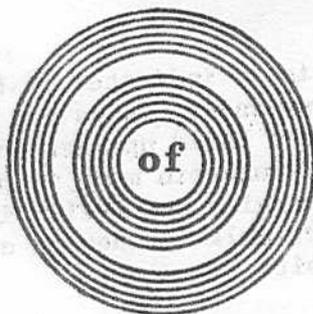


Revelations



Awareness

Cosmic Awareness Communications
P. O. Box 115, Olympia, Washington 98507

#77-6

THE "COSMIC BANK ACCOUNT"

(A COSMIC REASON WHY THE 'GOOD GUYS' SOMETIMES LOSE
AND THE 'BAD GUYS' SOMETIMES WIN)

Question:

...I was abandoned as a child of two weeks...have led a life that followed a path of pain, that is, a life of separateness, without monetary gain or any gain of self or ego. I have felt helpless and depressed much of the time, with a feeling of great hopelessness. Even though I felt for years that I was working for the good of others, I see now that my motivation was really more of a sense of self-pity that would feed the ego-self. The error was in not knowing the Law of One, the Law of Love, as Awareness has pointed out. I feel that now I am on the path, which is the only thing now of importance.

Cosmic Awareness:

This Awareness indicates that much of your present experience in this lifetime has been the working off of certain karmic debts from previous lifetimes. This Awareness suggests that the exact event of your abandonment at the young age, as a duplication of a previous action in a previous lifetime by yourself, wherein you abandoned another at a young age. This Awareness indicates that this abandonment as a repercussion or karmic reaction to the same situation and the same entity being involved, who was previously abandoned.

This Awareness suggests that in your present lifetime, there is a coming together of many karmic actions which can create an integrated flow of energies from many lifetimes back, which can be brought into focus and redirected from self-interests of previous lifetime into the course which begins to flow into that which is known as co-creation, wherein you begin working with others, according to your own inclination, yet without the motivation being strictly related unto self-promotion. This Awareness suggests that the promotion and the motivation of growth being that which serves everyone, including yourself.

This Awareness suggests that your discernment of your motives as that which reflects a growing awareness within your psyche. That the movement into these areas of discernment must be to allow you greater understanding of who, in fact, you are, and what, in fact, is the reality; but must not be used as a form of self-condemnation, of self-rejection or any form of action which causes you to feel inferior to certain ideals which you might project. This Awareness suggests that you not judge yourself, but that you discover yourself; and from that discovery, comes the growth and freedom, and the movement toward New Being.

Question:

Is my present situation a condition of karma, and if so, have I made any progress that will allow the Law of Grace to eliminate this karma?

Cosmic Awareness:

This Awareness indicates this as indicated in the previous question. In regards to the grace earned: this Awareness wishes you and others to understand entities can move in areas whereby they build up certain amounts of grace--this likened unto the cosmic bank account--wherein much is put into that account, and the storage of these funds of energies and activities and motivations may build into a large amount of grace. Particularly wherein entities do not make continuous withdrawals from these deposits.

This Awareness suggests that often entities will spend an entire lifetime building grace in the cosmic bank account. That then, following that lifetime, they may draw on that grace and from that cosmic bank account, may spend another lifetime in revelry, in violation of others, and in actions which would appear to make evil profitable.

This Awareness indicates the appearance of negative actions promoted by these entities can often appear to be serving them, and serving them well. This Awareness suggests that this is but an action of drawing upon the grace which they have earned in previous times.

This Awareness suggests that when that grace is gone, they then shall receive the full reward for their karmic debt, and shall then find themselves in spiritual poverty, needing to rebuild their lives through the proper actions and attitudes.

This Awareness suggests that, likewise, in your particular case, there have been certain karmic indebtedness, and your bank account was overdrawn when you entered into this lifetime. And for the past period of your life, there has been much struggle; and throughout much of this time, there have been efforts on your part to do that which was appropriate and necessary, and which was in violation to no one.

This Awareness indicates this as that which is now placing within your cosmic bank account large sums of grace and energy which you may withdraw and use.

This Awareness suggests that there is within your own psyche a desire to pour more into that account, rather than withdrawing and riding on the energies which have been placed into the account. This Awareness suggests that the interest placed into that cosmic bank account, by allowing these energies to remain there, shall grow and shall bring forth benefits to you.

This Awareness suggests that you also have it within your right to draw upon this account and to invest this energy, this grace which you have saved, into some form of work which will benefit not only yourself, but others. And in this kind of investment, you may find that you are capable of building your "stash" of grace even more quickly; whereby your accumulated prosperity begins to grow, through the investment of that grace which you have saved, into those actions which are of the nature of co-creative activities--activities which are sound investments, yet which serve many.

This Awareness suggests that this be done with great care and not foolishly wasted or invested in pipe-dreams or some other form of illusionary business.

This Awareness suggests that as you invest your grace and place this energy into levels of relationship with those kind of entities who can be responsive to you, and to whom you can respond equally, whereby relationship and communication flows smoothly; this as that type of investment which can allow your activities and your prosperity, in the spiritual sense, to grow even more abundantly than the mere savings of your grace in the cosmic bank account.

This Awareness suggests that energy put into action, grace put into action and into service--well placed--as that which does begin to bring forth greater return.

This Awareness suggests that you have basically repaid your karmic debt and do have a modest saving in your cosmic bank account. And this modest saving can be used as seed for sewing other actions which lead to spiritual gardens within your life and others'.

This Awareness indicates the reference to the previous analogy as not referring to material wealth, but to spiritual wealth through the energies of service, through the energies of relationship and communication. This being distinct from actual physical material wealth, yet having some reflections into these areas of the material plane: For as the spiritual wealth of entities begins to grow, so likewise the material shall be made manifest. For the tree that is healthy strikes deep roots into the earth beneath, and the two compliment one another. Likewise, the spiritual growth of an entity who is healthy in the spiritual sense, does also reflect into the physical and social welfare of that entity.

WHAT YOU SHOULD BE DOING AS THE OLD
MATERIALISTIC WAYS BEGIN TO FALL AWAY.

(Opening and closing message of CAC reading, Feb 24, 1977).

This Awareness indicates the intensities that have been occurring are now in the midst of change. That these being reflected, both in physical events as well as in the psychic levels, are beginning to shift in their manifestation. That these shall continue in levels of intensity for approximately two more months. This Awareness indicates that thereafter the intensity shall lessen.

This Awareness indicates that two pictures are beginning to unfold for entities to view in consciousness: One of these being the image of values, structures and various social situations as going down the drain, and great chaos and impending doom threatening. This Awareness indicates this in reference particularly to economic and agricultural and other forms of materialistic securities.

This Awareness indicates that the other picture emerging is that of a new beginning, a new society beginning to build itself on humanitarian principles of sharing, principles of mutual concern for one-another, principles of spiritual values, principles whereby goods, services, communication and the sharing of happiness is that which begins to create new values and new life-styles.

This Awareness suggests that entities who focus on the old, materialistic society, who concern themselves with what is happening to their old world, who cling to the old, materialistic values; seeing that structure going down the drain, trying to prop it up, trying to grab onto parts of it before it is all gone--these entities are in grave danger of going down the drain with the old system.

This Awareness suggests that entities forget the old and leap for the new, pouring their energies into that which is building, which is growing, and allow the old to fade away.

This Awareness suggests that entities begin thinking in terms of working with others, co-creating with others, working to build a new world rather than trying to save the old ways, or lamenting about the loss of the old materialistic world.

This Awareness indicates that entities who have been working with their own inner-space research, moving toward higher levels of awareness, shall soon begin recognizing that their life-style, their well-being, has catapulted into higher

levels, and that they are, indeed, beginning to experience the rewards from the Law of Gratitude. This Awareness indicates that entities who are still competing and searching for their own particular needs, that this may continue for a while longer. This Awareness suggests that entities who do not have their own ship in order need yet to continue working on this. But this Awareness suggests that wherever it is possible for you to give energy and service to others, that this is the area where your rewards shall come from. For self-servicing is but a maintaining of the level where you are, and servicing others is that action which brings greater rewards and allows you to move into levels whereby you have greater opportunities for serving even more. And in those opportunities, you shall find your own situation being such that you have more personal freedom to do so.

MORE ABOUT THE 12 ASPECTS OF THE SOUL, THE MOMENT OF DEATH, THE CLEAR LIGHT ETC.

Question:

A question from GC of Ft. Mill, S.C. which refers to the 12 aspects of the soul, or entity, a quote from Seth Speaks, page 372, referring to the entity known as Christ: "There are reasons why the entity did not return as one person. For one thing, the full consciousness of an entity would be too much for one physical vehicle." In the Spiritual Development Course (Aries, Vol. 1, Lesson 1, Page 4) "Often these 12 aspects integrate together and this then becomes that level which may be likened unto Christ Consciousness, wherein a total integration occurs, and the entity is moved into levels of extremely high levels of awareness." She says, "There seems to be a contradiction here. Will Awareness please elaborate?"

Cosmic Awareness:

This Awareness indicates that wherein these 12 levels come together that there is no room for personality to be included.

This Awareness indicates that the personality, the entity functioning as a person, cannot contain all 12 levels of consciousness at any given point, except in those trance levels for very few moments at any given time.

This Awareness suggests that the entity, Walter Russell*, experienced this for approximately 25 days in high levels, and then a tapering-off period as some of these aspects of consciousness departed.

This Awareness indicates that to live an entire life, totally integrated on all 12 planes of consciousness, an entity would find great difficulty in coping with any particular plane, and would need to be taken out of that plane and put into a monastery, or mental institute, or some other place where the entity would not have to function in any manner other than simply as an awareness vehicle.

This Awareness indicates that the 12 aspects of consciousness do enter and leave and can come together briefly in an entity's consciousness. This occurs at the moment of death. This occurs in lesser degrees in deep levels of trance, and this occurs in a similar degree, though lesser, wherein an entity has those rare moments of cosmic consciousness that simply happen without explanation or understanding, such as with Bucke**, and with those whom he wrote of, and with Walter Russell

* Walter Russell, author of Atomic Suicide; The Secret of Light etc., University of Science & Philosophy Press.

** Richard Bucke, author of Cosmic Consciousness, E.P. Dutton, Pub. Co.

(Also available through C.A.C.)

CONCERNING THE "CLEAR LIGHT"
THE MOMENT OF DEATH ETC. (Continued)

Question:

One question relating to this that occurred yesterday during the Correspondence Lesson where Awareness indicated that at the moment of death, if the entity can face the White Light and move into it, that he can leap lifetimes ahead and carry this Light with him through subsequent lifetimes. My question would be: Does this light influence the other aspects of that entity who are existing on other levels ?

Cosmic Awareness:

This Awareness indicates this tunes the entity into the other aspects. This Awareness wishes entities to understand that in the highest levels of consciousness all these aspects come together; that one of the aspects is this Awareness; that the other aspects are those higher realms of vibratory rates known as angels, that other aspects are in between, and other aspects are also in lower realms.

This Awareness indicates that wherein an entity can come together with those higher aspects of oneself, with the aspects known as angels, with the aspect known as the Higher Self, with the aspect known as this Awareness, wherein entities can come together with this, indeed there will be a lightening effect upon their lives, upon their soul.

This Awareness indicates these aspects are a vibration which can be called Love, or Light, or whatever, but the aspects are of a high bliss order, and are of Light.

This Awareness suggests that in order to remain in that level without tuning into the other levels, the lower realms of one's identifications, the entity would need to remain in the Clear Light and not move.

This Awareness indicates that wherein an entity should leave the Clear Light, looking at other lesser lights and moving toward them, that entity may find himself moving back toward the plane of rebirth and enter again upon these lower realms. And that entity cannot possibly bring all of that Light into these lower realms, for the entity now has also taken on physical form which is capable of suffering, which is capable of needing, which is capable of wanting and having its environment which influences it.

This Awareness indicates this as coming down to a question of whether its possible to have a body, and at the same time not have a body, in terms of the physical body.

This Awareness indicates that the Clear Light, the Pure Bliss of consciousness, the Buddhahood Light, that which occurs at the moment of death, cannot occur with a physical body present, wherein that physical body is aware of itself, or wherein that consciousness is aware of the physical body.

This Awareness indicates that wherein entities have those moments of Cosmic Consciousness, they cannot be putting attention upon their physical body. Therefore, the indication is that the physical body must be placed aside, at least temporarily, for these kinds of energies to occur, for entities to move into levels of consciousness to this extent.

This Awareness indicates there appears to be a confusion about what was meant by 12 aspects of consciousness, 12 aspects of the soul: This Awareness indicates these aspects are not physical bodies. These are levels of consciousness; that certain of these levels of consciousness are very much oriented toward physical gratifications. Other levels of consciousness cannot conceive of physical gratifications. Therefore, these two levels of consciousness cannot be brought together

at the same time for any great intensity on the part of each other.

This Awareness indicates there is the possibility of a kind of reconciliation, whereby the 12 aspects move toward the center of the soul and become one. And in this reconciliation, the 12 becomes the 13th, or the first, or number ONE, a single unit.

This Awareness indicates that this can occur as an experience known as Cosmic Consciousness, as the Christ Consciousness, or as Enlightenment, depending upon the degree and the terminology used to describe the experience.

IS COSMIC AWARENESS IMPERSONAL?

Question:

We have a letter from B.R. of High River, Alberta. He writes: "You said that a study of certain books was a mandatory prerequisite to Basic Development, and the wisdom of that is obvious. So I began to study the Gospel according to St. John. But it raised some serious questions in my mind which I thought perhaps you could answer. In chapter 5, starting at verse 20, Jesus refers to himself seeing the Father. From there to verse 47, he refers to his Father 12 times in a way that indicates a definite interpersonal relationship. Now my question is: since you indicate that Awareness is It, or impersonal, then ask us to study a book which says God is personal, who or what is Awareness in relationship to God? I take it for granted you would not require us to study untruth."

Cosmic Awareness:

This Awareness wishes you to understand that It has not indicated It is impersonal. It has indicated It is not a personality.

This Awareness indicates that It is personal in all levels of all affairs within the universe.

This Awareness suggests that you understand the nature of Akasha, Spirit, Anti-Matter, as being that which permeates all things, moves in between all parts of all atoms, fills the entire universe, and is conscious.

This Awareness indicates the Father exists within you, and all other entities, as well as beside each entity, and in the spaces between these entities.

This Awareness asks: what can be more personal?

HOW MUCH FOSSIL FUELS ARE LEFT? WHAT ARE THE ALTERNATIVES?

Question:

We have a question from L.J. of the Midwest Energy Alternatives, who says: "I would like to know what is the projection, in terms of length of time, that the fossil fuels will last, and what are the alternatives that can take us into the New Age? Are there sources of energy that have not yet been tapped that will become available in the next few years? We are familiar with solar, wind, recycling of waste, geothermal and others."

Cosmic Awareness:

This Awareness indicates there is much more oil than entities are led to believe. There is enough oil to last another 100 years.

This Awareness indicates that in terms of nuclear reactors, that there is only enough

Uranium and the substances needed to last for approximately 25 years. That the danger in this is that the wastes are capable of lasting for as long as 200,000 years.

This Awareness indicates that in terms of other sources of energy, nuclear fission being ruled out within a few years, and petroleum being phased out within a few years, other sources: solar energy, geothermal energy, that there is also crystal energy which is yet to be developed completely. That this has had certain attention and is being developed secretly by certain governments. There are also many inventions by entities which can give free energy, such as air motors, water motors, electronics, or electric, magnetic energies used to power motors.

This Awareness indicates these are being held back by the petroleum and nuclear companies. That changes shall occur in consciousness to allow this kind of thing to be brought forth when entities become open and ready for these changes.

Question:

In relation to that question: recently there was some headline stories that the Russians have learned how to transmit electric power without wires and have done some research on Nikola Tesla's work, which for some reason never seemed to become manifest in this country, where he could transmit electricity without wires. Would Awareness please comment on that?

Cosmic Awareness:

This Awareness indicates that the power companies in the United States were aware of the value of this entity's work, but wherein there are no wires, there is no way to put up a meter.

Question:

Will this type of invention that Tesla had, will this come into use one day?

Cosmic Awareness:

This Awareness indicates that wherein entities upon this plane, who have been oriented toward power and money, begin to look in new directions and see that there is something greater than power and money--that something being called relationship and service and the human community--wherein this occurs, many, many, many changes shall occur upon this plane to allow many more great inventions and services to be released to humanity.

HOW TO GET RID OF AGING SPOTS (OR LIVER SPOTS)

Question:

Member G.C. asks: What is a cure for removing brown spots, commonly known as "liver spots", and white spots, which I think is called vitiligo, which usually appear on the hands, face, arms and legs?

Cosmic Awareness:

This Awareness indicates that Vitamin E is somewhat effective when used. This Awareness suggests that Vitamin E, approximately 500 units daily, used for a period of six months, is effective. That nucleic acid as that which is especially effective within a period of approximately two months, sometimes less.

This Awareness indicates that also castor oil, rubbed upon the skin, can have some effect relating to this.

This Awareness indicates the nucleic acid can be found in beets, oatmeal, sardines, and can be ordered through most health-food stores.

Question:

Is that to be taken internally or to be rubbed on the skin?

Cosmic Awareness:

This Awareness suggests this to be taken internally.

HOW TO WORK WITH CHILDREN,
SHARING THE LIGHT WITH THEM.

Question: We have a letter from G.G. of Madrid, N.M., and he says: "Hello friends, would like to thank you all for the good messages you have sent my way. I find that I read the newsletter right before going to bed, and it always leads me into a restful sleep. I like to share the info as much as possible with others, and live with an open heart, which I guess is the best message to share by living it. I am teaching at a school here, in the church you see on the front of this letter. I would like to know if Awareness has any suggestions on working with children and sharing the light with them. Are there any meditation techniques that can be used, or any other means of keeping children in touch with the Clear Light? I find it an interesting problem, for while we try to teach the ABC's and other educational basics, we are aware of the equally essential task of developing spiritual awareness in these beautiful souls, so I would appreciate any comments Awareness has on this subject."

Cosmic Awareness:

This Awareness suggests that there are two things which can be very beneficial to keeping children open and aware, to sheltering children from the educational system:

This Awareness indicates one is to always make sure the child has a good self-image: At least one person that the child feels is friendly toward him--at least one person the child feels really does care.

This Awareness indicates the child whose behavior is troublesome, wants to be liked. And while you can object to the behavior, be very careful to assure the child that he or she, herself, is loved, and is good and acceptable.

This Awareness indicates the second thing is to allow the children a period whereby they can let their imaginations be free: where they can talk about those 'far-out, wild experiences' that they dreamed about, or envisioned, or what might be on other planets, or, if they could create their own world, what it might be like; allowing these children to have those moments wherein they can converse together and let their imaginations soar.

This Awareness suggests that you gently lead these children so that, in their imaging, they do not become caught in images of violence, hostilities and pains; but that you assist them in visualizing those areas which allow them to find ideal situations where they can express themselves without fear, without hostilities. In these imagings, the children shall find new enthusiasm and a form of communion with one-another that allows them to feel they are a part of something better and bigger than mere education and school and routine.

This Awareness suggests that you may set up classes whereby these children can listen to one-another in terms of making up stories, in terms of allowing their imagination to flow.

This Awareness suggests also to read imaginative stories to these children, particularly stories which have higher meanings. This Awareness suggests there are several books on the market now which are excellent for children in terms of allowing them to glimpse higher levels of understanding:

This Awareness suggests the Dr. Seuss books, a book called "Hello Sun"(Son?) This Awareness indicates there are others that you can locate regarding the kind of healthy, imaginative stories that will benefit these children.

Question:

Would the Tolkien trilogy be an example?

Cosmic Awareness:

This Awareness indicates this as affirmative, depending upon the age of the children and their ability to give attention.

CONCERNING THE DIET
THAT "STOPS AGING"

Question:

From G.Z. of New York City. "A book written by Dr. Benjamin Frank, called the "No-Aging Diet", tells about a diet high in nucleic acids. These are found in purine foods, like fish and beans. Please comment on the findings of Dr. Frank.

Cosmic Awareness:

This Awareness indicates the information, in general, as correct. That the information in terms of value as somewhat exaggerated for writing purposes, yet this as being of great benefit. That nucleic acid is not the 'fountain of youth', yet coupled with other nutrition systems and vitamins and minerals, this can prolong the life and give greater energy.

This Awareness suggests nucleic acid, Vitamin E, Lecithin, Ginseng, Gota Kola, Fo-ti-tieng, sesame butter, the usual vitamins and minerals of a natural organic source, and calcium tablets (particularly bone meal): these as being foods which shall assist in prolonging the life for quite some time.

This Awareness suggests this particularly wherein the other information relating unto dieting and fasting is used.

This Awareness indicates that much information has been given regarding proper diets and nutrition, vitamins and minerals. That the information does need to be compiled through research. That this may occur in the near future. This Awareness indicates that much of the information has been repeated again and again for different entities, but wherein this can be compiled into a booklet, this will be of great benefit. (ED'S NOTE: We're working on it).

WHAT ENTITIES CAN EXPECT
AS CONSCIOUSNESS CHANGES

(Excerpt from a reading given Nov. 17, 1972. Danton Spivey, Interpreter)

Question:

Would Awareness please tell us what the present state of overall consciousness of man on earth is at this time, as compared to where it was a couple of years ago, and where it is moving and will be in the near future, ie. 2,5,10 years, since it often seems hopeless that what little we are doing is having any effect at all.

Cosmic Awareness:

This Awareness wishes entities to understand that manifestations which are occurring into the consciousness of your plane at this time are those which are effecting changes of such a subtle and rapid nature that these changes and movements are hardly discernable; not because they are not occurring, but because the rate at which they are occurring is so rapid, and simultaneously so total, that a clear memory of what it felt like to be a person, a human being, two or three or four years ago becomes increasingly more difficult to recall.

These actions are occurring, not because of the good works of one man or another man, or of the good works of many men, but because of the awakening to spiritual forces which are occurring within consciousness itself.

In relation to individuals, this is occurring with some more rapidly than others. Those who are moving into levels of awareness and expressing levels of awareness in their daily lives, are those who affect consciousness from a total level.

These actions which manifest through entities as channels, are those which are actually affecting consciousness most strongly. That however you understand that out of these levels, these states of attention within the minds of those who are capable of functioning in these levels, comes certain actions, and these actions are those associated with the will of this Awareness, those which are motivated to assist in lessening the sorrow and the suffering and the tragedy on your plane at this time.

However, these actions are the by-product of the development of the channelship, for those who would serve without proper development are those who are likened unto an animal tethered to a post, and only move within their limited areas, within their own imaginings.

This Awareness suggests that the deep, the full, the utter dedication to integrity, intelligence, and love associated with this Awareness is that which, in the truest sense, creates the kind of revolutionary and dynamic effect on consciousness which can, and does, change your plane.

This Awareness suggests in relation to those actions which occur over the next several years, that this Awareness will give but brief concepts and notions; it is not the will of this Awareness, at this time, to give too great information regarding these areas:

Within the next 5 years there will be developed new kinds of transportation systems and new approaches to communication and education such that the culture, within many parts of the world, will be profoundly effected.

Barriers between cultures, between nations, are those which shall begin to grow less and less energized.

Within religions there shall be, within the next ten years, many schisms, many breaks from the orthodox, much which represents immaturity; and there shall be an intensification of polarity within the field of religion. However, these likened unto those incandescent and brushing cobwebs which, as they lose their effect, glow brightly with their own destruction.

It is suggested that there now emerges within consciousness a New Being, and that this New Being itself is that which shall change your plane, functioning through many. And, for those who can function with the New Being, there shall be an understanding and relationship which this Awareness cannot describe. The fact that this change within consciousness has occurred, will become that which is greatly apparent within the next 20 years. By that time entities on your plane will have effected

such a dynamic change in attitude and concepts that your present language cannot adequately describe these phenomena.

HOW VALUE-SYSTEMS HANDED DOWN
FROM OTHERS EFFECT YOUR THINKING

Question:

I am particularly concerned about my spiritual health. From certain past experiences, I am afraid I have failed spiritually, and this disturbs me very much and makes me very afraid of death. My greatest hope and wish in life is to be free of all selfishness and hostility and have nothing but love for all people and things, serving in whatever way is open to me. Yet, I seem unable to do this. To me, this is the most important thing in the world. Can you give me any encouragement that I can eventually make the grade?

Cosmic Awareness:

This Awareness indicates that you are using hand-me-down values from other entities by which you judge yourself. Indicated that you have been given certain value-systems by those who have long passed on, and you are hanging on desperately to those value-systems and memories of others and using these as weapons to attack and destroy your activities.

This Awareness indicates that this is that which need not be done. This Awareness suggests that you place aside all these value-systems and judgements of yourself and look and realize that you are a spiritual being. That the very vitality and love within you is that which is spiritual. That there is nothing whatsoever wrong with being negative, there is nothing right with being positive.

Right and wrong are the old ways of thinking: ways based upon the concept of separateness. There are entire cultures who will say your right is wrong, and there are entire cultures who will say your wrong is right. There is only the action of which do you wish to do, and what is happening when you are doing this action, and what is the effect you would like to have.

This Awareness indicates that you also look and see: "What are the results of your actions in relation to others?" It is neither right nor wrong for you to create negative effects or positive effects for others, but this is that which needs to be looked at clearly so that you may ask: "What do I really want to do?"

This Awareness suggests that all entities wish to love and to be loved; that in looking at this you find that certain actions neither make you feel loved; nor do they express your love; that when one sees this clearly, these actions will be discarded. These are not discarded because they are evil or wrong, but rather because they are useless to you in your purposes and expression.

This Awareness indicates that you understand clearly that you are the ultimate perfection of what you are, and that you may change into another ultimate perfection of what you are as moments pass, and these moments bring different levels of understanding, enlightenment and experiences.

You must understand also that in order to learn, you must stray from the path. There is nothing wrong with straying from the path; yet in straying from the path, you discover where the path really is.

WHEN LIFE IS A "TRAGEDY"
ARE YOU BETTER OFF "DEAD"?

Question:

I'm sure I have lived before and would like to know if I will live again after my present life ceases. I do love life, and yet so many problems keep me from being entirely sublime.

Cosmic Awareness:

This Awareness indicates that you have always lived and that you will continue. This Awareness suggests that you are part of the original consciousness from whence all consciousness sprang. That you gradually developed that which is called 'yourself'. That this came about through gradual separation in terms of division from those things which were around you, those other entities who were here and away. That gradually this separation did build that concept which you now call 'yourself'. That in reality, you are from the same root as all others, and in tracing your vibration back, you will find you come to the same source; and from that source, all others are in communication and contact, for they, too, are connected to that same source.

This Awareness indicates that you will continue to live regardless of what you do.

This Awareness indicates you may destroy the car, but the driver continues. That you may destroy the body but the being, the consciousness, moves on.

This Awareness suggests that your life is not a tragedy, but that your thinking so is a tragedy.

This Awareness indicates that you begin to put on a happy face and that the tragedy shall be placed aside and your life will begin anew. That there is much yet for you to do. This Awareness suggests this as a turning point in your life. You have felt great sorrows and tragedies long enough, and now is time to have the sunlight of joy.

HOW WORDS ARE THE SEEDS
THAT BEAR FRUIT OR WEEDS

Question:

My husband and I hope to build a house in Spring. Will all be well? Will I be able to afford same? Will plans go to my liking? Tell all you see and please advise.

Cosmic Awareness:

This Awareness asks, will you be well? This Awareness suggests that as entirely up to your own decision.

This Awareness suggests that you have some long period of time in which you may work with yourself to make yourself ill or you may work with yourself to make yourself well. That over this length of time, you can do just about whichever you choose.

This Awareness suggests that it sees you as well, for there is that which is asking the question and looking for hope.

This Awareness suggests that in looking for hope, there is the desire for something better. This Awareness suggests that this then implies that you would like to be well. That if you would like to be well, you then surely will be well.

This Awareness suggests that you understand clearly what the intimate conversation with yourself is. In intimately conversing with yourself, you discuss to yourself your future experiences: where you discuss the words 'sick, ill, sorrowful, tragedy', that surely these are those which do begin manifesting from your deeper regions.

That where you discuss the words 'health, happiness, joy, abundance, home, action, love, beauty', that surely these words begin to penetrate into your deeper regions and begin to bear fruit.

This Awareness suggests that you understand this, that you read this time and again until you are thoroughly bored and know it by heart. That in this manner you shall begin to change your own life toward that which you desire.

Words are seeds for fruit or weeds;
beware--be aware--the words you speak.

CONCERNING VARICOSE VEINS AND SKIN ECZEMA (REMEDIES)

Question: (Excerpt from a Trance Healing)

I have had varicose veins since I was 13 years old, and skin eczema since 15. It is mostly on my hands, but sometimes on my head and arms, too. Why do I have these problems, and what can I do to alleviate them?

Cosmic Awareness:

This Awareness indicates that in general the health is that which is relatively stable, that there is some action in connection with the thyroid at this time which needs to be given attention; this as that which shall now be attended. (pause for healing).

This Awareness indicates this as an opening of certain energies through the thyroid, that there as also that which relates unto diet, this as that which does affect the skin eczema. This in relation to certain impurities within the blood; that there is information within the book: "Back to Eden"* in terms of dieting and certain herbal treatment for this.

This Awareness indicates that Calcarea Flouride (Dr. Schuessler's Cell Salts) as that which would benefit in terms of the varicose veins and other symptoms of the physical body. This Awareness indicates that this also as beneficial for the teeth and bones.

This Awareness suggests that in terms of the varicose veins, that the homeopathic-naturopathic medical systems be approached for dealing with this. This as that which may be handled in a relatively simple manner with these doctors, as the homeopathic and naturopathic systems are those which are especially compatible with this form of imbalance.

This Awareness indicates that, in general, the weakness of the blood vessels and veins as that which relates unto the horoscope of the birth time, and that this shall be helped or affected toward balance through the use of Calcarea Flouride as given in the Dr. Schuessler book on Biochemic Medicines pertaining to the use of the mineral cell salts.

*Back to Eden, by Jethro Kloss. Woodbridge Press Pub. Co. Santa Barbara Calif.
(Also available through C.A.C.)

CONCERNING THE FEAR OF FLYING

Question:

Why am I afraid any airplane I ride on is going to crash? Was I ever in a plane crash?

Cosmic Awareness:

This Awareness indicates there be a pause ... there is seen several levels to this fear: On one level, this as related to a certain lifetime in the Swiss Alps wherein you were climbing and found yourself hanging to the side of a cliff. This did

eventually lead to your death in that lifetime. The fear of being in high places without something firm and solid to cling to as that which left memories in your psyche. In this lifetime, there was a childhood experience in which you were placed in a situation wherein you were frightened by the possibility of falling.

This Awareness indicates that, in another sense, this relates unto the loss of control of one's own foundation. In your particular case, you have had your feet planted firmly on the ground in many ways. That the prospect of giving up all that security and firm foundation which you have had, and moving into that unknown area which is without the security of your roots and foundation and your home and your origins, is likened unto one being lifted from her platform and placed into the altitude wherein she must learn to fly.

The flight of your soul is now beginning: that you have established your firm foundation; you are capable of standing with firm feet upon the ground of practicality, and now you are ready to move into higher realms of understanding wherein your soul itself begins to take flight.

This Awareness indicates this change as that which does render from you your control of your life; that you are to find yourself incapable of controlling what happens to you, and moving only in those areas of response and trusting the will of this Awareness and the forces of creativity to move you. This movement into the airplane is more than symbolic of flying: that this is the particular focal point of your mind-emotions, but that the actual change in life-style is that which is creating the anxiety.

THE "PARKS OF LIGHT"

Question:

SOON TO MANIFEST

For many years I've studied and visited intentional communities and still seek a suitable group and spot to experiment with New Age ideas on a full-scale basis. Will I be able to find such a community or should I retire to the woods and live alone?

Cosmic Awareness:

This Awareness indicates that within approximately two years there shall be a movement which brings about a gathering of more and more entities together to create the Parks of Light which this Awareness has referred to for several years. These Parks of Light will be such that they will contain healing centers, yoga and meditation centers, certain types of therapeutic and health activities, plus social activities and New Age teachings, as well as gardening and agricultural projects. This Awareness indicates these will also contain certain kinds of artistic schools and experimental training therein.

This Awareness suggests that these will become very popular throughout many parts of this nation, this hemisphere and certain parts of European countries. This Awareness suggests that in your personal action, you may find this beginning to develop for you from these meetings and gatherings of a philosophical nature. As friends become acquainted with one-another at group meetings in your home or in the homes of others, these meetings shall begin to formulate a group action. The group action shall begin to take on more and more types of concepts wherein the urgency and need for greater group expression will be made manifest. This will lead into many new actions of this nature.

OPENING MESSAGE TO THE MEMBERSHIP (Feb. 23, 1977)

This Awareness wishes entities to understand that what they are is that which this Awareness does indeed appreciate, bless, and communicate with. This Awareness indicates that each and every one of you is capable of stepping aside, moving your personal identifications aside, and communicating directly with this Awareness. This Awareness wishes you to know, however, that in order to do so, it cannot be done from a sense of personal glory, or you shall simply delude yourself in efforts of self-aggrandizement.

This Awareness wishes entities to simply let go and let God, and let themselves become one with all things.