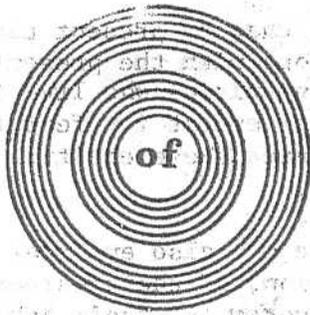


Revelations



Awareness

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

#77-7

A MESSAGE TO PRISONERS FROM
COSMIC AWARENESS (THOSE BEHIND
BARs AND THOSE AT HOME)

(Paul Shockley)
Interpreter

Question: (Excerpt from a long question)

C.A.C. has a number of incarcerated members wanting to know what they can do and how they can change when confronted with the prison syndrome and conditions. These people feel helpless, but would like to get something going inside the prisons that could change this situation. Would Awareness please comment on this?

Cosmic Awareness:

This Awareness indicates there are many ways in which a vehicle can operate; that there are many kinds of vehicles: There are the vehicles which are very efficient, and some vehicles which are not very efficient at all. Some vehicles have certain purposes while others have other purposes altogether.

This Awareness indicates the truck and the automobile, or the aeroplane, are each of different purposes. This Awareness indicates, likewise, this is so for individuals: that some entities are good at certain things, others good at other things. This Awareness suggests that any vehicle, automobile, truck, plane, or any individual, regardless of their purposes, can be more efficient or less efficient according to their appropriate clarity in their mechanics, in the way they function, in the relationship of their parts toward one another.

This Awareness indicates that wherein an automobile breaks down, it is either junked or is sent to a mechanic for repair. This Awareness indicates when an entity breaks down, it is either put into repair, or is junked and put into incarceration, or into the scrap yard of banks for sale for its parts, or is discarded into the graveyard. This Awareness suggests that many of these entities could be repaired even as cars and automobiles of various natures can be repaired.

This Awareness suggests that wherein an entity is having difficulty in coping and is under certain kinds of stress--this may be compared to an automobile or a truck, which is being driven at higher RPM than it is designed to do. And such an automobile may blow a rod, or in some other way create disaster and fall into disrepair.

This Awareness indicates the same can happen to an entity: That misuse of an entity, wherein the stress factors are, over a prolonged period of time, or certain forces overloading the entity's capabilities, can cause that entity to become incapable of coping, and a reaction or breaking-down may occur.

This Awareness indicates that in terms of the treatment of such entities, this Awareness suggests that these entities can be dealt with individually as being treated for an illness rather than being treated as criminals. This Awareness suggests that all crime is illness, even as illness is crime.

This Awareness suggests that wherein the system of dealing with these entities can change, that this will become beneficial, and this appears to be that which can occur within approximately 25 years.

This Awareness suggests, however, that at present time, entities within the prisons have their choice of how to cope with the present situation. This Awareness suggests there are entities who are in prisons who live in private homes with one individual, who could walk out the door except for fear that a criminal might be lurking outside. This Awareness indicates these entities are as much prisoners as are the prisoners within the walls.

This Awareness suggests that there are also entities who are prisoners of their mate, of their job, of their corporation, of their career, of their beliefs, of their nation, of their society, of their poverty, of their habits. This Awareness suggests that wherever you are, to some degree, you are a prisoner; and to some degree, you are influencing others in such a manner that you are imprisoning them also. This Awareness indicates this as a matter of relativity. The concept of prisons is but that which is in the mind. The mind creates the prison. The mind is a place in itself and can make a heaven of hell, or a hell of heaven; a prison of freedom, or, freedom within a prison.

This Awareness suggests that instead of being concerned about how to get out, this Awareness suggests entities learn how to cope with their situation where they are.

This Awareness suggests that in terms of the imprisonment, wherever it is, the best way out is through a sense of humor.

This Awareness suggests that if you are a prisoner (and all entities on this plane are), that you learn to laugh a little more. That if you are not allowed to laugh, that you smile. That if you are restricted in smiling, that you narrow that smile to the place which is allowable. If this is not allowed at all, that you keep your mouth poised properly, so as not to offend those who do not like smiles, but that you let your eyes twinkle and sparkle and smile.

This Awareness indicates that if you cannot be allowed to smile with your eyes, then let the smile be inside your consciousness, and live your life as a smile, and live with humor inside yourself.

This Awareness indicates that wherein you can begin spreading humor, wherein you can hold on to humor, there is no way that you can be totally imprisoned, and there is always hope for your improvement and escape.

This Awareness indicates you look at the word 'grave', 'gravity', and 'heaviness'; that you also look at the word 'light', 'levitate', 'enlightenment'. This Awareness suggests humor lightens; seriousness is massive, heavy, and grave: That the intent of any form of imprisonment is to confine and to keep one in a grave situation. That entities within the social prisons who can develop a sense of humor, may think of themselves as promoters of a revolutionary movement within these prisons. This revelationary movement being one wherein they begin to express joy and happiness toward one another.

This Awareness suggests that this be done if for no other reason but to defy anyone to keep you from being happy: as a form of rebellion against the forces that would make you feel serious.

This Awareness suggests wherein you begin spreading laughter throughout your prisons, wherein this becomes contagious and all the prisoners are finding themselves and their situations and their lives as that which has its humorous qualities, wherein you can begin to laugh at yourself, and laugh with each other, this shall indeed create a totally different atmosphere within the prisons:

The guards will be the ones who cannot cope, and they too shall begin feeling a certain kind of closeness and humanness emanating from the prisoners. And this Awareness suggests that this not only within the prisons, but within homes, nations, and all over this plane.

This Awareness suggests that wherever this sense of humor can begin to spread as a revelatory movement, that within a short time the entire situation will lighten, and the attitude toward prisoners will move likened unto an elevator, elevating their status, elevating their life-style, making it possible for prisons to be turned into rehabilitation centers, or centers of integration, much likened unto a hospital wherein the entities are sincerely and carefully monitored and worked with as individuals rather than as criminals.

This Awareness suggests this may take approximately 20 to 25 years to bring about the changes necessary, but that many entities within these prisons do have the time to wait and to work on this action.

This Awareness wishes to hear laughter coming from these prisons, as much as prisoners are able to get by with, without receiving punishment for that laughter.

This Awareness suggests this can be a growing, revelatory movement which will begin to have its effect in the entire society.

CONCERNING MALE CHAUVINISM: ITS ORIGIN
AND THE DIFFERENCE BETWEEN THE SEXES

Question: (Excerpt from a long question concerning female sexuality)

"...I know of no one who understands in any way the origin of male chauvinism, or the difference between the sexes, and Awareness told us that more than half of the unhappiness and the frustrations of man is because of no understanding of the sexual act, and that an explanation would require a whole reading. This reading was never given, and I feel that a comprehensive reading on women would be of tremendous significance and should get out into the public domain..."

Cosmic Awareness:

This Awareness indicates this information has been given through this Interpreter over several different readings during the past several years. This Awareness will summarize at this time much of this information:

This Awareness indicates that the word 'Eve', relating unto evening, relating unto the magnetic side of the atmosphere, relating unto the forces which are most dominant during the evening or night time. The word 'Daeus' relating unto day, and this being termed the male side. This Awareness indicates the word 'God' as relating unto the light. The word 'evil', or evening, as relating unto darkness: that the light forces being of seven rays making up the spectrum, the dark forces being five magnetisms relating unto the five senses, five electricities that effect the five senses.

This Awareness indicates within each particle of light there are those 7 rays of the spectrum and 5 electricities. These particles of light pulsate. Wherein a particle explodes it gives off the 7 radiances. And when that explosion creates a vacuum inside, the vacuum becomes a magnetic force that draws in the force around it: and this magnetic force contains the 5 magnetisms, and these 5 magnetisms are part of that which is the electromagnetic energy in the atmosphere.

This Awareness indicates that the symbolism for this is that the masculine forces are radiant; the feminine forces, or negative force, is magnetic. That the positive and negative forces then were attributed to various objects as qualities: the man being larger and being more aggressive, was termed positive, or masculine; the female, being more magnetic, was termed negative, and the term 'Eve' was given to symbolize the dark force, or magnetic force, which came from the atom of light, which symbolized man, the Biblical Adam.

This Awareness suggests that a later perversion began to have its effect in

consciousness because the woman took a secondary role in terms of those affairs which became significant to historians and writers. This Awareness suggests that historians did not write about how well women cooked, or how well woman tended the children. They did write about the hunter, about the pursuit of the male, about the male as he grew crops, and about the warriors.

This Awareness indicates that the historians also wrote about the temples built, the civilizations built by men. This Awareness indicates that it is what the historians wrote that gave man the significance. That the action of women: tending the family, tending the child, feeding the man, cooking the meals, and tending the gardens, this as equally important, but not receiving the significance of being written about.

This Awareness indicates this significance placed on man caused a polarization in the minds of entities which caused man to think his work was more important than women's--and when successful, he referred to his work as good, but woman's work continued, patiently waiting, waiting for recognition. This Awareness indicates that the woman was put in secondary position, thought of as a possession of the man, as his family, his name, his properties, his crops, and his cattle, or livestock.

This Awareness indicates that the time now as changing: wherein it is beginning to be recognized that women are not associated with forces of evil, or darkness, and man is not necessarily associated with forces of righteousness, or good. For the actions of man have led to great tragedies, and the actions of women have led to great goods. And that in general all has basically been balanced out except in the minds of entities who tend to place values upon their own particular sex.

This Awareness wishes entities to understand that there is no entity on earth who is totally masculine, and no entity on earth who is totally feminine. That everything any other entity has, each entity also has. That there are simply certain areas which are exaggerated in one entity and other areas in the other entity, which are exaggerated. And these exaggerated areas create the difference in the organs which make their appearances upon the bodies of entities which are then labeled male or female, according to the exaggerated qualities of these organs.

This Awareness indicates that the absolute and most balanced entity is the hermaphrodite--the entity having both male and female organs. That all entities are, in effect, hermaphrodites, yet some have greater degree of masculine qualities than feminine, and others have greater degree of feminine qualities than masculine; but the general situation is such that there are no real males upon earth, and no real females upon earth, and yet each entity is both male and female.

This Awareness indicates this seems to be sufficient as an essay on the situation, but recognizes that many entities will continue to want this repeated again and again in other terms. And this Awareness indicates that consequently there shall probably be more information coming at later times.

CONCERNING PENDANTS
AND GOOD LUCK CHARMS

Question:

I hold in my hand a pendant and we would like to ask Awareness if people in the membership that had a similar pendant as this, if it would help in energizing projects, or create energy for different things, or perhaps maybe have some other significance?

Cosmic Awareness:

This Awareness indicates as these are energized, they do take on certain properties. This Awareness suggests that the odic force, or that which may be called psychic energy, can be placed in and stored in objects, in geometric designs, in various shapes, giving

that shape, geometric design or object qualities that it did not inherently possess prior to the psychic energizing. This Awareness indicates that also certain shapes do have their own inherent psychic qualities, or psychological qualities, having their effect upon consciousness.

This Awareness indicates this particular pendant having the shape it does have, can assist entities in experiencing different levels of consciousness, moving from microcosm to macrocosmic levels with greater ease. That the symbol on the pendant can assist entities in tuning in to the newer vibration, expressing bliss, happiness and joy. That the metal content of the pendant can hold a charge of psychic energy, or the odic force. That wherein this charge of energy is sent to this pendant with certain suggestions, this can have a sustaining factor. And wherein the entity becomes what you might call superstitious about wearing their pendant, then indeed this can have its psychological effect and bring about good luck.

This Awareness wishes entities to know that very little of the thing itself, in terms of pendants and designs, are of great effect. This being at best approximately 40% effective, and for most pendants, closer to 15%. That the effect which comes from these pendants is psychological in nature: wherein you believe the pendant will bring good luck, then indeed it does. This Awareness indicates that entities being given such pendants and told that these pendants would bring bad luck, would tend to suffer bad luck from wearing them.

This Awareness indicates the rule is: **WHATEVER YOU SEEK WITH THE MIND, YOU TEND TO DISCOVER. WHATEVER YOU EXPECT, YOU TEND TO SEE.**

This Awareness suggests that if you expect something to bring you good luck, then you tend to ignore any bad luck, or blame the bad luck on something else and attribute the good luck to your pendant, or whatever you choose to bring you good luck.

This Awareness indicates that understanding this, you may or may not wish to wear a pendant; but whatever the situation, this Awareness wishes you to understand how they work, rather than become dependent on externals for your good luck.

This Awareness indicates that certain gems and certain metals and certain diagrams and certain geometric shapes do, indeed, carry certain energies which can be beneficial or detrimental; beneficial in certain ways, but not in other ways; or detrimental in certain ways and beneficial in other ways. That this is an entire science which is only now beginning to be looked at: this relating unto amulets and talismans.

This Awareness indicates that beyond this science is the science of attitude, the science of the mind, or consciousness, and wherein you can use your consciousness, this as greater power. Yet the seed, the symbol, can serve as a reminder of good luck, and this can assist the consciousness to continually reinforce its attitude of good luck.

(Ed's note: the pendant originally asked about was a brass rectangle etched with the Ace of Cups--the New Age symbol used as the illustration in the Correspondence Course, Vol. 1 (Aries).

Question:

Could I make a comment at this point? My enthusiasm for this project for the CAC members was the idea that the card symbolized was our symbol for the "New Creation", and what I thought at the time would be a focal point. It would be something that we could share, and just sort of have as an energizing of this new symbol, more than just good luck.

Cosmic Awareness:

This Awareness indicates that as was indicated these pendants can be energized. The action of sharing a symbol and energizing a symbol can be beneficial. This Awareness wishes to stress the effect of consciousness upon the pendant more than the effect of the pendant upon the consciousness.

(Excerpt from Vol. 3, Lesson #2 of the Correspondence Course, given 11/18/ 1976)

Cosmic Awareness:

This Awareness indicates that entities begin to feel it is wrong to express themselves in manners that show anger, in manners that show frustration, in manners that show self-pity, in manners that show concern for ones own being. This Awareness indicates these feelings being instilled in children, causing the child to grow up feeling it is wrong to express any form of self-interest, any form of self-concern, any form of personal desires, any form of personal expression or personality expressions, the child growing older and becoming more involved in relationships then either moves toward states of rebellion against those who are outside of himself or moves toward states of self-denial.

This Awareness indicates that in earlier communications during the time of the early Organization of Awareness, a phrase was entered into the Precepts: "Deny Self." This Awareness asks that you no longer deny self, that the action at that time did have some merit, for the entities involved at that time were of such a level of behavior that the majority of those entities were into levels of promoting self over others through occult forces and the pursuit of power to such a degree that an opposite concept had to be introduced to balance it out.

This Awareness indicates that at present time, and to those who are listening to this information and shall in the future hear this information, or read this: the greater majority shall be those who have too often and too much denied themselves. This Awareness asks that you not base a lifestyle upon the concept of self-denial. That you look at the needs of others and look at your own needs also, and from an objective looking, begin to find a way of communicating with that other entity, listening to their expressions, listening to those who would communicate their needs to you, and feeling free to communicate your needs to them: for there is no great virtue in self-denial, as this shall surely lead to rebellion, frustration, hostility toward those for whom you deny yourself.

This Awareness indicates self-denial as related unto sacrifice, and there has been enough sacrifice and martyrism; and through communication all entities can win and none must lose.

THE NATURE OF THE CREATIVE PROCESS

Question:

What is holding me back from proceeding to meditate, think, and bring forth my inventive and creative ideas onto paper, and into practical actuality into the physical world, where people and myself could make use of them?

Cosmic Awareness:

This Awareness indicates that there is a time and place, a season for all things. This Awareness suggests the Law of Patience*as that which relates unto this . This Awareness indicates that in part the situation is astrological. There are times for inventiveness and times for other actions.

This Awareness indicates that you may inhance your inventiveness by the following process: This Awareness suggests you spend a certain amount of time, according to your own inclinations, in looking at a situation, a problem or a project which you have already begun; and in looking at this situation, problem or project, you analyse all the various aspects of this problem situation or project--analysing the nature of any previously-applied solutions to such, as well as the continuing difficulties, which the previous solutions did not fully solve in terms of present-day needs.

This Awareness indicates that you spend a certain amount of time examining this. When you feel totally saturated and cannot seem to get any further into it, put it aside and move on to something wherein there is physical action, letting this be placed aside and out of your thinking so that you do not concern yourself with it.

This Awareness suggests that during those times of enjoyment wherein you become involved in play or during times of sleep, more information will come to you which relates unto the topic which you have been studying and analyzing. This Awareness suggests that this then may be applied to the original efforts and you may again sit down and begin studying, analyzing and working with the problem or situation with the new information. This Awareness suggests when this has become totally saturated and you can go no further, again place it aside and let yourself enjoy life, play, sleep, dream, relax, visit others, but totally place this concern out of your consciousness. This Awareness indicates more information will come to you "out of the blue" during these times.

This Awareness wishes you to understand the nature of the inventive process is such that when the mind is thinking, it is energizing. When the mind is analyzing or synthesizing it is energizing; when the mind is focusing, it is energizing. When the mind is energizing, it cannot receive information from outside of itself or from outside of one's own stored knowledge or experience and the various types of data collected by that experience. This Awareness indicates when the mind ceases to energize and begins being receptive and moves into a state of rest, such as during times when one is at play, or when one is meditating or asleep--at these times, that energy which has been given, moves back carrying certain rewards, and will bring back certain solutions to the problem which has been energized.

This Awareness wishes you to understand this as the nature of the creative process, and in understanding this, you may also understand that there can be no creative or inventive action, no form of magic or magical insight until you let go of the problem to await the solution. Yet there can be no magical insight until you have first energized the situation or problem by working on it, by analyzing, by deep attentive looking and probing with the mind to discover more about the situation, or problem.

This Awareness indicates these two go together: the study and release from study. These are necessary parts of the creative process even as night and day, awakening and sleeping states are necessary to your own lifestyle.

* The Law of Patience states that all things must have their time and their season whereby they may work their action to proper fruition.

SOME ALTERNATIVE WAYS TO DO BUSINESS
(ONE PURPOSE FOR THE FORMATION OF THE
AQUARIAN CHURCH OF UNIVERSAL SERVICE

Question:

I am worried about finances. I have a small business, but of late I have been unable to pay my bills on time due to the lagging sales. I'm wondering if I should get rid of it and do something else, but where can I find a buyer.

Cosmic Awareness:

This Awareness suggests that you understand the nature of worry as that which helps to bring upon you that which you fear; that which you fear is that which begins moving more and more upon you. This Awareness suggests you understand courageous attention given begins to bring about a manifestation, and wherein such attention is given to that which "Is" and wherein that which "Is" is looked at without fear, there comes about a change whereby certain actions occur that are not dependent on one's own personal limitations, but which will lighten the situation so that it may be removed more easily. By looking closely, clearly and courageously, at any situation, and by taking action without worry, benefits occur.

In looking fearlessly at your financial situation, you will begin to discover alternative uses of your present assets, such as the sales of other products which may be in greater demand during these changing times. This Awareness suggests you ask friends, customers and other associates what items they would like offered, and that you ask what services they would like to see available.

This Awareness suggests you consider such an action of expanding your services to include a center for trading items, serving as one who becomes a switchboard for information pertaining to items and services that are available in your community. This may be done as a business, as a club or as a non-profit organization whereby the members or the public call or write to list with you items or services they wish to sell or trade, and you present this information to those who desire to buy or trade for those services or items.

This Awareness indicates that credit points for an item or service may be accredited to a club member's account which would allow that club member to purchase other services or items from still other members. This Awareness suggest that you may add on a percentage to the cost of the item or service for your own service charges. This Awareness suggests not more than 10% to be added on top of the member's requested price or charge. For example, wherein a member wishes to charge \$100 or 100 points for a refrigerator, you may advertise it for \$110 or 110 points, and the extra \$10 or 10 points will be used as part of your business profit for serving as broker between those wishing to trade.

This Awareness indicates you may understand this is based upon the principle of Universal Service, whereby entities help themselves by helping others, and help others while helping themselves. This as one of the purposes in the formation of the Aquarian Church of Universal Services and the Interpreter may supply more information on this action.

This Awareness indicates another alternative approach is that you look at the demands of the public and the economic needs, and supply that which is in most demand. As many are short on money these days, tools, seeds, bulk items or commodities and instruction booklets can assist entities to do their own work, or put together their own recipes or formula so that they can save money, thus in helping them to save money, you can yourself earn more.

This Awareness suggests you look at the basic needs, basic items, basic services which are essential to the basic survival of a reasonable standard of living, that you then decide what commodities, items, tools, or services you can offer that will benefit those in your area, as well as yourself. This Awareness suggests you also look at the possibility of giving service at a distance, through the mails or through telephone or transportation that you then look at yourself and ask: "What service or items and commodities would I really feel good about giving to my fellow human beings?"

This Awareness indicates the use of money, the concept of money as a basis for control for relating, for motivation and for making decisions is that which has led to great tragedies on this plane; wars, death, destruction, sorrow and suffering have been the offspring of the heavy emphasis on money, The future generations will not ask: "How much will I make?" but rather their question will be: "Is the action in harmony with life?"

In future corporate board meetings the major decisions will center around the social value, the humanistic need, the harmonious qualities and services that the corporation is implementing, rather than the monetary gains they expect from their sales. This Awareness indicates Harmony with life will be the most basic and primary concern, and economic concerns will trail behind.

This Awareness indicates there are some who would destroy this entire planet, the history of humanity, and all the works therein, if they saw a way to make their fortune in such actions, for these are blind to all else but money. And there are those who would destroy their loved ones, their family and themselves, if they could find a way

of making a fortune in such actions, or by such neglect; for they are blind to the needs of their loved ones, their family and themselves and see only their need for money.

This Awareness suggests entities look at their own values and re-examine these to see what they have created as priorities, and suggest that when you build your life on harmonious integration all other building blocks will fit properly into place; but without such harmonious integration there will be sickness, poverty, worry, despair, unhappiness and other alienations.

This Awareness indicates in your present situation you and others may also consider starting an action involving young people, as teen-agers, who may visit and become acquainted with older persons who cannot travel about as easily as in their youth, and that these young persons can learn much from those older persons while also giving joy to them. These young people may also engage in giving services, such as running errands and shopping for those elder persons who find this difficult. Trading points or money may be offered as reward for these services. This same kind of action may also be used to create a baby-sitting club. There are many needs for service, expression and communication between families, generations and cultures. This may be likened unto creating a kind of club that gives service and communication between many various ages and types of people.

HOW TO VISUALIZE PROSPERITY

This Awareness suggests that you now visualize yourself upon the deck of a large sailing ship, with sails in full with a strong wind blowing into them. This Awareness indicates you visualize the money you need flying into the sails and falling onto the deck, this to be visualized nightly before going to sleep, and upon awakening for a period of three weeks. This will assist in creating an attitude whereby you become more capable of feeling an affinity toward greater prosperity rather than feeling you have a lack of prosperity. This Awareness indicates the attitude of deserving prosperity as that which is essential in order to be prosperous. That during the coming several years, this approximately seven years, there will be many shifts in your financial affairs in a manner that shall be somewhat unpredictable, which shall move into areas of earning through activities that presently seem unusual or out of your present life-style. This Awareness suggests that you keep your mind open to new ways of earning the necessities of your life.

THE LAW OF ETERNAL UNFULFILLMENT

This Awareness wishes you to look at your life in a manner of moment-to-moment existence wherein you see yourself moving from one moment into another, that you realize each moment has its own incompleteness: that there is a Law known as the Eternal Unfulfillment, which states that there can never be completion or fulfillment in any moment, for if there were there would be no further moment; and as each moment contains within itself all that is essential for that moment, so also each moment contains within itself an emptiness, a vacuum, an unfulfillment that is essential and necessary to lead into the following moments. The Law of Eternal Unfulfillment states that every moment has something missing and is incomplete and every moment has something that is present, total and complete. And when one can accept this Law of Eternal Unfulfillment, the greed-creating obsession to be fulfilled will cease to be.

HOW TO RELAX AND RELEASE TENSIONS

This Awareness suggests in regard to the health of this entity, that this is related to diet as well as unto certain mental and emotional attitudes which have caused tensions and frustrations that have been held onto and which must be worked through to the point whereby they can be released to allow greater relaxation to come over the physical form. This Awareness suggests you assume the attitude of "God is in Heaven and all is right with the world and with my life, regardless of appearances to the contrary". This attitude shall give strength, faith and the ability to let go, and let God shine from within; and in the letting go, in this surrender to the God-cell within, you shall grow in light, love, health and harmony.

This Awareness indicates this entity does also need to spend certain moments during the day whereby she may have total solitude for a time of meditation and relaxation. This entity will also profit from the use of information on the diet material that may be made available with this reading.

THE LAW OF AFFECTION

This Awareness indicates that in relation to the entity's marriage, that this is likened unto a reflection of the financial and business relationships whereby communication is necessary and attention must be given so that the sensitive and appropriate exchange of energies, the openness of communication between the parties involved, whether of a relationship or business nature is allowed, is clearly expressed and is respected in order to allow each individual the freedom from bondage, duty and obligation, being based instead on mutual trust, affection, and respect and the ability to respond to the needs of one-another. This Awareness suggests this entity and her mate may profit by studying the Law of Harmony and Agreement, the Law of Relationship, the Law of Projection, the Law of Prosperity and the Law of Love.*

(*See Laws of Awareness Rev. of Aw.)

Question:

She is married, with two kids, seemingly unlucky in love, she is contemplating a divorce.

Cosmic Awareness:

This Awareness suggests this be held in abeyance while the entity studies these Laws and discovers more about herself through deeper observation; that the entity's mate also would profit from such study. This Awareness indicates working toward closer communication, (with each sharing with the other his or her own feelings, so that the other can also feel those feelings somewhat without condemnation, guilt, or pressure being placed upon one another), shall move the relationship to a level whereby the entity is free to find his or her own purpose and direction with the blessings of the other.

There is a law that shall be given you which you may call the Law of Affection. The Law of Affection states that affection is a beam of love which may light upon a subject and create an object of adoration. The Law of Affection holds closely, but with open arms: one wishing to see all creatures free beings by freeing others from oneself, then from themselves, their fears, their guilts and inhibitions, and from those blocks that hide their preciousness. The Law of Affection possesses not, yet sacrifices nothing of itself, for it gives without an expectation, even from the joy of giving. As the sun must shine to be the sun, so affection must be given if one is to be affectionate. The Law of Affection cannot be manipulated or controlled, for its only purpose is to give. Nor can it be possessed or used; but when one's heart is open, it enters and possesses it and used it to shine its warmth of love upon the world.

This Awareness indicates that counsel from a third party would benefit these entities in regard to their relationship, particularly wherein this party is not involved emotionally and has had some professional experience in counseling.

HOW TO DEAL WITH CHILDREN

WHO ARE HOSTILE AND PUGNACIOUS

(THE MAGIC RECIPE FOR RAISING CHILDREN)

Question:

His sister, Martha, is 29 months old. She likes to look at books and fight.

Cosmic Awareness:

This Awareness wishes you to understand and be tolerant with children of young ages who are struggling to find their place upon this plane, for they know not what they do, and must try those methods that are most primitive, most rewarding and most

direct regardless of the feelings of others. They learn only by their experience to be sensitive, and only by the patience of those who are also sensitive to them and to those others around. This Awareness wishes children to move through that stage which is expressed in lashing out at others, and suggests that with guidance, direction and special attention this may be dealt with in a manner that give the child an alternative program of behavior that brings even greater reward than the hostility and lashing out at others.

This Awareness suggests the magic recipe for raising children is to sift carefully a blend of gentle but firm guidance, with a measure of mutual respect as the primary ingredient, mixed thoroughly with love and baked in warm affection and attention as often as is possible, without being possessed by the child or smothering and possessing the child in a manner that burns her heart or stops the soul from rising. Allow the child the opportunity to make those decisions which she can make within her sphere of understanding, and share with her the fruits of your experience and wisdom which she is capable of understanding and appreciating.

Above all, hold the child closely with arms that open wider and wider into the world, with self-assurance, understanding of the journey, and the ability to meet the challenges that may arise. But do not allow a babe to wander aimlessly upon a battlefield in the name of "freedom", nor encase her behind closed prison walls and closet doors or chains of bondage, obedience and servitude while labeling it "security" or "protection."

This Awareness suggests that the development of many children is such that they cannot be assured of their Being except when in pain, competition or struggle. This Awareness suggests you recognize this in children and understand that the bumps and bruises, the disappointments and competitive expression of a child is his or her way of learning from life and communicating with others in the discovery of life and in reconciling the inner self with the outer environment. The child who continually bites or hits his or her siblings or playmates may actually be crying out to understand the nature of that pain, and may be helped by being bitten or struck just enough to show the child what such actions feel like.

The child who inflicts pain on others but does not experience such a pain himself may never learn to respect or fully realize that others are suffering from that pain or are even real. He or she may actually enjoy watching the reaction of the other to the pain that he or she inflicted upon that other. This can contribute to a sadistic nature, even as going overboard in disciplining and over-punishment of a child can contribute to other types of anti-social behavior. The happy balance lies in making the child feel good about himself and herself, and in realizing the feelings and needs of others as also being worthy, real and just as meaningful as his or hers.

This Awareness suggests that even a child can be made to feel needed and can comfort and 'mother' his or her parent. When that parent is open to this affection such opportunities allow the child to enter into that role-playing of the character that portrays sensitivity and concern; and such portrayals actually cultivate those qualities being portrayed.

THE LAW OF PORTRAYAL

This Awareness suggests the Law of Portrayal is that Law which states that any action portrayed cultivates the attitude of that action to the degree and impact of the energy involved in that portrayal, and with repetition can mold a real-life character-quality that emanates and expresses the qualities of that action with all its accompanying feelings, behaviors, and patterns of expression. The Law of Portrayal states that anyone's 'gimmick', role or characteristic, when repeatedly used and mastered, may easily become the master of the one who used it; and may, as habit, begin to use that person or personality. That behavioral pattern or philosophy is built around that role-seed which once originated only as a game, a portrayal or imitation of something or character who exemplified that image.

THE LAW OF EXAMPLE

The Law of Example states that any person, concept or thing which is placed in a position of significance may serve as an example for others to follow. Those who have served as examples of power, lust and greed, have helped to create the tragedies which they and their followers have spawned; those who have served as examples of love, service, and the sharing of their better parts have helped to bring about freedom, joy, beauty and peace that has been allowed upon this plane. Entities who wish a better world are cautioned to exemplify and portray only those better qualities of love, joy, peace and service to others--particularly to the children who are searching for examples in their world.

WHEN YOU WORRY ABOUT MONEY

Question:

(YOU REALLY LOVE THAT PROBLEM?)

Then there's Roger, 42 years old, always worrying about money.

Cosmic Awareness:

This Awareness asks: "doesn't everybody? Are there any who have enough?"

This Awareness suggests you allow this entity to read your message regarding this; that the worry over money as that which helps to keep it at arms length. That wherein entities begin looking at the tragedies that exist all about themselves, when entities begin to discover the sorrows and sufferings of others which are placed upon this plane; wherein entities begin to take their attention from their own personal needs and desires and look more at the needs of others, and ask: "How may I serve?" Then they shall find that their own personal problems begin to become reduced greatly. As they look at the problems of others, and become involved in assisting others in any way that is available to them without sacrificing themselves for the other, their own problems will begin to fade.

This Awareness indicates that entities often enjoy their problems, and do not wish to recognize anyone else's problems. Many entities would have little to think about or experience if they were forced to give up their problems, for their entire lives are built around those problems and to lose the problem would require them to build a new lifestyle. And many entities failing to understand the Law of Gratitude believe they must first become wealthy before they can give energy to others. They ask this Awareness to help them on the promise that once Awareness has helped them find their good fortune they will, in turn, assist others.

This Awareness indicates this trick of the "con-artist", this attempt of bribery, this request for Karmic credit, is not within the will of this Awareness.

This Awareness suggests that you take the first step by serving others as well as you can with what you already have, and then your reward will come which will allow you to serve them even better.

ED'S NOTE: All of the information given from page 7 to this point was excerpted from a single personal reading given in Oct. 1975, Paul Shockley, Interpreter. This reading was extraordinary in that Awareness presented four new Laws of Cosmic Awareness.

HOW TO DEAL WITH THE COMMON COLD

This Awareness indicates that colds are essentially the elimination of mucous and toxins from the system; this may be assisted with doses of lemon and lemon juice during these times, that fenugreek also will assist in eliminating the mucous. Sugars, starches and heavy meats should be avoided during these periods and juices, liquids, fruits, soups and light vegetables may be used during these times.

HOW TO IMPROVE YOUR EYESIGHT
(SOME MAGIC TO KEEP YOU HEALTHY)

Question:

How may I improve my eyesight, which is badly nearsighted?

Cosmic Awareness:

This Awareness suggests this be done prior to falling asleep: that you close your eyes during states of deep relaxation and visualize or imagine having perfect vision; that this be done in your imagination if not in your imaging ability:

Imagine what it would be like to have absolutely perfect vision; that which you would like to have; imagine what others would think of you; imagine what you would think of yourself; imagine how clear and how sharp all things would appear to you; then ask yourself what advantages and disadvantages there would be in having perfect vision; ask yourself what advantages there are in having imperfect vision; how does imperfect vision allow certain excuses for not seeing certain things?

Look at this very carefully and visualize yourself as a person with perfect vision, perfect hearing, perfect taste, and visualize yourself in perfect health in all ways just prior to falling asleep.

This Awareness suggests you create an image of an entity who has perfect health each night before falling asleep; that you do this for 21 days.

After imaging this entity in perfect health, you then state to yourself:

"During the night, I shall leave my body, whereby Awareness may enter and bring this body into perfect health, into the perfect health which I envision."

When you fall asleep, you shall leave your body and this Awareness shall then enter and work upon those cells and attitudes whereby your body does begin to move into that perfect health which you do envision.

"THE END OF AFFLUENCE"
(A COSMIC LOOK AHEAD)

(From a reading 7/15/1975)

Question:

Paul Erlich, in his book, 'The End of Affluence', describes a future world economic collapse. To what extent are his future economic and social scenarios accurate?

Cosmic Awareness:

This Awareness suggests that many of these concepts described in this book as that which is accurate when viewed from the movement of economy as being controlled at present time. This entity has not fully reached the understanding of that which is the nature of cosmic change, whereby other things may come into existence which are not presently known; whereby other concepts and other ways of behavior and other ways of relating have not yet come into full view at this time, but can quickly move into becoming a major influence in the economy of world production.

This Awareness suggests things are changing so quickly on the level of conceptual imagery that the world, as is presently known, will appear within twenty years, to have been on another dimension and not at all the same kind of place where entities will live at this time.

This Awareness suggests that you understand within twenty years, many entities will see this world as being but their own creation: being capable of response to their imagination, to their imagery ability and to their command. The concept of mind over matter will be a fact for many within twenty years: entities shall be able to produce much of what they need simply by imaging this.

In using present-day concepts to determine what will happen in the future is likened unto attempting to describe the 1970's while running around in horse-drawn carriages, which ever expand and crowd out room for human living conditions, because the horses and carriages may be replaced with something else. Understand the automobiles may be replaced by something else, the banks and the economic system may be replaced by something else; the creation of material goods may be replaced by something other than that which is presently being used.

HOW KARMA IS MAINTAINED
WHEN WE HAVE FORGOTTEN
WHO, IN FACT, WE REALLY ARE

Question:

I have had no job or income for three years. Out of necessity I am forced to live with my aged parents, who are poverty-stricken and starving on a meager Social Security income. Could Cosmic Awareness please influence my multimillionaire aunt, Mrs. E.L., to advance a little financial help to her destitute brother, who is my 86 year old father, and is unable to work. And tell me please, how to get some money so that I can live in dignity and finish my destiny in this life, if such is to be the case.

Cosmic Awareness:

This Awareness indicates that there is some karmic tie between these two entities, that the relationship is that which is working out that karmic situation. This Awareness indicates that in effect the aunt is actually receiving a satisfaction or revenge toward your father for an action previously related by him against her. This Awareness indicates this relating both to a childhood episode, and to previous lifetimes wherein this entity, your father, did keep his sister during that lifetime, (his mother), in dire poverty, while he himself was somewhat wealthy.

This Awareness indicates that this game has indeed gone on long enough, and this Awareness sends that energy toward the aunt so that she may have the opportunity of seeing clearly her actions--seeing her actions in such clarity that to avoid them, to avoid the responsibility for those actions, will be that which must be looked at from a conscious level. This Awareness indicates such a conscious level looking will dissolve the karma between these two entities so that in the following lifetimes this game will not need be reversed again.

This Awareness suggests a copy of this information, this reading, be sent to that entity. This Awareness addresses that entity at this time:

This Awareness suggests to you, Mrs. E.L., that you look deeply, and that you understand the actions of karma and the games of entities may go on and on through various lifetimes, and that the frustration generated by one entity toward another as that which does generally create the atmosphere of revenge by that other entity. This Awareness indicates this may go on and on, growing worse or better as time goes on.

This Awareness indicates wherein entities find themselves capable of releasing these games of hostility and neglect toward one-another, that they also shall find themselves growing in health and understanding and joy; for the frustration and hostility that had been generated against them will not be felt and picked up by their body vibrations, causing illnesses and difficulties.

This Awareness indicates that this also relating unto personal attitudes which do frustrate oneself and create the feeling of being less than godly.

This Awareness suggests you understand you are all gods, and must learn in time to act toward each other as though you were addressing gods.

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