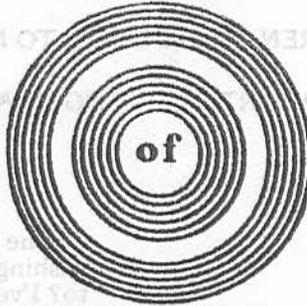


Revelations



Awareness

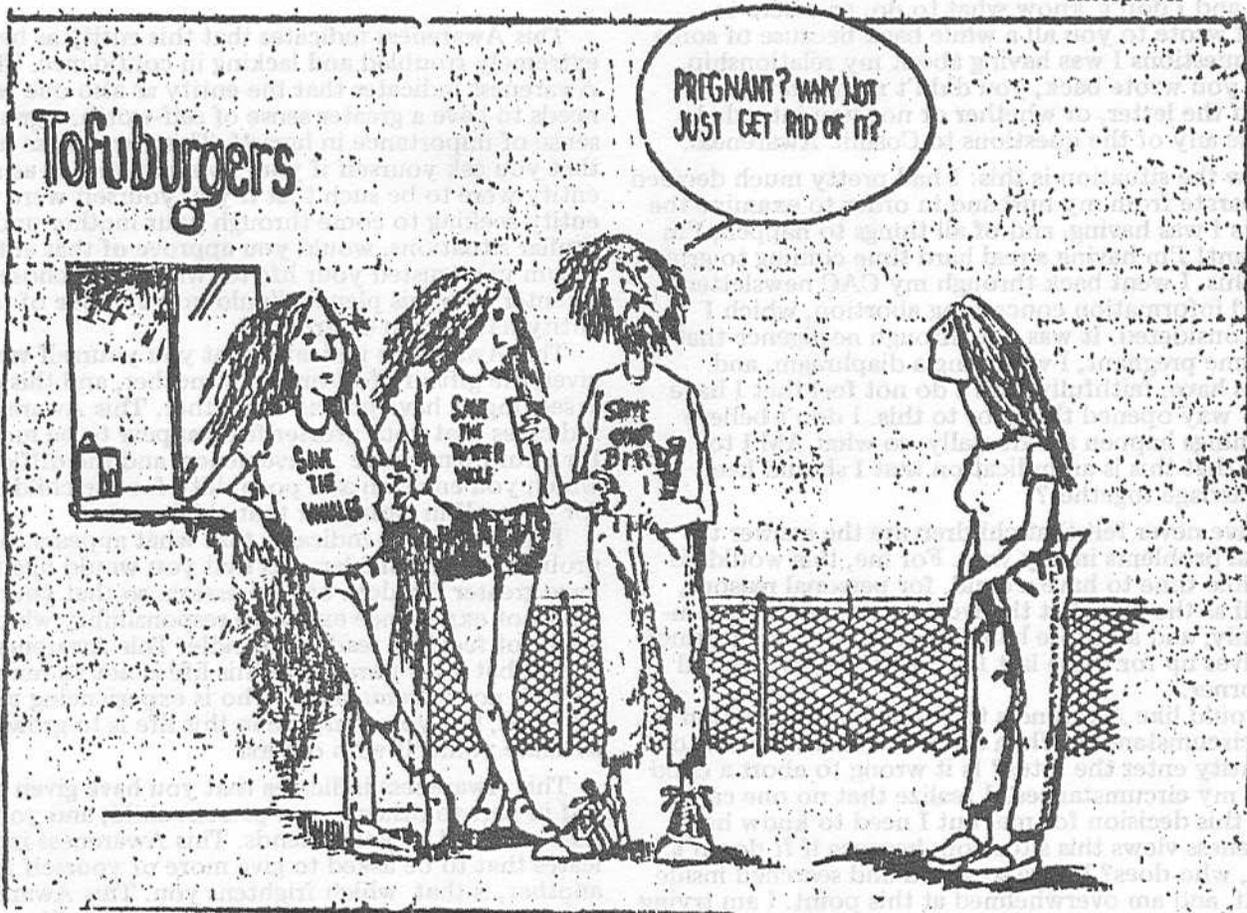
84-15
\$3.00

The New-Age Cosmic Newsletter
ISSUE No. 256

Cosmic Awareness Communications
P. O. Box 115, Olympia, Washington 98507
(Helping people become aware)

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

Paul Shockley
Interpreter



Abortion & teen-age birth control

IS HAVING CHILDREN THE ANSWER TO MARITAL PROBLEMS?

WHEN IS ABORTION APPROPRIATE, IF EVER?

(April 11, 1982)

QUESTION:

Awareness has given considerable information on abortion, but still the letters come in on this subject, and I'd like to read a letter from a female member in Kentucky, who has the information on abortion Awareness has already given, and see if possibly there is any further information on this subject. If not, just indicate so. She writes:

"Hello. Help! My life situation has reached a crisis point and I don't know what to do, or where to turn. I wrote to you all a while back because of some deep questions I was having about my relationship. When you wrote back, you didn't mention that part of the letter, or whether or not you intended to pose any of the questions to Cosmic Awareness.

"Now the situation is this: I had pretty much decided to separate from my husband in order to examine the doubts I was having, and of all things to happen, I'm pregnant! I'm having a real hard time coming to grips with this. I went back through my CAC newsletters to find information concerning abortion, which I have considered. It was not through negligence that I became pregnant, I was using a diaphragm, and always have, faithfully, and I do not feel that I have in any way opened the door to this. I don't believe that things happen accidentally, so what AM I to think; that this is an indication that I should keep my marriage together?

"I have never felt that children are the answer to marital problems in any way. For me, this would be a terrible time to have a child, for personal reasons, as well as the fact that the world situation is worsening daily, and all those hard times we've been gearing ourselves up for these last few years are just around the corner.

"I would like Awareness to comment on abortion in such circumstances. When *does* the consciousness of the entity enter the fetus? Is it wrong to abort a child under my circumstances? I realize that no one can make this decision for me, but I need to know how Awareness views this situation, because if *It* doesn't know, who does? I have searched and searched inside myself, and am overwhelmed at this point. I am trying to be fair to all concerned. I know how my husband would feel. He would definitely want me to have the baby, but being pregnant is so intense that I don't know if our relationship will be able to handle it. I feel like if I go ahead and have it, then I'll have to put myself in a little box and set it aside, not to be looked at or felt again for a couple of years. I don't want to be pregnant with a bad attitude. We have a beautiful 2 year old daughter whom we planned for, and her feelings are very important here too. Back and forth, back and forth. Please ask Awareness about this situation, if at all possible. I need to make a decision very soon, so I would appreciate hearing from you, to let me know if it will be possible to ask Awareness about it. If I had the money for a Life Reading, I would send it, but I don't. I feel badly if I've put you all on the spot. I just don't know what to do. I hope you can understand.

"One other question. Is there a particular entity wishing to be born at this time? Someone I'm close to? I've tried communicating with whatever entity might be entering the picture here, and letting them know how I feel. I also have been praying and asking Awareness to let me be relieved of this responsibility. I don't know whether I can have an abortion, even if I wanted to. I'm very confused. Thank you."

The real purpose in life--the principles at work

COSMIC AWARENESS:

This Awareness indicates that this entity as being extremely troubled and lacking in confidence. This Awareness indicates that the entity as also one who needs to have a greater sense of self-worth, a greater sense of importance in herself. This Awareness suggests that you ask yourself if your own experience as an entity were to be such that if you yourself were that entity seeking to come through your mother under similar situations, would you approve of that entity whom you trusted your life to, whom you chose to enter into this plane? Would you approve of that entity having you destroyed?

This Awareness indicates that you yourself were given the gift of life from your mother, and this entity is seeking to have you as its mother. This Awareness indicates that your greater fears appear to be more for your own future convenience, and the difficulties which you envision as a possibility for the child and for yourself in caring for that child.

This Awareness indicates that what appears to be a problem in this incidence is that you would like to have greater freedom of expression, so that your self does not experience excessive responsibility which it does not feel it is ready to handle. This Awareness indicates that your purpose in this life is not to remain a child, nor to remain one who is experiencing pleasure on earth, but your purpose in this life is to grow and to share yourself with others.

This Awareness indicates that you have given yourself in part to others, your present child, and your husband, and to your friends. This Awareness indicates that to be asked to give more of yourself to another, is that which frightens you. This Awareness indicates that there is a principle that an entity grows and develops in direct proportion to that which is required of the entity. This Awareness indicates that there is a principle that one's capacity to perform, to grow and to produce develops in direct proportion to the requirements that the entity perform and produce.

This Awareness indicates that essentially *It* requires that the entity trust something higher than one's own ego, than one's own concept of oneself. This Awareness indicates that you see yourself as this little being who is not fully competent to take on the responsibility for another entity's life. This Awareness indicates that in seeing yourself in this manner you feel certain childhood inadequacies which you have long held as part of your self-image. This Awareness indicates that in looking at yourself in these viewpoints, or with these feelings and attitudes, you are essentially limiting your own maturity and growth.

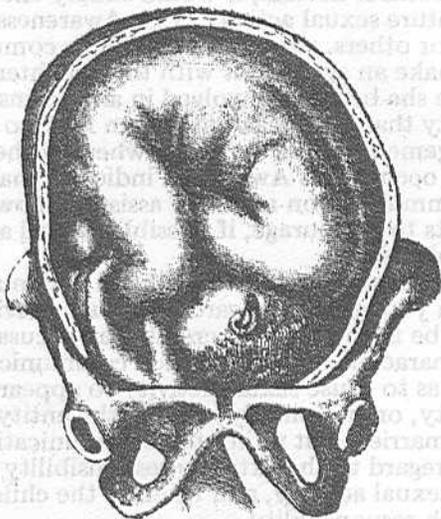
This Awareness suggests that rather than see yourself as a child being thrust into the world, having responsibilities thrown upon you; this Awareness suggests that you look at this action as that which has been handed to you by Higher Forces, forces that were not of your own making, but which were creating a human life, and asking for your assistance in this operation. This Awareness indicates that you may feel yourself inadequate to handle this responsibility, and may feel that you would like to turn down the job, or career offer, because you did not realize what you were getting into, and did not believe you were in fact involved in such occupation.

This Awareness indicates that to engage in sex demands that an entity risk giving birth, if the entity is capable of giving birth. This Awareness indicates that therefore, all sex of this type is a gamble, and when entities gamble, they must expect to have certain effects which will occur, depending upon the odds. This Awareness indicates the odds in this gamble were in your favor, in favor that you not have the child, but the odds in this instance fell to the lot of the child, and though the odds may have been 100 to 1 against getting pregnant, the child won out. This Awareness indicates that now you prefer to renege on your end of the gamble, and to take the life of the child.

This Awareness suggests that it appears to be an imbalanced sport,—this type of engagement in sex. This Awareness indicates however, that the choice is always with the mother, for the individual knows deep within whether or not she could actually end and terminate the experience of this entity, or whether or not she could give birth and give a relatively good chance to the entity. This Awareness indicates that no entity born on this plane is asking for the perfect solution, or the entity would not come to this plane. All entities coming through the womb onto this plane know that they are risking hardships and difficulties.

This Awareness indicates that wherein you fear for the welfare of the entity, that this should not be over-emphasized, nor should you over-emphasize your own feeling of inadequacy in terms of bearing such a child. This Awareness indicates that with a small amount of faith, this child can be born, and within two years you will be appalled at having ever imagined this child not being born. This Awareness indicates that this child will be deeply loved by you. This Awareness indicates if this is fully looked at and understood, you then must make your decision based upon that realization.

This Awareness indicates that you must think in terms of the life, rather than in terms of the event that is occurring to you, as if it were a cancer or appendicitis attack. This Awareness indicates this is not an illness. This action is that which is a request from Higher Forces that you serve in bringing through this entity.



This Awareness indicates that wherein entities determine through probabilities that a child which is to be born may be highly deformed, or wherein it becomes apparent that the child would not survive a reasonable life, wherein a child is born from incestuous experience or from rape; these experiences can be looked at as having greater justification for abortion. This Awareness indicates that when it simply becomes a matter of personal convenience, this is not far removed from murder for personal convenience. It is only a matter of months wherein the fetus is weeks or months old, or is expelled from the womb and is days or weeks old, of one to ten years of age. Where does the exact cut-off line lie in terms of the point beyond which murder begins and justifiable homicide or abortion ends?

This Awareness indicates that it is not so much a question of age as it is a question of whether this is for the convenience of an entity, or whether this is to prevent tragedy. This Awareness indicates that a child born in a situation that is a great tragedy, such as wherein it would cause the death of the mother, or wherein the birth of the child would be such that the child would be deformed or unlikely to live, or wherein the child to be born would be from a situation of incest or rape, which could cause extreme tragic psychological effects upon the mother and child; these actions being more concerned with avoiding tragedy are justifiable in terms of concepts of abortion, to a much greater degree than the mere concern for one's personal convenience and possible future inconveniences.

ED's Note: about 2 years after this reading was given, I wrote a note to this entity, stating that I planned to publish this reading and wondered what her decision had been. She never answered my letter.

TALKING THE ENTITY OUT OF COMING THROUGH

QUESTION:

In a case I know of, a lady who considered herself too old to be a good mother, and generally, for reasons of convenience, felt that she had become pregnant, had a discussion with this potential child and talked to it and said what her reasons were why she thought it was a bad idea; and she could feel the spirit withdraw from her body. All signs of her pregnancy disappeared after a few days.

ED's Note: the lady referred to in this question found herself pregnant at the age of 47. She had previously given birth to 6 healthy children, now all grown, and her intent was to lolligag for awhile.

COSMIC AWARENESS:

This Awareness indicates that this action of communicating is that which occurs in a cooperative manner rather than a violative manner, and this is not an action of abortion or akin to murder. This Awareness indicates *It* has previously given that abortion for some entities is excusable to a greater degree than for others, depending on the situation. This Awareness indicates that this is because some entities would be experiencing greater tragedy in giving birth to a child than others would experience.

This Awareness indicates for example, a young teenager, too immature to become a mother would be held less accountable for abortion than would an entity who is relatively older and more mature, and who should have a greater sense of responsibility for her own actions. This Awareness indicates that in either case, some karma will be experienced, but the greater karma would be for the entity who is more mature, and therefore who should be held more accountable and capable of being responsible for her actions.

This Awareness indicates that in the sense of the small teenager, such as one of twelve, thirteen or fourteen years of age, whose involvement led to pregnancy; the child seeking an abortion would in many cases not only share that karma, not only experience the karma of her action in this abortion, but also her guardians would share in that, for not having properly protected her and kept her from early pregnancy. This Awareness indicates that in some cases, the guardians are not held accountable if they were not negligent or knowing of her involvement. This Awareness indicates that the karma of actions depends largely on the knowledge or ability and capacity to understand by the entity, or by the guardians of the entity, and by those involved in the action, and it is presumed that the more an entity is capable of understanding the nature of his or her act, the greater the responsibility for that act should be.

This Awareness indicates that upon the cross, the entity Jesus asked that the crucifiers be forgiven, for they knew not what they were doing. This Awareness indicates that the greater awareness an entity has, the greater capacity to understand, whether the entity understands or not. If the entity has the capacity to understand, that alone is sufficient to cause the entity to be responsible for his or her actions. This Awareness indicates that even when an entity has the capacity to understand, but does not take the time, nor put forth the effort to understand an action, even so, that negligence on the part of the entity is no excuse for not acting in a manner appropriate for one who, under normal conditions would understand and act as a responsible person.

SHOULD YOU PUT YOUR DAUGHTER ON BIRTH CONTROL PILLS?

QUESTION:

Awareness, while we're on this subject, there's been an awfully lot written lately, since the culture seems to have a lot looser morals these days, about mothers taking their young daughters, 12, 13 years old and so forth, down to doctors and having them fitted for diaphragms, or having them put on the birth control pill. Is this preventing karma on their part, or are they only fooling themselves? Is this simply a cop-out?

COSMIC AWARENESS:

This Awareness indicates that this is a way of compromising between the extreme difficulty which many parents experience in shielding their daughters from the influences which the daughters often experience among their peers, and in avoiding the problem of early pregnancy. This Awareness indicates that were the parents of these children to wait and simply attempt to keep the child pure, and keep the child away from sexual behavior, this could be partially effective in some cases, but not for a long period, and there could be many births occurring which were unplanned for.

This Awareness indicates that were the parents to give the child birth control devices at an early age, the child may see this as a license or permission to engage in sex. This Awareness indicates that therefore, the child may become active in sexual behavior before the child would otherwise have been inclined to do so. This Awareness indicates that in this instance, the child may also become pregnant if the devices are not functioning adequately in each involvement. This Awareness indicates that the problem is one which in your present social environment is complicated in part, because parents are generally too busy to become closely involved in communication levels with their children, particularly in the teenage years, and parents being involved in their efforts to scramble, to make

4. their daily bread, and the children being involved with their own particular interests in school, and with other peer group members; this dual occupation of the family is such that communication is often negligent on certain levels, or that the harmonies between the entities, (parents and children), are not of such level that such things can be discussed easily without embarrassment.

This Awareness indicates therefore, this complication creates a situation whereby in order for the parents to feel comfortable they may choose to put the child on some form of birth-control device at the first sign of danger. This Awareness indicates that the other extreme is wherein the parents seek to shield the child from such involvement and refuse to assist the child in this area at all. This Awareness indicates that an entity, a child, a young girl, always has the option of seeking birth-control devices for herself, with or without her parent's permission, but most young girls are not aware of the procedures whereby this can be done, and therefore, often become involved in sexual activity without parental knowledge, and without proper protection, and in a state of irresponsibility, may become pregnant.

This Awareness indicates that *It* cannot present a rule which would serve as a general rule for parents in terms of providing for their children, for each individual is different from each other individual, and each case will be different. This Awareness indicates that the parents should know their children well enough to make the proper determination as to whether that daughter would be involved in, or could be involved in sexual activity, and if so, whether it would be advisable for the entity to have some form of protection.

This Awareness indicates the parents of any young girl should have at least *that* much communication with her, so as to be able to discuss openly without great embarrassment, this situation, for the welfare of the girl. This Awareness indicates that if the daughter becomes offended, or if the parents are embarrassed, or also accusative, this must simply be expected as part of the communication related to a very touchy situation. This Awareness indicates that as long as the communication continues, and as long as the parents inform the daughter of their personal concern for her welfare rather than as some form of judgment of her character, this becomes a communication that brings entities closer to understanding.

This Awareness indicates that for some young girls it is absolutely essential that they be given birth-control devices, and most parents, having such daughters, will recognize this necessity. This Awareness indicates that others may see that in giving their daughters birth-control devices, it would simply encourage premature sexual activity. This Awareness indicates that for others, parents need only to communicate and make an agreement with the daughter, that before she becomes involved in any forms of sexual activity that she speak with them first, so that arrangements could be made, whereby the protection could occur. This Awareness indicates that this type of communication may also assist in allowing the parents to discourage, if possible, sexual activity prematurely.

This Awareness indicates that a communication with a young girl in regard to sexual activity should never be in the sense of creating an accusation of low character, nor should such communications be made as to cause sexual activity to appear to be evil, or dirty, or vile, simply because the entity is young or unmarried, but rather the communications should be in regard to the extreme responsibility that goes with sexual activity, and whether the child is capable of such responsibility.

The energies of sexual activity

This Awareness indicates that a parent can inform the child that the child is simply not old enough nor mature enough to cope with the energies which go with sexual activity. This Awareness indicates that the energies of sexual activity is such that wherein two people engage in sex, a karmic bond is immediately created, and if the heart and emotions of one entity in that bond goes into the other entity, the other entity is responsible for the emotions and feelings of the first entity, even though the second entity may simply have wanted personal physical gratification and may not wish to have the responsibility of the other entity's feelings.

This Awareness indicates that having a child from a sexual union is only *one* part of the potential responsibility of sex involvement; that the caring for another's emotions, caring for another's feelings is the other part of sexual involvement. This Awareness indicates that sexual involvement creates an intimacy that touches the deepest levels of entities' feelings and can cause an extreme emotional trauma if not handled properly, and with great sense of emotional maturity and balance. This Awareness indicates that to begin a relationship with a sexual activity before actually knowing another entity is to put the cart before the horse, or to create the bond before knowing who you are bonded with.

This Awareness indicates the action of sex creates a bond between those entities involved. This Awareness indicates that the more proper way of creating a relationship is to begin by exploring each other mentally, then emotionally and spiritually in terms of interests, likes and dislikes, personality, relationships, abilities to communicate and share with one another, backgrounds and interests, future plans and hopes, families and family members, and the general compatibility in various types of situations. This Awareness indicates that when entities can get along well and are happy with each other in these ways, then an intimate relationship which creates the sexual type of intimacy and bondage, is more likely to be beneficial to the relationship.*

This Awareness indicates that wherein the sexual relationship occurs first, those emotions involved in the sexual activity will alter and color and distort communication on all other levels, for once entities have sex with each other, there tends to be (in one or the other party) a tendency to believe he or she has claims on the other party, a tendency to believe he or she has claims on the other person, and this tendency distorts and colors their perception and ability to be objective.

This Awareness indicates that entities who involve themselves in sex prematurely, before establishing an objective relationship simply create situations whereby the relationship is subjective in nature, and the entities cannot be objective because of the premature sexual activities. This Awareness indicates that wherein entities are objective in their discovery of each other and the relationship, and when this objective evaluation is such that it becomes apparent they *do* get along well and are happy with each other, then the act of sex may add a subjective level under the objective actions, so that a greater union occurs.

This Awareness indicates that in other words, entities should lead first with their heads, and let their hearts and passions follow, rather than jumping in with their passions and letting their heads fall where they may.

*ED's note: is this an Awareness pun?



10-year-old gives birth to a baby in Chicago

CHICAGO (UPI) — A 10-year-old girl gave birth yesterday to a 6-pound, 4-ounce baby girl, becoming one of the youngest mothers on record.

Cook County Hospital spokesman Ron Wise described the birth as "a normal straightforward delivery."

Chicago police said they were questioning one man suspected of raping the girl and searching for a second suspect whom they believe to be her uncle.

She was the youngest mother to give birth naturally in Chicago.

A Chicago girl who was four months younger delivered her baby by cesarean section in 1964. The youngest mother on record is a 6½-year-old who gave birth to a stillborn baby in Peru, Wise said.

The 10-year-old first was taken to St. Anthony Hospital Wednesday night by her parents, who told doctors she had a stomach ache, said nurse Larry Turner.

Seattle Times

WHY THERE ARE LESS PREGNANCIES IN WOMEN 30 YEARS AND OLDER

QUESTION:

There's an article I clipped from the paper, that says a French study says that women are significantly less capable of pregnancy after they reach age 30, a discovery that may be important to the growing number of women who postpone childbirth while they establish careers. The study found that the ability to conceive dropped sharply between age 31 and 35 and then declines even further. Until now, many researchers believed that fertility remained high until age 35. Although doctors have long suspected that women past 35 have more trouble getting pregnant, this is the first major study to find clear evidence. The article goes on to explain that they don't know the reason for this. Could Awareness explain why this is so?

COSMIC AWARENESS:

This Awareness indicates that this as a combination of factors. This Awareness indicates that one factor being that of the hormone output and the openness of the entity to conceive. This Awareness indicates that by this *It* means that as an entity becomes older, she is less inclined mentally and emotionally to be desiring of a child, and entities seeking mothers will pass over that entity and move to one who is more open and appears to be less mentally closed to the idea.

This Awareness indicates that most entities seeking to have rebirth upon this plane prefer younger healthier mothers and fathers over those who are beginning to

age and lose their strength. This Awareness indicates also that this situation relates to the pattern of sexual activity which decreases somewhat after the age of approximately 32 in the average woman. This Awareness indicates that likewise, the men in her life tend on the average to become less potent and less active sexually, and therefore, the opportunities alter.

This Awareness indicates that the combination of these appears to be the major reason why there is the sharp decline in pregnancies for women over the age of 30.

How Values are Built in Today's Society

(Closing Message)

This Awareness indicates that these are times which are extremely difficult in terms of social values and traditional patterns of behavior are often thrown out by the children of one generation, partly because of new discoveries such as birth control, or because of new attitudes which develop in the society, such as the use of drugs and drink, or attitudes associated with sex, or attitudes of seeking entertainment and pleasure which may replace earlier attitudes of hard work and honorable intentions and reputation. This Awareness indicates that many entities in today's society, particularly of the younger generation, do not even consider concepts such as reputation as being of a significant value, therefore, if one's reputation is of little concern, then the entities will create values based on other concerns, such as pleasure or personal gain, or fame.

... "I come not to send peace, but a sword."

QUESTION:

P.F. of Birmingham, Alabama writes: "Please ask Awareness if Jesus really did say: "Think not that I come to send peace on earth! I come not to send peace, but a sword!" If these are his words, she asks, "what did he mean?"

COSMIC AWARENESS:

This Awareness indicates that these words essentially are the recording of the story of Jesus. This Awareness wishes to remind you that the story of Jesus, the first written word, was that which was put down some 80 years after his existence on this plane; that *It* wishes also to inform you that the composite known as the entity Jesus was that which was put together from a variety of information.

This Awareness indicates that essentially, under Constantine, the concept of the Catholic or Universal, (Catholic meaning Universal) religion, the official Roman religion, as that which was a composite of various religious writings which were brought together to form that which is known as the Christian religion. That many of the writings were assembled from various sources, and brought into, and comprised those books of the Bible.

This Awareness indicates that as to the actuality of an entity having spoken those particular words, this Awareness indicates that this does not appear to be an actual fact so much as part of the attributes to the story which was recorded in behalf of the entity. This Awareness wishes you to understand that there was the entity known as Hesus, there were also other entities, and there were various religions in Rome and these were brought together to form a unified religion.

This Awareness indicates the Helios religion and the Christos religion, Krishna, Mithra, the followers of Jesus of Nazareth and the followers of the entity known as Apollonius of Tyana; that all of these and other religious sects were brought together under one roof and told,

This Awareness indicates that wherein values can be created that put a proper perspective on human life; wherein the human life is held supreme, and values are created to support that ethic, then many of the so-called traditional values can again be instilled in society, and more responsible behavior toward society by its members, one toward the other, can become more common. This Awareness indicates that so long as human life is being made cheapened, so will human individuals look upon each other as objects which may be violated or which may be used, or which may be robbed, or stolen from.

This Awareness indicates that wherein entities are taught not to look upon others as objects, but to look upon others as living creations of a Divine nature, having the Divine Right to life, liberty and happiness, then also wherein these entities are given such respect themselves, then the true values and ethics which are important to a harmonious society may again emerge supreme.

ED's Note:

For more information on abortion, please refer to 'Revelations of Awareness' No. 77-5, (Abortion); \$2.00; also No. 77-10 (Teen-Age Sex); \$1.00; also 78-43 (Bizarre Sexual Practices); \$2.00; for more info on the karmic implications of sexual intercourse, please refer to No. 80-21 (The Cause & Cure for Loneliness); \$3.00; also No. 81-25 (Incest-The Unspeakable Crime); \$4.00; also No. 83-12 (When Romance Cools); \$3.00 from CAC.

HOW CHRISTIANITY WAS STARTED.

ordered by the Roman government to create a unified religion that would satisfy all of their needs in one single religion. From this, the composite, which is known as the Catholic or Christian religion became the holy orthodox and official religion of Rome.

This Awareness indicates that thereafter, many of the traces of other religions were either destroyed or hidden away in the area, so that the official religion became the only thing left intact. This Awareness indicates that entities may ask: Does this mean that the Christian religion is not valid? This Awareness indicates that: No, this does not mean this. This Awareness indicates that there indeed were individuals who were part of the history,—the entity Jesus or Hesus did exist. Many of the symbolisms attributed to this entity in the writings were taken from other scriptures, or other books, other texts, from other sources.

This Awareness indicates the concept of 12 disciples as that which came from the Helios religion, which was a worship of the sun, and the 12 signs of the zodiac, or 12 representative angels or arch-angels surrounding the sun. This Awareness indicates that the sun being the light and the zodiac, or 12 disciples as that which goes back into ancient Egyptian and Hindu philosophies and teachings and has direct reference to the Huna, or Kahuna philosophy of the Higher Self, or Christ Light, being that of the sun or the Light. This also relates to the Egyptian Ra concept.

This Awareness indicates that the Christos as a concept that predates written history, and is also related to the Kahuna, or, in those days it had no name, it was the Secret Religion, and Mayhuni religion and philosophy, recognizing 3 selves: the lower self, middle self and Christos, or Higher Self; the Christos is that which refers to the Higher Consciousness or the Divine Self or Divine Light. This Awareness indicates that Krishna is an early version of this same concept.

This Awareness indicates that these concepts were incorporated with the stories and ideas of the official Roman composite of religions. That because of this, you will find stories within the New Testament that are prewritten from other times, earlier: The story of the blind man at the fountain, the story of raising the dead, and many of these things will be found in earlier writings. This Awareness indicates there are books and records available for entities who wish to research comparative religion, and to examine the authenticity of these earlier writings and how they have been incorporated into the more recent Christian testaments.

This Awareness indicates that insofar as the particular statement: "I come not to bring peace, but to set brother against brother, and so forth...I came as a sword"....that this is simply a symbolic reference or statement to attest to the fact that when the Christ Light enters the world, it is not there simply as a comforter, but as an energy that will create disturbance in the lives of others to the point wherein it causes changes.

The sword is a symbol of the mind. To come as a sword is to act with some type of energy that becomes decisive, or to teach discernment and clarity or to divide and to cause disruption to that which is static. This Awareness indicates that anyone looking at the history of the Christian religion can see that indeed, it has not brought peace, rather it has brought much crisis, much conflict, but in the process of its movement through the ages, it has also brought about greater discernment, clarity and understanding in the rational sense, whereby entities become more capable of using their minds, --the rational mind as opposed to the intuitive mind.

This Awareness indicates that prior to the Christian advent, entities were more involved in the intuitive aspects of the mind, what is termed the bicameral mind, or that of the intuitive and emotional qualities, as opposed to clear, rational, logical thought. That although the teachings of Christ in themselves do not promote clear rational thought, and though the testaments do not promote clear rational thought, (for they indeed ask entities to believe in something which is not rational: the Virgin Birth, resurrection, and other concepts that appear to be against all principles of rationality, and to accept these things on faith); in spite of these qualities in the Christian teachings and writings, nevertheless, they did have the effect of causing entities to become narrow and rigid in their thinking so that the mind became likened unto a sword, justifying its action, discerning more clearly and arguing over these contradictions in such a manner as to sharpen the mind, as if one were sharpening a sword down through the ages.

This Awareness indicates there has probably been nothing on this earth that has caused so much argument and sharpening of the mind as the argument over concepts of Virgin Birth, resurrection and these irrational concepts in the Bible. This Awareness indicates that therefore, this has had an effect in creating an evolution in consciousness in developing the rational mind to a high degree of sharpness, which in turn has been able to lead entities into a scientific era, whereby the mind would surpass the concepts of faith and delve into matter based on empirical knowledge and facts.

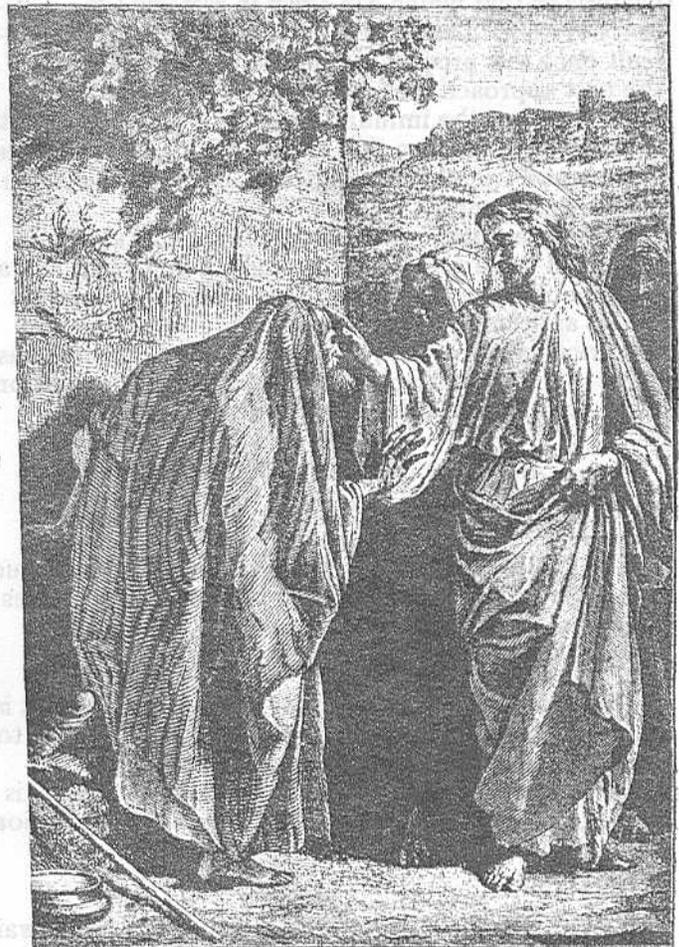
This Awareness indicates that following this, the natural course is to move back into deeper exploration of the nature of mind, whereby faith again will be discovered. This Awareness indicates that to take statements too

literally is to miss much of the teachings: To look at these things in a literal way can have value, but also it is important if one wishes to savor the full value of ancient scripture, to recognize that there are symbolic messages behind many of the terms and allegories of these messages and scriptures.

ED's Note: for more information on this, please refer to 'Revelations of Awareness' No. 84-6 and related references) \$3.00 from CAC. Also recommended is the book, 'Antiquity Unveiled', which goes into great detail about the various entities like Jesus who participated in the numerous passion plays down through history. (Apollonius of Tyana, the Nazarene, is but one who is covered in this book, recommended by Awareness.) Please refer to the CAC book price list.

For indepth information on the Huna religion and philosophy of the Essenes, please refer to the Correspondences Lessons, the Sea of Scorpio.

*THERE IS NO WAY
TO PEACE
PEACE IS THE WAY*



The Leper Healed

AN UPDATE ON THAT INFLICTION CALLED AIDS

(More on Psionics)

(June 10, 1983)

QUESTION:

We have received quite a few questions from members on this thing, this disease called AIDS, which is the Acquired Immune Deficiency Syndrome, which originally attacked homosexuals, and which now, according to news stories, is becoming epidemic in the United States and is affecting non-homosexual entities as well as children. And most of these letters are asking, since Awareness gave a solution to herpes, could it give some kind of antidote for this disease called AIDS?

COSMIC AWARENESS:

This Awareness indicates that this appears to have been introduced out of China through the use of agents in San Francisco's Chinatown area. That this is in part working in conjunction with those enzymes in the system wherein they become weakened,—this as enzymes and friendly bacteria, wherein they become weakened through the use of antibiotics and whereby the digestive tract fails to function properly.

This Awareness indicates that it appears that the efforts in bringing about better digestion, cleansing the colon and replacement of this area with friendly bacteria as that which can assist in restoring the immunity system. That this as appearing to be quite difficult once this process has begun, but that it appears the best approach under present circumstances until more study of the immunity system brings forth better substances to balance this, it appears that acidophilus culture and friendly flora introduced into the system, can be most helpful.

This Awareness indicates that it appears also that there will be further breakthroughs in regard to this at a time not far in the future. This Awareness suggests that it appears that discoveries regarding this are on the brink of revelation, and that within a few months there shall be a better understanding of this condition and how to correct the condition.

IS AIDS CAUSED BY PSIONICS?

QUESTION:

W.S. in California, writes: "I read that AIDS was actually caused by psionics. If AIDS can be caused by psionics, then why can't it also be destroyed by psionics?"

COSMIC AWARENESS:

This Awareness indicates that it is not seen that it is caused by psionics, although psionics could be used to make corrections to this situation. This Awareness suggests that wherein one has access to the use of this system, one can receive benefits from the proper psionics vibration.

QUESTION:

I recall information asked previously on this and Awareness indicated there were entities in some far-right organization who did not like homosexual entities and orientals, and that they were introducing this disease to wipe them out. Wasn't this by some type of psionic device?

COSMIC AWARENESS:

This Awareness indicates that it appears that this as having been introduced more through a chemical nature. That psionics can be used to transmit chemical conditions such as the use of poisons placed on a photograph and inserted in a psionics device to destroy that object in the photograph with the poison that is transferred via the psionic activity.

This Awareness indicates essentially, that the use of this chemistry or chemical combination produced in China through agents, have been delivered to entities in the more or less right-wing elements who were hostile to homosexuals, introducing this substance into this community, which originally was developed in Chinese laboratories.

This Awareness indicates that it appears that this functions on the system which is already somewhat weakened from previous conditions, whereby the immune system is vulnerable to further deterioration due to overuse of antibiotics, and wherein this chemical is introduced, either directly or with the use of psionics, or through transference between individuals, the condition spreads, and those whose immune system is already weakened are the most vulnerable.

This Awareness indicates that this is not the work of one particular group, but has been introduced whereby much of the carrying effect is done without the full awareness of the carriers; that there are some individuals who were aware of the intent and purpose of this action. That this is not clear as to the exact movement of these energies introducing this substance through the various channels. That it appears to have been introduced through Chinatown. It appears also that right-wing elements were involved, and it appears that the substance was created in the Republic of China, the substance which originally triggered this condition. That this appears to have come through some substance used in Chinatown through the pharmacies or through agents in Chinatown; that this is not clear as to the exact route whereby this substance brought forth this condition. That it appears once it began there was no control factor involved. It appears also that many of those contributing to the spread of this were unaware of the action.

This Awareness indicates that it appears that this as associated with the need for the body to have more friendly bacteria in the system and is in part caused by a damaged system that has had too many antibiotics. That once this has begun, the strain can then spread to those whose systems are not necessarily weak, but whose systems may become weakened by the spread of this disease.

This Awareness indicates that it appears that at present time, the use of acidophilus culture and friendly flora and enzymes, and the cleansing of the system as that which is beneficial. This Awareness can not at this time see any further information through this channel, or through the energy available on this question; that it may be made available at a future time.

AIDS THROUGH THE BLOOD BANKS

QUESTION:

Well, there's a theory out that this is being transmitted through homosexuals, or entities that had the disease, mainly homosexuals, who have given blood to blood banks. Does Awareness see this as being valid?

COSMIC AWARENESS:

This Awareness indicates that this is one way whereby this may be carried. That the blood being distributed as that which carries the strain and can affect those whose immunity system is unable to overcome the strain. That this appears to be a method which is more common than is expressed or conveyed in the media.

QUESTION:

HOW TO BUILD UP THE IMMUNE SYSTEM

There seems to be so many diseases and problems that entities develop due to their immune system. Could Awareness capsule, or give a brief series of does and don'ts that the average entity could do to build up his or her immune system?

Testing the Immune System

COSMIC AWARENESS:

This Awareness indicates that one way to examine and test the immune system is through that which is termed the "stick finger," or that which is a technique of taking a drop of blood, wherein the finger is stuck, a drop of blood is put upon several slides, and these slides enlarged as pictures, whereby an entity can see the enlarged particles of blood. Wherein there is excessive white, this is an indication of problems with the immune system.

This Awareness indicates that there are tests available through your medical professionals which can give information related to your immunity system and its general strength. Otherwise, you may evaluate your immune system fairly well by observing how quickly or how slowly a wound heals. That wherein it takes some time for a wound to heal, longer than it should, you may assume that your immune system is somewhat weakened.

Likewise, wherein one catches cold very easily, it may be an indication of a weak immune system. That the system that is generally clean in the sense of not having toxic waste in the system, such as excessive mucus or colon problems of constipation, or a system that is overloaded with toxins in the liver, kidneys or other areas; wherein the system is relatively clean, the immunity system is stronger, as a general rule.

This Awareness indicates that fasting, or the use of good bowel cleansing techniques, or diets which utilize fruits and vegetables, and foods that are not high in contaminants: foods that avoid those detrimental qualities such as is found in sugar and white flour processed foods, foods that do not contain the damaging additives and food colorings or taste enhancers. That these foods which are easily assimilated by the body as opposed to those which the body cannot easily assimilate, for example: the use of chocolate as found in most chocolate bars, ice cream frozen chocolate bars which make use of paraffin in the chocolate in order to keep it in its proper shape, whereby the paraffin does not digest or melt properly, and foods in which the fats have been overheated so that they cannot be assimilated by the system, but simply follow through the bloodstream and lodge somewhere to sit and decay, or foods in which rancid oils are used. That all of these are detrimental to the immunity system.

That foods which assist the immunity system are those which serve as antioxidants: Vitamin E, Vitamin C, SuperOxide Dismutase, Selenium, ginseng, RNA, the potassium, and even that substance known as GH3,

9. Also included in such substances: the foods such as the fruits and vegetables, and water, particularly purified water. These assist in either cleansing and taking away the pollutants from the system, the poisons and toxins, or assist in altering the system so that it can better deal with these poisons and toxins and flush them out for itself or break them down within the system.

This Awareness indicates that acidophilus culture is a particularly valuable substance in that it serves to work as an enhancer to one's own digestive system, whereby through antibiotics or through the use of enemas or laxatives, entities may lose much of their own natural flora and their own friendly bacteria, and therefore the colon functions at a weakened state, unable to process and to eliminate properly, and those substances that are not properly eliminated or processed often are lodged in the bloodstream or in the body as toxins, to be circulated about the system.

This Awareness indicates that acidophilus culture as that which tends to break down and digest these billions of tiny bacteria, tend to eat those poisonous toxins, breaking down the substances to be digested for the benefits, and cast off as waste. That also the use of enzymes in one's diet, foods containing enzymes which help to break down proteins; these are also of great benefit. This Awareness suggests foods high in such enzymes are papaya, pineapple; there are also enzymes in most other fruits.

That other fruits and vegetables and particularly the fresh fruits and vegetables, and those of the citrus groups, being high in enzymes, are beneficial to the system in digesting. This Awareness suggests that you may also purchase enzymes in tablet form of papain, or other types, from your health-food stores. That these enzymes and the proper diet, and avoidance of toxic waste and foods; these help the system to remain clean whereby immunity can be strengthened.

The Influence of Allergies on the Immune System

This Awareness indicates that there is still more to consider in regard to strengthening the immunity system. This has much to do with the allergies which a system may develop. The allergies need to be pacified in order for the system... This Awareness indicates essentially the immune system is reflected in part by allergies. That wherein one has an allergy to something it indicates that the system is not immune to that, or does not have the strength to overcome the harm created by that substance.

This Awareness indicates that the allergy caused by a particular substance can be detrimental to the system in some ways so that the system or the entity is not even aware of the allergy, and this may increase for some time before the entity realizes it is an allergy. It may take on other symptoms, such as difficulty in breathing, or headaches or poor digestion or some other type of problem.

This Awareness indicates that wherein an entity wishes to check oneself for allergy problems, that this may be done through a doctor. This Awareness suggests that apart from allergies, the immune system is also strengthened or weakened by the attitudes. That allergies are closely linked to psychological processes of attitudes which are associated with substances.

This Awareness indicates that psychotherapy, or hypnotherapy can sometimes be used to remove an allergy, and in this sense the immune system has been strengthened. Also, avoidance of certain foods that are damaging to the system, and the use of foods high in vitamins and minerals can serve to strengthen the immunity system. This Awareness indicates that Dr. Paul Eck of Arizona assists in strengthening the

immunity system through a long series of vitamin/mineral combinations used over a period of months or even several years. That this technique as that which can be very beneficial wherein one's immunity system and metabolism has been thrown out by misunderstanding or misuse of drugs, medicines, or improper diet, or the improper use of vitamins and minerals or other substances.

This Awareness indicates that shock and stress tend to throw the metabolism out of balance which weakens the immunity system. That wherein entities are under a state of shock or stress, that Vitamin B combinations can be helpful, calcium can be helpful. There are also those Bach Flower remedies which can be beneficial such as the rescue remedy. That these things can help the immunity system not to be thrown out of balance during a time of stress.

This Awareness indicates that in using today's modern techniques whereby the doctors use strong drugs for healing the symptom, often the system has effects that are damaging sometime later, whereby the entity sees no connection between the breakdown of the immunity system and acquiring a sickness, and the fact that the immunity system broke down because of some pharmaceutical drug which was used some time before. Most doctors who prescribe these pharmaceutical drugs have little understanding of the nutritional needs of the body, nor the importance of nutritional balance. That this is a minor part of the training of most doctors, although the schools are now including more training in this area.

This Awareness indicates that exercise also assists in strengthening the immunity system, but the greater efforts should be concentrated in determining allergies, and keeping the system free of stress, such as toxins and poisons accumulating within the system or introduced into the system, and also the stress of psychological and emotional nature.

Ed's Note: For more information on AIDS, Please refer to 'Revelations of Awareness' No. 82-14 (A Program to Cure Herpes Simplex Virus); \$2.00 from C.A.C.

HOW RENTERS CAN GET BETTER HOUSING FROM LANDLORDS

QUESTION:

A question from E.N. of New York. Actually there are several questions here, all on the same subject. "Throughout the USA, landlords are neglecting their apartment houses, then they are abandoning them. Tenants are paying rents to landlords who are collecting rents, neglecting to make repairs and other essential services, -always promising the services, but not providing. Here in New York City tenants go on rent strikes, take landlords to court, only to have the judges order the tenants to pay the rents and instruct landlords to provide services which they still don't provide, leading to eventual abandonment. My questions on this matter are: Is this some sort of karmic situation where the tenants are paying rent and not getting the services their rent entitles them to? Who can the tenants turn to, as agencies run by the city for assisting tenants are powerless in courts, and the judges always rule in favor of the landlords in this matter, obviously unfair to the tenants? And how can the tenants get the repairs and services, as the judges just instruct the landlord without them signing an agreement? Does Awareness have any comments on this matter? Thank you."

COSMIC AWARENESS:

This Awareness suggests that the tenants consider the action of forming a tenant's union; that wherein the tenants unionize as a group, they will have greater power and influence over the landlords and the judges. The tenants may, in fact, picket certain landlords to discourage entities from moving into apartment buildings which have not been properly fixed, and to refuse to pay their rents until the apartments are fixed, and may also have a voice in the political election in regards to the judges impartial or partial partiality toward the situation. This Awareness indicates that likewise, the landlords may wish to unionize, but this would be much more difficult, as they are in a minority; that the tenant unionizing program can become a movement for better housing for renters throughout the country.

Accent on peace

PORTLAND, Ore. (AP) — The 33-year-old great-grand-nephew of Mahatma Gandhi plans to build a \$22 million "university for peace" in Oregon, his representatives say.

Yogesh Gandhi, head of the Los Angeles-based Gandhi Memorial International Foundation, will announce the project Monday, the Los Angeles public relations firm of Hanson & Schwam said.

The institution is to be built on 100 acres of donated land at The Dalles, a city in north-central Oregon, said Gabel Shipman, executive director of the 9-month-old Gandhi Foundation.

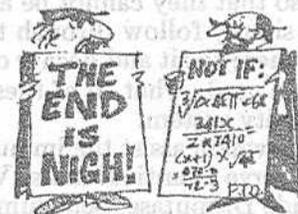
The foundation says the university will teach methods of non-violent social and political action.

Yogesh Gandhi, whose grandmother was the daughter of Mahatma Gandhi's eldest brother, gave up a career as a textile engineer to carry on the work of his famous ancestor.

Mahatma Gandhi, often called the father of modern India, was assassinated in 1948 by a religious fanatic.

At a March 7 speech in Eugene, Yogesh Gandhi said: "I'm not a Mahatma (Great Soul) and I'm not trying to be one. I'm trying to bring peace, truth, love and non-violence to the world with the Gandhi Foundation."

Daily Olympian, June 3, 1984



ON THE OCCASION OF CAC'S 10TH ANNIVERSARY....

(A PAT ON THE BACK FROM THE BOSS)

(Opening Message, Sept. 9, 1983)

This Awareness wishes at this time to address briefly the membership of *Cosmic Awareness Communications* to remind entities of the work which is being done by this organization and to give recognition to those entities herein present who have carried the load, the burden for getting these messages out to the membership for the past decade.

This Awareness indicates that the entity known as Avaton and the entity known as Vicki T., being the two entities who through their dedication and their efforts, more than any other, have brought these messages to the membership.

This Awareness indicates that these entities working endlessly for the past decade, except for occasional, rare periods wherein a short vacation would be taken; these entities through their dedication, giving their energies to these messages, are the skeleton, or backbone of this organization.

This Awareness indicates that *It* wishes that the membership could express to these entities a sense of appreciation during and throughout the month of October. This Awareness indicates that it appears the editor and secretary of this organization will not particularly desire sending out this message.

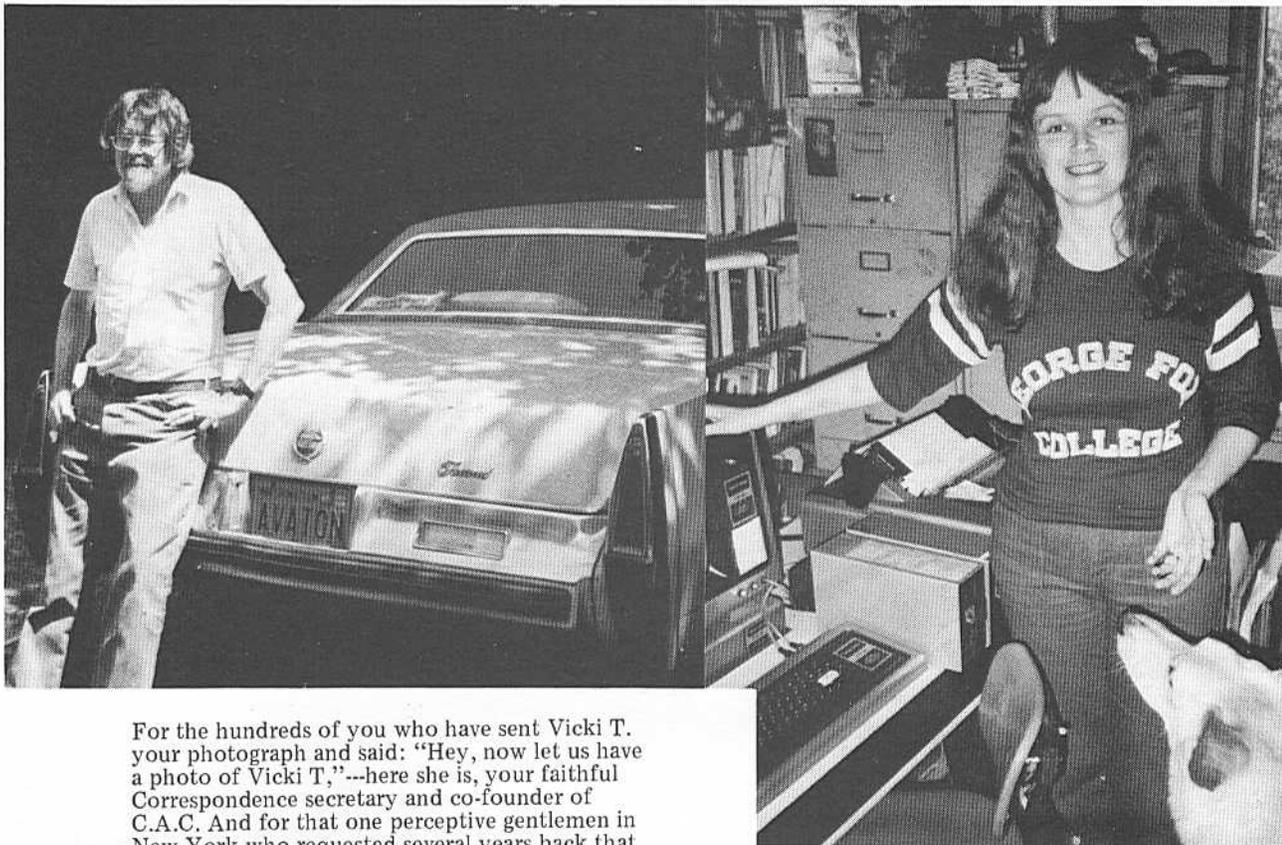
This Awareness indicates however, *It* sincerely desires that this message be sent forth to the membership. This Awareness indicates that expressions of appreciation to these entities are often presented

individually. This Awareness indicates that there are also expressions wherein there are complaints or criticisms; that the editor in particular, as one whose energies, whose expressions are often seen as controversial. This Awareness indicates however, this entity as having to make many decisions--as having to make many decisions in regard to many opinions, and a wide variety of lifestyles, of philosophies of varying types of entities so that it is next to impossible to please everyone.

This Awareness indicates that when this is coupled with the nature of information being released, which cuts into controversial concepts, this editor is under constant and never-ending stress. This Awareness indicates that this in itself deserves recognition and the recognition of realizing just what is necessary to keep an organization running for a decade is that which few entities can comprehend. This Awareness wishes entities to think about this for a few moments before sending expressions of appreciation to those entities.

ED's Note: this message was given a year ago and it did not get published at that time because Awareness let us have it with that Korean jet liner information and all the heavy readings that followed. We do get lots of very nice letters and we appreciate getting them. However, please do not feel obligated or coerced by the above message into doing so. Vicki says if you just pay your dues on time, this would be plenty, cause it saves her a lot of computer work.

PS: A personal note from this editor to Gerhardt in Toledo: "Don't bother! I already got your letter!"



For the hundreds of you who have sent Vicki T. your photograph and said: "Hey, now let us have a photo of Vicki T,"--here she is, your faithful Correspondence secretary and co-founder of C.A.C. And for that one perceptive gentlemen in New York who requested several years back that we publish a photo of your editor, "Thanks! You asked for it!"

THE IMPORTANCE OF DISCERNMENT

(Closing Message, 1/29/83)

COSMIC AWARENESS:

This Awareness indicates there are many new sources of information and products and sources of learning; that these allow entities during this time, more than any other time in history upon this plane, to have continuous choices and alternatives, whereby decision making becomes a great art, whereby entities, in having so many choices, must make decisions that are appropriate or the consequences for inappropriate decisions must be experienced.

This Awareness indicates that because of the many choices which entities have, discernment is becoming the more important mental art, and entities in developing their ability to discern shall find themselves also rising into higher refinement, or if failing to develop the art of discernment, may find themselves falling into greater levels of despair.

HOW TO STEADY SENSITIVE NERVES
(Staying grounded)

QUESTION:

A question from J.S. of Arcadia, Calif. "I have been a vegetarian for quite some time now and have enjoyed the well-being that goes along with it. However, it seems that my nerves have sharpened so much that it makes living in a noisy environment unbearable; it's like my spinal column has been transformed into a tuning fork. Is this just my imagination or is it a valid manifestation? It it's real, what can I do about it, besides moving to a quiet environment?"

COSMIC AWARENESS:

This Awareness suggests that you take supplemental diet capsules of calcium and magnesium, that these be those which can be easily assimilated by your system. This Awareness suggests that certain combinations of different types of calcium along with magnesium as beneficial; also that Vitamin A and D, Vitamin E, and lecithin can also benefit, that lecithin can assist in coating the nerves. Essentially the sensitivity of your system has sharpened and this does create greater nervous conditions so that a kind of intensity is felt. That basically this can be quite beneficial in terms of developing psychic or sensitivity forces, yet it can also cause difficulties when there are intense energies about you, as you are likened unto a receiver which is being bombarded by many different frequencies and energies all at the same time and are too sensitive and picking up too many of these at once.

This Awareness suggests that you resist not the sounds and energies which bombard you but listen to these in a receptive manner as one who listens to an orchestra tuning up before the music begins. That if entities become hostile or antagonistic to the sound of the orchestra tuning up, the sounds become objectionable and the entity resists this, but wherein the entity enjoys hearing these sounds and equates them with music, then these sounds become pleasurable. That this also may give a clue as to how to approach these energies in busy cities or areas where there is much noise and many types of energies in movement.

This Awareness indicates that the calcium can help to steady the nerves; that also the use of garlic tablets which have a grounding effect, and can also steady the nerves; that garlic cloves or tablets,--this being approximately the value of one clove daily,--can be beneficial in steadying the nerves.

REGISTER AND VOTE

In the 1980 elections, only 53% of those registered bothered to vote. Sixteen House and Senate seats were won with less than 52% of the vote. Even a small percentage of the non-voters could have had a substantial effect on the outcome at the polls. Consider these hard facts:

- President Reagan was elected with the votes of only 26% of voting-age Americans.
- There are 47 million eligible but unregistered voters in the U.S.
- 70-75% of eligible people earning over \$25,000 per year turned out to vote in 1980; only 25-35% of low-income people turned out.
- Nearly 27 million adults make less than \$10,000 per year.
- Only about 30 million votes are needed for a popular majority in a presidential election. Many close congressional races are decided by 6,000-7,000 votes.

There are a number of voter registration campaigns, including the Churches Committee for Voter Registration, Project Vote and many state-based campaigns. We encourage Friends to lend a hand, a clipboard and a card table to this effort.

From 'Friend's Journal' of Quaker Thought

THE NEED TO FOCUS ON THE FUTURE

This Awareness indicates that there is a great need for entities to focus on the future, on the development and growth of a society which allows for individual freedom, while still allowing and requiring responsible behavior. This Awareness indicates that as entities begin focusing upon the future requirements of a society which gives individual freedom while still requiring responsible behavior, that these focusings not only be looked at in terms of the masses, but also in terms of the leaders of the society, for if the leaders of a society are not free and are not responsible, then likewise, the masses of a society shall not be free or responsible in their behavior.

This Awareness indicates that even as the masses reflect in the leaders, and the leaders reflect the masses, likewise entities' philosophies and ideas reflect in their practical everyday life and experience; that the individual reflects that which is around and outside of the individual, and that which is outside reflects upon the individual, and the interrelationship of these reflective energies as that which requires that entities find a way whereby reconciliation and harmony may evolve from inner and outer influences.
