

1
00:00:00,030 --> 00:00:02,819
glad you said my name is Julie by shal

2
00:00:01,500 --> 00:00:05,160
I'm director of research at the wind

3
00:00:02,819 --> 00:00:08,160
bridge Institute and we're an

4
00:00:05,160 --> 00:00:10,559
independent research organization and so

5
00:00:08,160 --> 00:00:13,620
we we've we're about a year and a half

6
00:00:10,558 --> 00:00:16,618
old we've received a couple of small

7
00:00:13,619 --> 00:00:20,788
grants but we rely heavily on the public

8
00:00:16,618 --> 00:00:22,439
member support my PhD is in pharmacology

9
00:00:20,789 --> 00:00:24,539
and toxicology with a minor in

10
00:00:22,439 --> 00:00:26,939
microbiology and immunology so you can

11
00:00:24,539 --> 00:00:31,410
see how that clearly led right into a

12
00:00:26,939 --> 00:00:34,049
mediumship research and I I often get

13
00:00:31,410 --> 00:00:36,119
the question how how did I get from

14
00:00:34,049 --> 00:00:38,819
there to here and the short answer is I

15
00:00:36,119 --> 00:00:40,019
suffered a personal loss and wondered

16
00:00:38,820 --> 00:00:43,920
what science had to say about the

17
00:00:40,020 --> 00:00:46,170
afterlife and there not a whole lot was

18
00:00:43,920 --> 00:00:49,020
the answer and so I decided to answer my

19
00:00:46,170 --> 00:00:52,079
own questions and that's what led me

20
00:00:49,020 --> 00:00:53,910
here so a twin bridge this is our

21
00:00:52,079 --> 00:00:55,679
mission we investigate the capabilities

22
00:00:53,909 --> 00:00:57,328
of our bodies minds and spirits and how

23
00:00:55,679 --> 00:01:01,378
that and information Confessor of all

24
00:00:57,329 --> 00:01:02,789
living things the main focus of our

25
00:01:01,378 --> 00:01:04,500
research right now again we're just a

26
00:01:02,789 --> 00:01:07,109
year and a half old is the survival of

27
00:01:04,500 --> 00:01:09,359
consciousness and we use that word

28
00:01:07,109 --> 00:01:11,780
consciousness it's been defined a lot of

29

00:01:09,359 --> 00:01:14,700
different ways here this week to mean

30
00:01:11,780 --> 00:01:17,670
what we know when I think of me it's the

31
00:01:14,700 --> 00:01:19,560
me the self is how we're we're talking

32
00:01:17,670 --> 00:01:21,868
about consciousness so we investigate

33
00:01:19,560 --> 00:01:24,900
survival of consciousness and three main

34
00:01:21,868 --> 00:01:27,390
ways we work with mediums people who

35
00:01:24,900 --> 00:01:31,109
claim to talk to the dead we investigate

36
00:01:27,390 --> 00:01:35,460
allegedly haunted locations and we use

37
00:01:31,109 --> 00:01:37,828
we are looking into how technology can

38
00:01:35,459 --> 00:01:40,559
be used to interact with detect

39
00:01:37,828 --> 00:01:41,849
communicate with the deceased etc so

40
00:01:40,560 --> 00:01:44,159
today I'm just going to be talking about

41
00:01:41,849 --> 00:01:47,819
mediumship but we do all three of those

42
00:01:44,159 --> 00:01:51,719
things at one bridge so no doubt you've

43
00:01:47,819 --> 00:01:54,148

seen lots of mediums and such on TV and

44

00:01:51,719 --> 00:01:56,849

in the movies and it's it's very popular

45

00:01:54,149 --> 00:01:59,609

these days but the truth is people have

46

00:01:56,849 --> 00:02:01,468

been investigating mediumship some very

47

00:01:59,609 --> 00:02:03,780

very intelligent people have been

48

00:02:01,468 --> 00:02:07,169

investigating mediumship for well over a

49

00:02:03,780 --> 00:02:10,649

hundred years and if you're interested

50

00:02:07,170 --> 00:02:11,879

in this topic I highly recommend this

51

00:02:10,649 --> 00:02:13,919

book ghost town

52

00:02:11,879 --> 00:02:16,049

it's called by a Pulitzer prize-winning

53

00:02:13,919 --> 00:02:17,759

journalist deborah blum and it talks

54

00:02:16,050 --> 00:02:19,590

about the the beginnings of the

55

00:02:17,759 --> 00:02:23,849

societies for psychical research and

56

00:02:19,590 --> 00:02:25,979

their investigation of of mediums at the

57

00:02:23,849 --> 00:02:27,960

turn of the century so after a hundred

58
00:02:25,979 --> 00:02:30,389
years of mediumship research what we can

59
00:02:27,960 --> 00:02:32,820
conclude is what we call anomalous

60
00:02:30,389 --> 00:02:35,729
information reception so that's the

61
00:02:32,819 --> 00:02:37,650
theory that certain mediums can report

62
00:02:35,729 --> 00:02:40,889
accurate and specific information about

63
00:02:37,650 --> 00:02:42,569
the deceased loved loved ones excuse me

64
00:02:40,889 --> 00:02:45,389
who we call discarnates

65
00:02:42,569 --> 00:02:47,849
so not embodied cannot means flesh so

66
00:02:45,389 --> 00:02:51,989
not in the flesh the they can report

67
00:02:47,849 --> 00:02:53,669
information about the disc arnott's the

68
00:02:51,990 --> 00:02:56,159
loved ones of living people who the

69
00:02:53,669 --> 00:02:57,929
living people we call sitters without

70
00:02:56,159 --> 00:03:00,389
any prior knowledge about the disc on

71
00:02:57,930 --> 00:03:03,060
its or the sitters without using

72
00:03:00,389 --> 00:03:05,549
deception or fraud and with no feedback

73
00:03:03,060 --> 00:03:08,400
during the reading so they're reporting

74
00:03:05,550 --> 00:03:09,780
this information and it's accurate but

75
00:03:08,400 --> 00:03:13,379
we don't know where it comes from so

76
00:03:09,780 --> 00:03:15,569
it's anomalous this source so if if

77
00:03:13,379 --> 00:03:17,460
we've established that in the last

78
00:03:15,569 --> 00:03:19,919
hundred years why should we do

79
00:03:17,460 --> 00:03:20,700
mediumship research today so for a

80
00:03:19,919 --> 00:03:24,389
number of reasons

81
00:03:20,699 --> 00:03:26,639
today's mediums use an entirely through

82
00:03:24,389 --> 00:03:28,559
process than the medium studied at the

83
00:03:26,639 --> 00:03:30,869
beginning of the societies for psychical

84
00:03:28,560 --> 00:03:34,050
research those mediums were usually

85
00:03:30,870 --> 00:03:36,750
trance mediums they were basically

86

00:03:34,050 --> 00:03:39,689
unconscious during the readings and the

87
00:03:36,750 --> 00:03:42,060
entity took over the mediums body and

88
00:03:39,689 --> 00:03:43,859
used her voice to give the reading and

89
00:03:42,060 --> 00:03:46,080
she had no recollection of the reading

90
00:03:43,860 --> 00:03:48,630
after it was over our mediums that we

91
00:03:46,080 --> 00:03:53,790
use today we refer to as mental mediums

92
00:03:48,629 --> 00:03:56,939
and they remain awake and aware during

93
00:03:53,789 --> 00:03:59,699
the reading and have have a memory of

94
00:03:56,939 --> 00:04:01,709
that it happened the other thing is the

95
00:03:59,699 --> 00:04:02,599
the mediums that were studied in the

96
00:04:01,709 --> 00:04:05,729
past we're often

97
00:04:02,599 --> 00:04:08,069
spiritualist mediums and I refer to our

98
00:04:05,729 --> 00:04:10,319
meetings as nondenominational there's

99
00:04:08,069 --> 00:04:13,439
not a belief system associated with what

100
00:04:10,319 --> 00:04:15,329

they do also we're able to use more

101

00:04:13,439 --> 00:04:18,480

sophisticated and rigorous methods today

102

00:04:15,330 --> 00:04:19,859

than than a hundred years ago and there

103

00:04:18,480 --> 00:04:21,840

are important scientific and social

104

00:04:19,858 --> 00:04:23,459

implications for what we can find from

105

00:04:21,839 --> 00:04:24,929

this research for example it speaks

106

00:04:23,459 --> 00:04:26,489

directly to

107

00:04:24,930 --> 00:04:29,189

this question we've been talking a lot

108

00:04:26,490 --> 00:04:31,019

about this week the relationship between

109

00:04:29,189 --> 00:04:33,329

the mind or consciousness in the brain

110

00:04:31,019 --> 00:04:35,698

you know we've talked there's a lot of

111

00:04:33,329 --> 00:04:37,620

argument and consciousness research

112

00:04:35,699 --> 00:04:40,800

about where in the brain consciousness

113

00:04:37,620 --> 00:04:42,780

happens but survival and mediumship

114

00:04:40,800 --> 00:04:45,840

research imply it doesn't happen in the

115
00:04:42,779 --> 00:04:48,629
brain at all so it's it was it addresses

116
00:04:45,839 --> 00:04:50,819
that question specifically mediums might

117
00:04:48,629 --> 00:04:52,740
be able to perform socially useful tasks

118
00:04:50,819 --> 00:04:54,509
what if they can find missing persons

119
00:04:52,740 --> 00:04:56,519
what if they can contribute to criminal

120
00:04:54,509 --> 00:04:58,348
investigations we need to be able to

121
00:04:56,519 --> 00:05:01,409
understand how they're doing what

122
00:04:58,348 --> 00:05:04,620
they're doing in order to take advantage

123
00:05:01,410 --> 00:05:07,710
of that the dead might have wisdom to

124
00:05:04,620 --> 00:05:09,389
share with us that can help us address

125
00:05:07,709 --> 00:05:14,098
the problems of society and technology

126
00:05:09,389 --> 00:05:17,490
and that sort of thing evidence for an

127
00:05:14,098 --> 00:05:19,649
afterlife may be very comforting to

128
00:05:17,490 --> 00:05:22,889
hospice patients and their family you

129
00:05:19,649 --> 00:05:24,839
know I I say religion may comfort some

130
00:05:22,889 --> 00:05:27,930
people but science is going to be what

131
00:05:24,839 --> 00:05:31,339
comforts me at the end so and I assume

132
00:05:27,930 --> 00:05:34,439
there are other people like me out there

133
00:05:31,339 --> 00:05:36,719
evidence for life after death will also

134
00:05:34,439 --> 00:05:38,728
drastically change allopathic health

135
00:05:36,720 --> 00:05:40,949
care if we can convince allopathic

136
00:05:38,728 --> 00:05:42,538
physicians that death is just a

137
00:05:40,949 --> 00:05:44,038
transition and not the end it's not a

138
00:05:42,538 --> 00:05:46,918
failure

139
00:05:44,038 --> 00:05:49,219
we all die it's they didn't do anything

140
00:05:46,918 --> 00:05:53,038
wrong when a patient dies people die

141
00:05:49,220 --> 00:05:56,340
then we can we can make that transition

142
00:05:53,038 --> 00:05:58,740
easier for patients and I constantly

143

00:05:56,339 --> 00:06:01,168
lament the fact that we train our

144
00:05:58,740 --> 00:06:03,870
mothers to no end about how to give

145
00:06:01,168 --> 00:06:06,538
birth but we don't tell anybody how to

146
00:06:03,870 --> 00:06:08,908
die and there's lots we know about death

147
00:06:06,538 --> 00:06:10,379
and and it's process and so that's one

148
00:06:08,908 --> 00:06:14,459
of the the things that we're interested

149
00:06:10,379 --> 00:06:18,300
in is is making a change in in that

150
00:06:14,459 --> 00:06:20,609
policy in health care and then people

151
00:06:18,300 --> 00:06:24,418
who receive mediumship readings report

152
00:06:20,610 --> 00:06:26,580
feeling better so this may be mediumship

153
00:06:24,418 --> 00:06:28,319
readings may be a therapy that may be

154
00:06:26,579 --> 00:06:30,709
useful in grief counseling and I'm going

155
00:06:28,319 --> 00:06:34,408
to talk some more about that specific

156
00:06:30,709 --> 00:06:36,288
topic in a little while so how do we

157
00:06:34,408 --> 00:06:38,430

bring mediumship into the laboratory

158

00:06:36,288 --> 00:06:40,819
colored liquid in the test tube

159

00:06:38,430 --> 00:06:42,569
International symbol for laboratory

160

00:06:40,819 --> 00:06:44,459
there I've worked in lots of

161

00:06:42,569 --> 00:06:47,909
laboratories and I've never seen colored

162

00:06:44,459 --> 00:06:52,680
liquid anywhere all clear

163

00:06:47,910 --> 00:06:54,570
everything's clear so how do we bring

164

00:06:52,680 --> 00:06:56,519
mediums into the laboratory how do we

165

00:06:54,569 --> 00:07:00,360
get them out from behind their crystal

166

00:06:56,519 --> 00:07:02,459
balls and into the lab these are mediums

167

00:07:00,360 --> 00:07:04,050
they don't use crystal balls if you saw

168

00:07:02,459 --> 00:07:06,569
them in the grocery store you would

169

00:07:04,050 --> 00:07:10,740
never know they were mediums they're

170

00:07:06,569 --> 00:07:13,110
just normal you know moms and your

171

00:07:10,740 --> 00:07:15,660
neighbor and they're just regular people

172
00:07:13,110 --> 00:07:18,420
who happen to experience communication

173
00:07:15,660 --> 00:07:20,189
with the deceased so a twin broods our

174
00:07:18,420 --> 00:07:22,590
mediumship research has three main legs

175
00:07:20,189 --> 00:07:24,449
proof focus research process focus

176
00:07:22,589 --> 00:07:25,829
research and applied research and I'll

177
00:07:24,449 --> 00:07:28,199
talk about each of those in turn

178
00:07:25,829 --> 00:07:30,329
oh I included some comics so that I

179
00:07:28,199 --> 00:07:32,370
remember to get a drink otherwise I get

180
00:07:30,329 --> 00:07:34,550
cottonmouth Frog voice and no one with

181
00:07:32,370 --> 00:07:34,550
it

182
00:07:38,350 --> 00:07:45,189
notice the crystal ball international

183
00:07:42,279 --> 00:07:47,679
symbol for medium like this so proof

184
00:07:45,189 --> 00:07:50,980
focus research is research directly

185
00:07:47,680 --> 00:07:54,819
intended to gather evidence either for

186
00:07:50,980 --> 00:07:56,620
or against testing a mediums claim that

187
00:07:54,819 --> 00:08:00,099
they can report after and specific

188
00:07:56,620 --> 00:08:02,590
information about the deceased to do

189
00:08:00,100 --> 00:08:04,960
that we want to make sure we include two

190
00:08:02,589 --> 00:08:07,029
equally important factors the first is a

191
00:08:04,959 --> 00:08:09,000
research environment that optimizes the

192
00:08:07,029 --> 00:08:11,399
process for everyone involved the

193
00:08:09,000 --> 00:08:15,069
hypothesize deceased person the medium

194
00:08:11,399 --> 00:08:18,310
the sitter and the experimenter if we're

195
00:08:15,069 --> 00:08:19,750
being selfish and I like to say you

196
00:08:18,310 --> 00:08:20,560
can't fit a football on a basketball

197
00:08:19,750 --> 00:08:22,180
court

198
00:08:20,560 --> 00:08:24,129
using baseball players and the rules for

199
00:08:22,180 --> 00:08:26,350
hockey and then say you've disproven the

200

00:08:24,129 --> 00:08:28,389
existence of football you have to study

201
00:08:26,350 --> 00:08:29,890
football on a football field with

202
00:08:28,389 --> 00:08:32,038
trained football players and the rules

203
00:08:29,889 --> 00:08:34,659
for football and so as we design

204
00:08:32,038 --> 00:08:36,580
experiments at wind bridge you know we

205
00:08:34,659 --> 00:08:38,769
what have we put the museum underwater

206
00:08:36,580 --> 00:08:41,080
okay that's not football anymore that

207
00:08:38,769 --> 00:08:44,139
never happens in a normal mediumship

208
00:08:41,080 --> 00:08:46,330
reading so we have to stick with what

209
00:08:44,139 --> 00:08:47,500
happens in nature in the mediumship

210
00:08:46,330 --> 00:08:50,170
reading or you're not studying

211
00:08:47,500 --> 00:08:52,419
mediumship anymore and the second factor

212
00:08:50,169 --> 00:08:55,809
our maximum experimental controls you

213
00:08:52,419 --> 00:08:59,019
have to eliminate any other explanation

214
00:08:55,809 --> 00:09:01,629

for what further for any positive

215

00:08:59,019 --> 00:09:03,759

results so the way that we do that we

216

00:09:01,629 --> 00:09:07,480

use these these six different methods

217

00:09:03,759 --> 00:09:10,360

the screening of the subjects mediums

218

00:09:07,480 --> 00:09:13,029

and sitters pairing of research readings

219

00:09:10,360 --> 00:09:16,180

pairing of the deceased a specific

220

00:09:13,029 --> 00:09:18,069

reading format or sorry protocol the

221

00:09:16,179 --> 00:09:19,719

formatting of the reading after the

222

00:09:18,070 --> 00:09:22,270

medium gives the reading and then the

223

00:09:19,720 --> 00:09:23,950

raters scoring of the reading and then

224

00:09:22,269 --> 00:09:25,689

the blinding that takes place in all

225

00:09:23,950 --> 00:09:28,300

that I'm gonna talk a little bit about

226

00:09:25,690 --> 00:09:29,860

those today but you can find them in a

227

00:09:28,299 --> 00:09:33,039

description of those methods in

228

00:09:29,860 --> 00:09:35,230

mind-numbing detail in this method from

229

00:09:33,039 --> 00:09:37,299

the journal parapsychology that came out

230

00:09:35,230 --> 00:09:40,300

last year and is available on our

231

00:09:37,299 --> 00:09:42,759

website so the first thing that I

232

00:09:40,299 --> 00:09:46,509

mentioned was screening so we screen our

233

00:09:42,759 --> 00:09:49,220

and certify our mediums before working

234

00:09:46,509 --> 00:09:51,350

with them in data collection and

235

00:09:49,220 --> 00:09:53,330

the end of the screening we call the

236

00:09:51,350 --> 00:09:55,879

wind bridge certified research mediums

237

00:09:53,330 --> 00:09:58,970

and you know around the lab we say well

238

00:09:55,879 --> 00:10:01,960

curbs we pronounce it work herbs we

239

00:09:58,970 --> 00:10:01,960

thought about when