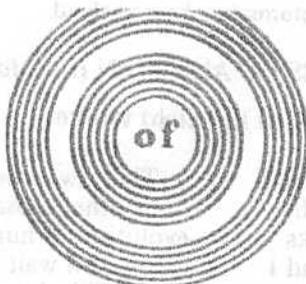


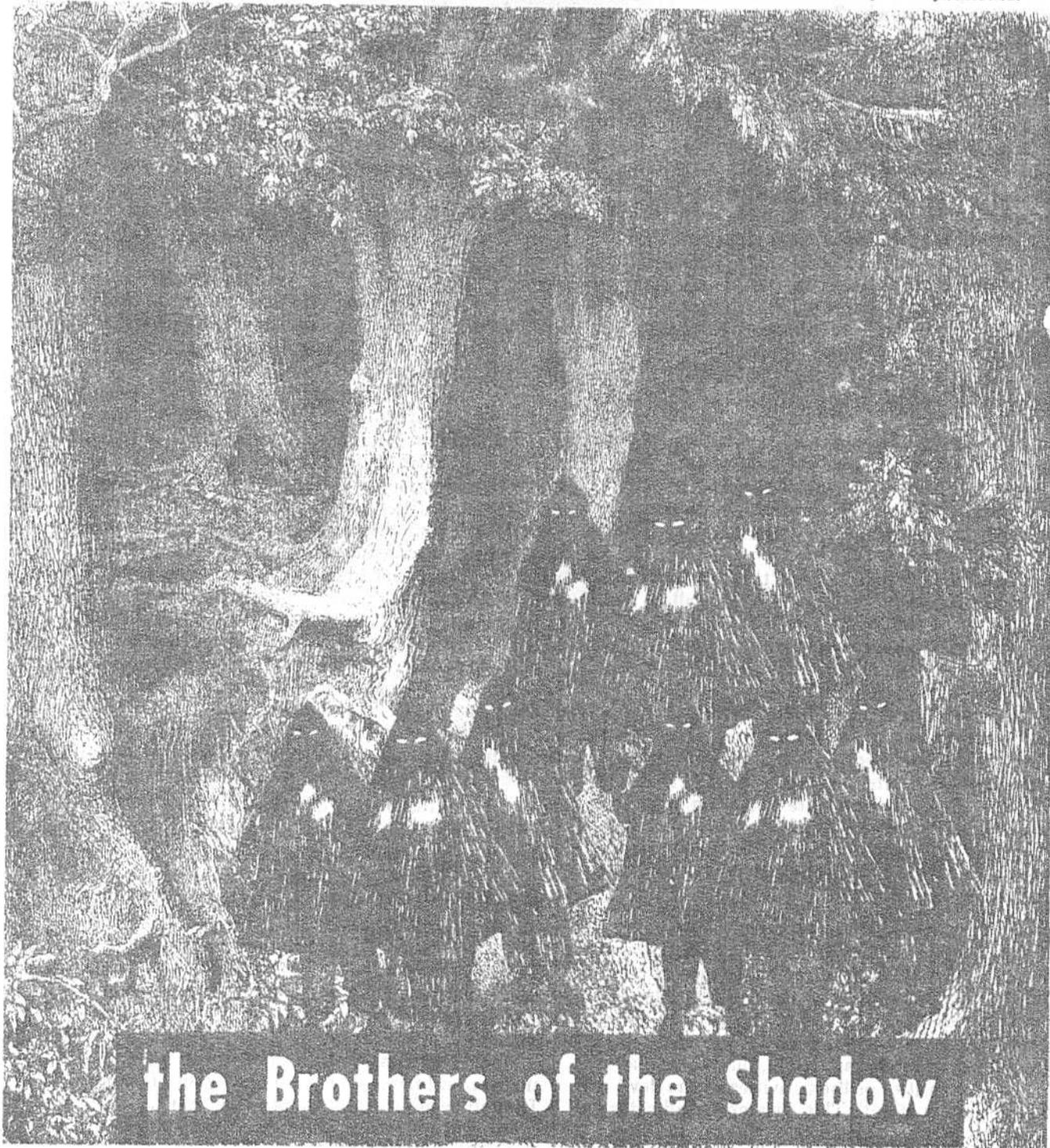
Revelations of Awareness



83-3 The New-Age Cosmic Newsletter
\$3.00

Cosmic Awareness Communications
P. O. Box 115, Olympia, Washington 98507
(Helping people become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



the Brothers of the Shadow

THE FORCES OF AHRIMAN (Continued)

(From a C.A.C. General Reading)

December 3, 1982

QUESTION:

(A Message to the Light Worker)

We put together and printed up those three and a half readings Awareness gave last month on the Ahriman forces, and in looking at this, it looks like it's really pretty heavy material. Vikki and I were reluctant to mail this out to the members right at Christmas time. It's the only thing we have printed up right now, and we were wondering if Awareness might give some brief message we could mail out to the membership prior to them receiving that information, that might sort of soften it somewhat?

COSMIC AWARENESS:

This Awareness indicates that the intention in giving such information is not to alarm entities. This Awareness indicates that essentially, the Ahriman energies as that which are more symbolic of the energies which are coming in on this plane at this time, rather than as actual realities. This as indicated in the reading. This Awareness indicates that *It* cannot quite understand why entities would be frightened by such information, as entities have lived on this plane with these forces, and those forces of Lucifer for many thousands of years.

This Awareness indicates that the forces of Ahriman as that which are moving in to fill the gap which was left as the Lucifer forces departed from this plane, or are in the process of departing. This Awareness indicates that these forces of Ahriman as those which have been around for thousands of years, but which have not necessarily been brought forth into consciousness for entities to confront in a conscious manner.

This Awareness indicates what this Awareness is doing in making such things known, is to allow entities to become consciously aware of those forces and energies which have previously operated in levels of the unseen, or in levels which were unconscious. This Awareness indicates that the animal, being largely unconscious of forces of this type, or of the Christ Consciousness, does not have the problem of having such things called to their attention. This Awareness indicates *Its* purpose is to make entities aware of those forces which are operating upon this plane. That the force of Kali, the force of Ahriman, or that which the Judeo-Christian doctrine refer to as the force of Satan; these forces have been around on this plane for thousands of years.

This Awareness indicates *It* sees no reason why entities being alerted to watch for such emergence of these forces to become more conscious, or consciously active in the society, or to observe these forces under the name of Ahriman, why this should frighten entities. This Awareness indicates the Fundamentalists continually and daily, on radio broadcasts, inform entities of the activities of the devil and of the threats of hell. This Awareness indicates what *It* has given entities is basically the scenario for the movement of these energies as they prepare to emerge and attempt to gain greater control on this planet.

This Awareness indicates *It* has also indicated previously that these forces are in part necessary for the evolution of humanity, for there are many who welcome and wait and assist these energies in their movement. This Awareness indicates this essentially as the energies of worship toward the materialism, or toward the energies of materialism. This Awareness indicates that as entities begin to further realize that such worship of the material has led to this kind of experience on this plane, and as the Ahriman or mammon, or materialistic forces become more pronounced and noticeable, and entities see how this has led to a kind of life without any particular redeeming value, entities having saturated themselves in these Ahriman forces will be happy to put this aside, and to allow it to be secondary to the force of the Christ Consciousness, the holistic involvement in life in a spiritual sense.

This Awareness indicates that if entities as Light Workers can continue to maintain their position, spreading Light, and simply remaining alive on this plane during these coming years, the opportunity for Light Workers to speed up the evolution, to cut through the tribulations, becomes quite realistic. This Awareness indicates that such speeding up of evolution, wherein entities see the spiritual values as being more promising than the materialistic values of the Ahriman forces, this will assist in minimizing the strength and power of these forces.

This Awareness indicates that *It*, in giving information relating to these forces, must speak in symbolism, in imagery, and in language which dramatizes and presents the information which entities should know in order to consciously understand what is occurring. This Awareness suggests that entities who become fearful of such information are allowing their imaginations to be in control of their conscious understanding. This Awareness indicates that *It* presumes that Light Workers already have a certain sense of balance and can look upon the face of darkness without flinching. *It* presumes that Light Workers have a certain amount of faith in the spiritual energies to protect them, to guide them and to lead them through those shadows of darkness. This Awareness indicates that *It* presumes that Light Workers are courageous and capable of facing difficulties or difficult information, and of facing certain information about future energies without flinching and fearful self-denial or the clinging to feelings of insecurity.

THE PURPOSE OF THE LIGHT WORKER

This Awareness wishes to inform Light Workers that their purpose at this time, their purpose in taking the path of the spiritual development, is not to find some form of easy life, is not to be given the passage or key away from all troubles, is not to eliminate trials and tribulations from your life. The spiritual life has never given entities the gratification of the idea of having wealth, riches and abundance thrown at you, and complete deliverance, and heaven upon earth for having taken the proper path.

This Awareness indicates that if this were so, that there would be no contest. There would be no question. That all entities would simply seek that which is more rewarding materially, and most gratifying physically, and if this Awareness, or any other Divine Force wanted to win such souls in this manner, the action of throwing goodies from heaven to attract those entities

would be a simple solution. This Awareness is not interested in buying souls, purchasing souls, or enticing souls, or seducing entities through promises of gratification or reward for taking the spiritual path.

This Awareness indicates that *Its* intention is to make available to entities the realizations, the understanding, whereby they may make the choice of paths, whether to choose to continue seeking physical gratification, to continue seeking worldly treasures, or to move into the path of spiritual development whereby they *make that their priority*. This Awareness indicates that for some, spiritual development *does* bring the material treasures as well as the spiritual treasures. This will depend upon whether the entity is capable of having material treasures along with spiritual treasures, and wherein the entity is not attached or bound to those physical treasures.

This Awareness indicates that it is the lure of mammon or matter which leads entities to experiment and seek to find physical gratification through wealth and through pleasures of the flesh. This Awareness indicates that these hold many promises for entities. This Awareness indicates that those entities who seek the spiritual path do not, or should not expect that all things shall be easy in all ways. This Awareness indicates that as you move along the spiritual path, there will be many trials, many tribulations, and yet that progress which you make will bring you the greater rewards which are more lasting.

This Awareness indicates that as entities become more and more attached to the spiritual, to the Light, then it becomes more possible that the addition of material wealth, or other forms of wealth may be added without damaging the entities' spiritual pursuits. This Awareness indicates it has been confused by many, who believe that the spiritual path automatically is supposed to bring about material wealth. This Awareness indicates *others believe the opposite*: that one must shun all physical wealth in order to pursue the spiritual path. This Awareness indicates that neither is correct in all cases. That it is a matter of individuality, for some can pursue the spiritual and still have certain wealth without that material wealth interfering.*

*ED's Note: Jack Katchmar, please reread the last five paragraphs THREE TIMES.

This Awareness indicates that likewise, wherein entities become overly frightened by the thought of negative energies which might occur in their world in a future time; this Awareness indicates that this insecurity is not becoming to Light Workers. This Awareness suggests that *It* expects *Its* Light Workers to be courageous, even though there may be threats of future trials and tribulations. This Awareness is not simply here to bring comfort and lull entities to sleep, and make them feel good. This Awareness is here to awaken entities, to make them think, to help them become aware of energies on this plane.

This Awareness does not use the term "devil" as used by the Fundamentalists, for it conjures up too many unacceptable and inappropriate energies in describing the energies which are emerging on this plane. This Awareness prefers to use the term "Ahriman", as it is unfamiliar to the Western mind, and as it can be defined in a new way, in a manner that is applicable to present time. This Awareness indicates however, that this Ahriman energy, as previously indicated, is symbolic, and there is no particular entity on this plane who is an immortal being known as Ahriman. That there are forces which can take on this energy and personify this energy, and which may in time become personified as an Ahriman force.

This Awareness indicates that *It* does not intend to frighten entities, for this information relating to Ahriman should not be read in terms of personal threats, but rather, should be read in terms of attempting to understand the energies which are to be emerging between now and the next decade. This Awareness indicates that there is much which can be altered in regard to the emergence of this energy, whereby many of the things written in the *Book of Revelation* will not need to come about. That there is a need to explore this area in order that entities may become alerted and aware and spread the word, to be cautious and apprehensive of those techniques which might bring about that Electronic Funds-Transfer System and the marking of entities in such a manner as would enslave them.

This Awareness indicates that with sufficient awareness *on the part of Light Workers*, regardless of what their religious affiliation might be, this entire programming as presented in the *Book of Revelation* could be avoided. This Awareness indicates it will *not* be avoided if entities are afraid to look, to face the possibility, and to be made aware.

This Awareness again repeats that the most important thing entities can do to prevent the forces of Ahriman from creating that system known as the Beast, requiring the mark to be placed on entities' hands or foreheads; the most important thing entities can do is to remain alive, and continue to hold their Light. This Awareness does not imply that there is some conspiracy to wipe out Light Workers. This Awareness indicates rather, that there are trials which Light Workers must face, and if they crumble, if they give in, if they chuck it all, throw in the towel, surrender and opt for the easy way out, such as committing suicide, or giving up their Light, becoming involved in drugs, drink, alcohol, or allowing their body to become diseased prematurely; this kind of non-caring attitude as that which contributes to allowing the forces of Ahriman to have greater freedom and movement in setting up their program.

FOLLOW-UP STATEMENT BY ENERGIZER:

It wasn't so much, by the way, that we were afraid, fearful of the information, it just seemed inappropriate to lay that information on the membership right at Christmas time.

COSMIC AWARENESS:

This Awareness indicates it would be more appropriate to give this information at a later time. This Awareness indicates that if it is convenient for you, it would be more appropriate to give the 1983 forecast information in your next mailing. This Awareness indicates however, if this is inappropriate or difficult, that the Ahriman material could be released. This Awareness suggests that it is true that the timing around Christmas is not very appropriate for this information, for it can disrupt entities' celebrative moods.

ED's Note: CAC did release this information on the day after Christmas: 'Revelations of Awareness' No. 82-24 (The Forces of Ahriman--a Special Report);\$4.00 from C.A.C.



...MORE ON UFOs AND THE MIBs...

THE BROTHERS OF THE SHADOW

...(Lifting the Veil of Isis)

QUESTION:

There's an article in an old *Probe-the Unknown* magazine by Brad Steiger, and I'd like to read a paragraph or two, where he brings up an interesting concept, and I'd like to ask Awareness about this. He says:

"In the March, 1975, issue of the *New Atlantean Journal*, Michael Taibot points out that Eastern mysticism has an interesting analog for the MIB (Men in Black) phenomenon; known as the *Brothers of the Shadow*. According to Eastern adepts, Taibot states, the *Brothers of the Shadow* are:

"...cunning and evil; intent upon keeping any student of the occult from finding out the proverbial answer. In mystical jargon, this answer is the 'Veil of Isis', and is synonymous with the 'Great Secret' of Maeterlink. In occultism, as in the UFO problem, there is recorded a constant barrage of psychic hoaxes. The *Brothers of the Shadow*, like the MIB, are known for threatening students of the occult whenever they get too close to lifting the 'Veil of Isis'. As Madame Blavatsky says when referring to the *Brothers of the Shadow*, they are 'the leading stars on the great spiritual stage of materialization.'"

Would Awareness please comment on that?

COSMIC AWARENESS:

This Awareness indicates that this is quite accurate, and is essentially parallel to the information given in the material on Ahriman. This Awareness indicates that these so-called Men in Black, or Brothers of the Shadow; that these entities are astral in nature, and can move interdimensionally into other planes. They generally tend to attempt to prevent entities from discovering the truth about not only occult matters, or secret matters dealing with the psyche, but in particular, matters dealing with the so-called UFO phenomena of today.

This Awareness indicates that these entities would prefer that earthlings believe the UFOs are from other planets, or from outer space, whereas many of these are interdimensional craft. This Awareness indicates that the symbolism of lifting the Veil of Isis is in reference to two different types of activities. One being that Isis is symbolic of the subconscious. Lifting the Veil of Isis is to become deeply involved in exploring one's subconscious. That these so-called Men in Black, when this occurs, can have their expression during such experiences, whereby when an entity opens Pandora's box, or lifts the Veil of Isis and uncovers the subconscious, the entity may hallucinate, and see many types of things which are often considered forbidden or frightening to the entity.

This Awareness indicates it is in this opening of the Veil of Isis that allows an opening into the astral plane, and allows energies to move in both directions. This Awareness indicates that this action can be controlled, wherein an entity opens the Veil of Isis while in total unity or harmony with the Christ Consciousness, or that which may be called the Higher Self, the Light Above. This Awareness indicates that wherein an entity simply explores the subconscious without having spiritual connections, this can lead to problems wherein the so-called Men In Black phenomenon occurs.

This Awareness indicates that entities who have gotten too close to discovering the secrets of the UFOs, often have run into these Brothers of the Shadow, and have been stopped. This Awareness indicates that the stories of these Men in Black coming to entities and telling them that they did not see an UFO, and trying to intimidate the entities, are in fact reinforcing the myth or idea of the UFO, and causing the entity to believe that he or she did see some craft from some other place, or believing that these entities represent some government agency, which would explain the phenomena of the UFO.

This Awareness indicates that in either case, the one who views the UFO ceases to think of it as some kind of hallucination, but believes it to be a reality. This is what these entities want the viewer to believe, for if the entity thinks that he has seen some kind of hallucination, he will then begin to wonder what is a hallucination, "what caused me to see this?", and the entity may then begin to explore concepts and ideas of consciousness, concepts and ideas relating to interdimensional movements of energies.

This Awareness indicates that this is the area which these Brothers of the Shadow do not like explored, for it intrudes upon their domain, and breaks the Veil of Maya. This Awareness indicates that the Veil of Maya is that which separates the apparent material world from the reality of the interdimensional universe. This Awareness indicates that this Veil of Maya, and the Veil of Isis are closely linked. The Veil of Isis symbolizing the subconscious of an individual, and the Veil of Maya as symbolizing that breaking through of the interdimensional barrier into that which would be called the Collective Unconscious.

This Awareness indicates that these being essentially the same thing, from different cultures.

WHAT THE BROTHERS OF THE SHADOW REALLY WANT TO ACCOMPLISH

(MORE ON THE LIGHT & MADAME BLAVATSKY)

QUESTION:

What did it mean by the line: "The Brothers of the Shadow are 'leading stars on the great spiritual stage of materialization', according to M. Blavatsky?"

COSMIC AWARENESS:

This Awareness indicates that she presumes these energies to be such as to serve as what may be termed the "Keeper of the Gate", preventing entities from moving into those different planes, from learning too much, and from becoming involved in those many areas. This Awareness indicates that this entity, Madame Blavatsky, saw these beings as beneficial to mankind in keeping mankind from moving away from the physical experience into those unknown and uncharted

areas. This Awareness indicates that she saw these entities as being guides, and guards over the third dimensional consciousness.

This Awareness indicates however, at *this* time, wherein the energies are changing, and this Awareness has suggested that entities are now moving toward a higher 4th dimensional consciousness, this Awareness indicates that these guards holding entities in check, preventing them from discovering truths and realities relating to the 4th dimensional universe; these entities may now be seen more as guards keeping entities locked in the pursuit of material activities.

This Awareness indicates that these entities as serving that Lord of Matter: Kali, Kal, or whatever name entities wish to give this energy. This Awareness indicates that the energies which keep humanity locked into material pursuits are those energies which are served by these Brothers of the Shadow.

This Awareness indicates that Madame Blavatsky was not disturbed by fear or concern that these entities would prevent the growth of consciousness, or the exploration of consciousness into these other realms, for this had not been attempted to any great degree. That she simply was reporting information according to the philosophies and knowledge which she had been given in her studies with Eastern teachers. This Awareness indicates that had she attempted to explore these areas herself, she might have found that these Brothers of the Shadow were not so inclined to allow her to go too far in these directions.

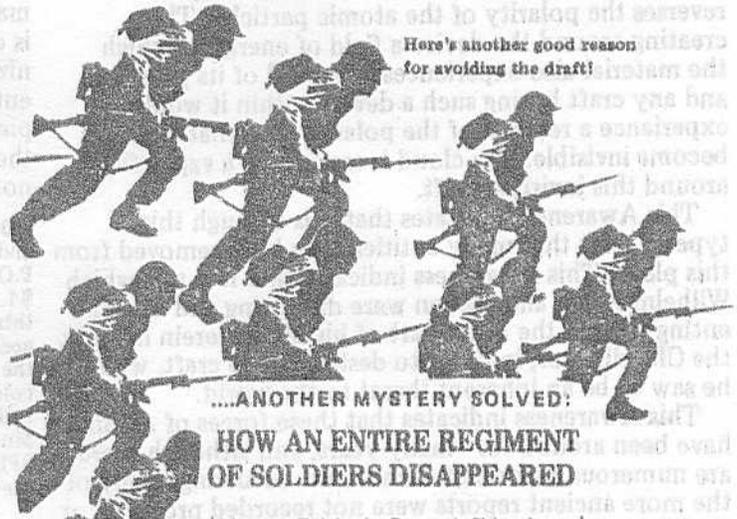
This Awareness indicates that those who wish to pursue the in-depth study of the inner planes, must carry the Light with them, or be directed by a teacher or one who has moved through these planes previously; otherwise, the entities can become dangerously involved or entrapped by the energies of these inner planes. This Awareness suggests that entities whose motives are of the highest nature: loving and emanating Light; these entities can move through these areas without great threat.

This Awareness indicates that this Light is not necessarily something an entity can manufacture from within, but must come from a Divine Source. This Awareness indicates also, that entities seeking to move through these inner planes and deal with the Brothers of the Shadow, or the Men in Black; entities involving themselves with these energies will find that although they are given indications and directions, and messages from these sources, the energies given and the directions followed lead more and more into an entrapment which brings the entity closer and closer to physical death, and away from spiritual values, and the entity in moving along this path, may eventually end up taking his or her own life, or the life of another, or may become involved in some accident, or experience some form of insanity, and at the passing over, may have great trials and difficulty in extracting himself from the grasp of these entities.

This Awareness indicates that such efforts on the part of these Men in Black, or the Brothers of the Shadow, these forces,--the efforts are to prevent entities from discovering truth, and if possible, to seduce those who would discover such truth, to seduce them into serving their own ends and purposes, then to bring those who serve them into their own realm, whereby they can be manipulated as spirits. This Awareness indicates that the strength which entities have in holding the Light is that which threatens the Brothers of the Shadow, in that it denies a shadow to exist, if enough entities hold the Light.

ED's Note: the magazine, 'Probe-the Unknown' is no longer published. The magazines, however, can often be found in used book stores--particularly the so-called 'occult' book stores.

Members interested in the works of Madame Blavatsky are referred to her two massive works: "Isis Unveiled" and "The Secret Doctrine"--now available in paperback, complete and unabridged. See C.A.C. Book List for low prices on these 4 volumes.



QUESTION:

There's one other small article in that particular magazine I'd like to read, and ask Awareness if *It* can explain this. It says:

"Perhaps one of the most bizarre disappearances of all time was that of an entire British regiment during World War I.

In 1915, Allied forces were landed at several points along the Gallipoli peninsula as part of an effort to force the Straits of the Dardanelles and capture Constantinople. During August, more troops were moved clandestinely to Sulva Bay on the Aegean coast by General Sir Ian Hamilton.

"As troops moved in on August 28, soldiers noticed 8 loaf-shaped clouds hovering over Hill 60, located approximately 3/4th of a mile from the battlefield, in the otherwise cloudless sky. The clouds held their position in spite of the 4 to 5 mile per hour winds blowing from the South.

"From Rhododendron Spur, a point approximately one-and-one-third miles Southwest of and 300 feet higher than Hill 60, 22 members of the Number 3 Section of Number 1 Field Company watched the several hundred men of the British First Fourth Norfolk regiment march toward Hill 60. According to observers, another loaf-shaped cloud, light gray in color, 800 feet in length, 200 feet in width, and 200 feet in height, hung at ground level on the hill. The observers on Rhododendron Spur watched the regiment march into the cloud, (which was so dense it appeared to be solid), but never emerge.

"An hour later the cloud rose gently, joining the clouds above as they moved northward toward Bulgaria. Within another 45 minutes, all clouds were gone. Military officials assumed the regiment had been captured. When Turkey surrendered 3 years later, the British demanded the return of its regiment. The Turks were unable to comply, insisting that they had never heard of the regiment and had never captured any of its members."

Would Awareness please explain what occurred, and the relationship of those clouds?

COSMIC AWARENESS:

This Awareness indicates that in the information given on Ahriman and the material relating to the Valex craft; also this relates to the Stealth principle... This Awareness indicates that this involves a principle of reverse polarity through the use of freezing, bringing the atomic particles to a freezing level, through cryonics, whereby this as near absolute zero; it reverses the polarity of the atomic particles. This creating around the device a field of energy in which the material also experiences a reversal of its polarity, and any craft having such a device within it would experience a reversal of the polarities, so that it would become invisible. The cloud is essentially a vapor field around this invisible craft.

This Awareness indicates that it is through this type of craft that many entities have been removed from this plane. This Awareness indicates that it is this which Wilhelm Reich and his son were discussing and experimenting with in the latter part of his life, wherein he built the Cloudbuster, in order to destroy these craft, which he saw to be an inherent threat to the world.

This Awareness indicates that these forces of Ahriman have been around for many years, and although there are numerous reports of such events occurring, many of the more ancient reports were not recorded properly, or were lost. This Awareness indicates that the entity known as Alexander the Great also experienced such a contact during his battles. That there were these forces present during one of his battles.

This Awareness indicates that the activity of creating invisibility through the use of reversing polarities; this as similar to that which is known as the black hole, although this is quite different. Whereas the black hole draws light into it and particles condense significantly, the reversal of polarities through this Stealth type program brings light and matter into each atomic particle, and then reverses into the next dimension.

This Awareness indicates these entities moving into this cloud simply emerged in another dimension. That this occurred also in certain areas, such as the famous Bermuda Triangle, wherein ships and planes have disappeared without a trace, and without any indication of particular physical cause. This Awareness indicates that this also relates to that information given on the Philadelphia Experiment.

ED's Note: for more information on all this, please refer to 'Revelations of Awareness' No. 82-24 (The Forces of Ahriman--Special Report), \$4.00 from CAC. Also No. 80-9 (Project Invisibility--the Philadelphia Experiment); \$3.00 from C.A.C.

More on the Reich Cloudbuster and how to build one can be found in 'Revelations of Awareness' No. 80-18 (How to Prevent Nuclear Holocaust); \$3.00 from C.A.C.

Why make a regiment disappear?

QUESTION:

Awareness, in the case of this entire British regiment disappearing, why would these forces desire to have an entire regiment disappear? What use did they put these entities to?

COSMIC AWARENESS:

This Awareness indicates that this can be equated to an early version of that which in *Alternative 3* is referred to as a "batch component". The batch component being slave labor, or those entities who are picked up and used for certain labor purposes. This Awareness indicates that these interdimensional beings have been absconding with physical beings for many hundreds and thousands of years. This usually is done more subtly so that it is not known or recognized that anything mysterious is occurring, for these entities do not like to have their veil recognized, pierced or discovered. They prefer that entities believe the physical world exists in and of itself, amidst nothing else.

ED's Note: the book 'Alternative 3', written by David Ambrose and Christopher Miles is available from Sphere Books Ltd., P.O. Box 11, Falmouth, Cornwall TR10 9 EN, Great Britain. \$4.00 in US funds. Awareness has indicated previously that this book, appearing to be fiction, is actually a truthful account of how even today entities are being kidnapped from the earth and shipped to Mars and other planets in a colonizing project that has been going on for many years and which most major countries in our world are involved in. Much information on this can be obtained by writing to SPIRAL, PO Box 80323, Lincoln, Nebraska 68501. Send them \$5 and ask for the 3 part 'Alternative 3' series.

Death will end their tour of slave labor

QUESTION:

Is there an opportunity for these entities to escape from this slave labor? Or are they just there forever?

COSMIC AWARENESS:

This Awareness indicates that these entities do not generally last more than approximately 7 or 8 years in such occupations. That they then leave and move on to other experiences, just as any entity departing his or her body would likewise do.

The karma created in kidnapping

QUESTION:

Isn't there great karma created in an action like that, of abducting entities like that?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative, just as likewise, there is great karma in physical entities kidnapping other physical entities, or in taking the lives of others. This Awareness suggests that those who desire to explore more in this area, particularly relating to the experiments of Wilhelm Reich on the cloudbusting, may find the book, *Cosmic Pulse of Life* to be beneficial. This by...this appears to be Constable Trevor ...that the last name is not seen clearly.

This Awareness indicates that this entity as having done much research into these areas, and as having compiled much of the information from that research into this book.

ED's Note: none of us here had ever heard of that book. I checked our book sources and could find no such book. However, I did find a reference in the book 'Awesome Force', by Joseph H. Cater, to a book called 'The Cosmic Pulse of Life', by Constable, Trevor James. This is undoubtedly the book Awareness was referring to. The address: Merlin Press, Santa Ana, California. (Anyone who locates this book is invited to notify CAC as there are many interested in Reich's cloudbuster device and are eagerly seeking more information on how to construct one). Avaton.

PS: our letter of inquiry to Santa Ana was just returned marked "unknown". We are now making further inquiries and hope to have this book in stock for the membership soon.

FEAR AND INSECURITY: IS THIS A SIGN OF OUR TIMES?

... IT PAYS TO EAT RIGHT!

QUESTION:

A question from L.G. in California. It's a personal question, but it's probably happening to a lot of people, and perhaps Awareness would have some suggestions: "I'd like to relate to you something else that's been bothering me. In the past few months I've gone from a fairly calm, happy and secure person to one who is nervous a lot. I also get feelings of insecurity, and even depressed sometimes. I lose my temper a lot. Sometimes I cry so easily too. My stomach is in knots most of the time. Is this a sign of the times? This is scary for me. Do you have any suggestions? I hope I get over it soon, whatever this is!"

COSMIC AWARENESS:

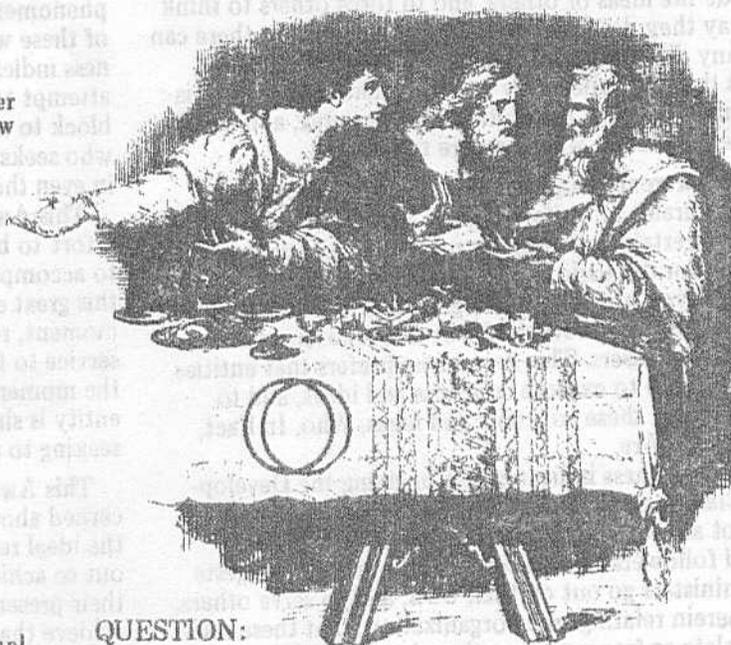
This Awareness indicates that it appears to be associated with a dietary imbalance in the system. This Awareness indicates it appears that certain stressful situations created an anxiety, which in turn affected the hormone secretions and this in turn affecting the amino acids and other subtle chemical balance within the system. This Awareness indicates that it appears the system can be assisted through the use of Calcium, through the use of Calcium the nerves can be steadied considerably. That along with Calcium, Magnesium and Vitamin A be taken.

This Awareness indicates that for depression, it appears that alfalfa sprouts can be of much benefit in countering this. This Awareness suggests that you eliminate sugar products from your system, for sometime, and that you have your blood-sugar level tested. That a Glucose Tolerance test as that which may be in order. It appears that this problem has some relation to your pancreas and adrenalin, and the ability to process sugar.

This Awareness suggests that you also check for borderline anemia. That it appears there is a need for more iron in your system. This Awareness suggests that you may also check for allergies. This Awareness suggests that fruit and vegetables be included in your diet. The fruit as substituting for sugar products. That honey also be shunned for some time.

"Hey, meet me at the Cosmic Awareness Cafe...."
(The Cosmic Awareness Cafe?)

SHOULD COSMIC AWARENESS GO PUBLIC?



QUESTION:

A question from R.U., of San Francisco. "Should the C.A.C. membership "talk up" Cosmic Awareness? Should It go more public? Should local study group be encouraged or set up? Could or should a cafe, to be called "Cosmic Awareness Cafe" be set up, and members start talking to each other locally, and organizing together?"

COSMIC AWARENESS:

This Awareness indicates that this can be helpful to individual members to come together with others in their community, to meet with each other and to have gatherings, or discussions. This Awareness indicates that a cafe, or some similar gathering place as that which would be appropriate. This Awareness indicates that this indeed could assist in increasing membership, but this Awareness suggests also that the real purpose would be more for an interchange of information and ideas, and to stimulate greater levels of awareness and questioning.

This Awareness suggests also that for those entities who do not have others to relate to, in their particular area, that this could give some opportunity for occasional contact in areas not too far away. This Awareness indicates that this could be and appears to be the time during this year of 1983 for such type of activity to occur. This Awareness suggests that entities in a particular area may choose to start having meetings in their home, or may locate others in their general area, and agree to open a cafe, or shop, or something of this nature.

This Awareness suggests however, that in so doing, that you be most cautious not to bring on an appearance of a cult. That the entities involved be very cautious not to be pushy, or to use the Awareness material to extract money from others which is unreasonable, or in a manner that would lead others to become annoyed or fearful of your operation. This Awareness suggests that wherein the shop is open, that information may be available for entities That you also include other material such as metaphysical books which have been recommended by this Awareness, or other information which is of a humanitarian nature, and is compatible with the concepts of the Universal Laws.

This Awareness suggests you not allow other groups which would attempt to possess or capture membership to enter into your sphere and do so, particularly wherein these groups are not open to sharing ideas, but prefer to exclude the ideas of others, and to force others to think the way they do. This Awareness indicates that there can be many difficulties involved in opening such a shop, unless this is handled very carefully, and unless there is reasonable support from others in your area, and unless you define clearly what you are to do.

This Awareness suggests that this may be opened as a restaurant, or coffee shop, or within one's home, whereby certain activities are presented with material available for discussion. This Awareness suggests however, that you not attempt to go out and round up followers of your movement, for this Awareness does not want followers. This Awareness prefers that entities simply be free to explore concepts and ideas, and to discover from these concepts and ideas, Who, In Fact, They Really Are.

This Awareness indicates that in giving the Development Classes, and making Ministers of Awareness, It does not advocate that the ministers must become faithful followers of some order, but rather It suggests these ministers go out on their own, and to serve others, and wherein relating to an organization, that these ministers relate as free entities rather than as agents or possessions of that organization. Likewise, those entities becoming interested in the Awareness material should similarly feel that they are not coming under any form of bondage by becoming interested in the material and activities.

This Awareness wishes to free entities, rather than to capture their minds.

...MAKING IT IN THE BIG LEAGUE:

TRANSMUTING LIKE BABAJI

(Spiritual gymnastics or ego?)

QUESTION:

A question from K.G. "I am very interested in becoming a true servant of Awareness, God, or whatever one wishes to call that creative force of Love, sustaining this universe on all dimensions, and I wonder at how St. Germaine, Babaji, and others have been able to transmute their physical bodies into pliable bodies of Light, becoming free from death, yet able to materialize physically at will. Is it possible to use the techniques, the magic of the Scorpio Lessons, mixed with the Kahuna philosophy, and actually accomplish such a transmutation?"

COSMIC AWARENESS:

This Awareness indicates that these entities spent many years, and many lifetimes in deep levels of meditation. This Awareness suggests you read the works of Lobsang Rampa. That these entities first became involved in meditation, in moving in and out of the body, in altering body functions, in absorbing Light into the body, in levitating, in dissolving the physical into Light, and eventually in dematerializing and transmuting, or teleporting oneself from place to place.

This Awareness indicates that this is not something which entities can easily accomplish in one lifetime, particularly while living in a modern civilized world, without a personal instructor who also has accomplished such feats. This Awareness indicates that it is not important that you accomplish such feats in one lifetime, that in a sense this is actually an ego pursuit. This Awareness indicates that it is important however, that you give yourself in service to those who you can serve, without sacrificing yourself or ability to continue serving others.

This Awareness indicates that in giving yourself in this manner, the movement of your energies will be such as to allow you to continue on that path of spiritual development, whereby in time, all of these phenomena which now appear to be miraculous; all of these will be commonplace for you. This Awareness indicates that to dream the impossible dream, or attempt to achieve the near impossible, often is a block to one's spiritual development. The entity who seeks to become perfect often fails miserably in even the most simple activities.

This Awareness indicates that because of the effort to become excessively significant or great, or to accomplish some significance or greatness in action, this great effort prevents an entity from living in the moment, relating to those who are present, and giving service to those lowly activities which are urgent in the moment. This Awareness indicates that often an entity is simply asserting spiritual ambition when seeking to accomplish spiritual greatness.

This Awareness indicates that It is especially concerned about this approach, wherein entities look at the ideal result of some development possible, and set out to achieve that ideal which is obviously beyond their present ability, and asks for help from others to achieve that near-impossible ideal, for this Awareness indicates that such efforts usually are doomed to failure, and to wasted energy, and, become a substitute for involvement in the here and now, the step by step progress which an entity may make in moving toward those ideals.

This Awareness indicates that as an example, an entity requested once that this Awareness give him the perfect body: young, healthy, a full head of hair, strong, muscular and handsome, and also make his meditations work, whereby he could teleport and could achieve levitation, and other great works, and this entity insisted that he was ready, and would take no excuse from this Awareness, and that if this Awareness did not bring about this request, that the entity would no longer have any respect or faith in this Awareness.

THE LAW OF THE UNIVERSE

This Awareness indicates the entity, making demands of this Awareness which only his own practice and effort could possibly satisfy. This Awareness indicates that the Divine Forces do not hand out gifts. That entities earn those gifts which they have. This Awareness indicates that this is the Law of the Universe; that entities evolve by using what they have at hand, and if entities truly seek to have these experiences which are miraculous, then indeed, they must devote their energies, their time and their lives toward this end.

This Awareness indicates that it is not simply a question of how. This Awareness indicates that an entity can ask a question: "How can I climb Mount Everest?" This Awareness can answer that question, yet the climb is in itself the solution to the quest. This Awareness indicates that to climb Mount Everest, one must take one step after another, until the conquest is experienced. This Awareness indicates that to become equal to Babaji, or other great masters, one must begin where one is, taking one step after another, and moving relentlessly on the path.

Confucius say...

IF YOU PUT YOUR TALENTS
TO SELFISH USE, YOU KILL
PART OF YOURSELF.

A Control and Cure for Shingles

QUESTION:

S.M. in New Jersey would like to ask Awareness if *It* has a remedy that would prevent, or eliminate shingles?

COSMIC AWARENESS:

This Awareness indicates that drinking a considerable amount of aloe vera juice and lemon; this appears to be highly beneficial. This Awareness indicates the aloe vera juice to start with approximately one tablespoon daily, and to work up to approximately 3 or 4 tablespoons daily. This Awareness indicates that the lemon juice to be one lemon daily, eventually reaching three lemons daily. This Awareness indicates also that a salve made from aloe vera gel, Vitamin E, lecithin, DMSO, comfrey...(that wheat germ oil may be substituted for Vitamin E); that also this may include pumpkin seed oil and flax seed oil.

This Awareness indicates this appears to be sufficient.

Problems with the Prostate Gland

(ALTERNATIVES TO SURGERY)

QUESTION:

A question from F.O. "I discovered I have enlarged prostate condition which prevents full discharge of the bladder, and thus frequent urinations, a very common condition for older men, said to be caused by a growth or small tumor inside the prostate gland. The only known cure is a TUR (trans-urethral-resection), which eats out a bigger hole in the gland through which the urethra passes. Would you ask Awareness if *It* could reveal any nonsurgical remedy for this condition?"

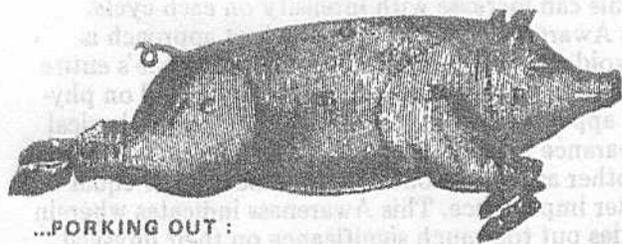
COSMIC AWARENESS:

This Awareness indicates that there is an herbal remedy in the Dr. Christopher book on health. There is also information related to this in the best seller book which now is on the market known as *Life Extension*. * This Awareness suggests that you consult these two books for further information in regard to this.

ED's Note: The Dr. Christopher book is available in many healthfood stores. Also from the Goodship. Herbal remedies for prostate problems and many others are available from THE LOTUS SHOPPE, Pullman, West Virginia 26421. (Write them for a free catalog).

For more information on prostate problems and how to deal with them, please refer to 'Revelations of Awareness' No. 79-22; \$3.00; also, No. 81-25; \$4.00 from C.A.C.

The book, "Life Extension" is written by Durk Pearson and Sandy Shaw. It is currently on the national best-seller list so you should be able to find it in your local bookstore without any problem. This is a massive book, over 800 pages, and covers everything you could possibly wish to know about staying healthy and extending your life span. Awareness has been recommending this book lately in many personal readings as well as CAC general readings. Entities who can not locate this book in their own area may order it from CAC. The price is \$22.50 plus \$1.00 postage (and worth it).



...PORKING OUT :

BINGE-EATING & STARVATION DIETS:

What's going on? How to deal with the problem

QUESTION:

A question from E.C. "Researchers are finding that thousands of women who may not appear to have a weight problem are developing abnormal eating patterns. Impulsive, unpredictable, episodic, uncontrolled and rapid ingestion of large quantities of food or more simply---bingeing. They are now finding that these binges have a similarity to seizure disorders, and there are 500,000 or more people who are self-starvers, and/or binge purgers. What is really spiritually, psychologically, or physically motivating this type of behavior?"

COSMIC AWARENESS:

This Awareness indicates this appears to be associated with subtle chemical alterations within the system, related to amino acids and hormones. This Awareness indicates this appears to be in part associated with several environmental factors. The psychological factors being in part an insecurity which these entities may feel in regard to their femininity, whereby they seek to become acceptable physically, emphasizing the physical aspects of their acceptability, but also experiencing an insecurity whereby they feel unloved and unacceptable. This associated with a current air of shallow, or light relationships which do not bear deep meaning in terms of their emotional and psychological needs.

The insecurity of wanting acceptance and love, coupled with the mistaken programming that the physical body must be in perfect form in order to attract the love which is desired creates a dichotomy in the consciousness of the entity, whereby the entity seeks acceptance on the physical level, then, not receiving this, switches to the emotional level, and while seeking acceptance for physical beauty, the entity may become involved in guilt feelings in relation to eating or indulging in food, for fear it may harm the physical appearance. Then, once these guilt feelings have been fully saturated and the entity has moved through such, the entity then rebels subconsciously and emotionally, and goes on a binge of pampering herself, because the love which she worked for did not come in, and she must give this to herself in the form of food gratification as a substitute.

This Awareness indicates this then creates the cycle on another turn, where the entity afterwards feels guilty at having overeaten, and then begins attempting to avoid such eating, or avoid food at all for some period of time, which in turn creates a great significance again in regard to the food syndrome, and eventually leads to a form of starvation or sacrifice to a particular degree, until the entity again finds herself rebelling against the guilt and discipline and enters again into the binge.

This can increase with intensity on each cycle. This Awareness suggests that the best approach is to avoid such concerns and to reevaluate one's entire attitude toward love and acceptability based on physical appearance, and recognize that though physical appearance is of some concern and importance, there are other aspects of one's being which are of equal or greater importance. This Awareness indicates wherein entities put too much significance on their physical appearance in an effort to attract love or satisfaction, this can create a significance that causes problems in other areas. This Awareness indicates that this kind of cycle can also throw out of balance the hormone system and the more subtle chemical balance within the body. This Awareness indicates that also, the use of birth control pills for a period of time longer than that which is prescribed can assist in throwing the chemical balance of the body into a kind of turmoil on subtle levels, which in turn leads to other hormone imbalances.

This Awareness indicates that there is a system for birth control being used in France which is now being tested in the United States, which, within approximately two years will be available. This Awareness indicates that this appears to have no side-effects. More information on this can be released at a later time.

This Awareness indicates that in reference to the question, the book previously mentioned, *Life Extension*, as that which also has information in regard to this problem of the bingeing on foods and the effect of certain amino acids and subtle hormone, and vitamin and mineral effects on the appetite and on the general system.

This Awareness suggests that all entities in the membership should seriously consider purchasing and having a copy of this book in their homes.

Life Extension, by Pearson & Shaw is published by Warner Books, New York, N.Y. (Please refer to previous editorial reference for more details).

For related information, please refer to 'Revelations of Awareness No. 80-12 (Physical Beauty & Self-Image); \$3.00 from C.A.C.

ALL ABOUT DMSO--THE MIRACLE PAIN KILLER NOW AVAILABLE

(From a CAC Reading, Aug. 3, 1980)

QUESTION:

Recently a television program called *60 Minutes* had a story on the drug or chemical DMSO. I know Awareness gave information many years ago on this when this first became known, but we've had a landslide of questions in relation to this substance from members and I'd like to ask Awareness if it would give us information on DMSO up to date? A typical question is from J.W. in Ohio. "DMSO, the industrial solvent, is being hailed in somewhat alternate circles as a miracle pain remover. It is applied topically to the skin and is supposed to be excellent for chronic pain from such injuries as spinal cord injuries, bursitis, arthritis and so forth. *60 Minutes* on TV has done two very favorable reports on it. The government will not release it for general use, however, The drug companies aren't interested as it has a very common molecular structure and therefore can be made very easily and cheaply, thus the drug companies would not make much profit from it. Anyone who has chronic pain would

be interested in it. Could Awareness please comment on its safety, long and short term, and its effectiveness, and how this substance should be used?"

COSMIC AWARENESS:

This Awareness indicates that much information is available through commercial sources, through libraries, through magazines in regards to this substance. This Awareness indicates that there has been sufficient research on this, both in the United States and in Europe, to allow entities to have a reasonable understanding of the substance and its effects. This Awareness indicates that some of this research has indicated that there can be a tendency, when over-used, for this substance to lead to poor vision or even possibly blindness in certain animals. This Awareness indicates however, this as being an overuse and extremely high dosage. This Awareness indicates that for occasional use for its usual purposes, this substance as having little side effect other than that of its odor and taste within the body. This Awareness indicates that the substance as that which carries energies directly into the body, and that whereby it is placed on a portion of the skin which might contain a contamination or negative substance, this could also be transmitted into the body and cause some negative effect. This Awareness indicates that, therefore, misuse of the substance could be harmful to the entity. This Awareness indicates that it also can be used as a carrier to carry medicine quickly to a point or throughout the body as needed.

This Awareness suggests that essentially, the substance moves through the body very quickly with its chemical and vibrational effects. This Awareness indicates this likened unto a compatibility factor, such as electricity flowing more quickly through copper wire than through other substances. This Awareness indicates the body as being a very effective conductor for this substance. This Awareness indicates that in the effect on sprains and pain, this largely being beneficial through its ability to carry magnetic energies, known as mana, or the vital life force of the aura, into the painful or damaged part,--this as assisting in the speeding of the healing process. This Awareness indicates that essentially, there is much information available on this subject for entities who are interested in further research.

ED's Note: DMSO was invented in Washington State many years ago and used in the plywood industry. When the word got around it had healing effects for those who suffered arthritis and that a drop of it on your fingertip would, in 2 seconds, carry itself to the tip of your toe, many in the drug culture were quick to seize upon the substance as a means to carry drugs quickly into the system for an almost instant 'high'. The stuff smells like oysters and you can tell by this smell how quickly it moves through the body. Although many books have been written about DMSO (found primarily in healthfood stores), it has not been declared legal by the FDA. However, they are allowing it to be sold in many healthfood stores as an 'industrial solvent' labeled not to be taken internally etc. or implying it has any medicinal qualities. If you can't find it in your local healthfood store (and you want some of it), it is available by mail from the following mail-order Vitamin Company:

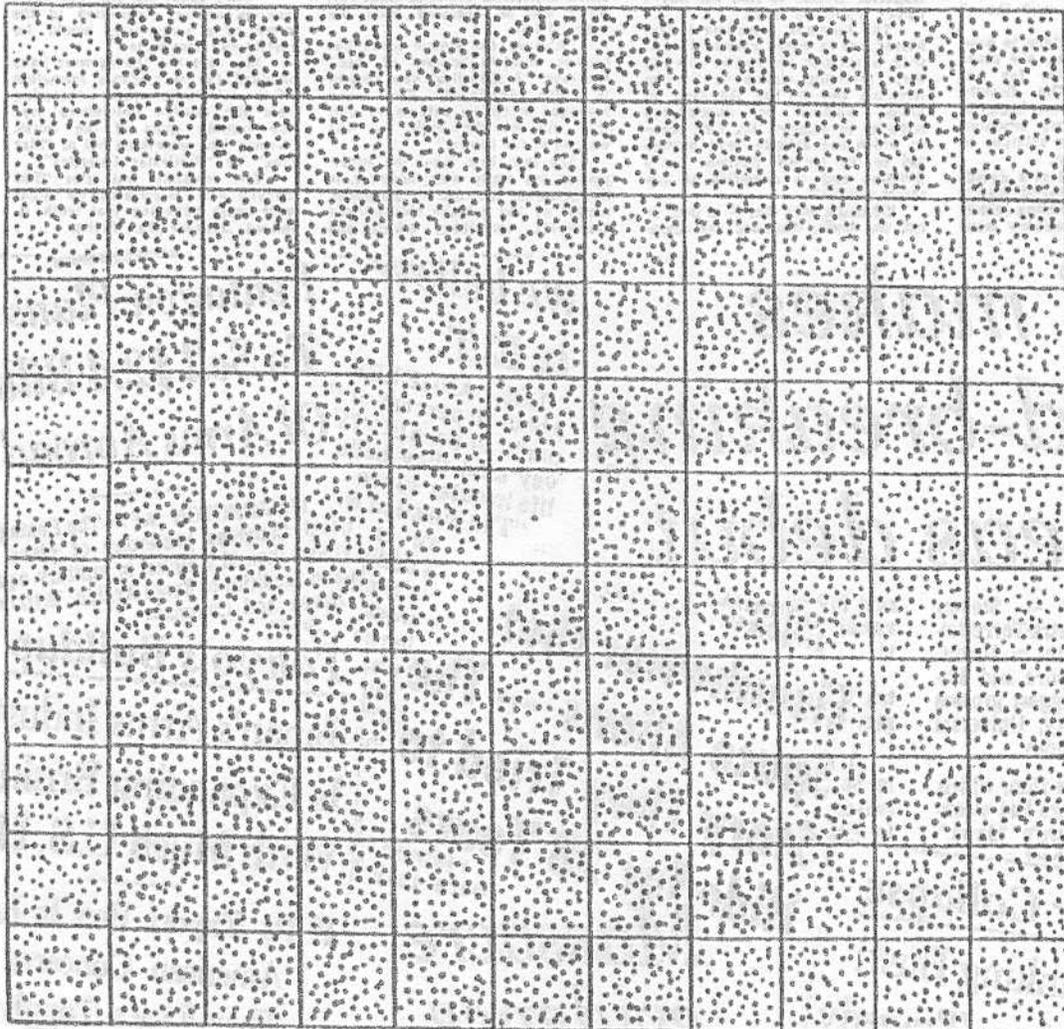
L & H Vitamins, Inc. 1064 Lexington Ave.,
New York, N.Y., 10021.

(You can get a 4 ounce bottle for \$9.60 plus \$2.00 postage. Write for their free catalog if you want to get Vitamins, Minerals and healthfood store items for about 25% cheaper than you will find in your own local healthfood store.) Avaton.

November 1,
1982

FRIENDS JOURNAL

Quaker
Thought
and
Life
Today



Firepower to Destroy a World... Plus

The dot in the center square represents all the firepower of World War II—3 megatons. The other dots represent the firepower in existing nuclear weapons—18,000 megatons (equal to 6,000 WW II's). About half belong to the Soviet Union, the other half to the U.S.

The top left circle represents the weapons on just

one Poseidon submarine—9 megatons (equal to the firepower of 3 WW II's)—enough to destroy over 200 of the largest Soviet cities. The U.S. has 31 such subs and 10 similar Polaris subs. The lower left circle represents one new Trident sub—24 megatons (equal to the firepower of 8 WW II's)—enough to destroy every

major city in the northern hemisphere. The Soviets have similar levels of destructive power.

Place a dime on the chart; the covered dots represent enough firepower to destroy all the large and medium-size cities in the entire world. What are you going to do with the rest of your coins?

C.A.C. heartily recommends this publication to all C.A.C. members.
Subscription Rate: 6 months (\$6); one year (\$12); Sample Copy (\$1.00).
Subscribe from: Friends Journal, 152 N. 15th Street, Philadelphia, Pa., 19102.

Best-kept secret of all time

"THE best-kept secret of all time" is about to be revealed. According to Elizabeth Klarer, national chairman of the SA branch of the Interstellar Research Group and South African representative of Intercontinental Galactic Spacecraft (UFO) Research and Analytic Network (ICUFON), close encounters of the third kind could very well soon become a reality — something, she says, which the superpowers have known about for some time.

"Russia and America have known for years about the existence of a highly advanced extra-terrestrial civilisation, and, in fact, have been in communication with them," she says.

Not only does she claim to have evidence to support this, she plans to use it as the basis for her forthcoming book, "The Gravity File," which will examine, in-depth, the political and military situation of the superpowers in relation to the whole space question.

Mrs Klarer, trained as a decoding specialist during World War 2, says certain messages leading to these bits were unable to decipher were

sent to her for decoding. "It's a continuing process," she says. "Even now, the Russian Academy of Science in Moscow send me coded messages, by registered post, to decipher. "I've been rather ill lately so I haven't been very quick on the mark in replying to their urgent telegrams which reach Johannesburg from Moscow via Zurich.

Documentation

"There were so many telexes coming in to the Johannesburg Post Office, that they sent a senior inspector around to find out why I hadn't replied to them."

The Russians, according to Mrs Klarer, are in coded communication with a galactic civilisation through their receiving station in Russian Armenia and she has, she says, an ample amount of documented material to support this fact, some of which has already been presented to the United Nations Space Division and is classified as top secret material.

Elizabeth says that it is time to tell the truth, whatever the consequences might be, as mankind teeters on the brink of annihilation.

This includes, she says, making known the fact that for many years Russia has had a vast space laboratory in orbit around the Earth and has ferried men and material to the station as an ongoing process for some time.

"They control inner space — that is, between the Earth and the Moon. From this station, they can pinpoint any area to the minutest detail on the surface of this planet."

She says the Soviets have developed a particle beam, or light ray, which can be operated from the space station.

"Already the atomic bomb has become obsolete because of this," she says. "A diabolical new weapon is being developed. They have managed to initiate anti-matter and this will be the basis for the weapon of the future."

She says that what the superpowers are really after, however, is the complete formula for the power system of the galactic civilisation's spacecraft, something which she

dealt with in her earlier best-seller, "Beyond the Light Barrier."

The knowledge, she says, of possible galactic intervention, on the brink of war, is the greatest deterrent we have.

"The powers know, through coded messages received from space, that Earth has been under surveillance by interstellar spacecraft for some time," she says, "but, obviously, it's one of their most closely guarded secrets."

Immediate

"They know, too, that the intervention of this civilisation in the event of a space war, would be certain and immediate."

She says the superpowers have mapped the surveillance formation of the interstellar spacecraft coming into the Earth's atmosphere over the trouble spots of the world. Sounds like something out of "Star Trek" or "Battistar Galactica".

Yes, certainly, but after "The Gravity File" is released, we might well begin believing that truth is, indeed, stronger than fiction . . .

'E.T.' makes record-breaking overseas debut

HOLLYWOOD (UPI) — Steven Spielberg's "E.T.: The Extra-Terrestrial" made its overseas debut in Australia, South Africa, Singapore and Malaysia and scored the biggest grosses in motion picture history, Universal Pictures announced Monday.

In every location, the film, which made its overseas premiere last week and, outgrossed Spielberg's "Jaws," which had been the highest-grossing picture in the world.

said Robert Versal NATIONAL ENQUIRER (Oct. 18, 1982) VI tra Gro

Eisenhower Met Space Aliens — The Story They Tried to Hide for 28 Years

Massacre evidence doctored?

JERUSALEM (AP) — Attorneys and witnesses appearing yesterday before the commission probing the Beirut massacre made veiled allegations that intelligence reports and documents showing when top officials learned of the killing had been doctored.

Some of the testimony was difficult to follow because many documents were shown to the three-man panel but not read aloud, and it was not always clear what purpose tampering with the evidence would have served.

The testimony came during the commission's first public session since

Pentagon Plans To Sell \$2.4 Billion Of Arms Abroad

We believe in E.T. LOS ANGELES About 80 percent of TV pants in an ABC-TV survey said they believe life in outer space.

WASHINGTON (AP) — The Pentagon notified Congress yesterday of plans to sell more than \$2.4 billion in military equipment and facilities to Saudi Arabia, Britain, Korea and Colombia.

Tokyo's Buildup Japan's Arms Industry Is Expanding Briskly, With Much U.S. Help

If Its Export Ban Is Lifted, American Concerns Fear Face a Tough Rival

Probe of Vatican links to bank

New York Times ROME — The Vatican and the Italian government yesterday announced they had set up a joint commission to probe the Vatican's relationship with a bank and

Script for Collapse World Banking Bust: One Plot for a Tragedy In 8 Scenes and 12 Days Some Experts See Possibility Of System's Breakdown: A Way It Might Happen Hong Kong to Youngstown

By JOHN J. FIALKA Staff Reporter of THE WALL STREET JOURNAL Scene 1: On Dec. 2, 1982, a small Hong Kong lending company, Global Finance Co., quietly closes its doors. For months it had been aggressive in its \$7 million in