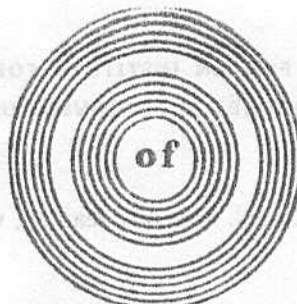


Revelations



Awareness

81-20

The New-Age Cosmic Newsletter

\$3.00

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people to become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

".....COME TOGETHER, RIGHT NOW, OVER ME."

John Lennon Lives !

COSMIC AWARENESS SUGGESTS

THE AKASHA INSTITUTE
OF PEACE & PROSPERITY

BE RENAMED

THE JOHN LENNON
INTERNATIONAL
INSTITUTE FOR PEACE
AND PROSPERITY

.....AN OPEN MESSAGE
TO YOKO ONO

Opening Message,
C.A.C. General
Reading,
May 23, 1981,
Paul Shockley,
Interpreter

THE
PHOENIX
RISES

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THE NECESSITY FOR AN INSTITUTE FOR PEACE
BEING INTRODUCED INTO CONSCIOUSNESS

QUESTION:

Awareness, we're here today for a General C.A.C. monthly reading, with questions sent in by the membership. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness indicates that there is a situation whereby certain energies in movement may be brought together, creating a linking of energies that can lead to great and wondrous things. This Awareness indicates that for several years, this Awareness has given information regarding world conditions, the changes which are occurring, which must occur, and has assisted in informing entities as to the various types of energies in motion during these changing times. This Awareness indicates that among the major forces that lead to great changes are education, healing, and service-oriented actions. This Awareness indicates that these three activities are those which bring about the great renaissance periods in human history: the healing arts, the schooling systems and philosophies, and the service systems or methods such as occupations, industries and social services.

This Awareness indicates these are the three areas which may be emphasized and watched carefully and guided, wherein changes are to occur in a society or in the evolution of human history. For this reason, this Awareness has given much attention and emphasis to that known as the Peace College and the programs which would be taught in the Peace College. This Awareness indicates that this including the concept of peace and prosperity, for these two concepts should be linked for maximum value in consciousness; that many entities do not associate peace with prosperity, for there has been in the past, great wealth accumulated during times of war and many entities see war as a time of industry and accumulation of wealth. This Awareness indicates however, these have been proven as accumulations of wealth at the expense of others, often at the indebtedness of others, or at the great loss and tragedy brought down upon others.

This Awareness indicates there is no profit in war. There is no prosperity in war. This Awareness indicates that for humanity at large, prosperity can only come through peace,--through cooperation, rather than through competition. This Awareness indicates that these efforts of this organization to raise funds for the Akasha Institute of Peace and Prosperity is that which is of limited capacity, for the organization is not that large, nor that strong, nor does it have the total combined assets to bring this into operation as is needed. This Awareness foresees a time wherein this Peace College can be a large and effective institution with branches throughout all nations throughout the world, whereby negotiation and peaceful resolution to conflicts can be taught and applied so that the graduates of these colleges of this institute can move out into society with skills and training to mediate in any form of conflict, in any level: business, political, religious, social, or in individual conflicts, and whereby these entities become part of the peace-keeping force, not through use of weapons of war and violence, but through use of ideas and reconciliation techniques.

This Awareness indicates the only way such can occur at a time which is limited upon this plane, is if more entities become aware of this possible and potential value of such a peace-oriented institute. This Awareness indicates that the action is that which must grow in consciousness quickly and spread quickly through the combined attention and interest of the masses, rather than simply members of this organization. This Awareness indicates therefore, this Awareness suggests that this concept of the Akasha Institute of Peace and Prosperity be altered and released enough from the controls and concerns of this organization to allow those who are outside of this organization, outside of this particular 'Awareness Movement' to be involved according to the urgencies that can be recognized and according to the energies which can be negotiated. This Awareness indicates that *It* is proposing to entities of this organization and to others who are interested, that this be opened up as a concept for all peace-loving entities of the world to energize with their contributions and concern through the following focal point:

This Awareness indicates that the entity John Lennon as having become a symbol in consciousness for that concept of peace. This Awareness indicates that this entity as one who stood for and exemplified the present generation in its quest for something more meaningful than the continuous insane slaughter and destruction of human life, of plant life, of animal life upon this planet simply for the furthering of forces of greed through competition. This Awareness indicates that this entity's life was brief. His impact was great. The shock of his departure reverberated throughout the mass mind of consciousness upon this plane. Entities did not want to give up or lose this being, and are not yet ready to conclude that his life, his purpose, his name, his concepts, his beliefs, and his function is over.

This Awareness indicates that in the movie *Star Wars*, Obi Kenobi conveyed to Luke Skywalker that in his death he would be stronger and have greater power to help than in his life. This Awareness indicates that this principle is again true in the life of John Lennon, just as it was true in the lives of many great leaders and teachers; the brief life of Christ as that which had its local effect, but its greater effect followed during the thousands of years thereafter. This Awareness indicates that the greater effect of John Lennon's life is that which yet can come upon this plane, whereby this entity was struck down by an insane and untimely bullet, yet the entity in all other aspects,--his values and his purpose and his concern may still live on through his name and through his devotion toward the concept of peace.

This Awareness suggests that the entity Yoko Ono, the beloved wife of this entity John Lennon, be consulted and asked for permission to use his name in the college or institute of peace, calling this the *John Lennon International Institute of Peace and Prosperity*. This Awareness suggests this be requested, and that the entity Yoko Ono be asked to serve as a consultant and advisor in regards to the program, in regards to the formation of this institute, in regards to the guidance of this institute and in regards to the use of this entity's name, and in regards to the fund-raising activities and application of such funds in directing and implementing this institute as a peace-making machine, educating entities into the ways of peace upon this plane throughout all countries, throughout all nations which will allow this institute to be placed upon its soil, to allow these messages from this institute to be sent out in correspondence lessons to those who cannot attend personally the institute, so that these concepts and methods of training in conflict resolution may be implemented throughout not only the institutions, but into the homes of entities who wish to correspond and study from this institution.

This Awareness indicates that with this proposal to this entity Yoko Ono, this Awareness suggests that along with this, other information regarding the institution as has been previously given, other information allowing the entity to see what this organization is about, a smattering of material which would be of interest without confusing the entity, as that which can assist her in determining whether this would be a fitting tribute to John Lennon. This Awareness suggests that this be without any pressure whatsoever upon this entity, allowing her the freedom and time to consider this proposal and to have time to investigate all of the material which has been given regarding this institute.

This Awareness suggests also that the institute and all of the material given previously to be subject to revisal according to the necessary ends for negotiating a proper alignment with those changes that would be necessary in altering the name and organizational factors of this institute. This Awareness indicates some of the earlier proposals as having been limited to the concept of a church or religious facility; that this be allowed to be altered whereby these departments be open to more broad application in terms of the general growth and expansion of such an organization into an international peace-teaching institute.

This Awareness suggests that this as but a suggestion and proposal, whereby the energies of John Lennon and those many admirers of this entity can be focused into an action which promotes the ideals which this entity exemplified.

THE WORLD TODAY--A RACE BETWEEN ENLIGHTENMENT AND ANNIHILATION



(Closing Message)

This Awareness indicates that there are great intensities building upon this plane. Some of these shall be expressed in the fall of this year, but greater intensities shall come later. This Awareness indicates that the conflicts upon this plane are not diminishing, even though Lights are going on and entities are lighting up, becoming more aware, spreading the Light to each other, seeking Light, seeking understanding. This Awareness indicates that it is a race between enlightenment and annihilation upon this plane, and efforts of all who have any enlightenment at all toward continuing to spread that enlightenment may prevent this annihilation.

This Awareness indicates that the general program for the world planners in that known as 'Global 2000', to destroy two-thirds of the world's population by the year 2000, through famine, through geophysical warfare, weather warfare, and through wars and also through mechanized decimation; this program being promoted is that which still has much great and horrible power connected with it. And the Light Workers essentially waving their incense sticks, flowers and their guru pictures and their buttons and medals of accomplishment and their claims to enlightenment; many of these enlightened entities are ineffective in regards to changing the future, other than in that they have removed themselves from the alignment with Dark Forces.

This Awareness indicates that this is one step, and is of great value,--removing oneself from the Dark Forces, so that these are not supported. This Awareness indicates that further steps are needed in the action of creating a positive Light Force for the promotion of peace and conflict resolution, dealing with those concepts that bring entities together in cooperative actions whereby all may prosper and none may need to lose.

This Awareness indicates that the world is in great turmoil; many problems exist and shall get worse and will need new approaches and new discernment to determine, to evaluate, to discover how to best solve these problems with a minimum amount of conflict and a maximum amount of reconciliation and harmony for all involved.

This Awareness indicates that the Peace College, the potential available through that which can be built from the cooperation, the co-creative energies of peace-loving entities throughout the world, particularly drawn together by the name of John Lennon, with the promotion of an Institute of Peace and Prosperity,--this Awareness indicates that this can create wondrous things upon this plane which would have lasting effects throughout the centuries to come; that this entity's name may live on long beyond his personal memory as a symbol for peace.

THE ATTEMPTED ASSASSINATION OF POPE PAUL

(Some strange parallels in all the assassinations and attempts)

QUESTION:

A question from C.Y. of Catawba, Virginia: "Did the recent attempted assassination of Pope Paul have any connection with the assassination attempt that might have been made when Pope Paul visited Poland some time ago? In a past *Revelations*, Awareness mentioned the fact that Pope Paul *might* be assassinated during his visit to Poland, and what I'm asking is, is there any connection between this recent attempt to assassinate Pope Paul and the attempt which was planned earlier but did not occur when Pope Paul visited Poland some time ago?"

COSMIC AWARENESS:

This Awareness indicates that this in the affirmative. This Awareness suggests however, that this as having a different motive at this time. This Awareness indicates that this as associated with other acts of international terrorism. This Awareness indicates that essentially, entities may recognize certain parallels in all of the assassination attempts, or assassinations, from the time of John Kennedy's assassination. This Awareness indicates that in the case of John Kennedy and Martin Luther King, the assassins were at a distance. This Awareness indicates that other than this, there are certain parallels in these various assassination attempts.

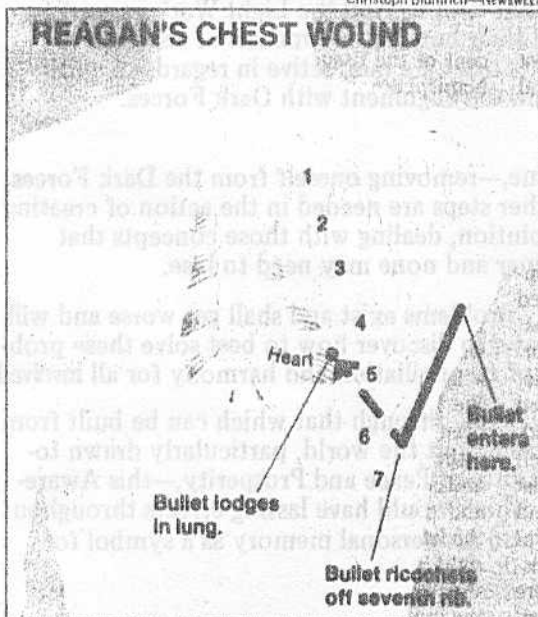
This Awareness indicates that in these attempts, the entities are generally in their late twenties or within that range of approximately 25 to 30; these entities in almost every case have had some psychiatric involvement prior to the action; these entities in most cases have been involved in some radical organization; these entities in most cases (except for those two mentioned of John Kennedy and Martin Luther King) have been able to get close enough to the intended victim to fire point-blank several shots. This Awareness reminds entities not only of Robert Kennedy and of Ronald Reagan and of the Pope, but also of the attempts on Gerald Ford and John Lennon. This Awareness indicates these entities using the same pattern of gunshot efforts, indicate skilled and trained agents capable of firing several shots quickly into a small area. This Awareness indicates in most cases, this has been four shots.

This Awareness indicates this indicates to a careful observer that these trainings and skills were taught from a common source. This Awareness indicates that in each of these there were written notes, written in the handwriting of the agent, stating the intention of doing such--of killing the victim. This Awareness indicates there are *too many* parallels even for a skeptic not to wonder at.

This Awareness indicates that these actions of attacking the symbols of consciousness as that which is designed to create chaos, confusion among the masses, to rally the masses into more easily accepting greater dictatorial controls, police states and to accepting more and more oppression in order to stop such criminal activities. This Awareness suggests that entities wishing further information along this line to consult also that *Solidarity* paper which speaks of the school for assassins.* This Awareness indicates that this in reference to but one arm of this operation; that there are other arms which are not discussed, but in this *Solidarity* expose much deeper and more detailed information can be made available.

*New Solidarity, C/O Campaigner Publications, 304 W 58th St. N.Y., N.Y. 10029 (\$15 for 50 issues).

Christoph Blumrich—Newsweek



WAS A SINGLE ASSASSIN INVOLVED
IN THE ATTEMPT ON REAGAN ?

QUESTION:

Awareness, there are many entities that wonder, after looking at the illustrations recently of the way the bullet entered President Reagan, how a bullet could come from above when the assassin was crouching in front of the President?

COSMIC AWARENESS:

This Awareness indicates that the shot as having been fired from above while the other assassin was below, keeping the shots going in the general area, so that the agent above would have greater time to aim directly at the President. This Awareness indicates that essentially, the assassin below as that which was a decoy to allow the above assassin to have more time for a more precise aim.

MIND-CONTROL IN RELATION TO ASSASSINS

(The Vienna connection of your head-shrinker)

This Awareness indicates that in regards to the attempted assassination of the President Reagan, entities may also note that the would-be assassin as being in the family which was a staunch supporter of the Vice-President Bush, and that the would-be assassin's brother as having planned a dinner engagement with the son of Vice-President Bush near the time of the attempted assassination. This Awareness indicates that these family links cast much shadow of suspicion upon the Bush family and its ties with the Hinkley family. This Awareness wishes to point out however, that were the Bush family in any conscious way involved in such conspiracy, they would not have allowed someone as close as the Hinkley family's son to be used as an agent for this action. This Awareness indicates rather, this as an action which in part, was intended to cast shadows of suspicion upon the Bush family simply by its connection with this family.

This Awareness indicates that the link to these assassins will be found through the psychiatric connection, for it is in this area that these entities are programmed. This Awareness refers entities to a book available through Scientology on mind control techniques as promoted from the Soviet Union, in particular the entity Beria; and that in this small booklet containing a speech of this entity, the institute in Vienna whereby these psychiatrists are trained, this is that which is the headquarters for the mind control center. This Awareness indicates this in reference to the Bolshevik mind control centers.* That these entities working through the psychiatric fields and in mental institutes gain much information about prominent persons within the society through their children or through their family, when these family members are given their family psychiatrist and are brought into therapy.

This Awareness indicates that the more skilled psychiatrists, particularly those from the Vienna school, are those who are most often linked to a greater purpose than merely helping entities to adjust to their environment. This Awareness indicates that unlimited power is given to psychiatrists to determine the sanity or insanity, the freedom or incarceration of others. This Awareness indicates however, not all psychiatrists are in this level of activity. This Awareness suggests that entities wishing further information in regards to this would benefit greatly from studying that booklet from Scientology. This Awareness indicates this may also assist entities in understanding why Scientology is often attacked for its methods, as it also is attempting to release much information that would not otherwise be released in terms of the various control systems.

* Founding Church of Scientology, 2125 "S" St. N.W., Washington, D.C. 20008

SKIN CANCER-ITS PREVENTION AND TREATMENT

(ONE OF THE MAJOR CAUSES OF AGING - THE SUN)

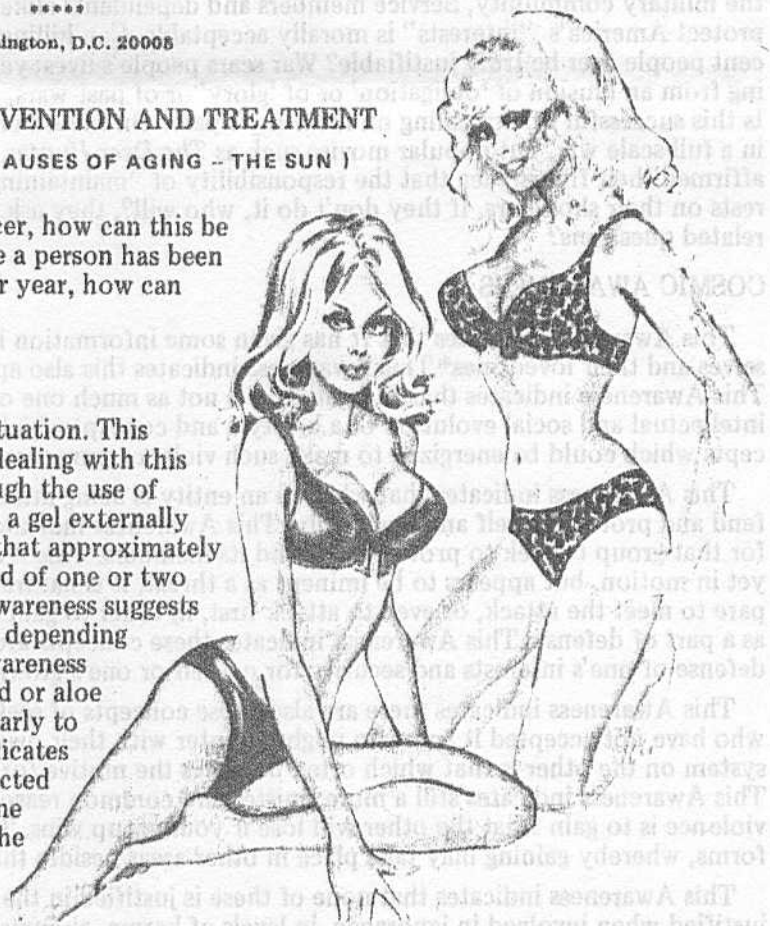
QUESTION:

K.K., of Chicago asks: "In the case of skin cancer, how can this be effectively treated through natural means. Once a person has been burned by the sun a number of times, year after year, how can skin cancer be prevented?"

COSMIC AWARENESS:

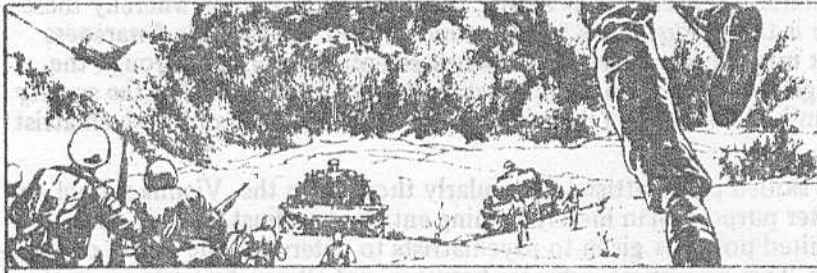
This Awareness indicates this as a difficult situation. This Awareness suggests that the best approach for dealing with this situation once it has already developed, is through the use of aloe vera. This taken internally and also used as a gel externally on the areas affected. This Awareness suggests that approximately 2 to 4 tablespoons of aloe vera daily for a period of one or two months as that which can be beneficial. This Awareness suggests that the amounts may vary with the individual, depending on the reaction the individual receives. This Awareness suggests that this being taken internally as liquid or aloe vera juice. This Awareness suggests this particularly to use the *stabilized* aloe vera. This Awareness indicates that the aloe vera gel may be placed on the affected parts daily, or twice daily, for approximately one to two months. This Awareness indicates that the liquid aloe vera and the gel may be used longer as is necessary, or this may clear up sooner, depending on the degree of malignancy and the scope of the problem.

This Awareness suggests that for entities who have not yet harmed the skin through sunburns, this Awareness suggests that entities be most cautious about allowing the sun to burn the skin. This Awareness indicates this as a *powerful* aging factor. The sun radiation burning the skin as that which is one of the major causes of aging. This and poisonous foods ingested and taken into the system--these both being forms of radiation.



This Awareness indicates that for foods taken into the system, one can assist by fasting and cleansing programs to eliminate such poisons and radiations; but for burns from the sun, the problem can be somewhat slower or more difficult. This Awareness suggests, therefore, that the sun-lovers be most cautious in the tanning process; that you use the gels which have sun screens to prevent the burning process. This Awareness indicates that the ray that burns is not the ray that tans,--the tanning rays can move through the sun screens,--these sun screens as filtering out those rays which burn. This Awareness suggests that when purchasing sun screen oils for the skin, that the entities having very sensitive skin, (those easily burned), should use those salves, oils or creams which have high numbers indicating the sun screening capability. This Awareness indicates that those whose skin does not burn, but tans easily, may use those sun screen creams which have lower numbers indicating the screening capability.

ED's Note: For more information on cancer, please refer to 'Revelations of Awareness' No. 75-76;\$2.00; No. 78-20 (All about cancer, the Great American Tragedy);\$2.00; 81-4 (The Strange Death of Steve McQueen);\$3.00; 81-12 (Cancer in relation to the D Cell);\$3.00; 80-27 (How to Heal the Body, Mind, Emotions & Spirit);\$3.00. Also recommended is the booklet, "Cancer Cover-Up" (Special Report No. 4) released by the Crystal Ball, PO Box 4080, Torrance, Calif. 90510. Price: \$3.00. Aloe vera can be found in most healthfood stores. If you want it by the case in stabilized form, write to C.A.C. for details.



KILLING PEOPLE TO PROTECT THE "INTERESTS" OF AMERICA

(Is war and violence ever really justified?)

QUESTION:

A question from S.D., of Pennsylvania: "As a prior Service member, I have observed that many Americans in the military community, Service members and dependents alike, firmly believe that killing people in order to protect America's "interests" is morally acceptable. Can killing hundreds, thousands or even millions of innocent people ever be truly justifiable? War scars people's lives; yet some soldiers, either out of boredom or resulting from an illusion of 'obligation' or of 'glory' or of past wars, thirst for the fire and excitement of combat. Is this successful brainwashing on the army's part? On the other hand, some Service members fear participation in a full-scale war, but popular movies such as *The Deer Hunter*, *Apocalypse Now*, and *Coming Home* have reaffirmed their flimsy idea that the responsibility of "maintaining America's freedoms by way of bloodshed" rests on their shoulders. If they don't do it, who will?, they ask. Would Awareness please comment on these related questions?

COSMIC AWARENESS:

This Awareness indicates that *It* has given some information in regards to entities' rights to protect themselves and their loved ones*. This Awareness indicates this also applies to the protection of your group or unit. This Awareness indicates that the question is not as much one of moral concern as it is a question of spiritual, intellectual and social evolution of a lifestyle and concept which is energized out of proportion to other concepts which could be energized to make such violence unnecessary.

This Awareness indicates that wherein an entity is being attacked, it is natural for the entity to wish to defend and protect herself and her family. This Awareness indicates that when a group is attacked, it is natural for that group to seek to protect itself and its members. This Awareness indicates that when the attack is not yet in motion, but appears to be imminent as a threat, it is natural that an entity or a group might wish to prepare to meet the attack, or even to attack first, in order to gain the element of surprise which may be necessary as a part of defense. This Awareness indicates these concepts are the basis of all wars which have occurred in defense of one's interests and security for oneself or one's group.

This Awareness indicates there are also those concepts of seeking to extend one's value system on others who have not accepted it and who might counter with their own value system. Therefore, imposing one's value system on the other is that which often becomes the motive for military action, or violence against another. This Awareness indicates still a more sinister and common reason for attacking another militarily and with such violence is to gain what the other will lose if your group wins. This Awareness indicates that this has other forms, whereby gaining may take place in other areas besides that which is taken from the enemy.

This Awareness indicates that none of these is justified in the higher sense, but all of these actions can be justified when involved in ignorance, in levels of karma, circumstance, and the confusion of the various illusions in consciousness. This Awareness indicates that these entities who believe it is necessary for someone to defend the nation, are absolutely correct given the present circumstances, as they see those circumstances from that frame of reference, from those levels of understanding. This Awareness indicates that were these entities from another frame of reference, they might discover that it is not so much "the folks at home" who are being protected, but the "big boys" up front with all the money who are being protected by this army.

This Awareness indicates that still from another frame of reference, these entities might see that it is an international conspiracy of forces which are playing out a kind of game, whereby the masses do not really matter. What Aunt Mary does on her farm is of no concern to these entities, for these entities are looking at the great game of brinksmanship and power struggles, and do not really have great concern about the individuals or the numbers of entities who might be destroyed in a war, except in the propaganda value of such numbers and the resources of the energies which may be gained or lost by these entities' demise.

This Awareness indicates these are the logistics of war and violence; and wherein these logistics become the major concern and wherein the planners of the international intrigue concern themselves with military affairs as only one of several concerns, and wherein the planners look toward political, economic, religious, cultural manipulation of masses through sophisticated technologies and propaganda systems, and the use of military power as a backup,---this Awareness indicates these entities are not concerned about what is proper and right in defending one nation in its destiny, or another nation in its destiny, for these entities are not identified with nationalities, but with corporations and with ideologies, and with international intrigue, with economics, and with conquest of energies, of wealth, of territory, of human resources. This Awareness indicates these entities do not care what flag waves over your home, or what party rules in your nation, except if these are of some value toward their overall plan for further conquest of that territory, or wealth, or position of power which they seek.

This Awareness indicates therefore, these entities will send forth a little note, which is the result of some meeting, which then becomes a policy for one of the nations, which then is passed among the plotters of the nation; and these entities, having received this little piece of paper, or this message delivered in some other way, now know what they must do, and set about to make the new atmosphere and bring in the new energies so that this nation which they are plotting in, can now change and take on the role which the international plotters seek to have it play.

This Awareness indicates therefore, these entities may choose, (if this is part of the plot), to switch from a peacetime nation, to one which must move toward greater military build-up, and to switch from the peacetime pacification of the masses through the communications system to one which stirs up the emotions of the masses, awakens them to the drumbeat, and begins creating the atmosphere, the attitude, and the excitement of the desired energy for the build-up of military machines, propaganda, brainwashing techniques, training activities, industries, and the eventual war.

This Awareness indicates that it is not so simple as entities walking around in their polished boots, taking orders from the First Sergeant, polishing their rifle, tearing it apart, putting it back together, trying to get this just right, perfected down in a certain length of time, checking the rifle barrow to be sure it's spotless, making sure there is not a single grain of dust within the barrel so that the bullets which come out are not affected by such a grain of dust, nor the barrel scratched by such a grain of dust. These soldiers in training, being fixated on these little grains of dust and rituals and routines regarding their shiny boots, their weapons, their various training manuals and behaviors,---these entities are not given time or opportunity to understand that the little piece of paper which comes from some international meeting of the 'Big Boys upstairs' which decides that they'll start a war with this country against that country on this and this date, over an issue which will be created by this agency working in connection with this other agency from the other nation, (these agencies also controlled by these international plotters), and in this war, they will bring about the conditions whereby the wealth of the area will be stabilized in their favor because the new territory which will be taken, and by weakening this nation and by getting this other country involved in this particular area, and also by having an excuse, due to the war atmosphere, to clamp down on dissidents.

This Awareness indicates that these soldiers cleaning their rifles, following their orders, being told that they are good soldiers, protecting Aunt Martha on the farm, and someone must do it,---these soldiers are pathetic victims of war, even as those who die from their ignorance are also pathetic victims of war. This Awareness indicates that, in fact, all of humanity suffer as pathetic victims of war, and even those who think they smell victory will discover that they are only smelling the stench of their own demise.

This Awareness indicates that when mankind awakens to reality rather than propaganda, mankind will begin to create armies of peace, rather than armies of war. These will be entities who are trained to negotiate, to reconcile, to offer themselves as peacemakers between those who are in conflict; and these armies of peace will spread around this little globe like lights, reconciling the darkness and ignorance, bringing light to bear on the problems,---the poor communication, the iniquities of relationships,---and these Armies of Light will be funded by the nations which are guided by Divine Energies and a love for peace.

This Awareness indicates that all of this *must* come in some moment of time; and when it comes, those entities who have been programmed to believe that they must protect Aunt Martha on the farm by being willing to sacrifice their life, to kill those men, women and children "over there",---such entities will suddenly look at themselves and ask, "What am I doing here?"



This Awareness indicates when this occurs en masse, then the weapons can be changed into plowshares and constructive activities for feeding the masses, building homes, creating public parks, libraries, schools, hospitals and places to care for one another. These actions of construction can begin in earnest in every country, with each country helping the other in whatever way it can; and then peace can indeed come to this planet for each individual, so that each entity has the opportunity to discover his or her full potential in talent, in art, in performance, in intellect, in spiritual expression and in all ways in which one wishes to discover one's potential.

This Awareness indicates that the grandeur and beauty of such existence upon this plane cannot be imagined by entities who have been programmed and have been associated with war and violence. However, these creations which can come about from the New Being of humanity at peace,---these creations are such that entities would find themselves growing in bliss, in ecstasy, in harmony beyond anything imagined, as cooperative, artistic, architectural, social, intellectual, dramatic, musical, dance, technological and medical expressions are allowed their freedom.



Müller / NRC, Hunch-folled / Rotterdam

*** ED's Note:**

For more information on defending one's self, please refer to 'Revelations of Awareness' No. 80-34 (Resist Not Evil); \$3.00. Also No. 80-2 (Healing the Vietnam Veterans of War Horror and Guilt); \$3.00 from C.A.C. For more information on the Illuminati and those "Big Boys" please refer to No. 79-1 (The Gathering Storm); \$4.00, and the readings that followed.



Ditt / Arbeiter Zeitung / Vienna

"Hey, Joe. Would you believe there's a Robotoid running the Chase-Manhattan these days".

**WHEN SHARING INFORMATION WITH OTHERS --
WHEN IS IT TIME TO "SHUT UP"?**

QUESTION:

E.C. of Santa Ana, Calif., would like to ask: "I'm sure I'm not the only one with this problem. Although I have successfully avoided being associated with the lunatic fringe, there are times when I feel that I have said too much; that what I know, (or think I know) is not just a 'little far out', but 'absolutely outrageous'. Now my question is this: what kind of guidelines can Cosmic Awareness give to keep us from coming across too heavy when one person in a group can benefit from the information we have, but others cannot. In short, how do we know when to shut up?"

COSMIC AWARENESS:

This Awareness indicates there is an old phrase: 'When in Rome, do as Romans do'. This Awareness indicates that essentially this means be in touch, be in tune with those around you and melt in with the crowd. This Awareness indicates this likened unto the chameleon which changes its color to fit the environment. This Awareness does not mean that entities should lose their identification or individuality, but rather that you not try to be outstanding when it is not appropriate or to your benefit to do so. This Awareness indicates that which is different stands out, and that which is outstanding is noticed, and that which is noticed is judged.

This Awareness indicates that when something is noticeable it comes under scrutiny, and evaluation and judgment may occur, particularly among the masses. This Awareness indicates therefore, unless you are willing to accept criticism from those who may not know what they are talking about, you may wish to remain less outstanding and blend in more with the crowd. This Awareness suggests however, for those who would like to expound somewhat and share what they know with others, it is advisable to give entities as much as they appear to want to hear, and perhaps just a little more.

This Awareness indicates that as long as the entities appear interested, you may continue giving information; but when the entities begin to look at you like they wonder whether you're "for real" or not, then you may have said too much. This Awareness indicates when such occurs, rather than be stuck with the feeling that you have overstated yourself, you may find it beneficial to make a slight joke of what you have said, allowing others to realize they do not need to take it seriously, that much of what you say is speculation, and you are not absolutely sure whether you believe this or not. It is something to think about, but not necessarily an absolute certainty to you. This Awareness indicates that essentially, entities wishing to make others aware, should not promote their ideas as absolute beliefs, but rather should promote their concepts as *something to consider*.

This Awareness indicates that wherein one entity wishes to hear more, and others appear to be skeptical; unless you enjoy the argument, it would be better for you to speak to that entity about these things in private. This Awareness indicates for example, you may be speaking to a Wanderer or Star Person who intuitively hungers after what you have to offer; whereas the other entities of the crowd may be remnants of the Neanderthal ancestors, still carrying Neanderthal genes in their systems, and may be of some low mentality which could not possibly conceive of what you are discussing. This Awareness indicates to talk of these things among such entities can be equated to the parable of casting pearls before swine. This Awareness indicates that therefore, it could be better for you to wait until an appropriate time to speak with this entity to hear what you have to say, when there are no alien or hostile ears to hear, or mouths to criticize.

IS THERE ANY WAY TO PREVENT THE MENOPAUSE ?

(More on GH3 to slow down the aging process)

QUESTION:

A question from L.T. of Bremerton, Washington. She wanted to know if Awareness had any information on any way a woman could prevent the menopause from occurring?

COSMIC AWARENESS:

This Awareness indicates that this as a hormonal change which occurs in both male and female entities. This Awareness indicates that this is not something that can be totally avoided, but is something which can be modified to become more tolerable in its effect. This Awareness suggests that the use of GH3 as that which inhibits certain hormone and enzyme activities that begin increasing generally after the age of forty, which lead to more rapid aging processes. This Awareness indicates that the use of this substance in hindering this enzyme and the hormonal effects, allows a more slow movement with less intense disruption to the endocrine system. This Awareness indicates that also diet which shifts more toward the vegetables and protein from seafood, particularly away from the red meats and fats and the high carbohydrates,---this Awareness indicates that these can also be beneficial in moving into this stage of life for the hormones' reaction is much more intense for entities who have high or low blood sugar or who have poor circulatory systems.

This Awareness indicates that generally, good nutrition through proper foods and supplements can be beneficial in this regard. This Awareness indicates also, physical exercise of a sustained nature, wherein approximately 20 to 30 minutes daily is experienced on a basis of continued action during that period,---this not effective so much when broken up by rest periods and excess efforts, then more rest, then further efforts. This Awareness indicates that sporadic exercise, while beneficial in this regard, is not quite as beneficial as is the sustained exercise of walking, swimming, jumping rope, or something similar for a period of 20 to 30 minutes daily.

WILL THIS PROGRAM EXTEND THE CHILD-BEARING YEARS OF WOMAN ?

(More on the 'Middle-Age Crazies')

QUESTION:

Awareness, the menopause generally means the end of the childbearing period of a woman. Will this program just stated by Awareness extend the childbearing years to a female?

COSMIC AWARENESS:

This Awareness indicates this can be beneficial in assisting the hormones of the entity's body to continue functioning for a longer period. This Awareness indicates that it is more than simply the end of the childbearing stage: this also affects men in a somewhat different manner, whereby the hormonal balance begins to change. This Awareness indicates this is often referred to as the 'middle-aged crazy', wherein the male begins to behave in an unusual manner, often seeking to recapture his youth through some form of ego game, or through reactivating old friends or old activities which were experienced years before. This Awareness indicates the entity also may become highly emotional and high-strung for a period.



This Awareness indicates that in the female, these same emotions may occur; that the effect on the child-bearing as one of the symptoms. This Awareness indicates that the entire sexual circuitry as that which undergoes changes and this also in the hormonal balance in terms of the other endocrine glands of the body. This Awareness indicates essentially, what is occurring here is a shift from the emphasis of the lower, physical chakras to those of upper chakras, which become more emphasized during this period of the life. This Awareness indicates that it is also during this shift that the aging process, triggered by the enzymes, begins to accelerate.

This Awareness indicates that the GH3 substance and aloe vera juice, these and other substances such as the RNA, selenium, vitamin B-15, vitamin E, vitamin C, nucleic acid---this Awareness indicates that these and other substances which assist in retarding the aging process are beneficial during these transition periods, or that which is known as the 'change of life'.

HOW COME SO MANY WOMAN OVER 40 ARE HAVING BABIES ?

(More on the joys of sex and better nutrition)

QUESTION:

It used to be generally accepted that fortyish was the cut-off range for safe and healthy childbearing; but more recently, many many more women in their 40's are having children, and I don't think they've already been taking all of these things, particularly the GH3.

COSMIC AWARENESS:

This Awareness indicates that much of this is related to the stress factor. That in previous times, many entities having children at earlier ages experienced great stress, and this brought on earlier menopause experiences. This Awareness indicates this also related unto the attitude itself toward sex, wherein this attitude in previous times was such that women were often influenced to think that they should not enjoy sex, but simply serve their husbands. This Awareness indicates that in present times, the attitude which women are more and more recognizing is that sex is natural and should be enjoyable and that there is nothing wrong with them enjoying sex, even at older ages.

This Awareness indicates that there are also more and more women who are taking better care of themselves in terms of nutrition and diet. The foods which are available to entities today are much more vital than even ten years ago. This Awareness indicates particularly in the area of breads and in the emphasis on fresh vegetables rather than canned foods, which were often more common in the last decade than present. This Awareness indicates that entities do experience greater nutrition opportunities in present society than ten or twenty years previously. This Awareness indicates also there is more information available to entities in regard to proper nutrition, and entities--many of these being women--who have altered their lifestyles somewhat in comparison to earlier generations; the altering of lifestyle including also the altering of the diet. This Awareness indicates there has been a very strong influence on diet by entities such as Adelle Davis and the various books which are used by those involved in the more holistic lifestyle---this including those books by Rodale, Jethro Kloss, D.C. Jarvis and others.

ED's Note:

GH3 is still illegal in the U.S. (thanks to the FDA which prevents anything that really heals from getting on the market). However, as previously reported, you can obtain this substance in powdered form, mixed with ginseng, and have it airmailed to you without problem. The price is \$42 for a 3 month supply. (Take enough twice a day that you can dip on the point of a small knife). Send money orders, not personal checks. Airmail postage is 40 cents. Send to:

Dr. Carl Gaul, 51 Schloss St. 6780 Pirmasens, West Germany.

Aloe vera can be found in most healthfood stores. If you want it by the case in stabilized form, write to C.A.C. for details.

The books: "Folk Medicine" by Jarvis, and "Back to Eden" by Jethro Kloss are also usually available in healthfood stores. These are also permanently stocked by CAC. (See book catalog).

"WHEN TWO OR MORE GATHER IN MY NAME, I SHALL BE AMONG YOU"

(Did Jesus mean he could not be reached by just one person ?)

(More on the Elohim)

QUESTION:

A.M. of Palm Beach, Fla., asks: "Edgar Cayce has indicated in his readings many times this saying of Jesus: "When two or more gather in my name, I shall be among you." Why must these be *two or more* in a group and not only one? I believe this was referring to a meditation. It seems, according to this, Jesus wouldn't be with you if you are alone in meditation. Can Awareness comment on this?"

COSMIC AWARENESS:

This Awareness indicates that this as part of the esoteric teachings of Christ. This Awareness indicates that the entity Jesus as having traveled extensively throughout the secret schools of the various esoteric teachings and systems of both Egypt, Persia, Tibet, India and even into China. This Awareness indicates this entity also having studied in the areas of the Holy Land, with the Hebrew priests, as has been indicated. This Awareness indicates that this entity, in so studying, became fully aware of the inner teachings of the ancient religious science which has been contained in fragments in different areas.

This Awareness indicates that this entity, realizing from these ancient secret teachings, the esoteric meanings in the various religions of the different countries, was speaking largely to his Disciples, who were to have become Initiates of the same information, the same teaching; and this entity spoke in code to these Disciples, yet leaving that which was an exoteric side, or outer side of the teachings. Therefore, there was the inner teachings, and the outer teachings which the public would receive.

This Awareness indicates the Apostle Paul was schooled in the understanding of the outer teachings, and expounded these to the public, and has been the major force in the teachings of Christ down through the ages, but this has been the *outer* teachings.

This Awareness indicates the *inner* teachings as having been a code which was to have remained secret with his Disciples, who would have spread this quietly and secretly to others, setting up secret schools, so as to release the inner teachings, the Great Work, the True Message to the world without this being shut off by the powers which sought to keep the masses in ignorance. This Awareness indicates that this entity as having the inner teachings of the secret schools of Egypt, of the Hebrews, of Chaldea, of India, of Tibet, and of all these priestcrafts, and that it was at the time forbidden that any such priest would release such information or publicly proclaim and carry out miracles.

This Awareness indicates that this entity, Jesus, feeling that it was important for the masses to somehow be given the information which would free them from bondage, sought through this method of teaching his Disciples the secret esoteric meanings behind religious symbols. This Awareness indicates therefore, the entity preparing his Disciples, found himself and those who followed him to be in a position of danger, insofar as the wrath of the priests would forbid further exposition of these inner teachings.

This Awareness indicates if entities have thoroughly studied the material this Awareness has given in the *Scorpio* Correspondence Lessons on magic, entities will then be able to follow with a new interest the teachings of Jesus and the messages in the *New Testament*. This Awareness indicates for these symbols given in the *Scorpio Lessons* are the esoteric, or inner teachings and symbols which were used by the entity Jesus in his parables and messages to his Disciples and to the masses.

This Awareness indicates that wherein the statement, "If two or more are gathered together in my name, there I will be also"---this Awareness indicates the external or exoteric meaning is that it requires a meeting of two, three, four or more before the Christ Consciousness would show up. This Awareness indicates however, the esoteric meaning, (for those who had ears to hear the inner teachings), this "two or more" referred to the conscious and subconscious, or the middle and lower self of the entity, as the two, and the Higher Self as the Triune Being; and if more were present, such as another entity, this too would be favorable.

This Awareness indicates however, that the message was basically directed toward the conscious and subconscious, meaning that if the conscious and subconscious are in harmony in a mystical union, working together, a house not divided but unified, if the conscious (male) and the unconscious or subconscious (female) aspects of the human body were together in harmony, then the third aspect, the Christ Consciousness, would also be present. This Awareness indicates in different terms: if the Adam (or conscious mind, the man) and the Eve (or subconscious, the soul or Holy Ghost) were present together in harmony,--then this Holy Ghost as messenger, would allow the connection of the man or mind, the conscious aspects, to have access and unity and oneness with the Father, or that which is the Christ Consciousness, which is One with the Father.

This Awareness indicates that these were terms used in the ancient symbolic language of the inner priestcraft of the various secret schools who derived their religious teachings and science from times which date back to pre-Egyptian era, back to times prior to any recorded history as is presently known, in the hidden religion of the Elohim. This Awareness indicates that this religion of the Elohim was, in fact, a science of consciousness, and the creation through the structure/molding action, directing of consciousness.

This Awareness indicates these Elohim have been within the universe known to man as long as human consciousness has been able to conceive of itself. This Awareness indicates that essentially, the Elohim, or Els, move from dimension to dimension, from Celestria into Terrestria, moving from space, from the spiritual worlds, the inner worlds, into the outer and sensual worlds of matter, or back from material into immaterial states of matter at will. This Awareness indicates that there are many entities embodied in physical form who are, in essence, Elohim embodied as human beings. There are many who, in dissolving the physical form, will realize that they are Elohim.

This Awareness indicates that there are ways of moving from material to immaterial states of being and there are also ways of moving from material to immaterial states of consciousness, and from immaterial to material states of consciousness. This Awareness indicates wherein an entity moves from the immaterial state of consciousness to the material, or finite state, the entity often forgets his Divinity and immortality, and

assumes himself to be a physical, limited being, simply because of the appearance which the senses read from their observation of the material realm. This Awareness indicates that all entities are evolving toward Divinity and Elohim status, or are descending from the status of the Elohim toward material and finite states.

This Awareness indicates that the entity who is divided, wherein the two are not together, the conscious and subconscious in disharmony, cannot possibly create the proper atmosphere within their being, within the body which they inhabit, within the house of this unholy marriage, to allow the Christ Consciousness to also enter and be Lord of the home.

This Awareness indicates the symbology of marriage, male and female, in the exoteric teachings is that which reflects the esoteric teachings of the conscious and subconscious minds within an individual, regardless of what sex that entity is. Each entity, male or female, has within them the conscious and subconscious aspects, and these are known as spirit and soul, and the Christ Consciousness is present when any of these two,--spirit and soul,--come together in the name of that Higher Self,--that Higher Consciousness, allowing It to be Lord over the other aspects of being.

ED's Note:

For more information on the Elohim, please refer to 'Revelations of Awareness' No. 79-18 (A Cosmic History of the Illuminati) \$3.00; 79-25 (Cosmic Awareness Reveals the Secret of the UFOs); \$4.00; 79-27 (The Last Supper); \$3.00; 80-36 (How to Go Back in Time); \$3.00 from C.A.C. (Also please refer to the numerous material on Jesus as well as that of the Jehovah).

(Also please refer to Vol. No. 8 (the 12 lessons in Scorpio) which goes into the high magic of Jesus and the Elohim)

HOW THE C.A.C. MEMBERSHIP CONTRIBUTES TO KEEPING THE COSMIC AWARENESS CHANNEL OPEN

(Opening Message, C.A.C. General Reading, May 7, 1981)

This Awareness wishes to describe briefly the energizing process which contributes to these readings, which has not been previously mentioned. This Awareness indicates that this is in reference to the membership at large.

This Awareness indicates that these entities who receive these messages directly and who pass on these messages to others, create a kind of mandala,--this likened unto a tree, with branches and limbs, and twigs coming from these. This Awareness indicates that even as these messages are sent out, both in consciousness and in printed word or spoken word: likewise, there is an energy that returns. And this returning energy, coming from all of those who have received these messages this returning energy is that which assists in continuing to keep the channel open.

This Awareness indicates that when the Interpreter is in the state of openness for this channel, the energies of those readers,--the readership, those who receive these messages,--these energies come pouring back into the channel, assisting in keeping it open and allowing the information which comes through to be of a broad and general nature which applies to the individuals whose energies have come back through the channels of communication. This Awareness indicates that as the Aka-cords are established whereby energy is sent out to individuals, to the members, to the readers, these Aka-cords also bring back through this channel energies of a quest, of a receptive nature which ask that the messages continue, which ask that the messages address the particular needs expressed by each of these many energies which come from the readership.

This Awareness indicates that even wherein no direct communication occurs in terms of returning energies, still the Aka-Cords carry a contact, a closeness which unites this Awareness with each individual who receives messages from this Awareness; and each individual who receives such messages is felt by this Awareness in returning energies through the Aka-cord system.

This Awareness indicates that this also occurs through other than this particular channel: this also occurs through your own channels, through your Higher Self, through the direct contact with the Divine. This Awareness does not wish to imply that this particular channel as being necessary in order for entities to have contact with this Awareness in this manner, for entities can have contact through their own channels.

ED's Note: This is probably a good point to remind our readers that it is their questions, primarily, which makes this publication possible. Please do not hesitate to send in questions to C.A.C. (on any possible subject you can come up with). Even personal questions, which have general interest and which can be applied and used by others, are often asked. You will receive a personal copy of your question as soon as the trance tape is transcribed and before it is published, if it is published. Thank you.

