

1
00:00:00,000 --> 00:00:06,269
um like to begin by just noting that in

2
00:00:04,110 --> 00:00:08,609
academic circles we all tend to have

3
00:00:06,269 --> 00:00:11,939
taglines we like to refer to ourselves

4
00:00:08,609 --> 00:00:14,099
as psychologists or mathematicians or

5
00:00:11,939 --> 00:00:19,289
whatnot well I play that game too I

6
00:00:14,099 --> 00:00:20,820
refer to myself as a humanist and I used

7
00:00:19,289 --> 00:00:24,150
that I say that in order to make the

8
00:00:20,820 --> 00:00:26,278
point that I'm not a psychologist other

9
00:00:24,149 --> 00:00:28,140
than the fact that I kind of study the

10
00:00:26,278 --> 00:00:31,768
the larger context of the human

11
00:00:28,140 --> 00:00:33,329
condition if you will but as a humanist

12
00:00:31,768 --> 00:00:36,780
I'm interested in the interior

13
00:00:33,329 --> 00:00:40,439
experience of the interplay of the human

14
00:00:36,780 --> 00:00:43,260
and the divine and I would say that in

15
00:00:40,439 --> 00:00:46,829
quoting one of the philosophers I

16
00:00:43,259 --> 00:00:51,570
studied in my studies Pico della

17
00:00:46,829 --> 00:00:54,030
Mirandola 15th century Renaissance

18
00:00:51,570 --> 00:00:57,509
scholar he said that we exist in a

19
00:00:54,030 --> 00:01:00,929
middle space being neither a heavenly

20
00:00:57,509 --> 00:01:03,659
being nor an earthly being and in this

21
00:01:00,929 --> 00:01:05,819
middle space he felt that human beings

22
00:01:03,659 --> 00:01:08,849
can range between the level of the lower

23
00:01:05,819 --> 00:01:10,589
things or the higher things well I

24
00:01:08,849 --> 00:01:14,069
believe that we are a microcosm of that

25
00:01:10,590 --> 00:01:16,799
entire spectrum but we are gifted with a

26
00:01:14,069 --> 00:01:19,069
freedom that enables our movement our

27
00:01:16,799 --> 00:01:22,229
ability to change to grow and develop

28
00:01:19,069 --> 00:01:24,449
and I became interested in the Manoa

29

00:01:22,228 --> 00:01:28,140
Institute because of its process for

30
00:01:24,450 --> 00:01:31,290
exercising our freedom to explore the

31
00:01:28,140 --> 00:01:33,840
full range between the lower things and

32
00:01:31,290 --> 00:01:36,060
the higher things using the hemi-sync

33
00:01:33,840 --> 00:01:39,719
technology and many of you are familiar

34
00:01:36,060 --> 00:01:41,430
with Bob Monroe's work that Bob

35
00:01:39,719 --> 00:01:42,780
developed TMI programs off the

36
00:01:41,430 --> 00:01:45,540
opportunity to tune into different

37
00:01:42,780 --> 00:01:48,840
states of consciousness like tuning a

38
00:01:45,540 --> 00:01:51,540
radio into different stations right

39
00:01:48,840 --> 00:01:54,509
that's an effect that most everybody who

40
00:01:51,540 --> 00:01:55,979
goes to TM I have some experience of but

41
00:01:54,509 --> 00:01:57,959
what I was really interested in knowing

42
00:01:55,978 --> 00:02:00,658
and trying to understand it was the

43
00:01:57,959 --> 00:02:02,368

basis of the study was while their

44

00:02:00,659 --> 00:02:03,840

effect can be pretty dramatic I have

45

00:02:02,368 --> 00:02:06,328

often wondered how participants have

46

00:02:03,840 --> 00:02:09,810

integrated their experiences into their

47

00:02:06,328 --> 00:02:12,239

lives what difference has attendance at

48

00:02:09,810 --> 00:02:14,280

at TMI program

49

00:02:12,240 --> 00:02:17,490

difference in terms of tuning in to

50

00:02:14,280 --> 00:02:18,870

different levels of consciousness made

51

00:02:17,490 --> 00:02:21,030

in the nature of their personal

52

00:02:18,870 --> 00:02:23,550

relationships their interests and

53

00:02:21,030 --> 00:02:26,370

accomplishments their growth and

54

00:02:23,550 --> 00:02:29,370

development if you will so this is what

55

00:02:26,370 --> 00:02:31,200

the basis of the study that I've begun

56

00:02:29,370 --> 00:02:34,379

and this is only the beginning of this

57

00:02:31,199 --> 00:02:36,989

study there are several phases yet that

58
00:02:34,379 --> 00:02:40,379
I will be exploring but this initial

59
00:02:36,990 --> 00:02:42,750
study started with two groups I looked

60
00:02:40,379 --> 00:02:45,030
at people who have attended just simply

61
00:02:42,750 --> 00:02:46,500
the Gateway Program which was the first

62
00:02:45,030 --> 00:02:48,060
program in the series and everyone's

63
00:02:46,500 --> 00:02:50,430
required to go through before they can

64
00:02:48,060 --> 00:02:53,939
attend any advanced programs they were

65
00:02:50,430 --> 00:02:55,830
approximately 360 respondents in the

66
00:02:53,939 --> 00:02:57,930
Gateway group then I looked at another

67
00:02:55,830 --> 00:02:59,790
group called multiple program attendees

68
00:02:57,930 --> 00:03:03,210
people have attended three or more

69
00:02:59,789 --> 00:03:05,400
programs and as you'll see more than 75%

70
00:03:03,210 --> 00:03:08,849
of this group attended actually four or

71
00:03:05,400 --> 00:03:12,719
more programs all had attended at least

72
00:03:08,849 --> 00:03:14,129
one program since 2000 all right but

73
00:03:12,719 --> 00:03:16,080
some of the multiple program

74
00:03:14,129 --> 00:03:19,620
participants had gateways experiences

75
00:03:16,080 --> 00:03:22,260
being back into the 1970s I was an

76
00:03:19,620 --> 00:03:24,000
online questionnaire there was one

77
00:03:22,259 --> 00:03:26,789
section demographics psychographics

78
00:03:24,000 --> 00:03:28,289
program affects about 61 questions and

79
00:03:26,789 --> 00:03:31,650
then there was an optional section

80
00:03:28,289 --> 00:03:33,569
looking at personality typology now let

81
00:03:31,650 --> 00:03:35,010
me just simply kind of summarize some of

82
00:03:33,569 --> 00:03:37,769
the independent variables came out of

83
00:03:35,009 --> 00:03:40,259
this on the demographic differences some

84
00:03:37,770 --> 00:03:42,090
of the key examples here is obviously

85
00:03:40,259 --> 00:03:44,519
for the multiple program group they're a

86

00:03:42,090 --> 00:03:47,009
little bit older they've been going to

87
00:03:44,520 --> 00:03:48,780
TMI longer all right

88
00:03:47,009 --> 00:03:50,069
their education they have a higher

89
00:03:48,780 --> 00:03:53,550
percentage of people with advanced

90
00:03:50,069 --> 00:03:56,430
degrees all right they also have a

91
00:03:53,550 --> 00:03:57,930
length of change in social status in the

92
00:03:56,430 --> 00:03:59,700
meaning that they've been widowed or

93
00:03:57,930 --> 00:04:03,659
diverse divorced those individuals have

94
00:03:59,699 --> 00:04:06,359
been widowed a divorce had been for a

95
00:04:03,659 --> 00:04:09,959
longer period of time they adjusted to

96
00:04:06,360 --> 00:04:12,660
that change and then income level was a

97
00:04:09,959 --> 00:04:15,289
little higher so there are some of the

98
00:04:12,659 --> 00:04:16,980
you know independent variables between

99
00:04:15,289 --> 00:04:20,399
demographically between the two groups

100
00:04:16,980 --> 00:04:22,229

on a psychographic level there were

101

00:04:20,399 --> 00:04:24,209

really two key differences I asked

102

00:04:22,228 --> 00:04:27,180

people you know

103

00:04:24,209 --> 00:04:30,359

why did you choose to attend TM I gave

104

00:04:27,180 --> 00:04:33,959

him a list of ten different reasons you

105

00:04:30,360 --> 00:04:35,550

could select any or none and you could

106

00:04:33,959 --> 00:04:38,129

select them as many times as you wanted

107

00:04:35,550 --> 00:04:40,740

to two dimensions came out between the

108

00:04:38,129 --> 00:04:43,430

two groups that was a statistically

109

00:04:40,740 --> 00:04:48,329

significant difference one was curiosity

110

00:04:43,430 --> 00:04:50,430

the multiple programme attendees had a

111

00:04:48,329 --> 00:04:52,889

greater degree of curiosity and their

112

00:04:50,430 --> 00:04:55,740

reason for attending TMI and the second

113

00:04:52,889 --> 00:04:58,079

one was self knowledge that his are to

114

00:04:55,740 --> 00:05:00,030

understand themselves better these were

115
00:04:58,079 --> 00:05:02,038
two distinctions between the two groups

116
00:05:00,029 --> 00:05:05,429
and then in terms of personality

117
00:05:02,038 --> 00:05:08,129
typology it's really interesting about

118
00:05:05,430 --> 00:05:10,860
the group is both of them have pretty

119
00:05:08,129 --> 00:05:13,949
much the same typology you know a little

120
00:05:10,860 --> 00:05:16,610
bit beyond norm in terms of extraversion

121
00:05:13,949 --> 00:05:19,530
that was a little unexpected on my part

122
00:05:16,610 --> 00:05:22,729
but they're dominant functions in is

123
00:05:19,529 --> 00:05:25,168
intuition and their auxiliary function

124
00:05:22,728 --> 00:05:28,918
primary auxiliary functions so for for

125
00:05:25,168 --> 00:05:32,189
most people it was akin the 40% top 40

126
00:05:28,918 --> 00:05:34,079
percentage basis for what I'd call this

127
00:05:32,189 --> 00:05:37,348
dominant function of intuition the

128
00:05:34,079 --> 00:05:39,810
secondary function was feeling and then

129
00:05:37,348 --> 00:05:42,750
as an axillary function intuition was

130
00:05:39,810 --> 00:05:44,848
still the highest so on the two dominant

131
00:05:42,750 --> 00:05:47,098
and auxiliary determinants of

132
00:05:44,848 --> 00:05:49,949
personality typology intuition is the

133
00:05:47,098 --> 00:05:53,269
highest descriptor of the personality

134
00:05:49,949 --> 00:05:57,000
technologies of the people going to TMI

135
00:05:53,269 --> 00:06:00,569
now let's just take a look at the

136
00:05:57,000 --> 00:06:06,079
findings and go kind jump to the bottom

137
00:06:00,569 --> 00:06:10,459
line I did a fact analysis around 34

138
00:06:06,079 --> 00:06:14,009
program effect items came up with four

139
00:06:10,459 --> 00:06:16,370
categories in which I loaded those items

140
00:06:14,009 --> 00:06:20,189
on personal efficacy life satisfaction

141
00:06:16,370 --> 00:06:22,709
job satisfaction career performance then

142
00:06:20,189 --> 00:06:24,269
we did a regression analysis looking at

143

00:06:22,709 --> 00:06:25,848
controlling for these variables these

144
00:06:24,269 --> 00:06:30,240
differences in demographics

145
00:06:25,848 --> 00:06:33,028
psychographics and we came to a rather

146
00:06:30,240 --> 00:06:35,550
interesting conclusion here is that

147
00:06:33,028 --> 00:06:37,560
those people attending multiple programs

148
00:06:35,550 --> 00:06:39,590
actually had

149
00:06:37,560 --> 00:06:42,269
statistically significant higher

150
00:06:39,589 --> 00:06:47,159
personal efficacy and life satisfaction

151
00:06:42,269 --> 00:06:49,109
and those who just attended gateway now

152
00:06:47,160 --> 00:06:51,810
what's also interesting is the r-squared

153
00:06:49,110 --> 00:06:54,600
there I don't believe I have enough

154
00:06:51,810 --> 00:06:59,879
variables to account for TMI as having

155
00:06:54,600 --> 00:07:02,879
much to do with that alright but what I

156
00:06:59,879 --> 00:07:07,230
can say is that TMI acts like a strange

157
00:07:02,879 --> 00:07:12,949

attractor of a certain kind of

158

00:07:07,230 --> 00:07:18,360

individual who comes through there okay

159

00:07:12,949 --> 00:07:20,699

now I want to go a little too fast there

160

00:07:18,360 --> 00:07:22,800

I want to point out some of the

161

00:07:20,699 --> 00:07:25,219

questions in terms of program effects

162

00:07:22,800 --> 00:07:27,689

and look at this correlation between

163

00:07:25,220 --> 00:07:30,120

gateway only respondents and multiple

164

00:07:27,689 --> 00:07:31,649

program respondents I thirty four

165

00:07:30,120 --> 00:07:33,060

questions looking at questions like I

166

00:07:31,649 --> 00:07:35,899

have a more expansive vision of how the

167

00:07:33,060 --> 00:07:39,290

parts of my life relate to a hold on

168

00:07:35,899 --> 00:07:42,629

every one of the thirty four questions

169

00:07:39,290 --> 00:07:46,620

multiple program attendees more strongly

170

00:07:42,629 --> 00:07:48,449

agreed with that question than with then

171

00:07:46,620 --> 00:07:51,889

the Gateway only and here are the ones

172
00:07:48,449 --> 00:07:51,889
where they're the strongest difference

173
00:07:52,310 --> 00:07:56,639
tremendously you know a measure of

174
00:07:55,620 --> 00:07:59,490
difference here on some of these

175
00:07:56,639 --> 00:08:02,668
questions additional questions besides

176
00:07:59,490 --> 00:08:06,538
these this to give you a feel for this

177
00:08:02,668 --> 00:08:10,529
I'm a more effective decision-maker I am

178
00:08:06,538 --> 00:08:12,449
more composed under pressure I'm more

179
00:08:10,529 --> 00:08:16,459
able to listen non defensively to

180
00:08:12,449 --> 00:08:19,529
criticism I'm more productive at work I

181
00:08:16,459 --> 00:08:21,750
have developed new friends so I'm

182
00:08:19,529 --> 00:08:24,659
looking at aspects that would point to

183
00:08:21,750 --> 00:08:27,360
this question of quality of life life

184
00:08:24,660 --> 00:08:30,750
satisfaction if you will and on every

185
00:08:27,360 --> 00:08:33,389
one of those questions the people

186
00:08:30,750 --> 00:08:36,538
attending multiple programs had a much

187
00:08:33,389 --> 00:08:39,918
higher satisfaction or strongly agree

188
00:08:36,538 --> 00:08:39,918
with that now

189
00:08:40,330 --> 00:08:44,830
that's one aspect of this study the

190
00:08:43,719 --> 00:08:46,028
other one which I find even more

191
00:08:44,830 --> 00:08:49,089
interesting is what I'd call the

192
00:08:46,028 --> 00:08:52,088
qualitative analysis because I asked a

193
00:08:49,089 --> 00:08:53,620
series of open-ended questions and one

194
00:08:52,089 --> 00:08:58,000
in particular was what's your most

195
00:08:53,620 --> 00:09:01,709
memorable experience and I got back a

196
00:08:58,000 --> 00:09:05,828
you know 200 pages of written comments

197
00:09:01,708 --> 00:09:07,419
single spaced and so I had to be go

198
00:09:05,828 --> 00:09:09,129
through all that and began to try to

199
00:09:07,419 --> 00:09:11,229
organize it around some set of

200

00:09:09,129 --> 00:09:13,659
categories and here were four categories

201
00:09:11,230 --> 00:09:17,170
in which I could pretty easily put most

202
00:09:13,659 --> 00:09:18,458
everybody's response all right I'm going

203
00:09:17,169 --> 00:09:19,870
to look a little bit here at this

204
00:09:18,458 --> 00:09:24,669
personal Learning and Development and

205
00:09:19,870 --> 00:09:27,209
share that with you now here's a sample

206
00:09:24,669 --> 00:09:30,939
of responses from the Gateway only group

207
00:09:27,208 --> 00:09:32,619
and I've highlighted a couple places

208
00:09:30,940 --> 00:09:34,899
here we'll pay attention to the language

209
00:09:32,620 --> 00:09:37,690
because the language is key to kind of a

210
00:09:34,899 --> 00:09:39,970
mental functioning the way people are

211
00:09:37,690 --> 00:09:43,480
structuring meaning from this experience

212
00:09:39,970 --> 00:09:47,829
so I'm accepting my limitations I'm

213
00:09:43,480 --> 00:09:50,940
forgiving myself I've cried with one's

214
00:09:47,828 --> 00:09:53,559

self of the young time together a

215

00:09:50,940 --> 00:09:55,930

meeting having cried with one's self of

216

00:09:53,559 --> 00:09:59,189

a young time together learning to trust

217

00:09:55,929 --> 00:10:04,120

myself realizing how dumb I've been

218

00:09:59,190 --> 00:10:05,110

discovering the clown chakra realizing

219

00:10:04,120 --> 00:10:08,110

I'm still alive

220

00:10:05,110 --> 00:10:12,039

interesting interesting data here now

221

00:10:08,110 --> 00:10:16,899

let's compare that with the multiple

222

00:10:12,039 --> 00:10:21,809

program participants and you can really

223

00:10:16,899 --> 00:10:21,809

see you know a number of different

224

00:10:21,870 --> 00:10:26,528

characteristics in the language I'm very

225

00:10:25,000 --> 00:10:29,049

different person much more whole than

226

00:10:26,528 --> 00:10:32,769

before TMI help me heal when I was very

227

00:10:29,049 --> 00:10:36,419

bruised I'll always be grateful having

228

00:10:32,769 --> 00:10:39,069

confidence myself to dance with others

229
00:10:36,419 --> 00:10:41,110
one part of our purpose here on earth or

230
00:10:39,070 --> 00:10:43,390
one way to look at it is to enable God

231
00:10:41,110 --> 00:10:48,459
to experience the physical in my case

232
00:10:43,389 --> 00:10:50,500
here and enjoy music realize that I

233
00:10:48,458 --> 00:10:52,849
failed to follow my guidance if I was

234
00:10:50,500 --> 00:10:54,440
afraid of possible consequences

235
00:10:52,850 --> 00:10:56,319
learning to love and trust myself

236
00:10:54,440 --> 00:10:59,269
letting go shame

237
00:10:56,318 --> 00:11:02,838
now language here betrays a degree of

238
00:10:59,269 --> 00:11:04,639
integration of an understanding of how

239
00:11:02,839 --> 00:11:06,980
their life has changed and how they are

240
00:11:04,639 --> 00:11:09,649
living in accordance with that change

241
00:11:06,980 --> 00:11:12,350
that's one of the things that I'm taking

242
00:11:09,649 --> 00:11:14,809
away from this to explain why they feel

243
00:11:12,350 --> 00:11:18,350
more life satisfaction and greater self

244
00:11:14,809 --> 00:11:20,000
efficacy right now obviously there's

245
00:11:18,350 --> 00:11:22,190
some things here that I still don't

246
00:11:20,000 --> 00:11:25,940
understand and one of the things that

247
00:11:22,190 --> 00:11:27,589
I'm proposing is that there are still

248
00:11:25,940 --> 00:11:29,630
questions around other variables

249
00:11:27,589 --> 00:11:32,660
contributing to this finding so there's

250
00:11:29,629 --> 00:11:35,240
a phase to this study yet to be done but

251
00:11:32,659 --> 00:11:38,568
there's also a need to get other

252
00:11:35,240 --> 00:11:40,250
people's perspective on these people so

253
00:11:38,568 --> 00:11:43,458
I'm proposing to use a multi rater

254
00:11:40,250 --> 00:11:47,028
instrument in a follow-up study with 34

255
00:11:43,458 --> 00:11:48,619
of these individuals now the final

256
00:11:47,028 --> 00:11:50,269
comment I take this from Richard

257

00:11:48,620 --> 00:11:52,610
tarnishes work on the passion of the

258
00:11:50,269 --> 00:11:55,310
Western mind and I certainly saw that

259
00:11:52,610 --> 00:11:58,519
happening with both groups of people is

260
00:11:55,309 --> 00:12:00,379
the way in which we've focused on the

261
00:11:58,519 --> 00:12:02,480
world our intentions we bring the world

262
00:12:00,379 --> 00:12:05,649
the world opens up and begins to ratify

263
00:12:02,480 --> 00:12:08,449
that experience for us so with that I

264
00:12:05,649 --> 00:12:10,220
kind of conclude my presentation open it

265
00:12:08,448 --> 00:12:13,000
up to any kind of questions as I've

266
00:12:10,220 --> 00:12:13,000
covered a lot of stuff

267
00:12:26,669 --> 00:12:34,110
um I'm Tennant I tend to be slightly

268
00:12:31,299 --> 00:12:36,879
suspicious of self reportage in

269
00:12:34,110 --> 00:12:39,570
psychological studies I don't mean to be

270
00:12:36,879 --> 00:12:42,309
too cynical but isn't it possible that

271
00:12:39,570 --> 00:12:45,760

some of this effect is simply due to

272

00:12:42,309 --> 00:12:47,319

self suggestion and self selection in

273

00:12:45,759 --> 00:12:51,039

other words people that go through

274

00:12:47,320 --> 00:12:54,220

multiple programs are one one example

275

00:12:51,039 --> 00:12:59,559

would mean that they would be tend to be

276

00:12:54,220 --> 00:13:01,509

motivated to to feel that they had to

277

00:12:59,559 --> 00:13:06,669

change in response to spending all that

278

00:13:01,509 --> 00:13:09,610

money there wasn't it wasn't a waste and

279

00:13:06,669 --> 00:13:11,649

and to justify it to it even on a

280

00:13:09,610 --> 00:13:13,300

questionnaire but of course I assume

281

00:13:11,649 --> 00:13:17,740

these people were anonymous

282

00:13:13,299 --> 00:13:19,269

so so there was no ego issue there so

283

00:13:17,740 --> 00:13:23,259

anyway I think that there could be other

284

00:13:19,269 --> 00:13:26,019

from other factors that cause those

285

00:13:23,259 --> 00:13:27,730

results sure and I don't disagree I

286
00:13:26,019 --> 00:13:29,919
really what's coming across here is an

287
00:13:27,730 --> 00:13:34,060
attitude I don't really know if they're

288
00:13:29,919 --> 00:13:36,129
happier by but you certainly get from

289
00:13:34,059 --> 00:13:39,278
their responses a clear indication

290
00:13:36,129 --> 00:13:42,000
particularly when you do the analysis

291
00:13:39,278 --> 00:13:45,159
that they're statistically a difference

292
00:13:42,000 --> 00:13:47,259
now what explains that that's something

293
00:13:45,159 --> 00:13:50,469
I would like to get into a deeper

294
00:13:47,259 --> 00:13:54,490
understanding now okay so I agree it

295
00:13:50,470 --> 00:13:55,778
could be other factors here yeah um my

296
00:13:54,490 --> 00:13:57,430
question was similar to his in terms of

297
00:13:55,778 --> 00:13:58,450
a self selection of fact I guess the

298
00:13:57,429 --> 00:14:00,789
other question is is that do you have

299
00:13:58,450 --> 00:14:02,980
any pre data so do we we don't know how

300
00:14:00,789 --> 00:14:04,208
much gain may have occurred no we don't

301
00:14:02,980 --> 00:14:06,250
have a baseline this is one of the

302
00:14:04,208 --> 00:14:08,109
things I've told the folks at TMI you

303
00:14:06,250 --> 00:14:10,299
need to start collecting data on tips

304
00:14:08,110 --> 00:14:12,220
that come in in so you know something

305
00:14:10,299 --> 00:14:14,169
about you know what you are trying to

306
00:14:12,220 --> 00:14:17,399
evaluate in terms of long term effect

307
00:14:14,169 --> 00:14:19,838
and they haven't begun to do that yet I

308
00:14:17,399 --> 00:14:22,958
know in the beginning that Monroe

309
00:14:19,839 --> 00:14:24,670
Institute had all these frequencies to

310
00:14:22,958 --> 00:14:26,099
help people get out of their bodies did

311
00:14:24,669 --> 00:14:27,719
you even ask

312
00:14:26,100 --> 00:14:29,879
fool about where they're getting out of

313
00:14:27,720 --> 00:14:33,509
their bodies morgue has the whole focus

314

00:14:29,879 --> 00:14:35,129
of the Institute changed no what you

315
00:14:33,509 --> 00:14:37,649
didn't see up there was what I call the

316
00:14:35,129 --> 00:14:39,269
mystical experience and a number of and

317
00:14:37,649 --> 00:14:40,169
what's really interesting here is you

318
00:14:39,269 --> 00:14:44,360
would think that that would be the

319
00:14:40,169 --> 00:14:47,009
probably the number one area of

320
00:14:44,360 --> 00:14:51,750
memorable experience and actually it

321
00:14:47,009 --> 00:14:53,039
isn't and in fact among this group I

322
00:14:51,750 --> 00:14:54,750
don't think that there's more than a

323
00:14:53,039 --> 00:14:57,750
handful of people he even spoke of

324
00:14:54,750 --> 00:15:00,629
out-of-body experience but they spoke of

325
00:14:57,750 --> 00:15:03,078
a wide range of what I call meta normal

326
00:15:00,629 --> 00:15:08,399
functioning the experience of themselves

327
00:15:03,078 --> 00:15:11,219
under different influences experiencing

328
00:15:08,399 --> 00:15:14,039

themselves transported in time speaking

329

00:15:11,220 --> 00:15:16,110

with their their their relatives outside

330

00:15:14,039 --> 00:15:19,110

of time soul retrieval a number of

331

00:15:16,110 --> 00:15:22,919

various activities that are very much at

332

00:15:19,110 --> 00:15:25,649

the heart of what Monroe does but by and

333

00:15:22,919 --> 00:15:27,059

large the large majority was around

334

00:15:25,649 --> 00:15:29,639

personal learning and development and

335

00:15:27,059 --> 00:15:31,979

what I'm calling belongings their

336

00:15:29,639 --> 00:15:34,129

relationship to others was more

337

00:15:31,980 --> 00:15:38,250

memorable than some of those experiences

338

00:15:34,129 --> 00:15:41,068

so I found that interesting I had a

339

00:15:38,250 --> 00:15:43,589

question about the two populations did

340

00:15:41,068 --> 00:15:46,019

you control for the amount of meditation

341

00:15:43,589 --> 00:15:49,290

in the two populations and that was one

342

00:15:46,019 --> 00:15:52,139

of the questions I didn't ask is like

343
00:15:49,289 --> 00:15:53,250
what other work are you doing alright

344
00:15:52,139 --> 00:15:55,169
and that's one of the things I'm going

345
00:15:53,250 --> 00:16:02,370
to go into in greater detail in the and

346
00:15:55,169 --> 00:16:04,879
then in the next phase of the study we

347
00:16:02,370 --> 00:16:04,879
have one more

348
00:16:05,750 --> 00:16:10,309
just like to comment and ask a question

349
00:16:08,029 --> 00:16:13,039
my sense is that the particular

350
00:16:10,309 --> 00:16:15,979
technique of the induction that you're

351
00:16:13,039 --> 00:16:17,959
studying could be is interchangeable

352
00:16:15,980 --> 00:16:20,659
with you could make quite a list of

353
00:16:17,960 --> 00:16:24,470
other programs of self development and

354
00:16:20,659 --> 00:16:27,409
personal change and you would find in in

355
00:16:24,470 --> 00:16:30,980
all these cases a moment of initiation

356
00:16:27,409 --> 00:16:33,709
or kicking open the door or some kind of

357
00:16:30,980 --> 00:16:35,509
blast off experience and then you would

358
00:16:33,710 --> 00:16:38,509
find long periods of sustained

359
00:16:35,509 --> 00:16:41,990
development which are making exactly the

360
00:16:38,509 --> 00:16:46,009
kind of mature integrated human beings

361
00:16:41,990 --> 00:16:48,710
to come forth and and so what I really

362
00:16:46,009 --> 00:16:52,700
appreciate is is the the joining of this

363
00:16:48,710 --> 00:16:56,870
technology with spiritual traditions and

364
00:16:52,700 --> 00:16:59,420
many others and I the more data we have

365
00:16:56,870 --> 00:17:00,919
of each and every one of these the

366
00:16:59,419 --> 00:17:03,709
better and I really appreciate it thank

367
00:17:00,919 --> 00:17:08,180
you and and let me just simply add there

368
00:17:03,710 --> 00:17:10,400
was another reason for why skip

369
00:17:08,180 --> 00:17:13,250
backwater wanted us to do this study was

370
00:17:10,400 --> 00:17:14,959
also to look at why not more people were

371

00:17:13,250 --> 00:17:16,759
coming back there would seem to be about

372
00:17:14,959 --> 00:17:19,730
a 36 month period of time from the

373
00:17:16,759 --> 00:17:22,730
initial finding out about Monroe until

374
00:17:19,730 --> 00:17:25,059
the interests begin to wane and that was

375
00:17:22,730 --> 00:17:25,059
one of the