

COSMIC AWARENESS is the force that expressed itself through Edgar Cayce, Jesus of Nazareth, the Buddha, Krishna, Mohammed, and other great avatars who served as 'Channels' for the 'Heavenly Father', and who speaks again today as the world begins to enter the *New Age* of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through certain carefully trained channels. The information contained herein was received from deep trance states and 'interpreted' by an entity affiliated with C.A.C. This information is for those who inherit the *New Age*. Awareness tells you not to believe anything, but to question, explore, doubt and discover for yourself what is the truth. Cosmic Awareness only indicates and suggests.

A NEW TRANSPERSONATIVE EXERCISE The Meditation for Loving Another

Opening Message:

This Awareness suggests that a meditation, whereby entities may become better acquainted with one another through transpersonative technique, as that which this Awareness now gives.

This Awareness suggests that you and your partner, this being done in two's, wherein two of you gather together, facing chairs toward one another, sitting erect, holding hands, and looking into each other's eyes.

This Awareness suggests that you look into each other's eyes for a period of approximately two to three minutes, looking at the pupils and allowing yourself to think those thoughts, formulate those words within your consciousness, that you feel yourself inclined to do, but that you do not express these words or thoughts verbally.

This Awareness suggests that this be centered on the person upon whom you gaze.

This Awareness suggests that this last for approximately two to three minutes.

This Awareness suggests that at the end of this time, you then release hands, sit back in your chair and look into each other's eyes, again allowing any thoughts, words, or feelings to move through your mind without verbalizing.

This Awareness suggests that you then cross your legs and fold your arms, and continue gazing into the eyes of the other person from this position, this closed position, and allow those feelings and thoughts and words to move through your mind as they desire; that you not verbalize these.

This Awareness suggests that you do this again for two to three minutes in each of these positions.

This Awareness suggests that following this, you then move closer, allowing the knees of your partner to come between your knees, or allowing your knees to interlock between the knees of your partner, again taking hands and looking carefully and steadily into the pupils of the eyes of that entity.



Paul Shockley
Trance-Interpreter

Love is Beautiful

This Awareness suggests in this fourth operation, you continue to look into the eyes of the entity, emptying all thoughts, all words, all feelings that you hold for the entity, temporarily, simply looking at the pupils as though you were locked in time and space with the purpose of looking at these pupils without evaluation, judgment, opinions, or any thought of what you are seeing.

This Awareness indicates that as you continue looking into the eyes of this entity, you may begin to see flashes around the periphery of your focus that distorts the face slightly, distort the hair, or the coloration of the skin.

This Awareness indicates that as you continue to stare, you may discover yourself seeing the face move through a kind of change wherein you glimpse, or hallucinate, and visualize another entity looking through the eyes of this entity.

This Awareness indicates what you are seeing is images from past lives, or, in some cases, this may be disincarnate spirits who are looking through the eyes of this entity.

This Awareness suggests that you take care during this meditation not to judge, not to evaluate, not to form opinions about the righteousness or unrighteousness of those forces which you are observing.

This Awareness suggests that these faces and those images are aspects of the face and the entity who looks toward you. This Awareness indicates also that many of these faces and forces are nothing more than projections of your own consciousness upon this entity.

This Awareness suggests that there is no particular value in making the significance in regards to these various faces. The value lies in tuning in to that person and all of the aspects and those energies which surround the entity. This Awareness suggests that you continue to look at these energies, not in terms of making a significance of this, but to wait for them to pass until you see beyond all of these images, beyond all of these faces, beyond these forces and energies, to the deity which hides behind the mask, the various masks and forces.

This Awareness suggests that this meditation continue until you are face to face with burning love for that entity and wherein you know that the entity also feels that burning love and compassion for you.

This Awareness indicates that as this meditation is completed, you shall be as one. That there shall be that moment wherein your consciousness is in tune with one another and all your karma, and all those walls and differences are placed aside, and mutual understanding and harmony comes to you.

This Awareness suggests this to be used particularly as a meditation for entities within families and friends, and wherein possible, for entities who have karma which needs to be mollified.

CONCERNING CLONING ('In His Image')

Question:

The newspapers have been carrying a story lately about a book publisher, J.B. Lippencott Company, that has announced it is bringing forth a book in a few months concerning cloning. The name of the book is, "In His Image, The Cloning of Man". There are a number of people saying it is a hoax because the book is concerned with a scientist named Rorvik, who claims to have created a human being by taking a single cell of an elderly gentlemen, who was a millionaire with no heirs, and used a woman's womb for the incubation period. A number of people have written about this, and probably more will, so I'd like to ask Awareness: Is this particular case a hoax, or, if it's true, what are the moral questions which people ask themselves concerning entities that are created in this manner?

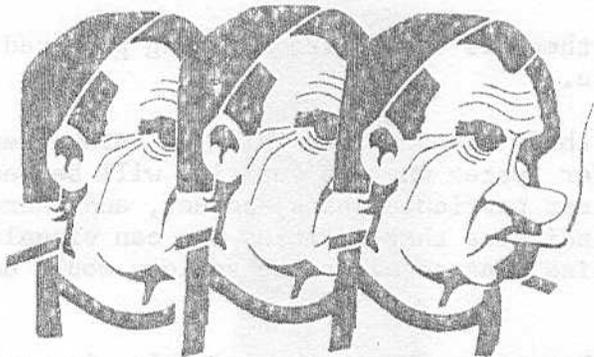
This Awareness indicates that in this particular instance, this not being that which appears as valid. This Awareness indicates, however, that the cloning process is that which can occur. This Awareness indicates that essentially, this not being greatly different from the normal birth as is known on your plane.

This Awareness indicates that the cloning process is used on certain other planets and has been used in past history of man.

This Awareness suggests that the use of sex for reproduction as that which is relatively unique to entities on this plane.

This Awareness suggests that wherein this cloning action is used in levels of high awareness, with humanitarian purposes, and not simply an action of creating slaves or servants, that this can be appropriate. This Awareness wishes to withhold further comments relating to this action until later time.

This Awareness indicates that the cloning process but touches the surface of much information that would be too difficult for human comprehension at present time.



HOW TO MAKE AN ASSESSMENT OF YOUR LIFE

Question:

J.S. of Austin, Texas, would like to submit a question to Cosmic Awareness: 'In what fashion does one go about taking assessment of one's life? What are the procedures, and what is looked for?'

COSMIC AWARENESS:

This Awareness indicates it has been given that at the time of the passing over, there is but one question asked of each entity.

This Awareness indicates this question: 'How many have you served, and how well?'

This Awareness indicates wherein entities look at this question and ask themselves this question, they may also begin to realize that it determines their attitude toward themselves. This Awareness indicates that entities who have served others and have served them well, will have a good feeling about themselves regardless of the situations of their life.

This Awareness indicates that such entities shall receive many rewards, for when you serve others and serve them well, then the rewards begin to flow toward you.

This Awareness suggests that entities who are not concerned with serving others, nor with serving them well, but rather seek to be served and seek to be served well; such entities shall find that their lives are empty, are meaningless, are cold, and that they are in great need.

This Awareness indicates that you may evaluate your life and your purpose and your directions and your spiritual development and growth by answering that one question clearly and honestly to yourself: 'How many have you served, and how well?'

HOW TO PREPARE FOR THAT STORM
AWARENESS TELLS US IS BREWING

Question:

Mrs. T.K. of Akron, Ohio, wants to ask: "From a CAC reading of Dec. 9th, 1977, on page 5 it says: 'take advantage of the calm before the storm which is brewing. Be prepared etc.' Her question is: How does one prepare to survive, besides working to keep our freedoms?"

COSMIC AWARENESS:

This Awareness suggests that you consider the situation which occurred in the early 30's, the 1929 depression and thereafter, and that you look at what may happen if such an economic collapse again occurred.

This Awareness indicates there is that which is being prepared which can lead to this kind of economic collapse.

This Awareness indicates there also is that which is being prepared which can lead to the electronic fund transfer system wherein entities will be required to have their particular number and have their particular bank account, and wherein no money is in circulation. This Awareness indicates that entities who can visualize a society such as this can also begin to visualize what an alternate society would need to do if this were to happen.*

This Awareness suggests that more on this shall develop in various ways through those who are imaginative and inventive, for there is no possible way in which these money-changers can totally take over the consciousness of entities upon this plane.

This Awareness indicates there shall be efforts to use electronic mind controls as well as drug controls, but these shall fail.

This Awareness suggests that throughout this land as this trap closes on the people, more and more people shall begin to awaken; and as they awaken, they begin to awaken their neighbors. And as the trap closes tighter, more and more entities shall escape from that trap; and in their escape, shall turn and see who it is that is springing the trap on humanity.

This Awareness indicates when this occurs, that is when the action shall begin that transforms, transmutes, and takes the power away from those money-changers and gives the power to the people.

This Awareness indicates this shall occur by entities simply dropping out of the money system, setting up trade centers, boycotting money. The World-Wide Buyers' Strike shall begin at the appropriate time when entities realize the nature and the hypnotic effects of money and how it is being used by these money-changers to trap the minds, bodies, souls of entities.

This Awareness suggests that when entities awaken to this, and throw off these chains and bondage that have been placed upon them, they then shall begin to serve one another, and any service which they shall do shall not be conducted with the money system of the present money-changers, but shall be conducted through agreement and through mutually-owned, or cooperative type of sharing or money system owned by the people.

This Awareness indicates, in many cases, they shall simply bypass the use of any form of money at all, and simply begin sharing with one another, giving to one another, and assisting one another without concern for repayment.

This Awareness indicates, in other cases, they shall set up trading systems whereby energies shall be traded, goods shall be traded, and records shall be kept to credit each other with those goods and services.

This Awareness indicates that the American people are not likely to act until the trap is closing around their necks.

* ED'S NOTE: For more information on this trap which is beginning to close, please refer to 'Revelations of Awareness' 78-8 and 78-16. For more information on the Unified States of Awareness, the alternative system now being energized, please refer to the 'Akashic Record' and the Yorktown readings.



CONCERNING HAIR BLEACH AND ONE'S IMAGE

Question: Two questions about hair from Betty C. of Seattle.

This would seem to be a superficial question, but it goes into levels of basic self-images, and how I feel about myself.

I feel most natural with my hair blonde, but it grows out brown. I tried going natural-brown, but really didn't feel good, or like myself with that color. Is there some natural way, other than the harsh chemicals now in use, to bring the color back to blonde, or some way that by reprogramming the cells by hypnosis or meditation to make the hairs themselves take out any pigment that I don't want? And would Awareness comment on the significance of hair color to people?

COSMIC AWARENESS:

This Awareness indicates that, at this time, there is no easy way to bring brown or dark hair to blonde except through the bleaching process. This Awareness indicates there shall be a discovery within approximately 10 to 15 years whereby the pigmentations can be affected. This Awareness indicates this could appear sooner, whereby the pigmentations can be affected and the hair coloring can be changed.

This Awareness indicates that the affects of bleach upon your hair as that which is not as detrimental as many would imply, for though the hair is affected, and is somewhat damaged by the bleach, the roots, themselves, are unaffected. This Awareness indicates that as long as your hair continues to grow, the appearance of your hair is that which is the only thing which can actually be affected by the bleach.

This Awareness suggests that as long as it does not show great damage, the bleach as that which is not harming the nature of your hair itself, particularly the roots. This Awareness suggests that you not worry your head about this.

Question:

Awareness, I'd like to ask why something as superficial as what color somebody's hair is can make that much difference in how they feel?

COSMIC AWARENESS:

This Awareness indicates that each entity has a different self-image, and often the entity relates a particular self image to various stages in one's life. This Awareness indicates, for example, in your own self-image, during your earlier childhood, there were moments when you did not have a high self-esteem, and without this self-esteem, wherein you looked at yourself, you were critical and tended to put yourself down. This Awareness indicates that the change of your hair did create, not only an attitude that you were becoming more attractive, but, in fact, did give you a more striking appearance, allowing you to stand out more than you had before.

This Awareness indicates the striking appearance is that which drew a kind of attention to you which implied that 'here I am, I am alright, and I look fine. I am no longer that person I was.' This Awareness indicates this indeed as superficial, but no more superficial than a new suit or new dress. This Awareness indicates that for different activities, entities may find that changing their clothing, changing their costume, allows them to play a different character even better. This Awareness indicates this as related to the actions of magic, wherein preparation is the key to magic. The preparation as the key to changing of consciousness.

This Awareness indicates that wherein an entity's feet are muddy, clothes are baggy and dirty, the entity does not feel confident to walk into a bank to discuss business, but wherein the entity dresses in a manner that is appropriate for the job which the entity wishes to do, the entity does feel confident.

This Awareness indicates the banker in a suit does not feel confident to walk into the building where the workers are working in mud and water and hard hats. This Awareness indicates that each job, or each activity, implies a costume for that activity. This Awareness suggests that this as also associated with certain stages in your life in terms of appearance, as well as certain activities, obligations, duties and chosen careers which you involve yourself with.

This Awareness indicates that hair is part of your adornment and part of your costume.

WILL HAIR DYES CAUSE CANCER?

Question:

While we're on the subject of hair: in the papers lately there's been a lot of articles on whether hair dye can cause cancer. The hair dyes used primarily by the large makers of these various hair toners and so on--Clairol, Revlon, Culver etc., and the government is talking about perhaps even removing them from the market. They claim that these dyes have a cancer-causer which can be absorbed through the scalp, and although based on unevaluated laboratory test data, they say there is a substantial body of research which shows hair dyes are safe, so there is an argument going. Would Awareness tell us whether this is valid or not?

COSMIC AWARENESS:

This Awareness indicates that wherein this substance were placed into the skin for experimental purposes in enough quantity, that it could, for certain experiments, create cancer. This Awareness suggests that this would require great amounts to produce such cancerous conditions and this would be rather unusual and rare. This Awareness suggests, however, that wherein the substance is used on the hair, not being put into the scalp itself, and wherein this dries quickly, and wherein this is used infrequently on the hair, there is little danger of this occurring.

This Awareness indicates there are some remote chances, whereby this could lead to possible skin cancer in the scalp, but this as being extremely remote. This Awareness suggests that entities using this may be cautious and not to use this near the roots of their hair. This Awareness suggests that the present efforts by the government shall eventually lead to a new way of preparing these dyes without this potential danger.

This Awareness wishes to remind entities that cancer is essentially a psychological disease, but that there are certain substances which can effect and enhance the potential of this psychological disease. That these substances can, in effect, irritate certain areas and can lead to cancer, but that the mind as being more powerful and capable of healing. This Awareness indicates, also capable of preventing.

ED'S NOTE:

For an in-depth report on cancer, its causes and cures, please refer to Revelations of Awareness, #78-20.

A STEP-UP IN THE LAW OF GRATITUDE
(More Echoes of the York Convention)



Question:

In a reading of Jan. 19, 1978, Awareness stated that certain blocks in energies had been removed which have served as resistance to the Law of Gratitude, and which had made the rewards offered by that law somewhat difficult for entities to receive. Awareness indicated at that time that those energies, and the resistance to that law, are being lifted so that the law shall become more operable and more clearly discerned in the activities and the affairs of human endeavor, and that henceforth the Law of Gratitude shall become more into focus and be seen more clearly operating in entities' lives. My question is: What action preceded this change described, and what was the nature of the blocks; who put them there; where did this happen, and why did it happen, and how was it accomplished? In other words, this statement by Awareness was very intriguing because we have been led to believe that the Law of Gratitude was an immutable Cosmic Law, and the information given by Awareness in January appears to imply that someone or something or some force had been fooling with, or suppressing an immutable Cosmic Law.

COSMIC AWARENESS:

This Awareness indicates that the Newtonian Law of Cause and Effect may be also immutable, that when an action takes place, there is an equal and opposite reaction. This Awareness indicates that this law does not necessarily state, however, that the equal and opposite reaction will occur at split-second timing, or whether this will occur over a period of eons of time.

This Awareness indicates the Law of Gratitude as that which has always been in effect. The statement in January is that the effect will be noticed more quickly. This Awareness indicates that in the past, forces have held greater controls and progress has been slower because of the density of consciousness.

This Awareness indicates that following the meditations around the time of Christmas of this year and also the energies following the York gathering in November of this previous year, the meditations which occurred in December of '77, along with those previous energies of November 15th, 1977; these energies caused a shift in consciousness which allowed a lightening-up, or a levitation, or what may be called a less dense magnetic field in terms of gravity, mass and the heaviness of the situation upon this plane.

This Awareness indicates that this was likened unto a kind of quantum leap in which something shifted in consciousness. This may be understood as likened unto the shifting of gears wherein movements occurred more quickly and freely. This Awareness suggests this also related unto certain astrological effects of the time which assisted in triggering the changes in consciousness of the mass mind.

This Awareness indicates this may also be understood as likened unto the mass of humanity stirring and beginning to awaken, which allows activities to occur more quickly because the mass mind itself is capable of quicker response.

This Awareness indicates this may also be understood as likened unto a computer of consciousness in which activities are speeded up because greater voltage has entered into the mechanism to allow more power and speed in that mechanism.

HOW TO CURE 'HERPIES' THE NEW V.D.



Question:

Several members have written in with the request that we ask Awareness for some tips on treating a new venereal disease called 'herpies' that is now a rampant problem these days, and according to published reports, the doctors have no cure for it. Would Awareness give some information on this?

COSMIC AWARENESS:

This Awareness indicates there has been information given on this in certain personal readings. This Awareness indicates this venereal disease as being that which can be

affected by the use of blood purifiers of Dr. Christopher.* This Awareness indicates the red clover formula as that which can be quite effective on the treatment of this. This Awareness indicates there are other types of herbal compounds listed in the Dr. Christopher book and in Dr. Ginseng's book on herbology.

This Awareness suggests also the use of homeopathic medicine as that which is beneficial in treating this. This Awareness suggests that there appears to be a drug in the development stage to be introduced in approximately 18 months, which can be beneficial in treating this.

This Awareness indicates that the use of the 7-day fast, followed by 7 days of concord grape juice, along with three ounces of pumpkin seed oil daily and the use of the red clover blood purifier, as that which will eliminate the effects of this disease. This Awareness indicates that this then be followed by two weeks of multi-vitamins and minerals and good healthy diet without sugar or chemical types of additives. This being of a natural foods. That the body's natural healing effects during this time will dispel the remainder of the effects of this disease. This Awareness suggests that this as being effective in most cases, except wherein an entity may have such a difficult case that it may require another following program after the first attempt.

Question: CURES FOR OTHER URINARY INFECTIONS

My daughter, age 10, has frequent urinary infections. Would Awareness please give me the cause and treatment to clear it up for good?

COSMIC AWARENESS:

This Awareness suggests the use of Doctor Christopher's blood purifier combination as being of great benefit in relation to this.

RESTORING HAIR

Question:

Is there any way to restore hair on a 16 year old girl? My niece has lost almost all of her hair on her head, eyebrows and a few eyelashes? She is very self-conscious of this and I would surely love to help her restore her hair.

COSMIC AWARENESS:

This Awareness suggests this also be referred to Dr. Christopher; that this entity does have a formula for this.

* ED'S. NOTE: Awareness has referred to Dr. Christopher's herbal formulas in so many personal readings and for so many types of problems, that It now is simply referring entities to Dr. Christopher. Before asking about health problems in a reading, we suggest you obtain Dr. Christopher's free catalog of herbal remedies. Write to:

The Herb Shop
P.O. Box 352
Provo, Utah, 84601

(Closing Message)

IT IS TIME TO OPEN OUR EYES

This Awareness wishes entities to cease passing the blame and cease patting themselves on the back and begin prying their eyes open, awakening themselves and others to reality. This Awareness wishes entities to cease listening to the forked tongue of the beast, to cease being hypnotized by the electronic programmer and the printed words and to tune into the Christ Consciousness within. This Awareness wishes entities to look toward each other and cease finding the flaw in each other's eyes and look for the Divine Light that rests behind those eyes, that you may communicate with one another as gods.

This Awareness wishes entities to cease being gods of power and begin being gods of mercy and love.