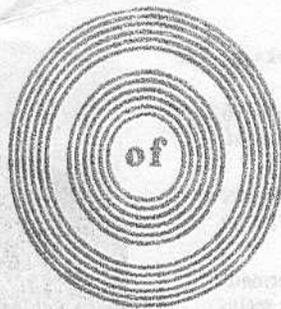


# Revelations



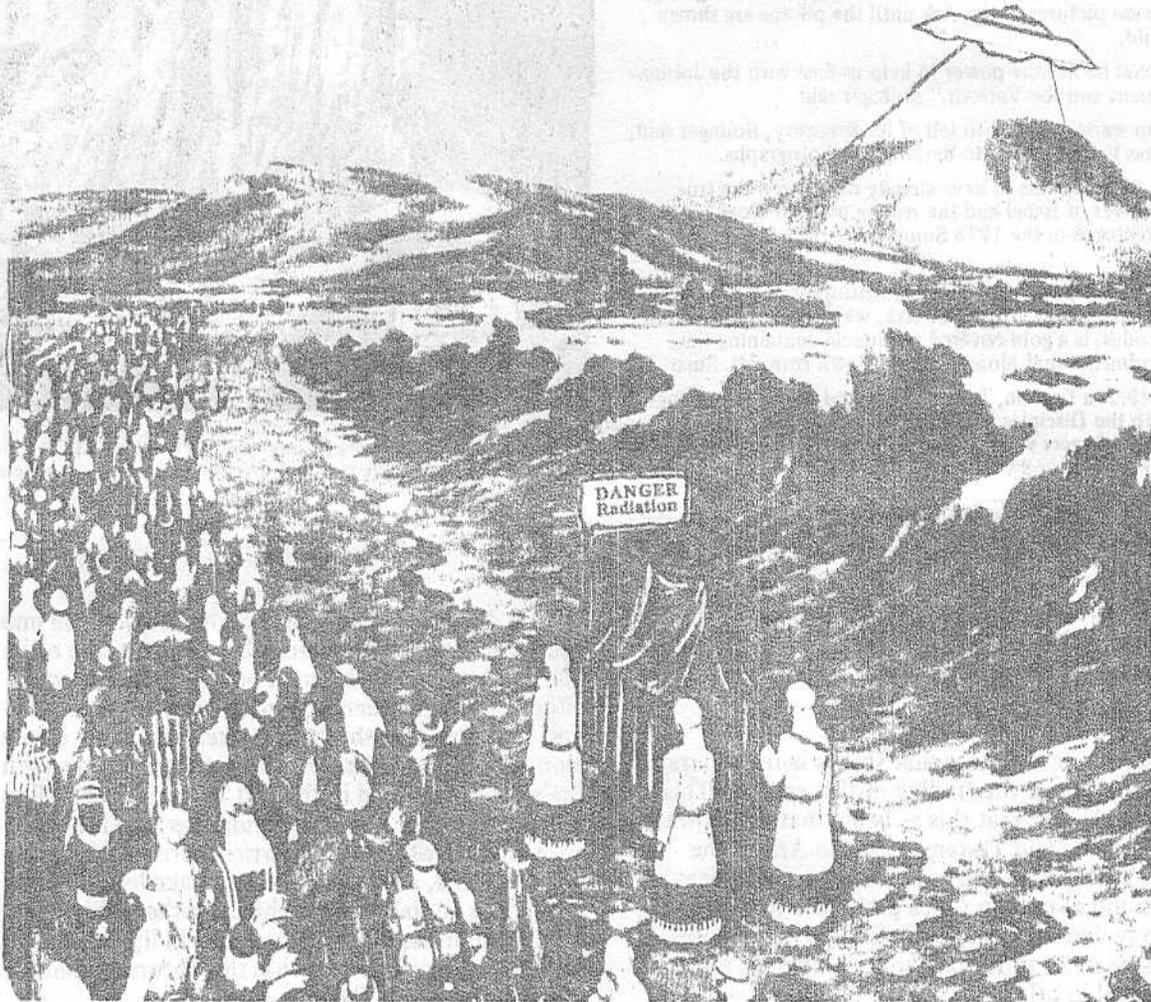
# Awareness

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\$3.00

The New-Age Cosmic Newsletter

Cosmic Awareness Communications  
P. O. Box 115, Olympia, Washington 98507  
( Helping people become aware )

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



## RAIDERS OF THE LOST ARK ....

THE SIGNIFICANCE OF THE REDISCOVERY OF THE ARK OF THE COVENANT

QUESTION:

( Excerpt from a C.A.C. General Reading )  
of December 6, 1981

Paul Shockley, Interpreter

Awareness, I ran across a rather interesting news item in the Seattle Post Intelligencer, dated November 21, 1981. I will now read this article and ask Awareness for any comments. The article is titled, "Religious Group Claims It's Found the Lost Ark."

"Winfield, Kan. (UPI)--The leader of a Kansas-based religious group said this week he has found the lost Ark of the Covenant in a cave in Jordan.

Tom Crotser, leader of the Institute for Restoring Ancient History International, said Thursday his expedition to the Middle East found the cave where the biblical treasure has remained untouched for 2000 years.

"The Ark is there," said Jim Bolinger, a member of the four-man expedition that returned a week ago from the mountain where the Ark reportedly rests. "We have pictures of it."

Bolinger said the Ark was found inside a sealed passageway in a cave on honeycombed Mount Pisgah, east of Jerusalem and about 35 miles southwest of Amman, Jordan.

"It's there," Bolinger said. "It's very large, and looks just like I pictured it would."

The gold-covered chest the group found is 4 feet wide, 5 feet long and 4 feet high, with two 9-foot tall golden "wings of cherubim" on either side of a "mercy seat," he said.

Bolinger said members of the group, after using a pickax to break through a cement-like seal over the passageway, were breathless when they found the Ark.

"There was an awe and a respect of God--a wonderment," Bolinger said. "I can't compare what it would be like seeing."

"This was an artifact that was commissioned by God to hold the commandments and the rod of Arum, along with the Golden Pot of Manna and Golden Sceptre."

The group did not move the Ark--Bolinger said his first instinct was "not to touch it"--but will leave that up to international banker David Rothschild. Bolinger said the group will not release pictures of the Ark until the photos are shown to Rothschild.

"We feel that he has the power to help us deal with the Jordanian government and the Vatican," Bolinger said.

The group waited a week to tell of its discovery, Bolinger said, because it has been working to develop its photographs.

Crotser's group claims to have already discovered the true site of the Tower of Babel and the resting place of Noah's Ark, which was featured in the 1975 Sunn Classic film "In Search of Noah's Ark."

Crotser said Scripture and religious writings found in a cave in Turkey helped guide him to the Ark, which, according to the Book of Exodus, is a gold-covered receptacle containing the 10 Commandments that Moses brought down from Mt. Sinai.

Crotser, 49, is a Denton, Texas, native and a former ordained minister with the Disciples of Christ. He now heads a mission of about 150 believers with communities in Winfield, Frankston, Texas, Pauline, S.C., and Glenbuck, Scotland. "

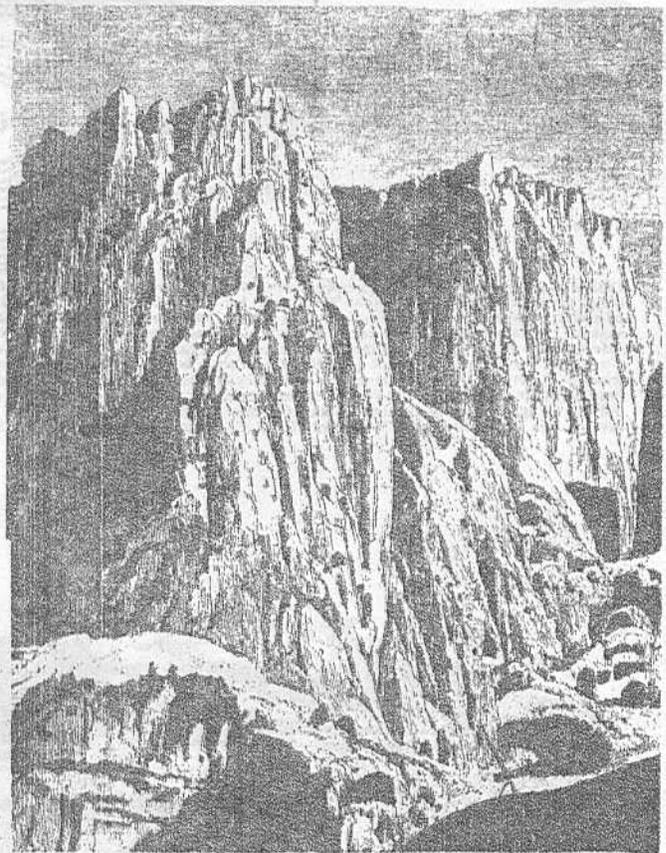
I'd like to ask Awareness to comment on that news story, to its validity and the implications, if any?

#### AUTHENTIC ARK OF THE COVENANT HAS BEEN DISCOVERED IN MID-EAST

#### COSMIC AWARENESS:

This Awareness indicates that this as being accurate in the description of the finding of this artifact. This Awareness indicates that this as being that which was referred to in the Old Testament as the Ark of the Covenant. This Awareness indicates that this object as that which did at certain times past, have powers in terms of a technology using substances for purposes of communication with those space beings, as previously mentioned in other messages by this Awareness in regard to the Jehovah forces.

This Awareness indicates that after the Hebrews had established their kingdom, this Ark was stolen and taken from them, and was moved through various places and persons, leaving a trail of death as it was moved. This Awareness indicates this because of certain radioactive substances involved which were not understood by these entities, and the entities were not of clear understanding as to how this could be avoided, or how to use the Ark. This Awareness indicates that it was eventually hidden, placed away from the masses because of its dangerous effects. It also was still considered to be of some supernatural power, little understood by those who possessed it, and it was thus sealed off, to protect others from the so-called 'curse' that it had over those who came in contact with it. This Awareness indicates that it appears that the radioactivity involved in this has been depleted, enough as to no longer be of a dangerous level.



In a sealed passageway of one of these caves on Mt. Pisgah, the Ark of the Covenant was discovered by Biblical scholars.

This Awareness indicates that in terms of the implications of this, that there will be much made of its discovery when it is brought out for public viewing, either in film or when presented in fact. This Awareness indicates that this as also likely to reinforce other stories of biblical history, and to give much strength to the truths contained in the Old Testament as well as in the New. This Awareness indicates that the evidence as being that which often carries more than is implied; and therefore, many entities will make leaps in logic, that if *this* actually exists, then all other things which have been presented must be taken in literal terminology. This Awareness indicates that this naturally is not the logical approach in looking at the issues.

This Awareness suggests that the Ark as that which was given to the Hebrews, to Moses by those space invaders known as the Jehovah, and the myths and legends which followed from this have had their importance in the cultural and evolutionary development of the Hebrews as well as the Western world in particular. This Awareness indicates that this may be interpreted in many different ways, according to the variety of beliefs about the Ark as to who gave this, what the purposes were, how it should be used, what it means in terms of the technology used in it, and what light it sheds on history and on the nature of Jehovah.

This Awareness indicates there will be many years of study and much literature written in regard to this, if this allowed to be brought out. (This Awareness indicates it appears that it will be.)



TABLETS OF MOSES

APPEAR TO BE  
IN ARK

QUESTION:

The Ark is supposed to contain the tablets on which Moses wrote the Ten Commandments. Are these indeed inside this Ark, and what else might be inside this Ark?

COSMIC AWARENESS:

This Awareness indicates that it appears there have been some things....This Awareness indicates it appears there are still certain objects of this nature within the Ark; that there are also other objects of a technological nature which will be explored by those scientists in their research of this. This Awareness indicates that this as that which will be brought out with great care and time, over a period of time, and it appears that there will be silence in relation to this until the explorations have been completed enough to discover the authenticity and to assess the social effect of this on the masses. This Awareness indicates the information regarding this appears to be that which will be released to the mass media within a reasonable time, but that there will be certain information withheld in regard to this, until later.

WHAT CONNECTION HAS ROTHSCHILD?

QUESTION:

Is there anything connected with this project that would interest international banker David Rothschild other than the general financing of this? Is there something behind this that Awareness has not disclosed?

COSMIC AWARENESS:

This Awareness indicates that at the time of this question, this as in the negative. This Awareness indicates that however, in the future use of this, there may be some evaluation and assessment as to the effect on consciousness in terms of the information being released, and also as to how this can be utilized for various advantages. This Awareness indicates that only time will determine whether this will be freely released, or whether the information regarding this will be controlled for purposes of manipulating consciousness.

This Awareness does not wish to anticipate or predict an entity's activities in regard to this use or misuse of information until that time wherein such use or misuse would be determined by the entity.

ARK WAS HIDDEN IN THE GREAT PYRAMID

MOSES PLUNDERED PYRAMID, STOLE THE ARK  
ON ORDERS FROM THE JEHOVAH

QUESTION:

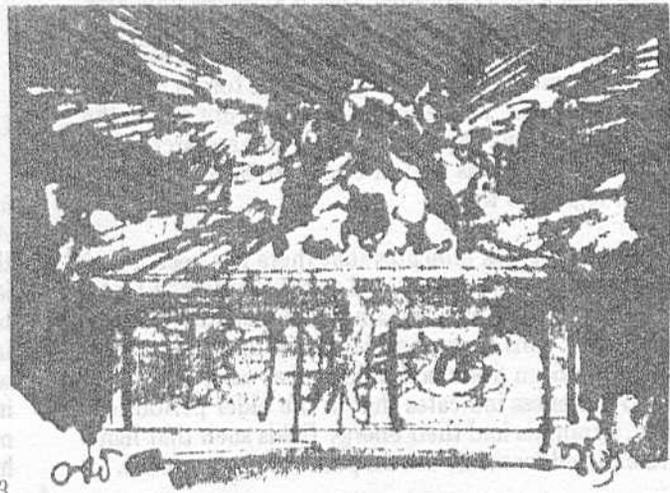
I'd like to ask Awareness if the following information has any validity to it. This appeared in the August, 1981 issue of *Still Waters Digest*\* regarding this Ark. It says,

"Perhaps the best meta-scientific explanation of what the Ark of the Covenant was truly appears in Elizabeth Haich's *Initiation*. It is described there as a device created by the Sons of Light to contain and generate divine creative force. It was housed in the Great Pyramid and in support of this, the Ark's Biblical outer dimensions are a perfect fit for the sarcophagus in the King's Chamber of the Great Pyramid. It was used by this master race for healing, weather control, as a source of energy, and for force when necessary. By this account, Moses came into possession of the original Ark as the last initiate to leave Egypt before the Sons of Light turned over the governing of Earth to mankind. Moses' famous rod and the staffs of the pharaohs were all enlivened with their powers from the Ark. And after Moses led the Israelites to safety in Canaan, he destroyed his staff, but allowed the people to take the ark on to the promised land with them. He knew that the Ark's power would continue for a time, but that without an initiate to generate the divine creative force into it, it would indeed eventually just become a container for the tablets."

\* Still Waters Digest, published monthly by Still Waters Foundation, Inc., 615 Stafford Lane, Pensacola, Fla. 32506. (Sample copy available on request. A year's subscription to all who send in a donation of any size. (Tax deductible).

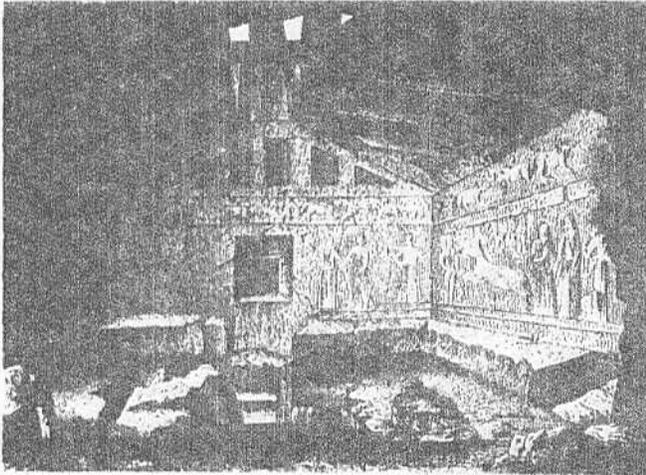
COSMIC AWARENESS:

This Awareness indicates that this as essentially correct. This Awareness indicates that Moses as having been in a high position in Egypt during those times whereby he had access to certain passages. This Awareness indicates essentially, in some ways, it could be said that Moses pillaged the pyramid and stole the Ark. This Awareness indicates however, that this entity as having been directed by the Yahweh forces, the Jehovah forces, to do so. This Awareness indicates that this as part of the action which occurred near that time of the diminishing power of Egypt, and as part of the reason why the Pharaoh had his armies pursuing the Israelites.



This Awareness indicates that the word "pyramid" means "fire in the middle, or fire within". This Awareness indicates that the 'fire within' was that which was generated by this Ark. This Awareness indicates that this as being connected with that which has been described as the Atlantean Crystal, whereby energies of this object could be used for purposes of communication, telepathy, and also for purposes of levitation when used in certain applications. [This Awareness suggests your question continue].

ED's Note: This happens quite often during the trance sessions. Awareness evidently picks up on the energy of the energizer's mind formulating a follow-up question.



ARK STILL SLIGHTLY  
RADIOACTIVE

QUESTION:

I was just wondering about the half-life, the atomic half-life of these radioactive substances--that they must surely still be working, and that there is detection equipment the scientists will use and discover that this object was highly radioactive at one time. Is this correct?

COSMIC AWARENESS:

This Awareness indicates this appears to be accurate, that the types of material used appears as being radioactive with a short lifetime. This Awareness indicates however, that it appears there will still be radioactive remains of some degree. That this can be neutralized by certain modern technology if those forces involved choose to do so. This appears however, not to be the approach, for the experimentation and research will be in such a manner as to desire to learn as much as possible in regard to this.

This Awareness indicates that there has been a great diminishing of the energy and power contained by this, so that very little well remain in comparison to its original power. This Awareness indicates that this as that which has been described in legend as once existing. This Awareness indicates that in the older periods of time, pyramids had their energy fields such that light was emitted from the crown point of the pyramid.



ALL ABOUT LEGENDS, MYTHS AND PARABLES  
( THE LEGEND OF NOAH'S ARK )

QUESTION:

One final question relating to this. In Waite's book, *The Holy Kabbalah*,\* he states that Noah's Ark was the symbol of the Ark of the Covenant, and Noah had to be shut up in such a vessel. However, he could not be enclosed until God entered into a covenant with him, and he was then able to save the world after the deluge. Is this correct, that there is a connection between this Ark of the Covenant and the biblical Noah?

\* The Holy Kabbalah, by A.E.Waite, University Books and Citadel Press, Secaucus, N.J. 07094. (Also available from C.A.C. See book catalog.)

COSMIC AWARENESS:

This Awareness indicates that the concept of Noah and the Ark as that which is more nebulous than the Ark of the Covenant. This Awareness indicates that the legend of Noah as that which can be found in ancient Hindu and Sanskrit texts which date much further back than the time of Abraham, and this Awareness indicates that many of the Hebrew writers and priests who brought together stories from various inner teachings of different cultures, compiled writings using these myths and stories to give a history or continuity to history.

This Awareness indicates that many of these legends and stories are out of sequence in terms of time and also in terms of culture. This Awareness indicates that the Ark of Noah has its origin outside of the Hebrew philosophy and writing, and has been written and expressed through much more ancient priests and writers from the Eastern philosophies and sources. This Awareness indicates the symbology of these two as playing comparable roles, as that which seems not to have much substance, except as the mind may choose.



This Awareness indicates that myths and legends have certain functions by which they can be used to assist the changes in consciousness, and to serve as influences to bring about those changes. This Awareness indicates that in earlier times, myths and legends were not required necessarily to be accurate and conveying truth. The myths and legends were simply tools presented by priests, much as Jesus used parables, and much as present-day ministers and preachers tell stories about individuals and their conversations with God, or their experiences which have led them to various changes in their lives. This Awareness indicates that even as the preacher today tells the story of the man who defied God, and asks God: "If you are real, then strike me dead with a bolt of lightning." This Awareness indicates that in this favorite story of many present-day ministers, the ending occurs as a small insect flies down and bites the man, causing him to die from allergy to the insect's sting. This Awareness indicates that this is often told as a true story by evangelists to frighten the masses into their particular brand of salvation.

This Awareness indicates that the story-telling is seen as justified because the end justifies the means. This Awareness indicates that in actuality these stories are written up in books for ministers and evangelists to tell to their audience for these purposes. This Awareness indicates that similarly, wherein the entity Jesus spoke in parables of the "man who had seeds, sowed the seeds on rocky soil and sowed other seeds on fertile soil," these stories are also not necessarily representing an absolute truth, but are given as an example which is conveying a truth of a principle.

This Awareness indicates that in a parable, it is well-accepted that the parable needs not be conveying a historical fact. This Awareness indicates that it is an example which conveys a principle, or truth to the listener. This Awareness indicates that in modern times, entities believe that the word *myth* implies that there was no truth to the story and therefore it is pure fantasy, such as legends or myths regarding Mickey Mouse or Donald Duck. This Awareness indicates however, in earlier days, these myths and legends were not dismissed simply because they were not based on known fact. They were told and received and valued in highest priority because they conveyed truth in principle: they carried a principle into the minds of entities, which was seen as a significant value or purpose to the development of the individual.

This Awareness indicates in these earlier days, religion did not have to be scientific, nor did it have to be factual and historical, so long as the legend answered questions in a manner that led the listener to move in the spiritual path intended by the priest. This Awareness indicates that the story of Moses as having much historical reality; the story of Noah and the Ark as that which is less substance and more myth,--based in part on actual events, but largely in symbolism and legends from much earlier times. This Awareness indicates while it is true that there was a great flood, the application of the story taken from earlier writings and applied to the Hebrew patriarch as that which has been a historical distortion for purposes of changing certain consciousness levels, according to the desire of the priests.

This Awareness indicates that the value of legends is in their ability to affect consciousness, and the historical accuracy is that which is of less concern. This Awareness indicates this particularly so in earlier times, when many of these great writings were compiled by priests. This Awareness indicates that the more recent expectation that everything stated by philosophies, religions and ancient teachings should come under the scrutiny of scientific investigation as to historical accuracy; this as a result of the emphasis in recent times on science and the rational demand for empirical information,-- objective information as opposed to subjective information.

This Awareness indicates that the extreme emphasis which has occurred due to the scientific revolution, as that which has not fully recognized the value of subjectivity and how non-rational information and input can be used to bring about benefits to the human being. This Awareness indicates that the tide has recently begun to shift back, so that the subjective aspects of consciousness are being given greater freedom of expression and being allowed to have certain value in the society. This Awareness indicates that this as occurring particularly in the last two decades. This Awareness indicates that in the earlier period of the Old Testament and prior to this, subjective energies were given greater value than even at present; and it was well-understood that the input of subjective legends, stories, parables, myths, concepts, could be of great benefit in helping entities to cope, to understand, and to develop themselves in social and spiritual ways.

This Awareness indicates that it is because of this subjectivity and the understanding of such, that religion and the priests and legends, music, dance, art and all of these fields of interest which are less than scientific,--it is because of this subjectivity that these areas of expression have such importance in the human condition. This Awareness indicates that without subjectivity, the rational, scientific, logical behavior and expression would have created a being of little difference from a computer, calculator, or robot. This Awareness indicates that therefore, it is important that entities not consider, when this Awareness speaks of certain things as being myths, that entities not dismiss these myths or legends as though they were nonexistent, nor that entities feel it is necessary to defend their historical roots as though the history of a myth and its actuality were the value of that myth.

This Awareness indicates it matters not whether the myth had historical substance, or whether it was created by a priest channeling from divine energies a concept or parable which would alter or focus consciousness on a particular path or direction, so that it could grow and

develop. This Awareness indicates the development, growth and evolution of consciousness was seen as most important; and if entities today cannot recognize this as important, and as more important than the historical substance of their religious beliefs or their legends, then they are indeed missing the spirit and losing the value of the religious belief.

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ED's Note:

For more information on the Jehovah, please refer to 'Revelations of Awareness' numbers 78-35 (Cloning of Adam and Eve);\$2.00; 78-47 (Jesus not from Nazareth); \$2.00; 79-9 (Red Sea Miracle);\$2.00; 79-18 (The Web of Conspiracy);\$3.00; 79-25 (Secret of the UFO's);\$4.00; 79-27 (Last Supper);\$3.00; 80-9 (Sodom & Gommorah); \$3.00; 81-26 (The Ten Commandments);\$3.00 from C.A.C.



Moses and Aaron supervise a sacrifice before the Ark.  
(From a 12th Century Greek manuscript)

## THE "AQUARIAN CONSPIRACY"

( A PEAK INSIDE THE HEAD OF LYNDON LAROCHE )

(Excerpt from a General CAC reading)

July 3, 1980

### QUESTION:

The entity Lyndon LaRouche has been running a series of articles in his newspaper, *the New Solidarity*, called the "Aquarian Conspiracy". He claims that there is a vast network of New-Agers conspiring to erase traditional American values of progress and replace them with a One-World-Feudal-Technocratic Dictatorship dedicated to perpetuating an era of permanent scarcity. He includes and classifies as "kooks" all the various consciousness-raising groups and movements of today, all groups with alternatives for personal and social change; and the Aquarian Conspiracy, he says, "is a deliberate brainwashing and take-over of the United States by the cultural exponents of the values promulgated in the hit show "Hair" and its hit theme, "The Age of Aquarius." He includes all the gurus from Huxley, down through Leary, and groups such as Eselon, and he traces this way back, hundreds of years, tying in all sorts of people. Would Awareness please comment on his theory espoused in this "Aquarian Conspiracy"?"

### THE PROBLEM OF OVERSPECIALIZATION

(More about Dinosaurs)

### COSMIC AWARENESS:

This Awareness indicates that the entity as being one who prizes specialization and technology above all else. The entity as extremely rational in his thinking and incapable of conceiving of holistic concepts. This entity as one who thinks mostly from the left side of his brain and not being capable of intuitively grasping the totality of life and the effects of certain specialization processes on the whole.

This Awareness indicates that the specialization principle as that which, down through history, has had certain value in terms of allowing creatures to develop their special powers for survival. This Awareness indicates for example, the shark has specialized in killing at the expense of other qualities--the shark being unable to stop moving, needing to continuously be in motion.

This Awareness indicates that the dinosaurs and other prehistoric creatures became so specialized in their armaments, their armor-plated skins and shells, or their tusks and horns or other specialized parts, that they could not change with the changing weather and world patterns--the changing of atmospheres which affected the plant life; and therefore, these creatures became extinct, because of their overspecialization.

This Awareness indicates that other creatures which did not develop such protection were more vulnerable, yet were also more adaptable to changes. This Awareness indicates that the human species, having little protection against the elements, specializes by creating clothing and shelter and other forms of protective walls or shells or vehicles or armaments or great cultures and civilizations and technologies to protect itself against outside forces which might hinder the naked skin.

This Awareness indicates therefore, the human species, being vulnerable in its natural state, creates artificial protective devices in specialized forms to give warmth, food, guarantees of security, and guarantees for travel or for learning, and other forms of expression. This Awareness indicates therefore, the human species makes up for its vulnerability by becoming highly specialized in a wide variety of ways.

This Awareness wishes to focus attention on the dangers of overspecialization, wherein a creature develops a horn which is so long that no other creature can outreach that creature's horn; the creature may feel that he "has it made" for his horn is longer than any other's and therefore, any attacking creature will run into his horn before reaching him with their's. This Awareness indicates however, this is not always the effective weapon for the creatures: for a creature attacking from the side who gets past the tip of the horn will not be affected by that long horn, and the long horn will be totally useless.

This Awareness indicates that therefore, the creature having overspecialized, has made himself vulnerable to other attacks in other ways which the specialization simply hinders. This Awareness indicates likewise, wherein a society becomes so specialized that the very specialization becomes a threat to the society, it no longer can be considered as intelligent or scientific to continue developing those specialized qualities which are threatening the very existence of the society.

LAROUCHE LOVES NUCLEAR POWER  
( Are his finances invested in this industry?)  
MORE ON SOLAR ENERGY



This Awareness indicates the entity Lyndon LaRouche as being highly identified and associated and tied in with the nuclear industry. This entity being one who is highly intelligent, who recognizes the need and use of technology, but who has a particular blind spot in regard to the nuclear industry because of his personal identifications with this and personal biases, which have turned him against others who do not approve of the nuclear industry because of its many dangers.

This Awareness indicates that in a society where every entity was cooperating together and there were no potential rebellious entities, a nuclear-powered society would be much safer than in the society upon this earth at this time. This Awareness indicates therefore, the entity LaRouche as being frustrated, because he sees that in itself, under ideal conditions, nuclear power could be beneficial if entities handled this carefully and intelligently.

This Awareness indicates however, that under present conditions, wherein wars could erupt at any time, (even according to Lyndon LaRouche)--wherein violence is prevalent and wherein conflict is prevalent between groups, (even according to Lyndon LaRouche), even disregarding the potential of human or technological error in nuclear industry, there is always that danger of sabotage, (even according to Lyndon LaRouche); and therefore, nuclear power is obviously unsafe, in that war, sabotage, or other forms of violence could, at any time, set off any of these power plants which are, in essence, nothing other than nuclear time bombs scattered about the world, ready to be ignited by any idiot, of which the world is filled, (even according to Lyndon LaRouche).

This Awareness indicates those entities who prefer not to deal with or worry about the nuclear power plants and would prefer to promote other systems of energy or even back up slightly and start over,--those entities are regarded as traitors to technology. This Awareness wishes to point out that all of the nuclear power plants in the United States produce only as much energy in one year as one day of oil produces and is used in the United States; therefore, one three-hundred and sixty-fifth of the energy produced and used by oil is equivalent to all of the nuclear power plants and their production in one year. This Awareness asks, "Is this worth all the risk?"

This Awareness indicates, according to Lyndon LaRouche this is so; and this entity would like to see even greater spread of these plants, regardless of the risk. This Awareness indicates the entity also promotes the phrases which imply that no one has suffered from nuclear power. This Awareness indicates this as erroneous; for although there are no particular forms of common or public evidence that a nuclear plant has blown apart an entity's body, there is considerable evidence to indicate that many entities have been slowly destroyed and harmed over long periods of time by the leakage or radiation from these plants. This Awareness indicates that this as being made public, even though an enormous amount of such information has been covered up.

This Awareness indicates that the entities who promote the nuclear power industry through the U.S. Labor Party present information regarding solar energy as though this industry of solar energy were a complete waste of time and money. This Awareness indicates these entities implying that it would take acres and acres of solar-energy panels to produce but a small amount of energy, and the cost would be formidable. This Awareness indicates however, that the statements as being based on earlier assumptions, earlier evaluations of solar energy technologies which were long ago superseded by much more effective forms of solar industry and developments.

This Awareness indicates the present technology in solar development is progressing so rapidly that it could very soon outpace nuclear power in terms of its productivity of energy. This Awareness indicates that this threatens the nuclear industry, and Lyndon LaRouche as one who has interest in this industry.

This Awareness indicates that understanding this entity's interest in the nuclear industry can help to explain the entity's particular hostility toward those so-called "New Age" entities who are concerned about the environment and the overspecialization of the technological fields related to nuclear industry.

This Awareness indicates that even so, this Awareness suggests that entities can gain much insight and valuable information from reading the writings, from reading the papers and news reports of the U.S. Labor Party. This Awareness cautions entities, however, to be well aware of the biases involved, the prejudicisms involved in these reports. This Awareness does not advocate that entities limit their reading to this particular paper or accept everything said in these messages, but suggests that there is some valuable information presented by the U.S. Labor Party.

This Awareness also suggests that entities read other information which contradicts the U.S. Labor Party. This Awareness suggests that entities might enjoy and might benefit also from reading those books which the entity Lyndon LaRouche writes about in condemnation of. This Awareness indicates the book, for example, *The Aquarian Conspiracy* and also a book known as *The Third Wave*. This Awareness indicates that *It* prefers to see entities read both sides of issues in order to better understand the issue. *It* does not consider entities who only read one side of an issue to be very aware or to have much understanding of the issue.

ED's Note: Lyndon LaRouche's newspaper, 'New Solidarity' is published by Campaigner Publications, Inc., 304 W. 58th St., N.Y., N.Y. 10019. (\$15 for 50 issues). Although this entity's frame of reference is sometimes distasteful to the New Ager type person, C.A.C. continues to recommend this publication to the membership. Whether LaRouche realizes it or not, he is a master tracker of the Beast and many of its tentacles. His book, "Dope, Inc." (which is currently being serialized in his paper, is the most revealing spotlight on the network of the Beast ever published.)

## WILL PABA ELIMINATE GRAY HAIR ?

### QUESTION:

There is information going around about a new vitamin called PABA (Pera Amino Benzoic Acid), a B-Vitamin which allegedly prevents hair from turning gray or will turn gray hair back to its normal color. Would Awareness comment on this PABA as to whether it will do this with the hair?

### COSMIC AWARENESS:

This Awareness indicates that this does have valuable effect in this regard. This Awareness suggests, however, that in combination with other vitamins, this as being even more effective. This Awareness indicates that Biotin, PABA, Vitamin E and Vitamin A,--this Awareness indicates that these appear to be the more important vitamins in this regard. This Awareness indicates that others also can contribute to the general well-being and health of entities, and the use of multivitamins and minerals by entities will assist in preventing and, to some degree, in restoring the hair color. This Awareness indicates that Vitamin B6 as having much value, particularly during times of stress, to prevent the hair from reacting or losing its color due to the stress. This Awareness indicates that choline as one which can be beneficial in assisting the hair. That the B Vitamins especially are particularly valuable to the hair color and its growth.

## HOW ABOUT GETTING THE GRAY OUT OF A BEARD?

### QUESTION:

Would these also restore the color to a beard? It seems like, according to these articles, none of this will restore the color back to a beard that has gone white, or partially white,--that sort of flea-bitten look.

### COSMIC AWARENESS:

This Awareness indicates that this does not appear as effective on a beard. This Awareness suggests that entities also can benefit from a diet or fasting whereby toxins are eliminated from the body,--this often assists in restoring hair color. This Awareness indicates that much of the hair-color loss being due to toxins in the body.

This Awareness suggests also that entities may benefit from the use of that which has been called GH3 and from the stabilized aloe vera juice and from the use of ginseng and gotu-kola. This Awareness indicates also that large doses of Vitamin E and wheatgerm oil, (which is a source of Vitamin E),--that these can also be beneficial in relation to the hair. This Awareness indicates

also Vitamin A and C being beneficial. This Awareness indicates that the use of jojoba oil and the yucca plant oil,--these and also....this Awareness indicates there is a cactus-type plant, the name not seen, that is also beneficial in restoring lost hair. This Awareness indicates essentially, jojoba oil as being one of particular value in this regards, and the use of PABA, choline and biotin.

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## IS THERE A GODDESS OF MARIJUANA?

( IF THERE WASN'T, THERE IS NOW! )

( More on the altered states of consciousness )



### QUESTION:

A question from Joan W. "I'm a marijuana addict, and I've been concerned. I don't smoke more than a joint or two a day, sometimes more, sometimes none at all, but I definitely feel a strong attraction for the stuff. A thought occurred to me that, since all things have some form of consciousness, and I entertain the idea of life forms that we can't 'see', per se, could there be an entity which directs the form-nature of marijuana (or any other natural-born substance, ie. coca, coffee, tobacco, etc.) I would imagine that if that is so being, and the whole earth herself is undergoing evolution/transformation, would it not be correct to assume that the "Goddess of Marijuana" (likened unto the Hindu devas....) would have some sort of motive or intent to weave such an attraction for mankind? What would that intention be? Knowing we have relationship with all other things, what

is the drama being portrayed by this. C.A.C. has indicated in the past that the consciousness level induced by the taking of certain substances may or may not have a beneficial effect on a person, depending on the use or abuse by that person, and you advised a moderate view. My feelings sometimes about myself stoned are mixed--and there are times I smoke to "escape from reality". But the reward, at times, seems to be a greater attunement to *something* I like better than my so-called unaltered state. (I'm writing this stoned, as a matter of point.) Please shed a little light on the subject."

## COSMIC AWARENESS:

This Awareness indicates that there are certain problems connected with continued use of marijuana,--this particularly in relation to its effect on the blood sugar level and the pancreas and the kidneys. This Awareness indicates that continued and prolonged use of this substance can be damaging to one's health.

This Awareness indicates that the use of this substance on rare occasions may be of some psychological benefit, particularly wherein the entity does not, and has not ever received, or does not understand how to receive, an altered state of consciousness; and particularly wherein the entity seeking to alter consciousness begins to have doubts that there is such a thing as altered consciousness.

This Awareness indicates that wherein an entity does experience altered consciousness through meditation, or through such use of substances as marijuana, or even through the use of alcohol, this Awareness indicates that such entities can then perceive the possibility of higher states of consciousness, and may begin to better understand what is meant by 'Cosmic Consciousness,' or by self-realization, or other terms which are commonly used by those involved in metaphysics and spiritual movements.

This Awareness indicates that some years back, before the popular use of psychedelics and marijuana, any entity who spoke of changing consciousness would be looked at as being some kind of nut. This Awareness indicates that entities never considered the possibility of changing their level of consciousness--this particularly up to around 1960 or '63. This Awareness indicates that shortly thereafter, the consideration of a changing of consciousness became quite common. This Awareness indicates that in the Orient, where entities spent much time meditating, particularly in Tibet and India, the concept of changing consciousness was very common for many, many years; and therefore, these entities have developed an entire science relating to the changing of consciousness levels,--this through various forms of meditations and yoga techniques.

This Awareness indicates however, this being a new action in the United States and most of the Western world; that it is obvious that the United States, being such that most things received are valued particularly when taken in pill form, or through drugs or through the mouth. Therefore, rather than attempting to change the consciousness of Americans by promoting meditation techniques and yoga techniques, the most appropriate method would be to introduce some magical pill which would allow the entities to experience the altered states of consciousness, in order to realize that there, in fact, *was* something other than the normal state of consciousness.

This Awareness indicates however, that once an entity recognizes the altered state of consciousness, it becomes ridiculous to continue relying entirely on drugs in order to have the altered state of consciousness, particularly when there is no need or purpose for that altered consciousness. This Awareness suggests that wherein an entity seeks to alter consciousness in order to discover something which cannot be understood from a normal state of consciousness, this then may be an excusable reason for altering one's consciousness.

This Awareness suggests however, that the use of drugs for such a purpose is not necessarily the only way, nor the best way, for this action; for the artificial effects are not always as meaningful as are those effects which come about when the entity discovers the altered state of consciousness through meditative techniques, for these meditative techniques can be much more lasting and beneficial. This Awareness indicates however, that for those who are too lazy to meditate and who seek to enjoy the altered state of consciousness, or have a particular purpose for altering one's consciousness, the use of some form of drug or other stimulation may be the only way these entities can satisfy that need.

This Awareness indicates that there can be side effects and this can be hazardous to one's health. This Awareness indicates also that some of these drugs can be more dangerous, or less dangerous, than others. This Awareness indicates that it appears the use of marijuana as being less dangerous than alcohol in this regard. Therefore, this Awareness suggests that *It* cannot be more opposed to your use of marijuana than *It* would be opposed to your use of alcohol, even though the laws of your land must also be considered in this regard.

This Awareness indicates that you are an adult and are able to weigh and decide for yourself all of the potential hazards: legal, personal, health, spiritual, and in terms of your emotional needs; and therefore, may make your own decisions. This Awareness suggests, however, that it would be wise to look very carefully at these habits and methods, and to indulge in them only with an awareness of all the ramifications of such activities.

This Awareness indicates that in regards to your desire or question relating to a marijuana goddess: this Awareness indicates that this is but a kind of fantasy. That indeed, there can be considered a goddess for those who wish this concept. This Awareness indicates that this is somewhat meaningless, except if entities wish to indulge in such fantasy. This Awareness indicates there are no marijuana goddesses any more than there are cocklebur goddesses or bean goddesses or prickly-pear goddesses.

This Awareness indicates however, that once spoken, these come into existence in some realm; therefore, we now may energize the prickly-pear goddesses and bean goddesses, marijuana goddesses and the cocklebur goddesses, if we desire.

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**Mary Jane**  
\*says Hi



For more information on Marijuana, please refer to 'Revelations of Awareness' No. 77-11 (The cosmic significance of marijuana), \$1.00 from C.A.C.

## WHY SO MANY DROP OUT OF C.A.C.

( WHY AWARENESS HAS COME AT THIS TIME )  
...MORE ON EDGAR CAYCE

### QUESTION:

We got a letter from A.M. of Palm Beach, Florida. I'll read his letter. It's not exactly a question, but Awareness might comment on it because it relates to why so many have dropped out of C.A.C. because of certain information:

"Yesterday, I had the latest copy of the '79 Crash' that I just received, and I showed it to a co-worker who has never seen C.A.C. material, and I asked her opinion of it. And she just was glancing through the first page, and said it was all negative.

"It was then I realized (my own opinion) why many members gave up their membership. As I read the C.A.C. material, I do not feel the negative, for it was not given out as negative, but to make the entities aware of what is or will happen, in hopes that the masses become aware and use their energies in preventing it.

"I feel with the Spiritual Development Course we are made more aware of who we are and how to overcome these situations. From the Sea of Leo, I was made aware of my part in whatever play I happen to be in, as I put myself there.

"The way I see it, it's not that the negative lies within the entity as they read the C.A.C. material, but that the entity has not learned yet how to take a negative and turn it into a positive, or even to remain in a neutral position in whatever an entity is seeing or reading. They are still choosing between good and evil, and have not taken into consideration the *Law of Unity*.

Many A.R.E. members reading the Cayce material still hold on to the concept of good and evil, for Cayce has stressed that many times in the readings--'choose between good or evil.'

"I remember when I first joined A.R.E. and I looked forward to receiving their material each month. How I enjoyed going through the readings, as it was all new to me. Now I find myself looking forward to C.A.C. material, as I feel I have graduated from kindergarten and am moving up in my search."

I think the question he would like to have out of this, is the relation--this thing about the concept of good and evil which Cayce seemed to have stressed and which many A.R.E. members are using to point out the so-called negativity in some of the Awareness material that we have published.

### COSMIC AWARENESS:

This Awareness indicates that essentially, entities can be given the same message again and again and again, even as entities play the same record over and over and over, enjoying the record because they fully know what is coming next. This Awareness indicates there are many entities--a majority of entities--who do not wish to hear anything but what they have heard before.

This Awareness indicates that the messages which this Awareness channels through this Interpreter are not intended for the approval of the masses: they are intended to make entities aware, and to grow and

to develop. This Awareness indicates that these messages may not become widely accepted by the masses for several hundred years.

This Awareness indicates, however, that were *It* to simply repeat the same old material which was given 2000 years ago or 4000 years ago, *It* would be wasting *Its* time; for that message has *already been given*, and the entities who have heard that message know the message forward and backward, and it is nothing other than entertainment for them to reinforce their own feelings that they have the answers. This Awareness is attempting to give entities something more to think about, something more to consider.

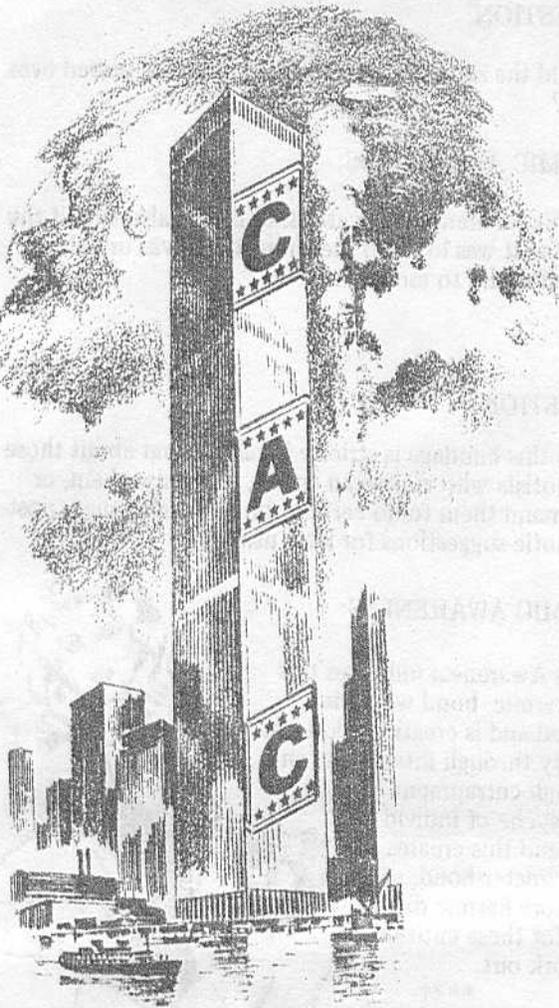
This Awareness indicates *It* has presented much information which is new and unusual in comparison to the old messages which have been given over and over and over, by thousands and thousands and thousands of others during the hundreds of years in the past. This Awareness indicates that the messages which *It* gives deals with ways of looking at life, ways of looking at the old programmings. The messages *It* gives are intended to help entities to learn to think in original ways, to examine, to question, and to become aware.

This Awareness indicates that *It* is not simply intending to reinforce the old message, "Be good, don't be bad." This Awareness indicates this as a message for two-year olds, and this Awareness is not addressing two-year olds: this Awareness is addressing those entities who are looking for that information which will lead them toward higher states of awareness.

This Awareness indicates that the messages which were given through Edgar Cayce were appropriate for that time, considering that they did include much information which was relatively shocking for those entities of the past, wherein reincarnation had not yet been introduced to the United States or to much of the Western world, wherein concepts which were discussed in the Cayce readings, such as Atlantis and ancient Egypt,--these concepts being those which were never discussed or taught in schools to any degree. This Awareness indicates, therefore, the messages of "be good, don't be bad" were acceptable, because this was something that entities could attach themselves to and identify with, even while they were accepting the new information which was unusual and perhaps difficult to understand.

This Awareness indicates, however, that presently it is time to move on to other concepts. This Awareness indicates that it is *obvious* that entities should not be bad. This Awareness indicates that this is *so obvious* that it needs not be discussed continually. This Awareness indicates, however, that it is also obvious that there are certain things in life which are harmful to others and need to be pointed out.

This Awareness indicates that wherein a father tells a child, "Be careful crossing the street, you might get run over," the father would feel quite shocked if the child said, "Dad, don't be so negative." This Awareness indicates that, therefore, the concern about the negative or positive values of these entities is of little concern to this Awareness. What *is of concern* is that entities become aware of all that is occurring, so that they can better be equipped to respond from an aware position, rather than from a pre-programmed, assumed state of reality which, in fact, is not in touch with reality at all.



This Awareness indicates that the entities who are incapable of understanding, simply may remain in the level of consciousness where they are. This Awareness does not wish to solicit grade-school level of development for college or high-school level of messages. This Awareness indicates that those who are ready to graduate, may do so; those who are not, need not concern themselves with this.

This Awareness indicates that during the life of Edgar Cayce, there were few entities who actually appreciated or understood the messages; there were far more who were critical of these messages. This Awareness indicates that, likewise, the same attitude exists today,---that it is always much easier to promote the works of those who are no longer around than to promote the works of those who are presently producing. This Awareness indicates that this is part of the reason why entities prefer to not attach themselves to the *Cosmic Awareness Communications* messages.

This Awareness indicates that entities prefer to attach themselves to those messages which have been tried and tested and have proven successful in the world of business. This Awareness indicates that if *Cosmic Awareness Communications* had a large skyscraper or large piece of property wherein entities could come and see the foundation, rub their hands and say, "Yes, this is a successful place. It surely must have a meaning to its message. The prosperity indicates that the messages must be paying off."---this Awareness indicates wherein this kind of foundation could be pointed at, then entities would be more inclined to say that the messages are obviously correct. This Awareness indicates that entities always

prefer to jump on the bandwagon where prosperity shines than to become involved in the actions of those who are *building* the bandwagon.

This Awareness indicates there are very few Americans today, who, without hindsight of history, would put themselves in a position to give any support to the founding fathers of this country; for such entities would not wish to risk getting involved in something so uncertain as a rebellion against Britain, whereby they might get themselves hung as traitors or rebels by signing the Declaration of Independence. This Awareness indicates there are very few today who, in a situation such as that, would care to risk their security for such an action. This Awareness indicates, however, there are very few today in the United States who would give up their place on the bandwagon which was created by these founding fathers.

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For more information on Edgar Cayce, please refer to the following 'Revelations of Awareness' newsletters: 78-15 (Bringing in the New Age), \$2.00; 78-16 (Illuminati Conspiracy), \$2.00; 78-26 (More on Edgar Cayce), .50 cents; 79-7 (The Spiritual Snob), \$2.00; 80-19 (Who was Edgar Cayce; what is the ARE? Cosmic Awareness addresses Hugh Lynn), \$3.00 from C.A.C.

## THE BONDAGE CREATED BY HYPNOSIS

( WAITING ON THE ASTRAL FOR YOUR HYPNOTIST )

### QUESTION:

R.E.E. has a rather interesting question: "A writer purporting afterlife communication, says hypnotic subjects must wait on the astral plane after death for the death and arrival of their hypnotist, because a lasting psychic bond fetters them whereby the subject has become a victim and cannot be liberated until the energies are re-balanced on the astral plane. The perils of hypnosis also are recounted by Paramahansa Yogananda, saying 'it establishes a negative cerebral condition if experienced often.' Would Awareness please comment on this?"

### COSMIC AWARENESS:

This Awareness indicates that this generally is in the affirmative, particularly wherein a subject is continuously put in states of hypnosis under the command of another. This Awareness indicates that an occasional action does not create such bondage. This Awareness indicates that self-hypnosis does not create such bondage. This Awareness indicates that also, entities who are linked together by influence on each other, or one over the other, are basically in the same situation. This Awareness indicates that an entity who has strong influence over another, such as a mate, may also expect to find the mate waiting on the other side for that party to pass over. This Awareness indicates that essentially, this is the same type of bonding of energies between entities; that the hypnosis action is that wherein one surrenders to the will of another on a temporary or permanent basis.

This Awareness suggests that in some cases, hypnosis is very beneficial; that it becomes detrimental when an entity is the subject of another over a period of time and is not released by the hypnotist. This Awareness indicates that wherein one is hypnotized for the purpose of receiving some form of therapy or healing suggestions, and whereby several sessions occur and the healing follows, or the entity decides that healing will not come through this method, and whereby the entity then thanks the hypnotist, pays the hypnotist and leaves, and does not again see the hypnotist, nor have any further bonds or ties with the hypnotist,--then there is no bonds which tie the entity to that hypnotist, even after crossing over. This Awareness indicates however, if one is the continued subject of a hypnotist, it is likely that if the subject passed over, the subject could or would wait for the hypnotist.

This Awareness wishes to clarify exactly what is behind this action, so that there is no misunderstanding. This Awareness indicates it is not the hypnotism that is the cause of such bonding, it is the loyalty of the individual to the hypnotist, or to the other influential individual,--whoever that might be,--that creates the bondage. This Awareness indicates that loyalty creates a bonding, and loyalty and bondage are two sides of the same coin. This Awareness indicates that whomever, or whatever an entity is loyal to, that entity is also bound to. This Awareness indicates that therefore, if a subject becomes loyal to the hypnotist,--obedient, loyal, and always available,--then, of course, there is a bond, and the entity on passing over will perhaps wait for the hypnotist, if the bond and loyalty are so strong as to lead the entity to do so. This Awareness indicates that likewise, if one is loyal to one's mate, upon passing over the entity will be waiting if the bond is strong enough to lead the entity to do so. This Awareness indicates it is the loyalty that is the bonding factor.

#### QUESTION:

Would the same hold true if the hypnotist passed over first?

#### COSMIC AWARENESS:

This Awareness indicates that this is also true if the hypnotist was loyal to the subject and was unable or lacked desire to move on.

#### QUESTION:

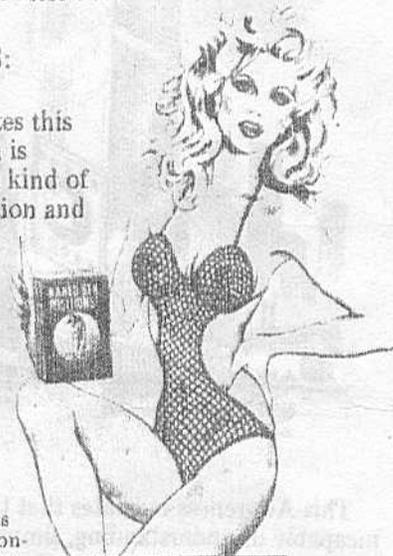
Then this bondage is strictly loyalty. What about those hypnotists who violate an entity, or misuse them, or command them to do certain things, or give them post-hypnotic suggestions for later use?

#### COSMIC AWARENESS:

This Awareness indicates this as a karmic bond which is created and is creating a kind of loyalty through interaction and through entrapment of the psyche of individuals, and this creates an even greater bond, causing more karmic difficulty for these entities to work out.

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ED'S Note: In numerous personal readings, Awareness has recommended entities consult a reputable hypnotist for certain problems, particularly if self-hypnosis attempts fail. There are many good tapes and books available on self-hypnosis.



### A MEDITATION FOR INCREASING CLAIRVOYANCE & HEALING THE BODY

(Closing Message)

This Awareness suggests that entities wishing to enjoy an interesting meditation, to try this one on for size:

This Awareness suggests that you sit with your eyes closed; that with your closed eyes you imagine yourself looking outward, both forward, upward, and to the sides of your head, all at once.

This Awareness suggests that when you have mastered this action of mentally looking outward in all directions,--(you may also add backwards, if you choose).

This Awareness suggests then you begin imagining yourself listening, and drawing toward you all that you hear, toward both sides of your head, toward the front, toward the back, above and below, and practice this until you have mastered this hearing action.

This Awareness suggests that after you have mastered both of these, in meditating for several minutes in this way, that you then practice looking and listening in this manner simultaneously, until you have mastered this action.

(Emphasis in these readings is by the editor)

This Awareness suggests as you do this you shall find it increases your aura and your awareness in all directions, in an ever-increasing size as your consciousness expands outward, receiving and projecting. This Awareness suggests this meditation as one which can be repeated, practiced for several weeks, and you will begin to experience some very powerful psychic capacities,--particularly your energies will be increased, your clairvoyance, your receptivity, and your ability to influence forces around you, as well as your ability to protect yourself from such forces that might be harmful to you. This Awareness indicates this also shall increase your capability of moving into deeper levels of awareness.

This Awareness indicates this also can have a very profound healing effect upon bodies which are weakened or diseased.

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