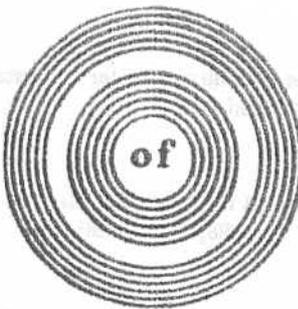


# Revelations



# Awareness

82-16

The New-Age Cosmic Newsletter

\$3.00

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

( Helping people become aware )

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

"TAKE A LETTER, MISS JONES,-- A LONG ONE!"



## Contacting the LIGHT...

HOW TO MAKE MIRACLES HAPPEN

...More on channeling



Paul Shockley  
Interpreter

PLEASE NOTE: For easier reading and better understanding, Cosmic Awareness suggests that these readings be read aloud.

(Excerpt from a C.A.C. General Reading)  
Sept. 10, 1980

## THE GOSPEL ACCORDING TO HELEN ?

### QUESTION:

In the September, 1980, issue of *Psychology Today* magazine there is an interesting article entitled *The Gospel According to Helen* and it concerns a three-volume course in miracles which is currently an underground best seller and the magazine says, "A rising phenomenon on America's crowded new religious and mystical landscapes." I would like to read a brief bit of this lengthy article and ask Awareness to comment.

"One recent Sunday at dusk, several dozen men and women assembled, as they do every Sunday, for a meeting in Orange, California, a community within a short drive of Disneyland. But these particular pilgrims had mustered in search of something other than mundane pleasure. Most of them had brought their own copies of *A Course in Miracles*, three hard-bound navy-blue volumes, the title embossed in gilt, that enclose 1,188 pages and some 500,000 words. The author of this work, first published in 1976 and now in its seventh printing, is nowhere credited. But no believer and none of the two dozen men and women gathered in Orange, stands in the least doubt about who he is, or how he delivered this lengthy message to a disillusioned world. The author implied by the text is Jesus Christ speaking in the first person. For 10 years, beginning in 1965, he is said to have dictated it, in an inaudible voice, to a woman who was at the time an assistant professor of medical psychology at Columbia University in New York City. The author's choice of stenographer seems as curious as the text's transmission, for the woman made a most reluctant instrument. A self-professed "militant atheist", she repeatedly rejected the message that flowed into her steno pads, and she resented her unsolicited and unwanted role as amanuensis to the Son of God.

Nevertheless it was this course that had converted these people in Orange and that has spontaneously generated more than 150 other Miracles Study Groups throughout the United States. They are neither an organization or a church. They are linked only by a common faith in the value and validity of the Course material and by an informal newsletter, *Miracle News*. The course has no gurus, charismatic leaders or organizations, does not pretend to be a theology or religion and recognizes only two human emotions: love, which it considers universal and fear which is described as imaginary and non-existent, the product of man's guilt and ego and the antithesis of love.

"Nothing real can be threatened", states the introduction summing up the Course's message. "Nothing unreal exists. Herein lies the peace of God."

To accept the teachings of the Course requires an act of faith of no less magnitude. For starters, the principals involved in the Course's genesis insist on anonymity. Every word of the 3 volumes was "channeled" through the woman Helen, who served as Christ's stenographer. Helen is not accessible to inquiries. Her notes were read to William Thetford, a tenured professor of medical psychology, who transcribed them on his typewriter. The two principal reasons for concealing the identity of Helen and the few around her is that Helen or anyone else does not qualify as a guru, and the course itself is not a cult or a religion."

The article goes on and on, relating how Helen was raised in the Jewish faith, but despite some early and earnest efforts to find meaning in organized religions, including her own, she failed, renouncing religion altogether as a 'snare and a delusion'. As a young woman she had several mystical experiences, but it was not until 1965 she told Dr. Thetford one night by phone that "thought impressions in the form of sound, had begun to force its way unbidden into her mind; it refused eviction. She quoted its first mute message: "This is a course in miracles. Please take notes."

Despite her disinclination to do so, Dr. Thetford urged her to listen to the voice, to record its words in shorthand, and to bring her notes in the following morning. What she read to him the next day forms the introduction to the text. It begins: "This is a course in miracles. It is a required course. Only the time you take it is voluntary." It goes on to admit the impossibility of defining love--"for that is beyond what can be taught"--and states the Course's purpose is to remove "the blocks to the awareness of love's presence, which is your natural inheritance."

Would Awareness please comment on the source and validity and significance of this *Course in Miracles*?

\*Psychology Today, PO Box 2990, Boulder, Colorado 80321. 1 year subscription \$7.99 for new subscribers.  
ED's Note: for a number of years C.A.C. ran a small classified ad in this magazine, which pulled quite well. Shortly after this article was written, C.A.C. was notified that the magazine was canceling the ad. No reason was given.

## COSMIC AWARENESS:

This Awareness indicates this as that which was channeled through this entity from the High Self. This Awareness indicates that essentially, entities may begin to understand that each being has a higher, Christ Consciousness, and that some entities are in tune with this Christ Consciousness and can merge with this Christ Consciousness. This Awareness indicates that others are shut off from this Christ Consciousness by their own behavior or their own methods.

This Awareness indicates that this entity, even though not believing, did have some portion of her consciousness which accepted and which was open to allow the High Self to come through. This Awareness indicates this as the result of previous lifetimes, and also from a certain experience in this lifetime which.... This Awareness indicates the entity as having accepted some wrong answers, but still holding some right answers, this as kind of creating a split personality. This Awareness indicates that during the split, this allows the Light or Christ Consciousness to speak through this entity, to work through this entity. This Awareness indicates that the Christ Consciousness is the mediator between the man or the mind, the conscious mind, and the higher divine forces of the universe.

This Awareness indicates that the book and messages as being of high accuracy and of much value in assisting others to find their way and to understand a new kind of lifestyle which is most valuable during these times. This Awareness indicates that for some entities, the material will be of great value; for others it will be somewhat of a false hope, as the entities may find themselves unable to put enough energy into making it work for them. This Awareness indicates that this, of course, will depend on the entities and their interest, rather than on the work itself. This Awareness suggests that this as another important contribution to the spiritual upliftment of this planet.

### DID JESUS WRITE THE COURSE ?

( MORE ON JESUS AND THE CHRIST LIGHT )

## QUESTION:

Then the fact, as Awareness indicated, this was channeled by the Higher Self or the Christ Consciousness, then these entities have a right to believe, then, that this came from Jesus?

## COSMIC AWARENESS:

This Awareness indicates that the confusion involved in these terms is such that entities can manufacture various distortions and viewpoints and arguments from the use of the name Jesus. This Awareness indicates that the Light, which is the High Self of each entity, has been symbolized by different names in different cultures in different ways.

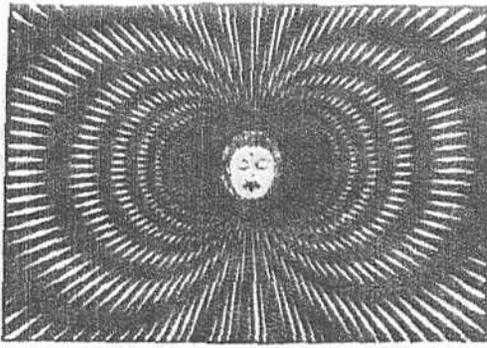
This Awareness indicates that essentially, one of the purest forms and religious expressions of this Light was presented by the entity commonly known as Jesus the Nazarene. This Awareness indicates that the name Jesus itself as being symbolic of that Light, but this Awareness reminds entities that there were thousands of others named Jesus during the lifetime and the era before and after the one historical Jesus. This Awareness indicates therefore, that you recognize the entity, the man historically known as Jesus, as being one Jesus; that the Light which this Jesus experienced, which spoke through this Jesus, as the Christ, the mediator between man and God, as the Father in Heaven, the one whom the man Jesus said he was at one with,--this Light was the entity's divine self. This Awareness indicates in that sense, the Christ Consciousness, speaking through the historical man Jesus, gave much wisdom and advice as a teacher to the masses and directed and led the man Jesus through the particular lifetime to perform the function which was intended by the entity's chosen destiny.

This Awareness indicates that this Light which was the divine Light of this entity, while being unified with all other similar Lights or divine selves which are part of each other individual, is not exactly the same Light which is the High Self of every other individual. This Awareness suggests this may be understood in the allegory of the football field which is lit up by hundreds of brilliant lights. This Awareness suggests that you imagine seeing a situation in which there is darkness upon the face of the football field and the crowd mills and wanders about, struggling to find their way, and there is conflict upon the football field and there is violence among the players. This Awareness suggests that a particular being wanders upon the field and in his hand there is the power of a switch, which he turns on, and the light comes on, and others say, "How did that happen? It is a miracle. We can see, when before we could not." And the entity says, "I am the way. I am the one who brought the light." And the Light says, "I show you the way. I show you the truth."

This Awareness indicates that still, at a later time, another light comes on for another player, and the player says, "Ah ha! I have seen the light. I, too, have been visited by Christ." This Awareness indicates that others look and say, "Then you, too, have been visited by Jesus, for the first one who presented this Christ Light was known as Jesus, and therefore, that Light there must also be Jesus." This Awareness indicates that eventually, all of the Lights light up together, and all entities can say that these Lights are Jesus, or the entities can say "these are the Christ Lights."

### THE LIGHT GOES BY MANY NAMES

This Awareness indicates that what entities must understand is that there is available for each entity the Light of the Christ Consciousness, which is part of each entity's being. This Awareness indicates that it is for each entity to discover and to attune oneself, to make ready and to be baptized by that Light, to be born again, to accept that Light as one's divine heritage. This Awareness indicates that this Light has been with each entity, even unto the ends of the earth, shall remain with each entity, except that the entity may cut off his or her relationship with that Light.



This Awareness indicates that you may call this Light Jesus, you may call it Krishna, you may call it the Christ, you may call it the Father in Heaven, you may call it by any name; but whatever name you use to call that Light with, that name becomes sacred and meaningful to you. This Awareness indicates that as it becomes sacred, the subconscious mind will want to use that name and no other. Therefore, those who grew up in Christian families, in Christian religions, will find that calling on the name of Jesus will be more favorable, in general, in reaching that Light then to use some other name, because these entities have programmed their subconscious at young ages to believe that the Light is named Jesus. This Awareness indicates that for others who have grown up in other cultures, such as the Krishnas or the Buddhists, these entities in attuning to that Light would find that the subconscious would most readily respond to the use of the name Krishna or Buddha.

This Awareness indicates that this, of course, can be altered if these entities have built up a subconscious resentment toward that name which they had been given as children. In which case, the entity's subconscious may reject the name of Jesus, may reject the name of Krishna, or may reject the name of Buddha and may more easily turn to still another name. This Awareness indicates that, for example, the Christian who rejects subconsciously certain unpleasant experiences with the Christian religion or with concepts of Christianity which have been frightening or disturbing to the entity, and the entity subconsciously rejecting this entire Christian doctrine, may find as he grows older that in attempting to contact the Light, he has better success through a different religious experience, such as the Krishna movement, whereby there are no subconscious blocks against the name Krishna. This Awareness indicates that still others in the Krishna movement, may have subconscious blocks against this name, and may choose the name Christ or Jesus, and find this working much better. This Awareness indicates that it largely depends on what the entity wishes to call the Light; but the name which you use should be something which is compatible and acceptable to your subconscious mind, and if incompatible, you may wish to find out what the blocks were, why they were there and to eliminate those blocks in your subconscious, eliminating any hostilities toward that name, or you may wish to switch religions and use a different name.

This Awareness indicates that in terms of the particular use of the name Jesus by these entities, that this can be appropriate. This Awareness indicates that others may also insist that the book was dictated or channeled from Buddha or from Krishna or from some other deity. That it all can be seen as coming from the High Self or the Light of divine or Christ Consciousness.

This Awareness indicates that above these anointed or Christ Consciousness Lights, is the union of Lights, and this forms still another being. This Awareness indicates that the ultimate point of unity wherein all these Lights are unified as one, this is the universal deity known commonly in the Western world as God. This Awareness indicates that the God or universal deity, the universal creator is made up of the many groups of Lights and the individual Lights.

#### QUESTION:

Then essentially, this book, *A Course in Miracles*, was channeled by this Awareness?

#### COSMIC AWARENESS:

This Awareness suggests that it was channeled by the Light or Christ Consciousness of this entity, but came from this Awareness or from the universal forces. This Awareness indicates that *It* desires that entities understand the difference between the concept of this Awareness channeling, for this Awareness does not channel; it is the Interpreter which is the vehicle for the channeling, and the channel is through the High Self or the Christ Consciousness.

This Awareness indicates that likewise, the channel through the Christ Consciousness into the mental network of the Interpreter, using the Interpreter's body, mouth and the nerves and memories and terminologies and words and previous experiences and all subconscious and conscious realizations and experiences, the entire collection available through the Interpreter, this is likened unto the use of a computer, whereby the Christ Consciousness programs through the computer the message which it receives when it attempts to read the energies of the Universal Mind. This Awareness indicates therefore, there is something always lost in the translation, in the trance interpretation. It can never be 100% accurate when channeled through humans; the only thing that is 100% accurate is the experience, and once put into words it loses something of the experience.

#### HOW TO GET THE CHRIST LIGHT TO SPEAK OR WRITE THROUGH YOU

#### ( THE FUNCTION OF THE INTERPRETER )

The Christ Consciousness is attuned to extremely high frequencies of the universal consciousness and must step these frequencies down, but these are not put into words by the Christ Consciousness, --the stepping-down process simply puts these things into images, feelings, concepts or symbols, then this is transmitted into the conscious and subconscious minds of the physical interpreter, the physical being, which then allows the body to be turned over to the Christ Consciousness for use in either writing, speaking or conveying through actions the message which the Christ Consciousness wishes to convey. This Awareness indicates that therefore, the entity who is the conscious being inhabiting a body, must give up personal will over that body to allow the Christ Consciousness to speak through, to write, or to act through the body. This Awareness indicates however, that the Christ Consciousness does not speak in words of *Its* own, but sends impulses and energies through the individual physical being, using the conscious

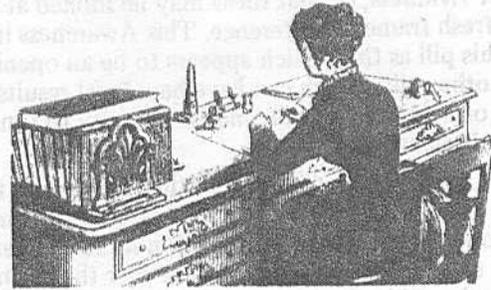
and subconscious mind of that entity to convey in his or her own programmed terminologies the language, the words, the concepts, the ideas which are in the trillions available. The Christ Consciousness picks and chooses from all of these trillions of subconscious impulses and memories of words, experiences, ideas, analogies etc., those which convey best what the Christ Consciousness wishes to convey.

This Awareness indicates that it is not simply a matter of the Christ Consciousness opening its own mouth using its own words, it is more likened unto a telepathic communication which is translated by the interpreter's mind, into words which convey the impulses received from the Christ Consciousness. This Awareness indicates that, in turn, the Christ Consciousness receives *Its* impulses from the Universal Creator through extremely high vibratory impulses, rays, feelings, and converts those into images, symbols, which are telepathically sent through the interpreter, who then writes, speaks or acts out the message. This Awareness indicates the interpreter, in order to do this, must place aside mind, emotion and feeling of his own will.

This Awareness indicates that in the instance spoken of in terms of this book, the entity allowed the Christ Consciousness to have a period of time whereby her will was placed aside, and the energies came through telepathically and she allowed her body to become the vehicle or agent for translating those energies from that Christ Consciousness. This Awareness indicates that other entities may act out these messages from the Christ Consciousness; the actions may take the form of art, dance, music or some other physical activity; still others may write these messages from the Christ Consciousness level. This Awareness indicates that others may sing or speak from the Christ Consciousness levels. In each case, the individual may need to train the physical body to become a proper vehicle which can express properly the messages which are to be conveyed, and when properly trained, must place aside personal will, giving up personal control, and allow the free flow

of Spirit from the Christ Consciousness to move through the entity's being, to take possession of the entity's being and to use its skills, talents and expressive capacity for *Its* own purposes.

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#### ED's Note:

This reading was given in September, 1980, and the reason we have not published it before now was that for the past two years we have been trying to locate the publishers of "A Course in Miracles" without success. (I just had a feeling that some of you would write in wanting a copy and we did not know where to tell you these were available. Well, thanks to Anthony Warren of Detroit, we were finally able to track down the publishers and we now have in stock these books. A Course in Miracles sells for \$30, which includes postage. The course is three separate books, all hardbound and printed in large, readable type. Volume 1 is the text, and is 622 pages. Vol. 2 is a workbook for students, 478 pages which supplements the text material, leading to greater understanding of the Course. Volume 3 is a manual for teachers, and is designed for use in study groups. C.A.C. heartily recommends this astounding series of books. You will recognize much of the Awareness philosophy, but from a different frame of reference. This is great supplementary material to the Awareness readings, and something many of you can use as a basis for study groups and to help turn on your friends and associates so that they, too, may participate in the great awakening now beginning upon this plane.

A Course in Miracles is published by the Foundation for Inner Peace, a non-profit organization. At today's book prices, these handsomely-bound books are a real bargain. Avaton.

### WILL THE POLARIZER HELP ONE RECALL INFORMATION?

...Coming soon---a memory pill.

#### QUESTION:

In the book, *The Magnetic Blueprint of Life*,\* by Albert Davis and W.C. Rawls, Jr., they state: "It is noted that when reading, studying or analyzing, the use of a small magnet, a few hundred gauss for not over 10 minutes per day to the third eye, which is at the exact center of the forehead, can increase the mind's ability to store and recall more information."

If this is true, would the Polarizer also aid in an entity's ability to store and recall information?

\* *The Magnetic Blueprint of Life*, by Davis & Rawls, published by Exposition Press, Hicksville, N.Y. (Also available from C.A.C.; price, \$10.95).

#### COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This Awareness indicates that there also will be released during the next two year,--possibly sooner,--a pill which can assist entities in recalling approximately twice as much information, enhancing the memory to approximately twice its capacity. This Awareness indicates this as related to certain chemical functions in the brain which are triggered by the substances within this pill that allow the entity to recall for longer periods of time information being taken in, such as during study periods, and also at the time of retrieval wherein the entity wishes to recall such information, or other information of prior times; the use of this pill as that which enhances that ability.

This Awareness indicates that this will be a beneficial substance for many entities during the coming two years when this is released. This Awareness indicates this appears also to have certain other effects and applications in regard to therapy purposes, helping entities to discover and recall experiences of the past with greater vividness, so that these may be looked at again from fresh frames of reference. This Awareness indicates that this pill as that which appears to be an opening to allow other pills which can have beneficial results in terms of helping the brain and its capacity to function more efficiently.

This Awareness indicates that the polarizer as that which has a similar effect in that it alters the charge on the blood cells so that they function more efficiently, and in so functioning, are able to trigger the natural chemicals within the body to allow it to enhance its own memory capacity and function more efficiently. This Awareness indicates the brain thus being given greater strength of functioning capacity by the Polarizer's effect on it. This Awareness indicates this in reference to the North pole use. This Awareness indicates that the North pole assists the cell in being more radiant or in radiating its energies outward. The South pole as that which draws energies inward to the cell, causing a greater hunger by the cell, the cell becoming more magnetic. This Awareness indicates that this in turn creates greater appetite in terms of sensual data within the body of the individual. This Awareness indicates that the North pole as that which allows the appetite or desire to be diminished and the expressiveness or feeling and sensitivity to be increased; the North pole creating a greater capacity to be radiant or loving, and the South pole creating a greater need to be loved.

#### MORE ON MAGNETISM.....

#### HOW TO OPEN THE THIRD EYE USING THE POLARIZER

#### QUESTION:

In the example just given of using a magnet on the third eye, when applying that to a polarizer, would just suspending the magnet over the head be sufficient, or should it be aimed at the third eye?

#### COSMIC AWARENESS:

This Awareness indicates that in the proximity of the third eye, within approximately one foot; this as sufficient. This Awareness indicates that this may be at the top of the head, or at the sides; it does not need to be in front of the entity's forehead, facing the entity. The magnetic field moves into and through the skull of the entity and is not stopped by these; and the third eye,--actually being within the head as the pineal, and in conjunction with the pituitary,--is affected by this magnetic field, regardless of where it is, so long as it is within a reasonable distance that the field can reach. The Polarizer of Sam Millar as that which reaches out approximately 4 to 6 feet; that the area of one foot or two feet as that which is sufficiently strong, and can have its effect on this third eye.

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ED's Note: For more information on magnetism and the Sam Millar Polarizer, please refer to 'Revelations of Awareness' No. 80-2 (\$3.00); 80-8 (\$3.00); 80-9 (\$3.00); 80-24 (\$1.00); 81-6 (\$3.00); 81-23 (\$3.00), available from C.A.C. Sam Millar is still manufacturing Polarizers for the C.A.C. membership. Write to C.A.C. for prices and other information if interested.

#### ANY DAMAGE TO EARTH FROM THE REMOVAL OF ALL THAT OIL?

#### ...More on the Greenhouse Effect

#### QUESTION:

Would Awareness explain if there has been any significant damage caused by the billions of tons of oil that has been removed from beneath the earth's crust, and if this has any kind of effect at all, in the future?

#### COSMIC AWARENESS:

This Awareness indicates that this does not appear to be of any unreasonable significance, that it does indeed have its effect, but the effect as that which appears to be more localized to particular areas which may be affected, according to their own peculiarities. This Awareness indicates that for example, the removal of oil in a particular area may create underground movement, while the removal of oil in another area may have no effect on the earth strata and its stability.

This Awareness indicates that in some areas, where the earth is somewhat unstable, the removal of oil creating greater instability, can be countered by pumping water into those areas. This Awareness indicates that insofar as the changes which are occurring as a result of the use of fossil fuels, the greater effect is in relation to the atmosphere and that which is known as the Greenhouse Effect, as these fossil fuels are burned and their vapors are thrown into the atmosphere, trapping heat within the atmosphere of the planet.

This Awareness indicates that it appears that within approximately 50 years, the use of fossil fuels will have diminished to such a degree that these will be considered as a minor form of energy. This Awareness indicates that thereafter, a more free type of energy being used will allow for this potential problem known as the Greenhouse Effect to be diminished.

#### DOES REMOVING ALL THAT OIL EFFECT THE EARTH'S AXIS?

#### ...More on the polar shifts

#### QUESTION:

Some years ago, someone put forth a theory that the removal of all of the various tons and tons of oil from the earth was creating an effect on the earth's axis that eventually was going to result in great disturbances, of shifting poles and so forth. Is there any truth to that theory?

## COSMIC AWARENESS:

This Awareness indicates that this does not appear to be accurate in relation to the shifting of the poles. This Awareness indicates however, that it does create catacombs within the earth's crust. This Awareness indicates these catacombs can in some instances create instability in certain areas. This Awareness indicates that in the event of major earth changes, these catacombs in certain instances may become more unstable than would otherwise have been, had the oil not been removed.

This Awareness indicates that it does appear, however, that within the next 2 or 3 years, there will be an increase in geophysical disturbances. This Awareness indicates this relates in part to astrological changes, and in part to artificial causes associated with man's use of technology.

## HOW EFFECTIVE IS DR. GAUL'S POWDERED GH3 ?

### QUESTION:

Many people write in about GH3, the procaine formula, since Awareness gave so much information on it. The big question is, they just simply can't seem to locate it in the United States, and if they do, at a price they can afford. Now we located this source which we recommended about a year ago, in West Germany, this Dr. Carl Gaul, who's a homeopathic doctor, and I believe the price was \$42 for a 3 month supply. Anyway, what he does, is he mixes it with Ginseng H3, and it arrives as a powder. I'd like to read a little bit of his literature and ask Awareness if this formula will do the same job as the liquid, until the liquid is more available in the U.S.

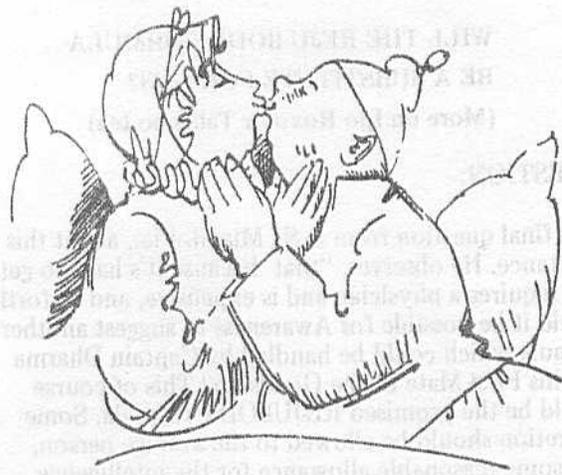
"Ginseng plus H3 contains besides the Aslan H3: Ginseng, the botanical name Panax which means "all healing" and is related to the word Panacea. Muira puama, one of the powerful aphrodisiacs. Selenium, to treat neurasthenia, impotence, ejaculatio praecox, prostatitis and 12 more Homeopathic medicines. H3 has produced startling results in Europe, where it has been used for the last 25 years. H3 patients have included Charlie Chaplin, Mao Tse Tung, Pope Paul VI, the Dutchess of Windsor, Marlene Dietrich, Kirk Douglas, Cary Grant and many many more. "

And he goes on and on about the therapeutic value. His instructions are: "You have to take it 2 times daily as much powder as one pea on your tongue and let absorb there for one minute, then swallow with your own spittle, in the morning and afternoon or evening. You should take it for 6 to 12 months, perhaps longer. You'll feel stronger after 2 or 3 months. You should repeat it after one month or earlier. If you stop for a year or two, you start to slip."

I'd like to ask Awareness if this formula that Dr. Carl Gaul sends to the members is adequate as a GH3?

## COSMIC AWARENESS:

This Awareness indicates that this appears to be sufficient; that the formula of Anna Aslan is somewhat superior in terms of the GH3, or that which he refers to as the H3. This Awareness indicates the formula however, as that which is available, and therefore can be obtained more easily than her formula. This Awareness indicates that until the other is available, this appears to be a sufficient source.



This Awareness indicates that the addition of the other botanical herbs in homeopathic amounts as that which is beneficial also. This Awareness indicates that there is a need to be cautious about adding substances to this formula, in that the formula works most effectively on an empty stomach wherein no other substances effect the formula, this having to do with the PH balance in the system. This Awareness indicates however, with the small amounts added to this formula, it does not appear to be anything which would weaken the effects.

This Awareness suggests however, that when taking this twice daily, that this should be taken early in the morning, approximately 30 minutes to one hour before eating, and at a later time, approximately one hour between meals, or between eating. This Awareness indicates that also one should not take this substance steadily, but should have a break. This Awareness suggests that persons of 25, up to approximately 40, need not take so much of the substance. This Awareness suggests that this be taken approximately every other day, or every other week, or two weeks on and two weeks off.

This Awareness indicates that persons over 40 or 45 or 50, in that general age bracket, (depending on each individual's need for the substance), this may be on a more frequent basis. This Awareness suggests that for this group, it may be two weeks on and one week off. This Awareness suggests that the week off allows the body to readjust, so that the metabolism does not begin to create a kind of immunity to the substance, and thus cut down the effectiveness. This also allows times for the MAO substances to rebalance, in the event that too much is being absorbed and causing a deficiency.

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ED's Note: There are quite a few companies promoting GH3 by mail. However, we keep reading that there is much counterfeiting of labels and reports that this is not the real GH3 anyhow, since it is not legal yet in the U.S. Therefore, C.A.C. continues to recommend Dr. Gaul's formula. He will airmail you this GH3 powder, a 3 months supply for \$42. The regular price is \$70 for a 3 month supply, but the Dr. made CAC a special price when we told him we could supply a lot of customers. (CAC does not make anything on this). Do not send personal checks as his bank will not accept these. He says to send bank or express or postal money orders only. (An airmail letter will cost 40 cents postage). Send to the following address and he will mail the GH3 in separate envelopes over a period of about a week, a practice he has found escapes those who would prevent the entrance of this substance. (Mention CAC in your letter to avoid price hazzles).

Dr. Carl Gaul  
51 Schloss St.  
6780 Pirmasens, West Germany

## WILL THE REJU-BODY FORMULA BE A SUBSTITUTE FOR GH3?

(More on Ipo Roxo or Taheebo tea)

### QUESTION:

One final question from D.S., Miami, Fla., about this substance. He observes, "that because it's hard to get and requires a physician and is expensive, and so forth, would it be possible for Awareness to suggest another formula which could be handled by Captain Dharma and his First Mate of the Goodship? This of course would be the promised REJUBODY formula. Some discretion should be allowed to the average person, and some reasonable allowance for the intelligence of the use. For example, I have REJUVIGOR tablets and don't take them because they are too stimulating for me. The same would apply to any other herbal combination, but it could be very helpful for those who use it."

### COSMIC AWARENESS:

This Awareness suggests that entities can purchase the Ipo Roxo, or that which is known as Taheebo tea through the Goodship. This Awareness suggests that this as a new product being added and that this can be of much benefit in giving energy as well as serving as a longevity or rejuvenating substance, and also as a healing substance for a number of conditions. This Awareness suggests that information has already been given regarding this.

This Awareness indicates that there does appear to be a number of possible avenues, whereby various substances can be released during a future time which will serve to bring forth greater areas of rejuvenating substances for the membership.

### WHAT IS ENTAILED IN PRODUCING A NEW SUBSTANCE SUCH AS REJU-BODY

This Awareness indicates that there are often many difficulties in bringing forth new substances, for much research needs to be done in terms of what proportions or what substances are to be used, whether the sources will be steady, whether there will be alternative sources in the event that one source dries up, whether the market will support the material, or whether others will come out with a material of a similar nature which will mean that a large inventory of the material could simply sit on shelves and go to waste, whether there are legal problems, or potential legal problems with selling the material, whether the church could be harmed by selling such material, whether the material has been tested properly, whether there could be any form of allergies among certain entities in regards to these materials.

This Awareness indicates that the large pharmaceutical companies have great amounts of money to invest in such research, but the Aquarian Church has very little which can go into such research; therefore, it must be very careful and slow in regards to producing any new formulas through the Goodship. This Awareness indicates that the formulas must be of such nature that they are not too expensive and not too specialized, for there are but a limited number of entities who would purchase these.

This Awareness indicates that the pure economics of introducing such is *one thing*, the cost, location and the tabulation of these substances is also to be considered, the freshness of the herbs, the packaging and so forth. This Awareness indicates that often it is much easier to purchase supplies which have already been packaged, or which can be manufactured and packaged without great risk. This Awareness indicates also, in many instances it is easier to, and more beneficial to refer entities to other sources.

This Awareness indicates however, that the Taheebo Tea, which is packaged from other sources and supplied by the Brazilian government, as that which is available and will be available for quite some time from the Aquarian Church, and appears to be from a stable source, and *does* have great benefits which entities may enjoy. This Awareness indicates that more information on this can be supplied. (This Awareness indicates that it appears there will be a bulletin from the Goodship giving information on this and other substances within a brief time.

This Awareness indicates that meanwhile, entities who wish to obtain this tea may purchase this for...it appears that this will be approximately ten dollars, subject to change, that this may be purchased at least on a temporary basis for this price, from the Goodship. This Awareness indicates there may be shipping charges involved in this also.

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ED's Note: Better write to the Goodship and request their free catalog. (Awareness has screwed up before when attempting to quote prices). Awareness has given considerable information (not yet published) on the healing effects of Taheebo Tea, the Ipe Roxo. This also goes by other names such as Lapacho Morado, Purple Lapacho, Pau d'arco, an ancient herb of the Incas.

Please note: the Good ship now has a new address. Please change your records to:

The Goodship  
PO Box 12072  
Portland, Oregon 97212

POSTSCRIPT: Since the above reading on GH3 was given, certain companies, including the GOODSHIP are reporting they can now supply the original Dr. Aslan formula, claiming this is now 'legal' in the U.S. According to their literature, the GH3 is shipped to the Cayman Islands, repackaged and relabeled and then shipped to the U.S. where it can be legally sold. The Goodship in Portland is selling this substance under a pyramid type of plan. It will cost you more, but if you become a dealer you can obtain future orders for less. C.A.C. has discovered another company which is selling the same bottles of GH3 for less--their literature reading "Special Recession Prices". We suggest that members interested in GH3 to first write to these companies, then decide which program they wish to follow and which prices they wish to pay. The address of the other GH3 supplier:

Glenn Nutrition Research,  
1800 Market St., San Francisco, Calif. 94102

Awareness has given considerable information on GH3, much of which has not yet been published. However, if you can't wait, there are a dozen books about this substance already available at most healthfood stores. Essentially, the claims are true.

## HOW "DETERRENTS" CAN CREATE WAR

### TRIDENT--THE DOOMSDAY MACHINE

#### HEADS TOWARD PUGET SOUND

(Excerpt from a C.A.C. General Reading)

July 10, 1982

#### QUESTION:

Awareness, there's a lot of people in this area very concerned about the Trident submarines which they've been building on the East coast, and which they're about to ship up to Bangor, in Hood Canal, which is about 60 miles from Olympia, as the crow flies. Most people, mostly editorialists and newspapers are claiming this is an asset to the community, it is a deterrent against war and so forth. There is a bunch of Buddhists that have come over here and for the last couple of years have been building a "peace pagoda" on private property close to Bangor, and the local residents have been raising all kinds of Cain about this. The pagoda was burned down recently by a bunch of rednecks. They have tried legal methods to prevent them from building it and so forth, and they've arrested many people for protesting the coming of the Trident, and for allowing this monstrous thing to be stationed right here in Puget Sound.

There's a reader, J.D. of Silverdale, Washington, who makes some very interesting observations about all of this, and I'd like to read this and ask Awareness to comment if this information about Trident is true, and what, if anything, the people,--particularly in the Puget Sound area, can do about this.

"Some of the papers around here are saying that Trident submarines are "as rational a deterrent as any thermonuclear weapon can be."

But a weapon able to destroy an enemy's deterrent force in a disarming first strike does not deter. It provokes the very first strike which it threatens. That is why former Trident missile-designer Robert Aldridge calls Trident "the ultimate first-strike weapon"--the most destabilizing weapon the United States can deploy.

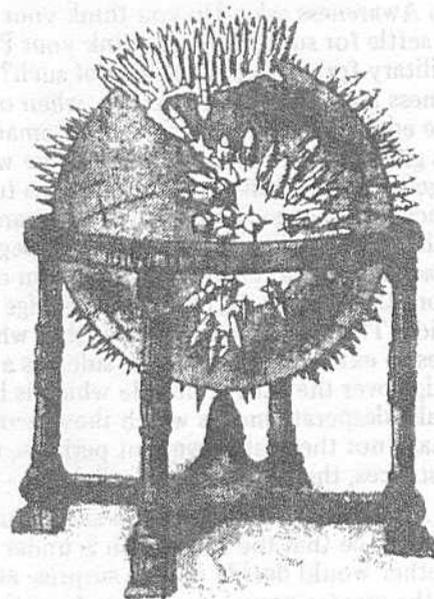
Aldridge says Trident II missiles will have such extraordinary accuracy and power that they will threaten massively the land-based missiles on which the Soviet Union relies as a deterrent. Even the Trident I missile, according to the congressional testimony of Adm. Glenwood Clark, is being programmed to become a counterforce weapon. A counterforce missile with pinpoint accuracy whose submarine is devilishly hard to find and can cut down missile flight and warning time, is what defines Trident as the ultimate first-strike weapon.

Sen. Mark Hatfield has said in his recent study, "The Age of Anxiety": "Should NAVSTAR GPS guidance be added to the thousands of Trident I warheads presently being deployed, the entire U.S. submarine force would be transformed into a paramount first-strike threat in the eyes of Soviet strategists."

"Two U.S. representatives note the even greater threat coming from Trident II, the missile for which the submarine was designed. Local Trident supporter Norm Dicks stated in an interview last October, "Trident II is a larger and more accurate missile than Trident I, with silo-killing capacity. It's a first-strike weapon that will strengthen our whole strategic posture."

"When the Trident submarine comes to Bangor this summer to be loaded with its first-strike missiles, we will all be faced with the greatest violation of international law conceivable--the deployment of a technological final solution.

"The one international law sanction available to us at that point will be nonviolent direct action, a people's ultimate defense against the ultimate first-strike weapon."



Would Awareness please comment on that?

#### COSMIC AWARENESS:

This Awareness indicates the information as that which appears to be generally in the affirmative. This Awareness indicates that this weapon as that which is seen as a tremendous threat to the stabilization of the so-called "balance of power". This Awareness indicates that this as an example of how the planning for peace by increasing weapons of war, in order to deter each other from using such weapons becomes a game which is eventually to bring about losers on both sides, if the game continues.

This Awareness indicates that while entities may be highly identified with the concept of having a bigger and better weapon to fight against their enemies in order to preserve their value and their own security, this subjective philosophy is that which can be better seen if entities imagine themselves to be apart from such, and viewing such philosophy from another place.

This Awareness suggests that you imagine yourself viewing a planet at a great distance, for example in the Andromeda galaxy. This Awareness suggests that in watching this planet you see that there is a kind of war preparation occurring upon the planet, and you see that each side is building more and more armaments, and the argument being that this buildup of armaments is to deter the other side from creating war, and the argument then increasing that this particular group is creating a first-strike type of force in order to further deter the other side from creating a war.

This Awareness indicates that obviously, any outside person looking at this program in an objective manner is going to recognize that the very actions which are being taken to deter war are in fact going to lead to the outbreak of that war which they hope to deter. This Awareness indicates that if you wish to explore this further, visualizing yourself being part of that side on the planet which is made aware that the opposing force have created a first-strike weapon against your country, and their claim is that this is being created so that they may be safe and free from your potential strike against them,--this Awareness asks: Would you settle for this kind of balance of power?

This Awareness asks: Do you think your leaders would settle for such? Do you think your Pentagon and military forces would approve of such? This Awareness indicates that obviously, when one side gets the edge over the other side, it automatically creates great suspicion and causes the one who feels the edge turned against them, to desire to turn the edge back in the other direction. This Awareness indicates that the force then of course, will begin to make fast and urgent changes in their own operations to restore the balance, or to regain the edge over the other side. This Awareness indicates that when this becomes so extreme, whereas one side has a significant edge over the other, the side which is lacking may make desperate moves which they recognize to be perhaps not the best move, but perhaps, under the circumstances, the only option available.

This Awareness indicates that in such situations, it could well be that the side which is under the threat of the other would decide upon a surprise attack against the greater power in order to have that added edge of surprise. This Awareness indicates that therefore, the greater power over another country is not necessarily a deterrent, as it may be seen as a threat which needs to be countered by surprise, or by some other buildup of armaments. This Awareness indicates that the only way to exit such a dilemma is to begin earnest discussions of disarmament, and mutual agreements as to the monitoring of such disarmaments and to bringing these disarmaments plans into a kind of focus which allows the dismantling of the armaments to occur in a manner which is acceptable to both sides, whereby a small amount of agreement is acted upon, and thereafter, other areas be discussed and acted upon, so that the dismantling continues, even if ever so slowly.

This Awareness indicates that meanwhile, until this occurs, entities shall continue to live under the threat of annihilation. This Awareness indicates that the concept of annihilation is so unthinkable that entities cannot conceive of such in a rational way. This Awareness indicates therefore, entities often think, "Well, we'll either win or lose. We'll either build up our armaments strong enough to destroy the other side, or we'll lose; therefore, it is better for us to build up our armaments strong enough to defeat the other side." This Awareness indicates this as an assumption that if you have a bigger weapon you will win, and come out of the battle unscathed.

This Awareness indicates however, not in every circumstance is this so. This Awareness indicates in some circumstances, an entity with a larger weapon can be assured of having greater odds in his or her favor. This Awareness suggests however, that wherein the weapons become so large that the total environment in which the battle takes place becomes too small to contain the effect of the weapons, then both sides are losers. This Awareness indicates this likened unto two entities holding hand grenades, standing in the bathroom, threatening to throw their hand grenade at the other. This Awareness indicates that in either case, which ever entity's hand grenade is larger, which ever entity throws his or her hand grenade first may have a split-second victory over the other before being destroyed by his or her own destructive force.

This Awareness indicates that entities who believe that they can solve their problem and dispute by standing in this small planet, using these giant hand grenades, using these giant nuclear weapons, using those weapons

which are capable of destroying the atmosphere, of destroying the ozone layer, of destroying the air, of destroying through pollution, through radiation, and through the destruction of society's fabric, --entities who believe they can be victorious in this manner shall at the very best, survive long enough to live in a kind of purgatory on this plane, for that which would be left would be nothing but guilt, hostility and the remnants of a memory or something which once existed, and which now, through stupidity, greed, violence and ignorance, has become nothing but a pile of debris and a jungle of savages.

This Awareness indicates that those entities who think they can protect their own value system through the use of nuclear weapons, or through the greater buildup of the threatening use of nuclear weapons, are about as intelligent as the two entities standing in the bathroom, holding their hand grenades, threatening to throw these at each other if they don't agree with their philosophy and ideas. This Awareness indicates that this conflict is but the reflection of idiots, of fools, of entities whose mentality and spirituality, regardless of how much of a braggart they are, and how highly they prize their values and righteousness; these are simply false fools, false prophets, false leaders and are insane in their social value.

This Awareness indicates that such entities have no business having so much power.

This Awareness indicates that you could not be much worse off if you were to release these weapons to entities from the insane asylums or prisons, for these entities from the insane asylums or prisons would also become equally capable of threatening each other's security, welfare, and would be deterred only as long as is necessary to find for themselves an option for greater edge over the other. This Awareness indicates that there is little that can be said in terms of redeeming value for this kind of thinking.



## WILL TRIDENT WRECK THE HIGH VIBRATIONS OF THIS AREA?

### QUESTION:

Awareness, it's been said that the Pacific Northwest has been especially blessed because of its smaller population, the vast expanse of waters and green forests and mountains, and that psychic vibrations are particularly high, and that manifestations can occur a lot easier on the West coast than on the heavily populated East coast. I'd like to ask if the coming of this Trident submarine to this base on Bangor, with its capability of destroying humanity is going to significantly affect the spiritual vibrations of this Northwest area?

### COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative, wherein it is permitted. This Awareness indicates there appears, however, to be many forces which will object to this, and bring much focus and much attention on this action. This Awareness indicates that the effect of

bringing that instrument of destruction into the area will have repercussions, both against the clarity in the area, and also against the forces which would promote the action. This Awareness indicates that it appears it will bring a focus of attention onto the action and can assist in helping to feed these energies of the anti-war movement and disarmament efforts.

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## National Digest

The Olympian, Monday, June 21, 1982

### Nuclear protesters arrested

LIVERMORE, Calif. (AP) — Police arrested 900 anti-nuclear protesters who attempted today to block entry to the Lawrence Livermore Laboratory, one of the nation's foremost nuclear weapons development facilities.

About 2,000 demonstrators, many in wheelchairs and some carrying banners, showed up at the 640-acre facility about 50 miles east of San Francisco for a three-day blockade. Up to 5,000 demonstrators were expected.

### Nuclear attack plausible

NEW YORK (AP) — Pacifist sentiment in Europe is weakening and an American nuclear attack on Moscow and Leningrad is plausible if the Soviet Union ever invades West Germany, the director of the U.S. Arms Control and Disarmament Agency, said Sunday.

Eugene V. Rostow, interviewed on NBC's Meet the Press, said Western Europe's political leaders need and support the American nuclear umbrella.

It is plausible that a nuclear strike could be launched after a conventional attack by Soviet troops, artillery and tanks, Rostow said in response to a question.

## Monk raps nuke powers

BANGOR, Wash. (AP) — The 98-year-old founder of an order of Buddhist monks dedicated an unfinished peace pagoda near the front gate of the Navy's Trident nuclear submarine base.

Nichidatsu Fujii, founder of the Nihonzan Myohi Buddhist order in Japan, condemned nuclear weapons in the ceremony Wednesday.

He said the crime committed by U.S. leaders in dropping nuclear bombs on Japan during World War II was "tenfold — or perhaps 100-fold — more serious than the aggression and cruelty created by Hitler and Mussolini."

Today, U.S., Soviet and other nuclear powers are trying to sever humanity from its future, he said.

The crowd of about 400 included many Buddhist monks and nuns wearing gold and saffron robes.

Begun in 1974, the 74-foot-high pagoda this spring was halted by Kitsap County officials who say it does not comply with zoning requirements.



## BANK FAILURES --JUST HOW SAFE IS YOUR MONEY ?

### QUESTION:

(Excerpt from a C.A.C. General Reading) July 10, 1982

About a month ago, there was a scandal in Wall Street, involving a branch of the Chase Manhattan bank. I'd like to read part of an article that was in the Wall Street Journal and ask Awareness about this situation of banks which are starting to fail around the country. It says:

"The Chase Manhattan bank has 35,000 employees, world-wide, but it took just nine of them, operating out of the third sub-basement of its Wall Street headquarters to create one of the bank's biggest embarrassments and near panic in the securities industry. This tiny entrepreneurial group carried on a huge government securities lending business with little known Drysdale Government Securities, Inc., a firm whose business had been rejected by many other major banks. At times, the securities involved are believed to have run as high as four billion dollars. Last month Drysdale defaulted on a hundred and sixty million dollars in obligations and it is likely to default on another one hundred and ten million. As a result, Chase has been left

with a potential one hundred and thirty five million after-tax write-off, and an ugly pimple on its reputation.

"The question still puzzling the financial community is, how did a prestigious institution such as Chase become the butt of the Drysdale affair?"

It's a very lengthy article, and since then papers like New Solidarity have claimed that the Chase Manhattan IS bankrupt, and this was the final straw. Now, last week another large bank in Oklahoma went under, was declared insolvent by billions of dollars, and it is having repercussions even to the Seattle SeaFirst banks here in the Northwest, these banks losing 90 million dollars in loans they had taken in from the Oklahoma bank. I'd like to ask Awareness what is going on in the banking system, above board, in addition to the Beast manipulation? What is going on as far as the security of the average person's money in the bank, with all these failures that are happening, starting with the Drysdale affair?

## COSMIC AWARENESS:

This Awareness indicates that there are certain banking competitions, or wars between various bank interests. This Awareness indicates the Rothschild banking interest of the International Monetary Fund, and that which is associated with the Rockefeller empire, as having their competition, wherein each seeks to overtake the other's assets and territories. These activities can become quite competitive, creating situations whereby losses occur.

This Awareness indicates wherein these organizations are involved in great stakes, large amounts of money, and the competition is becoming more heated, not only in the economic levels, but also in political and international intrigue levels, these actions should not surprise entities who have been kept aware of the movement and manipulations of the economy, and the interests involved in such manipulations.

This Awareness indicates that for the individual whose lifetime security rests in the bank account, this Awareness can only suggest that you be watchful of your bank's investments and the controls and effects placed upon your account, and this Awareness suggests that entities diversify, putting their monies into different branches, or more practically, investing in other types of assets that can be held as more stable in the changing economy.

## QUESTION:

There have been financial newsletters in the past that predicted that if even as much as one major bank should topple, that it could create a ten-pin like effect, and knock over the whole fragile banking system. Since that information was released, there have been several pretty big bank failures. I was just wondering, is this whole system being artificially propped up, can a ten-pin or domino type of situation actually occur from one big failure?

## COSMIC AWARENESS:

This Awareness indicates that *It* previously suggested that the economy would move toward a general downward trend, with entities blaming each other as it continued, but that the blaming action and the downward trend were all part of the prearranged plan. This Awareness indicates that this is also being tied in with efforts to create a different climate in this country, whereby greater controls can be put on the economic and political aspects of entities' lives. This Awareness indicates that this also is associated and tied in somewhat to the military goals and purposes of this nation.

This Awareness indicates that while this is part of an overall and general plan, there also are those influences from forces which would attempt to thwart the plan, and to create a barrier so that the plan is ineffective. This Awareness indicates that this leads to the potential for unexpected or unplanned-for events which can occur in a seemingly spontaneous or accidental way, whereby it appears not to fit a general pattern. This Awareness indicates that the general pattern of the one force is to rally the economy long enough to strengthen the possibility for increased support before the election. The other force is seeking to usurp that established power and to show that it is creating greater economic chaos.

This Awareness indicates that after the election in November, entities can expect the economy, and those artificial efforts to prop up the economy for the purpose of gaining support and votes, to begin another slide and downward turn. This Awareness indicates this of course may be altered by any plans for armament build-up whereby such could bring a temporary boost in the economy, through the great efforts and costs of increasing armaments. This Awareness indicates that such would simply recreate the original problems of greater deficits and the need for higher inflation rates, or interest rates, or controls to prevent such.

This Awareness indicates the probability seen at this time is a gradual effort by the present administration to improve the economy prior to election time. This Awareness indicates however, that there also is seen the increasing potential that the downward spiral which has already begun will be lost by the administration, and that a continued downward spiral may occur in spite of efforts to improve such before election time. This Awareness indicates that in either event, the probability is that after election time, and the Christmas spending, the economy in the next year shall remain slow.

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## ED's Note:

In reference to bank failures, don't be lulled to sleep by the claims of your bank "being insured up to \$100,000" by the FDIC (Federal Deposit Insurance Corp.). This company would be bankrupt if even 2 or 3 major banks should fail and it would not be able to repay all the bank's depositors. Any college economics student will tell you that also, the fine print in the FDIC "insurance" for your bank reads that it could pay any depositor as little as a dime or a dollar a month, or a year, until the loss has been covered. In other words, it could take hundreds of years or more to pay you off if enough banks should fail.

Awareness has continually recommended that entities keep as little of their funds in banks as possible, that investments in precious metals, real estate, antiques etc., are not only safer, but within the next few years will appreciate in value far more than other types of investments, such as bonds, stocks etc.

## THE EIGHTH WONDER OF THE WORLD

When asked to name the seven wonders of the world, Baron de Rothchild once said, "I cannot. But I know that the eighth wonder is compound interest."

