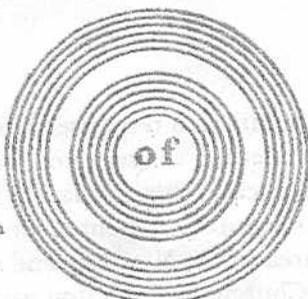


Revelations



Awareness

80-8

The New Age Cosmic Newsletter:
The philosophical foundation on which
the New Age is being built

Cosmic Awareness Communications
P.O. Box 115, Olympia, Washington 98507

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COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speak again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

Accepting the Concept of Original Sin



RELIEVING GUILT
BY CONFESSION

(The Price Some Pay
for Ignoring the God-Self)

Paul Shockley
Trance-Interpreter

PLEASE NOTE: For easier readability and understanding,
Cosmic Awareness suggests these readings be read aloud.

QUESTION:

A question from D.P., Rockford, Illinois, which is a personal question but might have some general interest: "I know I have asked some dumb questions in the past, which you have not answered, and that is all right, they don't matter anymore. But I am asking again now, please ask Awareness: this point has given me problems all my life, I would like to be free of the self-guilt and karma it has caused me, or I have caused. Here it is: Ever since I was young I have been obsessed with getting things 'out in the open'. If I did something I believed was wrong, I later agonized about it until I finally had to tell Mother or somebody about it. This never came easy. I can see, looking back, that I was easily influenced by Biblical passages I would read or hear when I was younger. When I would finally get something off my chest, I would feel great relief momentarily, and then some other little thing would pop into my mind--another avenue not pursued, that something *had* to be done about. I have tried to look at this problem directly. Though I have had some revelation on it, I cannot explain my reactions at such an early age, and I feel that it must have karmic overtones from past lives. I know I am too sensitive to my personal injustices at time (I am talking about little things), and this must be overcome by me also. This past year I have done a lot of searching. Awareness, please help me on this. This also causes, I believe, various physical problems I have. Would Awareness please help me on this problem? Thank you."

COSMIC AWARENESS:

This Awareness indicates this as being a conditioned response. This Awareness indicates that this relates not only to your present childhood, but to a previous lifetime wherein you were involved in a very strict and Orthodox Protestant type of religion. This Awareness indicates this as relating unto a very strong religious belief that confession is good for the soul, and that wherein you confessed, your errors were forgotten and absolved. This Awareness indicates this related unto a lifetime in the area of the New England states—that there also was previous conditioning from two lifetimes within the Catholic Church, wherein you were involved: once as a priest taking confessions from others, and once as a member of the church who felt great need in confessing every little mis-action. This Awareness indicates this conditioning over these three different lifetimes and into early childhood of the present lifetime, wherein you continued seeking someone to confess your errors, this as likened unto a kind of therapeutic treatment which allowed you to feel forgiven, so that you could quit thinking about the event and move on to other actions.

This Awareness indicates that the purpose of the confession is similar to an action whereby an entity goes to a psychiatrist for counseling, thinking that he or she has great guilts, great problems, great sins, but discovering that the counselor in listening does not pass judgment and still accepts the patient, even after the patient has confessed all of the most horrible inner secrets and feelings. This Allows the patient to have a new attitude toward himself, feeling that perhaps he or she is not so bad after all since the psychiatrist did not consider the entity as being so terrible. This Awareness indicates this action is a way of allowing entities to accept themselves for what they are—this being used by the medical profession in counseling. This Awareness suggests that this has little different principle although the terms are similar, from the method used in the Catholic Church or in other religious techniques.

This Awareness indicates that essentially the same method or principle is involved in the Protestant Fundamentalist religion, wherein the evangelist or minister quotes from the Bible, tells the entities they are filled with guilt, sin and error, born in sin, and warns them of the punishment for these sins, convincing the entities that they are destined to horrors and rejection unless they come and confess their sins to Jesus. This Awareness indicates that wherein entities do this, confessing their sins to Jesus and asking Jesus for forgiveness and being promised by the preachers and the Bible that their sins can be forgiven by Jesus, this Awareness indicates this is a way whereby entities can have their conscience cleaned and a new self-image created.

This Awareness indicates that each of these systems or methods in principle is the same. This Awareness suggests that the Catholics use a mediator to intercede and listen and to reassure the entity that the sins are forgiven; that the priest of psychiatry uses a similar technique of being likened unto one who understands the situation, and in this manner forgives or assures the entity that the problems were

caused by environmental experiences or by the parents.

This Awareness indicates that the churches blame the sin on the abstract character known as the 'Devil', or by fate of being born a human—the psychiatrists and psychologists and sociologists blame the error on the society, or the parents, or other social models and influences. This Awareness indicates the methods are similar, using different characters, and the results are similar, depending only on how much intensity is poured into the belief in one's error and how much faith is poured into the belief in one's redemption.

This Awareness indicates that these methods are all justifiable, are all beneficial for purging the soul— that there is one condition which needs to be examined in each case: that of the original sin. This Awareness indicates that entities must accept the doctrine of the original sin or error, or mistake before there is any reason to accept the redemption from that error. This Awareness indicates this is also not unlike certain practices by witchcraft, the witch doctors or other medical professions, whereby an entity is first convinced that he or she has a very bad medical condition, and that once the entity is convinced of this problem, the witch doctor then can give the entity the herbs necessary for curing the problem.





This Awareness indicates this technique is also used by many entities calling themselves 'psychics'. Wherein an entity approaches a psychic, the psychic convinces the entity that their bad luck or the situation which they are inquiring about exists and will worsen because they have been placed under a curse by some entity from the past, and unless they have this curse removed, their situation will worsen.

This Awareness indicates that wherein an entity *accepts* this doctrine of the original curse, the likelihood is that they will continue expecting and receiving bad luck, simply because they *expect* bad luck and will be focusing on every ill activity which occurs, and will forget about any of the good experiences because they are so wrapped up in concern over the negative experiences. This Awareness indicates that once an entity accepts the concept or doctrine of original sin or of having a curse put upon him, the entity by nature begins to become fearful, negative and apprehensive about life; therefore, losing their own confidence and good feeling about themselves and their self-image begins to wane and become tainted.



This Awareness indicates when this occurs, by nature they draw in negative experiences, rejections, or they create by their attitude expressions which result in rejections or negative experiences. This Awareness indicates that once the entity accepts the curse, the original sin, the concept of being in error, the concept of being abhorrible for having made a mistake, the entity is a prime target for some kind of redemption, and the redemption then comes usually with a price.

This Awareness indicates the psychic may charge several hundred dollars for removing the curse; the priest or religious minister may require that the entity follow certain programs for the rest of the entity's life, including a penance, a tithe, a donation, or the sale of his children to the church for continued participation of the program that will lead to redemption. This Awareness indicates the psychiatrist may charge large amounts of money for the cure—the sessions and counseling that brings about the cure. This Awareness indicates in the case of the psychiatrist, these entities generally are not the persons who go out to convince entities that they are sick, but that in some cases, these entities do operate in this manner. Whenever a person comes in for questions they begin to probe and discuss, and if business requirements and ethics are low, the entity counseling the patient may actually bring on greater significance to the patient's problems in order to assure that the patient gets into deeper consultations and more involved levels of counseling, thereby running up a greater bill.

This Awareness suggests that wherein you enjoy spreading stories to others about your mistakes; wherein you think your mistakes are of such magnitude that they should be given headlines in newspapers; wherein you feel that everyone around you is just waiting in great anticipation to find out if you have made a mistake in your life; wherein it becomes significant to you to share all of your errors and blunders, your mistakes and your sins with others, this Awareness suggests that you tell all those who are interested until you have relieved yourself of any feelings of guilt. This Awareness suggests however, that wherein you grow tired of telling your mistakes to others, wherein others cease to appreciate the magnitude of your mistakes, wherein entities do not drool and stand in awe over your errors in the manner you might expect, and you begin to grow concerned that your mistakes are not intriguing enough, this Awareness suggests you may decide to go and tell your mistakes to an animal, a tree, a telephone pole. This Awareness suggests you may even acknowledge the mistake in your own mind and move on, recognizing that you have made a mistake, and learning a lesson from this. This Awareness indicates you may even play the part of the priest, the psychiatrist, the minister, and may even recognize the divinity within yourself that forgives and allows you the right to make mistakes.

This Awareness indicates that wherein entities prefer to create a science of forgiveness and confessions, that it is a profitable business venture which could be pursued. This Awareness suggests that you could also create a business whereby public servants or professional listeners could be on call for entities to confess to. These counselors or listeners could have a professional integrity which would not allow them to repeat any confessions they have received. This Awareness indicates that the business could be quite beneficial in terms of money, if entities wish to get into the act of relieving consciences, and if entities feel it is necessary to relieve their conscience in confessions.

This Awareness suggests that you have within you that awareness which knows the truth of what has happened; and wherein an entity recognizes that awareness which knows the truth of what has happened, it becomes somewhat absurd to ignore that awareness and instead to go out and confess to someone else, who is not even involved in the experience, and may even be disturbed at hearing of the experience. This Awareness suggests that a confession or an acknowledgement that the awareness within you knows the truth and that there is no way to fool it, even though you may seek to ignore its presence, such an acknowledgement is sufficient. This Awareness suggests entities seeking to ignore that part of themselves which knows the truth, are simply attempting to fool their own Divine Spirit: this being the basis for confessing to others.

This Awareness indicates that it is likened unto one ignoring the God-self within, running over to tell another entity and hoping that the other entity's God-force will speak through that entity and forgive you for having committed this action, and leaving your own God-force awareness out of the situation entirely.

This Awareness indicates this as a game with oneself—that there is nothing wrong with this game, for the God-self in the other entity is in connection with the God-self which is within you, and the God-self within you *knows* the game you are playing, and forgives. For it is forgiveness, and has no particular demands upon you; it is only there to assist you in your development and growth, and awaits your recognition and attunement with it.

This Awareness indicates that the God-self within entities does not demand perfection; it simply gives guidance and assistance, so that entities may move toward perfection.

HOW TO OBTAIN A BETTER SELF-IMAGE

QUESTION:

A question from L.P. of Chicago: "Awareness, is there an exercise we can do to develop a greater sense of self-worth about ourselves, and higher self-esteem?"

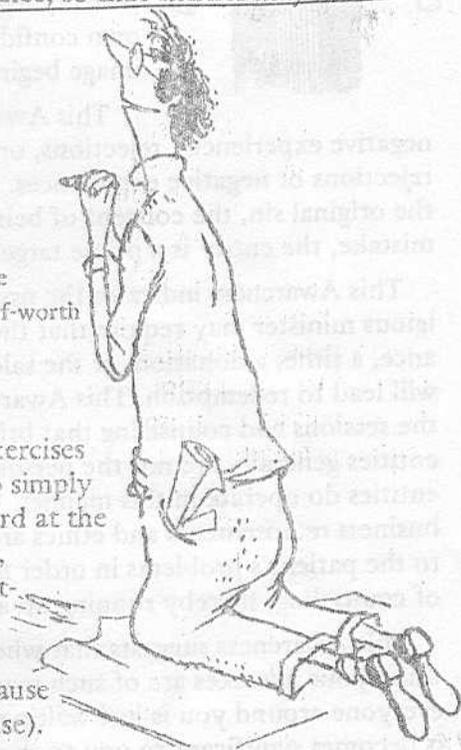
COSMIC AWARENESS:

This Awareness indicates there are *so many* various exercises—from meditation, to affirmations, to psychotherapy, to simply looking through your concepts of self, to looking outward at the needs of others and forgetting self, to identifying with the Spirit within oneself, rather than with one's behavior, appearance, relationships or other surface identifications—this Awareness does not know where to begin in answering this question. This Awareness has given the Basic Development Classes which lead entities from self, into super-self, or Universal Self. This Awareness asks for a pause whereby a look may be given to discover some simple exercise.* (Long pause).

This Awareness indicates that there are ways whereby entities may look at their good qualities, those qualities and performances which they admire—listing these. This Awareness suggests that these entities may also look at the qualities which they do not desire to keep, and list these. This Awareness suggests that in order to raise your self-esteem, you must first accept yourself as you are. This Awareness suggests that you put down everything you do not like about yourself on a piece of paper. This Awareness suggests you put down everything you *do* like about yourself on another piece of paper. This Awareness suggests that you draw a circle, and within that circle put all of those things which you like about yourself, and all of those things which you do not like about yourself, into that circle. This Awareness suggests you throw away the first two papers and keep the one which has all of your qualities, favorable and unfavorable, within it.

This Awareness suggests that you then place that paper upon the wall, where you can see it often, and write upon that paper, "This is how I see myself." This Awareness suggests that you not write that you do or don't like this or that quality; you simply write, "This is how I see myself." This Awareness suggests that each day you look at that paper, and when you can accept that paper without an emotional charge, without feeling guilty about those areas you don't like, without feeling vain about the areas you do like, then you may take the paper down. This Awareness suggests that you not take this down until you have no more feeling for it. This Awareness suggests however, that you read these words over, these descriptions over, each day—that you not ignore the paper. This Awareness indicates that once this has been taken down and there is no more feeling on this, you may then begin to watch yourself, as though you were reading these actions, these descriptive terms within yourself, as you move out into your society—seeing these descriptive terms rise and express themselves in your relationships with others, and observing these without judgment, without hostility, without great emotional charge—just simply observing yourself and accepting yourself for what you are.

* The Basic Spiritual Development Classes mentioned are currently being offered by the Aquarian Church of Universal Service in Portland, Oregon to entities in that area. However, the Interpreter is planning to make these available to other Awareness groups around the country—possibly with the use of tapes. More on this will be published later.



This Awareness indicates you will then begin to notice that certain qualities become useless to you, and will fall away. This Awareness indicates they do not fall away because you *dislike* the qualities, because you *hate* certain things about yourself, because you *reject* certain things about yourself; but they fall away because they are no longer workable or useful to you. This Awareness indicates meanwhile, you will discover that other qualities become more emphasized and useful to you, and are more helpful in your relationships with others. In this manner there becomes a change in your being which is not based on like or dislike, but based rather on effectiveness and appropriateness and the mere enjoyment of clearer relationships with others. This Awareness indicates that this then begins to create a greater acceptance of yourself as you realize that others accept you also, and that you are progressing in your learning—about yourself, about behavior, about relationships with others.



This Awareness indicates that each entity needs to become special, and to become efficient in at least one area of activity which is rewarding to them. This Awareness indicates that wherein an entity feels he or she cannot do anything particularly well, and simply sits back and lets others do it for them, these entities cannot expect to have a good self-image, or to feel good about themselves and their lives. This Awareness suggests any action whereby you become especially adept or good at that action, this builds your self-esteem; that the more you can accomplish in terms of skills and talents, the better you will feel. This Awareness indicates however, that the most important area for self-esteem is your *attitude* toward yourself and your relationships with others. This Awareness suggests you learn first to communicate clearly with others without fear of being rejected, without fear of being insulted, without playing games with others—the game of attempting to manipulate others through emotions, manipulate others through martyrism, manipulate others through use of guilt-projection, or accusation or judgment or expressed hostilities, or exaggerated hurt feelings or exaggerated attacks on their slights—these kinds of simply little relationship techniques of manipulation are those things which are most damaging to good relationships with others, and therefore create a reaction within the entity so that one cannot feel good about oneself. This Awareness suggests that to feel really good about oneself, one must first be in total harmony with oneself, with the Universe, so that your good feeling does not depend entirely on the reactions of others. This Awareness suggests that you concern yourself with the *Cosmic Laws** and principles of good relationship, rather than concerning yourself with whether or not the other person appreciates you enough, whether or not you have been violated.

This Awareness suggests that if you feel violated, if you feel hurt, if you feel slighted, if you feel guilty, if you feel anger—whatever these feelings are—you are free to express these feelings to others, and may by necessity, express these feelings in order to relieve yourself from the intense energy which these feelings cause. This Awareness suggests however, that there is still another level which must be examined: This Awareness indicates that every entity has the right to express oneself. That is not the question; the question is: is it essential, is it necessary to express yourself, and is that expression truly justified? This Awareness indicates that many entities build up feelings within themselves, then burst forth with the expressions, and find that the expression of that feeling had no basis whatsoever—the feeling was not justified in the first place, and the expression did great damage to the relationship. This Awareness suggests that this kind of relationship cannot create good feelings about yourself.

This Awareness suggests that rather than allowing things to reach an emotional level whereby feelings grow intense, this Awareness suggests that when these first begin to build within one, that you calmly and rationally and clearly make the attempt to communicate with the other person, or with those who are involved in creating the feelings, which need to be examined. This Awareness indicates that through calm discussion, much can be solved. This Awareness indicates however, that wherein others do not wish to discuss, wherein others are using emotion, using silence, using blocked communication, using other techniques to manipulate you, to control you, to keep you from advancing or having a clear relationship, then you are justified in using emotion, in using feelings, or in leaving the situation entirely and moving elsewhere for clearer relationships.

This Awareness indicates this discussion of emotions and relationships as the greatest contributor to poor self-image, is that which may be helpful to you and to others in finding your proper balance and harmony and integration in your society and universe. This Awareness indicates that essentially, the relationships with others contribute, to approximately 75% of your self-image attitudes, that your personal accomplishments will contribute the remaining 25%—this personal accomplishment being in relation to spiritual, social, mental, artistic, creative and scientific accomplishments. These accomplishments of the 25% level basically are for self-esteem relating unto ego or pride; that the true accomplishments of social relationships claim acceptance by others are relating unto approximately 75% of the self-image entities hold.

* "The Cosmic Laws of Cosmic Awareness" booklet, available from C.A.C. (\$3.00).



THE BIRTH OF SAINT "TWINKLE"

(For the New Age: A Patron Saint of Joy, Happiness and Enlightenment)

How to create an archetype as good as any of the 'Ascended Masters'
or Saints of the Catholic Church etc.

QUESTION:

A question from M.L. of Coal Center, Pa. "St. Jude, brother of Christ, an apostle, is hailed by the Catholic Church as the 'Saint of the Impossible'. Prayers to him work when all else fails, and hope is despaired. Do certain souls or angels have special powers to help when others can't? Are we interfering with someone's karma by praying that their situation would be changed to a happier situation, and if St. Jude is now incarnated on the Earth Plane, who is working all these miracles?"

COSMIC AWARENESS:

This Awareness indicates that information has been given on how prayers work.* This Awareness also indicated that these archetypal energies of the various saints are simply represented by these archetypal forces or names. This Awareness indicates the energies exist when these energies are *created* and the names which are applied to these energies may vary.

This Awareness indicates that wherein an entity wishes to tune into certain energies which have been named or exemplified by a personality, which does or did once exist, the entities may tune in according to their own faith, according to their own belief, according to their own sensitivity in the action of such attunement. This Awareness indicates that it matters little whether an entity is, who has had certain energies named after the entity, or whether the energy was created by that entity; it matters not so long as entities can tune into those energies, either through that name or some other. This Awareness indicates that for example, suppose an entity named 'Twinkle' should create a certain type of behavior which caused others to feel enlightened just by thinking of that entity 'Twinkle', and the enlightenment brought joy and happiness to these entities. This Awareness suggests this may simply be a cartoon character who becomes famous so that all persons on Earth know who Twinkle is—it matters not whether this is of a spiritual hierarchy or a fantasy level. This Awareness indicates that wherein Twinkle becomes the exemplary force for enlightenment and happiness and joy, then when any entity who accepts this concept and any entity wishes to receive the benefits of Twinkle, all that entity needs to do is open himself to the energies of Twinkle. This Awareness indicates the action of praying or prayer, or petitioning for help is simply an action of opening oneself to receive the benefits from the object of prayer, petitioning for the help desired; therefore an entity in observing Twinkle, wanting to receive the joy and enlightenment which is exemplified by Twinkle, simply opens up to receive these.

This Awareness indicates if this entity is a cartoon character, then the person will see this cartoon character Twinkle as something enjoyable and will simply receive the benefits by thinking of this Twinkle or by reading a comic book of Twinkle, or watching a movie of Twinkle, or having a statue of Twinkle nearby as a reminder of the enlightenment and joy which the entity exemplifies. This Awareness indicates however, that if Twinkle is made a saint, then used in a hierarchy religious system, then the entity might feel more inclined to pray to Twinkle in order to receive these benefits. This Awareness suggests that this also is a similar way of opening oneself to receive and petition for the energies which Twinkle exemplifies. This Awareness indicates that wherein an entity is billed as the one who comes through when all else fails, this then becomes a kind of energy which is emanated by that entity's reputation, so that if you do not believe in the others enough to receive their benefits, but you believe that this entity St. Jude will come through even though the others have failed, then you can petition this entity and if your faith is strong enough to receive such energies, and if you open yourself enough to receive these, then indeed you have created the proper situation, the vacuum which allows for the influx of the energies which you request.

This Awareness suggests that you may experiment with this concept if you desire by praying to Twinkle for enlightenment, joy and happiness, and consider Twinkle as a saint which this Awareness presents to you at this time. This Awareness indicates that after you have proceeded in this manner for some time and have reaped the results of your experiments, this Awareness suggests that you then consider Twinkle as a cartoon character and may wish to draw Twinkle, and notice the feeling which you receive from Twinkle when looking at the drawing.

* 'Revelations of Awareness' No. 79-22 (A Petition to the Inner Planes to Bestow Riches Upon Light Workers) \$2.00 from C.A.C.

This Awareness suggests that the entity Twinkle will need to be described as we create this entity so that all are visualizing the same character. This Awareness suggests that this be a five-pointed star with a smiley face in the middle, likened onto the face which has been used recently with the phrase, "Have a happy day". This Awareness suggests that this five-pointed star with its smiley face be titled "Twinkle"—that this may be the name placed beneath this star. This Awareness suggests that you may place this as a diagram, drawing or picture, upon your wall in your room, or wherever you spend time, and you will begin to notice that it has an uplifting effect on your day, on your attitudes, and brings about greater feelings of happiness, joy and enlightenment. This Awareness indicates that you may even title this entity as Saint Twinkle.

Editor's Note:

Awareness has referred to St. Twinkle in later readings than this particular one and suggests that within 15 to 20 years St. Twinkle will be a viable entity with a personality and channeling messages to many entities on this plane—messages expressing joy, happiness and enlightenment. This can happen much sooner than this if entities will start energizing St. Twinkle. The C.A.C. membership is asked to now start including St. Twinkle in their prayers, meditations and energizing to help bring this entity into being. (Move over St. Germaine)



WITH ALL THE CRIME, BLOODSHED, VIOLENCE
GOING ON IN THIS WORLD, HOW LONG MUST THE
MASSES OF DECENT PEOPLE WAIT FOR THIS WORLD
OF BARBARITY TO CHANGE ?

(Excerpt from a C.A.C. General Reading)

July 16, 1979

QUESTION:

A question from D.S. of Miami, Florida: "Those who have been for some time predicting a depression as foreseen by Awareness, now find themselves in the positive position of bale prophets, so to speak. No doubt there are many revelations yet to be made; but the question that comes naturally to mind, even as we breathe a sigh of relief now that the Battle of Arnegeddon does not have to be fought out on the physical plane, yet with crime rapidly increasing and bloodshed the order of the day in many countries around the world, how long, measured in hundreds or thousands of years, will it be before some vestige of civilization may begin to manifest itself on our plane? From the occult point of view of course, one can reach a level of peace only by rising to a higher plane, but is there no real relief in sight for the masses of decent people who long for fairness and a respite from the barbarities of everyday existence? We are told that one cannot become a god until he has plumbed the depths of degradation, yet one feels an inner prompting to hope and to make efforts in the right direction."

COSMIC AWARENESS:

This Awareness indicates within a quarter of a century this Earth will be a totally different place. This Awareness indicates within ten years, the consciousness level upon this Earth will have transmuted so greatly that even those areas which appear as barbaric and dark in this time will begin to experience and express the spirituality which is sweeping across other nations in the so-called civilized world. This Awareness indicates that all things take time, that consciousness is rising, the temperature is under the boiling pot and is increasing daily. This Awareness indicates that as this increases, and the melting pot of humanity becomes hotter and hotter, the identifications and differences will begin to melt away and all will merge and blend into one level of consciousness—that being the level which seeks harmony in all things.

This Awareness indicates that the suffering of the multitudes has been sufficient—there has been enough—that it now simply a matter of waking up those who still believe in the old ways and allowing these entities to know that there is something *new* — a new way of relating, a new way of communicating and sharing that is not based on power and control, sadism and masochism. This Awareness indicates that you must remember that fifty years ago many of these entities in the present world's civilizations were of a completely isolated culture, and in many cases were deeply involved in barbaric actions of cannibalism and similar atrocities toward others. This Awareness indicates that this in fact within twenty years has been the case in some circumstances. This Awareness indicates that as consciousness increases, as the communication between nations increases, the speeding up of development of the human experience is that which also increases in an accelerating manner.

This Awareness indicates violence finds great difficulty when under the spotlight of attention, particularly when all of that which is looking opposes the violence which is occurring.

HOW CAN WOMEN GET RID OF FACIAL HAIR?



QUESTION:

A question from F.J. of Detroit, Michigan. "Dear C.A.C. I have a health question that will be of interest to women all over the country. I would like to ask Awareness what women can do about facial hair. Women with too much facial hair must lack something in diet. What do they lack, and are there other reasons besides diet and what can one do about it?"

COSMIC AWARENESS:

This Awareness indicates generally relates to hormonal balance in the glandular system. This Awareness indicates the Dr. Christopher manual as that which has a formula for estrogen, this in an herbal formula.* This Awareness indicates this can be of benefit, particularly to those younger girls who are growing through puberty and who begin to notice this occurring to them. This Awareness indicates that for those who are older, this can have some effect, but that this may be slower.

This Awareness indicates there are also cosmetic procedures for electronically removing hair from the face, that you may find this in your communication with beauty parlors and cosmeticians.

* Dr. Christopher's herbal formulas can be obtained from the following address:
U.S.S. GOODSHIP
P.O. Box 40083, Portland, Oregon 97240. (Send \$1.00 for complete catalog : 'Herbal Awareness')

MAGNETIC NECKLACES AND MAGNETIC PLATES.... HOW EFFECTIVE ARE THESE NEW ITEMS ?

QUESTION:

We have received a letter from the Spectra Center of Pensacola, Florida, which has asked us as a New Age group to distribute to our membership or make available to our membership what they call a 'Bio-Magnetic necklace', which has been on the market for some time and which they don't advertise but it sells by word of mouth. It is made in Japan, and according to them has all kinds of mystical and health-producing and healing qualities. I'll quote a little bit from the literature: "The Bio-magnetic necklace is produced in Japan and has proven itself to be a truly important medical appliance. The necklace consists of ten small magnetic beads of specific magnetic strength. It is said that this produces a proper magnetic homogeneous field which simply raises the wearer's immediate magnetic field. Homogeneous simply means a magnetic field of even strengths of positive and negative poles. The greater field is very beneficial to the wearer. The Bio-magnetic plate, which is another item, is produced so that one side of the plate is North or negative, and the other side is South or positive. It has been shown and proven that each pole of the magnet has specific effects on the living system. Always keep the following in mind—the South pole of the biomagnetic plate encourages life, all life forms, this includes living, invading bacteria, germs, cultures etc. They too would be encouraged since the magnetic field does not differentiate between good and bad, thus the South or positive side should never be used when infection exists. The North or negative side of the biomagnetic plate arrests, slows, controls many forms of invading life forms—disease, swellings and pains." And it goes on and on talking about how you can put these in water cups, and drink the water which will dissolve kidney stones and many other things, and I'd like to ask Awareness if these items are valid and would help our membership if we made them available to them?

COSMIC AWARENESS:

This Awareness indicates that this is effective and can be of great benefit to entities. This Awareness indicates these as being but a beginning action in the fields of electromagnetism, that there shall during the next 25 years be brought forth tools from the electromagnetic field which can be of such great benefit to humanity that this will create an entirely new medical system. This Awareness indicates there already exists in hiding and within certain places, in the hands of a few entities, electromagnetic machines which have healing powers beyond anything imag-

inable at this time, but these fields of energy, these machines and tools cannot be brought forth until the present control from the established bureaucracies and medical association is released so that entities have the freedom to experience these new healing devices. This Awareness suggests that this particular item described as that which is beneficial, that also the plate in the water is beneficial when used properly.

This Awareness suggests also that the entity Sam Millar as having the plans for a kind of polarizer which can double the lifespan of entities and create greater health and happiness throughout the lifetime. This Awareness indicates that *It* desires to see this entity produce this, and that within a future time, this Awareness suggests that C.A.C. may solicit funds for this entity to produce this tool with the condition that as the tool is produced those entities who have contributed to this may receive a discount in the amount which has been contributed, or whatever other arrangement you and your members wish to agree upon. This Awareness suggests the particular items mentioned as being beneficial and worthy of C.A.C.'s interest and concern.

ED's Note: On the strength of this reading, C.A.C. has become a distributor of the magnetic necklace and the biomagnetic plate mentioned. We listed these two items in our Christmas (1979) sales catalog and promptly sold out. We have reordered a large quantity of these items, but since they must be shipped from Japan, deliveries sometime take a while. C.A.C. members who wish to order these items, prices are as follows: Biomagnetic Necklace (designed for both men and women) \$19.95. The biomagnetic plate: \$19.95 plus \$3.00 postage (it's heavy). Both available from C.A.C. Since we can not make any claims on these items, they are being sold only as 'experimental' items with no medical claims. For more information on biomagnetics, we suggest you also read the book, 'Magnetism And Its Effects on the Living System' by Albert Davis and W.C. Rawls Jr. (Available from C.A.C., Price: \$8.50) All three of these items are listed in the Back Issues Catalog Number 3.

The entity Sam Millar, mentioned in this reading, has completed several workable Polarizers—one now in the C.A.C. office, the other in the possession of Paul Shockley, Interpreter. Sam is in the process of producing about 12 smaller versions which will sell for about \$500. Each unit is hand made from scratch, magnetics hand-wound, and takes about 10 working days to complete. He hopes eventually to find ways to cut the costs on these devices, but at this time \$500 is the price he is selling them for. (CAC will receive a percentage of any sales made to members). Entities interested in purchasing one of these polarizers should contact CAC. Sam has written up a progress report and explains more about these. We will be happy to send a copy to those who are genuinely interested in obtaining one of these new machines from Sam. Rather than ask the membership to contribute to a research fund at this time so Sam can produce these Polarizers in great quantity. Sam prefers to make a few dozen, and if they sell, to use the proceeds from these sales to see if he can locate a factory which will mass-produce them for him. At this time, Sam does not wish to accept more than 12 orders for the Polarizer.

(MORE ON PROPHECIES)

ANOTHER PREDICTION BY AN 'ASCENDED MASTER'

(So Long, Los Angeles)

QUESTION:

(From a C.A.C. Reading, Dec. 14, 1979)

We had the questioning last night on various types of channeling, and there was one following question we didn't get into sent in by H.B. of Kansas City. She sent this particular letter to the Interpreter and I'll read her letter and the letter she sent with it. "I feel just like I imagine Noah felt when he had his ark completed and implored the people to get on board, all to no avail. I just can't see why they doubt Awareness' message because they all sound logical to me. This is a reply to the issue Awareness wanted us to circulate (The Eve of World War 111). I sent out 14 copies. What do you make of this prediction? Is it authentic? Perhaps Awareness will enlighten us." And it was a letter from the New Age Church of Christ World Mission Center in Washington, D.C. in reply to her request to notify his membership of Awareness' meditation to transmute the Beast energies. I will now read his reply:

"Your letter has been forwarded to me here in Washington. If the spiritual hierarchy wanted to give us the information that I have just read, we would have had it given to us long ago. The last thing that they wish to do is to spread fear and confusion amongst us. When we are supposed to know something, we are told. Just as we have been told about the impending catastrophe on New Year's Eve, this was given by Beloved Helios on September 13, 1979, in San Diego. It will be published in the January issue of the *Word Journal*, that Los Angeles is to be wiped off the face of the earth. These were his exact words and it is a sign that heralds the end of the world as we know it. Keep this under your hat for it is not supposed for this information to get out ahead of time; other organizations could get hold of this and use it to justify the legitimacy of their so-called channels. This is why El Centro experienced that massive earthquake yesterday at 4 P.M., exactly eleven weeks to the absolute minute from New Year's, 4 P.M. is midnight in Los Angeles—the shocks continued on into the night and the Great Ones told me that they were having a dress rehearsal and also settling the lower half of California so that the earth's rock structure there would be better able to stand the shock when Los Angeles was broken away from the mainland. All north and south of L.A. will be spared,—incidentally, this quake was the most powerful to hit the U.S. mainland in over 8 years. So this is the sort of thing that we are aware of and this has meaning for each and every one of us. See the difference?" It was signed Peter H. Lewis, Director of World Service and Oracle. I would like to ask Awareness to comment on that.

COSMIC AWARENESS:

This Awareness indicates that the entity, assuming to know that the city of Los Angeles will sink into the ocean, break away from the mainland on New Year's Eve, yet does not wish this information to be released. This Awareness indicates that the information and the approach to this generally speaks for itself, that the message which this entity is attempting to convey is that they have the answers which others do not have, but they do not wish others to have this information. This Awareness indicates the entity as sheltering the information from other groups to prevent other groups from taking credit for his information, yet the entity as also preventing citizens of Los Angeles to have this alleged important information. This Awareness suggests that the information may be essentially ignored as it has little substance other than as an issue in a personal letter to this entity.

This Awareness indicates that there does appear to be an increasing tendency toward earth movements around the entire ring of fire on the Pacific Coast, in the Asian and North American continent in particular, that this also will include areas in the South American continent and Australia and New Zealand as well as the Philippines. This Awareness indicates that this to increase even more during the coming four years.

This Awareness suggests that entities who happen to be in Los Angeles on New Year's Eve need not spoil their parties by attempting to warn one another of the impending crisis, for this will not occur at that time.

ED's Note: Any CAC members who may happen to subscribe to this magazine 'Word Journal', we would appreciate knowing if this prediction did appear as promised by the World Director and Oracle in the January issue. If so, we wonder if the February issue might contain something funky that possibly could get Beloved Helios off that limb he was sawing off while sitting thereon?

WHY 'LIGHT GROUPS' IGNORED THE BEAST INFORMATION

QUESTION:

This is a typical type of response that we've gotten from sending out the Beast material to these alleged 'Light Groups'. There's usually no response or a totally negative response, but yet in their publications there is a lot of negative information like impending earthquakes and disasters that are coming, and it's sort of ironic that they reject the Awareness information as irresponsible and scary.

COSMIC AWARENESS:

This Awareness indicates that essentially groups which predict earthquakes and natural calamities and the fall of empires and the coming of space ships or space wars or of attacks by aliens, such predictions can be used by many groups to scare entities into following the dictates of that group and yet remain safe from the IRS or the government. This Awareness indicates that many of these entities are fearful of discussing anything which borders on that which is associated with, or even closely linked to areas considered as political, for they might lose their IRS exemption. This Awareness indicates that because of this fear of the attack on their pocketbook many of these organizations totally shy away from considering or concerning themselves with violations on this plane which deal with the money changers or their manipulative techniques, even though many of these techniques are out to destroy freedom of religion. This Awareness indicates therefore, these organizations refuse to comment or to adhere or to recognize the validity of such information relating to this type of money-changing controls or manipulations, but instead concentrate on the other negatives such as the end of the world, the destruction through earthquakes or other natural calamities, warning their members of the impending doom that only those who follow their teachings and their masters will be preserved from the coming calamity. This Awareness indicates that this assures the organization that they will not be attacked by the government or by any of the money-changers or systems which are in fact major forces working and threatening the churches and religious organizations.

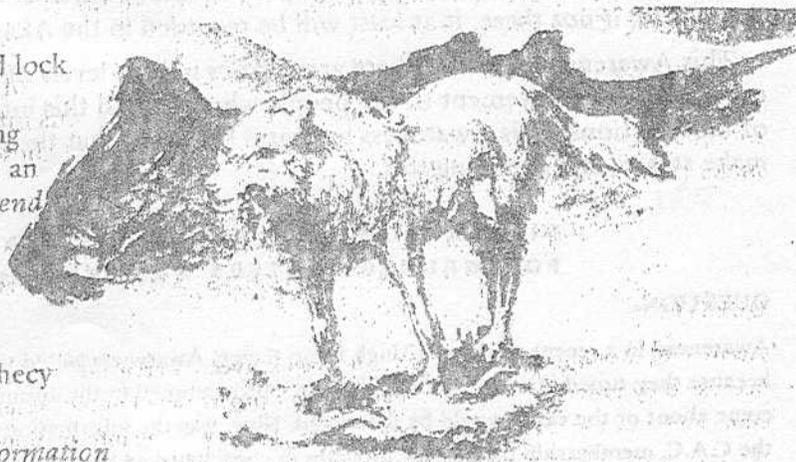
This Awareness indicates that essentially the material which this Awareness has given has been classed by many of these organizations as negative. This Awareness indicates that a message given yesterday will explain the difference between that which is negative and that which is positive action about negative events or energies.*

*ED's Note: Awareness is referring to a reading concerning Grokking and other forms of channeling UFO entities—some of whom were sending true and positive information and some who were using the channels of entities for negative energies of the Dark Force. This reading will be published later.

This Awareness indicates that these organizations claiming to be positive, feel that it is safe ground to predict impending natural calamities as long as they keep this in the near future but do not give exact dates or the years wherein the events are to occur, for exact dates wherein the events are to occur can cause them trouble at a later time if these events do not occur on schedule. This Awareness indicates that therefore, the organizations may remain vague about the impending doom, yet dangle this doom in front of the entities with the precaution and warning that if they fail to follow their teachings, this calamity will surely catch them. This Awareness suggests that this technique has been used by religious organizations for thousands of years and has a very powerful effect in terms of brain-washing or mind-control techniques.

This Awareness wishes to comment that there are also many entities who in reading the *Gathering Storm* material wherein a precise date was given—the 29th of October, 1979, as being the date planned for the beginning of the economic depression or the economic collapse in the United States—this date being planned by those who were at that time in power—this Awareness indicates that many entities now are objecting because the collapse did not occur on time, just as many objected when the nuclear war did not start in May of last Spring. This Awareness indicates that the very purpose of a warning is to rally assistance to change that which is threatening. This Awareness indicates this is likened unto an entity telling another there is a big wolf coming—it will be at the door in five minutes, and unless something is done quickly it will gobble you up at 10:05 P.M.

This Awareness indicates wherein entities rally and lock the door, and take precautions against the big wolf, 10:15 may come and pass without the event occurring as prophesied. This Awareness indicates that wherein an entity wishes to ignore the fact that the wolf *did intend* to meet that date and deadline, but was thwarted by forces outside or hindered by the locked doors, the entity may conclude that the prophecy was in error or, if recognizing the occurrence as it happened, may realize that the prophecy was changed.



This Awareness indicates that *It* had also given information prior to October 29th that the forces in power had changed and that the general conditions, while continuing along similar lines would not be quite as intense as had previously planned, and the exactness of the program was no longer under the same planning or the same conditions. This Awareness indicates that entities ignoring these later readings of this Awareness refer back to that reading which was given one year previously and assume that if Awareness cannot be 100% correct *its* prophecies then *It* is not valid. This Awareness indicates that those entities may in retrospect, in future times, reflect back and realize that the crash came two weeks earlier, around the middle of October, and that the effects will be felt in greater levels during the Winter and Spring of the year 1980. This Awareness indicates that as entities begin recognizing that indeed the economic collapse is occurring, there will be some realization that the prophecy was not exactly in total error. This Awareness indicates however, that even still, the future is not fixed. This Awareness has attempted to inform entities of the various forces in motion, and these forces which are in motion at various times are subject to many changes, for mind can make the changes at any moment and a small change of mind can create great changes through the *Law of Leverage** at future moments.

This Awareness indicates that there are many entities who read of predictions of the past, which were proven, according to the texts, to have been 100% accurate. This Awareness indicates that there are few, however, who can prove that the texts are 100% accurate in their reporting of these 100% accurate predictions. This Awareness indicates that this simply is something which must be accepted on faith, that these predictions were 100% accurate, for often those predictions are never made public beforehand or are made public only to a select few friends, or are reported entirely after the events have occurred. This Awareness indicates that for entities to expect 100% accuracy in predictions, the most reliable force is through those who have special insight or special inside information about events which are programmed and planned by the world manipulators. This Awareness indicates that this can yield almost exact information so long as these world manipulators are not being thwarted by any other forces and can carry off their plans as scheduled.

This Awareness indicates that another way of making accurate predictions about the future is to remain vague, to put the information in parables or riddles which can have a multiplicity of meanings and can be interpreted after the event to appear to have applied to the particular meanings. This Awareness indicates that to describe precisely what is to occur is a very difficult trick, that astrology can be of great help in such predictions, but even there the forces can be transmuted to apply to other levels of expression, rather than to simply one type of expression. This Awareness indicates that therefore, even in using astrology entities must remain somewhat vague or symbolic rather than being precise.

This Awareness indicates that in trance readings, such as this, the information must come from the visualization of patterns of energies in motion, which move and which appear to be coming together at a certain time or place, the timing can be thrown off, the place can be thrown off, or the energies can be deflected by other energies which may occur, which may appear, or which may begin to move even though these may not have been seen or in move-

*Please refer to the 'Cosmic Laws of Cosmic Awareness' for a full description of this Law. (\$3.00 from CAC).

ment at the time the prediction was given. This Awareness indicates an unknown factor may always enter into the movement of energies and make a change in the course of events.

This Awareness indicates that the very purpose of giving the information in the Fall of '78 regarding the Gathering Storm was to alert as many entities as possible and in the alerting of these entities to help change the consciousness, the apathy, the lassitude so that there was an action rather than simply a passive waiting. This Awareness indicates the actions *did* occur, had their effects, that others also acted and made certain changes in the course of events. This Awareness has no apologies for the release of the information last Fall and indeed is *quite pleased* with the response of the readers to the material released, for in future times this event will be recorded for history, either in public domain or, if not there, it at least will be recorded in the Akashic Records.

This Awareness indicates there are entities in high levels of government who recognize the importance of what occurred, the involvement of the people who received this information, their response and actions and the effects of those actions. This Awareness indicates however, that these entities cannot at this time step out publicly and make statements regarding this.

DID C.A.C. AND ITS MEMBERSHIP MAKE FOOLS OF THEMSELVES FOR WRITING LETTERS AND INFORMING OTHERS ABOUT THE BEAST ?

QUESTION:

Awareness, in a recent reading to Hugh Lynn Cayce, Awareness stated that a lot of the groups ignored this *Gathering Storm* information because they tuned into the fact that it wasn't programmed in the cosmic pattern, that it had not been programmed that the war would come about or the earth would be destroyed. Now, was the information given by Awareness and taken and used and disseminated by the C.A.C. membership part of the program in consciousness that made this a fact? What would have occurred if everybody ignored it entirely?

COSMIC AWARENESS:

This Awareness wishes to give an allegory or analogy. This Awareness suggests that you suppose you are at a party—that there are certain entities at the party who wish to create trouble for you and your good name—these entities deliberately plan at this party to bring in drugs which are illegal. This Awareness suggests that these entities bringing in these illegal drugs to your party are planning to have you and your guests suddenly under the gun of the law who is scheduled to burst in and arrest everyone present. This Awareness suggests that these entities had this planned at a particular time so that the law enters, arrests you, and finds the illegal drugs just after those who planted these drugs have exited by a secret way. This Awareness suggests that this may be the plan for this evening which is known only to the select few who are planning this operation.

This Awareness suggests that supposing one of your guests begins to inform others that there is *something up*, something which is about to happen which can be extremely dangerous to all of you. This Awareness suggests sup-

posing there are certain other entities in the party representing the various groups who tell this entity, "Oh, you are such a pessimist; you are always so negative; forget this, let's have fun; this is an enlightening party, everything should be joyful and glorious. We are light workers, not spreaders of doom and gloom!"

This Awareness indicates that supposing this entity, not satisfied, continues to explore and concern himself with the situation and discovers the exact details of the plan and begins to inform others, and some of these others take special action to warn the host of what is occurring, or even to warn the police themselves that there is a particular plot to have this party busted and to have the host and guests arrested — and suppose this entity informs the police as to who is behind the operation. This Awareness indicates that then the police move in quietly in another manner, coming in ten minutes ahead of time, unnoticed and in plain clothes, catching the perpetrators redhanded in the act of planting the illegal drugs and quietly move these entities out and off to their destiny. This Awareness indicates meanwhile, the party continues and the party members and guests continue having their enjoyment.



This Awareness indicates that finally the members begin to notice that the time has passed wherein they were warned that this certain event would occur, and they turn back to the one who warned them of the event and begin ridiculing the entity and stating, "See, we told you there was nothing to worry about, you were simply being paranoid and spreading doom and gloom." This Awareness indicates this allows the guests to continue their party atmosphere, enjoying their own spirituality, enjoying their self-righteousness and their glory.

This Awareness indicates that this is a kind of analogy which may be quite closely linked to that which occurred during this past year.

This Awareness indicates that this does not mean that the guests were stupid or were fools, nor does this mean that they were correct in their assumptions that the individual who warned of this danger was also a fool. This Awareness indicates this simply means that the guests did not know what was occurring and therefore weathered through the entire party without being affected. This Awareness indicates that an entity looking back at this may ask, "What was the program or plan for the evening? Who planned the program? Was this plan to include that which actually occurred to block the frameup of the guests and the host by these perpetrators?"

This Awareness indicates that in fact, there were different levels of the plan: the perpetrators had a plan which they wished to cause and which, if effected, would have led to the arrest of many of the guests and to the damage to the good name of the guests and host. This Awareness indicates there also was the plan of the host to have a joyful party and this plan was also in motion. This Awareness indicates that also during the course of events, the discovery of the first plan led the entity to warn of the impending danger and brought about another plan, or helped to bring about another plan, which would thwart the first plan. This Awareness indicates that in this situation you will see three plans in motion—the original plan of having a party, the next plan being that of perpetrating a dastardly deed, and the next plan of blocking that dastardly deed by exposing it to proper authorities.

This Awareness indicates that on still another level, there may be that which could be called an 'overall plan', wherein some force planned to get these entities together where karma could be worked off so that all who were involved in that situation acted out various roles which they themselves were tuned into, and in this sense, this fourth overall plan which may be termed the Cosmic Plan, was carried off exactly as intended:

This Awareness indicates this as an action which may be termed 'the separating of the wheat from the chaff' or separating the goats from the sheep.

