

1
00:00:05,929 --> 00:00:13,699
welcome to the skeptic zone the podcast

2
00:00:09,119 --> 00:00:13,699
from Australia for science and reason

3
00:00:21,679 --> 00:00:29,189
hello and welcome to the skeptic zone

4
00:00:24,329 --> 00:00:32,519
episode number 388 for the 27th of March

5
00:00:29,190 --> 00:00:35,250
2016 Richard Saunders here with you from

6
00:00:32,520 --> 00:00:40,160
Sydney Australia a little bit of a

7
00:00:35,250 --> 00:00:45,079
subdued Richard Saunders today sadly is

8
00:00:40,159 --> 00:00:50,308
some of you know by now mind your mother

9
00:00:45,079 --> 00:00:53,488
died yesterday but she was quite a piece

10
00:00:50,308 --> 00:00:58,369
in the hospital and all her children and

11
00:00:53,488 --> 00:01:03,390
family were surrounding her mother had

12
00:00:58,369 --> 00:01:06,109
inherited from her mother we widely

13
00:01:03,390 --> 00:01:10,460
suspect any way from her mother the

14
00:01:06,109 --> 00:01:13,680
defective bracket to gene which is the

15
00:01:10,459 --> 00:01:17,879
breast cancer and ovarian cancer gene

16
00:01:13,680 --> 00:01:21,570
some of you may have heard of this from

17
00:01:17,879 --> 00:01:23,670
Angelina Jolie she had that she has that

18
00:01:21,569 --> 00:01:30,269
defective gene and another one which is

19
00:01:23,670 --> 00:01:34,200
pretty bad 30 years ago my mother could

20
00:01:30,269 --> 00:01:38,310
have died from breast cancer but she

21
00:01:34,200 --> 00:01:41,629
didn't because of the state of Medical

22
00:01:38,310 --> 00:01:45,799
Science in the 1980s it was good enough

23
00:01:41,629 --> 00:01:51,539
to to give her another 30 years of life

24
00:01:45,799 --> 00:01:54,299
about 12 years ago the cancer attacked

25
00:01:51,539 --> 00:01:58,079
her stomach and she was in hospital for

26
00:01:54,299 --> 00:02:00,899
six weeks then started chemotherapy in

27
00:01:58,079 --> 00:02:04,200
the last year or so though the the

28
00:02:00,899 --> 00:02:05,819
cancers came back mum had some more

29

00:02:04,200 --> 00:02:09,330
chemotherapy which gave us some more

30
00:02:05,819 --> 00:02:11,189
time but ultimately of course now many

31
00:02:09,330 --> 00:02:15,930
of us of course Oh our mothers quite a

32
00:02:11,189 --> 00:02:19,109
bit quite a lot but there's a major old

33
00:02:15,930 --> 00:02:22,110
boy who couldn't read very well at all

34
00:02:19,110 --> 00:02:24,450
having mum sit down with me and turn the

35
00:02:22,110 --> 00:02:26,760
pages of the origami book step by step

36
00:02:24,449 --> 00:02:29,929
until we did manage to fold the frog it

37
00:02:26,759 --> 00:02:32,819
meant a lot to me then and it still does

38
00:02:29,930 --> 00:02:34,040
so goodbye and many thanks to Phyllis

39
00:02:32,819 --> 00:02:36,590
Maud

40
00:02:34,039 --> 00:02:39,348
Saunders who was born into the Walker

41
00:02:36,590 --> 00:02:41,959
family oh and by the way she was a

42
00:02:39,348 --> 00:02:45,139
terrific grandma to my nephews and

43
00:02:41,959 --> 00:02:46,430

nieces oh my goodness me and for the

44

00:02:45,139 --> 00:02:48,679

rest of their lives they'll remember

45

00:02:46,430 --> 00:02:51,739

grandma and the way that grandma always

46

00:02:48,680 --> 00:02:57,280

had lovely treats for them whenever they

47

00:02:51,739 --> 00:03:00,469

came to visit now this coincidentally

48

00:02:57,280 --> 00:03:01,549

prompts me to tell you about an article

49

00:03:00,469 --> 00:03:03,919

which has been brought to my attention

50

00:03:01,549 --> 00:03:05,599

by our very own reporter Heidi Robertson

51

00:03:03,919 --> 00:03:09,219

the raw skeptic who you will hear later

52

00:03:05,598 --> 00:03:14,598

on in the show and this appears at the

53

00:03:09,219 --> 00:03:17,030

Guardian calm and the title is Don't

54

00:03:14,598 --> 00:03:19,068

Tell cancer patients what they could be

55

00:03:17,030 --> 00:03:22,579

doing to cure themselves and this is by

56

00:03:19,068 --> 00:03:24,408

Stephen W Thrasher there are many ways

57

00:03:22,579 --> 00:03:27,290

to support someone going through cancer

58
00:03:24,408 --> 00:03:30,530
treatment recommending pseudo-scientific

59
00:03:27,289 --> 00:03:32,418
treatments isn't one of them if you're a

60
00:03:30,530 --> 00:03:35,539
religious person for the love of god

61
00:03:32,419 --> 00:03:38,810
don't tell someone with cancer that if

62
00:03:35,539 --> 00:03:42,560
they just drank juice or take vitamins

63
00:03:38,810 --> 00:03:44,840
or pray or have a positive attitude that

64
00:03:42,560 --> 00:03:46,549
they could cure themselves and if you're

65
00:03:44,840 --> 00:03:49,609
not a religious person for the love of

66
00:03:46,549 --> 00:03:51,319
reason and decency don't tell someone

67
00:03:49,609 --> 00:03:53,870
with cancer any of these things either

68
00:03:51,318 --> 00:03:57,318
it was my late sister Sharon's birthday

69
00:03:53,870 --> 00:03:59,120
last week and it's Easter this week my

70
00:03:57,318 --> 00:04:01,578
second time is spending two holidays

71
00:03:59,120 --> 00:04:04,669
without her and we often celebrated

72
00:04:01,579 --> 00:04:06,979
together each spring if Sharon was

73
00:04:04,669 --> 00:04:09,560
feeling good I'd have a tepid sense of

74
00:04:06,979 --> 00:04:12,530
hope for her as her beloved peonies

75
00:04:09,560 --> 00:04:14,719
which I flowers came into bloom she

76
00:04:12,530 --> 00:04:18,168
lived with a rare type of sarcoma tissue

77
00:04:14,719 --> 00:04:21,339
cancer for 15 years and we never knew if

78
00:04:18,168 --> 00:04:24,198
each season of renewal would be her last

79
00:04:21,339 --> 00:04:26,478
since she's been gone I've been able to

80
00:04:24,199 --> 00:04:28,639
understand that my sister wasn't alone

81
00:04:26,478 --> 00:04:30,978
in a particular burden she bore I've

82
00:04:28,639 --> 00:04:33,228
been hearing from friends with cancer

83
00:04:30,978 --> 00:04:36,050
and other serious illnesses they are

84
00:04:33,228 --> 00:04:37,848
overwhelmed when concerned people lob

85
00:04:36,050 --> 00:04:41,750
suggestions at them for homeopathic

86

00:04:37,848 --> 00:04:43,848
remedies they should be doing over the

87
00:04:41,750 --> 00:04:45,779
years it was painful for me to see

88
00:04:43,848 --> 00:04:48,569
people tell my sister and

89
00:04:45,779 --> 00:04:50,549
me that she could just cure herself if

90
00:04:48,569 --> 00:04:53,879
she really wanted to didn't she know

91
00:04:50,550 --> 00:04:55,949
that if she just drank lemon juice every

92
00:04:53,879 --> 00:04:58,500
day she could wipe her cancer cells out

93
00:04:55,949 --> 00:05:00,930
that if she just watched the Netflix

94
00:04:58,500 --> 00:05:04,019
documentary the gas and miracle should

95
00:05:00,930 --> 00:05:06,120
be okay that if she were only willing to

96
00:05:04,019 --> 00:05:07,649
take vitamins or eat raw food or do yo

97
00:05:06,120 --> 00:05:10,410
girl look at the bright side of things

98
00:05:07,649 --> 00:05:11,819
her illness would go away let's put

99
00:05:10,410 --> 00:05:13,500
aside for the moment that none of these

100
00:05:11,819 --> 00:05:15,959

claims have been validated by

101

00:05:13,500 --> 00:05:18,959

peer-reviewed science and that none of

102

00:05:15,959 --> 00:05:21,209

them are true juice is no more of a

103

00:05:18,959 --> 00:05:23,909

magical answer to illness than the gas

104

00:05:21,209 --> 00:05:27,569

and methods demand for people who are

105

00:05:23,910 --> 00:05:30,270

sick to eat raw calf liver Oh shove

106

00:05:27,569 --> 00:05:32,550

coffee grounds into their rectums let's

107

00:05:30,269 --> 00:05:34,490

also put aside at a variety of modern

108

00:05:32,550 --> 00:05:37,319

medical procedures including

109

00:05:34,490 --> 00:05:40,650

chemotherapy radiation surgery and more

110

00:05:37,319 --> 00:05:42,478

plus inexplicable luck helped keep my

111

00:05:40,649 --> 00:05:45,149

sister alive for many years more than

112

00:05:42,478 --> 00:05:46,879

expected and she died despite having a

113

00:05:45,149 --> 00:05:49,918

well-developed sense of spirituality

114

00:05:46,879 --> 00:05:52,500

nutrition Puma and tenacity let's

115
00:05:49,918 --> 00:05:55,199
instead confront the three reasons I

116
00:05:52,500 --> 00:05:57,478
think it's an act of violence every time

117
00:05:55,199 --> 00:05:59,879
someone suggests a simplistic unproven

118
00:05:57,478 --> 00:06:03,509
and fantastic cure for another's cancer

119
00:05:59,879 --> 00:06:06,149
first it's condescending if lemon juice

120
00:06:03,509 --> 00:06:08,579
really cured cancer don't you think we'd

121
00:06:06,149 --> 00:06:10,739
all be dancing around citrus trees that

122
00:06:08,579 --> 00:06:13,439
lemonade would be traded on Wall Street

123
00:06:10,740 --> 00:06:16,139
and hedge funds would be peddling lemon

124
00:06:13,439 --> 00:06:18,478
flavored credit default swaps more

125
00:06:16,139 --> 00:06:21,060
importantly when someone has a cancer

126
00:06:18,478 --> 00:06:23,430
for months or years maybe living through

127
00:06:21,060 --> 00:06:25,620
hours of doctor appointments days in

128
00:06:23,430 --> 00:06:27,750
hospital and months in bed don't you

129
00:06:25,620 --> 00:06:29,879
think they'd have time to consider every

130
00:06:27,750 --> 00:06:32,819
possible option with the seriousness

131
00:06:29,879 --> 00:06:34,949
their own mortality deserves my sister

132
00:06:32,819 --> 00:06:37,740
was a PhD and a licensed psychologist

133
00:06:34,949 --> 00:06:39,389
and she fought hard as a black woman to

134
00:06:37,740 --> 00:06:41,490
establish her place in the medical

135
00:06:39,389 --> 00:06:44,399
profession why would people look at her

136
00:06:41,490 --> 00:06:46,680
and think well in all these years of

137
00:06:44,399 --> 00:06:49,139
facing death as a doctor consulting

138
00:06:46,680 --> 00:06:52,530
other doctors she probably so lacking in

139
00:06:49,139 --> 00:06:56,639
intellectual curiosity or she is such a

140
00:06:52,529 --> 00:06:59,189
stooge of Big Pharma ah that I bet she

141
00:06:56,639 --> 00:07:02,939
hasn't considered this advice I read

142
00:06:59,189 --> 00:07:04,889
in a magazine second it could be argued

143

00:07:02,939 --> 00:07:08,310
that people giving advice and just

144
00:07:04,889 --> 00:07:12,149
trying to quote do something and quote

145
00:07:08,310 --> 00:07:13,889
and kindly offer help but I reject this

146
00:07:12,149 --> 00:07:16,229
if you want to do something to help

147
00:07:13,889 --> 00:07:18,629
someone in distress as George Carlin

148
00:07:16,230 --> 00:07:21,960
famously reft unplug their clogged

149
00:07:18,629 --> 00:07:23,670
toilet or paint their garage don't tell

150
00:07:21,959 --> 00:07:25,889
a sick or injured person what they

151
00:07:23,670 --> 00:07:27,689
should do because it's a sneaky and

152
00:07:25,889 --> 00:07:30,930
harmful way of dealing with your own

153
00:07:27,689 --> 00:07:32,879
fear of death you're saying tisk tisk i

154
00:07:30,930 --> 00:07:35,400
wouldn't let this happen to me the way

155
00:07:32,879 --> 00:07:37,529
you've let it happen to you finally

156
00:07:35,399 --> 00:07:40,769
giving advice to people with cancer

157
00:07:37,529 --> 00:07:43,049

blames a sick person for your discomfort

158

00:07:40,769 --> 00:07:46,049
with their reality and shifts any

159

00:07:43,050 --> 00:07:48,990
accountability you feel back on to them

160

00:07:46,050 --> 00:07:51,210
as authors Barbara Ehrenreich and Sarah

161

00:07:48,990 --> 00:07:53,790
Schumann have shown we have ethical

162

00:07:51,209 --> 00:07:56,489
responsibilities to be vulnerable in our

163

00:07:53,790 --> 00:07:58,890
communities and we find excuses to avoid

164

00:07:56,490 --> 00:08:01,170
them having cancer or caring for someone

165

00:07:58,889 --> 00:08:04,110
with it understandably causes fear

166

00:08:01,170 --> 00:08:08,009
anxiety and depression expecting someone

167

00:08:04,110 --> 00:08:09,900
to have a positive attitude trademark

168

00:08:08,009 --> 00:08:12,810
when they are facing mortality or

169

00:08:09,899 --> 00:08:14,729
telling them that they've mr. simplistic

170

00:08:12,810 --> 00:08:17,720
way that could have avoided their fate

171

00:08:14,730 --> 00:08:20,189
further isolates and shuns them as

172
00:08:17,720 --> 00:08:23,760
anthropologist s Lachlan Jane wrote in

173
00:08:20,189 --> 00:08:26,399
malignant how cancer becomes us quote

174
00:08:23,759 --> 00:08:29,279
the huge and punishing self-help

175
00:08:26,399 --> 00:08:31,709
industry preys on the fears and adds

176
00:08:29,279 --> 00:08:34,468
guilt to the mix as one woman with

177
00:08:31,709 --> 00:08:37,409
metastatic colon cancer said on a

178
00:08:34,469 --> 00:08:39,629
retreat i attended maybe I haven't

179
00:08:37,409 --> 00:08:42,000
laughed enough talking at someone with

180
00:08:39,629 --> 00:08:44,370
cancer about what they should do rather

181
00:08:42,000 --> 00:08:47,009
than being with them in a morass with no

182
00:08:44,370 --> 00:08:49,589
easy answers is not helping them it is

183
00:08:47,009 --> 00:08:53,220
you unfairly shaming them for having

184
00:08:49,589 --> 00:08:55,620
failed at self-help which isn't even a

185
00:08:53,220 --> 00:08:58,740
thing it's hard to be with people in

186
00:08:55,620 --> 00:09:00,389
grief it is hard to be with people who

187
00:08:58,740 --> 00:09:03,120
are facing death or with their

188
00:09:00,389 --> 00:09:05,338
caregivers the next time you are don't

189
00:09:03,120 --> 00:09:07,649
give them stupid advice they're not

190
00:09:05,339 --> 00:09:11,040
stupid trust they're given more thought

191
00:09:07,649 --> 00:09:12,629
to their course of treatment and you did

192
00:09:11,039 --> 00:09:14,819
listening to that public

193
00:09:12,629 --> 00:09:17,399
Oh story trust yourself to be just with

194
00:09:14,820 --> 00:09:18,660
them in the unknown trust yourself to

195
00:09:17,399 --> 00:09:21,389
love them in the condition they're in

196
00:09:18,659 --> 00:09:23,429
instead of ignorantly and egotistical II

197
00:09:21,389 --> 00:09:27,059
giving them useless advice that won't

198
00:09:23,429 --> 00:09:29,039
ultimately change their prognosis one of

199
00:09:27,059 --> 00:09:30,929
the last and most frightening lessons I

200

00:09:29,039 --> 00:09:32,990
learned with my sister in her final days

201
00:09:30,929 --> 00:09:36,929
was the importance of being with another

202
00:09:32,990 --> 00:09:39,690
when there is nothing to do or say it is

203
00:09:36,929 --> 00:09:42,389
terrifying to just be with a loved one

204
00:09:39,690 --> 00:09:44,370
and to admit you're powerless to stop

205
00:09:42,389 --> 00:09:47,789
their death but it can be the most

206
00:09:44,370 --> 00:09:50,220
powerful quiet and loving gift you can

207
00:09:47,789 --> 00:09:52,529
give each other and that was don't tell

208
00:09:50,220 --> 00:09:55,379
cancer patients what they could be doing

209
00:09:52,529 --> 00:09:59,789
to cure themselves by Stephen W Thrasher

210
00:09:55,379 --> 00:10:02,129
as published at the Guardian dot-com so

211
00:09:59,789 --> 00:10:03,599
well now what's coming up on the rest of

212
00:10:02,129 --> 00:10:05,159
the skeptic zone we're going to kick off

213
00:10:03,600 --> 00:10:07,500
for the raw skeptic report Heidi

214
00:10:05,159 --> 00:10:09,539

Robinson and she's going to be

215

00:10:07,500 --> 00:10:12,450

discussing what the Northern Rivers

216

00:10:09,539 --> 00:10:15,870

vaccination supporters group do speaking

217

00:10:12,450 --> 00:10:17,460

about fighting quite cures to promote

218

00:10:15,870 --> 00:10:20,639

themselves and spread the message of

219

00:10:17,460 --> 00:10:23,310

vaccination in their area and it's a

220

00:10:20,639 --> 00:10:24,899

it's a good lesson for everybody party's

221

00:10:23,309 --> 00:10:26,669

going to be discussing some of the memes

222

00:10:24,899 --> 00:10:29,069

and posters and things that they've

223

00:10:26,669 --> 00:10:31,289

created after that we have a press

224

00:10:29,070 --> 00:10:33,150

release by the Friends of science in

225

00:10:31,289 --> 00:10:36,569

medicine what a good group they are

226

00:10:33,149 --> 00:10:39,899

doing fantastic work necessary work to

227

00:10:36,570 --> 00:10:41,780

combat quackery and this media release

228

00:10:39,899 --> 00:10:44,669

press release is all about so-called

229
00:10:41,779 --> 00:10:45,990
integrative medicine then to round off

230
00:10:44,669 --> 00:10:47,549
the show something a little bit more

231
00:10:45,990 --> 00:10:50,549
lighthearted and why not I think we

232
00:10:47,549 --> 00:10:54,449
could all use it may not and I yeah the

233
00:10:50,549 --> 00:10:57,569
week went to a meetup group which we do

234
00:10:54,450 --> 00:11:01,410
regularly the podcasting Sydney group

235
00:10:57,570 --> 00:11:03,840
and main our chats to our other the

236
00:11:01,409 --> 00:11:07,189
guest speaker now this is a one of the

237
00:11:03,840 --> 00:11:10,620
guys behind the spokie below keys

238
00:11:07,190 --> 00:11:12,300
podcast this is quite fun to guys get on

239
00:11:10,620 --> 00:11:17,159
their bikes and ride around Sydney

240
00:11:12,299 --> 00:11:18,899
suburbs if the microphones attached to

241
00:11:17,159 --> 00:11:21,719
the side of the head and well give a

242
00:11:18,899 --> 00:11:24,990
running running a writing commentary of

243
00:11:21,720 --> 00:11:26,250
what they see good fun and may not also

244
00:11:24,990 --> 00:11:29,549
speaks to Siobhan

245
00:11:26,250 --> 00:11:31,919
sullivan the the founder of podcasting

246
00:11:29,549 --> 00:11:34,019
sydney about her podcast and knowing

247
00:11:31,919 --> 00:11:35,639
animals now if you're in sydney and you

248
00:11:34,019 --> 00:11:38,309
make a podcast or just like podcasts

249
00:11:35,639 --> 00:11:40,110
then i can I certainly recommend this

250
00:11:38,309 --> 00:11:43,079
meetup group all you have to do is

251
00:11:40,110 --> 00:11:45,000
google podcasting sydney and meet up to

252
00:11:43,080 --> 00:11:48,650
find the page well that's enough for me

253
00:11:45,000 --> 00:11:53,690
right now i'm going to run downstairs

254
00:11:48,649 --> 00:11:56,819
have a cup of coffee and remember fondly

255
00:11:53,690 --> 00:11:59,520
the award-winning chocolate cake only

256
00:11:56,820 --> 00:12:04,160
about two years ago my mother won the

257

00:11:59,519 --> 00:12:07,579
local er in her village the local

258
00:12:04,159 --> 00:12:09,990
competition for chocolate cakes or cakes

259
00:12:07,580 --> 00:12:11,400
that's gone it's going to be tough i'm

260
00:12:09,990 --> 00:12:13,889
going to miss that mando peanut butter

261
00:12:11,399 --> 00:12:16,819
cookies while I'm doing that I hope you

262
00:12:13,889 --> 00:12:16,819
enjoy the skeptics out

263
00:12:20,720 --> 00:12:23,500
by travelpod member

264
00:12:35,339 --> 00:12:51,129
it's the raw skeptic report with Heidi

265
00:12:39,308 --> 00:12:53,528
Robertson hi Heidi Robertson here if you

266
00:12:51,129 --> 00:12:55,688
are a regular listener you would have

267
00:12:53,528 --> 00:12:58,088
heard both Richard and I talking a lot

268
00:12:55,688 --> 00:13:01,988
about vaccinations and the Northern

269
00:12:58,089 --> 00:13:05,049
Rivers vaccination supporters group over

270
00:13:01,989 --> 00:13:07,749
the nearly three years that the nrvs has

271
00:13:05,048 --> 00:13:10,208

been in existence we've managed to

272

00:13:07,749 --> 00:13:12,790

achieve a few things all of us that

273

00:13:10,208 --> 00:13:15,818

manage that group have jobs and families

274

00:13:12,789 --> 00:13:18,659

and of course what we do for nrvs is

275

00:13:15,818 --> 00:13:22,448

completely voluntary and in our own time

276

00:13:18,659 --> 00:13:24,850

which we do gladly but it does dictate

277

00:13:22,448 --> 00:13:28,358

to an extent how much we can achieve in

278

00:13:24,850 --> 00:13:30,540

a fixed period of time the goal of

279

00:13:28,359 --> 00:13:33,278

turning around this region's abysmal

280

00:13:30,539 --> 00:13:35,948

vaccination rates was never going to

281

00:13:33,278 --> 00:13:38,828

happen overnight of course it will take

282

00:13:35,948 --> 00:13:41,258

time and as the world's most impatient

283

00:13:38,828 --> 00:13:45,159

person this has been a hard thing for me

284

00:13:41,259 --> 00:13:47,139

to come to terms with but step by baby

285

00:13:45,159 --> 00:13:50,980

step we're making some inroads and

286
00:13:47,139 --> 00:13:53,649
getting our message out there as part of

287
00:13:50,980 --> 00:13:55,149
our presence on social media we decided

288
00:13:53,649 --> 00:13:57,639
to come up with some memes and

289
00:13:55,149 --> 00:14:01,178
infographics that we could post on our

290
00:13:57,639 --> 00:14:03,999
Facebook page most people's Facebook

291
00:14:01,178 --> 00:14:07,600
pages and Twitter feeds are filled with

292
00:14:03,999 --> 00:14:10,480
news items links to opinion pieces and

293
00:14:07,600 --> 00:14:13,149
blogs of course the obligatory cat

294
00:14:10,480 --> 00:14:16,418
photos and videos and a million other

295
00:14:13,149 --> 00:14:18,879
things one cannot possibly hope to read

296
00:14:16,418 --> 00:14:22,749
or keep up to date with everything that

297
00:14:18,879 --> 00:14:25,178
appears on one's feed with a subject

298
00:14:22,749 --> 00:14:26,980
like vaccination where the science for

299
00:14:25,178 --> 00:14:30,159
us lay people can get quite complicated

300
00:14:26,980 --> 00:14:32,709
at times it's important to be able to

301
00:14:30,159 --> 00:14:36,938
have some i grabbing memes with a simple

302
00:14:32,708 --> 00:14:39,638
but powerful message the ones we post

303
00:14:36,938 --> 00:14:40,799
are not propaganda if we post an

304
00:14:39,639 --> 00:14:43,830
infographic or a

305
00:14:40,799 --> 00:14:46,169
with statistics or facts we will always

306
00:14:43,830 --> 00:14:50,339
post links to the evidence behind our

307
00:14:46,169 --> 00:14:52,559
statements so one of our admins dr.

308
00:14:50,339 --> 00:14:55,649
Rachel heap began to try her hand at

309
00:14:52,559 --> 00:14:57,958
making some memes over time we assess

310
00:14:55,649 --> 00:15:01,230
which ones had the most impact on social

311
00:14:57,958 --> 00:15:05,429
media by way of likes shares comments

312
00:15:01,230 --> 00:15:08,240
and reach we chose the top 4 and have

313
00:15:05,429 --> 00:15:11,819
them printed into a three sized posters

314

00:15:08,240 --> 00:15:14,730
which are now I'm pleased to say in GPS

315
00:15:11,820 --> 00:15:16,860
waiting rooms hospitals baby health

316
00:15:14,730 --> 00:15:19,500
clinics and notice boards throughout the

317
00:15:16,860 --> 00:15:21,690
northern rivers we have relied on our

318
00:15:19,500 --> 00:15:23,669
members volunteering to distribute them

319
00:15:21,690 --> 00:15:25,829
and are very grateful for their

320
00:15:23,669 --> 00:15:28,439
willingness and enthusiasm in helping

321
00:15:25,828 --> 00:15:31,739
the first poster focuses on whooping

322
00:15:28,440 --> 00:15:34,260
cough one of our members kindly gave us

323
00:15:31,740 --> 00:15:38,970
a photo featuring herself with her baby

324
00:15:34,259 --> 00:15:42,149
sister and mother the text says quote is

325
00:15:38,970 --> 00:15:44,220
there a new baby in your family being

326
00:15:42,149 --> 00:15:46,379
vaccinated against whooping cough will

327
00:15:44,220 --> 00:15:50,360
not only protect you it will also

328
00:15:46,379 --> 00:15:53,278

protect the people around you facts won

329

00:15:50,360 --> 00:15:55,709

nine out of ten babies less than three

330

00:15:53,278 --> 00:15:58,200

months old who get pertussis have to be

331

00:15:55,708 --> 00:16:01,289

looked after in hospital and most have

332

00:15:58,200 --> 00:16:03,930

to stay in hospital about a week some

333

00:16:01,289 --> 00:16:07,769

die even with the best medical support

334

00:16:03,929 --> 00:16:10,169

available to pertussis immunity wears

335

00:16:07,769 --> 00:16:13,289

off after the disease and after the

336

00:16:10,169 --> 00:16:15,120

vaccination all adults in contact with a

337

00:16:13,289 --> 00:16:19,078

baby should have a booster every 10

338

00:16:15,120 --> 00:16:21,269

years 3 if you are pregnant ask your

339

00:16:19,078 --> 00:16:23,309

doctor about how you can safely protect

340

00:16:21,269 --> 00:16:26,069

your baby with a booster in the third

341

00:16:23,309 --> 00:16:30,419

trimester if you don't get the disease

342

00:16:26,070 --> 00:16:33,570

you can't pass it on end quote the

343
00:16:30,419 --> 00:16:36,120
second poster focuses on measles the

344
00:16:33,570 --> 00:16:39,360
title quote let's compare two

345
00:16:36,120 --> 00:16:43,139
populations of 100,000 people 1

346
00:16:39,360 --> 00:16:45,539
vaccinated why not what would happen if

347
00:16:43,139 --> 00:16:49,679
they were all exposed to the measles end

348
00:16:45,539 --> 00:16:52,319
quote we then have two pie charts one

349
00:16:49,679 --> 00:16:54,049
titled vaccinated population and the

350
00:16:52,320 --> 00:16:58,490
other unvaccinated

351
00:16:54,049 --> 00:17:00,528
elation and wealth pie charts speak for

352
00:16:58,490 --> 00:17:02,870
themselves it's an extremely powerful

353
00:17:00,528 --> 00:17:05,449
visual that you can check out on our

354
00:17:02,870 --> 00:17:09,529
Facebook page along with all the others

355
00:17:05,449 --> 00:17:11,990
that are mentioning today the third and

356
00:17:09,529 --> 00:17:13,789
fourth posters focused particularly on a

357
00:17:11,990 --> 00:17:15,620
subset of the demographic in the

358
00:17:13,789 --> 00:17:18,379
Northern Rivers who lead alternative

359
00:17:15,619 --> 00:17:20,719
lifestyles we wanted to make the point

360
00:17:18,380 --> 00:17:22,579
that leading an alternative lifestyle

361
00:17:20,720 --> 00:17:26,620
and vaccination do not have to be

362
00:17:22,578 --> 00:17:28,759
mutually exclusive you can do both

363
00:17:26,619 --> 00:17:32,599
unfortunately the view seems to be

364
00:17:28,759 --> 00:17:35,450
amongst many here that if you do choose

365
00:17:32,599 --> 00:17:38,119
the so-called crunchy lifestyle you must

366
00:17:35,450 --> 00:17:43,069
embrace all of it which includes not

367
00:17:38,119 --> 00:17:44,959
vaccinating so one of these posters also

368
00:17:43,069 --> 00:17:47,149
has a photo donated by one of our

369
00:17:44,960 --> 00:17:50,539
members with herself and her toddler out

370
00:17:47,150 --> 00:17:53,000
in the veggie patch together the text I

371

00:17:50,539 --> 00:17:54,889
teach my kids how to grow our own

372
00:17:53,000 --> 00:17:58,308
veggies and take care of the environment

373
00:17:54,890 --> 00:18:00,710
I also choose to vaccinate to safely

374
00:17:58,308 --> 00:18:04,190
give them specific immunity to some

375
00:18:00,710 --> 00:18:06,620
serious infectious diseases no food can

376
00:18:04,190 --> 00:18:11,419
do that for them protecting my kids

377
00:18:06,619 --> 00:18:13,399
comes naturally and quote the fourth

378
00:18:11,419 --> 00:18:15,590
poster also features a member of our

379
00:18:13,400 --> 00:18:20,300
group breastfeeding her child with a

380
00:18:15,589 --> 00:18:23,299
similar message on our website nrvs dot

381
00:18:20,299 --> 00:18:25,519
info we have flyers available for anyone

382
00:18:23,299 --> 00:18:28,819
to download that have proved very useful

383
00:18:25,519 --> 00:18:30,918
for expectant mothers as well as immune

384
00:18:28,819 --> 00:18:33,259
suppressed people from all over the

385
00:18:30,919 --> 00:18:35,390

world people have told us they have put

386

00:18:33,259 --> 00:18:38,089

them up on their front door or their

387

00:18:35,390 --> 00:18:41,210

hospital door or posted them on social

388

00:18:38,089 --> 00:18:43,220

media for family and friends to see one

389

00:18:41,210 --> 00:18:46,789

was made in conjunction with kath and

390

00:18:43,220 --> 00:18:48,370

greg hughes from light for Riley who as

391

00:18:46,789 --> 00:18:51,918

I'm sure you remember from previous

392

00:18:48,369 --> 00:18:57,229

reports tragically lost their baby Riley

393

00:18:51,919 --> 00:18:59,780

to pertussis at only 32 days old it

394

00:18:57,230 --> 00:19:04,029

features a beautiful photo of Riley and

395

00:18:59,779 --> 00:19:07,548

the text quote Novak's no visit to

396

00:19:04,029 --> 00:19:09,319

protect our new baby we ask that all our

397

00:19:07,548 --> 00:19:12,278

friends and family make sure that they

398

00:19:09,319 --> 00:19:14,720

are up to date with their vaccinations

399

00:19:12,278 --> 00:19:17,898

please talk to your doctor about which

400
00:19:14,720 --> 00:19:19,610
vaccines you may require immunity wears

401
00:19:17,898 --> 00:19:22,158
off particularly quickly for whooping

402
00:19:19,609 --> 00:19:23,839
cough so you need regular boosters thank

403
00:19:22,159 --> 00:19:28,549
you and we can't wait for you to meet

404
00:19:23,839 --> 00:19:30,349
our new edition and quote the next is

405
00:19:28,548 --> 00:19:33,980
similar but focuses on raising awareness

406
00:19:30,349 --> 00:19:36,498
of how any infection or seemingly minor

407
00:19:33,980 --> 00:19:40,639
ailment can be dangerous for a new baby

408
00:19:36,499 --> 00:19:44,929
and lists things like influenza a rash a

409
00:19:40,638 --> 00:19:47,778
temperature cold sores and so on and for

410
00:19:44,929 --> 00:19:50,119
the immune suppressed a flyer quote are

411
00:19:47,778 --> 00:19:53,089
you planning on visiting please help

412
00:19:50,118 --> 00:19:54,949
protect me whilst I'm sick my disease

413
00:19:53,089 --> 00:19:57,618
and treatment leave me vulnerable to

414
00:19:54,950 --> 00:20:00,499
infection and what might be trivial for

415
00:19:57,618 --> 00:20:03,108
you could be very serious for me thank

416
00:20:00,499 --> 00:20:04,999
you and I can't wait to see you these

417
00:20:03,108 --> 00:20:08,118
are ways in which you can help but if in

418
00:20:04,999 --> 00:20:10,940
doubt please call first are you all up

419
00:20:08,118 --> 00:20:13,548
to date with your vaccinations is anyone

420
00:20:10,940 --> 00:20:16,330
at daycare kindy school or work

421
00:20:13,548 --> 00:20:18,769
currently sick with something infectious

422
00:20:16,329 --> 00:20:21,230
even if you are well you could be

423
00:20:18,769 --> 00:20:24,888
carrying it with you do you have a cough

424
00:20:21,230 --> 00:20:29,179
or cold a rash or a temperature have you

425
00:20:24,888 --> 00:20:31,308
washed your hands and quote and of

426
00:20:29,179 --> 00:20:33,950
course we also have flyers for download

427
00:20:31,308 --> 00:20:37,548
in both color and black and white about

428

00:20:33,950 --> 00:20:39,409
our group and our contact details please

429
00:20:37,548 --> 00:20:41,960
feel free to head on over to the website

430
00:20:39,409 --> 00:20:43,850
and download the Flyers if you have

431
00:20:41,960 --> 00:20:47,329
anyone in your life that may benefit

432
00:20:43,849 --> 00:20:51,288
from them and as always we would value

433
00:20:47,329 --> 00:20:54,739
your support on our facebook page can I

434
00:20:51,288 --> 00:20:57,169
just end with one more thing if there is

435
00:20:54,739 --> 00:20:59,690
something in your community that you

436
00:20:57,169 --> 00:21:02,480
want to change in order to help or

437
00:20:59,690 --> 00:21:05,989
benefit people don't think you can't

438
00:21:02,480 --> 00:21:08,240
make a difference just make a start you

439
00:21:05,989 --> 00:21:12,640
never know where it may lead you

440
00:21:08,240 --> 00:21:12,640
thank you everyone till next time

441
00:21:35,609 --> 00:21:40,079
and now a new note a new note a new

442
00:21:38,759 --> 00:21:43,289

little bit of information from our

443

00:21:40,079 --> 00:21:45,779

friends in Victorian the Vics skeptics

444

00:21:43,289 --> 00:21:48,298

who want you to know that this year's

445

00:21:45,779 --> 00:21:50,369

Australian skeptics national convention

446

00:21:48,298 --> 00:21:54,210

will be held in Melbourne on the

447

00:21:50,369 --> 00:21:56,129

twenty-fifth to the 27th of November the

448

00:21:54,210 --> 00:21:58,019

organising committee are selecting

449

00:21:56,130 --> 00:22:01,650

speakers a little differently this year

450

00:21:58,019 --> 00:22:03,750

in addition to invited speakers you can

451

00:22:01,650 --> 00:22:06,480

put yourself forward as a possible

452

00:22:03,750 --> 00:22:09,599

speaker the 2016 convention website

453

00:22:06,480 --> 00:22:10,919

includes a call for papers link if you

454

00:22:09,599 --> 00:22:13,469

think you have the makings of an

455

00:22:10,919 --> 00:22:15,660

excellent presentation for a skeptical

456

00:22:13,470 --> 00:22:18,240

audience please let the organising

457
00:22:15,660 --> 00:22:20,400
committee nova call for papers link

458
00:22:18,240 --> 00:22:22,440
there are a range of time slots

459
00:22:20,400 --> 00:22:25,950
available from the short 15 minutes

460
00:22:22,440 --> 00:22:28,440
skeptic camp style type talks up to the

461
00:22:25,950 --> 00:22:30,720
full 40 minute time slots and don't

462
00:22:28,440 --> 00:22:34,200
forget the Vic skeptics have already

463
00:22:30,720 --> 00:22:37,710
said lawrence krauss and professor it's

464
00:22:34,200 --> 00:22:40,850
art ernst for this year's convention so

465
00:22:37,710 --> 00:22:46,319
just head to HTTP colon slash slash

466
00:22:40,849 --> 00:22:50,329
convention skeptics com au and click the

467
00:22:46,319 --> 00:22:50,329
link for call for papers

468
00:23:12,890 --> 00:23:19,440
here is a press release released on the

469
00:23:16,319 --> 00:23:26,220
21st of March 2016 by the Friends of

470
00:23:19,440 --> 00:23:29,850
science in medicine at WWDC encinia new

471
00:23:26,220 --> 00:23:32,190
medicine co gio tau VA health care

472
00:23:29,849 --> 00:23:35,158
watchdog endorses concern about

473
00:23:32,190 --> 00:23:38,909
integrative medicine friends of science

474
00:23:35,159 --> 00:23:40,500
in medicine if sm has endorsed the

475
00:23:38,909 --> 00:23:42,720
concerns about integrative medicine

476
00:23:40,500 --> 00:23:45,960
published today in the medical journal

477
00:23:42,720 --> 00:23:47,940
of australia the analysis by Professor

478
00:23:45,960 --> 00:23:49,710
Edsel Ernst a leading international

479
00:23:47,940 --> 00:23:51,720
authority on complementary and

480
00:23:49,710 --> 00:23:54,140
alternative medicine claims that the

481
00:23:51,720 --> 00:23:56,548
vast majority of integrative clinics

482
00:23:54,140 --> 00:23:59,399
advertised alternative therapies that

483
00:23:56,548 --> 00:24:01,500
like a solid evidence base and that

484
00:23:59,398 --> 00:24:04,739
integrative medicine is little more than

485

00:24:01,500 --> 00:24:06,929
end quote ill-conceived concept end

486
00:24:04,740 --> 00:24:10,440
quote in conflict with evidence-based

487
00:24:06,929 --> 00:24:14,640
medicine professor john dwyer president

488
00:24:10,440 --> 00:24:17,340
of fsm stressed that FSM had been

489
00:24:14,640 --> 00:24:19,528
issuing similar warnings for some time

490
00:24:17,339 --> 00:24:22,439
about the emergence of Integrative

491
00:24:19,528 --> 00:24:25,589
Medicine in Australia quote many GPS who

492
00:24:22,440 --> 00:24:28,798
lead integrative medicine practices

493
00:24:25,589 --> 00:24:31,709
promote alternative medicine concepts to

494
00:24:28,798 --> 00:24:33,990
their patients and in doing so abandon

495
00:24:31,710 --> 00:24:36,179
the long-held commitment of doctors to

496
00:24:33,990 --> 00:24:38,250
champion the importance of credible

497
00:24:36,179 --> 00:24:41,220
scientific evidence of clinical

498
00:24:38,250 --> 00:24:43,230
effectiveness underpinning the care they

499
00:24:41,220 --> 00:24:46,528

provide to patients in quote said

500

00:24:43,230 --> 00:24:48,509

Professor Dwyer quote the prestigious

501

00:24:46,528 --> 00:24:51,480

National Health and Medical Research

502

00:24:48,509 --> 00:24:53,669

Council recently reported to government

503

00:24:51,480 --> 00:24:57,269

that they could find no evidence of

504

00:24:53,669 --> 00:24:59,850

clinical benefit from any of the 18 most

505

00:24:57,269 --> 00:25:02,009

common alternative modalities commonly

506

00:24:59,849 --> 00:25:05,398

promoted in integrative medicine and

507

00:25:02,009 --> 00:25:07,589

quote he said fsm strongly supports

508

00:25:05,398 --> 00:25:10,168

research into traditional therapies that

509

00:25:07,589 --> 00:25:12,839

are not an affront to accepted knowledge

510

00:25:10,169 --> 00:25:15,028

of physiology and pathology and where

511

00:25:12,839 --> 00:25:15,778

there is strong anecdotal evidence to

512

00:25:15,028 --> 00:25:18,089

suggest

513

00:25:15,778 --> 00:25:20,608

proper scientific evaluation would be

514
00:25:18,089 --> 00:25:23,749
important however neuroscientist

515
00:25:20,608 --> 00:25:26,460
professor Micelli Costa claimed quote

516
00:25:23,749 --> 00:25:28,618
integrative medicine has nothing to do

517
00:25:26,460 --> 00:25:30,569
with proper efforts to bring scientific

518
00:25:28,618 --> 00:25:32,968
and alternative medicine together in

519
00:25:30,569 --> 00:25:35,968
ways that would determine what works and

520
00:25:32,969 --> 00:25:38,009
what does not work participants in

521
00:25:35,969 --> 00:25:40,649
integrative medicine practices are

522
00:25:38,009 --> 00:25:43,259
promoting parallel pathways mixing

523
00:25:40,648 --> 00:25:45,388
science-based health professions with

524
00:25:43,259 --> 00:25:47,308
pseudo science based health professions

525
00:25:45,388 --> 00:25:49,678
suggesting that this approach offers

526
00:25:47,308 --> 00:25:52,829
patients the best of both worlds unquote

527
00:25:49,679 --> 00:25:54,869
in his recent address to University of

528
00:25:52,829 --> 00:25:57,598
Adelaide medical graduates published

529
00:25:54,868 --> 00:25:59,728
this month in medic essay emeritus

530
00:25:57,598 --> 00:26:03,329
professor Alistair mclennan vice

531
00:25:59,729 --> 00:26:05,308
president of fsm warned the new

532
00:26:03,329 --> 00:26:08,278
graduates that they would be challenged

533
00:26:05,308 --> 00:26:10,528
by an upsurge in non evidence-based

534
00:26:08,278 --> 00:26:13,919
therapies and alternative therapies and

535
00:26:10,528 --> 00:26:16,648
that quote they should not be seduced

536
00:26:13,919 --> 00:26:18,629
into lucrative but unproven and

537
00:26:16,648 --> 00:26:20,608
therefore untenable amalgam of

538
00:26:18,628 --> 00:26:23,009
traditional medicine and pseudo

539
00:26:20,608 --> 00:26:25,348
scientific alternative practices and

540
00:26:23,009 --> 00:26:28,139
quote professor mclennan quoted

541
00:26:25,348 --> 00:26:30,989
professor David Gorski as saying quote

542

00:26:28,138 --> 00:26:33,618
when health fraud turns into alternative

543
00:26:30,989 --> 00:26:35,608
medicine and then evolved into

544
00:26:33,618 --> 00:26:38,178
complementary and alternative medicine

545
00:26:35,608 --> 00:26:40,798
and then reached its final form of

546
00:26:38,179 --> 00:26:44,609
Integrative Medicine the language war

547
00:26:40,798 --> 00:26:47,398
was lost that's how quackery became main

548
00:26:44,608 --> 00:26:49,558
stream in quote quote the australian

549
00:26:47,398 --> 00:26:52,199
federal government has no legitimate

550
00:26:49,558 --> 00:26:54,058
basis to continue funding health fraud

551
00:26:52,200 --> 00:26:56,369
and quackery in quote said professor

552
00:26:54,058 --> 00:26:58,200
mclennan today quote just as the

553
00:26:56,368 --> 00:27:00,509
government is appropriately suggesting

554
00:26:58,200 --> 00:27:02,308
removing medicare benefits for unproven

555
00:27:00,509 --> 00:27:04,649
or low value medical and surgical

556
00:27:02,308 --> 00:27:07,700

procedures there are no grounds for

557

00:27:04,648 --> 00:27:10,648

continuing to subsidize a vast array of

558

00:27:07,700 --> 00:27:12,989

unproven therapies directly or

559

00:27:10,648 --> 00:27:15,449

indirectly through private insurance

560

00:27:12,989 --> 00:27:17,879

rebates unquote when that media release

561

00:27:15,450 --> 00:27:23,240

comes to us from the Friends of science

562

00:27:17,878 --> 00:27:43,369

in medicine at ww science in medicine

563

00:27:23,240 --> 00:27:45,950

org not a you Sydneysiders on the 9th of

564

00:27:43,369 --> 00:27:48,889

April we have the Australian skeptics

565

00:27:45,950 --> 00:27:52,160

dinner meeting and this time the topic

566

00:27:48,890 --> 00:27:55,550

is evolution now he might have thought

567

00:27:52,160 --> 00:27:57,980

creationism was dead done and dusted but

568

00:27:55,549 --> 00:28:00,678

far from it we're kicking off our new

569

00:27:57,980 --> 00:28:02,720

year of Sydney skeptics dinner meetings

570

00:28:00,679 --> 00:28:05,559

with a bit of an eye-opener the

571
00:28:02,720 --> 00:28:08,058
evolution of the anti-evolution movement

572
00:28:05,558 --> 00:28:10,549
professor Graham up being head of the

573
00:28:08,058 --> 00:28:12,019
school of philosophical historical and

574
00:28:10,549 --> 00:28:15,349
International Studies at Monash

575
00:28:12,019 --> 00:28:17,089
University says that since the year 2000

576
00:28:15,349 --> 00:28:19,189
the teaching of creationism in the

577
00:28:17,089 --> 00:28:21,678
science classes has become more

578
00:28:19,190 --> 00:28:24,019
prevalent groups like the Christian

579
00:28:21,679 --> 00:28:26,000
Science Foundation Answers in Genesis

580
00:28:24,019 --> 00:28:28,369
creation ministries and creation

581
00:28:26,000 --> 00:28:30,710
research work hard to get their

582
00:28:28,369 --> 00:28:33,859
materials into schools and this includes

583
00:28:30,710 --> 00:28:35,929
giving creationist showbags to students

584
00:28:33,859 --> 00:28:37,339
in New South Wales who better than to

585
00:28:35,929 --> 00:28:40,640
speak on this topic when someone

586
00:28:37,339 --> 00:28:43,970
involved in the famous us kitzmiller vs.

587
00:28:40,640 --> 00:28:46,059
Dover trial in the year 2005 over a

588
00:28:43,970 --> 00:28:49,759
policy that required the teaching of

589
00:28:46,058 --> 00:28:52,579
intelligent design in biology classes so

590
00:28:49,759 --> 00:28:54,259
dr. Nick matzke will be there and he's a

591
00:28:52,579 --> 00:28:57,109
postdoc torial scientist at the

592
00:28:54,259 --> 00:28:59,720
Australian National University holding a

593
00:28:57,109 --> 00:29:01,789
discovery early career research award

594
00:28:59,720 --> 00:29:06,529
from the australian research council

595
00:29:01,789 --> 00:29:08,379
from 2004 to 2007 nicked worked for the

596
00:29:06,529 --> 00:29:11,178
US National Center for Science Education

597
00:29:08,380 --> 00:29:13,280
which combats attempt to insert

598
00:29:11,179 --> 00:29:15,980
creationism and anti other science

599

00:29:13,279 --> 00:29:18,500
topics into the public schools so that's

600
00:29:15,980 --> 00:29:21,319
the Sydney skeptics and in a meeting the

601
00:29:18,500 --> 00:29:23,839
ninth of April at the ride Eastwood

602
00:29:21,319 --> 00:29:26,750
Leagues Club kicking off at six thirty

603
00:29:23,839 --> 00:29:29,990
and you can get your tickets at ww

604
00:29:26,750 --> 00:29:32,380
skeptics calm day you and we'll see you

605
00:29:29,990 --> 00:29:32,380
there

606
00:29:43,079 --> 00:29:50,789
here's my not spooky action at the

607
00:29:48,279 --> 00:29:50,789
distance

608
00:29:51,480 --> 00:29:55,420
once again a group of shadowy people

609
00:29:53,859 --> 00:29:56,829
from a shadowy background and perhaps

610
00:29:55,420 --> 00:29:58,840
members of the shadow government meet

611
00:29:56,829 --> 00:30:00,609
underground in camperdown in a place

612
00:29:58,839 --> 00:30:03,250
that it has alcohol upstairs alcohol

613
00:30:00,609 --> 00:30:05,799

downstairs and alcohol inside us where

614

00:30:03,250 --> 00:30:06,759

were the man who has a unique podcast

615

00:30:05,799 --> 00:30:09,159

because you are listening to a podcast

616

00:30:06,759 --> 00:30:11,440

and maybe you'd like to listen to his

617

00:30:09,160 --> 00:30:13,269

podcast who we got here could I um

618

00:30:11,440 --> 00:30:15,250

Ronnie Todd from the podcasts pokey

619

00:30:13,269 --> 00:30:18,730

pokies spoki blogging so you'd have a

620

00:30:15,250 --> 00:30:19,990

male agenda about that wouldn't you have

621

00:30:18,730 --> 00:30:22,420

a bit of a bit of white male privilege

622

00:30:19,990 --> 00:30:25,630

going on there see that was one of the

623

00:30:22,420 --> 00:30:27,820

approved names of our podcasts

624

00:30:25,630 --> 00:30:30,430

originally were going to it was um I

625

00:30:27,819 --> 00:30:31,779

wanted to psychedelics but I that that

626

00:30:30,430 --> 00:30:35,130

didn't like that but then there's also

627

00:30:31,779 --> 00:30:38,410

someone suggested how about pedophiles

628
00:30:35,130 --> 00:30:40,210
and I think smoky bloke is is better

629
00:30:38,410 --> 00:30:42,070
than that so if but we're probably the

630
00:30:40,210 --> 00:30:43,930
least sploagie blokey blokes you

631
00:30:42,069 --> 00:30:45,579
probably know now you just get around

632
00:30:43,930 --> 00:30:47,769
choosing it off on a bike with the two

633
00:30:45,579 --> 00:30:50,019
you're talking to locals in Sydney or

634
00:30:47,769 --> 00:30:51,490
Melbourne suburbs yeah we right around

635
00:30:50,019 --> 00:30:53,319
sometimes we just talk to each other and

636
00:30:51,490 --> 00:30:55,450
Wuffa Laden about the suburb or we talk

637
00:30:53,319 --> 00:30:58,240
about some story that happened or we

638
00:30:55,450 --> 00:30:59,950
reenact a scene that didn't happen and

639
00:30:58,240 --> 00:31:01,900
all we sometimes we argue about

640
00:30:59,950 --> 00:31:03,309
something now I heard you record about

641
00:31:01,900 --> 00:31:05,080
an hour's worth of stuff and it comes

642
00:31:03,309 --> 00:31:06,309
back to 15 minutes so that's pretty good

643
00:31:05,079 --> 00:31:07,929
you could be chucking away a lot of

644
00:31:06,309 --> 00:31:09,490
rubbish and it's cool yes a lot of

645
00:31:07,930 --> 00:31:11,529
rabbit and a lot of puffing and while

646
00:31:09,490 --> 00:31:13,690
we're riding uphill was very steep hills

647
00:31:11,529 --> 00:31:15,670
do you actually drink alcohol while you

648
00:31:13,690 --> 00:31:17,259
ride actually I didn't try and one of

649
00:31:15,670 --> 00:31:19,320
the up and coming episodes to drink up

650
00:31:17,259 --> 00:31:22,119
in a while while I was writing but at

651
00:31:19,319 --> 00:31:23,829
I'll give it away at cockatoo island but

652
00:31:22,119 --> 00:31:25,239
um it was only a really small but you

653
00:31:23,829 --> 00:31:27,099
could drink it so I couldn't really do

654
00:31:25,240 --> 00:31:29,170
that right around there let's the hell

655
00:31:27,099 --> 00:31:31,689
onto the pole but also be pretty boring

656

00:31:29,170 --> 00:31:33,700
so the cycling podcast it's a comedy or

657
00:31:31,690 --> 00:31:35,980
a comedy cycling podcast but how would

658
00:31:33,700 --> 00:31:39,309
you describe it it's just two guys

659
00:31:35,980 --> 00:31:40,660
riding bikes talking think that would

660
00:31:39,309 --> 00:31:41,980
probably don't even know that I didn't

661
00:31:40,660 --> 00:31:43,300
even know the name of my bike so is

662
00:31:41,980 --> 00:31:46,960
probably not really much of a cycling

663
00:31:43,299 --> 00:31:51,369
podcast and where will we find it on the

664
00:31:46,960 --> 00:31:55,180
internet when you are now on just did we

665
00:31:51,369 --> 00:31:58,359
go to websites pokeblock is calm and on

666
00:31:55,180 --> 00:31:59,049
iTunes and stitcher it's pokeblock ease

667
00:31:58,359 --> 00:32:00,969
and of course if they've got something

668
00:31:59,049 --> 00:32:02,980
to say to you can they contact you

669
00:32:00,970 --> 00:32:03,750
through facebook page yeah Facebook

670
00:32:02,980 --> 00:32:06,180

Twitter

671

00:32:03,750 --> 00:32:08,640

on our website or email spokeo blow keys

672

00:32:06,180 --> 00:32:10,710

at gmail com yeah and of course if you

673

00:32:08,640 --> 00:32:12,570

actually if you can't actually get

674

00:32:10,710 --> 00:32:16,289

yourself a new an mp3 player for some

675

00:32:12,569 --> 00:32:17,939

reason how how can people see you live

676

00:32:16,289 --> 00:32:20,430

because you're about to break yourself

677

00:32:17,940 --> 00:32:22,650

across the left wing capital of

678

00:32:20,430 --> 00:32:24,120

Melbourne yes we're going to play we're

679

00:32:22,650 --> 00:32:25,830

playing we're playing at their Melbourne

680

00:32:24,119 --> 00:32:28,250

International Comedy Festival will be at

681

00:32:25,829 --> 00:32:31,109

the Melbourne trades hall and Carlton

682

00:32:28,250 --> 00:32:32,910

gambler some live shows around early

683

00:32:31,109 --> 00:32:34,399

april to mid april right sort of the

684

00:32:32,910 --> 00:32:38,490

feud communists coming to see the show

685
00:32:34,400 --> 00:32:40,140
yes so i'll say goodnight or me and of

686
00:32:38,490 --> 00:32:41,549
course the the person who runs the whole

687
00:32:40,140 --> 00:32:44,090
thing is Siobhan and you've heard her on

688
00:32:41,549 --> 00:32:46,649
the show before with thinking animals

689
00:32:44,089 --> 00:32:48,959
thank you may know yes knowing animals

690
00:32:46,650 --> 00:32:51,360
I'm sorry well but they do think I think

691
00:32:48,960 --> 00:32:53,910
they do think so it's our job to know

692
00:32:51,359 --> 00:32:55,409
that they think hmmm ok and what you

693
00:32:53,910 --> 00:32:57,990
were to go coming up on your podcast oh

694
00:32:55,410 --> 00:33:00,330
I've got a couple of great episodes the

695
00:32:57,990 --> 00:33:03,180
one that came up last week was about

696
00:33:00,329 --> 00:33:05,970
vegan sexuality so the big question is

697
00:33:03,180 --> 00:33:08,549
is it okay for vegans to have sex with

698
00:33:05,970 --> 00:33:11,490
meat eaters is it a whole sense thing

699
00:33:08,549 --> 00:33:13,589
because you can smell the results well

700
00:33:11,490 --> 00:33:16,470
it's very controversial it's interesting

701
00:33:13,589 --> 00:33:19,709
Ingrid Newkirk from Peter says that it's

702
00:33:16,470 --> 00:33:22,230
the duty of every female vegan to have

703
00:33:19,710 --> 00:33:24,240
sex with a meat eater convert him to

704
00:33:22,230 --> 00:33:28,769
veganism and then move on to the next

705
00:33:24,240 --> 00:33:32,069
partner so so like a meat succubus kind

706
00:33:28,769 --> 00:33:33,569
of lab so that's good that's coming up

707
00:33:32,069 --> 00:33:35,789
in the show and I thought you didn't

708
00:33:33,569 --> 00:33:38,189
know anything controversial yes that's

709
00:33:35,789 --> 00:33:41,430
one of our most exciting episodes but

710
00:33:38,190 --> 00:33:43,440
we're also speaking to Jessica from the

711
00:33:41,430 --> 00:33:46,350
cruelty-free shop tomorrow I'm going to

712
00:33:43,440 --> 00:33:48,240
interview bitter Jones who is from RSPCA

713

00:33:46,349 --> 00:33:50,609
Australia she's just written a book

714
00:33:48,240 --> 00:33:53,059
about the live animal export trade so

715
00:33:50,609 --> 00:33:55,859
it's all about animals it's all about

716
00:33:53,059 --> 00:33:58,740
the vegan community and about activism

717
00:33:55,859 --> 00:34:01,469
but it's a very diverse podcast and it's

718
00:33:58,740 --> 00:34:03,420
evidence-based most of the time so half

719
00:34:01,470 --> 00:34:04,470
of the people we speak to our academics

720
00:34:03,420 --> 00:34:06,060
and they're speaking about their

721
00:34:04,470 --> 00:34:08,250
published work that's generally

722
00:34:06,059 --> 00:34:10,619
peer-reviewed and half the time we speak

723
00:34:08,250 --> 00:34:13,019
about we speak to activist so you tell

724
00:34:10,619 --> 00:34:14,909
me is it evidence based or not I'll have

725
00:34:13,019 --> 00:34:15,820
listening I'll let you know what's the

726
00:34:14,909 --> 00:34:18,099
web address

727
00:34:15,820 --> 00:34:21,340

so you can listen to knowing animals via

728

00:34:18,099 --> 00:34:24,130

lipson you can also go to iTunes and on

729

00:34:21,340 --> 00:34:26,350

Twitter where at knowing underscore

730

00:34:24,130 --> 00:34:27,940

animals and knowing animals at Facebook

731

00:34:26,349 --> 00:34:29,980

oh and because the next meetup for

732

00:34:27,940 --> 00:34:31,599

Sydney podcasters if you think you would

733

00:34:29,980 --> 00:34:33,490

like to start a podcast if you've got an

734

00:34:31,599 --> 00:34:35,019

interesting in podcasting if you just

735

00:34:33,489 --> 00:34:37,149

like to know how to get into it or even

736

00:34:35,019 --> 00:34:39,550

just a passing interest in podcasting

737

00:34:37,150 --> 00:34:42,369

come along when's our next MTG podcast

738

00:34:39,550 --> 00:34:44,110

is one and all join us at podcasting

739

00:34:42,369 --> 00:34:46,719

Sydney we meet regularly at the

740

00:34:44,110 --> 00:34:49,480

Chippendale hotel you can find all the

741

00:34:46,719 --> 00:34:53,109

information at podcasting Sydney it's a

742
00:34:49,480 --> 00:34:56,010
meetup group our next podcast meetup is

743
00:34:53,110 --> 00:34:59,320
going to be one in which we speak to

744
00:34:56,010 --> 00:35:01,420
Lindsey from friends or wrong otherwise

745
00:34:59,320 --> 00:35:03,280
known as the doctor and then soon after

746
00:35:01,420 --> 00:35:06,900
that we're going to tour a podcasting

747
00:35:03,280 --> 00:35:09,880
studio at UTS so plenty coming up go to

748
00:35:06,900 --> 00:35:11,139
podcasting sydney at meet up i'm going

749
00:35:09,880 --> 00:35:13,269
to arrange a podcast here in the room

750
00:35:11,139 --> 00:35:15,940
from psychology through two lots of

751
00:35:13,269 --> 00:35:18,840
comedy to science of course and end the

752
00:35:15,940 --> 00:35:22,329
cyclists you know come along and join us

753
00:35:18,840 --> 00:35:24,519
yes join us one and all and not only are

754
00:35:22,329 --> 00:35:26,409
we talking podcasts we're also recording

755
00:35:24,519 --> 00:35:28,269
a podcast right now so thank you very

756
00:35:26,409 --> 00:35:31,049
much may nod and thank you very much to

757
00:35:28,269 --> 00:35:31,050
the skeptic zone

758
00:35:44,769 --> 00:35:55,190
on Maynard condo you hey you

759
00:35:50,030 --> 00:35:57,760
time to start bunga bunga 25 it's bunga

760
00:35:55,190 --> 00:35:57,760
bunga

761
00:35:57,969 --> 00:36:03,598
with Tim alert as an air mane are that's

762
00:36:00,730 --> 00:36:05,969
right Lena

763
00:36:03,599 --> 00:36:08,068
hey Louis Theroux is coming to tour

764
00:36:05,969 --> 00:36:09,629
Louie thorough is coming to to it you a

765
00:36:08,068 --> 00:36:11,369
bit of a fan of Louie I have a couple of

766
00:36:09,630 --> 00:36:13,950
close friends who don't drink tea or

767
00:36:11,369 --> 00:36:18,710
coffee and I have to say I find it a bit

768
00:36:13,949 --> 00:36:21,960
weird everybody loves Louie so I don't

769
00:36:18,710 --> 00:36:25,440
all he does is he hangs around and ask

770

00:36:21,960 --> 00:36:27,929
questions like a sociopath if she calls

771
00:36:25,440 --> 00:36:30,599
you don't call straight back no matter

772
00:36:27,929 --> 00:36:33,118
what he hears or sees he always looks

773
00:36:30,599 --> 00:36:36,588
vaguely shocked everybody says he's cool

774
00:36:33,119 --> 00:36:40,528
my rule of thumb usually is if people go

775
00:36:36,588 --> 00:36:44,969
on triple j I go today I'm banga banga

776
00:36:40,528 --> 00:36:48,268
we will have tims musical quest crank

777
00:36:44,969 --> 00:36:52,679
mail crank mail and a very intense

778
00:36:48,268 --> 00:36:55,038
burning social issue also Tim tells you

779
00:36:52,679 --> 00:36:58,469
where to get off when it comes to music

780
00:36:55,039 --> 00:37:01,229
if i'll tell you stand by you won't like

781
00:36:58,469 --> 00:37:03,629
it coming up look up amon artarama in

782
00:37:01,228 --> 00:37:05,460
newcastle on the saturday these second

783
00:37:03,630 --> 00:37:08,239
of april where we showcasing the work of

784
00:37:05,460 --> 00:37:08,239

Olivia newton-john

785

00:37:10,030 --> 00:37:13,390

so if you got some roller skates it

786

00:37:11,889 --> 00:37:15,909

could be a bit of a Xanadu night for you

787

00:37:13,389 --> 00:37:18,309

there Tim that is fantastic you go to me

788

00:37:15,909 --> 00:37:20,859

go make sure you dress properly why not

789

00:37:18,309 --> 00:37:23,049

push things further than they should go

790

00:37:20,860 --> 00:37:25,390

so that the second of april come along

791

00:37:23,050 --> 00:37:28,420

to the amazing royal exchange and we'll

792

00:37:25,389 --> 00:37:32,049

have some fun there Tim Ferguson who do

793

00:37:28,420 --> 00:37:33,639

you think was Jack the Ripper the person

794

00:37:32,050 --> 00:37:37,000

who was Jack the Ripper is the person

795

00:37:33,639 --> 00:37:39,699

who would always get away with it the

796

00:37:37,000 --> 00:37:42,079

last person you would think Benedict

797

00:37:39,699 --> 00:37:44,269

Cumberbatch

798

00:37:42,079 --> 00:37:47,420

perhaps not that I've nailed him

799
00:37:44,269 --> 00:37:51,730
Benedict Cumberbatch Sherlock he is Jack

800
00:37:47,420 --> 00:37:51,730
the Ripper actually it was Boy George

801
00:37:54,460 --> 00:38:00,380
because nobody suspects the guy who's

802
00:37:57,829 --> 00:38:02,750
dressed like Boy George was in the 80s

803
00:38:00,380 --> 00:38:04,579
nobody ever stops and says what else is

804
00:38:02,750 --> 00:38:06,769
he up to because it seems like he's

805
00:38:04,579 --> 00:38:08,869
already up to everything i count about

806
00:38:06,769 --> 00:38:11,929
that it had to be Benedict Cumberbatch

807
00:38:08,869 --> 00:38:15,460
if you have Benedict's meditech the

808
00:38:11,929 --> 00:38:15,460
Whitechapel murders solved

809
00:38:16,248 --> 00:38:21,919
Bongo Bonga on may not condone are you

810
00:38:30,809 --> 00:38:34,599
thank you for listening to the skeptic

811
00:38:32,949 --> 00:38:36,099
zone and maybe now you understand why

812
00:38:34,599 --> 00:38:37,239
the skeptic zone over the last few

813
00:38:36,099 --> 00:38:39,880
months has been a little up and down

814
00:38:37,239 --> 00:38:42,639
well hopefully the quality is still been

815
00:38:39,880 --> 00:38:45,459
there but a lot of my time was taken up

816
00:38:42,639 --> 00:38:47,920
by caring for my mother which was a good

817
00:38:45,458 --> 00:38:49,659
thing to do next week on the show I hope

818
00:38:47,920 --> 00:38:53,650
to be speaking to one of the organizers

819
00:38:49,659 --> 00:38:57,278
of para con Australia taking place in

820
00:38:53,650 --> 00:38:59,729
May May the 26 to the 29th and consumer

821
00:38:57,278 --> 00:39:03,248
in the blue mountains near Sydney a

822
00:38:59,728 --> 00:39:05,708
paranormal convention oh yes oh yes with

823
00:39:03,248 --> 00:39:07,358
ghost hunters and psychics and all sorts

824
00:39:05,708 --> 00:39:09,009
of things and the reason i'll be

825
00:39:07,358 --> 00:39:12,429
speaking to one of the organisers is

826
00:39:09,009 --> 00:39:15,880
because i'm an invited speaker hmm

827

00:39:12,429 --> 00:39:17,348
that's going to be interesting that's

828
00:39:15,880 --> 00:39:19,660
good i'm going to be talking about the

829
00:39:17,349 --> 00:39:22,329
various challenges around the world for

830
00:39:19,659 --> 00:39:25,058
large cash prizes if people can do their

831
00:39:22,329 --> 00:39:27,699
psychic claim yeah i'm going to be

832
00:39:25,059 --> 00:39:32,619
speaking to a room full of believers in

833
00:39:27,699 --> 00:39:34,719
the paranormal oh boy i don't know

834
00:39:32,619 --> 00:39:37,059
what's going to happen but anyway we'll

835
00:39:34,719 --> 00:39:40,449
find out more about the perricone

836
00:39:37,059 --> 00:39:42,670
australia on next week's show but for

837
00:39:40,449 --> 00:39:47,679
this week this is Richard Saunders with

838
00:39:42,670 --> 00:39:50,349
fond memories of my mum and gratitude

839
00:39:47,679 --> 00:39:57,009
for everything she did signing off from

840
00:39:50,349 --> 00:39:59,528
Sydney Australia you've been listening

841
00:39:57,009 --> 00:40:03,039

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842

00:39:59,528 --> 00:40:05,289
website at wwc aiptek zoomtv for

843

00:40:03,039 --> 00:40:09,699
contacts and archive of all episodes

844

00:40:05,289 --> 00:40:11,829
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845

00:40:09,699 --> 00:40:15,159
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00:40:11,829 --> 00:40:18,150
on twitter at skeptic zone liking us on

847

00:40:15,159 --> 00:40:20,528
facebook and leaving a review on iTunes

848

00:40:18,150 --> 00:40:23,199
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849

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850

00:40:23,199 --> 00:40:28,989
99 cents a week the skeptic zone is an

851

00:40:26,920 --> 00:40:31,059
independent production the views and

852

00:40:28,989 --> 00:40:33,278
opinions expressed on the skeptic zone

853

00:40:31,059 --> 00:40:36,130
and not necessarily those of Australian

854

00:40:33,278 --> 00:40:38,938
skeptically or any other skeptical

855

00:40:36,130 --> 00:40:38,939
organization

