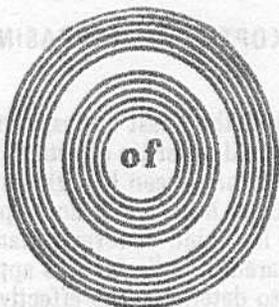


Revelations



Awareness

81-23

The New-Age Cosmic Newsletter

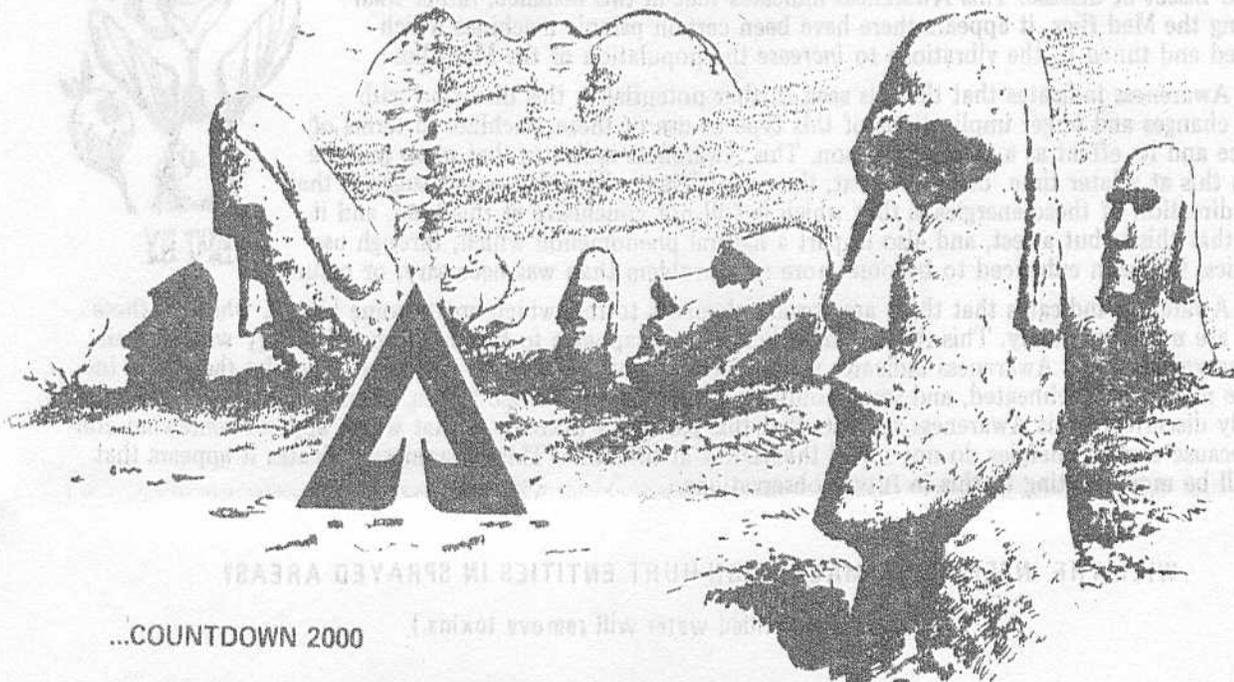
Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

\$3.00

(Helping people to become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



...COUNTDOWN 2000

CORPORATE CANCER DEVOURING OUR PLANET

...THE MURDER OF MOTHER EARTH

...THE MEDITERRANEAN FRUIT FLY INVASION

...THE CONCEPT OF "RESIST NOT"

PAUL SHOCKLEY
INTERPRETER

(C.A.C. General Reading, July 24, 1981)

QUESTION:

Would Awareness indicate if the Mediterranean fruit fly invasion in California which has suddenly burst upon the scene and created an emergency in that area, is a natural event; or is this part of the plan that was to create the starvation and the crisis in this country that had been indicated before?

COSMIC AWARENESS:

This Awareness indicates that this does not appear to have been deliberately planned. This Awareness indicates however, this may contribute to problems in terms of food prices and rising cost and shortage of foods. This Awareness indicates however, this appears at present to be that which will not be of great significance at this present time. This Awareness indicates however, it also appears that if not properly checked, the problem could worsen.

SCIONICS TEST BY SKOPTSIS IS INCREASING FRUIT FLY POPULATION

This Awareness indicates that in terms of the Beast forces, or that which has been referred to as the Plan of the Beast to create conditions which would assist its efforts in bringing about dictatorial controls, this Awareness indicates that this appears not to have been brought on by that which could be termed as artificial, or man-made causes. This Awareness indicates however, it does appear that there is a psionics type of energy involved, whereby these energies are used in a kind of reverse manner to increase the population of these Mediterranean fruit flies in this area. This Awareness indicates this appears to be originating through the Skoptsis as a kind of experiment, as well as a test to determine the effectiveness of certain psionics techniques.

This Awareness indicates that this does appear to have enhanced the population of these Mediterranean fruit flies.

This Awareness reminds entities that the psionics machines can be used for forms of insecticide techniques whereby these machines may be used to destroy insects or various diseases, according to certain methods of tuning in to the etheric vibratory rate of that particular insect or disease. This Awareness indicates that in this instance, rather than destroying the Med flies, it appears there have been certain psionic machines which are turned and tuned to the vibrations to *increase* the population of the Med flies.

This Awareness indicates that there is seen further potential in this direction with possible changes and larger implications of this type of use of these machines in terms of pestilence and its effect as a type of weapon. This Awareness indicates that more may be given on this at a later time, but at present, this is sufficient. This Awareness suggests that the full direction of these energies is that which is still not conclusive at this time, and it appears that this is but a test, and also in part a natural phenomenon which, through use of psionics, has been enhanced to become more of a problem than was necessary, or natural.

This Awareness indicates that there are certain elements to this which create some blocks, whereby these energies are not seen clearly. This Awareness indicates there appears to be some type of energy which needs greater energizing. This Awareness indicates this relates to another frame of reference, whereby the forces involved are not clearly delineated, and some confusion exists between these forces, so that a clear description is not easily discerned. This Awareness suggests that this particular message as that which appears somewhat confused because certain energies do not reveal themselves at this time. This Awareness indicates it appears that there will be more relating to this in future observations.



WILL THE INSECTICIDE MALATHION HURT ENTITIES IN SPRAYED AREAS?

(Drinking distilled water will remove toxins)

QUESTION:

They are spraying thousands of acres with the insecticide Malathion, and many of the entities living there are protesting strongly (to no avail), and are worried that months or weeks of spraying this Malathion is going to be harmful to the health of their families. If this is so, could Awareness give any suggestions on what these entities might do to overcome the effects of Malathion?

COSMIC AWARENESS:

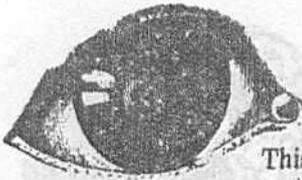
This Awareness suggests the drinking of distilled water, approximately one-half to one gallon daily, for approximately three weeks will help to remove toxins from one's system. This Awareness indicates that a good strong immunity system is also helpful; the immunity system is that which can be strengthened with proper diet, exercise, fresh air, and cleansing of the organs and blood through the proper use of vitamins and minerals. This Awareness indicates that much has been given on this type of cleansing in other readings.

This Awareness indicates that it does not appear that this spraying will be of any great damaging effect on entities, except in certain instances wherein, through use of substances that collect this and convey this in such a manner as to condense this substance, so that entities consume excessive amounts;--this Awareness indicates this could be somewhat damaging. This Awareness indicates for example, wherein gardens have been sprayed with this substance and the products of the garden are eaten without washing the substance off, and wherein large amounts of this have fallen upon these gardens, then some effect may be felt.

This Awareness indicates however, that generally the effect of this substance is that which is negligible to most entities, except in rare cases where an entity has poor immunity, or is particularly allergic to substances within this spray. This Awareness indicates that it is essentially not much different from an entity spraying flies in one's home, and remaining in the room with the smell of the spray being inhaled. This Awareness indicates this, while not healthy for an entity, is quite common, and entities survive without any particular difficulties, except in rare cases wherein allergies or other problems are accentuated.

WILL MOTHER EARTH BECOME ANOTHER EASTER ISLAND?

(More on PCB and the destruction of the life-chain)



QUESTION:

This question from W.W. of Gainesville, Florida is along the same line: "Just recently I watched a television show called "Bitter Harvest", starring Ron Howard, which concerned the chemical PCB which was accidentally (?) dumped into cattle feed in Michigan during the 70's. It has now been announced that 8 out of 10 people living in Michigan have this cancer-causing agent in their tissues. We lived in Michigan at that time, and we were having many health problems. These problems were primarily the reason why we moved from Michigan to Florida. Our health has improved to some degree since 1979, which was the year that we moved. What I am asking is this: was the dumping of PCB into the cattle feed actually an accident, and is it true that we can never get this out of our body tissue as they tell us? And is there any type of antidote that can be taken to help remove this dangerous chemical?"

COSMIC AWARENESS:

This Awareness indicates that essentially, the immunity system of an entity is the greatest defense against these substances. This Awareness indicates that wherein the immunity system is weakened, then these substances have greater effect on entities, and problems may arise. This Awareness indicates that essentially, the continual use of insecticides and of other substances, such as herbicides, is that which is creating a growing problem, and which in time, along with other thoughtless actions, can create a crisis situation on this planet that may have no possibility of redemption.

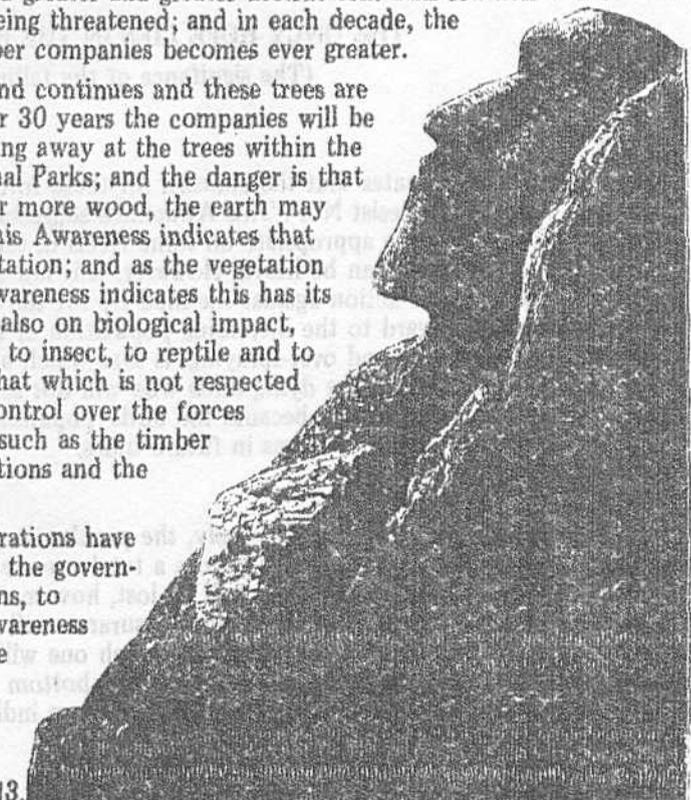
This Awareness indicates that an example is that which is known as Easter Island, wherein the trees of this island were cut down and the large population of the island continued to use up all of the vegetation upon the island for building and for burning, for heat; and eventually these entities had to turn to their own homes and burn these materials for heat, as there were no more trees or other vegetation to burn. This Awareness indicates when this eventually was consumed and there was no more wood or vegetation, the entities then were forced to enter into small caves, living in rocky crags and caves within the island; and there was no food available, for the vegetation had been stripped and the soil was barren and seeds were not present.

This Awareness indicates that then came the inevitable: wherein these entities divided into groups, and for food began to attack and raid each other; and in the urgency of the situation, became cannibalistic, feeding off of each other. This Awareness indicates that the island was such that fishing was not sufficient, and the entities could not build boats for they had no wood, and therefore, were dependent entirely upon the resources of the island; and these resources had been totally depleted, and the only resource left were the entities living upon the island. This Awareness indicates thousands of entities upon this island (this appearing to be approximately 30,000), dwindled in a few short years, to approximately two to three hundred.

This Awareness indicates that similarly, trees are being cut down throughout the world. The Brazilian jungle is that which is being mutilated, and the Brazilian jungle creates one-fourth of the oxygen upon this planet. This Awareness indicates that trees in the North American continent are being cut down. Though some are being replanted, the overall movement is toward greater and greater destruction. This Awareness indicates that these trees of the great Redwood forest are being threatened; and in each decade, the threats of invasion into the National Parks by timber companies becomes ever greater.

This Awareness indicates that if the present trend continues and these trees are devoured by these companies, within another 20 or 30 years the companies will be demanding smaller trees, smaller vegetation, whittling away at the trees within the cities, and parks of the cities, as well as the National Parks; and the danger is that in time, with increasing population and demand for more wood, the earth may become similar to that which was Easter Island. This Awareness indicates that the oxygen supply for this planet depends on vegetation; and as the vegetation decreases, the oxygen balance is disturbed. This Awareness indicates this has its effect also, not only in areas of social impact, but also on biological impact, and affects all levels,—from fowl to fish, to animal to insect, to reptile and to mankind. The ecological balance of this planet is that which is not respected by the powers who hold the greatest wealth and control over the forces of the planet, which affect the ecological balance, such as the timber company, the agribusiness, and the fishing corporations and the oil companies.

This Awareness indicates that these great corporations have influence into the government policy areas so that the government tends to yield and work for these corporations, to assist in making the 'mighty' dollar sound. This Awareness indicates that while the government can assist these corporations to become more wealthy, and thus stimulate the economy, and thus strengthen the government; this action is in fact weakening the life chain of the biological and ecological balance upon the earth itself.



This Awareness suggests that it would be quite ironic to have a dead planet, with life of a very primitive nature, with all of the records and mechanisms and trillions of dollars available to the governing forces which no longer exist, because of the effort of that government to become more sound financially, and was willing to destroy the planet and ecological balance in order to hold such financial power.



This Awareness indicates that the entire structure of the planet as presently ruled by these little cells, these creeping crawling beings which pitter-patter about its surface like termites, eating down forests, eating up the vegetation, polluting its surface with wastes and chemical poisons--the entire planet being under the control of these entities who do not have a planetary consciousness, but whose consciousness is simply centered on getting paid for eating up more forest, or for spraying more poison, or for creating greater devastation, or weapons of devastation: These beings in charge of such a planet are likened unto the Alien Force, which the planet must yield to and die, or must respond to and overpower; or there must be some internal change within the heart and consciousness of these parasites which eat away at that planet, so that they become more aware of planetary management and ecological needs and the balance of the life forces upon one another.

This Awareness indicates to the planet, the human beings are very similar to diseases running rampant in the human body. There are the white cells and the red cells, which must be kept in balance, each having its own purpose: one serving the immunity system, the other supplying certain nutrients. These white and red cells of the bloodstream, having their purpose and balance, create either the healthy individual, or the weak and dying individual. This Awareness indicates likewise, upon this planet earth there are those forces which are carrying the nutrients to the planet, serving its needs; there are those which rape and pillage from the planet, destroying certain areas which are not suitable. And wherein these become too strong and powerful, like runaway cancer cells these forces can begin to devour that which is the good tissue of the planet, and grow stronger and stronger, spreading the cancerous energies of greed and violence to the planet itself, so that it becomes dead tissue wherein no living cells can survive.

This Awareness indicates that the problems being experienced presently are those which are yet moderate in comparison to that which is to come if the present methods are continued.

THE ONLY HOPE LIES IN THE NEW GENERATIONS

(The significance of the falling sparrow)

(Closing Message)

This Awareness indicates that the concern for these forces as that which must also be recognized in relation to the concept of 'Resist Not'. This Awareness suggests that direct confrontation, direct demand that all cease immediately may be appropriate on some levels in terms of getting the word out, whereby entities can hear and can express and can be heard. However, it is not a real solution, for even as the Med fly is now out of control, and to cease action against the Med fly for the sake of environment is that which would also create further problems in regard to the increasing population of the Med Fly. This Awareness indicates that likewise, extensive spraying, continued over-spraying, is that which also can create other problems, many of which are not yet recognized, such as the dying birds who will not survive the Med fly spraying, who will therefore not be eating many flies and insects because the birds' population also has dwindled; therefore creating a greater potential for further insect problems in future times.

This Awareness indicates that obviously, the problem is complex, and needs to be dealt with in a very careful and rational approach which includes a total overview of the situation, rather than simply the usual approach of weighing how much crop will be lost, how many dollars will be lost from the gross national product or the state of the budget, or how much insurance will need to be paid out, or how much one will make on spraying these thousands of acres, or how much one will lose in one's crop,---all of these questions which come to that bottom line of money and ignore the bottom line of the ecological, biological life chain and the long-range program to sustain a balance: this Awareness indicates that this is that which needs greater awareness and attention.

This Awareness indicates that in the past 30 years, the population of birds upon this earth has been decreased to approximately 30%. This Awareness indicates it is for this reason that there are so many insect problems today; for there are few birds left to deal with insects because man, in his vanity, has chosen to create the pesticides to destroy insects without recognizing their effects upon the allies,—the birds. This Awareness indicates this as but one example of the tunnel-vision of man in his approach to problems, whereby man does not look at the holistic picture, but looks at a part and ignores the rest.

This Awareness indicates that the glimmer of hope comes in that more and more entities are becoming aware of the need to sustain the life chain, the ecological and biological balance upon this planet; and the forces of the multi-national corporations, the great timber companies...these forces recognize that their time is limited. For the younger generation, which is more global in scope, is increasing in strength; and those who have spent their entire life aiming toward power and money, growing fixed and fat in their ways, are a diminishing breed; and those who come en masse are moving in greater levels of awareness for the planet itself, rather than for the almighty dollar. This Awareness indicates that more and more entities recognize the need for a holistic and balanced life, for each other, for oneself, and for all upon the planet; and the old ways, whereby entities sought power for themselves at the expense of others, at the expense of the planet, these entities are a dying breed, and like the dinosaurs of old, will pass away.

Weyerhaeuser criticized

By Solveig Torvik
P4 Reporter

The Weyerhaeuser Corporation has been named to the 1981 national roster of "Filthy Five" environmentally offensive corporations for what were termed "repeated violations of environmental laws" and "heavy contributions to congressmen with poor environmental voting records."

Environmental Action, a public interest lobbying organization based in Washington, D.C., issued its second annual "Filthy Five" list yesterday in commemoration of Earth Day.

The organization said Weyerhaeuser was given the dubious distinction along with Dow Chemical Co., Standard Oil of Indiana, Occidental Petroleum Co. and Republic Steel Corp. for "their unmistakable pattern of repeated, serious violation of environmental laws."

"They have made a mockery of our nation's pollution control effort by seeking to substitute campaign contributions for clean-up expenditures," the group charged.

Organized Earth Day

A Weyerhaeuser spokesman dismissed the award as a publicity stunt.

Environmental Action, which organized the first Earth Day in 1970, is an environmental lobbying group financed by its 25,000 dues-paying members, according to a spokesman for the group.

A news release from Environmental Action cited as evidence of Weyerhaeuser's environmental insensitivity a state Department of Ecology memo written January 5, 1980, by DOE botanist Bill Arensmeyer which said Weyerhaeuser's logging practices along the Toutle River after Mt. St. Helen's erupted are having "an adverse effect on the environmental quality and economic stability of the region as a whole."

Arensmeyer has since left the agency and could not be reached for comment. Agency spokesman Ats Kiuchi said yesterday that DOE told Weyerhaeuser March 26, 1981, that the firm "in all probability exceeded the scope and intent of the emergency exemption" granted for logging after the volcano felled trees in the area.

DOE staff met with Cowlitz County officials yesterday to determine what action, if any, will be taken against the company.

Martin Carty, director of the Cowlitz County Department of Community Development, which reviews forest practices permits under the Shorelines Management Act, said yesterday that Weyerhaeuser had cut down "five or six acres" of trees along the shoreline because of a misunderstanding between his department and the company. The company is submitting a plan for replanting them, he added.

Environmental Action also said Weyerhaeuser's Longview plant was fined \$135,000 for water pollution violations from 1976 to 1979. Last year the company paid \$100,611 for 92 air and water pollution citations and from September 1979 through December 1980 received 94 notices of violations, according to Environmental Action.

The environmental group also said Weyerhaeuser gave \$130,925 to candidates and committees who oppose environmental legislation.

Weyerhaeuser spokesman Lee Bjorklund said his company was proud of its environmental contributions, noting that, although it owns only 1/100th of the nation's commercial forest land, it is responsible for one-sixth of the nation's reforestation.

Bjorklund said the Toutle River dispute stems from a misunderstanding over whether the green trees left above the mudflow would have died.

Weyerhaeuser gave \$3,000 to Senator Slade Gorton, who also accepted \$500 from Occidental Petroleum. Weyerhaeuser also gave \$3,100 to Congressman Tom Foley, \$4,000 to Congressman Sid Morrison and \$3,750 to Congressman Norm Dicks, according to Environmental Action.

Seattle Post-Intelligencer, Thursday, April 23, 1981

MORE ON THE CONCEPT OF "RESIST NOT"

(Opening Message, Same Reading)

This Awareness indicates that in reference to the concept of 'Resist Not', this Awareness suggests that this may be more clearly understood and used as a principle through recognition that non-resistance does not necessarily mean surrender. This Awareness indicates that wherein a force is pushing against an entity,--such as a stream, the current of water,--the entity may choose to either resist the current, swimming against the current or may swim with the current, or diagonal to the current, so that the entity crosses the stream at a lower point and in such a manner as to allow the current of energy to carry the entity downstream, but still saving the strength of the entity by not attempting to swim directly across stream to a point opposite that from which the entity started.

This Awareness indicates to swim across the stream at the shortest distance, directly across, would require greater energy than swimming straight and allowing the stream to carry the entity downstream to a distance further. This Awareness indicates to attempt to swim directly against the current would not allow the entity any opportunity for crossing the stream at all, for the current would be continuous, and would tire the entity out, rather than allow the entity to defeat the current.

This Awareness indicates that likewise, in terms of resistance to forces which are oppressive, this Awareness suggests that you need not think in terms of surrendering to that oppressive force, but rather that you cross the force, going along with the force long enough to allow yourself the greatest ease in your efforts to escape the energies of that force. This Awareness indicates that to buck city hall, or to run head-on in a collision course with an opposing enemy is that which requires a tremendous amount of energy, and will result in damage to both parties in one way or another. This Awareness indicates that wherein the force which is oppressive,--such as a fist coming toward your face, or such as energy directed toward you in a malicious manner,(whether this is verbal, abusive, physical, or in some other way)--that this force needs not be met head-on. This Awareness suggests that this force may be deflected so that it does not connect and have its devastating effect.

This Awareness indicates in the Chinese and oriental systems of martial arts, the practice of deflecting force which is intended to strike one, is as important in the teachings as in any of the positions or actions of striking back. This Awareness indicates that in fact, many of the martial art systems are intended strictly as defensive rather than offensive actions, with the intention of being to defend and to be used as force only for purposes of defense, only as is necessary in order to defend against attack.

This Awareness indicates that in terms of 'Resist Not' as given in the *Law of Love*, that this does not mean that entities should surrender to evil, or succumb to evil actions; this does not mean that entities should become masochistic and should simply allow others to walk over them or bully and push them around...this Awareness indicates rather, this means that entities should not confront in a brutish manner the force, but should rather deflect and diffuse the force so that its energies land nowhere of significance, so that the energies do not strike in any point that is effective.

This Awareness indicates for example, if an entity calls one a 'bull-headed idiot', the action of non-resistance would be not to become offended by that term, but rather to simply allow the term to go nowhere in terms of your personal emotional response; to not identify with that epithet aimed at you, but rather to simply recognize this as an expression of that entity, and not recognize this as a description of yourself which you must identify with. This Awareness indicates thus, the non-resistance in this case is that which is of a psychological or emotional non-resistance.

This Awareness indicates the action of not resisting emotionally to abusive accusations or language, allows one to turn the conversation (or turn the other cheek, so to speak) to ask a question, or to ask for clarification, to bring further discussion regarding the charge of emotion which is being hurled in your direction by that attacker. This Awareness indicates therefore, the question one might ask, if having been labeled such, is to require further explanation of why that entity feels that way about you. This Awareness indicates that this, of course, allows the entity further expression, and allows further discussion, so that the entity is able to release his or her feelings. This Awareness indicates that having not yet landed his or her blow upon you in such a way as to harm you or hurt you, the entity then will release further information and further frustrated energies, telling you more about this feeling of why he or she considers you such and such.

This Awareness indicates that this action is an action of non-resistance and allows the expression. This Awareness indicates that in resisting not, you also have the right to discuss your point of view and to discuss different concepts relating to that point of view. This Awareness indicates the only action of non-resistance involved in this case is to not become emotional and resist the statements of the other by emotionally resisting and responding or reacting through this type of resistance. This Awareness indicates that this as being one level of non-resistance. This Awareness indicates there are also other levels of non-resistance, but this must be understood in a different framework.

This Awareness indicates in the martial arts, the teachings often instruct the students to use only as much force as is necessary to deflect or diffuse the blows of one's enemy. This Awareness indicates wherein there is the threat of physical violence, often emotional energy can deflect the physical violence; wherein there is emotional violence, often mental and verbal discussion can deflect the emotional violence. This Awareness indicates that these energies must be looked at and understood carefully, to determine in each situation whether more emotional force is necessary, or whether less is necessary in defusing a situation, whether some physical action is necessary to defuse the situation, such as throwing a dish, or breaking a glass. This Awareness indicates that preferably, throwing dishes or breaking glasses is sufficient, rather than physical abuse of one entity over another.

This Awareness indicates that the purpose of any confrontation is not to harm another person; rather, the purpose is for the entities involved to have their position recognized and respected by the others. This Awareness indicates that this does not always require a battle of brawn, wherein the winner is the one who defeats the other in a physical match; this often can be settled in other more subtle ways. This may be emotional or mental and verbal, or through conceptual give and take, until the ideas come together and a kind of agreement or contract is eventually worked out which is acceptable.

This Awareness indicates that fortunately, most disputes do not require such intensities, and unfortunately, all disputes could be settled with less intensities than are usually encountered. Unfortunately, many entities are not aware of how to negotiate or how to settle disputes, and therefore tend to push differences into greater polarity and greater extremes, demanding far more from the other than is actually necessary; and that extreme demand creates greater polarization on the part of the other, so that the resistance between these forces increases proportionate to the resistance presented by each in its relationship with the other.

This Awareness indicates that the action of non-resistance is that wherein, rather than surrendering, to be violated by another,--you yield certain levels which could be resisted in order to be more reasonable in your relationship, in your encounter with that energy and that force. You yield in a manner which deflects the strength of the incoming attacking force, and defuse the head-on collision potential of that force by being somewhat more graceful than the attacking force.

This Awareness indicates *It* shall, within the coming months, begin to stress and emphasize more and more the power of grace and refinement, in terms of the use of non-resistance in solving problems. This Awareness indicates that a graceful and very short movement can deflect a very powerful force in such a manner as to totally incapacitate the force with a very small amount of energy expressed in that graceful movement.

THE POLARIZER AS AN AID TO STOP THE AGING PROCESS

(Is this the same 'Rejuvenator' spoken of by Phylos?)

QUESTION:

A question from I.C. of New York City. "Many years ago I read the book, *A Dweller on Two Planets*, by Phylos. He makes a quick mention of a 'rejuvenator', which I have remembered and thought about all these years. That is why the Polarizer is especially interesting to me. Could it be that both of these operate on the same principle? And if so, or otherwise, can Awareness give more details on the one mentioned by Phylos?"

COSMIC AWARENESS:

This Awareness indicates that this as appropriate in principle, although this is in a rather fundamental development stage. This Awareness indicates the Polarizer as that which is a prototype which can be further researched and developed, whereby different pulsations and frequencies affect different pulsations and frequencies affect different conditions on a body, a living organism. This Awareness indicates that there has been much research conducted along these lines in other countries, particularly in West Germany. This Awareness indicates that this dealing with a pulsation of magnetism which may be increased or decreased, similar to the increasing and decreasing of sound frequencies, or electrical oscillations. This Awareness indicates that more information regarding this type of research will become available to the public in the near future. This Awareness suggests at present, much of this is still not popularized as a healing technique, although in other countries, this is more generally accepted than in the United States.

HOW CAN ONE TELL IF THE AGING PROCESS HAS STOPPED ?

QUESTION:

Sam Millar recently sent out a questionnaire to the people that had purchased his Polarizers during the last year, and he says that an awfully lot of them have answered the questionnaire with very enthusiastic reports, about how they found that it has healed various ailments and bones, and problems like that; and several mentioned that they feel it definitely has stopped the aging process. I'd like to know if Awareness could give some information on 'how does one know when the aging process is actually slowed down or stopped when using this device', because it seems like it would be over a very long term?

THE POLARIZER AS AN AID TO CANCER PATIENTS

("CANCER CELLS CANNOT LIVE OR EXIST IN A STRONG MAGNETIC POLE")

COSMIC AWARENESS:

This Awareness indicates that this as a purely subjective evaluation, wherein each entity may subjectively recognize a feeling within self of whether the entity is deteriorating, or is still growing in strength and energy and vitality. This Awareness indicates that each entity is capable of assessing this vitality level better than any outside sources. This Awareness indicates however, there may be some electronic devices capable of so-measuring the increasing or decreasing vitality level of individuals, but these are not accessible to the general public.

QUESTION:

Sam located some information published by a doctor that stated that in his experiments with magnetism, he discovered that cancer cells cannot live or exist within a strong North magnetic field. If this is so, would it be appropriate for the Polarizer to be loaned out to some terminal cancer patients who have been sent home to die by their doctors and who'd have nothing to lose, to see if this could help them with this problem?

COSMIC AWARENESS:

This Awareness indicates that this as appropriate. This Awareness indicates that depending on the degree and progress of the cancer growth, the affect of the magnetic field can hinder or arrest the growth of the cancer; or in some cases, if this has not progressed too far, may reverse this so that a relatively quick remission is experienced. This Awareness indicates however, wherein the condition has progressed to great extremes and vital organs have been damaged, even the reversal of the cancerous condition may not be sufficient to save the life of a patient, who may be also suffering from the malfunctioning organs.

This Awareness indicates that generally, this may be considered as one more weapon in the arsenal against cancer. This Awareness indicates there is also another important weapon which this Awareness will introduce shortly to the membership.

ED's Note:

For more information on magnetism and the Sam Millar Polarizer, please refer to 'Revelations of Awareness' No. 80-2(\$3.00); 80-8 (\$3.00); 80-9 (\$3.00); 80-24 (\$1.00); 81-6(\$3.00); and 81-16 (\$3.00) available from C.A.C. Sam Millar is still manufacturing Polarizers for the C.A.C. membership. Write to C.A.C. for free information if interested.

HOW TO DEAL WITH AUTHORITY

(Letting the kids have more of a voice in family decisions)

This Awareness wishes entities to consider that which is promoted as authority and that which is in rebellion to authority.

This Awareness indicates that wherein an entity has the power to hold a position of authority over others, the question may come as to how entities can deal with this state of power? This Awareness suggests that there are situations wherein entities may simply refuse to be involved in that organization or order which is based on authority. There are situations wherein entities wish to be involved in order to receive benefits from that organization, and therefore these entities allow themselves to be put into subservient positions in order to receive the rewards of involvement with that system of authority even though they do not appreciate being controlled in this manner.

This Awareness indicates that wherein an entity is involved in a situation and wishes to have more to contribute, wishes to have some say in the destiny of the situation or organization, it can lead to an action wherein the entity begins to interfere with the rights of authority of those who hold the structure or organization which the challenger wishes to influence. This Awareness indicates that there can be that which the authority considers as meddling or mutiny which can lead to a discharge, a firing, or a termination of the entity's involvement in that system because of the mutiny or challenge of the authority; and this can often take on disastrous proportions, leading to tragedy on various levels of experience. This Awareness indicates that this reference is in terms of every level, from family to organization or to national or international proportions.

This Awareness indicates that there is a manner of approach whereby an entity may communicate with those in authority in such a way that is least offensive and allows greatest potential for communication and consideration of the entity's viewpoints. This Awareness indicates this as in reference to a proposal submitted to the authority with the suggestions of the entity being submitted for consideration. This Awareness indicates that any entity has the right to submit proposals or suggestions or requests to those in power without expecting to be punished for such proposal, suggestion or request, so long as the entity does not attempt to force his or her ideas on the authority, but rather allows the authority the opportunity to consider those proposals, suggestions or requests.

This Awareness indicates if the authority does not accept the proposals, suggestions and requests, the entity then has a choice of whether to go along with the game as already created, or whether to withdraw from the game and move into other directions, or whether to begin an outright mutiny against the authority. This Awareness suggests that rebellion or revolution may be necessary wherein the game does not allow the entity involved any other way out, any other way of escaping from the controls and powers of that authority.

This Awareness suggests that you look carefully at the message which was just previously given, for this has many levels of application. This Awareness indicates that this as having been the justification for the American Revolution, wherein the colonies had no choice but to submit to the authority of the king or to rebel; for they had already attempted to escape the domination and to begin a different lifestyle apart from the game of the English controls.

This Awareness indicates this as also applicable on other levels in other situations. This Awareness suggests however, that the ultimate revolution is not through bloodshed but through the awakening of consciousness, whereby the psychological warfare of winning over the enemy to your own viewpoint is that which is the most beneficial for all involved. This Awareness suggests of course, that your viewpoint as being that which does not intend to act as an authority, but does wish to allow as much freedom as possible for all concerned, for all entities involved.

This Awareness indicates this message applies also to the raising of children in a family. This Awareness suggests that entities as parents may suggest to their children that they need not challenge or defy or rebel against them, but may suggest to their children that they learn to submit proposals; and, this Awareness suggests that as this occurs, children may learn to deal with authority in a manner that creates the most profitable exchange of communication.

This Awareness indicates also that as the child moves into levels of responsibility, grows older, that parents allow those children to have more and more leeway and greater say in the running of the business of the family. This Awareness suggests that children becoming more responsible do need to have greater voice in the decision-making processes which govern their lives and their expression in the family.

This Awareness suggests that for the tiny child, the family does require more of an authoritative parent, and as the child grows older, the family may move into more of a democratic relationship wherein the children assist in making the rules and the policies, whereby this reflects a responsibility on their part in relation to the family, to the economic needs, and to the society in general. This Awareness suggests that until complete understanding of the society, family and economic and spiritual needs is recognized by the child, the teenager, or the young adult, the so-called parent or authority, still has certain obligations in terms of creating those boundaries, definitions and defining the behavior limitations for the young adult.

This Awareness indicates that the enforcement of those boundaries, rules and limitations, this can also be arbitrated through discussions between the various entities involved, the parents and the youth, to determine how best to enforce these general rules. This Awareness suggests that the best rules are those rules which the parties involved agree upon, the rules which the subjects agree upon, the rules which the children help to make and agree upon prior to the creation of the rules.

This Awareness suggests that there is a difference in authorities stating that, "Here are the rules we want you to agree on," and handing down these rules with the assumption that the underling has no choice but to agree, and asking for the token agreement by an intimidated underling; and the other way whereby the youth, or citizen, or so-called underling, is invited to participate in the discussions which are held to determine what the rules are, and whereby each individual has a choice and a right to veto any rules which does not seem satisfactory, and that individual's veto allows that the entire rule be restudied, reworked, until the individual is satisfied. This Awareness indicates when this occurs, then you have a system for the people, by the people, and of the people, whether this is in a family level or in any other level. This Awareness indicates when this occurs, it then becomes possible for all parties to accept the society's rules. This Awareness indicates without this, there will always be some who object and rebel and there will always be a need for controls on some level.

This Awareness indicates it shall be quite some time before entities can accept the pure democracy, yet this Awareness suggests that this approach be considered first in the families and your own local environment, -for only then, when applied in your own locale and when this is commonplace, then it can be spread into government levels on other more broad applications in structures of the State and National and International levels.

WHAT MEDITATIONS WILL INVOKE THE AID OF THOSE IN CELESTRIA ?

QUESTION:

K.K. writes: "Considering the times we now live in and the changes that are necessary, would Awareness suggest a meditation of invitation C.A.C. members could use to request aid from the levels of Celestria to help the world be healed?"

COSMIC AWARENESS:

This Awareness suggests that the invocation ritual wherein the five-pointed star is made with the blue flaming sword, as given in earlier messages through *Organization of Awareness*; this as one means of evoking assistance. This being simply a technique to allow for the invitation of those forces which can benefit individuals in their efforts and needs, or can benefit groups in their invocation of higher forces for purposes of changing consciousness.

This Awareness indicates that the rituals given, that which is the ritual of the Golden Dawn, the O of A ritual, and the development class rituals, these also have been used as certain invocation rituals, calling in forces from the inner plane. This Awareness indicates that meditation on the highest, those meditation techniques given by this Awareness in the Book of Meditation* as also being beneficial in this regard.

This Awareness suggests that there have been many types of meditations given by this Awareness. There are many types of meditations given by many different teachers. Those meditations which call forth the highest and best for all entities upon this plane, those meditations which bring about an imaging of the healing of this earth, those meditations which do not exclude anyone from that healing and that harmony, are those meditations which can be beneficial for all concerned and which will bring about that peace and harmony that allows all entities to share.

* The Book of Meditation is available from C.A.C. (Price \$3.00).

A NEW MEDITATION FROM AWARENESS (The Law of Love Meditation)

This Awareness suggests that for those who wish a simple meditation that they can do in their own home: this Awareness suggests that prior to falling asleep at night, entities lie on their back, place the hands in a prayer position, the palms touching each other, the fingers pointing upward to the chin, the thumbs lying on the chest.

This Awareness suggests that the hands then be lifted parallel to the face and above the head in the prayer position. That the hands then be allowed to move apart and the arms to be extended outward in the cross position, and then brought downward toward the hips; whereby they come together almost touching, but pass each other and the arms crossing with the right hand on the left side, the left hand on the right side, back toward that which is the cross position but the arms crossed across the chest, and then returning again above the head. This Awareness indicates this then bringing the hands down across the face and returning to the prayer position on the chest.

This Awareness indicates that this action, when viewed, is forming a circle which will be seen as the symbol for the *Law of Love*, wherein a large circle on the outer side is followed by a smaller circle on the inside, caused by the crossing of the arms making that inner circle.

This Awareness indicates while this physical action is occurring, this Awareness suggests that the entity visualize the planet earth being bathed in light and love; and this symbol, the movement of the arms creating this symbol for the *Law of Love*, as encircling that planet earth. This Awareness indicates also that for entities to move into the proper headspace, the proper attitude to be most effective in visualizing this, this Awareness suggests that you lie on your back in your bed and that you forget past or future, tuning into 'here and now,' and forget 'here' and tune into the consciousness which is within yourself, and visualize yourself shooting out into space, looking down upon the earth which hovers before you and around which you make that symbol for the *Law of Love*.

This Awareness indicates when you have completed that symbol, this Awareness suggests that you return to the 'here' upon that earth, and that you then return to the past and future and pick up the concept of time and the lines of time in your life.

THE GENERATION GAP--4TH DIMENSIONAL CONSCIOUSNESS

This Awareness indicates that 3rd dimensional consciousness is concerned with that which happened previously and that which is going to happen soon or in the future. 4th dimensional consciousness is concerned with what is occurring now and is not influenced by past, nor by future, but is attentive to 'what is' at present.

This Awareness indicates that 4th dimensional consciousness is concerned with the moment rather than hours, minutes, days, weeks, years. This Awareness indicates however, that 4th dimensional consciousness recognizes that the moment includes any duration, any duration, from the most minute present to the ends of eternity. This Awareness indicates the term best describing 4th dimensional consciousness is 'presence'; presence relating to here and presence relating to now, the present. This Awareness indicates from the present, entities can look back and forward; and that extension backwards or forward from the present and presence is that which is 4th dimensional.

This Awareness indicates that entities who are in 3rd dimensional levels are not looking back from the present, but are living in the past or living in the future; and from these past and future experiences, are being influenced in the present by those past and future experiences. This Awareness indicates this as the difference for those who can understand this message.

This Awareness indicates those in the present, looking forward and back, can influence future and past,-- those in the 4th dimension. Those of the 3rd dimension, living in the past or the future, are influenced in the present by that past and future, whether this be past experiences or future hopes, their presence is influenced by these. This Awareness indicates these entities as having less influence over their lives than those of the 4th dimensional levels, whereby the entity living in the 'here and now' is able to look to the past or look to the future from what is reality at present. That entity in the present, or presence, is the entity who has the influence over the future and the past. That entity is the 4th dimensional being. This Awareness indicates this is the New Being.

This Awareness indicates it is this transition between the 3rd and 4th dimensional levels of consciousness which is occurring upon this plane that has created so many disturbances during the 60's and 70's, and this transition is that which is creating that which is called the 'generation gap' and also relates to many breakdowns in communication between entities who think that those of one dimension or the other are either looney or are retarded. This Awareness indicates those of the 3rd dimension, looking at 4th dimensional consciousness, assume that the 4th dimensional being is irrational and somewhat schizy and lunatic; while those of the 4th dimensional consciousness look at the 3rd dimensional consciousness and see them as being asleep, hypnotized or in a stupor.

This Awareness indicates that entities of the 4th dimensional consciousness often lose touch with 3rd dimensional levels, and for this they sometimes find themselves in great difficulty. This Awareness suggests when entities move into 4th dimensional levels, it is imperative for their own welfare that they not forget where the 3rd dimensional realities lie. Otherwise, they may lose their physical vehicle through the lack of grounding in the 3rd dimensional realm.

WHY SHOULD THE MEMORIES OF PAST LIVES BE ERASED ?

(COSMIC AWARENESS DEFINES "MADNESS")

QUESTION:

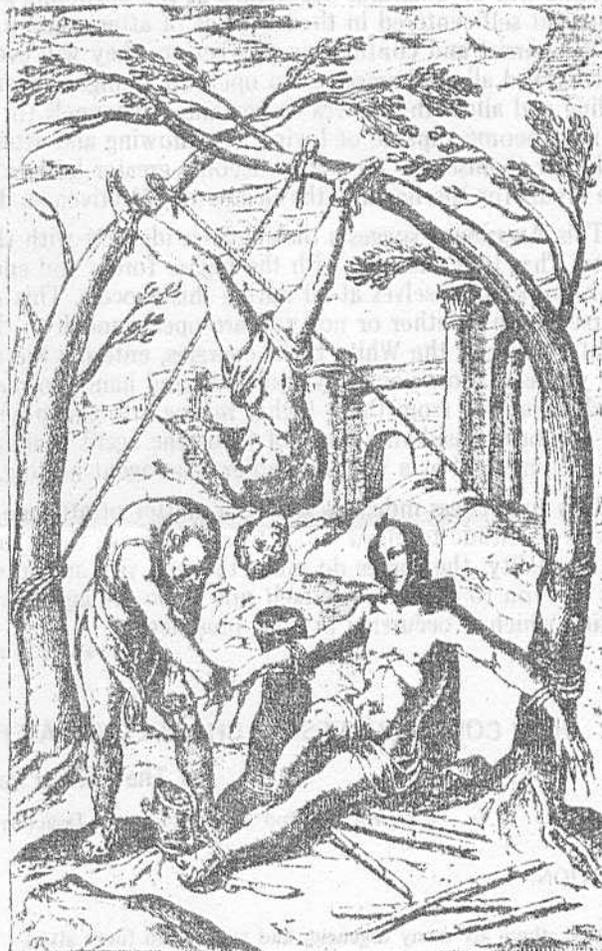
A question from A.V.B., Point Pleasant, N.J.
"What is the purpose of having one's memory erased before reincarnating? It seems to me that a person should be made aware of past mistakes. After all, what good is punishment if the cause is not known."

COSMIC AWARENESS:

This Awareness indicates that the conscious memory is erased, but the subjective memory remains. That underneath, entities recall the core feelings and the necessary experiences which may be carried over from lifetime to lifetime. This Awareness indicates this as likened unto certain soul patterns which are brought from one lifetime into another without the vivid, descriptive recollection of all the intense suffering or guilt or other feelings from the previous lifetime. This Awareness asks, how would you like it if you recalled your lover of a previous lifetime, and throughout this entire lifetime still carried a torch for that entity? And how would you like it if you experienced recollections of your own violation of another entity or of the violation another entity perpetrated against you, of your cancerous condition in a previous lifetime which lingered for years prior to your death, or of your lack of arms or legs or some other physical mutilation which you suffered or inflicted upon another, or of certain religious and philosophical beliefs which you held so sacred that you would have died for, or would have killed for? How would you like these kind of clear, concise memories, when these are placed into your consciousness after you have been given a new start, a new opportunity to find happiness, to share your love with another, a new physical body to start out with fresh, a feeling of having been born again without clear recollection of guilt for any particular crime? How would it feel to you to have all these many lifetimes of memories brought to you to attempt to sort out in order to find some kind of meaning in your present life?

This Awareness suggests that if entities could see all of the experiences which they have suffered in previous lifetimes, or have caused others to suffer in previous lifetimes,--the guilt, the pain, the sorrow, the tragedy, the joys, the longing and the frustration and the hope and despair would overwhelm those entities to such a degree that they would not go mad, for they would already be mad.

This Awareness indicates madness is nothing more than remembering too much, too soon, before you are capable of handling that which you remember or which you discover. This Awareness indicates when entities discover or remember more than they can handle, indeed they reach states of madness. This Awareness suggests that entities can grow carefully, unfolding, remembering and rediscovering according to their ability to handle those energies of that rediscovery.



HOW TO HEAL OTHERS BY THE LAYING ON OF YOUR HANDS

(TAKING THE CREDIT CAN BLOW THE WHOLE THING)

QUESTION:

Her other question is: "Can a person channel healing by the laying on of his hands and just simply loving that body he or she is trying to help?"

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. That this is the appropriate attitude for such healing. This Awareness suggests that when doing this, it must be for a love of the person rather than a significance of one healing another.

This Awareness suggests that entities beginning in this action will tend to become self-conscious and observe themselves attempting to heal and will tend to evaluate their goal and outcome. This Awareness suggests that this will be a natural experience at the beginning stages of this type of healing, whereby entities become somewhat self-centered in their actions of attempting to heal others. This Awareness suggests that however, as entities persist and continue in this action, they will eventually move beyond the self-evaluation and self-concern and allow themselves to open up to higher energies and to simply love the entity who is needing the healing and allow themselves to become as channels for that healing. This Awareness indicates when these entities become capable of loving and allowing and attributing the healing to higher forces rather than taking credit for themselves, they then become greater healers. This Awareness indicates as soon as entities seek to take credit for the healing, the degree of effectiveness diminishes.

This Awareness suggests that entities identify with the energies, with the higher forces and forget themselves. That they identify with the higher forces and energies moving into the needy person and that they think not of themselves at all during this process. This Awareness suggests that it is best not even to concern yourself with whether or not you are open enough to these higher energies, but simply to visualize the higher vibratory forces, the White Light energies, entering the entity who needs to be healed. This Awareness suggests that you can allow your physical body and hands to reach into this energy field, touching that energy field which is passing from those higher realms into this physical body of the entity being healed. That you can do this without considering yourself to be the agent healing; rather, you can consider yourself as a *witness* to that healing; and as a witness, rather than agent healing, you will be more effective in that action.

This Awareness indicates this as a matter of attitude, a matter of placing your consciousness in the most effective attitude to allow those forces to move through you and into that entity. This Awareness indicates that in reality, the forces do move through you and into that entity; yet, for your own effectiveness, it is best for you to consider yourself not to be the agent or catalyst of the healing, but to be a witness to this healing which is occurring in your presence.

HOW CONSCIOUSNESS IS CHANGED BY A FEW ENTITIES WHO FOCUS ON THE PROBLEM

(The Law of Penetration)

(Excerpt from 2nd Trance Reading for Dean Point School, Cannon Beach, Oregon, June 4, 1978)

QUESTION:

Awareness, there are many urgencies and projects to focus attention on. Would Awareness comment on how the people involved with the following projects best make use of their time, resources and energies to support one another and to improve the quality of service? Awareness, the particular projects wondered about are: the three initiative petitions relating to Public Utility Districts, banning the nuclear power, and stopping the rate hike by utility companies, the Child's Way Home, the Dean Point School and the networking of Portland groups.

COSMIC AWARENESS:

This Awareness indicates there has been enough covered in that question to require an army and at least one year of intense operation to clarify. This Awareness indicates that each of these may be given deep attention whereby entities in high levels of awareness focus on each of these areas with such great intensity that the forces of focus become more powerful than that which created the need for that focus. This Awareness indicates that wherein five or six entities gather together to focus on any particular project with great intensity, those entities can pierce through likened unto a laser beam through the heart of the problem, which was the original motivation for the gathering of these energies.

This Awareness indicates that realizing this, entities may begin to understand the nature of previous projects which this Awareness has suggested: the Crime Symposium in 1970 as that which affected this action, and which erupted two years later in a water-gate release in consciousness. This Awareness indicates that the recent activities of focusing upon the computer controls and violations as that which shall begin to have its effect within approximately 18 months.

This Awareness indicates that in the present action of focusing upon these various areas, entities may not have the capability of following through to the ultimate end on a project of such magnitude, yet wherein five or six entities gather together and focus and penetrate the heart of the problem, and see the solution to the problem, that energy which has been generated is in movement in consciousness as an independent being, and that energy also begins having its offspring and reproducing itself throughout consciousness wherein others likewise begin to experience and see the same results as was seen by the original group. This Awareness indicates this as an explanation of the Law of Penetration, that anything which is looked at with great attention by great quality of consciousness, penetrates to the heart, and then emanates into all of consciousness.