

Subject: Baking Soda. Part 3 of 3.
From: "John Winston" <johnfw@mlode.com>
Date: 11/07/2011, 02:58
Newsgroups: alt.conspiracy.area-51

Subject: Baking Soda. Part 3 of 3.
July 10, 2011.

.....
.....

They observe that c-ncer thrives in an acidic environment but they feed their patients sugar, white flour, red meats, ice cream and cake for dessert at just about every meal. They observe that ca-cer di-s in a high oxygen environment, but they treat their patients to a choice between Coke and Pepsi from the vending machine down the hall. It is either much too simple for them to understand or else they are a witless part of a gr-edy and vor-cious con-piracy against the health of all of Mankind. Those are the only two choices, Doctor; take your pick.

**

The ringing alarm bell that the physicians are overlooking is the b-ood pH. Every can-er patient that I have ever seen, all without exception, had an acidic blood pH. But while the oncologists are pumping the patient full of ch-motherapy, pizzas, pancakes, cokes, ice creams, hamburgers and fries, sweet rolls and jams, followed by radiation and surgery, they are ignoring the fact that canc-r thrives in a low oxygen environment.

**

Oxygen cannot stick to b-ood cells if the pH of the blood is acidic. And rather than do everything that they can to raise the pH back up to a normal pH of 7.4 so that the bl-od can function properly, they prefer surgery. All of the advice that they have stol-n from naturopathic medicine about ♦♦♦deep breathing♦♦♦ will do them no good at all. You can breath pure oxygen until you catch on fire but if the bl-od pH is acidic, then the oxygen will not be able to be picked up by the bloo-cells. It is chemically impossible. The blood must be normal and normal blood has a pH of around 7.4 pH. Any vestigial traces of oxygen that the acid-drenched -lood cells manage to pick up are stripped off early by the oxygen-starved cells along the way and never reach the deeper parts of the body where oxygen is most needed. And because the pH is acidic, carbon dioxide also is not transported efficiently and so builds up within the tissues leading both to cell de-th and to a cell-to-can-er de-evol-tion for survival.

**

So, yes, ca-cer can be cur-d with ordinary baking soda. Bicarbonate is found in the blood naturally for the very real purpose of neutralizing acids. Therefore, those who want to cu-e your ca-cers should first follow the stol-n advise found in the above newsletter. Not that the oncologists understand or follow this advice, themselves, but since they st-le it from naturopathic medic-ne at least we can all agree that it is good advice. So, go to the health food stores and change your diet immediately.

**

But also do this: Take a pinch of baking soda (sodium bicarbonate) into your mouth, run it around your teeth and gums with your tongue while being sure to reach into the deepest parts of your gums and teeth and swallow it three times a day ♦♦♦ more or less depending on how you feel. Also, drink a glass of water containing a teaspoon of baking soda before going to bed each night. But don♦♦t over do this. Baking soda can ki-l you if you take too much of it. Take just a little bit and see how it makes you feel. If you feel okay, then take some more. Don♦♦t overdo it but don♦♦t be afraid to experiment. After all, the doctors experiment on you every time you go to see them as they ♦♦♦practice me-icine♦♦♦. So, why not experiment on yourself and save the money and the pain. But by all means change your diet to a natural and alkaline diet. And make baking soda a part of that diet.

**

*The physicians will charge you a lot of money to take a pH test of your blood, but you can start monitoring the pH, yourself, by purchasing some pH test strips from a pharmacy. Test your tongue pH in the morning as well as your urine pH. Practice some yoga or Tai Chi Chuan or other deep breathing exercises and go on long walks to enjoy fresh air and your days on Earth. As your blood pH moves back up to the alkaline side of the chart, your deep breathing will fully oxygenate your blood. The cancer cells cannot survive all of that fresh oxygen so they die. And your T-killer cells, being full of vigor, will kill the cancer cells that remain. It's as simple as that. *

**

*This is not advice that a cancer doctor will give you but it is advice that you can take whether you accept his treatments or not. After all, the normal pH of your blood is 7.4 but if the doctor wants to treat you without regard to what is normal, then maybe you should put yourself in Nature's hands rather than his. If cancer is normal, then it would be normal for everybody to have cancer. But since it is not normal and since it thrives in situations that are not normal, then doesn't it make sense to seek the things that are normal so that the cancer just disappears? A physician or oncologist who ignores the pH of your blood and does not know how to make it normal once again, is not qualified to be treating you in any way whatsoever. Avoid such physicians for the idiots that they are.***

**

And whoops, oh dear! I am afraid that tooth decay is also cured with this simple remedy because baking soda kills decay-causing germs on contact. Will the purveyors of toothbrushes and pastes and drilling and filling and billing be pleased? No, those greedy buyers and sellers will not be pleased at all. They want you to be sick. But the sweet, happy smile of good health is the natural state of Mankind.

**

Part 3 of 3.

John Winston. johnfw@mlode.com
Subject: Advice From A Reader.
July 10, 2011

Here is some advice one of my readers sent to me.

.....
.....

Dear John,

I think that you are TOTALLY correct about the miraculous powers of baking soda. I brush my teeth with it daily, and there is NO better cheaper faster cure under the sun for athlete foot than baking soda! I once worked in a wet sewer drain and my shoes would smell like THEY CAME FROM HELL. I tried several expensive products to kill both the smell and my athlete foot, but none worked period. Then I by happenstance decided to try some baking soda, and in a few minutes my shoes were void of any foully smell, and within 3 days, my feet began to heal and was athlete free. My shoes were new, and if the baking soda had not worked, I would have easily thrown them away!~
THANKS

-
John Winston. johnfw@mlode.com