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# Skywatch

QUARTERLY OF "CONTACT" (S.A.)

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## EDITORIAL.

Although there is little actual news from the "Space-Front", i.e. few sightings were reported over the past year, the after effects of the U.F.O. visits to our earth over the last two decades are apparent.

The many books written on the subject and the forming of small and big groups and Associations of both laymen and scientists with the purpose of a closer investigation of the phenomena, tell their own story. The story that the subject is not only receiving attention but that the belief that we are not the only occupants of a planet, nor the only living humans in the Universe, is taking a more definite form in the mind of man in general. Also the belief that life is not necessarily expressed or manifest on the 3-Dimensional level only.

The fact of other planes of existence have been known and taught by the metaphysician over the ages, and the time is fast approaching that physicists will work side by side with the metaphysician, realising that the seen and unseen worlds are but ONE - only functioning on different degrees of frequency. Their own achievements in conquering space will necessitate this.

We are indeed on the threshold of something great - a next step in evolution - which could be called a complete revolution - for the old beliefs will have to make place for the Truth as being revealed to us in this THE NEW AGE.

2. Here follow some more extracts from the Book:

"THE COMING OF THE GUARDIANS", compiled by  
Meade Layne, M.A.

THE LAYMAN AT LARGE

The word density, as has repeatedly been pointed out, is used in several different ways by physicists. The present comment is narrowly restricted to the current text-book definition - that density is determined by the quantity of matter per unit volume. If the quantity of matter within a given volume is increased while the volume remains constant, the density (mass, weight) is said to be increased.

Let us assume that we have (say) a cube of brick 10 cm. on a side, and that this cube is completely enclosed in a tight container of the same exact interior dimensions. Let us suppose that means be supplied by application of intense heat to vaporize this brick cube while the container remains intact.

The vaporized cube or its container, obviously contains the same amount of matter as did the cube while in its solid form; hence D will be the same (under our definition of D). But we are now dealing with a release of kinetic energy, with a different vibratory rate etc.

If the vaporized substance were allowed to escape from its container, it would expand and be dissipated; but we are dealing with a constant volume, 1000 cu.cm. The vaporized cube is now invisible and intangible. But the wide atomic and molecular spaces within the solid brick allow plenty of 'room' or 'unoccupied' space so that, under pressure, a very large number of other vaporized cubes could be forced into the same cubic space. The density of the cube would then be greatly increased (more matter in the same over-all volume).

We would then have an invisible and intangible cube of far greater density than the original solid cube.

If we imagine certain cohesive forces at work

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3.  
which would confine even the vaporized cube(s) to the original 1000 cu. cm. volume, without any container, there would exist in space a cube of enormous density which our senses would not detect.

Let us assume (what is indeed widely believed) that every so-called solid object has its "etheric double" or duplicate in etheric matter. It is also believed that such a "double" continues as an existent in its own right, even after the destruction of its 'solid' counterpart, may even be discerned (ESP) and/or detected by means employed in radiesthesia. In such case the double must persist by means of its own cohesive forces, (whereas a thought-form presumably depends on projected energy from some mental source).

An inference of some importance is, that just as the vaporized cube(s) are still wholly material and also may be much more dense than the original cube; so the etheric doubles may also be material and of higher density than their original objects. The analogy is incomplete in that the vaporized cube(s) will not maintain the original volume unless held by a container. The object of the analogy is to make obvious that etheric (and other) objects may be of very high density while remaining invisible, intangible, and wholly material.

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Another extract from the "Coming of the Guardians"

#### CONCEPTS OF THE ETHER

One of the principal difficulties in trying to make the "4-D" or etheric interpretation of the aeroforms understandable, is the "idée fixe" that the ether (aether) is an outmoded hypothesis. The explanation for this attitude, of course, lies in the whole history of the subject since the days of Lodge. But it would be easy to show, by numerous quotations, that the ether is as much a reality and logical necessity today as are protons and electrons. Note the following brief example:-

"The real electron, the part that acts, is the surrounding ether which is outside its geometric boundary; and the electron theory is the science of the properties of the ether ..." (C.W. Richardson in "Electron Theory of Matter").

"It may be found that the ether is, after all, what is

4. fundamental and that electrons and hydrogen nuclei are merely states of strain in the ether". (Bertrand Russell, in "A.B.C. of Atoms").

The foremost men of the age accept the ether, not as a vague dream, but as a real entity". (Tydal, in "Light and Electricity").

"It is possible that an electron is a kind of disturbance in the ether, most intense at one spot .... It is equally possible that a hydrogen nucleus may be explained in a similar way". (Russell, op. cit.)

Eddington, as is well known, says emphatically that we cannot dispense with the ether, and that in trying to do so we have to attribute properties to the interspaces and represent them by 'a host of symbols'. The phrase 'empty space' is meaningless and the old problem of actio in distans is still unconquered.

Now referring to the explanation we favour, that there is no "crossing of space" measured in light years by the aeroforms; we refer again to Russell, who remarks that the process by which an electron changes its orbit is inexplicable - since it happens instantaneously contrary to all known physical laws. "Perhaps", (he says) "there is NO intervening space ...." In like manner the ether ships 'emerge' from one into another frequency, and thereby appear in a different 'place'. There is no 'empty space' to cross, and hence no time required for transit.

\* \* \* \* \*

## TELEPATHIC WORK

5.

Taken from "Telepathy & The Etheric Vehicle"

by Alice A. Bailey.

"Telepathy and the allied powers will only be understood when the nature of force, of emanations and radiations, and energy currents, is better grasped. This is rapidly coming about as science penetrates more deeply into the arcana of energies and begins to work - as does the occultist - in the world of forces."

It should also be borne in mind that it is only as the centres employed are consciously used that we have that carefully directed work which will be fruitful of results. For instance, an emotional person, using primarily the solar plexus centre, will be endeavouring to enter into rapport with a mental type. From this will result only confusion. The two parties concerned are using different centres and are sensitive to certain types of force and closed to others. Again, some people, even if mentally polarised and therefore sensitive to similar vibrations attempt to make a telepathic contact when one party is under emotional strain and therefore not responsive; or one party is intensively occupied with some mental problem and is encased in a wall of thought forms and therefore impervious to impressions. You can see, therefore, how a cultivation of detachment is a necessary qualification for success in telepathic work.

All who seek to tread the Path of Discipleship are endeavouring to live in the head centre, and - through meditation - to bring in the power of the soul. The problem which you face, as disciples learning telepathic sensitivity, is founded on two things:

- a. Which of your three bodies is the most active? Thereby is indicated where you live subjectively most of the time.
- b. Which centre is the most expressive in your equipment, and through which you contact most easily modern living conditions. I mean by these words: where literally speaking, your life energy is predominantly focussed and your sentient energy expresses itself most.

An understanding of this will make you better able to work and to make intelligent experiment. Therefore, watch yourselves with care yet impersonally, and work out the why and the wherefore of the effects produced, for by this means you will learn.

6. The third type of telepathic work is that from soul to soul. This is the highest type of telepathic work possible to humanity and is that form of communication which has been responsible for all the inspirational writings of real power, the world Scriptures, the illumined utterances, the inspired speakers, and the language of symbolism. It only becomes possible where there is an integrated personality, and, at the same time, power to focus oneself in the soul consciousness. The mind and the brain have, at the same time, to be brought into perfect rapport and alignment.

It is my intention to elucidate further this science of communication, which started through the sense of touch and developed through sound, symbols, words and sentences, languages, writing, art, and on again to the stage of higher symbols, vibratory contact, telepathy, inspiration and illumination. I have, however, in the above, dealt with the general outline and we will take the specific details later.

The work of the telepathic communicators is one of the most important in the coming new age, and it will be of value to gain some idea of its significance and techniques. I would, in summarising the above instruction, state that in connection with individuals:

1. Telepathic communication is

- a. Between soul and mind
- b. Between soul, mind and brain

This is as far as interior individual development is concerned.

2. When it is found between individuals, telepathic communication is

- a. Between soul and soul.
- b. Between mind and mind.
- c. Between solar plexus and solar plexus, and therefore purely emotional.
- d. Between all these three aspects of energy simultaneously, in the case of very advanced people.

3. Telepathic communication is

7.

- a. Between a Master and His disciples or disciple.
- b. Between a Master & His group and a group or groups of sensitives and aspirants on the physical plane.
- c. Between the subjective and objective groups.
- d. Between the occult Hierarchy and groups of disciples on the physical plane.
- e. Between the Hierarchy and the New Group of World Servers in order to reach humanity and lift it nearer the goal.

This concerns the new science of group telepathic communication, of which herd or mass telepathy (so well known) is the lowest known expression. The instinctual telepathy which is shown by a flight of birds, acting as a unit, or that animal telepathy which serves to govern so mysteriously the movements of herds of animals, and the rapid transmission of information among the savage races and non-intelligent peoples - these are all instances of that lower externalisation of an inner spiritual reality. An intermediate stage of this instinctual activity, based largely on solar plexus reactions, can be seen in modern mass psychology and public opinion. It is, as you know, predominantly emotional, unintelligent, astral and fluidic in its expression. This is changing rapidly and shifting into the realm of what is called "intelligent public opinion", but this is as yet slow. It involves the activity of the throat and ajna (brow) centres. We have therefore:

1. Instinctual telepathy.
2. Mental telepathy.
3. Intuitional telepathy.

I would remind you at the outset that sensitivity to the thoughts of one's Master, sensitivity to the world of ideas, and sensitivity to intuitional impressions are all forms of telepathic sensitivity.

In any consideration of this theme, it is obvious that there are three major factors which must be considered:

1. The initiating agent. I use this word with deliberate intent, as the power to work telepathically, both as initiating agent and as recipient, is closely connected with initiation, and is one of the indications that a man is ready for that process.
2. The recipient of that which is conveyed to him on

8. the "wings of thought".

3. The medium through which it is intended to convey the transfer of thought, of idea, of wish, of imprint, and therefore of some form of knowledge.

This is the simplest statement of the elementary mechanics of the process. This indicates likewise, the most elementary comprehension of the thought covered so frequently by the Bhagaved Gita in the words which we have translated in the West by the terms: Knower, the Field of Knowledge, and the Known. You have oft been told that every sacred book, such as the Bhagavad Gita, for instance, has various interpretations, dependent upon the point in evolution of the reader, or seeker of truth. This interpretation of the Bhagavad Gita in terms of Communicator, Communication, and Communicant still stands elucidation, and in the idea which I have above conveyed to you, I have given you a hint.

## A WAY OF SERVICE THROUGH TELEPATHY

9.

As our friends and members know, every day at the Centre in Durban, at 12.00 midday there is a little service where thoughts of healing and peace are projected out into the world. It is mainly attended by the workers on duty at the Centre, together with those who are lucky enough to have their lunch hour at this hour. The service lasts approx. 15 minutes.

We would now like to invite all our members and friends wherever they may be or whatever they are doing to join us in thought at this powerful hour of the day. Mentally visualise a blazing sun or star held steadily above this planet with its rays streaming down upon earth bringing healing, peace, understanding and tolerance among the nations and also amongst individuals. Let us be all inclusive and remember the animal world and the world of nature in our prayer and thought.

During this little service we link up mentally with all other groups throughout the world who are working for world peace, all under the direction of the Christ and the great Angels who stand guard over the destiny of our planet. Every good thought helps and we invite ALL to join with us at this hour of the day. Even if one is in the street or talking to a friend it can be done and if occasionally the hour has slipped by we can still "tune in" when we remember. The nearer the time the better, and it needs only one minute or so of your time, but your vision has to be strong.

Many have expressed the wish to serve in a concrete way, even if cut on a lonely farm. Here is your opportunity. We enclose a little card with a universal prayer called "The Great Invocation" which many use at this time and which is used regularly at the little service just described.

10.

MESSAGE FROM THE MOON by 'thought-wave radio'

taken from the Sunday Tribune, Nov.'69.

In the summer of 1959, the nuclear submarine USS Nautilus set out on a secret mission that involved a 16-day cruise under the waters of the Atlantic without surfacing.

It was not until seven years later that the United States Navy revealed the nature of the submarine's mission - a mission straight out of the realms of science-fiction. For the object of the exercise was an experiment in ..... telepathy.

Today, telepathy is a scientific fact - and both Russia and America are devoting considerable sums to the development of the mysterious power of transmitting thought-waves over long distances.

The early experiments in Nautilus were seventy per cent successful.

In the tests a scientist spent 16 days locked away in a cabin, concentrating on five cards, each one of which bore a distinctive symbol.

A thousand miles away, in a laboratory at Friendship, Maryland, a second scientist - also isolated in a room - attempted to visualise the symbol at which his colleague on the submarine was looking at a given moment.

Both the Russians and the Americans are experimenting with telepathy with two separate aims in mind.

The first is to enable astronauts to communicate with the earth and with each other without having to use complex and weighty electronic equipment.

The other is to permit agents operating inside a hostile country to transmit information without danger of radio messages being picked up by the wrong people.

Telepathy could also conceivably solve the problem of communicating with submarines. At present no known radio wave can reach a submarine when deep beneath the

surface - but telepathic waves can, as experiments have shown. 11.

In America, one of the foremost experts on parapsychology is Dr. J.B. Rhine, who has devoted over forty years of his life to a study of the subject.

According to Dr. Rhine, parapsychology - or "Psi" as it is more conveniently known - has four distinct branches.

They are telepathy, the art of communicating with another person by thought-waves alone; clairvoyance, the power of "seeing" an event at a distance; premonition, the gift of insight into future events; and psychokinesis, the ability to influence solid objects by thought-waves.

There have been a number of cases where "gifted" people are said to have caused objects to rise from the ground simply by concentrating on them.

Such claims have always been dismissed as fiction in the past - but now scientists are having second thoughts.

Dr. Rhine differs from most experts in that he does not believe Psi to be a purely physical happening. The brain emits electromagnetic energy, just like an ordinary radio transmitter, and this energy is picked up by another brain.

But Dr. Rhine goes much further than that. He maintains that Psi has a supernatural source, not a physical one - supernatural in the sense that it originates beyond the frontiers of the human mind itself.

Before long, Dr. Rhine is convinced, someone will strike the right cord and make an incredible breakthrough into the darkest territory known to science - the mind of man.

#### AN ANNOUNCEMENT

It is with regret that we have to announce that Mr. Phillip Human, our National Chairman has felt it necessary to withdraw from all "Saucer" activities for personal reasons and has resigned from his position as Chairman.

We feel on behalf of all of us throughout the country who have known Phillip, that we would like to say a big "Thank you" for his leadership and inspiration given to us in this field of service and the great enthusiasm that has always been present in him.

We/..

12. We all wish him every happiness and success in his "new venture" and would like to record here that although he has resigned for the present, the door is always open to welcome him on his return.

#### YOUNG SKYWATCHERS - HOW TO SPEAK WITH YOUR MIND

How do animals talk to each other ? For although they all have a mouth and tongue similar to that of a human being, they do not seem to hold conversations with each other. All a dog will do when disturbed or frightened is bark or growl, and a cat when thirsty will just "mew" until you give him his bowl of milk. When a pack of lions stalk a herd of Zebra, who, unaware of their danger, drink from a waterhole, a definite plan is put into action. Although the lions will attack from all directions, they each seem to know what the other one is going to do, and which lioness will make the kill. How do they communicate with each other ? They wouldn't growl for then the Zebra would immediately sense danger and gallop away.

The answer is, they use a type of telepathy, that is, they speak to each other with their minds and not their voices.

We are told that the space people who are far more advanced in civilisation than we are, frequently use telepathy - this we can also do, with much practice of course !

The first thing to do is to find a suitable partner. This must be a great friend of yours - someone whom you like very much indeed.

You must both make a special time when you can slip away to a quiet place, where you can sit without being disturbed. During this time one partner will be the "sender" and the other, the "receiver". When you start practising the subject that you are going to send telepathically, it should be an easy one.- eg. your favourite colours, flowers or animals. If you choose flowers, the sender must then decide which flower he will send - this he must not tell his partner.

Now to begin - the sender must relax completely, take a few deep breaths, then see in his mind "a beautiful red rose".

This he must see very clearly for a few moments, then visualise his partner, and see him receiving the rose.

The "receiver" must also sit very quietly, relax completely and try to tune in with the "sender". The receiver will find that suddenly he will see in his mind a red rose, or feel his partner is sending him a red rose.

Do not be too disappointed if you don't always see or feel what your partner is sending you, remember the more you practice together the better results you will get. Once you have mastered the easy subjects try sending short messages.

Do try and practice telepathy among yourselves. It's tremendous fun. Good luck !

SIGHTING: Kevin Birnie Visscher, Age 8. 2 witnesses.  
The Bluff, Durban, Wednesday, 4th February.  
Time, 3 p.m.

"I saw a flying saucer going slowly, and I saw it for one minute and then it was gone. The colour was silver, wheels grey. It travelled eastwards and hovered for half minute and went in and out of the clouds."

S I G H T I N G S

Jimmy Conway  
Voortrekkerhoogte  
Air Force Base,  
Pretoria.

2.12.69 at 7.30 p.m. Jimmy  
and six to eight other obser-  
vers saw hanging in the sky  
over ISCOR (Iron & Steel Works)  
at 80° elevation, a round, red  
diffused ball, the size of the  
midnight moon. They watched

it for about ten minutes and then it faded, taking  
between 10 to 15 seconds to do so. There were no  
clouds. Stars were visible, and a high mist was  
seen.

"BALL OF FIRE OVER DURBAN" (Daily News Report)

A MYSTERIOUS "ball of fire" appeared over Durban at  
about 10.30 a.m. on 11/12/69. Described as a "brilliant  
white ball with orange flames licking off the  
tail", its appearance was first reported by Mr. J.  
Summerfield, who saw it from a building site at  
Glenashley.

"It seemed to be the size of a small car from a dis-  
tance, and seemed to fall somewhere between the  
Umgeni River and the city" said Mr. Summerfield. "It  
was about a quarter of a mile above the surface of  
the earth, and it disappeared after a few seconds".

Others reported seeing exactly the same thing.

A Municipal Medical Aid office worker, Miss J. Wood,  
glanced out of the window of an office in Old Fort  
Place, and saw "a white ball of flames" shoot down  
nearby in the direction of the city. She immedi-  
ately called her colleagues, who also witnessed it. "I  
got the fright of my life" said Miss Wood.

A spokesman for the Durban Meteorological Office  
said they had no knowledge of the phenomenon and  
could make no comment on it.

MREWA - RHODESIA. Friday, 30/1/70.

On Friday 30/1/70 at 9.30 p.m. two policemen were on patrol in a remote part of Mrewa and saw three U.F.O's appear in the sky for approximately 1½ minutes, then hover in a red glow before disappearing behind a hill. As they watched the headlights of their patrol car suddenly failed. Ten minutes later after the U.F.O's had disappeared the car lights came on again. Several farmers in the area also saw "objects" in the sky that night. This is the description of the sighting by police constable P/O Walthew: "I saw them very clearly, they had red lights under them which lighted up their structure. They were flat-tish and oval, behind them trailed a white glow. Thinking that it might have been an optical illusion caused by distortion through the car's windscreen, I got out and watched them. When they disappeared behind the hill they did so at great speed."

The distance from the policemen was estimated at about half a mile and a "couple of hundred feet up in the sky". They were patrolling about 40 miles from Mrewa in the Tribal Trust area.

2/1/70, George & Knysna Herald (Eastern Cape) UFO SIGHTED OVER SEDGFIELD. An unidentified flying object was sighted from Montmere on Christmas night at 9 p.m. The object was visible for 2½ hours before it moved out of sight in a northerly direction.

When first spotted the UFO appeared to be hovering over the mountains. Twenty people from Montmere watched it - some with binoculars. Among them was a qualified pilot who was convinced it was neither a meteorological balloon nor an aircraft.

Miss Marlene Betz, who watched the object for over 2 hours, said: "It was a fascinating sight. The flying saucer, or whatever it was, was quite distinct from the stars. It seemed to change shape from round to oval as it moved in a zig-zag course, and the blazing light around it seemed to vary from orange-red to brilliant green" said Miss Betz.

Another spectator said: "It was certainly not a Sputnik, because its movements were most peculiar. Sometimes it appeared stationary, and suddenly it would shoot off to the right or left of the original position". Mr. Betz tried for an hour to get through on the telephone to alert other people about the UFO, but the party line was out of order.

16. MEETINGS FOR THE NEXT FEW MONTHS

DURBAN

March 20th - Friday at 8 p.m.  
April 17th - " "  
May 15th - " "

Meeting Place: The Centre, 3rd Floor, Prince of Wales Building, 384 Smith Street, Durban.

Please note that the dates have been changed from the last to the third Friday in each month. This will be a regular date for Contact meetings in Durban. The new time is now 8 p.m. instead of 7.30 p.m. to allow more people to have more time to arrive from a distance.

JOHANNESBURG: March 9th Monday at 8 p.m.  
April 13th " "  
May 11th " "

Meeting Place: 17, Westmeath Road, Parkview, Johannesburg. If new friends would like to attend these meetings, please contact Mrs. Neslie Schmutz, at the above address.

PRETORIA: April 17th Friday at 8 p.m.

Meeting Place: Theosophical Hall, 424 Skinner Street. All are welcome. Chairman Mr. Johan Jacobs, P.O. Box 215, Pretoria.

EAST LONDON: Meetings are held at irregular intervals. Please contact the Chairman, Mr. E.E. Buttner at 88, Frere Road, East London.