

Subject: Are You In Your Prime?

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This space people thinks we can be in our prime.

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Jan-s

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Sent: Friday, July 29, 2011

SaLuSa 29-July-2011

For some people who are aware of the pending changes, their understanding does not embrace the idea of Ascension. That will therefore limit the extent of their experiences, but their level of consciousness can still expand. For them that is important, as they will continue their next lives at a similar level in duality. They will still have subconscious memories of the past, that will enable them to aspire to higher levels than before. When the cycles change, you do not lose the benefit of your experiences, and you will commence a new one with that advantage. Those of you who have decided upon Ascension, will go forward with full awareness of your experiences and also your consciousness levels will have substantially increased.

Your experiences on Earth were created by you, having been given freedom of choice. They bear little resemblance to life in the higher dimensions and in fact you could not have created the same level of existence, unless you experienced a quantum leap in your consciousness. It is what is happening now, and the more your individual levels increase, the more your powers of creation will also rise. Belief in your power will help when you set about self-he-ling, but you need to be 100% positive in your ability to do it. The Law of Attraction comes into play, and you will achieve more success if you take the positive approach that you are hea-ed. Normally you take the view that you should first ask to be he-led, rather than inform your body it is hea-ed. Those of you who regularly state that you are healthy, and in harmony and balance are maintaining a fully positive approach, and as a result that is what you attract to yourself. Looking at the reverse side is it not true that some people are always telling themselves that they are ill, and consequently never seem to get better. That is not to say that they are not ill, but they are unwittingly prolonging their problems by dwelling on their illnesses, rather than the c-re.

However, before the end of this cycle many opportunities will be granted for all manner of illnesses and afflictions to be he-led. It will come in various types of hea-ing, but all aligned with New A-e technologies that have absolutely no side affects. As you are probably aware by now, in the higher dimensions your body will comprise of matter of a much higher vibration, that will be di-ease free. It is why everything around you will also be in a state of perfection, meaning that if you have imperfections now such as some form of disablement, it will have been corrected before you ascend. That is possible because even now you carry the original blueprint of your perfect body, and it can be activated. Perhaps the most welcome change will be to find that your new body will stay in its perfect condition, and you will be forever young and in your prime. Furthermore, through your individual powers, you will be able to change any of your features as you desire.

You will soon be seeing us amongst you, and will note that we are all in our prime. You will find us happy and always in a totally peaceful state. We are not prone to having moods such as humans have, and certainly do not get angry or bad tempered. We do not of course have to suffer your experiences, but even so we are always calm and peaceful. All these positive attributes will also become yours, and as the vibrations continue to increase around you, you too will change for the better and able to eliminate anything that is less. Even between now and the end of the cycle, you will notice quite big changes within yourselves. Harmony and balance in all things is taking place, and it will continue even until after Ascension.

Regardless of what some people learn about the future, they do not want to

give up their earthly enjoyments. The point is that some of them cannot be taken beyond this dimension anyway. However, they can be replaced by something that is much more satisfying, but it is for you to discover this through your own experiences. Man's pleasures are often the very things that cause di-ease and distress, but some people cannot see the connection. You who are more enlightened will know of what we speak, and because you do have found no difficulty in giving them up. Your body is your temple, and it is your responsibility to look after it if it is to serve you well. Smoking and the taking of d-ugs are most damaging, and sometimes it is irreversible. Indeed, most pursuits of this nature are leading you onto the path of ruin.

Dear Ones, it is more important than ever that you handle your body with love and caring. Help it to lift up its vibrations by clean living and actions, and words that are also carrying the Light. What you create within will in part determine whether you are sufficiently prepared to go the whole way to Ascension. Think upon what you need to do to become a Light Being, as that is your goal and time is rapidly running away from you. If you have already overcome most of your lower vibrations, then you are well on the way to success. It shows that you have exercised your intent to cleanse yourself of what we often call your unwanted baggage. Once you know that you can do it, your strength of mind and willpower will carry you ever onwards. You will have absolutely nothing to fear.

This period of time is going to be dynamic as so much is about to happen. The dark Ones cannot keep the floodgates shut for much longer. The pressures are mounting and the hard work of our allies will soon pay off. Battles between the dark and Light are going on all over the Earth, and people are being mobilized to confront their authorities to demand an end to their rule. The deceit and l-es can no longer fool the people, who have been taking back their power for quite some time. There is nothing greater for forcing change than people power, and it continues to grow day to day. Fear is having less success in keeping the people under the control of the dark Ones. They are losing their grip, and also their belief that they can truly continue to guide the world in their direction and make them bow to a World Go-ernment. That will not happen and total sl-very is out of the question.

I am SaLuSa from Sirius, and see the net closing in on those who have been responsible for your current problems. Believe us they are far more extensive than you can possibly imagine, but all will come out in due course.

Thank you SaLuSa

Mike Qui-sey.

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