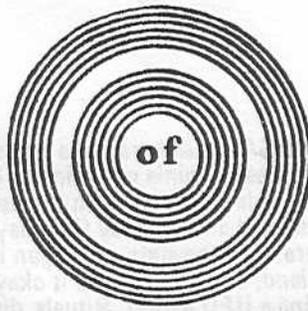


# Revelations



# Awareness

84-6  
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The New-Age Cosmic Newsletter

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

( Helping people become aware )



## The Cosmic Awareness Address to the West Virginia Gathering of 1983

ED's Note:

During the last 4 days of July, 1983, about 100 CAC members and a few other entities met at Camp Joy, near Pullman, West Virginia, for the second annual West Virginia gathering of Cosmic Awareness fans and followers. This one was sponsored by members Bob and Linda Carlough, with the help of Emily and Gary Zuckett, who sponsored the bash of 1982. The meeting extended an extra day (Monday) because everyone was really getting it on. Paul Shockley somehow made it up there from the state of Oregon in an ancient Chevy van that several were betting would never make it out of Portland; but he did make it okay, along with his wife Roshanna, and daughter Star, along with a few others including a UFO expert. Rituals, discussions, seminars, lectures, entertainment, good food etc. was enjoyed by those who attended, including several entities of the Buddhist faith from the Shaolin temple. (Remember that old TV series, 'Kung-Fu,' with David Carradine, and that ancient blind old Chinese entity who was always calling Kane (David Carradine) "Grasshopper"?) Well, these entities were from that same school of philosophy, and as you will see from the following reading, which Awareness addressed to the Camp Joy gathering, that these Buddhist entities are very 'heavy duty' fellows, and evidently were supposed to be at that particular gathering. Since the gathering, CAC has received letters from many members who attended, all saying they were very glad to have attended and very happy to meet so many other entities with like minds and interests. Most say they hope to make the next gathering, already being planned for 1984 somewhere in the same area. (We hope others can have similar get-togethers in other parts of the country too. Awareness says to space them on various week-ends so the Interpreter and others can move from gathering to gathering and meet with as many members as possible. I guess the note from Tom Pellegatto, from the state of Connecticut, pretty well summed up the conference. He wrote:

"Dear C.A.C. First, I am writing this with my "Almost Heaven...West Virginia" pen which I bought on the way to Camp Joy at a roadside shop; and it was just that,--almost heaven. The gathering helped give life to the names and words seen in print. I met folks that by the time I left, seemed like life-long friends."

And so it goes. The following address was given to this West Virginia gathering of entities, with Paul Shockley as the Interpreter. This being the first chance that many of the membership were able to witness an authentic Cosmic Awareness trance reading in person. (Avaton).

PLEASE NOTE: for easier reading and greater understanding, Cosmic Awareness suggests that the following material be read aloud.

THE SIGNIFICANCE OF COMMITMENT

(July 30, 1983, Camp Joy, West Virginia)

QUESTION:

Is there an opening message for those assembled at this gathering?

COSMIC AWARENESS:

This Awareness suggests that entities harmonize the word "love" three times; this in reference to the Christ Light and to its working of wonders in the world.

(The word 'Love' is vibrated and harmonized three times)

This Awareness indicates that these forces which have gathered at this time, in this place in consciousness; these forces from many various areas in consciousness; these forces representing the many different walks of life, representing many cultures, representing many times, many ancient energies, many present energies; these forces which have come from various areas, from various energy fields, from various teachings; these forces representing thousands of years of experience, gathering at this time, in this place; these forces which represent many other entities who are not present, many who are friends, many who are relatives, many who are departed, many who are influenced by these forces; these forces having gathered at this time in this place as being such as to create an alchemical change in consciousness which will be remembered and will be a catalyst when entities return into their own individual lives, whereby this energy from this gathering as that which will energize and which will give great enthusiasm and which will heal and which will spread the Light of the Christ Consciousness.

This Awareness indicates that each individual in this gathering as being a representative of that Christ Consciousness; each individual in this gathering as being a representative of this Awareness. This Awareness suggests that each and every one of you as being a representative of each other, and that each face is every other human face, and that each face is a reflection of God. This Awareness indicates that knowing this is sufficient; forgetting this is an error, and when this is forgotten, then chaos comes.

This Awareness asks each and every one of you to always remember Who, in Fact, You Really Are.

This Awareness indicates that in August, nine years ago, this Interpreter began tracing, which led to the present course of *Cosmic Awareness Communications*; that this as having been the second phase of the movement which began with Ralph Duby. This Awareness indicates that at present,-- at this moment in time,--the third phase begins. This Awareness indicates that the *Cosmic Awareness Communications* as that which has served to bring messages, which has served to allow entities to receive and to study and to emphasize and to research concepts.

This Awareness indicates that the researching of concepts and ideas for approximately nine years, as that which has created a base. This Awareness indicates that this action shall continue on. This Awareness suggests however, that at this time in consciousness, something has occurred which can allow a shift to a parallel action. This Awareness indicates that *It* has never asked entities to commit themselves to this Awareness. *It* has never asked entities to sacrifice themselves to this Awareness. This Awareness indicates that *It* never will ask for such.

This Awareness indicates however, that as entities' consciousness begins to expand, as they become more aware, they begin to commit themselves to the principles which this Awareness presents; to the Cosmic Laws which this Awareness presents. This Awareness indicates that as entities become more aware, they become channels for this Awareness in their own commitment to the principles which this Awareness presents. This Awareness indicates that it is because of this ever-increasing commitment, not only of entities who have been associated with the *Cosmic Awareness Communications*, but also with entities who in their own private lives, or in their other disciplines, through other schools, these entities committing themselves to the principles which this Awareness has described as Cosmic Laws; these entities, whether ever having before come in contact with this Interpreter, having themselves tapped in to the principles, the Universal Laws; these entities having committed themselves to these laws, now bring forth a time wherein energies can change the face of this planet.

This Awareness indicates that it is through commitment that this occurs. This Awareness indicates this not be confused with loyalty. This Awareness asks entities to be aware that loyalty is but the other side of bondage. When one is loyal, one is in bondage. This Awareness indicates however, wherein one commits oneself to principles of a high order, that commitment is that which is self-chosen, and which may be altered if the principles are seen to be false. This Awareness indicates that entities who in committing themselves to Cosmic Laws, to Universal Laws; in such commitments entities are then capable of moving into high activity which is beyond the control of those who seek loyalties.

This Awareness indicates that in such commitments, it matters not whether groups are dispersed, whether groups are infiltrated, whether groups are put into retreats; it matters not whether groups continue as groups, for the commitment remains within the individual. This Awareness indicates that wherein there is such commitment, such individuals will find each other and re-form groups, and in their collective activities will again bring forth creative energies.

This Awareness indicates that at this time, there is great danger upon this plane, for there are those who would make war on one another with weapons which are beyond the imagination. This Awareness indicates however, that at this time, there is great promise upon this plane, for there are those who would make peace with one another with a commitment that is beyond imagination. This Awareness indicates that at this time, the changes which are occurring in consciousness are those which are profound, and that it is through this level of commitment which many entities have touched upon, which have moved into their lives in such a manner as to be more meaningful than life itself.

This Awareness indicates that at this time, the movement of energies into actions which bring about the expression of these commitments is that which is appropriate. This Awareness indicates there are those here who have their schools, who have their philosophies, who have their groups, who have their businesses; and in these activities entities can find ways whereby they can express their commitment to the Cosmic Laws, which allow for reconciliation and the creative love through co-creative activities which promote those ideals that serve to bring peace.

This Awareness indicates that in reference to the *Aquarian Church* and its role, this organization for the past nine years has faltered in limbo, asserting itself, then falling back; that this organization having been put into commission before its time, prematurely launched, as that which did accomplish certain things, but which in the process was nearly scuttled. This Awareness indicates that now it is time that this organization shall begin to assert itself in its purposes. This Awareness indicates that as *Cosmic Awareness Communications* is the organization which has been selected to present the philosophy of this Awareness through this Interpreter; this Awareness indicates that the *Aquarian Church* as that organization which has been selected to carry out the philosophy of this Awareness through this Interpreter, through the projects which this Awareness has given. The *Aquarian Church* as that which shall now begin to put into action these many activities.

This Awareness indicates that the expression of these activities shall not be limited to the *Aquarian Church*; that there shall be other groups, other activities; that these forces which are gathered here tonight, coming from ancient forces, coming from distant places, coming from diverse philosophies, coming from distinct disciplines,--these forces are all connected to one another, and to this Awareness. This Awareness indicates that this connection is that which creates a catalyst, which touches far beyond this room, which reaches into the ancient temples, which reaches far into ancient philosophies, into diverse sciences, into the halls of learning.

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This Awareness indicates that each entity here has within his or her own psyche, Aka-cords which reach far into many places, far beyond these regions, far into ancient past, and into great halls of learning. These Aka-cords of entities within this room touch those great entities who have yet further Aka-cord connections. This Awareness indicates that all that is necessary for entities to realize the potential of the catalyst of their connective activities in this gathering, is to realize that not one individual in this room is isolated from any other part in the universe; that all parts in the universe in some way are connected to each and every individual within this room, and the only isolation is the isolation which entities create within their own definition of themselves.

This Awareness indicates that each entity here is an eye, an arm, a leg, a body, a head of this Awareness; that each entity here is the center of the universe; that each entity here is the heart of the universe; that each entity here is the part which contains the whole and may be also seen as the whole which contains the part, for each entity is cosmically aware, and this Cosmic Awareness is that which is the universal energy that flows through all things and through each of you, and binds each entity together. This Awareness indicates that as *It* flows through entities in this room, *It* flows likewise through entities throughout this planet, in those areas which are planning to make war, in those military establishments,—behind those closed and secret doors, this Awareness flows.

This Awareness indicates that through your consciousness and through the willingness and commitment to bring peace through energizing and imaging, each and every one of you is capable of affecting the future of this planet. This Awareness indicates that as this is so upon this planet, it is so also in other realms. This Awareness indicates however, that it is important for entities upon this plane to put some concern for the immediate proximity, the life upon this plane; that as entities take care of that which is present, which is immediate, then they may also find that they may take care of that which is more distant, which is timeless.

This Awareness indicates that each urgency begins at home in the most immediate and most present experience, whether this is picking up the broken dish or attending the letter to a senator. This Awareness indicates that whatever the action is, if it is the most immediate and most urgent, it is appropriate. This Awareness indicates that you not allow yourself to be diverted into urgencies which are contrived to keep you from attending those greater urgencies.

This Awareness indicates that as entities begin to distinguish and make clear discernment as to what are truly urgencies and what are but diversions, entities then begin to organize their expression, their life energies in a manner which is highly creative, and which allows the spirit to flow more effectively through their lifestyle. This Awareness indicates likewise, in communication with one another wherein the communication deals with urgencies, this is appropriate, but be very cautious not to create artificial urgencies simply for the sake of having something to communicate about.

This Awareness indicates that wherein the energies are clear and defined and the commitments are expressed, wherein the urgencies are discerned appropriately, then communications can be such that entities find them to be effective and to be worthwhile, and to be creating a lifestyle that is beneficial on all levels. This Awareness indicates that too often entities waste energies through artificial urgencies and artificial communications.

This Awareness indicates that in the coming months, this Awareness will give further information in regard to the augmenting of projects through the *Aquarian Church*. This Awareness indicates that not all entities in this gathering shall be inclined to become involved in these activities. That many shall move into other directions, into other experiences; but that there are those who will become involved in that which is the Order of the Magii. This Awareness indicates that this Order of the Magii as that which is designed to bring about an activity whereby entities serve one another and serve one another well; and in so serving, serve the world.

This Awareness indicates that this action as also that which brings about the base, the foundation whereby peace can be promoted upon this plane, whereby entities shall be as an example a way whereby the Forces of Light can bring a peace that is lasting, a peace that endures in spite of the forces of greed and the forces of lust and power. This Awareness indicates that these forces of greed, lust and power as that which will see the error in their ways, and see that through the co-creative activities, all may benefit and none must suffer.

This Awareness indicates that the energies in this gathering as that which are of great importance and that the recognition of this significance is that which gives it the impetus and the power to reach out into the Aka-cord levels, transcending time and space, and reaching and touching other minds, other areas, other entities.

This Awareness suggests that questions may begin.

## THE AQUARIAN CHURCH,—WHAT NOW?

### QUESTION:

Awareness, besides the projects that were mentioned in the opening message, what can we do to better materialize the *Aquarian Church* on the earthly plane? What actions can be done?

**COSMIC AWARENESS:**

This Awareness indicates that the implementing of the Development Classes in various places as that which will serve as a grounding effect and which will create the heart of the activities which will lead to the establishment of these churches. This Awareness indicates that the projects which are available for the *Aquarian Church* to present as that which will require great amounts of energy. This Awareness indicates however, that these energies will be generated as the action begins; that in such activities, the activity brings about the further energy to allow the activity to grow and to better manifest.

**HOW TO HELP THE SECOND GENERATION  
OF COSMIC AWARENESS FAMILIES**

**QUESTION:**

How can we enhance the spiritual development of the second generation,--the children born into Awareness families?

**COSMIC AWARENESS:**

This Awareness indicates that through the expression of creative love, giving these entities the room to grow and to be themselves, guiding them in the right direction without inhibiting their movement and soul growth, whereby they are given a wide latitude of expression as children and disciplined as they move toward adulthood. This Awareness indicates this allows their creativities to grow to varied degrees and to be brought toward a focus which allows them the opportunity to be seen and heard.

This Awareness indicates that these entities in being given expression, a wide variety of expression, of being introduced to various concepts and ideas as children, of being listened to by parents and adults; this activity allows the child to have a sense of self-importance, a good self-image, and also to discover a sense of wonder, a right to know, and a gift of life which can be returned to the world by the child.

**KEEPING AWARENESS IN OUR DAILY LIVES**

**QUESTION:**

What meditative exercise can we do here and now as group to tie us more closely together, and that we can do individually or in groups when we leave this gathering, and that can also be used by the general membership to crystallize the Awareness Movement in our daily lives, and throughout the *Aquarian Church*?

**COSMIC AWARENESS:**

This Awareness indicates that there are those healing manuals which this Awareness has given. That entities may study these and practice these healing arts,--the charismatic healing and the sacramental healing.\* This Awareness indicates that these and the Transpersonative material may be made available for entities to practice in their own homes and with their friends. This Awareness indicates that there also may be those activities in which the Symbolic Language is used, whereby entities communicate over distance using the symbols, meditating on symbols at certain times, whereby entities send and receive their symbolic messages.

\* Available from CAC. See Back-Issues Catalogs.

This Awareness indicates that these booklets are available and may be studied and used by entities to practice these activities. This Awareness indicates also that this gathering as having been gifted by the talents of many entities. This Awareness suggests that the entities from the Shaolin temple, this temple as dating back for thousands of years, wherein this Awareness has communicated to these ancient entities in their deep meditation, learning many disciplines over many lifetimes, and crystallizing these disciplines into art forms, and these art forms having been brought to this meeting by entities representing this Shaolin temple, whereby these art forms are those which can be healing to entities, both physically, spiritually and emotionally.

This Awareness indicates that entities in learning some of these movements and stances can practice these in their homes and in becoming acquainted with the energy feelings which occur in these activities, entities may begin to tap in to those energies from the Shaolin temple, and this can awaken certain areas within their deeper regions of their psyche, whereby this too can be of great benefit in allowing the sleeping giant within to awaken.

This Awareness indicates that there are many ways whereby disciplines from Cosmic Levels have been handed down. This Awareness indicates that in the ancient sciences,--the Tarot, the I Ching, and the various studies of astrology and other sciences, there have been brought upon this plane messages that have come from time beyond recorded history, whereby these sciences are being brought forth with new understanding, and spread with greater enlightenment.

This Awareness indicates that in looking at the entities in this gathering, in comparison to entities 30 or 40 or 100 years previously, entities here would all be considered highly enlightened beings, yet most entities in this gathering consider themselves to be merely normal,--somewhat unique in certain areas, but simply normal individuals. This Awareness indicates that the concept of being enlightened is relative to how enlightened one is; that one never sees oneself as being enlightened, for there is always more lights to discover.

This Awareness indicates that entities in studying these disciplines of the mind, studying the disciplines and tools and philosophies, studying the physical activities and meditative movements, all of these actions bring forth greater spiritual and personal development. This Awareness suggests that there is no lacking of things to do in this time and in this place. That there is no excuse for entities to be bored or to be without something to do to keep themselves occupied, growing and developing.

This Awareness indicates that there is always more to learn. This Awareness asks each and every one here to commit yourself to a lifetime of study; a lifetime of self-study, wherein you study that which appeals to you. But that you commit yourself to discovering more and more and more. And wherein you have studied a discipline to the point where you feel satisfied that you have learned all there can be from this discipline or enough of this discipline to satisfy yourself; this Awareness suggests then that you move on and attempt to learn something from a totally different discipline, a different field.

This Awareness indicates that you may find yourself jumping from discipline to discipline; becoming saturated over a period of years, only to discover that there is something which is somewhat intriguing to you and has been for many years; and that in your pursuit of other things, you have never looked deeply into this field of interest. You may find yourself becoming a doctor or a lawyer or a dentist or becoming involved in electronics, a computer programmer, a word-processing activity; or you may find yourself writing or studying poetry; or you may find yourself involved in some type of physical discipline.

This Awareness indicates that whatever action you choose, you may find that it carries you for many months deeper and deeper into this discipline. This Awareness suggests that by allowing your interest to flow and not limiting yourself to a single title: "I am this; I am not that. I am a professional this."

This Awareness suggests that by avoiding such limitations, you expand your being toward that which allows you to have the greater portion of life's experiences and which allows you to move beyond any form of rigid crystallization that inhibits growth and development and creates static fanaticism. This Awareness indicates that when entities leave this meeting, they should consider the activities wherever they are, whether alone or in groups, as being activities that allow them the opportunity to learn.

## HOW TO AWAKEN WANDERERS

### QUESTION:

What can our members do to awaken Wanderers within and without the membership to their life's plan and mission on the earth plane?

### COSMIC AWARENESS:

This Awareness indicates that by being examples of creative love, by being entities who share as they are asked to share, or wherein they see an opening to share information or whatever is available and is needed, This Awareness indicates that you not set forth to proselytize, to teach others who do not wish to learn, to push your ideas upon others. This Awareness suggests rather, that you make yourself available when entities want to know what it is you are doing. This Awareness suggests that you only present enough to satisfy their question and a little more to intrigue their curiosity.

This Awareness indicates that if they ask for more, then you may present more. This Awareness suggests however, that it is not appropriate or necessary that you go out and seek recruits: for entities, when they are ready, will be drawn by the vibrations which are present in your being.

## THE UNIFIED STATES OF AWARENESS

### QUESTION:

Awareness, is there a closing message?

### COSMIC AWARENESS:

This Awareness indicates that It has given information regarding the pattern known as the *Unified States of Awareness*, and this information as that which has been laid out in consciousness, and is available for entities to use in regard to their businesses, in regard to their organizations, and in regard to concepts and the attachment of concepts to this pattern. This Awareness indicates that as was the experience of many who became involved in this pattern, it may become clear that it is workable only when entities do not seek leadership, and seek only to be of service.

This Awareness indicates that there is that pattern which is available to be used, but for those activities which need organization from a center, wherein there are those activities which need to be brought about with careful guidance; this requires a different type of order. This Awareness indicates that whereas the *Unified States of Awareness* represents that activity which symbolizes the receptive and open energies, as a female-type of energy, the Order of the Magii as that which represents a masculine energy, and which shall be presented in a manner as to compliment the *Unified States of Awareness*, and which together, these orders, these patterns, shall begin to have an alchemical manifestation, an effect that can serve many and serve them well.

This Awareness indicates that there are energies associated with the Shaolin temple which are of great power; these energies drawing into this meeting entities from ancient times associated with this temple,--great forces, forces as have not touched upon this plane for hundreds, perhaps thousands of years. This Awareness indicates these forces as now having touched this time, touched this space, touched these entities in this room, and as having broken through barriers in a way whereby these energies shall assist in the Awareness Movements, in the spread of Light, in the efforts of those involved in the Shaolin temple at this time.

This Awareness indicates that this appears to have been a very significance occurrence which has just presently occurred and as that which shall be felt throughout the future on this plane. This Awareness indicates that this energy as that which shall serve as protective energy for those who are working in the Light, for those who are serving to bring about peace upon this plane.

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( The Law of Gratitude is given )

ED's Note: For more information on the CAC Magli and their purpose and direction, please refer to 'Revelations of Awareness' No. 82-11 (The Keepers of the Flame); \$3.00 from C.A.C. For the complete text of the United States of Awareness--The Outline of the Government of the New Age--please refer to the 'Akashic Record', \$4.00 from CAC.

### A MESSAGE FOR THE GATHERING OF 1982

A network is formed....

( May 19, 1982 )

#### QUESTION:

One question before we start the general questioning. There's been several entities writing in lately that they're picking up some kind of a feeling that they're getting a call,--a call to a type of ministry. They don't know exactly what and they can't put their finger on it, but they know it isn't the type of ministry that a lot of the fundamentalists are doing these days by going up in front of people and doing a lot of preaching. The call is more into areas of service, of New Age type of work. Now in a few weeks Gary and Emily Zuckett have put together a meeting of CAC members in a three or four state area down South where they live, and they've invited the Interpreter and Vicki and myself if we could possibly make it, and it doesn't look like we can make it, but I have a feeling that the meeting might have some kind of alchemical going for it, and it might be a nucleus for forming various types of loose-knit church-type organizations that could sort of preach the Awareness philosophy, or perpetuate the Awareness philosophy somehow. Would Awareness look at this meeting they've planned and perhaps give a message that we could send down to these people?

#### COSMIC AWARENESS:

This Awareness indicates that the action of entities coming together at this time is that which brings about a kind of energizing of individuals whereby each individual who attends this gathering becomes stronger and more capable as individuals, of continuing and furthering the energies which are begun at this gathering. This Awareness suggests that at this gathering entities may participate in certain planning whereby they set up a communications network, whereby as members of Light, as members of *Cosmic Awareness Communications*, as members of the gathering, or as members of the *Aquarian Church*, or as members of their own respective groups, that these entities in coming together may set up a kind of network which allows a communication in that part of the country, whereby over a period of time, mutual contact is continued intermittently with various meetings and activities which may also be discussed at this initial meeting.

This Awareness suggests that the *Aquarian Church* as now putting together Development Classes which may be made available to the East Coast, according to certain programs and arrangements whereby entities in this area may participate in taking these classes. This Awareness indicates that this can be explained in greater detail as this is further concluded and arranged. This Awareness indicates that one purpose of this meeting in this area that this Awareness would like to see, is that it become the first of annual meetings of this type in various places on the East coast or in regions in various parts of the nation.

This Awareness suggests that meetings of this type in various regions on an annual basis, so that the meetings do not occur simultaneously in the various regions, but rather on a staggered basis so that entities who are able to attend another region can attend both their own region and the other regional meetings; this as that which will in the future allow for greater communication at the beginning of a networking so that the programs and activities which can develop whereby the grouping of forces and energies of the Awareness churches, or spiritual groups, may begin to have greater opportunity for group expression.

This Awareness indicates that *It* sees this action occurring at this time on the East coast as being that which may be the first of many such regional gatherings. This Awareness indicates that the *Aquarian Church* holds an annual meeting each June, near the 16th of the month, which is its birth date. This Awareness indicates that it is appropriate that other *Cosmic Awareness Communications* members and *Aquarian Church* members in various parts of the nation may also initiate similar actions each year, at a similarly scheduled time( but not at the same time as these two gatherings), might likewise hold meetings in their region, and notify other members around the country as well as within their particular region so that entities who may attend these meetings may have the opportunity to get acquainted with those in that area.

This Awareness suggests that Ohio as being an area which has many members, whereby a gathering could occur on an annual basis, that entities within a 200 mile radius could attend a gathering in this area. This Awareness indicates that there is also seen areas in Kansas and Arkansas, or Oklahoma, whereby entities could hold a gathering. This Awareness suggests that this can be better arranged according to the grouping of members in these various areas, so that the least number of people need to travel greater distances in order to arrive at the place of the meeting.

This Awareness indicates that by having these meetings staggered through spring and summer, approximately two weeks apart in various regions, this occurring on an annual basis, (the summer can be more appropriate for children out of school)...this Awareness indicates this can allow entities who are travelling, to attend several of these meetings, or to make a complete circuit, and meet most of the members of *Cosmic Awareness Communications* at these various meetings. This Awareness indicates that it does not appear that this particular summer would present an opportunity for a travelling about by many of the members or staff of *Cosmic Awareness Communications*, however, it appears that in a future summer this could occur whereby the members of various areas and the staff could become more closely acquainted.

This Awareness indicates that it appears also that the actions of becoming acquainted with other members of the organization as that which will create greater support and interest in activities, studies, and the sharing of ideas and information. This Awareness suggests that these meetings may include not only socializing and getting acquainted, but also the sharing of insight, talents, skills, healing information and spiritual information which many Awareness people are adept in and can share with each other.

This Awareness indicates there are many entities who are skilled in various areas, such as music, nutrition, meditation techniques, healing techniques... this Awareness indicates that these talents can be shared so that each other goes away knowing something more and having something greater for having attended. This Awareness indicates this also can give encouragement to individuals so that they feel not so alone in their efforts to experience these transitional times, wherein uncertainties are always prevalent. This Awareness indicates it also allows for families and friends to get together and share and recharge relationships.

This Awareness indicates that particularly these should be gatherings for the purpose of attuning to spiritual energies and whereby through meditation, entities can charge their etheric energies, their spiritual bodies, and rededicate their lives toward the spiritual life; this as being a greater and more meaningful action, even moreso than the sharing of ideas and of social sharing.

This Awareness indicates that each organization may choose its own program as it creates its meeting. This Awareness indicates that generally, when the *Aquarian Church* has its annual birth day meeting there is a sharing of song and various events occurring. There is also a report on what has occurred during the past year, in terms of the church, its activities, and what it intends to accomplish during the coming year. This focusing on these purposes and reflection on the past activities is that which assists in realigning the focus of entities who are involved in the activities of the church.

This Awareness indicates that an annual meeting of this type can be very helpful, particularly wherein these regions become involved in activities of a local nature, so that at the regional conventions, the local groups can each present information as to what has been occurring in their area in terms of the spiritual movement, and its progress. This Awareness indicates

this also should allow for these local groups to share other concerns, problems as well as progress, and perhaps from such sharing, support from each other can be also shared.

This Awareness indicates that it appears the time has come whereby a greater participation of energy-sharing among the members of the Awareness movement as that which is appropriate. This Awareness wishes to refer to all these entities in the Awareness movement as Magii, the Order of the Magii, so that *It* does not need to continually refer to such entities as members of *Cosmic Awareness Communications* and of the *Aquarian Church*. This Awareness wishes to refer to these entities as the Magii. This Awareness suggests that the Magii to hold these annual meetings in various regions, and that from this activity, these entities shall gradually begin to move into certain alignments in terms fo their energy-sharing and from these alignments, that the Magii movement as that which can begin to consolidate and to reflect the light and magic which will grow from that consolidation.

This Awareness indicates that when this has formed sufficiently, that the Development Classes may be introduced so that these Magii may progress in groups through these classes and move into the levels of conscious mediumship, and thereafter, become ministers of this Awareness, or ministers of the Magii. This Awareness indicates that these may lead into the Master Classes; the Advanced Development, the Master Classes and the Mystery Classes. These to be made available in future times as the energies of the Magii progress.

This Awareness indicates that through these meetings also, healing techniques may be taught and shared, so that entities in the Magii movement may become healers.

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### MORE ON THE COSMIC AWARENESS DEVELOPMENT CLASSES

(Back to the drawing board)...

#### QUESTION:

Awareness, the Interpreter and myself were discussing the Development Classes recently, and there's a scarcity of ministers at this time. There used to be a lot of them around, who have gone through the Development Classes, that we could send out to these various groups who have requested someone come and lead them through the Development Classes. So I was wondering what Awareness would say to the suggestion, that instead of sending people out, we made information available to the members, that if they could send an entity, say to Portland for a week or two for a crash program of going through the class, maybe one or two classes a day, and then going back with the tapes and information and leading others through it, if this would be appropriate until a cadre of entities was again trained that could go out?

#### COSMIC AWARENESS:

This Awareness indicates that this as that which could create many problems, in reference to the entities who would experience the crash program, in that these classes coming at such intense repetition in such a brief period, could affect the entity too greatly. This Awareness suggests it as being much more appropriate that entities who have already taken and given these classes to make these classes available to those who wish to attend those classes, even though it may be some distance away, should make themselves available once every two weeks for the class, for twelve classes, this running six months.

This Awareness indicates that to experience these classes at closer interval than every two weeks is simply

asking for trouble in the psychic area, and the energies of the kundalini and nervous system of individuals is such as to not be capable of such intensities except in rare cases of extremely evolved individuals. This Awareness indicates that the first four classes entities could participate in on a weekly basis, but that from the 5th class on, it is necessary that two weeks between classes be allowed, to allow for the effects of the class to adjust the psychic centers properly.

This Awareness indicates that it is better that the first four classes be every two weeks, but that if more appropriate time-wise, and more convenient for scheduling, it can be adjusted to a weekly basis. This Awareness suggests this not be done haphazardly, but only if necessary in order to fit into the program of entities so that the rest of the classes can be accomplished properly. This Awareness indicates for example, whereby weather conditions may interfere with entities having their classes during a period of the year, and knowing the weather conditions to generally be such that at a particular time of the year, travel would be greatly hindered, entities may wish to adjust the Development Classes so that they are completed before bad weather, or may wish to start Development Classes after bad weather, but may wish to finish the classes before the summer is over, so that they may have time for vacationing.

This Awareness indicates in such a situation, entities may feel it is appropriate to squeeze the first four classes together on a weekly basis rather than to have them each two weeks. This Awareness indicates this would reduce the total length of the classes to a 5 month period, rather than 6. This Awareness indicates that those entities who have gone through the Development Classes can be eligible for giving these classes. This Awareness indicates that this can be arranged so that in certain areas the classes are made available, and entities travelling from a distance, taking these classes may then thereafter, also give these classes in their area. This Awareness indicates that the spread of these Development Classes in this manner will allow for the classes to become available in various regions within approximately two years.

This Awareness indicates that the other alternative would be for an arrangement whereby entities who were free to travel could come to an area where the classes were being given, and remain there for a period of six months to take these classes. This Awareness indicates that at this present time, the classes are being given in Arizona. That they could also be given in York, Pennsylvania, and in Detroit, and in Ohio, and possibly in New York City, depending on whether the ministers in these areas wish to become active in giving these classes.

This Awareness indicates there also may be other ministers who took these classes from *Servants of Awareness*, who also would be available to assist in giving these classes through the *Aquarian Church*; these having been changed considerably from the *Servants of Awareness* classes, but that entities who have taken those classes, and as ministers of Awareness, would be also eligible for assisting in giving these classes. This Awareness indicates that the communication with those ministers who have taken the Development Classes, should be made whereby a dialogue or discussion could determine the feasibility of giving these classes in various areas around the nation.

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ED's Note: The original Development Classes were presented by Awareness through the channel of Ralph DUBY in the '60s. These classes, according to Awareness, did many things to help entities, including opening up all the psychic centers or chakras, allowing them to become 'conscious mediums' through which Awareness can flow at will through their daily lives; it also enabled them to advance 'hundreds of life-times' in soul evolution, according to Awareness, saving them from hundreds of future incarnations on this plane and others.

9. During the classes, the initiates are taken through the Bardo states, experiencing the death experience and the rebirth into Celestria; the initiates are also taught rituals and high magic and intense meditations such as the Middle Pillar. No one is ever the same after having completed the 12 Basic classes, even though many drop out of the Awareness movement activities. They have changed and their ministry has begun whether they realize it or not as they go about their daily lives. There is also another 12 classes called Advanced Development, which goes into very high magic levels, enabling the minister to trip into other planes and carry on certain assignments etc. Awareness has indicated there are still to come the 12 Master Classes and another 12 called the Mystery Classes. Much of what is accomplished in the classes - the rituals etc. - were those also done in the secret Essene classes which Jesus attended centuries ago. CAC has been trying for years to get these classes going again, and during 1983, Paul actually was able to get new tapes made and get classes going again in a few areas of the U.S. Members who would like to get a class going in their area should contact Tom McQuay, who is national coordinator. (A minimum of 12 entities are required, and you should be a member of CAC and/or the Aquarian Church for a year, having studied the Awareness philosophy during that time, before taking the course. I am not certain that this is mandatory at this time, but it should be. Contact Tom McQuay. His address: 1551 Alton Dr., Akron, Ohio, 44313. Phone: (216) 836-1371.

## MORE ON THE SCHEME OF CREATION

### QUESTION:

A question from W.E., St. Paul, Minn. "Awhile back I read a fascinating and highly spiritual book channeled through the entity Gloria Lee who has since passed over, by an entity from the planet Jupiter. The entities on the planet Jupiter are thousands of years ahead of the earth in technology as well as spiritual development. This fact seems to be true with all the other planets in our solar system. We are the laggards.

"Anyway, this entity, J.W., presented this concept: Basically, J.W.'s cosmic view of creation and spiritual hierarchy, is that the Universal Father, God, created other gods to lessen his work in the universal scheme of things. There is the Cosmic Logos, whose spiritual wisdom and power emanates from the central sun. Under this guidance are the 7 Solar Logi, who are the creators of the 7 solar systems under the Cosmic Logos, of which our solar system is a part.

"J.W. states that the whole universal structure is built on the principle of God creating God, who in turn creates others. The advanced entities of this solar system, excluding the planet earth, pray and recognize the Solar Logos as their creator and God, but are cognizant of the One True Spirit, or Universal Father, who created these planetary gods.

"Above the Cosmic Logi are even higher creative gods, and on into infinity this universal creative structure continues. Does Awareness view this creative scheme as valid? Are there creative beings who create constellations and other gods, who in turn create solar systems, and so on? Is this concept true throughout the universe?

### COSMIC AWARENESS:

This Awareness indicates that this particular scheme or pattern as that which is closely linked to that presented in the book *Urantia*. This Awareness indicates that this as having some validity in a particular frame of reference; that this is not such a clear description as to be exclusive of other definitions or patterns of creation. This Awareness indicates that there are divisions of 12 throughout the universe. These 12 are divided into fives and sevens, and the sevens have their place as radiances, and the five have their place as magnetisms.

This Awareness indicates that these divisions of 12 as occurring in different frequencies, whereby these varying frequencies each presents a different state of materialism, ranging from antimatter, or pure spirit, down to matter. This Awareness indicates that these frequencies are harmonics, or what might be termed overtones of the vibrations of pure light. This Awareness indicates that this concept of gods creating gods is likened unto harmonics creating overtones, or harmonics; that this concept of a god as a separate part of the creation is that which is not exactly accurate, for the entire creation is the god, the originating god, and the centralized god, or that harmonics which is the center of the creation is that which is a reflection of the externalized god.

This Awareness indicates that this as somewhat difficult to explain. That if entities could see the vibration of music, particularly the vibrations that occur when striking a Chinese gong, and if this could be imagined in a third or fourth dimensional setting, this would better be understood. This Awareness indicates that for describing in words that which is actuality, and which has no words,--that which is invisible to the senses of entities and has no labels to describe such invisibles,--it is very difficult, and therefore you have many explanations, many methods of describing the cosmologies.

This Awareness indicates that because of this difficulty of describing these invisible forces, there are always new descriptions which parallel others or which duplicate others, but have different terms, or which differ from others somewhat, or which are limited to a particular dimensional level of thought, or which attempt to explain too much for the mind to comprehend when the mind functions in its own second or third dimensional plane.

This Awareness indicates that therefore, it is impossible to give one particular picture of the cosmology. This Awareness suggests that there is much which can be learned in regard to these energies, particularly in the study of frequencies and mathematics. That mathematics is the symbolism and language which can unlock the mysteries of the universe, but that mathematics is not properly understood in this regard, although Pythagoras and others, during his time and before, made use of mathematics to gain a greater understanding of Universal Forces, and the frequencies of Light in relation to harmonics and creation.

This Awareness indicates that vibration is the key to all creation, and the hierarchy of consciousness is found in the varying frequencies of vibration, as may be discerned through mathematic formula and definitions, but that this is a very complex study and difficult to understand.

#### WHAT IS THE "CENTRAL SUN"?

##### QUESTION:

He had one other question. "I have heard of the term 'Central Sun' from various sources, but I am confused as to its intended meaning. Does it refer to a creative force, or some kind of galactic system?"

##### COSMIC AWARENESS:

This Awareness indicates that this has several meanings from various interpretations or different interpretations. This Awareness indicates there are those who refer to this as the Central Sun of the universe; that this is occasionally used by those who, by stretching their imagination through extrapolation, can envision that there is a force in the center of the universe which may be referred to as a sun.

This Awareness indicates that there are also those who recognize that not only do the planets rotate around the sun, but that the sun itself rotates around a central point, and this is called a central sun, or a twin sun, or a dark sun. This Awareness indicates that this rotation point around which your sun moves is that which is an antimatter type of energy, a dark star, or what may be termed a negative or reverse sun. That it is not bright, it is not seen; it is dark, and magnetic, yet emanates and radiates energies which feed the solar system, feed the sun its energies to allow it to shine.

This Awareness indicates that the universe is made up of polarized forces between matter and antimatter. That for every bright shiny star there is its opposite.

This Awareness indicates that these energies are also reflected in the atomic levels. That there are essentially 144 individual elements of the atomic structures which can be combined to create other bodies.

This Awareness indicates that the concept of a central sun also is found in those references to the hollow earth, in which an energy field emanates from the center of the globe outward; the energies coming through the globe, through the earth, and meeting in the center, forming an energy field that is referred to as a sun,-- This is a luminescent body which is not as bright, and not of the same type of light as your external sun.

This Awareness indicates that the book *Urantia* has many similar ideas, concepts, which you may enjoy reading. This Awareness cautions however, that this book is not the complete picture of the universe or its forces, and is somewhat contrived and artificial in its representation of this, although it also is important in that it provides another good view from a particular and unique frame of reference of its own. This being a valuable link in the many presentations which allow entities to have a greater understanding of the world and the universe in which they live.

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ED's Note: in other readings, Awareness has indicated that the *Urantia* book is full of confusing and misleading concepts and information, much of which had been altered by alien forces during the channelings.

#### HOW THE SUN HEATS

##### QUESTION:

Another question about the sun from K.C. of Pocatello, Idaho. He asks: "In his book, *The Cosmic Forces of Mu*, James Churchward says the sun is cool, and its so-called flames are light rays. Between the sun and earth there's no element to conduct heat. This is drawn from earth into its atmosphere by sun's magnetism. Is Churchward right-on?"

##### COSMIC AWARENESS:

This Awareness indicates this as correct. This Awareness indicates that the light rays from the sun moving at extremely fast speeds, strike the atmosphere of the earth, and at such speeds friction is created as these light rays pass through the various molecules in the atmosphere, or strike the material substances of the earth. This Awareness indicates it is that friction which creates and is felt as heat. That the rays themselves are not hot, and do not carry heat.

This Awareness indicates that an entity however, even in space may be burnt by the sun or its rays; this due to the rays passing through the substance and creating such friction as it passes that the substance or skin is burnt from that friction.

## THE ORIGIN & CONSTITUTION OF THE SUN

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### QUESTION:

He would also like to ask if Awareness could explain briefly the origin and the constitution of the sun?

### COSMIC AWARENESS:

This Awareness indicates that this as lying on a kind of grid pattern which extends throughout the universe, and this grid pattern is in constant motion, relative to other forces. The sun itself is at a juncture between certain forces; material and antimatter in nature. That this sun as composed largely of hydrogen. This Awareness indicates that the energies which are involved are both emanating from the sun as rays of material nature, subtle waves of radiance of a material quality, a gaseous quality, barely within the realm of matter.

The sun is fed by absorbing energy waves which move toward it, (as what may be termed gravitational waves), but these are antimatter waves which move toward the center of the sun, and combining at a central point on the grid, these forces striking each other with such momentum and power as to dematerialize themselves into what may be termed "matter." The destruction of antimatter in the spirit, or spiritual realm, is that which creates matter in the material realm. This matter is not deeply formed as a body of gross matter tangible to the flesh, but rather is subtle in nature, as brilliant as light, as emanating energy composed largely of materialized atoms known as hydrogen.

This Awareness indicates that all stars, all suns, all matter, all planets; these are all emanations from antimatter in various frequencies which, when at high resonance, these frequencies are seen as light or as flame, and when cooling, the flames become more likened unto molten lava, or coals, and as the frequency cools even further, the heat is dispersed and the ashes or substance of matter remains.

This Awareness indicates that any particle of gross matter, if examined by a proper instrument, would reveal itself to be not particles at all, but vibrations; the protons, electrons, neutrons and all neutrinos and smaller parts being nothing more than vibrations of light, frequencies of light, moving in minute areas, appearing to be particles when seen from far away.

This Awareness indicates there is nothing that is not vibration. There is nothing that is not frequency. There is no such thing as a particle. "Particle" is but a word given to vibrations for purposes of convenience, to pacify the senses, which do not perceive properly. The entire physical world is but an illusion, consisting of vibrations, but appearing to be matter. This Awareness indicates that like the screen on your movie theatre, examine the picture close enough and you will see that the face on the screen is nothing more than light and color, and these are but vibration. Yet, stepping away, one can fool oneself into thinking that one is watching a personality in an action, or story, which is convincing and appears to be real.

This Awareness indicates that realizing the universe is but vibration, that you are but vibration, that your brain and mind are but vibration, that your thoughts are but vibration, you may also realize a kind of priority. The higher vibrations are able to harmonize with and influence those things at lower vibration. The entity who seeks to alter matter must simply find the harmonic overtone that corresponds to that vibration. The numerical vibration on a higher octave will have its effect in altering the vibration on the lower octave, and the vibrations of the higher octaves can bring about

resonance and movement to those things on the lower octaves, and visa versa.

Thus, the entity involved in alchemy, dealing with certain substances of a low vibration, is also triggering off energies of a higher and spiritual level. Likewise, the entity whose spiritual development is of a particular vibration, may find the resulting resonances on a lower vibration corresponding to that which is on the higher vibration. The entity whose spiritual development vibrates at the harmonics of gold may indeed be capable of transmuting lead into gold on a physical level as well as on the spiritual level.

### DO ELECTRONS REALLY EXIST?

#### QUESTION:

I think Awareness just answered this other question of K.C., but I'll read it, just in case there is something else. "In his book *Atomic Suicide*, Walter Russell, a professed consummate illuminant, says an atom has no nucleus or electron. Nature creates atoms similarly as we compress air into a tire. What is thought to be a nucleus is only a hole centering in an electric current. Nature never creates material nuclei for her spiral cyclones, and nature gives no precedent for concentric shells of satellites," but sometimes Awareness speaks of electrons, and nuclear science is based on them.

Please explain their existence as opposed to Russell's claim, and why the contradiction?

#### COSMIC AWARENESS:

This Awareness indicates that were the minds of human entities capable of perceiving energies without thinking in terms of form, it would be much more convenient to simply label energies, label vacuums, label spaces, label the lack of form. This Awareness indicates that the human mind however, tends to look at the matter and form as being the real substance, and to see the spaces as being that which should be filled with matter or form, or seeing spaces as that wherein matter and form are absent.

This Awareness indicates that for example, when an entity looks toward a window and sees a venetian blind, the entity does not see the spaces between the venetian blinds as being the blind, but sees the substance there,--the material, the matter,--and sees this as the thing that fills the space in the window. This Awareness indicates that an entity who is not oriented toward thinking in terms of form will look at the spaces that exist because this venetian blind has not filled those spaces. These spaces are the significance and the material form as that which is but a kind of added quality.

This Awareness indicates that likewise, the spaces in an atom which are not filled by vibration contain great amounts of antimatter, and the entity in the spirit will see these spaces, and see that these are areas wherein he or she can move and can be, and these spaces are the significant areas. This Awareness indicates that because the mind does not think in terms of spaces or vibrations so easily as it thinks of substance and form, it becomes convenient for an entity to label the vibration or the space with a name that implies a thing, a form.

The noun is described as that which labels a person, place or thing. The noun, labelling a thing, seldom seems to fit quite right when speaking of a nonthing, thus space is seen as a thing. This Awareness indicates that antimatter is seen as a thing, yet these are not substances in the sense of material substance. This Awareness indicates that likewise, the electron and parts of the atom can be, for convenience sake, labelled as things, or may be seen simply

as openings or vacuums, or energy fields which exist as vibrations or as vortices.

This Awareness indicates that it does not particularly matter how entities choose to symbolize these energies, so long as they are consistent, and understand what their symbols mean. This Awareness indicates in computer technology, this would be likened unto that which is called a variable, whereby you may alter the symbol to vary according to whatever you desire. This Awareness indicates that likened unto a number, which may also be substituted for a letter, or which may substitute for a thing, or which may substitute for a nonthing, the energy is variable and will depend on your particular use according to your convenience, and as long as it is consistently applied in your program or formula, it will serve its purpose.

..More on "Antiquity Unveiled":

#### THE NAMING OF JESUS

##### QUESTION:

A question from V.D., Hayward, Calif. Another question about the sun. "According to the book *Antiquity Unveiled*, it says that the sun is the original god of man, and all other gods of the different religious systems are variants of the sun, being the clever invention of the cunning priesthood: a group of scheming men. Tracing the words back to their original meaning, the basic meaning of the word "Christ" is "sun", therefore, the the Christian name of Christ is the Hindu name of the sun.

I am told that the book *Antiquity Unveiled* is difficult to find today because it was burned by orthodox Christians as fast as they could find it. The book presents historical evidence that the origin and birth of Jesus Christ of the Bible was born in the Nicean council, by a group of bishops who combined the names of two sun gods, "Hesus" and "Christos". Does Awareness see this as being valid?

##### COSMIC AWARENESS:

This Awareness indicates that this is accurate. This Awareness indicates however, that this does not deny the fact that an entity did indeed live and move in those areas attributed to the entity Jesus Christ of the Bible. This Awareness indicates that this name was not chosen for this entity until that later date at the Nicean Council. That this entity who moved through these experiences was the archetype for the religious philosophy that was followed by those entities who were known as Christians, the entities being followers of the Nazarene.

This Awareness indicates that the Nazarene and the cult that sprung up around him as that which was active in Rome at the time the council was formed to create the one official Roman religion out of all of the many religious sects which were at odds with each other, and their conflicts being so strong as to threaten Rome's peace. This Awareness indicates that Constantine ordering these various priests from their different religious sects to come together and to work out a compromise religion that would incorporate the principles that would satisfy all of the participating religious groups.

This Awareness indicates that those groups which refused to participate in that council were told that they would not be recognized as a religious organization by Rome; therefore, those which participated would reach a compromise and emerge with a single religion that satisfied all of the participants. This Awareness indicates that this second Nicean Council as that which convened under the direction of Constantine, and was not allowed to disperse until an official Roman religion was formed.

This Awareness indicates that the stories of the Gospel were recorded, agreed upon, accepted by this council, and the name of the entity was added thereafter. The council first considered calling this entity Zeus, as this was a popular deity, yet there were so many who did not agree to this, and their fervor was strong, so the council then decided that they would choose a name that did not have any strong objections.

The name "Hesus" as that which meant "no sex," and the name "Christos," which meant "the light"; therefore, the name "Hesus Christos" meaning: "neither male nor female light." This story of Christ, the story of Jesus as told in the Gospels dates back to ancient times, is still to be found in earlier writings of the Buddhists, may be found in India, and in various other places; this story as that which was adapted from the various religious sects of India and the Middle East, and of ancient Egypt and the Zoroastrian, Mithraean, Hindu, Buddhist and Persian philosophies brought together, assembled, agreed upon, and then the name "Hesus Christos" selected.

[ED'S note: In some texts it is written as "Eso"]

This Awareness indicates that this is historical fact, and the records can be found as indicated in the book *Antiquity Unveiled*. There are also other books. This Awareness indicates that indeed, book-burning and such did follow in those times, as they have since, in an effort to protect the myth and story. This Awareness indicates that be that as it may, it does not deny the effect and power and the appropriateness of the Christian religion, for these myths which entities live by do in fact have powerful effects on consciousness, and can change the lives of individuals and nations, and can help individuals and nations evolve spiritually.

This Awareness indicates that the Christos is not a myth. The Christos, known as the Light, is that which refers to the higher frequencies which are of a spiritual nature, which refers to the Oversoul, or the Christ Light within, and each individual may experience this, even as a living being. This Awareness indicates that those who have their experiences of conversion, and have visions of Christ, are experiencing this Christos Light. That this Light, or Christos, as that which has been accepted in religions for thousands of years prior to the Piscean Age, the God of the Fish, the development of that which is known as the present Christian religion.

The Christos is that which as having been accepted by wise and spiritual council for tens of thousands of years on this earth plane. This Awareness indicates that the name Hesus as that which was added during the Nicean Council. This Awareness indicates that the activities attributed to the Biblical Christ were drawn from many religions of the time, including Krishna, Buddha, Zoroaster, Apollonius of Tyana, Mithra, and an entity known as Hesus of Nazareth.

ED's Note: for more information on those who participated in the various passion plays down through history, please refer to 'Revelations of Awareness' No. 80-20 (Should Children be Taught the Fundamental Christian Religion?); \$3.00 from CAC.

'ANTIQUITY UNVEILED'....  
HOW ACCURATE IS THIS BOOK?

QUESTION:

We have been able to locate copies of the book *Antiquity Unveiled*. Would Awareness suggest that this would be a good book for the membership, and is most of that book valid?

COSMIC AWARENESS:

This Awareness indicates that this is accurate. That most of the book is valid. There is also references to other sources through the works of this author. This Awareness indicates that India as being a storehouse of information relating to history, but because of the closed minds and fanaticism of many entities of the West, they look upon India as being heathen, and therefore refuse to look for truth, refuse to look at these ancient writings and prefer to keep their deceptions alive, and to become hostile to any who would challenge them to see truth.

This Awareness indicates that the entity Hesus of Nazareth as one who was crucified for helping to heal and for effecting miracles in public, and for challenging the money-changers. That this entity did move to India and lived there until an elderly man, serving people in that area as a master teacher; the crucifixion as that which did not bring his physical death. The entity as having been highly trained in India by yogis and spiritual guides and teachers. The entity as having gone into suspended animation while upon the cross, whereby the entity was then revived, although pronounced dead.

This Awareness indicates that the story as that which contributed in part to the Passion Play. This Awareness indicates that there are many corresponding incidents between the lives of religious messiahs dating back several thousand years before the Biblical Christ. These incidents corresponding between these various messiahs to that which is described in the Biblical story of Christ are on record in other writings dating back prior to the Biblical writings, and thus it is obvious to any objective reader that the stories attributed to the Biblical Christ were essentially taken from other works.

This Awareness indicates that in modern times, this would be a form of plagiarism. This Awareness indicates however, that it was not unethical for these entities to do this, as they were drawing from the many religious writings in an effort to bring about peace through compromise, and to bring these various religions together. This Awareness indicates that also, the efforts were to preserve in the purest manner the principles of the religious myths and stories so that they would serve the people, to give them spiritual unity and hope, and to have their alchemical effect on saving their souls and bringing them toward the Christos, toward the Light of Truth, toward the spiritual unity exemplified by these religious doctrines which had for so many hundreds and thousands of years been used for this purpose, which had for many hundreds and thousands of years been tested and proven valid and successful in their ability to bring entities toward the Light, toward the Christos.

ED's Note: the book *Antiquity Unveiled* is published by Health Research Publishers, Mokelumne Hill, Calif., and is also available from CAC. (See Book Catalog sheet number 186 on listing.)



HOW TO GET RID OF  
FATTY THIGHS ETC.

QUESTION:

A question from K.G. "I am a slender, well-muscled female, but my upper thighs are fatty and flabby, no matter how much exercise I get, and at the hips where most females have a slight dimple, I have a lack of fat, creating rather large indentations. Cosmic Awareness, is there any method not now known, to move fat cells from one area of one's body to another, or to reduce one area of fat, and cause another to increase?"

COSMIC AWARENESS:

This Awareness indicates that to reduce an area which is too large, exercises which are repeated without strain, a greater number of times, is that which is most effective. This Awareness indicates for example, rather than 10 knee-dips, or lifting actions,--whereby you seek to exercise the calves of your leg by lifting or straining heavily the muscles,--rather than this, it is better to lie on your back and do the upside-down bicycle peddling 500 times. This Awareness indicates that for building larger areas, such as large muscles; heavier weights fewer times is that which is beneficial. For reducing the size, it is better to use lighter weights, or no weights at all, and repeat these actions many many more times.

This Awareness indicates there are certain machines available in fitness centers which will allow you to reduce the thighs by lifting weights, through hooking a cable to your ankle and moving your thighs back and forth with certain weights upon them. This Awareness indicates that this action of lifting weights through the hooking of a cable to your leg as that which should have a light weight rather than a heavy weight. This Awareness indicates that also a bicycle, or exercise cycle, as that which could be beneficial if used on a lighter level rather than uphill, or on a heavy pedal level. This Awareness indicates that the more peddling on lighter levels, the more it will reduce the size of the thighs; whereas heavy peddling up hill, or with greater resistance, will build muscles, but the size of the thighs will not reduce as much.

This Awareness indicates that the hips can be assisted by certain aerobic exercises, whereby you lie on your sides and move your legs in various patterns. This Awareness indicates that the dimple as that which needs not be enlarged, but rather, the areas around that may be reduced slightly. This Awareness suggests that no muscles are created by exercise: muscles are only placed by exercise and are created by protein. Protein creates the muscles and exercise places the muscles; therefore, whenever exercising, be sure that you receive sufficient amounts of protein.

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