET WE

CALL HOME.

IT WAS ABSOLUTELY THE COOLEST

WORK EXPERIENCE I'VE EVER HAD.

EXPERIENCES WITH MY WIFE, THOSE

ALL TOP THEM.

BUT WORK EXPERIENCE, IT DOESN'T

GET BETTER THAN THIS.

>> I WOULD IMAGINE NOT.

I NOTICED ON YOUR FACEBOOK AND

TWITTER FEED SOME BEAUTIFUL

PICTURES OF EARTH.
THAT WOULD INCLUDE STORMS AND

00:04:42,814 --> 00:04:44,050 CLOUD FORMATIONS.

00:04:44,050 --> 00:04:46,151 YOU HAVE AN UNIQUE VIEW FROM UP THERE.

00:04:46,151 --> 00:04:46,786 >> OH, ABSOLUTELY.

00:04:46,786 --> 00:04:49,221 PEGGY AND I WERE TAKING PICTURES

00:04:49,221 --> 00:04:51,657 BEFORE OUR SPACEWALK OF ONE OF THE COMPONENTS WE WERE GOING TO WORK ON.

00:04:51,658 --> 00:04:53,259 WE WERE DOWN IN THE RUSSIAN SEGMENT.

00:04:53,259 --> 00:04:54,826 LOOKING OUT ONE OF THE MODULES.

00:04:54,826 --> 00:04:55,360 THERE WAS THIS MOSSSIVE STORM.

00:04:55,360 --> 00:04:57,596 YOU SEE LIGHTENING EVERY NOW AND AGAIN SOMEBODY WILL CATCH A
PICTURE OF IT, AND IT LOOKS BEAUTIFUL.

BUT IN THIS STORM THERE WAS LIGHTENING IN THE CLOUDS, OVER THE CLOUDS, BETWEEN THE CLOUDS, IT WAS THE MOST AMAZING THING THAT I'VE EVER SEEN AS FAR AS THE STORM. IT WAS SO BEAUTIFUL.

I WISH WE COULD TAKE PICTURES OF IT, BUT THE CAMERAS AREN'T AS GOOD AS OUR EYES YET, AND WE HAVEN'T FIGURED OUT HOW TO GET GOOD PICTURES OF THAT.
I also noticed on your social media feeds pictures of food. Tell us about your favorite food there on the International Space Station.

Well, that's easy, it's coffee balls because I need my coffee. I'm a military guy, being deployed, we'll eat what we're given, and give me some hot sauce and you can make anything taste good. But what I absolutely need is...
COFFEE BALLS.

CAFFEINE IN THE MORNING, THEY'RE DELICIOUS AND FUN.

AS FAR AS THE FOOD, THOUGH, IT'S KIND OF FUN TO BE A LITTLE CREATIVE AND PUT SOME OF THE DISHES TOGETHER, AND ACTUALLY OUR GROUND TEAM DOES A FANTASTIC JOB GIVING US A WIDE VARIETY SO YOU DON'T GET BORED.

BUT EVERY NOW AND THEN IT'S FUN TO MIX THINGS TOGETHER AND MAKE NEW ITEMS.

LAST NIGHT I MADE A SALMONRITO,
WHICH IS A BURRITO WITH SALMON,

158
00:06:42,468 --> 00:06:45,338
BUT NOT REALLY.

159
00:06:45,338 --> 00:06:45,838
IT WAS DELICIOUS.

160
00:06:45,838 --> 00:06:46,739
>> SOUNDS GOOD.

161
00:06:46,738 --> 00:06:49,709
DOWN ON EITHER THERE IS TALK OF

162
00:06:49,709 --> 00:06:59,552
THE ALLEGATION OF RUSSIAN

163
00:06:59,552 --> 00:07:04,657
INVOLVEMENT IN THE ELECTION.

164
00:07:04,656 --> 00:07:08,661
BUT YOU WORK WITH RUSSIANS AT

165
00:07:08,661 --> 00:07:09,528
THE SPACE STATION.

166
00:07:09,528 --> 00:07:13,399
>> OH, YES, WE HAVE 15 COUNTRY

167
00:07:13,399 --> 00:07:14,567
COME TOGETHER AND MAKE THIS

168
00:07:14,567 --> 00:07:16,369
INCREDIBLE FLOATING LABORATORY.

169
00:07:16,369 --> 00:07:18,104
WE WORK TOGETHER EVERY DAY,

170
00:07:18,103 --> 00:07:19,938
TRAINING CREWS, AND GETTING THEM

171
00:07:19,939 --> 00:07:21,674
READY TO COME UP HERE AND WORK
AS ONE TEAM.

MY COMMANDER AND I HAD A PATCH BASED ON THE APOLLO PATCH, AND THEN WE ADDED THE WORDS "ONE TEAM" BECAUSE WE ARE.

WE'RE ONE TEAM EXPLORING THE UNIVERSE.

IF WE'RE EVER TRULY GOING TO EXPLORE AND HELP HUMANITY TAKE THAT NEXT EVOLUTIONARY STEP WE NEED TO WORK TOGETHER AS ONE TEAM.

WE DO IT HERE EVERY DAY.
EXPERIMENTS AND RESEARCH

PROJECTS ON BOARD OF THE ISS,

ANY FAVORITES?

>> WELL, MAN, OVER A SIX-MONTH

PERIOD WE'RE DOING 300

EXPERIMENTS ON BOARD THE SPACE

STATION RANGING FROM THINGS

HELPING US TO MAKE NEW DRUGS,

GROWING PROTEIN CRYSTALS,

INVESTIGATING VIRUSES, GENES,

BONES, ALL SORTS OF PHYSIOLOGY.

PEGGY IS IN THE OTHER ROOM RIGHT

NOW TAKING APART A DEPLOYER.

OVER THE LAST TWO WEEKS WE SHOT

OFF 34 SATELLITES DOING ALL SORTS OF DIFFERENT THINGS USING THE JAPANESE MODULE AIR LOCK AND ROBOTIC ARM AND THEN THE PLATFORM NANO RACKS.

TAMAZ IS DOING A STUDY OF THE VEIN AND VASCULAR HEALTH IN EVERY DAY IS IT’S MENAGERIE OF INTERESTING WORK AND EXCITING INVESTIGATIONS.

WE’RE ALL EXCITED TO BE A PART OF THIS, AND WHATEVER GREAT DISCOVERIES COME FROM THE SPACE
STATION.

00:09:21,126 --> 00:09:22,894
>> WELL, CORNER FISHER, OUR TIME

00:09:22,894 --> 00:09:26,465
IS UP, AND THANKS FOR JOINING US

00:09:26,465 --> 00:09:27,233
HERE IN DENVER.

00:09:27,232 --> 00:09:28,533
>> HEY, I JUST HAD TO SHOW YOU

00:09:28,533 --> 00:09:29,869
MY PAJAMAS.

00:09:29,869 --> 00:09:32,904
I DIDN'T WEAR THEM, BUT YOU

00:09:32,904 --> 00:09:40,011
MIGHT RECOGNIZE THE COLORS.

00:09:40,011 --> 00:09:43,281
AND THEY ALSO DOUBLE, IN CASE I

00:09:43,282 --> 00:09:45,850
GET LOST OR SOMETHING, THEY CAN

00:09:45,850 --> 00:09:52,692
FIND ME WHEN I'M WEARING THESE.

00:09:52,692 --> 00:09:55,161
>> THAT CONCLUDES THE EVENT.

00:09:55,160 --> 00:09:58,763
>> THANK YOU CARBON MONOXIDE,

00:09:58,764 --> 00:10:01,767
STATION PLEASE STAND BY WHILE WE

00:10:01,767 --> 00:10:03,302
RECONFIGURE VIDEO AND AUDIO

COMMUNICATIONS.

I DID WANT TO LET YOU KNOW JUST

A REMINDER FOLLOWING THE EVENT,

WE'RE GOING TO BE ROLLING INTO

THE PRE-RECORDED EVENT.

ARE YOU READY FOR THE EVENT?

>> STATION IS READY FOR THE

EVENT.

>> KMGH, THIS IS MISSION CONTROL

HOUSTON.

PLEASE CALL STATION FOR A VOICE
CHECK.

>> THIS IS MITCH IN FOR LISA TODAY FOR KMGH TV.

>> LOUD AND CLEAR.

HOW DO YOU HEAR ME?

>> BEING YOURSELF.

BACK TO SMILING AND LAUGHING AGAIN.

BACK TO EATING FOODS YOU LOVE.

>> I CAN HEAR YOU JUST FINE.

WELCOME FROM COLORADO.

>> WELL, HELLO, WELCOME TO THE INTERNATIONAL SPACE STATION FOR HOPEFULLY A GOOD TALK TODAY.
00:14:40,111 --> 00:14:47,019
>> ABSOLUTELILY.

258
00:14:47,019 --> 00:14:49,421
LET'S TALK ABOUT LIFE ON BOARD

259
00:14:49,421 --> 00:14:52,157
OF THE SPACE STATION.

260
00:14:52,157 --> 00:14:53,591
>> IS IT TIME FOR THE WORKFORCE

261
00:14:53,591 --> 00:14:59,497
OR MAYBE IT’S TIME TO EXPLORE.

262
00:14:59,498 --> 00:15:02,401
>> BOY, I THINK I’M GETTING

263
00:15:02,400 --> 00:15:04,035
FEEDBACK FROM SOME COMMERCIALS.

264
00:15:04,035 --> 00:15:05,370
SORRY ABOUT THAT.

265
00:15:05,370 --> 00:15:11,610
LET ME TURN SOME STUFF OFF.

266
00:15:11,610 --> 00:15:17,883
CAN YOU STILL HEAR ME?

267
00:15:17,883 --> 00:15:34,166
>> WE HEAR YOU MUCH CLEARER.

268
00:15:34,166 --> 00:15:35,367
>> LET'S TRY THAT AGAIN.

269
00:15:35,366 --> 00:15:37,368
I THINK WE MAY HAVE CLEARED OUT

270
00:15:37,369 --> 00:15:46,412
THE TELEVISION COMMERCIALS.

271
00:15:46,412 --> 00:15:48,681
>> WELL, WE DON'T GET MANY COMMERCIALS HERE, SO IT'S FUN TO HEAR THEM.

>> SO IN ANY EVENT LET'S TALK ABOUT LIFE ON BOARD.

ANY CHALLENGES IN TERMS OF BEING ON BOARD THE INTERNATIONAL SPACE STATION?

>> WELL, YOU KNOW, MOSTLY IT'S ABOUT KEEPING TRACK OF EVERYTHING.

IF YOU DON'T TIE IT DOWN WITH A TETHER OR VELCRO, THE DARN THING WILL FLOAT AWAY.

YOUR TOOLS, YOUR CLOTHES, YOUR
FOOD, EVERYTHING.

IT'S AWESOME BECAUSE YOU GET TO SEE IT FLOATING, THAT'S JUST COOL.

BUT IT IS A LITTLE BIT FRUSTRATING SOMETIMES WHEN YOU THINK, WHERE THE HECK DID MY PEN GO...

AGAIN.

>> IT APPEARS AS THOUGH IT COULD BE A TAD CLAUSTROPHOBIC.

DO YOU HAVE TIME TO GET AWAY FROM THE CREW?

>> WE DO.
WE CAN TAKE TIME TO LOOK OUT THE WINDOW, TAKE PICTURES, CALL HOME, E-MAIL, DO THINGS LIKE THAT, SO YOU DO HAVE A LITTLE BIT OF PRIVATE TIME, WHICH IS NICE.

AS FAR AS THE STATION ITSELF, YOU CAN SEE AROUND ME THE INSIDE THE STATION IS PRETTY LARGE. IT'S ABOUT THE SIZE OF A FIVE-BEDROOM HOUSE. AND AFTER FRIDAY THERE WILL ONLY BE THREE OF US HERE FOR THE NEXT THREE MONTHS.
SO THERE IS A LOT OF ROOM.

GOING UP AND DOWN, IT CAN BE A TIGHT FIT, BUT IT DOESN'T LAST THAT LONG SO IT'S NOT THAT BAD.

>> I NOTICED ON THE RECENT SPACE SQUAD YOU HAD A BIG SMILE ON YOUR FACE.

TELL ME WHAT THAT WAS LIKE.

>> WELL, YOU CAN ASK MCC.

I HAVE A BIG SMILE ON MY FACE

MOST OF THE TIME BECAUSE I'M FLOATING A AND IT'S AWESOME.

THE SPACEWALK IS JUST--WHEN YOU LOOK OUT THE WINDOW, AND YOU SEE
THIS BEAUTIFUL LANDSCAPE, AND

00:18:02,614 --> 00:18:04,149
THEN YOU WALK OUTSIDE.

00:18:04,148 --> 00:18:05,817
WHEN YOU WALK OUTSIDE YOU'RE

00:18:05,817 --> 00:18:07,051
MORE OF A PART OF IT.

00:18:07,051 --> 00:18:09,554
YOU CAN FEEL IT, SMELL IT, AND

00:18:09,555 --> 00:18:11,390
IT'S ALMOST AS IF YOU CAN TASTE

00:18:11,390 --> 00:18:11,990
IT.

00:18:11,990 --> 00:18:14,492
THAT'S WHAT IT IS GOING FROM THE

00:18:14,492 --> 00:18:17,261
GROUND TO ORBIT IS A

00:18:17,261 --> 00:18:19,565
MIND-BLOWING PERSPECTIVE CHANGE,

00:18:19,565 --> 00:18:22,301
BEING ABLE TO SEE THAT THIN BLUE

00:18:22,300 --> 00:18:23,801
LINE THAT HOLDS ALL LIFE ON

00:18:23,801 --> 00:18:25,436
EARTH AND HOW BEAUTIFUL IT IS

00:18:25,436 --> 00:18:27,305
AND HOW FRAGILE IT IS.

00:18:27,306 --> 00:18:29,408
THEN TO GET OUTSIDE IN IT IS
ALMOST AN ORDER OF MAGNITUDE

COOLER, AND JUST--YOU BECOME SO

MUCH MORE A PART OF IT LOOKING

UP AT THE STARS WITH NOTHING, NO

ATMOSPHERE IN THE WAY.

NO LIGHT POLLUTION IN THE WAY OR

DOWN AT THIS AMAZING PLANET WE

CALL HOME.

IT WAS ABSOLUTELY THE COOLEST

WORK EXPERIENCE I'VE EVER HAD.

EXPERIENCES WITH MY WIFE, THOSE

ALL TOP THEM.

BUT WORK EXPERIENCE, IT DOESN'T

GET BETTER THAN THIS.
I WOULD IMAGINE NOT. I NOTICED ON YOUR FACEBOOK AND TWITTER FEED SOME BEAUTIFUL PICTURES OF EARTH.

THAT WOULD INCLUDE STORMS AND CLOUD FORMATIONS.

YOU HAVE AN UNIQUE VIEW FROM UP THERE.

OH, ABSOLUTELY.

PEGGY AND I WERE TAKING PICTURES BEFORE OUR SPACEWALK OF ONE OF THE COMPONENTS WE WERE GOING TO WORK ON.

WE WERE DOWN IN THE RUSSIAN
LOOKING OUT ONE OF THE MODULES.

THERE WAS THIS MOSSSIIVE STORM.

YOU SEE LIGHTENING EVERY NOW AND AGAIN SOMEBODY WILL CATCH A PICTURE OF IT, AND IT LOOKS BEAUTIFUL.

BUT IN THIS STORM THERE WAS LIGHTENING IN THE CLOUDS, OVER THE CLOUDS, BETWEEN THE CLOUDS, IT WAS THE MOST AMAZING THING THAT I'VE EVER SEEN AS FAR AS THE STORM.

IT WAS SO BEAUTIFUL.
I WISH WE COULD TAKE PICTURES OF IT, BUT THE CAMERAS AREN'T AS GOOD AS OUR EYES YET, AND WE HAVEN'T FIGURED OUT HOW TO GET GOOD PICTURES OF THAT.

>> I ALSO NOTICED ON YOUR SOCIAL MEDIA FEEDS PICTURES OF FOOD.

TELL US ABOUT YOUR FAVORITE FOOD THERE ON THE INTERNATIONAL SPACE STATION.

>> WELL, THAT'S EASY, IT'S COFFEE BALLS BECAUSE I NEED MY COFFEE.

I'M A MILITARY GUY, BEING DEPLOYED, WE'LL EAT WHAT WE'RE
GIVEN, AND GIVE ME SOME HOT SAUCE AND YOU CAN MAKE ANYTHING TASTE GOOD.

BUT WHAT I ABSOLUTELY NEED IS COFFEE BALLS.

CAFFEINE IN THE MORNING, THEY'RE DELICIOUS AND FUN.

AS FAR AS THE FOOD, THOUGH, IT'S KIND OF FUN TO BE A LITTLE CREATIVE AND PUT SOME OF THE DISHES TOGETHER, AND ACTUALLY OUR GROUND TEAM DOES A FANTASTIC JOB GIVING US A WIDE VARIETY SO YOU DON'T GET BORED.
BUT EVERY NOW AND THEN IT'S FUN

to mix things together and make

NEW ITEMS.

LAST NIGHT I MADE A SALMONRITO,

WHICH IS A BURRITO WITH SALMON,

BUT NOT REALLY.

IT WAS DELICIOUS.

>> SOUNDS GOOD.

DOWN ON EITHER THERE IS TALK OF

THE ALLEGATION OF RUSSIAN

INVOLVEMENT IN THE ELECTION.

BUT YOU WORK WITH RUSSIANS AT

THE SPACE STATION.

>> OH, YES, WE HAVE 15 COUNTRY
COME TOGETHER AND MAKE THIS INCREDIBLE FLOATING LABORATORY.

WE WORK TOGETHER EVERY DAY, TRAINING CREWS, AND GETTING THEM READY TO COME UP HERE AND WORK AS ONE TEAM.

MY COMMANDER AND I HAD A PATCH BASED ON THE APOLLO PATCH, AND THEN WE ADDED THE WORDS "ONE TEAM" BECAUSE WE ARE.

WE'RE ONE TEAM EXPLORING THE UNIVERSE.

IF WE'RE EVER TRULY GOING TO EXPLORE AND HELP HUMANITY TAKE
THAT NEXT EVOLUTIONARY STEP WE

00:22:17.335 --> 00:22:18.970
NEED TO WORK TOGETHER AS ONE

00:22:18.970 --> 00:22:19.471
TEAM.

00:22:19.471 --> 00:22:25.343
WE DO IT HERE EVERY DAY.

00:22:25.343 --> 00:22:28.013
>> DO YOU HAVE A MYRIAD OF

00:22:28.012 --> 00:22:29.580
EXPERIMENTS AND RESEARCH

00:22:29.580 --> 00:22:32.216
PROJECTS ON BOARD OF THE ISS,

00:22:32.217 --> 00:22:40.392
ANY FAVORITES?

00:22:40.392 --> 00:22:42,928
>> WELL, MAN, OVER A SIX-MONTH

00:22:42,928 --> 00:22:45,163
PERIOD WE'RE DOING 300

00:22:45,163 --> 00:22:46,798
EXPERIMENTS ON BOARD THE SPACE

00:22:46,798 --> 00:22:48,700
STATION RANGING FROM THINGS

00:22:48,700 --> 00:22:51,569
HELPING US TO MAKE NEW DRUGS,

00:22:51,569 --> 00:22:53,637
GROWING PROTEIN CRYSTALS,

00:22:53,637 --> 00:22:57,041
INVESTIGATING VIRUSES, GENES,
BONES, ALL SORTS OF PHYSIOLOGY.

PEGGY IS IN THE OTHER ROOM RIGHT NOW TAKING APART A DEPLOYER.

OVER THE LAST TWO WEEKS WE SHOT OFF 34 SATELLITES DOING ALL SORTS OF DIFFERENT THINGS USING THE JAPANESE MODULE AIR LOCK AND ROBOTIC ARM AND THEN THE PLATFORM NANO RACKS.

TAMAZ IS DOING A STUDY OF THE VEIN AND VASCULAR HEALTH IN ORBIT.

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INVESTIGATIONS.

WE'RE ALL EXCITED TO BE A PART OF THIS, AND WHATEVER GREAT DISCOVERIES COME FROM THE SPACE STATION.

>> WELL, CORNER FISHER, OUR TIME IS UP, AND THANKS FOR JOINING US HERE IN DENVER.

>> HEY, I JUST HAD TO SHOW YOU MY PAJAMAS. I DIDN'T WEAR THEM, BUT YOU MIGHT RECOGNIZE THE COLORS. AND THEY ALSO DOUBLE, IN CASE I GET LOST OR SOMETHING, THEY CAN...
FIND ME WHEN I'M WEARING THESE.

>> THAT CONCLUDES THE EVENT.

>> THANK YOU CARBON MONOXIDE,

STATION PLEASE STAND BY WHILE WE

RECONFIGURE VIDEO AND AUDIO

COMMUNICATIONS.

[MUSIC]