

1
00:00:08,570 --> 00:00:14,660
[Music]

2
00:00:17,189 --> 00:00:25,480
welcome to shattered reality with their

3
00:00:20,679 --> 00:00:28,239
hosts Kate Valentine and furs prepare to

4
00:00:25,480 --> 00:00:32,289
have your paradigm shifted in their

5
00:00:28,239 --> 00:00:36,160
truths questioned and now shattered

6
00:00:32,289 --> 00:00:37,780
reality well here we are again and I

7
00:00:36,159 --> 00:00:40,149
know you want to slate the show

8
00:00:37,780 --> 00:00:44,820
ferocious oh go ahead this is Kate

9
00:00:40,149 --> 00:00:52,060
Valentine and of course ferocious hi

10
00:00:44,820 --> 00:00:53,920
today is May 23rd 23rd 2017

11
00:00:52,060 --> 00:00:57,390
I'm foucha and I'm here with Kate

12
00:00:53,920 --> 00:01:00,850
Valentine and like she said this is our

13
00:00:57,390 --> 00:01:04,058
shattered reality podcast and we're so

14
00:01:00,850 --> 00:01:07,540
happy to have you with us today because

15
00:01:04,058 --> 00:01:10,959
we have a really really unusual and

16
00:01:07,540 --> 00:01:13,420
interesting guest and the the art one of

17
00:01:10,959 --> 00:01:17,559
the oddest things about this is he's

18
00:01:13,420 --> 00:01:21,219
also from Sheffield in England which is

19
00:01:17,560 --> 00:01:24,510
the same place our last podcasts guest

20
00:01:21,219 --> 00:01:28,750
was from Milton dr. Milton Wainwright

21
00:01:24,510 --> 00:01:31,689
with the with the wonderful weather

22
00:01:28,750 --> 00:01:34,299
balloons and high-altitude yeah and all

23
00:01:31,689 --> 00:01:37,478
that good soccer organisms from above

24
00:01:34,299 --> 00:01:42,630
so apparently Sheffield in in England

25
00:01:37,478 --> 00:01:46,049
the UK is a hotbed of new-age

26
00:01:42,629 --> 00:01:50,739
experimentation because today we have

27
00:01:46,049 --> 00:01:52,659
dr. Philip Davidson who would like to be

28
00:01:50,739 --> 00:01:53,170
known as dr. Phil for the rest of the

29

00:01:52,659 --> 00:02:00,430
program

30
00:01:53,170 --> 00:02:03,790
that's slightly slightly implausible and

31
00:02:00,430 --> 00:02:06,640
dr. Phil Davidson our friend here

32
00:02:03,790 --> 00:02:09,489
he started out his working life as an IT

33
00:02:06,640 --> 00:02:11,830
guy and he traveled all over the world

34
00:02:09,489 --> 00:02:14,049
from multinational corporations and

35
00:02:11,830 --> 00:02:16,540
spent a few years quite a few years in

36
00:02:14,049 --> 00:02:19,659
Hong Kong doing just that and when he

37
00:02:16,539 --> 00:02:23,049
got back to jolly old what did he do

38
00:02:19,659 --> 00:02:27,460
he went into consciousness research he

39
00:02:23,050 --> 00:02:29,800
got his PhD in psychology and he became

40
00:02:27,460 --> 00:02:34,210
amongst other things a bereavement

41
00:02:29,800 --> 00:02:36,880
counselor but in in this very special

42
00:02:34,210 --> 00:02:39,189
way yes yes and in this bereavement he

43
00:02:36,879 --> 00:02:40,769

noticed that parents were very very

44

00:02:39,189 --> 00:02:43,569

upset when they lost a child

45

00:02:40,770 --> 00:02:45,670

understandably so and and often they

46

00:02:43,569 --> 00:02:47,829

didn't get over it for years and years

47

00:02:45,669 --> 00:02:50,859

in the rest of their lives so he

48

00:02:47,830 --> 00:02:54,130

continued on with consciousness research

49

00:02:50,860 --> 00:02:56,980

and I met dr. Phil Davidson at the

50

00:02:54,129 --> 00:02:59,469

Monroe Institute where he was a

51

00:02:56,979 --> 00:03:02,859

professor of the Professional Division

52

00:02:59,469 --> 00:03:04,840

as am i and he's been studying

53

00:03:02,860 --> 00:03:09,640

consciousness for a long time and he has

54

00:03:04,840 --> 00:03:13,449

a special program for allowing people to

55

00:03:09,639 --> 00:03:17,399

contact their lost loved ones so now

56

00:03:13,449 --> 00:03:21,549

without any further ado dr. Philip

57

00:03:17,400 --> 00:03:25,740

Davidson of Sheffield UK Sheffield UK

58
00:03:21,550 --> 00:03:27,730
the center of consciousness research I

59
00:03:25,740 --> 00:03:30,070
don't know if I can say any more about

60
00:03:27,729 --> 00:03:32,469
that because that's everything you know

61
00:03:30,069 --> 00:03:34,799
I think um thank you for that intro I

62
00:03:32,469 --> 00:03:40,389
just want to go back a little bit there

63
00:03:34,800 --> 00:03:43,330
and just kind of pick up where we can I

64
00:03:40,389 --> 00:03:45,519
was an intern an IT Director in

65
00:03:43,330 --> 00:03:48,250
multinationals working in asia-pacific

66
00:03:45,520 --> 00:03:50,020
and I suppose there comes a time in a

67
00:03:48,250 --> 00:03:52,840
person's life when they kind of decide

68
00:03:50,020 --> 00:03:54,280
that is this the right job for me and I

69
00:03:52,840 --> 00:03:56,050
think it was one of those days when

70
00:03:54,280 --> 00:03:57,430
about three or four hundred people had

71
00:03:56,050 --> 00:04:00,189
been screaming at me about their IT

72
00:03:57,430 --> 00:04:02,379
systems when I decided I don't know if I

73
00:04:00,189 --> 00:04:04,810
want to work in IT anymore and I think

74
00:04:02,379 --> 00:04:06,639
that's when you know when all the kind

75
00:04:04,810 --> 00:04:08,259
of powers that be come together in the

76
00:04:06,639 --> 00:04:10,599
cosmos and you think to yourself I need

77
00:04:08,259 --> 00:04:12,639
to change what I'm doing and always been

78
00:04:10,599 --> 00:04:14,469
very very interested in psychology but

79
00:04:12,639 --> 00:04:17,048
it's like can I go from information

80
00:04:14,469 --> 00:04:20,709
technology straight into psychology and

81
00:04:17,048 --> 00:04:22,000
as it happens yes we can especially when

82
00:04:20,709 --> 00:04:23,139
you leave your job and everybody

83
00:04:22,000 --> 00:04:24,730
screaming at you saying why are you

84
00:04:23,139 --> 00:04:26,379
leaving and you don't really want to

85
00:04:24,730 --> 00:04:28,569
tell them why because you've just had

86

00:04:26,379 --> 00:04:30,219
enough mm-hm and I remember going to the

87
00:04:28,569 --> 00:04:32,269
University and saying I really want to

88
00:04:30,220 --> 00:04:34,280
study psychology here and the woman

89
00:04:32,269 --> 00:04:36,439
looking at me saying hey you're pretty

90
00:04:34,279 --> 00:04:38,389
old I always say you guys here and I

91
00:04:36,439 --> 00:04:41,180
thinking well thank you very much for

92
00:04:38,389 --> 00:04:43,490
that that a vote of confidence but what

93
00:04:41,180 --> 00:04:45,110
did happen after that was I was accepted

94
00:04:43,490 --> 00:04:48,680
into one of the top universities in the

95
00:04:45,110 --> 00:04:50,629
UK I think mostly because I said things

96
00:04:48,680 --> 00:04:52,819
along the lines of I'm really really

97
00:04:50,629 --> 00:04:54,589
clean and I have money and I want to

98
00:04:52,819 --> 00:04:55,969
study and they were nodding their head

99
00:04:54,589 --> 00:04:58,399
saying yes we like the fact you've got

100
00:04:55,970 --> 00:05:00,650

money and want to study so they took me

101

00:04:58,399 --> 00:05:01,849

to the cause and never really looked

102

00:05:00,649 --> 00:05:03,579

back after that and it was all about

103

00:05:01,850 --> 00:05:06,290

psychology I always wanted to know about

104

00:05:03,579 --> 00:05:08,449

consciousness different types of

105

00:05:06,290 --> 00:05:10,430

experiences that people had and you hear

106

00:05:08,449 --> 00:05:12,620

all these things about like meditation

107

00:05:10,430 --> 00:05:14,540

and Buddhist monks and you read all

108

00:05:12,620 --> 00:05:16,790

these kind of wild fantastical things

109

00:05:14,540 --> 00:05:18,860

that they can do and it's like is any of

110

00:05:16,790 --> 00:05:20,960

this stuff real and and what did it say

111

00:05:18,860 --> 00:05:22,370

in kind of normal psychology about these

112

00:05:20,959 --> 00:05:24,680

types of experiences that are very

113

00:05:22,370 --> 00:05:26,689

anomalous and so going through an

114

00:05:24,680 --> 00:05:28,579

undergraduate degree there's nothing

115
00:05:26,689 --> 00:05:31,370
spoken about consciousness and it's like

116
00:05:28,579 --> 00:05:33,769
what the hell is going on here so it's a

117
00:05:31,370 --> 00:05:35,600
case of I really thinking in the third

118
00:05:33,769 --> 00:05:37,129
year on the graduate degree you need to

119
00:05:35,600 --> 00:05:37,670
do a big project and I thought what can

120
00:05:37,129 --> 00:05:40,339
I do

121
00:05:37,670 --> 00:05:42,319
how about testing whether you can change

122
00:05:40,339 --> 00:05:44,810
someone's perception of the world alter

123
00:05:42,319 --> 00:05:46,699
their conscious experience and so I

124
00:05:44,810 --> 00:05:49,699
worked very closely with one of my

125
00:05:46,699 --> 00:05:51,829
friends in the university and we were I

126
00:05:49,699 --> 00:05:53,750
was able to successfully change his

127
00:05:51,829 --> 00:05:56,240
experience of certain things and it's

128
00:05:53,750 --> 00:05:58,610
like to me this thought said it seems to

129
00:05:56,240 --> 00:06:00,379
be a crack in the door here your

130
00:05:58,610 --> 00:06:02,600
conscious experience of the world is one

131
00:06:00,379 --> 00:06:04,850
thing but it seems that you can alter it

132
00:06:02,600 --> 00:06:06,530
I wonder if this links to what Buddhist

133
00:06:04,850 --> 00:06:08,900
meditators do and all these other guys

134
00:06:06,529 --> 00:06:11,569
talk about these other anomalous types

135
00:06:08,899 --> 00:06:14,120
of experiences so I decided that I want

136
00:06:11,569 --> 00:06:16,040
to stay on and do a PhD and it's really

137
00:06:14,120 --> 00:06:18,829
when I decided to do the research into

138
00:06:16,040 --> 00:06:20,450
this that you know the real fun started

139
00:06:18,829 --> 00:06:24,409
because that's when I was allowed loose

140
00:06:20,449 --> 00:06:26,810
on first years to do experiments and all

141
00:06:24,410 --> 00:06:29,720
good experiments and ethical and

142
00:06:26,810 --> 00:06:32,360
aboveboard but really I was able to then

143

00:06:29,720 --> 00:06:35,330
put together a set of psychological

144
00:06:32,360 --> 00:06:37,160
processes that allowed you to move from

145
00:06:35,329 --> 00:06:39,829
this waking state of consciousness that

146
00:06:37,160 --> 00:06:42,620
we're in now to this other type of

147
00:06:39,829 --> 00:06:45,740
consciousness which I suppose I can only

148
00:06:42,620 --> 00:06:47,899
describe as access to the unconscious

149
00:06:45,740 --> 00:06:49,579
and normally you hear about that this

150
00:06:47,899 --> 00:06:52,250
type of access when people talk about

151
00:06:49,579 --> 00:06:53,899
things like hey you know I was I was

152
00:06:52,250 --> 00:06:55,639
lying in bed one night and I was

153
00:06:53,899 --> 00:06:57,799
dreaming and then I kind of woke up in

154
00:06:55,639 --> 00:06:59,960
my dream and I started to fly around and

155
00:06:57,800 --> 00:07:02,060
do all this kind of weird stuff I mean

156
00:06:59,959 --> 00:07:03,560
these types of experiences that people

157
00:07:02,060 --> 00:07:06,379

reported in things like lucid dreaming

158

00:07:03,560 --> 00:07:08,959

or out-of-body experience or near-death

159

00:07:06,379 --> 00:07:11,439

experience were very similar to the

160

00:07:08,959 --> 00:07:14,359

taxis experiences I could produce in in

161

00:07:11,439 --> 00:07:16,370

participants using my psychological

162

00:07:14,360 --> 00:07:19,009

techniques and it's like there seems to

163

00:07:16,370 --> 00:07:22,490

be a common thread here so I call this

164

00:07:19,009 --> 00:07:24,020

technique EVT because you can't after a

165

00:07:22,490 --> 00:07:26,629

while you need to call it something I

166

00:07:24,019 --> 00:07:27,680

saw like I'd tell I'll call EVT and what

167

00:07:26,629 --> 00:07:29,870

we're going to do is we're going to take

168

00:07:27,680 --> 00:07:31,610

so many subjects and we're going to take

169

00:07:29,870 --> 00:07:32,840

them through the process and then we're

170

00:07:31,610 --> 00:07:34,970

going to ask them what were your

171

00:07:32,839 --> 00:07:37,158

experiences when you went from this

172
00:07:34,970 --> 00:07:39,710
waking state now talking to me to this

173
00:07:37,158 --> 00:07:41,719
other state that we called EBT and it

174
00:07:39,709 --> 00:07:43,908
seemed to me that they hope they all

175
00:07:41,720 --> 00:07:46,580
have very similar types of experience

176
00:07:43,908 --> 00:07:49,519
the feelings of kind of becoming very

177
00:07:46,579 --> 00:07:52,250
very heavy luding losing sense of their

178
00:07:49,519 --> 00:07:54,319
body and feelings of lightness kind of

179
00:07:52,250 --> 00:07:56,810
some people reported leaving their body

180
00:07:54,319 --> 00:07:59,930
but most of them reported that they were

181
00:07:56,810 --> 00:08:01,280
in another place they were operating in

182
00:07:59,930 --> 00:08:03,560
that environment they were walking

183
00:08:01,279 --> 00:08:06,829
around talking to people doing things

184
00:08:03,560 --> 00:08:10,129
all kind of exciting stuff so for me it

185
00:08:06,829 --> 00:08:12,800
was a case of I think I found an access

186
00:08:10,129 --> 00:08:14,240
path from this waking consciousness to

187
00:08:12,800 --> 00:08:17,598
this other type of consciousness the

188
00:08:14,240 --> 00:08:20,810
unconscious and so over many years of

189
00:08:17,598 --> 00:08:22,968
research in my PhD kind of mapped out

190
00:08:20,810 --> 00:08:26,209
everything that you needed to do to move

191
00:08:22,968 --> 00:08:28,519
from here to there in very very great

192
00:08:26,209 --> 00:08:31,129
detail and one of the things that was

193
00:08:28,519 --> 00:08:32,778
very interesting is that I tended to

194
00:08:31,129 --> 00:08:35,778
find that there were four types of

195
00:08:32,778 --> 00:08:38,179
people who came to do the experiment and

196
00:08:35,778 --> 00:08:40,759
the first type are these types of people

197
00:08:38,179 --> 00:08:42,379
that you know they close that they're

198
00:08:40,759 --> 00:08:43,759
close their eyes they get very relaxed

199
00:08:42,379 --> 00:08:46,100
and within five minutes they're saying

200

00:08:43,759 --> 00:08:48,289
things like yes I'm flying in the sky

201
00:08:46,100 --> 00:08:50,690
and I can see my mother and father and

202
00:08:48,289 --> 00:08:52,429
I'm contacting aliens and I can see this

203
00:08:50,690 --> 00:08:55,220
the other in fact you're looking at your

204
00:08:52,429 --> 00:08:57,469
clock and going they've been in for the

205
00:08:55,220 --> 00:08:59,209
only took five minutes to get in and

206
00:08:57,470 --> 00:09:00,949
these type of people

207
00:08:59,208 --> 00:09:02,208
I think I was explaining to furusho the

208
00:09:00,948 --> 00:09:04,729
other night it's a bit like when you

209
00:09:02,208 --> 00:09:05,899
drill for oil you know it's sometimes

210
00:09:04,730 --> 00:09:07,550
when you're drilling into the ground

211
00:09:05,899 --> 00:09:09,589
they all come straight out because it's

212
00:09:07,549 --> 00:09:13,159
just beneath the surface and what I

213
00:09:09,589 --> 00:09:15,470
found is these people only needed a

214
00:09:13,159 --> 00:09:16,818

little bit of encouragement or a small

215

00:09:15,470 --> 00:09:18,709

number of techniques and they were able

216

00:09:16,818 --> 00:09:21,318

to access their own Contras immediately

217

00:09:18,708 --> 00:09:23,448

it's like and off they go and then they

218

00:09:21,318 --> 00:09:25,610

were the second types of participant who

219

00:09:23,448 --> 00:09:26,958

came along and you'd be using the

220

00:09:25,610 --> 00:09:28,789

techniques and trying to get them

221

00:09:26,958 --> 00:09:31,489

relaxed and all it and what you'd find

222

00:09:28,789 --> 00:09:34,308

out is this type of person it took hours

223

00:09:31,490 --> 00:09:36,169

to get them to a state where they were

224

00:09:34,308 --> 00:09:38,208

able to freely move around within their

225

00:09:36,169 --> 00:09:39,828

own conscious and experience all the

226

00:09:38,208 --> 00:09:42,198

things that the other people experienced

227

00:09:39,828 --> 00:09:44,899

and then there was I call that the

228

00:09:42,198 --> 00:09:46,609

people who are very hard so what you

229
00:09:44,899 --> 00:09:48,499
would and you know we're talking about

230
00:09:46,610 --> 00:09:50,990
dedication here I would sit them in the

231
00:09:48,499 --> 00:09:54,199
chair relax them and I'm really talking

232
00:09:50,990 --> 00:09:56,119
seven or eight hours or later these

233
00:09:54,198 --> 00:09:58,308
people would be saying things like oh I

234
00:09:56,119 --> 00:10:00,379
think I can see something oh I'm in

235
00:09:58,308 --> 00:10:02,480
somewhere someone's talking to me oh

236
00:10:00,379 --> 00:10:04,278
I've got this a wonderful place or this

237
00:10:02,480 --> 00:10:07,459
kind of store so there were three types

238
00:10:04,278 --> 00:10:09,230
of people that kind of came to do the

239
00:10:07,458 --> 00:10:11,628
experiment and it's only via the

240
00:10:09,230 --> 00:10:13,909
experimentation that you worked out some

241
00:10:11,629 --> 00:10:16,490
people have access very easily it's a

242
00:10:13,909 --> 00:10:20,058
very thin met that kind of resistance

243
00:10:16,490 --> 00:10:23,209
some people what I call kind of middle

244
00:10:20,058 --> 00:10:25,850
too easy they are the majority of people

245
00:10:23,208 --> 00:10:28,698
in the world it takes you a few hours to

246
00:10:25,850 --> 00:10:31,129
get them in and then these people are

247
00:10:28,698 --> 00:10:33,828
quite hard they're quite resistant you

248
00:10:31,129 --> 00:10:35,360
may spend all day kind of drilling on

249
00:10:33,828 --> 00:10:37,188
that person trying to get them to a

250
00:10:35,360 --> 00:10:39,289
state where the totally relaxed and then

251
00:10:37,188 --> 00:10:42,860
can move over and access their

252
00:10:39,289 --> 00:10:44,958
unconscious so that process we call what

253
00:10:42,860 --> 00:10:47,528
I call those EVT and I did a lot of

254
00:10:44,958 --> 00:10:50,118
experimentation with a friend there and

255
00:10:47,528 --> 00:10:52,278
it was during that experimentation that

256
00:10:50,119 --> 00:10:54,548
kind of mapped out everything that

257

00:10:52,278 --> 00:10:58,039
needed to happen to get you from here

258
00:10:54,548 --> 00:11:00,048
all the way over to there and all the

259
00:10:58,039 --> 00:11:02,868
steps in between and all the signs and

260
00:11:00,048 --> 00:11:04,369
signals that said yes we're going along

261
00:11:02,869 --> 00:11:07,339
the right place you go into the right

262
00:11:04,369 --> 00:11:10,220
space did you mention that there was a

263
00:11:07,339 --> 00:11:12,950
fourth type of person I think you did

264
00:11:10,220 --> 00:11:15,920
that that that type of person that was

265
00:11:12,950 --> 00:11:18,620
so left brain that they kept thinking

266
00:11:15,919 --> 00:11:20,089
about well what does this mean and why

267
00:11:18,620 --> 00:11:24,710
am I doing this while it was happening

268
00:11:20,090 --> 00:11:27,740
oh yes this I suppose I suppose if you

269
00:11:24,710 --> 00:11:30,170
look at these range of people there's

270
00:11:27,740 --> 00:11:32,600
this kind of I call like concrete people

271
00:11:30,169 --> 00:11:35,779

they're very concrete very analytical

272

00:11:32,600 --> 00:11:38,029

and and as you're saying Oh relax let go

273

00:11:35,779 --> 00:11:40,220

allow yourself to just get absorbed into

274

00:11:38,029 --> 00:11:42,139

the and they're saying I think I'm I'm

275

00:11:40,220 --> 00:11:44,509

getting relaxed now it's like yes very

276

00:11:42,139 --> 00:11:46,100

interesting now be quiet and relax and

277

00:11:44,509 --> 00:11:47,960

close your eyes and just let go

278

00:11:46,100 --> 00:11:49,159

I think I'm relaxing more now it's like

279

00:11:47,960 --> 00:11:51,350

okay

280

00:11:49,159 --> 00:11:52,459

right and that can go on for a very very

281

00:11:51,350 --> 00:11:55,040

long time

282

00:11:52,460 --> 00:11:57,470

and I do remember one particular guy and

283

00:11:55,039 --> 00:12:00,740

I think I need to get a medal or a badge

284

00:11:57,470 --> 00:12:03,410

for sort of efforts I spent four days on

285

00:12:00,740 --> 00:12:05,779

this guy and we're talking six seven

286
00:12:03,409 --> 00:12:08,569
hours a day and it's like what the heck

287
00:12:05,779 --> 00:12:10,250
is this guy doing and so what I learned

288
00:12:08,570 --> 00:12:12,650
with these guys that are very very hard

289
00:12:10,250 --> 00:12:14,419
to get in that the part of the process

290
00:12:12,649 --> 00:12:16,610
had to be that every time I did a part

291
00:12:14,419 --> 00:12:18,139
of the technique I needed to stop the

292
00:12:16,610 --> 00:12:20,899
technique and I needed to sit them down

293
00:12:18,139 --> 00:12:23,000
and say now tell me everything that's

294
00:12:20,899 --> 00:12:25,490
going on in your head because what

295
00:12:23,000 --> 00:12:27,259
tended to happen was people were saying

296
00:12:25,490 --> 00:12:29,210
yes I'm relaxing it's great and keep

297
00:12:27,259 --> 00:12:31,399
going and it's like no no you need to

298
00:12:29,210 --> 00:12:34,879
tell me more so they'd say things like

299
00:12:31,399 --> 00:12:36,889
well as I was relaxing nothing really

300
00:12:34,879 --> 00:12:39,470
happened and you're thinking okay what

301
00:12:36,889 --> 00:12:41,149
does nothing mean to you well as I was

302
00:12:39,470 --> 00:12:43,399
relaxing and nothing was happening this

303
00:12:41,149 --> 00:12:45,529
guy was talking to me and he was telling

304
00:12:43,399 --> 00:12:47,929
me that you know man's destiny in the

305
00:12:45,529 --> 00:12:50,209
world is just like anger world world

306
00:12:47,929 --> 00:12:51,529
world so this is not thing happening

307
00:12:50,210 --> 00:12:53,180
yeah nothing was happening

308
00:12:51,529 --> 00:12:54,679
all right well who was this guy you were

309
00:12:53,179 --> 00:12:56,059
talking to oh we had a really long

310
00:12:54,679 --> 00:12:58,309
conversation we were talking about the

311
00:12:56,059 --> 00:13:00,529
nature of reality why we're here what

312
00:12:58,309 --> 00:13:05,389
man's destiny is how I can contribute

313
00:13:00,529 --> 00:13:07,519
and I'm thinking okay that's nothing

314

00:13:05,389 --> 00:13:09,379
happening so for me it was the kind of a

315
00:13:07,519 --> 00:13:11,659
bit of a wake-up call I need to really

316
00:13:09,379 --> 00:13:13,070
really interrogate these people as to

317
00:13:11,659 --> 00:13:15,889
the nature of their experience so I'd

318
00:13:13,070 --> 00:13:17,750
say tell me what nothing is to you tell

319
00:13:15,889 --> 00:13:20,090
me what not much is happening and you'd

320
00:13:17,750 --> 00:13:22,100
find that in this kind of murasa there's

321
00:13:20,090 --> 00:13:24,350
nothing happening all kinds of

322
00:13:22,100 --> 00:13:27,590
experiences were being reported so

323
00:13:24,350 --> 00:13:29,420
things like that was interesting

324
00:13:27,590 --> 00:13:30,980
you know 40 minutes and they come out

325
00:13:29,419 --> 00:13:33,289
and they're looking okay bit

326
00:13:30,980 --> 00:13:34,820
disappointed maybe it's like so tell me

327
00:13:33,289 --> 00:13:36,349
about this nothing than that nothing's

328
00:13:34,820 --> 00:13:38,090

going on there's nothing happening they

329

00:13:36,350 --> 00:13:39,830

said well you know I was on a bridge I

330

00:13:38,090 --> 00:13:42,019

was chatting to this guy I just couldn't

331

00:13:39,830 --> 00:13:44,330

believe how amazingly detailed his code

332

00:13:42,019 --> 00:13:48,259

was and I kept talking to him about this

333

00:13:44,330 --> 00:13:49,700

down kneel and it's like okay to you

334

00:13:48,259 --> 00:13:51,289

that doesn't mean anything but what it

335

00:13:49,700 --> 00:13:53,870

really meant to them is it's not the

336

00:13:51,289 --> 00:13:56,299

experience I was expecting as always an

337

00:13:53,870 --> 00:13:58,009

amazing fantastic experience to me like

338

00:13:56,299 --> 00:14:00,439

yes jackpot

339

00:13:58,009 --> 00:14:02,419

gold we can move from there to them it

340

00:14:00,440 --> 00:14:04,370

was like no no I wanted to meet such and

341

00:14:02,419 --> 00:14:06,079

such a person or I wanted to go to such

342

00:14:04,370 --> 00:14:07,820

and such a place and I didn't seem to be

343
00:14:06,080 --> 00:14:10,910
able to get there and all these kinds of

344
00:14:07,820 --> 00:14:15,020
things so we're talking like five to ten

345
00:14:10,909 --> 00:14:17,870
years of this kind of experimentation

346
00:14:15,019 --> 00:14:20,929
and experience reporting where I kind of

347
00:14:17,870 --> 00:14:22,940
sifted together what do they need to get

348
00:14:20,929 --> 00:14:24,979
to this place what do I need to do

349
00:14:22,940 --> 00:14:27,320
psychologically what do I need to

350
00:14:24,980 --> 00:14:28,730
prepare upfront how do I move them

351
00:14:27,320 --> 00:14:31,640
across from the waking state to this

352
00:14:28,730 --> 00:14:33,710
other state but then importantly once

353
00:14:31,639 --> 00:14:35,230
they're over there there's certain

354
00:14:33,710 --> 00:14:37,460
things we need to do straight away

355
00:14:35,230 --> 00:14:39,230
because if you just leave people to

356
00:14:37,460 --> 00:14:41,300
wander around in that state with in

357
00:14:39,230 --> 00:14:43,310
their mind you get can get into all

358
00:14:41,299 --> 00:14:46,309
kinds of trouble wandering around and

359
00:14:43,309 --> 00:14:48,829
doing stupid things so I kind of set up

360
00:14:46,309 --> 00:14:50,569
a kind of structure and a pro-forma this

361
00:14:48,830 --> 00:14:52,009
is what you need to get in this is what

362
00:14:50,570 --> 00:14:53,390
you're going to do when you get in this

363
00:14:52,009 --> 00:14:55,639
is who you're gonna meet this is the

364
00:14:53,389 --> 00:14:57,019
contact you're going to set up this is

365
00:14:55,639 --> 00:14:59,029
the kind of environment you're going to

366
00:14:57,019 --> 00:15:01,220
create and it's going to be happy and

367
00:14:59,029 --> 00:15:03,409
upbeat and high-energy so the

368
00:15:01,220 --> 00:15:05,899
experiences I have will be a reflection

369
00:15:03,409 --> 00:15:10,100
of the state that you're in so that was

370
00:15:05,899 --> 00:15:13,759
how he beauty was born like this EVT

371

00:15:10,100 --> 00:15:16,610
stand for for me was enhanced

372
00:15:13,759 --> 00:15:20,319
visualization technique okay because my

373
00:15:16,610 --> 00:15:22,879
PhD was all about mental imagery

374
00:15:20,320 --> 00:15:24,950
imaginative consciousness and how they

375
00:15:22,879 --> 00:15:28,279
all related to one another and how could

376
00:15:24,950 --> 00:15:31,340
you enhance one over the other and what

377
00:15:28,279 --> 00:15:33,189
does it mean to have imagination and you

378
00:15:31,340 --> 00:15:36,170
know ultimately the research shows that

379
00:15:33,190 --> 00:15:38,660
imagination in the waking State is this

380
00:15:36,169 --> 00:15:40,309
very dim cousin of the imaginative

381
00:15:38,659 --> 00:15:42,139
consciousness that you have when you

382
00:15:40,309 --> 00:15:43,489
going to this other state where in

383
00:15:42,139 --> 00:15:45,830
essence you can have any type of

384
00:15:43,490 --> 00:15:48,169
experience that you want what kind of

385
00:15:45,830 --> 00:15:52,190

techniques did you use was that like a

386

00:15:48,169 --> 00:15:54,979

hypnotic type it's it's well the good

387

00:15:52,190 --> 00:15:57,890

thing is is although I do have a diploma

388

00:15:54,980 --> 00:16:00,289

in clinical hypnotherapy it's not really

389

00:15:57,889 --> 00:16:03,949

a hypnotic technique a lot of it is

390

00:16:00,289 --> 00:16:06,469

geared towards losing your body image

391

00:16:03,950 --> 00:16:08,960

and what does that mean so for example

392

00:16:06,470 --> 00:16:11,210

if I say to you now close your eyes and

393

00:16:08,960 --> 00:16:13,550

put your finger on your nose hopefully

394

00:16:11,210 --> 00:16:15,290

if you haven't had a few beers you will

395

00:16:13,549 --> 00:16:17,088

know exactly where your nose isn't put

396

00:16:15,289 --> 00:16:18,740

your finger on it you don't need to look

397

00:16:17,089 --> 00:16:20,870

in a mirror or try and work out what's

398

00:16:18,740 --> 00:16:23,060

happening and that's because your mind

399

00:16:20,870 --> 00:16:26,509

keeps a map of where every part of your

400
00:16:23,059 --> 00:16:28,729
body is and the idea is that what you

401
00:16:26,509 --> 00:16:31,100
want the mind to do is to lose that body

402
00:16:28,730 --> 00:16:33,440
image that proprioception as we would

403
00:16:31,100 --> 00:16:36,320
call it so there's a lot of relaxation

404
00:16:33,440 --> 00:16:38,570
involved until it feels like your body

405
00:16:36,320 --> 00:16:40,339
is becoming numb that's the state that

406
00:16:38,570 --> 00:16:42,800
we're trying to get to to start with

407
00:16:40,339 --> 00:16:46,180
that's very very important because

408
00:16:42,799 --> 00:16:49,519
without that nothing is going to happen

409
00:16:46,179 --> 00:16:51,289
so people say yeah yeah feeling really

410
00:16:49,519 --> 00:16:52,850
relaxed now like okay the fact that

411
00:16:51,289 --> 00:16:54,919
you're talking for me and the fact that

412
00:16:52,850 --> 00:16:56,450
you're asking questions tells me that

413
00:16:54,919 --> 00:16:58,459
you're not really in that relaxed state

414
00:16:56,450 --> 00:17:02,780
of maybe physically but now I need to

415
00:16:58,460 --> 00:17:04,670
mentally relax you I need to kind of dim

416
00:17:02,779 --> 00:17:06,439
down the waking consciousness I allow

417
00:17:04,670 --> 00:17:09,199
that to go down and then as that comes

418
00:17:06,439 --> 00:17:11,179
down another type of consciousness very

419
00:17:09,199 --> 00:17:14,900
very subtle type of consciousness starts

420
00:17:11,179 --> 00:17:17,030
to rise up but it's very very fragile if

421
00:17:14,900 --> 00:17:18,500
during that case as one's coming down

422
00:17:17,029 --> 00:17:20,838
and the other ones slowly come and go up

423
00:17:18,500 --> 00:17:22,338
if you start to ask questions using your

424
00:17:20,838 --> 00:17:24,198
analytical part of your mind

425
00:17:22,338 --> 00:17:25,879
an analytical type of consciousness

426
00:17:24,199 --> 00:17:28,459
arises and crushes the other

427
00:17:25,880 --> 00:17:31,280
consciousness so what tends to happen is

428

00:17:28,459 --> 00:17:33,560
as I relax people and the same you know

429
00:17:31,279 --> 00:17:35,000
relax that go imagine all kinds of

430
00:17:33,559 --> 00:17:37,149
things happening to your body that relax

431
00:17:35,000 --> 00:17:39,650
you if they let's start asking questions

432
00:17:37,150 --> 00:17:41,630
this all the consciousness gets crushed

433
00:17:39,650 --> 00:17:44,210
down and then this analytical waking

434
00:17:41,630 --> 00:17:46,400
conscious that comes in so I advise them

435
00:17:44,210 --> 00:17:48,200
not to keep endlessly asking questions

436
00:17:46,400 --> 00:17:50,000
about things because they are stopping

437
00:17:48,200 --> 00:17:53,150
this for the consciousness from rising

438
00:17:50,000 --> 00:17:53,960
up is this state similar to what is

439
00:17:53,150 --> 00:17:58,399
known as the

440
00:17:53,960 --> 00:18:02,419
liminal state what is the liminal state

441
00:17:58,398 --> 00:18:04,189
mating the liminal state is right before

442
00:18:02,419 --> 00:18:06,710

you go to sleep and right as you're

443

00:18:04,190 --> 00:18:10,190

waking up it's a state of semi

444

00:18:06,710 --> 00:18:14,390

consciousness when you might be running

445

00:18:10,190 --> 00:18:16,970

some high alpha waves I guess hmm I

446

00:18:14,390 --> 00:18:19,220

suppose one of the things I want to say

447

00:18:16,970 --> 00:18:20,960

about every T's at no point during any of

448

00:18:19,220 --> 00:18:24,440

this state do you disappear or lose

449

00:18:20,960 --> 00:18:26,899

consciousness or you know you leave the

450

00:18:24,440 --> 00:18:29,000

world or become unconscious you are

451

00:18:26,898 --> 00:18:33,918

conscious all the way through it and I

452

00:18:29,000 --> 00:18:35,869

suppose worry is is a I've looked at

453

00:18:33,919 --> 00:18:38,240

some Buddhists meditation techniques

454

00:18:35,869 --> 00:18:40,849

extremely advanced where they're able to

455

00:18:38,240 --> 00:18:43,630

move straight from the waking state into

456

00:18:40,849 --> 00:18:47,778

this altered state of consciousness and

457
00:18:43,630 --> 00:18:49,850
EVT is of that except that they're doing

458
00:18:47,778 --> 00:18:53,058
it by themselves and to start with I

459
00:18:49,849 --> 00:18:55,009
guide you I get you to that state fully

460
00:18:53,058 --> 00:18:57,168
aware of what's happening fully aware of

461
00:18:55,009 --> 00:19:00,470
what's what six what you're experiencing

462
00:18:57,169 --> 00:19:03,980
around you and then moving you and as I

463
00:19:00,470 --> 00:19:05,750
said I suppose holding your hand for

464
00:19:03,980 --> 00:19:06,649
want of a better word to move you into

465
00:19:05,750 --> 00:19:08,509
this other state

466
00:19:06,648 --> 00:19:10,819
and hold you through to this other state

467
00:19:08,509 --> 00:19:12,919
and then from this other state build

468
00:19:10,819 --> 00:19:15,980
certain things within the mind and then

469
00:19:12,919 --> 00:19:17,570
from there you explore and then I teach

470
00:19:15,980 --> 00:19:19,669
people how to enter that state

471
00:19:17,569 --> 00:19:22,519
themselves without me doing anything in

472
00:19:19,669 --> 00:19:24,770
in a typical session last in a day or

473
00:19:22,519 --> 00:19:27,168
two they might go into that state say

474
00:19:24,769 --> 00:19:29,298
ten or fifteen times by themselves and

475
00:19:27,169 --> 00:19:31,070
by the time they leave me they're able

476
00:19:29,298 --> 00:19:33,950
to access that or the state of

477
00:19:31,069 --> 00:19:36,918
consciousness anytime that they want so

478
00:19:33,950 --> 00:19:39,200
this is not a explore and have an

479
00:19:36,919 --> 00:19:41,538
interesting experience this is opening

480
00:19:39,200 --> 00:19:43,880
up and type what we call in psychology

481
00:19:41,538 --> 00:19:46,369
were creating an access consciousness

482
00:19:43,880 --> 00:19:48,440
it's almost like a ladder from this

483
00:19:46,369 --> 00:19:50,449
waking consciousness to that other type

484
00:19:48,440 --> 00:19:52,399
of consciousness and they can lift that

485

00:19:50,450 --> 00:19:55,100
ladder up whenever you want go across

486
00:19:52,398 --> 00:19:57,349
explore decide if you want to finish now

487
00:19:55,099 --> 00:19:59,629
take a ladder down and come back wide

488
00:19:57,349 --> 00:20:01,308
awake so this isn't this isn't saying

489
00:19:59,630 --> 00:20:03,260
you have to keep coming back to me and

490
00:20:01,308 --> 00:20:06,710
only I've got the key and you have to

491
00:20:03,259 --> 00:20:09,950
keep coming back I create that for you

492
00:20:06,710 --> 00:20:12,380
and then together we test it over and

493
00:20:09,950 --> 00:20:14,990
over and then I show you how to open it

494
00:20:12,380 --> 00:20:16,550
and close it and then how to on what

495
00:20:14,990 --> 00:20:19,490
types of things you can experience and

496
00:20:16,549 --> 00:20:22,549
move into that's very different from the

497
00:20:19,490 --> 00:20:25,009
other guests that are described like you

498
00:20:22,549 --> 00:20:27,109
know like sort of out of body

499
00:20:25,009 --> 00:20:28,819

experiences and so on because those

500

00:20:27,109 --> 00:20:34,369

people have been unconscious in the

501

00:20:28,819 --> 00:20:36,710

conscious yeah sometimes but I've had

502

00:20:34,369 --> 00:20:38,659

the experience where in terms of an

503

00:20:36,710 --> 00:20:41,600

out-of-body state I would call an EVT

504

00:20:38,660 --> 00:20:44,450

state kind of like an outer-body state

505

00:20:41,599 --> 00:20:46,789

so for want of a better word but be what

506

00:20:44,450 --> 00:20:49,250

you were aware of it on your conscious

507

00:20:46,789 --> 00:20:53,750

level is it's same time yeah well the

508

00:20:49,250 --> 00:20:55,250

thing is stiff what it's well yes you

509

00:20:53,750 --> 00:20:57,049

can enter an out-of-body state

510

00:20:55,250 --> 00:21:00,740

consciously without losing consciousness

511

00:20:57,049 --> 00:21:02,690

a lot of people feel they need to become

512

00:21:00,740 --> 00:21:05,539

unconscious and kind of wake up in the

513

00:21:02,690 --> 00:21:07,250

OBE stay mm-hmm but with EVT you don't

514
00:21:05,539 --> 00:21:09,589
have to lose consciousness so you can

515
00:21:07,250 --> 00:21:11,930
move to the OBE state directly so you

516
00:21:09,589 --> 00:21:14,240
don't I know that in lucid dreaming

517
00:21:11,930 --> 00:21:16,430
right sometimes I will go to sleep and

518
00:21:14,240 --> 00:21:19,549
wake up in a lucid dream like hey great

519
00:21:16,430 --> 00:21:21,830
wonderful but with EVT you don't lose

520
00:21:19,549 --> 00:21:23,539
consciousness what you do is the wake

521
00:21:21,829 --> 00:21:26,659
the thing that drives your waking

522
00:21:23,539 --> 00:21:28,909
experience of reality dies right down

523
00:21:26,660 --> 00:21:30,710
and then this other consciousness that

524
00:21:28,910 --> 00:21:33,230
might be something like dream

525
00:21:30,710 --> 00:21:34,460
consciousness OBE consciousness NDE

526
00:21:33,230 --> 00:21:36,860
consciousness whatever you want to call

527
00:21:34,460 --> 00:21:38,420
it starts to rise opening you kind of

528
00:21:36,859 --> 00:21:40,639
follow the wave with it and then you go

529
00:21:38,420 --> 00:21:43,190
into it and this techniques to show you

530
00:21:40,640 --> 00:21:45,170
how to go in and how to establish a kind

531
00:21:43,190 --> 00:21:48,080
of a bridgehead how to consolidate that

532
00:21:45,170 --> 00:21:54,470
and then how to explore on from there so

533
00:21:48,079 --> 00:21:58,939
sold Phil how does this relate to your

534
00:21:54,470 --> 00:22:02,329
grieving practice you're helping people

535
00:21:58,940 --> 00:22:04,100
with their grieving sure so that that

536
00:22:02,329 --> 00:22:06,740
side of it so for me it was like hey

537
00:22:04,099 --> 00:22:09,259
this is fascinating you know if I take a

538
00:22:06,740 --> 00:22:10,910
normal EVP session once they are in I

539
00:22:09,259 --> 00:22:13,009
will introduce them to their higher self

540
00:22:10,910 --> 00:22:14,900
there'll be a kind of introduction and

541
00:22:13,009 --> 00:22:17,269
explanation of what the higher self is

542

00:22:14,900 --> 00:22:19,280
they can have that conversation forever

543
00:22:17,269 --> 00:22:20,279
and I then use the higher self as the

544
00:22:19,279 --> 00:22:23,190
guide to

545
00:22:20,279 --> 00:22:24,720
space so the highest up is going to look

546
00:22:23,190 --> 00:22:27,059
after that person and make sure they

547
00:22:24,720 --> 00:22:30,660
don't get into trouble one of the things

548
00:22:27,059 --> 00:22:32,759
that move me towards the what about

549
00:22:30,660 --> 00:22:34,200
people who have lost people who are

550
00:22:32,759 --> 00:22:35,879
passed over and all this kind of thing

551
00:22:34,200 --> 00:22:38,850
is it started with my mother when my

552
00:22:35,880 --> 00:22:42,900
father died and I think it's you know

553
00:22:38,849 --> 00:22:44,849
when I think with in my mom and dad's

554
00:22:42,900 --> 00:22:45,780
day that kind of couples stay together

555
00:22:44,849 --> 00:22:47,969
forever

556
00:22:45,779 --> 00:22:51,089

and they were kind of life partners and

557

00:22:47,970 --> 00:22:52,110

when my father died my mother just lost

558

00:22:51,089 --> 00:22:55,109

it completely

559

00:22:52,109 --> 00:22:57,629

and she she basically wanted to join my

560

00:22:55,109 --> 00:22:59,609

father and I and I was thinking what can

561

00:22:57,630 --> 00:23:01,620

I do what can I do what the hell can I

562

00:22:59,609 --> 00:23:04,139

do it's like every day my mother was

563

00:23:01,619 --> 00:23:06,089

cramming for like a year she was crying

564

00:23:04,140 --> 00:23:07,200

and distraught and depressed and didn't

565

00:23:06,089 --> 00:23:09,659

want to live and all these things like

566

00:23:07,200 --> 00:23:14,069

for me was soul destroying I was

567

00:23:09,660 --> 00:23:16,890

thinking what if I use EVT get her

568

00:23:14,069 --> 00:23:19,109

contact higher cell and then we agree

569

00:23:16,890 --> 00:23:22,290

with the higher cell that we can go and

570

00:23:19,109 --> 00:23:24,179

meet my father that's how it all started

571
00:23:22,289 --> 00:23:26,279
with my mother let me ask you one thing

572
00:23:24,180 --> 00:23:28,170
I'm going to interrupt you because we

573
00:23:26,279 --> 00:23:31,769
have to understand that not everybody

574
00:23:28,170 --> 00:23:34,529
here knows what the higher self is which

575
00:23:31,769 --> 00:23:37,400
is to say I have a understanding of it

576
00:23:34,529 --> 00:23:41,220
and Kate probably does but we could have

577
00:23:37,400 --> 00:23:42,660
we could have people listening to us and

578
00:23:41,220 --> 00:23:45,960
they don't know what you mean by higher

579
00:23:42,660 --> 00:23:48,090
self so I'm just going to interrupt you

580
00:23:45,960 --> 00:23:52,170
for a second and you will explain what

581
00:23:48,089 --> 00:23:54,720
you mean by higher self certainly okay

582
00:23:52,170 --> 00:23:58,190
within every single person there is a

583
00:23:54,720 --> 00:24:01,950
totally actualize consolidated

584
00:23:58,190 --> 00:24:02,610
integrated part of them which we call

585
00:24:01,950 --> 00:24:05,309
the higher-self

586
00:24:02,609 --> 00:24:09,059
some people call it soul some people

587
00:24:05,309 --> 00:24:12,269
call it other things but the non I

588
00:24:09,059 --> 00:24:15,000
suppose the simplest way to describe it

589
00:24:12,269 --> 00:24:17,879
is this an aspect of you which is just

590
00:24:15,000 --> 00:24:20,099
totally integrated and actualized knows

591
00:24:17,880 --> 00:24:21,390
everything that you need to do know is

592
00:24:20,099 --> 00:24:24,149
everything that you've done previously

593
00:24:21,390 --> 00:24:25,320
knows what you should be doing but since

594
00:24:24,150 --> 00:24:27,660
you have free will

595
00:24:25,319 --> 00:24:28,889
well what you do what you are doing and

596
00:24:27,660 --> 00:24:31,080
then be looking at you saying why the

597
00:24:28,890 --> 00:24:32,910
heck are you doing that but it's this

598
00:24:31,079 --> 00:24:34,079
part of you that gives you can give you

599

00:24:32,910 --> 00:24:37,090
unconditional law

600
00:24:34,079 --> 00:24:38,500
and can help you explore that state it's

601
00:24:37,089 --> 00:24:41,079
the bear view that remains after

602
00:24:38,500 --> 00:24:42,609
everything else is gone and some people

603
00:24:41,079 --> 00:24:44,319
would say that it extends across

604
00:24:42,609 --> 00:24:47,528
multiple lifetimes and it's with you

605
00:24:44,319 --> 00:24:49,990
forever but that's the part of you that

606
00:24:47,528 --> 00:24:52,359
knows exactly what needs to be done that

607
00:24:49,990 --> 00:24:56,048
lives in that space all the time and

608
00:24:52,359 --> 00:24:58,508
knows exactly everything about you your

609
00:24:56,048 --> 00:25:00,878
purpose what you need to do how you need

610
00:24:58,509 --> 00:25:04,360
to do it and in what ways that needs to

611
00:25:00,878 --> 00:25:07,538
be achieved in I don't want to wander

612
00:25:04,359 --> 00:25:09,158
into the Buriti kind of wordy stuff but

613
00:25:07,538 --> 00:25:13,298

this is definitely a constant within

614

00:25:09,159 --> 00:25:14,740

mind that he is you know if you ever

615

00:25:13,298 --> 00:25:16,808

thought you were ever alone in the world

616

00:25:14,740 --> 00:25:19,210

once you make your higher self you know

617

00:25:16,808 --> 00:25:20,500

emphatically that you are never ever

618

00:25:19,210 --> 00:25:23,350

alone in this world

619

00:25:20,500 --> 00:25:25,750

and that this part of you is there loves

620

00:25:23,349 --> 00:25:28,689

you unconditionally and is with you all

621

00:25:25,750 --> 00:25:31,569

the time even if you even if you sense

622

00:25:28,690 --> 00:25:33,850

them or not with you all the time well

623

00:25:31,569 --> 00:25:37,869

that was a very good explanation and I'm

624

00:25:33,849 --> 00:25:40,000

sorry to have taken you war for a script

625

00:25:37,869 --> 00:25:42,638

there in a certain sense of we were with

626

00:25:40,000 --> 00:25:44,200

your mother in her bereavement so yeah

627

00:25:42,638 --> 00:25:46,898

sure no problem

628
00:25:44,200 --> 00:25:49,629
like to go back to that yeah sure so did

629
00:25:46,898 --> 00:25:52,298
your mother agree with most of your work

630
00:25:49,628 --> 00:25:54,788
at that before you started to help her

631
00:25:52,298 --> 00:25:57,940
through bereavement what did she feel it

632
00:25:54,788 --> 00:25:59,470
was sort of a little bit out there it's

633
00:25:57,940 --> 00:26:02,320
you know it's really interesting it's

634
00:25:59,470 --> 00:26:04,028
like I think it's all mothers and

635
00:26:02,319 --> 00:26:06,009
daughters and mothers and songs and

636
00:26:04,028 --> 00:26:07,388
anything to do with your mother they're

637
00:26:06,009 --> 00:26:08,829
going they're going oh that's wonderful

638
00:26:07,388 --> 00:26:10,089
that they're stroking your head if

639
00:26:08,829 --> 00:26:14,099
you're looking at their eyes and you're

640
00:26:10,089 --> 00:26:14,099
going you're saying it's wonderful

641
00:26:17,548 --> 00:26:24,128
that's going are you grinding your teeth

642
00:26:19,808 --> 00:26:27,428
on those things they love you

643
00:26:24,128 --> 00:26:29,469
unconditionally you do want to kind of

644
00:26:27,429 --> 00:26:31,269
stroke there it's very exciting

645
00:26:29,470 --> 00:26:33,730
relationships that everyone has with

646
00:26:31,269 --> 00:26:36,278
their mother so she was kind of like

647
00:26:33,730 --> 00:26:38,440
well you know I'll give it a go right

648
00:26:36,278 --> 00:26:41,200
well thank you very much more I shall

649
00:26:38,440 --> 00:26:44,409
give it a gun to like let's have a bit

650
00:26:41,200 --> 00:26:47,529
of fun so it was a case of I said okay

651
00:26:44,409 --> 00:26:50,050
relax off we go so my mother

652
00:26:47,529 --> 00:26:53,920
I put there on that scale she was kind

653
00:26:50,049 --> 00:26:55,569
of middle upper-middle not very easy but

654
00:26:53,920 --> 00:26:57,910
one of these people that she responded

655
00:26:55,569 --> 00:27:00,129
very well and I normally when they talk

656

00:26:57,910 --> 00:27:02,230
to people you know especially psychology

657
00:27:00,130 --> 00:27:04,600
say never work on any of your family

658
00:27:02,230 --> 00:27:08,470
never work on your parents even though

659
00:27:04,599 --> 00:27:12,089
the parents need the most work and I'm

660
00:27:08,470 --> 00:27:14,799
sure my sons don't think I need any work

661
00:27:12,089 --> 00:27:17,019
so my mother was very responsive it's

662
00:27:14,799 --> 00:27:19,149
like okay so I taught her all the

663
00:27:17,019 --> 00:27:20,980
techniques so to start with it's a bit

664
00:27:19,150 --> 00:27:22,960
laborious build you know getting a

665
00:27:20,980 --> 00:27:25,299
relaxed building up the access point

666
00:27:22,960 --> 00:27:28,269
it's the unconscious that's kind of like

667
00:27:25,299 --> 00:27:30,579
a lock and I need to make a key and the

668
00:27:28,269 --> 00:27:33,069
process for every single person is

669
00:27:30,579 --> 00:27:36,039
different but it has a very common part

670
00:27:33,069 --> 00:27:38,349

so it's a lock and key affair I generate

671

00:27:36,039 --> 00:27:39,819

the key the unconscious have the lock we

672

00:27:38,349 --> 00:27:43,119

put the key in the lock

673

00:27:39,819 --> 00:27:44,859

turn it we have access to how to meet

674

00:27:43,119 --> 00:27:46,389

her higher self taught her how to

675

00:27:44,859 --> 00:27:48,309

experiment within that environment

676

00:27:46,390 --> 00:27:49,990

because you need to get used to things

677

00:27:48,309 --> 00:27:52,210

like well and just go in to fly around

678

00:27:49,990 --> 00:27:53,890

in the sky for a bit well this isn't

679

00:27:52,210 --> 00:27:55,720

like flying in the sky where you're

680

00:27:53,890 --> 00:27:58,300

thinking you're flying in the sky you

681

00:27:55,720 --> 00:28:00,250

are in the sky looking down a thousand

682

00:27:58,299 --> 00:28:02,680

feet going oh my god

683

00:28:00,250 --> 00:28:04,869

I think I'm gonna be sick because you

684

00:28:02,680 --> 00:28:07,509

are up in the air you're zooming towards

685
00:28:04,869 --> 00:28:09,159
the Earth you're out in space you don't

686
00:28:07,509 --> 00:28:11,529
know the water it's one of those

687
00:28:09,160 --> 00:28:13,450
environments where you really have to

688
00:28:11,529 --> 00:28:15,369
get used to being there to understand

689
00:28:13,450 --> 00:28:18,100
the rules that govern that environment

690
00:28:15,369 --> 00:28:20,259
and then it was a case of right this is

691
00:28:18,099 --> 00:28:22,899
what we want to do so with negotiation

692
00:28:20,259 --> 00:28:26,200
with her high self it's a case of I want

693
00:28:22,900 --> 00:28:28,780
to meet my mother to meet my father

694
00:28:26,200 --> 00:28:31,059
and once the higher self says yeah that

695
00:28:28,779 --> 00:28:32,859
can be done no problem it's merely a

696
00:28:31,059 --> 00:28:35,289
case of where's the meeting place and

697
00:28:32,859 --> 00:28:37,269
then meeting there and then it's a case

698
00:28:35,289 --> 00:28:40,119
of because EVT allows you access to that

699
00:28:37,269 --> 00:28:42,670
space anytime you want my mother could

700
00:28:40,119 --> 00:28:48,489
go see my father anytime she wanted

701
00:28:42,670 --> 00:28:50,830
after that there you go my mother was

702
00:28:48,490 --> 00:28:54,549
not happy enough with that no no a

703
00:28:50,829 --> 00:28:57,309
mother was ever happy yes they are we

704
00:28:54,549 --> 00:28:58,619
love them so much it's a case of my

705
00:28:57,309 --> 00:29:00,690
mother

706
00:28:58,619 --> 00:29:03,808
a little bit bit of a trick it's like

707
00:29:00,690 --> 00:29:07,830
mmm so I came in one day hi mom how you

708
00:29:03,808 --> 00:29:09,899
doing oh happy all that and she's sat

709
00:29:07,829 --> 00:29:13,230
there talking like what's going on I

710
00:29:09,900 --> 00:29:14,970
brought your father in why what the hell

711
00:29:13,230 --> 00:29:17,069
are you talking about so she wasn't

712
00:29:14,970 --> 00:29:19,890
content with just going into the EVT

713

00:29:17,069 --> 00:29:23,039
space if you develop EVT to a high

714
00:29:19,890 --> 00:29:24,000
degree you can bring them into the

715
00:29:23,039 --> 00:29:26,970
waking State

716
00:29:24,000 --> 00:29:29,308
so in the same way if you imagine that

717
00:29:26,970 --> 00:29:31,529
this is why I teach people you say the

718
00:29:29,308 --> 00:29:33,750
left-hand side is awake and aware and

719
00:29:31,529 --> 00:29:36,389
then we tunnel along to the right-hand

720
00:29:33,750 --> 00:29:39,210
side which is EVT state if you leave

721
00:29:36,390 --> 00:29:41,850
those two states open then things that

722
00:29:39,210 --> 00:29:46,380
happen in the EBT state can be imprinted

723
00:29:41,849 --> 00:29:48,119
or projected over your visual field so

724
00:29:46,380 --> 00:29:48,750
that you can experience things with your

725
00:29:48,119 --> 00:29:51,119
eyes open

726
00:29:48,750 --> 00:29:54,150
what does that mean my mother could see

727
00:29:51,119 --> 00:29:55,979

my father sat in front of her in the

728

00:29:54,150 --> 00:29:58,200

home whenever she wanted to so she

729

00:29:55,980 --> 00:30:00,289

didn't have to even go into EVT anymore

730

00:29:58,200 --> 00:30:02,940

she could just bring my father to her

731

00:30:00,289 --> 00:30:04,289

and it's like well how is he says well

732

00:30:02,940 --> 00:30:06,750

they suck they're reading the paper like

733

00:30:04,289 --> 00:30:06,960

he always does okay are you happy with

734

00:30:06,750 --> 00:30:12,029

that

735

00:30:06,960 --> 00:30:16,019

yeah he'll do okay

736

00:30:12,029 --> 00:30:19,230

so what it said to me is like this is

737

00:30:16,019 --> 00:30:22,859

you can develop this this state this EVT

738

00:30:19,230 --> 00:30:25,049

state is the start of a space that you

739

00:30:22,859 --> 00:30:27,240

can explore within your mind so you'll

740

00:30:25,049 --> 00:30:29,339

get all the tools that you need to start

741

00:30:27,240 --> 00:30:31,230

that exploration and the good thing is

742
00:30:29,339 --> 00:30:33,869
instead of it being like a one-off wow

743
00:30:31,230 --> 00:30:38,308
that was amazing and then it's gone like

744
00:30:33,869 --> 00:30:40,379
Oh finished you can go into that state

745
00:30:38,308 --> 00:30:42,928
over and over and over again and the

746
00:30:40,380 --> 00:30:47,670
more you go in the easier and easier

747
00:30:42,929 --> 00:30:50,400
that it gets so sorry so you've done

748
00:30:47,670 --> 00:30:53,880
this with a number of people oh yes and

749
00:30:50,400 --> 00:30:57,050
if they were able to meet those that had

750
00:30:53,880 --> 00:31:00,179
passed over that they wanted to thereby

751
00:30:57,049 --> 00:31:03,480
eliminating the need for say a medium or

752
00:31:00,179 --> 00:31:05,940
something of that nature were you where

753
00:31:03,480 --> 00:31:09,329
any of these people able to bring back

754
00:31:05,940 --> 00:31:11,660
with them either from the way you know

755
00:31:09,329 --> 00:31:14,449
from the EVT state or the the

756
00:31:11,660 --> 00:31:16,940
crossover state were they able to bring

757
00:31:14,450 --> 00:31:21,140
back veridical information that is

758
00:31:16,940 --> 00:31:24,380
information that they did not know prior

759
00:31:21,140 --> 00:31:27,320
to this technique and after having

760
00:31:24,380 --> 00:31:31,340
spoken to Uncle Joe they found out like

761
00:31:27,319 --> 00:31:34,849
where Uncle Joe left his the baldies yes

762
00:31:31,339 --> 00:31:37,879
exactly but they were all happy because

763
00:31:34,849 --> 00:31:40,189
they're an EVT I think right so this is

764
00:31:37,880 --> 00:31:42,860
a very important point what tends to

765
00:31:40,190 --> 00:31:44,600
happen in our game as I call it is that

766
00:31:42,859 --> 00:31:46,399
there's a lot of people that want to do

767
00:31:44,599 --> 00:31:48,139
out-of-body experiences and look on the

768
00:31:46,400 --> 00:31:49,610
top of the cabinet and see the sealed

769
00:31:48,140 --> 00:31:52,850
envelope and read numbers and all that

770

00:31:49,609 --> 00:31:56,689
kind of thing I say okay you guys go and

771
00:31:52,849 --> 00:31:59,389
do that what we have here is is it I

772
00:31:56,690 --> 00:32:02,420
think possibly the first time I don't

773
00:31:59,390 --> 00:32:04,610
know access to the non conscious mind

774
00:32:02,420 --> 00:32:06,529
that is in connection with whatever else

775
00:32:04,609 --> 00:32:10,009
it's connected to and it seems to be

776
00:32:06,529 --> 00:32:12,109
vast and I think the word I'm not now

777
00:32:10,009 --> 00:32:14,210
being clever or smart when I think that

778
00:32:12,109 --> 00:32:16,369
the accesses are unlimited in terms of

779
00:32:14,210 --> 00:32:19,009
what you can experience I think we're

780
00:32:16,369 --> 00:32:21,169
looking at a kind of step change in

781
00:32:19,009 --> 00:32:23,779
access to the non conscious mind and the

782
00:32:21,170 --> 00:32:26,000
other states that that also brings in

783
00:32:23,779 --> 00:32:27,920
with it those people that want to talk

784
00:32:26,000 --> 00:32:29,690

to Uncle Joe and find out where the

785

00:32:27,920 --> 00:32:30,470

Gold's hidden and the will and all that

786

00:32:29,690 --> 00:32:33,470

kind of stuff

787

00:32:30,470 --> 00:32:35,360

I don't really ask them that deep so the

788

00:32:33,470 --> 00:32:38,870

kind of people I'm talking to and not

789

00:32:35,359 --> 00:32:42,859

those that are like I want proof of life

790

00:32:38,869 --> 00:32:44,539

or I want to I you know Uncle Joe left

791

00:32:42,859 --> 00:32:46,069

and I really didn't like him and I want

792

00:32:44,539 --> 00:32:49,940

to ask him a question and give him a

793

00:32:46,069 --> 00:32:53,559

hard time I talk to people every day

794

00:32:49,940 --> 00:32:55,610

almost whose lives of kind of stopped

795

00:32:53,559 --> 00:32:58,730

because the people that they're loved

796

00:32:55,609 --> 00:33:00,079

are passed on and they out it's not

797

00:32:58,730 --> 00:33:01,610

those that are passed on the other

798

00:33:00,079 --> 00:33:04,669

problem it's those that are left behind

799

00:33:01,609 --> 00:33:07,819

our wounded and some people never ever

800

00:33:04,670 --> 00:33:11,120

get over that and and these are people

801

00:33:07,819 --> 00:33:13,970

that their lives to some extent have

802

00:33:11,119 --> 00:33:16,309

stopped stopped moving forward they just

803

00:33:13,970 --> 00:33:18,529

cannot get past the idea that their

804

00:33:16,309 --> 00:33:21,409

loved one has gone forever

805

00:33:18,529 --> 00:33:25,160

and for me when I when I do bereavement

806

00:33:21,410 --> 00:33:27,890

counseling I don't ever talk about EVT

807

00:33:25,160 --> 00:33:29,900

because I was you know for my duty of

808

00:33:27,890 --> 00:33:31,670

care and especially in terms of

809

00:33:29,900 --> 00:33:33,820

counseling in terms of what you're

810

00:33:31,670 --> 00:33:37,519

allowed to talk to your clients about

811

00:33:33,819 --> 00:33:40,460

counseling is all about managing the

812

00:33:37,519 --> 00:33:44,170

emotional kind of wreckage that's left

813
00:33:40,460 --> 00:33:46,190
behind for those that in their minds

814
00:33:44,170 --> 00:33:48,110
understand from psychological

815
00:33:46,190 --> 00:33:49,820
perspective that their loved ones are

816
00:33:48,109 --> 00:33:52,309
gone they're not coming back this

817
00:33:49,819 --> 00:33:55,490
nothing can be done there's no solution

818
00:33:52,309 --> 00:33:57,679
and when I counsel these people

819
00:33:55,490 --> 00:33:59,930
my heart's kind of breaking at the same

820
00:33:57,680 --> 00:34:03,410
time because I'm thinking if you could

821
00:33:59,930 --> 00:34:05,600
just understand these people are not

822
00:34:03,410 --> 00:34:08,750
very far away this is what EVT has shown

823
00:34:05,599 --> 00:34:11,750
me is that one everybody who can have

824
00:34:08,750 --> 00:34:15,110
access to it and I've tried it with many

825
00:34:11,750 --> 00:34:18,199
many people and they all get in - I

826
00:34:15,110 --> 00:34:20,899
guarantee that you will get in three

827

00:34:18,199 --> 00:34:23,299
it's not that far away to tell you the

828
00:34:20,898 --> 00:34:25,460
truth in terms of the process it's a

829
00:34:23,300 --> 00:34:27,679
little bit convoluted and each person is

830
00:34:25,460 --> 00:34:29,418
different which tends to tell me that

831
00:34:27,679 --> 00:34:31,398
certain techniques if you try them

832
00:34:29,418 --> 00:34:33,199
certain other techniques were a bit

833
00:34:31,398 --> 00:34:36,259
linear say listening to tapes or

834
00:34:33,199 --> 00:34:38,059
suggestions or whatever that won't work

835
00:34:36,260 --> 00:34:41,379
given where it is that you need to go

836
00:34:38,059 --> 00:34:44,329
and the things that you need to do so I

837
00:34:41,378 --> 00:34:44,869
talk to people whose lives are being

838
00:34:44,329 --> 00:34:48,559
shattered

839
00:34:44,869 --> 00:34:51,079
and so they're not really you know god

840
00:34:48,559 --> 00:34:52,940
bless Purusha Uncle Joe and his will and

841
00:34:51,079 --> 00:34:56,299

all that kind of stuff but these are

842

00:34:52,940 --> 00:34:59,990

people who you know in moments and many

843

00:34:56,300 --> 00:35:01,340

cases also want to die because they

844

00:34:59,989 --> 00:35:04,669

can't live without the person who's

845

00:35:01,340 --> 00:35:07,130

passed on so it's it's pretty heavy-duty

846

00:35:04,670 --> 00:35:09,139

you know emotionally it's an emotional

847

00:35:07,130 --> 00:35:12,590

rollercoaster so when I talk to those

848

00:35:09,139 --> 00:35:14,239

people I do a lot of upfront counseling

849

00:35:12,590 --> 00:35:15,920

in terms of talking about the person

850

00:35:14,239 --> 00:35:19,549

who's passed over and I'm trying to

851

00:35:15,920 --> 00:35:22,130

gauge in an emotional scale so where

852

00:35:19,550 --> 00:35:25,280

they are in terms of not so much coming

853

00:35:22,130 --> 00:35:27,470

to terms but then kind of understanding

854

00:35:25,280 --> 00:35:30,500

there could be another option here we

855

00:35:27,469 --> 00:35:33,739

could explore all the things do you

856
00:35:30,500 --> 00:35:36,530
think they're actually contacting or for

857
00:35:33,739 --> 00:35:38,828
better words or accessing the person who

858
00:35:36,530 --> 00:35:41,319
has died or do you think it's

859
00:35:38,829 --> 00:35:43,150
perhaps an it or imagination and you

860
00:35:41,318 --> 00:35:45,849
know their thoughts about the person

861
00:35:43,150 --> 00:35:49,930
who's passed on that start to take a

862
00:35:45,849 --> 00:35:52,660
very real presence that's an interesting

863
00:35:49,929 --> 00:35:55,028
question I think that what tends to

864
00:35:52,659 --> 00:35:57,699
happen is what tends to provide the

865
00:35:55,028 --> 00:36:00,369
vertical proof for the person undergoing

866
00:35:57,699 --> 00:36:02,739
the process he's when the person who was

867
00:36:00,369 --> 00:36:05,499
passed over tells them something first

868
00:36:02,739 --> 00:36:06,699
of all it when you imagine something in

869
00:36:05,498 --> 00:36:08,558
the waking state there's always this

870
00:36:06,699 --> 00:36:10,868
idea that you're kind of creating it's

871
00:36:08,559 --> 00:36:13,778
almost like an artist creating a picture

872
00:36:10,869 --> 00:36:15,849
you know you're doing it your yours is

873
00:36:13,778 --> 00:36:18,278
the hand behind the screen when you're

874
00:36:15,849 --> 00:36:20,170
over in the EVT state though things are

875
00:36:18,278 --> 00:36:21,880
just doing whatever they're doing the

876
00:36:20,170 --> 00:36:24,338
higher self is talking to you giving you

877
00:36:21,880 --> 00:36:25,749
insight telling you things and from all

878
00:36:24,338 --> 00:36:28,179
the kind of conversations I've had with

879
00:36:25,748 --> 00:36:29,798
people who met their higher self these

880
00:36:28,179 --> 00:36:32,379
are ordinary people in the streets

881
00:36:29,798 --> 00:36:33,818
saying howdy doody and heyop and all

882
00:36:32,380 --> 00:36:35,798
that kind of stuff they don't have any

883
00:36:33,818 --> 00:36:37,900
of this philosophical knowledge about

884

00:36:35,798 --> 00:36:40,329
the nature of life but when they start

885
00:36:37,900 --> 00:36:42,009
talking to me from the meetings they

886
00:36:40,329 --> 00:36:44,920
have from their higher self it's like oh

887
00:36:42,009 --> 00:36:47,170
my word where are you getting all this

888
00:36:44,920 --> 00:36:48,940
from and over and over and over again

889
00:36:47,170 --> 00:36:51,670
it's like they're connecting to

890
00:36:48,940 --> 00:36:54,909
something that is beyond them or it's

891
00:36:51,670 --> 00:36:58,088
within them and within them is also

892
00:36:54,909 --> 00:37:00,548
connected to something else so when they

893
00:36:58,088 --> 00:37:03,639
talk to their daughter or their son or

894
00:37:00,548 --> 00:37:06,278
their mother father whoever they got

895
00:37:03,639 --> 00:37:07,778
these conversations that are just like

896
00:37:06,278 --> 00:37:10,059
first of all I ask them what's it like

897
00:37:07,778 --> 00:37:11,498
it's my daughter talking to me tell me

898
00:37:10,059 --> 00:37:12,849

why you think it's your daughter because

899

00:37:11,498 --> 00:37:14,738

she's telling you this she's telling me

900

00:37:12,849 --> 00:37:16,298

that she's telling off of this she's

901

00:37:14,739 --> 00:37:17,739

telling me off of that she's talking

902

00:37:16,298 --> 00:37:19,329

about this that it's like really like

903

00:37:17,739 --> 00:37:23,079

you're having a proper conversation with

904

00:37:19,329 --> 00:37:25,059

your daughter yes and yeah so that's

905

00:37:23,079 --> 00:37:27,219

what for me so I says and particularly

906

00:37:25,059 --> 00:37:29,890

yes there's something very very special

907

00:37:27,219 --> 00:37:32,139

going on here and when you ask people

908

00:37:29,889 --> 00:37:32,708

would you rather have EVT and talk to

909

00:37:32,139 --> 00:37:35,558

your daughter

910

00:37:32,708 --> 00:37:38,948

or no AVT no I want BBT I want to talk

911

00:37:35,559 --> 00:37:41,739

to my daughter okay fine we should also

912

00:37:38,949 --> 00:37:43,659

get some information I'm sure people are

913
00:37:41,739 --> 00:37:45,849
interested in contacting you dr.

914
00:37:43,659 --> 00:37:48,368
Davidson like yeah yeah you know as far

915
00:37:45,849 --> 00:37:50,289
as your website or publications they

916
00:37:48,369 --> 00:37:51,759
probably this would be a good time to

917
00:37:50,289 --> 00:37:55,179
tell them

918
00:37:51,759 --> 00:37:58,028
I am the mist I am the mystery purse

919
00:37:55,179 --> 00:38:00,729
I see people mystery man aha it's

920
00:37:58,028 --> 00:38:03,909
happens Isolde why am I doing this so

921
00:38:00,728 --> 00:38:05,379
why am I not the most my phone ringing

922
00:38:03,909 --> 00:38:07,209
off the hook and people queuing up

923
00:38:05,380 --> 00:38:10,179
outside my house banging my door down

924
00:38:07,208 --> 00:38:12,338
mm-hm for a long time because I'm a bit

925
00:38:10,179 --> 00:38:14,889
scientific I do have a bit of a

926
00:38:12,338 --> 00:38:17,259
scientific principle here he's I've been

927
00:38:14,889 --> 00:38:20,349
running these tests for want of a better

928
00:38:17,259 --> 00:38:22,329
word how do I get these people in can I

929
00:38:20,349 --> 00:38:23,979
guarantee so now I'm holding up my hand

930
00:38:22,329 --> 00:38:25,778
you can't see me because you turned off

931
00:38:23,978 --> 00:38:27,759
the video I'm holding my hand saying I

932
00:38:25,778 --> 00:38:30,130
will guarantee this for you and what

933
00:38:27,759 --> 00:38:31,659
does that mean one you are getting two

934
00:38:30,130 --> 00:38:33,519
you will be able to get in whenever you

935
00:38:31,659 --> 00:38:35,528
want three as long as you keep up the

936
00:38:33,518 --> 00:38:39,129
practice you will always be able to have

937
00:38:35,528 --> 00:38:42,369
that access to that state and then four

938
00:38:39,130 --> 00:38:44,349
never happens I tell you now okay I

939
00:38:42,369 --> 00:38:46,088
always ask these people please give me

940
00:38:44,349 --> 00:38:48,849
an update of how you're getting gone so

941

00:38:46,088 --> 00:38:50,648
for the first week or two is amazing I

942
00:38:48,849 --> 00:38:53,499
was in space looking at the earth I met

943
00:38:50,648 --> 00:38:55,748
my mother she was moaning again and then

944
00:38:53,498 --> 00:38:58,028
I went to fly around the world I went

945
00:38:55,748 --> 00:38:59,798
shopping in New York and then you get

946
00:38:58,028 --> 00:39:01,599
all this kind of detail about two weeks

947
00:38:59,798 --> 00:39:04,659
later nothing really

948
00:39:01,599 --> 00:39:06,759
really I think they just because they

949
00:39:04,659 --> 00:39:08,679
some people want to develop it

950
00:39:06,759 --> 00:39:10,958
other people have such intimate

951
00:39:08,679 --> 00:39:13,289
experiences I know working with some

952
00:39:10,958 --> 00:39:15,278
people very closely for quite a while

953
00:39:13,289 --> 00:39:17,380
thank for example first meeting the

954
00:39:15,278 --> 00:39:18,880
Higher Self some people cannot talk for

955
00:39:17,380 --> 00:39:22,749

an hour or two because they're so

956

00:39:18,880 --> 00:39:24,159

emotionally overloaded with kind of I'm

957

00:39:22,748 --> 00:39:25,748

asking them are you okay okay and

958

00:39:24,159 --> 00:39:29,439

they're just nodding and smiling and

959

00:39:25,748 --> 00:39:31,538

crying talk it's such a beautiful thing

960

00:39:29,438 --> 00:39:33,129

it's beautiful it that that's almost

961

00:39:31,539 --> 00:39:36,309

what people used to call the guardian

962

00:39:33,130 --> 00:39:38,499

angel that was always with you yeah

963

00:39:36,309 --> 00:39:40,689

maybe the same thing yeah we really

964

00:39:38,498 --> 00:39:44,348

don't know right and and those people

965

00:39:40,688 --> 00:39:46,688

who have been on like a camping trip and

966

00:39:44,349 --> 00:39:48,939

they fall down and whole and then some

967

00:39:46,688 --> 00:39:53,048

stranger comes along and it's like oh

968

00:39:48,938 --> 00:39:55,148

the third person or something and this

969

00:39:53,048 --> 00:39:58,389

person helps them out of the hole and

970
00:39:55,148 --> 00:40:00,638
then just a turn around to say thank you

971
00:39:58,389 --> 00:40:03,369
and a person has disappeared that's it's

972
00:40:00,639 --> 00:40:04,749
a phenomena I probably don't have the

973
00:40:03,369 --> 00:40:05,470
right name for it it's not the third

974
00:40:04,748 --> 00:40:07,449
bird

975
00:40:05,469 --> 00:40:10,298
but it's some name like that are you are

976
00:40:07,449 --> 00:40:11,889
you aware of that oh yes absolutely but

977
00:40:10,298 --> 00:40:14,469
you know what I was talking about these

978
00:40:11,889 --> 00:40:16,358
four types of people for some people

979
00:40:14,469 --> 00:40:18,159
they only need a little bit of

980
00:40:16,358 --> 00:40:20,048
encouragement or a bit of the technique

981
00:40:18,159 --> 00:40:22,868
and then there are and these are the

982
00:40:20,048 --> 00:40:25,119
people who can also bring the

983
00:40:22,869 --> 00:40:28,000
experiences in the EVT state with your

984
00:40:25,119 --> 00:40:29,170
eyes closed into the waking state with

985
00:40:28,000 --> 00:40:32,318
their eyes open

986
00:40:29,170 --> 00:40:35,289
so for want of a better word they are

987
00:40:32,318 --> 00:40:37,329
the people you know like I imagine

988
00:40:35,289 --> 00:40:38,980
mediums and clairvoyance with their eyes

989
00:40:37,329 --> 00:40:40,359
up and saying you know Tommy's here and

990
00:40:38,980 --> 00:40:43,000
he's talking to me and they're looking

991
00:40:40,358 --> 00:40:46,348
at someone I've had this with my

992
00:40:43,000 --> 00:40:49,179
sister-in-law when when I went to Canada

993
00:40:46,349 --> 00:40:51,010
she would briefly close her eyes while

994
00:40:49,179 --> 00:40:53,828
just stood up and talking to me after

995
00:40:51,010 --> 00:40:55,450
doing EVT and saying you know my

996
00:40:53,829 --> 00:40:57,490
daughter's here she's talking to me my

997
00:40:55,449 --> 00:40:59,980
Higher Self is next to me she's talking

998

00:40:57,489 --> 00:41:01,868
to me and so it's like wow this door

999
00:40:59,980 --> 00:41:03,519
feels like it's a little bit mind

1000
00:41:01,869 --> 00:41:05,430
blowing to start with but once you've

1001
00:41:03,519 --> 00:41:08,530
heard it over and over and over again

1002
00:41:05,429 --> 00:41:10,048
it's like okay this is something that I

1003
00:41:08,530 --> 00:41:13,269
think that from a scientific perspective

1004
00:41:10,048 --> 00:41:15,429
don't get too much could you down it you

1005
00:41:13,269 --> 00:41:18,489
can recreate it over and over this is

1006
00:41:15,429 --> 00:41:23,098
the thing could you tell us the story of

1007
00:41:18,489 --> 00:41:26,169
your sister oh she did send you a

1008
00:41:23,099 --> 00:41:27,670
recommendation a combination of I don't

1009
00:41:26,170 --> 00:41:30,460
know what the word you want to use for

1010
00:41:27,670 --> 00:41:32,650
it but she did write you up a quite a

1011
00:41:30,460 --> 00:41:38,798
letter of recommendation I would say

1012
00:41:32,650 --> 00:41:41,559

sure it's um my 15 years ago my brother

1013

00:41:38,798 --> 00:41:45,489

and his wife and family they moved to

1014

00:41:41,559 --> 00:41:48,130

Canada yeah and it's a wonderful place

1015

00:41:45,489 --> 00:41:51,129

if you like to run across the road and

1016

00:41:48,130 --> 00:41:54,250

get a snack from the bar at minus 20

1017

00:41:51,130 --> 00:41:56,650

degrees centigrade yeah my brother says

1018

00:41:54,250 --> 00:41:59,260

hey Phil well let's go across the road

1019

00:41:56,650 --> 00:42:00,519

and get something from someplace or

1020

00:41:59,260 --> 00:42:02,710

other that everyone knows do I need a

1021

00:42:00,519 --> 00:42:05,048

coat no I'm looking at the TV thinking

1022

00:42:02,710 --> 00:42:06,639

it says mine is 20 outside my brother's

1023

00:42:05,048 --> 00:42:08,980

there in a t-shirt I'm going across the

1024

00:42:06,639 --> 00:42:10,659

road I'm stuck to the floor I can't move

1025

00:42:08,980 --> 00:42:12,670

my feet my brother's going come on you

1026

00:42:10,659 --> 00:42:16,690

wimp and it's like I think I nearly had

1027
00:42:12,670 --> 00:42:18,950
an out-of-body experience if frozen

1028
00:42:16,690 --> 00:42:22,608
experience so thank you

1029
00:42:18,949 --> 00:42:25,309
god bless but anyway on to onto the

1030
00:42:22,608 --> 00:42:27,019
story my brother moved to Canada 15

1031
00:42:25,309 --> 00:42:29,719
years ago and brought up his children

1032
00:42:27,019 --> 00:42:30,739
their three girls great Adele was his

1033
00:42:29,719 --> 00:42:34,730
wife

1034
00:42:30,739 --> 00:42:38,149
but at Christmastime he's youngest

1035
00:42:34,730 --> 00:42:42,858
daughter died unexpectedly so she was

1036
00:42:38,150 --> 00:42:45,710
only 18 she was nearly 19 and I'd been

1037
00:42:42,858 --> 00:42:49,400
away in Manchester and I'd been driving

1038
00:42:45,710 --> 00:42:52,010
back and I got home and my son rang me

1039
00:42:49,400 --> 00:42:54,230
up saying I think I think violets died

1040
00:42:52,010 --> 00:42:55,640
what do you mean for her I think what

1041
00:42:54,230 --> 00:42:58,400
you're talking about this can't have

1042
00:42:55,639 --> 00:43:01,368
happened and then I saw that I had these

1043
00:42:58,400 --> 00:43:04,430
voicemail messages on my phone and I'd

1044
00:43:01,369 --> 00:43:07,280
been out of contact in inter cell phone

1045
00:43:04,429 --> 00:43:08,779
contact and then as I oh my god what's

1046
00:43:07,280 --> 00:43:11,300
happened and then my brother rang me up

1047
00:43:08,780 --> 00:43:13,070
so it's like other than the shock so I

1048
00:43:11,300 --> 00:43:15,260
went into kind of counselling mold a

1049
00:43:13,070 --> 00:43:16,940
little bit it's like okay just keep

1050
00:43:15,260 --> 00:43:18,740
talking to me talking to me so we were

1051
00:43:16,940 --> 00:43:22,369
talking and talking for hours and hours

1052
00:43:18,739 --> 00:43:26,539
and hours and I said I want to come over

1053
00:43:22,369 --> 00:43:29,119
and meet you I said and he said will you

1054
00:43:26,539 --> 00:43:30,289
do EVT with me because I knew he knew

1055

00:43:29,119 --> 00:43:33,950
that I've been doing this type of

1056
00:43:30,289 --> 00:43:36,349
research and I said if you want me to do

1057
00:43:33,949 --> 00:43:37,818
it and you know taking into account that

1058
00:43:36,349 --> 00:43:39,318
you know the recommendation for our

1059
00:43:37,818 --> 00:43:41,838
psychologist she's don't work on your

1060
00:43:39,318 --> 00:43:43,639
family but for me it's like the need

1061
00:43:41,838 --> 00:43:46,460
outweighs the you know the

1062
00:43:43,639 --> 00:43:49,219
recommendations they need me to to help

1063
00:43:46,460 --> 00:43:51,949
them and the phone must have been on

1064
00:43:49,219 --> 00:43:54,078
speakerphone because his wife Adele said

1065
00:43:51,949 --> 00:43:55,939
Phil I want you to do EVT with me as

1066
00:43:54,079 --> 00:43:57,800
well and I said and what do you want to

1067
00:43:55,940 --> 00:44:01,068
do that for because I want to contact my

1068
00:43:57,800 --> 00:44:04,400
daughter and so it's like we had a long

1069
00:44:01,068 --> 00:44:06,469

conversation before I went there and it

1070

00:44:04,400 --> 00:44:09,980

was about three months before everything

1071

00:44:06,469 --> 00:44:11,779

was sorted out and I went over and I

1072

00:44:09,980 --> 00:44:14,240

thought I did I work with my brother

1073

00:44:11,780 --> 00:44:15,800

first I told him what we were going to

1074

00:44:14,239 --> 00:44:17,929

do outlined every single part of the

1075

00:44:15,800 --> 00:44:21,200

process and we went through with him and

1076

00:44:17,929 --> 00:44:25,098

we got him into EVT and then he went and

1077

00:44:21,199 --> 00:44:29,809

met his daughter but for him it was

1078

00:44:25,099 --> 00:44:31,130

emotionally destroyed I think I've never

1079

00:44:29,809 --> 00:44:32,659

seen

1080

00:44:31,130 --> 00:44:36,710

you know I feel emotional but I've never

1081

00:44:32,659 --> 00:44:39,649

seen my brother a man how and the

1082

00:44:36,710 --> 00:44:41,059

emotion was absolutely Roy I never seen

1083

00:44:39,650 --> 00:44:44,239

him on Christ and watching my life it's

1084
00:44:41,059 --> 00:44:45,769
absolutely heartbreaking and so my

1085
00:44:44,239 --> 00:44:48,519
brother I said all right you're gonna go

1086
00:44:45,768 --> 00:44:51,048
to one side and you need some time to

1087
00:44:48,518 --> 00:44:54,108
like relax

1088
00:44:51,048 --> 00:44:55,670
suppose I come away from EVT don't do it

1089
00:44:54,108 --> 00:44:58,278
yet I think we need to wait a little bit

1090
00:44:55,670 --> 00:45:02,150
and Adele came forward and we started

1091
00:44:58,278 --> 00:45:04,489
the process with Adele and she was sat

1092
00:45:02,150 --> 00:45:06,380
there and you know we're all smiles and

1093
00:45:04,489 --> 00:45:09,099
everything a bit nervous I'm a bit

1094
00:45:06,380 --> 00:45:12,289
nervous it's like okay we're going to

1095
00:45:09,099 --> 00:45:15,499
start the EBT process and with her it

1096
00:45:12,289 --> 00:45:20,720
took about a day we're talking six or

1097
00:45:15,498 --> 00:45:22,578
seven hours and we developed the access

1098
00:45:20,719 --> 00:45:25,368
day so the access date is you're able to

1099
00:45:22,579 --> 00:45:26,539
go from the waiting stay open across and

1100
00:45:25,369 --> 00:45:30,140
meet your higher self

1101
00:45:26,539 --> 00:45:31,910
so that's she was in so from technical

1102
00:45:30,139 --> 00:45:34,098
term ease you're in you're in the EBT

1103
00:45:31,909 --> 00:45:35,960
state you met your higher self your

1104
00:45:34,099 --> 00:45:38,660
higher self is talking to you a little

1105
00:45:35,960 --> 00:45:42,170
bit and you're starting to explore that

1106
00:45:38,659 --> 00:45:44,118
state but still what you find is that

1107
00:45:42,170 --> 00:45:47,630
when people even when people are in the

1108
00:45:44,119 --> 00:45:50,989
VT state they need to develop what I

1109
00:45:47,630 --> 00:45:54,108
call presence and what does that mean

1110
00:45:50,989 --> 00:45:56,179
it's a case of when they're in the EVT

1111
00:45:54,108 --> 00:45:58,098
state to start with they are minimally

1112

00:45:56,179 --> 00:45:59,838
in the state so they're there they can

1113
00:45:58,099 --> 00:46:01,278
see the highest serve they can they're

1114
00:45:59,838 --> 00:46:04,608
in an environment they might see

1115
00:46:01,278 --> 00:46:06,739
buildings people whatever but if they

1116
00:46:04,608 --> 00:46:08,630
move their focus away from it some of

1117
00:46:06,739 --> 00:46:10,728
those scenes can kind of start to fade

1118
00:46:08,630 --> 00:46:13,608
away and they have to keep the presence

1119
00:46:10,728 --> 00:46:14,449
they have to develop a presence within

1120
00:46:13,608 --> 00:46:18,139
that state

1121
00:46:14,449 --> 00:46:20,298
so we tried tried quote/unquote I

1122
00:46:18,139 --> 00:46:21,828
thought we'll might as well have

1123
00:46:20,298 --> 00:46:24,018
Aquatics getting late we might as well

1124
00:46:21,829 --> 00:46:27,140
have a go at getting to meet her

1125
00:46:24,018 --> 00:46:30,709
daughter and we had three unsuccessful

1126
00:46:27,139 --> 00:46:32,900

attempts and for me I thought we'd try

1127

00:46:30,710 --> 00:46:34,519

and a bit too quickly to try to get to

1128

00:46:32,900 --> 00:46:36,528

her daughter certain things need to

1129

00:46:34,518 --> 00:46:38,478

happen first and she needs to have a

1130

00:46:36,528 --> 00:46:40,579

chat with the higher self to see whether

1131

00:46:38,478 --> 00:46:43,399

it's okay to meet her and a higher self

1132

00:46:40,579 --> 00:46:44,660

was saying not yet you haven't gotten or

1133

00:46:43,400 --> 00:46:46,639

presence in this state

1134

00:46:44,659 --> 00:46:49,279

so it's like you haven't been in long

1135

00:46:46,639 --> 00:46:51,949

enough to develop this a bit of skill in

1136

00:46:49,280 --> 00:46:55,580

there so she went home that night she

1137

00:46:51,949 --> 00:46:57,889

was a bit unhappy but I said to a look

1138

00:46:55,579 --> 00:47:00,500

you've met your higher-self you're in

1139

00:46:57,889 --> 00:47:02,179

the EVT state everything is going as I

1140

00:47:00,500 --> 00:47:04,670

see it should be going in terms of the

1141
00:47:02,179 --> 00:47:07,190
plan you're doing very well in terms of

1142
00:47:04,670 --> 00:47:09,619
time frame tomorrow we will build on

1143
00:47:07,190 --> 00:47:11,869
that in the EVT state and start to build

1144
00:47:09,619 --> 00:47:14,389
your presence and awareness in there so

1145
00:47:11,869 --> 00:47:16,849
you can get a bit of depth to it so she

1146
00:47:14,389 --> 00:47:19,849
came about the next day but before she

1147
00:47:16,849 --> 00:47:22,849
left I said to her what what have you

1148
00:47:19,849 --> 00:47:24,710
but she'd had this big kind of jar of

1149
00:47:22,849 --> 00:47:26,029
she was drinking something all day and I

1150
00:47:24,710 --> 00:47:28,460
thought this must be like a protein

1151
00:47:26,030 --> 00:47:29,570
shake keep your energy up and I said so

1152
00:47:28,460 --> 00:47:31,760
what have you been drinking all day and

1153
00:47:29,570 --> 00:47:33,680
she says oh I made a cup of coffee at

1154
00:47:31,760 --> 00:47:37,490
nine o'clock and I've been sipping on

1155
00:47:33,679 --> 00:47:38,869
that whole day like no wonder not too

1156
00:47:37,489 --> 00:47:41,509
much is happening you need to keep your

1157
00:47:38,869 --> 00:47:43,339
energy levels up need to eat you need to

1158
00:47:41,510 --> 00:47:45,620
keep put a lot of energy into body

1159
00:47:43,340 --> 00:47:49,010
because the brain you're using your

1160
00:47:45,619 --> 00:47:51,109
brain a lot needs that entity to to

1161
00:47:49,010 --> 00:47:54,920
create this environment for you so you

1162
00:47:51,110 --> 00:47:56,809
can access it so I told her off told

1163
00:47:54,920 --> 00:47:58,579
that that she needed to go home you need

1164
00:47:56,809 --> 00:47:59,869
to eat a proper meal and come back the

1165
00:47:58,579 --> 00:48:01,909
next day and we're going to eat properly

1166
00:47:59,869 --> 00:48:05,000
and you know keep snacking through the

1167
00:48:01,909 --> 00:48:08,359
day keep our energy levels high during

1168
00:48:05,000 --> 00:48:10,940
the the night she did EVT by yourself I

1169

00:48:08,360 --> 00:48:12,590
had told her to do this and she'd met

1170
00:48:10,940 --> 00:48:15,230
her Higher Self and out herself could

1171
00:48:12,590 --> 00:48:17,269
say no wait wait you need to wait and

1172
00:48:15,230 --> 00:48:20,780
the higher-self didn't seem to be saying

1173
00:48:17,269 --> 00:48:23,030
very much for me I understand to start

1174
00:48:20,780 --> 00:48:25,010
with the highest self may seem like it's

1175
00:48:23,030 --> 00:48:26,210
not really saying anything but it's not

1176
00:48:25,010 --> 00:48:28,970
the Higher Self that isn't saying

1177
00:48:26,210 --> 00:48:31,400
anything you're not in enough for want

1178
00:48:28,969 --> 00:48:33,829
of a better word so she comes back the

1179
00:48:31,400 --> 00:48:36,619
next day and we sit down and it's like

1180
00:48:33,829 --> 00:48:38,389
look one of the things that stops you

1181
00:48:36,619 --> 00:48:40,369
having this presence within the stay is

1182
00:48:38,389 --> 00:48:44,119
any kind of baggage that we bring

1183
00:48:40,369 --> 00:48:47,000

through with you and of course she would

1184

00:48:44,119 --> 00:48:48,980

have had a lot of emotional baggage

1185

00:48:47,000 --> 00:48:50,719

is the wrong word excuse me for the

1186

00:48:48,980 --> 00:48:52,639

wrong road I've got a lot of emotion

1187

00:48:50,719 --> 00:48:54,169

around her so it's like we need to have

1188

00:48:52,639 --> 00:48:57,429

a little bit of a therapeutic process

1189

00:48:54,170 --> 00:48:59,829

first and I went took her through a

1190

00:48:57,429 --> 00:49:03,879

counseling sessions and she must have

1191

00:48:59,829 --> 00:49:05,680

cried again never see they don't cry

1192

00:49:03,880 --> 00:49:07,829

so much

1193

00:49:05,679 --> 00:49:11,818

I get heartbreaking but that trying

1194

00:49:07,829 --> 00:49:15,280

seemed to release a lot of emotional

1195

00:49:11,818 --> 00:49:17,980

kind of emotion that's so the next time

1196

00:49:15,280 --> 00:49:19,780

we went into the EVT state we talked to

1197

00:49:17,980 --> 00:49:21,699

her herself and now suddenly the Higher

1198
00:49:19,780 --> 00:49:24,099
Self he's chatting it started to talk

1199
00:49:21,699 --> 00:49:27,308
this is what we need to do this is what

1200
00:49:24,099 --> 00:49:28,660
you need to to construct this is where

1201
00:49:27,309 --> 00:49:31,359
you need to meet her and this is what we

1202
00:49:28,659 --> 00:49:33,639
need to do and she came out of that

1203
00:49:31,358 --> 00:49:35,409
state and she was like crying she had a

1204
00:49:33,639 --> 00:49:37,989
mask on she came out she was crying I

1205
00:49:35,409 --> 00:49:40,389
said have you met your daughter who says

1206
00:49:37,989 --> 00:49:43,029
no I've met my I've really met my Higher

1207
00:49:40,389 --> 00:49:44,588
Self now and she's beautiful and she was

1208
00:49:43,030 --> 00:49:46,569
telling me all about her and the kind of

1209
00:49:44,588 --> 00:49:49,210
energy that comes off her and then I

1210
00:49:46,568 --> 00:49:51,338
kind of knew yes she's now more present

1211
00:49:49,210 --> 00:49:52,990
within that state now I think we can

1212
00:49:51,338 --> 00:49:56,529
move to meet her daughter so in the

1213
00:49:52,989 --> 00:49:58,479
second session I asked her can we talk

1214
00:49:56,530 --> 00:50:00,579
to your higher self can we agree where

1215
00:49:58,480 --> 00:50:02,440
can we meet your daughter and she gave

1216
00:50:00,579 --> 00:50:05,220
her a place where she could meet her

1217
00:50:02,440 --> 00:50:08,710
daughter and then she went and met her

1218
00:50:05,219 --> 00:50:10,659
and again I was watching and watching

1219
00:50:08,710 --> 00:50:14,530
how she's reacting to everything and

1220
00:50:10,659 --> 00:50:17,588
again she's a lot of Tears crying I mean

1221
00:50:14,530 --> 00:50:19,900
uncontrollable crying and she took the

1222
00:50:17,588 --> 00:50:22,328
mask off because we use an eye mask just

1223
00:50:19,900 --> 00:50:24,010
to block out light and she's saying yes

1224
00:50:22,329 --> 00:50:26,289
I met my daughter she's there she's in

1225
00:50:24,010 --> 00:50:28,180
this particular place we were talking it

1226

00:50:26,289 --> 00:50:30,730
was all emotionally overwhelming so she

1227
00:50:28,179 --> 00:50:33,808
had to come out and she went to wash her

1228
00:50:30,730 --> 00:50:36,309
eyes so you know a bit water on her face

1229
00:50:33,809 --> 00:50:38,290
to come around a little bit and as she

1230
00:50:36,309 --> 00:50:40,690
closed their eyes again she just closed

1231
00:50:38,289 --> 00:50:42,849
her eyes for a second like uh-huh

1232
00:50:40,690 --> 00:50:46,480
and says oh my god I could still see my

1233
00:50:42,849 --> 00:50:48,579
daughter says and now it's not a case of

1234
00:50:46,480 --> 00:50:49,420
she needs to lie down and be quiet and

1235
00:50:48,579 --> 00:50:51,250
relax

1236
00:50:49,420 --> 00:50:53,349
she's now standing up with her eyes

1237
00:50:51,250 --> 00:50:55,989
closed I can see my daughter she's here

1238
00:50:53,349 --> 00:50:57,640
and as I look around my Higher Self he's

1239
00:50:55,989 --> 00:51:00,879
next to me with a hand on my shoulder

1240
00:50:57,639 --> 00:51:01,509

saying it's okay you know I'm here if

1241

00:51:00,880 --> 00:51:05,650

you need me

1242

00:51:01,510 --> 00:51:08,589

and she's talking to her daughter and he

1243

00:51:05,650 --> 00:51:10,389

thinks it wasn't for me like amazing so

1244

00:51:08,588 --> 00:51:11,179

it's like I said open your eyes again

1245

00:51:10,389 --> 00:51:13,068

she's that

1246

00:51:11,179 --> 00:51:15,230

I said open your eyes again she opens

1247

00:51:13,068 --> 00:51:17,269

her eyes has now closed them what do you

1248

00:51:15,230 --> 00:51:18,469

say he says my daughter still here and

1249

00:51:17,269 --> 00:51:22,039

now I'm talking to her

1250

00:51:18,469 --> 00:51:24,529

I oh my god this is amazing and so

1251

00:51:22,039 --> 00:51:26,869

that's all we did all that day then was

1252

00:51:24,530 --> 00:51:28,490

she would go to meet her daughter her

1253

00:51:26,869 --> 00:51:31,220

particular place where she met her was

1254

00:51:28,489 --> 00:51:33,259

on a nice beautiful beach and she was

1255
00:51:31,219 --> 00:51:36,649
there with her daughter talking to her

1256
00:51:33,260 --> 00:51:38,510
and she says Phil just thank thank you

1257
00:51:36,650 --> 00:51:41,030
because I didn't know what I was going

1258
00:51:38,510 --> 00:51:43,190
to do because I she said she just didn't

1259
00:51:41,030 --> 00:51:45,980
want to live anymore said what now she's

1260
00:51:43,190 --> 00:51:48,079
got her daughter back it's obviously

1261
00:51:45,980 --> 00:51:51,289
it's not the most ideal situation but

1262
00:51:48,079 --> 00:51:52,970
it's far far better that she can now

1263
00:51:51,289 --> 00:51:55,759
talk to her daughter whenever she needs

1264
00:51:52,969 --> 00:51:58,118
to or wants to and so that night when

1265
00:51:55,760 --> 00:52:00,380
she went back I got a big hug of my

1266
00:51:58,119 --> 00:52:03,680
sister-in-law I think the first hug I've

1267
00:52:00,380 --> 00:52:05,780
ever had ah that's nice and she went

1268
00:52:03,679 --> 00:52:07,848
home and she came back the next day

1269
00:52:05,780 --> 00:52:11,690
y'all excited Phil Phil Phil says what's

1270
00:52:07,849 --> 00:52:13,220
his last night I was asleep and I play a

1271
00:52:11,690 --> 00:52:14,929
little bit of music in the background

1272
00:52:13,219 --> 00:52:16,699
that just loops around it's just

1273
00:52:14,929 --> 00:52:19,068
something to put your attention on if

1274
00:52:16,699 --> 00:52:20,899
your mind starts to wander and she says

1275
00:52:19,068 --> 00:52:22,940
Phil that's what I says the music

1276
00:52:20,900 --> 00:52:24,710
started playing I said did you have it

1277
00:52:22,940 --> 00:52:26,929
on your headphones just know it was

1278
00:52:24,710 --> 00:52:29,000
playing in my head this is what you're

1279
00:52:26,929 --> 00:52:31,759
talking about it says the music started

1280
00:52:29,000 --> 00:52:34,068
playing it was in my head and then my

1281
00:52:31,760 --> 00:52:38,059
daughter came to meet me she wanted to

1282
00:52:34,068 --> 00:52:41,088
meet me I was likely fantastic so she

1283

00:52:38,059 --> 00:52:43,010
meets her daughter I know she says two

1284
00:52:41,088 --> 00:52:44,509
or three times a day but I talked to

1285
00:52:43,010 --> 00:52:47,240
Eric and he's like no no no it's more

1286
00:52:44,510 --> 00:52:50,030
like 10 to 15 times a day but even her

1287
00:52:47,239 --> 00:52:52,189
daughter says hey mom I still need time

1288
00:52:50,030 --> 00:52:53,990
for me because you know mother's ringing

1289
00:52:52,190 --> 00:52:56,358
up daughters all the time get on

1290
00:52:53,989 --> 00:52:59,328
daughters nerve so even in that space

1291
00:52:56,358 --> 00:53:01,308
the daughter sort of saying look can you

1292
00:52:59,329 --> 00:53:03,530
just give me five minutes I'm doing my

1293
00:53:01,309 --> 00:53:05,298
own stuff over there so there's the

1294
00:53:03,530 --> 00:53:07,940
stuff that Adele is learning and the

1295
00:53:05,298 --> 00:53:09,440
higher-self he's teaching her what she

1296
00:53:07,940 --> 00:53:11,179
needs to do and how to grow in that

1297
00:53:09,440 --> 00:53:13,700

particular environment and then she's

1298

00:53:11,179 --> 00:53:15,259

also learning what her daughter it needs

1299

00:53:13,699 --> 00:53:16,639

to learn in that state so it's

1300

00:53:15,260 --> 00:53:20,809

absolutely fantastic

1301

00:53:16,639 --> 00:53:25,019

I don't really have any comment on that

1302

00:53:20,809 --> 00:53:31,050

it's just it's unbelievable in this

1303

00:53:25,019 --> 00:53:32,429

I am sure it happened I knowing so her

1304

00:53:31,050 --> 00:53:39,860

daughter actually had a physical

1305

00:53:32,429 --> 00:53:43,589

presence to her and it it was the same

1306

00:53:39,860 --> 00:53:47,880

figure or present a person that she was

1307

00:53:43,590 --> 00:53:50,460

in her and her really that's right yeah

1308

00:53:47,880 --> 00:53:52,950

so we stay present so you can see her

1309

00:53:50,460 --> 00:53:55,110

and talk to her sitting there and

1310

00:53:52,949 --> 00:53:57,868

sitting there yes exactly

1311

00:53:55,110 --> 00:54:00,240

I'll go I'll go on holiday with her or I

1312
00:53:57,869 --> 00:54:03,510
think saying that her daughter really

1313
00:54:00,239 --> 00:54:05,368
liked it I think that the program series

1314
00:54:03,510 --> 00:54:07,470
is supernatural yeah she was that's yeah

1315
00:54:05,369 --> 00:54:08,970
watch what's what you're doing when I'm

1316
00:54:07,469 --> 00:54:11,579
not here so I'm sitting with the guys

1317
00:54:08,969 --> 00:54:13,409
watching them rehearse for their TV

1318
00:54:11,579 --> 00:54:15,779
episodes and I'm thinking fantastic and

1319
00:54:13,409 --> 00:54:18,269
it's like so when people tell me stuff

1320
00:54:15,780 --> 00:54:19,650
like that I think yeah okay you can

1321
00:54:18,269 --> 00:54:22,320
either think they're making it up but I

1322
00:54:19,650 --> 00:54:25,079
don't think so and so that's where I

1323
00:54:22,320 --> 00:54:27,840
sort of say there's two aspects of EVT

1324
00:54:25,079 --> 00:54:29,969
now one is exploration of your inner

1325
00:54:27,840 --> 00:54:32,789
mind and developing yourself as a person

1326
00:54:29,969 --> 00:54:37,949
in integrating and healing and exploring

1327
00:54:32,789 --> 00:54:41,579
the mind all of that spiritual stuff no

1328
00:54:37,949 --> 00:54:42,750
the mother and daughter met a mutual

1329
00:54:41,579 --> 00:54:46,230
agreement I'm assuming at a beach

1330
00:54:42,750 --> 00:54:48,358
someplace ah but once the meeting ended

1331
00:54:46,230 --> 00:54:50,969
where did the daughter go did she tell

1332
00:54:48,358 --> 00:54:53,279
her mother this is well do you know when

1333
00:54:50,969 --> 00:54:55,379
I told you that people tend to tell me

1334
00:54:53,280 --> 00:54:59,730
what's happening after that for two and

1335
00:54:55,380 --> 00:55:04,349
then it's my frustration he's he's like

1336
00:54:59,730 --> 00:55:06,960
I want to know what her daughter does

1337
00:55:04,349 --> 00:55:10,409
when she's not with her Manan hmm but

1338
00:55:06,960 --> 00:55:14,250
like I don't feel I can ask her mother

1339
00:55:10,409 --> 00:55:16,289
hey next time you're in round the air

1340

00:55:14,250 --> 00:55:18,300
and say hey what are you doing when

1341
00:55:16,289 --> 00:55:20,670
you're not here so it's a case of they

1342
00:55:18,300 --> 00:55:23,760
are doing something and I think that

1343
00:55:20,670 --> 00:55:25,320
this is the bit where since most of my

1344
00:55:23,760 --> 00:55:26,850
research has always been about because

1345
00:55:25,320 --> 00:55:29,400
people cannot get in as I call it

1346
00:55:26,849 --> 00:55:31,380
there's a blockage and barriers and now

1347
00:55:29,400 --> 00:55:33,030
I'm saying with the EPT you can get in

1348
00:55:31,380 --> 00:55:36,358
anytime you like so we can really know

1349
00:55:33,030 --> 00:55:38,560
about to do research so so for people

1350
00:55:36,358 --> 00:55:40,179
who want to develop this or

1351
00:55:38,559 --> 00:55:42,579
saying look why don't we do a

1352
00:55:40,179 --> 00:55:44,710
development kind of group and say look

1353
00:55:42,579 --> 00:55:46,299
this is the level that I'll take you to

1354
00:55:44,710 --> 00:55:48,699

and then from there on in we'll build

1355

00:55:46,300 --> 00:55:51,280

and build and build and we can build up

1356

00:55:48,699 --> 00:55:53,619

almost like a repertoire of the types of

1357

00:55:51,280 --> 00:55:56,230

experiences what's in there what types

1358

00:55:53,619 --> 00:55:58,420

of stuff you can get how the highest

1359

00:55:56,230 --> 00:55:59,949

self presents itself what it wants to

1360

00:55:58,420 --> 00:56:02,889

tell you what you should know what you

1361

00:55:59,949 --> 00:56:05,379

shouldn't I mean I've had people go down

1362

00:56:02,889 --> 00:56:07,690

their timelines and I know these such

1363

00:56:05,380 --> 00:56:09,730

things as town line therapy but this is

1364

00:56:07,690 --> 00:56:11,920

actually going down the timeline with

1365

00:56:09,730 --> 00:56:14,170

your higher-self to aspects of you and

1366

00:56:11,920 --> 00:56:16,150

then fixing things and coming back into

1367

00:56:14,170 --> 00:56:18,309

the present day so the type of

1368

00:56:16,150 --> 00:56:20,769

experience you can have is unlimited as

1369
00:56:18,309 --> 00:56:24,340
far as I'm concerned you and you can you

1370
00:56:20,769 --> 00:56:26,050
know it's yeah it's difficult to

1371
00:56:24,340 --> 00:56:28,570
describe unless you've had these types

1372
00:56:26,050 --> 00:56:32,500
of experiences it's just phenomenal so

1373
00:56:28,570 --> 00:56:34,120
as a final kind of question it doesn't

1374
00:56:32,500 --> 00:56:36,400
have to be the very last thing you say

1375
00:56:34,119 --> 00:56:40,059
of course but just to wrap things up on

1376
00:56:36,400 --> 00:56:42,190
on a certain level what what what are

1377
00:56:40,059 --> 00:56:45,659
you going to do now I mean where are you

1378
00:56:42,190 --> 00:56:48,670
going with this now Phil do some work

1379
00:56:45,659 --> 00:56:51,460
there's more that's pretty good right

1380
00:56:48,670 --> 00:56:55,329
where you are I think I think I think

1381
00:56:51,460 --> 00:56:56,949
that the takeaways for all of this is no

1382
00:56:55,329 --> 00:56:59,139
more is it a kind of hit-and-miss affair

1383
00:56:56,949 --> 00:57:01,089
now there's a process that takes you

1384
00:56:59,139 --> 00:57:03,819
from the waking state to the interstate

1385
00:57:01,090 --> 00:57:06,820
so that's number one tick to whenever

1386
00:57:03,820 --> 00:57:08,650
you want three exploration so there's

1387
00:57:06,820 --> 00:57:11,980
two types these people who want to

1388
00:57:08,650 --> 00:57:13,750
explore they've been to other seminars

1389
00:57:11,980 --> 00:57:16,300
or the types of techniques and things

1390
00:57:13,750 --> 00:57:18,489
and have not worked forget all that

1391
00:57:16,300 --> 00:57:20,110
come and do a uvt because now you can

1392
00:57:18,489 --> 00:57:21,729
start from a position where you can

1393
00:57:20,110 --> 00:57:23,800
explore all those things that you could

1394
00:57:21,730 --> 00:57:26,139
never get before whenever you want all

1395
00:57:23,800 --> 00:57:27,780
the time if you want so there's the

1396
00:57:26,139 --> 00:57:30,339
explorers and then on the other side

1397

00:57:27,780 --> 00:57:32,860
this is where I now feel confident

1398
00:57:30,340 --> 00:57:35,350
enough to say look for those of lost

1399
00:57:32,860 --> 00:57:37,510
people that passed over and they feel

1400
00:57:35,349 --> 00:57:41,710
their lives in some ways have stopped

1401
00:57:37,510 --> 00:57:44,320
and they just the stop now I want to

1402
00:57:41,710 --> 00:57:46,090
offer EVT for people who want to

1403
00:57:44,320 --> 00:57:49,780
specifically contact those that passed

1404
00:57:46,090 --> 00:57:52,000
over and it isn't in a kind of spirit II

1405
00:57:49,780 --> 00:57:54,580
kind of you know what I mean

1406
00:57:52,000 --> 00:57:56,800
any weird ways nothing wrong with

1407
00:57:54,579 --> 00:57:58,420
mediums but what you have to do is when

1408
00:57:56,800 --> 00:58:00,849
you have a medium you have to get an

1409
00:57:58,420 --> 00:58:04,450
interpretation whereas now I'm saying

1410
00:58:00,849 --> 00:58:06,970
look in in the right way with that with

1411
00:58:04,449 --> 00:58:08,618

the right approach with respect and my

1412

00:58:06,969 --> 00:58:10,868

duty of care to make sure you have the

1413

00:58:08,619 --> 00:58:13,720

best possible experience I want to help

1414

00:58:10,869 --> 00:58:15,460

those people who have lost people who

1415

00:58:13,719 --> 00:58:16,839

have passed over and saying look do you

1416

00:58:15,460 --> 00:58:19,179

want to meet them again

1417

00:58:16,840 --> 00:58:21,309

not only that do you want to be able to

1418

00:58:19,179 --> 00:58:23,409

meet them whenever you want to and what

1419

00:58:21,309 --> 00:58:24,909

would that be interesting to you would

1420

00:58:23,409 --> 00:58:27,339

you want that and I think the

1421

00:58:24,909 --> 00:58:30,039

overwhelming answer would be yes so two

1422

00:58:27,340 --> 00:58:36,730

offerings there you're still a little

1423

00:58:30,039 --> 00:58:41,108

bit of an IT geek violating the psyche

1424

00:58:36,730 --> 00:58:43,480

there what I'm trying to do is because

1425

00:58:41,108 --> 00:58:46,090

this is the whole process is a

1426
00:58:43,480 --> 00:58:47,829
one-on-one with me so I'm not gonna send

1427
00:58:46,090 --> 00:58:50,858
you off to listen to things and whatever

1428
00:58:47,829 --> 00:58:52,889
you are with me for two days and I work

1429
00:58:50,858 --> 00:58:55,420
I keep going over and over and over

1430
00:58:52,889 --> 00:58:57,699
finding out what you've experienced

1431
00:58:55,420 --> 00:58:59,108
changing the structure going in again

1432
00:58:57,699 --> 00:59:01,868
and again and again so it's one-on-one

1433
00:58:59,108 --> 00:59:05,259
with me because I'm a bit of an IT geek

1434
00:59:01,869 --> 00:59:07,390
what I'm trying to do is trying to make

1435
00:59:05,260 --> 00:59:10,480
that initial period with me a bit

1436
00:59:07,389 --> 00:59:12,129
shorter it just helps me stops me

1437
00:59:10,480 --> 00:59:16,570
getting a headache and I can at least

1438
00:59:12,130 --> 00:59:18,280
have a drink and something to eat not

1439
00:59:16,570 --> 00:59:21,160
eating or drinking all day because I'm

1440
00:59:18,280 --> 00:59:22,810
just that focused on the person so I am

1441
00:59:21,159 --> 00:59:25,269
trying to make some technology that

1442
00:59:22,809 --> 00:59:27,639
helps the first stage which is getting

1443
00:59:25,269 --> 00:59:29,079
to that completely flaked out

1444
00:59:27,639 --> 00:59:31,719
wonderfully relaxed

1445
00:59:29,079 --> 00:59:35,889
deep deep deep right down there that can

1446
00:59:31,719 --> 00:59:38,319
take hours and hours depending upon the

1447
00:59:35,889 --> 00:59:44,440
type of person that keeps saying hey

1448
00:59:38,320 --> 00:59:47,950
Phil that thing can really relax you

1449
00:59:44,440 --> 00:59:49,450
close your eyes with law and kindness so

1450
00:59:47,949 --> 00:59:51,669
yeah a bit of technology there I'm

1451
00:59:49,449 --> 00:59:54,639
trying to develop that and then I'm

1452
00:59:51,670 --> 00:59:56,710
hoping that I can at the moment EB T's

1453
00:59:54,639 --> 00:59:58,509
are one-on-one you're with me for two

1454

00:59:56,710 --> 00:59:59,980
days and you are going to get in I

1455
00:59:58,510 --> 01:00:01,570
guarantee and you're going to be able to

1456
00:59:59,980 --> 01:00:03,460
access whenever you like and we're going

1457
01:00:01,570 --> 01:00:05,950
to do all kinds of great things

1458
01:00:03,460 --> 01:00:08,590
I want to develop it so that we can get

1459
01:00:05,949 --> 01:00:10,809
three or four people at a time so I can

1460
01:00:08,590 --> 01:00:13,120
so like I don't teach all the people how

1461
01:00:10,809 --> 01:00:15,009
to do it because I think we need to

1462
01:00:13,119 --> 01:00:17,829
teach more people how to do this because

1463
01:00:15,010 --> 01:00:19,390
the process actually works and teach

1464
01:00:17,829 --> 01:00:22,119
them all the little tricks of the trade

1465
01:00:19,389 --> 01:00:24,549
on all the little twists and turns that

1466
01:00:22,119 --> 01:00:26,019
the unconscious demands of you before

1467
01:00:24,550 --> 01:00:28,560
you can access it because the

1468
01:00:26,019 --> 01:00:31,119

unconscious at the lowest level says

1469

01:00:28,559 --> 01:00:33,730

hello hi Kate how you doing here yeah oh

1470

01:00:31,119 --> 01:00:36,369

you're coming towards me I don't think

1471

01:00:33,730 --> 01:00:38,889

so you you're not coming in at all and

1472

01:00:36,369 --> 01:00:41,589

so you really have to you have to agree

1473

01:00:38,889 --> 01:00:43,329

almost like you have to have form an

1474

01:00:41,590 --> 01:00:44,920

agreement with the unconscious about

1475

01:00:43,329 --> 01:00:47,199

what under what conditions would it

1476

01:00:44,920 --> 01:00:49,690

allow you to consciously access and

1477

01:00:47,199 --> 01:00:51,669

enter the unconscious part and there's a

1478

01:00:49,690 --> 01:00:53,470

lot of setup to start with that makes it

1479

01:00:51,670 --> 01:00:55,360

a pleasant experience and then the

1480

01:00:53,469 --> 01:00:58,569

unconscious alright yeah okay you've met

1481

01:00:55,360 --> 01:01:00,940

my requirements in you go minimally and

1482

01:00:58,570 --> 01:01:02,769

then we build and build and build on the

1483
01:01:00,940 --> 01:01:04,030
other side so that you have access to

1484
01:01:02,769 --> 01:01:08,110
your higher self and all those other

1485
01:01:04,030 --> 01:01:10,900
things can you give you know perhaps a

1486
01:01:08,110 --> 01:01:14,349
an email address if someone wants to get

1487
01:01:10,900 --> 01:01:18,930
in touch with you Phil certainly I think

1488
01:01:14,349 --> 01:01:21,880
I will give you my main email address

1489
01:01:18,929 --> 01:01:24,509
and if I receive no emails then hey it

1490
01:01:21,880 --> 01:01:27,780
was nice talking to you guys

1491
01:01:24,510 --> 01:01:29,770
hey Phil I'll send you an email

1492
01:01:27,780 --> 01:01:32,290
yeah I've been really good tonight

1493
01:01:29,769 --> 01:01:33,610
you've agreed yes I've been good yes yes

1494
01:01:32,289 --> 01:01:38,440
you've been very well behaved

1495
01:01:33,610 --> 01:01:41,230
yes I know him and he's been very very

1496
01:01:38,440 --> 01:01:47,920
well behaved Thanks no you are very well

1497
01:01:41,230 --> 01:01:51,010
behaved tonight tonight yeah if if you

1498
01:01:47,920 --> 01:01:57,250
want to send me an email send it to

1499
01:01:51,010 --> 01:02:03,280
Philip with two L's dot Davidson like in

1500
01:01:57,250 --> 01:02:07,480
Harley Davidson at BT Internet or one

1501
01:02:03,280 --> 01:02:11,080
word.com okay we're going to also put

1502
01:02:07,480 --> 01:02:13,960
that out on our websites and when we put

1503
01:02:11,079 --> 01:02:17,309
this up on YouTube which will not be

1504
01:02:13,960 --> 01:02:20,519
immediately it will go there as well

1505
01:02:17,309 --> 01:02:22,679
unless between now and then you have a

1506
01:02:20,519 --> 01:02:26,340
website which you want to direct people

1507
01:02:22,679 --> 01:02:27,839
to okay I will I think when you put on

1508
01:02:26,340 --> 01:02:30,809
your website I will probably have a

1509
01:02:27,840 --> 01:02:32,400
website by then and I think this is one

1510
01:02:30,809 --> 01:02:35,190
of the reasons why I haven't really put

1511

01:02:32,400 --> 01:02:37,079
anything out there yet is now I feel

1512
01:02:35,190 --> 01:02:40,860
confident enough to offer

1513
01:02:37,079 --> 01:02:43,529
AVT okay that makes sense well thank you

1514
01:02:40,860 --> 01:02:47,070
dr. Philip Davidson for this are you

1515
01:02:43,530 --> 01:02:48,330
very interesting presentation yeah oh

1516
01:02:47,070 --> 01:02:51,210
absolutely

1517
01:02:48,329 --> 01:02:53,069
I think I'll really have to get a few

1518
01:02:51,210 --> 01:02:55,590
people in the family to listen to this

1519
01:02:53,070 --> 01:03:00,120
yeah thank you so much it's a whole

1520
01:02:55,590 --> 01:03:02,730
different viewpoint from the people who

1521
01:03:00,119 --> 01:03:06,420
are interested that we typically do not

1522
01:03:02,730 --> 01:03:08,219
get this is a little bit different yes

1523
01:03:06,420 --> 01:03:10,619
and very interesting and I think that

1524
01:03:08,219 --> 01:03:13,789
there are a lot of people out there that

1525
01:03:10,619 --> 01:03:16,199

want you know the do-it-yourselfers

1526

01:03:13,789 --> 01:03:18,239

particularly here in the US there are a

1527

01:03:16,199 --> 01:03:20,159

lot of people who have that pioneering

1528

01:03:18,239 --> 01:03:23,549

spirit want to do things themselves

1529

01:03:20,159 --> 01:03:25,529

rather than go to someone else to get it

1530

01:03:23,550 --> 01:03:28,440

done for them as in you know say a

1531

01:03:25,530 --> 01:03:31,170

medium no absolutely yeah okay well

1532

01:03:28,440 --> 01:03:38,099

thank you again thank you thank you and

1533

01:03:31,170 --> 01:03:40,590

we'll call you once dr. Phil okay no do

1534

01:03:38,099 --> 01:03:48,059

not call yourself dr. Phil no no I'm not

1535

01:03:40,590 --> 01:03:52,230

the same I like the treatment on the top

1536

01:03:48,059 --> 01:03:55,590

is it very lovely anyhow let's not let's

1537

01:03:52,230 --> 01:03:58,500

not be Labor yes dr. Philip Davidson too

1538

01:03:55,590 --> 01:04:01,140

much and say goodbye for now and then

1539

01:03:58,500 --> 01:04:07,230

we're gonna give our little lost feel

1540
01:04:01,139 --> 01:04:11,279
and okay off as well okay okay thank you

1541
01:04:07,230 --> 01:04:13,409
thank you I'm not too much else to say I

1542
01:04:11,280 --> 01:04:16,440
went to the festival it was interesting

1543
01:04:13,409 --> 01:04:18,929
oh yeah we visited the Pine Bush you

1544
01:04:16,440 --> 01:04:23,369
were Fall Festival and maybe shortly we

1545
01:04:18,929 --> 01:04:28,529
will have a recording as a special part

1546
01:04:23,369 --> 01:04:30,690
of our broadcast numb my toilet talk my

1547
01:04:28,530 --> 01:04:33,000
little lecture there on

1548
01:04:30,690 --> 01:04:35,289
extraterrestrial extraterrestrial

1549
01:04:33,000 --> 01:04:37,389
evolution yeah it was very good

1550
01:04:35,289 --> 01:04:47,139
that's nice at a very appreciative

1551
01:04:37,389 --> 01:04:50,980
audience \$25 for the ship but I believe

1552
01:04:47,139 --> 01:04:54,159
the next time we may have a lady a

1553
01:04:50,980 --> 01:05:03,099
beautiful young lady that I know who

1554
01:04:54,159 --> 01:05:08,170
does a lot of work in the area of dreams

1555
01:05:03,099 --> 01:05:11,469
and and that's sort of in a way it's

1556
01:05:08,170 --> 01:05:14,920
almost what dr. Davidson says in a way

1557
01:05:11,469 --> 01:05:17,980
you know streaming you know viewing and

1558
01:05:14,920 --> 01:05:21,250
dreams yeah it's it's uh it's

1559
01:05:17,980 --> 01:05:23,920
interesting what one analogy you could

1560
01:05:21,250 --> 01:05:25,599
say between this and ufology is that god

1561
01:05:23,920 --> 01:05:28,360
knows there's no money and either one

1562
01:05:25,599 --> 01:05:30,819
now and these people really do do it out

1563
01:05:28,360 --> 01:05:33,460
of a sincere effort to help others I

1564
01:05:30,820 --> 01:05:36,400
think and just go on and uncover truths

1565
01:05:33,460 --> 01:05:39,159
that are not what you would typically

1566
01:05:36,400 --> 01:05:42,700
get University grants to discover and

1567
01:05:39,159 --> 01:05:46,059
this and this lady's name is nancy smith

1568

01:05:42,699 --> 01:05:48,399
and just another smith who was involved

1569
01:05:46,059 --> 01:05:50,440
with remote viewing it's a very bizarre

1570
01:05:48,400 --> 01:05:53,530
thing that there are so many Smith's

1571
01:05:50,440 --> 01:05:56,440
involved with remote viewing but that

1572
01:05:53,530 --> 01:05:58,840
that being said she works in a vein that

1573
01:05:56,440 --> 01:06:00,610
involves dreams and remote viewing so

1574
01:05:58,840 --> 01:06:04,269
we're hoping to have her on next time

1575
01:06:00,610 --> 01:06:08,260
and in addition we will possibly be

1576
01:06:04,269 --> 01:06:13,090
talking about a wonderful book that was

1577
01:06:08,260 --> 01:06:16,390
written by one of our listeners and may

1578
01:06:13,090 --> 01:06:20,950
have been influenced by some of the

1579
01:06:16,389 --> 01:06:25,569
programs we had on so I will put that

1580
01:06:20,949 --> 01:06:30,609
out as a teaser oh okay and we'll talk

1581
01:06:25,570 --> 01:06:33,039
more about it next time and now oh okay

1582
01:06:30,610 --> 01:06:38,010

from shattered rail a goodbye goodbye

1583

01:06:33,039 --> 01:06:41,009

from Kate and foucha this is shattered

1584

01:06:38,010 --> 01:06:41,010

reality

1585

01:06:48,219 --> 01:06:51,869

[Music]

1586

01:07:04,590 --> 01:07:06,650

you