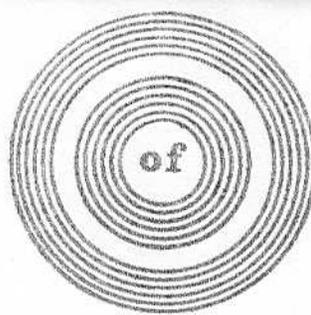


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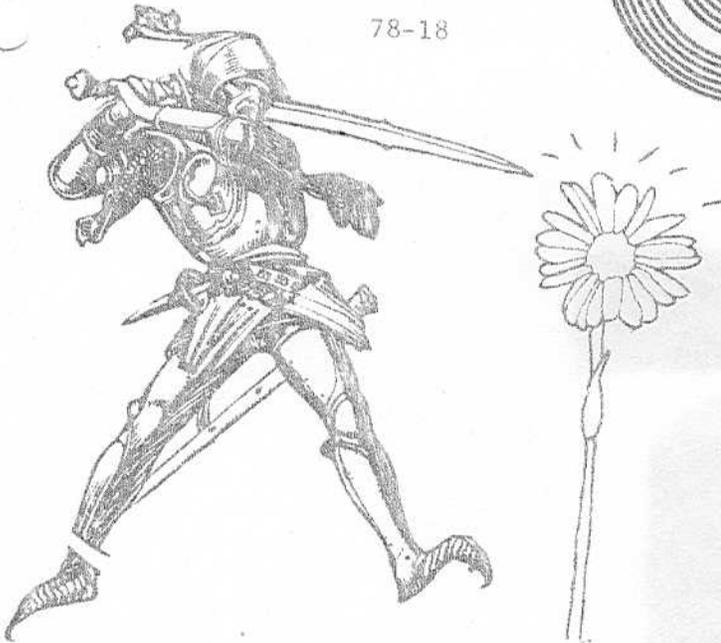


Awareness

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

78-18



CONCERNING R A P E

A Profile of a Rapist,
Why it Happens,
Therapy for the Victim,
How to Prevent it

Paul Shockley
Trance-Interpreter

Question: I'm going to read a letter that we received early in February. It came anonymously, not signed, no return address, and it looks like it's written in a lady's handwriting:

"To Paul Shockley, or any Awareness representative: On behalf of the people of Sacramento, California, I am writing to ask Awareness for help. The problem is this: A person known as the "East Area Rapist" has been breaking into homes, even with men present, and raping the women in the homes, including young girls. To date, there are approximately 30 such incidents attributed to this person. The police have clues, according to the newspaper accounts, which are always given front page headline space, but so far have been unable to apprehend this person. It is a terrifying problem. There is, at the present time, an element of pity for this person, who of course needs some kind of help, I assume, and is not able to get it. However, there will be such great relief if he is caught and taken out of society. Will Awareness please help us in any way possible by identifying the person to the police department of Sacramento, or assisting in any way with the apprehension of the person? You will have the gratitude of every woman in this city. Please help".

It was accompanied by a newspaper with a front page headline which said: 'Rapist Strikes Two Teen-Age Sisters, Kicks in Front Door of House in American River College Area'. That was dated January 30th, 1978.

The Profile of a Rapist

COSMIC AWARENESS:

(Long pause) This Awareness indicates this entity as deeply tormented by frustrations from childhood, particularly related to his mother. This Awareness indicates this entity as also moving through great feelings of guilt as well as sadistic hostility toward others. This Awareness indicates this entity as being one who sees himself as a kind of loser. This entity not being accepted in his family.

This Awareness indicates it appears this entity as living in the second floor of an old building that overlooks a street, this being at a corner.

This Awareness indicates the entity as deeply troubled, feeling trapped, feeling fearful of being caught; the entity living in great torment. This Awareness shall not

point further focus on this entity in terms of catching the culprit, but shall work with the energies and psyche of the entity to influence the entity to seek help. This Awareness does not point fingers, for the entity is deeply disturbed and a kind of victim of many circumstances that have created his difficulties.

This Awareness indicates this being both psychological and physical. This Awareness suggests that the situation is one which is created and fostered by the present system of dealing with criminals as though they were less than human. This Awareness suggests that crime, in reality, is a form of illness, and must eventually be treated as illness. This Awareness suggests that the victims of crime are also the victims of the social structure that creates a system which deals with crime only as it manifests, rather than in an action that prevents crime, deals with the problems which would lead to crime, or assists in eliminating the motivations for crime.

This Awareness suggests that there can be changes in society to allow entities having these sexual problems to attend, without stigma or hostility, certain places where counseling and assistance is given to allow these entities to work off their frustration in dignity, so that they may move into other areas of society without being caught on the rung of the ladder which creates such a significance, such guilt, such hostility that they feel they need to express themselves in this violative type of behaviour.*

This Awareness suggests that the great harm done to the victims of rape are also fostered by stigma from society, and that this also can be mollified by careful counseling centers or work from agencies which can help these victims move through their ordeal with dignity.

This Awareness indicates that even though this particular situation shall soon come to an end, there will be others until greater concern for humanity and feelings and the love of entities as ONE becomes the important motivation of the society in which entities live and breathe.

This Awareness suggests that as long as there is competition, as long as there is opposition between entities, between segments of society, between the races, between the bureaucracies, between the agents of government and the people governed, there shall continue to be these kinds of aberrations in society. The mass mind is but a reflection of the values of the masses of individuals. The mass mind is but the extension of the society and feeds the society its criminals, its victims and its varied experiences.

This Awareness indicates the entity shall soon create the circumstances for his own apprehension, that the activities shall cease.

Is Rape a Karmic Reaction?

Question:

Awareness, is karma running, in most cases, for the victims of rape?

Cosmic Awareness:

This Awareness indicates this not necessarily so in the sense that is usually meant by karma.

This Awareness indicates that a flower is often picked and its life destroyed simply because of its beauty and insensitive desire and appetite of a passing entity. This Awareness indicates that likewise certain entities who have no beauty or joy in their life often attempt to rob the beauty and joy from others. This Awareness indicates that the victim who experiences beauty and joy does not take care to protect that which is priceless in terms of his or her joys, expression, spirituality and beauty, can in a sense, invite the robber and thief to steal from them their energies. This Awareness indicates this may be likened also unto entities who move into higher spiritual levels having the responsibility to work off the greater portions of negative karma of others.

This Awareness indicates that often the activities of women down through the ages has been to pick up the karma of men. This Awareness indicates this relates unto the action of Rhyee, the first separateness, moving from Oneness into separation and duality. That the forces which were left, being Isis, the female principle.

This Awareness indicates that Isis was stuck with the karma of being forced to respond to Rhyee's initial action of separating. This Awareness indicates that in this sense, Isis followed Rhyee and gradually, over eons of time, brought Rhyee back to Oneness, and then followed herself. This Awareness indicates that in this sense, the role of the female has been to pacify, mollify, and assist in unifying the male dominance, the sadistic qualities of the male, back toward levels of mercy, love, harmony and unity.

This Awareness indicates that the quality of a rapist or a criminal creating violence upon another is but an over-exaggerated masculine focal activity in which the elements of compassion, mercy, tenderness, love, are ignored or sublimated while these dominant forces of power, aggression, domination and will are expressed.

This Awareness indicates that the victims of rape may look upon themselves as having been sacrificed to appease the god of greed, lust, violence and power so that eventually that god of lust, greed, power, shall be saturated and brought back into realms of humanity.

This Awareness suggests that these victims of rape are likened unto the virgins of old being thrown into the volcano to appease the gods of the volcano. This Awareness suggests that this great crime is that the villagers would, through their belief systems and their condoning of the action, allow the virgins to be thrown into the volcano to appease these gods. This Awareness suggests that likewise the great crime is that the society allows this to continue and does nothing to protect these victims from this kind of experience by preventive crime, that the crime must occur again and again before anyone becomes concerned.

This Awareness suggests that these victims of crime should have no feelings of shame or guilt, for they are essentially taking on the karma of society and others and therefore may be likened unto the sacrificial lamb of God that took upon themselves the sins of the world. This Awareness suggests that all guilt which could be felt by such victims need not be experienced, and that any who energize guilt from this do themselves great harm and are committing a crime against themselves as deeply as the crime which was created against them by the rapist.

This Awareness indicates that these crimes of rape, the crimes of murder, violence, theft and robbery shall increase for some time to come during the transition period from the old to the new. This Awareness suggests that three to five more years of this as being seen, then a new kind of value system will drive away these energies from this plane.

This Awareness indicates that before change can occur, irritation and friction, dissonance, disharmony, must come into play to create the realization that something must change. This Awareness indicates that these disharmonious energies are the energies which shall propel entities into higher realms of behaviour.

How to Deal with the Trauma of Being Raped

Question:

Awareness, for so many of the women who are victims of rape, the experience is so shattering, this trauma lives with them for years, and in such a manner they often can't relate to their husband in sexual matters. I was wondering if there is some kind of meditation, or some exercise, that women who have been subjected to this kind of terrorism might use, either themselves, or others might use on them, that could help erase that incident from their lives and they could return to a healthy thinking on that?

This Awareness indicates that through therapy which allows the entity to move through the experience again and again in a manner that is objective, yet also from certain subjective levels, as that which can be beneficial.

This Awareness suggests that clinics may be established where entities can anonymously attend and speak to others who also have experienced the trauma. This Awareness suggests that wherein each entity can share with the group the entire experience as to what happened to her, allowing her the opportunity to express this without feeling of guilt and a stigma, knowing that all the other entities in the room also experienced this same situation, or a similar situation.

This Awareness indicates not only will her own expression be of great benefit in ridding herself of some of these feelings, but listening to the expressions of others, and sharing with them their frustrations and feelings, can also be of great benefit. This Awareness suggests that these victims of rape clinics can be such that even though an entity has attended a dozen times and told her story over and over, she, herself, may be free from the traumas, she would also agree to return to tell her story again for any newcomers who may be benefitted by the retelling.

This Awareness suggests that as a newcomer enters with all the emotional trauma and tells her story for the first time, it is beneficial for her to see an entity who has adjusted to the reality and the situation in such a manner that she can express herself objectively, clearly, looking back on the experience without all the emotion. This Awareness suggests that all these different stages of adjustment can be brought into these clinics. This Awareness suggests that wherein the entities themselves do not wish to attend the clinics, or do not wish to reattend the clinics over and over for the benefit of new victims: this Awareness suggests that they could leave a tape giving their story, can express any lessons they have learned, lessons relating unto the situation, unto the attitudes of their friends and associates toward them before and after the experience, and unto their own attitudes toward themselves. This Awareness suggests that these lessons which they wish to pass on and share may be kept on tape or in video tape if desired. This Awareness indicates that some entities may prefer not to give their names or have their face seen and these entities could be encouraged to make a tape telling of their experience.

This Awareness suggests also that these experiences could be written into a book which would allow the victims to read the stories of others so that they do not feel so isolated and alone, yet can see the identifications and frustrations of those others. This Awareness indicates that by relooking again and again from different levels, the significance of the rape experience can finally become boring and can eventually have little effect upon the entity's present lifestyle or values toward oneself. This Awareness suggests however, that if a book is presented publicly regarding these experiences, this, of course, can become a major best-seller, yet this must be written in a manner that will not entice the warped mind into thinking that this would be great fun and go out and begin creating more stories for the book. This Awareness suggests that the book, if written, should give little significance to the rapist other than to indicate the total ignorance of such behaviour.

How a Woman can Protect Herself Against Rapists

Question:

Since there will be increased violent energies going around for the next few years of transition, and since I, and many women who will be able to see this material, would rather not take on the role of the lamb of sacrifice, is there anything we can within our own individual lifestyles, or within ourselves, that can help protect us from such violent attacks?

COSMIC AWARENESS:

This Awareness indicates that it is best not to live alone. It is best to have a light on at night, to lock your doors, to have a dog or some other alarm system; to carry with you, if traveling, some form of protective device such as mace or tear gas

type dispensers, particularly if you are walking in areas wherein there is this kind of danger. This Awareness indicates that it is best not to present the opportunity for rape, to be protected, or to have protection if the opportunity is present, and to be in areas where you are relatively safe. This Awareness indicates that these are the physical actions entities can take.

This Awareness indicates that even more important than this is the attitude entities have toward themselves. This Awareness suggests that you not thrive on fear of being raped, that you not dwell on the concern, that you not create attitudes of snobbery toward men or toward strangers, but that you not be flirty and inviting toward them unnecessarily when you are in situations that could lead to the wrong impression by another entity.

This Awareness indicates often an entity may appear to be what is termed 'an easy mark' by being simply a friendly person. This Awareness indicates that often a male entity, whose consciousness is caught in his gonads, will look at a friendly female and assume that she is looking for his type of mentality even though she may not know this. This Awareness indicates this kind of rationalization justifies the entity into feeling that he can rape the entity and she will love this even though she does not act like she does. This Awareness indicates these entities tend to justify their actions with this kind of reasoning. This Awareness suggests that they know they are fooling themselves, but enjoy fooling themselves with this kind of reasoning. It is basically caused by a disrespect for women, usually centering around a mother figure, or some other female whom they wished to mold into their ideal of what a female should be. This Awareness indicates that they often are disappointed in women and therefore carry a kind of hostility toward them. This Awareness indicates that they are also fascinated by women, and therefore carry a lust after them.

What a Woman Should do When Being Attacked

This Awareness suggests that the entity being attacked can do little but cooperate in those situations where their lives are threatened.

This Awareness suggests that entities who feel they may be the type of person who could be raped may wish to take lessons in self-defense. This Awareness indicates this as that which can be of great benefit to these entities. This Awareness suggests that entities have the right to defend themselves when that which they have to offer is greater in value to humanity than that which is being forced upon them and which they must defend themselves against.

This Awareness indicates that there are certain types of females who tend to be the most likely to fit into the category of the rape victim: This Awareness suggests that these, in addition to appearing to be quite feminine, passive, non-violent and gentle in nature, these entities generally are reasonably good looking in the sense of physical beauty, and generally have a kind of poise about them which disturbs the thalamus regions of the rapist's mind. This Awareness indicates the rapist essentially enjoys disrupting the poise of the female and receives great pleasure in causing this kind of psychic turmoil in an entity who appears to be self-assured and in harmony with herself.

This Awareness suggests that entities of this type can protect themselves as indicated previously in the physical sense, but can also protect themselves with spiritual energies by calling upon higher spiritual forces to shield them against these negative vibrations. This Awareness indicates that as entities move into spiritual levels and experience joy, these experiences tend to attract the negative forces who, in turn, seek to feed off of that positive energy. This Awareness suggests that the defense for this can be one where an entity becomes shielded by positive forces against all negative energy fields, particularly during those times wherein the entity is moving through the valley of the shadow of death or other dangerous areas.

This Awareness suggests that this be done by wrapping yourself in white light. This Awareness suggests that if in any way the force attempts to penetrate that shield of white light, that you not panic with fear; for that fear, that panic, simply wipes out the shield that you have. This Awareness suggests that in case you do panic, you may quickly recover and re-establish that shield.**

This Awareness suggests you not underestimate the power of the white light shield about you, for psychic energies are not only the forces which motivate the rapist to attack, they also can be used by yourself to shield yourself from those attacks. This Awareness indicates the universe operates on psychic energies; the physical forms are but the reflection thereof.

ED'S NOTE: During the opening and closing message of this reading, Awareness presented another of its laws: The Law of Silence, which follows:

THE LAW OF SILENCE

This Awareness indicates the law or principle of silence is that which allows entities the space and peace and time to rest and recuperate from the noises and chatterings outside. This Awareness indicates the silence is found within the soul and is not limited to sound, but also relates to silence in terms of motion, emotion and feelings. Never underestimate the value of silence. This Awareness indicates that the Law of Silence contains also the chaos which can exist in any moment when that chaos is experienced from levels of non-resistance.

* For more detailed information on how those with sexual problems will be handled under the Unified States of Awareness, please refer to the Akashic Record booklet (#4 listed in reprint catalog, price \$3.00).

** Awareness has given several techniques on how to place a shield of white light around you. One of these methods is given in the Spiritual Healing Manual, under the Sacramental Healing whereby a great white light is visualized over yourself or another entity and brought down through the top of the head and down through the entire body until only an outline of a figure in dazzling white light can be seen. Another method is similar to the Middle Pillar meditation whereby you start at the feet and weave a band of white light clockwise up the entire body, so it looks almost like a mummy wrapped in a glimmering sheet of white light. You can also do this with autos, aircraft, animals etc. which you wish to have protected.

Editor's Postscript: Although we knew that Awareness would not point fingers and identify the location or name of the rapist the lady wrote to us about, we felt that by asking the question, Awareness would bring forth some information that could help those who are being faced with this increasing problem. Please do not send in similar questions about rapists or other type criminals in your area, requesting that Awareness name them or locate their positions. This reading pretty well covers the subject. We do suggest, however, that you rewrite this information, perhaps leaving out the references to Awareness, and send it to your local Rape Relief chapter and clinics, also to those whom you may know who have gone through the rape experience.



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