

1
00:00:16,689 --> 00:00:23,769
welcome to shattered reality with your

2
00:00:20,179 --> 00:00:27,050
hosts kate valentine and Farrugia

3
00:00:23,769 --> 00:00:31,789
prepare to head her paradigms shifted in

4
00:00:27,050 --> 00:00:36,859
the truth questioned and now shattered

5
00:00:31,789 --> 00:00:39,019
reality hey Kate hey frew show I guess

6
00:00:36,859 --> 00:00:42,018
it's time for another thrilling session

7
00:00:39,018 --> 00:00:45,228
here at shattered reality yes and we

8
00:00:42,018 --> 00:00:47,268
have been on a light summer schedule but

9
00:00:45,228 --> 00:00:49,518
I'm hoping in September we go back to

10
00:00:47,268 --> 00:00:52,698
our regular schedule or something close

11
00:00:49,518 --> 00:00:56,420
to it okay um but we have such a

12
00:00:52,698 --> 00:00:59,478
fabulous guest today I'm thrilled that

13
00:00:56,420 --> 00:01:02,900
she has agreed to come on board and be

14
00:00:59,478 --> 00:01:08,269
with us today the person I'm talking

15
00:01:02,899 --> 00:01:10,548
about is Nancy scooter McMonagle and she

16
00:01:08,269 --> 00:01:14,358
is the executive director and president

17
00:01:10,549 --> 00:01:17,659
of the monroe institute prior to that

18
00:01:14,358 --> 00:01:21,978
she had a an astrological practice that

19
00:01:17,659 --> 00:01:28,250
was international she is really at the

20
00:01:21,978 --> 00:01:32,420
Nexus of psychic and consciousness

21
00:01:28,250 --> 00:01:35,590
studies and research because believe it

22
00:01:32,420 --> 00:01:38,299
or not it's just such a she's in such a

23
00:01:35,590 --> 00:01:41,090
catbird seat there at the monroe

24
00:01:38,299 --> 00:01:44,359
institute but not only that her

25
00:01:41,090 --> 00:01:48,249
stepfather was the founder of the monroe

26
00:01:44,358 --> 00:01:54,709
institute mr. Robert Monroe himself and

27
00:01:48,248 --> 00:02:00,519
her husband is Joe McMonagle remote

28
00:01:54,709 --> 00:02:03,589
viewer number 0 0 0 1 I guess it is

29

00:02:00,519 --> 00:02:06,858
extremely impressive yeah and she she

30
00:02:03,590 --> 00:02:09,050
has been um you know the director and

31
00:02:06,858 --> 00:02:12,079
president of the monroe institute for

32
00:02:09,050 --> 00:02:15,379
two different terms the first one was

33
00:02:12,080 --> 00:02:19,490
about I'm gonna say more than 20 years

34
00:02:15,378 --> 00:02:22,189
ago do I dare to say that I just did

35
00:02:19,490 --> 00:02:25,610
and she looks younger than springtime

36
00:02:22,189 --> 00:02:27,889
she's a beautiful blonde with a gorgeous

37
00:02:25,610 --> 00:02:31,520
smile and one of the nicest people you

38
00:02:27,889 --> 00:02:33,229
ever want to meet hello scooter oh my

39
00:02:31,520 --> 00:02:36,200
goodness what a lovely introduction

40
00:02:33,229 --> 00:02:38,840
thank you that's very nice or Felucia

41
00:02:36,199 --> 00:02:40,699
what do you prefer to be called I need

42
00:02:38,840 --> 00:02:43,939
to be called Farrugia on on this

43
00:02:40,699 --> 00:02:47,509

broadcast alrighty then miss purusha

44

00:02:43,939 --> 00:02:51,560

it's a lovely name thank you so maybe

45

00:02:47,509 --> 00:02:55,669

you want to tell us exactly how you got

46

00:02:51,560 --> 00:02:58,969

the name scooter well my mother was

47

00:02:55,669 --> 00:03:01,609

Nancy my aunt was Nancy my cousin was

48

00:02:58,969 --> 00:03:03,560

Nancy actually my cousin wasn't born yet

49

00:03:01,610 --> 00:03:06,340

but the truth of the matter is mother

50

00:03:03,560 --> 00:03:09,920

had a woman helping us helping her with

51

00:03:06,340 --> 00:03:12,740

my sister who was at the time almost

52

00:03:09,919 --> 00:03:14,839

three years old and myself as an infant

53

00:03:12,740 --> 00:03:17,870

and this woman called me her little

54

00:03:14,840 --> 00:03:21,530

scooter cake and a scooter cake was

55

00:03:17,870 --> 00:03:23,870

presumably a sweet cake just because of

56

00:03:21,530 --> 00:03:25,610

course I was such a sweet child and a

57

00:03:23,870 --> 00:03:26,930

lot of people think it's because i'm

58
00:03:25,610 --> 00:03:29,030
totally on from here there and

59
00:03:26,930 --> 00:03:31,700
everywhere high energy but no it was

60
00:03:29,030 --> 00:03:33,710
because i was a very sweet little baby

61
00:03:31,699 --> 00:03:36,469
and that's how i got it with scooter

62
00:03:33,710 --> 00:03:39,590
cake so that's how it came about and it

63
00:03:36,469 --> 00:03:43,129
has always stuck so scooter has stuck

64
00:03:39,590 --> 00:03:46,479
with me all these 60 plus years now well

65
00:03:43,129 --> 00:03:49,789
i'm sure you were a sweet baby and

66
00:03:46,479 --> 00:03:51,590
scooter we have here in the new york

67
00:03:49,789 --> 00:03:54,679
area when i was a kid we had scooter

68
00:03:51,590 --> 00:03:57,349
pies and oh yeah like a chocolate with

69
00:03:54,680 --> 00:03:59,540
vodka with a marshmallow warrior right

70
00:03:57,349 --> 00:04:01,519
all of that we had and I never liked

71
00:03:59,539 --> 00:04:03,289
those actually and that was different

72
00:04:01,520 --> 00:04:05,480
mother thought maybe even you know the

73
00:04:03,289 --> 00:04:07,639
woman had a black dialect so the

74
00:04:05,479 --> 00:04:09,739
question was listed scooter she was

75
00:04:07,639 --> 00:04:13,549
saying or screwed up really scooter

76
00:04:09,740 --> 00:04:17,030
which was SC udda you know I've never

77
00:04:13,550 --> 00:04:19,129
thought to google that maybe I'm glad we

78
00:04:17,029 --> 00:04:24,409
had this little chat about see what

79
00:04:19,129 --> 00:04:28,579
happens Wow so um maybe you'd like to

80
00:04:24,410 --> 00:04:32,600
tell us a little bit about how you know

81
00:04:28,579 --> 00:04:33,079
Robert Monroe tell us we've spoken about

82
00:04:32,600 --> 00:04:34,819
them

83
00:04:33,079 --> 00:04:37,219
murrow institute on shattered reality

84
00:04:34,819 --> 00:04:40,550
but from your point of view tell us who

85
00:04:37,220 --> 00:04:44,479
Robert Monroe was and how he changed

86

00:04:40,550 --> 00:04:47,150
your life well I was fortunate to have

87
00:04:44,478 --> 00:04:49,728
him in much of my life I was about 14

88
00:04:47,149 --> 00:04:52,038
years old I'm actually met him when I

89
00:04:49,728 --> 00:04:54,378
was first ten he was a friend of the

90
00:04:52,038 --> 00:04:57,438
families and at age 14 he became like a

91
00:04:54,379 --> 00:04:59,780
mentor to me and I knew he did these

92
00:04:57,439 --> 00:05:02,509
really weird things going out of body

93
00:04:59,779 --> 00:05:05,239
and since my mother was a Christian

94
00:05:02,509 --> 00:05:08,120
mystic of fortune mom had taught us for

95
00:05:05,240 --> 00:05:11,418
years about the odd things for example

96
00:05:08,120 --> 00:05:13,879
back in 1962 during the Cuban Missile

97
00:05:11,418 --> 00:05:17,120
Crisis mother told my sister penny and

98
00:05:13,879 --> 00:05:18,439
me if there and we lived out in the

99
00:05:17,120 --> 00:05:21,408
desert by the way we grew up in the

100
00:05:18,439 --> 00:05:24,110

Marine Corps was 29 palms California she

101

00:05:21,408 --> 00:05:26,589

said if something lands from the sky and

102

00:05:24,110 --> 00:05:29,270

it's a great big oval of some sort and

103

00:05:26,589 --> 00:05:31,310

some strange looking people get out of

104

00:05:29,269 --> 00:05:33,528

it and ask you to go with them I want

105

00:05:31,310 --> 00:05:35,930

you to go with them so I grew up with

106

00:05:33,528 --> 00:05:38,240

this stuff oh yeah Wow well mom was

107

00:05:35,930 --> 00:05:40,610

looking for UFOs since I was a mere

108

00:05:38,240 --> 00:05:43,000

child as they say Wow so here was mr.

109

00:05:40,610 --> 00:05:46,819

Monroe as we called him and then and

110

00:05:43,000 --> 00:05:49,550

again good friend of the families and so

111

00:05:46,819 --> 00:05:52,778

what do we call him uncle bob even like

112

00:05:49,550 --> 00:05:55,550

that so much he particularly hated Momo

113

00:05:52,778 --> 00:05:58,668

if you could imagine paws Monroe being

114

00:05:55,550 --> 00:06:02,449

called mobile nobody could either so um

115
00:05:58,668 --> 00:06:05,718
anyway so I call him mr. Monroe up until

116
00:06:02,449 --> 00:06:08,810
the time he became my stepfather in 1971

117
00:06:05,718 --> 00:06:11,180
and at that point he became dead and

118
00:06:08,810 --> 00:06:14,658
still have my daddy but Honeycutt my

119
00:06:11,180 --> 00:06:16,430
father and then Bob became dad now can

120
00:06:14,658 --> 00:06:20,598
you imagine my poor mother bud and Bob

121
00:06:16,430 --> 00:06:23,689
oh there I can think I just got a bit

122
00:06:20,598 --> 00:06:26,240
sensitized it's arranged moments that

123
00:06:23,689 --> 00:06:29,528
could have occurred indeed indeed but

124
00:06:26,240 --> 00:06:32,329
anyway so dad bob was a just a

125
00:06:29,528 --> 00:06:34,550
marvelously interesting curious

126
00:06:32,329 --> 00:06:37,728
character he turned me on to Duke

127
00:06:34,550 --> 00:06:39,770
Ellington and Amelia Earhart got me

128
00:06:37,728 --> 00:06:42,439
reading biographies got me interested in

129
00:06:39,769 --> 00:06:46,968
possibly flying someday beyond just out

130
00:06:42,439 --> 00:06:50,629
of body stuff and also

131
00:06:46,968 --> 00:06:53,269
taught me about how found can affect

132
00:06:50,629 --> 00:06:56,689
your state of consciousness and so he

133
00:06:53,269 --> 00:06:58,158
played tapes for me I had a tape

134
00:06:56,689 --> 00:07:00,649
recorder next to the bed where he played

135
00:06:58,158 --> 00:07:02,688
certain sound to help me sleep better

136
00:07:00,649 --> 00:07:05,598
because he was very interested in people

137
00:07:02,689 --> 00:07:08,899
learning to occur if they could enhance

138
00:07:05,598 --> 00:07:10,639
their learning by doing it during their

139
00:07:08,899 --> 00:07:12,588
sleep and so I was listening to the

140
00:07:10,639 --> 00:07:14,658
sounds of quarters now most people know

141
00:07:12,588 --> 00:07:18,199
that Bob is connected very much with

142
00:07:14,658 --> 00:07:24,438
hemi-sync they sound the technology that

143

00:07:18,199 --> 00:07:27,639
he created and so so this this was all

144
00:07:24,439 --> 00:07:31,039
going on in 14 15 16 17 years old and

145
00:07:27,639 --> 00:07:33,049
his teaching me also about if any of you

146
00:07:31,038 --> 00:07:35,238
all had read his books about the

147
00:07:33,048 --> 00:07:37,508
different overview they're not getting

148
00:07:35,238 --> 00:07:42,408
caught up in quote-unquote local traffic

149
00:07:37,509 --> 00:07:45,049
for example so he was like a Merlin in a

150
00:07:42,408 --> 00:07:46,639
way teaching me how to look at life in a

151
00:07:45,048 --> 00:07:50,109
whole different way teaching us about

152
00:07:46,639 --> 00:07:52,728
skills we had that everybody had

153
00:07:50,110 --> 00:07:55,399
probably yes we did go out of body

154
00:07:52,728 --> 00:07:56,988
whether to remembered it or not talking

155
00:07:55,399 --> 00:07:59,028
about psychic stuff he was bringing

156
00:07:56,988 --> 00:08:02,328
interesting people into our home and

157
00:07:59,028 --> 00:08:05,149

then then later when he and mom were

158

00:08:02,329 --> 00:08:06,829

married and we were at whistle field and

159

00:08:05,149 --> 00:08:09,588

then he started whistle field research

160

00:08:06,829 --> 00:08:11,778

labs in Virginia let me just add process

161

00:08:09,588 --> 00:08:14,449

yeah this is in the tank virginia now

162

00:08:11,778 --> 00:08:15,829

right we're now in virginia actually

163

00:08:14,449 --> 00:08:18,408

been in bridgend most the time was only

164

00:08:15,829 --> 00:08:20,478

three years in California but in

165

00:08:18,408 --> 00:08:22,728

Virginia and the foothills of the Blue

166

00:08:20,478 --> 00:08:26,478

Ridge central Virginia near

167

00:08:22,728 --> 00:08:28,668

Charlottesville Virginia and so there is

168

00:08:26,478 --> 00:08:30,408

where he started the explorers and the

169

00:08:28,668 --> 00:08:33,429

explorers where people would come in and

170

00:08:30,408 --> 00:08:36,759

Bob would be testing out his sound

171

00:08:33,429 --> 00:08:40,609

formulas on these people to see how

172
00:08:36,759 --> 00:08:43,099
deeply he could get them into these

173
00:08:40,610 --> 00:08:45,409
expanded states of consciousness and yet

174
00:08:43,099 --> 00:08:46,790
keep them awake okay so that they

175
00:08:45,409 --> 00:08:49,159
weren't just falling asleep and then

176
00:08:46,789 --> 00:08:50,990
send them out and ask them to go find

177
00:08:49,159 --> 00:08:54,379
out okay so what is the nature of

178
00:08:50,990 --> 00:08:56,778
reality why is this like that so on and

179
00:08:54,379 --> 00:08:58,519
so forth and so actually I think we have

180
00:08:56,778 --> 00:08:59,990
those on the website and go and look at

181
00:08:58,519 --> 00:09:00,950
the Explorers and they're always

182
00:08:59,990 --> 00:09:03,560
different

183
00:09:00,950 --> 00:09:06,200
shins of his working with people sending

184
00:09:03,559 --> 00:09:08,899
them out there and Tom Campbell who I

185
00:09:06,200 --> 00:09:11,540
may be aware of who did my big toe right

186
00:09:08,899 --> 00:09:13,850
NBC was one of the early ones hand

187
00:09:11,539 --> 00:09:17,659
Dennis met Erick and tom has since

188
00:09:13,850 --> 00:09:20,360
written a book about his theory of

189
00:09:17,659 --> 00:09:22,339
everything which is the big toe and in

190
00:09:20,360 --> 00:09:24,500
fact was just here last week giving his

191
00:09:22,340 --> 00:09:26,990
program which was enormously successful

192
00:09:24,500 --> 00:09:30,860
yeah he's just a great guy I mean I

193
00:09:26,990 --> 00:09:32,899
having read about him through the monroe

194
00:09:30,860 --> 00:09:36,769
institute i don't remember exactly where

195
00:09:32,899 --> 00:09:38,480
but i was very captivated to go and take

196
00:09:36,769 --> 00:09:41,299
a weekend with him when he was in New

197
00:09:38,480 --> 00:09:44,000
York City and I couldn't meet a nicer

198
00:09:41,299 --> 00:09:46,370
person than Tom yellow and his wife yeah

199
00:09:44,000 --> 00:09:50,720
really nice he and panel of both very

200

00:09:46,370 --> 00:09:52,519
fine people so anyway so all these just

201
00:09:50,720 --> 00:09:55,220
fascinating things and he's so here was

202
00:09:52,519 --> 00:09:58,850
Bob and just in case those who don't

203
00:09:55,220 --> 00:10:00,560
know who he was he wrote the books

204
00:09:58,850 --> 00:10:03,500
journeys out of the body which is the

205
00:10:00,559 --> 00:10:04,909
classic on out-of-body experiences I

206
00:10:03,500 --> 00:10:08,029
don't even know to be honest how many

207
00:10:04,909 --> 00:10:10,159
languages of him at this point but it

208
00:10:08,029 --> 00:10:13,879
has the soul it has been selling and

209
00:10:10,159 --> 00:10:16,219
selling and selling since 1971 so and

210
00:10:13,879 --> 00:10:18,649
it's still very successful he wrote two

211
00:10:16,220 --> 00:10:21,200
other books following that but again it

212
00:10:18,649 --> 00:10:24,529
was his from his notes that he kept from

213
00:10:21,200 --> 00:10:26,930
these very weird experiences he was

214
00:10:24,529 --> 00:10:28,819

harming outside of his body or that was

215

00:10:26,929 --> 00:10:31,759

this perception that he was outside of

216

00:10:28,820 --> 00:10:33,980

his body and so as a result of that and

217

00:10:31,759 --> 00:10:36,139

as a result of things going on at

218

00:10:33,980 --> 00:10:38,509

whistle field he was asked to give a

219

00:10:36,139 --> 00:10:41,919

program at Esalen which i'm sure you're

220

00:10:38,509 --> 00:10:45,860

probably aware of s 10 and so it was

221

00:10:41,919 --> 00:10:48,679

1973 and he gave his first program it

222

00:10:45,860 --> 00:10:52,310

was so successful and people asked if he

223

00:10:48,679 --> 00:10:54,889

would please do more and so then in 1974

224

00:10:52,309 --> 00:10:58,069

I was out of college and I was answering

225

00:10:54,889 --> 00:11:01,939

Bob's fan mail from the book oh darling

226

00:10:58,070 --> 00:11:04,040

yeah I mean basically i started out and

227

00:11:01,940 --> 00:11:06,260

he would look at him and then after a

228

00:11:04,039 --> 00:11:07,990

bit i got to understand that a lot of

229
00:11:06,259 --> 00:11:10,879
the questions of course were similar and

230
00:11:07,990 --> 00:11:13,190
so i would answer you know with his

231
00:11:10,879 --> 00:11:14,278
response but I was the one taking care

232
00:11:13,190 --> 00:11:16,709
of it

233
00:11:14,278 --> 00:11:19,828
and then from there started giving

234
00:11:16,708 --> 00:11:24,958
training programs with him and Dennis

235
00:11:19,828 --> 00:11:26,399
and Tom and then and I still can't

236
00:11:24,958 --> 00:11:28,679
believe I do that as I look at what we

237
00:11:26,399 --> 00:11:31,350
do here now is in my 20s and I started

238
00:11:28,679 --> 00:11:33,448
flying around the country giving weekend

239
00:11:31,350 --> 00:11:34,949
programs to people and teaching them how

240
00:11:33,448 --> 00:11:37,169
to get into these different states of

241
00:11:34,948 --> 00:11:40,258
consciousness similar to today's

242
00:11:37,169 --> 00:11:44,610
outreach programs that is correct good

243

00:11:40,259 --> 00:11:45,749
that that's right so so so we started

244

00:11:44,610 --> 00:11:48,419
all these various programs they were

245

00:11:45,749 --> 00:11:51,360
called the m5000 then because Bob wanted

246

00:11:48,419 --> 00:11:52,979
to Train 5,000 people and out of that

247

00:11:51,360 --> 00:11:55,829
5,000 he hoped to find some really

248

00:11:52,980 --> 00:11:57,509
gifted psychics and stuff and as I like

249

00:11:55,828 --> 00:12:00,049
to tell people well he just would have

250

00:11:57,509 --> 00:12:02,430
waited a while I would marry one but no

251

00:12:00,049 --> 00:12:06,990
but he would work with us for that

252

00:12:02,429 --> 00:12:09,748
matter but then um so we did that and he

253

00:12:06,990 --> 00:12:15,299
then bought the property which I'm now

254

00:12:09,749 --> 00:12:17,249
speaking to you from and built then what

255

00:12:15,299 --> 00:12:19,318
is now the monroe institute so it went

256

00:12:17,249 --> 00:12:21,509
from whistle field research labs and

257

00:12:19,318 --> 00:12:24,028
actually while we were still there he

258
00:12:21,509 --> 00:12:27,209
turned that into the monroe institute of

259
00:12:24,028 --> 00:12:28,948
applied sciences and then we moved here

260
00:12:27,208 --> 00:12:32,609
to this property in Nelson County

261
00:12:28,948 --> 00:12:33,929
Virginia is still in the foothills of

262
00:12:32,610 --> 00:12:36,360
the Blue Ridge it is absolutely

263
00:12:33,929 --> 00:12:38,519
stunningly beautiful organization you

264
00:12:36,360 --> 00:12:41,459
know that I can attest to that yes and

265
00:12:38,519 --> 00:12:43,589
it is like just a place that once you've

266
00:12:41,458 --> 00:12:47,750
been there you always want to come back

267
00:12:43,589 --> 00:12:52,019
there it is so comforting and a

268
00:12:47,750 --> 00:12:54,448
pristinely beautiful it's I there were

269
00:12:52,019 --> 00:12:57,419
lots of words to describe it and they're

270
00:12:54,448 --> 00:12:59,818
all good it says shangri-la kind of it

271
00:12:57,419 --> 00:13:03,479

is absolutely it is gorgeous so anyway

272

00:12:59,818 --> 00:13:06,509
of course what we do here with many more

273

00:13:03,480 --> 00:13:08,879
programs offered and people come in and

274

00:13:06,509 --> 00:13:11,068
get into these different states of

275

00:13:08,879 --> 00:13:12,899
consciousness again using the sound

276

00:13:11,068 --> 00:13:15,240
technology and it's all starts with our

277

00:13:12,899 --> 00:13:17,428
gateway program gateways into these

278

00:13:15,240 --> 00:13:19,860
different states and build from there

279

00:13:17,428 --> 00:13:22,409
and we have many different programs we

280

00:13:19,860 --> 00:13:24,449
offer now but people feel like they find

281

00:13:22,409 --> 00:13:26,938
themselves well in the first year you

282

00:13:24,448 --> 00:13:28,179
can speak because you know how profound

283

00:13:26,938 --> 00:13:31,209
the experiences

284

00:13:28,179 --> 00:13:34,479
a lot of people's life change they

285

00:13:31,210 --> 00:13:38,290
really are very profound and because I

286

00:13:34,480 --> 00:13:40,659

work as an interprofessional intuitive

287

00:13:38,289 --> 00:13:44,679

when I'm not broadcasting with the most

288

00:13:40,659 --> 00:13:49,588

lovely cake Valentine I find that once I

289

00:13:44,679 --> 00:13:51,789

come back from a program I have enhanced

290

00:13:49,589 --> 00:13:54,700

abilities you know it kind of gives you

291

00:13:51,789 --> 00:13:57,189

like a an electric charge and a boost

292

00:13:54,700 --> 00:14:01,120

it's a brain shot right to your

293

00:13:57,190 --> 00:14:05,080

abilities and I I remember during my

294

00:14:01,120 --> 00:14:09,339

lifeline program I was with Natalie sud-

295

00:14:05,080 --> 00:14:12,339

has also been on this show and we went

296

00:14:09,339 --> 00:14:15,040

somewhere and we went to the same place

297

00:14:12,339 --> 00:14:17,920

unbeknownst she was my roommate and we

298

00:14:15,039 --> 00:14:19,480

went together to the same place and we

299

00:14:17,919 --> 00:14:22,360

didn't know we had gone to the same

300
00:14:19,480 --> 00:14:28,300
place and had much the same experience

301
00:14:22,360 --> 00:14:31,360
until we ended the meditation and went

302
00:14:28,299 --> 00:14:34,539
downstairs to talk about it well that's

303
00:14:31,360 --> 00:14:37,269
very cool yeah and we hear these kind of

304
00:14:34,539 --> 00:14:39,549
things a lot as you might imagine it

305
00:14:37,269 --> 00:14:42,549
because people are dropping a lot of

306
00:14:39,549 --> 00:14:44,829
their focus on physical matter reality

307
00:14:42,549 --> 00:14:48,458
frankly so that they can go explore

308
00:14:44,830 --> 00:14:50,470
these other states within and this is

309
00:14:48,458 --> 00:14:52,539
all about we don't tell people what to

310
00:14:50,470 --> 00:14:54,310
think or believe here that's what's so

311
00:14:52,539 --> 00:14:57,099
different perhaps from many other places

312
00:14:54,309 --> 00:14:58,838
there's no Dogma with the exception of

313
00:14:57,100 --> 00:15:00,430
one thing we do ask of course that

314

00:14:58,839 --> 00:15:02,680
people consider they are more than their

315
00:15:00,429 --> 00:15:04,509
physical bodies and most people who are

316
00:15:02,679 --> 00:15:08,889
attracted to us would think said anyway

317
00:15:04,509 --> 00:15:10,269
this is something yeah so anyways I

318
00:15:08,889 --> 00:15:11,289
don't know if that I've been talking a

319
00:15:10,269 --> 00:15:14,470
lot i wrote that answers your question

320
00:15:11,289 --> 00:15:17,708
about Bob he was he was quite an amazing

321
00:15:14,470 --> 00:15:21,129
brilliant character not easy to work for

322
00:15:17,708 --> 00:15:23,229
but most brilliant people aren't you

323
00:15:21,129 --> 00:15:25,240
know yes it's a fairly the easiest

324
00:15:23,230 --> 00:15:27,370
people to be with I've read all three of

325
00:15:25,240 --> 00:15:30,100
his books and most unfortunately I

326
00:15:27,370 --> 00:15:32,649
turned up there a few years after he

327
00:15:30,100 --> 00:15:36,129
passed on so I never actually got to

328
00:15:32,649 --> 00:15:38,110

meet him but the way that I got down

329

00:15:36,129 --> 00:15:40,539

there was rather interesting because I

330

00:15:38,110 --> 00:15:41,470

had gone up to the Omega center for a

331

00:15:40,539 --> 00:15:45,370

program

332

00:15:41,470 --> 00:15:48,670

am up there and I walked into the Omega

333

00:15:45,370 --> 00:15:50,769

bookstore on my last second to last

334

00:15:48,669 --> 00:15:52,779

night of being there and I was looking

335

00:15:50,769 --> 00:15:56,439

for a gift from my daughter and some

336

00:15:52,779 --> 00:15:58,659

reading material and I grabbed something

337

00:15:56,440 --> 00:16:03,370

from my daughter who was a child at the

338

00:15:58,659 --> 00:16:06,699

time and and I just grabbed two books

339

00:16:03,370 --> 00:16:08,289

off the shelf without really looking at

340

00:16:06,700 --> 00:16:10,720

them you know I looked at the just

341

00:16:08,289 --> 00:16:13,659

looked at the covers and I and I grabbed

342

00:16:10,720 --> 00:16:16,090

them because I had to go and one of them

343
00:16:13,659 --> 00:16:20,139
was one of your husband's books and

344
00:16:16,090 --> 00:16:24,580
other was your stepfathers book you're

345
00:16:20,139 --> 00:16:26,919
kidding no I was totally totally out of

346
00:16:24,580 --> 00:16:31,509
the blue and then when I doubted the

347
00:16:26,919 --> 00:16:33,819
blue you know there was a coincidence we

348
00:16:31,509 --> 00:16:36,009
are Dicky there was a real synchronicity

349
00:16:33,820 --> 00:16:38,800
going on there when I didn't return back

350
00:16:36,009 --> 00:16:42,429
to New York City and most unfortunately

351
00:16:38,799 --> 00:16:45,849
my mother passed away I was taken out to

352
00:16:42,429 --> 00:16:49,539
lunch by my friend a girlfriend of mine

353
00:16:45,850 --> 00:16:53,200
and went to the Barnes & Noble in new

354
00:16:49,539 --> 00:16:56,259
york city after she left after lunch and

355
00:16:53,200 --> 00:16:58,960
I was going to buy one of those teacups

356
00:16:56,259 --> 00:17:00,610
for tea leaf reading that has you know

357
00:16:58,960 --> 00:17:02,410
different funny signs on it and

358
00:17:00,610 --> 00:17:04,360
everything is specific to Tea Leaf

359
00:17:02,409 --> 00:17:07,990
reading I was going to buy this because

360
00:17:04,359 --> 00:17:11,649
was on sale and I heard a distinct male

361
00:17:07,990 --> 00:17:13,990
voice in my ear that said put that down

362
00:17:11,650 --> 00:17:16,180
you don't need it now go to your friend

363
00:17:13,990 --> 00:17:19,450
Donald's bookstore there's something

364
00:17:16,180 --> 00:17:22,210
special there for you when and you know

365
00:17:19,450 --> 00:17:24,370
I'm standing in a bookstore in new york

366
00:17:22,210 --> 00:17:29,559
city with a lot of people around and I'm

367
00:17:24,369 --> 00:17:31,389
like and so I wouldn't I I thought to

368
00:17:29,559 --> 00:17:34,299
myself what's the worst thing that could

369
00:17:31,390 --> 00:17:35,680
happen out of doing this and I figured

370
00:17:34,299 --> 00:17:37,480
out that the worst thing that could

371

00:17:35,680 --> 00:17:40,210
happen is I got run over between the

372
00:17:37,480 --> 00:17:44,529
Barnes & Noble and my friends bookstore

373
00:17:40,210 --> 00:17:47,470
which is east village books and so I

374
00:17:44,529 --> 00:17:49,629
walked the three or four blocks over to

375
00:17:47,470 --> 00:17:52,289
his bookstore and my friend Jordan was

376
00:17:49,630 --> 00:17:55,389
there and I walked in and I went to the

377
00:17:52,289 --> 00:17:57,638
mystical section of the bookstore

378
00:17:55,388 --> 00:18:00,428
I'm looking around and I saw Seth speaks

379
00:17:57,638 --> 00:18:02,648
and astrological guide really year

380
00:18:00,429 --> 00:18:05,889
before and you know thinking to myself

381
00:18:02,648 --> 00:18:10,108
oh you know I must just be nuts you know

382
00:18:05,888 --> 00:18:13,418
I must really just be nuts but as I am

383
00:18:10,108 --> 00:18:15,489
walking away to go out of the store

384
00:18:13,419 --> 00:18:19,209
thinking that I was crazy the voice

385
00:18:15,489 --> 00:18:22,419

comes back and says you are lazy look up

386

00:18:19,209 --> 00:18:24,070

look up really yes I mean I love the

387

00:18:22,419 --> 00:18:25,479

words were you were Mandan yeah I don't

388

00:18:24,069 --> 00:18:27,189

know if the words where exactly you were

389

00:18:25,479 --> 00:18:29,828

lazy but what's wrong with you look up

390

00:18:27,190 --> 00:18:32,619

you know you're not paying attention so

391

00:18:29,828 --> 00:18:34,719

I went back and this was real voice this

392

00:18:32,618 --> 00:18:36,968

wasn't a thought this was a voice in my

393

00:18:34,719 --> 00:18:41,409

ear so I'm getting pretty freaked out

394

00:18:36,969 --> 00:18:45,459

and I look up and I see a path several

395

00:18:41,409 --> 00:18:48,489

packages of tape cassette tapes like

396

00:18:45,459 --> 00:18:50,440

they're in plastic cases and its way up

397

00:18:48,489 --> 00:18:52,179

on the top and I've gotta call Jordan

398

00:18:50,440 --> 00:18:55,709

and Jordan get over here please take

399

00:18:52,179 --> 00:19:01,149

these cases down for me well it was

400
00:18:55,709 --> 00:19:06,489
number two through five of the Gateway

401
00:19:01,148 --> 00:19:08,828
Program the Gateway Darian yes yes and

402
00:19:06,489 --> 00:19:11,259
since it was my friends bookstore I got

403
00:19:08,828 --> 00:19:14,108
a very good deal on it and I proceeded

404
00:19:11,259 --> 00:19:16,899
to go home and listen but I didn't have

405
00:19:14,108 --> 00:19:18,848
the first part number one so i had to

406
00:19:16,898 --> 00:19:22,478
get in contact with the monroe institute

407
00:19:18,848 --> 00:19:25,808
and by the first set of cassette tapes

408
00:19:22,479 --> 00:19:29,319
and i was in business boy was I a happy

409
00:19:25,808 --> 00:19:32,128
camper and below in a few months I ended

410
00:19:29,319 --> 00:19:36,328
up coming down there which I when was it

411
00:19:32,128 --> 00:19:39,819
January when I came it was the summer of

412
00:19:36,328 --> 00:19:44,519
2002 that this stuff happened and then

413
00:19:39,819 --> 00:19:49,298
it was I took my gateway in January 2003

414
00:19:44,519 --> 00:19:51,399
mm-hmm so it was it was quite an

415
00:19:49,298 --> 00:19:54,759
experience coming there you know being

416
00:19:51,398 --> 00:19:57,518
guided in this fashion to come there ee

417
00:19:54,759 --> 00:19:59,679
guided from the Omega Institute with the

418
00:19:57,519 --> 00:20:02,638
books or anything and then of course I

419
00:19:59,679 --> 00:20:05,229
had to read the other two books of

420
00:20:02,638 --> 00:20:07,838
Robert Monroe you know I got the middle

421
00:20:05,229 --> 00:20:09,039
book why the middle book I forget is

422
00:20:07,838 --> 00:20:10,359
that ultimate journey is all

423
00:20:09,039 --> 00:20:13,059
mature knees the last book what our

424
00:20:10,359 --> 00:20:15,250
journeys is the middle one and ultimate

425
00:20:13,059 --> 00:20:18,519
journey is so as far journeys that I

426
00:20:15,250 --> 00:20:21,750
picked up along along with José booklet

427
00:20:18,519 --> 00:20:25,329
did you ever hear that voice again um

428

00:20:21,750 --> 00:20:27,309
I've heard a lot of voices I don't it

429
00:20:25,329 --> 00:20:30,429
was a kind of i don't think was Bob's

430
00:20:27,309 --> 00:20:32,109
voice because I soon after heard Bob's

431
00:20:30,430 --> 00:20:34,680
voice and would have recognized the

432
00:20:32,109 --> 00:20:39,549
Bob's voice it was a it was a male

433
00:20:34,680 --> 00:20:41,830
American male speaking voice a little

434
00:20:39,549 --> 00:20:47,740
bit higher pitch than Bob's I would say

435
00:20:41,829 --> 00:20:51,009
so so Nancy tell us about about how you

436
00:20:47,740 --> 00:20:53,769
met your husband and all of how that

437
00:20:51,009 --> 00:20:56,559
happened and how you got right there at

438
00:20:53,769 --> 00:21:01,960
the Nexus of all the interesting stuff

439
00:20:56,559 --> 00:21:03,579
going on well you know like you guys I'm

440
00:21:01,960 --> 00:21:05,650
sure I don't believe anything ever

441
00:21:03,579 --> 00:21:07,720
happens by mistake I don't believe in

442
00:21:05,650 --> 00:21:11,110

coincidence i think everything is right

443

00:21:07,720 --> 00:21:13,390

on schedule and so when I was asked to

444

00:21:11,109 --> 00:21:17,469

come back in nineteen eighty-three to be

445

00:21:13,390 --> 00:21:21,130

the director I was what 31 at the time

446

00:21:17,470 --> 00:21:23,049

and someone said to me ha how are you I

447

00:21:21,130 --> 00:21:24,970

don't find a husband you're after in the

448

00:21:23,049 --> 00:21:27,970

middle of nowhere because as you have

449

00:21:24,970 --> 00:21:29,740

seen we are out in the mountains it is

450

00:21:27,970 --> 00:21:32,650

very rural here and I said well don't

451

00:21:29,740 --> 00:21:35,470

worry about it i will magnetize him and

452

00:21:32,650 --> 00:21:36,940

so what i did was i wrote down on a

453

00:21:35,470 --> 00:21:39,100

piece of paper and that's what I tell

454

00:21:36,940 --> 00:21:40,960

all my clients lastra logical clients

455

00:21:39,099 --> 00:21:43,719

and well actually any bikes that matter

456

00:21:40,960 --> 00:21:45,400

if you want to materialize them and what

457
00:21:43,720 --> 00:21:47,289
a manifesto you put at the top of the

458
00:21:45,400 --> 00:21:49,480
paper and you need to get out of hand so

459
00:21:47,289 --> 00:21:51,930
write it down with your hand not

460
00:21:49,480 --> 00:21:54,670
necessarily typing it on the computer if

461
00:21:51,930 --> 00:21:57,600
this is the best for me and those around

462
00:21:54,670 --> 00:22:00,730
me are those whose lives I touch I

463
00:21:57,599 --> 00:22:03,939
desire the following and so I wrote down

464
00:22:00,730 --> 00:22:07,299
all the attributes I wanted in my life

465
00:22:03,940 --> 00:22:10,660
mate and then I folded up the piece of

466
00:22:07,299 --> 00:22:13,269
paper put it away three weeks later I

467
00:22:10,660 --> 00:22:15,040
was training one of our gateway programs

468
00:22:13,269 --> 00:22:17,109
because thought thought oh you can train

469
00:22:15,039 --> 00:22:19,359
and give director too well he didn't

470
00:22:17,109 --> 00:22:20,949
have any trainers left so I was both

471
00:22:19,359 --> 00:22:25,389
trying to be addressed

472
00:22:20,950 --> 00:22:27,610
you're coming yeah so I was training a

473
00:22:25,390 --> 00:22:30,490
program and guess who was in it Joe

474
00:22:27,609 --> 00:22:35,639
McMonagle now I had no idea about his

475
00:22:30,490 --> 00:22:38,559
his very incredible skills as a psychic

476
00:22:35,640 --> 00:22:44,740
but that was okay didn't matter and it's

477
00:22:38,559 --> 00:22:47,799
just kind of when I saw him I knew oh my

478
00:22:44,740 --> 00:22:49,720
goodness areas so that's how i met joe

479
00:22:47,799 --> 00:22:52,509
and then he ended up working with Bob

480
00:22:49,720 --> 00:22:56,559
now Joe at this time was in the army and

481
00:22:52,509 --> 00:22:59,109
he was remove your double oh one but the

482
00:22:56,559 --> 00:23:00,639
project Stargate as it was called was

483
00:22:59,109 --> 00:23:06,069
still secrets wasn't nobody knew about

484
00:23:00,640 --> 00:23:08,590
it and skip out water whom we called

485

00:23:06,069 --> 00:23:10,990
Fred Atwater at that time had been Joe's

486
00:23:08,589 --> 00:23:14,289
training officer and he was already here

487
00:23:10,990 --> 00:23:17,140
because he we had known Fred all the way

488
00:23:14,289 --> 00:23:19,389
back in the 70s at whistle field and he

489
00:23:17,140 --> 00:23:22,420
was always coming and bringing papers to

490
00:23:19,390 --> 00:23:24,310
Bob and so forth and so on trying to

491
00:23:22,420 --> 00:23:26,529
learn more about all the stuff for

492
00:23:24,309 --> 00:23:29,079
obvious reasons and so then when Joe got

493
00:23:26,529 --> 00:23:31,240
here the idea was well Bob would you

494
00:23:29,079 --> 00:23:33,009
work with Joe to see if you can help him

495
00:23:31,240 --> 00:23:35,500
Remote View better can you make him a

496
00:23:33,009 --> 00:23:39,460
better psychic or teach him how to go

497
00:23:35,500 --> 00:23:42,609
out of body and so in fact Bob and Joe

498
00:23:39,460 --> 00:23:45,100
worked together in the lab Bob devised

499
00:23:42,609 --> 00:23:50,379

some specific sound tapes and hemi-sync

500

00:23:45,099 --> 00:23:54,609

tapes for Joe Joe did indeed learn how

501

00:23:50,380 --> 00:23:56,770

to control that a body better and was

502

00:23:54,609 --> 00:23:59,619

able to cool down in terms of remote

503

00:23:56,769 --> 00:24:01,779

viewing his getting quiet quieting his

504

00:23:59,619 --> 00:24:04,779

mind time the way he puts it is from

505

00:24:01,779 --> 00:24:07,180

like an hour 25 minutes as a result of

506

00:24:04,779 --> 00:24:09,490

what he learned and so at one point he

507

00:24:07,180 --> 00:24:11,380

said to Bob I've been using the tape so

508

00:24:09,490 --> 00:24:13,630

much just wearing through what do i do

509

00:24:11,380 --> 00:24:15,210

and Bob pitched the tape and it in the

510

00:24:13,630 --> 00:24:18,220

trash cans that you don't need anymore

511

00:24:15,210 --> 00:24:19,569

just remember how it feels and of course

512

00:24:18,220 --> 00:24:22,630

that's what we tell all our students

513

00:24:19,569 --> 00:24:25,299

here program participants you don't have

514
00:24:22,630 --> 00:24:27,190
to to buy anything you don't have to do

515
00:24:25,299 --> 00:24:29,470
anything except remember what it felt

516
00:24:27,190 --> 00:24:32,140
like and you can recreate the experience

517
00:24:29,470 --> 00:24:34,690
of being at such and such a level so

518
00:24:32,140 --> 00:24:38,170
that's how I met Joe

519
00:24:34,690 --> 00:24:41,140
and so it was right here and we will

520
00:24:38,170 --> 00:24:46,410
have been married in november 31 years

521
00:24:41,140 --> 00:24:49,900
Oh lovely and I do have to make a

522
00:24:46,410 --> 00:24:53,019
comment here but with my clients I do

523
00:24:49,900 --> 00:24:55,180
nearly the same thing you know sometimes

524
00:24:53,019 --> 00:24:57,940
people come they looking for a partner

525
00:24:55,180 --> 00:25:01,390
and I tell them to write down everything

526
00:24:57,940 --> 00:25:03,789
they want in a partner and everything

527
00:25:01,390 --> 00:25:05,680
that they don't want in a partner and

528
00:25:03,789 --> 00:25:08,589
then make sure everything they do want

529
00:25:05,680 --> 00:25:10,960
in a partner is all positive and that

530
00:25:08,589 --> 00:25:13,539
everything on each list balances you

531
00:25:10,960 --> 00:25:15,670
know so that and then I tell them to

532
00:25:13,539 --> 00:25:18,549
take the don't want list and burn it up

533
00:25:15,670 --> 00:25:20,680
oh that's a good one and and then to

534
00:25:18,549 --> 00:25:22,419
focus like once a week on the do want

535
00:25:20,680 --> 00:25:26,289
list take it out right before you go to

536
00:25:22,420 --> 00:25:28,660
bed and visualize and you know we've had

537
00:25:26,289 --> 00:25:31,899
some success with that i'd have to say

538
00:25:28,660 --> 00:25:34,990
we double find their mates and in that

539
00:25:31,900 --> 00:25:36,430
way and i just find it so important how

540
00:25:34,990 --> 00:25:38,230
to make sure you know the old expression

541
00:25:36,430 --> 00:25:40,870
be careful of what you want you just

542

00:25:38,230 --> 00:25:43,660
might get it yeah so that's why at the

543
00:25:40,869 --> 00:25:46,000
top of the paper with a if this is the

544
00:25:43,660 --> 00:25:48,700
best for me because you know you'll find

545
00:25:46,000 --> 00:25:51,400
some people say oh I want a guy who's

546
00:25:48,700 --> 00:25:54,009
who's good-looking and he drives a

547
00:25:51,400 --> 00:25:55,690
Ferrari and he has lots of money oh yeah

548
00:25:54,009 --> 00:25:57,910
okay got plenty so then you get one of

549
00:25:55,690 --> 00:26:00,299
those and then the person may be an

550
00:25:57,910 --> 00:26:03,040
arrow do well you never know you know so

551
00:26:00,299 --> 00:26:05,559
is that the best person for her well

552
00:26:03,039 --> 00:26:10,599
maybe who knows well i'm going to add

553
00:26:05,559 --> 00:26:14,139
that to my but the Ferrari the Ferrari

554
00:26:10,599 --> 00:26:16,569
I'm going to add the part about yes this

555
00:26:14,140 --> 00:26:18,580
is the best for media and highest and

556
00:26:16,569 --> 00:26:21,879

those his wife's I touch yeah because

557

00:26:18,579 --> 00:26:23,609

it's going to be sometimes we don't know

558

00:26:21,880 --> 00:26:29,200

what our high as good as in that right

559

00:26:23,609 --> 00:26:31,899

absolutely epon yeah yeah so um you

560

00:26:29,200 --> 00:26:33,580

also have you have had I don't know how

561

00:26:31,900 --> 00:26:35,800

active he wore with this right now but

562

00:26:33,579 --> 00:26:39,579

you have had an astrological service

563

00:26:35,799 --> 00:26:42,700

which has been worldwide um did you get

564

00:26:39,579 --> 00:26:45,669

into that time is summon Rose would be

565

00:26:42,700 --> 00:26:47,860

no good way before right now what

566

00:26:45,670 --> 00:26:48,460

happened was my mother took me for my

567

00:26:47,859 --> 00:26:51,039

first

568

00:26:48,460 --> 00:26:53,470

eating when I like nine years all sounds

569

00:26:51,039 --> 00:26:55,899

like a fascinating person huh oh my

570

00:26:53,470 --> 00:26:58,539

mother was such an incredible full she

571
00:26:55,900 --> 00:27:00,610
was the true Virginia lady I don't know

572
00:26:58,539 --> 00:27:04,269
some reason my sisters and I didn't get

573
00:27:00,609 --> 00:27:05,949
those jeans exactly you know that Jared

574
00:27:04,269 --> 00:27:09,759
gracious southern lady who's always

575
00:27:05,950 --> 00:27:12,190
polite and sweet well anyways yo mama

576
00:27:09,759 --> 00:27:13,629
pretty polite and she knows thank you

577
00:27:12,190 --> 00:27:17,049
she probably makes a mean chicken

578
00:27:13,630 --> 00:27:18,670
solitude oh yeah that's right then

579
00:27:17,049 --> 00:27:20,230
there's the funeral college you know the

580
00:27:18,670 --> 00:27:21,700
funeral house which he taken some way

581
00:27:20,230 --> 00:27:24,880
guys I think that's the thing with

582
00:27:21,700 --> 00:27:28,269
mandarin oranges sour cream it was that

583
00:27:24,880 --> 00:27:30,580
of it in any way so mom took me to an

584
00:27:28,269 --> 00:27:34,059
astrologer and when we lived in richmond

585
00:27:30,579 --> 00:27:36,579
virginia and it was earnest longest and

586
00:27:34,059 --> 00:27:39,849
uncle Ernie we called him he was a great

587
00:27:36,579 --> 00:27:43,929
astrologer and he read my chart and from

588
00:27:39,849 --> 00:27:47,019
that moment on I was hooked now so what

589
00:27:43,930 --> 00:27:48,640
what in the world is that if I'm nine so

590
00:27:47,019 --> 00:27:50,889
anyway I started buying the little

591
00:27:48,640 --> 00:27:52,990
horoscope magazines and everything and

592
00:27:50,890 --> 00:27:54,670
all I could read was the part that you

593
00:27:52,990 --> 00:27:56,230
know I could didn't understand all the

594
00:27:54,670 --> 00:27:58,630
astrological stuff but I would surely

595
00:27:56,230 --> 00:28:02,920
the prediction part right so it's been

596
00:27:58,630 --> 00:28:04,900
my passion for many over 50 years and so

597
00:28:02,920 --> 00:28:07,840
then I've been practicing it for a long

598
00:28:04,900 --> 00:28:09,910
time I do still do people's charts i am

599

00:28:07,839 --> 00:28:12,099
a Western astrologer tropical astrologer

600
00:28:09,910 --> 00:28:15,640
but I did them on Saturdays because I'm

601
00:28:12,099 --> 00:28:21,279
a little engaged here at the end that's

602
00:28:15,640 --> 00:28:24,790
in d and oh this is cute too you know

603
00:28:21,279 --> 00:28:27,730
Bob that Bob Monroe was not big on

604
00:28:24,789 --> 00:28:32,139
astrology and so I was a college ER in

605
00:28:27,730 --> 00:28:34,000
the old days again and now it's kind of

606
00:28:32,140 --> 00:28:37,030
like he says well maybe if you put

607
00:28:34,000 --> 00:28:39,279
biofeedback with it he was a very

608
00:28:37,029 --> 00:28:41,619
engineer mind type of thing and he just

609
00:28:39,279 --> 00:28:44,079
didn't buy into astrology you know oddly

610
00:28:41,619 --> 00:28:46,359
out of bodies were ok but all she was

611
00:28:44,079 --> 00:28:50,649
just a little bit too strange so it's

612
00:28:46,359 --> 00:28:52,719
not that a bit odd but anyway so um so

613
00:28:50,650 --> 00:28:54,700

yeah I am still practicing I'm not I'm

614

00:28:52,720 --> 00:28:58,150

not back in the closet with it as I used

615

00:28:54,700 --> 00:29:00,100

to be and I do it on Saturday so that's

616

00:28:58,150 --> 00:29:01,600

how that works but it seems like it's

617

00:29:00,099 --> 00:29:04,149

all the same thing like

618

00:29:01,599 --> 00:29:06,869

the power suggestion the ability to call

619

00:29:04,150 --> 00:29:09,309

about certain traits and people and

620

00:29:06,869 --> 00:29:11,829

their ability to think you know

621

00:29:09,308 --> 00:29:14,918

astrology certainly would be considering

622

00:29:11,829 --> 00:29:16,659

not like a normal everybody does it a

623

00:29:14,919 --> 00:29:18,750

little bit everybody knows everybody so

624

00:29:16,660 --> 00:29:22,240

I thought what I read in the newspapers

625

00:29:18,750 --> 00:29:25,798

right but if Russia was saying too that

626

00:29:22,240 --> 00:29:28,900

you used to write for Sydney Omar and

627

00:29:25,798 --> 00:29:30,879

that was like my big January thing I

628
00:29:28,900 --> 00:29:33,100
used to buy it and so the other could be

629
00:29:30,880 --> 00:29:35,830
awaiting see how the year was going to

630
00:29:33,099 --> 00:29:39,279
go and I sort of gave up on it cuz Olson

631
00:29:35,829 --> 00:29:41,470
name wasn't too happy for me um if

632
00:29:39,279 --> 00:29:44,589
that's everybody I mean my mother used

633
00:29:41,470 --> 00:29:47,409
to cut out my every birthday my mother

634
00:29:44,589 --> 00:29:50,918
would cut out my report is a paper right

635
00:29:47,409 --> 00:29:56,890
and put it inside my card oh really yes

636
00:29:50,919 --> 00:30:01,950
I did just interestingly a conversation

637
00:29:56,890 --> 00:30:04,750
on the TMI explorers list which is a

638
00:30:01,950 --> 00:30:07,690
internet list for people who have gone

639
00:30:04,750 --> 00:30:09,490
to more than one program at the monroe

640
00:30:07,690 --> 00:30:13,529
institute that's in the easiest way I

641
00:30:09,490 --> 00:30:18,250
can put it there was a discussion about

642
00:30:13,529 --> 00:30:20,798
skewing the results of experiments

643
00:30:18,250 --> 00:30:22,929
because of the opinions of the

644
00:30:20,798 --> 00:30:25,529
experimenters and even if the

645
00:30:22,929 --> 00:30:28,900
experimenters followed good scientific

646
00:30:25,529 --> 00:30:31,269
strategies and protocols their opinions

647
00:30:28,900 --> 00:30:33,669
would skew the results and this was

648
00:30:31,269 --> 00:30:37,480
going back and forth and and we all know

649
00:30:33,669 --> 00:30:39,400
the leg Russell Targ and Dean Radin have

650
00:30:37,480 --> 00:30:42,970
written about this you know biopic

651
00:30:39,400 --> 00:30:45,490
vision being one of the contributors one

652
00:30:42,970 --> 00:30:48,460
of the very nicest contributors to the T

653
00:30:45,490 --> 00:30:50,019
mi explorers list and I don't think I

654
00:30:48,460 --> 00:30:53,440
probably shouldn't mention his name so i

655
00:30:50,019 --> 00:30:58,000
won't mention that the person's

656

00:30:53,440 --> 00:31:02,350
astrological sign it changed the results

657
00:30:58,000 --> 00:31:06,579
by this excuse me statistically

658
00:31:02,349 --> 00:31:09,250
important but not overwhelming amounts

659
00:31:06,579 --> 00:31:13,689
like one to three percent and i thought

660
00:31:09,250 --> 00:31:15,339
wow that is really mind-bending say that

661
00:31:13,690 --> 00:31:17,259
again the person's after

662
00:31:15,339 --> 00:31:19,659
logical fine did what in other words

663
00:31:17,259 --> 00:31:22,119
you're an experimenter you know like

664
00:31:19,660 --> 00:31:25,509
roast on seethe or somebody like that

665
00:31:22,119 --> 00:31:28,419
and rainbows Ross is a Virgo the fact

666
00:31:25,509 --> 00:31:31,089
that he's a virgo is going to skew the

667
00:31:28,420 --> 00:31:34,450
results in one direction or another well

668
00:31:31,089 --> 00:31:36,339
maybe they're just more into I don't

669
00:31:34,450 --> 00:31:39,009
mean that he did like Ross is really a

670
00:31:36,339 --> 00:31:42,459

Virgo work okay it's alright boss we

671

00:31:39,009 --> 00:31:44,259

won't I have never heard that I hadn't

672

00:31:42,460 --> 00:31:46,210

heard it either until they mentioned it

673

00:31:44,259 --> 00:31:49,299

but that's like Schrodinger's cat you

674

00:31:46,210 --> 00:31:50,980

know is alive dead but i'll tell you a

675

00:31:49,299 --> 00:31:53,109

personal experience I had which was

676

00:31:50,980 --> 00:31:54,849

really interesting I was working in a

677

00:31:53,109 --> 00:31:58,119

lab and I was working with you glee know

678

00:31:54,849 --> 00:32:01,629

which are odd sort of one-celled animal

679

00:31:58,119 --> 00:32:05,019

that has let me just say an organ in the

680

00:32:01,630 --> 00:32:06,880

cell that's chloroplast can use it as a

681

00:32:05,019 --> 00:32:09,670

plant it also has an organ that's

682

00:32:06,880 --> 00:32:12,670

vestigial that they can use to eat with

683

00:32:09,670 --> 00:32:14,650

but they never do and so my idea was

684

00:32:12,670 --> 00:32:16,720

I'll shine a little piece of light

685
00:32:14,650 --> 00:32:18,940
through this tube and see if I can train

686
00:32:16,720 --> 00:32:21,250
or one-celled animal to respond to it

687
00:32:18,940 --> 00:32:23,500
okay so that was it oh ok but then

688
00:32:21,250 --> 00:32:26,559
Easter vacation came the lab the

689
00:32:23,500 --> 00:32:28,539
refrigerator in the lab went down so

690
00:32:26,559 --> 00:32:31,419
they had no exposure to light they had

691
00:32:28,539 --> 00:32:34,599
nothing and by the time I got back they

692
00:32:31,420 --> 00:32:37,660
were all using the animal organ to each

693
00:32:34,599 --> 00:32:39,339
other oh my goodness yeah so I just said

694
00:32:37,660 --> 00:32:40,990
Oh must have been a mistake had threw it

695
00:32:39,339 --> 00:32:43,599
out and the guy I was working for us

696
00:32:40,990 --> 00:32:45,460
that you seek you see how experiments

697
00:32:43,599 --> 00:32:47,169
get skewed you shouldn't have thought

698
00:32:45,460 --> 00:32:48,870
that that was a mistake you should have

699
00:32:47,170 --> 00:32:51,190
thought that that was a clue and

700
00:32:48,869 --> 00:32:52,779
continued and followed through on it but

701
00:32:51,190 --> 00:32:54,430
because at the time I was young and

702
00:32:52,779 --> 00:32:56,379
really stupid really wasn't that

703
00:32:54,430 --> 00:32:58,090
interested in you Kalina I just threw it

704
00:32:56,380 --> 00:33:00,460
out but I thought but the lesson I

705
00:32:58,089 --> 00:33:03,939
learned from that was yeah you really

706
00:33:00,460 --> 00:33:06,370
have to think about things you know but

707
00:33:03,940 --> 00:33:08,410
so that yeah obviously that little

708
00:33:06,369 --> 00:33:12,279
experiment of my was totally skewed by

709
00:33:08,410 --> 00:33:16,470
the way it was well yeah and and they

710
00:33:12,279 --> 00:33:19,629
have shown it's like what is it the

711
00:33:16,470 --> 00:33:23,529
expectation yeah if you expect an

712
00:33:19,630 --> 00:33:26,650
experiment or whatever to fail or or to

713

00:33:23,529 --> 00:33:28,690
be successful at ninety percent of that

714
00:33:26,650 --> 00:33:29,170
going for you right there or against you

715
00:33:28,690 --> 00:33:31,450
depending

716
00:33:29,170 --> 00:33:35,259
your belief Oh make a graph like you I

717
00:33:31,450 --> 00:33:38,350
can make it jump up well the power of

718
00:33:35,259 --> 00:33:41,049
positive thinking does have a definite

719
00:33:38,349 --> 00:33:43,929
effect and you have to think that I

720
00:33:41,049 --> 00:33:45,909
think for a good outcome or the the

721
00:33:43,930 --> 00:33:47,650
highest possible good you know when

722
00:33:45,910 --> 00:33:50,110
sending healing intentions are

723
00:33:47,650 --> 00:33:51,970
exaggerating of that nature well even in

724
00:33:50,109 --> 00:33:54,549
sports the home-field advantage is a

725
00:33:51,970 --> 00:33:58,029
real thing oh yes it definitely is real

726
00:33:54,549 --> 00:34:00,430
or teachers expectation oh yeah they're

727
00:33:58,029 --> 00:34:02,289

of the test they did where they told the

728

00:34:00,430 --> 00:34:04,480
teachers now this class is a super

729

00:34:02,289 --> 00:34:07,210
special they're really brainy action and

730

00:34:04,480 --> 00:34:10,059
of course they were normal normal range

731

00:34:07,210 --> 00:34:12,280
of kids and didn't you sure enough do

732

00:34:10,059 --> 00:34:13,840
they get better on testing than the

733

00:34:12,280 --> 00:34:17,410
other kids that's that's really

734

00:34:13,840 --> 00:34:19,600
fascinating so that's really the whole

735

00:34:17,409 --> 00:34:23,918
point of the monroe institute right to

736

00:34:19,599 --> 00:34:28,599
sort of bring out this ability of people

737

00:34:23,918 --> 00:34:30,609
to not not control their life but to you

738

00:34:28,599 --> 00:34:33,190
know sort of bring out better things in

739

00:34:30,610 --> 00:34:34,750
their life well yea unto be and to be

740

00:34:33,190 --> 00:34:38,740
aware what we're talking about here is

741

00:34:34,750 --> 00:34:40,960
being conscious and and and also again

742
00:34:38,739 --> 00:34:43,899
going back to Bob thought it was really

743
00:34:40,960 --> 00:34:46,510
important we get a different overview

744
00:34:43,900 --> 00:34:50,289
watch out for your belief systems he was

745
00:34:46,510 --> 00:34:53,320
real big on know KN 0 w vs belief

746
00:34:50,289 --> 00:34:54,730
systems and so go experience for

747
00:34:53,320 --> 00:34:56,919
yourself which is why he didn't want to

748
00:34:54,730 --> 00:35:00,400
tell anyone here's how it is now he

749
00:34:56,918 --> 00:35:02,980
shared his experiences absolutely and he

750
00:35:00,400 --> 00:35:04,780
has his own whole cosmology what he you

751
00:35:02,980 --> 00:35:07,150
know going out there to the eye there

752
00:35:04,780 --> 00:35:08,980
and the ish which is inner self helper

753
00:35:07,150 --> 00:35:13,269
you know Bob really didn't love acronyms

754
00:35:08,980 --> 00:35:15,969
oh yes he did crazy was that good but

755
00:35:13,269 --> 00:35:18,630
his whole thing was go find out for

756
00:35:15,969 --> 00:35:21,639
yourself and what we do is we provide a

757
00:35:18,630 --> 00:35:24,369
methodology for people to go there to

758
00:35:21,639 --> 00:35:27,549
get their to focus consciousness because

759
00:35:24,369 --> 00:35:29,920
again if focus consciousness can solve

760
00:35:27,550 --> 00:35:32,110
all the problems can answer all the

761
00:35:29,920 --> 00:35:34,630
questions that we have and that's what

762
00:35:32,110 --> 00:35:36,610
he believed then let's learn how to do

763
00:35:34,630 --> 00:35:38,140
it and so that's what we teach now you

764
00:35:36,610 --> 00:35:40,500
go and find your own answers which is

765
00:35:38,139 --> 00:35:42,639
why it's fun we can have a

766
00:35:40,500 --> 00:35:43,090
fundamentalist Baptist which by the way

767
00:35:42,639 --> 00:35:45,670
we

768
00:35:43,090 --> 00:35:47,800
actually have had here along with an

769
00:35:45,670 --> 00:35:50,639
atheist and the Catholic in an engineer

770

00:35:47,800 --> 00:35:55,240
and a housewife and a teacher and a food

771
00:35:50,639 --> 00:35:57,699
yeah exactly doesn't matter that's the

772
00:35:55,239 --> 00:35:59,829
beauty of this particular thing that Bob

773
00:35:57,699 --> 00:36:03,069
put together this gateway programming

774
00:35:59,829 --> 00:36:04,869
and the others while he was here so but

775
00:36:03,070 --> 00:36:08,500
and I'm real proud to be part of that

776
00:36:04,869 --> 00:36:11,769
because that means whatever your belief

777
00:36:08,500 --> 00:36:15,460
your tendency would or whatever it is

778
00:36:11,769 --> 00:36:18,429
you need to honor you can do so now by

779
00:36:15,460 --> 00:36:20,920
the way PS it might get blown apart by

780
00:36:18,429 --> 00:36:24,669
what you experience because you're going

781
00:36:20,920 --> 00:36:26,519
beyond typical belief systems what he

782
00:36:24,670 --> 00:36:29,260
would call we have a lot of cherished

783
00:36:26,519 --> 00:36:32,050
illusions yeah and sometimes it's

784
00:36:29,260 --> 00:36:36,550

awfully hard to part with them you know

785

00:36:32,050 --> 00:36:39,490

yes a lot of our listeners tend to be

786

00:36:36,550 --> 00:36:42,460

people who are interested in ufology a

787

00:36:39,489 --> 00:36:43,899

because of Kate's previous show and a

788

00:36:42,460 --> 00:36:45,340

number of the guests that we've had

789

00:36:43,900 --> 00:36:48,639

Kate's previous show was the Kate

790

00:36:45,340 --> 00:36:50,710

Valentine you fo sho and so we do have

791

00:36:48,639 --> 00:36:54,099

quite a few people who are interested in

792

00:36:50,710 --> 00:36:56,769

ufology and as a result of that I have

793

00:36:54,099 --> 00:37:01,000

to bring in here like a correlation is

794

00:36:56,769 --> 00:37:04,210

that what you follow G is often in a big

795

00:37:01,000 --> 00:37:08,349

mess because people choose to have a

796

00:37:04,210 --> 00:37:10,480

belief system about the the presence

797

00:37:08,349 --> 00:37:13,089

whatever the whoever the others or their

798

00:37:10,480 --> 00:37:16,059

origin or whatever exactly you know are

799

00:37:13,090 --> 00:37:20,260

they green men from Zeta Reticuli or are

800

00:37:16,059 --> 00:37:24,099

they yeah you know from our subconscious

801

00:37:20,260 --> 00:37:26,580

or are they reptilians from Alpha

802

00:37:24,099 --> 00:37:28,839

Centauri interdimensional

803

00:37:26,579 --> 00:37:33,340

interdimensional but as soon as we

804

00:37:28,840 --> 00:37:35,829

introduce a belief system we lose the

805

00:37:33,340 --> 00:37:38,500

experience or as he said the overview

806

00:37:35,829 --> 00:37:40,179

the overview exactly so this is for

807

00:37:38,500 --> 00:37:43,389

those people in our audience who are

808

00:37:40,179 --> 00:37:47,230

interested in ufology this is an

809

00:37:43,389 --> 00:37:50,289

interesting thread to look at because I

810

00:37:47,230 --> 00:37:53,469

I dislike the word believe I prefer to

811

00:37:50,289 --> 00:37:56,980

say thank or you know a glimpse

812

00:37:53,469 --> 00:37:57,518

something here but believe is is always

813
00:37:56,980 --> 00:38:01,298
a low

814
00:37:57,518 --> 00:38:04,898
a loaded word in parapsychology and

815
00:38:01,298 --> 00:38:07,630
ufology I would have to say and up by

816
00:38:04,898 --> 00:38:09,248
the by perhaps we should mention at this

817
00:38:07,630 --> 00:38:11,858
point because we have a lot of listeners

818
00:38:09,248 --> 00:38:14,528
who are interested in remote viewing and

819
00:38:11,858 --> 00:38:17,288
in UFO so maybe you want to talk a

820
00:38:14,528 --> 00:38:20,079
little bit about the remote viewing

821
00:38:17,289 --> 00:38:22,749
training that is done by the illustrious

822
00:38:20,079 --> 00:38:26,019
Joe McMonagle at the Monroe Institute as

823
00:38:22,748 --> 00:38:29,259
well as the Star Alliance Program which

824
00:38:26,018 --> 00:38:36,639
I am dying to take no are you set up to

825
00:38:29,259 --> 00:38:38,108
take it yet no but just quickly before

826
00:38:36,639 --> 00:38:40,658
we get into that because that is

827

00:38:38,108 --> 00:38:43,538
interesting one of the remote viewers

828
00:38:40,659 --> 00:38:45,640
it's made an excellent point is that for

829
00:38:43,539 --> 00:38:48,099
example you can teach people art or

830
00:38:45,639 --> 00:38:50,348
music but some people have a really

831
00:38:48,099 --> 00:38:52,509
innate ability that's an advanced by

832
00:38:50,349 --> 00:38:54,399
these programs whereas the most of us

833
00:38:52,509 --> 00:38:57,668
can sort of hammer out chopsticks on the

834
00:38:54,398 --> 00:38:59,708
piano and as far as it goes so I guess

835
00:38:57,668 --> 00:39:02,108
that even though your program is

836
00:38:59,708 --> 00:39:05,558
excellent from what Farrugia said not

837
00:39:02,108 --> 00:39:07,449
everybody can be a Joe McGonigle well

838
00:39:05,559 --> 00:39:09,819
not everybody's going to be a Joe but

839
00:39:07,449 --> 00:39:13,059
the truth of the matter is if they come

840
00:39:09,818 --> 00:39:16,778
here they will learn how to Remote View

841
00:39:13,059 --> 00:39:18,489

so they can play chopsticks okay they

842

00:39:16,778 --> 00:39:21,248

candidate leasing know it's a piano then

843

00:39:18,489 --> 00:39:23,349

no it's got 88 that's kind and not only

844

00:39:21,248 --> 00:39:25,748

that they you know they can play it with

845

00:39:23,349 --> 00:39:28,088

both hands and may be used to on no

846

00:39:25,748 --> 00:39:30,728

surprise themselves don't they scooter

847

00:39:28,088 --> 00:39:33,728

they do it they surprised themselves at

848

00:39:30,728 --> 00:39:35,858

how good really do and a lot of what Joe

849

00:39:33,728 --> 00:39:38,739

teeth first you have to unlearn a lot of

850

00:39:35,858 --> 00:39:40,028

stuff one of people try to and we all

851

00:39:38,739 --> 00:39:43,088

try to do this I think particularly

852

00:39:40,028 --> 00:39:44,918

anyone who has any kind of who's tuned

853

00:39:43,088 --> 00:39:46,929

in just like except you have to be

854

00:39:44,918 --> 00:39:48,629

careful and you know this Lucia I'm sure

855

00:39:46,929 --> 00:39:51,009

because what you do you can't

856
00:39:48,630 --> 00:39:52,719
automatically assume because it's round

857
00:39:51,009 --> 00:39:55,028
and there's water there that it's a

858
00:39:52,719 --> 00:39:57,639
swimming pool what you can say is it's

859
00:39:55,028 --> 00:39:59,409
round and has water in it and that's one

860
00:39:57,639 --> 00:40:02,259
of the things he teaches people's be

861
00:39:59,409 --> 00:40:04,989
careful because you got to allow all the

862
00:40:02,259 --> 00:40:07,358
pieces let the pieces come in come in

863
00:40:04,989 --> 00:40:09,759
don't assume immediately don't try to

864
00:40:07,358 --> 00:40:11,329
jump to defining it and so what he

865
00:40:09,759 --> 00:40:14,659
teaches people how to do

866
00:40:11,329 --> 00:40:17,059
is to perceive the overall Gestalt first

867
00:40:14,659 --> 00:40:18,710
off and then he goes through and he

868
00:40:17,059 --> 00:40:20,929
teaches the difference but you know how

869
00:40:18,710 --> 00:40:23,750
to be a remote viewer he teaches the

870
00:40:20,929 --> 00:40:27,289
person also how to appropriately judge a

871
00:40:23,750 --> 00:40:31,130
remote viewing they do a ton of them in

872
00:40:27,289 --> 00:40:33,019
the court and as a result you know again

873
00:40:31,130 --> 00:40:34,940
you're talking about understanding much

874
00:40:33,019 --> 00:40:37,610
more clearly who you are what you came

875
00:40:34,940 --> 00:40:39,170
here to do you get much better

876
00:40:37,610 --> 00:40:40,789
problem-solving skills because you're

877
00:40:39,170 --> 00:40:45,500
able to open up to getting more

878
00:40:40,789 --> 00:40:47,029
information about stuff as with any kind

879
00:40:45,500 --> 00:40:50,150
of psychic stuff whether it's past

880
00:40:47,030 --> 00:40:52,519
present future doesn't matter again

881
00:40:50,150 --> 00:40:54,170
you're learning to focus your mind to

882
00:40:52,519 --> 00:40:56,719
perceive that which is beyond our

883
00:40:54,170 --> 00:41:01,579
typical physical at a reality or his Bob

884

00:40:56,719 --> 00:41:05,149
called it p mr boyd something right but

885
00:41:01,579 --> 00:41:06,739
um yes t i would say when i listen to

886
00:41:05,150 --> 00:41:10,130
people not only it's just because I'm

887
00:41:06,739 --> 00:41:11,779
his wife I hear people if anything I

888
00:41:10,130 --> 00:41:14,329
would heard their complaints since i'm

889
00:41:11,780 --> 00:41:16,880
sitting in this chair but they say this

890
00:41:14,329 --> 00:41:19,219
is tremendous I now know I can remove

891
00:41:16,880 --> 00:41:22,059
you it's like learning to play the piano

892
00:41:19,219 --> 00:41:24,769
even though you may not be Van Cliburn

893
00:41:22,059 --> 00:41:27,369
you say you may not be you know or

894
00:41:24,769 --> 00:41:30,679
playing cough you may not be Tiger Woods

895
00:41:27,369 --> 00:41:33,529
but yeah now I know how to hold the club

896
00:41:30,679 --> 00:41:35,989
I know how to hit the ball so the

897
00:41:33,530 --> 00:41:38,360
teaching here is is quite good and you

898
00:41:35,989 --> 00:41:40,399

do have one of the best of course with

899

00:41:38,360 --> 00:41:41,930

with Joe and it's funny for me to talk

900

00:41:40,400 --> 00:41:44,269

about it because it's I feel like I'm

901

00:41:41,929 --> 00:41:51,949

bragging on my husband which I am but

902

00:41:44,269 --> 00:41:56,000

it's true if it's well earned okay so so

903

00:41:51,949 --> 00:41:59,239

these are very very popular programs his

904

00:41:56,000 --> 00:42:02,570

hard so in fact he has one coming up

905

00:41:59,239 --> 00:42:04,339

this fall I think at some point well

906

00:42:02,570 --> 00:42:07,730

there ya i want right over and it highly

907

00:42:04,340 --> 00:42:11,240

amended yeah so you took it huh well i

908

00:42:07,730 --> 00:42:14,840

took the class with skip at water which

909

00:42:11,239 --> 00:42:19,089

was wonderful and joe was a guest three

910

00:42:14,840 --> 00:42:22,789

times during and he gave the first

911

00:42:19,090 --> 00:42:25,190

target he came one night and spoke to us

912

00:42:22,789 --> 00:42:29,420

and then he gave the last heart

913
00:42:25,190 --> 00:42:31,880
and the last target that he gave was a

914
00:42:29,420 --> 00:42:34,338
good hit for me and I'm happy about that

915
00:42:31,880 --> 00:42:35,838
yeah of course yeah well on Joe's

916
00:42:34,338 --> 00:42:39,078
program is quite a bit different from

917
00:42:35,838 --> 00:42:41,500
skips so if ever you get a hit to do it

918
00:42:39,079 --> 00:42:44,869
again I would love it and I'm sure that

919
00:42:41,500 --> 00:42:47,659
you know given the time I definitely

920
00:42:44,869 --> 00:42:49,789
willed it I will definitely be there for

921
00:42:47,659 --> 00:42:53,568
I know you're busy we need to bring some

922
00:42:49,789 --> 00:42:55,670
stuff to New York okay yeah I think that

923
00:42:53,568 --> 00:42:58,190
would be great that would be a great

924
00:42:55,670 --> 00:43:02,019
idea i mean have we have the wonderful

925
00:42:58,190 --> 00:43:04,338
allison moore in New York doing the the

926
00:43:02,019 --> 00:43:06,800
I'm trying to think of the correct word

927
00:43:04,338 --> 00:43:09,619
the correct acronym her you're mine and

928
00:43:06,800 --> 00:43:12,818
he has clear my mind she'sshe's the

929
00:43:09,619 --> 00:43:16,338
point person in Manhattan for bond row

930
00:43:12,818 --> 00:43:19,759
graduates oh great okay so she's

931
00:43:16,338 --> 00:43:21,739
probably doing excursion weekends or

932
00:43:19,760 --> 00:43:24,190
having just get together it's just

933
00:43:21,739 --> 00:43:26,479
having get after network once a month

934
00:43:24,190 --> 00:43:28,818
get-togethers bless her heart that's

935
00:43:26,480 --> 00:43:31,338
great network you know I was wondering

936
00:43:28,818 --> 00:43:33,949
if maybe it probably even works better

937
00:43:31,338 --> 00:43:36,920
if you're in a sort of a remote area

938
00:43:33,949 --> 00:43:38,960
rural area but if you were in Manhattan

939
00:43:36,920 --> 00:43:41,088
with eight million other people who are

940
00:43:38,960 --> 00:43:43,130
thinking intensely at any given time

941

00:43:41,088 --> 00:43:45,108
seriously I'm gonna choke it you know

942
00:43:43,130 --> 00:43:47,390
about like where I'm going you know am I

943
00:43:45,108 --> 00:43:49,369
missing the subway of the toidy Papa but

944
00:43:47,389 --> 00:43:51,730
yeah yeah well I wonder if said it i

945
00:43:49,369 --> 00:43:57,380
will tell you from my direct experience

946
00:43:51,730 --> 00:44:00,889
that um when you are focusing in this

947
00:43:57,380 --> 00:44:04,760
manner you do hear voices and i've had

948
00:44:00,889 --> 00:44:07,190
the room that's um one of the first

949
00:44:04,760 --> 00:44:10,730
rooms as you come in the door to the

950
00:44:07,190 --> 00:44:14,900
left off the library there and in that

951
00:44:10,730 --> 00:44:17,630
room at TMI and i've had the experience

952
00:44:14,900 --> 00:44:20,510
of meditating and you know a guided

953
00:44:17,630 --> 00:44:22,369
meditation and hearing voices of women

954
00:44:20,510 --> 00:44:24,890
and I always just assumed it was the

955
00:44:22,369 --> 00:44:27,950

ladies in the kitchen but I have been

956

00:44:24,889 --> 00:44:31,009

told but it is not the ladies in the

957

00:44:27,949 --> 00:44:33,348

kitchen and so there are voices going on

958

00:44:31,010 --> 00:44:36,950

as far as in Manhattan when I meditate

959

00:44:33,349 --> 00:44:38,410

in Manhattan if there is no background

960

00:44:36,949 --> 00:44:40,358

noise

961

00:44:38,409 --> 00:44:43,538

I know something big is going to happen

962

00:44:40,358 --> 00:44:46,719

you guys when the noise stops it me

963

00:44:43,539 --> 00:44:49,270

something big it's going to happen I may

964

00:44:46,719 --> 00:44:51,489

not know what it is but I know that's it

965

00:44:49,269 --> 00:44:54,659

you know that the air is disturbed and

966

00:44:51,489 --> 00:44:58,269

all the voices have stopped they are

967

00:44:54,659 --> 00:45:00,909

hushed and that means something is going

968

00:44:58,269 --> 00:45:04,179

on interesting first I've ever found

969

00:45:00,909 --> 00:45:06,818

that by watching the news stories about

970
00:45:04,179 --> 00:45:08,798
what's going on with wild animals let's

971
00:45:06,818 --> 00:45:10,719
say in humans like all the shark attacks

972
00:45:08,798 --> 00:45:12,849
have you seen those that happened a

973
00:45:10,719 --> 00:45:15,009
couple of months ago yeah in the

974
00:45:12,849 --> 00:45:19,059
coasties whole East Coast basically

975
00:45:15,010 --> 00:45:23,079
unusual in shallow water and and so

976
00:45:19,059 --> 00:45:27,369
forth and then recently a ton of bear

977
00:45:23,079 --> 00:45:28,839
attacks yes well Joe and I noticed and

978
00:45:27,369 --> 00:45:32,410
we're talking with another friend once

979
00:45:28,838 --> 00:45:34,900
it was right after 911 right before that

980
00:45:32,409 --> 00:45:37,808
happened and we were remarking on this

981
00:45:34,900 --> 00:45:40,869
after the awful event right before nine

982
00:45:37,809 --> 00:45:43,930
eleven there was a spate of shark

983
00:45:40,869 --> 00:45:45,278
attacks getting a very unusual one so

984
00:45:43,929 --> 00:45:48,548
when we were watching these shark

985
00:45:45,278 --> 00:45:50,679
attacks we thought ooh I wonder and so

986
00:45:48,548 --> 00:45:53,759
far knock on wood I mean other than it's

987
00:45:50,679 --> 00:45:56,469
awful stuff with Isis and so forth but

988
00:45:53,760 --> 00:46:00,430
certainly nothing here on our land and

989
00:45:56,469 --> 00:46:02,798
then meeting USA and then now recently

990
00:46:00,429 --> 00:46:05,679
all these bear attacks and so I'm

991
00:46:02,798 --> 00:46:08,108
wondering free show or UK if either one

992
00:46:05,679 --> 00:46:11,068
of you have ever noticed that there

993
00:46:08,108 --> 00:46:14,288
seems to be a correlation between

994
00:46:11,068 --> 00:46:17,409
unusual activity with other animals and

995
00:46:14,289 --> 00:46:19,180
humans to two events as they come up

996
00:46:17,409 --> 00:46:22,420
like your silence that you get for isha

997
00:46:19,179 --> 00:46:25,659
before something happens i have got to

998

00:46:22,420 --> 00:46:30,028
say i have not noticed that because I

999
00:46:25,659 --> 00:46:34,808
was not aware of that I do think that

1000
00:46:30,028 --> 00:46:37,960
nature is pretty angry at us right how

1001
00:46:34,809 --> 00:46:40,869
about all the things that are going on

1002
00:46:37,960 --> 00:46:44,559
so I have not noticed the correlation of

1003
00:46:40,869 --> 00:46:49,630
the shark attacks but before nine eleven

1004
00:46:44,559 --> 00:46:51,970
happened two nights before i was in my

1005
00:46:49,630 --> 00:46:55,650
loft bed and I was in

1006
00:46:51,969 --> 00:47:00,039
liminal state and there was a helicopter

1007
00:46:55,650 --> 00:47:02,740
going over my house my apartment in

1008
00:47:00,039 --> 00:47:04,960
Manhattan which was not a tremendously

1009
00:47:02,739 --> 00:47:07,059
unusual experience in the East Village

1010
00:47:04,960 --> 00:47:09,608
you know sometimes things going on and

1011
00:47:07,059 --> 00:47:12,699
the police helicopters go over but for

1012
00:47:09,608 --> 00:47:15,789

some reason this absolutely terrified me

1013

00:47:12,699 --> 00:47:18,879

and I started screaming that somebody

1014

00:47:15,789 --> 00:47:21,460

was going to get us and so that was my

1015

00:47:18,880 --> 00:47:24,010

little introduction and that was the

1016

00:47:21,460 --> 00:47:27,369

sunday night before the Tuesday event

1017

00:47:24,010 --> 00:47:30,250

and on the Monday I had a foot doctor

1018

00:47:27,369 --> 00:47:33,150

appointment and as I was leaving the

1019

00:47:30,250 --> 00:47:36,489

foot doctor I looked around and

1020

00:47:33,150 --> 00:47:40,570

everything was silent it was a perfectly

1021

00:47:36,489 --> 00:47:44,439

beautiful day Monday September 10 2001

1022

00:47:40,570 --> 00:47:46,900

but it was too quiet it was just much

1023

00:47:44,440 --> 00:47:49,300

too quiet and it was eerie it was like

1024

00:47:46,900 --> 00:47:50,980

struck me to the core that it was very

1025

00:47:49,300 --> 00:47:54,039

eerie but if you would have asked me

1026

00:47:50,980 --> 00:47:55,480

what was going to happen I might know

1027
00:47:54,039 --> 00:47:57,579
that I think there's going to be a plane

1028
00:47:55,480 --> 00:47:58,719
crash and it would have been that I

1029
00:47:57,579 --> 00:48:02,319
wouldn't have been able to tell you

1030
00:47:58,719 --> 00:48:03,848
exactly right sure sure so um but you

1031
00:48:02,320 --> 00:48:06,760
know what i was thinking of this morning

1032
00:48:03,849 --> 00:48:08,019
and this is really both the subject a

1033
00:48:06,760 --> 00:48:11,320
little bit but i'm going to throw it out

1034
00:48:08,019 --> 00:48:13,838
there anyway um it was something that um

1035
00:48:11,320 --> 00:48:17,230
somebody I'm sure you know John

1036
00:48:13,838 --> 00:48:20,880
Alexander posted on his on his Facebook

1037
00:48:17,230 --> 00:48:24,940
page and it had to do with it being the

1038
00:48:20,880 --> 00:48:28,539
60th maybe or more and no must been 70th

1039
00:48:24,940 --> 00:48:30,789
anniversary of Hiroshima right and i

1040
00:48:28,539 --> 00:48:33,699
began to think i and i wrote this back

1041
00:48:30,789 --> 00:48:36,070
to him and I said I would really love to

1042
00:48:33,699 --> 00:48:37,989
see if a group of really good remote

1043
00:48:36,070 --> 00:48:41,230
viewers I'd like to you know just

1044
00:48:37,989 --> 00:48:43,868
participate not being great as Joe but

1045
00:48:41,230 --> 00:48:48,789
just to participate in this to see if

1046
00:48:43,869 --> 00:48:52,769
there's some form of a a karmic reality

1047
00:48:48,789 --> 00:48:56,820
for the country of Japan because today

1048
00:48:52,769 --> 00:49:00,460
they also restarted the Sendai nuclear

1049
00:48:56,820 --> 00:49:03,369
reactors that Fukushima is a part of oh

1050
00:49:00,460 --> 00:49:05,869
great really and and it's like Hello

1051
00:49:03,369 --> 00:49:08,120
what kind of stuff did that today yeah

1052
00:49:05,869 --> 00:49:10,250
what kind of stubborn stupidity is this

1053
00:49:08,119 --> 00:49:13,489
exactly you know that don't you know

1054
00:49:10,250 --> 00:49:15,530
it's just going to be a couple of days

1055

00:49:13,489 --> 00:49:17,629
or months go by and there will be

1056
00:49:15,530 --> 00:49:19,310
another earthquake there no doubt I mean

1057
00:49:17,630 --> 00:49:23,230
you don't maybe a psyker to tell that

1058
00:49:19,309 --> 00:49:28,579
there and do you know what is the what

1059
00:49:23,230 --> 00:49:31,070
exactly is the karmic load here wins a

1060
00:49:28,579 --> 00:49:33,110
radio check activity in a panic like you

1061
00:49:31,070 --> 00:49:35,300
killed us and now will kill you no I

1062
00:49:33,110 --> 00:49:36,920
don't think I'll it drives fully I don't

1063
00:49:35,300 --> 00:49:39,440
think it's not in the back of their mind

1064
00:49:36,920 --> 00:49:41,420
an indirect well they gonna kill

1065
00:49:39,440 --> 00:49:43,610
themselves to why would suspect well

1066
00:49:41,420 --> 00:49:45,050
sometimes people do that revenge as long

1067
00:49:43,610 --> 00:49:47,120
as you're dead they'll go to they don't

1068
00:49:45,050 --> 00:49:51,019
care I don't I don't I went quite

1069
00:49:47,119 --> 00:49:53,960

obviously in parachute I wouldn't

1070

00:49:51,019 --> 00:49:55,610

exactly go over there but I wonder if

1071

00:49:53,960 --> 00:49:57,829

there's some like I just want to

1072

00:49:55,610 --> 00:49:59,990

meditate on that what is the car man no

1073

00:49:57,829 --> 00:50:02,269

it's a sort Julie it really is because

1074

00:49:59,989 --> 00:50:05,750

it's drifting over tour it was it's

1075

00:50:02,269 --> 00:50:08,599

doing a number on on Hawaii it's nearly

1076

00:50:05,750 --> 00:50:11,900

doing a number on and on the whales of

1077

00:50:08,599 --> 00:50:14,210

washing up dead the giant those those

1078

00:50:11,900 --> 00:50:16,639

big squids squids and those other fish

1079

00:50:14,210 --> 00:50:18,710

the I know their pole fish or something

1080

00:50:16,639 --> 00:50:21,259

of that nature but I would love to do

1081

00:50:18,710 --> 00:50:25,579

I'd love to do a meditation like a group

1082

00:50:21,260 --> 00:50:27,800

meditation on that but just just quick

1083

00:50:25,579 --> 00:50:31,130

back to the animals yes have you seen

1084
00:50:27,800 --> 00:50:35,480
this recent show zoo on TV I won't watch

1085
00:50:31,130 --> 00:50:37,880
it I I did I'm a war I was not that

1086
00:50:35,480 --> 00:50:39,889
scary but it's interesting how he

1087
00:50:37,880 --> 00:50:41,980
up as key areas the fact that involves

1088
00:50:39,889 --> 00:50:45,739
animals anything with animal man do I

1089
00:50:41,980 --> 00:50:48,650
get too sensitive about oh yeah lovers

1090
00:50:45,739 --> 00:50:50,569
here we're all own animals or caregivers

1091
00:50:48,650 --> 00:50:52,880
upon which I don't even own our knives

1092
00:50:50,570 --> 00:50:55,130
and dogs right well three of us here

1093
00:50:52,880 --> 00:50:57,170
there oh not so yes left for work this

1094
00:50:55,130 --> 00:50:58,760
morning it's seven or sprawled out in

1095
00:50:57,170 --> 00:51:05,780
the couch gonna have a nice day there's

1096
00:50:58,760 --> 00:51:07,910
suck but the but it do animals win in

1097
00:51:05,780 --> 00:51:09,710
this they're all ticked off and they

1098
00:51:07,909 --> 00:51:11,599
said that humans have abused them and

1099
00:51:09,710 --> 00:51:14,240
now they're going to get back at humans

1100
00:51:11,599 --> 00:51:19,009
and so they gang up on humans and quite

1101
00:51:14,239 --> 00:51:19,639
effectively I'm a saying good I have

1102
00:51:19,010 --> 00:51:22,490
terrible

1103
00:51:19,639 --> 00:51:25,069
I second that emotion so no I get upset

1104
00:51:22,489 --> 00:51:27,289
of had our talk about being unconscious

1105
00:51:25,070 --> 00:51:29,570
or in consciousness around animals it

1106
00:51:27,289 --> 00:51:32,329
really upsets me yes and that's what

1107
00:51:29,570 --> 00:51:36,530
there is a wonderful new series of

1108
00:51:32,329 --> 00:51:38,840
studies about how trees are also you

1109
00:51:36,530 --> 00:51:41,210
know vegetation particularly trees are

1110
00:51:38,840 --> 00:51:45,289
also sentient in their own way oh yeah

1111
00:51:41,210 --> 00:51:47,510
and that is really a wonderful it

1112

00:51:45,289 --> 00:51:49,849
because it's a scientific study now you

1113
00:51:47,510 --> 00:51:52,730
and I school and and and you as well

1114
00:51:49,849 --> 00:51:55,099
Kate we may have always felt that way

1115
00:51:52,730 --> 00:51:57,829
but it's nice to have a little bit of

1116
00:51:55,099 --> 00:51:59,659
scientific back up well not only

1117
00:51:57,829 --> 00:52:01,519
scientific but I think the general

1118
00:51:59,659 --> 00:52:03,799
populace feels like this because just

1119
00:52:01,519 --> 00:52:08,119
yesterday in New Jersey of all places

1120
00:52:03,800 --> 00:52:10,580
the 175 year old oak that was destiny to

1121
00:52:08,119 --> 00:52:12,889
be cut down enough people showed up and

1122
00:52:10,579 --> 00:52:15,949
said don't you dare and good and they

1123
00:52:12,889 --> 00:52:17,989
didn't die in the world what did I want

1124
00:52:15,949 --> 00:52:22,939
to cut it down I make up a parking lot

1125
00:52:17,989 --> 00:52:26,059
oh my lord oh good Evan so anyway but

1126
00:52:22,940 --> 00:52:28,490

you know I think I think you people and

1127

00:52:26,059 --> 00:52:30,139

because i am not really remote view or

1128

00:52:28,489 --> 00:52:31,819

anything so i'm sorry i have to distance

1129

00:52:30,139 --> 00:52:34,129

myself a bit but i think you're bringing

1130

00:52:31,820 --> 00:52:36,230

about a change in consciousness I really

1131

00:52:34,130 --> 00:52:38,599

do I think it's and I think it's for the

1132

00:52:36,230 --> 00:52:40,639

better well I think you guys are

1133

00:52:38,599 --> 00:52:42,799

wonderful just doing this radio show

1134

00:52:40,639 --> 00:52:45,650

help in that you know you're taking the

1135

00:52:42,800 --> 00:52:47,930

time to focus on subjects that make

1136

00:52:45,650 --> 00:52:49,700

people open up to other possibility so

1137

00:52:47,929 --> 00:52:52,190

bless you guys for what your pardon us

1138

00:52:49,699 --> 00:52:54,019

well you never know who it reaches you

1139

00:52:52,190 --> 00:52:55,909

know sometimes as you said there's no

1140

00:52:54,019 --> 00:52:58,070

coincidence and you know maybe that

1141
00:52:55,909 --> 00:52:59,899
somewhere just they happen to pick it up

1142
00:52:58,070 --> 00:53:01,700
on a podcast somewhere and they think oh

1143
00:52:59,900 --> 00:53:03,410
you know what that sounds interesting

1144
00:53:01,699 --> 00:53:05,119
maybe I'll go down there and see what

1145
00:53:03,409 --> 00:53:07,279
it's about and then BAM you have your

1146
00:53:05,119 --> 00:53:11,329
next Joe go ahead what's the last name

1147
00:53:07,280 --> 00:53:13,490
look you know I don't ago I have you

1148
00:53:11,329 --> 00:53:15,199
know I've interviewed how many people

1149
00:53:13,489 --> 00:53:20,079
hundred 23 I don't know how many people

1150
00:53:15,199 --> 00:53:23,359
I cannot i have such out maybach against

1151
00:53:20,079 --> 00:53:25,279
McGonigle mcmonagle making wanna go to g

1152
00:53:23,360 --> 00:53:27,710
there don't put the g there that's

1153
00:53:25,280 --> 00:53:30,440
that's a mom I'm going come on eagle

1154
00:53:27,710 --> 00:53:32,559
he's taking on ago you know you're on a

1155
00:53:30,440 --> 00:53:35,949
Grinch mikma

1156
00:53:32,559 --> 00:53:38,589
on my Eagle McMonagle okay give it that

1157
00:53:35,949 --> 00:53:41,259
way so it's metal on ago right okay drop

1158
00:53:38,588 --> 00:53:44,588
one of the teams it's nothing personal I

1159
00:53:41,259 --> 00:53:46,539
apologize but no problem maybe that's

1160
00:53:44,588 --> 00:53:48,548
the next guy maybe it's just as you said

1161
00:53:46,539 --> 00:53:50,799
some nine-year-old kid going to distrel

1162
00:53:48,548 --> 00:53:53,469
gym being said wow these things actually

1163
00:53:50,798 --> 00:53:56,048
exist that's great maybe I'll look into

1164
00:53:53,469 --> 00:54:00,338
it maybe they'll be our little saving

1165
00:53:56,048 --> 00:54:04,298
graces so tell us a little bit about the

1166
00:54:00,338 --> 00:54:06,400
program's beyond the Gateway well you

1167
00:54:04,298 --> 00:54:08,650
know it again it depends on what people

1168
00:54:06,400 --> 00:54:09,999
are interested a lot of people want to

1169

00:54:08,650 --> 00:54:12,999
get more in touch with their guidance

1170
00:54:09,998 --> 00:54:16,298
let's say and so we have a program

1171
00:54:12,998 --> 00:54:18,938
called guidelines and this is where you

1172
00:54:16,298 --> 00:54:20,528
get in touch with however you want to

1173
00:54:18,938 --> 00:54:25,239
call it your guides your inner self

1174
00:54:20,528 --> 00:54:27,728
helps your angels by whatever term and

1175
00:54:25,239 --> 00:54:31,150
so it's a it's a program that helps

1176
00:54:27,728 --> 00:54:33,038
people give you the skill for getting

1177
00:54:31,150 --> 00:54:35,469
into the states to get in touch with

1178
00:54:33,039 --> 00:54:37,959
these other forms of them from

1179
00:54:35,469 --> 00:54:41,528
informants if you will informants that's

1180
00:54:37,958 --> 00:54:44,618
what I'll call mine the hardline program

1181
00:54:41,528 --> 00:54:47,768
is another one that is very very popular

1182
00:54:44,619 --> 00:54:52,239
and that has to do with learning to love

1183
00:54:47,768 --> 00:54:56,458

yourself self trust and so forth as well

1184

00:54:52,239 --> 00:54:59,228

as then being able to love more people

1185

00:54:56,458 --> 00:55:01,868

without the fear because there's so much

1186

00:54:59,228 --> 00:55:03,998

fear we run into as you can know and so

1187

00:55:01,869 --> 00:55:05,709

the hardline program is very big the

1188

00:55:03,998 --> 00:55:08,708

Lifeline program you know you took that

1189

00:55:05,708 --> 00:55:12,728

one yes I took a guide lines and of

1190

00:55:08,708 --> 00:55:14,739

course Dave wave guide lines and lino

1191

00:55:12,728 --> 00:55:18,178

line line and a number of others yeah

1192

00:55:14,739 --> 00:55:20,588

right and so this is for people who

1193

00:55:18,179 --> 00:55:24,278

might be interested in being a service

1194

00:55:20,588 --> 00:55:27,728

to others there's some that perhaps die

1195

00:55:24,278 --> 00:55:30,670

and don't know they're dead or they get

1196

00:55:27,728 --> 00:55:32,858

stuck in a certain state and in life

1197

00:55:30,670 --> 00:55:35,170

line people learn how to get into

1198
00:55:32,858 --> 00:55:37,598
different states and then help those

1199
00:55:35,170 --> 00:55:39,849
people in transition who haven't been

1200
00:55:37,599 --> 00:55:42,219
able to quite free themselves up to help

1201
00:55:39,849 --> 00:55:45,650
them move forward earthbound souls and

1202
00:55:42,219 --> 00:55:48,200
there you go yeah really yeah

1203
00:55:45,650 --> 00:55:49,660
our lab that's really an interesting one

1204
00:55:48,199 --> 00:55:52,699
and then of course some people end up

1205
00:55:49,659 --> 00:55:55,399
seeing people there perhaps it passed on

1206
00:55:52,699 --> 00:55:56,838
I must add though immediately you don't

1207
00:55:55,400 --> 00:55:59,028
have to do that in life lines we have a

1208
00:55:56,838 --> 00:56:01,250
lot of people in gateway who end up

1209
00:55:59,028 --> 00:56:03,949
connecting with someone who's passed on

1210
00:56:01,250 --> 00:56:08,829
so again since we are talking about

1211
00:56:03,949 --> 00:56:11,568
getting beyond physical matter reality

1212
00:56:08,829 --> 00:56:13,490
no telling who you might run into type

1213
00:56:11,568 --> 00:56:16,880
of thing so that's in any of the

1214
00:56:13,489 --> 00:56:19,489
programs MC squared this is a program

1215
00:56:16,880 --> 00:56:22,190
that Joe gallon burgers psychologist was

1216
00:56:19,489 --> 00:56:24,739
put together I took that morning yeah

1217
00:56:22,190 --> 00:56:28,309
that's a fun one isn't it yes it is yes

1218
00:56:24,739 --> 00:56:30,199
it is you find that you you do all sorts

1219
00:56:28,309 --> 00:56:34,390
of things you never thought was possible

1220
00:56:30,199 --> 00:56:38,269
like bending forks and spoons into weird

1221
00:56:34,389 --> 00:56:42,139
curlicues and and and starting seeds in

1222
00:56:38,269 --> 00:56:44,239
your hand really keep rolling sevens on

1223
00:56:42,139 --> 00:56:46,038
the dice and the really thing okay now

1224
00:56:44,239 --> 00:56:47,899
that's good that you want good yeah

1225
00:56:46,039 --> 00:56:51,799
that's what I like that part look that's

1226

00:56:47,900 --> 00:56:54,200
the influencing physical matter again we

1227
00:56:51,798 --> 00:56:57,048
go from a non-physical means yeah that's

1228
00:56:54,199 --> 00:56:59,598
exactly and so you know and and and you

1229
00:56:57,048 --> 00:57:01,489
mentioned Star Line's before and now

1230
00:56:59,599 --> 00:57:05,588
we're talking about going into other

1231
00:57:01,489 --> 00:57:09,919
energy systems far beyond the earth life

1232
00:57:05,588 --> 00:57:14,659
kind of earth human type of thing as we

1233
00:57:09,920 --> 00:57:16,159
know it and so Francine King one of our

1234
00:57:14,659 --> 00:57:19,219
senior trainers has been here for a long

1235
00:57:16,159 --> 00:57:22,940
time actually designed this one and this

1236
00:57:19,219 --> 00:57:26,719
takes you out into quite a what we call

1237
00:57:22,940 --> 00:57:28,309
other focus states Bob called the

1238
00:57:26,719 --> 00:57:31,068
different states of consciousness simply

1239
00:57:28,309 --> 00:57:33,319
by focus level so that he wouldn't give

1240
00:57:31,068 --> 00:57:36,980

them any kind of emotionally Laden terms

1241

00:57:33,318 --> 00:57:39,409

so focused 10 4 examples mind awake body

1242

00:57:36,980 --> 00:57:41,809

asleep and focused 12 as an expanded

1243

00:57:39,409 --> 00:57:45,379

state of awareness folks 15 state of no

1244

00:57:41,809 --> 00:57:48,680

time and so forth and so on well and in

1245

00:57:45,380 --> 00:57:50,990

Star Line's this is and you have to have

1246

00:57:48,679 --> 00:57:53,719

gone through a couple of programs in

1247

00:57:50,989 --> 00:57:56,838

order to take this one but this has to

1248

00:57:53,719 --> 00:57:58,879

do with really exploring consciousness

1249

00:57:56,838 --> 00:58:00,650

going way out

1250

00:57:58,880 --> 00:58:03,079

there and you actually are traveling

1251

00:58:00,650 --> 00:58:05,269

through the solar system and looking at

1252

00:58:03,079 --> 00:58:07,190

the consciousness of each planet you

1253

00:58:05,268 --> 00:58:10,298

were just talking about trees having

1254

00:58:07,190 --> 00:58:13,608

consciousness or being sentient to come

1255
00:58:10,298 --> 00:58:17,630
creatures i want to say beings and it's

1256
00:58:13,608 --> 00:58:20,778
so well what about planets see and we

1257
00:58:17,630 --> 00:58:25,099
come back to that greater overview and

1258
00:58:20,778 --> 00:58:28,278
so what what Francine built into this

1259
00:58:25,099 --> 00:58:33,068
program a lot of for example going out

1260
00:58:28,278 --> 00:58:35,989
into this area and experiencing the I

1261
00:58:33,068 --> 00:58:38,690
their clusters that's what Bob called

1262
00:58:35,989 --> 00:58:40,669
them integrating parts of yourself I

1263
00:58:38,690 --> 00:58:43,159
mean there are all kinds of things you

1264
00:58:40,670 --> 00:58:46,130
do in this and it's also bringing quite

1265
00:58:43,159 --> 00:58:47,598
a bit of astronomy into this she talks

1266
00:58:46,130 --> 00:58:49,670
about being able to go through a

1267
00:58:47,599 --> 00:58:52,250
particular portal she calls it the

1268
00:58:49,670 --> 00:58:54,108
Stargate of the galactic core and I have

1269
00:58:52,250 --> 00:58:59,179
to tell you I'm not taking the program

1270
00:58:54,108 --> 00:59:02,088
yet yeah and also going through again

1271
00:58:59,179 --> 00:59:06,588
it's like going through the cosmos to

1272
00:59:02,088 --> 00:59:10,009
help understand better your totality so

1273
00:59:06,588 --> 00:59:13,068
you know and people love this so it's

1274
00:59:10,009 --> 00:59:14,809
one of the five day programs find a 69

1275
00:59:13,068 --> 00:59:19,210
and timeline of course you want to go

1276
00:59:14,809 --> 00:59:22,009
past half present future look at other

1277
00:59:19,210 --> 00:59:24,170
selves and other times and that kind of

1278
00:59:22,009 --> 00:59:26,240
stuff and out-of-body exploration

1279
00:59:24,170 --> 00:59:29,150
program Bill bule man if you all have

1280
00:59:26,239 --> 00:59:31,159
heard Williams human actually trains

1281
00:59:29,150 --> 00:59:33,889
that that's what one of our most popular

1282
00:59:31,159 --> 00:59:36,588
programs here too and then we have a

1283

00:59:33,889 --> 00:59:40,038
program based on our spatial angle

1284
00:59:36,588 --> 00:59:42,798
modulation audio technology and the

1285
00:59:40,039 --> 00:59:45,549
program is called event horizon and this

1286
00:59:42,798 --> 00:59:48,588
program was designed by Bob Holbrook

1287
00:59:45,548 --> 00:59:50,838
who's who we call our director of

1288
00:59:48,588 --> 00:59:53,420
innovation he's quite the idea of person

1289
00:59:50,838 --> 00:59:58,219
and a great trainer and a nice guy to

1290
00:59:53,420 --> 01:00:01,039
really yeah really have fun and he put

1291
00:59:58,219 --> 01:00:03,949
event horizon together this program

1292
01:00:01,039 --> 01:00:06,440
along with his wife and Natalie sued men

1293
01:00:03,949 --> 01:00:09,009
whom you mentioned before in Merenda who

1294
01:00:06,440 --> 01:00:12,320
is his wife and three of them trial

1295
01:00:09,009 --> 01:00:14,480
trained this and again it's getting

1296
01:00:12,320 --> 01:00:15,920
beyond our personal limitations that's

1297
01:00:14,480 --> 01:00:21,170

you know we're calling the event horizon

1298

01:00:15,920 --> 01:00:23,659

and so how can you best get to your path

1299

01:00:21,170 --> 01:00:26,480

of freedom now what are the practices

1300

01:00:23,659 --> 01:00:28,969

you can learn here and so you're this is

1301

01:00:26,480 --> 01:00:31,789

again creating your own destiny your own

1302

01:00:28,969 --> 01:00:33,559

future well I've just you know accepting

1303

01:00:31,789 --> 01:00:35,690

here we are back to belief systems and

1304

01:00:33,559 --> 01:00:37,880

well I'm gonna do this way because this

1305

01:00:35,690 --> 01:00:39,889

has always been me that kind of time

1306

01:00:37,880 --> 01:00:43,160

sorry what were you I for one can't wait

1307

01:00:39,889 --> 01:00:45,529

to come back a home to the monroe

1308

01:00:43,159 --> 01:00:49,279

institute we gotta get Kate there Kate

1309

01:00:45,530 --> 01:00:52,210

have you ever been here no all right for

1310

01:00:49,280 --> 01:00:56,390

she got a job I'm your finger with you

1311

01:00:52,210 --> 01:01:01,429

but I am open to change you have had so

1312
01:00:56,389 --> 01:01:03,920
many so many unusual experiences I don't

1313
01:01:01,429 --> 01:01:07,250
know well alright but those were not of

1314
01:01:03,920 --> 01:01:11,630
this psychic but this sport fig you a

1315
01:01:07,250 --> 01:01:14,539
she's just she is an experienter par

1316
01:01:11,630 --> 01:01:16,519
excellence and she's just she does she I

1317
01:01:14,539 --> 01:01:19,340
think she's afraid to admit it nice cant

1318
01:01:16,519 --> 01:01:21,559
Valentine's to God I really but what I

1319
01:01:19,340 --> 01:01:23,360
was going to say since that is an

1320
01:01:21,559 --> 01:01:25,549
extraordinarily beautiful area of the

1321
01:01:23,360 --> 01:01:27,470
country when you go on these five day

1322
01:01:25,550 --> 01:01:30,170
courses do you stay there or is there

1323
01:01:27,469 --> 01:01:32,719
yeah you stay here absolutely we have a

1324
01:01:30,170 --> 01:01:34,940
center and actually you'll learn a

1325
01:01:32,719 --> 01:01:36,649
residential Center you stay in a check

1326
01:01:34,940 --> 01:01:38,720
unit the check would stand for

1327
01:01:36,650 --> 01:01:41,210
controlled holistic environmental

1328
01:01:38,719 --> 01:01:43,759
chamber yes Bob did put that together

1329
01:01:41,210 --> 01:01:46,900
and if any of you have ever been to

1330
01:01:43,760 --> 01:01:49,520
Monticello Thomas Jefferson's host

1331
01:01:46,900 --> 01:01:52,220
remember his bed and how it was kind of

1332
01:01:49,519 --> 01:01:54,320
enclosed yeah well that's kind of like a

1333
01:01:52,219 --> 01:01:57,099
check unit and the idea was that you get

1334
01:01:54,320 --> 01:01:59,600
to again you're kind of in the womb of

1335
01:01:57,099 --> 01:02:01,250
security and blocking out the physical

1336
01:01:59,599 --> 01:02:04,159
world and that's where you listen to the

1337
01:02:01,250 --> 01:02:07,099
exercises and have all these experiences

1338
01:02:04,159 --> 01:02:09,980
yeah yeah so you do that you stay here

1339
01:02:07,099 --> 01:02:12,110
you eat here in you and it's beautiful

1340

01:02:09,980 --> 01:02:15,650
grounds to walk on in the end of midday

1341
01:02:12,110 --> 01:02:18,380
breaks and yeah a great company always a

1342
01:02:15,650 --> 01:02:20,059
good company and then staff is just the

1343
01:02:18,380 --> 01:02:21,950
best staff you'd ever want to meet in

1344
01:02:20,059 --> 01:02:22,699
your life everyone's friendly and yes

1345
01:02:21,949 --> 01:02:24,588
they are

1346
01:02:22,699 --> 01:02:27,199
really really are but do they have good

1347
01:02:24,588 --> 01:02:29,509
coffee yes okay actually you have to

1348
01:02:27,199 --> 01:02:33,439
come to my office for that okay i'll be

1349
01:02:29,510 --> 01:02:35,780
there before before we go because we

1350
01:02:33,440 --> 01:02:38,838
have been talking about an hour and we

1351
01:02:35,780 --> 01:02:43,160
hate to go but we must ask you at least

1352
01:02:38,838 --> 01:02:46,130
to give us one of your own a paranormal

1353
01:02:43,159 --> 01:02:47,750
psychic Oh or mystical experiences

1354
01:02:46,130 --> 01:02:50,539

because that's what our listeners want

1355

01:02:47,750 --> 01:02:52,940
to hear about too ok well let's see

1356

01:02:50,539 --> 01:02:54,800
didn't we want to talk about how I met

1357

01:02:52,940 --> 01:02:56,690
my grandfather who died before I was

1358

01:02:54,800 --> 01:03:00,289
born or how I felt a stealth bomber

1359

01:02:56,690 --> 01:03:01,970
before it became known about or about

1360

01:03:00,289 --> 01:03:03,440
the shared out-of-body i had with Bob

1361

01:03:01,969 --> 01:03:05,750
and Nancy I mean what's your pleasure

1362

01:03:03,440 --> 01:03:09,829
here i think the grandfather sounds good

1363

01:03:05,750 --> 01:03:11,570
oh okay well one night and again a lot

1364

01:03:09,829 --> 01:03:14,210
of my stuff happens in sleep because i

1365

01:03:11,570 --> 01:03:16,309
have to admit my brain being going going

1366

01:03:14,210 --> 01:03:20,329
going all the time i'm a virgo can't

1367

01:03:16,309 --> 01:03:23,000
help it it's busy anyway so I'm asleep

1368

01:03:20,329 --> 01:03:25,940
and I got to meet my grandfather now I

1369
01:03:23,000 --> 01:03:28,519
never got to meet him he died actually

1370
01:03:25,940 --> 01:03:30,588
like the week before I was born oh and

1371
01:03:28,519 --> 01:03:34,190
when I got to meet him I was 16 years

1372
01:03:30,588 --> 01:03:36,230
old it was mostly connection and I just

1373
01:03:34,190 --> 01:03:37,880
I knew that that's who it was and there

1374
01:03:36,230 --> 01:03:41,780
wasn't any talking really it was just

1375
01:03:37,880 --> 01:03:43,970
this loving presence Oh between us the

1376
01:03:41,780 --> 01:03:45,500
next morning I did not say anything to

1377
01:03:43,969 --> 01:03:47,000
my mom I don't know maybe I was late

1378
01:03:45,500 --> 01:03:49,579
running for school or whatever it was

1379
01:03:47,000 --> 01:03:51,409
but all through the day I had my

1380
01:03:49,579 --> 01:03:54,920
grandfather with it was really cool I

1381
01:03:51,409 --> 01:03:56,750
got home and mom said to me you know the

1382
01:03:54,920 --> 01:03:58,880
strangest thing happened your

1383
01:03:56,750 --> 01:04:01,789
grandfather has been on my mind all day

1384
01:03:58,880 --> 01:04:04,130
to know and he used to call me Ming

1385
01:04:01,789 --> 01:04:06,380
thing I think they heard again her name

1386
01:04:04,130 --> 01:04:08,750
was Nancy and that name kept coming to

1387
01:04:06,380 --> 01:04:11,630
me and then I got a call from your uncle

1388
01:04:08,750 --> 01:04:13,880
bill well that was her brother and he

1389
01:04:11,630 --> 01:04:17,210
called her and said you know dad has

1390
01:04:13,880 --> 01:04:19,130
been around me all day to day Wow now I

1391
01:04:17,210 --> 01:04:20,119
just find that kind of interest aunt was

1392
01:04:19,130 --> 01:04:22,910
just one of those cute little

1393
01:04:20,119 --> 01:04:25,670
synchronicities if you will but I was

1394
01:04:22,909 --> 01:04:28,639
certain i had met him now why and how

1395
01:04:25,670 --> 01:04:32,269
did that happen that that is that's a

1396
01:04:28,639 --> 01:04:34,699
very very poignant experience it was

1397

01:04:32,269 --> 01:04:36,380
hardly yeah especially since I never got

1398
01:04:34,699 --> 01:04:38,719
to meet him in person and

1399
01:04:36,380 --> 01:04:41,539
least I got to meet him you know through

1400
01:04:38,719 --> 01:04:43,759
this being in this other state thanks to

1401
01:04:41,539 --> 01:04:45,200
mr. Monroe again because i was listening

1402
01:04:43,759 --> 01:04:47,119
to these basically they were hemi-sync

1403
01:04:45,199 --> 01:04:49,159
before we call them hemi-sync sounds at

1404
01:04:47,119 --> 01:04:51,440
night and going into these other states

1405
01:04:49,159 --> 01:04:54,108
of consciousness so I was being provided

1406
01:04:51,440 --> 01:04:55,909
with all manner of experiences you know

1407
01:04:54,108 --> 01:04:58,608
so as I say to include shared out of

1408
01:04:55,909 --> 01:05:01,068
bodies with with Bob and mother and and

1409
01:04:58,608 --> 01:05:03,889
well I make that plural it was actually

1410
01:05:01,068 --> 01:05:08,048
one big one it was really fun so yeah I

1411
01:05:03,889 --> 01:05:12,230

just I am so fortunate so very grateful

1412

01:05:08,048 --> 01:05:15,170

to for being brought up with my mother

1413

01:05:12,230 --> 01:05:20,289

and my father daddy was a good Methodist

1414

01:05:15,170 --> 01:05:23,599

Christian and then mr. Monroe who wasn't

1415

01:05:20,289 --> 01:05:25,250

very much everything but you know I was

1416

01:05:23,599 --> 01:05:27,829

not a religious man he never wanted to

1417

01:05:25,250 --> 01:05:30,170

be a guru but my gosh then he open up

1418

01:05:27,829 --> 01:05:33,318

the world and then of course with Joe so

1419

01:05:30,170 --> 01:05:35,269

I just I feel very lucky and so a lot of

1420

01:05:33,318 --> 01:05:38,000

such experiences and I think everybody

1421

01:05:35,268 --> 01:05:39,889

can have them I agree we can all have

1422

01:05:38,000 --> 01:05:42,048

them we just have to pay attention here

1423

01:05:39,889 --> 01:05:43,518

we go again be conscious and we have to

1424

01:05:42,048 --> 01:05:46,518

know your address and how to get watch

1425

01:05:43,518 --> 01:05:50,629

yes we want to we want you to put out

1426
01:05:46,518 --> 01:05:52,788
like um what how people can come to the

1427
01:05:50,630 --> 01:05:55,460
monroe institute how they can is just

1428
01:05:52,789 --> 01:05:59,240
online Oh be fined yet you can just go

1429
01:05:55,460 --> 01:06:02,720
to monroe institute org or those people

1430
01:05:59,239 --> 01:06:04,399
who prefer to use a telephone well our

1431
01:06:02,719 --> 01:06:08,838
address and everything is on there but

1432
01:06:04,400 --> 01:06:11,269
it's for 34 36 1 1500 it's a phone

1433
01:06:08,838 --> 01:06:13,038
number but monroe institute org and you

1434
01:06:11,268 --> 01:06:14,808
can go there and learn about all the

1435
01:06:13,039 --> 01:06:18,589
programs and everything else and contact

1436
01:06:14,809 --> 01:06:20,569
us and join in on the on the fun so give

1437
01:06:18,588 --> 01:06:23,389
it is fun and that's something bob was

1438
01:06:20,568 --> 01:06:25,489
big on to know it's serious yes but for

1439
01:06:23,389 --> 01:06:28,629
heaven's sakes make it fun okay and

1440
01:06:25,489 --> 01:06:32,750
that's okay you have an open invitation

1441
01:06:28,630 --> 01:06:36,349
okay you sure do confias and i hope to

1442
01:06:32,750 --> 01:06:38,900
see you soon in person myself hope to be

1443
01:06:36,349 --> 01:06:41,119
down there very soon and thank you so

1444
01:06:38,900 --> 01:06:42,950
much how this is a trade wonderful guest

1445
01:06:41,119 --> 01:06:45,950
I was wonderful to speak with you I

1446
01:06:42,949 --> 01:06:48,169
really feel so I know I thank you all so

1447
01:06:45,949 --> 01:06:50,118
much for having me on the show Kate will

1448
01:06:48,170 --> 01:06:51,588
expect to you and froosh aha I need

1449
01:06:50,119 --> 01:06:54,740
give you another hug so come on back

1450
01:06:51,588 --> 01:06:56,719
okay you got it okay well thank you

1451
01:06:54,739 --> 01:06:59,889
again okay that's cool to have a

1452
01:06:56,719 --> 01:07:03,518
wonderful day bye okay bye bye bye bye

1453
01:06:59,889 --> 01:07:07,098
so so great that we've had a lovely

1454

01:07:03,518 --> 01:07:09,679
lovely visit with Nancy scooter

1455
01:07:07,099 --> 01:07:12,950
mcmoneagle the executive director and

1456
01:07:09,679 --> 01:07:16,548
president of the monroe institute which

1457
01:07:12,949 --> 01:07:20,538
is in favor Virginia just outside of

1458
01:07:16,548 --> 01:07:23,599
Charlottesville and um do we do you have

1459
01:07:20,539 --> 01:07:26,059
any news for us Kate no not really okay

1460
01:07:23,599 --> 01:07:28,278
no well we're hoping to start in

1461
01:07:26,059 --> 01:07:32,028
September with a full schedule twice a

1462
01:07:28,278 --> 01:07:34,998
month and we will let you know what our

1463
01:07:32,028 --> 01:07:37,670
who our upcoming guests are or what they

1464
01:07:34,998 --> 01:07:39,288
are if they're not human oh that before

1465
01:07:37,670 --> 01:07:43,130
had to be fun right yeah just the voice

1466
01:07:39,289 --> 01:07:45,160
coming in you know little you'd see Bill

1467
01:07:43,130 --> 01:07:50,930
checking his equipment yes just a little

1468
01:07:45,159 --> 01:07:53,358

EVP electronic voice phenomena would you

1469

01:07:50,929 --> 01:07:55,969

say mm-hmm so what we'll leave it here

1470

01:07:53,358 --> 01:07:58,159

and his is in his domain and Willy oh

1471

01:07:55,969 --> 01:08:00,230

yeah here yeah he can have fun with it

1472

01:07:58,159 --> 01:08:03,048

it's in the late in in the late night

1473

01:08:00,230 --> 01:08:05,900

and in the wee morning hours 4am is a

1474

01:08:03,048 --> 01:08:08,449

very good time for that sort of thing

1475

01:08:05,900 --> 01:08:12,470

and bill says thanks and what we really

1476

01:08:08,449 --> 01:08:15,789

want to say is a big thanks to mr. Bill

1477

01:08:12,469 --> 01:08:19,608

Murray a DS who is our faithful and

1478

01:08:15,789 --> 01:08:23,948

talented engineer mm-hmm and who is now

1479

01:08:19,609 --> 01:08:27,230

um gonna say goodbye okay bill nope

1480

01:08:23,948 --> 01:08:29,888

goodbye okay thanks for listening we'll

1481

01:08:27,229 --> 01:08:29,888

see you soon