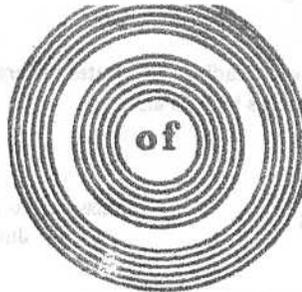


Revelations



Awareness

82-22

The New-Age Cosmic Newsletter

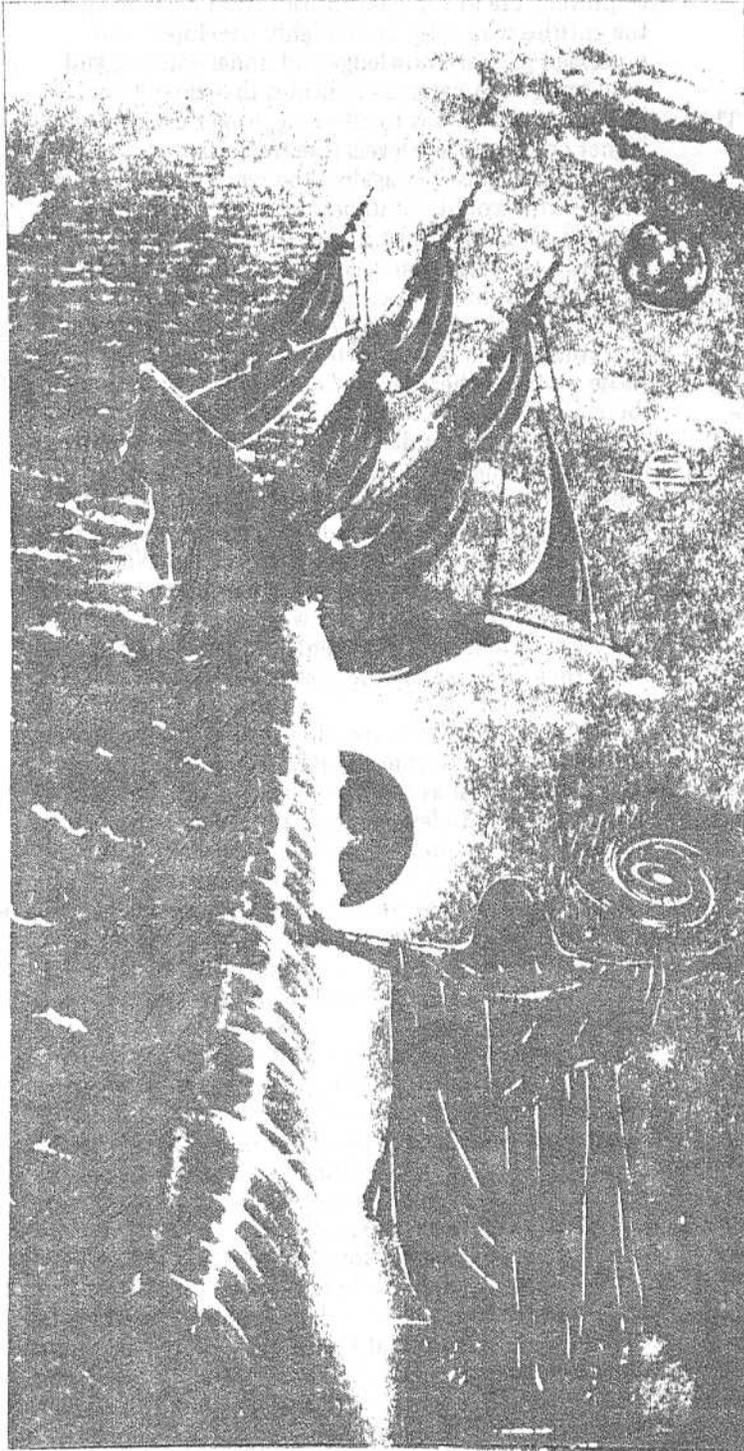
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Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



What is the NEW BEING ?

MORE ON
WANDERERS
AND
VOYAGERS

...ECONOMIC UPDATE
...NEW FIRST-STRIKE SCENARIO
...HOW TO VISUALIZE

Paul Shockley
Interpreter

PLEASE NOTE: for easier reading and greater understanding, Cosmic Awareness suggests that these messages be read aloud.

THE ORIGIN OF THE WANDERERS
AND VOYAGERS

(Excerpts from a C.A.C. General Reading)
June 30, 1979

QUESTION:

A question from R.F. in Arizona. "Awareness has mentioned voyagers and wanderers in the universe. If Awareness has not already done so, is there more that can be given about this? Are such voyagers potential UFO contactees?"

COSMIC AWARENESS:

This Awareness indicates this in the affirmative. This Awareness indicates this not necessarily so however. This Awareness indicates that these entities as also interdimensional beings who have existed on various planes other than simply the created planets and systems of Terrestria.

This Awareness indicates that in some instances, entire squadrons or what may be termed an armada of voyagers have moved from planet to plane or planet, in order to assist in the raising of vibrations in that planet, and to assist in the raising of consciousness from that plane. This Awareness indicates that in relation to the Earth, that there was a movement approximately ten thousand B.C. whereby such a group, such an armada moved from the Blue Planet, or that which is associated with the planet Clarion, in the constellation of Orion, this being near Sirius. This Awareness indicates that this group seeking to pursue the alien forces which had also moved from the area of the Unholy Six toward this solar system and had established bases on this Earth, -these entities or voyagers from the Blue Planet as having moved to this Earth and settled in the area known as the Caucasus Mountains. This Awareness indicates this as that area of the beginning of the white race, that many of these entities as being associated with the spreading of certain concepts to Tibet and the Eastern Oriental areas to Egypt and south, and to the north. This Awareness indicates that these associated with the movement of Ra-Ra into Egypt and also certain principles of Yoga into Tibet and India. This Awareness indicates that there were also movements north into Finland and that which is known as Russia.

This Awareness indicates from Finland into Sweden and Norway, and the British Isles. This Awareness indicates that the teachings of the Great White Brotherhood as having developed out of some of these movements and energies, and this also assisted in establishing certain hierarchy systems which were used to establish a pattern to work into civilizations and to raise consciousness levels of various classes in those civilizations. This Awareness indicates the caste system in India as related to this, that this occurred in other parts of the Western world also, but that this was not so easily defined in the Western world because of the technology which developed and allowed even those of a lower education and less opportunities to rise through technological means and production into higher social status.

This Awareness indicates that this in the Orient was not quite as favorable to the lower classes and the distinctions became more pronounced. This Awareness indicates that the original intention was not to exclude entities from higher class levels but to prevent the lower class entities from destroying the entities who were more highly developed and possessed greater knowledge and understanding and wisdom. This Awareness indicates that the distinction intentionally was to allow the upper bracket or higher consciousness levels to have certain means of protecting themselves against the ignorance of those below who would not understand the means and methods of those in the higher levels. This Awareness indicates the intention was to allow those who developed higher levels of consciousness to enter into and be initiated into higher levels of consciousness. However, there became a distortion in India whereby those on the higher levels of consciousness often deliberately refused to allow those of lesser development to have the opportunity for growth and development and in fact hindered such growth and development. This Awareness indicates in the Western world this was not quite so pronounced. This Awareness indicates that along with this system of the so-called White Brotherhood, there also were others who came individually at different times and who were not associated by organizations with these entities, but who inherently knew their purpose or who instinctively assisted in raising consciousness.

This Awareness indicates that many of these wanderers had moved not from the Blue Planet but from its equivalent known as the Blue Planet in another dimension or realm in Celestria. This Awareness indicates that this as being on the same vibratory rate as the Blue Planet energies, except on different octaves and this being in the immortal realm and entities being capable of moving into this immortal vibratory rate from the Blue Planet, or moving from the immortal realm onto the Blue Planet of Clarion and from there moving as physical bodies.

This Awareness indicates essentially, the movement of these voyagers at that time was through higher vibratory rates rather than through mechanical space ships, traversing the distance between Orion or Clarion and the Earth. This Awareness indicates that these immortals and these entities from Clarion were capable of moving in physical ships into transmutative energies or vibrations, to such a high degree of vibratory rate that they moved up the electromagnetic scale into areas of light and beyond, and from there were able in but a flash to move into the Earth plane and from that level to materialize as physical beings upon this plane. This Awareness will explain at a different time the activities of the movement from material to the immaterial levels whereby entities are capable of dematerializing and rematerializing.

This Awareness indicates that along with this movement there were also other entities from other places, that the Chinese or that which is the Oriental as one race which came directly from higher vibratory planes of Celestria and were deposited upon the Earth and became so planted. This Awareness indicates that there were others from other places, that the Luciferians from the Unholy Six moving to this plane, also were present during that time and before, and these entities infiltrated into that known as the Great White Brotherhood and used many methods of the hierarchy system, these coming from the same root civilizations of Orion, therefore patterns being similar, having a common hierarchy system but having different motivations.

This Awareness indicates the Luciferians having the motive of gaining control and using the energies of others for personal gain, the Great White Brotherhood having the basic motive of gaining control over others in order to direct their evolution. This Awareness indicates that the Luciferians as seeking to use the energies of others, and having little concern for their evolution, but the Luciferians were willing to reward those which they used with material rewards; the White Brotherhood rewarding those beneath them who were willing to grow and evolve, rewarding these with spiritual rewards. This Awareness indicates that this has been a broad and basic pattern that has come down from ancient times. This Awareness indicates that which is known as the White Brotherhood also is associated with the builders of the pyramids and other structures of old. This Awareness indicates also this concept of the builder associated with the Mason, associated also with the term 'carpenter', which in ancient languages relates to the term Kahuna, Cohena, the Cohena as being the Hebrew priest and the Kahuna as being the carpenter or priest who develops and molds consciousness of the people. This Awareness indicates that information on this has been given at a different time and more can be given later.

This Awareness indicates that these are related to the wanderers and also to those who have been involved in raising of consciousness. This Awareness indicates that in many instances, those involved in that which is presently called the Great White Brotherhood and their various claims of antiquity, those entities as often being hinderances to the development of the masses. This Awareness indicates that there have been some mistakes and errors made, there have also been great strides and benefits from this action.

This Awareness indicates that during the time wherein these entities came to this planet, they did not refer to themselves as the Great White Brotherhood. This Awareness indicates these entities referred to themselves as builders or masons. This Awareness indicates that their term Kahuna, the Kahun, the carpenter, the Cohen, these and other similar terms are related to this action. This Awareness indicates terms of a similar nature will appear in many civilizations such as the Kickapoo Indians and their Atahuna, the Zuni tribe, the area known as Guinea, or New Guinea, and the term Gnostics is also a perversion of this terminology. The uns, or Huni.... This Awareness indicates that information has already been given in regards to this.

This Awareness suggests that these entities planted themselves upon this Earth and built many structures which in effect assisted in raising the vibrations of entities upon this plane. This Awareness indicates these



entities often were infiltrated by Luciferian energies and converted or changed these energies. This Awareness indicates that much synthesis has occurred between these energies and the Luciferian energies, so that there has been a kind of reconciliation between the extreme energies which once existed upon this Earth. This Awareness indicates that the Luciferian energies once used sacrifice as an important part of the activities, rituals and controls. The Masonic or Mason energies, (this Awareness will refer to this as the builders from the Blue Planet), attempted to raise these vibrations from levels of sacrifice into levels of personal service, and this has occurred over a period of thousands of years. This Awareness indicates that this having taken much time for its evolution, was basically programmed and implemented by the forces from Egypt, which have contributed to the present civilizations which have evolved after Egypt. This Awareness indicates that many entities presently upon this plane as wanderers have not necessarily lived upon this plane prior to this century, that some are basically newcomers to this physical Earth. This Awareness indicates that others have been upon this Earth for many lifetimes and have continued in the grand design or plan for raising the vibration. The great influx at this time of wanderers upon this plane is part of the plan for raising the vibrations of this Earth planet, and these entities as likened unto a fresh breath of life from Essence, from Celestria. This Awareness indicates that many children entering this plane at this time upon this physical Earth are moving directly from Celestria to this physical Earth, that many of these entities are moving from Celestria to Clarion and other similar planets, then to the Earth,--this as a method of stepping down the vibrations so that they can adjust to the density of the vibrations on this Earth. This Awareness suggests the next question be asked.

"BEHOLD, I WILL SHOW YOU A MYSTERY".....

WHAT IS THE NEW BEING?

QUESTION:

In a somewhat related question, T.R.P. in British Columbia asks: "I would like to know more about the New Age and the New Being. In Corinthians 15:51 and 52, it says, 'Behold I will show you a mystery. We shall not sleep, but we shall be changed in a moment in the twinkling of

an eye.' I want to know if this is a new person or being who is to receive the Christ-mind before the New Age begins? Also, I would like to get the month and year when this is to take place. In other words, when is this New Being to appear on Earth, and are all Cosmic Awareness members predestined to be changed over into the New Beings?

This Awareness indicates that the New Being is that which is any entity who converts, who transmutes, who recognizes who in fact he or she truly is. The twinkling of an eye, this as a capital I. This Awareness indicates that when the entity recognizes the fact of one's own divinity, the entity becomes the New Being, and all entities who can recognize this become the New Being. This Awareness indicates once an entity recognizes the divinity of oneself, recognizes oneself to be One with God, at one, at-one-ment, the atonement with God; when entities recognize their own atonement with universal forces, with the spiritual energies of the universe, these entities become the New Being and begin to grow and develop the qualities of such a New Being, these entities become the Christed entities, christened with Christ Consciousness, that they may become even as was the Christ who came as an example in ancient times. This Awareness indicates that the day, the hour, the year as that which is purely individual and occurs when the entity recognizes the divinity of one's being.

This Awareness indicates this recognition requires the acceptance of that divinity also: when entities can accept themselves as being divine without judging, without comparing, but recognizing the oneness of the Universal Deity and their own deity within as being comparable, as being inclusive, wherein one can say, "I and the Father are One", wherein one can say, "I am at home in the Universe", wherein one can say, "I am part of the Universe", wherein one can say, "I am more than my body, I am more than my thoughts, I am more than my identifications, I am more than my limitations, I am All, and I can experience All, I can be one with the Universe, I can be the Universe, it only depends on my definition of the word 'I'."

This Awareness indicates when entities cease to define themselves as their limited "I", and when entities give up that limited "I", the "Me", and move into and become one with the Universal Forces, when entities surrender themselves, their personal being to allow the Universal Deity to be their guide, to be their foremost master; when entities move into and become one with the Universal Deity, they are the New Being. This Awareness indicates that entities in becoming one with Universal Forces may observe their individual being from the eye of God, and from the eye of the Universal Being, and may observe themselves from this level, learning about themselves and expressing as a tool of that Universal Being. This Awareness indicates that wherein you allow that Universal Being to be you, where you allow yourself to be that Universal Being, to merge with that Universal Being, and wherein you forget yourself, your smaller self, and flow and enter into the spiritual divinity of that Universal Self, surrendering yourself into the Universal Divinity,--wherein this occurs, you are One with the Father, you are the New Being. This Awareness indicates that when this occurs, the Father, the Mother Universe, the forces of the Universe give back to you your physical vehicle, and support your energies and activities allowing that physical body with its personal identifications to be a channel and tool for the Universal Forces to act upon this plane.

This Awareness indicates that the physical structure known as your body, then becomes the physical church through which the Spirit moves to make Its work and magic upon the physical plane. This Awareness indicates that thereafter, you may refer to your 'self' but the word has new meaning, for the self you speak of is not of this world, is of a Universal dimension.

This Awareness wishes to describe a picture which may allow you to experience more clearly what has been described. This Awareness suggests you visualize yourself standing inside a huge balloon, that you visualize yourself being extremely small. This Awareness suggests you visualize yourself being so small that you are invisible upon a piece of dust which floats within that balloon. This Awareness suggests that you now visualize moving down smaller and smaller to look at that self. This Awareness suggests that you move smaller and smaller and smaller until that piece of dust becomes as large as what you visualize as your Earth. This Awareness indicates that you look upon that piece of dust which is as large as the Earth and local your tiny body. This Awareness indicates that which is looking at the tiny body, that which has located your physical body upon that piece of dust; that is your higher self, your Divine Self, your Universal Self, your God; that is your macrocosmic being, that is this Awareness, that is You.

This Awareness indicates that the portion of self which stands upon the grain of dust floating within that balloon, the balloon representing the Universe, the dust representing the Earth, that tiny body upon that grain of dust representing the physical body in which you may land, enter and view the workings of the Universe from the eyes of that tiny particle known as self. This Awareness indicates that this is the microcosmic self, the personal self.

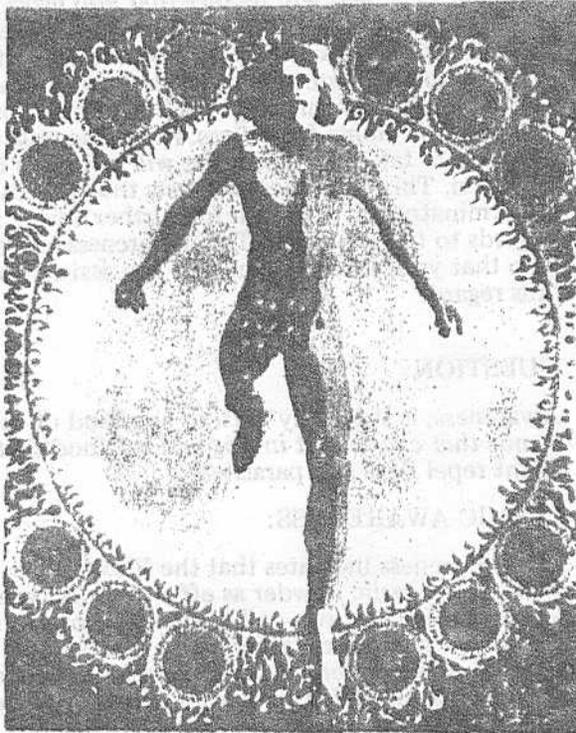
This Awareness indicates the impersonal self is that which fills the entire balloon and observes all that which is within. This Awareness indicates that the microcosmic self, the personal self can move out of identification with that tiny particle body on that grain of dust and can expand in consciousness to fill the entire balloon, or may stop in its expansion anywhere in between or may identify with any other particle anywhere within that balloon on any other dust particle, or any other planet.

This Awareness indicates that as you experience these movements of consciousness, recognize also the memory of your own being, recognize also the recent discoveries of science, that the DNA code is implanted in each cell, in the molecular structure of the DNA is the exact or nearly exact memory of your entire being. This Awareness indicates remember also that God created man in his own image.

This Awareness indicates that the DNA, the memory of your original divinity as this Awareness is in that tiny particle being, that personal body, that personal self standing on that grain of dust, inside that Universal balloon. This Awareness indicates that likewise, within that self, that tiny particle of individuality standing upon that grain of dust, there are smaller parts which also contain the memory of that individual's being.

This Awareness indicates within your own body, there are the DNA duplicates of yourself. This Awareness indicates the Universe itself contains within itself duplicates of itself, and these duplicates are called entities,--the microcosmic universes known as entities. This Awareness indicates the planets and systems are as cells and molecules within the body of the Universal Deity, and the souls are likened unto DNA memories and duplicates in the body of the molecular beings and solar systems or cells.

EVERYTHING YOU EVER WANTED TO KNOW ABOUT FLEAS--BUT WAS AFRAID TO ASK



This Awareness indicates all of this, all of this, all of this can be seen, can be understood by the vibrations of a string which creates the harmony of sound, half-sounds, quarter-sounds and so forth,--the harmonies which divide into octaves (and octaves within octaves, and octaves within octaves), and so forth into infinity, for all in the Universe is but vibration and the vibration moves in light and magnetism outward and inward, simultaneously, creating radiance and magnetisms and those forces wherein fields cross, wherein chords harmonize, or present dissonances, create new forms of energy. This Awareness indicates wherein magnetic fields occur, where gravity exists, mass follows; the mass follows and fills in upon the gravity fields; the gravity fields are created by the magnetics and light structures in the Universal forces, the harmonies which are presented.

This Awareness indicates that what is understood in sound is also reflected in light, for they are the same thing on different vibrations on different octaves, and matter also is light and sound, reflected on a more dense octave of existence. This Awareness indicates that entities in higher levels of being find what you consider light to be solid matter, that the 49th octave of light which according to your science is the fastest moving energy in the Universe, is by standards of others on higher vibrations considered to be solid matter, their earth, their physical foundation,--these entities as moving in levels of mind or consciousness which is vibrating much faster than the speed of light.

This Awareness indicates that beneath your feet that which you call matter, which appears to be dead, is of an extremely high level of vibration for some entities whose vibratory rates are so slow that they cannot conceive of anything outside the vibratory rate of a stone. This Awareness indicates if this appears confusing it is only because you are thinking about this, rather than experiencing this as it is being relayed to you.

QUESTION:

In the past we've had three or four members write in asking about fleas on animals. These questions appeared rather innocuous and were relegated to the end of the question file; but the other day we received a question from E.K. of Flint, Mich., which prompts me to read her letter and ask Awareness for a solution to this problem.

"Sunday, Oct. 26, I wrote an urgent plea for information on how to end the flea infestation we have been experiencing. To avoid wasting energy or activities which have already proven ineffective, I'm listing as many of the efforts which I can remember making: mind activities, a la Jane Robert's *Nature of Personal Reality*, and Kreeger's 'Therapeutic Touch', and others--physical, ecological applications of Brewer's yeast, diatomaceous earth, garlic tablets, soap and water, oils: castor, mineral, peanut; baby powder, (supposed to make them sneeze themselves away); I even gathered dead fleas, their eggs and excretions and put all in a blender and swabbed the animals with this solution. Experiments with other insects have been 100% effective in eliminating each insect it was tried on. Poisons: I used flea collars and sprays, and on the cat's body while doing an autopsy on her, the fleas surfaced from her in droves and were leaping everywhere. She was hosed down, that didn't stop them. A strong, large solution of antiseptic soap was spread over the cat and she was hosed again, but the fleas kept coming. A half gallon of 9% formaldehyde solution was used to douse her thoroughly, then hosed down again, and they were still kicking! To relieve the itching, open sores, masses of lesions, infections, debilitations, anemia, and several progressive illnesses and emaciation, I have used many topical applications,--witch hazel, glycothymoline, oils, sulphodine, aloe products, perhaps some others. Internally, glycothymoline solutions, vitamins, garlic, high density foods like baby food meat and broth, the few doses of antibiotics which had a rough effect on the dogs, small amounts of Reju-Vigor and one dose of Aloe Vera liquid they also reacted to. That's all I can remember right now. We don't know for sure what is killing the cats, but the agony and torture which the fleas are causing the cats and dogs is obvious.

I am now finding one or two fleas on myself each day, which means I can transmit them to many people. Learning that the little monsters were responsible for the Bubonic plague from rats has increased my already intense anxiety. I am really frantic and so are my friends,--four legged and two legged. It is not possible to remove all of the animals from the house at the same time long enough to fumigate it. Fumigation wouldn't do any good any way unless I can remove the fleas from the animals at the same time.

Right now anything I do will kill the animal and toughen the parasite. I'm thinking it would be a kindness to put the animals out of their misery: death seemingly their only escape.



In talking to many people, I have learned the flea problem is wide spread this year. At the rate things are going, I will be responsible for spreading it further. I have lived with cats for 16 consecutive years and have never seen fleas like this. I do hope you can offer solutions."

She would like to ask Awareness after hearing this letter and all of the remedies for fleas on her cats and dogs she has tried, if Awareness has some suggestions on how this problem can be solved. Evidently the fleas have killed several of this lady's cats.

COSMIC AWARENESS:

This Awareness indicates that generally, the efforts which you have used in tending the flea problem on the animals as that which, while in themselves, may be effective where applied at the time, were not effective in the total environment. This Awareness indicates that the problem appears to be one wherein the entire house is infested with fleas, and all of the animals involved, living in the house, also being infested with fleas. This Awareness indicates that to de-flea one animal at a time, or to attempt to de-flea the animals with various types of products does not solve the general problem, for the effects wear off, the animal simply picks up more fleas from the furniture, and from the rugs, and from the grass outside, and from the general area.

This Awareness suggests that the only apparent solution is to have all of the animals removed from the house, have the house fumigated, have the animals taken to a local veterinarian to be de-fleaed. This Awareness indicates that also flea powder sprinkled on your lawn and the areas outside the house where the animals stay in order to have effect on the fleas in that area. This Awareness indicates this will not necessarily rid the area of the flea problem, but will diminish the problem greatly to a level which can be handled more easily. This Awareness suggests in terms of the grass areas or the external areas of your residence, that the use of various insecticides or powders can be effective to some extent, but may not be total. This Awareness indicates that the fumigation process is that which requires a major effort

on your part, and will require that you leave the home for a period of time. This Awareness indicates that this as a serious problem which will require effort and serious well-coordinated energy to deal with the situation; that attempting to rid one corner or one part of your home from fleas, rid one animal at a time, or to take half measures, will not solve the problem. This Awareness suggests that you call exterminators in your area for further advice in regards to this situation. This Awareness suggests also that your local veterinarian can assist you in this regard.

QUESTION:

Awareness, is there any herb or any kind of substance that can be put in dog and cat food that might repel fleas and parasites?

COSMIC AWARENESS:

This Awareness indicates that the Brewer's yeast as effective, garlic powder as effective, diatomaceous earth as effective,---all of these various things this entity has already attempted. This Awareness indicates the problem in this particular instance is in the magnitude of the situation, wherein the entire living space is infested with fleas and with flea eggs, so that even though they may be exterminated, the eggs hatch out and create new crops, and before they are exterminated, more eggs are laid for further crops.

QUESTION:

Is this degree of infestation simply a matter of accrued years, or is there some other significance to it?

COSMIC AWARENESS:

This Awareness indicates this as in part due to the weather patterns and conditions, this also in part to the lax efforts in regards to the particular situation. This Awareness indicates that wherein large numbers of animals are together, these fleas will increase, and particularly so when these animals are housed together in common places which are comfortable breeding grounds for fleas. This Awareness suggests that wherein these animals are kept outside, the environment is not as helpful for the flea population as when they are inside, for the fleas are attracted to warmth and can hide in cushions, in rugs, in various furniture, so that if an animal is not available, they still can inhabit the home and can continue increasing their population. This Awareness indicates that they then increase their attacks on the animals.

This Awareness indicates that wherein the weather is cooler and the animals are kept outside, the population of the fleas is hindered, in that it is more difficult for them to survive from the early stages of their growth without the warmth and the sedentary activities of animals. This Awareness indicates that wherein the animal is moving around, the flea eggs tend to fall off and the fleas often are dropped and the fleas in the area are not so easily capable of hopping on the passing animal, as when the animal is in a home, on a rug or piece of furniture, and wherein the fleas can become more concentrated in their population. This Awareness suggests that the situation as one which can be handled relatively easy by most qualified exterminators.

QUESTION:

Awareness, is it true that a single flea can lay eggs that will bring forth ten thousand more fleas? (I vaguely recall reading that bit somewhere).

COSMIC AWARENESS:

This Awareness indicates this as possible, depending on the environment. This Awareness indicates that the chances of this occurring however, are remote. This Awareness indicates however, that this can occur under ideal conditions, ideal to the flea who is attempting to set such a record.

QUESTION:

While we're on this subject, one of our lady members, D.B., I believe, in a letter to Vicki, mentioned that her animals rid themselves of fleas (she discovered), when she put D and S Cells in their drinking water. Now our hound Siegfried has been literally biting himself, chewing on himself all summer long due to an intense flea infestation which we have not been able to counter, try as we might various things. I recently put D and S Cells in his drinking water and his scratching has virtually disappeared. I'd like to ask Awareness, is this coincidental, or will D and S Cells in an animal's water actually eliminate fleas?

COSMIC AWARENESS:

This Awareness indicates that the D and S Cell create interferon and the interferon builds up the immunity system, making an entity more healthy in general, and the healthy energy gives a greater strength and aura and affects the skin in its action of elimination.

This Awareness indicates that wherein an animal or entity is unhealthy, the skin, serving as an eliminator of poisons, is often the target of parasites because of these various poisons upon the skin.

This Awareness indicates that when these are no longer present, when the skin is healthy, these parasites tend not to become attracted to that type of skin. This Awareness indicates that in terms of the fleas, it appears that these entities do not particularly care for the effects of the blood which they receive from animals which drink the D and S Cell water,-- this containing high amounts of interferon and other substances which are nauseating to the flea.

ED's Note: we still keep D and S Cells in Siegfried's drinking water and after a full year he has not been bothered by fleas.



Also suggested, if you can afford it, is one of the new ultrasonic pest repellers such as SCRAM, which plug into your AC wall socket and repels rodents and insects by an ultrasonic attack at high frequencies on their auditory and nervous systems. It doesn't kill the pest or creature, but makes life so annoying for it that it abandons the area. I personally know this works on rodents because a friend of mine has one of these SCRAM units which he placed beneath his house to drive out a family of mice that had taken residence thereon. After a week of leaving the device on, the entity climbed under his house to see if the mice were still there. They weren't, and neither were the numerous spiders and various other creepy-crawlers which had festooned the boards and joists beneath his house. I mentioned this to Vicki T. one day who asked to borrow it sometime. She had a pack rat, a family of chipmonks which have for years set up housekeeping inside the walls of her little cottage in the woods. All night long she could hear the little devils trotting back and forth through the corridors within the walls, often gnawing loudly on what sounded like wood and sometimes wireing. Previously she had tried beating on the walls, hollering at them, playing rock and roll music very loudly etc., but with no success. After reassuring her the device would not harm the creatures, but merely drive them back outside to the nearby trees where they belonged, she agreed to try the SCRAM device. It worked. After only one night the creatures fled and to date have not returned. She reports seeing the chipmonk in the trees outside so she knows they weren't killed. Since then we have heard stories that this device will rid a house, or hound, of fleas in about three weeks. (Those who claim it won't work on fleas don't use it long enough. Try it for 3 weeks and see. It is inaudible to the human ear. My friend says he got his SCRAM device from the following outfit: The Sharper Image, 406 Jackson St., San Francisco, California, 94111. Price: \$49.95 plus \$3.50 postage. (Avaton)

The following poem entitled 'Fleas', by Ogden Nash, is reputedly the shortest poem ever written:

FLEAS:
Adam had 'em.

How accurate are they?

MAE BRUSSELL VS. DR. BETER

(More on the Jonestown massacre)

(From a C.A.C. Gen. Reading, May 19, 1982)

QUESTION:

We have a couple of questions from T.H., Green Bay, Wisconsin. He asks: "In reading No. 79-10, Awareness indicates that the information given out by Dr. Beter as that which is approximately 85% accurate. Awareness suggested in Reading No. 82-6 that Mae Brussell's information was approximately 80% accurate. Reading No. 82-6 included a note from Mae Brussell which stated that "Dr. Beter was okay years ago, but somebody got to him. His Jonestown information is so far off the wall it is laughable." Would Awareness please comment on this 'seeming' contradiction?"

COSMIC AWARENESS:

This Awareness indicates that this as part of the error involved in Mae Brussell's analysis of Dr. Beter. This Awareness indicates that in part there has been some information relating to Jonestown which the Doctor did not convey; that the Doctor *did* convey information which was accurate up to a point, but much information was left out. This Awareness indicates this in reference to the drug connection, wherein drugs were smuggled into the United States through the bodies of these victims.* This Awareness indicates that the entity Mae Brussell as....This Awareness wishes entities to understand this evaluation in terms of percentage. That when Awareness says that the entity is 80% accurate, that does not necessarily mean that the entity is 80% *complete* in giving all of the information, or the whole truth. This Awareness indicates that this essentially means that the information which the entity is aware of, and which the entity conveys is approximately 80% accurate. This Awareness indicates that whereas the entity Mae Brussell has been involved in much research, she has been able to come up with much information which other entities who are not so deeply involved in such research would not discover, therefore, this entity as bringing forth much information which others would miss, and the information she brings forth is approximately 80% accurate. This Awareness indicates that this as being a conservative figure, that this entity may be even more than 80% accurate.

This Awareness indicates however, that the information which Mae Brussell has is limited to that which is available to her, largely through publically released printed material, and through certain informants which she has contact with, from time to time, and from other sources which verify information for her. This Awareness indicates however, that the entity Dr. Beter as having information sources and information which the entity Mae Brussell does not have. This Awareness indicates that the fact that this entity Dr. Beter does not disclose his sources, by Mae Brussell's standards, implies to her that he is not being candid, and that since his sources cannot be checked, one should ignore the information which he conveys, or should consider it questionable, if not invalid.

This Awareness indicates that while *this* analysis has merit, and one *should* question the information which

Dr. Beter releases, it is also necessary to understand that wherein an entity has information from a source that is in the highest echelons of secrecy, or from several sources, or many sources, it would certainly destroy his sources if he were to reveal his sources, simply to satisfy some curiosity seeker who wants to examine his sources, such as Mae Brussell or others. This Awareness indicates it would be absolute unthinkable behavior for Dr. Beter to consider such release of his sources just to satisfy someone's curiosity or to prove his validity.

This Awareness indicates that the proof, rather, of his validity must come from the movement of time, as time itself is that which heals all wounds, or wounds all heels, and which in time reveals what is, or what has happened. This Awareness indicates that time itself as that great revealer of truth.

ED's Note: the information just revealed by Awareness that drugs were smuggled into the United States in the bodies of those 1000 or so entities who were murdered at Jonestown, confirms information sent in by several SPIRAL groups and several members several years back. The information was contained in a rather strange and far out letter supposedly written by a female in Jonestown and mailed to her friend in the U.S. shortly before the murders occurred, in which this entity died. In this letter, which she wanted to be published and spread around the country the entity stated she had overheard Jim Jones talking about the killings that were to shortly occur, and how the heroin was to be placed into the cut-open stomachs by CIA agents, then sewed back up, and removed by mafia entities once the corpses were back in the U.S.

HOW COME THE RUSSIANS ALWAYS DESTROY OUR SPACE SHUTTLES OUT OF PUBLIC VIEW?

His second question is: Why have the Russians always destroyed out space shuttles out of public view? It seems to me that if they wanted to stop or at least delay the shuttle program, a disaster such as a shuttle crashing immediately after takeoff with thousands of spectators, impossible to cover up, and millions more viewing it on TV would have been an effective way to delay the program.

I don't want to sound cold-blooded about this, but we have been told that the shuttles, along with their crews have been destroyed anyway. The Russian cosmospheres would be at such a high altitude that no one watching would be aware that the explosion of the shuttle was caused by a blast from a beam weapon. This would leave the war planners here with no choice but to call the disaster accidental, as I'm sure they have no intention of admitting to the existence of cosmospheres.

The same situation holds true for the fake landings with the back-up shuttle. They can show us phoney pictures over TV, but a crash during a landing with thousands of onlookers could not be covered up. Certainly such a disaster would have prompted an investigation which would have to last for quite a while, just for appearance's sake. Many of the shuttle's critics would have called for an end to the program altogether." Would Awareness comment on that?

COSMIC AWARENESS'

This Awareness indicates that this in relation to the earlier shuttle craft. This Awareness indicates that this as that which would be associated with the motives of the Russians and whether they would desire having this occur in public, or in areas which were out of view. This Awareness indicates that essentially, this also relates to the question of whether and why these forces want their present conflict and war to be hidden from

public view. This Awareness indicates that were the Russians to be caught shooting down an American space shuttle, the American public would be so enraged as to give great support toward any action which would go against the Russians, such as arms build-ups, greater conflict and polarization toward potential war, trade embargoes, and greater hostilities between the nations.

This Awareness indicates the Russians obviously, in their campaign to appear peace-seeking would be extremely cautious in any action of this type, and where it is not necessary to conduct such an action in an area which could expose them, it would be foolish to do so.

QUESTION:

According to Dr. Beter, they were successful in hitting the American carrier and jumbo-jet liner in Washington D.C., and a few other things like that without being detected.

COSMIC AWARENESS:

This Awareness indicates that they also experienced one of their crafts being shot down and this as having been witnessed, and a similar action wherein it would perhaps be shot down over land would have created an extreme crisis. This Awareness indicates that these entities on both sides as being secretive in regard to keeping the public unaware of what is occurring, because if the public were to openly discover, it would polarize greater differences, and set the nations into the greater probability of war, sooner than either nation was prepared for such an action.

This Awareness indicates that in relation to the alleged missing carrier, this information was not fully revealed by the entity Dr. Beter; that this as that which will at a later time be revealed. This Awareness indicates this in reference to one of those carriers which he recently spoke of as being a duplicate ship.

HOW ACCIDENTS AND ILLNESS OCCURS

...More on the Law of Enthusiasm

(Excerpts from a C.A.C. Gen. Reading, April 28, 1978)

QUESTION:

R.E. has a question. "Regarding the recent Awareness explanation of accident causality viewed from the 4th dimension, etc. The mystic teacher, Max Heindel has written: "the depth causation of accidents are the collapsing of the mental plane archetypes of the physical body of the victims by the recording angels or lords of karma. Would Awareness give verification?"

COSMIC AWARENESS:

This Awareness indicates this as accurate. This as in the affirmative. This Awareness indicates that essentially, when an entity begins to stagnate and move through life in a robot type of behavior pattern, the entity also begins to lose enthusiasm for life: this becoming purely mechanical in nature wherein the entity has indulged in all the thrills desired and nothing seems to change and the entity does not progress.

This Awareness indicates when entities move along in actions wherein new discoveries relating to self, new self-discoveries are made, the entity then purges himself of the old and brings in the new energies of the discovery.

This Awareness indicates this action increases enthusiasm. This Awareness indicates the word enthusiasm relates unto spirit within, and the spirit within is that which enhances the life-force factor. This Awareness indicates wherein an entity begins to lose that enthusiasm, the entity's life is essentially stagnating, and as the stagnation continues, the entity begins to lose more and more of the protective aura around the body and around the psyche and the entity begins to lose more and more of the vitality of the physical and spiritual body. This Awareness suggests that as this vitality is lost through this stagnation, boredom, and the lack of personal and spiritual growth, the entity's depleted aura tends to draw in the forces which result in illness or accident or further weakening of the spiritual and physical body. This becomes likened unto an invitation to the higher forces, the so-called Lords of Karma, to take action to remove the entity from this plane.

This Awareness indicates the Law of Enthusiasm is that Law which allows entities to be filled with Spirit which then, in turn, may be used for purposes that can create greater expressions of Spirit. This Awareness indicates that those who use enthusiasm for destructive purposes are those who shall reap the whirlwind of devastation on many planes and many levels thereafter.

*Please refer to the booklet, 'The Cosmic Laws of Cosmic Awareness' for the complete definition of this law.(\$3.00).

WHAT'S TO KEEP ENTITIES FROM GETTING BORED ONCE THE NEW AGE HAS ARRIVED?

...The original cause of suffering.

QUESTION:

I think this is a good point to ask this question which Vicki and I have pondered over numerous times. It's a rather long question and the answer may fill in another piece of the Cosmic Puzzle, and the question is not meant to be cynical. The question is: If we are able to make this planet a heaven on earth as Awareness has talked about, --the New Age,--doesn't this by nature remove the most intense adversities and challenges this plane has to offer? These adversities, equated to the lessons in life, when these are removed, what is to keep entities from getting bored? Wouldn't it just be a matter of time before some entities become bored with the 'New Age' and the whole cycle begins over? In other words, once a person knows life is no longer a life or death situation, when this edge is removed of really screwing yourself up; if we know the results of the score before the final results are in, who would give the attention? Once the illness is cured, the suffering, what's going to keep the people immune? What's going to keep them from going backwards for lack of challenge?

COSMIC AWARENESS:

This Awareness indicates this as the original cause of suffering.

This Awareness indicates that those who seek competition and great challenges and great adversity in order to have a feeling of purpose, those entities are more inclined to fit into the realm of Hades.

This Awareness indicates those entities who enjoy the peaceful setting, the pastoral scenes, the areas of harmony and cooperative relationship; these entities are more inclined toward the land of Celestria, the areas known as heaven.

This Awareness indicates that some entities would be totally bored at the existence of happiness and joy expressed in and experienced in the area known as heaven. This Awareness indicates that such entities will not likely remain in that kind of setting, but will choose for themselves areas of greater competition, greater challenge and greater adversity.

This Awareness indicates that there comes a time upon this plane, rather soon, wherein an opportunity presents itself for certain entities to leave this plane and to go into an action whereby, on another planet, they may begin anew with great adversities, great struggles, wherein they may compete with one another and begin again at the stone age level and run through the entire show once more with the opportunity of having the thrills they desire in relation to war, tragedy, suffering, hostility, adversity and all of the excitement that goes along with this.

This Awareness indicates that the planet earth, itself, is being prepared for a kind of rejuvenation, for this planet has been tended likened unto a garden by many entities from many systems, not only within the created realm, but also from areas of the immortal realms, and that entities from various intergalactic systems have put much energy into preparing this place to be beautiful, to be harmonious and in a balance, and these energies existed and were placed into this planet long before the modern warfare machines and greed forces gained control, and these entities do not intend to allow these greed forces and the modern competitive war machines to destroy this planet as Maldek was destroyed. But rather, these entities shall find that before they are given the opportunity to destroy themselves and the planet, they shall be removed from this planet and placed upon that other planet wherein they may make war upon one another to their heart's content.

This Awareness indicates that the peace-loving entities of this plane, on this earth, shall be given another opportunity, and shall be given that garden which they may enjoy and may express as a new world likened unto other worlds which exist on other planets.

This Awareness indicates most entities do not realize that the earth and its consciousness is likened unto an abomination to most of the other worlds in the universe, for it is so degraded in comparison to their levels of existence that it is considered to be likened unto the outcast of the universe.

This Awareness indicates that there are, for example, governments on the planet Uranus which want nothing to do with the planet earth. That governments on the planet Saturn are seeking to find a way in which the planet earth may join with the other planets of the solar system.

This Awareness indicates that this information may sound strange to entities who have been educated to believe that there is no life on other planets in the solar system. This Awareness does not worry or lose sleep over whether you accept this message or not. This Awareness simply tells it like it is and allows you the choice you have. For in all of your intelligence, in all of your science, in all of your technology, in all of your wealth and accomplishments, in all of your confidence, you still have moved yourselves to the brink of annihilation, and would have been annihilated ten years ago had it not been for outside interference.

(Closing Message)

This Awareness wishes entities to cease passing the blame and cease patting themselves on the back and begin prying their eyes open, awakening themselves and others to reality. This Awareness wishes entities to cease listening to the forked tongue of the Beast, to cease being hypnotized by the electronic programmer and the printed words and to tune into the Christ Consciousness within.

This Awareness wishes entities to look toward each other and cease finding the flaw in each other's eyes and look for the Divine Light that rests behind those eyes, that you may communicate with one another as gods.

This Awareness wishes entities to cease being gods of power and begin being gods of mercy and love.

ED's Note:

Seven months after this reading was given, Cosmic Awareness delivered that series of readings which was to become known as the "Gathering Storm" (79-1), \$4.00 from C.A.C.

Also, please reread those paragraphs on your left wherein Awareness is saying quite firmly that those entities who continue to wage war, who continue to threaten our planet with annihilation, will be lifted up (before they are able to do so) and placed upon some planet where they can fight and scheme to their heart's content--living in caves and fighting with clubs like the early entities on this planet. In light of the current world situation and that handful of madmen who desire nuclear war at any price, this editor feels this particular passage is extremely significant today, and one reason why he is certain our planet is not going to be allowed to be blown apart like Maldek.
(Avaton)



ED's Note: Beginning here, and to the end of this newsletter, the following material comprises the entire C.A.C. general reading given October 6, 1982.

(Opening Message)

COSMIC AWARENESS:

This Awareness indicates there is seen two entities in what appears to be sword fighting. This Awareness indicates that this sword fighting as that which occurs in darkness, whereby one entity lunges toward the other, and the other parries and defends against the lunge, wherein this again is repeated, back and forth in darkness, whereby these lunges and defense movements are experienced in shadows, not seen clearly. This Awareness indicates that this seen, is that which appears to be symbolic of that which is representing the two super-powers--the United States and Russia, the United States and its allies, and Russia and its allies.

This Awareness indicates that these movements in shadows, hidden behind the scenes, as that which occurs not in moments, but over months and years, whereby a lunge is attempted, an attempt to strike at the other is attempted and fails; or is partially successful, and after months of recouping, another lunge or strike is attempted, and this interplay continues, so that there appears to be no real ending or let-up of the struggle and attempt to out-manuever and gain advantage over the other.

This Awareness indicates that it appears that this struggle may continue in shadows for a brief time, then shall begin to surface. This Awareness indicates that over the past year, the surfacing as that which has already begun, whereby entities are more aware from the events of the past year, from public statements and attitudes made, whereby entities are more aware of the conflict between these superpowers than before. This Awareness indicates that the intensities involved in this struggle appears to be likened unto a ground swell, or wave of water which rises in intensity, and even though uncertainty is at the crest of the water, whereby it is not determined as to a direction, the surging energy from beneath, lifting that intensity, is that which creates potential for extremism, when and if a direction does occur.

This Awareness indicates that the more hopeful outcome is that the energies which swell and rise will simply fall and disperse. This Awareness indicates however, at this time it is not clear as to the direction of these swelling energies; the sword fighters in darkness become more intense, more determined, more emotional in their efforts and the intensity and swell of energies as that which increases.

This Awareness indicates that within three months, directions will be seen more clearly as to the movement of these energies. This Awareness indicates that those entities who have been keeping abreast of these scenes being played out in semi-darkness, in the shadows, behind the scenes, behind the cameraman, in areas not brought forth to the public eyes; these entities who have been keeping informed of that which occurs, hidden from view; these entities who receive these messages and others, are witnessing the truly bizarre, during an age and a time when transition and change is occurring with great intensity and speed, but without the masses being made aware.

This Awareness indicates that it is likened unto the sword fight between two shadowy figures which occurs while the city sleeps.

WEIRD AND BIZARRE TIMES...

NUCLEAR FIRST-STRIKE SCENARIO POSTPONED TILL NOVEMBER?

...WHAT HAPPENED SEPTEMBER 17TH?

QUESTION:

J.B. sent us a letter dated September 11th, and he says: "Dr. Beter is in error on the September 17th, 1982, 3:PM date (for the nuclear first strike), but the October and November dates are realistic. Congress will adjourn in three weeks, so the public will not notice any commotion in October or November. If we can get past the elections without harm, then real progress can be made." Is Jim's analysis correct?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative. This Awareness indicates however, that the date given by Dr. Beter as that which was accurate at that time, and related to an action which was to have been

a target date, but that the target date as that which became shifted when things related to the plan were altered. This Awareness indicates that there were events which occurred in and around that time of significant magnitude which were evidence of the significance of that date, yet which were covered by a kind of disguise. This Awareness indicates the maneuvers of naval ships in the games and mock battles of the NATO projects as that which were made to appear to be part of a practice operation, but which, in fact, was placed in motion as support for the real event, in the event the first part occurred on schedule.

This Awareness indicates that the Strategic Air Command did have its bombers in the air, loaded with nuclear weapons. There were counter-moves by the Soviet Forces, and these various actions occurred essentially without much attention or fanfare from the press, or without much attention for the public to observe. This Awareness indicates that in spite of the defusing of those energy efforts to create the advantage, it appears the motives and intentions for starting a war with the Soviet Union is not yet at a point of giving in.

This Awareness indicates that there still appears to be movement in this direction. This Awareness indicates that there appears to be an alternative plan now being put into motion. That these plans have been formulated months ago, with backup plans in the event that one or the other needs to be scrapped. This Awareness indicates that this likened unto fighters with their swords not assuming that one effort will be final, but realizing that it may require many efforts, many lunges, many parries in order to eventually be victor over the enemy.

This Awareness indicates that these struggles between these superpowers as that which is playing out a kind of karmic game, with energies that those who are indulging themselves in are also deluding themselves in assuming that a victor can emerge. This Awareness indicates that the world is experiencing that which may be termed brinksmanship. This as also likened unto the concept of an entity who walks down a path, keeping death close to his side, where he can see death at any moment, and because he can see death at any moment, the entity is more aware of life.



This Awareness indicates in the analogy just given, the entity is humanity, and death is that potential annihilation of the human race. That this intensity and potential of annihilation at any moment is that which is gradually having its effect on consciousness, whereby the entity may turn and

recognize the value of life and the futility of destruction and destroying life, for in destroying the lives of others, the entity may recognize also the destruction of all which he loves.

This Awareness indicates that this struggle of shadowy figures fighting over prolonged periods of time, facing potential death and destruction, facing mutual death and destruction; this is that which is having bizarre and strange effects on consciousness, wherein some entities become highly aware of the futility of violence, whereas others become indulgent in suicidal or maniacal desires to participate in violence.

This Awareness indicates that wherein entities have had enough, this will cease and peace will come. This Awareness indicates however, that at present, entities have not yet seen the dawn, nor the taste of violence been saturated enough that all entities want no more.

This Awareness indicates there are those who have had enough, but those who still sit back in the arena and watch the slaughter are still bloodthirsty in seeking to hear more and see more violence, so long as it does not touch them. These are the promoters of the bloodshed which others must suffer, to satisfy their lust.

This Awareness indicates that this energy as that which feeds the Alien Force its power on this plane, and which satisfies certain animalistic qualities in lower levels of human experience. This Awareness indicates that it must in time saturate itself, run its course and then allow entities to be free of that which is known as bloodlust. This Awareness indicates that tolerance is the key, whereby entities may learn to tolerate each other even though different in philosophy, race, religion, nationality, age, sex or personality. Wherein entities learn to allow differences in their world, entities then can find the peace which allows creativity to flourish, artistic pursuits, inventions, great works to serve human needs, desires, pleasures; these may one day flourish upon this plane, and destruction, war, violence and competition may be represented only in museums, whereby the pictures and implements of war are placed behind screens, glass, for viewing in books, for reflection; even as the torture devices used in Middle Ages now are placed in museums, or in pictures in books for those who seek to witness and reflect upon the truly bizarre.

This Awareness indicates that entities in present time, witnessing the truly bizarre of experiences; those who slaughter, who invent weapons of slaughter, who use, promote, sell and solicit weapons of slaughter; those entities of present time witnessing the use of the truly bizarre may someday realize that what is occurring on this plane is far from normal, and is indeed a form of madness.



Kukurnyksov/Pravda/Moscow

U.S. 'WAR GAMES' NEAR RUSSIAN SHORES

...MORE ON UFO ENTITIES TRYING TO MEDIATE

QUESTION:

Awareness, on September 28th, there were three stories that appeared in the Seattle and Olympia papers that appear to be related. And I'd like to ask Awareness if they are, and if there's any significance to this. The first is that: "The Trident nuclear submarine Ohio quietly slipped away to sea from the Bangor Naval base and it was loaded with 24 missiles, each with several nuclear warheads, and a range of 4000 nautical miles."

Along the Washington coast that same day, a 68 foot shrimp boat with a net in tow was dragged sideways for more than 20 minutes along the coast by what Naval officials say was probably a Soviet submarine. They finally managed to cut the cable.

And the third article concerned "The mightiest U.S. naval force assembled in Alaska waters since World War Two was operating in the North Pacific ocean near Attu today as the Russians kept careful watch by air and sea. In the fleet are 14 ships including the nuclear powered carrier Enterprise, and the conventionally powered carrier Midway. With more than 15,000 men the battle force headed north from Hawaii earlier this month, and arrived in the operational area 150 miles southwest of the western tip of the Aleutian Islands. The force includes two battle groups: ten ships headed by the Enterprise and four by the Midway. Rear Admiral Joseph Barth characterized the exercise as a 'routine' operation designed to test men and equipment in northern waters. With the American ships operating only some 450 miles east of the big Russian naval base at Petronavlovsk, Soviet planes and ships quickly homed in on the U.S. battle force. Long-range Russian reconnaissance planes, TU-16 Badger jets and TU-05 Bear turboprops frequently sweep low over both carriers, always in the close company of fighters from the two American carriers.

On Monday, a Russian destroyer took up a position about 5 miles behind the Enterprise. "It's not an adversary situation" Barth said. "We are operating in international waters and we have an agreement with the Russians not to interrupt the operations of the other side in international waters." Still, when the A-14 Tomcat fighters and attack bombers of the American carriers catapult into the sky, their weapons are armed and ready to fire. Barth said the largest previous naval force to operate in Alaskan waters backed up American troops which drove the Japanese army from Attu and Kiska in fierce fighting in 1943."

That was the end of that article. Is there any significance to all that or is that just some of the games Awareness indicated previously was happening?

COSMIC AWARENESS:

This Awareness indicates that the plans of September 17th having been thwarted, created a great vulnerability in the United States military establishment, whereby actions of paranoia were implemented because of an uncertainty as to the reaction from the Soviet Union, and many of these defensive movements are still in motion because of uncertainty as to Soviet intentions at this time. This Awareness indicates that essentially, these parries and thrusts of potential war continue and will continue, whereby those involved seek to improve their position.

This Awareness indicates as has been given previously, that the Soviet Union as having much greater advancement in terms of certain types of technology which has given them an edge at this time, whereby these entities can afford to be somewhat more generous in toying with the maneuvers of the Pentagon in its various actions. This Awareness indicates that the Soviet Union as having a policy other than First-strike, therefore the actions being other than to attack, being more in terms of defense, and attack only wherein defense is not possible.

This Awareness indicates that as has been given previously, the Soviet Union as being assisted by forces from that.... This Awareness indicates that this associated with phenomena known as the UFOs. These entities being assisted by entities of an interdimensional capacity. The entities being from.... this appears to be the Pleiades. That these entities also have made contact with the United States and are seeking to be of assistance in mediating differences between these superpowers.

This Awareness indicates it appears they have had greater receptivity and an acceptance in the Soviet Union than in the United States. ****

ED's Note: for more information on the UFO involvement in Russia, please refer to 'Revelations of Awareness' No. 79-18 (The Web of Conspiracy, Part 1); \$3.00; also, No. 79-25 (Part 2: The Secret of the UFOs); \$4.00 from C.A.C.

In reference to the material given so far in this reading, the October Audio Letter of Dr. Beter arrived 3 days after this reading was given. In that tape he revealed what Awareness had just indicated: that the planned nuclear first-strike against Russia planned for September 17th, was aborted at the last minute (only 5 hours before the missiles were scheduled to be launched). Dr. Beter surmised the Pentagon had really gotten worried about how much information on this strike was, and had been, released and how many entities in the U.S. were aware of it. The clincher came only hours before the strike was to be launched when a Washington D.C. radio station played the Dr. Beter tape over the air and demanded that the Pentagon confirm or deny the allegations of Dr. Beter. With literally tens of thousands of entities now aware of the fiendish plan of those Bolsheviks in the Pentagon and White House, the first-strike was called off only 5 hours before the countdown.

Dr. Beter also revealed that the bloody atrocities in Lebanon wherein the Zionist forces of Begin were allowed to slash the throats of hundreds of innocent women, children, babies and other civilians (even animals) was simply another part of the bizarre plot to involve the U.S. in the Middle East to set up another scenario for a First-strike against Russia. The scenario this time: to sacrifice by slaughter hundreds of civilians in order to get U.S. troops back into Lebanon. Once there, the plan is to sacrifice these U.S. troops, make Americans so angry (it will probably appear the Russians were behind it all), that the nuclear freeze movement and other peace movements and the hue and cry to cut down military spending, all will disappear as an angry U.S. demands blood for those responsible for massacring the hundreds of U.S. troops which were there for keeping the peace.

At the moment there are 1200 U.S. Marines in Lebanon, scheduled to remain there 'indefinitely'. Already one has been killed by allegedly stepping on a land mine. The media made a big event of this entity's death, showing his highschool yearbook, interviewing the parents and girlfriend, showing the funeral etc. etc. One can imagine the reaction in the controlled media if and when those 1200 U.S. Marines are set up and slaughtered as the sinister plot presently has in store for them, -an event probably scheduled to occur shortly before the elections. This would no doubt result in a Republican landslide for Reagan and his disciples and a scream from the Right for revenge and blood etc. etc. (Awareness has just indicated an event is probable just before the election). Let us all hope and pray that if the plan actually is to destroy those 1200 marines, that this bestial and insane plan of the Bolsheviks will not be allowed to succeed. (Avaton).

THE NUCLEAR FREEZE & 'GROUND ZERO'

...How effective will this movement be?

QUESTION:

Awareness, Seattle just completed a week of what they called "Ground Zero", where a lot of very concerned entities have been getting together and having speakers and debates, and questioning this whole nuclear madness thing, because they figure Seattle, in the event of a nuclear war, due to its close proximity to the various military bases and Boeing and so forth, would most certainly be devastated, and so they concluded this meeting with 50,000 entities meeting in the Kingdome, and these people are writing letters to the leaders of Russia, and to their sister city in Russia, telling these people that none of them want any kind of war, they just want to live in peace, and so forth.

As a result of this, Mr. Reagan announced that these are well-meaning people (for the most part), but they're being duped by the Communists and want to weaken America. That the whole nuclear freeze and Ground Zero movement is un-American. There's a lot of people that would differ with that. I'd like to ask Awareness specifically: Is this mass movement that's now happening in the United States in particular, and around the world in general, going to influence these people that are hell-bent on nuclear war, or will they just go ahead and ignore them altogether, and go ahead with their evil plans? Is this enough energy being generated in consciousness by these millions of people who are now just becoming very indignant over this whole thing?

COSMIC AWARENESS:

This Awareness indicates that the Ground Zero concept as that which evolved from a term used in civil defense programs and planning during the 50's in regard to nuclear war, and as that which was revised approximately one year ago through the efforts of the Rockefeller energies, the media, and the various connections of the Rockefeller forces which were being overpowered by those Bolshevik forces operating through the Pentagon and the Whitehouse, through the present administration.

This Awareness indicates that the Rockefeller forces, in initiating the Ground Zero concept, along with the news media as part of their force, as that which has had a powerful effect upon the masses within this nation, yet there are also efforts whereby many of these energies are being brought into confrontation with the concepts and ideas presented by the President. This Awareness indicates that essentially, the President is told what to say, and says what he is told to say in regard to these energies.

This Awareness indicates that as indicated in previous messages, the forces involved are rising in their intensity, yet the direction of outcome from these forces is that which is not yet determined. This Awareness indicates this may be likened unto an orchestration played spontaneously, whereby the various instruments, not having a score, or not agreeing upon a score, each playing their own theme, reach a point where they move into greater volume, trying to outdo the other, and as the volume builds, it becomes questionable as to which way things will go and which will have its way.

This Awareness indicates that it appears however, at this moment, which may alter in the future weeks, it appears at this moment, that the energies which have been emanating from the Bolshevik forces are moving into a kind of extremism that will create a backlash against themselves. This Awareness indicates this in part due to the economic conditions also accompanying the warlike posture. This Awareness indicates that entities may expect that before the election, this warlike posture and the economic problems may result in an international crisis which can serve as an excuse, focal point and condition, whereby consciousness could be manipulated into accepting the administration's surprise move, direction or response to the international crisis.*

*ED's Note: this could be the sacrifice of the U.S. troops in Lebanon Dr. Beter indicated in his tape we received 3 days after this reading was given. (See previous footnote).

This Awareness indicates that it is becoming apparent and common for the administrations to create or to have an international crisis occur within a week or two before election, so that a dramatic response can be made, whereby the masses will rally around the flag and President, and support whatever he suggests. This Awareness indicates that the first week of November and the latter part

of October appear to be times when this kind of situation would be ripe for exploitation.

This Awareness indicates that the success or failure of this exploitation will be depending upon how, where, the masses are. This Awareness indicates that from *Its* point of view, the masses of people are largely geared to low-level response, willing to vent anger and hostility at whatever direction they are told to go, and not willing to go against the crowd, or authority of opinion. This Awareness indicates however, in a greater sense, this is a majority which grows smaller. That during the past thirty years, more and more entities question authority and think for themselves, or look around for other opinions besides those who are traditionally accepted as authority. This allows for more diversified thinking and greater potential of awareness of situations. This Awareness indicates that although these entities are still a minority, that minority can have some effect so that the best laid plans may still go awry.

IS THERE ANYTHING BEHIND THE TYLENOL INCIDENTS ?

QUESTION:

Awareness, speaking of bizarre happenings, all this week the media has been concerned with a proprietary painkilling drug called "Extra Strength Tylenol." That in the Chicago area certain bottles of this substance has been found laced with cyanide, and about 8 entities have died. The company has been ordered to remove all of this Tylenol, including other types they have in milder strength, to remove it from the market. I'd like to ask: Is this the work of a single entity with a sick mind, or is there more to this than meets the eye?

COSMIC AWARENESS:

This Awareness indicates that this appears to be something which will be revealed through the media within approximately two weeks or less. This Awareness indicates that *It* does not see the direct link between a conspiracy and this, but rather sees this as something which appears to be a kind of fluke occurrence. This Awareness indicates it appears the investigators are close to discovering the cause of this. This Awareness indicates however, that it may not ever be fully revealed.

...MASS EVACUATION ?



MORE ON THE RAGING BULL MARKET

...ARE RATS DESERTING A SINKING SHIP?

QUESTION:

Speaking of economics, there's a financial newsletter called the Xebex Report* put out by Charles Grayson and Dawn Shultz, and in the August 30th issue regarding the reason for the recent and still ongoing stock market rise, Dawn Shultz writes: "It does seem strange however, that a mere drop in interest rates would cause the institutions, to stampede into the stock market. This was no ordinary switching of money from cash in banks to stocks; this was a buying panic. Why should the funds panic into buying stocks? Is it possible they know something we did not and still do not know. Viz that the Mexican situation was far more serious than anybody guessed? And further, that the Funds are still scared of the banks? We believe that this massive rally in stocks is the first panic BUYING spree in stock market history, and signifies, not a renewed spurt in the economy, but a desperate desire to get out of banks."

Would Awareness comment on that perspective by this entity, if this is correct or not?

* The Xebex Report, PO Box 1303, New Canaan, CT. 06840. (Subscription rate not shown on publication)

COSMIC AWARENESS:

This Awareness indicates that this appears to be correct in respect to the more informed buyers of stocks, those who can see the handwriting on the wall.

...CONFRONTING THE ALIEN FORCE:

A POWERFUL NEW MEDITATION TECHNIQUE THAT COULD HELP SAVE OUR PLANET

QUESTION:

A question from J.M. in Oklahoma. It's a rather long one, so I'll read it: "Dear CAC, I'm having problems with the Awareness meditation to prevent the holocaust. I instead visualize a circle of a few hundred Bolsheviks in a large room, transmitting to them energy of understanding, entering my pineal and emanating from my palms as I've practiced many past times for healing. There appeared above the center of the circle a very large black being, of undefined shape, manipulating by marionette strings the beings who made up the circle. The large being strongly resisted the directed energy and when the energy was concentrating on it, fought back, sometimes cringing and sometimes threateningly, and frankly, scaring me. I felt like an ant being attracted by an elephant, and was afraid that the being could enter and control, or otherwise damage me, so I cut short the meditation. If this is more than my overactive imagination and has some basis in reality, please ask Awareness to comment on the dangers, probable effectiveness, and any other relevant aspect of this entire experience.

COSMIC AWARENESS:

This Awareness indicates that you as one who does have a clear vision, that capacity for clairvoyance, seeing into those energy realms beyond physical levels. This Awareness indicates that you as one who could see the emissary of the Alien Force on this planet, working with these entities. This Awareness suggests that you are correct in recognizing that this entity did not wish the light which was being sent toward it. This Awareness suggests that you also are correct in feeling that the entity was threatening to you. This Awareness indicates that any further actions in this direction be followed in the following manner:

This Awareness suggests that when visualizing any Dark Force such as this Dark Force which you visualized, this Awareness suggests you stand back, place a shield of white light around yourself so that nothing can penetrate and enter therein, wrapping yourself three times in clockwise direction, horizontally three times, vertically three times, from the top of your head forward, down under your feet, back behind, and to the top of your head, wrapping this band of light three times in this manner, creating three rings, then wrapping three rings beginning at the top of your head, moving over to your right shoulder, down, under the feet, around the left side, back to the top, again making three such rings in that direction, then beginning in front of you, making a movement to your right side, behind, to the left side, and again to the front, making three such rings; these may be visualized as hoola-hoop-type rings, large enough to enclose your body.

These are rings of light, reinforced three times in each direction. This Awareness indicates that when these nine rings of light have been created, or three rings of light made triple strong; when these have been created, this

Awareness suggests you take the first ring, which went in front and down under your feet, behind, and up over your head, and turn this in a clockwise direction so that the point in front of you, (the ring in front of you), moves to your right, while that behind you moves to the left, and moves a full circle.



3 hoops of light

3 times around for each
(Clockwise)

This Awareness indicates a full circle being that which allows the ring to move all the way from the front to the back and again to the front. This being a single full circle of that ring. This Awareness suggests this be done three times so that the ring which moves in front and behind you is turned six half-turns, or three full turns, leaving a sphere of light surrounding you with each turn, and each turn reinforcing that light, making it stronger.

This Awareness indicates that likewise, the ring which was created, flowing from above your head to the right, down under your feet, up to the left and back to the top of your head,—that ring which was reinforced three times,—also is to be moved in a clock-like direction when looking down from above, so that the ring on the right side of your body moves backwards as the ring on the left side moves forward, and again, this is moved six half-turns or three full turns, each turn reinforcing the wall of light, enclosing you in a sphere.

This Awareness indicates that likewise, the ring which is horizontal to the floor, or to your feet, as that which moves in front, beside, behind, and to the left of you, as a kind of hoola-hoop; that ring is to be brought from behind up over your head while that part which was in front moves under your feet, and again, under the feet to the back where it began, as the other side moves back to over your head, and to the front, where it began. That this as one complete circle, and this be done three times, leaving a beam of light as it moves, creating a third sphere of light which is reinforced three times as it is moved.

This Awareness indicates that this as a manner in which you circle yourself with light, which does not allow any Alien Force to penetrate and enter into that sphere, giving you protection. This Awareness indicates that once this has been completed, you may then look at the Dark Force, and do the exact same action to it: circling it with three rings, each way, three times each, then spinning those rings, each one creating spheres of light around that Dark Force, reinforcing those spheres three times each.

This Awareness indicates what this does is to imprison the Dark Force within a ring of light, within a sphere of light, so that any effort by this Dark Force to manipulate or affect forces outside of itself, outside of its sphere, by use of dark energies or alien and separative intentions and motives, any effort on the part of the Dark Force to do harm will simply bounce against those walls of the white light which imprison it, and reflect back upon itself in a manner that is destructive only to itself, and none other.

This Awareness indicates that this allows the force to change by seeing its own reflection. It allows the force to operate outside that sphere of light with any action which is good, or of a light type of motive or behavior, but does not allow any dark energies to escape from that sphere, so long as it is strong and reinforced.

This Awareness indicates that any effort by that Dark Force to create negative or evil events, any effort to cause harm to others is hindered or totally prevented by the strength of the White Light which is wrapped around that entity.

This Awareness indicates *It* wishes you to understand that the Dark Force gains its power only from the motives, intentions and energies of those who feed it and who follow it, and when others deny it the food it desires by wrapping it in white light, it cannot feed those who follow it, and the communication of darkness between the physical and the astral level is cut off, depriving those entities of power from that dark source.

This Awareness indicates that the more entities who can visualize this force, wrapping it in white light, the greater the chances of defusing this energy, of depleting and starving this darkness, and of transmuting and bringing about a Light Force to guide this nation, and to guide the military planners of this nation. This Light Force as that which can alter and change the direction and course of history.

HIGH MAGIC—HOW MEDITATION WORKS

This Awareness wishes at this time to comment on how these energies can work in a world that appears to be material in nature, whereby actions of visualization can affect such material events and circumstances. This Awareness indicates that in more recent times, in circles within the scientific community, exploration into the subatomic particles as that which has been researched extensively, and in these circles scientists are beginning to recognize that there are certain particles, subatomic in nature, which do not fulfill the scientific criteria of matter, for they do not respond the same way in the same situation, but will be altered by the thinking or attitude of the scientist studying the subatomic particles.

These scientists are beginning to recognize the effects of their own thinking on these subatomic particles and how the mind, or consciousness, is tied in with matter itself, and that all is connected throughout the universe in the subatomic level, and that the minds of individuals are connected to this subatomic ocean of consciousness and matter. This Awareness indicates when entities fully grasp this realization, they also have the key and the understanding to mental magic, and that which has been termed "miracles", and it then becomes merely a practice of using the mind with the use of that realization, and those principles.

This Awareness indicates that wherein the mind does not accept this, it automatically creates barriers to such magic. Wherein the mind understands and recognizes this, it automatically has capacity to mold matter.

HOW LONG WILL THE PROTECTIVE SHIELD WORK?

QUESTION:

Awareness, when you set up a protective shield, as was just given in the directions, how long does this last after you've done it?

COSMIC AWARENESS:

This Awareness indicates this depending upon the strength of one's ability to visualize. The strength of one's ability to visualize in terms of time as that which also relates to one's awareness of, attunement of, and recognition of the power of the visualization. This Awareness indicator that one can say that this energy will last for two weeks, and the energy will last for two weeks if the entity *knows* this to be true because the entity *feels* the reality of that time span, but if the entity simply states: "This will last for two weeks," and the statement is an arbitrary, light, thoughtless

statement and the entity does not feel this as a reality, then it is not likely to be an accurate assessment.

This Awareness indicates that wherein an entity is in total attunement to what is occurring with the focusing and visualization process, the entity will know intuitively and can feel realistically when the energies have begun to dissipate, or how long, and how strong the shield is. This Awareness indicates that you can feel this and know this intuitively and can be absolutely sure. It is not based upon thinking, but upon feeling and recognition through looking.

HAVING TROUBLE VISUALIZING ? HERE'S SOME HELPFUL SUGGESTIONS

QUESTION:

Awareness, we know from the letters we're getting that there's an awful lot of entities out there doing the Cosmic Awareness meditation to prevent the nuclear holocaust; however, there's also people like S.R. in Ohio, who writes about this, and she says: "God help us if the rest of the CAC membership is not better at visualization than I am. I just started to take lessons in self-hypnosis to see if that would help me. I can think of it in my mind, but I can't see anything. Do you have any suggestions? Avaton, can you draw me some pictures that I could stare at? Could Awareness help me with this visualization? I definitely will keep trying at 10: PM. Also, I am using the Kahuna meditation in the morning. Does Awareness have a specific symbol we can use in this meditation?"

ED's Note: The meditation to prevent nuclear holocaust appears in 'Revelations of Awareness' No. 82-18, and an illustration to help entities visualize appeared in No. 82-21. (\$3 each from CAC).

COSMIC AWARENESS:

This Awareness indicates that many entities do not easily visualize. This Awareness indicates that many entities who cannot visualize pictures and images are often much better at holding concepts or seeing symbols, or feeling symbols in their consciousness. This Awareness indicates this is just as effective. This Awareness suggests that when *It* uses the term "visualize", *It* includes not simply seeing with the inner eye, or imagination, but *It* also includes holding in one's consciousness the concept or image.

This Awareness indicates that wherein one can do both, both recognize the concept and hold it as an image, this is also appropriate. This Awareness indicates that often an entity who cannot visualize is what might be termed far-sighted on the inner vision level. That the entity tends to push the vision off into a distance and see it as a small symbol or dot or concept, a concept being a dot with a name, or idea associated with it.

This Awareness indicates that if the entity should like to see that concept up closely in levels of visionary experience, such as imagining and image making, the entity simply needs to bring the concept, (that dot which represents the concept), needs to bring this closer, very slowly, so that it appears closer and closer and gains more and more detail, as it moves closer to the entity's consciousness. This Awareness indicates that it is not important how entities visualize, whether they visualize in pictures, in colors, in details, or in generalities, or whether they visualize in terms of concepts or symbols representing concepts.

This Awareness suggests that this entity simply participate in visualizing a symbol, or holding a concept of the earth wrapped in light, with darkness gradually fading from view. This Awareness indicates if the entity prefers, she may see this as a clear ball of light with

darkness that is becoming smaller as the white increases. This likened unto a yin-yang symbol wherein the dark side becomes smaller.

This Awareness indicates however, that wherein entities can feel and can visualize rather than simply create a shallow mental thought, but wherein they can experience to some degree, as though they were viewing a movie, as though they were creating this reality, --this type of experiencing and feeling adds greater energy to the effect. This Awareness indicates that lying down, entities can visualize much better than when standing up. That the conscious mind becomes more scientific, mathematical, and more conceptual and rational when standing, and more imaginative, spontaneous, and relaxed and visionary when lying down.

This Awareness suggests also that the head to the North when lying down can be of help.



Yin-Yang
Symbol

PUTTING THE EARTH IN THE CENTER OF THE SHIELD OF WHITE LIGHT

QUESTION:

Awareness, would there be any advantage in using this wrapping in white light and shielding exercise just given, imagining the earth being in the middle of it?

COSMIC AWARENESS:

This Awareness indicates that this may be done. That the action of the details of the rings as that which creates greater effort in creating the shield, but which also creates greater strength in the shield itself. This Awareness indicates that wrapping the earth in white light in this manner would tend to curtail the earth's problems within itself, so that they would not emanate out into other cultures, other planets, or other dimensions. It could also be used to shield entities on this plane from Dark Forces (on other dimensions), of other dimensions.

This may be of benefit, but it is somewhat advanced meditation for entities at this time. This Awareness indicates that those who wish to so meditate may find it beneficial and can be of great service to the earth. This Awareness indicates that in visualizing an entire planet in this manner, it requires that the entity see himself or herself as being out there in the cosmos, with a great consciousness, capable of affecting that little planet. This Awareness indicates that entities who have the ability to expand their consciousness to imagine themselves being out there in the cosmos, looking at that tiny planet earth, and having a profound effect upon it through their meditations, such entities can be of service to the planet.

This Awareness indicates however that it has greater effect and power if the entity, when making the transition back from the cosmic being to the physical being on the planet earth, can move very slowly toward that planet earth. This Awareness indicates for example, visualize yourself out in space as a gigantic being, having a nebulous body, looking at this galaxy, seeing that sun in the far edge of the galaxy, and moving closer, seeing that third planet from the sun, --the earth, --recognizing that on the earth somewhere, on that tiny speck of

dust in this universe, there is a human body of miniscule size walking around, or lying down, and that body is your smaller self down there on that planet, that little piece of dust.

While visualizing this, you move closer and you also recognize the puniness, the smallness of that planet and that dust known as the earth, and in seeing how small and puny that piece of dust known as the earth actually is, you realize the power of your own consciousness to have effect upon that piece of dust, to be able to penetrate through space, because consciousness penetrates through space, because that planet earth is but one of your nerves, and is part of your body, and you give attention to that planet earth as you would give attention to a particular nerve center on your shoulder, or to a wrinkle on your finger, whereby you can send energy, feel that wrinkle, feel that particular hair on your shoulder, or feel that particular planet known as earth. Seeing that it has been ill, you send healing energy to it, send love to it, send light to it, visualize it growing in light, advancing in spirit, advancing in evolution, seeing this occurring over a very quick and rapid span of time, within a time span based upon its own existence, not in terms of weeks to you, in terms of years to you, but in terms of its own span of time; that it improves in moments, instantaneously, which in its own time frame may be days or weeks or months, but to you it is in an instant.

Visualize this improvement, this moving toward the light, whereby this planet becomes healed. This Awareness indicates that once this has been clearly visualized, you then begin moving closer to the planet, getting smaller and smaller in size as the planet gets larger and larger in size. This Awareness indicates that as you move toward this planet, as it gets larger and as you get smaller, you must continue to hold the image of the planet moving toward healing, toward spiritual evolution, toward greater light and as you continue holding that concept and energy of spiritual evolution, you enter closer and closer toward that planet; it grows larger and you grow smaller and as you continue moving in that direction, the planet itself growing larger, continues to grow in light, in evolution, in spiritual growth and development, and you enter into that planet as a body of light growing smaller and smaller, and continuing to see the light emanating around you in that planet, as it grows larger and larger in size, until it surrounds you and you find yourself back in your physical body upon that planet.

This Awareness indicates that this will be the most profound method of visualizing improvement to the planet, but it may require repetitions and practice and repetitions and practice will reinforce the energies which are created by your efforts and visualizations. This Awareness indicates that this action can have extreme and profound effects on the planet when done properly, and when the mind is so doing, not with reflections of an egotistical accomplishment, but with the humility and recognition of both the cosmic connection and the terrestrial or physical connection.

MORE AIDS FOR VISUALIZATION:

PING PONG BALLS AND COLORED LIGHTS

QUESTION:

Awareness, one question in reference to visualization. I recall vaguely reading somewhere, that if an entity, in attempting to visualize with his eyes closed, if he moves his eyes as far up as possible, like he is trying to see the top of his head, that this can help hold the image. Is there any truth to that? Or is there any other exercise that might help?

COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative. This Awareness indicates also that oxygenating one's blood can be helpful, this through breathing and hyperventilating

somewhat. This Awareness indicates also, there is, in a recent issue of *OMNI* magazine, (this appears to be October of 1982), an article suggesting the use of ping pong balls, cut in half, placed over the eyes, with a red light outside which assists entities in visualizing. This Awareness indicates that this appears to be beneficial for some entities.

This Awareness indicates that the only drawback to this is that red lights often tend to draw in astral energies into the room where the red lights are used. This Awareness indicates that wherein entities prefer to avoid such astral energies, other colors such as yellow, which draw in mental energies and more highly evolved beings, or blue, which draw in energies of peace, or violet, which draw in spiritual energies; these may be preferred. This Awareness indicates that green draws in healing energies. Orange draws in energies which balance the emotions. That red energizes physically, but also may bring in certain astral energies of a lower vibration. This Awareness indicates that pink as a color which dissolves negative energies, and which also can be of value in imaging in the use of these ping pong balls placed over the eyes.

This Awareness suggests this as cutting the ping pong ball in half and placing them over the eyes, so that even with the eyes open, nothing is seen but the inside of the ping pong ball and the pink light outside of that shining through. This Allows for certain images to begin to appear after some time of meditation. This Awareness indicates in this particular method given in this magazine, it also suggests the sound of waterfalls to be played, to occupy the hearing, thus the eyes and ears are occupied with sounds and light that have no particular meaning after a while, and it serves as a kind of sensory deprivation that allows for a trance-like experience, visualization and relaxation to occur.

This Awareness does not recommend however, that entities of an unstable emotional or mental condition involve themselves in deep meditation, or trance activities without first taking Development Classes as given by this Awareness. This Awareness indicates those entities having stable emotional and mental balance may find much value in this type of meditation given in this magazine article.

WHY THE SUPERPOWER CONFRONTATION IS HIDDEN

(Closing Message)

This Awareness indicates that it appears that the reason for the actions occurring wherein the superpowers confront each other behind the scenes, rather than openly, it appears that this has a purpose of keeping motives hidden from the public, in recognition that if the masses were awakened, if the masses were aware of what actually is occurring, and the dangers thereof, the leaders of either country would have riots and rebellion to deal with. This Awareness indicates therefore, to manipulate mass-consciousness by keeping it asleep while other actions are implemented, appears to be the tactic which is preferred by these entities. That they consider it important that entities not be awakened abruptly before the plan and events are in motion and under control. Then of course, it would be too late for the masses to have any influence on events.

This Awareness indicates thus the shadowy figures continue their sword fighting while the city sleeps. This Awareness indicates however, unbeknownst to these entities, there is a light coming in from distant space, wrapping its rays around the planet earth, bringing a dawn, bringing an awakening to the sleeping masses, so that they too may see what is occurring. This light coming in from cosmic beings, aware, and moving closer to the planet earth as it moves into light.

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