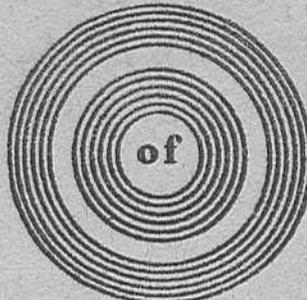


# Revelations



# Awareness

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The New-Age Cosmic Newsletter

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( Helping people become aware )

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.

Paul Shockley  
Interpreter



## Gambling and the Cosmic Laws

## All about gambling, lotteries and contests....

## DOES GOD PREVENT ENTITIES FROM WINNING MONEY ?

( Oct., 6, 1983 )

## QUESTION:

We received a letter from Frank B., of McHenry, Illinois. It's a rather strange letter and he's not a member, but since the entity is threatening suicide in this letter, we thought some kind of response should be forthcoming. It's also a letter of a lot of self-pity, but perhaps Awareness could give this entity some information that could straighten him out. He writes:

"Dear Cosmic Awareness. I had intended to join your organization but I can't afford to. I have been unemployed for over a year and a half.

"I have a few questions. If there is a God, does it set out to destroy individuals? I have been working on winning contests. I have done all of the right things to win. I spend 4 to 6 hours every day for months visualizing the money. I have lost two contests again. I have spent at least 46,000 hours meditating on money. I haven't won one damn cent. I believe there has to be some (expletive deleted Ed.) idiot out there that is preventing me from getting money.

"I am 57 years on this miserable earth and sorry that I came. I have been contemplating ending it all to get away from the sonofabitch that is obstructing me. All of my efforts for big money has been time wasted to date. Why should that be? I have done many psychic searches to find out why or what prevents me from getting money. I have destroyed things that I thought was the obstacle, but it changed nothing. Could you please tell me what is wrong?"

"I am about to the end of my rope. Maybe it was meant that I should take up theft to get by. Do you think that could be true? I have decided that I *must* have money now, no matter how it comes. As I see it, I have two choices: One is to be a thief, the other to end my life. What a miserable choice.

"I desperately need an answer to my problems now! I have always wanted proof that there is a God, but it wasted desire, and a waste of time to want to believe that there is a God. (sic). Please answer my questions if possible. Sincerely, Frank. B."

## COSMIC AWARENESS:

This Awareness indicates that it is about that time in your life wherein you begin to look seriously at the action of maturing. This Awareness indicates that this type of attitude as that which is generally experienced in the teenage years, whereby an entity concerns himself with getting what he can and giving as little service in return as possible. This Awareness indicates that the entity begins to mature when the entity realizes that energy which is given receives its proper and certain reward.

This Awareness indicates that wherein you simply give energy in terms of imagining what you can get, visualizing, fantasizing what you can get without visualizing and energizing what you can give to others to an equal degree, you are creating for yourself an entrapment in the area of greed which is its own reward. This Awareness indicates that had you spent all of those thousands of hours trying to figure out or trying to put into action ways whereby you could be of service to others, you would have received great rewards by now.

## How the Cosmic Law Works

This Awareness indicates however, wherein you seek to break the laws, the rules, the Cosmic Law of Gratitude whereby you seek to receive for nothing given, whereby you seek to get without giving in return or beforehand, you are breaking yourself. This Awareness indicates that the Cosmic Principle works in this manner: wherein you give energy of yourself, you create a vacuum, wherein that which is empty must be filled. This Awareness indicates therefore, in order to receive, you must have given something of yourself to the universe.

This Awareness indicates that if you feel empty or denied abundance from the universe, and if you lament and blame God or blame your country or blame society or blame others, this is not an excuse nor an answer, nor a way of coercing other forces to give in to you. This does not bring the rewards. All this does is pour your energy into a negating area, a negative expression.

This Awareness indicates that when putting forth energy of a positive nature, that positive energy goes out into the universe and comes back to you filling the negative or the emptiness that was created by its expression. When it comes back, it bears gifts. This Awareness indicates that wherein you send forth negative energies, those negative energies also go out into the universe, and when they return to fill the vacuum, they also return bearing gifts, but these gifts are of a negative nature. This Awareness indicates these are unwanted gifts.

This Awareness suggests that energy which is sent out of a positive nature, wherein others are benefited, these energies are those which return bearing positive gifts, whereby you too will be benefited. This Awareness indicates that to lament, to cry out in violation, to assume that there is anyone who will care for you when you obviously do not care enough for yourself to put forth the proper actions to feed yourself, to clothe yourself, to give yourself that which is necessary for your growth and fruition, but whereby you expect these things to be handed to you by some magical power, or some Divine Force; this Awareness indicates this is fantasizing and is juvenile. This Awareness indicates it isn't working for you.

This Awareness suggests that all of these contests are wasted energies; that you have wasted much energy in those contests which are always nothing more than advertisement, or ways whereby the sponsors receive large amounts of money for small amounts given to those who are perhaps lucky. This Awareness indicates that in most instances, gambling and contests are but for a few winners, and for the sponsors. This Awareness indicates that for an entity to seriously get involved in a contest with the hope of winning is to be unrealistic.

This Awareness indicates there are much more certain and probable ways of earning a living, of receiving income than entering contests or becoming involved in gambling. This Awareness indicates that the god which you seek is not a welfare program. The god which you envision may in your mind be something sitting out there withholding your income tax return, or withholding something which you believe you are entitled to, but this is only a fantasy in your own mind and has nothing to do with reality.

### Do the Divine Beings Bother if you Commit Suicide?

This Awareness indicates that you have been given everything that is necessary for your growth and fruition, including the lessons of life; that you lament over these lessons and want these lessons to be altered for your personal program; that you want these lessons of life to be given in a manner which alleviates you from having any problems or any personal pains, but want things handed to you through some magical contest, or supernatural means. This is *your* problem, and *your* lesson which must be learned.

This Awareness indicates it matters not to any being in the universe whether you rant and rail against the gods, or whether you slice your wrists or blow out your brains or whatever,--it punishes no one but yourself. This Awareness indicates that it matters not to these Divine Beings of the universe whether you believe in God or don't believe in God: It matters only to yourself.

This Awareness indicates that to rant about the neglect that God has put upon you is to transfer to God the neglect that you have put upon yourself. You have transferred the life energies which you have been given from constructive activities, to greed-inspired actions which are motivated for the sole purpose of gaining money, wealth, pleasures for self. This Awareness indicates *It* is not interested in seeing entities gain great amounts of wealth with the promise that "once I am wealthy I'll do something nice for someone else." This Awareness sees many entities with this attitude and these entities are but cutting their own throats. These entities are but hurting themselves and denying themselves the fruits of their ungiven labor, for if they simply would give energies to help others, give the energies which they have been given, to do things that benefit others, they would also in turn receive assistance from others, or from those Divine Beings who watch the coming and going of energies.

This Awareness indicates that Yes, indeed, you can count up and point out the times when you helped this person or that person, but this Awareness suggests that you may also recall that each time you helped someone, you lamented and complained at the great expense involved, and therefore used up the energy that would have been due you in the complaints. This Awareness indicates that you may also recall that there were many things given to you when you had also given to others; wherein you give energy to others and receive something back, the debt is clear.

### The Cosmic Principle of Giving Energy

This Awareness indicates that there is an ongoing principle that anything which is living must give forth energy in order to receive energy in return, and the energy which is given is that which influences the energy that will be returned. This Awareness indicates that you are not reasonable in expecting that contests which are of such nebulous value to society and such uncertain value in terms of investment; you are not reasonable to expect that these should be rewarded to you by some doling-out fatherly god that sits up there watching you and thinking: "My, this poor fellow has worked so long to win a contest; I think he is the one that should be given the reward this time."

This Awareness indicates that the beings who are looking at those who are seeking to win contests can see so many who are also in need of winning, so many who are also in deep plight, so many who need so much more than what you need; these entities simply do not favor entities in contests, but allow the circumstance, random chance to determine the outcome of such contests. This Awareness indicates there may be rare exceptions, but these are indeed very rare.

### Suicide and the Law of Expectation

This Awareness suggests that any entity of maturity should never put all of his or her eggs in one basket, particularly a basket that is to be raffled off in exchange for some "possible" winning. This Awareness indicates that if you are to become involved in contests, first get a job, or start a career, or give some service, open up a business, do something to earn a living and work at contests in your spare time, without expecting anything from this, for the expectation as that which can drive an entity insane and lead to great disappointments.

This Awareness indicates that the gods present for entities on this physical plane that which they need for their growth and development. Entities on the physical plane live many lifetimes and an entity who thinks that suicide is the way out of difficulties encountered on the physical plane will need to return and again start over and go through the *exact same lessons* which drove the entity to suicide until that lesson is learned, and then also *relearn* the lesson relating to suicide, for suicide, the killing of oneself, is that which is a violation and which must also be atoned before the entity can progress any further.

### Learning by Pretending Suicide

This Awareness indicates that many entities committing suicide in one life may return only to reach a point of success (if failure is what drove them to suicide), in the next life, reaching success, they may find themselves suddenly being murdered or having an accident in which they lose everything at the moment of acquiring it. This Awareness indicates that you *always* have a choice; that the two choices to steal or to commit suicide are the choices *you* chose out of multitudes of choices.

This Awareness suggests that is utterly disgusting to this Awareness, that you would choose those ugly alternatives when there are so many choices available to you. This Awareness suggests that you pretend you committed suicide and therefore need not eat, need no place to live, have nothing at all, and have no more needs, and that you hang around and watch what happens on earth, and give your energies to those who are in need, to those who have problems; that you give yourself to others and that if anything is given to you after this pretended suicide, you consider this a blessing, uncalled for, undeserved; that if you have a home to live in, you consider this an undeserved blessing. If you have food to eat, you consider this an undeserved blessing, for you have committed suicide and are no longer able to have anything.

This Awareness suggests that pretending you have committed suicide can allow you to begin to appreciate life and to give yourself to the service of others.



From Playboy

"Hmm. According to these tests, you have a fundamental perceptual handicap. You can't tell your ass from a hole in the ground."

## ED's Note:

I sent a written transcription of this reading to Frank a few weeks later. Here is his response:

"Dear C.A.C.

What the hell do you mean 'maturing'? You are a bigger damn idiot then I thought. (sic). I have worked hard all of my life. How can you have the gall to call me a teenager? There isn't a bit of psychic ability involved in CAC. It has to be an attunement to the ignorant baser entity. Could it mean that you are on pot? Your concept of truth is total fantasy. How can something that is supposed to speak the truth be so wrong? You have sent me wrong papers.

"That 46,000 hours I spent working on money was to be used to help other people more than myself. If I thought there was one thread of truth in what you printed I would have no choice but to commit suicide. You are terrible! You are much more negative and depressing then I could ever be.

"There is a woman named Helen Hadsell that won so much money that she got bored and quit contests, so don't tell me that it is impossible to win money. Your ignorance amazes me to no end. You have proven that there is no God. I am sorry to hear that there is no God. I am my own and only god. I must assume that only fools believe in the thing called god. God is a myth, I guess I should have known that. Sorry that I ever wrote to you. It's a total waste. You are not qualified to give advice. You wouldn't want to destroy someone, would you? Sincerely, Frank B."

I sent Frank the following brief response:

"Thank you, Frank, for your comments on the free reading we sent you. I suggest you get yourself an honest job and stop wallowing. But first, better change your diaper. Yours truly, Avaton."

For more information on suicide, please refer to 'Revelations of Awareness' No. 79-29 (Suicide): \$4.00 from CAC.

For more information on gambling, please refer to 'Revelations of Awareness' No. 2 (Winning at gambling with the help of Awareness); \$2.00; also No. 84-1 (Are You Living as One With All?); \$3.00 from CAC.

### Why Bigots who Pray to God for Wealth ever and always remain broke

( A message to Katchmar )



### FOLLOW-UP QUESTION:

Awareness, I wonder if this isn't the same problem or a variation of the same problem that plagues the entity Jack Katchmar. For about 10 or 12 years that entity has been sending out information, the bulk of which is really negative information blaming the blacks, and blaming the gods for destroying the city he lives in, and hence putting him (Jack Katchmar) into a poverty situation. He's always imploring the gods and asking why all this,--why so many blacks have money which they make from heroin etc., but yet the so-called Light Workers go and live in poverty. I'd like to ask Awareness, is the basis of Katchmar's problem is that the *Law of Gratitude* IS returning, and in fact that all this negative stuff he sent out has simply made the bed he finds himself in, like this entity Frank in the previous question?

### COSMIC AWARENESS:

This Awareness indicates this as absolutely the case. This Awareness indicates that this entity has a great potential for doing good, but the entity tends to dwell more on blaming others and on spreading hostility rather than on seeking to see the good, to promote the good. This Awareness indicates that this entity sees only the negative aspects of the black race, of the Jewish race, or Jewish philosophies. The entity sees only the negatives and does not acknowledge that there are very many beautiful black people, very many beautiful Jewish people, and that the color, the race, the philosophy and the religion which entities hold is not what makes the entity, but the character of an individual is that which must be judged, if anything at all is judged.

This Awareness indicates that the entities who judge by appearances, surface features, are those who are the most unworthy judges and this Awareness does not appreciate judgment from entities. This Awareness indicates that *discernment*, to see what is without condemnation is that which is essential, but judgment in which there is a tinge of condemnation is that which is repulsive to this Awareness, and which this Awareness asks entities not to do. This Awareness suggests you not judge yourself, you not judge others; you discern *what is*.

This Awareness indicates that the condemnation of others, particularly from features which cannot be changed is unthinkable, for what can one do about such? This Awareness indicates that entities who criticize others for actions which *can* be altered are at least being reasonable, perhaps not fair, but at least there is *some* semblance of reasonability in that the entity may expect the other to do something about this, but wherein one criticizes another for being short or tall, or female or male, or black or yeller or red or Jewish....what can an entity do other than be what one is? ; therefore, the criticism itself is an affront to sensibility.

How can anyone of sensibility even give any credence to such argument? This Awareness indicates the fact that there are among this group or that group some individuals who violate others, some individuals who become wealthy, some individuals who misuse energies in violation and become wealthy for a few moments in eternity; the fact that there are some black heroin pushers who become wealthy is not grounds for condemning the entire black race. This Awareness indicates this is an affront to all sensibility and simply cannot be justified.

This Awareness indicates that likewise, while there are those who are of the white race who are criminals, those who are of the various nationalities who are criminals, this entity does not focus on these actions, or the white race, and condemn it for the criminals within its elements. This entity is being unfair, is not judging or umpiring properly, and until the entity becomes a more worthy umpire, he cannot expect to be paid by the Divine Forces which work to create fairness in exchange for energies given.

This Awareness indicates that to put it simply, each time this entity Jack Katchmar uses derogatory names such as 'black nigger', or 'Jew rip-off,' or various terms which he laces his letters with; each time this entity uses these derogatory, hostile poisonous terms in his letters of condemnation, he is forfeiting hundreds of dollars which the Divine Forces would have otherwise allowed the entity to have.

This Awareness indicates that this is an attempt to explain in terms this entity will understand: You do not get paid for dispensing poison to the masses.

Never a Solution Offered  
in Katchmar's Newsletter



QUESTION:

One other thing about the entity's so-called newsletters he puts out, is that he *never* offers a solution to anything. All he does is point fingers and condemn, and he just won't come up with any solution, or answer to any of the problems that he's blaming people with.

COSMIC AWARENESS:

This Awareness indicates the entity has no solution; the entity's problems are his own, and the entity is regurgitating these problems onto his paper and sending them out for others to clean up or destroy. This Awareness indicates that essentially, the entity is dispensing poison. The entity may give certain valuable information along with the regurgitated poison, but it is too difficult to sort through all the hostility and the poison to find any worthy gems of truth.

This Awareness indicates that one could read through hundreds of pages of this entity's material and find it repetitive and unchanging in its tone, its content, and its message, and can find that though there are certain elements of value, of interest, certain quotations that may be of worth, there is so much more that has been misquoted, that one cannot trust *any* of the material. This Awareness indicates the entity alters other people's material, paraphrases so that he essentially puts words in the mouths of others which they did not say.\*

This Awareness indicates this entity cannot be rewarded for such actions. It is tragic, for this Awareness dearly loves this entity. It is tragic that this entity is doing this to himself. This Awareness indicates that there is a fine edge wherein the entity can look and see where the errors are; this entity as a fine umpire who can see the errors and call the shots, but the entity expresses these errors and shots in the wrong technology so as to offend innocent people. The entity confuses the part with the whole, as if to blame the entire city of New York for the effects of one player on the baseball team.

This Awareness indicates that you don't blame the Jewish population for the activities of one or two or one hundred or even one hundred thousand of its members, when there are millions of Jews who are lovely, decent, honest and hard-working people. This Awareness indicates that you don't blame the entire black race simply because there are some in your area who are involved in drugs, robberies, rapes or murders, for there are millions of blacks who are honest, decent hard-working people who seek nothing more than to be of service and to love and be loved.

This Awareness indicates this entity, focusing on the few who act in error, attributing these few as representatives of all, is totally unfair, for if such was the case, those few whites who are also involved in rape, robbery and murder would indicate that the entire white race too is corrupt, evil and should be destroyed. This Awareness indicates the entity has no sensibility. One must conclude in terms of any form of sanity, that this entity is *obviously* insane, perhaps curable, but the entity must cure himself, must *want* to be cured, and either begin to cure himself from within, or seek help from someone of a professional nature.

This Awareness suggests that entities not take this entity too seriously. This Awareness suggests that the entity can reverse this trend and become more balanced. This Awareness indicates however, the entity as indicating a tendency to go even further into this extreme, and if this occurs, it appears this entity will be lost in this lifetime, and will need to

return and work off the great lessons which he has not yet learned in regard to condemnation. This Awareness indicates that an ironic justice for this entity would be, if the entity continues in this path without learning, an ironic justice for this entity would be to allow the entity to return as one who was of a minority group who suffers from the very hostilities that he himself had started in this present lifetime, which through the years move from one entity to another and came upon this entity in his next life, and became the philosophy by which the entity would be judged.

This Awareness indicates that this would be a fitting karma, whereby the entity is judged by his own philosophy, whereby the condemnation and letters which he sends out forms a culture which absolutely condemns, even as he does, this certain group and whereby this entity returns as one of that group so condemned. This Awareness indicates however, the scenario is that which will not take place, for this entity's philosophy will not flow, will not carry, will not create a culture of condemnation. It will, rather, end up in garbage dumps, in trash cans, where it is constantly being put.

The Definition of Character

This Awareness indicates that this entity is wasting a good life on regurgitating hostilities, condemnations. This Awareness suggests that the entity could, with greater discernment, distinguish between character and generalities, the surface features of individuals: the race, the color, the nationality, the religion; these are surface features which are not easily altered. They are characteristics, but they have nothing to do with the actual character. The actual character of an individual being measured by honesty and integrity, character of courage or cowardice, of purposefulness or of irresponsibility; these are characteristics of character, and character is that which if anything is judged, must be judged.

This Awareness suggests that you don't judge color, race, name, nationality, religion, place of birth; this Awareness indicates that this is something which entities cannot alter. They have no control over these things, therefore, they must not be judged for this. This Awareness indicates that what they *do* with what they are given, what they *do* with their lives, regardless of the color, regardless of the nationality, regardless of their place of birth, regardless of their family and upbringing; what they *DO* with this is that which can be of concern and as that which entities can criticize.

This Awareness indicates anyone who criticizes another for having a physical flaw is showing immaturity; anyone who criticizes another for something which cannot be changed is insensible, unrealistic and utterly stupid. This Awareness indicates that the likelihood of this message affecting this entity is not very strong, for this entity needs physical experience to bring about the understanding necessary. This Awareness indicates however, the message may be planting a seed which later will sprout in his consciousness when the physical experience occurs.

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\* ED's Note:

Jack Katchmar, as you can surmise from this reading, is a bigot who publishes a newsletter of sorts, and for 10 years has been a member of CAC. Each year Vicki T. almost prays that he won't renew his membership, but he always does, so he continues to get our communications. He is known to send his material to almost everyone in the Awareness movement he can locate, so if your name has been published in the Back-Scratcher's list or the Contact List, you may have already received some of his stuff. He is a master at removing certain phrases and lines from the Awareness material, taking these out of context and putting them into his letters, making it sound like Cosmic Awareness agrees with his particular stand. He whines and

moans about the blacks and the Jews being the cause of his poverty and destitute state and is forever imploring Awareness to answer his questions on why the Light Workers are so often broke and have little funds to promote their work and philosophies, when heroin dealers can ride around in mink-lined gold-plated Cadillacs, buy and sell the politicians etc. etc. On occasion we have read some of his questions to Awareness (deleting the scurrilous, profane and uncouth diatribe which usually accompanies his statements) and some of this has been published. Please refer to 'Revelations of Awareness' No. 79-22 (A Petition to the Inner Planes to Bestow Riches upon Light Workers); \$2.00 from CAC. Also 81-18 (the Nature of Personal Will); \$3.00; and 84-2 (1984. Part 2); \$3.00 from CAC.

When the above reading was transcribed, we sent Katchmar a copy, hoping he would perceive the message. For about two months his communications ceased; when they started again, the language was more temperate. We rejoiced at CAC and I took Vicki T. out and bought her a nice little Manhattan cocktail or two (she loves them), and we celebrated the rebirth of Jack Katchmar; after 10 or 12 years of mailing out the same old incoherent, racial-smearing whining letters, he had finally seen the light! We rejoiced and drank to Jack Katchmar's new image. But alas, all good things must come to an end. Rev. Jesse Jackson's coup in retrieving that American bombardier who was shot down while attempting to kill Syrians; the naming of a black lady as 'Miss America', plus that photo of the President's wife, Nancy, sitting on the lap of Mr. T., bedecked with 23 pounds of gold and diamond jewelry, including a gold Zionist medal around his neck; she, planting a kiss on his forehead,--all of this was simply just too much for old Katchmar to handle. It blew his fuses, and now old Jack is back in full fury, with that fundamentalist zeal of pointing fingers at the "heroin niggers, Zionist-Ahriman-Rothschild-Lucifer conspiracy" to wipe out the white race, etc. etc. And so it goes.

But I think old Jack missed the point on the Jesse Jackson thing altogether: he resented that it was a black man who was able to go to the Middle East and rescue an American when all other diplomatic efforts had failed. In my opinion, that bombardier should have remained in prison over there and tried for war crimes. He is a killer, trained to do that as his job. The Reagan administration ordered him to go over there and kill human beings (and of course, we aren't at war). The reverend Jackson is a Baptist minister, opposed to killing. The bombardier, Lt. Goodman is a government-trained killer. Rev. Jackson rescued him from that cell, and he is now free to kill again, which is what he does for a living. He is, in fact, returning to the Middle East. The irony, which Katchmar missed, is that a man of peace has given a man of violence a chance to kill again, which he does for a living. The papers say that when Lt. Goodman returned to his home in Hempstead, N.Y., he was hailed as an unsung hero as courageous as Martin Luther King (a true and gentle man of peace). Martin Luther King must have surely rolled over in his grave during that "welcome home hero" ceremony. What are we doing to ourselves? What is happening to our American sense of morals and values? Katchmar, you had better start answering questions like these in your newsletters, for it is not the blacks and the Jews who are your enemies, it is people like yourself who are apparently so blind you can't see the forest for the trees.

Katchmar usually addresses his newsletters to "God, Cosmic Awareness, Archangel Michael, El Morya, St. Germain, God's immortal white Intergalactic space confederation (evidently trying to cover all the bases and assuming there are no colored entities in space), and informs us that "3 copies of the newsletter have been burned for God's Akashic Record." My question is, why stop at 3? (Avaton)

## PROBLEMS WITH ORGAN TRANSPLANTS

(Keeping the Original Owner Out of the Picture)

(8/10/79)

### QUESTION:

A question from S.S. in Iowa. "I've already sent in a question similar to this one, but since I haven't seen it published yet, I thought I would send it again. Even though it deals with a personal situation of mine, I feel the response would be of a general nature that would help others. It deals with organ transplants and the problems that arise from this as mentioned in 'Revelations of Awareness' 78-47. The question is: Awareness, you stated in a trance healing given for me that the entity who donated the kidney I received had not totally released identification with his organ after passing over, and that this organ continued to draw in this entity and cause problems of a mental and physical nature. In my personal readings as well as in 'Revelations' 78-47, you suggested communicating with the deceased entity through telepathy to assist him in letting go and moving on. The problem is, you mentioned nothing about the telepathic process itself. Could you please give a method or exercise for establishing telepathic communication with deceased entities in order to help them let go of identification with their bodies or organs."

### COSMIC AWARENESS:

This Awareness suggests that you lie comfortably or sit comfortably; this preferably as lying down in a position whereby you can relax totally and close your eyes, moving into a subjective state whereby you dismiss current affairs from your mind, turn your consciousness back rather than forward in front of your face, turn your consciousness back toward the center of your head, and imagine yourself being inside of the

body of that entity, the astral or spiritual body of that entity you desire to contact. Visualize this entity penetrating your force field with his force field, coming into unity with you, much like an overlay in a medical book whereby the two of you merge into one. That this be done not just as a verbal pretending, not just as an image in the mind, but as a feeling,--feel this occurring so that it is felt all the way from your head to your toes as this entity moves in contact with you, and your feeling and the feeling of this entity come together.

This Awareness indicates that at this time, you may communicate in a friendly manner with the entity, thanking the entity for the use of the organ, and requesting that the entity take any of his vibrations which are still locked in the organ, which he may wish to take with him, and feel free to depart with these vibrations, leaving the organ for you to refill with your vibrations. This Awareness indicates that this may be followed by a slight humming sound as the entity gathers the vibrations and the separation is allow to occur. This Awareness suggests this be done with your attention and with levels of feeling. This Awareness suggests also that even with the new organ, it is important that you take the proper steps to adjust your diet and patterns of behavior and thought so that the new organ doesn't move into the same path as did your original organ. That for example, the dentist who received the heart transplant who survived quite some number of days, having continued the same diet as before, died not from rejection of the organ, but from a heart attack caused by the same clogging of the arteries as was the original problem, even though the heart which was given to this entity was as clean and healthy as a baby's heart when installed.

This Awareness indicates that this was caused by the continuation of the very same diets and habits which the entity ruined his first heart with.

### WHY DIET IS SO IMPORTANT (What Really Killed Dr. Barney Clark)

#### FOLLOW-UP QUESTION:

Awareness, what possible diet could be so severe as to create a condition like that in days, wherein most people, from what the doctors say nowadays, it takes many years of bad diet to create a heart condition?

#### COSMIC AWARENESS:

This Awareness indicates the entity had the high triglycerides, cholesterol and other problems within his body, within his veins, within his bloodstream and the time it took to penetrate to the heart was not long. That it does take some time for bad diets to penetrate the entire body and bloodstream, but once this is accomplished, the replacement of one portion such as the heart does not require years of bad diet, for the problem is in the total organ of the body, rather than in the partial portion of the part; that this spreads quickly to the new organ.

This Awareness indicates that diets based on excessive intake of fats, sugars, refined flours and products made from such processed foods such as canned soups, fried foods, and those foods containing high levels of cholesterol, these and dairy products when used in excess; that this type of diet whereby it becomes a major part of the entity's diet and very much used over a period of time, this is that which can create such a condition. That there are certain other elements involved which can help to slow down or retard the development of problems such as the use of apple cider vinegar, lemon juice, large amounts of Vitamin C, lecithin, Vitamin E, hard work, sweating, saunas or other types of cleansing programs such as fasting; these can retard the development of problems.

This Awareness suggests however, when these fats and sugars become too great, then the problem magnifies and the situation can worsen rapidly. This Awareness indicates that entities should make the larger part of their diet around fruits and vegetables, grains, legumes and avoid excessive use of fats, oils, cheeses, and refined flour products.

This Awareness suggests that salt also be reduced or totally eliminated for there will be enough salt in vegetables to satisfy the needs of the body. This Awareness has given information regarding diet which can be studied in relation to this, this in the *Fasting and Nature Cure* booklet.

### WILL THE POLARIZER KEEP BLOOD-PRESSURE IN BALANCE?

#### QUESTION:

We received a note from F.O. in Maryland, who writes: "I received the Polarizer. It immediately corrected my blood-pressure from 160/95 to 120/60. Energy level is better. Back neck-pains gone. Normally a problem when driving. Tennis game good. Circulation much better. Am experimenting with South pole for colitis, gas, and so forth." I'd like to ask Awareness if the information about the blood-pressure is unique with this entity, or does the Polarizer in fact correct blood-pressure when entities use it?

#### COSMIC AWARENESS:

This Awareness indicates that it appears that this depends on the individual metabolism and causes for the blood-pressure. This Awareness indicates that this entity's adrenaline reaction and the circulatory system as such that he responds quickly to the relaxing vibrations of the Polarizer. This Awareness indicates that others may not receive the same reaction and that the situation in this sense is, while not unique (as it can also be experienced by others), is not universal in its application.

This Awareness indicates that some entities will experience a sharp balancing of the circulatory system, while others will not receive the sudden or immediate reaction. This Awareness indicates however, that the Polarizer does have its effect on assisting in this area, when used properly, the North pole being used for this purpose.

ED's Note: for more information on the Polarizer, please refer to 'Revelations of Awareness' No. 84-5 (How Magnetic Energy Heals the Body); \$3.00 from C.A.C.

### THE BEAST IN THE UNITED NATIONS

#### QUESTION: (6/18/81)

One of our exchange members, Mr. Cronkite in Montana I believe, publishes a newsletter with conspiracy information, and also it's from a fundamentalist point of view; but in one of his recent issues there's something that should be checked out I think. He says in a German magazine, the following article was recently released.

"The publisher of the French magazine \_\_\_\_\_ received word from a Christian employed at the United Nation's Organization in Geneva, Switzerland, stating that a sensational notification was made by a speaker of the UN at a recent meeting. The speaker stated the following: 'Plans are worked out to dissolve the UN to make way for a world tribunal which will seize all possessions and all savings and bank deposits. Every man, every woman and every child will receive a certain amount of money and a number. This money is already available and deposited in a bank and waiting for distribution. Everyone with a number will be employed, either in the administration, the commerce, the industrial or agricultural branch. This project and plan provides for total unification of the church and state, and also provides for a single form of worship. The appointed day for all people in all nations will be on Sunday, and the number received by all people will permit them to buy or sell.' "

Would Awareness comment if that speech was actually made by an entity at the UN, and the validity?

#### COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This appears to have been sometime back. This Awareness indicates this as a continuation of the plans which have been set in motion as described in previous readings by this Awareness and from other sources. That the statements made, though being of a positive or confidential nature, are not necessarily worthy of great concern by the membership. For there are other forces which are not open to accepting this programming which has been moving according to plan, and it is still quite possible that with the increasing levels of awareness upon this plane and with the help of those who are in positions to assist in countering these plans, this creation of the Beast force will not occur as planned, even though parts of it may materialize and be used for other purposes by the Higher Forces which work for the good of humanity.

This Awareness indicates that there is a great struggle coming in the near future which will witness the turning point in the history of this plane, whereby the Forces of Darkness shall be confronted by the Forces of Light, and one or the other shall emerge victorious; and the history shall be altered from that which has been to that which shall be. That it will require attention

and awareness on the part of many entities to overcome the force which this Beast has been maneuvering.

This Awareness indicates that as entities continue to learn, continue to become more and more aware and to share that which they learn, this in itself can be the greatest weapon for defusing the plans of the Beast.

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## THE MEDITATION OF THE BIG TOE

(Opening Message 6/18/81)

(HOW TO REMOVE HEADACHES)

### COSMIC AWARENESS:

This Awareness wishes to present a meditation for entities to enjoy. This Awareness suggests that entities sit or lie comfortably, and experience "the meditation of the big toe." This Awareness indicates that in reflexology, which is the action of pressure upon points, similar to that of acupuncture, except this being involved especially in terms of pressure placed upon points of the hands or feet which relate to organs of the body. In reflexology, the foot reflexology in particular, the points which relate to the head of an individual is that which centers in the big toe. This Awareness indicates that the big toe, certain pressures upon this 'entity', can relieve headaches or other problems within the head.

This Awareness indicates also, in the training of Roman soldiers, the key to their training was placed on the concept of balance,--this in terms of the individual. The balance was established from an axis between the head and the big toe. This as a point within the head, running down to the big toe, and the soldiers in the Roman army were taught first to concentrate on the big toe in all of their maneuvers; thus keeping their mind on their big toe, and thus keeping the axis in balance, and the rest of the body therefore being also in balance. This was the first and most important part, the basic foundation on which the soldier's training was developed.

This Awareness indicates that this present meditation of the big toe is that which again calls attention to this 'entity'.

This Awareness suggests that you visualize yourself inside of a great tall building, looking out of the windows on an upper story, looking out over a great landscape. You then visualize yourself turning around and moving toward an elevator. As you depart, you realize that the windows which you were looking out of were shaped much like the inside of eyeballs, and you get a strange sensation that the building itself is shaped like a humanoid.

This Awareness indicates you move backwards toward the elevator, and find that it moves downward in the manner of following a spinal column, moving downward to a particular juncture, approximately halfway down the building, and there you may move either to the right, or to the left.

This Awareness indicates you step off of the elevator and take another elevator; this one to the right. Moving down through the lower part of the building, to ground level, you step forward from the elevator and walk through a corridor, and enter into that which is the exit from the building.

This Awareness indicates that as you step forth from this exit, you turn around and look up at the building and find yourself standing before the big toe of a building which is the image of yourself, a perfect image of yourself.

This Awareness suggests you stare at the creation standing tall, you look back at the big toe, and you enter into the big toe, realizing the building is totally uninhabited except by yourself, and you are free to play around and move to any floor on the building. This Awareness suggests you sit in a lotus position inside

your big toe and meditate for a few moments, experiencing the magnitude of that which is yourself towering above.

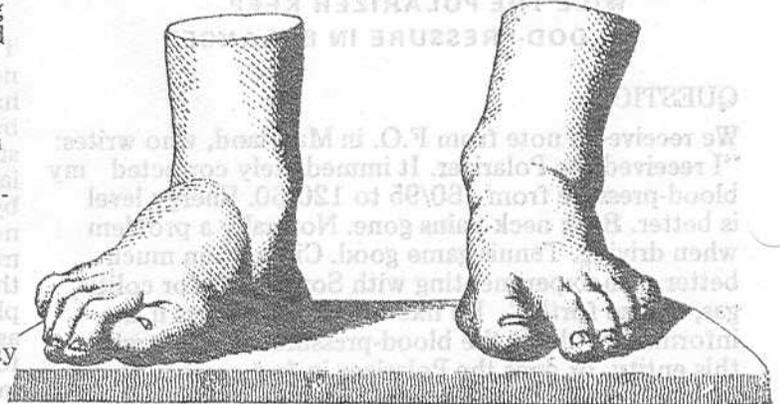
This Awareness suggests that as you sit and meditate inside your big toe, you may notice that something is happening. There appears to be a movement. The movement is so strong that you open your eyes and look out from the big toe, and recognize that the building is now beginning to move, is walking around in this huge place that is somewhat familiar to you, except for its gigantic size. This Awareness suggests that you quickly turn and move up the elevators, up the spinal column elevator and into the towering room at the top, look out the windows, and observe where this building is going.

This Awareness indicates that you may recognize it is walking down a familiar street, or through the hall, or into a familiar room which you have always, for some time, experienced previously as the being inhabiting this room, or moving along this way.

This Awareness suggests that you enjoy the experience of sitting in the top of this building, watching it move around in its everyday life, watching it sit in its familiar chair. This Awareness suggests that you coax the building (if you can) to sit down in a comfortable position and meditate; that you coax this building to meditate and to see itself inside of a big toe. That as you do this, you then begin to move down the elevator, again entering into the big toe, and sit in your lotus position, imagining that big toe growing larger and larger and larger, encompassing the building itself, so that the entire being, the building, is sitting in a lotus position inside of the big toe. This Awareness suggests that you hold this image of residing in a big toe, inside of a great towering building, while you sit in lotus position at the bottom of this building, seeing yourself inhabiting the top floor of the building; holding these images in crystallized form, one superimposed upon the other. That you hold this image for approximately 3 minutes.

This Awareness indicates this meditation is that which will bring about a psychic balance between the etheric, astral and physical body; between the emotions, mind and spirit. This balance is that which will be enhanced, strengthened, each time you experience this meditation.

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## WHAT'S GOING ON AT THE BOHEMIAN GROVE?

QUESTION: (5/3/81)

S.D. sent in a copy of a Jack Anderson column that appeared in the Feb. 22, 1981 issue of *Parade*, and in the light of the recent material about the Luciferians and the Druidic rituals, I'd like Awareness to comment on this. The article, of which I'll only read a brief part, is called: "Is Trouble Brewing for the Paradise of the Rich?" It goes:

*"Nearly 2,000 carefully selected government officials, corporate tycoons and other luminaries, men with powers to shape the future, assembled secretly last July in a redwood forest about 65 miles north of San Francisco. They began with a somber ritual that featured the Druidic burning of an effigy on an altar, chants from a robed chorus and a bacchanal reminiscent of ancient Greece. The participants at this strange ceremony were not part of a secret conspiracy or far-out cult that had infiltrated the nation's power structure; they simply were enjoying a mid-summer frolic at the world's most exclusive summer camp, known as the Bohemian Grove, owned and operated by the elite Bohemian Club of San Francisco. Here among the tall timber, members of the upper crust disport themselves each year like overgrown boy scouts. Ronald Reagan likes to regale his bunk-mates with Irish dialect stories. Vice President George Bush, always a cheerful camper, somehow appears ill at ease in outdoor attire. Secretary of Defense, Caspar Weinberger, seems too rushed for the relaxed, rustic routine and attorney general William French Smith strikes fellow campers as rather reserved.*

*"Such other worthies as former president Gerald Ford, financier David Rockefeller, columnist William F. Buckley, and supreme court justice Potter Stewart usually join in the unusual hi-jinx, even former president Richard Nixon has let his hair down at the wooded retreat. But all is not well in Bohemia. Women are not allowed to set foot inside the campground, a restriction which many of them feel violates their inalienable rights. During the recent senate confirmation hearings, some female activists called upon Reagan administration officials to resign for the encampment...."*

The story goes on, but I'd like to ask Awareness to comment on this get-together each year, and the Druid rites and so forth that occur at this California Redwood retreat.

### COSMIC AWARENESS:

This Awareness indicates that essentially, this as considered to be an action which allows these entities who are always in the public limelight to have time to themselves for private expression without their words, without their pictures, without their conversations being publicized; that this allows them a chance to rest and to 'let their hair down', so to speak, and to simply be themselves. This Awareness indicates however, there are other aspects of this gathering, whereby much pleasure is the fertile ground for business that evolves from these pleasure experiences. The social activities become such that entities begin to use their connections, associates and friendships to form leverage for certain purposes; that this then creates a kind of 'in group' action, wherein friends in joining together pass the word, "You scratch my back, I scratch yours; together we are helping each other." Essentially, there is nothing wrong with this philosophy, except that it allows one 'in group' to have greater power and those outside to have less power when this philosophy is misused for purposes of gaining power.

This Awareness indicates that in terms of the Druidic rituals, that this as having its custom presented from the inner or esoteric circles, which emanate down through the society's secret network from the Rothschild forces of England; that this has been discussed

previously. That these forces as being similar to certain types of initiations in collegiate fraternities and clubs, whereby once entities pledge themselves, then they become special fraternity brothers or associates, and receive privileges as such. That in terms of the Druidic rituals and involvements; this continues to have its fascination for many entities who seek to belong to the fraternity of elite social leaders.

### THE LUCIFERIAN CONNECTION

(MORE ON THE LUCIFERIAN ENERGIES)

#### FOLLOW-UP QUESTION:

But that doesn't necessarily mean that these entities are actually involved in the Luciferian energies....?

#### COSMIC AWARENESS:

This Awareness indicates that these energies as representing the Luciferian energies; that the entities may be involved in Luciferian energies, but not necessarily being Luciferian themselves; that entities in *all* walks of life, regardless of who, are involved in Luciferian energies. The energies of the Luciferian principles are those of structure and order and control and power based upon that structural control; this is the rational aspect of a society or of a particular individual's mind. This Awareness indicates that the Luciferian energies represented by the secret societies which through their various actions control the inner circles and fraternities of the society's leaders;—these are *always* present, just as the rational mind is always present in an individual. This Awareness indicates however, that although the Luciferian energies are always present, they need not be thought of as evil or destructive in nature, but rather as incomplete.

This Awareness suggests that entities not seek to destroy the Luciferian energies, but rather to *fulfill* the law, for the fulfillment is that which brings forth the holistic experience. That the Luciferian energies are the energies of the rational mind, the left side of the brain, the computer system; whereas the Holy, or Christos experience, that of the Christ, is the right side of the brain, the holistic concepts, energies which fulfill or complete the total alignment of individuals to their society, to their fellow associates, to their fellow species and to the various energies of the planet and to the universe in general.

This Awareness indicates the Luciferian energies are concerned about creative action, maintenance and balance of systems and energies, and unfoldment of expression, but have no understanding of holistic integration, have no understanding of the concepts of unity in universal qualities, have no understanding of how these things which may be gathered for an individual can be aligned with others in a society, or how a society can align itself with the qualities necessary for its general integration as a participant on a planet, or what the energies are in relation to the cosmos itself.

This Awareness indicates in other words, the Luciferian mind, as rational as it may be, as totally structured as it may be, is incapable of holistic alignment. Therefore, when it reaches a certain degree of development, it must transform itself, and the Christos, or Christ Light of holistic comprehension, the universal awareness, the general picture, the big application, the cosmic awareness, or enlightenment descends upon the Luciferian qualities of creative, maintaining and balance, and unfoldment; descends on these three qualities with the quality of alignment to that which is greater, to that which is the spiritual or Universal qualities.

This Awareness indicates that these entities in the society, using and working with Luciferian energies, are no less on the path than are any others who have arrived at the Christos level. That all entities must work on different levels of their development, either being creative or seeking security, maintenance, and balance and harmony or seeking to unfold a greater aspect of self, or seeking to align oneself to other energies in the universe; and these actions, these energies, when total, are the movements of mind in the society and the evolution of consciousness.

This Awareness indicates that entities are now becoming more and more aware of the need to align themselves with others, even though the others may have conflicting concepts or theories, or religious or sciences or systems, and these realizations of the necessity for alignment is that which is bringing about the reconciliation of yes and no, which is bringing about the transmutation of the Luciferian energies into the Christos, or second coming energies of the Christ Light which shall descend on entities who align themselves with the holistic path.

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ED's Note: This reading was given in the spring of 1981, and since that time much publicity has been given to those who meet each year in the Bohemian Grove. At least two non-profit organizations have sprung up to picket and publicize the place and those who are seen entering therein. During 1984 they publicized that these entities 'are a threat to society and this year we intend to protect ourselves by placing them under citizen's arrest, using our bodies to keep them IN the grove. Our goal is to draw attention to the true source of power in this country by exposing the links between business and government, and to protest the racist, sexist, profit-grabbing and war-mongering policies of the power brokers at Bohemian Grove.' Anyone interested in supporting this organization may send donations and receive additional information by writing to: The Bohemian Grove Action Network, PO Box 216, Occidental, California, 95465, or phone (707) 874-2248.

(Below is a poster they circulate each year)



# ARREST THE BOHO'S

**Non-Violent Civil Disobedience  
At Bohemian Grove**

**Sunday, July 22**

**Monte Rio, Sonoma County**

## QUESTION:

A question from W.L., Sterling Heights, Michigan. "Under the survival theme, many people are making their own distilled water for drinking. One health camp says that sea salt needs to be added to restore mineral salts to the water. Another health camp says not so, only minerals and salt transformed by the vegetable kingdom first can be assimilated and useful to mankind. If supplements to distilled water are required, what kind and where might they be purchased or obtained?"

## COSMIC AWARENESS:

This Awareness suggests that the value of distilled water as being twofold. That one is an action of purifying the water, to eliminate any harmful bacterial or other pollutants. That in this situation, an entity may desire to supplement the water with nutrients or minerals. This Awareness suggests that this be done with the organic mineral salts from plants or the natural living vitamins and minerals, rather than the chemical produced minerals which have been heated or cooked by high temperatures in their processing. This Awareness indicates that sea salt as generally being better than some sources, but that much of this is treated in the processing by heating. This Awareness suggests that sun-dried salt as that which is better. However, the use of vegetable salts and minerals such as that given by Dr. Bronner in his seasoning and minerals salts, this can be best suitable for this purpose. However, it is not necessary to add these salts to this water if you use this as supplement to your food, sprinkling this on salads for example, or on other dishes; that this can be added to the distilled water if you choose.

This Awareness indicates that a second purpose of distilling water is that when you drink distilled water, it tends to pull as a magnet, pulling certain poisons from your system as it passes through; it also tends to pull certain minerals as it passes through. That in many cases, this action of pulling minerals to it is beneficial when your body has inorganic minerals which cannot be assimilated. This Awareness indicates therefore, it is profitable to drink distilled water, to draw out the inorganic minerals, but to replace these minerals with organic minerals which can be assimilated by your body.

### Inorganic Minerals Defined

This Awareness indicates that inorganic minerals is defined by this Awareness as those minerals which have been heated in such a manner by nature or man, so that they do not dissolve in liquids of your body, but simply lie and clog the area where they are.

ED's Note: Dr. Bronner's seasoning and mineral salts, his amazing liquid soap and other products can be found in almost all healthfood stores.

### A RATHER INTERESTING QUESTION

"I'd like to ask you, Mr. President: How come you can stand out here in 103 degree temperature and not sweat?"

This question heard by your editor over the Public Broadcasting Radio Network, June 13, 1984. It was asked by a Boston Celtics baseball player who got to talk to Mr. Reagan, who was attending that game.



## THE PSYCHOLOGY OF FEMALE HOMOSEXUALITY

WHY ARE THERE SO MANY LESBIANS AROUND THESE DAYS?

### QUESTION:

A question from A.J. in Arkansas. Awareness has given information on this before, but perhaps there's another aspect to this. He writes: "I would like to ask Awareness about homosexual relationships. Specifically, this question arises in my mind because there are many lesbians in this town, and I have talked to some of them and heard some of their stories, and some say that they have chosen to be lesbians; in other words, they apparently have about equal feelings either way, and for some mysterious (to me) reason, they have decided that they are better off being lesbians.

"I also hear them often severely criticizing men, as if they think men are pretty horrible creatures. One told me for instance, that I was the only man she had met that acted like a human being instead of always making a big deal of demonstrating his masculinity. The question I have is this: That when I hear this talk about choosing to be lesbians, I get the notion that they are trying to choose an easy escape from real life, and possibly setting themselves up for a great deal of trouble in the future for opposing natural forces and the Divine Order.

"Possibly there is a lack of good men around, but to become a lesbian because of that strikes me as trying to find a cheap and easy escape from real life. I'm not sure if this is a real spiritual perception on my part, or just a self-centered emotional reaction, so I would like to ask Awareness to comment on this and clarify this point."

### COSMIC AWARENESS:

This Awareness indicates that this is a rather clear perception of the situation. This Awareness indicates that the problem in society in regard to the recent surfacing of homosexual situations is that it has become over-emphasized and given the feeling that it is natural and that entities should have a freedom of choice in terms of sexual preferences. The emphasis on this is such that it has caused entities who would not normally be homosexual to lean toward homosexual relationships simply because it appears to be the outrageous thing to do to strike back at society or at a particular representative of society.

This Awareness indicates that many women who become homosexual do so because they have had bad experience with certain men. That whereas their mothers may have had equally bad experiences with certain men until they discovered the father. This Awareness indicates but since the emphasis is on homosexuality as being a third alternative between heterosexual selections, that the emphasis being on having another choice allows the entity not to face the problems which the earlier generation might have faced, wherein the entity moves from relationship to relationship until finding one which is satisfactory, but allows the entity instead to say: "Phooey to all men! I'll have a woman instead! They are gentler and kinder to me!"

This Awareness indicates that this then allows the entity to have a female pal and lover combined. That much of this is unfulfilling to the entities, yet because they have embarked upon this path, they feel it is

11. necessary to gain support and to prove their decision to be right, thus they may find themselves campaigning for homosexuality and being hostile toward men.

This Awareness indicates that it is not the natural order of the universal energies. It is not something which is to be seen as evil; it is simply something that is unfulfilling to those who are involved in this action in that although it may allow them many hours or months or years of gratification, they never will completely reach the depth of understanding that comes from a healthy relationship with a member of the opposite sex, and the souls of these beings will never have the fulfillment that comes from a fulfilling relationship with one of the opposite sex.

This Awareness indicates that the polarization of male and female energies being so opposite and different, coming together, is an action which over a period of time through the struggle to relate, through the efforts to find harmony, this interaction between the male and female aspects of consciousness is that which balances the individual so that these energies within the self are made more wholesome and so that the entity has a respect and feeling of unity with the opposite sex, whoever or whatever form that may take.

This Awareness indicates that wherein an entity can have a complete and fulfilling relationship with one of the opposite sex, (that this is not something which occurs overnight, but which may take many years of development), but wherein one *can* have a complete and fulfilling relationship with one of the opposite sex, then that entity is also capable of being at home with, of being at one with the energies of all other beings.

This Awareness indicates that this does not mean the entity would wish to indulge with all other beings in intimate relationships, it rather means that the entity is capable of being one with all others because the entity has reached a fulfillment of self through the completion of the relationship with one of the opposite sex. This Awareness indicates that not many marriages have been strong enough or lasted long enough whereby a relationship of this type has led to such completion, but even those marriages of short duration or of weak commitments do tend to help bring a greater sense of unity and oneness to those who have been involved.

This Awareness indicates that even when there are pains and separations that follow, the experience and the fulfillment, even though limited, still is permanent in its effect on the individuals. That homosexual relationships tend rather to push an entity's already polarized qualities into a deeper polarization of the same qualities and requires that in order to be balanced, the entity must either shift sexes and become the other, or must go through long periods of time working through those energies to return to the energies of the opposite sex, developing the qualities that have been curtailed over the years, from avoiding the opposite sex.

This Awareness indicates that each individual case is unique, carries its own particular brand of karma and may not be of great significance, may or may not cause great suffering. This depending entirely on the individuals and how they handle their affairs. This Awareness indicates it is appropriate that entities love one another, but that intimacy as a form of expression of love be reserved for that which is of great significance to your purposes, directions and commitments.

### WILL GH3 RETARD THE DEVELOPMENT OF LARGE BREASTS IN FEMALES WHO WERE FORMERLY MALES?

### QUESTION:

One final question in this area from a member in Los Angeles. He writes: "Dear Awareness, I am a 20 year old flat-chested male who is planning to have a sex change, and I, and probably many other young females need to know whether or not GH3 anti-aging tablets will retard the development of large breasts?"

### COSMIC AWARENESS:

This Awareness indicates that this is negative.

QUESTION:

S.H. of Leavenworth, Washington, writes: "As fans of Seth, we appreciate your confirming discourse on the Jesus Christ synthesis in *Seth Speaks*. Other readers of Cosmic Awareness and *Seth Speaks* would follow with interest your presentation of the simultaneous nature of reincarnation as brought out in *The Nature of Personal Reality*, pages 179 and 180. If reincarnational experiences are part of the framework of the self, a facet of the multi-dimensional reality of the living psyche, (page 222, *Seth Speaks*), and if these multiple existences are simultaneous and open-ended, (pages 179 and 180, *The Nature of Personal Reality*), then it would seem to me that Seth is observing this process from outside of our physical time-space continuum; but then, how do we explain the *sequential* experiencing of the multi-dimensional psyche? Is my physical sojourn masking this awareness of reality?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This Awareness suggests you look at different dimensions through the analogy of a written page. This Awareness indicates that a thought moves through an entity's head. That thought is a living being. That thought is that which moves through in a flash. This Awareness indicates that a thought moves through an entity's head and the entity's arm picks up a pencil and writes that thought upon a piece of paper. That the thought is then transmitted into a linear and physical expression, which exists in time and space and can have great duration, depending upon how long the paper is preserved.

This Awareness indicates that the thought being preserved on paper in a physical sense can continue to exist year after year after year after year; whereas the thought which flashed through the consciousness moved on quickly. This Awareness indicates that in another dimension, the thought was related unto some form of energy field or an item or a thing, or the force which was behind the thought, the forces which existed behind the words which were emanated by the thought. What were those forces? This Awareness indicates those forces, though symbolized in words which flashed through the consciousness as a thought: those forces also continue in movement.

This Awareness indicates you have three dimensions: (1) The forces which the thoughts were about, (2) The thoughts themselves, and (3) The thoughts written on paper. This Awareness indicates when the paper is preserved in a closed book, the thoughts are held without any life, and only when the book is opened and consciousness takes from those words, the thought, only then does that thought again take life. Only then are those forces behind that thought recognized and given attention. This Awareness indicates this is the nature of dimensions in terms of thoughts.

This Awareness suggests that another level of the thought is wherein the word is spoken; that this allows the thought to be conveyed from one entity to another through the spoken word, and in that spoken word, the forces are expressed through those sounds and both entities can share in the observation of the forces behind the words. This Awareness indicates this as likened unto four dimensions of expression in terms of words, energies, thoughts and the script.

This Awareness suggests that each of these as different. Your life in the physical sense may be likened unto the script; that a life off of the page of this script, into the realm of the imagination, into the realm beyond the physical plane, may be likened unto vibrations of the spoken word: the life of yourself being that which is a vibration and which moves.

This Awareness indicates that beyond the level of the vibratory rates, there is the pure energy which exists behind the vibration, which the vibration is expressing and attempting to tell about.

This Awareness indicates that in this sense, there are many levels and many ways of expressing the same thing; that a physical being living in a physical body, may be thought of as a thought in the mind of the Universal Consciousness, that even as within your own head you may have a thought, using a word to describe that thought; likewise, within the head of the Deity, you are the thought and the name given you is the word to describe that thought.

This Awareness wishes you to understand also that when the thought is gone, when you are gone, it becomes possible for that Energy which formed the thought, which formed you, to merge with the Universal Deity and become part of that Consciousness.\*\*\*

EDs Note: Awareness has mentioned Seth a number of times throughout the readings and has verified the information channeled through the entity Jane Roberts. For more information, please refer to the Backissues catalog, and specifically Revelations of Awareness No. 78-44 (Why Do Awareness, Cayce and Seth Appear to Differ); \$2.00; also 81-22 (Alcohol as an aid to the psychic channel); \$3.00 from CAC. For the many books on Seth, check out your local bookstore or refer to the CAC book catalog sheet.

CONCERNING A DEPARTED FRIEND

QUESTION:

Awareness, one of the Interpreter's best friends, John B., died unexpectedly of a heart attack last week, and the Interpreter wishes to know if Awareness has anything to give regarding this entity and his untimely departure?

COSMIC AWARENESS:

This Awareness indicates this entity as likened unto a bright comet whose life, though brief, was bright and gave Light to many. This Awareness indicates the entity as having moved on beyond the atmosphere of this earth plane and into the heavens for other work and other activities. This Awareness indicates this entity as knowing who he is, where he is bound, and as one who now has a new beginning.

This Awareness indicates the entity shall return to this plane once more to finish work which he began but which he was unable to finish due to the pressures and difficulties upon his physical, mental and emotional body. This Awareness indicates this entity as being one who has reconciled all of his previous karma and as being clear and as one who can now express himself in service, in love and in Light without feelings of guilt, without desire to become great or noble, for the entity as recognizing his true divinity in levels of humility and understanding. This Awareness indicates this entity understands the nature of all that has occurred and holds no animosity nor resentment toward any living being. This entity as one who loves all entities and now has learned to love himself.

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