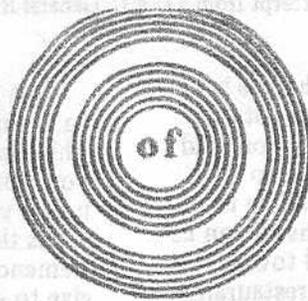


# Revelations



# Awareness

82-14

The New-Age Cosmic Newsletter

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

( Helping people become aware )

Price: \$2.00

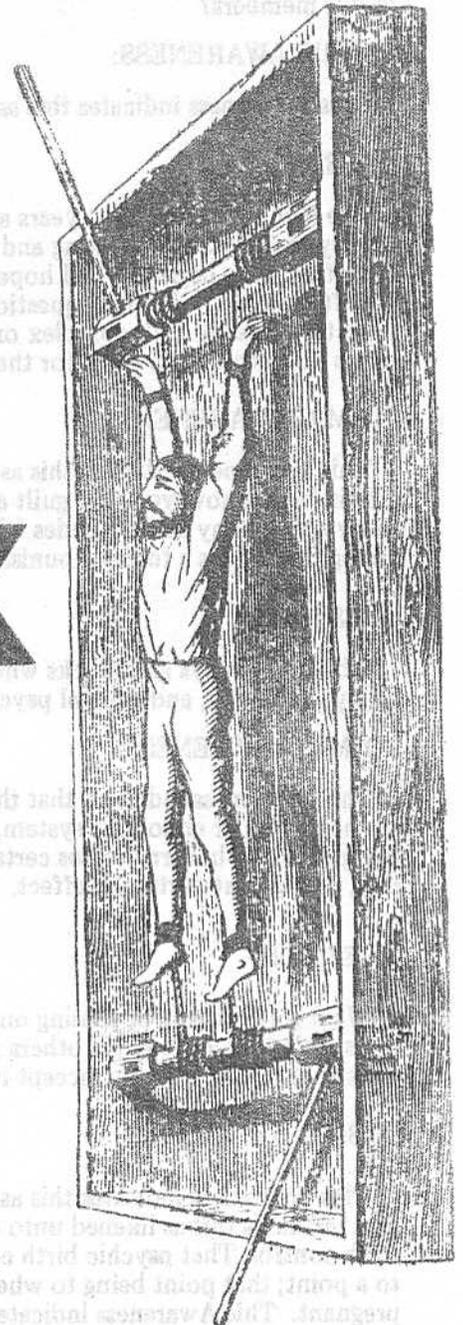
COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

FROM COSMIC AWARENESS....

A PROGRAM TO CONTROL AND CURE

# HERPES SIMPLEX VIRUS

Paul Shockley, Interpreter



Copyright 1982 by Cosmic Awareness Communications & the Aquarian Church of Universal Service. Reproduction, however, is permitted and encouraged as this information is greatly needed by many.

QUESTION:

Awareness, the media tells us that genital herpes is running rampant in epidemic form in the United States, that it is now almost as common as the common cold and over 30 million Americans are estimated to have this disease. We are now informed that it can be transmitted from toilet seats in public toilets, that it can be transmitted from lipstick and from the roll towels that are in the restrooms of filling stations and restaurants and so forth. The media is telling us this herpes simplex is killing half the babies being born from infected mothers, and that there is absolutely no cure for it. Awareness has given some information on this, yet we keep getting questions from entities on this subject asking for more methods to get relief. I'd like to ask Awareness if I could read seven or eight questions on this subject at this time, which were sent in by one of our members?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative.

QUESTION:

"I've had herpes for eight years and have tried homeopathy, megavitamins, fasting and every other therapy I can find. One begins to feel hopeless about the situation after awhile." His first question is, "Is herpes related to a massive guilt complex on the part of the social group mind to punish itself for the sexual revolution?"

COSMIC AWARENESS:

This Awareness indicates this as negative. This Awareness indicates however, that guilt complexes can very easily accompany those entities who have herpes in assuming that this is a form of punishment.

QUESTION:

"Why do I always get attacks when I go through peaks of joy, creativity, and general psychic and sexual arousal?"

COSMIC AWARENESS:

This Awareness indicates that this as that which affects the hormone, or endocrine system, and secretion of certain energies which in turn creates certain disturbances to the skin, and in that particular effect.

QUESTION:

"What is the karma of passing on the disease? Tremendous guilt follows this, yet others feel that you can't get the herpes unless you 'accept it'."

COSMIC AWARENESS:

This Awareness indicates this as not so. This Awareness indicates this as likened unto concepts of psychic birth control. That psychic birth control is effective up to a point; that point being to where the entity becomes pregnant. This Awareness indicates likewise that psychic herpes repulsion control as that which is effective up until the entity catches it. Then an entity may still say the same thing, but may assume that he did not resist it and accepted it.

This Awareness indicates this as attributing the mind to having greater power than is reasonable to assume. This Awareness indicates this likened unto saying that you won't get burned if you walk on ashes, or hot coals, unless you allow yourself to do so. This Awareness indicates that while this may be true for those who have tremendous mind power, it is a foolish statement to give to entities who have not developed such extreme mind control or self-control, or self-discipline. This Awareness indicates to tell an entity they would not be burnt by walking on hot coals unless they allowed themselves to be burnt would be inviting disaster for that entity. This Awareness indicates likewise to tell an entity that they will not catch herpes unless they 'allow' themselves to do so is to invite that entity to flirt with hot coals.

QUESTION:

"There is a man named \_\_\_\_\_ in Phoenix, Arizona who has a radionics treatment he claims will cure this disease. Is he correct? Awareness has confirmed some things this man has channeled, particularly regarding Ketamine."

COSMIC AWARENESS:

This Awareness indicates that the radionics method is effective when used properly. It appears this entity as one who can do so. This Awareness indicates however, that not in every instance is it likely that the entity will completely cure using the radionics machine. This Awareness indicates that you may need to follow up on further treatments if the first treatments are not successful.

QUESTION:

"In terms of passing it on, I've heard that some folks may have harbored the virus for years before an attack occurred. I didn't have my first attack until many months after any sex. I can't trace the source. Thank God, too."

COSMIC AWARENESS:

This Awareness indicates that this disease is not necessarily passed on through sexual contact, that it can be passed on in other ways as indicated in the first part of the question. This Awareness indicates that entities suffering from this experience, can in many cases, though not necessarily in every case, find relief or healing by the use of rose hips and Vitamin C in rather large doses of approximately 3000 units daily. Rose hip tea taken approximately 2 cups daily, and golden seal, approximately 1/4 teaspoon daily or the equivalent in capsules; (this golden seal as having a very strong astringent and bitter taste, therefore, in capsules as that which would be more effective). This Awareness indicates that this to be 1/4 to 1/2 teaspoon daily in the use of golden seal for approximately three weeks.

This Awareness indicates also, garlic along with this, garlic tablets be taken on a daily basis. This Awareness indicates that these to be taken just prior to meals, in the morning and at night.

This Awareness indicates that also, another effective substance for dealing with this is BHT, that same substance used in preserving cereals, which can be purchased from most healthfood outlets, --this as an anti-oxident. This Awareness suggests that this be approximately the amount in a number 2 gelatin cap taken twice daily for a period of approximately 3 weeks.

This Awareness indicates that other anti-oxidents also can be beneficial and helpful. Such anti-oxidents include Super-Oxide-Dismutase, GH3 and Selenium. This Awareness indicates also that interferon as that which can be helpful in building up the immunity system. That this as becoming more difficult to acquire.

This Awareness indicates also that substance known as the anti-plague formula which the entity Mary Farrell can put together through the Goodship, based on Dr. Christopher's formula; this is that which also can be beneficial in assisting this problem.

This Awareness suggests that entities begin with the use of golden seal, Vitamin C, rose hip tea, and the BHT, that they use this for approximately 3 weeks. This Awareness suggests that entities, because they are using the golden seal, will also need to build up the Vitamin B-12 in their system which gets depleted from the use of golden seal.

#### QUESTION:

Will this treatment for 3 weeks bring about an end to the problem once and for all?

#### COSMIC AWARENESS:

This Awareness indicates that this can bring about an end to the problem for many of those entities suffering from this. This Awareness indicates it may not work in every instance, this depending on how entrenched the condition is. This Awareness indicates however, it should bring most of these problems under control.

This Awareness indicates that for some, 2 weeks will be sufficient, that for others 3 weeks will be sufficient. This Awareness suggests that others may need to go for 3 weeks, then stop for one week and then repeat for 3 more weeks if the symptoms have not properly healed.

This Awareness indicates that it may be necessary for some entities to repeat this periodically at different times, but the problem should be greatly reduced, if not totally cured from this treatment.

#### QUESTION:

He would also like to know: "Does zinc sulphate, 1% cream, actually prevent attacks?"

#### COSMIC AWARENESS:

This Awareness indicates that this may have a slight benefit, but it is not seen as being sufficient to completely prevent this.

#### QUESTION:

His final question is: "Since there doesn't seem to be a cure, should I cease to press so hard for a permanent cure and just accept it as my personal burden for this lifetime? I feel this to be a cop-out, yet perhaps it is a necessary attitude to lower stress in my body. And would any gems be good for relieving stress or curing herpes?", was his final question.

#### COSMIC AWARENESS:

This Awareness indicates that *It* does see certain benefits from the use of chelation therapy in assisting in the healing of this disease, this wherein certain heavy metals and toxins are removed from the body through chelation therapy in a manner which improves the circulatory system, thus having a reactive effect on the disease, helping the system to become stronger. This Awareness indicates however, this system of chelation therapy as somewhat involved and expensive, and in many ways, what might be termed excessive.

This Awareness suggests however, there is also a substance which can be beneficial in helping to remove toxins from the system in a different way, similar to the chelation therapy, but somewhat different; this being the taheebo tea,--the taheebo tea as that from the Lapacho Morado tree. The taheebo as that which removes toxins as well as parasites from the system. This Awareness indicates that this removal of toxins and parasites from one's system can help to build up the immunity system, strengthen the vitality of one's system, to help the system throw off diseases.

This Awareness indicates that this alone may not be sufficient to cure the herpes problem, but along with those other methods given, in the more stubborn cases; this may be necessary.

This Awareness indicates also that calcium used can be helpful in strengthening skin tissue and quality, and in assisting the healing process. This Awareness suggests there is another substance which may be made available soon, beginning production: this is known as Magozone, which may be made available through the Aquarian Church in a short time. This substance as being a strong anti-oxident, one whereby the digestive system is cleansed, and oxygen is sent into the organs and cells through a calcium type of combination base, removing poisons by turning them into gaseous substances, while replacing them with oxygen that feeds and nourishes the cells. This Awareness indicates that this also can be beneficial in ridding the system of poisons and disease. This Awareness indicates that this as not available at present, except in very limited amounts.\*

\*This reading was given in May, 1982. Since that time Magozone has been made available from the Goodship in Portland, Oregon.

#### QUESTION:

One of his questions that sort of got skipped over that I think might be worth following up on, is the question of: "Is there any other karma involved other than the obvious physical and emotional problems in transmitting herpes?"

#### COSMIC AWARENESS:

This Awareness indicates that this as being a karma in the sense of violating another by transmitting, or by threatening to transmit the disease. This Awareness indicates particularly when the other has not been informed that one is a carrier. This Awareness indicates that at any time an entity puts a person in jeopardy, it is a violation. This Awareness indicates that the degree of jeopardy is that which determines or relates to the degree of violation and karma.

QUESTION:

J.W. had a question on this subject. She wanted to know: "Is the sudden onslaught of herpes a part of a germ warfare plan run by the Bolsheviks or some other group?"

COSMIC AWARENESS:

This Awareness indicates this as that which has been steadily increasing from the time of the Korean war. This as associated with improper treatment of diseases which were brought back from Korea and also from Vietnam. That the increasing growth of this as that which has been steady and has only begun to mushroom in recent years. This particularly gained much speed during the late 60's and early 70's.

QUESTION:

Then from one frame of reference, it is a form of karma for the Vietnam war, is it not?

COSMIC AWARENESS:

In one sense, this as one facet of the karma being experienced, that there are many other facets of karma experienced from that war.

THE NEW HOMOSEXUAL DISEASE.....

...WHO IS KILLING OUR QUEENS?

QUESTION:

J.W. had a final question in this area. "According to the media, there is a new disease running rampant among the homosexual community, killing many of these entities. So far there is no known cure. Is this disease, which has at its base a sudden massive defect in the immunology system of the body, caused by some intolerance to pollution in the environment?"

COSMIC AWARENESS:

This Awareness indicates that this as being a disease introduced deliberately by a project associated with those forces which are attempting to wipe out certain classes of people. This Awareness indicates that there is technology whereby entire races, or specific types of entities can be eliminated through the action of genetic engineering, whereby a disease selects certain types of entities or certain races according to their own genetic code. This Awareness indicates that this disease as not exactly associated with a particular race, but rather as that which was aimed at creating a disease that was spread among the homosexuals in a deliberate attempt to create problems and to bring harm to these entities. This Awareness indicates this essentially was an attack on entities for being what was considered as unacceptable to the belief system of those who engineered this plan. This Awareness indicates this appears to have come from an extreme right wing operation. This Awareness indicates that this as being that which will continue to spread for some time before an antidote or cure is found.

\*\*\*\*\*

ED'S NOTE: The following information on herpes was given during 1977 and 1978.

( Excerpt from a C.A.C. General Reading)  
Sept. 21, 1977

QUESTION:

Several members have written in with the request that we ask Awareness for some tips on treating a new venereal disease called 'herpes' that is now a problem these days, and according to published reports, the doctors have no cure for it. Would Awareness give some information on this disease called 'herpes'?

COSMIC AWARENESS:

This Awareness indicates there has been information given on this. This as during a reading approximately 1975, the name of the entity as not seen clearly at this time. This Awareness indicates this venereal disease as being that which can be affected by the use of blood purifiers of Dr. Christopher. This Awareness indicates the red clover formula as that which can be quite effective on the treatment of this.

This Awareness indicates there are also other types of herbal compounds listed in the Dr. Christopher book and in Dr. Ginseng's book on herbology. This Awareness suggests also the use of homeopathic medicine as that which is beneficial in treating this.

This Awareness indicates that the use of the 7-day fast, followed by 7 days of concord grape juice, along with three ounces of pumpkin seed oil daily and the use of the red clover blood purifier as that which will eliminate the effects of this disease.\* This Awareness indicates that this then be followed by two weeks of multi-vitamins and minerals and good healthy diet without sugar or chemical-types of additives. This being of natural foods. That the body's natural healing effects during this time will dispel the remainder of the effects of this disease. This Awareness suggests that this as being effective in most cases, except wherein an entity may have such a difficult case that it may require another following program after the first attempt.

\*\*\*\*\*

\* The 7 day fast is given at the end of this report.

(Excerpt from a Personal Reading given July 27, 1978)

QUESTION:

Would Awareness please offer information concerning specific counseling suggestions appropriate for the treatment of the cause of Herpes Simplex No. 2 as well as any information about the Naturopathic, the Homeopathic, or some form of treatment for healing of this imbalance? Also, would any of these Laws be helpful for one who would direct attention and energy to their principles: Laws of Description, Magic, and Projection? \*

\*Please refer to the booklet, 'The Cosmic Laws of Cosmic Awareness'; \$3.00 from C.A.C.

## COSMIC AWARENESS:

This Awareness indicates the use of consciousness as that which can have great effect on this disease and upon the prevention of such. This Awareness suggests, however, that this approach to the problem is not likely to have an effect because most entities will not recognize the value of keeping their consciousness high or of recognizing the power of the mind.

This Awareness indicates at this time in the stage of human development that the more effective approach as that which deals with the cleansing of the body through fasting and through herbs, particularly in the area of cleansing the blood. This Awareness suggests the entity Mary Farrell of the Goodship can supply information relating to herbs. This information also is available through Dr. Christopher's works. This Awareness suggests that this as the blood-purifying herbs and diet and this information available upon request from these entities.

This Awareness indicates that as the blood and body are purified, the herpes energies are unable to take hold or retain their hold on the body.

\*\*\*\*\*

## FASTING INFORMATION--A DIET TO INCREASE YOUR AWARENESS:

( Excerpt from a General Reading given in 1965)  
Ralph Duby, Interpreter

## COSMIC AWARENESS:

Tonight it is the will of this Awareness to indicate those foods, that type of nutrition which will bring you closer to that possibility that may be achieved through greater awareness. It is indicated at this time that it is very important that all members of this group and all entities who have concern for their health, especially those who have reached that fruition in life which approaches the years of 30 or 40, and especially those who are diseased, who have problems concerning degenerative disease, that this advice be listened to carefully and followed exactly.

It is suggested that fasting is a thing which most of you have forgotten, although this Awareness, through the Christ Consciousness, had indicated before the importance of fasting. It is suggested that all of you should fast for 2 or 3 days. Your bodies are filled with mucous, with residuals from drugs, with various types of toxins; your bodies are like a machine filled with hundreds of millions of tubes, and these tubes you refer to as veins and cells, as arteries, as capillaries---these in most of you are clogged with waste products, with an over-supply of mucous material, residuals, especially alkaloids from medicinal drugs.

It is suggested that in order to make your system clean, first of all fast for three days. These instructions should be followed:

Just before the first day of fasting, there should be a colon irrigation by a warm water enema, from one to two quarts. Add to this solution one tablespoon of honey and the juice strained from one lemon.

On the first day a fasting solution should be prepared of water with a touch of lemon and a bit of honey, and this should be the only fluid ingested for the first day.

No food should be taken, and on the second day this diet should again be entirely restrictive *except for grape*. This fasting is essential to remove, or at least begin to remove, those toxins, this excess mucous, these residual alkaloids.

It is suggested that after a 2 or 3 day fast, entities should eat those simple foods which are indicated as follows:

After the first day of fast, 3 or 4 ounces of grapes, uncooked vegetables to be eaten as salads and a menu is suggested as follows:

For breakfast: one ripe kind of fruit, as much as you wish.

For lunch: salads with natural dressing (olive oil, lemon juice), and:

For dinner: cooked vegetables and no meat of any kind.

This diet should be followed for 2 days. At that time a normal diet could be resumed: that diet as indicated by this Awareness: that diet without red meat, that diet of fish and the white meat of fowl, and fruits and vegetables, nuts,---no cereals and no starchy vegetables.

It is indicated that this Awareness has given you information concerning processed foods. This information should be carefully researched. That simple diet where mono-fruits are eaten, where one type of fruit only is eaten at one particular meal. Raw leafy vegetables with natural dressings,---those types of foods remove those cumulative waste products that have been built up in bodies from 10 to 20 years, and these directly are at the basic cause of your degenerative diseases,---cancer, and other problems which have already been indicated by this Awareness. It is suggested that this be followed closely, that this increases those years to full and plenty that you may spend in this lifetime; that this kind of diet prevents that sickness, that tragedy, that pain toward which many of you now move.

It is suggested that fruits should never be mixed for that perfect and abundant health which you may achieve. Mono-fruits should be eaten. For example, if at breakfast ripened pears are eaten, sun-ripened pears, these should not be eaten with other types of fruits. It is also indicated that when green leafy vegetables are placed in salads, that those additional things which many of you add are indicative of that complication which represents your lives.

It is suggested that all entities should fast for one or two or three days once a month. If this is followed for a period of one year, that the difference in your health, the difference in the way that you feel, that opportunity to increase your awareness, will allow you to fully understand the value of fasting.

It is also suggested that those who now feel no specific illness should also fast, should follow the diet indicated by this Awareness so that their lives may be more full. It is also suggested that fresh air, sunshine, fasting, pure water, rest, and that state of mind that allows exuberant and abundant health be a concern to all of you in your meditative effort.

# New fears on herpes virus

WASHINGTON (AP) — Researchers have discovered that herpes simplex virus, the cause of widespread venereal disease, can remain infectious for hours on toilet seats and other common objects.

The virus, previously thought to die quickly when exposed on dry surfaces, was found to last from 1½ to four hours on a toilet seat and up to 72 hours on cotton gauze, one researcher, Dr. Trudy Larson, said yesterday.

The findings raise the possibility that genital herpes is not only communicable through direct sexual contact, but also by non-sexual means.

"Our major concern isn't so much with toilet seats, but with the gauze," Larson said in an interview. "The surfaces of gauze are similar to towels, and people with genital herpes should be extra careful that no one else uses their towels when they have an outbreak."

Larson, a research fellow in pediatric infections at the University of

California at Los Angeles, reported her findings at a joint meeting here of the American Pediatric Society and the Society for Pediatric Research.

She and other experts said there is no definite evidence that herpes disease has been spread by these indirect means.

Most patients have had sexual contact with an infected person, she said.

## Precautions urged

But Larson said there is a circumstantial link in numerous cases of genital herpes showing up in children and adults. These victims have no history of sexual activity or abuse, but do have a household member with the infection, she said.

Larson said herpes victims and those in contact with them should take added hygienic precautions to decrease any risk of transmission.

"Common household chlorine bleach or a 70 percent alcohol solution rapidly kills the virus on surfaces," she said.

# Herpes getting almost as common as the cold

ATLANTA (AP) — Genital herpes, an incurable venereal disease that kills half the babies infected, trails only influenza and the common cold as the nation's fastest spreading virus, a federal official says.

While infant cases of herpes are rare and can be prevented with proper procedures at birth, the disease can be painful and often disrupts the sex lives of infected adults.

Experts cannot pinpoint how many Americans have genital herpes, but the national Center for Disease Control reported Friday that private physicians recorded a nearly ninefold increase in patients with the disease between 1966 and 1979, the last year for which figures are available.

"This is the first time we've been able to document the national trend," said Dr. Mary Guinan, a CDC clinical research investigator.

"This is spreading faster than any other (virus) with the exception of the common cold and influenza," she said. "It's a terrible problem. I wouldn't want to scare the nation, but I would think our alerting the public is the only way to do it."

She said the CDC was not issuing a warning about the epidemic because it cannot recommend any successful way to treat the disease.

There is no known method of immunization. The disease causes genital sores that can blister and form ulcers, Ms. Guinan said. The sores heal but recur for unknown reasons, she said, and the disease is most contagious when the sores are present.

Doctors tell people with active infections to refrain from sexual intercourse for fear of transmitting the disease.

Ms. Guinan said the possibility of infecting babies at birth is "probably the most frightening thing to people with herpes," although the spread of the disease in this manner can be prevented.

Half the infected infants died, she said, and half of the survivors suffer brain damage.

Ms. Guinan said a woman with herpes can bear a child free of the disease if her doctors make sure the baby does not pass through the birth canal while the sores are active. If sores appear near the expected delivery date, the child can be delivered by Caesarean section.

"There are millions of women with herpes, but very, very few babies with herpes," Ms. Guinan said. A government study estimated 992 babies were born with herpes in 1976, she said, but it is difficult to estimate infant infections because some pregnant women do not report having the disease.

## WHERE TO OBTAIN THE ITEMS MENTIONED IN THESE READINGS

Herbs and herbal combinations, including the Dr. Christopher formulas may be ordered from the following places by mail:

The Lotus Shoppe  
Pullman, West Virginia 26421 (Free catalog available)

The Goodship  
P.O. Box 12072  
Portland, Oregon 97212 (Free catalog available)

MAGAZONE is available from the Goodship.

Taheebo Tea, also known as Ipe Roxo, Lapacho Morado and Pau d'arco, a highly-acclaimed herb of the ancient Incas is available from the Goodship.

Rose hip tea, Vitamin C, Goldenseal, Garlic capsules, SOD (Super-Oxide-Dismutase), Selenium are available in healthfood stores. Also available from the Lotus Shoppe, the Goodship and the General Nutrition Corp., 418 Wood St., Pittsburgh, Pa. 15222 (Free catalog available).

BHT is available from most healthfood stores.

Interferon and the anti-plague formula is available from the Goodship.

Chelation therapy is available from some homeopathic physicians. There is also a new drug, available from certain doctors, which will achieve almost the same results when taken orally.

The books by Dr. Christopher are available from the Lotus Shoppe and the Goodship.

GH3 (the anti-aging formula developed in Roumania by Dr. Aslan) is available from the Goodship. Also from Glenn Nutrition Research, 1800 Market St., San Francisco, California, 94102. Note: many books are available in healthfood stores about GH3.

## PLEASE NOTE:

Permission to reproduce, copy and disseminate this information is hereby given. An acknowledgement of the source would be appreciated. This information is being published as a public service. Cosmic Awareness Communications has no financial interest or connection with the suppliers listed and receives no compensation from them for listing them as suppliers.

Cosmic Awareness Communications is a not-for-profit, tax-exempt organization which publishes 'Revelations of Awareness' (the Cosmic Newsletter) every 2 weeks. For an introduction to Cosmic Awareness and C.A.C., we suggest you order the 80 page booklet, "Cosmic Awareness Speaks" (Price: \$3.00), available from C.A.C.