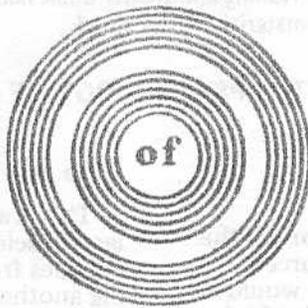


Revelations



Awareness

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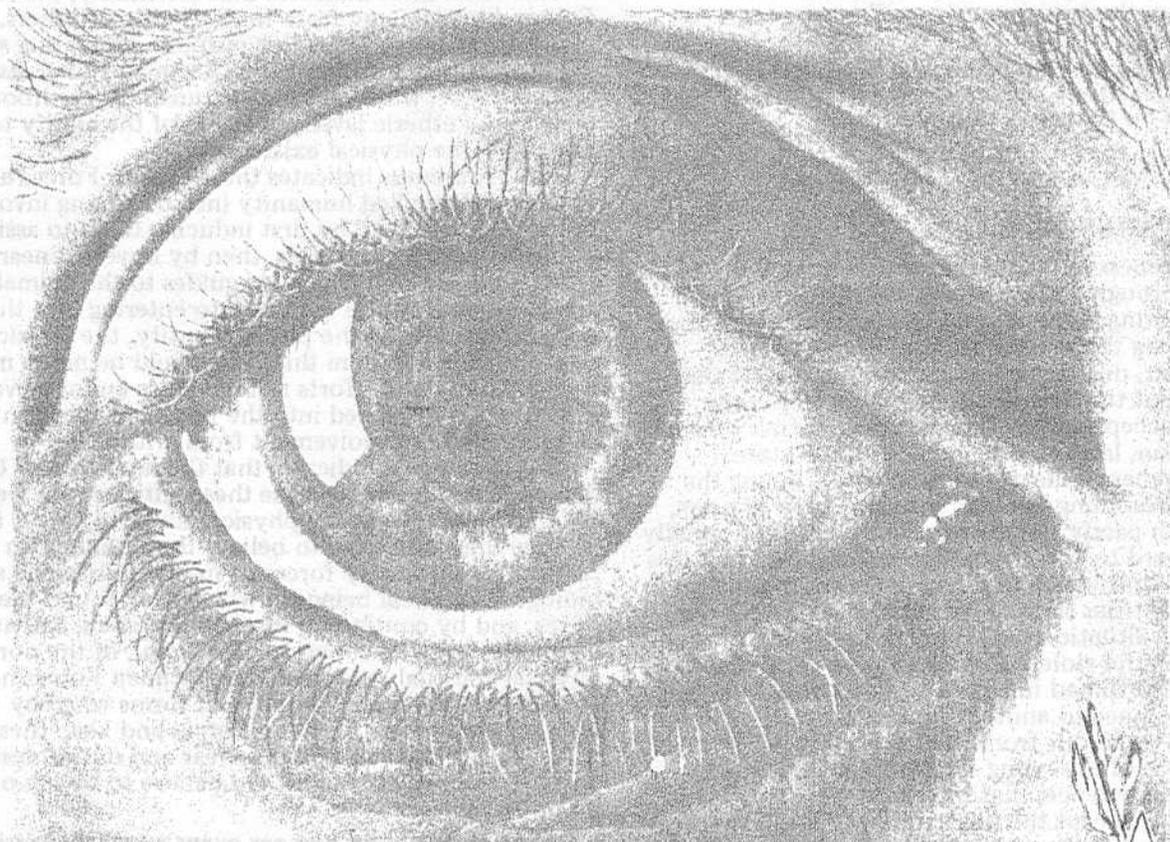
Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

Paul Shockley
Interpreter



THE FORCES OF AHRIMAN... (Continued)

the Mass Murderer and the Psychic Womb



PLEASE NOTE: For easier reading and greater understanding, Cosmic Awareness suggests that the following material be read aloud.

THE FORCES OF AHRIMAN--THE PSYCHOLOGY OF THE MASS MURDERER

QUESTION:

4/6/84

Awareness has given considerable information on the subject of violence and how the Ahriman Force is rampant on this planet today. I wonder if *It* would explain this phenomena that is going around, which the police call the "Serial Murderer." They believe that in practically every major city at least one of these entities exists and they don't understand what compels them to do this. These are people like Ted Bundy, and some of those entities who murder, 10, 15, or 20 entities, usually women, and right now, the Seattle area is being terrorized by one of these entities who has murdered at least 20 young women who were associated with prostitution, in this case, and they think there might be another 10. I wonder if Awareness could give a little information on this phenomenon--the 'serial murderers?'

ED's Note: by time this reading was being set up in late April, another 4 bodies have been recovered, victims of the Green River serial murderer.

The Desensitizing of the Masses

COSMIC AWARENESS:

This Awareness indicates that this as energy being channeled through certain agents or entities serving as agents to bring about a condition, a state of paranoia and fear among the masses, to bring the masses to accept murder, death through murder, as part of their daily lives; that the forces wishing to condition the masses into accepting this type of murder, first through criminal action, later through action of the state.

This Awareness indicates that by conditioning the masses into becoming familiar with this type of news, the forces can pacify the outrage which would normally be felt in regard to future actions of the state. That this likened unto that which has been previously described in regard to entities trained for assassination who are first placed in situations wherein they view continued violence, then the violence being viewed becomes that which has been filmed in regard to not staged violence, but actual violence to another, until the entity no longer reacts or recoils from the experience, accepting the experience of observing such without emotional reaction of abhorrence; that the more the entity is conditioned to accept the observation of such, the less the person is inclined to recoil when faced with the actual observation before him. That in this manner, this is also occurring for mass mind consumption.

This Awareness indicates that *It* does not mean that this is being programmed consciously by agents of the state; this is being programmed by agents of Ahriman through astral and etheric entities who possess the minds of those who allow themselves to be open to such energies.

Often such entities see themselves as doing a favor for the world in their hostility and hatred for the victim types; that often such entities do not fully comprehend the significance in proper proportion to the relationships involved, and see these victims simply as objects or symbols of a certain type of lifestyle which they abhor.

Other such entities enjoy the thrill of having some kind of power over life and death and feel themselves more powerful when having taken the life of another; that this involves the action of tuning in to the bloodlust consciousness of the Ahriman forces which thrive on such bloodlust and the excitement surrounding this.

The plan of Ahriman: Keeping entities earthbound

This Awareness indicates that wherein the Luciferian consciousness is such as to thrill at the theft of energies from others, to be pleased with overpowering another through deception, deceit, theft or trickery, using other's energies for personal growth and gain; the Ahriman Forces are more brutal, in that they enjoy the loss of life of others, and receive energy and excitement and thrills from observing or being associated with such.

Wherein there is that which is violence, such as in battlegrounds, or in shootings or in accidents, and entities are injured or killed physically, these Ahriman Forces often rush to the energy field, rush to the area to bathe in the excitement of the energies that are being expended by those who are involved.

This Awareness indicates that essentially, the Ahriman Forces derive energy from the suffering of others. That in using entities to serve this purpose of creating suffering and tragedy for others, the Ahriman Forces assist their purpose, which is to keep humanity earthbound, unaware of etheric levels, unaware of the ability to rise above the physical existence.

This Awareness indicates the Ahriman Forces as those which tricked humanity into becoming involved in the physical form by first inducing them to assist in the evolution of animals, then by hovering near animals as guardian angels, or guides to the animals, gradually enticed the entities into entering into the body of the being, (the physical entity, the physical animal), showing them that they could be much more successful in their efforts to help these animals evolve if they actually moved into the bodies of these entities and directed the evolvement from within.*

This Awareness indicates that the next step of the Ahriman Force was to cause these entities who were then involved within the physical form, to forget from whence they came and to believe they came from the material evolutionary forces of matter,--chemical and biological physical beings in which they found themselves, and by continuing this belief system, and attempting to eradicate all concepts of etherial, of the non-physical spiritual existence, the Ahriman Forces hope to trap mankind into the physical forms whereby they become servants to Ahriman Forces and keep these entities totally earthbound out of fear and out of desire to participate in what they would believe to be the only life they have available.

Concentration camps and gas ovens await the spiritual

This Awareness indicates that essentially, these forces are relatively successful except for those who are not accepting of the concept of traditional physical science, but who accept concepts of spiritual existence and etheric bodies and life after death; these are the bane to the Ahriman Forces. That in an effort to rid the planet of the spiritual types, the Ahriman Forces hope to create catastrophic conditions whereby they may use the conditions and find excuses or means to rid the planet of the spiritual types during times of great chaos.

This Awareness indicates that it appears that these attempts or plans will not be successful, although it appears also that their plans along this line will continue. That there are seen concentration camps

* More on this can be found in the final chapter of the story of Edgar Cayce: "There is a River," by Thomas Sugrue, published by Dell Publishers, New York. That chapter called 'Philosophy'. (CAC also stocks this book. Please refer to Book Catalog sheet.

throughout this nation in various places, some having gas-type ovens, similar to those of Nazi Germany; that these being intended for future use in destroying certain types: the spiritual types.

This Awareness indicates however, the spiritual types are growing too fast and are too prevalent while the Ahriman Forces are being spread thin in their efforts, and are finding it more and more difficult to cover their act;—that time is on the side of the Light Workers and time is running out for the Ahriman Forces. That there are a great number of people waking up in various degrees, becoming more aware of the change that is needed in consciousness, and consciousness itself is on the brink of making a quantum leap into a new type of thinking, becoming the New Being which this Awareness has heralded for a number of years.

Time is on the side of the Light Workers

This Awareness indicates that many young people are indeed New Beings, seeking direction, seeking understanding to discover what their purposes are, which way they should go and where they should put their energies. Many older people, having lived a lifetime of devotion to authority, are now, after many years, beginning to question and raise doubts in regard to the integrity of many in authority, and are beginning to become more open and aware, and many are becoming Light Workers, having gained much wisdom over the years, whereby they too can teach the masses, and many of those who have been involved in the power game, climbing the pyramid of power, are beginning to look at the entire scenario and ask themselves: "Is this not some type of strange futility? Where will it lead? What is its true purpose? Is there not something more suitable to do with life?", and many of these entities within the power structure are beginning to doubt their own devotion and purposes in supporting such a structure.

This Awareness indicates it is likened unto the pyramid made of masses of beings, wherein each tier holds up others, and those hold up still others, and those hold up others; whereby the bottom tier begins to have drop-outs, wherein one entity walks away, another walks away, and the bottom tier begins to disperse, leaving the next tier on the bottom, so that the top of the pyramid has come down one tier, and whereby those on the second tier from the bottom also begin to tire of supporting this great force of power, this hierarchy system, and begin likewise to consider walking away and letting it come down. In this manner, over periods of time, years or decades, the peak of power comes down the scale, note by note, step by step, until all entities find equality. The rule of Ahriman ascends and has been present for thousands of years, in secret to most, but now ascends into the public eye upon the stage of human development whereby the spotlight of consciousness begins to recognize this character of power and allows it to play out its last and final scenes upon this stage of human development, so that all entities can see its true nature, its true characteristics, and then, when it has run its course and the play is ended, and the audience dwindles and the viewers tire of watching this mad scenario and leave the theatre for something else of greater excitement or joy, then the mad scene, the mad pursuit of power and its game and all its show shall experience its final curtain call, and the Ahriman Forces shall be out of a job, unemployed, and shall have to find some other role to play on the human stage of development.

The Pioneers, the Way Showers to the New Age

This Awareness indicates that all of these movements are preordained. Only the timing is left to chance, and the timing is that which can regulate the intensity and speed of change, or the smoothness of the transition, for when there is extreme and quick transition, this is explosive in nature, and when there is the slow and gradual transition, this is seen as painful and slow change, dreadful in some

3.
respects, gradual and tedious, yet moving ever toward that new beginning.

This Awareness indicates that there will be change, and with change there will be pain and suffering, for nothing changes without motivation, and motivation does not occur without pain and suffering, but entities can move quickly as possible toward the end results, toward the goal, and toward the New Being and New Energy and thus cut down the length and duration of the suffering and struggle and the pain which motivates.

This Awareness indicates those who cling to the old ways, who are drawn and pulled reluctantly into the New Age, are those who will have the greatest suffering. Those who attempt to push against the odds, pushing against the forces that would hold them back; these entities may experience the greatest struggle and have difficulty in that struggle, and may suffer from these difficulties, but many of these entities will be those who are the Way-Showers, who are the pioneers leading to the New Age, and there will be many of these who rush toward that which is the way of peace, the way of harmony, the way of love, the way of mutual respect and courtesy toward others.

How Ahriman's Forces get their energy

This Awareness indicates that the Ahriman Forces find it most unpleasant to deal with entities who understand their game, who understand the nature of their controls and tricks. The Ahriman Forces prefer that entities not understand, believe, or recognize the possibility of other dimensions, other vibrations of etheric beings, for the etheric realm is where they hide, and from that etheric realm they influence entities on the physical plane, and on occasion, by collecting energies from entities on the physical plane through blood-sacrifice, such as mass destruction or war, such as the slaughters that are occurring in various places on the earth at almost any time; it is *these* energies of blood-sacrifice that allow the Ahriman Forces to take physical form and to move into physical manifestation and to function in the physical world, or to attach themselves into the minds, into the bodies of physical beings, and then manipulate and use those physical beings for Ahrimanic purposes.

One-third of world is unevolved laggards

This Awareness indicates that there are approximately a third of the people on earth who were created not from Celestria, but from a type of genetic engineering during ancient past. Many of these entities have a very rudimentary and slowly developing soul—(or in some cases, hardly a soul at all)—and these entities are easily influenced by Ahrimanic Forces and by the general public: the trend of consciousness, and wherein consciousness is of a high order, these entities move into, and accompany that high order of behavior, and wherein the general consciousness is low and gross in its sensitivities, filled with hatred, dualities, polarized consciousness of violence or lust or greed or power pursuits; these unevolved laggards become highly susceptible to those energies and are ready and willing soldiers to be used for any violent or low purpose, for these entities being easily influenced, can and often do seek to be of service to anyone who appears to know what is going on and what should be done, for these entities have not the ability to think clearly and with high levels of consciousness, and thus they become likened unto an army of ants, willing to serve whoever commands, for whatever reason, without question.

This Awareness indicates that these essentially are entities without much inner guidance and can be influenced by the Ahriman Forces, and many of these entities become willing tools of Ahriman Forces, will take up the knife, the gun, the axe, the missile, and kill and destroy, simply because someone said to do so, or even because someone said that person or that

type of person is evil and doesn't deserve to live.

This Awareness indicates that many such entities as children learn to judge, condemn, and to discern what type of person is evil from their parents or those whom they admire, and as they develop and grow, their hostility and judgment of those entities of that type becomes ever stronger, ever greater, and wherein they feel themselves having feelings of affection for such a type, they may recoil from guilt at their own affection, and thus in hatred for what that type has done to them, may feel that entity should be killed, destroyed, before they themselves become seduced by those temptations and desires which they feel within themselves toward that other. Thus, you have those who set themselves up to eliminate those who tempt them to do that which they wish to do but do not dare to do, and thus, in certain cultures you have those entities who consider the entire race of women to be inferior, to be evil, to be unworthy, simply because of some belief within themselves that they are sacred and divine, but that the women are the great tempters and such entities, daring not to admit their own desire to participate in the pleasures of the flesh will turn their hostility toward the woman which tempts them, and thus creating a double standard, will indulge in the pleasures of the flesh, then blame the woman for their own indulgence, thus, in both actions degrade the woman, and blame her for their own lust.

This Awareness indicates it is likened unto the entity who would desire to smell the flower, but who is told: "Whatever you do, don't ever smell the flower, for you will surely die! Your soul shall dwindle away and you shall not have everlasting life! Be sure never to smell that particular flower!" The entity, becoming so obsessed with the fear that he might yield someday and go over and smell the flower and lose his eternal soul, may take it upon himself to destroy the flower out of fear of his own weakness in desiring to smell that which has been denied.

This Awareness indicates that the entity can develop both a hatred and a temptation, a desire along with a hatred; the hatred being for himself for being tempted, but not wanting to destroy himself for his temptation, will rather destroy the tempter which triggers his temptation. Thus, you have those who become serial murderers, whether of women or of boys or children. Such entities are indeed sick, and such entities indeed are servants of the Ahriman Forces, willingly or unwillingly having allowed themselves to enter into the army of the Ahriman Forces.

THE PSYCHIC WOMB...

MULTIPLE PERSONALITIES AND THE MASS MURDERER

QUESTION:

One question in relation to this subject. The Public Broadcasting System recently did a documentary on an entity, a recently convicted serial murderer by the name of Kenneth Bianci, in what was billed as the longest court trial in American history, and this entity, who came from a pretty good family, was college educated, had a good job, a good mind, was very appealing to women (they referred to him as a 'hunk', as a matter of fact), became known as the Hillside Strangler, who murdered and sexually mutilated a number of young women in California, and here in Bellingham in Washington State, before he was caught.

The interesting thing about this documentary, which was called *A Portrait of a Mass Murderer*, I believe, was that Bianci, all through the trial, denied the memory of any of these crimes, and under hypnosis, another aspect of himself with another name came out and talked differently, coarsely and so forth, and admitted to killing these women. The police eventually came to believe that Bianci was faking all this in order to save himself

from the death penalty, even though a number of psychiatrists claimed that yes, this is a genuine case of multiple personality.

My question is: how prevalent, if indeed this was a multiple personality that took over this entity; how prevalent is this today in relation to a lot of the violence against people that happening today everywhere in this nation?

The Dangers of Hypnosis

COSMIC AWARENESS:

This Awareness indicates that there is considerable danger in entities becoming involved in activities in which there is long and sustained hypnosis, either through genuine hypnotism, or through suggestive force by a powerful entity such as a parent or teacher or guardian who has such hypnotic or intimidating and powerful mind control over another that the entity cannot be himself, or herself, because such effect on the subjective consciousness of the entity can create attitudes within the entity which the entity does not like, does not care to tolerate, cannot tolerate, and then the entity may begin to shut down a portion of his consciousness and refuse to look at a particular portion of his consciousness, and yet fear that portion of his consciousness.

By being afraid, and also ignoring, the entity strengthens that area of consciousness because it then grows from the fear of others finding out what the entity is thinking, for the entity himself cannot stand the thoughts he thinks and does not dare let others know what his thoughts are, and thus the entity fears his thoughts and fears what others would think if they really knew him, and the entity has created a division in his consciousness, and the more he fights against those thoughts within his consciousness, the stronger they become.

This Awareness indicates the easiest way to avoid this would be to seek counselling in regard to the thoughts which are disturbing, to seek counselling from someone who will not tell you: "That is evil! Don't ever think such thoughts again!...", but rather to seek counsel from someone who listens and asks questions: "Why do you think you have such thoughts? Do you have some kind of hostility involved in this? Do you want to talk about this hostility? Do you want to explain where you think these hostilities have come from? How do you think these hostilities can be reconciled? Do you want to reconcile these hostilities?"--questions that allow the entity to bring these feelings up into his consciousness, where they can be looked at without shame, without guilt, without fear.

The entity who is unable to do this, due to fear and circumstances, may find that these thoughts and divisions within his consciousness grow stronger; that the entity may then begin to see himself in the attitude of a Jekyll and Hyde personality: "I am really a nice person, but there is this other side of me that keeps trying to make me do things I wouldn't want to do," and thus the entity is at war with himself and will perhaps place the name, place a name or see that other aspect of self as being a different entity. When the entity makes this completion, that *he* is one person, but the *other* aspect that has developed is another person, another personality, then the separation is complete and the entity does not have to feel responsible in his own conscious mind for the actions that occur with the other personality, and thus, the entity can let go and let the other personality act and do whatever it wishes, and at the same time move back into the body, into the forefront of consciousness, and claim not to know what was going on or what occurred.

The Womb of the Mind Gives Birth to Disincarnates

This Awareness indicates that the entity can avoid any claim of responsibility, thus, the creation of a split personality. It is possible to create a third or fourth,

or more personalities in the same manner. One may ask the question: Are these split personalities actually splits off the same block, off the same individual, or are they perhaps spirits, disincarnated spirits who inhabit the entity? This Awareness indicates that indeed, there can come the time wherein an entity, not taking responsibility for the thinking that occurs within his consciousness, allowing this split to occur, whereby he refuses to look at the thinking, or becomes fearful of the thinking and refuses to bring this to the surface or seek counselling, whereby the entity shoves this back and abhors and objects to its presence, and yet fears...if the entity does not fear these thoughts it is less powerful, but wherein the entity is afraid of the power of those thoughts, it becomes more powerful, and thus the entity begins to create what may be termed a womb in the mind in which a disincarnated spirit may enter and develop and grow, and perhaps take over totally, or partially, the entity's body and mind.

This Awareness indicates that this creation of the womb, whereby the seed thought may be planted to grow and develop, to bring forth another personality, is that which finds itself especially prevalent in entities who have a conflict of loyalties in terms of their personal desires, and in terms of their moral inclinations; wherein there is a conflict between these lesser desires, and the philosophy which they attempt to adhere to, such entities are the most fertile for this type of psychic womb in which the Ahriman Forces may plant the seeds for possession and incubus attachments.

Ridding Self of the Psychic Womb

This Awareness indicates that the entity who finds a psychic womb developing in his consciousness, or in her consciousness, can do certain things that will help to rid this condition. That B Vitamins, as simple as it sounds, especially Vitamins B-12, which is found in meat products and may be taken in shots or in some tablet forms, but is sometimes missing in vegetarian diets, but which can and should be taken as supplements to vegetarian diets; Vitamin B-12, and B-6, and B-7 are seen as being important, but especially Vitamin B-12; that this helps to eliminate that condition which this Awareness describes as the psychic womb, whereby the entity is not so fertile to have obsessions or seeds, thoughts of a negative nature planted within his or her consciousness. Also, Vitamin B-12 can be helpful in eliminating fear. Vitamin B-6 is beneficial in strengthening memory. Calcium is beneficial in strengthening one's sense of emotional and physical stability; that tryptophane can be most beneficial in avoiding depression; that Vitamin B-12 also is beneficial in this regard; that these assist in avoiding moodiness which can very easily lead toward concepts of isolation, the "poor me" complex, and may allow for the creation of the psychic womb, whereby in one's mind seeds of self-destruction, or seeds of sickness can be planted.

Seeds of Cancer Planted in the Psychic Womb

This Awareness indicates that the psychic womb can be created which can house seeds for cancer, future cancer conditions: the "poor me", the "failure me"; these seeds, when planted in a psychic womb can grow in time to become suitable for a cancerous condition. That the psychic womb can become a place whereby seeds of hostility and hatred are planted which may lead to heart and circulatory problems, diabetes, high blood-pressure, skin rashes, and kidney problems and liver problems.

This Awareness indicates that in understanding the nature of the mind, whereby it can create a womb in which seeds are planted of a negative nature, one may wish to avoid such by taking these vitamins that have been mentioned in the same way that one would take birth control pills during times when one feels his mind is fertile for such unwanted thoughts and concepts and seeds. This Awareness suggests therefore, that entities

6. make a note of these vitamins and use these vitamins during those periods wherein one is depressed or feels frustration, loneliness and such.

Dangers in taking too many vitamins

This Awareness suggests that while *It* has often given entities suggestions to take certain types of vitamins, *It* wishes to caution entities in regard to many of the vitamins and their continued use, for excessive use of vitamins can shut down the body's ability to absorb or manufacture its own vitamins from the food and nutrients it takes in, and thus the body may become more and more reliant on the vitamins which you give it and less and less reliant on the foods and nutrients which it receives. Therefore, that you occasionally cease taking vitamins; that there are certain types of supplements that are always beneficial: the anti-oxidants such as Vitamin C, selenium, GH3, SOD; also RNA, and to a lesser degree niacin; these may be taken without concern for the body becoming immune, but that the GH3 especially should not be taken on a continual daily basis, but should be used as recommended.

HOW TO BANISH UNWANTED THOUGHTS

This Awareness indicates that other than supplements and vitamins in dealing with the nature of one's consciousness, this Awareness suggests there is also the action of banishing. Banishing thoughts within one's own mind may be accomplished to help prevent the growth of the seed, even after it has started to form its fetus within the womb of your mind. You may determine: "I will not give birth to this personality under any condition whatsoever. I will abort this growth, the growth of this obsession, this thought within my mind," and you may perform the operation to abort this condition, either yourself, or you may hire an exorcist to do this or another entity who is capable of doing this.

This Awareness suggests that those entities who have areas within their own consciousness, and there are many entities who have this condition, whereby a seed has been growing, a Jekyll and Hyde personality is not uncommon, whereby there is that aspect within an entity in which something emerges, and the entity later really regrets having expressed that energy, or is afraid that something within himself may erupt at some time; such is the concern, much like the pregnant woman who is giving birth to a child at some time, and does not really know when this might occur, but feels that it is inevitable, and may experience false labor pains.

Likewise, an entity can have this psychic womb within his mind whereby the energies are there, are kicking at his consciousness, are creating a constant reminder that there is something within that mind that wants to get out and to express itself upon the world, and it is hostile or it is frightened or it is distorted and grotesque, such as an illness, or a suicidal type of creation, and the entity is fearful to give birth to this creature, for the entity knows it is not going to be a good thing when this comes forth.

The Banishing Ritual

Thus, the entity knows that this creation within the mind must be aborted. This Awareness suggests that entities become aware of the banishing ritual which this Awareness has given. The simple use of the 5 pointed star with the point facing upward toward the sky, whereby in using this banishing ritual with this concept of the psychic womb and the unwanted growth or thought-form within, you may reach up to your consciousness, to your head, wherever you feel that thought to be; reach up with both hands and draw that energy out, place that energy before you, all that negativity; place this before you and draw your 5-pointed star with your right hand and your forefinger drawing, then point your flaming dagger through that center of that star, and through the center of that energy, and visualize the death and demise of that creation, of that fetus

which you wish to abort.

This Awareness indicates that if you do not have the strength to destroy the fetus of that thought-form from your mind, then visualize this being hurled off into space to the other side of the galaxy. In this manner, through the action of visualizing and through the action of physical movement, you impress upon your consciousness and the psychic womb, the recognition that that type of thought-form has been aborted.

This Awareness indicates that very often, the Ahriman Forces, upon seeing an entity moving into Light, knowing the entity's future potential, will attempt, if possible, (just as Ahriman tempted Jesus), attempt to seduce the entity's consciousness into allowing the Ahriman Force a place within the consciousness of the entity. That essentially, the Persian deity, Ahriman, later became the prototype which was known by Christians as the devil, or Satan.

This Awareness indicates that wherein Jesus told this entity: "Get thee behind me," it was his way of banishing the energy. This Awareness suggests that this may be sufficient for entities who have considerable spiritual power and faith in their own divine contacts, to simply state to the energy: "Get thee behind me!" However it works best for you is that which you may use. This Awareness suggests that the banishing ritual is that which is powerful and effective in dealing with unwanted energies.

Likewise, whenever an entity in physical form channels forces of darkness into your realm, the banishing ritual can be used to keep these energies out of your domain. However, that when using these forces of the banishing ritual against entities in physical form, it cautions you not to banish the entity, but to banish only the negative energies which the entity carries into your domain. You may banish those energies of a negative nature. This Awareness asks you not to attempt to banish an entity in physical form, for it may result in the death or injury to that entity and if so, extreme karma for you could result. That generally, when banishing the negative energy of an entity, it also removes the entity, because generally, the entity does not wish to give up the energy and will stay away from you and continue holding onto the negative energy; that if the entity does however give up the negative energy which has been banished, then it would not be unlikely for the entity to return to your domain, but the entity will not be carrying the negative energy.

Other Forms of Banishing: Sunlight & Counselling

This Awareness indicates that another way to deal with these energies besides vitamins and banishing, is through consultation, discussing these things with another. It is much likend unto the woman who attends the doctor in regard to the pregnancy and expresses that she does not wish to give birth to this entity, and if examined, whereby the condition is opened up for examination, brought forth prematurely, it would die; likewise, when an entity having a negative thought in his or her own consciousness, brings this up to the surface to be looked at consciously, prematurely, before it has fully developed, it will not survive either. It will not continue to grow without proper nourishment.

Therefore, you may abort the thought by bringing it up for conscious examination, talking with someone who is skilled in dealing with these concepts, in dealing with the eradication of negative thought-forms, and you may abort the thought-form or future potential personality by use of the banishing ritual, or you may deny the fertility in your mind for such negativity by use of vitamins and minerals as previously described.

Another aspect of the mind which entities must understand is the nature of light upon the pineal, through the eyes, its effect upon the optic nerve, and its ability to spill over from the optic nerve, into the pineal, and the effect of sound moving through the

auditory canal which also can carry vibrations to the pineal and have an effect of triggering chemicals into the system.

This Awareness indicates that sunlight, or light of any type is absolutely necessary for the human being in order to avoid feelings of depression; that entities who are experiencing depression can, through the use of light, by turning on more light or stepping out into the sunlight, can trigger those chemicals from the pineal, particularly tryptophane, which counters depression.

This Awareness indicates that entities who live in dark and dingy rooms are most susceptible to consciousness levels that are depressed and have little enthusiasm. Entities may lighten their room with lighter paint, brighter colors, may open windows, have curtains of a lighter color, anything that creates more light; get stronger light bulbs or add new lamps if there is a problem with loneliness or depression or the feeling of unworthiness, for one can and will feel better when there is more light.

This Awareness indicates of course there are some entities who want their apartment dark so they don't see all of the dirt which is in the apartment; also the concept of cleanliness, neatness, contributes to a sense of well-being, that wherein there is dirt, wherein there is mold, wherein there is fungus, wherein there is that mildew or other substances of a trashy nature, it prevents one's consciousness from feeling healthy and feeling happy. To the degree of dirt, the consciousness is unhealthy. To the degree of cleanliness, the consciousness is healthy, thus, entities entering into a hospital automatically begin to feel better because the room is clean and it makes them feel clean, and thus, the tendency is to feel better.

This Awareness indicates that this may not be enough, may not be sufficient to overcome the illness the entity experiences, but it is a step and a degree of help. That light, cleanliness, vitamins, as previously mentioned, the banishing ritual and counselling; these are ways whereby entities can cleanse themselves. That taking showers and taking baths, going for a walk, feeling the breeze, feeling nature, the wind; feeling free of obstructions and encroachments upon your energy; these are also ways.

Bach Flower and Music as Remedies

This Awareness indicates the Bach Flower remedies are helpful; that there are particularly focused types of attitudes which can be altered by Bach Flower remedies, and these can be of extreme value to entities who are having psychological difficulties. That if an entity is afraid or determined not to see a psychiatrist, there are other ways whereby the entity may be helped.

There are many ways to deal with problems, and if you cannot deal with the problem on your own, it is not to be seen as the end of the situation whereby the problem must grow and develop and run its course. The use of music in one's life, while not as effective in banishing negative thoughts as counselling, the banishing ritual or the use of vitamins for some entities; it may be more effective for others, or it may be effective if used consistently, and the right type of music is used. Often an entity will love a particular piece of music, playing that piece of music again and again with great enjoyment and great attunement, but suddenly discover after hearing that music a certain number of times that it is actually a very sad piece of music, and the entity may find himself becoming depressed because the music, though beautiful, does not uplift the spirits so much as it intensifies the quality of his already present mood.

This Awareness indicates that the entity may then wish to shift to an entirely different type of music, one which is light and shallow and meaningless. The entity, in shifting to this new type of music, may be able to throw off the heaviness which was felt from the other music. That music can be extremely valuable in touching the soul. It is a language that the soul understands better than any other language, but music can

also affect the soul and suggest things to the soul to cause the soul much despair, much sorrow, much suffering, or can cause the soul to react with great force in directing the conscious mind to do something which the conscious mind does not desire to do.

Dangers of Music, Art & Poetry

This Awareness reminds you of the song *Gloomy Sunday*, which in the 1930s and '40s was responsible for so many suicides. That there are, there have been many pieces of music which stirred things within the souls of entities which have led them into a frame of mind that has resulted in suicides or feelings of rejection, feelings of unrequited love, feelings of uselessness, futility. The romanticist, the entity who is wrapped up in poetry, in music, in the arts, must be especially careful in regard to the effects that music and poetry and art have upon their consciousness, for these things affect the moods and emotions and the moods and emotions are the fertile womb wherein seeds can be planted which develop and grow those various creations of the psyche that lead to future expression.

This Awareness indicates that some music can be inspirational and lift an entity into heights greater than he or she could ever attain, to do things that are beyond the entity's scope because of the propulsion of the music and its inspiration; thus music can inspire, but it can also depress and drag an entity into great suffering; that music and poetry, fantasy: these are the areas, the energies which create within the psyche that psychic womb in which seeds are planted that will result in future experiences and expressions.

This Awareness suggests therefore, you be most aware and cautious in regard to the music you hear, the poetry you experience, the romance and fantasies which you indulge in, the imagination which you allow. That imagination controlled, whereby you let it go as one who flies or drives or moves with great skill and control, soaring here and there, but always in control, knowing how to land with your feet back firmly on the ground of reality, knowing where reality actually is in terms of your present physical reality; this type of flight with the imagination can take you to many areas wherein great things are discovered, and can be an aid to your greater understanding, but wherein the imagination takes you and carries you to where it wants to go, and gives you no choice, or whereby you feel yourself the victim of these fantasies, being dragged into areas that are oppressive, frightening, or fearful, depressive, alienating, filled with images of hostility, grotesque spiders and complications; wherein you find yourself being victimized by the imagination,-- this is extremely hazardous territory, and entities should not wallow in the lake of such fantasy or drown in their imaginings, but rather take control, learn to ski across the top of the lake, know where you are going, where you want to go.

Don't attempt to put all of the landscape in rows, for this would leave no imagination, but know the general direction of where you wish to go; know your purpose in your trip, in your imagination, and know that you are not your imagination but are simply traveling in the world of the imagination, and that all things therein are fantasies and have no substance in reality until you accept them as being real, and be selective in what you accept and allow into your world of reality from that land of the imagination, for the imagination is capable of producing anything, but you are not capable of using everything to your well-being that the imagination can produce.

This Awareness suggests therefore, create the fertile womb in your consciousness and plant the seeds of peace, harmony, beauty, prosperity, happiness for all who attend your garden, who come within your realm, and allow these seeds to grow and water these seeds

with imagination that is under your control, and know where your feet are, and be sure that they are planted firmly in reality, and determine clearly what you accept as reality and what you accept as gaseous fleeting unsubstantiated imaginings, or what you accept as potential reality, that which may form into reality, and that which may fade from reality, for even as matter is solid and matter is gaseous, such as clouds, so likewise reality for an entity may be solid, and meaningful, and there can also be those areas, concepts, beliefs which are not yet solid, but cloud-like, uncertain, yet tangible and potential, whereby they may take on the form which you call absolute reality, or which may be seen as relative or potential realities.

This Awareness indicates that above all, do not confuse wild imagination with reality to such an extent that you find yourself standing on quicksand or water that is churning and fading away, whereby you cannot find substance on which to base your life and actions for a solid and stable reality.

This Awareness suggests the Interpreter be brought from trance.

For more information on Ahriman Forces, please refer to 'Revelations of Awareness' No. 82-24 (Special Report: The Forces of Ahriman); \$4.00. Also No. 83-3 (The Brothers of the Shadow); \$3.00; 80-9 (Death Squads of Ahriman); \$3.00; 81-15 (The Atlanta Murders); \$3.00; 81-20 (Mind Control and Assassins); \$3.00 from CAC.

SHOULD WE STORE FOODS IN ALUMINUM FOIL?

QUESTION:

E.N. of Brooklyn, N.Y. asks: "It is known that food cooked in aluminum pots absorbs the aluminum into the food which affects the body. What about foods enclosed in aluminum foil pouches, trays and so forth, which are so prevalent today? Is the aluminum absorbed into foods placed in the foil pouches, etc., then stored, is on a store shelf, to be used by the consumer, or does the food has to be cooked in it to absorb the aluminum?"

COSMIC AWARENESS:

This Awareness indicates that it appears that when food is stored in aluminum foil, or in aluminum dishes without heating, that the absorption is very slight. This being perhaps 2% or less of that which would be absorbed in the cooking; that it does not appear to be enough to constitute a hazard. However, if there is any question or concern about this, that the polarity pillow as that which will neutralize any effects of the aluminum in the foods thus stored.

why do we

KILL

people who

KILL

people to show
that killing people
is wrong?

WHAT STRANGE FORCE LURKS IN OUTER SPACE?



WILL SHAVING UNDERARM HAIR DISRUPT THE MENSTRUAL CYCLE?

...The dangers of using deodorants

QUESTION:

B.S. of Lakewood, Colo, has a question. She's like to ask Awareness about the enclosed newspaper clipping. She says: "I have seen information on this subject matter before. It's been well established that the orbits of Uranus, Neptune and Pluto contain certain anomalies, and no one has ever been able to figure out why." And she sent in a clipping which I'll read from the *Rocky Mountain News*, titled: "Huge Force May Lurk in Solar Orbit!"

"Space agency scientists want to search the heavens for a huge mysterious force they think is lurking at the edge of our solar system. Astronomers of the National Aeronautics and Space Administration (NASA) said they're convinced an unexplained gravitational force is disturbing the orbits of the planets Neptune and Uranus. They aren't sure what kind of celestial force is responsible, but suggest it could be a yet unborn or unlit star that's a twin of our sun, or a so-called black hole, or the long sought 10th planet beyond Pluto, or the vestiges of a dying star, or an unlit star that just happened to wander into the neighborhood of our solar system.

"NASA astronomer John Anderson said there's a chance the identity of the object could be determined with a 15 million dollar allocation from congress during the next 3 to 5 years. 'I think there's something quite massive out there,' Anderson said at a press conference. Anderson favors a massive binary twin of the sun, that is, an enormous gas cloud that has coalesced but hasn't caught fire to become a star. Twin stars are quite common throughout space, and he said he wouldn't be surprised to find an unlit companion to our sun."

End of article. Can Awareness explain what that huge force might be?

COSMIC AWARENESS:

This Awareness indicates that in the Indian astrology and ancient teachings of India, there are references to the Dark Sun, this as a twin to the sun, and that this as an energy field around which the sun, in its orbit moves, even while the planets move around the sun. However, it appears that this particular energy field is not that which is being referred to in the question. This appears to be an energy field closer than the Dark Sun. There is seen the planet Vulcan, which is approximately 9 times the distance of Pluto; that this planet Vulcan as that which does have some effect upon the path of these outer planets. That many entities believe that Vulcan is near the sun, between Mercury and the sun. This as in error. That in reference to the Greek mythology and the name for the planet Vulcan, who was thrown from the cliff, out to the edge of the sea for his crime of loving Venus, this as in reference to Vulcan being thrown out of the solar system, to its very edge, near the sea of space. This action by Apollo, and this as in reference to Vulcan; that the Greek name for this planet as being that which is Vulcan.

This Awareness indicates that it appears this energy field which these planets are affected by, as that planet. It appears this planet as having an elongated orbit, and the elongated orbit as that which causes the unusual effects on the magnetic fields of these outer planets, so that the distance from the sun is that which varies at different times. There is also seen that which is a large body moving into the solar system,--this may be that of Halley's comet. This appears to be that which may also in the near future have its effect on certain gravitational fields. However, this does not appear to be that which was referred to in the question.

QUESTION:

A question from S.Q. in Iowa. She is wondering whether the process of shaving the underarm and leg hair from your body is damaging, because a student of Yogi Bhajun once told her that it would throw off the timing of the menstrual cycle because body hair has the function of receiving certain subtle etheric vibrations. What is the truth about this?

COSMIC AWARENESS:

This Awareness indicates that this as being essentially negligible, although there is some slight truth in the statement, in that the hair does maintain a particular contact with the aura of the entity. That the purpose of underarm hair is to assist in preventing sweat by allowing a kind of cushion between the skin of the body and the skin of the arm, so that air can enter and dry out the tissues, rather than the tissues being pressed together with no room for air except by lifting the arms. This Awareness indicates that in present days this does not present a great concern or problem except in accordance with custom in relation to appearance.

This Awareness indicates that a greater concern is in relation to the misuse of deodorants which prevent the entity from natural perspiration by plugging-up the pores with aluminum or other glue-like substance known as anti-perspirants and deodorants. This Awareness suggests that the best deodorant is soap and water, and when entities allow themselves to remain clean and perspire naturally with proper cleansing, this as being the appropriate way of dealing with these concerns. This Awareness suggests that if you desire to shave under your arms, that this is of little consequence in terms of your health. However, shaving the legs will tend to cause the hair to become more course and require continued shaving to prevent the course hairs from showing.

QUESTION:

Then there is no relationship between the hairs and the menstrual cycle. Is that correct?

COSMIC AWARENESS:

This Awareness indicates that there is very little relationship between the clipping of such hairs and its effect on the menstrual cycle; this as being negligible in all but rare cases wherein an entity might have some kind of psychological effect from a belief or concern in regards to this. That the greater concern is in that the shaving process does stimulate the growth of courser hair, and therefore requires continuous shaving,--that this being a rather strange custom, but as harmless except as indicated.

HOW COME INDIANS HAVE NO WHISKERS?



Crazy Horse

QUESTION:

Speaking of hair, is there any particular reason why the North American Indians never seem to have grown beards or have facial hair when every other race in the world seems to have facial hair?

COSMIC AWARENESS:

This Awareness indicates this appears to be related to earlier developments of these tribes, this having much to do with the hormones, and the hormones relating in part to the diet and the exercise. Also this as relating to a certain cultural value whereby bearded entities were not recognized as handsome; therefore, the unbearded entities became more prized and were selected over thousands of years, and this created a hereditary factor in terms of bringing about generations with fewer and fewer hairs, on their faces. This Awareness indicates also that a custom by many Indians was that of plucking the hairs from their face. This Awareness indicates these also being partially influenced from both Atlantean and Lemurian customs and hereditary programmings; that this also reflecting in certain Polynesian cultures.



**BHAGWAN SHREE
RAJNEESH
AND OTHER
INDIAN GURUS --
WHY DO THEY
HAVE SUCH
MASS APPEAL
IN THE U.S.?**

QUESTION:

B.K. in Ohio has a question: "I was wondering whether Awareness would make any comments on Rajneesh, as to his ploy, play in the scheme in the world, on his previous incarnations, and also if there's any particular reason for him coming to Antelope, Oregon?"

COSMIC AWARENESS:

This Awareness indicates that this entity as one who has a profound understanding of the nature of the human mind, and its limitations, and the limiting factors within the human mind. The entity as one who sincerely seeks to give entities the mystic experience, whereby they are freeing their mind from those conditionings and limitations which so often hold entities entrapped by artificialities and by conventional and traditional concepts. The entity does have a charisma which has developed as a result of his own experiencing of the mystic state, and this also is added to by the mystery and mystique of his influence upon his followers and the legends and stories about and around this entity.

The entity allows much of this to develop and serves as a kind of focal point, or master for those entities who believe they need a focal point or master. The entity believing this to be a necessity in helping disciples and followers to grow and develop their own individuality and their capabilities for the mystical experience. This Awareness indicates that it is quite common for those from India who are teachers to promote and believe the idea of being a substitute father-figure or mother-figure, whereby using the inherent need of an individual to have an authority; the teacher or guru then pulls on the entity's need for a model and supplies that model, and this becomes a part of the entity's personality, value system, belief system, and the entity's total gestalt. It is effective in that it gives the seeker a model to follow.

This is important, just as it is important for the child to have a model, such as a father, or a hero. Those who look up to entities such as John Wayne, Gene Autrey, Burt Reynolds or other superstars or heroes, those who look up to famous historic persons, or military persons, are doing much the same thing in modeling themselves after their ideal. That this technique of using oneself as a model is simply an action whereby the teacher becomes the lesson; and the follower, in following the teacher, takes on certain qualities of the teacher and absorbs the message through a kind of osmosis, as well as through the spoken or written words available from the teacher.

This Awareness indicates that this is no less valid than the entity who enters military school and has as a model General MacArthur, Dwight Eisenhower, or some other famous military leader. The difference here, however, is that these military leaders were not attempting to create followers or worshippers, or disciples. These entities, rather, were in positions of authority, and doing their job according to their beliefs, and the followers who developed under their guidance chose to model themselves after these military leaders, not from the claims or influence from the military leaders directly applied to the follower, but from the follower's desire to climb to positions of power or prestige or importance, similar to that exhibited by the military leader. Wherein one sets oneself up as a guru or teacher, the entity automatically presents himself as a model for others to follow, and it creates a sense of dependency on those followers, and the person so doing must either allow that dependency to continue, whereby the followers hang on and develop a kind of cult leadership around that entity, or the entity assists the followers to develop their own individual thoughts, ideas, concepts and purposes and directions, while weaning them from dependency on the teacher.

This Awareness indicates that many entities from India do not seek to wean the followers, but rather allow the followers to continue as a kind of hanging on, and many of these encourage entities to always have a living master, or a personal guru in order to grow and develop. That there comes a time wherein any individual, having learned everything available from the teacher which is necessary for the individual, that the individual then must move on to other experiences and other teachers. Wherein the teacher continues to grow and develop along with the students, this relationship can last for some time without the action being that which tires or stagnates. Also, wherein the student develops and the relationship of student/teacher is not defined clearly, so that it rather is likened unto individuals sharing and receiving information, whereby the student is not seen as a 'student', but as a friend, and the teacher is not seen as a 'teacher', but as one who has information which can be shared with the friends; this kind of relationship breaks down the central authority figure, and allows for more individual growth and development of the parties involved.

This takes much responsibility off of the teacher to play a role and to perform, and to serve as a model. This also puts more responsibility on the student or receiver of the information, to evaluate for himself the value of what has been given, to use the information, or to make discernment as to whether it is applicable to his or her needs. This Awareness indicates that It prefers and encourages entities not to put themselves into positions whereby they must remain for long periods of time under the influence or dominion of others, particularly wherein that influence has a kind of bondage upon the entity's thinking or behavioral patterns.

This Awareness suggests that wherein entities may receive information which is not forced upon them or is not presented in a manner which creates a bondage on the entities, this can be of much value. However, in some levels of development, entities may require and need to

have the discipline placed upon them which many of these gurus, teachers and masters require, and place upon their followers. That wherein a child grows to adulthood without proper or satisfactory guidance from the parents, the child may then look to a teacher, guru, authority, or some figure to supply a direction and sense of purpose to the entity's life. That wherein this occurs, the entity then may need to have those aspects of personal development fulfilled by this other entity, those aspects which were lacking from the child's upbringing. That for entities who are used to having much security and discipline, regimen, rules and structure, and order in their lives placed upon them by family, and/or religious beliefs as children, these entities often break away from the religious beliefs, recognizing a certain kind of fallacy from the childhood religion, only to turn to another system which offers the same kind of regimen, control and restrictions and discipline, but under a different name, a different philosophy and different belief systems.

This Awareness indicates that this as an indication of the entity's desire for the security of the childhood regimentation without accepting the beliefs which were given to the entity as a child, and the entity then accepting other beliefs which may be just as questionable, but which seem to be more suitable to the mind because they have a different origin, or are more sophisticated in the thinking process of the adult mind. Essentially, many of the philosophies from India are more sophisticated than the basic fundamental Christian philosophies, and therefore are more appealing to a thinking mind, while at the same time, the teachers from these Indian philosophies often supply the same kind of regimen, restrictions and controls over their disciples as was required by the early church or family of the individual. This supplies the entity's emotional needs for being disciplined and secure, while also supplying the individual's need for something more sophisticated and complex as a philosophy or religious belief system.

This Awareness indicates that the greater value of the Rajneesh movement into the United States is that it, along with other activities of a philosophical and religious nature which have been changing greatly in the past decade allowing an increase of new philosophies and religions as has never before been known, this is creating a climate whereby true religious and philosophical thought can eventually emerge, so that entities may be freed from taboo thoughts, thoughts which are considered to be taboo, and whereby they may become free thinkers and question and probe and think and wonder at the universe without fear of being punished and condemned for such questions and doubts or skepticism or heretical thinking.

This Awareness indicates that until entities are free to think, other than simply to parrot the priest, entities do not have free thought and cannot experience the spiritual life, for their lives are but religious dogma, and not that which is spiritual experience; that there are many levels of growth and many entities on different levels of evolutionary scale. There are those who could not possibly benefit from the more refined spiritual teachings; there are some whose greatest spiritual accomplishments would be to become involved in the more dogmatic repressive Christian or other doctrines. There are others who, in such levels, would benefit greatly by moving into something different and more freeing.

This Awareness indicates the ladder on which entities climb is not a ladder which should remain stagnant, whereby entities hang on one rung life after life, never moving, always believing one set of dogmatic religious beliefs and being sure that this and only this is correct. Entities who are at any time absolutely sure of their religious beliefs, should ask themselves if they would like always to be exactly as they are, and nothing ever to change, and their thinking and their experiences and their spiritual level to always remain exactly as it is. Most entities would realize

there *must* be something that is lacking, and there *must* be something more in the realm of human potential which would allow for greater growth and movement into new understanding.

This Awareness indicates the addition of new thought, new ideas, such as the new philosophies, those from India and from other areas and from other fields, such as psychology and science, all of these various new input into the realm of philosophy and religion will have the effect of freeing the mind to allow for greater spiritual understanding and growth.

Likewise, the movement of Christianity into Russia, into India, and into those areas which are not generally associated with the Christian philosophy, this as having its profound and valuable effect in allowing the synthesis and merging of these philosophies with a unique and new and different Christian philosophy, so that these too have the benefit of greater insight from which to choose and formulate new ideas. The entity moving from India into the United States should be seen as having his right, just as it is considered proper for the United States and for the Christian nations to send their missionaries into India, China, Africa, and other places; that the sharing of ideas as that which allows the emergence of the New Being, and allows entities to gain understanding and respect for all others.

QUESTION:

Did the entity Rajneesh have or play a similar role in past lifetimes?

COSMIC AWARENESS:

This Awareness indicates there appears to be a connection with the entity Vivekananda; this not seen however as being a past life so much as a wavelength or reflective parallel influence. It appears this entity, during the last century did have a large following, not to the degree of present influence, but to a much lesser degree. This appears to have been in India. The entity also is seen as having had other lifetimes wherein in other cultures he had certain influence and served as a leader to people. This entity appears to have been involved in many lifetimes in India and Tibet, with much philosophical training, meditation and influence repeated throughout a number of lifetimes, whereby this entity developed and grew spiritually through these experiences. The entity appears to have a personal recollection of many of these lifetimes and experiences.

This Awareness indicates the entity as suffering from a spinal disorder, that hinders him physically; this as that which requires that he have much comfort of his physical body in order to avoid excessive pain from the physical problem. This Awareness indicates that even those who are of highly developed spiritual nature, often have their cross to bear.

* * *

Confessed murderer Henry Lee Lucas, who claims to have killed 360 people, said yesterday in San Angelo, Texas, that he expected to be found guilty, and sentenced to death for the strangulation of a woman hitchhiker.

The 47-year-old drifter has confessed to the slaying of the unidentified woman hitchhiker, whose body was found near Georgetown in central Texas in October 1979. Asked if he expected to be found guilty for the death, Lucas smiled and said, "Yes."

* * *

MERGING THE LEFT AND RIGHT SIDES OF THE BRAIN

QUESTION:

A question from J.D. of Brooklyn, N.Y. "As far as the mystical marriage, the merging of the right side of the brain,--Isis, intuitive, creative, and left side--the Lucifer, rational, practical, in enlightenment: can Awareness give a more detailed direction in just what activities and conditions and applications are necessary to activate the right and merge it with the left; to give also some procedures to more directly initiate this action. As for example, what could be done in hypnosis to accelerate such development harmoniously? I note that certain ways of speaking and things that are said, like by Cosmic Awareness and Jesus, energize the right side.

COSMIC AWARENESS:

This Awareness indicates that wherein an entity becomes involved in any type of artistic expression, such as dancing, singing or running and jumping of a spontaneous nature, this as an expression from the right side of the brain. Anytime an entity sits down and simply allows himself or herself to begin drawing or painting, this generally as an action of the right side of the brain. Wherein the entity engages the left side of the brain to determine the stages of the dance, to determine the movements of the dance, to determine the practical approach for the jump or the appropriate type of brush and picture to be drawn in the painting, this as an action of the left side of the brain and as one which is monitoring or modifying the spontaneity of the right side. The technique of an art comes about through the training and teaching and the structure from the left side of the brain; the spontaneity and the creativity comes from the right side of the brain.

This Awareness indicates wherein an entity with rational effort attempts to learn to drive, type, write, sing, act, dance, cook or conduct any form of activity such as walking, running, skipping, jumping rope or whatever, the entity is only effective partially by following certain effort in rationally producing the activity through instructions from within or from without, by logic or by reasoning. However, once this has taken place and has occurred enough, the action begins to transfer over toward the right side of the brain and the entity becomes relaxed with the action and it becomes more spontaneous, and the entity may find himself driving, singing, dancing, writing or walking without thinking about the action, --the technique is forgotten and the action is occurring spontaneously. This as the way whereby entities train the right side of the brain to respond in a creative way.

This Awareness indicates that without such training from the left side of the brain, the entity might not be capable of walking, singing, dancing, or writing unless this came from some subconscious or genetic memory. This could emerge without the conscious effort of the left side of the brain, and such entities are called natural: this entity is a natural-born singer or a natural athlete or a natural dancer. Anything which appears to be natural, coming from the right side of the brain, generally has been inherited through the genes or through the reincarnated memory of the entity, or may have been developed by the imagination of the entity who images himself or herself going through the action.

This Awareness indicated that some years back a book called, *Psycho-Cybernetics*, pointed out that entities who imagined themselves shooting baskets in a basketball court improved their score within three weeks, without ever actually shooting or playing with the basketball, at a rate which was almost equal to those who were, in fact, practicing basketball.* These

entities, in conducting this activity through levels of imagination, were in fact training the right side of the brain through imagination, which almost equaled the rate of training which those who were in fact practicing basketball reached by the use of their left side of the brain. Perhaps with some thought, meditation, or creative imagining you can apply this information to those areas about which you questioned; this allowing you to perceive your answer from the intuitive, right side of your brain.

This Awareness indicates also that much intuitive information is release after much conscious, left-side, rational energizing has occurred. That often entities may work mentally for a long period of time, trying to discover and work out a solution to a particular need, and find themselves again and again unable to satisfy that problem or need. Then, when giving up and simply setting aside the concern, the entity may indulge in something recreational, playful or relaxing, when suddenly, "out of the blue," comes the answer. This occurs because the energies of the left side of the brain, having run into dead ends, suddenly has worn itself out from thinking and must relax, and the right side emerges as the entity involves himself or herself into the recreational or relaxing or meditative types of consciousness, and from this emerges the answer which was unavailable from the left side of the brain. This also is how many clairvoyant or psychic experiences occur.

**Psycho-Cybernetics*, by Maxwell Maltz, MD, published by Prentice-Hall, Inc. Englewood Cliffs, N.J. (Available in paperback at most bookstores.

QUESTION:

Awareness, is that what happens when a person goes to sleep on a problem and awakes in the morning and has the answer? Is the left side of the brain sort of put out of commission when one is asleep?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative; that much of this, of course, has to do with how these are trained, for it is possible through symbology to train the right side of the brain; one can train the right side of the brain to observe symbolic connections; also, that one can train the left side of the brain to hold symbolism, and the symbolism can have its connections in a rational way. Essentially, there can be a more complete development of the entire brain, so that even the so-called subconscious, the intuitive and subjective consciousness can merge with the rational and objective consciousness and they can work harmoniously to store and release information.

This Awareness indicates that there has not fully been developed in present teaching methods a proper expression or training method which unlocks the full potential of the human mind. For it is not the mind itself that malfunctions, (except in cases of injury or damage), it is the programming placed within the mind which causes the malfunctions; and with proper programming, a mind could be developed that served as a kind of superbiocomputer. Such a programming would require a general program, using universal symbolism that applied on many levels, from the macrocosm to the microcosm, from all fields of science, religion and experience, and that programming would need to be capable of containing symbols which could apply to any field of knowledge.

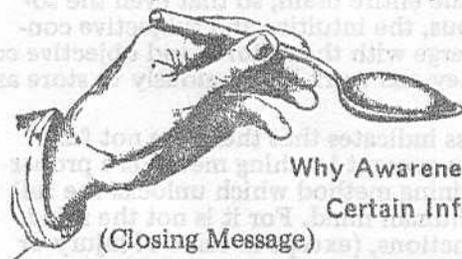
This Awareness indicates there was once such a programming; and entities, in understanding that programming, began to understand the nature of the universe, the nature of chemistry, the nature of matter, the nature of individuals and the psychology of individuals, the nature of plants and animals and of all things: spiritual, physical, mental, emotional. That particular field of knowledge has, in part, been handed down in fragments and has been lost in much of its application, but one portion of it has remained: this portion remaining is known as astrology.

Is Astrology of the Devil?

This Awareness suggests that entities wishing to develop greater consciousness should first learn their ABC's, then learn their numbers, then learn to put these together in words and combinations of numbers, in lines and sentences, or in formulas. Then entities should learn the clusters of words and ideas, which are concepts, and the various forms of mathematics. Then, if entities wish to move into still greater understanding of the universe, entities should begin studying symbols; and after entities understand the nature and purpose and application of symbols, the entity may become involved in the network of symbolism known as astrology, which is likened unto the higher alphabet for the intuitive side of the brain; whereby these symbols in astrology may be added together, subtracted, moved, changed and maneuvered, examined, turned over and formed into patterns, even as letters form words,—these patterns creating energy fields which can be described with words, translated from the astrological language of symbolism into the everyday terminology of words.

This Awareness indicates wherein entities study this language of astrology, hooking three or four symbols together, understanding from that symbolism what is occurring to an entity in a situation when you have never met the entity and have never been told of the situation,—this is a form of higher wisdom, higher knowledge, yet is not mysterious, is not evil, is not of any 'devil,' but is simply a greater level of observing. There were times when entities were told that writing and reading was "of the devil" and were forbidden to learn to read. Today, there are entities who say that astrology is of the devil. These entities do not know what they are talking about any more than they knew when they said that writing and reading were of the devil.

This Awareness indicates that becoming aware, learning, discovering, even though it often costs much and even though the knowledge you obtain is expensive or even frightening, should never be considered as evil, except for those who have based their religion on the belief that ignorance is bliss and do not wish to be shaken from that belief. This Awareness suggests that you may allow such entities to continue in their religion of ignorance as bliss if they so insist.



Why Awareness Withholds Certain Information

(Closing Message)

This Awareness indicates that this particular reading has touched upon many areas which need further elucidation. There is seen a time wherein greater understanding of the ancient programming may be released. There is also seen a time wherein greater understanding of ancient history regarding various cultures and their programmings may be released. It appears that each of these does need to be further explored; however, it also appears that the time for this exploration is still some short time hence,—that this is not time for the deep exploration into these areas.

This Awareness wishes to explain that *It* often puts off discussing certain topics which many entities believe they are ready for partly because, even though some are ready, others are not. That some entities, in hearing certain information, can become so upset that all of the other information which they prized and accepted and valued may be thrown aside because that particular

information was unacceptable. That for some entities, this particular area may be in the area of sex, whereas they cannot stand to hear certain things relating to sex; for others it may be in the area of religion; for others in the area of race; for others in the area of political or governmental systems; for others in the area of their particular belief system; for others in the area of relationships.

This Awareness indicates that if *It* gave information without regard to the sensitivity and feeling of consciousness at the time, some entities might accept some of the information and reject other parts, other entities might reject the first part and accept the second; but in general, the majority of individuals could very easily reject, in rejecting portions, each rejecting something else, turn away and accept nothing which this Awareness offers simply because of those overcharged areas in consciousness. Therefore, *It* must spoonfeed information carefully and slowly, according to the sensitivities of entities who are reading or listening to these messages. *It* must spoonfeed to assist entities until they can move gradually and become acquainted with new concepts, new understanding, new ideas, and make these part of their daily diet, or, with an understanding of these, decide with a level of conscious awareness that they cannot accept that particular food in their diet of understanding.

This Awareness indicates many entities could not accept robotoids as a concept, yet could accept such concepts as homosexuality; others cannot accept the concept of reincarnation, yet can accept ideas of after-life in various realms. Some entities cannot accept concepts or discussions relating to suicide, yet can watch movies or read headlines or support, with their vote or their money, programs which bring about war. Some entities cannot accept depressions, discussions of loss of money, yet can accept nuclear power plants in their neighborhood; some entities cannot accept entities from other races in their neighborhood. Many entities have particularly strong hot-spots for rejecting,—prejudicisms toward certain concepts; therefore, this Awareness must spoon feed entities carefully, slowly until they are accustomed to trying out new concepts, new flavors, new ideas, new tastes and new diets. This Awareness asks that entities who are anxious to get on to the main course, that you be patient with this Awareness, for *It* has many areas which need to be attended carefully.

