

◆ Recollections ◆

Volume 3 Issue 4

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◆ NEWSLETTER

**THE AUSTRALIAN
UFO ABDUCTION
STUDY CENTRE**

**AUSTRALIAN
INTERNATIONAL
UFO SYMPOSIUM**

I'm writing these words as I sit at Brisbane airport waiting my return flight to Adelaide, after attending the Australian International UFO Symposium. Three packed days.



After three days of 14 hours a day "information" and networking, I'm clearly suffering from "conference lag" akin to jet lag. In the first few pages of this issue I'll attempt to give you a flavour of the abduction aspects of the symposium.

It was the largest gathering of Australians yet, to hear about both the topics of the general UFO phenomenon, and many aspects of the UFO abduction phenomenon. The speakers on the first day were: Walt Andrus (US), -"The Brooklyn Bridge UFO Abductions;" myself on "The After Effects of a UFO Abduction Experience;" Pat Bailey (US) "Understanding the



True Reasons and Objectives behind UFOs;" Peter Davenport (US) "UFO Reporting Centre: Cases and Sightings Across the USA;" Alec Newald (NZ) "Contactee Profile Missing Time;" Ademar Gevaerd (Brazil) "Capture of ET's in Brazil on 20 January 1996;" Paul Norman (Aust) "The Valentich Incident;" Two ladies from Chile (Names unknown to me) "Research in Chile;"

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Moira McGhee and Bryan Dickeson (Aust) "Lesser Known Australian Sightings." This was just the first day!

Day two speakers were: Joe Lewels (US) "Quantum Physics Discovers the Holographic Universe;" Kelly Cahill (Aust) "My Encounter Experience;" John Carpenter (US) "Angels,



Aliens and Folklore;" Jaime Maussan (Mexico) "Evidence of a Reality;" Warren Aston (Aust) "Finding Answers to Earth's Greatest Mystery within a Scientific Paradigm;" Stanton Friedman (Canada) (continued inside)

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"Top Secret Majic."

Day three did not lessen in pace. There were: Bill Chalker (Aust) "The Oz Files;" George Wingfield (UK) "Mysterious Flying Triangles;" David Summers (Aust) "UFOs: The Political, Economic, Religious & Social Implications;" Whitley Strieber (US) "Breakthrough;" Glennys Mackay (Aust) "First Hand Encounters;" John Mack (US) "Abductions: Human Encounters with Aliens."

As you can see, the wealth of knowledge and information was truly staggering. Who said what about the abduction phenomenon? Presentations in this area were given by Andrus, Basterfield, Newald, Cahill, Carpenter, Strieber, Mackay and Mack.

Andrus

Walt provided us with an overview of what has come to be known as the "Linda Cortile" case, in the U.S. Eight independent witnesses have so far been located and interviewed about this 30 November 1989 incident. The details have already been widely published in the UFO literature, but these have been expanded upon in "Witnessed", a new book authored by Budd Hopkins and released in the US in August, and published by Simon and Schuster. This book is a must read about this startling event.

Basterfield

I incorporated the findings of my research questionnaire survey of earlier this year, with a literature search, and information gained first hand from Australian experiencers, to produce this paper.

I explored the after effects reported by experiencers post abduction, commencing with four famous cases of twenty years ago. I then examined three areas of after effects, namely: psychophysical, belief and lifestyle changes, and physical changes.

Newald

In 1989 Alec reports that he was involved with ten days of interaction with benevolent extra-terrestrials. He spoke of his removal from a car to a large open space elsewhere. Here he was initially held for 24 hours, apparently in some form of preparation room. He related that there were other human beings on board. The ET's communicated with him; providing a wealth of information, some of which he shared with us on the day. As with many experiencers, he was adamant that Earth was to undergo changes in the next 20-50 years.

Cahill

Many of you, by now, will have

read Kelly's book "Encounter," released by Harper/Collins in September of this year. Three independent groups of people were party to what may well be a case to rival the "Linda Cortile" New York, event in terms of independent testimony and physical traces. It seems that the occupant of the third vehicle may now have come forward to reveal their part in the event.

Carpenter

John's presentation was an overview of numerous global examples of apparent mentions of abductions and UFOs over the centuries.

His examples were drawn from many countries over the last several hundred years. He drew comparisons on a number of aspects of the phenomenon, between these diverse accounts, to argue for a lengthy interaction between us and whatever is behind the UFO phenomenon.

Mackay

From a personal perspective involving UFO observations, paranormal episodes, and a missing time experience, Glennys initially presented her own observations on the phenomenon. Following on this she discussed some Queensland abduction cases.

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Mack

John's presentation was an overview of what he considered he had learned over his seven year's involvement with the abduction phenomenon.

Firstly, he cautioned that we only have the smallest inkling of the whole picture, but that he does accept that we are dealing with something which is "real."

Experiencers he has met, indicated that they were forming some kind of deep bond between human and alien species, and that experiencers are part of some larger scheme.

He spoke passionately about this link, with emphasis upon the vast amounts of information which is being conveyed to experiencers.

The aliens are apparently fascinated with our emotions and sexuality, and exhibit this in all their interactions with us, which seem to start off with traumatic intrusive procedures, but which ultimately turns to the personal growth of the experiencer.

In closing, Mack posed the question: what is the nature of our resistance to accepting this phenomenon?

In his opinion it is that it contains a certain sense of powerlessness for us; in that we lack control on every level.

Strieber

Whitley commenced his segment by telling the audience why he withdrew from research, a few years ago, and why he has now recently resurfaced. Details to be found in his books "Breakthrough" and "Secret School", some of which he shared with us, will give us a fuller understanding of his public "quiet period."

A large portion of his talk concerned "implants", which covered the work of Derrel Sims and Dr Roger K Leir, in the States. Here, analytical work on the nature of certain removed implants had been conducted, and was described by Whitley.

He then went on to describe an implant removal and analysis program which he is organising in the U.S., to replicate the Leir/Sims work.

Revealed next were observations concerning his own apparent implant and work he hoped to undertake towards understanding, and interacting with it.

The above is but the briefest of overviews of a thoroughly informative three days in Brisbane. Inquires re copies of the Symposium papers and video tapes of presentations should be directed to Glennys Mackay, phone/fax 07 3849 6450 or email glenmack@thehub.com.au.

At the symposium I had the pleasure of meeting a number of Australian experiencers, with whom I'd had no previous contact, as well as re-acquainting myself with experiencers and researchers from Perth, Sydney, Melbourne, Queensland, as well as a number of country locations in various states.

Over breakfast, lunch and dinner I caught up with and exchanged information with, many of the overseas speakers.

One thing which came very clearly across, is the global nature of the abduction phenomenon. It is reaching into communities in mid-western U.S. towns; small villages in the Amazon; tribal villages in Africa and isolated mining encampments in regional Queensland.

FEEDBACK

THE AFTER EFFECTS SURVEY

Thank you to readers who completed and returned the questionnaire enclosed with the previous Newsletter. A copy of the analysis I undertook has now been posted out to all who participated in the survey.

If you did not return a completed form, and would like

to, I am happy to receive questionnaires back, and undertake a second round of analysis involving higher numbers of respondents in six months time. If you have not undergone an experience you can still participate as member of the control group.

FIRSTHAND

In June, while in Melbourne lecturing, I met a woman named Jan who shared with me some insights. These concerned her attempts at trying to understand a set of unusual experiences. I asked Jan's permission to reproduce part of a letter to me, which she granted.

"I was born in 1948 to an ordinary loving family (2 sisters and 1 brother). We lived a normal lifestyle. Dad was hardworking, and mum stayed home to nurture us kids. Our family life was normal with the usual sibling rivalry etc. We were loved and cared for. It all sounds ideal except for my behaviour.

I was a strong, healthy child except for the fear and terror I used to experience when I had to go to bed. I would try to sing myself to sleep each night, to stop the feeling of disappearing, occurring. My body would feel enormous. The furniture would

seem as if it were expanding and I was this tiny speck. I would feel numb, then I would black out, awakening in the morning to a wet bed. This went on for years and years. I was wetting the bed until the age of 13. Quite frequently, I would sleep walk; my mother letting me go, and guiding me back to bed without wakening me. Or I would find myself waking up underneath my bed, or in a cupboard, sleeping in odd parts of the house with no recollection of how I got there.

I would have frequent nose bleeds, which I still experience. I have large sores inside my nose that don't heal. I had fainting spells at the slightest knock. My fears grew in terror at a visit to the dentist when I was about 6 years old. I screamed and screamed as she approached me with the needle. She could not get near me. I also had similar reactions to visits to the doctor. The fear was great. I would faint immediately when I was to have injections at school. I had become shy and alone and withdrawn.

Even though I started menstruating at a late age, I was sexually aware at a very early age, thinking the activity to be quite normal, and accepting. But this activity caused much trauma with relationships, as I matured, having several partners, two marriages, affairs, etc. Psychologically I was a mess in dealing with my sexuality.

Then, at the age of 34, after many traumas, I sought help with my problem. I have spent many years trying to understand my predicament based on normal psychotherapy, but could never really get to the bottom of the problem. I have tried all sorts of weird and wonderful avenues in trying to understand where I was coming from. I was exploring life and its mysteries trying to keep an open mind and not fall into any particular cult or religion as a safety net.

I started taking responsibility for my life and living consciously. During this time I turned to the practice of Yoga and meditation in an attempt to bring a bit of peace into my troubled world. During the meditation practices I started having visions, out of body experiences and flash back images of things that were being done to me when I was a little girl, or more like uncovering of something that I already knew; something happening on a subconscious level. I started to question these experiences and I wonder whether this does in fact indicate a UFO contact of some sort."

Jan went on to say, that she knew that the behaviour and personality traits were typical of child abuse. However, there was never any hint of this as being the cause in her case. She is now exploring the possibility of links with the UFO abduction phenomenon.

NEW BOOKS

CAHILL, Kelly. (1996). "Encounter." Harper/Collins. Sydney. 239pp. Paperback.

Some details of Kelly Cahill's close encounter with a UFO in 1993 have been in the public domain for a while now. An encounter on the outskirts of Melbourne, where 6 people in three different vehicles, interacted with something completely alien to them.

"Encounter" provides the whole story from Kelly's perspective. It outlines events prior to the August 1993 episode; speaks of dreams involving entities; other visitations, and after effects which lingered on long after 1993.

Also described are the effects on Kelly herself, the disintegration of her former concepts on the universe, and the subsequent personal growth which has taken place.

Kelly tells us she is now on a campaign to examine just what the "Encounter" was all about.

An excellent work from an experiencer's perspective.

CHALKER, Bill. (1996). "The Oz Files." Potts Point. Duffy & Snellgrove. 239pp. Paperback.

One of Australia's leading UFO researchers, an industrial chemist by profession, has distilled much of his research findings in to this work.

In addition it provides us with an excellent, broad, sweeping panorama of the interesting Australian UFO cases over the years, from a scientific perspective. Featured here are the Drury film; the 1954 O'Farrell radar/visual encounter; Cressy, Valentich, the Knowles family and much more.

Chapter 12 concerns abductions. Bill reviews those cases with which he has had personal involvement since the 70's. Urging caution from a physical sciences perspective, his viewpoint is best summed up in his own words: "...the evidence for a physical reality behind UFO abductions is not as compelling as the so called mainstream UFO phenomenon...":

"The Oz Files" is a valuable addition to Australia's UFO history, and a call for reasoned, scientific exploration of this enigma.

ON THE NET

The Centre is now on the Internet. The email address is parklake@camtech.net.au.

MONTHLY UFO REPORTS

Some months ago I collected details of the groups and organisations within Australia which research UFOs. I was surprised to find that there were some 25 of these.

More surprisingly there was no national level listing of incoming UFO reports available. No one had a national perspective of raw reports.

I decided to look at this and initiated a monthly collection of UFO reports abstracts. The resultant listing is now in its fifth month of production. I compile the listing from reports sent to me, then send a copy of the completed listing back to the 25 groups for their information at no cost to them.

I have had a few individuals ask if they could also receive this listing, so I am now making it available to interested parties at cost to me, which is \$15 p.a.. If you'd like a copy then please communicate with me at GPO Box 1894, Adelaide, SA 5001.

The Newsletter welcomes your articles, whether you are a health professional, experiencer, or UFO researcher.

NETWORKING REQUEST

From time to time, I meet people who wish to have informal comment on some unusual body marking, which is causing them concern. They feel unable to consult their own GP about these.

I seek a health professional in each state who would be willing to have such an individual referred to them for this service.

If you can assist please contact me at GPO Box 1894, Adelaide SA 5001 or on 08 8 251 2773 (home), or fax 08 8 231 9939.

FUTURE NEW BOOK

I have been commissioned to write a book dealing with Australian "close encounters."

I will be covering, space limitations allowing, some representative abduction experiences and solicit contributions. Unfortunately the tight editorial deadline means I have to complete the manuscript by mid November 96.

THE AFTER EFFECTS SURVEY

As previously mentioned, I have been undertaking some work with your help, on the subject of the after effects to abduction experiences.

130 copies of the questionnaire were distributed at a meeting on 23rd June in Melbourne and with Volume 3 Number 3 of this Newsletter. 46 completed questionnaires were received back, a return rate of 35%.

23 returns indicated that the respondents met the fairly strict definition I imposed of an abduction. 8 of these returns were from men and 15 from women. The abductions involved were spread from pre 1985 to 1996.

One section of the questionnaire involved asking people whether or not certain items had occurred to them.

The following lists the areas where more than two thirds of the respondents agreed in the affirmative, i.e. the following had happened to them:

* "I have begun to channel information from some other source" (69%)

* "I feel I receive information somehow from elsewhere." (74%)

* "I feel I am more psychic than before." (78%)

* "I experience strange flows of energy through my body." (78%)

* "I sometimes get flashbacks to my experience." (70%)

* "I often know things are going to happen before they do." (78%)

In the area of life changes, on a score of 0-5 where 5 was a strong increase in the area listed, I found:

* "My desire to achieve a higher consciousness has" (5.0)

* "My belief in a higher power has" (4.8)

* "My interest in the possibility of extra-terrestrial life has" (5.0)

* "I feel I have a task to perform." (5.0)

* "I feel that major changes will occur to Earth" (5.0)

* "I feel I have been chosen." (4.9)

Many people have asked me to conduct further surveys and report back on the results. I will do this in due course.