

Subject: Ruth's Newsletter. Part 1 and 2 of 2.

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Subject: Ruth's Newsletter.

Oct. 1, 2011.

Here is the latest from Ruth telling us what she thinks the weather will be like in October.

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Ruth R-den's monthly message from the M-sters of Light
Ja-is

From: ruth_ryden_newsletter@yahoogroups.com

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On Behalf Of Ruth Ryden

Sent: Friday, September 30, 2011

NEWSLETTER #109 FROM RUTH AND THE MA-TERS OF LIGHT
October, 2011

Good Morning Dear Readers! Despite crop failures all over the country and the world, this small part of the world here near Payson has been remarkable in that the apple trees are absolutely loaded and our pear tree has been dropping beautiful and delicious pears for the first time in years! Even the trees and underbrush have been bursting with lush growth! On the other hand, prices at the grocery are still going up and down, reflecting our changing world. The predictions all over the web of terrible things to happen these last few days have fizzled out, naturally, except for quakes in the tropics that will probably continue for some time. It all boils down to how each of us experiences our lives and the situations around us. Knowing we have forces around us that help and protect us makes it all easier. Bless you all for being part of my spiritual family!

Mas-ers, what will you tell us about world conditions and atmospheric anomalies?

MAS-ERS: October brings a natural change of the seasons, but the seasons will be almost violently different in many parts of the world. Let's start with the U.S., Canada, and Mexico. This month will see periods of beautiful fall weather, with the northern trees turning color, but the leaves will fall sooner and temperatures vacillate dramatically. In the southern areas, crops will ripen sooner and demand rapid reaping to avoid losses. Canada's temperatures will start to fall sooner and become perhaps one of the coldest winters on record. This will drift down into northern U.S. also. Mid-America will be receiving, again, many unforetold storms and high winds during the middle of the month, then greeting unusual light snowfalls. Mexico's Fall season will surprise the population with colder than normal temperatures and high amounts of rainfall as the Pacific sea shares its typhoon/hurricane anomalies with coastal areas.

Earthquakes will continue all along the western coasts of these lands, as expected. The under-sliding Pacific plate is moving slowly, starting and stopping according to the magnetic pull from your solar system. The possibility of very strong quakes is growing, slowly, but progressively. It is time for those living along these coasts to think about alternative locations and/or have emergency supplies prepared and ready to go. Inland volcanoes will be affected by such movement, of course, and will react accordingly. This applies to most of Mexico, and even to the Canadian highlands.

In the meantime, prepare for a very cold, stormy, and white winter. See that children are dressed very warm and have extra gear available ASAP. Check on your older loved ones and those who are unable to help themselves in these situations see that they have adequate fuel and food supplies. Even if this sounds very negative, there is great beauty and excitement

awaiting you during these times. The skies will have colors and cloud formations that will astound the scientists, and unexpected warm days will bring everyone out to enjoy winter sports. Be careful, be prepared, and be grateful you are here at this time of the Earth renewing itself.

Central and South America's weather conditions will echo the above for the most part, except for temperature swings that will cool their summer season unexpectedly. The highlands will hold onto their snow packs for a longer time and the growing seasons in the grasslands will appear slightly stunted.

Looking at the huge northern land areas of Russia and Asia, again, we see the atmosphere being hit hard by the rising frequencies, allowing for higher temperatures than normal, causing some snow melts and unusual flooding at this time of year. Then, falling temperatures and freezing again. A very hard winter for those who live there. China will be at the cusp of these dramatic changes, causing difficulties in communications and rail travel.

Europe will be enduring a difficult winter, with very low temperatures and high humidity, starting to some extent this month. Sea levels continue to rise, slowing down as temperatures fall. We see high amounts of snow beginning to pile up by the end of the month and the real danger of avalanches this year to a higher extent than ever before.

The Middle East and India will be enveloped in a huge circle of atmospheric anomalies that alternately bring warm winds, then icy storms, mostly developing by the middle of the month. Flooding again is very possible, with myriads of earthquakes shaking these lands.

The great rift in Africa is moving again, causing quakes in those mostly-vacant areas. However, this will affect the Arabian Peninsula also, causing tides in the surrounding seas to make sea commerce difficult for a time.

Australia and the southern range of islands this month will be experiencing extremely high temperatures by the middle of the month, drying out underbrush and making fires a hazard. The good news is that we see far more rainfall than is expected normally, which will help the situation.

As it has always been, the month of October is a time of preparation, and is now a time to think ahead in many ways. As these higher frequencies change the atmosphere and the face of the planet, so are they changing the mentality of humankind. There is a clarity of mind that is progressing now, especially in the younger populations all over the world.

Despite the failure of educational programs in many countries, especially in the U.S., young people are waking up to the necessity of building the world in a better way, without the discriminations that have caused wars, death, and heartbreak. Give the little ones your time, reading to them and encouraging their curiosity about everything they see, hear, and feel. This new generation is a huge part of your changing world. Help them to make it a better one.

This month's teaching will help all of us as we face a rather uncertain future, with wars and uprisings, drug wars and political in-fighting going on full speed. Take a few minutes to read.

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LIVING WITHOUT FEAR

During your walk through life, there are many hazards to face. One must learn to cross a busy street only with a green light, to obey the rules of driving, to eat only what is good for the body, to stay off of dark lonely streets, etc., or you could be hurt, killed or injured in some way. These are some of the hazards of your society. There are hazards all around you spiritually, too, that you must be mindful of.

As the awareness of your true nature as a spiritual being becomes part of your conscious life, there is an opening in your aura taking place, an opening that allows a closer walk with the world of spirit as you experience an inner knowing, visions, voices, and higher forms of communication and guidance. Think of this as a doorway in the mind. When that door is opened, it becomes an invitation to many entities in the world of spirit to investigate what lies within that doorway some who need to experience the feeling of a physical body, perhaps to satisfy their longing for a cigarette, alcohol or drugs; these are beings who are still feeling in spirit the terrible longing for what their lost bodies

cannot give them. There are -pirit beings who simply refuse to return to the sp-ritual cosmos for many reasons; they are always looking for a place to get in.

(JW Just yesterday ago there was a 3.2 earthquake not 85 miles from me here in Sonora, Calif. It was near Yosimite Valley).

Part 1.

John Winston. johnfw@mlode.com
Subject: Ruth's Newsletter. Part 2 of 2.
Oct. 1, 2011.

They say they are here to help us.

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The word possession covers a lot of ground, for many of these traveling s-irits will cause uncomfortable emotions and uncontrolled actions, but seem to mostly come and go. On the other hand, and most importantly, there are sp-rits who are aligned with the Dark Forces of your universe, set here to provide the negative side of creative energy. The old concept of the D-vil and his legions may have been romanticized over the years, but the reality continues to bring humanity face to face with themselves and the world in the challenges that are met every day. As individuals begin to realize who and what they are as spi-itual beings, the minions of the dark forces muster their strength, trying to force their way into these open minds, using all of their guile and lies to convince an individual that the power they are being fed is something from G-d. It seems just great for awhile, then there is the realization that the attitudes of a loved one is changing, the kindness and love they normally have shown digresses into nasty attitudes and a need to retreat into self. The body is being attacked also, and the person starts looking gaunt and unhappy. In extreme cases, the De-il made me do it becomes a reality.

Yes, possession is very real and very terrible. Your bars and lounges are full of people who live their lives in misery, d-inking constantly to blank out the desperation and loneliness they are feeling, trying to keep their inner knowing of the right way from being destroyed by the negative forces in their minds who constantly push them in the other direction.

You, who have been on the Path to Light, have a real advantage here, for when the power of Love is accepted, acknowledged and kept in the heart and mind, your doorway to eternity presents a barrier against such wayward and e-il sp-rit beings. You might envision this as a golden veil across that doorway that prevents negative beings of any kind from penetrating your thoughts or nervous systems. Don't get too cocky, though, and think that because you have learned so much you can't get caught up in this mire of deception. Knowing about the way to connect with the Eternal Creator is not the same as living what you have learned. There are many people strutting around, making a lot of money teaching all the right things to their customers, yet living lives that invite the dark forces to consume them with greed and envy. Look carefully at the lives of the teachers you want to follow. The power of Love must be a constant in your lives, an absolute part of your thinking, your needs, your actions, your emotions; there is no half-way belief or little bits of knowledge that will keep your path pure and clear.

The dark forces will be deposed from your universe at a time when the Eternal Creator chooses and that time may not be too far away, even as you consider time. Because of this, the dark spir-ts are attacking strongly now, especially those they see becoming totally aware of the Family of Go- throughout all space and times. Human beings who have no knowledge of right or wrong and are reaching out for something in their lives are easy targets for the dark powers to take over their thoughts. The increase in crime and cruelty is quite evident today. The misery in

your world caused by the dark forces working through human beings is tragic.

What can you do about it? First of all, be totally aware that this so-called myth is not a myth, but a potent reality. The knowledge that a problem exists is the first step to either ignoring it, working around it, or doing something about it.

Start your day with a prayer, a conversation with God, to renew your awareness of that presence and the presence of your Angels. Ask for protection, guidance and the reality of that beautiful Love Energy within you all day. Then you need not fear any di-incarnate being trying to take advantage of your open doorway.

As you become conscious of changing attitudes to people you live with, work with, or meet, think about what might be happening in their inner beings. If they are people who reject the idea of a higher power in their lives and live only with the materiality of the world, the possibility of dark entities being lodged in their minds could be very high. People who are charging about, trying to find they know not what, their lives personal messes, relationships falling apart, etc., may be plagued by negative entities who are making their lives a personal hell. Please understand that well-meaning talks to try and help such people only causes the inner negative forces to put up very strong barriers in that poor victim's mind against truth of any kind. There are spiritual people who have been trained to understand these barriers and know how to work with them. If possible, try to steer a victim to one of these people. Many churches today are working with this problem and know what they are doing, as well as enlightened Light Workers who live this path of service.

Free Will is not just a cute religious spiritual term. It is a great power given to every spirit at its creation, a part of the Creative Power of God. It is your passport to a life that can be used to go through the gate to spiritual Light and Power, or the gate of greed, envy and supposedly easy living. Every one of you has that choice. Choices are made either from a sensible period of consideration, using inner guidance, or jumped into without prudent thought. It's fun, sometimes, to do things on the spur of the moment, adding a little spice to life when the outcome is largely unknown. That spice can become too hot to handle, though, when that jump propels one into situations that lead to unpleasant consequences.

This is not the time, in your present age, to jump into murky or unknown waters. Make time to consider all of the possibilities in new opportunities they may involve traps for the unwary. Listen carefully to what is being taught about spirituality, wherever you may encounter such teachings. The dark forces are very evident in some of these teachings disguised as Truth or communications from alien beings. How does one tell the difference?

You are spiritual beings and when you are connected with that inner spiritual Truth, lies, distortions of truth, outright false teachings of any kind, become very evident. Follow your inner feelings on such matters. Don't accept anything you hear immediately without taking it home with you and letting it filter through your inner spiritual computer. After thinking it over for awhile, you may see what you have been hearing, seeing or reading in a very different light. Be very careful about joining organizations that profess to be working for the Light, until you have really found out all you can about the people and what they are doing. When and if you do find a group of people working very hard to bring spiritual Truth to the world, consider joining them to do something really important for humanity.

We want to impress that all communications being published as being received from other-world beings is not false. You are not alone in the universe and galaxies, and never have been. Other species of beings have been among you, working for you, and observing you since the beginning of your time. There are many visitors who have merely been observing for their own curiosity and knowledge, for their own benefit, and many others who have reached their own point of high spirituality, trying to help the Earth grow to its full potential. At the proper time, they will appear to humanity and become part of your world population as constant visitors. Listen to alien communications in this light consider what is being said and how it is being received. Again, you have the choice of accepting it or not, being critical of the content, or not. Especially in this case, be very careful. Science Fiction buffs sometimes get caught up in the excitement of it all, without really listening to what is being taught.

Humanity is at a crossroads. We urge you to take the high road of Love, Truth and Peace. The low road contains negative energies and lead to nowhere. Keep Love in high gear and nothing can stop your journey to the highest stages of the spiritual beings you are. Ask for our help when you need it; we are here for you always.

Part 2 of 2.

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JW

Your may remember that about year ago I relayed a request from Art Bell saying that he was in Manila, Phillipians and they were having brown outs. That is when they cut off the electricity to everone because their water powered genertors have to be cut of for lack of power. He asked everyone to send out good thought for rain to fill the lakes that supply the water for the power. I passed the one on to you people.

Thanks to you it rained enough so there is water in the streets waist deep. Unfortunately it brought winds of more than 80 miles per hour and did some damage with some loss of life.

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JW I'm still trying to locate the producer, director person called Rory Griffin because my friend Hank Gray, who runs a community TV show would like to work with him to produce a movie about the Dogon people in Africa. I need Rory Griffins phone number again.

Also Gogi Berries are now put out by V8 that is called V Fusion. It also contains Raspberries.

That's all for now,

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