

Subject: Information From A Big Mother-ship.

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Newsgroups: alt.conspiracy.area-51

Subject: Information From A Big Mother-ship.
11, 2011.

Nov.

This information is said to be coming from a being called Commander
Sohin on a big spaceship called Alpha.

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A "How To" Meditation for today.

Ja-is

Kris Won - November 10, 2011

<http://galacticchannelings.com/english/navealfa10-11-11.html>

Greetings from Alpha Spaceship!

We are entering a new stage in the process of Ascension as a human race
on this planet. We could say, without wishing to exaggerate, that the
time you are in at this very moment is of enormous importance and as
such, will mark a "before and after" in the history of your
civilization.

We have read some of the writings compiled for you as well as some
non-compiled articles online, and we think that there has not been
enough importance given to this moment in which we are situated right
now. They urge you to carry out a unified meditation on 11/11/11 at
various times, such as 11am to 11:11am, or 9pm to 10pm, thinking that
all of you will have finished working and will be in your homes, free to
be available for this worldwide meditation. Which is very nice.

This meditation or these global meditations are of great help, and
allow for certain cosmic energies to arrive on the planet in a smooth
and harmonious way, without causing disturbances on the ground or for
the living beings who have their habitat on and within the surface of
Gaia.

But we would like to briefly make you a sketch of what this day of
11/11/11 has been indicating and anticipating for some time now, and to
expand upon what is occurring and what will occur during this time.

The number 11 is one that has in itself the quality to open doorways.
The Cosmos is full of billions of these portals, which are scattered
throughout space, not by whim, but because each of the portals is
sealing the entrance to a determined space different from that which is
around you. Once this portal is activated and opened wisely, it will
give access to all beings who know your whereabouts to pass through and
cross other parts of space-time, which could be a distant galaxy
millions of light years from where you would find the beings passing
through.

In your recent past some portals have been opened on certain dates, but
not all of them. The day 11/11/11 is a date that contains the number 11
three times, so that has been chosen by Us as the ideal date to open
all the portals that remain closed.

What does it mean that all the existing portals on Earth are opened, and
what will be the impact upon all of you?

It means that some energies proceeding from outer space that have not
arrived yet, will do so in their entirety on the date 11/11/11 at 11am
in each local timezone on the planet. That is, whether you are in
Europe, America or in any other continent, the moment it becomes 11am in
your country, you are going to receive all the cosmic energies that
arrive through all the open portals.

It is very important that you are calm and very harmonized on this day,
especially just before that time. My recommendation is that if you are
not working, go to the mountains or the beach and be in more direct

contact with Mother Earth, which will help you to naturally absorb these new energies that will be flowing to your heart.

If you are working, do not lose the opportunity to receive and embrace these energies of conscious form, as surely you may know how to excuse yourself for a moment at that hour, going outside to the terrace for a moment, or making time for a moment of service. Right?

See yourselves as cells of that great entity that is Gaia, because that is what you are, her small cells, each one of you. Receive these energies of conscious form, visualizing yourself as a small part of the whole of the planet, giving all the light and love that you can give in those moments, and afterwards be grateful to have been worthy of this gift that the Creator of everything and everyone has granted you.

In this way, you will contribute to the process of opening all of the energy portals carried out in the best possible manner, and at the same time you yourselves, as individuals, will enjoy an additional boost to your personal evolution.

See it, then, as a meditation that will help you align with everyone else who join in this universal net of light, so as to help yourselves as individual sparks of G-d in your e-olutionary process.

Peace and Love,

Source: Commander Sohin

Ch-nnel: Kris-Won

Translator: Steve

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