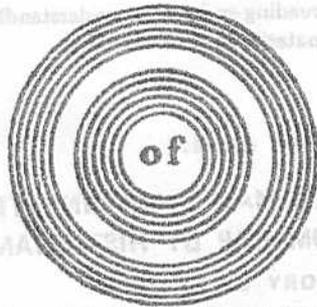


Revelations



Awareness

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people become aware)

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COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



GETTING HISTORY STRAIGHT....

THE
REAL
REASON
COLUMBUS
DISCOVERED
AMERICA

Paul Shockley
Interpreter

PLEASE NOTE: For easier reading and greater understanding, Cosmic Awareness suggests that the following material be read aloud.

"...LET 'EM EAT CAKE!"

DID QUEEN MARIE ANTOINETTE GET A BUM RAP BY HISTORIANS? (...THE HISTORY OF ERGOT)

QUESTION:

There was an editorial in the local paper awhile back which posed some interesting questions. They based this editorial on some information that was recently uncovered. I'd like to read this and ask Awareness if this information is valid.

"For most of our lives the phrase "Let them eat cake", attributed to Queen Marie Antoinette of 18th Century France, has been used as a symbol of the hard-heartedness of them that have, when they regard them that have not. Lately, for example, we've heard it applied to President Reagan and even to Nancy Reagan.

It turns out that the queen may have gotten a bum rap from history. In a paper prepared for the American Medical Association, Mary Matossian, an associate professor of history at the University of Maryland, recently expanded on her idea that ergot, a fungus which infects rye grain, has played an important role in history.

Last summer she proposed that the convulsions, hallucinations and visions which led to the Salem witch trials in Massachusetts in 1692 resulted from the population eating rye bread made from infected grain. Ergot produces a hallucinogenic, potentially fatal, drug.

Professor Matossian also suggests that ergot-infected rye bread caused the "great awakening" in Southern New England in 1741, held down the birthrate in much of Europe during the 18th Century, and, in the paper referred to, caused the "Great Fear" which swept across France, creating popular support for the French Revolution in 1789. She believes that ergot is responsible for many of the bizarre incidents involving whole populations.

The fungus develops in rye grain during cold, damp summers. When the grain is made into flour, the hallucinogenic ergot is distributed to those who eat rye bread. Which leads us to Marie Antoinette, who has gone down in history as a lame-brained elitist who lost her bubble head to the guillotine.

She was told that fear and hunger were causing riots among the commoners. If Professor Matossian is correct, they had been eating rye bread infected with ergot, causing them to see all sorts of scary visions. "Let them eat cake", is the way history has recorded her comment. But eating "de gateau" at that time didn't mean cake, but bread made of refined wheat flour, which would have restored their sanity.

Instead of a party-loving bubble-head, the queen could have been an expert diagnostician and nutritionist, from whose loss France has suffered ever since. If lead in wine jars brought down the Roman Empire, as some have alleged, and a fungus in grain brought the blood bath of the French Revolution, perhaps it would pay us all to pay less attention to what the politicians in office do, and more to what the cook puts on the table."

Would Awareness please comment on that information?

COSMIC AWARENESS:

This Awareness indicates that this information as correct essentially in its entirety. This Awareness indicates that ergot as that which has been used down through the ages from the time of Egypt. This Awareness indicates that the Sovereign Order of St. John Cross of Jerusalem and the Knights of Malta,—this Awareness indicates that this order as that which discovered the properties of ergot more than one thousand years ago. This Awareness indicates this appears to be approximately 1500 years ago for the St. John Cross of Jerusalem Order.



Marie Antoinette,—Vindicated at last?

This Awareness indicates that prior to this, those entities in that Order known as the Mysteries of the Elysian Order; this as a secret organization which has long been a mystery,—these entities also as having used ergot. This Awareness indicates that this substance as having been used by the Knights Templar, and through certain secret occult organizations throughout history,—this including Adam Weishaupt's Illuminati and the Masonic Order operating under this entity.

This Awareness indicates that it was through these forces that the substance was used during the French Revolution. This Awareness indicates that basically, the Masonic Order as having had much to do with the French Revolution. That this, along with the ergot, as having caused the consciousness to undergo great changes whereby these entities were influenced in this manner.

This Awareness indicates that essentially, the ergot as having similar properties, (although of a somewhat more dangerous degree), to that known as LSD; that the lysergic acid as being associated with ergot. This as a derivative. This substance in its raw form of ergot as having been used by the Hashin (pronounced "Hasheen") as a substance to control and alter the minds of entities who were kidnapped, and brought to the Hashin to be used and turned into an assassin for them. This Awareness indicates that this and other substances, including the substance known as hash, whose name comes from Hashin.

This Awareness indicates that in reference to the question of politics versus nutrition, that this entity does have a strong argument, a strong point. This Awareness indicates that in present time, the use of alcohol and sugar, and also the use of drugs, as being the greatest forces in tearing apart the nation at this time. That these are generally the causes for the greater internal turbulence of crime and loss and tragedies.

This Awareness indicates that likewise, the war in Vietnam was largely a war over drugs. This Awareness indicates that this basically as drugs and rubber; the control of these substances as having triggered the motives and economic interests which began the movements which led to and sustained this war.

This Awareness indicates that politicians often have a way of finding words that make the actions appear to be noble, when in fact the actions are purely economic or for some less than noble purpose.

This Awareness indicates that the queen, sending Columbus on his voyage, seeking to go around the earth to prove the earth being round; this action was intended to send Columbus to the East Indies in order to find hemp, or marijuana. This Awareness indicates that little did the queen know that there was a continent and two oceans between Spain and India when sailing Westward. This Awareness indicates that this as an effort to receive her substance while there was the inability to cross through the old routes, due to those forces which were hostile to the Spaniards, preventing them from traveling to India across the Middle East.

This Awareness indicates that there are many events in history which are reported in ways that sound much more noble than in their realities. This Awareness indicates that this does not diminish the events, and many great accomplishments and discoveries have occurred, even though the motives of the explorers might have been less than noble.

QUESTION:

What did the queen do with that hemp? Was it made into rope, as I was told as a little shaver in school, or did they smoke it in those days?

COSMIC AWARENESS:

This Awareness indicates that this as having been for personal indulgence among those of the palace. This Awareness indicates that the use of marijuana, although at that time called hemp, which essentially is the female hemp plant; this as that which was used as a special treat by royalty. This Awareness indicates this information is not the type of information that would be printed up in history books, just as the wars with the British in China, known as the Opium wars, would not reveal that an empire would be subdued, an empire would be established based upon the value and commodity of opium.

This Awareness indicates that information of this type is not suitable for history, and the teaching of young minds, therefore, the writers give more noble motives such as greed, or desire for wealth or ambition as the motivating factors for these war mongers.

This Awareness indicates that in these earlier times, kings and queens and entities of great royalty had no television, no movies, no sports to watch, had no arena in which to watch Christians being fed to lions, therefore,



AMERICA'S "CHRISTENING"

Columbus landed on the West Indies island of San Salvador. He raised the Spanish flag, stating: "I claim this land and all the dope thereon for Isabella and Ferdinand of Spain."

for their entertainment, they would seek certain exotic food, drink or activities, and drugs from India and gems and jewels and precious cloth from foreign lands...these were their simple joys.

This Awareness indicates that it is not so unreasonable to assume or to realize that kings and queens and royalty would be interested in maintaining a route, or finding a new route to those areas whereby these things could be retrieved.

This Awareness indicates that whereas Columbus discovered instead the West Indies, another voyage in that direction eventually brought back gold, and in time tobacco, which served as a substitute for some of those herbs which were more difficult to obtain from other sources.

This Awareness indicates that the witches in England and in Europe often also were in demand as herbalists; these entities as capable of producing certain altered states through the use of herbs and mixtures of herbs such as belladonna. This Awareness indicates that small amounts of poison, and certain herbal mixtures for an antidote, could be brought together to give entities visions and hallucinations which were often mistaken for mystic experiences.

This Awareness indicates that the witches' brew in Macbeth as that which allowed this entity to see what he presumed to be the future. This Awareness indicates that while this as a fictional story, it was nevertheless based upon Shakespeare's knowledge of activities of the witches of his time. This Awareness indicates that not all of the visions and hallucinations experienced of course were induced by these substances.

This Awareness indicates that Joan of Arc, hearing voices; this entity as having had a particular physical deficiency, and being guided by spirits. This Awareness indicates that many of the Biblical entities also as having use of certain herbs and substances which allowed for the alteration of consciousness. This Awareness indicates that the combination of myrrh and frankincense, which was brought to the entity Jesus; these as also having certain slight properties in altering consciousness. This Awareness indicates also the Greek Oracle of Delphi as having the alteration of consciousness due to the carbon dioxide gas which emerged from the pit in the cave in which this Oracle resided at Delphi.

DID LEAD IN WINE JUGS BRING DOWN THE ROMAN EMPIRE?

QUESTION:

One final question. In this article just read, is there any truth to the statement: "Lead in wine jars brought down the Roman Empire?"

COSMIC AWARENESS:

This Awareness indicates that this as having had some effect on entities in weakening them. That it does not appear to have been the major cause of the decline of Rome.

HOW DIET CAN CREATE STRANGE AND UNUSUAL BEHAVIOR

(Closing Message)

This Awareness indicates that there are many elements in the makeup of individuals, and certain combinations result in a unique pattern which may present a particular action or presentation, thus one entity may be master of a particular type of activity, another may be master of a different type of activity. The one entity may be a prophet, the other may be a researcher, another may be a traveller. The elements which make up these entities, may be quite subtle in nature, very similar, yet slightly different.

Wherein one entity seeks to travel physically, another seeks to travel mentally, another may seek to express or travel verbally, thus, the one talks, the other walks, and the other looks in through the mind. This Awareness indicates that these entities may all have their peculiarities and differences, yet be composed of essentially the same substances, with maybe only very slight differences.

This Awareness indicates that when the diet is altered for one or the other, or when substances are fed to one or the other, or when deprivation occurs in one or the other, and substances are lacking which had previously been there, personality changes may occur. This Awareness indicates that as previously stated, many entities who appear to be possessed by other personalities or by unseen forces, or by demonic energies are simply experiencing a loss of, or a lack of nutritional or metabolic balance, and such entities could be brought back into balance with the proper foods, the proper supplements, and such entities could also be stabilized by a continued healthy diet. This Awareness indicates that likewise, some entities who become criminal in nature, or psychotic in nature can be helped and stabilized, and brought back into harmonious living through proper diet. That certain deficiencies affect entities in different ways. The same deficiency in one may not have the same effect as in another.

This Awareness indicates that therefore, it is difficult to give exact definitions of what is lacking in an entity that would affect the entity's behavior, or create the entity's ability to accomplish something simply through manipulation of diet. This Awareness indicates however, that when an entity behaves in an unusual manner, it is important, rather than looking only to the psychological aspects of an entity, it is important also to look at the nutritional needs and inquiring of the entity, what the entity has, and acquiring for the entity what is needed.

Thus, hair analysis and blood tests to determine toxins in the systems, or minerals which may be lacking; these can be important tools for assisting the entity not only in terms of physical health, but also in terms of emotional, and even spiritual health. This Awareness indicates that likewise, certain heavy metals or toxins in the system can effect and create problems, in relation to the entity's intelligence level. The brain, for example, can be greatly hindered from excessive amounts of lead or cadmium in the system.

Berserk Entities May Have A Heavy Metal Problem

This Awareness indicates that excessive cadmium in the system can also lead an entity into behavior similar to that of epilepsy, or into activities whereby the entity appears to go berserk in an outrageous action. This Awareness indicates therefore, entities who appear to have mental problems or erratic emotional problems should indeed check themselves for toxins such as heavy metals, and also check their nutritional balance for proper vitamins and mineral content.



Christopher Columbus departing on his famous dope-discovering voyage, Aug. 3, 1492 (With blessings from the Vatican). Is what is good enough for the Delphi Oracle good enough for the Pontif?

Spain Goes to 'Pot'

(A digest of significant news items that failed to appear in most of the nation's press.)

☆ ☆ ☆

JOINT EFFORT. A recently returned visitor from Spain brings news that the socialist government has legalized marijuana. Very quietly, on April 26, the Spanish Parliament removed any legal restrictions against the "weed." Spain is the first Western nation to legalize marijuana, and it is reported that, a few years ago, the CIA offered to subsidize the legalization for any nation that wanted to try it.

☆ ☆ ☆

*SPOTLIGHT May 30, 1983

THE LAW OF HAPPINESS

(Opening Message, August 9, 1979)

COSMIC AWARENESS:

This Awareness indicates the *Law of Happiness* as that Law which states that it is not who you are, what you do, or what you have that determines happiness, but *how* you feel about who you are, what you do, and what you have.

DO WE REALLY HAVE "FREE WILL"?

QUESTION:

Thank you. A question from S.C. of Rolling Meadows, Illinois. "As human beings we have been endowed with free will; and as I understand it, this means we have the choice of following our own wayward desires or the will of our own inner awareness. Awareness has said in Gemini, Volume 3, Lesson 2, Page 1, "The free will that entities have is related unto levels of awareness and attitudes, rather than actions and deeds." And yet we have the ability with thought, emotion and visualization to create and manifest in our world. I am confused. What part of our lives exactly can we control, and what parts are determined by a course pre-chosen by ourselves before birth, by the group consciousness,--our Creator?"

LSD's creator defends its use

SEATTLE (AP) — Mind-altering LSD, taken properly, can break down the barriers of ego and even bring people closer to God, its creator said at the University of Washington Thursday night.

"LSD really is an ambiguous substance," said Dr. Albert Hofmann, who discovered the hallucinogenic drug in 1938. Taken frivolously by a person who's unprepared, it can bend reality into a nightmare from which some people never fully recover.

But taken under supervision of psychiatrists, an LSD trip can bring a "loosening or even a disappearance of the subject-object, I-you barrier," Hofmann said.

With the healing aided by LSD, a person is liberated from everyday notions of reality and gains insight into the interrelationship of all things, Hofmann said. Mystics have for centuries used fasting and meditation to achieve that goal.

That's why Hofmann labels LSD an "entheogenic" chemical, one which "brings us closer to God. But this is not to be often repeated."

Hofmann said LSD is too dangerous for children or people with deep-seated anxieties, because "their actual psychic situation is enhanced."

Because it's a drug that can ease a voyage into "inner space" — or throw a careless user into a panic — Hofmann called LSD "my problem child."

"That is a very important effect. It could be an adjunct to meditation. The healing itself must come by the psychiatry and by the spirit."

The 77-year-old Swiss chemist made his comments in an interview Thursday after he spoke on "The History of LSD" to about 200 people at the UW.

Hofmann himself has taken LSD — lysergic acid diethylamide — about 12 times, the last time in 1972.

The prime benefit of a controlled LSD dose is breaking through ego barriers and the "experience of an all-embracing reality," Hofmann said.

ED's Note:

For more information on marijuana & LSD, please refer to the following 'Revelations of Awareness' newsletters: 77-1, 78-10, 81-15, 82-5.

For more information on Herpes, please refer to 'Revelations of Awareness' No. 82-14 (A Cure for Herpes), \$2.00.

A Popular Hippie poster of the '60's.



"Here I am and this is the Creation. Such kind of enlightenment is necessary," he said. "Older people even have more need to take LSD. They have encapsulated egos with all their problems. They have come to an end to (psychic growth) in their lives."

Seattle Post-Intelligencer,

June 1, 1983

COSMIC AWARENESS:

This Awareness indicates that the attitudes which entities present and bring to any given situation is that which entities may choose. This Awareness indicates that the choice of attitude in a given situation will determine the type of action the entity embarks upon in that situation. This Awareness indicates that other than this, there is very little free will for entities are simply programmed into various types of reactions by the *Law of Cause and Effect*, from their previous experiences which are brought into the new situation and determine the kind of reaction to that situation. This Awareness indicates this determining factor is modified by the attitude which entities may change according to their own free will. This Awareness indicates this change of attitude is always available for entities at any time, but entities may at any moment change their attitude toward themselves, toward situations, or toward the actions which they have at their disposal, and this change of attitudes is that which will determine the course of action in the next situation. This Awareness indicates this relates to the opening message, the Law of Happiness.

...Living together in peace:

THE PROPER USE OF EMOTIONS

(For Constructive, not destructive use)

QUESTION:

In a related question: "How can we distinguish between our human will and the will of our higher consciousness or inner awareness; are those inner directions free of all emotion? I would be grateful to Awareness for clarification and understanding of this."

COSMIC AWARENESS:

This Awareness indicates that it is not necessary for entities to free themselves of emotions, that emotions may be considered as tools for certain purposes, that emotions may be considered as likened unto garments or clothing that can be put on or taken off according to the occasion or situation, and that proper dress or proper emotions in that occasion or situation be beneficial. This Awareness indicates that emotions which are improper according to the situation can be detrimental. This Awareness indicates that the use of emotions,--that is emotions which are not purely based upon mechanical programming or identifications from the past;--the use of emotions according to one's level of awareness, and the observation of the situation, and the proper dress or proper emotion in that situation, this can be of great value for entities. This Awareness indicates that when entities approach a situation, attempting to be devoid of emotion, this also can be artificial. This Awareness suggests that the proper use of emotion is as one might consider the term 'amplitude' or 'amps' in an electronic piece of equipment: one may turn up the amps or turn down the amps according to the necessity for power or strength. This Awareness indicates that in some situations in order to move through a certain barrier, the amplitude may be turned up in order to crack through or move through that barrier, and this can be beneficial when used properly.

This Awareness indicates this also can be used as a destructive weapon or as a constructive weapon, depending on the motivation. This Awareness indicates that when an entity wishes to use emotions or amplitude for personal power and is using this personal power for personal promotion at the expense of others, this then is improper use of emotions. This Awareness indicates that proper use of emotions comes about when entities find it necessary to blast through barriers that are inhibiting harmony and unification, communication and unity between oneself and another, and when the entity raises the amplitude or volume in an emotional manner in order to break through these inhibiting barriers to unify a relationship,--this then is proper use of emotion.

This Awareness indicates this relates to the concept of reconciliation of energies as opposed to the concept of competing energies in which one would harm another in order to be victorious. This Awareness suggests that if this is not clear, the question may be reasked and rephrased.

(Closing Message)

This Awareness suggests that entities in looking at emotions, experimenting with emotions, may wish to note that wherein you up the amplitude without upping the attitude to more inclusive levels, and more enlightened levels, you are more destructive, but wherein you up the attitude to more inclusive and enlightened levels, then up the amplitude of emotions, you are more constructive and are a greater force for good. This Awareness indicates this may be seen in relation to power on the lower levels such as an airplane or vehicle which has its power increased considerably but is not integrated with environment and simply is forcing its way through come hell or high water, mountain, trees or homes, likened unto an airplane which does not leave the ground, but moves full throttle forward into a city or forest. This Awareness indicates this as likened unto emotions which are of a high amplitude and of a destructive attitude of "who gives a damn, I'm going to do what I want regardless of anything else."

This Awareness indicates that on the other hand, the airplane which lifts itself into higher levels of enlightenment, higher attitudes, or altitudes, rising above the obstacles, then lifts and increases its amplitude or speed and power, this airplane then can move great distances, cover great distances, overcome many obstacles without damaging or harming others, and may arrive at a destination which is desirable and which has served many and served them well.

This Awareness indicates that emotions are like laser beams, they can blast and destroy, or they can be used for cutting through barriers to allow others greater freedom of communication, of relationship, or of greater harmony in situations, that when these are used with an overall view and purpose of reconciling differences, then emotions are proper in use, but when used to destroy or harm another in order to have your own way, then emotions are harmful. This Awareness indicates that emotions can also be used in self-defense when being attacked by an oppressor, this as likened unto laser beams in the energy fields whereby one must defend oneself against an oppressor by blasting forth with the emotion. This Awareness indicates that in such cases, one must be cautious, even as though one had a weapon, for the oppressor may have a greater weapon, greater emotions and be more deadly or determined in its use.

This Awareness suggests that often when one is being attacked by an oppressor, the best route is to assume a disarmed position and be totally unemotional as though you had no weapon or no fire power left in your weapon. This Awareness indicates that the various situations can each be different and unique, and entities must be discerning and aware so as to understand when to up the amplitude, when to drop the amplitude of emotions. This Awareness indicates that for example, if you are continually being oppressed and have never upped the amplitude of your emotions to counter that oppression, it might be worth experimenting with that concept in order to discover whether the upping in the amplitude of your emotions might not be that which is necessary to throw off the oppression.

This Awareness indicates that often one entity having strong amplitude will simply blast another who appears to be basically dead as far as any emotions are concerned in an effort to get some kind of emotional rise out of the other entity. This Awareness indicates that once the entity comes to life with emotions of his own, then that entity may back down and cease to continue blasting with that amplitude, recognizing that the entity is alive emotionally; and in some cases, this is all that the first entity wanted, and the efforts may cease so that other level of communication can begin.

This Awareness indicates that entities must be aware of the various levels of volume or amplitude of emotions, so that they do not overkill or overblast another for some petty small infraction. This Awareness indicates that the right use of emotions can go far in helping entities to have a clear and harmonious field of energy in their relationship, that the wrong use can simply destroy a relationship for the members of such a relationship.

THE DIFFERENCE BETWEEN QUANTITY AND QUALITY IN A RELATIONSHIP

...MORE ON EMOTIONS

(Opening Message, May 7, 1981)

COSMIC AWARENESS:

This Awareness wishes to call attention to the concept of quality and quantity. This Awareness indicates that the concept of quantity,--the number of things, is that whereby each increment is clearly delineated from the other by number: there is one of this, two of that, three of this, four of those and so forth. This Awareness indicates that quantity is a concept which allows entities to think in terms of categories, definiteness, or divisions. This Awareness indicates that quality, on the other hand, does not consider the number or the separateness or division of things, but considers rather how much, how good, how much value, how good,--how bad, what value in terms of use and purpose. This Awareness indicates that quality must be concerned with the degree of amount, the how much of this, or how much of that quality.

This Awareness indicates the concept of anger or joy in quantity may be counted as two different emotions. But from the standpoint of quality, there

is an entire array of possibilities: how much joy, what quality of joy, how much or how little joy, how much anger, what quality is the anger, how intense, how strong, how long-lasting? This Awareness indicates the question of degree is always important when considering quality. This Awareness indicates that in relationships, in *all* affairs wherein emotions are involved, wherein values are involved; quality is that which needs to be considered, and the degrees must be examined. The question of how much, how valuable, how useful, how precious?--these questions must be asked.

This Awareness indicates often entities become confused and mix quantity with quality. An entity may, for example, see that another entity is worried, and the entity may express, "I am feeling somewhat worried today." This Awareness indicates the first entity, if confusing quality with quantity, as many entities do, may simply state: "Oh! This is another day wherein this entity is worried. This is the 5th time this month there has been a state of worry." This Awareness indicates the entity sees this as one big lump in his life, wherein the entity is worried, and worry obviously is a condition which is single, apart from other conditions, and can be counted to bring about certain other effects. This Awareness indicates the entity assuming that since this entity is worried now, and last time the entity was worried: this, this, and this happened...then most probably this, this and this can be expected *this* time. This Awareness indicates another entity with more perception, rather than thinking in terms of quantity, or the thing itself, may concern itself with the quality and ask: "How worried are you?" The response may be: "Oh, just a little." Then the question might be asked: "What about?" and the entity might easily be discharged by a discussion of the concern.

This Awareness indicates the concern about quality: how much, how far, how valuable, how important,--these things are often ignored by those entities who tend to think in terms of the surface features. This Awareness indicates that many entities who particularly have a rational approach or a mathematical type of mind, fail to recognize quality, and approach things which need to be dealt with in terms of quality with a mind that is concerned about quantity, or the number of experiences, or the thing itself according to its name and symbol, rather than according to the energy involved behind the name or the symbol.

This Awareness indicates wherein entities cease looking strictly at the surface effect,--the name or the symbol, the label or the number describing the quantities of things in one's life,--and begin looking behind the surface effects, at the qualities or the energies involved: the how much, how strong, how certain, how firm, how upset, how difficult...questioning the quality or the degree of expression, the degree of experience which lies behind the substance, behind the name, behind the label,--this Awareness indicates when entities begin looking more at these qualities of experiences, then the energies involved become more manageable, are easier to understand and flow with and deal with, are easier to reconcile.

This Awareness indicates that if the entity fails to consider the degree of intensity or quality, and simply looks at everything as mathematical labels, names or quantities, that entity is insensitive and detached from the reality and is lacking in a dimension of humanness; for the true human must consider not only quantity, but quality of life.

**

For Longevity, Arthritis, Rheumatism, Shingles, Gallstones, Gout, Herpes etc.

HOW ABOUT SUCKING THIRTY LEMONS A DAY! (30 lemons a day?)



QUESTION:

J.S. of Olney, Illinois, has been sending in copies of information that he and his brother's family, and his brother-in-law's wife have been receiving from forces beyond. First it started with Ouija boards, and then automatic writing, and now this lady is just typing the information when they ask the questions, and some of it corresponds with information we've received through the Awareness readings, and some of it doesn't, but he sent in two questions that he would like Awareness to comment on that they received through this particular medium, and one is:

"The information came through that said: "Lemon. For the reduction of carbohydrates in the tissue, following a meal with the sucking of a lemon, a lemon half, causes the reduction of carbohydrate retention, thus allowing it to pass into the digestive system and out with the waste. The solid fat will be no more, the stomach's flat, you can see the floor. The lemon juice lightens blemishes of the skin, and rinses the oil and soap from the hair." Is this information valid? Particularly about losing all the weight and fat by sucking half a lemon each day?

COSMIC AWARENESS:

This Awareness indicates that this as being very beneficial. This Awareness indicates the lemon as being a fruit which has many valuable and healing qualities not yet fully recognized. This Awareness indicates that the lemon as being very beneficial also in healing shingles, and in healing gall stones. This Awareness indicates that being high in Vitamin C, it is beneficial to the skin. It also tends to cut fat. It also tends to dissolve certain waste particles in the system and in the blood stream. This Awareness indicates the use of lemon also tends to remove toxins and poisons from the system, as well as reduce any radiation which might be present in the body.

This Awareness indicates that in some instances, the lemon needs to be used in large quantities, such as a number of lemons daily. This Awareness indicates however, that in increasing the amount of lemon used, one should do this on a gradual basis, moving from one-half lemon, up to as much as thirty lemons daily, with an increase of one, to one-half lemon on each day of the increase. That also, in decreasing the use of lemons, one should likewise decrease on a gradual basis, decreasing one lemon daily, or one-half lemon daily.

This Awareness indicates that in the use of lemons in this fashion, one can do wonders in terms of loosening up the joints and improving arthritic tendencies or conditions, so that the system becomes more free. This also assists in cleansing the bloodstream and cholesterol matter from the bloodstream. This Awareness indicates that large amounts of lemon are effective much in the same way that large doses of Vitamin C are effective in helping to prevent colds and to prevent heart attacks and to prevent other common illnesses. That lemons do have an effect of cleansing germs and bacterial from the body, and building up the immune system.

This Awareness indicates that lemon essentially is an anti-oxidant and life-extender of a natural type. This Awareness indicates that lime also as being similarly valuable and beneficial. This Awareness indicates that anti-oxidants generally are life-extenders and help to cleanse the body from toxins. That such anti-oxidants as GH3, SOD and Selenium,--these also are very beneficial. That Vitamin C also serves as an anti-oxidant.

QUESTION:

Would there be any adverse effects anywhere in the body from the acid in thirty lemons?

COSMIC AWARENESS:

This Awareness indicates that this could occur, depending on the individual. That some entities may find that their system does not move in adjustment to such, and therefore may require that a smaller number be used. This Awareness suggests that it is for this reason that entities should adjust to this amount with one-half to one lemon increase daily, and also on the decreasing side. That once the thirty lemons is reached, that the entity should begin decreasing the amount. That this as not being recommended for all entities. This being more for those who find that the lemon is having a very beneficial effect on their particular condition, whereby they wish to continue increasing the amount to thirty.

This Awareness indicates that for some entities, they may choose to use even more. This Awareness indicates this use of thirty lemons in this manner is that which has been used in China, as a system for helping to rejuvenate the body, particularly in regard to arthritic conditions, rheumatism, or ridding the body of uric acid. This Awareness indicates that this also has been used for treatment of other conditions of the body.

This Awareness wishes that entities however, be very cautious in attempting to use that number. That It recommends entities in most cases use approximately 10 or fewer lemons daily. That it be done in the same manner, except the total being ten lemons, and then a reduction begin. This Awareness indicates that this is not a hard, fixed rule or system, and depends entirely on the individual's metabolism. That essentially, the lemon is not harmful to the system, so long as the system can adjust to the amount of acid and its effect.

This Awareness indicates essentially, the acid from the lemon changes to alkaline once in the system, but that if entities take too much at once, before the system is programmed, or has adapted itself to the altering of the acid into alkaline, then it may have an adverse effect of causing certain acidity difficulties.

This Awareness indicates that it is important, even more important in reducing the amount of lemon juice. That this be reduced gradually. This Awareness indicates that similarly, entities taking mega-doses of Vitamin C should taper off very gradually, rather than ceasing suddenly, for the system begins to release the Vitamin C when it no longer needs the benefits, and if an entity ceases immediately, the amount released continues to be in large amounts, and the entity can suddenly become depleted. This Awareness suggests therefore, that with both Vitamin C and with lemon juice, the amounts be decreased slowly.

This Awareness wishes to comment one further note on the use of Vitamin C or lemon juice. That this also is of great benefit in countering that known as herpes. This Awareness indicates that also, the use of lysene as being very beneficial, along with Vitamin C in the countering of herpes.

CANCER IS REVEALED AS A FUNGUS (Cider Vinegar Kills Many Cancer Fungi)

QUESTION:

His other question on information which came through the medium... (the channel evidently gives information in rhyme sometimes) is the following:

"For the greatest bane of all, the cancer, here to you I give the answer,--ketone: For the prevention of cancer, use the mind, but to reassure yourself in the mortal mind, take three teaspoons of vinegar once a day, anytime, any day. For the cure of the ravage, the destruction of pain, take three teaspoons a day, three times any time, any way".

And he asks the question: "How soon will the cure be detected?"

"From one day to the next, but there will be complete and total remission of all traces of the disease within three days."

And he asks: "How does this work?"

And it responded: "For every action, there is a reaction. You should know this from your friend and mine, --A. Einstein. The disease is an action of a mold-type fungus. The acidic acid reacts against this fungus by reversal of the growth tissues it has fed upon. It literally starves to death. Since it must feed constantly, the destruction of this fungus is quick."

Is this information valid?

COSMIC AWARENESS:

This Awareness indicates that this is valid in most cases, to a degree. This Awareness indicates that most of what is called cancer is in fact a fungus. This Awareness indicates it appears there are approximately seven different types of fungus which are diagnosed as cancer. This Awareness indicates that the use of vinegar as that which, (this particularly apple cider vinegar), has been effective in the treatment and the remission of many of these types of fungus. This Awareness indicates that it will depend on the stage of the condition and the

general immunity system of the individual, whether the individual has the recuperative powers to recover with the assistance of the vinegar.

This Awareness indicates also high doses of Vitamin C, the use of lemon and other anti-oxidants as has been given by this Awareness in past readings: These also are of great benefit in countering these fungus types. This Awareness indicates that there are many types of cancer, and many causes, and much of this is a psychological condition, caused by free radicals within the system that have an effect upon the metabolism, creating a dissolving of the immunity system to allow these fungi, and other elements to grow in destructive manner within the tissue.

This Awareness indicates there are many ways whereby cancer can be cured. There are many ways whereby cancer can remain incurable, depending largely on the type and the progression of the cancer. This Awareness indicates that this does however, appear to be reaching a time wherein even though much vested interest prevents a single publicized common cure for all types of cancer, there are still increasing numbers of entities being cured from cancer, wherein in the past, many of those would have died.

ED's Note: for more information on cancer, please refer to 'Revelations of Awareness' No. 82-21 (\$3.00 from CAC).

WAS PRINCESS GRACE MURDERED? (Did the Vatican have her 'offed'?)

(Nov. 11, 1982)

QUESTION:

D.A. sent in a page from a recent tabloid that talks about the question of "Why Princess Grace was murdered". I'd like to read just a little bit of this and ask Awareness if this is a true scenario. It says:

"Princess Grace was murdered because she learned dangerous secrets tied to the international banking scandal sweeping the Vatican," a researcher and radio commentator claims. "I definitely feel she was murdered. There were too many factors that she was privy to", said Mae Brussel, a political analyst and hostess for World Watchers.

Incredibly, she revealed that during the elegant beauty's last months of life, Princess Grace was drawn into a perilous world of financial intrigue, crime syndicates, terrorists bombing, bloody assassinations and suspicious suicides that had thrown suspicion on some of the highest princes of the Catholic church. Grace was definitely doing secret work inside the Vatican this summer, Brussels told the Examiner."

And it goes on to talk about, "...Why was she there? She was there making movies about the Vatican which were supposed to come out during Christmas time, etc., and it goes on and on, linking Cardinals of the church to billion dollar scams, banking scams and so forth. I'd like to ask Awareness if what Mae Brussels has uncovered or theorizes, has any basis in truth?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be an amalgamation of disconnected facts which are loosely brought together to appear to be associated with this entity's death. This Awareness indicates that it does not appear to be valid as a theory in regard to the actual events. This Awareness indicates this more likened unto loose implications, rather than clear connections. This Awareness indicates that this is negative. This Awareness indicates this form of association is likened

unto the entity who states: "I use *this* mouth wash, and two weeks later, met the man I married." This Awareness indicates the implication appears to be that the use of the mouth wash was somehow connected with finding one's mate. This Awareness indicates that this as not necessarily having any connection whatsoever, but by linking facts together in close proximity, the facts appear to be somehow associated.

QUESTION:

The manufacturer of the car that Princess Grace and her daughter were in, said it had two sets of brakes, and it would have been impossible that the brakes would go out, as was claimed by her husband. Was this entity murdered, or was this truly just an accident?

COSMIC AWARENESS:

This Awareness indicates that the indications are that this entity had become disoriented through some form of internal crisis, this as a kind of stroke, and the entity as having lost control of her driving. This Awareness indicates that it does not appear to have been tampering with the vehicle as to the cause of the accident.

HOW DEEP BREATHS OF OXYGEN IS USED IN HEALING & TRANSMUTING

QUESTION:

A question from E.L., Mesa, Arizona: "At night, before I go to sleep, I take in deep breaths, saying to myself, 'I'm taking in the prana of God, and breathing out the White Light of God's love, to the planet earth,' one time or maybe three times, then to the Peace College, then to the workers against nuclear bombs, and all things nuclear, and even to the leaders of our various governments, and also to any one, or group, that comes to my mind that may need help. Am I right in believing and expecting that taking in God's prana for the purposes of sending out love and light will do good, as if I am using my will and mind-energy to maybe bring it into focus for earthly things and needs, kind of like a prism takes in God's light, and gives it out in beautiful colors, to give us a new view of beauty?"

COSMIC AWARENESS:

This Awareness indicates that this is absolutely correct. That the breathing in of oxygen and prana as that which allows the magnetic field around your body to produce that which has been called mana. This Awareness indicates the oxygen as that which, mixing with the blood-sugar, creates mana. The mana itself then is used in imaging, and the focus of that energy or image toward those who you desire to heal, becomes the action of the conscious mind as a fountain, sending the mana in that direction.

This Awareness indicates that this then being sent forth into the world, as having a purpose of being associated with the Light of the Divine, this then does have its effect through the Akasha upon those to whom it is sent. This Awareness indicates there is in this universe, filled with consciousness, there is no space in which consciousness does not exist, and wherein one entity at one place thinks a thought or gives forth an image and sends that image in a direction to another in another place, it is transmitted through the consciousness in this universe to that entity.

Planetary Search

Pioneer 10 and Pioneer 11—now heading out of the solar system in the opposite direction—are being used to search for a hitherto undiscovered tenth planet or astral body that could be responsible for unexplained perturbations in the orbits of Uranus and Neptune.

These deviations had been attributed to the gravitational force of Pluto, but the discovery of Pluto's moon Charon in 1978 led astronomers to recalculate Pluto's mass, which now appears too small to account for the irregularities.

If it is not an undiscovered planet, the object could be a dark star companion to the Sun or a "black hole." If the object is a planet-sized object, it probably will affect one of the two Pioneers' orbit more than the other.

If it is a massive body like a dark star or black hole, it probably will affect the two trajectories more equally.

The Pioneer project is managed by NASA Ames Research Center. The Pioneer 10 and 11 spacecraft were built by TRW, Inc., Space and Technology Group. □

Aviation Week & Space Technology.

May 2, 1983

This Awareness indicates that this is not always picked up consciously, but will be perceived by the more subtle energies, the subconscious energies, and therefore, has its effect. This Awareness indicates that this is likened unto the radio transmission which is perceived by those whose signals and channels are open to receiving that vibration. This Awareness indicates that the visualization and the breathing process are used hand in hand, enhancing each other, and this is that which is beneficial when both accompany each in the action of sending healing energy.

This Awareness indicates that the letting go, an action of a physical nature, such as blowing the breath out, and visualizing this energy going out to those who need this energy, or an action and movement of the hands, snapping the fingers or clapping the hand, or some other action wherein there is a physical movement indicating a finish, a grounding of the action; this is that which can enhance the prayer, enhance the healing purpose.

ED's Note: For more information on this technique, please refer to the *Georgia Lessons of the Spiritual Development Lessons—"High Magic"*.



"Brother Michael is our token noncelibate."

WHAT EXACTLY ARE THE "DIVINE FORCES" AWARENESS SPEAKS OF?

...MORE ON THE 'LAW OF GRATITUDE'

QUESTION:

A question from T.S., Cedar Rapids, Iowa. "I just received 'Revelations of Awareness' 83-2 ('Helping One Another') and am disturbed by certain ideas. The question asked in the newsletter: "Can you depend on Divine Forces to take care of your daily needs?" and answered by Cosmic Awareness with: "This action of depending on the Divine, this generally is not rewarded by the Higher Forces, and even through one may be vain enough spiritually to feel deserving of something for nothing, the Divine Forces seldom reward such vanity and such irresponsibility."

"I would like to know what "Divine Forces" Cosmic Awareness speaks of? I believe that the power to create personal reality is not a privilege or a gift; it is intrinsic to being a self. Who are these Divine Forces to bestow or withhold rewards?, and how is creating what I need and desire to do with some reward system? Thank you for your consideration."

COSMIC AWARENESS:

This Awareness indicates that when *It* speaks of 'Divine Forces' *It* is speaking primarily of your own Higher Self, that guide which hovers with you through your daily mundane life, which attempts to direct you in the path of Light, in the path which gives you your greatest development and soul growth. This Awareness indicates that this message was in reference to entities who do nothing on their own, who put forth little effort, but who simply sit back and hope that the Divine Force will provide for them.

This Awareness indicates that in the sense of having faith, it is important to recognize that the Divine Force *will* provide. This Awareness indicates however, that when you are simply seeking indulgence, personal indulgence, self-gratification, and hope that the Divine Force will provide, this then is an error, and the Divine Force will more likely, if *It* is efficient in *Its* purposes, deny you that personal gratification, for your lack of fortitude or purpose in your life. It will allow you rather, to have the inconvenience and the disturbance which prevents you from enjoying yourself in your position of apathy and nonproductivity.

This Awareness indicates that whereas the entity who is putting forth an effort to do something worthwhile for others, or if not for others, at least to take care of his or her own needs, this entity may have faith in the Divine Force to help provide the opportunities whereby they may take care of themselves or others. This Awareness indicates that when there is a kind of assertion or effort to do for oneself or for others that which one *can* do, then it is appropriate also to ask for and to expect to receive Divine Guidance or help in being successful in those efforts.

This Awareness indicates however, when there is no effort at all, other than to sit back, kick back, or whatever term, and wait for blessings to fall from heaven, the entity is likely to be disappointed. This Awareness indicates that it does little good to become angry or irate over such forces and their denial or withholding of their energies. This Awareness indicates Divine Forces can only act when energy is given by an entity. When energy is given to accomplish something, to do something worthwhile, or to do something negative, the energies which are given *do* pass through the consciousness of the Divine Force, and are enhanced and modified to give the entity what he or she deserves.

Is this the way it will happen here?

South America

The day the money stopped

BUENOS AIRES, Argentina (AP) — Many Argentines have enjoyed their last day as millionaires, and today the military government is scheduled to lop four zeros off the country's currency in a fight against inflation.

The new "peso Argentino" is worth 10,000 of the old pesos it replaces. The move is being made to ease bookkeeping and fight the psychology of inflation in Argentina, where the annual cost of living increase has fallen under 100 percent only once in the past seven years.

Banks and other financial institutions were ordered to remain closed Tuesday and today to allow conversion of checking and savings accounts and reprogramming of the computers which control them.

In dollar terms, one dollar — worth 80,000 pesos when banks and exchange houses closed on Monday — will be worth eight of new pesos when financial institutions open their doors again on Thursday.

Daily Olympian, June 2, 1983

This Awareness indicates this is the *Law of Gratitude*. That energy which has been given receives a certain reward. This reward is according to the energy and its nature which has been given.

WHY VARIOUS SOURCES OF SPIRITUAL INFORMATION APPEAR CONFLICTING

...MORE ON PREDICTIONS

Opening Message,

COSMIC AWARENESS: May 6, 1981

This Awareness indicates that entities on the path of spiritual pursuits may notice that there are often what appear to be discrepancies in the many different types of information which they receive from various sources also on the spiritual path, and even from the same source. This Awareness indicates that these apparent discrepancies may be seen and interpreted as some type of error in one source or the other, because there is a discrepancy or lack of agreement in the information. This Awareness indicates that in some cases, the same source of information at different times may give similar messages regarding a topic, but whereby there is a discrepancy between the messages.

This Awareness wishes to at this time explain why this occurs, how it occurs, and hopes that entities can recognize and understand the insignificance of such discrepancies in the overall purpose or path to the spiritual realms. This Awareness indicates that the best approach at this time in explaining the discrepancies is to use the analogy previously given in reference to 'frames of reference.' This Awareness suggests however, in this particular analogy, this Awareness suggests that you visualize astronomers, each being experts in their field, but rather than viewing the universe with the many star clusters from a single place, wherein all astronomers are looking through the same telescope or from the same planet out into the universe; this Awareness asks you to imagine these astronomers placed with their telescopes around the universe at different places.

This Awareness suggests that one astronomer, for example, may be way out on the outer fringes of the universe to the North, another way out on the outer fringes of the universe to the South, another on the West, another on the East, another in the direction of above, the other below. Others are located close to the midpoint distance from the center and outer edges, scattered about in different places without any particular symmetry in their placements, some within particular nebulae or star clusters, others sitting on a planet, isolated and alone, with one brilliant sun shining overhead that does not allow much space for observation, other than of itself.

This Awareness indicates that you then imagine these various astronomers attempting to explain the universe according to their viewpoint from where they sit and with the telescopes which they have. This Awareness also suggests that you imagine these telescopes as being of different natures so that some are more powerful than others, some being hand-held, others being giant fixtures as tall as buildings. This Awareness indicates that others are operated by radio waves rather than by sight.

This Awareness indicates that from this you can imagine the complexity of trying to get a simple, clear answer to any particular question that a questioner might ask about the universe, wherein these entities would give the proper and agreeable answer that all could nod their heads and say, "Yes, that is the way it is." This Awareness indicates the entities to the South would find that certain images and constellations would be on the right, while others on the left. The astronomer to the North would see this in just the opposite: This Awareness indicates those on the right would be on the left and vice versa. This Awareness indicates those entities to the South would see certain star clusters close, while others would be distant, and still others would not be seen at all. The astronomer to the North however, would see those which were not seen by the astronomer to the South, and would not be able to see those which were close to the astronomer to the South of the universe. Therefore, each would have certain blind spots, each would accent certain information, and each would see things differently from the other. This Awareness indicates that likewise, those who are in the center would still describe something even more different yet, for they would describe things which were occurring in all directions around them. And in this analogy, entities can see that these astronomers, because they are not looking at the same thing from the same place, are seeing totally different pictures, even though they are discussing the same universe.

This Awareness indicates that now we must superimpose over this image a field of knowledge, or a field of information, or a cluster of concepts,--and imagine an entity looking at this cluster of ideas and concepts or this field of knowledge from different points of view at different times, or imagine several entities looking at this field of knowledge or information from different points of view. This Awareness indicates that it again becomes obvious that these entities, looking from different points of view at different times, will not repeat the identical statements of each other. This Awareness indicates in some circumstances, the entities will not use the same language, or if using the same language, will not use the words in the same frame of reference, or having the same meaning. Therefore, the semantics enter in and entities though saying similar

things may have different meanings, or entities saying different things may mean the same thing. Therefore, entities wishing to understand what is meant need to look behind the words at the meanings. This Awareness indicates this creates some difficulty for some who would like things spelled out in their own language.

This Awareness indicates that also, entities viewing the circumstance from the middle of the circumstance will see something that is entirely different from those who have moved on in time or space and are looking back at the circumstance in retrospect, or those who rise above and see the total circumstance in relation to other circumstances which have led up to that particular circumstance. This Awareness indicates that likewise, wherein one is in the middle of an action, the entity will experience and see a truth during that moment which may be looked at sometime later, and the entity will reverse his or her opinion about the incident, taking a totally opposite point of view. This Awareness indicates that likewise, one brought in to examine the incident which was experienced by a being, may totally disagree with the being, from the viewpoint of not having been there at the time and only seeing the reflected energies or hearing the story told in reflection of what occurred,--this entity perhaps receiving only a portion of the total experience.

This Awareness indicates therefore, there are discrepancies in all types of messages and information which come to entities. This Awareness indicates that likewise, there can be discrepancies from day to day, or week to week, or month to month, or year to year, or century after century, even when the same source is repeating or giving information. These discrepancies come from linguistic discrepancies such as the changed meaning of words, or the loss of the understanding of symbols, or from pictures which have been changed by time, or from structures which are no longer complete or understood, or from a different time frequency or time zone. These also can change from the interpretation; even if the words and the symbols and the structures remained identical, the listener or interpreter of the messages may not be hearing what was intended at the time of the presentation

This Awareness indicates that therefore, not only do messages have their room for error and discrepancy, but the reception of those messages also contains equal room for error and misinterpretation. This Awareness indicates that it is because of this that there are some entities who feel it is necessary to restate or reword what was heard and ask the speaker, "Is this what you are saying?" This Awareness indicates this as commonly termed 'active listening', wherein an entity repeats the words of another and checks to see if the entity is hearing correctly what is meant. This Awareness indicates that this can assist in zeroing-in on the true meaning being expressed if there is any question as to whether the meaning is clear or not. This Awareness indicates that also, those who wish to go a step further will benefit by asking, "In what frame of reference is this message intended? Is this in reference to a mythical experience, to a historical experience, or is this in reference to a symbolic experience?"

This Awareness indicates that these different frames of reference and the different interpretations and the different angles of viewing a subject and the different linguistic difficulties,--all add to the element of potential error in terms of any presentation of information. This Awareness indicates that still further, information which is based on potential events, or things which can be altered, such as predictions or probabilities; these still have another

element wherein error can occur. This in reference to actions or movements or energies which change from moment to moment. And therefore, although entities dearly believe that there are forces which can accurately predict the future, and although there are these events which have been accurately predicted; there is no absolute certainty that in every case, any force can predict with one-hundred percent accuracy the details of a future event, other than the force accompanying the movement of time and space into that event,—that force known as destiny. Whatever will be will be: and the prediction which flows along with time and space is that which is accurate, but any statement given before the event occurs may or may not be accurate; but in any case, cannot be guaranteed one hundred percent until the event actually has occurred. Even then, the interpretation of what occurred will not actually be 100% accurate, for 'What Is' is all that is 100% accurate. The essence of the action and the being is that which is the truth; and entities who can in fact attune themselves to What Is, are living in truth.

This Awareness indicates that entities who speculate on what may be, or what might have been, are reflecting on the truth, but the reflection is never as accurate as the actual experiencing of the here and now.

IS DISSOLUTION OF THE CATHOLIC CHURCH JUST AROUND THE CORNER?

(MORE ON THE ILLUMINATI AND PROTESTANT CHURCHES)

QUESTION: (Oct. 23, 1981)

In the publication called "The Countdown", put out by Stanley and Elva Concrate of Pulson, Montana, the following is stated:

"Henry Kissinger's Georgetown center for strategic and international studies, declares the church of Rome a national security threat. They had Dr. Steven Mumford write an article of importance for the Humanist Magazine, in which he advocates war against the church, demanding that the American church lead a schism over the population question." Mumford indicated that the conspiracy against the church is directed from the highest circles of the NATO command, including Secretary of State Alexander Haig. 'NATO is the only institution really equipped to resist and fight the church', Mumford says. 'The total social chaos I see coming will destroy the church. It will not survive', which a lot of the Christian fundamentalists believe corresponds with certain information in the Book of Revelation, relative to the church of Rome. Does Awareness see this as basically true?

COSMIC AWARENESS:

This Awareness indicates that the Protestant movement in the United States as that which is largely being influenced to believe that the Catholic Church is the threat, and that which has been called the Beast of the *Book of Revelation*. This Awareness indicates that many believe this to be that which is known as 'the whore that sitteth upon the waters.' This Awareness indicates that the Protestant movement as that which is largely controlled by the Illuminati, the forces of the Rothschild and Rockefeller alliance. This Awareness indicates that the forces controlling the Protestant churches as operating largely through higher echelons of the World Council of Churches and similar organizations. This Awareness indicates that this also including the National Council of Christians and Jews.

This Awareness indicates that the Catholic Church as that which in many areas is also influenced and controlled by these forces. The strength of this church is greatly threatened and is likely to undergo significant change and possible dissolution during the time when Uranus enters Sagittarius. This Awareness indicates that thereafter, the Protestant movement shall also become unraveled. This Awareness indicates that what appears to be happening is a total transmutation of the religious fabric of society, a kind of religious war which will occur all over the globe, and in many instances may break out as actual physical violence. This Awareness indicates that in other instances, this will be expressed in ideological conflicts which may become highly charged and intensified.

This Awareness indicates that the forces behind this action see the future world as the abode of Luciferian expressions, teachings, and cannot tolerate the continued expression of the Christ Consciousness on this physical plane. This Awareness indicates however, there will be much to surprise these entities, as the Christ Consciousness prevails throughout this period. This Awareness indicates that this energy of the Christ Light, or that which is the purity of truth and love, cannot be located or eradicated simply by destruction or attacks upon the organizations which have permitted the form for dogma and religious expression to occur. This Awareness indicates rather, the dogma and form may fall, allowing the Spirit to be free.

ED's Note: In the July issue of Mother Jones, there is a very interesting article on this subject, entitled: "Their Will Be Done. Let the Pope Keep the Kingdom & the Glory-The CIA Wants the Power." The article details how the CIA is splitting the Catholic Church and taken its former power. CAC continues to recommend this magazine, which is still under attack by the federal government because of the nature of the information it often reveals. Address: Mother Jones, 1886 Haymarket Square, Marion, Ohio, 43306. (\$12 brings you a year's subscription). Avaton.



"What did you think he looked liked?"

REVELATIONS OF AWARENESS is a cosmic Newsletter, published for the membership of Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507 USA.

Crimes like these demand a boycott of Taster's Choice.



The advertising jingle says, "Times like these are made for Taster's Choice." But crimes committed against mothers and infants by Nestlé, the parent company, demand a national boycott of the brand. Nestlé's promotion of infant suffering and mortality in the Third World will cease if we succeed.

For years, Nestlé has promoted its line of breast-milk "substitutes" throughout the underdeveloped world in flagrant, cynical, and lethal disregard of the human consequences.

As a result, hundreds of thousands of bottle-fed infants have sickened and died from malnutrition and disease.

International outrage led the World Health Organization to adopt a commonsense Code which limits the reckless promotion of infant-formula products in regions where they pose a grave risk to newborn life.

But Nestlé has repeatedly violated both letter and spirit of the W.H.O. Code, and continues to lobby intensely against the Code's enforcement by Third World governments whose own health advisors denounce the trade as "a crime."

To save thousands of Third World infants from the ravages of malnutrition and disease, the U.S. Nestlé Boycott asks you to make a simple choice.

Since the Boycott began in the U.S. in 1977, pressure on Nestlé has mounted in Canada, Australia, New Zealand, Great Britain, West Germany, Sweden and France.

The former chairman of a Fortune 500 company estimates the worldwide boycott has already cost Nestlé more than \$1 billion.

But now, to hit Nestlé where it really hurts, we ask you to increase the pressure and cost them \$120 million more, right here in America.

Nestlé has invested all these millions to establish Taster's Choice as the leading brand in the U.S. marketplace. An effective boycott turns their investment into a costly liability — and serves notice that we can target and destroy any other Nestlé moneymaker (chocolate, Nescafé, Stouffer's frozen food, Libby's juice, Beringer and Los Hermanos wine, Beechnut baby food) just as easily.

Because it's very simple for you to choose another brand of coffee. Much easier than bringing a dead infant back to life.

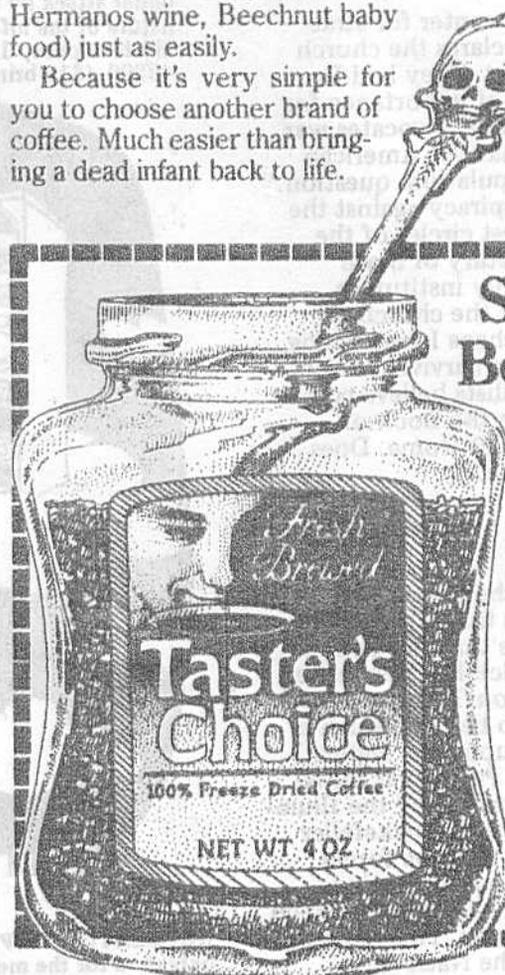
Spread the word among your friends and family. To help us organize nationwide, to learn more about the issue and what you can do about it, redeem the coupon below.

The Nestlé Boycott has been endorsed by hundreds of organizations including the National Council of Churches and the American Public Health Association, the United Auto Workers, the YWCA, the National Organization for Women (NOW).

But any boycott succeeds or fails with one person at a check-out counter. The battle against infant-formula death begins and ends with you.

Economic warfare is the *only* way to force Nestlé to act responsibly and save newborn lives. Already some movement is apparent. But we have to cost Nestlé more — \$120 million more — to win this life-and-death struggle once and for all.

Join the Nestlé Boycott now. Crimes like theirs demand the boycott of Taster's Choice.



Sleep at night. Boycott Taster's Choice.

- I'm joining the Nestlé Boycott as of this moment and will choose any other brand than Taster's Choice.
- Keep me informed and send me a bumpersticker to spread the word even farther. Enclosed is \$100 \$50 \$25 \$10 to keep the pressure on nationwide.

Name _____

Address _____

City _____ State _____ Zip _____

INFANT FORMULA ACTION COALITION
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Minneapolis, MN 55414