

1  
00:00:00,319 --> 00:00:06,929  
our next speaker is Dale graph I met

2  
00:00:03,990 --> 00:00:09,300  
Dale years and years ago where when he

3  
00:00:06,929 --> 00:00:13,289  
was standing in a distinguished office

4  
00:00:09,300 --> 00:00:15,210  
in pentagon in the DIA and since then

5  
00:00:13,289 --> 00:00:16,799  
he's been doing lots of things he has

6  
00:00:15,210 --> 00:00:18,778  
degrees in aeronautical engineering and

7  
00:00:16,800 --> 00:00:20,670  
physics and a career in aerospace and

8  
00:00:18,778 --> 00:00:23,009  
industrial intelligence with less

9  
00:00:20,670 --> 00:00:25,019  
government or for several years he was

10  
00:00:23,010 --> 00:00:27,810  
chairman of the intelligence community's

11  
00:00:25,018 --> 00:00:29,729  
radar and optical data working group he

12  
00:00:27,809 --> 00:00:31,108  
spent 30 years investigating researching

13  
00:00:29,730 --> 00:00:32,668  
and applying remote viewing inside

14  
00:00:31,109 --> 00:00:34,859  
phenomena including workshops and

15  
00:00:32,668 --> 00:00:37,859  
seminars and officially as the chief of

16  
00:00:34,859 --> 00:00:39,869  
the Stargate remote viewing unit he's

17  
00:00:37,859 --> 00:00:41,579  
currently independent research includes

18  
00:00:39,869 --> 00:00:43,709  
sigh phenomena occurring in the awake

19  
00:00:41,579 --> 00:00:46,170  
state or in the dream state with focus

20  
00:00:43,710 --> 00:00:48,149  
on precognition his published books

21  
00:00:46,170 --> 00:00:51,059  
include tracks in the psychic wilderness

22  
00:00:48,149 --> 00:00:53,399  
and river dreams please help me welcome

23  
00:00:51,058 --> 00:00:59,488  
dale graph oh yeah you're right thank

24  
00:00:53,399 --> 00:01:02,010  
you I think I'll borrow a term from

25  
00:00:59,488 --> 00:01:06,149  
Jerome Clark and say that I'm going to

26  
00:01:02,009 --> 00:01:08,188  
be examining various unusual experiences

27  
00:01:06,150 --> 00:01:10,680  
some of them are anomalous and some of

28  
00:01:08,188 --> 00:01:12,569  
their paranormal anyway where I'm going

29

00:01:10,680 --> 00:01:14,970  
to be looking at is examining a

30  
00:01:12,569 --> 00:01:16,258  
different variety of experiences to see

31  
00:01:14,969 --> 00:01:18,629  
if there any common features between

32  
00:01:16,259 --> 00:01:20,640  
them I'm going to be looking to see if

33  
00:01:18,629 --> 00:01:23,280  
there's a side connection that is ESP

34  
00:01:20,640 --> 00:01:25,618  
telepathy remote viewing that might

35  
00:01:23,280 --> 00:01:27,420  
exist amongst the different experiences

36  
00:01:25,618 --> 00:01:30,319  
I'm going to be taking a look at the

37  
00:01:27,420 --> 00:01:32,570  
lucid dream on the body spectrum and the

38  
00:01:30,319 --> 00:01:36,569  
implications that might come from this

39  
00:01:32,569 --> 00:01:39,000  
my first connection with anomalous

40  
00:01:36,569 --> 00:01:41,789  
phenomenon occurred when I was assigned

41  
00:01:39,000 --> 00:01:44,759  
to the farm technology division in 1964

42  
00:01:41,790 --> 00:01:46,740  
and through a fortuitous coincidence I

43  
00:01:44,759 --> 00:01:48,719

was sitting right next to the project

44

00:01:46,739 --> 00:01:51,269

Bluebook office and I gave me an

45

00:01:48,719 --> 00:01:53,670

opportunity to sample some of the cases

46

00:01:51,269 --> 00:01:55,560

that they had in a file I only could

47

00:01:53,670 --> 00:01:57,719

look through several hundred of the many

48

00:01:55,560 --> 00:01:59,070

thousands they had there so i can't

49

00:01:57,718 --> 00:02:01,890

really come up with a definitive

50

00:01:59,069 --> 00:02:03,779

conclusion on unlike some of the other

51

00:02:01,890 --> 00:02:06,299

committees that looked at the same data

52

00:02:03,780 --> 00:02:08,489

but i will say this i think of all the

53

00:02:06,299 --> 00:02:10,649

data that are recorded they were

54

00:02:08,489 --> 00:02:12,599

recorded in Project Blue Book and I'll

55

00:02:10,649 --> 00:02:13,000

go along with the assessment made my

56

00:02:12,598 --> 00:02:15,039

major

57

00:02:13,000 --> 00:02:17,379

Quintanilla who was the chief at a time

58  
00:02:15,039 --> 00:02:19,929  
that at least ten percent if not more or

59  
00:02:17,379 --> 00:02:22,269  
totally unexplained we just can't even

60  
00:02:19,930 --> 00:02:25,330  
rationalize but may have cost them at

61  
00:02:22,270 --> 00:02:29,709  
while i was at FTD i had the opportunity

62  
00:02:25,330 --> 00:02:32,260  
to sit next to the UFO hotline the phone

63  
00:02:29,709 --> 00:02:34,209  
which was in an end office next to me

64  
00:02:32,259 --> 00:02:36,729  
and occasionally I would be brought in

65  
00:02:34,209 --> 00:02:38,259  
to help evaluate the calls that were

66  
00:02:36,729 --> 00:02:40,419  
called in from the general public and

67  
00:02:38,259 --> 00:02:42,519  
through the years that I was sitting

68  
00:02:40,419 --> 00:02:44,889  
there and occasioning looking at some of

69  
00:02:42,520 --> 00:02:46,780  
these reports I have to say I did not

70  
00:02:44,889 --> 00:02:49,000  
see any that were credible they were

71  
00:02:46,780 --> 00:02:52,750  
usually hoaxes or misinterpretations of

72  
00:02:49,000 --> 00:02:54,969  
actual data nevertheless I think they're

73  
00:02:52,750 --> 00:02:56,889  
at least ten percent of the cases in

74  
00:02:54,969 --> 00:02:58,989  
that files that are truly unexplainable

75  
00:02:56,889 --> 00:03:01,089  
what was disappointing to me was that

76  
00:02:58,989 --> 00:03:03,129  
the data was rather limited there were a

77  
00:03:01,090 --> 00:03:06,310  
lot of questions I had but could he

78  
00:03:03,129 --> 00:03:07,989  
really get into it and for example there

79  
00:03:06,310 --> 00:03:10,539  
were incidents of out-of-body

80  
00:03:07,989 --> 00:03:12,069  
experiences described there were unusual

81  
00:03:10,539 --> 00:03:13,989  
physiological affection you've heard

82  
00:03:12,069 --> 00:03:16,239  
about some of them here some of the

83  
00:03:13,989 --> 00:03:18,700  
people that had deciding reported

84  
00:03:16,239 --> 00:03:21,219  
spontaneous healings afterwards some of

85  
00:03:18,699 --> 00:03:23,530  
them has increased sensitivities like

86

00:03:21,219 --> 00:03:25,509  
when individuals report a near-death

87  
00:03:23,530 --> 00:03:28,330  
experience and of course there's ample

88  
00:03:25,509 --> 00:03:30,609  
examples of sign phenomenon in there but

89  
00:03:28,330 --> 00:03:32,560  
I also noticed in the cases I look at

90  
00:03:30,610 --> 00:03:34,600  
and also with people that I met in the

91  
00:03:32,560 --> 00:03:36,250  
community and began exploring this with

92  
00:03:34,599 --> 00:03:38,859  
people locally in a dayton ohio area

93  
00:03:36,250 --> 00:03:42,009  
that some of the experiences had trauma

94  
00:03:38,860 --> 00:03:43,540  
in their lives either past even present

95  
00:03:42,009 --> 00:03:47,590  
or some future trauma and i have

96  
00:03:43,539 --> 00:03:50,828  
examples later my interest sort of died

97  
00:03:47,590 --> 00:03:52,719  
off about 1968 when i was transferred to

98  
00:03:50,829 --> 00:03:57,069  
hickam air force base and i lost

99  
00:03:52,719 --> 00:03:59,979  
interest in the field until i had a near

100  
00:03:57,069 --> 00:04:02,019

drowning experience in Hawaiian surf and

101

00:03:59,979 --> 00:04:04,419

when I came back from that experience I

102

00:04:02,019 --> 00:04:07,329

found that the boundaries that I had

103

00:04:04,419 --> 00:04:09,458

between consciousness and awake had

104

00:04:07,329 --> 00:04:11,739

totally dissolved I was able to go

105

00:04:09,459 --> 00:04:14,259

directly from the awake state into the

106

00:04:11,739 --> 00:04:17,829

dream state without ever going to sleep

107

00:04:14,259 --> 00:04:20,439

so suddenly I become aware of being in a

108

00:04:17,829 --> 00:04:22,870

dream and years later I learned that

109

00:04:20,439 --> 00:04:24,759

does a yoga technique called dream yoga

110

00:04:22,870 --> 00:04:26,800

where they spent years trying to achieve

111

00:04:24,759 --> 00:04:28,629

that particular ability

112

00:04:26,800 --> 00:04:30,430

so this gave me an opportunity to study

113

00:04:28,629 --> 00:04:33,129

lucid dreams and the outer body

114

00:04:30,430 --> 00:04:34,509

experience in great detail located

115  
00:04:33,129 --> 00:04:36,639  
people in the community that could do

116  
00:04:34,509 --> 00:04:39,009  
the same and as we worked with this

117  
00:04:36,639 --> 00:04:40,750  
material I found it a lot of archetypal

118  
00:04:39,009 --> 00:04:43,060  
material in there for those familiar

119  
00:04:40,750 --> 00:04:45,189  
with CG Jung and the collective

120  
00:04:43,060 --> 00:04:47,470  
unconscious you'll know what i mean but

121  
00:04:45,189 --> 00:04:50,228  
just basically symbols that don't have a

122  
00:04:47,470 --> 00:04:53,259  
personal connection that go back in time

123  
00:04:50,228 --> 00:04:56,649  
historic into ancient myths mythology

124  
00:04:53,259 --> 00:04:58,990  
whatever and I also experienced a lot of

125  
00:04:56,649 --> 00:05:01,209  
archetypal and symbolic dreams but they

126  
00:04:58,990 --> 00:05:03,848  
had to do with the symbols ground

127  
00:05:01,209 --> 00:05:06,250  
symbols disks and whatever which I

128  
00:05:03,848 --> 00:05:08,110  
associated with like the mandala a

129

00:05:06,250 --> 00:05:10,478

symbol of connectedness to my

130

00:05:08,110 --> 00:05:13,090

subconscious mind and integration was

131

00:05:10,478 --> 00:05:15,339

going on between my consciousness and my

132

00:05:13,089 --> 00:05:17,258

sub consciousness as I worked with

133

00:05:15,339 --> 00:05:19,359

people I found it we had she shared all

134

00:05:17,259 --> 00:05:21,610

our mutual dreams whether we wanted to

135

00:05:19,360 --> 00:05:23,620

or not and we experienced a lot of

136

00:05:21,610 --> 00:05:25,900

telepathy and precognition this is

137

00:05:23,620 --> 00:05:27,459

during a time frame in the early 1970s

138

00:05:25,899 --> 00:05:29,589

when I started to take a deep look at

139

00:05:27,459 --> 00:05:32,019

this one of the interesting things that

140

00:05:29,589 --> 00:05:33,968

I found was a loss was that we're really

141

00:05:32,019 --> 00:05:36,339

looking at dreams but sometimes wake up

142

00:05:33,968 --> 00:05:38,348

and there was the dream image still in

143

00:05:36,339 --> 00:05:40,119  
the room had it not been for the fact

144  
00:05:38,348 --> 00:05:41,829  
that we remembered a dream we were to

145  
00:05:40,120 --> 00:05:44,468  
said that was an apparition or a ghost

146  
00:05:41,829 --> 00:05:46,839  
and this dream image that remained as we

147  
00:05:44,468 --> 00:05:49,120  
woke up momentarily could be frightening

148  
00:05:46,839 --> 00:05:51,189  
if we didn't know we had a dream could

149  
00:05:49,120 --> 00:05:53,800  
be an in person and animal or a thing

150  
00:05:51,189 --> 00:05:56,050  
there are also times when we had false

151  
00:05:53,800 --> 00:05:57,579  
awakenings you know you wake up into a

152  
00:05:56,050 --> 00:05:59,408  
dream you think you're awake but you're

153  
00:05:57,579 --> 00:06:02,198  
not I'm going to show how to get rid of

154  
00:05:59,408 --> 00:06:04,899  
that symbol we also experienced sleep

155  
00:06:02,199 --> 00:06:06,460  
analysis and sleep paralysis where there

156  
00:06:04,899 --> 00:06:08,348  
are times you wake up and you're totally

157  
00:06:06,459 --> 00:06:11,228

paralyzed you can't move it's a very

158

00:06:08,348 --> 00:06:13,959

unsettling experience and during this

159

00:06:11,228 --> 00:06:16,718

time we also found that as we worked

160

00:06:13,959 --> 00:06:19,538

with dreams are waking imagery that was

161

00:06:16,718 --> 00:06:21,189

very clear and as we experiment with

162

00:06:19,538 --> 00:06:23,528

different projects we found that was

163

00:06:21,189 --> 00:06:25,418

very easy to go from a dream state to a

164

00:06:23,528 --> 00:06:27,250

conscious state particularly when we

165

00:06:25,418 --> 00:06:29,589

were trying to describe remote scenes or

166

00:06:27,250 --> 00:06:32,259

pictures that were concealed another

167

00:06:29,589 --> 00:06:34,628

thing that I found was that the more

168

00:06:32,259 --> 00:06:37,598

intense you became the more intense

169

00:06:34,629 --> 00:06:39,639

intensity or intentionality that you put

170

00:06:37,598 --> 00:06:40,569

into the success of the project the

171

00:06:39,639 --> 00:06:42,788

experiment

172  
00:06:40,569 --> 00:06:44,949  
the more vivid imagery and here's where

173  
00:06:42,788 --> 00:06:47,259  
I made some mistakes early on some of my

174  
00:06:44,949 --> 00:06:50,080  
target material was far too emotional

175  
00:06:47,259 --> 00:06:52,389  
and the individual on the other end the

176  
00:06:50,079 --> 00:06:54,459  
receiving end of the dream or their

177  
00:06:52,389 --> 00:06:57,639  
waking state experience would end up

178  
00:06:54,459 --> 00:07:00,038  
with severe physical symptoms in some

179  
00:06:57,639 --> 00:07:02,439  
cases a picture with somebody being

180  
00:07:00,038 --> 00:07:04,360  
stabbed by sword would convert directly

181  
00:07:02,439 --> 00:07:07,389  
to a black and blue mark on the arm of

182  
00:07:04,360 --> 00:07:09,580  
the individual because we had actually

183  
00:07:07,389 --> 00:07:11,408  
gone maybe he spent too much energy and

184  
00:07:09,579 --> 00:07:13,718  
trying to connect with that distant

185  
00:07:11,408 --> 00:07:15,908  
target I know I had an experience when

186  
00:07:13,718 --> 00:07:18,009  
time in a double-blind where the picture

187  
00:07:15,908 --> 00:07:20,769  
was a Holocaust somebody being injected

188  
00:07:18,009 --> 00:07:22,718  
with poison and I woke up from a

189  
00:07:20,769 --> 00:07:25,598  
horrible dream actually thinking I was

190  
00:07:22,718 --> 00:07:27,038  
dying I went to the bathroom sick and it

191  
00:07:25,598 --> 00:07:29,228  
took me a 10 minutes to get over that

192  
00:07:27,038 --> 00:07:31,658  
sickness so it's possible to really get

193  
00:07:29,228 --> 00:07:33,818  
absorbed into the target material and

194  
00:07:31,658 --> 00:07:36,188  
take on the physical symptoms even to

195  
00:07:33,819 --> 00:07:38,110  
the point we actually see the marks now

196  
00:07:36,189 --> 00:07:40,389  
I've also been aware of the staring

197  
00:07:38,110 --> 00:07:42,278  
experiments these are mild compared to

198  
00:07:40,389 --> 00:07:43,778  
some of the more intense physiological

199  
00:07:42,278 --> 00:07:45,668  
ones that I've experienced with my

200

00:07:43,778 --> 00:07:48,249  
colleagues over the years I was but

201  
00:07:45,668 --> 00:07:51,308  
participant in the S or I am staring

202  
00:07:48,249 --> 00:07:54,159  
experiment I was in Russia in 1993 and

203  
00:07:51,309 --> 00:07:56,740  
observed the Russian experiment in a

204  
00:07:54,158 --> 00:07:58,418  
similar project of a staring which was

205  
00:07:56,740 --> 00:08:00,788  
actually more intense than we did in

206  
00:07:58,418 --> 00:08:03,158  
this country now I've explored the

207  
00:08:00,788 --> 00:08:05,438  
experiences I have three here that are

208  
00:08:03,158 --> 00:08:06,968  
really the intense ones over the

209  
00:08:05,439 --> 00:08:09,999  
ten-year period that I really looked at

210  
00:08:06,968 --> 00:08:11,468  
this one was the alien threat a woman

211  
00:08:09,999 --> 00:08:13,479  
contractor being said that there was an

212  
00:08:11,468 --> 00:08:15,848  
alien of grey coming into her bedroom

213  
00:08:13,478 --> 00:08:18,368  
was shape-shifted and looked like an

214  
00:08:15,848 --> 00:08:20,019

evil demon well the more I talked to her

215

00:08:18,369 --> 00:08:22,689

the more I realized this sounded more

216

00:08:20,019 --> 00:08:26,079

like an archetype or something some kind

217

00:08:22,689 --> 00:08:27,939

of threat together we worked on a mutual

218

00:08:26,079 --> 00:08:30,668

dreaming and we were able to identify

219

00:08:27,939 --> 00:08:32,769

that does alien was actually the face

220

00:08:30,668 --> 00:08:34,360

the shape-shifted into the face of

221

00:08:32,769 --> 00:08:37,750

somebody that threatened her many years

222

00:08:34,360 --> 00:08:40,180

ago and we wondered why the dream

223

00:08:37,750 --> 00:08:41,828

occurred now when it turned out that he

224

00:08:40,179 --> 00:08:44,049

had called he called her color days

225

00:08:41,828 --> 00:08:46,359

later says he was then prepared to deal

226

00:08:44,049 --> 00:08:48,219

with the approaching threat there were

227

00:08:46,360 --> 00:08:50,050

two other traumas that I worked with it

228

00:08:48,220 --> 00:08:51,430

was time the people in the community

229

00:08:50,049 --> 00:08:54,179  
that had to do with poltergeist

230

00:08:51,429 --> 00:08:56,338  
phenomena and in one case we down

231

00:08:54,179 --> 00:08:58,199  
five to the source of the outbreak with

232

00:08:56,339 --> 00:09:00,240  
a traumatic incident that happened in a

233

00:08:58,200 --> 00:09:02,370  
woman's childhood when her mother tried

234

00:09:00,240 --> 00:09:04,919  
to suffocate her and whenever her

235

00:09:02,370 --> 00:09:07,799  
mother's birthday came around she had

236

00:09:04,919 --> 00:09:10,500  
his poltergeist outbreak objects flew

237

00:09:07,799 --> 00:09:12,569  
around the room in her house in another

238

00:09:10,500 --> 00:09:15,149  
case it was a future trauma where the

239

00:09:12,570 --> 00:09:16,560  
woman experienced polygon story of a

240

00:09:15,149 --> 00:09:19,559  
trauma that she would learn about the

241

00:09:16,559 --> 00:09:21,028  
next day now in all the work I've done

242

00:09:19,559 --> 00:09:23,759  
over the years I've been looking at

243  
00:09:21,028 --> 00:09:27,629  
different experiences that meditators

244  
00:09:23,759 --> 00:09:30,419  
people are going into fasting people

245  
00:09:27,629 --> 00:09:32,278  
that experience the Kundalini phenomenon

246  
00:09:30,419 --> 00:09:35,129  
which sometimes occurs through

247  
00:09:32,278 --> 00:09:37,919  
meditation I've talked to epileptics

248  
00:09:35,129 --> 00:09:40,559  
people have seizures I've talked to the

249  
00:09:37,919 --> 00:09:43,079  
synesthesia people suffering from cross

250  
00:09:40,559 --> 00:09:45,299  
senses a whole host of people that have

251  
00:09:43,080 --> 00:09:47,040  
different kinds of experiences and these

252  
00:09:45,299 --> 00:09:49,649  
are some of the common experiences they

253  
00:09:47,039 --> 00:09:52,049  
view the report as a rotating spinning

254  
00:09:49,649 --> 00:09:54,389  
feeling their tunnels their vortexes the

255  
00:09:52,049 --> 00:09:57,028  
tubes that get drawn into the strong

256  
00:09:54,389 --> 00:09:59,189  
electric and magnetic sensations their

257

00:09:57,028 --> 00:10:02,028  
color ships going from vivid greater

258  
00:09:59,190 --> 00:10:02,029  
blue that