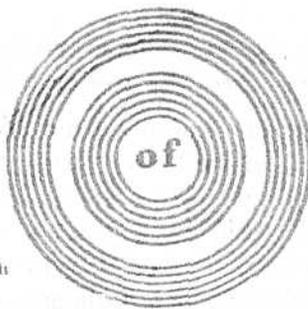


Revelations



Awareness

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The New-Age Cosmic Newsletter

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The philosophical foundation on which the New Age is being built

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



PHYSICAL BEAUTY and SELF-IMAGE

Is it vain to be beautiful ?

Why does God deny Its beauty
in some of Its reflections ?

Paul Shockley
Trance-Interpreter



HOW TO CHANGE YOUR FEATURES IF YOU DON'T LIKE WHAT YOU HAVE

QUESTION:

A question from S.S. of New York. "Concerning physical appearance—Is it superficial or unenlightened to desire physical beauty? Not as opposed to others, but for all of us who want it. If not, then why have we all been taught that beauty is vain? Why is the beauty of art and nature looked upon as sacred then? If God is the essence of beauty and we are all gods, then it just doesn't follow that He would deny us this beauty in our reflections. I suspect that He doesn't, and that my deviation from one individual's personal concept of beauty is a result of His consciousness. But if this is true, why don't His physical features conform to a lovelier self-image? I am by no means putting down the inner light that more or less transforms these individuals, but I see that kind of beauty is limited; that is, as pertaining to only one aspect. Personally, if I elect physical immortality, I don't want to be stuck indefinitely with an appearance not to my liking. Could Awareness tell us whether the same principle applies here as in aging? Are we falsely programmed to believe our bodies cannot change? What about skin color, sex, hair color, height? Is it possible to alter these using mind alone?"

COSMIC AWARENESS:

This Awareness indicates that it is possible to alter your appearance using mind alone; that this generally depends upon the development of the mind, how well the mind responds to one's desires and wishes, and how well the physical body responds to the mind. This Awareness indicates that each entity is unique and different in this respect.

That some entities have their mind created in such a manner that anything they attempt to do is blocked, because one aspect of the mind is programmed to block the other efforts of the mind.

This Awareness indicates that other entities are created in such a manner whereby they have programmed themselves to present an action, a concept, or a thought, and to follow through to its completion. This Awareness indicates much of this programming has to do with influences placed upon the entity which he or she accepted. This Awareness indicates that this is not always possible to blame such influences on others, although many do. This Awareness indicates that one child, however, may have negative influences placed upon it and may live through these negative influences and throw them off, developing those influences within himself in a manner whereby the childhood programmings do not any longer function.

This Awareness indicates that another entity may accept a programming of one type while still clinging to another programming which negates the first programming. This Awareness indicates that one cannot sit and stand at the same time. One cannot believe in one's inferiority and one's superiority at the same time. One cannot accept the incapacity to use the mind for creating purposes while simultaneously accepting the capacity for using the mind for creative purposes. This Awareness indicates this is creating a double bind wherein one negates the other.

This Awareness indicates that wherein an entity wishes to move into levels of manifesting that which may be termed 'miraculous experiences', the entity must allow the opposing beliefs to fall away and recognizing only the reality of what can be done. This Awareness indicates that entities cannot simply believe these opposition forces as having fallen away on a verbal and conscious level, but must accept this in the unconscious or subconscious level as well.

This Awareness indicates one entity may say, "I believe I can do anything with my mind, therefore I am going to manifest one million dollars by the end of this week." This Awareness indicates that the entity may even become hostile or frustrated by anyone who states that it can't be done. The entity may argue against the negativity of that person's speaking. This Awareness indicates that by the end of the week the entity will not, under any circumstances, have the million dollars unless the entity in fact believes this totally, down to the very core of his subconscious mind.



HOW TO CHANGE PHYSICAL FEATURES BY USING THE SUBCONSCIOUS MIND

This Awareness indicates that wherein one wishes to change the physical features of one's being, one must be in touch with the subconscious mind which controls and forms the physical features—must be in harmony with this level, must have close communication with this level, must be at one with this level, and must have it arranged in such a manner that it does not resist the suggestion of the conscious mind. This Awareness indicates it is the subconscious which is creating the features and the conscious mind which judges and which discerns the nature of those features.

This Awareness indicates that if one wishes to change the features of one's being, one must move into total acceptance of the subconscious being and discover why it created that type of shape and body and discover what would it take to change the shape and body into something else.

This Awareness indicates your physical features are a reflection of your soul, of your subconscious being, having some hereditary and environmental reflections which also were selected by your soul, by your subconscious, according to your needs. This Awareness indicates that if entities wish to change their physical features, they need only to become harmonious and accepting of themselves as they are, and then from there they are they may move on to become something else.

This Awareness indicates beauty is the reflection of that which is within which is beautiful; that the physical beauty reflects the inner beauty. This Awareness indicates that this physical reflection follows after the inner beauty and whereby an entity of great beauty begins to turn ugly within, the physical beauty also, slowly but surely, begins to turn toward ugliness.

This Awareness indicates that wherein an ugly being, from the physical sense, turns beautiful within, slowly but surely, the outer features begin to change toward beauty. This Awareness indicates that it takes longer for the physical to react; that it takes but a split second for the mental, for the etheric body to change from an ugly thought toward a beautiful thought, from an ugly expression or attitude to one which is beautiful. And as these beautiful

expressions and thoughts begin to multiply, one upon the other, the etheric and mental bodies begin to have their effect in changing the astral, in changing the emotional bodies, and before long the astral and emotional bodies begin to take on that beauty. This Awareness indicates that given enough time, the physical then begins to respond to the astral and emotional bodies and it, too, begins to merge toward that which is beautiful.

This Awareness indicates that *It* does not wish entities to prize the beautiful body at the expense of the beautiful inward development, *for that is the source of all beauty*. This Awareness indicates there are too many entities who have through great effort moved in those levels of high awareness, of beautiful thoughts, beautiful expressions, of living loving concerns, who have created beautiful inner beings and in the process have developed beautiful bodies, and then, by focusing upon that body, who have forgotten the inner beauty and have played up the outer beauty while the inner beauty began to wither and die, leaving an outer shell covering a grotesque and ugly being which the entity despised. This Awareness indicates such entities soon begin working desperately to cover their outer body with greater and greater cosmetics, with paint, with special attention and care to hide that ugliness which they feel inside. This Awareness indicates that such outer concerns do not change that which is within, but are changed by that which is within.

This Awareness suggests that entities who have beautiful features, entities who have features which are not considered beautiful, may indeed beautify themselves externally, but this Awareness suggests that the greatest work you can do in terms of beautification of self is to work with that which is within, for that which is within is that which soon shall manifest without.

QUESTION:

The entity Oscar Wilde wrote a so-called fantasy years ago called *The Picture of Dorian Grey*. From what Awareness has just said, it sounds to me that there was more truth than fiction in that story. Would Awareness agree?

COSMIC AWARENESS:

This in the affirmative.

More on the Story of Snow White

This Awareness suggests that there is seen further information pertinent to the previous question which this Awareness would like to share at this time. This Awareness indicates that the fairy tale whereby the queen looks into her mirror and asks the magic mirror, "Who is the fairest in the land?" And the mirror always responds that *she* is the fairest in the land. This Awareness indicates that eventually there came a time whereby the mirror stated that, 'Snow White' was the fairest in the land.

This Awareness indicates the mirror as being that truth of crystal-clear consciousness; the queen being the entity who seeks to be the highest and best, and Snow White being that purity within, which is the Christ Consciousness, which is the innocence of love. This Awareness indicates whereby an entity begins to prize their own beauty to the point whereby they forget love and accentuate vanity, such entities lose their beauty quickly.

This Awareness indicates that the story of Snow White as a mystical story. The seven dwarfs as being the chakras, Snow White being the crystal-clear consciousness which the queen hoped to destroy through the poisonous apple. This Awareness indicates that the seven dwarfs or chokras nursed the crystal-clear consciousness back to life.

THE STRUGGLE TO STAY SLIM..... IS THIS A KARMIC PUNISHMENT ?

(Some Advice for Nursing Mothers)



QUESTION:

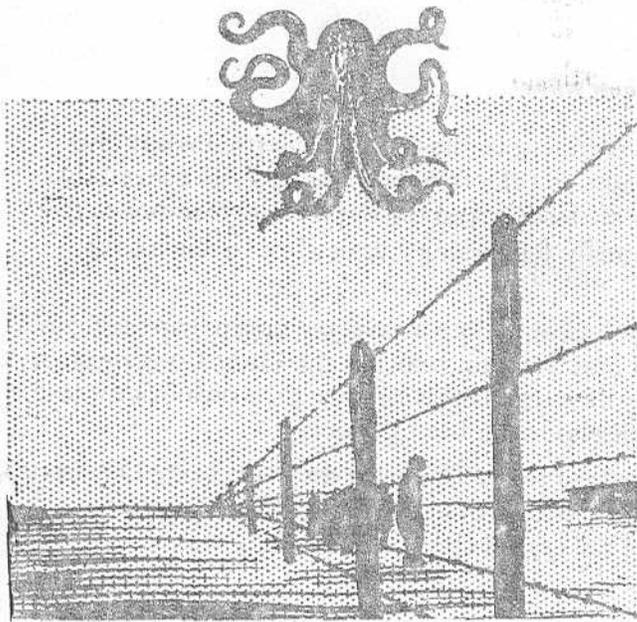
Along this same line, we have a letter from G.M., who asks: "If a person has a kind of metabolism that anything but minimal eating makes him fat, what karmic offense is he paying for? I have struggled against fat all my life and managed to maintain a relatively athletic, slim body only by constant agony of starvation, smoking cigarettes, and sometimes even taking diet pills. I am 30 years old and haven't yet found a healthy way to be slim, so I must have some terrible debt to pay from a previous lifetime to suffer this way."

COSMIC AWARENESS:

This Awareness indicates this has much to do with childhood metabolism. This Awareness suggests that there are certain infantile levels in your subconscious which have not been accepted and released. This Awareness suggests there were certain frustrations in your childhood whereby upon you forces acted during your feeding which were of a disturbing nature. This Awareness indicates that this relates unto quarrels and hostilities and negative vibrations during the time when you were being fed. This Awareness suggests that this became a block to harmonious feeding processes and left its memory in your cells whereby the cells of your body, whereby your body itself began to build a shield around yourself, a shield of fat around the cells of your body, around the body proper, and this shield of fat served as a buffer to keep those harsh energies away.

This Awareness suggests that the use of deep meditation, of recollection, the use of hypnosis under a competent hypnotist, or the use of certain drugs such as LSD, under the direction of a competent doctor, could be beneficial in releasing the memories of this experience thereby bringing about a clarification to release you from this energy. This Awareness suggests that for your particular case you may benefit best from a competent hypnotist and psychiatric or psychological therapy.

This Awareness suggests that other than this, you may move into deep meditation, repeated again and again, perhaps using the self-hypnosis tape to tune into your childhood, to tune into your infancy, to recall and remember these experiences, not to become offended, shocked, or angry so much as to tune into the emotion you felt at that time. Re-experience these emotions until they are no longer interesting to you, until the energy of them has passed. This Awareness suggests that you may also lie upon your bed in the position of an infant and thrash your legs and arms around, pretending to be an infant, while at the same time recalling the feelings you felt as an infant. And in that recollection, recalling those frustrations and vibrations which came to you during your feeding. This Awareness indicates that this is not so much a karmic problem caused by past life sins or errors—it is more the result of the karmic energies which led you to your chosen childhood environment and situation in this lifetime.



ARE THERE REALLY PRISON CAMPS SET UP IN THE WESTERN STATES ?

(Cosmic Awareness Presents a Possibility)

(From a C.A.C. Reading of Jan. 8, 1979)

QUESTION:

E.S. of Virginia Beach, Va., would like to ask Awareness, is it true that there are 'prison camps' already set up in a Western state for those who will refuse the mark of the Beast?

COSMIC AWARENESS:

This Awareness indicates these camps in thirteen different Western states. This Awareness indicates that it is true that these camps are present; it is true that these camps are set up; it is true that these camps have been considered for this purpose. It is not necessarily true that these camps will ever be

used for this purpose—this depending upon what happens in the future. This in the near future. This Awareness indicates also that there is the possibility that these prison camps shall be used for this purpose, but there is also the possibility that these prison camps will be used not to enslave entities or to destroy such entities, but rather to solate these entities while the Beast deals with the other entities upon this plane.

This Awareness indicates that *It* wishes to present a possibility for your consideration. This Awareness suggests, what if the Beast system which would mark the hands of those who seek security, was in reality working to separate the wheat from the chaff, and was in fact weeding out those who seek security from those who wish to serve others even at the expense of their own life? This Awareness suggests, what if the Beast is in fact presenting this situation to cull out the lower levels of security-seekers in order to locate the spiritual entities who are worth preserving for other purposes?

This Awareness indicates *It* sees many entities writing in and asking, "Is this the case?" This Awareness indicates these entities are seeking to find security in the answer which this Awareness might present. This Awareness indicates if *It* answers, "This is the case," and entities grab for the security of the imprisonment, believing that this will preserve them over those who accept the mark, this Awareness asks, "Is this entity really any better than the entity

who grabs for the mark, believing it will save him from the imprisonment?" This Awareness will not give entities that security of knowing which is the personal physical security. This Awareness suggests that you consider not the physical security, but that which is of the spiritual everlasting realities of the Cosmic Laws.

This Awareness suggests that you understand the branding of humans is nothing less degrading than the branding of cattle. This Awareness suggests that wherein you take the brand you are possessed and owned and the property of those who have branded you. This Awareness asks, "Is this the security you seek?"

This Awareness indicates if you refuse the brand, you know not whether you will be rewarded in paradise, rewarded on this plane, rewarded on another planet, or whether you will be relinquished of your life. You know only that you have refused to become the property of someone who wishes to brand you and enslave your being.

(Closing Message)

This Awareness indicates that much of the information which has been channeled into this plane during the previous months as being of a serious and intense level. This Awareness indicates that it is necessary for entities to remember that gravity and heaviness drag entities down to levels that matter. That matter itself is mass, that heaviness and mass and gravity go together, and that the greatest of gravity is the grave itself.

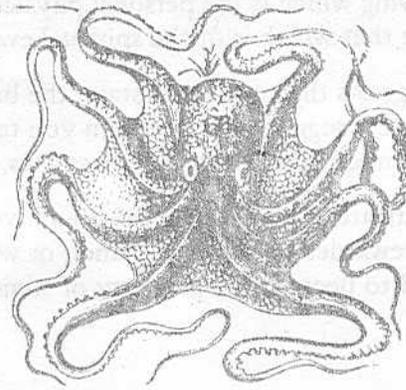
This Awareness indicates that the graveness of a situation matters heavily. This Awareness indicates that it would seem to appear that entities should never become heavy or serious in order to avoid the grave situation, in order to avoid the heaviness and the mass of the problems which threaten those who are serious. This Awareness indicates that it would appear that entities should lighten themselves, levitate, become lighter, become more free through levity, lift themselves, elevate themselves through humor, gaiety, joy, happiness, and harmony, without ever looking at that which is heavy, massive, and grave. This Awareness indicates however, that wherein entities can move into that area of darkness, of heaviness, the massive gravity levels, and again move out of that heaviness toward the lighter, through levitation, through lifting, through elevating themselves away from that which is heavy—these entities absorb some of that heavy karma, that heavy energy, and in moving upward create a vacuum behind themselves which draws others into that vacuum and pulls them upward also, pulling upward these heavy energies—the entities then take on some of the earth's heavy karma and lift this into higher vibrations.

This Awareness indicates in this manner such entities take on the darkness and bring that darkness into the light. This Awareness suggests that for this purpose this Awareness has given entities these heavy messages, these heavy concerns—that they not sink to the bottom of despair from these heavy concerns, but rather that they tune into these depths and lift these energies toward higher levels whereby they elevate the concern.

This Awareness suggests that you not worry about the coming crash or the possible enslavements. This Awareness suggests rather that you begin to lift yourself up away from these levels and begin to make jokes about the 'mark', make jokes about the Beast, make jokes about the coming crash, make jokes about the problems which are facing entities with the electronic transfer funding—talk about these things not as though they were a heavy concern, but rather starting with the heaviness and the concern, begin to speak of these things as you lift your attitudes until these become everyday topics, light in nature and spread around so thinly that everyone knows and no one worries or cares to get involved in the heavy concerns for security and the receiving of their brand tattoo or their number. This Awareness indicates that as more and more entities become aware, speaking out and simply and clearly realizing and stating that they will not take this mark, the Beast may try to create heavy situations to get entities to rush down and get their mark. Yet entities will not become serious nor take the Beast seriously. This Awareness indicates the best way to destroy anything is to laugh it to death, for in this manner no one is harmed and all see the humor and the humanness in the whole affair.

EDITOR'S Note:

Things were moving so rapidly during the time this reading was given and throughout the Spring of '78, that this reading did not get published. There was so much urgent material which followed that C.A.C. could in no way publish all the information Awareness had and was giving on the Beast and its plan to mark humanity and enslave it through the Electronic-Funds-Transfer scheme. During the Spring when all the executions were occurring behind the scenes and Awareness told us the threat of the Beast was diminishing, we at C.A.C. breathed a sigh of relief and decided to 'cool it' for awhile and publish more uplifting communications. We shall continue to publish, from time to time, more of these readings on the Beast so the membership will eventually have the entire story. The fact that the U.S. government still has prison camps in our country is scary, and who can say they will never be used? Making fun of the Beast was an idea we all got off on here at headquarters and the illustration on the following page was about as far as we got with this particular reading at that time.



PEE ON THE BEAST

....MORE ON PREDICTIONS.....

COSMIC AWARENESS ON THE SUBJECT OF TRUTH

(Opening Message of C.A.C. Reading Jan. 8, 1979)

This Awareness indicates there are many different types of truths. This Awareness suggests that there is the truth which does not appear until a later time. This Awareness indicates there is that truth which once was true but is no longer true. This Awareness indicates there is that truth which is spoken now and describes that which is now. This Awareness indicates there is that truth which is unspoken and once spoken is no longer true. This Awareness indicates for example, the statement, "I am not speaking to you." This Awareness indicates once this statement is spoken it is false, that before it was spoken it was true. This Awareness indicates there is also the truth which is false when spoken, but because it is spoken it becomes true.

This Awareness indicates for example a statement, "Everyone is drawing their money out of the bank, you had better get down there." This Awareness indicates that as entities hear this statement, though false when spoken, they may rush to the bank and draw out their money.

This Awareness indicates there is also the truth which may be true when spoken but once spoken changes the reality and thereby becomes false. This Awareness indicates this for example, wherein an entity predicts a crisis is coming, wherein an entity gives a warning of impending danger, of impending doom. This Awareness indicates that wherein entities, hearing of this danger, prepare in time, the situation may change so that the prediction which was given as truth changes because of the prediction itself, and entities then do not experience that which was spoken. This Awareness indicates in this manner that which was spoken in truth becomes false in reality.

This Awareness indicates that many of the predictions of the *Book of Revelations*, the statements being given presently by this Awareness being spoken as warnings, being spoken as predictions of things to come, may in fact be true in terms of predictions, in terms of the energies at the time of the speaking, yet may in fact, because of that speaking, because of that prediction, because of that warning, create an energy, an action, a reaction which prevents the prediction from coming true. This Awareness indicates it may prevent the prediction from coming true to the extent of the prediction, modifying the outcome, or totally avoiding the outcome altogether.

This Awareness indicates that wherein an entity may desire, an entity could in reflection state that the prediction was false, and in that statement could be correct, for the prediction did not come about. Yet, an entity understanding what had taken place could also reflect and say, "The prediction was true and had we not recognized its truth it would have come about."

This Awareness wishes entities to understand the nature of truth. That it can be expressed in many different ways and in some ways may appear to be false when not seen clearly from every level. This Awareness indicates wherein entities act upon the prediction regarding the coming storm which this Awareness has indicated, and wherein entities prepare themselves for that action which can avoid the coming storm, they may indeed be capable of modifying the future, of avoiding that which was predicted, at least to some degree.

This Awareness indicates since the predictions were given in November and October of '78, already there have been certain changes which are beginning to have an effect. This Awareness indicates it is too soon to say how much of an effect may be in the making. This Awareness indicates that at the time this message is being given, the material being printed from the November 8th message, is not yet ready to be mailed. This Awareness indicates that in this short time the changes have occurred whereby the United States has recognized China and a door opens to allow a new market for trade. This Awareness indicates this will have an affect upon the future economy and may, under certain circumstances, push back the date of the depression, allowing entities more time; that during this time entities may become more alerted to the dangers of the mark of the system which would put upon entities the mark of the electronic-fund-transfer system upon their hands and thereby make slaves of them.

This Awareness indicates that the more time entities have to alert others and the more others are alerted, the less chance the Beast will have of fulfilling its desire to enslave humanity. This Awareness indicates that in this instance, if this occurs, this Awareness indicates that it will be an example of the truth which was spoken as a prediction which did not come about because it was spoken and entities began to awaken and become alert to what dangers there were. This Awareness indicates that at present it is too soon to express clearly what will occur as a result of the recognition of China. This Awareness indicates also the European Monetary System which has recently been formed as an alternative to the International Monetary Fund, is that which is luring certain aspects of American business toward it, and, depending on what occurs here, changes will also be in the making.

This Awareness indicates that at present time there is greater hope for avoiding the mark of the Beast than has occurred in many decades. For there is also occurring an action whereby entities who have been involved in occult manipulations of masses, the hidden manipulation of money, of politics, of manipulation in terms of crime, government, and religion—many of these involved in this kind of manipulation are being exposed in various levels, particularly by that organization known as the US Labor Party, and others connected in other countries. This Awareness indicates that this exposure is not always correct, is not always honest, is not always clear, is not always justified, but the exposure is that which is bringing out the hidden for all to observe. This Awareness indicates that it is necessary. This Awareness suggests that as entities are exposed, whether rightly or wrongly, put upon the stage with the spotlight placed upon them, they can be seen for what they are and it becomes difficult for them to manipulate, to hide, to deceive others.

This Awareness indicates that you not condemn entities for being what they are, for being what they have been, that you not assume that the US Labor Party is correct in everything it says, in every aspect of its exposures, but rather that you observe their spotlights and keep your minds open and listen to all sides and become as aware as possible without judgment of anyone. This Awareness indicates that knowing is enough, judging is not necessary. Discernment is that which leads to the correction. Condemnation only furthers the error.

This Awareness indicates that between these three major occurrences—the opening of the relationship with China, the new European Monetary System, and the US Labor Party's exposure of certain areas which have been hidden, along with the gradual but accelerated movement of consciousness towards an awakening state—there appears to be a very good chance for humanity to move rapidly toward that which is enlightenment, harmony, peace, and a new world order based upon service to all humanity without violating any part of humanity.

This Awareness does not wish to allow these words to entice entities into smug self-assured complacency, but rather wishes entities to see that there is also a great possibility of glory upon this earth whereby the darkness upon the face of the deep can be taken away, whereby the Beast can be subdued, and whereby humanity's shining face can emerge victorious.

This Awareness indicates it depends upon you, each and every one. This Awareness asks you, each and every one: 'How many have you served, and how well? How many have you informed, and how well?'

QUESTION: "THE URANTIA BOOK....."

QUESTION:

(How Valid is it?)

This next question of S.V. of Grimes, Iowa, is one that quite a few people have written about: "Would Awareness comment on the large work entitled *The Urantia Book*, copyright 1935, and the publishing organization, the Urantia Foundation, Chicago, Illinois. The material presented purports to be a collection of papers written concerning the structure of universes and super universes. The history of our planet Urantia, and the life and teachings of the entity Jesus. Specifically, to what degree is the information in the book, its language and terms 'revealed truth' that correlates with objective reality laws and processes? For example, by whom, or where is this earth planet actually called Urantia? Is the language and the concept symbolic, and thus the book an interesting inspirational work of fantasy and imagination, not really shared by many entities?"

COSMIC AWARENESS:

This Awareness indicates this as a massive book. This as a book which has been compiled over many years. This in a semi-secret organization, related unto that which is called the Melchizedek Order. This Awareness indicates this as being not of a truly high level of consciousness, but rather being one of high rational consciousness. This Awareness indicates that information was given on this approximately 1973 in a reading in Yamhill, Oregon. This Awareness indicates that this information in the Urantia book as designed to serve as a possible future religion which would allow a hierarchy system to be set up on this plane, using certain principles within this book.

This Awareness indicates that the book, in general, as not 'catching on' in the public eye as had been hoped, and that there is little danger that the book will fulfill its intended purpose of setting up a hierarchy system. This Awareness indicates however, that at a future time this could become more of a potent force in certain areas. This Awareness indicates that the book itself as basically slanted on the concept of sevens; and these sevens relating to seven radiances of the spectrum. These being seven rays of color and seven levels, and these being arranged in hierarchy systems and universes and locations, etc. This Awareness indicates that the universe is composed of light which radiates in seven basic spectrums, but also contains five magnetisms. These five magnetisms equate to electricities touching the senses of the body: taste, smell, hearing, sight and feeling.

This Awareness indicates that the seven radiances equating to the seven chakras of the body--that the twelve, the five plus the seven, is that which is the complete cycle of light and magnetism, or electromagnetic radiance, the resonating electromagnetic energy. This Awareness indicates that down through the ages, those qualities associated with magnetism, such as emotion, desire, greed, etc. have been termed as 'evil', and those associated with radiance have been termed as 'good'. The radiance forces classed as male, the magnetic forces classed as female; the radiance forces classed as fire, the magnetic forces as water.

This Awareness suggests that the book Urantia as representing the radiant forces, but ignoring those five qualities which are magnetic in nature and represent that which is the evening side of the Universe, the dark side of the particle of light. This Awareness indicates that this book essentially is based on polarizing good over what it terms 'bad', and not recognizing the entire principle of Yin and Yang, or light and darkness; but rather promoting the light at the expense of the darkness; and in so doing, this book will intensify the polarities, leading to greater darkness as it promotes greater light. This Awareness wishes entities to understand the nature of polarizing--that you cannot increase the concept of opposition without creating greater polarity. This Awareness suggests that you cannot increase the daylight by hating the darkness. This Awareness suggests that you can accept both the daylight and darkness as one process, one necessary process, and can be unified in that; and in such unification, can reconcile the difference through accepting, through shedding your own spiritual light, rather than through polarizing and throwing your own hatreds upon one part while clinging desperately to the other part. This Awareness suggests there are, in fact, entities who enjoy night time as much as daytime, and have no fear in any part of the cycle. Likewise, there can be entities who enjoy the magnetism as much as the radiance, without feeling it is necessary to hate the one in order to have the other.

This Awareness indicates you need not hate rain in order to love the sunshine. Likewise, in reference to this book, entities may read this book and receive much wisdom; yet there is much within these books which is pure fantasy clothed in rational and very clever linguistics, and certain prejudisms and belief factors that have little validity in terms of higher levels of holistic consciousness, even though the rational levels may appear cleverly presented.

SHOULD WE BOYCOTT THE KRUGGERAND BECAUSE OF SOUTH AFRICA'S APARTHEID ?

(From a C.A.C. Reading of Jan. 19, 1978)

QUESTION:

As is happening in many other countries, thousands of entities in the United States are buying the South African Kruggerand, which is a solid gold coin weighing one troy ounce. Since our government has long last made it legal again for U.S. citizens to own gold, the advertising campaign by the South African government in TV, magazines, newspapers etc., is resulting in more and more citizens purchasing these Kruggerands. My question is, since gold traditionally maintains its value and can be used for trading purposes, this would appear to be a good deterrent to those banking interests who plan to eventually recall all money and convert to the Mark of the Beast system Awareness has indicated is rapidly approaching. Since the Kruggerand is not money in the legal sense, it would be difficult to

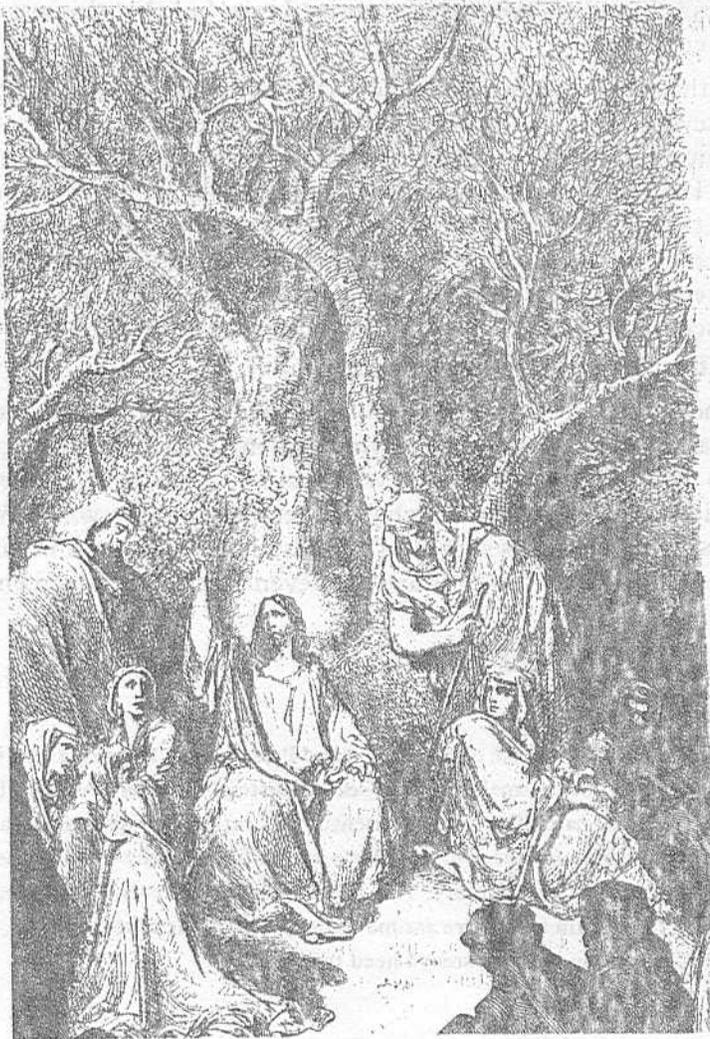
confiscate by the bankers. Should entities be encouraged to purchase these while money is still available to do so?



COSMIC AWARENESS:

This Awareness indicates this as a matter of choice. This Awareness indicates this as being a worthy investment in terms of a business venture; that some entities may also choose other means of investment, choosing items that will retain value, such as antiques, such as jewels and such as land or other properties of reasonable longevity type value.

This Awareness indicates that there is some controversy in relation to the Kruggerand wherein many entities are objecting to the advertisements and sale of this item on the grounds that the South African Government is unfair to its citizens, and there is basically a kind of boycott which is being promoted around the Kruggerand. This Awareness indicates that in one sense this boycott is of a valuable nature in the sense that it is calling attention to the behaviour of the government of South Africa toward its citizens. This Awareness indicates that in another sense, the boycott is somewhat absurd, because the Kruggerand is only one of many, many items that is being sold by the South African Government, and these other items are not being boycotted. This Awareness suggests that essentially, it is a matter of personal discernment and personal taste as to whether one should or should not purchase the Kruggerand. This Awareness indicates that as a business venture, that this would be profitable for an investment. That in terms of ethical purpose, this as a matter of personal preference. This Awareness indicates that essentially the boycott itself will have little effect on the treatment by that government of its citizens, but that the effect will be one more link in a chain of events that can help to change the consciousness of those leaders of that country. This Awareness indicates there are other forces which will come into play to change the situation in South Africa, which shall be of far greater importance than the boycott of the Kruggerand.



WHY DID JESUS SPEAK IN PARABLES?

(More on the Seven Seals)

QUESTION:

A question from D.G. of Prince George, B.C. "I guess that Jesus of Nazareth spoke in parables so that those whom the knowledge would not benefit would not understand. Tell me if I'm wrong. If that's correct, would it benefit any of us to know why they would not benefit?"

COSMIC AWARENESS:

This Awareness indicates that there were secret schools and have been secret schools down through the ages. This Awareness indicates that parables were designed in such a manner that they had deeper meaning for those minds which could accept deeper understanding and deeper meanings. This Awareness indicates that it would be foolish to attempt to teach something of a deep and profound nature to a shallow mind, therefore in order to save messages, a parable is like a symbol in that it has different levels of meaning: the surface meaning having a message for the shallow mind, a deeper meaning having a message for the mind which looks deeper, and an even deeper meaning for the mind that probes the mysteries of the Universe.

This Awareness indicates that not only did Jesus speak in parables, but his life itself was a parable. This Awareness indicates that the story of Jesus is the story of every human being, whereby Jesus can be seen as symbolic of

the individual ego or self-interest, moving from a divine state into a lowly birth on the physical plane, moving through difficult times, growing, developing and working wonders. This Awareness indicates that as the ego works its wonders, there comes forth a time where it meets its match, and is violated or stopped because it becomes a threat to external powers which are already established. This Awareness indicates that the ego then is crucified on Golgotha, this as the hill meaning the skull—this on a cross. This Awareness indicates that after the crucifixion, the ego then being so slain is placed into a tomb, and is resurrected as a New Being, Christed, and given eternal life.

This Awareness indicates this as symbolic of certain spinal fluids moving from the lower chakras up through the seven chakras, or the various places touched by the entity Jesus in his movement through life--these various cities or particular places as the entity moves up the spinal column, moving up and reaching the thymus or heart chakra, healing others--then into the throat chakras of giving forth the word, and then into the Hill of Golgotha, the skull, then the crucifixion on the cross--the pineal and the pituitary--and from there the resurrection. This Awareness indicates the pineal as the cross, the pituitary as the tomb, and the resurrection as the eighth chakra or halo above the head which exists when the entity experiences the ego death and the Christ Consciousness. This Awareness indicates that this is also represented in the *Book of Revelations*--the seven seals being opened one after the other--this relating to the seven chakras.

This Awareness indicates this also relates to the seven musical notes of the scale: the do, re, mi, fa, so, la, ti, and the eighth chakra being the return to 'do' on an octave higher. This Awareness indicates that there also are seven particularly unique seals upon this earth which are yet to be opened to reveal history of the past--these seven seals equated to chakras on this earth for the development of the mass mind. This Awareness indicates that the use of parables was not to conceal information, but to relay information in a manner that unfolded layer after layer as the entities became aware and could probe with that awareness into those levels beyond the surface value of the message.

This Awareness indicates that it would be foolish to attempt to teach most entities who are dogmatic over the surface levels of the Christian message, the deeper meanings until those entities want to know more, and want to look deeper into these meanings. When the entities wish to look deeper, the meanings can be seen and are made available by those very forces, the metaphysicians, the esoteric teachings which generally are condemned by those who are satisfied with the surface teachings. This Awareness indicates that as entities look deeper and deeper into meanings of ancient works, they will discover that this was not unique with the entity Jesus, but that this was very common as a practice in ancient writing and message conveyance.

This Awareness indicates this essentially relates to the sleep-teaching cocoon of Atlantis, wherein within but a few keys an entire science could be stored inside of several words or letters. This Awareness reminds you that the Tarot, with all of its various meanings, the philosophical meaning of each card is symbolized by one letter. This Awareness indicates that therefore, each letter of the Hebrew alphabet was an entire philosophy or message for those who had ears to hear. This Awareness indicates that the ancient teachers used this three-dimensional form of writing wherein meanings unlocked deeper meanings and still deeper meanings, for those consciousnesses which could probe behind the veil of the surface. This Awareness indicates that present writing affected largely by the influence of Aristotle, and those who followed, is based upon second-dimensional thinking or lineal thoughts, where in meaning follows meaning on a line of reasoning, rather than behind the word or symbol.

This Awareness indicates that those who understand these levels of thought, such as the entity William Shakespeare, are often able to write stories or plays or messages which not only convey movements which unfold in a lineal sense, line upon line, event after event, but also convey hidden meanings which can be unfolded from behind the story. This Awareness indicates that there are various esoteric stories which exist behind the plays which William Shakespeare wrote, this also can be seen in other stories. This Awareness suggests that this as most common in fairy tales. This Awareness reminds you of Snow White, the Christ Consciousness and the seven dwarfs, the seven chakras, as an example.

HOW TO TREAT THE SKIN DISEASE

QUESTION:

POMPHOLYX

A health question from L.R. "Would like for you to ask Awareness about a disease of the skin called Pompholyx. It is described in the medical book as skin disease of the hands and feet, characterized by rather small but deep-seated blisters, filled with a clear fluid which sometimes becomes infected and changes to pus, with itching and pain often being present. It is a rather rare disease and all the doctors I have asked do not know what to do for it. I have had it for about three years. There were a few months when it was hard to walk. I went on a two week fast about two years ago, and it helped considerably. The disease has not been real bad since. I even wrote to the Edgar Cayce Foundation, but they had nothing on it. I am sure there are many people with the same problem, would appreciate knowing the reason for this disease. It must be something in the system I need to get rid of."

COSMIC AWARENESS:

This Awareness indicates there needs to be much more energy on this in order to focus more clearly. This Awareness asks for a count of 12 and that the energizers give greater energy for this. (The count is given).

This Awareness indicates this appears to be related unto some problem with the circulation system, whereby the blood circulating into these extremities, in meeting with the tissue of the cells making up the skin, is broken down. This Awareness indicates that there appears to be some chemical or vitamin or mineral which is depleted in the tissue, which breaks down and causes the water blisters. This Awareness suggests that certain homeopathic cell salts appear to be beneficial in assisting the tissue growth--this appears also to relate to the cell salt silicea. This Awareness

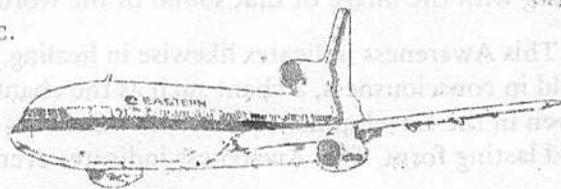
ness suggests there also appears to be some other cell salt in the tissue salts which is beneficial to skin tissue—that this information is available in homeopathic tissue salt books—that these booklets on the homeopathic cell salts are available in most health food stores.* This Awareness indicates that Vitamin E, lecithin, aloe vera, uva ursi, and Vitamin A, are also of value in treating this. This Awareness indicates that the use of Vitamin C also as beneficial. This Awareness suggests that there appears to be some value in stinging nettle tea, being used daily—this apparently related to certain properties of this plant, plus the calcium content. This Awareness indicates that comfrey as also being beneficial. This Awareness suggests this in terms of comfrey greens as well as comfrey poultice on the hands; that yellow dock poultice on the area, (this externally placed), as also being beneficial.

This Awareness indicates that a program for you to follow while these various things are being experimented with, as that which might be the use of comfrey greens each day; some cabbage, approximately twice weekly; calcium tablets can be beneficial. This Awareness suggests that a complete chelated mineral and vitamin tablets be taken, these to include Vitamin E, A, C and others, along with the lecithin. The lecithin being such that it assists in coating the nerves. This Awareness indicates that also Vitamin E rubbed on the external part of the skin, that this may be mixed with aloe. This Awareness indicates also that aloe taken internally can be beneficial; that you be careful to use only the type of aloe which can be taken internally. This as available in most health food stores. This Awareness indicates that the use of silica, and that you check for other tissue-building salts of the homeopathic cell salts known as the tissue salts. This information available at most health food stores which carry books and homeopathic remedies. This Awareness indicates that you also can benefit by the use of S-Cell water taken internally and the hands being placed in S-Cell water for ten minutes, three times daily. This Awareness indicates that if S-Cell water is not available, that D-Cell water will be satisfactory—the S-Cell being somewhat more effective. This Awareness indicates that comfrey be taken, both as greens taken internally and that comfrey poultices may be placed upon the external part of the afflicted area. This Awareness suggests that this be continued daily. That the use of cayenne and garlic can also be beneficial in regards to the circulatory problem; that this being approximately one-half teaspoon daily, either in capsules or tablets or with the food.

*The Biochemic Handbook, S-Cells and D-Cells are also available from C.A.C.

WHAT CAUSES METAL FATIGUE IN AIRCRAFTS?

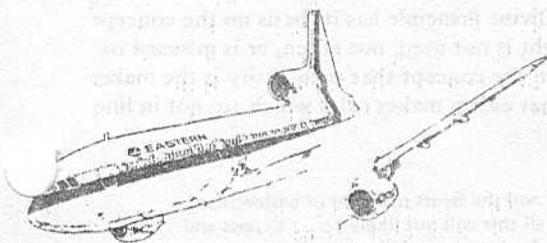
QUESTION:



There have been increasing incidents around the world of aircraft having metal fatigue causing crashes and disruptions of air travel while these planes are grounded. Is it possible that the changes in the vibratory rate Awareness has long indicated were occurring is somehow affecting the metal used in these aircrafts; and, if so, is there any solution to these problems?

COSMIC AWARENESS:

This Awareness indicates there appears to be some effect on the metal from various sources; that these range from certain weapons in some cases that emit a ray or radiation, to certain influences from commercial origins such as microwaves, ultrasonics and infrasonics, the increasing use of vibrations for communication, for radar, for various types of signals, the increasing use of radiation materials, the increasing use of microwaves, and electronic devices using the atmosphere and airwaves, the increasing use of these various instruments of technology do have more and more effect on increasing a vibration in the aura which has its effect on everything therein, including metal structures as well as the physical beings of entities. This Awareness indicates that there also is an effect on the aging of metal brought about by the intense speed of these airplanes and the changing temperatures resulting from such high altitudes, switching from high cold altitudes to warm climates in short periods of time along with the increasing speed—this does have its effect on the aging of metals.



This Awareness indicates that these metals could be enhanced by certain new technologies which have been used in spacecraft; that increased alloys making use of magnetite in these metals could also give greater strength. This Awareness indicates that certain research is being conducted regarding this action to increase the lifespan of these metals, that much of the problem is related to the need for great abundance of the metals used for the alloys for the strengthening process. This Awareness indicates that there are certain areas in the technology fields which are aware of the methods for improving these metals, yet much of this is of what may be termed 'national security'

or military secrets for those powers which have this information.

THE BENEFITS FROM ADDING SOUND TO YOUR MEDITATIONS

(Opening Message from C.A.C. Reading April 13, 1979)

This Awareness indicates that wherein entities meditate and visualize for the purpose of manifesting or creating a particular effect, such as healing, through imagery and visualization, such as the meditation for raising the vibrations of the planet, this Awareness indicates that wherein entities use the visualization practices for changing, healing or manifesting, that the use of sound accompanying or following the visual image, assists in moving that visual image to its destiny and completion.

This Awareness indicates that for example, the chanting of a word having beneficial vibratory feelings and meaning, along with the visual image desired, assists in transporting and sending that visual image to its destination and fixing that image in levels of reality. This Awareness indicates this likened unto the imaging of an entity becoming healed, whereby white light enters the entity, drives away darkness and begins the healing, accompanied or followed by a chant of "LOVE", or a chant of "AUM"—that this chant assists in the fixing of the image. This Awareness indicates this as not too unlike the fixing chemicals in photography for developing an image—that the sound, chant, vibration, the "AUM" or the chant of "LOVE", that these sounds can help to stabilize and crystallize the image.

This Awareness indicates in similar manner, wherein entities are seeking to break up a pattern of crystallized image, that certain sounds, chants, can assist in the tearing down of that image. This Awareness indicates that therefore, wherein you are doing certain meditations for healing purposes, or sending messages to friends at a distance through the mechanism of the psyche, the image of the entity you desire to contact is seen, the image of the message either in symbol, picture or words, is then sent directly to that entity as though you were projecting or speaking the words or symbol to that entity—that this can be assisted with a chant, either verbally or mentally, along with the image of that sound or the words or symbols going to the recipient of your message.

This Awareness indicates likewise in healing, that you visualize the desired results: once this is clearly seen and held in consciousness, a chant such as the chant of "AUM", the chant of "LOVE" or others which have been given in the Development Classes, these chants can assist in projecting and fixing the desired image into a stabilized and lasting form. This Awareness indicates even if the chant is a silent imagined chant, it still is effective.

QUESTION:

Would this apply also to the Kahuna Prayer Meditation?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative.

THE INTERPRETER NOW BEING CONDITIONED TO CHANNEL NEW COSMIC LAWS

(Closing Message of C.A.C. Reading Oct., 7, 1979)

This Awareness indicates that during these coming times, there are great changes occurring upon this plane, that a new sense of justice must be brought forth to deal with various situations which are unlike anything experienced on this plane in the past. This Awareness indicates that this is beginning to be brought through. This Awareness has been prompting this channel, has been working through this channel in various ways, opening this channel, that it might present that which may be termed the 'Divine Principle', that this Divine Principle as that which is the Book of the Cosmic Laws, the Law of Karma and its ramifications.

This Awareness does not wish to force this through the Interpreter until the Interpreter's consciousness has reached a particular level whereby this can flow through properly. This Awareness indicates however, that it shall be brought forth—this appearing to be in the near future; this to be presented as a spiritual guide on which other laws may be built, may be based—this being a set of suggestions as to proper alignment with Cosmic Laws. This Awareness indicates this Law, this Divine Principle has its basis on the concept that every entity has equal legal spiritual right as every other entity except when that right is not used, not taken, or is misused to deny others their similar rights. This Awareness indicates this Divine Principle is based on the concept that each entity is the maker of rules, the ruler; each entity is in the position of the Divine Law, the law-giver, until that entity makes rules which are not in line with the Divine Rule. This Awareness indicates more shall be given on this later.

ED's Note: The readings in this issue and in forthcoming issues which refer to the Mark of the Beast and the Beast program of enslavement were readings given at the time when this was a real threat. Since then, Awareness has indicated that all this will not likely come to pass and we are printing this information now for historic purposes and to fill in the missing pieces for those who have been following this scenario.

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