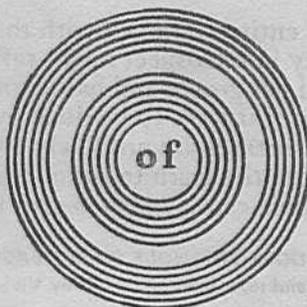


# Revelations

80-2

The New-Age Cosmic Newsletter

Price: \$3.00



# Awareness

Cosmic Awareness Communications

P.O. Box 115, Olympia, Washington 98507

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance states and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the many thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Members of C.A.C. are invited to send in your questions of general interest to ask Awareness for possible publication in this newsletter. Neither C.A.C. nor the Interpreter Paul Shockley are responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said.

Paul Shockley  
Trance-Interpreter



## HEALING THE VIETNAM VETERANS OF WAR HORROR AND GUILT

### QUESTION:

This is a personal question, but I have a feeling it is of general interest and so I'll ask it. It comes from P.M. of Chicago, Illinois. "I have a question that might be of general interest, yet at the same time has personal overtones. It is very near to my heart, yet any revelation from Awareness might be of help to people who find themselves in similar situations. Question: I have a friend who suffered a great deal of physical pain and injury during the war in Vietnam. Unfortunately, the injuries to his body have also extended to his mind. It seems as if he wishes to continue with the business of his life, but part of him is still in Vietnam and he cannot adjust himself, not only to the horror which he personally experienced, but also to the horror which he himself caused. What can be done to help such individuals, not only on a personal level in a one-to-one relationship, but also from a cosmic point of view? How can one assist in their healings?"

### COSMIC AWARENESS:

This Awareness indicates that the most important thing for the entity to do is to learn whatever lesson the entity can learn from retrospect, from looking back on the situation. This Awareness indicates the entity then must also forgive others for the harm caused to himself, and forgive himself for the harm caused to others. This Awareness indicates that the entity must recognize the reality of the role which he played in this affair, yet also recognize the reality which others played in the affair.

This Awareness indicates this entity did not start the war, did not ask for this occurrence in his life--this entity accepted a trip, an obligation which was put upon him by others, which the entity in retrospect and with present wisdom might not have accepted, but which the entity with his knowledge at that time, with his wisdom at that time did accept.

This Awareness indicates that in this sense, the entity complied with the forces which were contributing and working with that which created the war, but the entity in retrospect might refuse now to comply with such forces. This Awareness indicates in this sense, the entity's soul has grown and has learned from the experience. This Awareness indicates that in many cases, such entities feel that if it were to be done over, they would still do what they did. This Awareness indicates that even in these cases, such entities are not likely to be quite so willing as they were in the first instance. This Awareness indicates in such cases, entities learn to some degree of the horror and futility of violating others or allowing themselves to be violated for some cause which is very likely to be only of a temporary nature.

**GREED FOR CONTROL OF THE DOPE TRIANGLE MAIN REASON FOR VIETNAM WAR**  
 ( Feelings of guilt and resentment now felt by Vietnam veterans )

This Awareness indicates the causes of the Vietnam War politically and economically centered largely around the greed interests of those involved in the dope traffic in the Golden Triangle, and in the efforts to maintain a certain power over a certain area in order to profit economically and hold influence in the world affairs.\* This Awareness indicates that these greed motives were of a temporary nature, lasting only for approximately one decade or one and a half decades. This Awareness indicates that any entity at this time being asked to go and fight in Vietnam would think of it as being absurd, for there is no purpose or meaning in such fighting.

This Awareness indicates that this contains a lesson. This Awareness indicates that there are very few entities who fought in World War Two who have feelings of guilt about their involvement. This Awareness indicates there was a difference in these wars. This Awareness indicates that the difference was not necessarily in the motives of the soldiers or servicemen who were involved, but in the nations and their motives.

This Awareness indicates that the veterans of World War Two, looking back can still feel a kind of pride that they assisted in preventing Nazism from conquering the world. This Awareness indicates most of these entities truly believe that their action was for a just and righteous defense of human liberties. This Awareness indicates that the majority of entities who fought in Vietnam have some questions about their involvement there, this because of the nation and the information which has come forth regarding these motives in that area. This Awareness indicates that it is in this sense not a matter of personal right or wrong, but a matter of cultural opinion or cultural evaluation of the rightness or wrongness of the war itself. Few entities of the United States condemn those soldiers and service-persons from World War Two who fought against the Nazi Germans or the Japanese in the Pacific, whereas quite a large number in the United States now agrees that they should not have been involved in the Vietnamese conflict.



Several anti-Vietnam war posters circa 1967

This Awareness indicates that this cultural judgement or cultural evaluation is that which causes the feeling of futility and guilt which many of these

veterans are carrying now along with their own wounds, the feeling that it was all for nothing. This causing a kind of resentment, this causing the entities to feel ashamed of their wounds, this causing the entities to feel guilty of their involvement in this action. This Awareness indicates that in the one case, the entities are considered accepted as heroes -in the other case the entities considered as foolish and as violators. This Awareness indicates this as being more of an external value than that which is within the entity, for the entity involved in the Vietnamese war believed that he or she was doing that which was necessary and appropriate. This Awareness indicates this particularly in the beginning of any such involvement.

This Awareness indicates the same feelings were experienced by those of World War Two. This Awareness indicates that only in retrospect can entities energize guilt, and only through the reflections of the values of the society at this time do these entities feel ashamed of their action. This Awareness indicates that therefore the energizing of guilt, the energizing of such concepts as futility and the feeling of resentment for having been forced into this action, this is brought on by after-the-fact attitudes and situations. This Awareness indicates that at the time, these entities did not feel such strong feelings of guilt and resentment and futility, that these feelings occurring afterwards. This Awareness indicates therefore, you may look not so much at the involvement as the cause of your present attitudes but at the atmosphere in the attitudes of entities after the Vietnamese War.

This Awareness indicates it is this part of the action which is causing the difficulties for these entities to readjust to the life which they hoped to preserve when they first went to war. This Awareness indicates indeed this war, as all wars, are based upon error, yet to compound the error by continuing conflicts either between oneself and one's past, oneself and one's government, oneself and one's culture, oneself and one's society, or oneself and one's injuries, this is but a continuation of the reflection of the original mistake.



\* For more information on the Golden Triangle, please refer to 'Revelations of Awareness' No. 79-18 (A Cosmic History of the Illuminati)

is Awareness suggests that wherein entities can accept *what is*, accept the wounds and lessons *from where*, wherein entities can take up from where they are, and go forward into productive and constructive activities, these entities can yet find meaning, joy, harmony and happiness from their lives and from their friends, and the involvement in such.

is Awareness suggests that it is unnecessary and inappropriate to feel guilty any longer, for this guilt simply adds to the misery of yourself.

is Awareness indicates that once the lesson has been learned, the punishment may be ended, and wherein you yourself are the executor of the punishment, you may cease to continue this punishment and move on with whatever strategies and activities and purposes you can muster.

is Awareness suggests that the moving finger writes, and having writ, moves on, nor all your tears nor piety nor your wit can cancel half a line of it.



## IS THERE A 'BLOOD--LUST' ENERGY DRAWN TO THOSE IN WAR ?

### QUESTION:

In reference to war, is there a blood-lust type of force or consciousness that is attracted to those (sometimes) in war? I was thinking specifically of the Mai Lai tragedy in Vietnam where young American men, whose culture and heritage should have taught them better, found themselves slaughtering helpless women and children. Also, the same force seems to manifest in brutality, torture and violation exemplified by entities like Idi Amin and others who find themselves in power. My question is, is there a force that is attracted during times of war or is this something in the entities' consciousness themselves when they find themselves involved in this type of violation?

### COSMIC AWARENESS:

This Awareness indicates this as that which can be cultivated by certain forces, when an entity has not fully developed a clear and concise set of values which are opposed to such violence. This Awareness indicates that this also relates to concepts of authority and group or peer pressure.

This Awareness indicates that wherein an authority promotes these concepts for long periods of time, and wherein entities practice the activities or roles in a mock manner without violation of others but in pretense and preparation, and the feeling that this could occur, and wherein entities are sheltered from any influence opposed to such violation and wherein the influences upon the entity are favorable to that violation and the group which the entity belongs to puts pressure on each of its members to go with the group, this is likened unto a mob psychology wherein the mob has been organized to believe that their actions are right, proper, because this is what they are being told, this is what they are being paid to do, this is what they are being trained for, and this is what they do not have the capacity to think through from a universal or clear humanitarian philosophy---therefore these entities are easily persuaded that it is alright to slaughter others, particularly foreigners or those outside their own group.

THOU SHALT NOT KILL  
...God

This Awareness indicates that these entities would be abhorred by member of their own group killing one of their own, yet these entities would feel pride if that entity killed one outside of the group. This Awareness indicates this is an action of value imposition, wherein values are imposed upon a group and the group accepts this consciousness which may or may not have justification in terms of proper humanitarian actions.

This Awareness suggests that in the case of such barbaric actions wherein this is not justified by any means of cosmic law, most of these entities are incapable of thinking in terms of humanitarian or cosmic principle and are simply obedient to authority---seeking reward and hoping to avoid punishment, seeking acceptance with the group and hoping not to be left out or rejected.

This Awareness indicates this is the tragedy of certain levels of consciousness which are of a low level in terms of being able to see values, understand values, evaluate those values which are being programmed into them, reject values of violence and wherein these entities have their values placed upon the acceptance and the payment and rewards upon the fear of punishment or rejection, these entities are simply robots and can be manipulated and molded by punishment-reward, acceptance-rejection principles.

This Awareness indicates that wherein entities rise above this level of consciousness they do not make very good candidates for cannon fodder nor for the pulling of the trigger to harm others, for these entities can evaluate and discover the trickery involved in reward-punishment, acceptance-rejection manipulation systems. This Awareness indicates the entity B.F. Skinner has done much work with the use of punishment and reward as motivating factors for rats, and this entity has discovered that through the use of punishment and rewards rats can be trained and manipulated in many ways to behave in ways which are desired by the human trainer. This Awareness indicates this principle has been applied to the human consciousness and methods developed from the works of B.F. Skinner and these have been used by the military in training their troops.

This Awareness indicates many of the entities in the military have adjusted well to the rat level of consciousness and are easily manipulated as such. This Awareness indicates that this can be understood and entities can recognize that type of manipulation but until they are able to recognize this they will most likely continue to be victims of this type of rat consciousness.

**WHAT TO DO IF THE GOVERNMENT  
REINSTATES THE DRAFT**

**QUESTION:**

A question from G.K:

"Concerning the reinstating of the draft: if it occurs, what is the Awareness' advice to us eligibles?"

**COSMIC AWARENESS:**

This Awareness indicates that entities who become members of the *Aquarian Church* are not allowed to participate in any activity which would consciously or deliberately, wherein they knowingly might become involved in an action which could lead to violence, that entities who are members of the *Aquarian Church* are not allowed by the church by-laws to participate in any kind of action alone or with others which by its nature is set up with that possibility of violating other entities. This Awareness indicates therefore, entities in the *Aquarian Church* will not be allowed to become participants in military activities which could lead to violence toward others. This Awareness indicates that they

are not allowed to participate in such activities which they feel in their conscience could cause them to become involved in situations which would lead to violence, therefore those wishing to avoid the draft may become members of the *Aquarian Church*.

This Awareness indicates the Constitution protects entities' rights to Freedom of Religion. This Awareness indicates that this as an action of conscientious objection, not only to war but also to that action which would participate in activities which could lead to war or violence against others.

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ED's Note:

For information on joining the *Aquarian Church*, please write to:

The Aquarian Church of Universal Service  
P.O. Box 40083  
Portland, Oregon, 97240

**THE DARK FORCE IS  
EVACUATING THIS PLANET**

(Opening Message of C.A.C General Reading, Oct. 7, 1979 )

This Awareness indicates that during this present month and the remainder of this year many key elements of the Dark Force shall be leaving this planet and others shall be in retreat or seeking to hide. This Awareness indicates that this appears to be an action whereby these forces are attempting a temporary retreat rather than a permanent withdrawal from this planet. This Awareness indicates the indications at this time are that the Dark Force intends to return within approximately four to six years. This Awareness indicates that during this coming time whereby this force has diminished in its influence, the opportunity for Light Forces, the Forces of Light to strengthen their controls, to strengthen their hold, to begin to build a constructive and meaningful existence upon this plane; this will serve as a great deterrent when the time comes for these entities to consider returning.

This Awareness indicates that if enough is accomplished during the coming four to six years, this approximately by the year 1984, this Awareness indicates if enough is accomplished during this time that the Dark Forces will perhaps be discouraged from returning at all, or if returning, shall not be able to grasp a clear control in order to do the mischief which they otherwise might accomplish. This Awareness suggests that during this coming four to six year period wherein Forces of Light become more clear themselves and whereby their relationships become clear and whereby the general society begins to reflect that clarity of relationship, this shall bring about the necessary atmosphere whereby this planet can be made strong in the light.



PEE ON WAR

**AHRIMAN, THE ANTI-CHRIST  
HAS LEFT THIS PLANET**

**QUESTION:**

Awareness, is that entity sometimes called Ahriman who proclaims himself the Anti-Christ, is this entity evacuating the planet or is he remaining below the surface during this period?

**COSMIC AWARENESS:**

This Awareness indicates that it appears this entity shall leave. This Awareness indicates it appears this entity has already left this planet. This Awareness indicates the entity is seen as having a special way of leaving this planet and returning. This Awareness indicates that this appears to be such that the entity moves through inter-dimensional fields rather than through the normal movement of space crafts as one might consider to be as a physical movement.

This Awareness indicates that this entity appears to have left this dimension at this time, that the entity is capable of returning into this dimension at will. This Awareness indicates that there are others who are in the process of leaving this dimension with this entity, that the evacuation is taking place not only in the sense of physical retreat, but also in the sense of moving through the electromagnetic field into other frequency levels or what may be termed other dimensions or realms. This Awareness indicates that wherein the plasma surrounding the earth can be cleansed within the next five years, that this will prevent the return of these forces. This Awareness indicates that the plasma containing intense emotional greed forces, hostilities and violence energies, this kind of plasma filled with these vibrations and energies from the astral level tend to serve as a call for negative forces from outside the earth's aura, drawing in those negative forces.

This Awareness indicates a good analogy as that of blood in the water drawing in sharks. This Awareness indicates that wherein violence, hostility, heavy sorrowful emotions, hatred and greed are present in a planetary influence, the aura of that planet emits these vibrations and draws in those forces which feed off of that kind of energy. This Awareness indicates as these energies are dissipated and cleansed the healing begins to occur and those forces feeding off of that type of energy cannot find enough food and therefore move elsewhere.

**WHY DOESN'T COSMIC AWARENESS  
CORRECT THE 15% ERROR OF THE INTERPRETER?**

**QUESTION:**

We have a question from D.G. of Prince George, British Columbia which is a question we might as well publish because it's probably going to recur as a result of a reading we recently published. Question: "If the Interpreter for the Awareness is only getting it across 85% correct, why doesn't Awareness then correct some of the remaining 15%?"

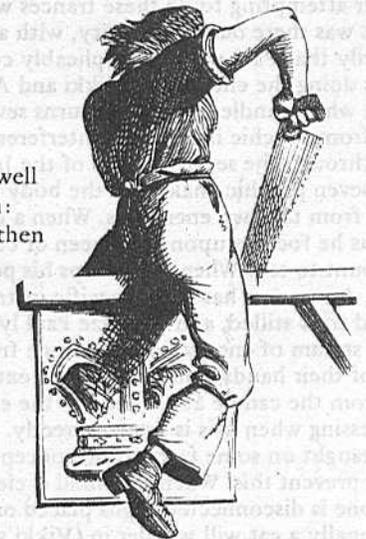
**COSMIC AWARENESS:**

This Awareness indicates that *It* does, when the opportunity comes up that something needs correction. This Awareness indicates that an explanation of this 15% inaccuracy will be described: This Awareness indicates that wherein the Interpreter as being in a trance level, wherein this Interpreter as having been in the trance longer than is convenient for his system, and the physical system is beginning to require attention, or energy is being drained, the amplitude of the psychic energy needed for clear vision for the readings begins to diminish. This Awareness indicates that this amplitude of energy can be replenished in the Interpreter if the energizers are giving full attention and full amplitude of psychic energy toward the Interpreter. This Awareness indicates that wherein the energizers are also being distracted by physical weariness, by psychic weariness, or by other distractions and where by their attention is diminished and the Interpreter's psychic energies have been diminished, then the amplitude of psychic energy extending toward the concept being questioned about becomes less likely to be accurate, this diminishing the degree of accuracy.

This Awareness indicates that whereby a certain word is picked by the filtering process of the Interpreter's consciousness, which is slightly 'off' from the word which is exactly 'on', this reflects an inaccuracy, though it may be close. This Awareness indicates that wherein the energy which is being observed, such as a pattern or a concept or a series of energies or movements or concepts, wherein this is being observed as energy fields, and there is an attempt to put this into words, and whereby the Interpreter has never come across or used the words which would best describe that energy field, often times there are a series of other words or a word which is close but not exactly right, which is chosen by the Interpreter for the expression. This Awareness indicates the Interpreter can filter the use of words which are used to describe the energy fields and patterns and pictures which this Awareness shines upon the screen of his consciousness. This Awareness indicates that you understand this Awareness is not actually speaking through the Interpreter, but rather is presenting pictures, images and energies and feelings which the Interpreter interprets into words which you read or hear.



A portrait of Ahriman as seen by Paul Shockley in meditation



This Awareness indicates that there are certain errors which occur that are of no importance, or of such little importance that correcting these is of no great value. This Awareness indicates there are certain ways of saying things which, when spoken, intend a particular meaning within the context of the message, but when read by another entity who thinks differently, or looks differently, may perceive a different meaning from that which was intended. This Awareness indicates this also as included in the 15% error. This Awareness indicates it is not only the Interpreter who may be assisting in that 15% error, it is also the reader who reads erroneously and adds to that error. This Awareness indicates that the Interpreter may know what the words meant, and consider the words as accurate from what was meant, but a reader may receive an entirely different message from the same words. This Awareness indicates that the language itself conveys error in meaning, for entities do not always mean the same thing from the words.

This Awareness indicates that *It* also has stated that there is 15% error in these messages partly so that entities will not become 100% dependent and fanatical about the messages. This Awareness indicates that *It* would rather entities consider these messages to be only 50% accurate, than to consider them to be 100% accurate; for this Awareness does not want dependence, nor does *It* want fanatics and true believers.

This Awareness wishes entities to become questioners, to listen, to doubt, to learn, to listen, to doubt, to learn, to accept, to listen, to doubt, to learn, to accept--after listening, after doubting, after learning--accepting and then questioning everything that has been accepted. This Awareness suggests that in this manner, entities may digest information which has been coming into their consciousness. That without this kind of digestion, entities may become constipated by the beliefs, ideas, fanaticism, and may finally become sick with their own consumption. This Awareness indicates that the 15% error which was mentioned and the 85% accuracy which was mentioned, may not be exactly correct in terms of percentages. This Awareness suggests there may be approximately an 85% accuracy in that percentage, leaving approximately a 15% chance of error that the 85% accuracy is correct, or incorrect. This Awareness indicates that this essentially as being but an estimate based on 85% probability of accuracy.

This Awareness asks that you not become too fixed in the exactness of meaning and words, so much that the real feeling and purpose of the messages are lost in the wording. This Awareness asks that you read the material which this Awareness presents, look at the concepts, then throw away all the words and *feel* what is meant.

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#### EDITORS COMMENT:

Several members who have never seen Paul Shockley do a trance session have asked us exactly what an 'energizer' does during the trance session. Most all of the Awareness information published by C.A.C. emanates from trance sessions done in Olympia at the home of Vikki T. After attempting to do these trances with a number of persons present to energize the trance, it was discovered that if any one of these persons was there out of curiosity, with a somewhat 'doubting mind' about what was going on, that this effected the trance, sometimes so heavily that Paul would inexplicably come out of the trance. For this reason, the C.A.C. trance sessions have been confined to two entities doing the energizing (Vikki and Avaton) who act as a battery. Each sits on opposite sides of Paul as he lays in trance. At his head burns a white candle, at his feet burns seven candles of different colors. The purpose of the candles, in addition to protecting the Interpreter from psychic invasion or interference from other levels, is to burn off the energies, particularly negative energies which are expressed through the seven chakras of the Interpreter, depending upon the nature of the question. Each colored candle corresponds to one of the seven psychic chakras in the body of the Interpreter. According to Paul, he supplies no energy himself when in trance--this comes mainly from the two energizers. When a question is asked, the energy from the questioner and the energizers present is used by the Interpreter as he focuses upon the screen of consciousness. As the Interpreter is going into trance, the energizers recite the *Law of Love* and then count to ten. When Paul drops his pencil which he holds in his hand, his body jerks slightly and he enters into the trance. To maintain energy, Awareness has given specific instructions during these sessions: the energizers close their eyes while in a meditative state, with all mind trips stilled, and visualize Paul lying there before them. With their palms extended upwards, they then visualize a great white light, a stream of energy pouring down from above, through the tops of their heads. They then see this energy pouring forth from the palms of their hands, which they now extend toward Paul, and this energy pouring out in a great stream, filling up the entire area above Paul, from the candle at his head to the candles at his feet. This really works. You can tell from the inflection and force Awareness is expressing when this is done correctly. Energizing a good trance takes much concentration. It is important that the mind not wander or get caught on some fascinating concept Awareness has just revealed. This is very difficult, but we are learning more each time about how to prevent this. When the mind is clear and the concentration is only on supplying energy, the trance will flow smoothly. For this reason, the phone is disconnected, signs placed on the door, and folks forewarned not to come about when Paul is in Olympia for these sessions. Occasionally a cat will wander in (Vikki's cat is a spayed female Siamese she calls 'Bertram'--don't ask why--which has the worst caterwaul one could imagine) and when this occurs, Awareness usually stops the session and suggests 'that the animal be removed'. This is very embarrassing because great precautions had been taken to keep Bertram from entering the house. Seigfried, the faithful hound usually stands on guard outside the door to prevent entrance of cats or anything else. Although his barking can occasionally be heard on the tapes, this usually does not disturb the trance unless he is really barking close by. Cannons booming at nearby Ft. Lewis and occasional low-flying planes and helicopters have also disturbed the trance sessions. Best results seem to be when it is raining (which is often), the sound of the rain falling gently on the roof of the cottage where the sessions are held is very relaxing, both to Paul and the energizers. As to the accuracy of the printed material C.A.C. sends out, this is checked and double-checked all along the line, especially as it is transcribed from the original tape recording. Printed errors are almost always typographical and the editor takes full responsibility for these. Sometimes the long, involved sentences used by Awareness are hard to set down in type correctly, but we hope the readers have gotten used to this type of syntax and style used by Awareness and if a comma or other punctuation mark is not placed exactly as it should be, they can re-read the sentence and understand the basic meaning of what Awareness is saying. As to the actual energizing of the trances, although this is sometimes very hard, physically and mentally, to hold rapt attention for an hour (the limit Paul can stay in trance without becoming physically ill), when it is finally over everyone feels a kind of exhilaration and a new kind of energy--a natural stoned high--which usually carries far into the night and only dissipates in the wee small hours of the morning after bull sessions or other activities.

JESUS AND THE THIEF ON THE CROSS  
( More on how karma works )

QUESTION:

A question from V.K. of San Francisco. "On the day of crucifixion the thief on Christ's right hand asked Christ to remember him in his kingdom, and Jesus told him he would be in paradise with him that day. Since the thief was apparently not a highly-evolved soul, how did he manage to reach such a height without perfecting himself? Did Jesus change the thief's consciousness to perfection?" I might add, did Jesus overcome the karma the entity might have had with that action?

COSMIC AWARENESS:

This Awareness indicates that this was rather an assurance, as opposed to an action. This Awareness indicates that the entity in dying upon the cross, feeling the remorse for his error, overcame his own karma by paying for that error which he had committed; and in recognizing his error and paying the price, was acquitted from further suffering. This Awareness indicates that in the assurance which the entity Jesus gave this thief, this served as a suggestive force to allow that entity to drop any further energizing of guilt and to accept the cleansing and freedom from his karma as he requested.

This Awareness indicates that much of karma, as has previously been given, is the accepted suggestion and patterns of an entity; that wherein an entity believes himself to be guilty and due to receive punishment, that very belief and expectation of punishment is part of the karma.

This Awareness indicates that many entities move into experiences in the realm of Hades simply to alleviate feelings of guilt over some petty belief or low self-image or some action which they hold themselves guilty of and need the experience of suffering for that action. This Awareness indicates that many of these entities moving into this realm of Hades to experience that suffering are not at all subjected to this by any other force other than their own will to be punished, for the Universal Laws in many cases have no force or no power or no desire to punish these entities for their petty crime which has been forgotten or ignored or which is insignificant to any other besides themselves.

This Awareness indicates that the fact that the man was a thief does not necessarily imply that the entity was of a sinful or evil nature, for the entity may have simply been confused or driven toward this path by certain circumstances which none of you are fit to judge. This Awareness indicates that the entity may have been not much different from any other who would have moved through the same circumstances.

This Awareness indicates that wherein Jesus understood the nature of the times, understood the nature of humanity in those dark times, understood the nature of karma, the entity could forgive this man and suggest to this man so that the man could accept himself as being one who could be worthy of paradise. \*



COSMIC AWARENESS DEFINES THE WORD "CONSCIOUSNESS"

QUESTION:

J.M. of Ventura, California asks Awareness: "Although there is definition of the word 'consciousness' in the Spiritual Development lessons, but being a word so much used, I would like a more specific definition of 'consciousness'--the anatomical aspects of the consciousness and its abstract nature."

COSMIC AWARENESS:

This Awareness indicates that the term 'consciousness' as that which may be associated with the term 'recognition'--that wherein one *recognizes*, this also relates to the term *reflection*. This Awareness indicates that reflection and recognition of something allows an observer to also be observed by the observation which the observer sends forth. This Awareness indicates this is likened unto a point in space which observes another point and by that recognition of the second point, must admit that the observer, the first point, is conscious. This Awareness indicates that wherein one is unaware of anything outside of self, and cannot observe self, then the entity is unconscious; wherein an entity is aware of everything outside of self but does not observe self, the entity is super-conscious or cosmic conscious; wherein the entity is aware of self and non-self, that which is beyond self, the entity is conscious; wherein the entity is aware of self, but not aware of that which is beyond self, the entity is termed 'self-conscious'. This Awareness indicates there are degrees between these levels wherein one can be more self-conscious, more unconscious, more cosmic-ally conscious or more conscious.

\* For more information on the Immortal Realm of Hades, please refer to Revelations of Awareness No. 78-19 (\$2.00)

## THE UPCOMING CENSUS.....

How much should you tell them ?

### QUESTION:

A.B. of Northridge, Calif., asks:

"I wonder if Awareness would comment on the upcoming census. Should we put the minimum of information, avoid it, or is this not important as far as the government getting personal information on us?"

### COSMIC AWARENESS:

This Awareness suggests that each individual may contribute that information which they feel comfortable with giving, but should not feel inhibited to give information which they wish to consider as private. This Awareness suggests that wherein names are asked, and you do not feel comfortable in giving your real names, this Awareness suggests that you may decide to use alternative names, or names misspelled, or nicknames or maiden names, or other forms of names.

This Awareness suggests that many entities feel concerned about giving information to census reports, for fear that this information will be placed in computers and used as a personal file storing further private information from other sources such as medical records, driving records, job records, insurance records, school records, credit records, tax records, and business and legal records. This awareness indicates that all of this information in one file could be detrimental, could be used against the entity, could be used in a manner to hinder the entity's activities, could hinder the entity's opportunities for obtaining insurance at a reasonable price, of obtaining a job or of obtaining social acceptance. This Awareness indicates that additional input into this record of financial information, marital information, bank records, and such, could hinder the entity's business affairs. This Awareness indicates that this is a matter of personal choice. Wherein there is a law enforcing certain response to the census takers, this Awareness suggests that you make your choice whether the risks are worth the potential hazards. This Awareness suggests however, that the need for census and such records for evaluating the general climate of the nation, the population, the trends, this may also be recognized as a necessity in the need for proper governing agencies and programs for the national welfare of the people.

This Awareness suggests that you consider both your private interests and the national interests, and weigh these two in your mind, and give these census takers that information which is not likely to be damaging to you, not likely to be used against you, and which can be beneficial to them in helping the government to formulate proper policy for its population. This Awareness suggests there is unlikely to be much which needs to be withheld except information personal or individual nature which certain entities may not wish to divulge. This Awareness suggests this as being sufficient for this question.

## UNEXPLAINED CRYING WITH BABIES ....( AND OTHER INTERESTING THINGS )

### QUESTION:

Question from DF, Colorado, Springs: (sent in May 1979): "I'm waging my campaign for SPIRAL, writing letters, copying Dr. Betts, and telling my friends and family. If we make it through this, which I truly hope we do, I wanted to ask Awareness a personal question which I think is of general interest. I have a two month old son. Since he was born, I've been very curious to ask Awareness causes the post-partum blues? Most women, including me, I've talked to experience them, particularly with their first child. Also, why the baby smiling and frowning about, evidently during dreaming, those first few weeks? Is there a purpose to crying when that cry seems to be for no apparent reason? I'm totally breast feeding and wonder if Awareness would comment on breast feeding. Also any comments Awareness wants to make concerning how new mothers and fathers can handle their new babies to make life more pleasant would be truly appreciated.

### COSMIC AWARENESS:

This Awareness indicates that young children have that open channel to express energies but have no particular through precise actions, words, talents or methods. This Awareness indicates that es



the muscles of the child are undeveloped, therefore the entity is unable to speak. Even though many young children have begun to recognize and form meaning in their mind, they may not speak for sometime after they have begun understanding the language, for it is an action of coordinating not only that which they hear, but that which they associate with the words spoken and heard, but also they must coordinate all of the nerve connections from the hearing and brain to the vocal chords, and from there formulate and structure the vocal chords to make the appropriate sound in imitation of that which they hear.

This Awareness indicates that this kind of total attention and coordinative activity takes certain amount of time. This Awareness indicates that this does not mean the young child is unaware of its environment, nor that it is ignorant simply because it cannot speak. This Awareness indicates that likewise a newborn baby must create certain adjustments in its visual and mental levels to determine how to distinguish one feature from another, so that as it begins looking at entities it may come into the eyes of its mother, but not fully distinguish how the eyes associate with the face or the wall behind the mother until it has made some observations to make this distinction. This Awareness indicates that gradually the brain begins to make these distinctions. This Awareness suggests the brain as inappropriate in the terms needed, that the term 'consciousness' as being more appropriate -- that the consciousness of the child begins making these associations. This Awareness indicates that this is not so much a matter of becoming informed as it is a matter of becoming aware of a new dimension and the differences in the physical dimension, from that of the spiritual dimension which the child has left.

This Awareness indicates that even regardless of these actions of the consciousness attempting to become used to the environment in this dimension, the child still has human emotions, can smile as a response to those emotions, that smiling is not something which is learned from this environment, but is a reflection or reaction to certain energies within the child, which gives enjoyment and automatically result in the central nervous system triggering the response as a smile. This Awareness indicates that likewise, other expressions such as crying, as reflections of inner feelings, not conditioned, but spontaneous and this is a way whereby the inner being can express itself with the vocal chords which are developed to this extent. This Awareness indicates that the amplitude of the crying will indicate how disturbed the entity is; it also indicates how much emotional strength the entity has. This Awareness indicates that in some situations, it is healthy to allow the child to cry, particularly when the entity has no need to be pampered.

This Awareness indicates wherein the child cries excessively, this can be an indication that the child is either very insecure and needs to be held enough to overcome the feeling of insecurity, or the child may have something physically the matter. This Awareness suggests that when the crying is simply slight, but the mother picks up the child each time the slightest murmur is issued, this tends to make the child overly dependent on the mother. This Awareness suggests that some slight crying without deep amplitude as that which can be generally ignored, this as a matter of degree of course. This Awareness suggests that this also can be seen as a way whereby the child is calling out verbally for assistance. This Awareness suggests that if the child cries excessively then special attention may be necessary to discover the cause of the situation. This Awareness suggests that mothers not over-pamper the child, but suggests also that it is better to pamper the child too much than to ignore the child too much, for that can have certain emotional problems which leave deep scars also.

This Awareness indicates that a gradual weaning must take place as the child develops, this weaning not only in terms of food, but in terms of all levels of dependency; that wherein this does not occur properly, the child may grow into adulthood still looking for the free handout.



Uplifting the baby

#### BREAST FEEDING THE BABY

( Not always the safest way )

This Awareness indicates that in terms of breast feeding, that this has been recently revised as the proper way of caring for a child. This Awareness indicates that whereas this has been highly prized as being a most healthful diet for the child, this Awareness suggests that this be looked at carefully in view of certain environmental effects which have been associated with mother's milk. This Awareness indicates that this including various types of pollutants in foods, water, air, and in medications given to the mother before and during pregnancy.

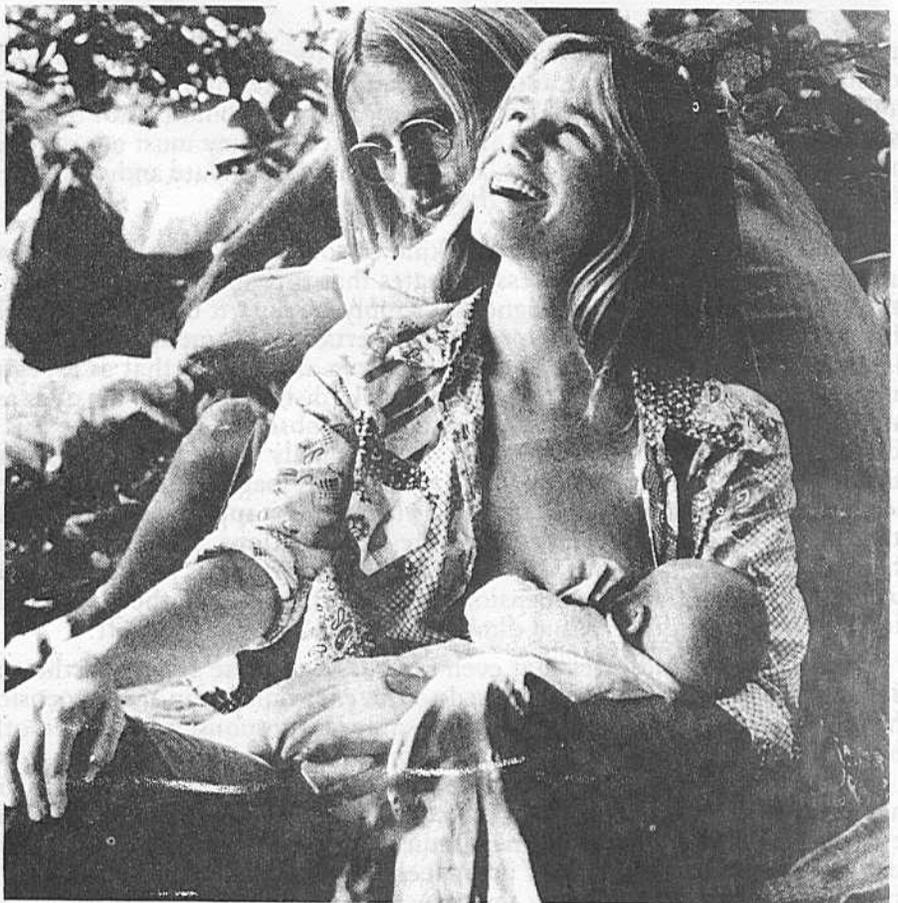
This Awareness suggests that a mother to be safe should have her milk tested to determine whether it contains toxins which would be harmful to the child. This Awareness indicates that in many cases mothers have given milk children which contains certain pollutants that gradually weaken the child or even relate to fatality. This Awareness suggests that this is a much more serious problem than is currently recognized in this time, this particularly in the areas where large amounts of chemicals are used in spraying for pesticides, herbicides, or in seafoods which have been ingested by the mother and which come from polluted waters. This Awareness indicates this also relates to food in areas which contain such poisonous substances which are ingested by the mother.

**QUESTION:**

Awareness, for those mothers who don't have access or live in areas where they can't get their milk analyzed, is there some herbal remedy or something that they could take which might help purify and cleanse their milk inside of them just in case it was polluted?

**COSMIC AWARENESS:**

This Awareness indicates that this cannot be answered in a simple yes or no, or with a simple formula, for there are a variety of different types of poisons, ranging from mercury poison to various types of herbicides which can be transmitted through the milk. This Awareness indicates that the entities can watch for symptoms as where in the child appears to have red and watery eyes, even when not crying, and whereas the child appears to be very disturbed emotionally and whereas the child is weak and does not grow properly. This Awareness indicates that these can be symptoms, that also whereas the child sleeps far beyond that which is normal for its age, and whereas the child may express sickness and fevers that are not appropriate, any or a combination of these things could be symptomatic of the pollutants. This Awareness indicates that the only really safe method is to have the milk tested.



This Awareness indicates that also one must be careful about the dairy milk, to be sure that it is not polluted. This Awareness indicates that this particularly in that area of Three Mile Island, or near those places which have been highly sprayed with insecticides, pesticides, herbicides and fungicides.

**QUESTION:**

If the breast milk tests out all right, then it is superior over cows milk or prepared formulas sold in cans, is that correct?

**COSMIC AWARENESS:**

This is in the affirmative.

**QUESTION:**

What about the post-partum blues that the mothers experienced?

**COSMIC AWARENESS:**

This Awareness indicates this reflects and relates to chemical changes, to hormonal changes, and to changes in terms of what may be termed 'aftershock'. That this can be affected somewhat by strengthening one's intake of the proper nutrition, particularly in terms of vitamins and minerals and also in the activities and attitudes one has.

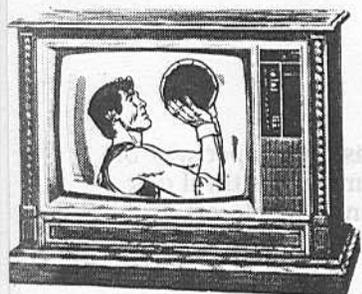
**DO TV SPORTS ANOUNCERS  
EFFECT THE GAME-PLAYERS ?**

**QUESTION:**

A question from J.S., Ashland, Ohio. "I would like to know the power of the television media with the spoken word of one person going into a million-plus TV sets. The incidents which prompts this question is a recent basketball championship when one announcer started building up Michigan State by saying they were the favorites a week before the final four games. Indiana State outbounded Michigan State but was very uncharacteristically cold in making field goals, while Michigan State was hot, making over 60%. Indiana State was even cold at the free-throw line, which strongly indicates that more was at work then mere defense by Michigan State. This isn't the first time that I have suspected this. This conditioning by the sports announcer seems to work best when there is an anticipation rather than a complacency. Question: Does the voice of one sports announcer become the voice of a million-plus voices going through the sets, conditioning the energies which are available to the participants?

**COSMIC AWARENESS:**

This Awareness indicates this as in the affirmative, that it is possible for an entity in announcing such energies to distribute those energies to multitudes, who in turn reflect back their expectations upon those players who in turn feel that energy and drive from those millions, and then in turn play harder to meet those expectations; and in their play, find greater perfection of ability. This Awareness indicates this as form of suggestion, that wherein the announcer might suggest that, "This team has a favorite edge over the other team, yet there appears to be something in the



attitude of the team tonight which causes me to think that they will lose this game...the announcer in that statement can take away much of the energy which would otherwise have assisted that team in winning. This Awareness indicates these kinds of pre-game suggestions are forms of hypnosis on the masses and on the players, and this touches into the subconscious levels or the mass mind, which in turn gives or takes energy according to the suggestion.

This Awareness indicates when entities begin to recognize the power of suggestion more and more in their lives, they will become much more aware of how these suggestions for good or ill actually have an energy and effect on the outcome of experiences. This Awareness indicates that in order to overcome such suggestions, entities must use greater force and drive and create a new suggestion which overcomes that which was previously given.

(Making the impossible possible with the power of suggestion)

This Awareness indicates that the entity Cassius Clay, when he began his boxing career used this force of suggestion prior to fighting any opponent. This Awareness indicates that these are generally accepted as tricks of the trade by many entities in the sports world, that there also are uses of suggestion in other areas.

This Awareness indicates that a recent broadcast explained how the particular use of a medical component on many patients had been 80% effective over a period of years, and it was generally accepted that this was the proper medical treatment for this particular illness, until it was recently discovered that the medicine had no real effect at all on the illness, and that the suggestion was that which had been healing the entities, that the enthusiasm of the doctor who believe the medicine worked as that which contributed to the healing.

This Awareness indicates that entities have no realization of the power of suggestion, that in the Orient the Indian sages and fakirs and various Yogis understand the power of suggestion and use this for all kinds of impossible feats. This Awareness indicates that it is because of this power of suggestion that impossible things can be accomplished, that there are also actions which appear to use the power of suggestion but in fact use some other form of trickery. This Awareness indicates there are also many magicians who appear to be using trickery but in fact are using real magic and the power of suggestion in such a manner that it accomplishes that which most entities believe to be some form of trick.

This Awareness indicates that suggestion is a most powerful influence, but that to be influential it must be accepted, and therefore wherein the masses in the audience hear a suggestion that this particular team is a favorite, then if that is accepted by the majority or by the stronger energies, then this contributes greatly to the success of that favorite team.

This Awareness indicates if this is not accepted then it has no influence. This Awareness indicates that this as one of the reasons why so many teams desire to have support from their schools, their student bodies and the local friends. This Awareness indicates that there is within this area of sports something which can be learned in other areas of human affairs in relation to the support of an action, for this form of energizing is that which is necessary and beneficial in all types of human affairs.

This Awareness suggests that this has also been used in gathering support for wars, and other forms of negative activities. This Awareness asks that entities turn away from such support and energize and give their suggestions and energies to that which denounces the wars and violence and promotes the good and the beneficial and harmonious actions.

#### DOES THE TV COMPUTER PROJECTION OF AN ELECTION RESULT INFLUENCE THE OUTCOME ?

##### QUESTION:

Does this same suggestive force influence, say, a political election whereby a network will announce before the election that their computer has projected the results of a particular entity?

##### COSMIC AWARENESS:

This Awareness indicates this as even more so because the entity who has not quite determined which way to vote is inclined to vote for the winning team in order to feel better about his vote, therefore those entities who are indecisive or undecided tend to vote for the entity who is projected to win.

This Awareness indicates this does not necessarily affect those who have already made up their minds.

GETTING 'POLARIZED'...  
A NEW METHOD FOR REJUVENATION & LONGEVITY

QUESTION:

The entity Sam Millar is planning to develop and possibly market what he calls a 'Polarizer'. He's been talking about this invention for a number of years and now he's doing some active research on it. This Polarizer creates an artificial North pole, and polarizes the atoms of the body so they align North and South. This device can also be placed under an entity's bed or over the entity's bed so he will be sleeping within this field. According to the research that has been done on rats and mice, it is supposed to retard the aging process to some extent, stop rheumatism and arthritis and reverse cancer etc., and it stabilizes the genetic code and prevents mutations of the cells. Since there has not been much work done with this type of things on humans, we would like to ask Awareness if this project would be beneficial for people and whether Sam should continue in this endeavor?

COSMIC AWARENESS:

This Awareness indicates this as extremely valuable, that there has been much work accomplished in this area, particularly in Russia. This Awareness indicates that this as having a profound effect upon the cells of the physical body to regenerate and improve these cells to allow them to have extended life and vitality.

This Awareness indicates that this as capable of opening an entirely new field for rejuvenation and for better health. This Awareness indicates that care must be taken in this action to avoid conflict with government agencies and those forces which would not appreciate this kind of healing system. This Awareness suggests that this as related to the advertising system.

This Awareness indicates that this also will lead to improvements and to other types of healing systems through the use of electromagnetics. This Awareness indicates the Russians are approximately fifteen years ahead in the research and development of this type of equipment.

This Awareness suggests that by carefully experimenting and working with these pieces of equipment, entities can assist in the development of this field of healing and can also benefit from the development which they are assisting in - the research and discoveries of this field.

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EDITOR'S COMMENT:



Pictured on the left is Sam Millar standing behind the first Polarizer he designed. Sam is the gifted C.A.C. seer who channels Awareness through Tarot interpretation, providing this service to the membership via taped cassette. Sam is also the inventor of the 'Mystic Pentagram' fortune-telling system, the 'Wheel of Destiny' psychic reading board, and the 'Wizard Wand' psychic divining instrument. We know from experience when Sam gets an idea, it is usually divinely inspired, so all of us here at C.A.C. kept prodding him to develop the Polarizer he had been seeing. His first working model he presented to the staff of C.A.C. where it is presently residing. Everyone working here stops for a few moments each day, turn on a switch, stand over the South magnetic pole, and get 'polarized' from the huge electromagnet which hangs suspended from a cable over the head. (It only takes a few seconds to get all the atoms in the body back into proper balance). You can't see the North pole magnet in this picture, but it is suspended from the pole on his right by a cable which you can take down and hold or place beside your head while lying down. (Everyone has fun stoning Seigfried, the faithful hound who guards the office as he snoozes on the couch. You just place the big North pole magnet near his head and off he goes--totally zonked out and so mellow all he can do is wag his tale when someone comes in the door). Sam made a smaller, portable version for the Interpreter Paul

Shockley, who is now using it daily. We hope this will also help his trance work and enable him to get into deeper states and perhaps stay in longer than the hour limit. Sam is now working on a professional model for someone who has many people visit daily (a doctor's office maybe) which could provide some good research statistics as to the effectiveness of this device. So far, time and labor has prevented Sam from developing a smaller, low-priced unit which could be made available to the masses, but he is working on it and thinks the problems in design can be worked out. Interested C.A.C. members who would like to have one of these devices for research in healing and rejuvenation should contact C.A.C. and we will forward your letter to Sam. He can manufacture these on order on a limited basis. (But makes no claims).

WHY DON'T 'PSYCHICS' SEE WHAT AWARENESS SEES ?

QUESTION:

A final question from R.G., Danbury, Connecticut. "There seem to be many psychics around who give psychic predictions about various matters--what will happen to world leaders, world events, celebrities etc. Why do not these seers 'see' any of the things seen by Awareness? Why are they not aware of the Beast conspiracies, doubles etc., and what are they doing or not doing for consciousness?"

COSMIC AWARENESS:

This Awareness indicates that these entities may be asked this question individually or collectively, according to your choice. This Awareness is not responsible for answering the question of why entities are not seeing what this Awareness is indicating.