

Subject: Higher Self.
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Subject: Higher Self.
April 2, 2011.

This talks about your higher self.

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Agents of Light Newsletter
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March 2011  
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In this month's issue, we explain the I AM Self and how it can support us in our s-iritual development. We also discuss the role of our etheric teachers and sp-ritual guides, and how they help us on our ascension path. The etheric teachers are increasing their outreach to those who are on a spi-ritual path and seeking ascension. This outreach has included new tools for enhancing our spiritual growth as well as removing obstacles that hamper our progress. As part of this effort, they are revealing new and useful information as part of our "How to Facilitate Your Ascension" class.

We also want to encourage those interested, to participate in the Lightwork Class on April 23rd and 30th. Working with the Light is an excellent way that we can expedite our ascension, and it also helps us draw closer to out etheric teachers.

As 2011 heats up we will continue to help support Lightworkers and their families who are interested in working with the Light, as well as those seeking ascension. We encourage readers to take advantage of the various activations, publications, readings and training that we make available for those pursuing their spiritual development.

In love and Light,
Bryan J-mes
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#### Understanding the I AM Self for Our Spir-tual Growth

Much has been written about the I AM Self Presence that we are told we have, albeit much of it is contradictory and somewhat confusing to understand. The viewpoints concerning the I AM Self or I AM Presence vary as much as different c-urch denominational beliefs concerning the tenants of C-ristianity.

These varying perspectives include the belief that I AM Self is a part of us that is d-vine and connected to G-d, or specifically a part of us that is Go-. Others see it as part of the Higher Self, C-rist Self, True Self or Inner Self.

While none of these examples would be consistent with how our etheric teachers define the I AM Self, they are useful in pointing to the importance of accessing the consciousness, perspective, outlook, attitude and behavior of a higher version of ourselves.

#### A perfect example for us to emulate

I AM Self is actually a facsimile (or example) of the highest version of ourselves that we can become, and the best example of how we should function on a day-to-day basis. This is even true concerning the appearance of the I AM Self; as it looks like us, but it's the best version of how we could ever look.

I recall on one occasion that my teachers showed me my I AM Self while I was in meditation. I was taken aback at how 'perfect' it looked in appearance. It was about 25 years old, in perfect condition and dressed very stylishly in casual clothes. It was the best version of how I could ever look, and they showed me also that it was the best, highest version of how I could ever act as well.

The I AM Self was provided to us by our etheric teachers so we could have an example of what we're aspiring to become. It's what we change over to after a complete spiritual 'make-over.' It's us without the anger, doubts, fears, pains, and worries that accumulate through this life and wear us down. It is us handling life's challenges with faith, hope, patience and love. And it is us living our lives in a way that helps prepare us for ascension, and all that this life path entails.

A person can seek to view their I AM Self in meditation, and perhaps their etheric teachers will provide that vision for them. There is also a way that a person can access their I Am Self, so as to benefit by having a constant reminder of how the best, highest version of ourselves would respond to life situations.

#### Translucent clothing of Light

The etheric teachers have created a special template that provides us a 3-piece suit of transparent (gossamer in appearance) clothing. This includes a shirt, pants and a cape. It provides a means for our fifth dimensional I AM Self presence to draw closer to us in third dimension, because it seems to sublimate our physical body so that we simulate transitioning to a Light body which can dwell in the s-irit realm.

Our I AM Self can then live in this set of clothing because it can align with that which is Di-ine. This allows us to more easily tap into and manifest our I AM presence, because our I AM presence is within our clothing of Light. The value to this is that we can more easily live through our I AM self, and we should practice this daily until eventually it becomes our normal state of being.

The way this works is that when you are aware that your I AM Self is with you, it helps you shift your attitude, thoughts, words and behavior, in any situation. For example, if you find yourself upset about something, all you have to do is remember that your I AM Self is near you, and that will help you make an immediate shift in your outlook. I have used it a number of times and it is just amazing how well it works.  
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Getting to Know Your Ascension Committee

There are many people on this planet that are spir-tual and sincerely aspire to e-olve to a higher level of being. However, most of them are unaware of how the spirit-al hierarchy is organized to support us.

The H-ly Ones actually have quite a few resources in place to provide us all the guidance we need to move us forward on an ascension path. These resources include two guides (male and female) and a minimum of 12 etheric teachers which serve as our 'ascension committee.'

Spirit Guides

Our two guides are assigned to us for a period of time, and then others fill that role after our guides have served us for a period of time. These guides have lived their lives and have chosen to be part of the Light and seek ascension. As a guide, they will support people in third dimension or work in the learning temples in the fifth dimension. Their frequency at this time is generally between 200 and 300, and they work under the direction of etheric teachers.

Etheric Teachers

Etheric teachers are ascended beings that have already lived a number of lifetimes, and have been raised up to the next level. Their frequency is generally 10,000. Everyone has a minimum of 12 etheric teachers, but they can earn up to 58 through their hard work and efforts to grow spiritu-lly. The more teachers we earn, the more we are progressing on our spiritua- path.

Our Teacher/Student Relationship

Unlike our teacher/student relationships during our youth, there is no requirement for us to seek out and learn from our teachers. Nor are they permitted to interfere with us if we don't want them to. That's because there is no requirement for us to learn and grow -piritually, and we can choose to be as s-iritually ignorant as we want. But the flip side to that is we also can't ascend if we don't seek out and learn from our etheric teachers. Most likely, we will get ourselves

in trouble by getting involved in a sp-ritual practice that's not useful to us or is harmful. Our teachers are with us to keep that from happening, but they can't help us if we don't know they exist or we choose to ignore them.

Our teachers are always a 'thought' away, and we can contact them at any time to seek their guidance. You can spend good quality time with them during a quiet meditation. As you do so, they will literally draw close to you, which you will sense as you learn to discern them.

As you get better at this, you may begin to hear or see them as they stand or sit near you. You can use tools such as pendulums and kinesiography to help you understand the answers they provide you. And if you seek them frequently and allow them to guide you, they will remain close to you.

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#### Important Class - How to Facilitate Your Ascension

As part of their plan to increase their outreach to us before what could be a very challenging time for the planet in 2012, the etheric teachers are revealing information that is new and useful for us that will help us facilitate our sp-ritual growth.

Part of this effort is a new class on ascension that they feel will boost our efforts to grow in the Light, and move us forward on our ascension path.

Benefits of the program include learning:

- \* How the ascension process works
- \* Why we incarnated on Earth in this lifetime
- \* How you can prepare for 2012 and beyond
- \* How the soul really functions
- \* The seven levels of spiritual growth
- \* The various parts of our spiritual selves
- \* How to work effectively with our etheric teachers
- \* How our teachers evaluate our spiritual progress
- \* What is required for ascension
- \* Spiritual tools to enhance our growth
- \* Removing obstacles to spiritual growth
- \* How working with Light expedites our progress
- \* How we can earn additional spiritual gifts

The class will cover the following relevant areas:

#### Part I - Ascension defined

- \*What is ascension?
- \*Why we ascend
- \*When do planets get to ascend?
- \*What we'll be doing after ascension

#### Part II - The importance of planet Earth

- \*How the universes are organized
- \*Why Earth is so important in comparison to other planets
- \*Why is 2012 significant?
- \*What we can expect beyond 2012

#### Part III - Our spiritual makeup

- \*What the soul really is
- \*How the soul functions
- \*The seven levels of spiritual growth
- \*The various parts of our spiritual selves and their purpose

#### Part IV - Our etheric teachers and guides

- \*The role of our etheric teachers and guides
- \*Working effectively with our teachers to facilitate our spiritual growth
- \*How to bridge the communication gap between us and our teachers
- \*How we're evaluated for ascension

#### Part V - Growing in the Light

- \*Tools to enhance our spiritual growth
- \*Removing obstacles to our spiritual growth
- \*How working with the Light energy expedites our growth
- \*How we can earn additional spiritual gifts

Attend by teleconference

DATE for class: To Be Determined

Time: 8:00 a.m. to 12:00 noon (PST)

Register at Agents of Light

<http://r20.rs6.net/tn.jsp?>

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Higher Self.

Part 1.

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