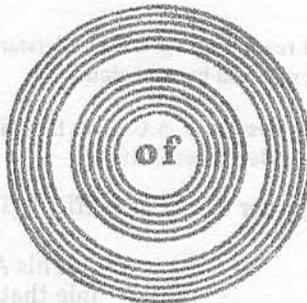


Revelations



Awareness

83-2

The New-Age Cosmic Newsletter

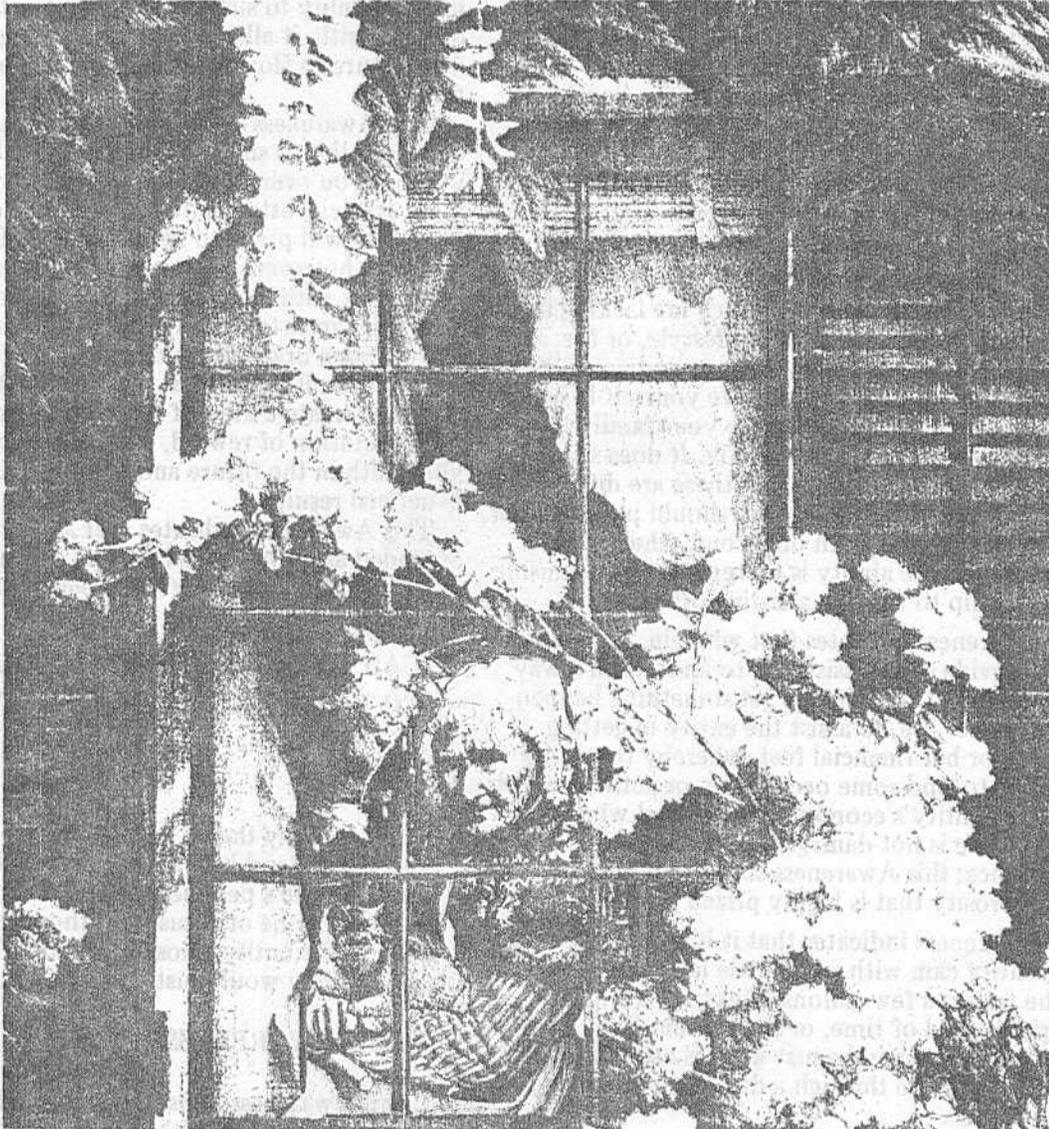
\$3.00

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people become aware)

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



Paul Shockley
Interpreter

Helping one another

IN THESE TROUBLED TIMES, COSMIC AWARENESS ASKS:

"HOW MANY ARE YOU SERVING, AND HOW WELL?"

PLEASE NOTE: for easier reading and greater understanding, Cosmic Awareness suggests that the following material be read aloud.

(Opening Message, C.A.C. Gen. Reading)
December 2, 1982

Pulling Together Through Difficult Times

COSMIC AWARENESS:

This Awareness indicates that during times of difficulties, during economic difficulties, it is often a somewhat frightening experience for entities to be unsure in regard to their future. This Awareness indicates that whereas the need for economic security becomes stronger, entities often turn toward more self-interested attitudes and away from attitudes of helping others. This Awareness indicates that to some extent, this is necessary during difficult economic times. This Awareness indicates however, there often is an over-reaction, wherein entities can become overly self-interested, and deny others the courtesy of civil treatment simply because they do not have their economic house in order.

This Awareness indicates that there are many during these times who have the misfortune to be in difficult conditions, whereby they are lacking in sufficient funds for their normal lifestyle, or for their basic necessities. This Awareness indicates that it is not suggesting that you deprive yourself in order to assist these, or that you deprive your family in order to assist others who are needy. It does suggest however, that you recognize that these are difficult times, and times wherein entities should pull together, and be willing to help each other out, wherein the need arises, and the ability is there, without it causing undue hardship to the one assisting others.

This Awareness indicates that wherein, for example, one can provide some assistance to another in a way which may help that other to get something happening in his or her life, to assist the entity in getting back to his or her financial feet, whereby the entity is then able to find some occupation or activity which benefits the entity's economic status, and whereby such assistance is not damaging to the one who gives this assistance; this Awareness suggests that this as an act of generosity that is highly prized during these times.

This Awareness indicates that it is entirely possible that an entity can, with some little leverage, such as an in the paper, a few gallons of gas, a place to stay for a brief period of time, or some other small benefit; that that leverage may be just what is necessary to help that entity to move through a difficult period, and on to better things.

For those who fear helping others

This Awareness indicates that of course, one having the ability to provide that leverage without undue loss or sacrifice; this is an act of charity and as an act which can be of great value, and carries its own reward. This Awareness indicates that those entities who fear giving such charity, assisting others during hard times because of feelings of insecurity themselves, even though that gift is not damaging in a significant way; those entities who have such fear of giving assistance to others during hard times, are setting themselves up for experiences of a similar nature.

This Awareness indicates that it is a general principle that wherein you are excessively afraid of some experience, that you tend to draw that experience to you. This Awareness suggests therefore, wherein you are capable of giving assistance to another, offering a certain degree of generosity during difficult times, it has the opposite effect of strengthening your faith in the future, of strengthening your faith in your ability to survive, and in such strengthening of your faith, it allows for greater energies of a positive nature to flow to you during those difficult times.

This Awareness suggests that this must be done in a manner that is sincere, and not artificial. That wherein you overextend your generosity to another in an artificial attempt to receive some divine reward, this often will prove to be ineffective. This Awareness indicates however, when you extend some assistance to another with a compassion for that other, knowing that you can extend this offer without any great loss to your own urgencies and needs, or without sacrificing your family or others, this generosity as that which does not create a kind of reaction of worry or concern or expectation of reward, and therefore, strengthens your faith in the future and in yourself, and has a beneficial result.

This Awareness indicates that any action which is extended as a form of generosity which creates anxiety in the giving is not likely to be beneficial to the giver.

CAN YOU DEPEND UPON DIVINE FORCES TO TAKE CARE OF YOUR DAILY NEEDS?

QUESTION:

Is it true today that if an entity is trying to remain on the path, and be a decent person, but he can't find work, he's penniless and all that; is it still true, like at the time of Jesus, that those things would be given to the entity, those things that he basically needed; they would just come to him?

COSMIC AWARENESS:

This Awareness indicates that much of this has to do with an entity's faith, but also with an entity's willingness to be moved into activities and actions which would be beneficial and serving toward the necessary ends. This Awareness indicates that for example, an entity who has an opportunity to seek an occupation which would serve those needs, but refuses to seek that occupation, refuses to look for work, or refuses the opportunity to work when it is made available, but instead, relies on faith and the belief in some Divine Source as owing or being willing to provide for the entity; this action of dependency on the Divine, when one could in fact support oneself through some reasonable effort; this generally is not rewarded by the higher forces.

This Awareness indicates that wherein one seeks something for nothing from the divine levels, even though one may have the faith that this should be given, and even though one may be vain enough spiritually to feel deserving of something for nothing, the Divine Forces seldom reward such vanity and such irresponsibility. This Awareness indicates however, wherein one puts one's life in the hands of the Divine Forces, and is willing to serve and to be used by these forces, and wherein one observes and recognizes not only the urgencies at hand for oneself, providing for oneself and one's needs and wishes, but also recognizes that there can be some value in giving something to others; this person then is of a responsible inclination and can be guided by the Divine Forces toward those situations or circumstances which will allow the entity to find a means of exchanging energy, whereby the rewards for the energy given can be received.

This Awareness indicates that entities may walk through life with strong faith, and expect handouts and make personal rules such as the pledge not to labor, but to simply move through life spreading spiritual good will to others, giving countenance and good feeling, and advice, and offering their talents and their presence, or their being to others, in exchange for material substance and nourishment,—there are many who have enough faith as to survive in this manner: simply taking handouts in exchange for charisma, personality, communication, and the action of giving attention to another through flattery, or whatever; yet these entities, even with all their faith and charisma, seldom acquire much more than is the basic level of survival, and this action generally requires more time in devotion to finding another source for another meal, or another place to stay; this action generally requires time and effort, so that even though it appears to be a life of freedom, it still is an action which receives minimum return on minimum energy given.

How to overcome the poverty situation

This Awareness indicates however, those entities who are of greater faith and are also willing to put forth energy and effort to do something for others in exchange for honest and equal energy in return, such entities have a greater opportunity and chance of receiving greater rewards for the energies which they give. This Awareness indicates that entities having no faith in their ability to open doors, or to receive rewards, or to be accepted by others will find it extremely difficult to find opportunities during these times. This Awareness indicates that such entities become easily discouraged, and even when others attempt to assist them in finding an occupation or some suitable security, the entities often move with such reluctance and such lack of enthusiasm, or assertiveness, that they lose out on the many opportunities which might come to them.

This Awareness indicates that for those who are in a situation where they do not have much skill or training for the available occupations, and whereby they are high in faith, though low in opportunity, such entities must rely largely on the realization that every moment contains within it that which is necessary for the entity's growth and fruition, and wherein the entity looks within each moment, and uses that which is available, whether this is time or energy, uses this wisely, and moves on to the next moment, again using that which is available, this entity then may recognize

that the moments, and the attentiveness to these moments can lead the entity to those things which are necessary for the growth and fruition, even though these moments do not satisfy.

This Awareness indicates that wherein such entities have dependents, and are needing to support those dependents, and have not the means to give that which they need and desire, such entities must not become victim to the belief that all is futile, but must rather determine that the efforts to find some form of sustenance for those dependents is the number one priority, and when an entity actually has reached a position in consciousness of recognizing that this is a crisis and an emergency, and the entity sets forth aggressively, assertively, to move into action, determining that: "I will find a job. I will find some suitable occupation, some help for my family", once this is determined, regardless of how hard or how many days one must walk the streets to find such, or what type of occupation the entity must find; once this is determined, the entity has essentially succeeded in the battle to overcome the poverty situation.

This Awareness indicates it occurs because the entity is *determined* that he or she would do something about this. This Awareness suggests that often, when entities find it difficult to make an honest living, rather than taking that difficult path and determining that "Regardless of the difficulty, I will go out and find a solution", entities instead may seek an easy path, such as borrowing or stealing from others, and justifying this action by saying that they simply had no choice.

When not to borrow money

This Awareness indicates that even this may have certain degrees of justification, particularly wherein there are urgencies involved that are so much greater than the small fraudulent misrepresentation that is involved. For example, wherein an entity seeking to acquire an occupation, because the entity's children are hungry, and the policy of the company which the entity seeks to work with is such as to require that the entity live at a particular area, or have an automobile or be married, or be single, or some similar requirement, and such would allow or prevent the entity from receiving that occupation: this Awareness indicates that wherein these rules are not only arbitrary for the company, but are basically without any social or redeeming value, and are simply prejudicial to the entity's needs, having no particular merit; this Awareness indicates that such urgencies whereby an entity may falsely state: "Yes, I have transportation", while implying an automobile, rather than the feet which the entity would use to walk to work; this Awareness indicates such small false statements are not significant enough to merit any form of condemnation or karma.

This Awareness indicates that *It* does not hold entities accountable for such trifling falsities that basically cause no harm to others, and which, rather, are responsible to the greater need; (in this case the children who need assistance, and can only find that assistance if you find an occupation to supply the funds necessary.) This Awareness indicates likewise, during times of war wherein an entity must falsify, stating that he or she does not know this person, when in fact he or she *does* know this person, or knows the location of one, who if found would be killed; such falsities are not seen by this Awareness as being sins, are not seen as carrying karma.

Little white lies--do they carry karma?

This Awareness indicates that while there is nothing wrong with borrowing from others, wherein one does not see any way of returning that which is borrowed, it becomes questionable ethically as to whether it should be borrowed. This Awareness indicates in an extreme emergency, this may be ethically alright, but wherein one has not made a supreme effort to find suitable employment, or ways of sustaining oneself in a legal and honest activity, then it is questionable as to whether an entity should borrow, when knowing that he or she cannot pay that back. This Awareness indicates that it would be better to simply beg or ask for free handouts.

This Awareness indicates that the key has to do with one's motive and intention, and the message conveyed to any other involved. Wherein the action does not misrepresent the facts as the entity sees them, then it is an honest dealing. Wherein an entity misrepresents facts in order to manipulate the other to respond in a particular manner; this then is a fraudulent dealing.

This Awareness indicates that to falsify information in a manner which would prevent suffering, whereby the falsification of the information prevents greater suffering than the release of the truth; this Awareness indicates that this does not carry a negative karma. That in fact, releasing information that could lead to great suffering for another may carry greater karma. This Awareness indicates this of course may be modified according to the individual circumstances. Wherein an entity is protecting one who is a criminal, who has created great suffering or who may create greater suffering by the protection; this of course may carry karma for the one so protecting that individual.

This Awareness indicates that during these difficult times, entities must make some allowance for the infractions that others may force upon each other in reference to friendship and relationships wherein entities are under duress, under urgent circumstances or difficulties, whereby they may lean excessively on their friends or relatives in a manner that is not particularly pleasing or proper. This Awareness indicates that those who prefer not to excuse others during such times, or to forgive and forget such infractions, have the right to avoid such forgiveness, yet it does reflect on an entity's intolerance and self-righteous attitude to be intolerant and less accommodating during these difficult times.

ED's Note: for more information on how to handle unemployment, please refer to 'Revelations of Awareness No. 81-19 (How to Handle the Loss of Job); \$3.00 from C.A.C.

TWO WAYS TO SERVE OTHERS:

(Work alone or organize)

QUESTION:

Awareness, once you get beyond your own immediate circle, of you sort of keep an eye open and do what you can in your immediate circle, and you think that it would be nice to make yourself available in one way or another; but the mass is so overwhelming,---there's *so much need* once you get beyond those you personally know. Is there some way to be more effective in this greater area?

COSMIC AWARENESS:

This Awareness indicates that the more intimate one's relationship is with another, the closer one works with another, the more demanding the energies are, until those entities in close proximity have similar purposes and directions which are compatible to each other and which make allowance for each other's differences. That wherein one brings within a close proximity, an entity whose activities are diverse and in conflict with one's activities, this can become an extreme energy drain, whereby great attention and energy must be given to that entity so long as the entity is in proximity.

This Awareness indicates that therefore, entities who wish to serve others should either work alone, or work with those who are quite compatible, having similar purposes, directions and energies, and who have the respect to allow each other to have their privacy in different areas, as is necessary. This Awareness indicates that this is in relation to the setting, whereby an entity works with others in a close proximity. This Awareness indicates that in this kind of setting, one cannot have a large number of people involved, and still expect to be of service to them.

This Awareness indicates that in order to work with groups of entities, the group's activities must be organized in such a manner as to focus on the group's purpose and dispense information, or gather information, or direct the energies of the group, or collect the energies of the group according to the purpose of the group. This requiring an organization or system, or method, whereby the group's energies can be coordinated according to its purposes. Without such organization, the group will simply be a mob of energies, working in different directions for different purposes, cross-currents, and in crossing each other's energies, will become diffusive.

This Awareness indicates that therefore, in attempting to assist a group, one must organize some format, some program, some kind of focus and purpose whereby the energies can be coordinated. This Awareness indicates that this group of course, may be in close proximity to the other, and yet the energies may still be coordinated and channeled. This Awareness indicates that for those masses of entities 'out there' who have no close proximity or contact, for those entities who have needs, who have personal requests and desires; the need to organize is still present, yet the organization is that which must be on a scale which the entity who would assist the masses can personally handle, or can handle through the delegation of duties and information through agents or others.

This Awareness indicates that this may mean a kind of bureaucracy, or this may mean a smaller activity which can be handled by the individual himself. This Awareness indicates that wherein the communications or services can be attended, such as through printed material, or through material of verbal nature, as telephone messages or tapes, or through music, or whereby other means such as television and other communicative systems carry the energies, services and messages to these masses; this kind of organization can reach greater numbers than the meeting hall, or close proximity meetings.

This Awareness indicates however, the communication as being less personal, and more abstract, whereby the individual receiving such information must apply this to himself personally, according to his or her interpretation of the material. This Awareness indicates in the close proximity of relationship with another, such as at a meeting, or in living with that entity, the interchange of information

is much greater, and the quality of assistance given between such entities is greatly increased.

This Awareness indicates that in recognizing your ability to be of assistance to others, you must recognize the differences between assisting from close proximity, or assisting through distance, such as through the written word or the message relayed by carrier or agent. This Awareness indicates that the closer one is, the greater the quality of assistance one can give. That the more numbers one wishes to serve, the more one loses quality, and quantity then becomes the greater. That quality can be sustained in part, according to the material given, and the quantity can increase, though the quality may decrease as entities help those at a greater distance.

Levels of service and training

This Awareness indicates however, that wherein there are more involved, such as ministers, or agents involved to pass on that quality, and work directly with others at a distance, this can allow the quality to remain high, while also increasing the quantity of persons served. This Awareness indicates that this can become a more ideal means of serving others. This Awareness indicates also that one may wish to consider the types of services given in reference to the quality. For example, an entity in serving others, may shine their shoes or trim their hair, or the entity may give spiritual counseling or schooling, or nursing, or may in some way help the entity to become healed: mentally, physically, emotionally or spiritually, and may also help the entity to become skilled in serving others. That these levels of service and training are of a higher quality than the teaching of another to shine shoes, or to clip hair. This Awareness indicates that this is not to imply that it is not a good occupation shining shoes or clipping hair, but rather that the quality of training which one may give to another must be considered if an entity wishes to be concerned about the question: "How many have you served, and how well?" The 'how well' part of the question can imply a quality related to teaching others to serve others well, and such service must include actions of healing and teaching to expand the quality of that service.

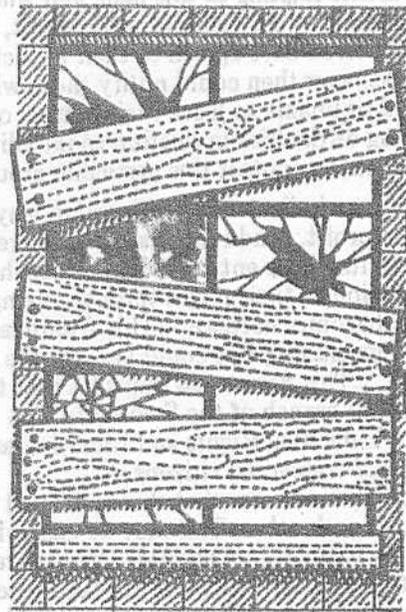
What Awareness would like to see done

This Awareness indicates that even though one might teach millions to shine shoes and shine them well, this is not necessarily the sign of great success in terms of the accomplishment which this Awareness would like to see. This Awareness would like to see entities training others to train others to train still others to serve each other, and serve each other well, and that this training may occur through organized action, through distances and with great quality. This Awareness indicates that entities must begin where they are, first in their own local area, and when this is of a certain quality, they may then expand and give service to more remote areas, or through more remote means of serving.

This Awareness indicates that entities who simply go out into the jungle to serve others may find themselves eaten alive. That entities who create a setting for such service and extend the service outward, whereby the jungle may be drawn to those services, and when ready, may be drawn still closer into higher quality of service, and when ready, may be taught how to also and likewise give service; *this* is the approach which this Awareness suggests.

This Awareness indicates that to decide that you are going to go out and serve others can be disastrous. That the energies which you encounter may be of extreme negative quality, destructive to your efforts. This Awareness indicates that you simply cannot move out into the masses and be of service. You must have privacy. You must have a place where you can reach out very carefully, and with the energy which you yourself choose to dispense and to give, and not the energy which others would like to take from you.

This Awareness suggests in giving service, it is to be given as a gift, rather than to be taken from you because someone needs your energy. This Awareness indicates that your manner of serving others should be managed by a system or organization in such a way as to allow you to give your energy according to your ability, rather than according to the demand for your energy.



COSMIC AWARENESS SUGGESTS A PROGRAM TO HELP THE ELDERLY

(Another branch of SPIRAL)

QUESTION:

Does Awareness have any suggestions for entities who would like to do something about the older people? There are some really, literally horror stories that appear in the papers about older people, many of them older ladies living by themselves with no income, who are retired, or infirm, and frightened to go out because of the violence out there in the streets. Many of these people are going hungry, their house is without heat because the light company turns off their power cause they can't pay their bills. There's stories of these elderly entities actually found frozen to death; there's stories of people who have tried to heat their room with charcoal burners, and things like that and die from carbon monoxide poisoning... all sorts of this type of thing, particularly among the elderly people. I was wondering if Awareness had any suggestions how these entities might be helped, like in one's own neighborhood, or in a member's neighborhood, for example.

COSMIC AWARENESS:

This Awareness indicates that this of course as being difficult in a specific sense, for some of these entities would be frightened of, and suspicious of the help which entities could give. This Awareness indicates others will be grateful. This Awareness suggests that it appears the best approach would be for entities to form some type of program which could be nationwide, but which could start from each community and spread; this being started by individuals who have the inclination to do so. That an individual so desiring could simply contact the local newspaper, expressing concern about the elderly in the city, and suggesting that they would like to call a town meeting for others who would like to join in activities of helping these elderly persons, to organize a program whereby they could assist in shopping, and checking in on these entities on a regular basis, and suggesting that the newspaper write up an article relating to this plan, and when the meeting is held and details are worked out, and the entities involved have agreed to their particular roles, the newspaper then could notify those who are frightened or unable to leave their homes, or who are having difficulties in relation to mobility, or heat and such; to contact this particular group.

This Awareness indicates that this group may become a non-profit, fund-raising action, whereby they seek help for those entities who need such, and may call attention to their plight through the newspaper, if that becomes necessary. This Awareness suggests that essentially, this could become the beginnings of.... This Awareness indicates that this could be another branch of the Society for the Protection of Individual Rights and Liberties, as a kind of union of concerned citizens.

This Awareness indicates that this as likened unto looking out for each other. This may be called by whatever name entities may choose. This Awareness suggests that SPIRAL, the Society for the Protection of Individual Rights and Liberties as that which could be appropriate. This Awareness indicates that there can be other names also.* This Awareness suggests however, that this be a branch of the Society for the Protection of Individual Rights and Liberties, and that entities may choose to have a particular name or an incorporation name if becoming non-profit. That this can be determined according to other considerations.

HOW TEENAGERS CAN HELP--ALSO EARN

This Awareness indicates that there is also seen another program of a similar nature, whereby teenagers can assist elderly persons. That this in terms of shopping and housecleaning, whereby the elderly person pays a fee for the teenager to come and assist. This Awareness indicates that this can be an organization wherein those teenagers involved are hired and checked out for honesty and for sincerity, and that this can be a way whereby these teenagers can make some extra money while attending school, and whereby the elderly can have some assistance that is not too expensive.

This Awareness indicates that this of course cannot serve all of the elderly, particularly those who do not have any money for hiring such assistance. This Awareness indicates that in this case, the assistance would need to be voluntary, or be paid by some organization from funds which are made available by that organization.

QUESTION: (Comment by energizer)

That sounds like a good idea, and there's a lot of SPIRAL groups now that might be able to get something like that started, or at least start promoting the idea so others can get it started.

COSMIC AWARENESS:

This Awareness indicates that the SPIRAL groups which are promoting messages at this time may extend their messages to include suggestions of this nature, and may also find that in the future their material includes notices of a local nature in relation to what is occurring with these groups. That the local groups which are established as part of the SPIRAL network to assist these elderly people; these may also put out their local newsletter to these elderly persons, being such as to assist them in getting acquainted with each other, keeping up with the news and knowing what is occurring in their community, and also giving them telephone numbers, or relaying messages from these elderly persons to those places which need to be contacted.

This Awareness indicates that meanwhile, the present SPIRAL organizations which are expressing news, as that which continue in their action serving as a kind of general switchboard for these more local organizations. This Awareness sees that in a not too distant future, if these groups can continue to survive and grow, that the SPIRAL networks may begin to merge closer together with computer terminals, whereby they can communicate with each other over telephone lines, relaying messages, printing messages in newspaper format in various areas throughout the country, so that it eventually may develop into a news network. This Awareness indicates that this of course will require considerable money which is not presently available to these organizations. This Awareness indicates however, the action of growing and giving service, whereby local activities such as serving the elderly, whereby these SPIRAL groups can grow and develop these services; this in itself will begin to bring about feedback of energies to these SPIRAL organizations so that they in turn begin to receive more energy in return for that which is given, and from this energy these groups may grow and develop greater financial assets for their more rapid growth.

This Awareness indicates the SPIRAL action as that which serves also as a pattern for growth of these organizations. This Awareness encourages entities to start their own SPIRAL organization according to their ability and according to their interest and inclination in this direction. That these need not be incorporated. This Awareness suggests that the organizations of a non-profit nature to accept donations for helping these elderly,--such organizations may be incorporated under whatever name, and may in addition become members of the SPIRAL network.

This Awareness suggests that you not necessarily incorporate the SPIRAL name. This Awareness suggests rather, that this be left available to all to use. That the Society for the Protection of Individual Rights and Liberties not necessarily be incorporated, but remain unincorporated.

* ED's Note: C.A.C. members, or others, who would like to start a SPIRAL organization which prints and disseminates news which is not found in most newspapers or media, should contact SPIRAL Report, PO Box 8023, Lincoln, Nebraska, 68501. (Enclose \$2 and request the booklet, "How to Start Your own SPIRAL.") With Dr. Beter now on a Sabbatical, it is even more important that more and more SPIRAL groups sprout up and begin informing the masses of what is going on behind their backs as they sleep their lives away. (Awareness has indicated numerous times the Beast can be prevented from setting up its rule on this planet IF enough entities can become aware before it is too late.) It is not yet too late.

In reference to setting up a SPIRAL branch devoted to keeping an eye on the elderly, Vicki T. and your editor have discussed this idea quite a lot since it was channeled in December, and we both feel it is an idea whose time has certainly come, and it is a service vitally needed in most every neighborhood in the country, and there are many C.A.C. members who have the energy, the awareness and

the desire to serve others in this manner. Vicki T. came up with what I feel is a pretty good idea for a name for this type of organization, which is:

S.O.S. (Seniors' Outreach Service)
A division of SPIRAL (The Society for the Protection of Individual Rights and Liberties).

Such a title quickly identifies it as a service organization for senior citizens, as opposed to a SPIRAL which specializes in printing up news items. Also, the acronym S.O.S. is universally recognized as a distress signal, which is really what many of our senior citizens are trying to cry out in order to be rescued or attended to. We hope the membership will give this whole idea some very serious thought. We would like to hear from those who get something going and will forward the information and ideas on to others, including the various SPIRAL groups.

Vicki says 'S.O.S.' could also mean 'SAVE OUR SENIORS!'
(Avaton)

500,000 will have no heat on Christmas

WASHINGTON (AP) — Half a million Americans will be cold on Christmas because their gas heat was shut off when they could not afford to pay their bills, the Citizen-Labor Energy Coalition estimated yesterday.

The coalition estimated that 175,000 homes in 20 states are without heat because of nonpayment of bills.

The estimate, in a report entitled "Christmas Without Cheer," is based

on a survey conducted during the first two weeks of December.

The organization, a coalition of 300 labor unions and community groups which campaigns for maintaining government controls on energy prices, said the figure may actually be conservative.

Only the 56 percent of U.S. households that are heated with natural gas were included and many homes that

would be heated through other means are also cold, the report said.

"Gas utility shut-offs have reached crisis proportions in many parts of the country," the report said. "Rising gas costs, increasing unemployment and inadequate energy assistance funds are making it impossible for a growing number of households to pay their heating bills."

Laws against shut-offs

Robert M. Brandon, executive director of the group, urged utility companies and state officials to work together to halt further winter shut-offs and to reconnect homes which have been disconnected because of unpaid utility bills.

It said only five states — Connecticut, Massachusetts, Maine, New York and Montana — have regulations adequate to prevent shut-offs during the winter and to require reconnection of service prior to a new heating system.

Seattle Post-Intelligencer, Friday, December 24, 1982

Reagan causing hunger

WASHINGTON (UPI) — America is facing a resurgence of hunger because of Reagan administration cutbacks in federal food programs, nutrition expert Jean Mayer said yesterday.

"With the steady hacking away at food programs, we are seeing hunger reappear in the United States," Mayer said during an interview on CBS' "Face the Nation."

"Simple economic calculations show that there is a growing number of people who cannot literally afford what nutritionists consider to be a minimal diet," he said.

Mayer, who is president of Tufts University, described as "penny-wise

□ *In numbers not seen for half a century, jobless Americans are homeless — sleeping in tents, parks and church basements. Page C-12.*

and pound-foolish" proposals to reduce federal spending on food and nutrition programs.

"Of all the foolish ways to save money, not to feed people — particularly at a time when we have (food) surpluses coming out of our ears nationally — seems to be one of the most short-sighted," he said.

Shifting the food stamp program to the states, as the Reagan adminis-

tration has proposed, would be a bad idea, Mayer said, because money problems make the states "the least capable at this point of taking over a program."

Mayer said the Agriculture Department "has been in full retreat" from efforts begun under a 1969 White House conference to establish a national nutrition policy.

"We have no nutrition policy at this point in the United States," he said, adding that dietary guidelines drafted by the 1969 White House conference on food, nutrition and health "have been ignored."

Mayer said plans to rescind the

For one with little, this man had a lot

By MARCIA VALENTINE
Free Press Staff Writer

Though John Ballo was as sharp as a tack and had a character to match, he never was able to keep a job and rarely had a dime in his pocket, according to his friends.

He died penniless Monday at Detroit Receiving Hospital, shot during a robbery in an upper flat in Detroit where he lived with his brother, Sam, his only survivor. He was 50.

But if his friends have anything to say about it, John Ballo's passing won't go unnoticed. About 200 of them, who have kept a close-knit relationship through the years, reminisced Thursday evening as they packed the chapel of the Schnaidt Funeral Home in Royal Oak and collected more than \$3,500 for their friend's burial.

"FOR A MAN who accomplished very little in his lifetime and was faced with constant calamity, he had a certain charisma about him," said Nick Krust of Highland Park, a longtime friend and co-owner of Ginopolis, a restaurant in Greektown. "He was a legend in Highland Park. He didn't need money. Everyone loved him. He had nothing to offer but his friendship. No matter how long you lost sight of him, John was always there when you needed him."

Ted Zegouras of Highland Park, another friend and co-owner of Ginopolis, said Mr. Ballo attended Wayne State University but quit shortly before graduating. He said that when Mr. Ballo needed money, he worked occasionally as a bar bouncer, a teacher and an insurance salesman.

"He was a beautiful man," Zegouras said. "He did nothing for most of his life, but he marked a lot of people's lives. He was the kind of the person you loved the first time you saw him. He could be tough as nails but, yet, was the politest guy in the world."

Services will be at 10 a.m. today at the family plot his father purchased years ago and below the tombstones his friends provided in the Assyrian Cemetery in Flint.



The Judgment of John Ballo

...Out, out, brief candle?

A MINISTER OF COSMIC AWARENESS IS MURDERED IN DETROIT:

How many did he serve, and how well?
(HOW THE LIGHT IS CARRIED AFTER DEATH)

QUESTION:

Jack Katchmar has a personal question, but it seems to be an aspect on the information Awareness gave in the Opening Message about entities who are out of work. I'd like to read a little of this. It concerns a friend of his who was recently murdered.

"Did this obituary on John Ballo symbolize a Christ-like life, or a bum failure-type life as many in the system say? Cosmic Awareness, this obituary on John Ballo, who Cosmic Awareness said was Alexander Hamilton in a previous lifetime, appeared in the Detroit Free Press today, November 20th, the day we buried John Ballo. Since John Ballo was a minister of Cosmic Awareness, I will quote the key parts of this obituary, because it reflects perfectly the lives of 99% of God's Light Workers here on earth, who, like John Ballo and Jesus Christ, never had a dime, and had nothing to offer but their friendship." *

*ED's Note: That statistic is Jack Katchmar's opinion and one he can not substantiate.

And he quotes from an article in the Detroit Free Press, which I shall read, called:

"For One with Little, this Man Had a Lot".

"Though John Ballo was as sharp as a tack, and had a character to match, he was never able to keep a job, and rarely had a dime in his pocket, according to his friends. He died penniless Monday, at Detroit Receiving Hospital, shot during a robbery in an upper flat in Detroit, where he lives with his brother Sam, his only survivor. He was 50. But if his friends have anything to say about it, John Ballo's passing won't go unnoticed.

"About 200 of them who have kept a close-knit relationship through the years, reminisced as they packed the chapel of the funeral home in Royal Oak, and collected more than \$3500 for their friend's burial. Nick Krust, a longtime friend and co-owner of Ginopolis, a restaurant in Greektown, said "He was a legend in Highland Park. He didn't need money. Everyone loved him. He had nothing to offer but his friendship. No matter how long you lost sight of him, John was always there when you needed him."

"He was a beautiful man," Ted Zegouras, another friend, said. "He did nothing most of his life, but he marked a lot of people's lives. He was the kind of person you loved the first time you saw him. He could be tough as nails but, yet, was the politest guy in the world"

Now Jack Katchmar says: "Cosmic Awareness said in the 'Revelations of Awareness No. 82-13: "This Awareness indicates there have been also situations wherein regardless of how much an entity might attempt to do good for others, the rewards for such services were denied, this due to certain forces on the inner plane to inhibit, retard, hold back that entity's performance, ability, capacity to do good."

"Many of Ballo's friends", says Katchmar, "thought this obituary on Ballo was an insult, by making it appear that Ballo was a worthless bum and beggar. I told them it was a classic obituary, because if you substituted the word 'Christ' for 'Ballo', you would have the exact type of obituary that would have been written in America today, if a black man walked in and murdered Christ in the privacy of his own humble home.

Katchmar continues: "Christ never had money to offer anyone. Christ only had his friendship and love to offer, like Ballo, and 99% of God's Light Workers on earth today. Please tell us if Cosmic Awareness considers John Ballo's life a Christ-like life, or a worthless useless jobless bum financial failure life, as many who now control America proclaim."

COSMIC AWARENESS:

This Awareness indicates that this entity, John Ballo, as having been made a minister of this Awareness some time back,—this approximately 15 years ago. This entity as having served his ministry quite well. This entity as having given of himself to many. This entity as having served many, and having served them well, over a long period of time, even during very difficult times wherein he himself had little to give. This Awareness indicates that the entity, in this lifetime, by his presence, by his attentiveness to the needs of others, by his concern for their welfare; this entity as having touched many and as having inspired many, and as having given directions to many during times of crisis in their lives.

This Awareness indicates essentially this entity as having been a minister of this Awareness, and as having so served this Awareness, the entity has now moved into Essence, wherein he is preparing for a new role. This Awareness indicates that in reference to the particular manner whereby this entity was removed from this plane; this as having been brought on by those forces associated with that symbolism or energy known as Ahriman. That this is not the first Light Worker to be so removed. That the forces of Ahriman essentially would like to remove other Light Workers from this plane.

This Awareness indicates that it is for this reason that this Awareness has indicated that the most important thing entities can do to defeat the Ahriman forces is to remain alive, and to continue holding the Light.

This Awareness indicates however, there are those who have passed over and in their passing over, they also have had profound effect on the inner planes, whereby the Ahriman forces, having to deal with them on these inner planes, are also discovering that many of these who have passed over, continue to bear their Light and to usurp the Ahriman forces and powers on these inner planes. This Awareness indicates that the entity Alexander Thompson Jr., having passed over, as one who experienced a terrific battle with these

forces after having passed over, and this entity as having assisted in alerting many on the inner planes to the falsehoods and the deception which had been planted in these areas in these inner planes by the Ahriman forces.

This Awareness indicates that the entity John Ballo as having moved more quickly into Essence, and the Clear Light, and that this entity as being prepared for another journey. This Awareness indicates the entity Alexander Thompson Jr., as also now in the energies of Essence. This entity as being in some communication with John Ballo. That these entities are not closely acquainted as of yet. This Awareness indicates that there are others Light Workers also who have passed over, and wherein this occurs, it is having a profound effect on the inner planes, straightening out some of the mismanagement that has occurred therein.

This Awareness indicates that essentially, the loss of John Ballo on the earth plane as being the gain of John Ballo in the plane of Essence and in future activities wherein this entity shall return with greater power to do good than he experienced in this life. This Awareness indicates this entity having entered into this particular life without any particular cause other than to observe and discover and to work out certain karma from past experiences. The entity as having done so, was ready to remain or to move on. The entity not having suffered greatly in the transition.

This Awareness indicates the greater suffering as experienced by those who lost a dear friend.

FOR THE ANSWER:

'Look to the lillies of the field'

QUESTION:

Then John Ballo is an example of an entity who doesn't necessarily have a particular goal or trade in life, but manages to survive and to proceed through life without these things because somehow they are given to him because he shares himself with others. Is that correct?

COSMIC AWARENESS:

This in the affirmative. This Awareness indicates this relates to the statement of Jesus, wherein he indicated "that you look to the lillies of the field, see how they toil not." This Awareness indicates that this entity as having great faith in life, in Divine Forces, and as one who could move from moment to moment, from place to place, from friend to friend, giving of himself and his attention and his love, and in return was given love, and that kindness and sustenance needed to allow him to move on and repeat the action with others.

The give and take, and sharing, which this entity offered in his life, as that which was reflected to him in the love which was expressed at his loss.

ED'Note: John Ballo went through the Cosmic Awareness Development Classes in Detroit and became an ordained minister of Awareness during the time of Servants of Awareness organization. Ironically, he was also shot and killed during that lifetime as Alexander Hamilton.

For more information on violence and murder, and its real motivation, please refer to 'Revelations of Awareness' No. 82-20 (The Murder of Christ); \$3.00 from C.A.C. For more on Ahriman, please refer to No. 80-24 (The Forces of Ahriman—a Special Report); \$4.00 from C.A.C.

IF UNEMPLOYED: HOW TO KEEP YOUR SELF-RESPECT

(A MESSAGE FOR THE SPOUSE)

(Closing Message)

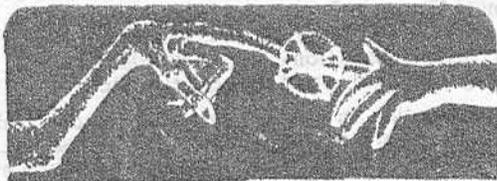
COSMIC AWARENESS:

This Awareness indicates that wherein entities during these somewhat difficult times find themselves getting on each other's nerves, whereby an entity is unemployed, or not earning enough; this Awareness suggests that it is important that rather than tearing down each other's self-image, that entities help to prop each other up, to give encouragement, to express faith in each other. This Awareness indicates that wherein an entity loses his or her job; if the partner expresses a feeling, or insinuates a feeling that the entity is not worth anything because the entity is not working; this only helps to create a greater problem for the entity, for the entity must overcome that sense of worthlessness before even being able to seek a job.

This Awareness indicates that it is important to assure the partner that you recognize the difficulties, that you recognize also the capacity and worthiness of your partner. That wherein the entity seeks a job and does not get the job sought, that you be sure to not blame your partner, but rather to assure your partner that it was not his or her fault, but rather it must have been something else, and "there is surely another opportunity which will be better suited for you."

This Awareness indicates that the encouragement of each other, and the recognition of each other's anxieties as that which must be shared during these times. This Awareness indicates also a willingness to listen to each other's anxieties is important. That you must not necessarily fulfill each other's expectations, but you must be willing to listen to each other's frustrations, anxieties and expectation. This Awareness indicates that just talking about these feelings and frustrations can often discharge the energies, and the relationship then may be cleared up, but when an entity feels inhibited about talking, for fear of upsetting the other, then the energies simply continue to build, and will lead to frustrated communications.

This Awareness indicates therefore, communication during these times, respect for each other, and recognition that you are not required to fulfill each other's complete wishes or desires, you are only required to do what you can, with what is available; this realization as that which can allow each of you to keep your self-respect and to feel free to express your frustrations without threatening each other, or feeling threatened by the other.



The web of conspiracy.....

THE OTHER SIDE OF E. T.

(The Extra-Terrestrial)



QUESTION:

A question from D.A., Minneapolis, Minn.

"Is this fascination with E.T. *The Extra-Terrestrial* (referring to the current movie), part of a plot to get entities to easily accept the UFO entities who are working in collaboration with Ahriman? It seems to me that E.T. quite closely resembles the creations in *Close Encounters of the Third Kind*, which Awareness has already said were modeled after the beings created by the UFO entities, using cow parts, the cow mutilation specialists.

"Now it seems that everyone and his brother has seen this movie, even the adults, who did not really want to see it in the first place, but took their children to see it, and ended up falling in love with E.T. Also, there has been a few pamphlets issued that state the life of E.T. (as represented in the movie) directly parallels the life of Christ: coming down from the heavens, healing with touch, being killed and then resurrecting, ascending back to the heavens and so forth. I'd like to ask Awareness if this attitude, that extraterrestrials are "cute and harmless", is going to aid this Ahriman character in his plan for world domination, and does he have plans to refer to this movie; and, was Steven Spielberg being used as a tool of the Dark Forces to channel this movie's script?"

COSMIC AWARENESS:

This Awareness indicates that this generally as being accurate throughout. This Awareness indicates that it, however, should not be recognized as something which is inherently evil. It is simply part of the action to bring forth the Ahriman energies on this plane, that which is necessary for humanity to evolve to the next stage, whereby humanity may then traverse the different dimensions of the universe. This Awareness indicates it is essentially necessary for Ahriman to be part of human consciousness, to come forth as a reality in this plane, whereby entities can know this force for what it is, rather than as some vague concept of evil existing, which may or may not be recognized.

This Awareness indicates that wherein entities can become acquainted with, from first-hand experience with the force of Ahriman, then entities will have a new dimension of understanding of the cosmic energies which are playing with their lives. This Awareness indicates essentially, this Antichrist energy as that which entities will soon become more familiar with, and have greater understanding of these energies.

The Light-Bearers need not fear Ahriman

This Awareness indicates that even though it may be a painful and somewhat frightening experience for entities, it also can be of great necessity that entities move through and experience these energies. This Awareness indicates those who are already moving in directions of the spiritual, those whose lives are emanating the Light need not fear the Ahriman energies, but need to continue holding the Light and moving on the path of spiritual development.

This Awareness indicates that those holding the Light must not waver, must not fear, or the Ahriman energies can enter and create havoc in their lives. This Awareness indicates that holding the Light of spiritual development, Love, and Mercy, as that which does indeed protect entities from this force of Ahriman, and does indeed lead entities out of the chaos which can affect their lives.

This Awareness indicates that during the next 20 years, many many changes will occur, and the earth will no longer be the same after this transition. This Awareness indicates those who are holding onto the old ways will be left behind as laggards. Those who can move and change, and move into activities of serving others, and staying with the Light, remaining loving and merciful in their affairs with others, remaining clear: these entities will survive and move in prosperity, and in happiness, into the new society.

ED's Note: this allegory of E.T. appearing to do the same miracles attributed to Jesus, does indeed parallel the scenario for the antichrist as depicted in the Book of Revelation. Much of this is outlined on page 24 of 'Revelations of Awareness' No. 82-24 (The Forces of Ahriman); \$4.00 from C.A.C.

If spirits appear in your meditation...

JUST FOCUS ON THE DIVINE LIGHT

....(How to avoid fear in meditating)

QUESTION:

A question from J.C. in Maryland: "Sometimes when I am meditating, trying to contact the inner forces, I have a feeling of fear come over me, I guess like I'm afraid I *really will* contact and reach someone, or something. Is this anything to worry about, or only my imagination, or how does one overcome this?"

COSMIC AWARENESS:

This Awareness indicates that in your meditations, you should be extremely cautious not to seek to communicate with spirits. This Awareness suggests rather, that you focus on the Light. This Awareness suggests that if you have any background in Christian philosophy, that you may consider this the Christ Light. This Awareness indicates that wherein you hold any concept as the Divine, that you consider this Light as the Divine Light. This Awareness suggests you avoid communication with spirits inbetween the Divine Light and yourself. That if spirits should appear, if images should appear, if beings should appear while you are focusing on the Divine Light, these entities will be friendly to that Light, for no hostile being can remain in the Divine Light.

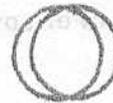
This Awareness suggests that after such contact, if it does occur, after such contact is made, that you not forget the Divine Light, and simply continue communicating with that particular entity, but rather that in your meditations, when you communicate with the entity, you always keep the Divine Light present also. This Awareness suggests that the Divine Light be the priority, or prime objective of your meditation. This Awareness suggests also that you may wish to wrap yourself in Light before meditating. This Awareness suggests also lighting a candle.

The lighting of a candle, and saying the *Law of Love* will prevent any negative forces from entering

your sphere. This Awareness indicates that wherein you feel any fear, that you call upon the name of those whom you hold most high in terms of spiritual qualities, this being a Divine Name, or the names of those whom you hold most dear in your present life. In the power of these names you may prevent fear from entering into your meditations.

THE LAW OF LOVE IS REVISED

(Again)



October 8, 1982

QUESTION:

Here's a good question from J.S. of Olney, Illinois. He writes: "I would like to ask a question about the *Law of Love*, this pertaining to "the feeling for others". Should this be "the feeling of others"? When "for" is used, it indicates our own feelings, which we are already pushing, and usually expressing upon others, this meaning both ways, expression and repression, or a judgment. When "of" is used, it indicates the other's feelings, which we have little sensitivity to, thus, this "of" would automatically include the *Law of Mercy* in the *Law of Love*, while the "for" leaves an outside in the *Law of Love*, a *Law of Mercy* to be added to and not included in the *Law of Love*." He says: "I was just wondering about this for some time."

COSMIC AWARENESS:

This Awareness indicates this point as that which is appropriate. This Awareness indicates that this has been typed in various ways whereby entities have inadvertently used the term "for" in place of the term "of". That essentially, this being more appropriate. This Awareness indicates that this *Law of Love* as that which has evolved with many alterations, whereas the other Laws given by this Awareness have essentially remained the same. This Awareness indicates that the *Law of Love* appears to be that which is of such a nebulous wording that it can bring about different ideas or interpretations from different entities.

This Awareness indicates that therefore, it continues to be revised occasionally when it appears that an interpretation has caused some problem. This Awareness indicates that in the earlier versions wherein the *Law of Love* stated: "Resist not evil", there was much hostility from certain Christian organizations who read that, even though it was Christ who first made that statement. This not being recognized by these entities. Therefore, this Awareness suggested the *Law of Love* be altered, and the word "evil" be dropped, so that it simply says: "Resist not".

This Awareness indicates that *It* later suggested the *Law of Love* be altered to include the line: "Love follows the path of least resistance". This Awareness indicates that this then has been interpreted by some as meaning that entities should not follow any path that is difficult or strenuous, or has any resistance, if they are to be loving. This Awareness indicates that *It* therefore suggests that in order to avoid use of this *Law of Love* by some entities to serve as an excuse for lying back and doing nothing, this Awareness suggested this line be altered to read: "Love is the course of least resistance".

This Awareness does not suggest that entities must go through all of the material, searching for this *Law of Love* to make corrections, but suggests that entities in future quoting or reference to this Law include this change.

THE REVISED LAW OF LOVE

QUESTION:

Does Awareness have a closing message?

COSMIC AWARENESS:

This Awareness suggests that the *Law of Love* is that Law which places the welfare and the concern and the feelings of others above self. The *Law of Love* is that close affinity with all forces that we associate with as good. The *Law of Love* is that forces which denies the existence of evil in the world; that resists not. Love is the path of least resistance.

THE UNIFIED STATES OF AWARENESS

...Will 1983 see that seed begin to sprout?

(From a C.A.C. Gen. Reading)
December 4, 1982

QUESTION:

A question from G.K: "Would Awareness please comment on this thought? It occurs to me that a large measure of the previous failure of the Unified States of Awareness to take-off and crystallize into the government of the future, was simply because its foundation was built upon too small a base. Now, with new C.A.C. members, and a different spiritual atmosphere in this country, is it advisable for C.A.C. members, perhaps in conjunction with the Aquarian Church, to organize themselves into meditation groups, and as each group reaches 12 members, to elect not a leader, but the most loving servant of humanity from each group, who will contact other such servants in their region, who, when they reach 12 in number, they will elect their most true lover of love to represent them, and so on.

'And as a practical aside, as each group exceeds 12 members, that at around 18 members to 20 members, that they split into two groups; (we're talking about the base meditation/service groups), retaining the one previously elected servant, plus as the new split-off group reaches 12 or 13 members, they elect their own representative who thus broadens the base and whose elected representative is on par with the originally elected representative etc. "

Could Awareness comment on that suggestion?

COSMIC AWARENESS:

This Awareness indicates that this as the appropriate direction for this to occur at this time. This Awareness indicates that in the initial action, it was necessary that a seed be planted. The seed as having a particular time for being planted and a particular pattern, and this pattern and this time was given and presented to the hole in space at York, Pennsylvania, on July 7th, 1977. This Awareness indicates that it is now possible for this to begin growing from the other points around the nation, where this seed sent off runners, set off sprouts which took root in consciousness.

This Awareness indicates that the seed growing in different places, in the minds of many, as that which now may be brought forth to begin spreading. This Awareness indicates that had this had a central origin, and had the central origin begun to grow and to spread from that center, the activity would have been seen by governments and those forces of power as a threat to their existence, and this would have led to great harassment, and to great turmoil for those involved.

This Awareness indicates however, when the seed was planted, and it just sat there, germinating without showing any signs of growth or development, the attention was then directed in other ways, whereby now it is possible that those underground shoots and roots which went out in consciousness, may now begin to pop up here, pop up there, pop up everywhere, to allow for this to begin to bloom.

This Awareness indicates that the year 1983 as that significant year. That you may reflect back and realize that the Articles of Confederation were not made to last, but were substituted by the Constitution. This Awareness indicates that likewise, the original planting of the seed of the Unified States of Awareness, may now be substituted by this new outgrowth of that seed. This Awareness will give more on this as energies permit the growth and interest in this to occur.

COMING SOON....THE MOVING OF MOUNTAINS

(Closing Message)

This Awareness indicates that there are seen lights within the membership whereby entities who have been attentive, sincere, are beginning to stir, to recognize the urgencies at hand, to see possibilities, to believe in their own worth, to understand the meaning of giving service, to lay aside personal claims, personal desires, and to move in directions whereby they can give a little time, a little energy, a little action toward serving this planet, toward serving others, toward the activity of organizing energies of this Awareness Movement, so that things may occur to bring about the New Dispensation, the New Age, the New World.

This Awareness indicates that entities appear to have become more mellow, more solemn, more humble, more ready, and more able to serve this Awareness, to serve each other, and to serve themselves in ways that are responsible and integrated. This Awareness indicates that *It* is pleased with the changes which have occurred among the members during the past several years, during the past several months; and *It* sees that the time draws near whereby these energies can move together as one mind and begin moving mountains.

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