

Subject: How To Fix The Big C. Part 2.
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Remember we in the West eat a lot of food that causes our bodies to become acidic. Anything that we can eat that will cause it to become more basic will fix The Big C.

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You will understand that disclosure is vitally important and soon to fully enter your information highways, and it is one thing to go ahead with it but another to handle the knock on effect that will follow. The door will open wide and years of s-crecy will be revealed, showing how your g-vernments have covertly used you as pawns in the w-rs that have crippled your Earth. You have also been kept down and not allowed to benefit and progress from advances that would have vastly improved your quality of life. However, once we can all get together and prepare for Ascension, you will gradually be lifted up out of the conditions created by the old regime.

There are still rumors circulating about the dark Ones, and their attempts to continue creating chaos. These should be ignored as far as possible, as we will not allow any action by them directed against masses of the population. They are already depleted and experiencing defection of their personnel who are turning their backs on them, and as the Light grows so more and more will join them. This is where you can help to bring the dark energies to the surface for cleansing, by sending out your Light to any areas that you perceive as carrying the lower vibrations. The Middle East would be one such area, and would greatly benefit from the Light. It can bring down the levels of darkness so much so; that the wa-ring factions will begin to see that peace is the only way forward. After centuries of attrition and suffering it is time to bring a halt to them, and allow the people an opportunity to experience the Love and Light that knows no bounds.

We want to commence our dialogue with you soon, but it will not be the first time as we have periodically met with your leaders. On your behalf we have tried many times to broker an agreement that would lead to world peace, but it has been rejected. The agenda of the dark Ones has never allowed for the needs of you the people, and has followed their plan for self-aggrandizement. Their ultimate aim of world control has failed, and they remain reluctant to admit defeat and retire from the scene. They know it is your time to ascend, yet have tried to keep that knowledge from you. So Dear Ones, you have reached the cross roads and your destiny is your choice. We believe that disclosure is a factor in bringing out the truth about us, and those extraterrestrials that have acted out of self-interest. We are here now and surround your Earth with our craft, but not in any menacing way and often to protect you.

Our allies continue to push forward to bring about some positive moves, that will allow us to help you establish the idea of drawing upon f-ee energy devices. Many different ones have been successfully built, and it only needs our backing to get them known worldwide. They will come out and provide multiple answers to a number of problems that are causing so many hardships. The struggle to make ends meet will be eliminated in due course, and largely as the result of the abundance programs. Your problems are man made, and there is really no reason why you should not be able to overcome them. Changes in your life styles and dependence on Mother Earth's resources, will immediately relieve the situation and she will be able to go ahead with her cleansing with all speed.

Everything moves on, in reality never standing still and responding to the energies that continuously bombard the Earth. They effectively cause matter to change, and because the energies are of a high vibration will be prepared to be uplifted. As Human Beings you are no exception where it is concerned, as all life forms will be affected. Simply keep yourself aware of the key dates when such inputs take place and avail yourselves of them.

I am SaLuSa from Sirius, and know matters are coming to a head very soon. So please keep doing your work for the Light, as it makes a vast difference to the outcome. I bless you all with my heart song for your well-being.

Thank you SaLuSa.
Mike Q-insey

I receive my messages from SaLuSa telepathically, he is speaking for the Galactic Federation. I have never had the advantage of being able to have a relationship where I can ask questions. I sit down at a specific time to make contact and then I get images or what I call 'packages' of images or words which I translate straight away onto the computer. Since March, 2004 I have been in contact with beings from the Galactic Federation.

<https://mail.google.com/mail/?ui2&ik3203a75ea3&viewatt&th130c2b8801dc73cf&attid=3D0.6&dispemb&zw>

Sirian Council of Light: Seeing with the Eyes of Faith
As received by Gillian MacBeth-Louthan
As the sands of time slide through the entrances and exits of all that is sacred, seen and unseen, humanity's future is unveiled as it is seen in a full spectrum of possibility that has not existed before this time. As each person walks forward in their life, there is a set of energetic time prints, that they announce to the world. As earth walks forward into newly formed dunes of progression it will seem and feel as if one is left completely alone. No one beside them, to hold them, to help them, to assist them or so it seems.

Time asks you to not give up on what lives in your heart and lives in your dream. The Universe has placed within you a seed that cannot die, that cannot be sown over. The Universe has placed in you a time imprint that asks to be viewed under the microscopic eye of your heart. Earth herself wades through a deep level of fear, she processes as we process. Humans fear the war, the debt, lack of money and loss of control.

Earth herself and all her inhabitants are at a turning point that asks everyone to be explicit in the expression of every passing thought for they all count. No more excuses for the mistaken choices of those in power as they look for ways to polish their own metals. As of this summertime, higher echelons of light will be integrated into the soul patterns of those that have asked. Every individual upon Earth has an opportunity to ask for Divine assistance, for Divine acknowledgment, for Divine intervention. Many allow themselves to be washed about in a tidal pull as the waves crest pushing them about. Each thought that humanity has is more important than the thought before. Within each thought wisdom either increases or decreases exponentially. Every interaction with every person gives you food for thought to be digested at your own discretion. When you hear sad news move your heart and your energies up to a safe place where one can see the totality of the situation and choose action accordingly.

Those that wear the higher patterns of light and time without the constraints of Earth will be asked to go beyond what they deem suitable for their experiences as well as commitment to the cause. What this means is that you will be given deep soul insights that will ask you to fly higher, move more mountains and dance through space as well as time. You will be given instructions from the Universe within your heart that ask you to surpass any limitation you thought you had. You will be asked to become one with the legions of light, the legions of God that have no fear, the legions of heart light that hold the heart of humanity within the very palms of their hands.

Part 2.

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