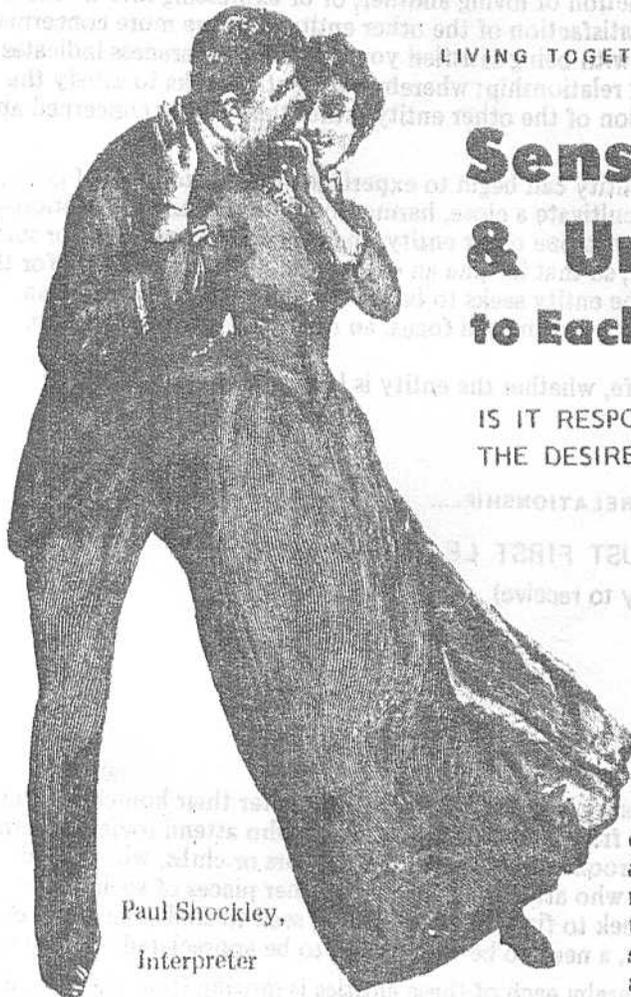


COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



Paul Shockley,
Interpreter

LIVING TOGETHER IN PEACE.....(Continued)

Sensitivity & Understanding to Each Other's Needs

IS IT RESPONSIBILITY OR CHOICE TO FULFILL
THE DESIRES AND NEEDS OF ANOTHER ?

(Opening Message, C.A.C. General Reading)
June 17, 1981

COSMIC AWARENESS:

This Awareness indicates that more and more, it becomes necessary for entities to be more sensitive to one another in terms of clearly communicating through being receptive to each other's needs. This Awareness indicates that in terms of individuals' needs, these may vary considerably from entity to entity, and many needs are apparently exaggerated by some entities, and others may see these as being excessive. This Awareness suggests that some entities may feel they have great and tremendous

needs, while others have few. This Awareness suggests that some entities consider every desire to be a need, while others have few desires and few needs. This Awareness indicates that some entities can distinguish between their desires and their needs, whereas others consider their desires to be needs which must be fulfilled.

This Awareness indicates that as entities become more sensitive to reading, to being receptive, to listening, and to understanding the needs of others, these entities may feel it is their responsibility to fulfill the expectations and needs of others. This Awareness indicates that this is *not* the case. This Awareness indicates that in some instances it may be the responsibility of an entity to assist others in fulfilling their needs. In many cases however, it is simply a matter of choice whether one wishes to assist another in fulfilling the needs.

This Awareness indicates that wherein an entity considers their own needs to be of great significance, and in such consideration determines that another is there for the purpose of fulfilling these needs; this Awareness indicates that the second entity may need to choose whether to fulfill such needs; or whether to simply allow the entity to continue having the needs and to make suggestions as to how that entity may fulfill the needs for himself or for herself. This Awareness indicates that whatever the situation may be, wherein there is a relationship between two entities, this problem will arise from time to time, in one degree or another, whereby one entity seeks to have the other fulfill certain expectations and needs.

This Awareness indicates that this problem may also alternate between the entities, whereby the other entity having fulfilled or assisted in the fulfillment of the need of one, also may express an expectation and a desire for the other to assist in fulfilling his or her needs. This Awareness indicates that often in a relationship this arrangement is lopsided, whereby one entity has greater needs than the other, and the other may have greater ability to respond, or have a greater sense of responsibility in helping to fulfill the other's needs.

This Awareness indicates that in a close and intimate relationship, such as in a marriage, this type of association can be approached in a different manner, whereby the entities think in terms of an equal demand and equal responsiveness to one another, whereby the entities may say that, "Our marriage must be 50/50. I will give half and you give half, and in this manner we will have a fair relationship". This Awareness indicates that this in theory may *sound* fair, but in actuality will not work out.

This Awareness indicates that for a firm intimate relationship to occur and be lasting, each member of the relationship must be willing to give as much as 90% at times, and on a general ongoing level, at least 60% to make the relationship solid and continuous. This Awareness indicates therefore, in this kind of association, each entity places the welfare and concern and consideration and the desire to satisfy the other above one's own personal interests. This Awareness indicates that essentially, the action of loving another, or of expressing love to another is an action whereby you are more concerned with the satisfaction of the other entity, you are more concerned with satisfying the other entity than you are concerned with being satisfied yourself. This Awareness indicates that this may be considered the true measure of a loving relationship; whereby each entity seeks to satisfy the other, and is willing to be concerned about the satisfaction of the other entity rather than overly concerned about being satisfied oneself.

This Awareness indicates that in such sensitivity, an entity can begin to experience the greater joys of giving, and in that sensitivity and in that giving, the entity can cultivate a close, harmonious and meaningful relationship with another human being; and when this has occurred with one other entity, then it becomes possible for such an occurrence to also happen with another, and another, so that in time an entity can become concerned for the welfare and for the feelings of other entities, whereby the entity seeks to be able to satisfy others more than seeking to be satisfied by others. This Awareness indicates that in such focus, an entity begins to grow more loving.

This Awareness indicates that it is the measure of a life, whether the entity is loving, more than whether the entity is loved.

MAKING A BUSINESS OUT OF A RELATIONSHIP.....

IF YOU WANT LOVE, YOU MUST FIRST LEARN TO LOVE

(The futility of giving only to receive)

QUESTION:

Could Awareness give an example of how this works?

COSMIC AWARENESS:

This Awareness indicates that there are many entities who roam the streets, who enter their homes, who move into society, who meet with others, who associate with friends, who attend parties, who attend social gatherings, who attend business affairs, who sit in cafeterias, lunchrooms, restaurants or local bars or clubs, who attend theaters, who attend auditoriums and gathering places, who attend churches and other places of social intercourse; whereby these entities seek to find attention, seek to find communication, seek to find some form of relationship with other entities which satisfies a hunger, a need to be recognized, to be appreciated, to be loved.

This Awareness indicates that in all this hunting, whereby each of these entities is moving from place to place, looking for recognition, looking for love, looking for respect; whereby this is occurring by each of these entities, where is the one who will *give* such respect, who will *give* such love, who will *give* such recognition? If each of these entities has this need, then *which one* is going to give forth the recognition, the respect and the love which is being sought by all?

This Awareness indicates that whoever is the one who is willing to give forth recognition, love, respect and attention to another entity, *this entity* who is so giving is the entity who is in demand by this group of hungry entities. This Awareness indicates therefore, those who would be loved, must first learn to love; those who would have something given to them must learn to give; those who would have respect given to them must learn first to respect others; those who would be appreciated must learn to appreciate others first.

This Awareness indicates that wherein one is hungry, in need of love, respect, appreciation,--that entity may by chance or by luck run across the path of one who is willing to give love, to give respect, to give appreciation, to give recognition; and if that entity receives that love, respect, appreciation and recognition, then that entity is indeed fortunate,--but this will be short-lived, unless the entity is somehow able to return that love, that respect, that recognition. And this Awareness indicates that if the entity can in fact return that attention, and this can continue being given, one to the other, and the other back to the one; then indeed, a relationship may occur. And this will not occur and will not last if either of these entities is simply giving in order to receive, and is keeping track of how much is given in relation to who has given this measure of love, and how much has been returned

in the manner of an entity selling apples on a street to a customer. This Awareness indicates that the action of bartering affection, of bartering recognition, respect and so forth, this action of giving and taking and continuous measurement of how much is given and how much is received, --this is not a measure of love; this as a measure of business. This Awareness indicates that this is an action of making a business of relationship.

This Awareness suggests that on the other hand, wherein an entity sacrifices himself or herself by giving all to a relationship with another, whereby the other receives without return, this then is an action which is likened unto casting pearls before swine; whereby you pour your energies into the life of another, and the other takes and takes and takes. This Awareness indicates this form of investment, whereby one invests oneself into the energies of another, and the other simply continues to absorb and vampire, seeking and sucking the life from you; this is that which is foolishness.

This Awareness indicates you may sacrifice yourself for another, and the other may grow and benefit. This Awareness indicates however, that the gift of your life in order to help another grow and benefit at your expense is that which may be sacrificial, but may not in fact be rewarding to *either* of you. For the one who feeds-off of your life may simply be allowed to indulge in continuous dependency without developing the finer qualities of himself (or herself), and you who have the qualities and capacity to give and share with many, may find your life being totally absorbed by this one bottomless pit, this one entity who absorbs the life from you and gives nothing in return. This Awareness indicates that in so doing, you may be investing entirely into that entity who is wasting and siphoning-off the glory of your life, and the energies which could be used for greater purposes, for the glory of others, for the benefit of others.

This Awareness indicates that there are many Luciferian forces and energies which seek to rob the Christ Light, the gift of love, so that this gift cannot be effectively placed, cannot be effectively channeled to others upon this plane. This Awareness indicates that wherein you find yourself giving to that which does not grow, which does not respond, which does not do anything but take, and take, and take, then you may evaluate the relationship and recognize the futility of your action.

This Awareness suggests that perhaps it is not your purpose, nor your path, nor your cosmic duty to give yourself in sacrifice to this entity: perhaps that action belongs to someone else who is more suited to deal with the energies of that person. This Awareness suggests that perhaps your purpose is to find an outlet for your energies whereby something constructive will develop.

This Awareness suggests that in these sensitivities, entities may learn to give that which is needed, when it is effective, and when it satisfies the needs. This Awareness suggests that when you give and no satisfaction ever comes, and when you continue giving and nothing is resolved, and nothing grows and nothing develops and the need remains constant and eternal or grows stronger and stronger,--then your gift is a waste of energy. This Awareness indicates your gift may well be creating a greater and greater dependency, and that can devour your being. This Awareness suggests that you measure your gift not in terms of how much is given in return to you for your personal benefit, but that you measure your gift in terms of what effect it is having in the development and upliftment of another;--whether your gift is helping another, whether your gift is assisting the other to grow and develop his or her own capabilities, or whether your gift is simply sustaining a condition or state of mind which in itself is of detriment to the entity.

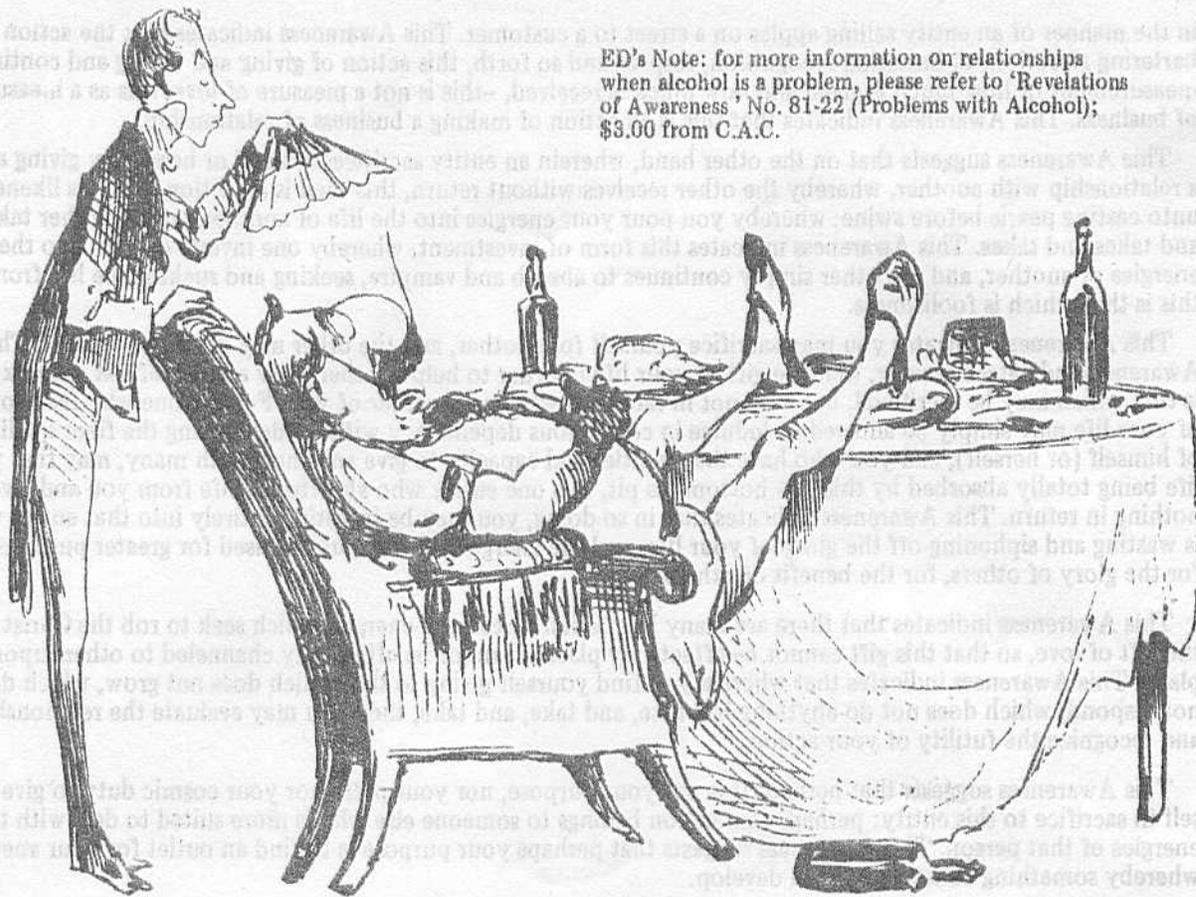
PICKING UP AFTER THE ALCOHOLIC, THE LAZY, THE SELF-INDULGENT

This Awareness indicates for example, an alcoholic who is dependent on another, dependent in terms of being unable to get himself up, to get himself to work, unable to pick up his clothes, unable to wake up on time, unable to get home from the local tavern, unable to stay out of jail, unable to function properly as a human being; where in an entity or a family, or associates cover for that entity, pick up after that entity, explain to the boss that the entity was ill, therefore unable to come to work; all of these actions of covering up, picking up, and helping the entity to avoid the consequences for his or her actions; all of this is that which sustains and contributes to the condition which is detrimental to that entity. And the action which would be appropriate is to withdraw support and let the entity face the consequences to the degree that allows the entity to recognize that he or she truly has a problem, and to help enforce and show that entity that there *is indeed* a problem here.

This Awareness indicates that likewise, even in conditions wherein alcoholism is not the situation, wherein an entity simply has a streak of self-indulgence or laziness, or refuses to take responsibility for actions or for necessities; the entity who picks up that responsibility time and time again, wherein this entity is capable but unwilling to shoulder his or her responsibility, wherein an entity indulges in helping that irresponsibility; this simply contributes to that continued irresponsible behavior.

This Awareness indicates that in some cases, an entity having greater power, greater force, greater position, may be the irresponsible entity and may thrust the responsibility onto a subordinate: the lazy mother or father who forces the children to do the work which they themselves could easily do, but whereby the child having experienced a long day at school, studying and working, then having homework to do, may also have the burden of certain household chores placed upon him or her, while the parent, not working, unemployed, simply sits around enjoying the television or drinking beer, or talking to friends, while continuing to bark orders at the children, to "get this done, to do that; and when you finish that, go to bed and don't bother us;"--this Awareness indicates that in such cases, the irresponsible being is that which is the adult, and the entity is dumping that responsibility due him or her onto the children, who should in fact have greater time for themselves to have certain childhood

ED's Note: for more information on relationships when alcohol is a problem, please refer to 'Revelations of Awareness' No. 81-22 (Problems with Alcohol); \$3.00 from C.A.C.



indulgences and experiences. This Awareness indicates that it is enough that children study in their schooling, do their homework, and do some minor chores around the home without having to carry all of the responsibilities which the parents could also share.

This Awareness indicates on the *other* hand, there are also certain parents who do not wish to see their children do any work which the children do not wish to do, because they are afraid to annoy the children, or they wish to show the children what good parents they are; picking up their clothes, cleaning up their messes, cleaning up the house after the child has gone through creating a disaster area likened unto a tornado; the parents simply walk along cleaning up after the children, day after day. This Awareness indicates the parents being negligent and irresponsible in not teaching the children to be responsible and less negligent.

This Awareness indicates that in any relationship there are needs, and when an entity expresses what one needs, this generally is simply expressing what one wants. This Awareness suggests that it is generally easier for another to see what you need, than for you yourself to see your needs. It is generally easier for one to see what one wants, than to see what another wants. This Awareness indicates therefore, it is an imperative need in a relationship that entities listen to each other when they express their wants and needs, but that entities recognize and discuss with each other the true nature of these wants and needs, as each may see in terms of one another.

(LOPSIDED RELATIONSHIPS)

One entity may say, "I need more privacy, I need more time, I need more money in order to find greater self-expression". Another entity may say, "No, I don't agree with you. I think you need to look around and recognize that you have been neglecting a lot of your chores. I think you need to look carefully and recognize that everyone else here is doing more than you are, and that your negligence is creating a problem for others." The first entity may say, "But I really need more time. I have problems, and need to be alone, and I need to get off by myself. I need a vacation." The other entity may respond, "I need a vacation as much as you do. I need time to myself as much as you do, but I have not taken the time. I do not ask for the time because I am too busy cleaning up and picking up your responsibilities."

This Awareness indicates this kind of dialogue may continue for some time, until both parties begin to see each other's point of view; or see within these different points of view a greater clarity of what is actually happening in the relationship. This Awareness indicates that it is imperative that entities communicate in regard to the needs, in regard to the desires, and that entities sort out with each other in frank and open discussion what each one feels.

This Awareness suggests that wherein a relationship is such that one entity is more insecure than the other, and the one entity is more demanding than the other; this kind of dialogue becomes difficult, for the insecure entity may not wish to risk the relationship. The entity who is more timid may not wish to speak out and expose the inner feelings for fear of riling up the tiger in the other entity. The entity who is more aggressive may simply shout down or become abusive to the more timid entity. This Awareness indicates this then creates further problems, so that even the communication can become difficult.

This Awareness indicates also, that in some relationships, one entity is more verbal than the other. The more verbal entity may simply feel, but not have the ability to verbalize those feelings. The other entity may be so well adjusted verbally as to be able to talk 45 minutes or longer on a single topic, without allowing any other words or arguments to enter in. This Awareness indicates this also creates a lopsided relationship.

This Awareness indicates that wherein these lopsided relationships exist, then obviously, there are greater problems than the mere need to communicate; for the one entity who dominates the relationship will not feel any need for change, and will remain satisfied in continuing to dominate the relationship, and will not be open to listening to anything which would upset the status quo in that relationship. This Awareness indicates when this kind of imbalance occurs, it can remain constant for many years, whereby two entities live their lives together, one submissive and even masochistic, the other dominant and even sadistic. This Awareness indicates this, of course, creates a karmic imbalance which will need, in time, to be reconciled in one life or another.

This Awareness indicates that still others may last for a period, then the recessive party, the submissive party may become so overtaxed by the relationship as to succumb physically, emotionally or mentally, and become a basket case, or become mentally or physically or emotionally ill, even to the point of self-destruction.

This Awareness indicates still in other relationships, one entity submissive to another's domination, may in turn transfer the frustrations and hostilities felt from that relationship to others who are submissive to him or her. This Awareness indicates for example, the child who has been abused by his or her parents may in turn become child-abusers themselves. This Awareness indicates that likewise, the brother or sister who is abused by an older associate or family member or parent, may in turn become equally abusive toward the younger children in the family. This Awareness indicates that it is likened unto a reflection from mirror to mirror, whereby the energies and negativity is reflected downward.

This Awareness suggests that in still other relationships, the subordinate entity may in time reach such a state of frustration as to rebel. This rebellion can take different forms. It may become a physical rebellion, or a form of escapism whereby the entity departs the area, or a mental or emotional escapism, whereby the entity ceases to listen, or ceases to be mentally affected by the domination of another, or whereby the entity ceases emotionally to be affected and becomes impersonal, aloof, and unaffected emotionally by the ravings of another entity.

This Awareness indicates that in some cases, one entity may even shut off a portion of one's psyche in order not to be affected by the continuing relationship; and in some cases, this may result, for example, in a psychological condition whereby an entity's hearing is impaired. The entity becomes so tired of listening to that other voice and to that other entity's thinking, that the entity simply shuts off his hearing and ceases to hear in part, or allows the hearing without allowing it to register in the brain or on the emotions.

This Awareness indicates there are many forms of defense mechanisms available to entities in their relationships with others, and every entity is capable of developing his or her own type of defense mechanism. This Awareness indicates there are also many forms of aggressive behavior, assertive behavior. This Awareness indicates that these different forms are available also to every entity, and it is only a matter of choice and creativity and imagination as to which form of defense or offensive behavior an entity may choose. This Awareness suggests that these offensive and defensive mechanisms are brought forth in relationships between entities, and create the personality factors of entities which, when coming in contact with outsiders,--those not involved in that relationship which created the offensive and defensive behavior,--these mechanisms are still active when coming in contact with other entities, and particularly when these other entities exhibit certain mannerisms which are reminders of that first relationship.

This Awareness indicates therefore, an entity who has experienced a certain type of relationship with a friend, parent, or associate at one time and has developed a defensive mechanism, or an offensive behavior to counter or to express in that relationship, this entity in a future relationship with a totally different entity, may find that because of certain similarities, these same offensive or defensive mechanisms come up in that new relationship and are expressed there, even as in the earlier relationships. This Awareness suggests that wherein entities can watch these, can discern and can discover, they will find very many new levels of insight into present relationships.

This Awareness indicates for example, many entities transfer the childhood relationships with brothers and sisters, and with parents or guardians, to the later adulthood relationships of their mate and their friends and associates, and to their employers or employees. This Awareness indicates that if entities are having difficulty with their mate or friend or associate, it might be beneficial to ask yourself, "How much of the frustration I have been holding for my parents am I projecting upon my mate?" This Awareness indicates if it is not from your parents, it may be from other guardians, or those who have had some strong influence in your earlier life.

This Awareness suggests that in such close discernment, it may be revealing, shedding light into certain personality factors which you transfer onto your mate; expectations which you seek from your mate, which are in fact associated with childhood feelings, responsibilities or expectations in the relationship with others. This Awareness indicates that wherein this occurs, communication between yourself and your mate in regard to these feelings are very important and can help to establish a greater clarity, so that better understanding of each other becomes part of the relationship.

(Closing Message)

This Awareness indicates that entities in relationship with others can do well by each other, not by directing each other, but by encouraging each other to find their path; to allow each other to have the room, the right, the space to develop and grow into that which is their true purpose and expression,--so long as that purpose and expression is beneficial to others.



WHAT EXACTLY IS GOD'S WILL?

QUESTION:

A question from L.A. "We hear a lot about "Thy Will be done" in Bill Sheppard's letters. Carried to extreme, it means total surrender; no ideas of your own; no planning or energizing things for yourself or others, unless you're sure it's 'God's Will'. It seems to me that any action which does not harm anyone, does not go against any Cosmic Laws, that is taken with as much awareness as is available to a person,—is really 'God's Will'. Can God's Will be evaluated only in retrospect, when all the results consequential to an action have taken place? How can we expect to comprehend or even know "God's Will"? Would Awareness please comment and explain in full the concept "Thy Will be done"?"

COSMIC AWARENESS:

This Awareness indicates that this attitude,—the statement "Thy Will be done", and the attitude which accompanies this is designed not to create some form of condition in regard to activities, so much as it is designed to submit one's own personal desires as subservient to the desires of the Higher Spirit. This Awareness indicates that an attitude of surrender to the Higher Forces, to that which is highest and best, to that which is the Divine Forces; this attitude of surrender to these forces allows an entity to have a kind of guidance which becomes internal and which allows the entity to have the ability to discern more quickly, with a particular standard of discernment, that which is appropriate.

This Awareness indicates that wherein the concept of a Higher Being is not given with the concept of yielding to that Higher Being, but wherein the entity may recognize that a Higher Force exists, but that the entity does not acknowledge any need to become subjected to the Will of that Higher Force,—this Awareness indicates that this allows the entity to continue in his own direction, ignoring the Will of the Higher Force. This Awareness indicates however, that when this attitude prevails, then it is such that the entity does not have the standard by which to measure actions, but will measure according to his own personal interests, rather than the more spiritual interests in terms of each circumstance.

This Awareness indicates an example being wherein one entity sees that a particular action will benefit his purposes and his growth and his material concerns, (even though it may be of some unethical nature); this entity may pursue that action, irregardless of the consequences of the spiritual levels. This Awareness indicates another entity, looking at this same situation may have the attitude of "Thy Will be done", and recognize that in following the same path as this first entity, it would be against the Will of the more spiritual energies, and therefore, not inclined to follow the Will of the Divine, even though it might give temporary benefit to

the individual. This Entity therefore, having an attitude of preferring to follow the Divine path rather than the personal path; this entity will choose the more permanent path over the temporal and personal path.

This Awareness indicates that likewise, the entity who carries the attitude of "Thy Will be done", is in his prayers asking that the spiritual forces have their way in spite of his own personal choices: this similar to the prayer of Jesus in the garden of Gethsemane when he prayed that the cup of the crucifixion would be taken from him; but if not, that the Will of the Heavenly Father prevail. This Awareness indicates that the entity was willing to continue toward the path of crucifixion if it was the Will of the Divine Forces. This Awareness indicates that in essence, the attitude of "Thy Will be done", is acknowledgment that one's own personal will is inferior and of less concern to the individual than the desire to follow the Divine Forces.

This Awareness indicates that wherein one's first priority is to follow the highest and best, the most spiritual path available at any moment, then that entity is following the path of the Divine. Wherein the entity's first priority is to follow his or her own personal pursuits, then that entity is separated from the Divine to the degree that any conflict in these paths may exist. This Awareness

indicates that obviously, the path of the Divine does not require that entities sacrifice themselves, give up their responsibility for their families, that they surrender to poverty and to persecution; the path of the Divine only asks that you put God first, put the Divine Forces first in your life. This Awareness indicates that the Divine Forces may require that you continue supporting your family, that you continue supporting yourself as an individual in society, that you take on certain business affairs, that you take on certain occupations in society, working within the society as a citizen of the country, city or culture of your choice.

This Awareness indicates that the pursuit of the Divine is that which IS the priority; yet, if one begins to assume that it requires you to be not of the world, and to detach yourself from the world, not being in the world, but escaping from the worldly responsibilities; this Awareness indicates this could be in error,--this could be an excuse to avoid personal responsibilities. This Awareness suggests that an entity must be quite careful in assuming that the spiritual path requires one to "throw in the towel" in terms of social expectations.

This Awareness indicates that often, an entity who does not have the gumption, the strength, or the desire to follow through on personal responsibilities to family or to society in general,--this entity will use the religious concepts as an excuse, calling this the spiritual path; stating that they cannot function in society, cannot hold responsibilities for others, cannot face responsibilities for their own needs, simply because they are pursuing the spiritual path. This Awareness indicates that this allows the person to have a kind of self-attitude which the entity can live with, and to avoid feeling guilty about not facing personal responsibilities to family and to self. This Awareness indicates that the entity then may attempt to entice others to likewise "throw in the towel and follow me. Give up your responsibilities, walk away from your children, from your wife, from your occupations, from your debts, and simply follow the spiritual life,--for this is the highest and best." This Awareness indicates that this often is nothing other than a form of escapism which allows the entity to feel more important and, at the same time, avoid the duties and responsibilities which are too much for him or her to cope with.

This Awareness indicates that any entity in pursuing the spiritual path must continue to attend the personal responsibilities which he or she has obligated himself or herself to handle, until these obligations have been fulfilled. This Awareness indicates that to use the spiritual path as an excuse to avoid responsibility is in error. This Awareness indicates that there is always time for spiritual pursuits, even if you are obligated to social responsibilities. This Awareness indicates however, depending on the type of occupation and activities you are involved with, if one decides to follow a spiritual path and then discovers that the occupation is counter to that path,--such as an occupation of violence, or an occupation which is destructive toward human or other life forms,--and the entity's beliefs and spiritual path run counter, or in conflict with the occupation; then it becomes the duty of the entity to change occupations or to cease in those activities which are in conflict with his or her beliefs.

This Awareness indicates that this may not relieve the individual from obligations of other types, such as the mortgage on the home, the support of the children and family; for even though one ceases in his job and career, these needs are still there and need their support from the individual. This Awareness indicates therefore, the individual may 'throw in the towel' in terms of the previous occupation, but in order to fulfill responsibilities, may need to find some other occupation which is more compatible to his or her belief system, to the spiritual path which the entity is following.

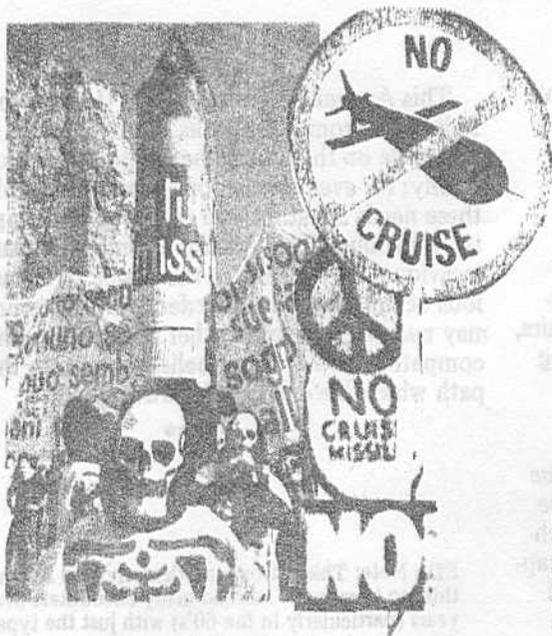
ED's Note: This editor is particularly glad Awareness gave this rap because he has had many encounters over the years (particularly in the 60's) with just the type of entity Awareness has just described.

Being associated with various Awareness groups in the past, I had the opportunity firsthand to meet and deal with many of those entities who manifested at the door of these various organizations. I personally have taken a number of these entities under my roof because they arrived penniless and with only a backpack as their only possession. Many of these entities had deserted their families, their wife and children. Their idea of being 'spiritual' I discovered was for them to sit around smoking dope or stoned on LSD and occasionally spout a cosmic observation or two. These same entities would spend hours in stoned meditations but could seldom muster enough energy to bring in the firewood so I could cook them a meal. These spiritual 'deadbeats' are great in intimidating others if their diet or philosophy does not coincide with yours.

Several of these entities I have kept my eye on over the years never did get responsible. They are still moving from group to group, community to community, usually staying long enough to get a girl or two pregnant and then move on. Some attempt to make a living dealing dope, under the misguided impression that the dope today is the same stuff entities used as a 'sacrament' back in the 60's. It isn't.

Dropping out of society is not a spiritual activity when the entity seeks the dependence of others to fulfill his necessities for living. The New Age movement is filled with entities who believe they are involved in a 'spiritual' movement or energy. And they may well be; but as long as they remain irresponsible for their actions, continue to believe there is "a free lunch" and parasitical to others, they are only fooling themselves. Many are simply just spiritual rogues who trot around glad-handing and charming others with their wit or philosophy picked up from some guru along the route. Once they have picked the bones clean from one operation they will pick up and hit the road, leaving behind a trail of broken hearts, a pregnant girl or two, and usually a whole lot of people to whom they owe some money. It is this type of person who writes those letters to C.A.C. and to Paul Shockley informing us we are traitors to the New Age (or channelling the Alien Force) because we ask these entities to help pay for the material we mail out to them or for the readings they request from Cosmic Awareness. They are just so certain that the "free lunch" exists and that it is the 'will of God'.

'God' can help pay the bills and 'God' can help bring in the firewood, but until those entities get it finally through their heads Who, in Fact, They Really Are, and allow the right side of their brains to tune in to 'what is', God must continue to take the backseat and allow the entity to continue to 'drive'.



Cover: By the millions, demonstrators against deployment of U.S. nuclear missiles on the Continent surge through streets of Europe, forming a political force that threatens governments and NATO's future. See WORLD.

THE REVOLUTION IN CONSCIOUSNESS

(THE MASSES BEGIN TO AWAKEN)

(From a C.A.C. General Reading)

December 1, 1981

QUESTION:

In the *World Press Review* there's a small article. It says "an editorial in the liberal *Asahi Shimbun* of Tokyo sees recent demonstrations in Europe against the deployment of theater nuclear weapons as 'a revolution in consciousness'. The newspaper says, "Tears about nuclear arms have become real to the Europeans for the first time." The editorial concludes, "The anti-nuclear call originated in Hiroshima and Nagasaki and now, more than 30 years after the holocausts, it has found support. The Reagan Administration's policy of standing up to the Eastern Bloc with force remains unchanged. The challenge provided by public opinion in Western Europe at such a time is encouraging"

I'd like to ask Awareness if this reference to a 'revolution in consciousness' is going to prove significant in the secret battle that's trying to bring about nuclear war?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative. This Awareness indicates that the intense changes in regard to awakening and the realization of the actual potential of nuclear war, as that which came about in part... This Awareness indicates that the movement of Uranus into Sagittarius as that which is in part relating to the changes in consciousness which are being expressed at this time. This Awareness indicates that also this as in part brought on by the promotion of certain military circles, whereby the conditioning was intended to get the masses to accept the unthinkable,—that of nuclear war. This Awareness indicates that the conditioning of accepting the possibility of nuclear war as that which was necessary in order to have the support of the people for programs which would allow this to occur. This Awareness indicates that the intention being to promote this unthinkable concept, to make it thinkable by implying that it would not be a total nuclear devastation, but of a limited nature, whereby only certain areas would be affected.

This Awareness indicates the belief being that the American public could accept the actions implied if they felt they had a chance of survival, even though realizing that others would not survive. This Awareness indicates this also as in part related to certain mind experiments whereby entities through programming of certain types of concepts were gradually led to accept and believe these programmings so that they did not resist. This Awareness reminds you of the Guyana incident and similar incidents whereby the masses have been seduced to go along with certain programming and the experiment being such as to measure and to evaluate the effectiveness of the programming.

This Awareness indicates that this action of promoting the concept of nuclear war, hoping the masses will go along with this concept, assuming that people are sheep-like enough not to become too objective and riled in regard to these concerns; this kind of programming as that which was expected from the promotion of the unthinkable concepts. This Awareness indicates that this however, has backfired to a greater degree than anticipated; there are more thinking people than was believed, and particularly when the churches and various members of the church began speaking out against nuclear war and the preparations of such. This Awareness indicates this allowed others also to join in and speak out along these lines.

This Awareness indicates that when the concept of nuclear war occurring upon the European's homeland at the initiation of a new President in the United States, and in conflict between two super-powers on either side of this European area,—this concept of being the battleground between these super-powers as that which suddenly became realistic and frightful and lost its appeal, if there ever was any in the first place. This Awareness indicates it is one thing to live under the threat of possible nuclear war; it is quite another thing to live under the threat of *probable* nuclear war, and this probability has moved into consciousness on center stage, with preparations taking place in such a manner as to allow the masses to suddenly recognize that this is no longer mere talk and mind games by these super-powers, but that this actually could in fact occur.

This Awareness indicates this may be better understood by the analogy of an audience who is watching a play whereby guns and tanks, machine guns and rifles and so forth are brought upon the stage, and the actors discuss the possibility of starting a battle with various entities within the theatre, and some of the actors wander down among the members of the audience, shouting back and forth in reference to hostile statements and threats of violence among the various

divisions in the play, and there are the acting scripts whereby certain actors appear to be ready to start shooting if things do not go their way; others are preparing in case this occurs. This Awareness indicates that all of this is but mere entertainment to the audience so long as it appears to be in levels of possibility and in levels which are not seen as reality.

This Awareness indicates however, that when a certain point in the drama occurs, that the audience starts to feel this is not just a play, this is not just a game; these people are *serious!* This Awareness indicates when the audience suddenly realizes that these things are serious, the weapons are real, the weapons are loaded; then the audience suddenly becomes quite a different type of consciousness and reacts to this reality in a manner that is quite unlike the passive audience which was sitting there watching the show in docile moods.

This Awareness indicates that indeed the level of consciousness as that which has changed; people are now more aware of the potential danger of the reality of nuclear war. This Awareness indicates also, that this awakening and the intensities of expression by the masses in these foreign countries, in these areas of Europe; this intensity as that which has had its effect upon the planners and thinking of the leaders of both the United States and of Russia. This Awareness indicates that the danger is not yet totally subsided but has been somewhat neutralized or reconciled so that the polarities and potential is not as great this month as it was one or two months ago.

This Awareness indicates however, this does not mean that it cannot again intensify, for as entities are conditioned to accept certain unthinkable things, often they must have a breathing spell, whereby the tension is released so that they go back to sleep and then the tension is increased again, until entities become passive and accepting of that intensity, thinking that it again will be released. This Awareness indicates that as entities become used to brinkmanship (that of leading to the brink of destruction), entities then in being used to living in those intense levels begin to relax and look the other way. This Awareness indicates that one protest or millions of protesting entities over a short period of time may have an affect during the time, but this does not mean that a future time is to be affected by that protest.

This Awareness indicates that entities must ever and always be aware and awake and vigilant in the pursuit of liberty and peace.

GREECE WITHDRAWING FROM NATO:

(WILL MORE COUNTRIES FOLLOW ?)

QUESTION:

Recently one of the NATO countries in Europe, Greece I believe, announced that it was withdrawing from NATO and giving the United States a certain amount of time to pull all of its missiles and military hardware out of its country. I'd like to ask Awareness: is this an isolated case, or is this the beginning of something that might gain in momentum in Europe?



Pravda/Moscow

COSMIC AWARENESS:

This Awareness indicates that this *could* occur, whereby other countries also begin to pull away. This Awareness indicates however, that it will depend on many factors relating to feelings of threat, relating to the activities which are initiated by this United States, and also by Russia, and also by other countries who are involved in the potential for making wars.

IS IT BACK TO THE FRONT FOR C.A.C. & SPIRAL?

QUESTION:

One final question along this line by J.F., of Niagara Falls. "In a recent Dr. Beter Audio Letter, he mentioned that by the Spring of 1982, the Minute Man TX missile system will be completed and fully operational on our nation's railways. This appears to be the time when those Dark Forces in control of the U.S. military will attempt to set off a nuclear strike against Russia which could result in a suicidal Nuclear War I. Would Awareness recommend any specific actions that C.A.C. members and SPIRAL groups could take to diffuse the energies surrounding this track of the Bolshevik war plans which would lessen the possibility of this occurring, or, will such specific action be unnecessary because of the forces coming into play?"

COSMIC AWARENESS:

This Awareness indicates that the greatest danger appears to be in the summer of '82. This Awareness indicates that at this time it appears that the energies of C.A.C. people and the SPIRAL organizations as not urgent in the sense of particular actions unless there are changes which are not presently indicated. This Awareness indicates that the actions of C.A.C. members and SPIRAL organizations appears to be best expressed in communicating through newspapers such as letters to the editor, in alerting friends, relatives, associates and in writing letters to persons of influence, such as in government or in local government areas.



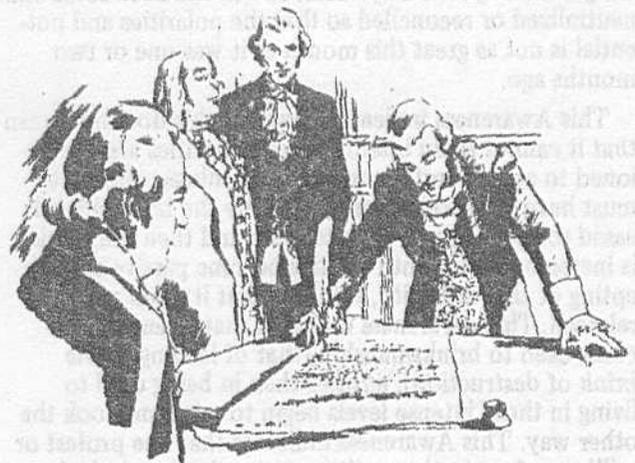
This Awareness indicates that these communications writing to express the concern for the growing military buildup and the lack of decent leadership toward peaceful resolution of the problems.

This Awareness indicates that as entities begin expressing more and more their desire for peaceful resolutions to problems, and wherein entities seek more and more to have these devastating weapons brought under control through treaties that can be monitored by all involved,--this Awareness indicates that this voice of the people expressing these concerns as that which can do more than attempting to expose the rascals behind the threats. This Awareness indicates that in exposing those who are creating the threats, individuals are drawing attention to themselves and are looked at as being somewhat out of line, out of place, out of the mainstream, out of the conservative way of thinking, away from reality which appears to most entities as being uninvolved in such concerns and allowing the newscasters and the entities of leadership to handle these affairs. This Awareness indicates that most entities in taking an extreme position, as was necessary some years back, putting themselves into the position of warning about a potential nuclear war; this as having been necessary in 1979, but as at present the energies appear to be such that greater respect at this time can be earned and greater attention can be brought upon these areas whereby entities speak and write with regard to the dangers of the continued military buildup and the need for finding treaties to reconcile the dangers.

This Awareness indicates that in comparison to the 1979 period, when war was being prepared for in secrecy, then it was necessary to take radical action. This Awareness indicates at present there is little secrecy about the preparations for war, therefore entities need not take such a radical approach, but

congresswomen, and or other members of the government in such a manner as to call attention to this concern, and demand that something be done in these areas to bring about greater assurance of future generations of some form of program, policy or treaties that allow for a resolution to these problems. This Awareness indicates that it appears also that the economic conditions which are occurring may have a similar backlash, so that the entire nation as a general group begins to doubt the leadership of the present administration; not only in terms of military and foreign affairs, but especially in terms of domestic concerns, and as this occurs the entity presently leading this nation shall find it more and more difficult to rally support, even for the foreign programs based upon military actions and military necessities.

This Awareness indicates there are many areas whereby this threat of nuclear war can be intensified; there are also areas whereby this may become diminished. This Awareness indicates however, it appears that the intensity is that which shall grow stronger and that there will be response from the masses, outside of the C.A.C. membership as well as within, but to such a degree that the voices of multitudes will be heard and that the members of C.A.C. will not be required to put themselves on the front line as occurred in 1979.



Getting history straight.....

THE DECLARATION OF INDEPENDENCE WAS A FORGERY!

QUESTION:

The Spotlight recently ran an interesting little item. I'd like to read it to Awareness and ask if it would comment.

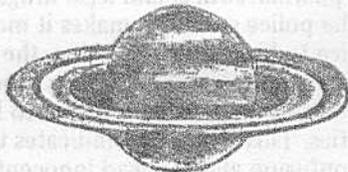
"Is the Declaration of Independence a forgery? Maurice Freedman, a professional document examiner thinks it is. Freedman says, "If you turn the John Hancock signature upsidedown, you can see the J resembles a writing quill. Hancock didn't make his J's that way, but I've seen evidence that sometimes Mr. Franklin did." Freedman also points out, among the more obvious signs of forgery, that the names on the Declaration are often grouped in alliterative sequences,--Hooper next to Hancock, Penn to Paca, Hall to Hewes and so forth. The clumsiest forgery is the signature of John Witherapoon, he

Freedman speculates the members of the Continental Congress worried that if they actually signed the Declaration of Independence, and if it were to fall into British hands, they could very well be executed for sedition. They hedged their bets by having their signatures forged by Benjamin Franklin, but Franklin himself was a signer, presumably the only genuine signature. Does that make him one of our bravest founding fathers?"

Would Awareness please comment on that?

COSMIC AWARENESS:

This Awareness indicates that this appears to be in the affirmative. This Awareness indicates that it appears there was a general consensus among these entities that this would be a way whereby they could give their name to the document, while still retaining a way out, if necessary. This Awareness indicates however, it does not appear that only Franklin signed the document. This Awareness indicates that it appears there were several entities associated and contributing to this. This Awareness indicates this as relatively insignificant in terms of the effects of the document,--though for historical purposes, it may be of great significance to entities. This Awareness indicates that it appears some of the signers signed each other's names, rather than their own.



THE MEDITATION OF LOVE

(Opening Message, CAC General Reading)

April 21, 1978

This Awareness indicates a meditation. This may be referred to as the Meditation of Love.

This Awareness suggests that you visualize yourself as a shining star in the midst of the universe, floating in space. All about you, galaxies, nebulae and stars and suns shining toward you, shining their light toward you.

This Awareness suggests that you look at yourself, a shining emanation, drawing energies from the furthest reaches of the universe. That the Universal Forces are sending energy toward you from all directions,--from beside you, behind you, in front of you, below you, and from above you. These energies are coming from the outer regions of the universe. These light energies of love, glowing, warm, filling you to overflowing with this light energy.

This Awareness suggests you meditate on this for a period of approximately 10 minutes, if possible, allowing energies from all directions to pour into your body, filling you with light, with love, and with energy.

This Awareness suggests that when you are full to overflowing and cannot contain any more energy, that you then begin allowing that energy to radiate outward toward others, toward loved ones, toward those who need healing and those who need assistance.

This Awareness suggests that you allow the energies from the universe to continue flooding in upon you, allow the light from the various regions of the universe to continue filling your being and allowing that which is excess of your needs to be sent to those who need this energy.

This Awareness suggests you meditate on the incoming rays of love and light and vitality while simultaneously meditating on sending the excess energy to those who are in need, to certain loved ones and to others who need this energy.

This Awareness suggests this meditation to continue for at least another 10 minutes; that you may continue this indefinitely as you go about your business, day by day.

This Awareness suggests that this meditation may begin in brief durations of but one or two minutes of meditation and be lengthened each time by one or two minutes more until this becomes an action wherein it becomes likened unto a lifestyle, wherein you are continually drawing energy from the universe and continually sending that love and light and vitality toward your loved ones and those in need.

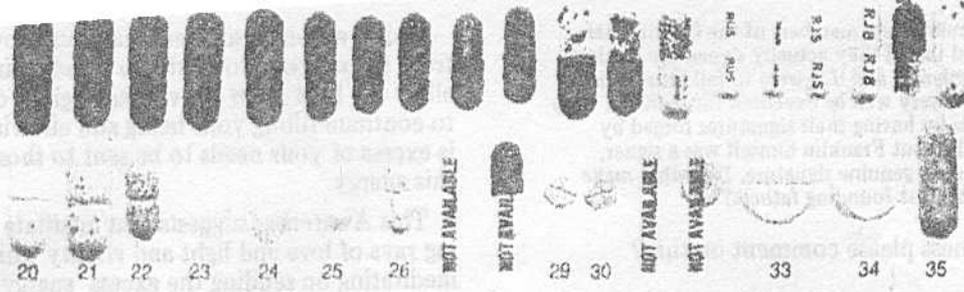
This Awareness suggests this as that which you may practice at your own leisure, preferably eternally, and within each moment of that eternity.

LOOK-A-LIKE DRUGS: WHY DOES THE FDA CONTINUE TO ALLOW THESE TO BE SOLD?

QUESTION:

A.P. writes in a recent edition of the Philadelphia SPIRAL newsletter: "Stimulant prescription drug look-a-likes (which also contain stimulants) are sold through the mail and over the counter in over 110 locations. We know that the Food and Drug Admin. is obsessively regulatory, since they have even attempted to control vitamin sales and have not given their approval to drugs which have proved to be beneficial in other countries but which would not generate big profits for the pharmaceutical companies. Why, then, are they permitting the sale of drug "look-a-likes"? At first glance, it would seem that some illicit drug dealers might simply be attempting to lure curious non-drug users into the drug market in order to eventually make money pushing street drugs to these formerly "straight" people. But this would not have caused the movement to "spread like wildfire" as was reported in the news.

Viewed within the context of the increasing violence in our society, such pills and capsules could add to civil unrest: uncertain of the authenticity of the pills, addicts might overdose (a few cases of this have already been reported), and the likelihood of their being sold on the street as authentic could lead to retaliation against the sellers. What group would be likely to covertly promote it while holding the FDA in abeyance? Possibly the Tavistock Institute, which introduced LSD and the rock culture to our country several years ago. Why? Probably to help increase the level of chaos



and confusion needed in order to prompt people to demand stronger governmental regulations, with FEMA and totalitarianism a la 1984 as the goal."

I'd like to ask Awareness if this entity's analysis of these look-a-like drugs is true, and would it please explain why the F.D.A. is letting these drugs be sold all over the United States?

COSMIC AWARENESS:

This Awareness indicates that this as a very clear analysis of the situation. This Awareness indicates that it must be remembered that the FDA actually works for the pharmaceutical companies; that members of the FDA hold stock in pharmaceutical companies. This Awareness indicates that it also must be remembered that the pharmaceutical companies were started by the Rockefeller powers, and are still linked to these. This Awareness indicates that these look-a-like drugs being promoted and allowed, are such as to create confusion. This Awareness indicates that the confusion as that which will have its repercussions on the users, while the profits will go to the manufacturers.

This Awareness indicates that this as cutting into the market of drug use from foreign countries, drugs which are shipped in from foreign countries. This Awareness indicates that the motive behind this being largely monetary profit, but it also has overtones and secondary effects of creating the atmosphere and circumstances whereby more stringent controls and laws can be placed on all forms of pharmaceuticals, if that becomes a future purpose.

LOOK-A-LIKES ARE HEAVY IN CAFFEINE

QUESTION:

Most of these look-a-likes have very heavy doses of caffeine and other so-called legitimate drugs, and there have been some scare-stories out about youngsters who took this stuff and it did something to their brain, or paralyzed their body or something. Would Awareness confirm or deny that these drugs are actually that damaging, or are these stories just planted?

COSMIC AWARENESS:

This Awareness indicates this depends on the number taken. This Awareness indicates also that the danger of such look-a-likes is that wherein one pill contains caffeine, and an entity is used to taking that particular pill for a particular state of consciousness, and the entity perhaps takes 3 or 4 such tablets to reach the desired state of consciousness; then suddenly the entity sees a particular pill, recognizes this as being the same type which he or she uses, and takes 3 or 4 of these pills which are not the look-a-likes, but in fact the real thing; the entity may

receive an overdose of that real substance and may suffer grave consequences. This Awareness indicates that this is much like placing sugar cubes laced with LSD alongside of sugar cubes which are pure; whereas the entities or children using the pure sugar cubes become used to a certain experience, suddenly they are given sugar cubes laced with LSD and they discover an entirely different experience. This Awareness indicates that this creates confusion and allows much deception to occur.

This Awareness indicates that the motive for creating a facsimile as that which must be examined. This Awareness indicates that it does not appear to be a motive of concern for drug users, but rather a motive whereby new entities who have not previously been using drugs can take certain tablets and appear to be involved in the drug-use crowd; or can have these tablets, and upon arrest, produce these tablets to show that they are not really drugs at all, but pharmaceutical and legal drugs, therefore confusing the police so that it makes it more difficult for the police to locate the real thing, the real narcotics. This Awareness indicates that in general, the entire action as that which does not appear to have any redeeming qualities. This Awareness indicates that it, rather, creates confusion and can lead innocent persons into heavier drug use and into situations that could be quite damaging.

QUESTION:

On the TV show that we saw about the look-a-like drugs, ("60 Minutes", I believe it was), the information that they gave at that time was an example of an amount that would be normal for taking 'speed'; when you take the look-a-likes (or the caffeine), it was a lethal dose. The look-a-like drugs were therefore actually more damaging than the originals which are considered illegal now.

COSMIC AWARENESS:

This Awareness indicates that this depending upon the types of narcotics and the strength and doses being promoted and used.

ED's Note: C.A.C. welcomes and heartily recommends this new SPIRAL publication. For a sample copy send \$1.50 to SPIRAL Enterprises, 347 N. Union St., Kennett Square, Pa., 19348, or send \$18.00 for a year's subscription. You will not be disappointed!

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