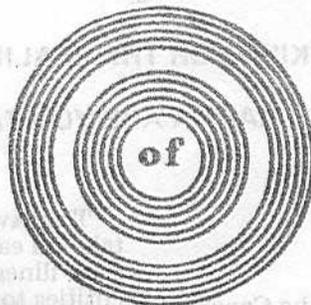


Revelations



Awareness

84-18 The New-Age Cosmic Newsletter

\$3.00

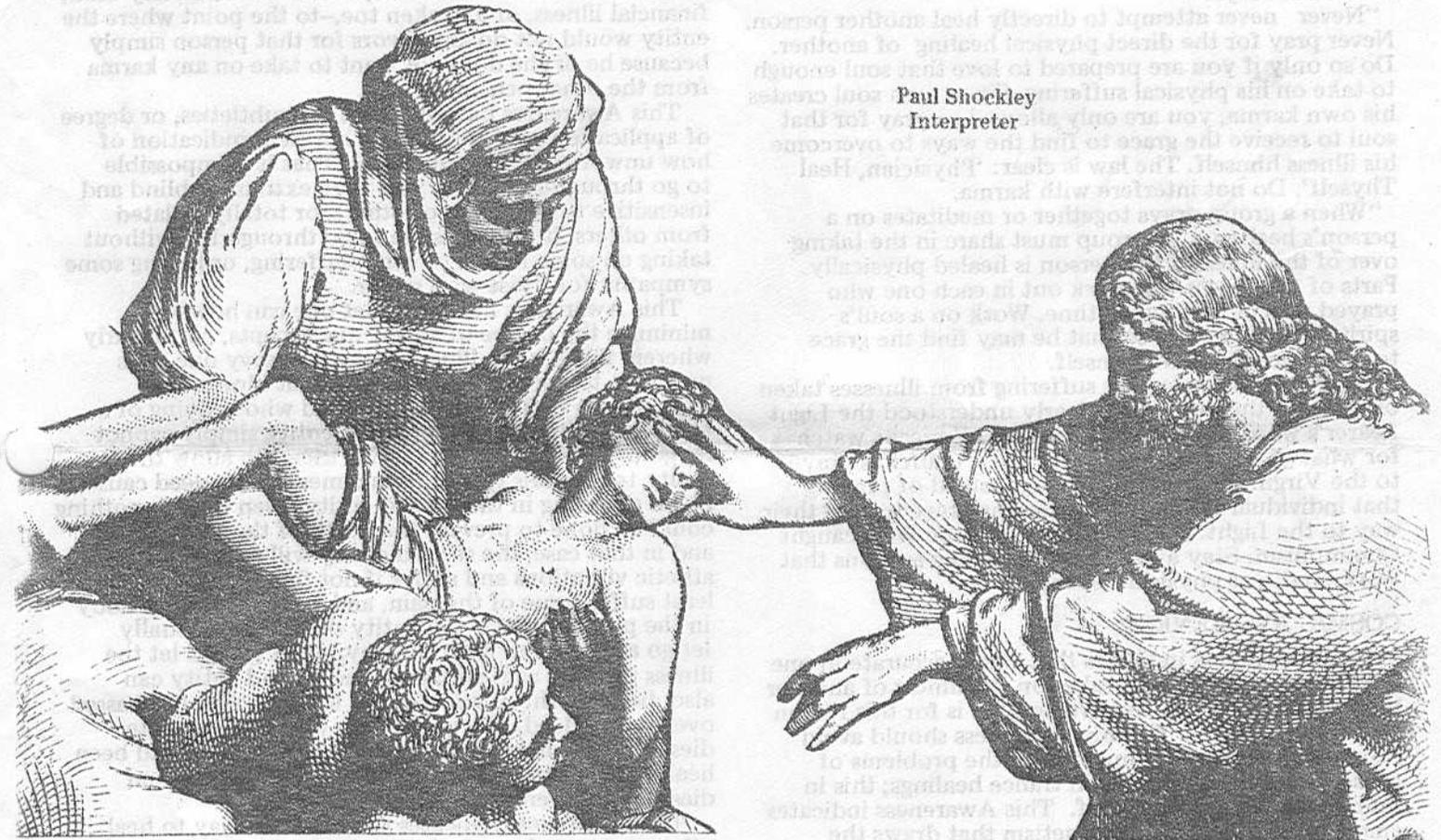
ISSUE NO. 259

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

(Helping people become aware)

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



Paul Shockley
Interpreter

The Karma Involved in Healing Others

Published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A.



PRAYING AND ASKING FOR THE HEALING OF ANOTHER:

HOW MUCH KARMA ARE YOU TAKING ON ?

The Meaning of "Watch and Pray"

QUESTION:

We exchange information with an entity in the Canary Islands by the name of Hugh De Cruz, who has an organization called New Age Universal Christianity Without Religion, and most of his information seem to be right on with what Awareness has given. One of his recent newsletters has a thing on healing; I'd like to read part of this to Awareness and ask if this information is valid. He says:

"Never never attempt to directly heal another person. Never pray for the direct physical healing of another. Do so only if you are prepared to love that soul enough to take on his physical suffering. Since each soul creates his own karma, you are only allowed to pray for that soul to receive the grace to find the ways to overcome his illness himself. The law is clear: 'Physician, Heal Thyself'. Do not interfere with karma.

"When a group prays together or meditates on a person's healing, that group must share in the taking over of the illness if the person is healed physically. Parts of the illness will work out in each one who prayed, but at a different time. Work on a soul's spiritual healing only so that he may find the grace to take correct action himself.

"Many people today are suffering from illnesses taken on because they have not clearly understood the Light Bearer's words: 'Watch and Pray.' This means watch for what you pray. In the forties, the churches prayed to the Virgin for Russia's healing instead of praying that individual Russians be given the grace to find their way to the Light. The result was that the West caught Communism. Stay away from all healing sessions that work on direct physical healing."

COSMIC AWARENESS:

This Awareness indicates that this is accurate in one level in which the healer takes on the illness of another because of emotional involvement. It is for this reason that the Interpreter for this Awareness should avoid becoming emotionally involved in the problems of those whom he is assisting in trance healings; this in reference to the illness itself. This Awareness indicates emotion essentially is a magnetism that draws the vibration of one entity into the aura of another, and this is an action that is associated with that which you call sympathy; wherein you sympathize with one who is ill, you take on their karma to that degree of sympathy.

This Awareness indicates that sometimes this is part of a relationship, wherein one entity suffers with another who suffers. That it is likened unto entities sharing each other's karma, and there is nothing unethical or nonspiritual about this, although it may be difficult and painful to the entity who takes on another's karma through sympathy and through such close involvement with the other.

This Awareness indicates that the more remote way of healing another is to do the actions that are necessary to heal another without being caught up emotionally. This is sometimes easier to say than to do, particularly when you are deeply in love with one who is suffering. This Awareness indicates that attachment essentially is emotion, and attachment to one who is suffering almost invariably leads to sympathy, therefore, one must decide whether to sympathize and be attached to one who is suffering, or to withdraw and let the entity suffer the full load for themselves.

This Awareness indicates to advise entities never to take on each other's suffering, or to help each other in their illnesses or their pains would simply be to inform entities to be selfish and to not care about the sick or ill. That in such advice, one may ask: "To what degree of suffering should I avoid?", and wherein one may think in terms of chronic illnesses, of critical situations in health, one could also take this same philosophy into everyday life, wherein one refuses to sympathize or to take on the karma for the spouse or friend, or associate who has a headache, or has a need of any kind,-- financial illness, or a broken toe,--to the point where the entity would not do any favors for that person simply because he or she does not want to take on any karma from the other person.

This Awareness indicates that the subtleties, or degree of application of this principle is a clear indication of how unworkable the concept is. That it is impossible to go through life unless you were extremely blind and insensitive to the needs of others, or totally isolated from others; it is impossible to go through life without taking on some karma or some suffering, or having some sympathy for those who suffer.

This Awareness indicates that one can however, minimize the degree of karma one accepts, particularly wherein there is the illness that is so heavy one does not want to become caught up in that illness. For example, an entity who has a friend who is dying of a terminal illness, and wherein the entity simply cannot let go of the attachment to that friend to allow the entity to die; this type of attachment can indeed cause much suffering in the second entity, even though nothing could be done to prevent the death of the first entity, and in that case, the second entity will take on sympathetic vibrations and suffer if not the same illness, at least suffer some of the pain, and injure his or her body in the process; and if the entity does not eventually let go and let God have His way, or let go and let the illness proceed as it will, then the second entity can also die from the attachment to the first who has passed over; and indeed, this does occur wherein one mate dies, and within months, the other entity who had been healthy up to that time becomes chronically ill and dies shortly thereafter.

This Awareness indicates that the best way to heal others is to go through the necessary actions to provide them with whatever is necessary for them to heal themselves, or to receive the medicine that would bring forth the healing. That to feel attached to the entity who is in the process of falling into death will only pull you down also; that if you can, and if you desire to have some attachment to help pull the entity up, using your psychic energies, your emotional energies to pull the entity up, and if you have the strength to do this, then you may try this up to a point, but if you go too far, there is some chance that rather than pulling the entity up, the entity will pull you down.

Knowing when Enough is Enough!

In the development classes, this Awareness asks entities to move over the planes of limbo, to see the upreached hands, to hear the calls of entities who wish to pull them down, who seek to be uplifted by those who are passing over the plane of limbo, and this Awareness asks entities not to heed those calls, not to allow those upreached hands to pull them down, but to move on toward the Lights of Essence, for this movement will do more for those in limbo than if you yourself fall into limbo.

This Awareness indicates that wherein you move toward the Light as an example, you create a wake behind yourself, a vacuum which tends to draw others. That likewise, this message from the entity in the Canary Islands is valid in the sense that you must be able to know when and to what degree your energies can be given to others without depleting the energies of your own life.

This Awareness indicates that in reference to this, the present Interpreter has been allowing his energies to be depleted excessively for the past 5 years in the trance healings and in dealing with individuals in general in regard to their personal needs, and this has been taking a heavy toll on the entity, and this Awareness is preparing to move this entity from this area of activity in an effort to help restore the vitality of this entity.

This Awareness indicates that likewise, others who become involved in trance healing or in any type of healing wherein others are using or are being given psychic energy, emotional energy, sympathy; those entities who are thus involved are in fact giving up part of their health in order to heal others. This Awareness indicates that one who is in such an activity needs to be able to know when to extract themselves, when to take a rest or to remove themselves in order to restore their own vitality. That too often entities who are unhealthy are suffering from having given too much energy to someone else, or to some cause, and to find themselves depleted, and rather than realizing they can restore their own energy from the universe around them, from proper food and diet, they will turn toward someone who appears healthy and willing to give attention, to give assistance, to give sympathy, and will latch on to that entity, psychically, emotionally, and form an attachment.

Beware of attachments that sap energies, either for you from others, or from you to others. Beware, or at least be aware of what is happening in the area of energy drain, for a weak person can totally sap the energy of a strong person and unless that strong person has the ability to recharge, and the time and opportunity to get away from the weak person in order to recharge, that strong person can be equally weak; the weak person may grow stronger temporarily, but the healing may only be temporary unless the weak person has gained some understanding and uses that added strength to begin healing himself or herself.

This Awareness indicates that when this Awareness does healings through this Interpreter, sending energy to others at a distance, it is much more effective if the Interpreter does not know too much about the one in need, does not have too much emotional attachment to the one in need, for wherein there is too much emotional attachment, the energies drain from the Interpreter, and the Interpreter cannot recharge to allow the energies from this Awareness to flow to the needy person.

This Awareness indicates that wherein the Interpreter is somewhat detached, he can act as a channel for the energies which this Awareness gathers from the universe and sends to this entity. That for this reason, entities who live together should make sure as much as possible that they each are given the opportunity to be individually strong, for wherein one partner begins playing the role of a weak, clinging vine, it may give the other partner the feeling of being strong and protective, but it can also polarize to such a degree that the one who is playing weak, begins to feel weak, believe himself or herself to be weak, and can feed on the energies of the other, thus draining the one who is stronger, and it creates what is termed a psychic vampire relationship, wherein one feeds off of the psychic energy of the other.

This Awareness indicates that this creates a dependency of the weak one on the strong one, and in time will create a resentment of the strong one toward the weak,

whereby the strong one, instead of feeling better at being strong, will begin to resent having his or her energy drained continuously by this weak clinging vine. That entities need to know how to draw energy in from space around them; that you do not need to draw energy from each other.

Energy Follows Attention! (How to Restore your Energy)

This Awareness indicates that energy follows attention. This Awareness wishes that *It* could write this in the sky, so that all could see this principle: Energy follows attention! Energy follows attention! If you give attention to something, energy flows there. That if you give attention to each other, you are each energizing the other, and thus you begin to feel good because of the attention you are getting, and the attention you are giving.

This Awareness indicates that when you give attention, and there is attention returned, particularly wherein there is benefit and gain from the attention given, entities grow stronger. When the attention given is in a negative sense being exchanged; hostility, negativity exchanged to each other from the other, the energy may be strong, but it may be negative and harmful to the system.

This Awareness indicates that if there is no one present to give you attention, but there is someone who is taking attention; whether this is an animal, or another person or even an inanimate object such as a book or a test or an action such as this reading; wherein you are giving attention and not receiving attention in return, then, to restore the loss of energy, you must take in something. This Awareness indicates nutrition and food are ways of bringing in energy, attending to the hunger of the body.

Breath is a way of attending to the needs of the body for oxygen. By attending to the breath, consciously or unconsciously, you gain energy. When consciously breathing, you gain even more energy than when breathing automatically without attention. That if you are in need of energy, put yourself in a situation, a place whereby you can focus totally on your self, for as soon as you begin to focus on yourself, you will also begin to gain energy, - for energy follows attention.

Attention Carries Energy: (Some Exercises to Rebuild Energy)

Turn your attention to yourself and you shall begin to build energy in your aura. That the entity who feels weak, who feels as though he is nothing, will generally automatically become self-interested and self-attentive, but some entities who feel weak and feel they are nothing, will go about looking for someone to give them the attention they desire to make them feel that they are something. If the entity begins to do this too much and is rejected, the entity feels cut off, and a greater loss of energy and a greater sense of unimportance.

This Awareness indicates that if the entity receives the attention, and does not learn how to attend to himself, but seeks the attendance of others, then the entity becomes dependent on others and is always looking for someone to reassure or to nourish and feed him. That each entity who gives attention to himself, to herself, is capable of bringing greater strength and energy to sustain the self with greater vitality.

This Awareness asks you to place one finger in front of you and stare at that finger, then, after approximately 10 seconds, move that hand away and ask yourself which of your fingers seems to have the most energy, seems to feel the most. You will discover it is the finger that you stared at, because you gave that energy to that finger. Attention carries energy.

This Awareness indicates that if you give attention to your right ear for several seconds it will actually become warmer than your left ear. That likewise, you can give attention to your right eye and it will begin to feel more relaxed than the left eye, or vice versa. This Awareness indicates that if you wish to gain energy in your entire body, attend to the entire body by looking at your body psychically, as if it were a

magnet drawing vital energy from all directions of the universe. Visualize this energy rushing toward you from all sides, and entering into your body and recharging at the center of your body, filling your spine with energy, building up around the spine, and eventually flooding into all of your appendages.

How to Create Charisma

This Awareness indicates that then you may visualize this energy building the aura around your body; that you can gain energy this way and not need to go off looking for someone to find strength from or to deal with. That entities who are capable of vitalizing their body in this manner by giving attention, and who make it a practice of being self-aware, for self-awareness is nothing other than self-attendance, being present in self, being present in space, in location, not being absent-minded, or being psychically/mentally elsewhere, but being aware of yourself, your presence and your present place and the present time; in other words focusing on what IS your essence at the moment. When you are doing this, you are building up your aura, and this is that which creates the charisma which entities consider to be so potent and powerful and valuable in one's life.

This Awareness indicates that the entities who are self-aware have greater charisma at all times than those who are less than self-aware. This Awareness indicates that when self-awareness begins to expand to include other things, the aura of the entity and the charisma of the entity begins to spread to other people so that anyone coming within range of the entity's aura feels recharged and revitalized. This Awareness indicates that energy follows attention. Attention gives energy, and there is no way that entities can have their vitality totally drained if they understand this principle, for they can find ways of providing themselves with attention when it is necessary, and they can also assist in the healing of others by giving attention to the degree that they are capable of giving such attention.

Those who Should Not Attempt to Heal Others

This Awareness indicates that any entity who cannot afford to give attention to others, should not attempt to be involved in healing processes. There are many entities who speak of wanting to heal others, to become a great healer, but in their talk they are simply seeking attention for themselves and would not be capable of giving so much attention to others, and thus, although they may desire to become a great healer for others, they must first learn to heal themselves by giving attention and by attending themselves.

This Awareness indicates that entities who are constantly drained, having to give attention to others more than they can afford to give will find themselves becoming more and more depleted of energy and must find some way of getting away from that depletion so that they can recharge themselves, otherwise, they can very easily and sometimes quickly move into states of ill health that may not be reversible.

This Awareness indicates that stress occurs when entities have attention demanded from them at such a pace and to such a degree that there is not sufficient let-up for them to attend to themselves. Therefore, that stress being a condition that leads to serious illnesses, can be avoided by entities who can find ways of getting apart from those situations which cause their attention to be continuously drained and whereby they can find some opportunity to give attention to themselves.

This Awareness indicates that they may also benefit from attention given to them from others, such as in a massage or from a medical doctor, or someone to talk to. This Awareness suggests however, that you be aware that such actions are taking energy from others and that energy should be returned to them for their services. This Awareness indicates that it is always better for one to attend to oneself if possible; that there are times

when entities reach such a low level that they can hardly give attention to themselves or to anything because the vitality has become so weak.

HOW TO GIVE PROPER ATTENTION TO ANIMALS AND CHILDREN

FOLLOW-UP QUESTION:

Awareness, the example given, including reading a book or giving attention to an animal; isn't that kind of activity sort of a slower method of recharging yourself, when you're not consciously working on yourself, but you get recharged anyway?

COSMIC AWARENESS:

This Awareness indicates that if one can give attention to an animal in a way whereby the entity enjoys the action, such as holding an animal on one's lap, or petting an animal in a manner that allows the entity to be aware of himself or herself; at the same time the entity is giving attention to the animal the entity may be recharging self as well as giving energy to the animal.

This Awareness indicates however, wherein you have an animal that is a constant pain in the neck or other parts, and is continually calling for attention to the point whereby you are annoyed, you cannot think, you cannot focus on your own needs because this animal is there causing one disruption after another; this type of action whereby your attention is taken, is a drain.

This Awareness indicates any mother who has a two year old child is probably quite aware of how much energy it takes just to keep up with the child during the day. The mother can be totally drained by evening. The mother may not even leave the room where the child is, may not walk around, or may not need to do much of anything physically, but the act of giving attention for such a prolonged period will drain the mother of her energies.

This Awareness indicates that also what is occurring is that the child is gaining energy from the attention the mother is giving, and the child may very well have more energy through the day because the mother is giving such attention, and may be growing stronger daily because of this. There is nothing wrong with giving such attention to the child, for that is the nature of the mother/child relationship, and the child needs to have the attention, or the child may do something which causes it to have an accident or to become sick from lack of attention.



This Awareness indicates that often mothers, in ignoring their children will find that the child is suddenly sick and the mother needs to attend the child. That attention is that which carries energy. If the energy is positive, then the attention conveys positive, wholesome energy to another, or to oneself. If the energy is negative, hostile, hateful, critical or despairing, then the entity who receives that will feel those vibrations and receive that type of energy.

The Effects of Negative Suggestions

This Awareness indicates therefore, self-pity, while giving energy to an entity, is giving energy that is of a negative nature and will tend to build up to a greater and greater field of negativity around the entity, whereas attention given that is positive will tend to build a greater and greater positive energy around the entity. The entity who looks at himself continuously, the self-conscious entity who looks at himself consciously and says: "Every day in every way I'm getting better and better," who looks at himself and says: "I'm really not so bad; in fact, I'm pretty good! In fact I think I could hold that job! In fact I think I am getting healthier and stronger"...the entity who continually reinforces positive thoughts about himself will receive the energy from that attention, and that energy being positive, will in time create a very positive and confident entity, whereas the same entity, if using other terms: "I'm really not very competent. I really am not very healthy. I'm really not sure I can hold that job. Seems like every day and every way I'm getting worse and worse and worse"...that entity is receiving energy, and that energy that is being received is adding to the strength of the negative suggestions.

This Awareness indicates that likewise, books which entities read, programs which entities watch on television, pictures which entities observe, words which entities use, when of a negative nature, especially when reinforced time after time, such as a negative picture hanging on the wall or on a book, on a record jacket, or in the newspapers; when observed time after time, can begin to have an effect on any entity who identifies or is attached to those pictures, to those images, to those words.

This Awareness indicates the entity who refers to his child as: "Hey, dum dum! Come in! Come on in here!", and continually uses that phrase "dum dum", over a period of time the child begins to identify with the concept of the term dum dum, and after some time learning what this means, will begin to exhibit the feelings and actions and impressions carried by the meaning of that term. Therefore, entities who use foul language, who express foul language and hostility toward others, who downgrade others, who belittle others, are also attached to those words which they speak, and therefore, those words which they speak about others become part of their own self-image and help to discolor their image to the point wherein it creates a negativity within themselves. That repetitive or habitual action of this nature is nothing other than conditioning, and when one is conditioned to be critical of others, one is conditioned to be critical of oneself also. That attention directed toward others cannot be isolated from reflecting on what one is doing, and therefore, when attention is given to someone else, it is very likely you will receive a similar backlash of the kind of attention that was sent forth, and when attention is given that is uplifting to another, you will receive uplifting attention in return.

This Awareness indicates that when attention is given that is depressive or downgrading of another, you will also receive a backlash of such downgrading attention for yourself. That this is in part the Law of: Energy which has been given receives a certain reward. The reward is reflective of the energy which has been given. Likewise, images sent forth that are of a negative nature bring back negative images into one's life.

5.

The Many Facets of "Energy"

This Awareness indicates that energies, images, information and attention are essentially all the same. In fact, one can safely say that energy and information or data are identical. Every energy carries information. Every information carries energy. When an image is sent forth it carries information and energy. When a name is spoken, that name or that word carries energy. The information carries energy, the energy is information.. When entities begin to understand this, they will begin also to understand the nature of creation in the universe; that the energy of one's being comes out of essence, and that energy coming out of essence is information, and thus, when one's name is spoken, that name carries energy. It is for this reason that the strange teachings of Pythagorus and others in regard to numerology have some value, for the energy in terms of sounds and names have their own uniqueness, and in analyzing a sound or name, one taps into the energy.

This Awareness indicates that this Interpreter does not receive a printed page when giving messages from this Awareness which he reads. The Interpreter is given energy, and the energy carries information which goes through the Interpreter's consciousness and through his mind and language and his past experiences and all memories within the Interpreter's system, and comes out in words which is received by entities as information. That the information is, however, received also by entities as energy.

It is for this reason one can read a book or watch a movie or see some type of message and information, or listen to music and feel energized from having read that material, or may feel drained because the information is so depressing or negative. Therefore, this Awareness suggests entities who wish to become more energized to read material, to look at pictures, to receive messages and to give messages, pictures and images that are energizing and uplifting in nature.

Times When a Negative Message or Image is Useful
In regard to actions wherein the information is of a shocking nature; to shock or shake someone from a stupor, this type of information can have an effect of making an entity aware and alert, so that the changes which are suggested thereafter are more readily accepted. It is very difficult when an entity is caught up in a hypnotic state, watching a television show, identified with a character on the screen, or dreaming, identified with oneself in a situation within a dream, to become involved in another action without first being shaken out of the doldrums of their present situation and made aware of the new situation that needs attention.

This Awareness indicates assuming the house is on fire, and the child is aware of this fire and goes into the room where daddy is sleeping and mommy is watching TV and attempts to tell the mother, and the mother says, "Shush! I'm watching television and daddy's asleep! Go outside and play!" If the child does this, the house can burn down, therefore, the child is in a situation wherein he or she must shock the parents out of their stupors and give new information.

If the child shouts: "The house is on fire! And we'll all burn to death!"-This is a negative suggestion, but it is also a shocking message which will alert the mother and perhaps wake the father to the imminent danger, therefore, a negative message can be used to shock an entity out of a stupor for the benefit of that entity. Were the child to be expected to deliver the message in a positive manner, the child might say: "Oh, but mom, let me tell you I hope I see you again, and I hope the fire doesn't burn you too much, and I hope that you survive." The child might say: "Alright, mom, I'll go outside! I'm sure you'll be alright!" This Awareness indicates, what could be more positive?

Sometimes there is the need to warn entities with a negative message, but there is a big difference between sending forth a warning of imminent danger, and sending forth messages that are of a negative nature, repeatedly,



wherein the message being repeated is unnecessary. Assume for example, the child comes in every day and tells mommy: "The house is on fire again!" Obviously, the message ceases to be a warning and can become depressing and may even become suggestive in nature. Therefore, it is important to know when to express a negative statement or image or thought, and when to express positive statements, images and thoughts, and not to get locked into thinking that everything must be expressed with negative images in order to awaken others, or with positive images in order to pacify others and make them feel good. This Awareness indicates that discernment in all things is essential in all growth and in all areas of one's life.

Remember well that energy and attention are essentially one and the same; that energy carries information. That attention carries information also. The kind of attention given carries that information of the same kind. That the entity who gives forth one type of attention but has a different intent from that which is implied will nevertheless convey information which a sensitive person will perceive as not being quite honest, and the entity, though saying the right things can very easily suspect suspicion, that others will feel there is something wrong with this relationship, with this activity; even though the entity said he or she was doing this, it just doesn't feel right.

How ESP Occurs

This Awareness indicates that these sensitivities are because an entity receiving the attention, the information, the energy, is capable of interpreting the information that is carried with the energy. That understanding this principle: Energy carries information and attention carries energy; this principle also explains the nature and the manner in which ESP or clairvoyance, or other psychic phenomena occurs. That when one sends attention through space and time toward another, information is also conveyed, and energy is also conveyed.



TEST-TUBE BABIES---
DO THEY ALL HAVE ESP?

QUESTION:

In reference to ESP, C.W. of Canton, Ohio, has a question. She writes: "Readers Magazine, of September 1978, said that test-tube baby Louise Brown reads thoughts and moves solid objects with her mind. Could you ask Awareness if this is true, and all babies that are born from test-tube procedures, will they be like this? And will this baby have to be put away, or will she die at an early age because of such high brain power?"

COSMIC AWARENESS:

This Awareness indicates that it does appear that there is some special qualities in regard to this entity in her ability to express herself in these high levels of psychic energy. It appears that this is in part due to certain early contact with frequencies of a high nature. This appears to be partly in relation to vibrations while in the test-tube in the laboratory, and from entities within the vicinity. This Awareness indicates that it does not appear that this is to be a universal phenomena among entities of this type, born of this procedure. That it does not see any particular reason why this entity should die at an early age because of such high brain power. This Awareness indicates that it appears the entity does have special qualities which may be lasting in terms of high intelligence.

THE DEATH OF BABAJI

(After 9061 Years, the Old Boy has had Enough)

QUESTION:

M.S. sent a letter along with some information on Babaji, and he says: "I have some news to tell you that depresses me in a way, even though it shouldn't. Last February 14th, Babaji departed this physical reality because of a heart attack, after 9,061 years of earthly existence." And he says: "Last week I went to see Leonard Orr give a lecture, and he said that Babaji would be coming to America sometime after June. After the lecture some people who were his devotees received phone calls from either California or India, informing them that Babaji had departed. I don't know if Babaji is doing this to teach us a lesson, and is going to materialize another physical body or not, but right now I feel as if a Light as great as Awareness has gone out on this planet."

And he included an article from *The Conscious Connection*, which I shall read just a little of: "Babaji died for us. He died for the same reason that Jesus died, to teach us how death works and to give us a new level of victory over death. Babaji maintained this body for 9061 years. Obviously, he earned the right to die. These are the facts, but there must be more than meets the eye of the superficial observer. A lot has happened in these 9061 years.

"Babaji lived through the lifetime of Krishna. Krishna did fire purification for 90 years, then meditated underground for 900 years, then his ministry lasted for 1000 years. Krishna exercised more miraculous power than all the saints of the Bible put together. Krishna died as a result of a wound he received in the war of the immortals. Fire and meditation are two great secrets of immortality.

"Babaji lived throughout the whole period of Bible history. He is the one who talked to Adam and Eve. He is the one who walked with Enoch until Enoch dematerialized his body. Babaji is the teacher and lord of Melchizedek, who was an immortal king at the time of Abraham. The Bible says that Melchizedek had neither birth nor death, which of course means that he materialized, did his work on earth, and dematerialized his physical body. He is an immortal yogi master. If you really like to understand Babaji, you should read and think about the book of Hebrews in the New Testament. Melchizedek and Jesus are Babaji's star sons."

I'd like to ask Awareness, is this information valid, and did Babaji actually live 9061 years without dying, and has he physically died at last, and will he return?

COSMIC AWARENESS:

This Awareness indicates that essentially, Babaji is an entity who is interdimensional and is capable of materializing on this plane at various times according to his own discernment and decision. That this entity as an interdimensional being is essentially immortal. The entity has not died in the sense of physical death. The entity has simply departed this plane. The entity is capable of formulating a physical body from the energies of the atmosphere if desirable for his purposes. The entity is also capable of letting that physical body fall and depart and rot if desired, while his essence moves back into another dimension. This Awareness indicates that entities should not be surprised if Babaji is heard of again in future times on this plane, within this century, within this decade, or within the coming years.

This Awareness indicates essentially, the information which has been given is largely or basically accurate, but there is much which is not known about this entity and there is much in regard to the interdimensional immortals which this Awareness does

not at this time wish to discuss, as it would be much too involved and not essential to the urgencies of the times.

This Awareness indicates that entities can find much information regarding Babaji in various teachings of the masters in India and also in literature and books from these areas. This Awareness indicates however, that *It* does not wish for entities to become too fascinated by the concept of Babaji; that Babaji as one immortal who continues to exist and will be reappearing at various times on this plane, but this entity appears only to those who have developed to a degree that is of such a level, that the need for his appearance is pronounced and whereby such appearance would not be seen as a shocking or spectacular experience, for this entity is not in the business of creating phenomena or of causing entities to have something exciting in their life to talk about.

How Interdimensional Beings Materialize

This Awareness indicates the entity appears only to certain entities who are highly evolved. That this entity is capable of appearing out of thin air if he so desires. This Awareness indicates that as energy follows attention, and information is energy, one can also say that data is energy and data is stuff; that stuff comes out of energy, and energy is attention, thus when an entity from another dimension wishes to become physical in this dimension, it simply needs to energize or be attentive to itself with such a degree of concentration, of self-awareness, that the data or information or energy from universal sources is brought toward the center of the attention and the entity will begin to materialize.

This Awareness reminds you that what matters as something which demands attention materializes, or, if you wish to dematerialize something that demands attention toward dematerializing, you can give attention to dematerialize something. This Awareness suggests you remember to occasionally practice this in regard to clouds, wherein you stare at clouds and dematerialize the clouds, or where you stare at space to materialize a cloud in space; that these are possibilities if entities wish to exert the psychic energy necessary to do so, for practice or for experimentation.

How you Might have Sprung from a Tomato Sandwich!

This Awareness indicates that the entire universe, in fact, each entity here on this plane, essentially has come out of nothing, or out of the etheric. This Awareness wishes you to stop briefly and think: In science you are told that you are the result of the sperm and egg coming together, incubated within the womb and then brought forth as a physical body. This Awareness wishes you to stop and think briefly.

The sperm, as that which has come from the father, which in turn came out of the egg and sperm at another time, and the sperm and father are simply made up from foods which have been eaten and which have been broken down into molecules, atoms and particular shapes and forms of subatomic parts; essentially the sperm then can be said to have been made up of chemicals that have come about from years of eating food stuff and nourishment, and likewise, the egg of the mother as that which results from her physical body, production of chemicals and combinations, and she too, having once been but a combination of sperm and egg, through nourishment of foods and chemicals and nutrients, grew to a state whereby within this body an egg formed.

The egg then, if examined carefully, can be said to be the result of nutrients from the food which this entity has eaten over the many years, food including air and water and other nutrients; therefore, the egg and sperm which produced you as an individual came out of the nutrients of food which your parents ate, and the food from which you came, from which they came and developed essentially came from seeds, and the seeds came from other seeds, plants or animals or creations.

This Awareness indicates essentially then, all things have come from eggs, sperms and seeds, and these seeds, eggs and sperms have come from previous generations, and entities who examine this carefully may ask: How is it possible for a human being to come from an egg and sperm, when the egg and sperm were created by tomatoes, peaches, pears, sandwiches and all of these things which went into building the bodies of the mother and father?

This Awareness indicates that it is possible *only* because there is an etheric mind at work, energy at work, which carries information. The energy being invisible, carrying information which formulates certain patterns, using these food stuffs; the nutrients, water and air, to fit this food stuff into the mold of the information, or energy field. This Awareness indicates in other words, the food and nutrients which form your body are actually following the invisible etheric body's mold or pattern, and developing the shape according to that pattern which was already there; the physical body materializing out of the pattern with the help of the additional nutrients, of minerals and the molecules of the various nutrients.

This Awareness indicates that the aura doesn't follow, the soul doesn't follow and come into being *after* the body. It *precedes* the body, it *precedes* the seed or the sperm, or the egg, and has its shape and its nature and draws, according to its magnetic nature, those nutrients to it which it needs in order to fill its physical shape, and from that physical shape of the seed, egg, or sperm, it then begins to develop from that a nature of its own by adding nutrients and combining those nutrients to follow the ever-growing shape of the etheric body.

This Awareness indicates in this manner, entities come out of nothing and appear in the physical plane. The difference between entities such as Babaji and the ordinary entity on earth is that Babaji does it faster, and does not follow the same process of entering the womb each time. This Awareness indicates the entity is capable of doing this because the entity has great power of concentration and ability to give attention and carry energy in that attention, and the energy IS information reflecting the nature of his essence.

ED's Note: for more information on Babaji, please check the backissues catalogs for the various references Awareness has given on this entity. Also, for indepth information and pictures of this entity, please refer to the book, "Autobiography of a Yogi" By Paramahansa Yogananda, published by the Self-Realization Fellowship of Los Angeles, Calif., and available at most bookstores. Also available from CAC. See book catalog sheet.



OVERCOMING FEAR IN MEDITATION

(The meaning of Faith)

QUESTION:

W.W. in Chicago writes: "Dear Awareness, I have a question of general interest to ask you. The question is: What is the doorway full of light on the other side which one enters into in meditation, and is there any reason to feel fear upon entering it of not returning?"

COSMIC AWARENESS:

This Awareness indicates that so long as you know where you are, and so long as you are anchored where you are, having responsibilities and reasons for returning, having some kind of guidepost or sign or landmark to allow you to see your way back or feel your way back, there is no danger in any form of mental, spiritual, astral or psychic traveling. This Awareness suggests you go ahead and enter into the doorway of light, knowing full well that you shall return after experiencing what you are to experience. This Awareness suggests that you not plunge through the doorway with great force; that you step through gently, look around. This Awareness suggests that in order for you to fully understand the transitional levels, this Awareness suggests you step through with one foot, look forward, look back and orient yourself before stepping with the other foot. This Awareness suggests that when you step into another dimension that you look back to the doorway to recall how you got there and how to return.

This Awareness suggests also that, having some kind of object or a timer, such as a kitchen timer, or an alarm clock, can be beneficial if you are afraid of not being able to return.

This Awareness suggests that whatever you tell yourself when you move into those other realms you shall remember. This Awareness suggests that you tell yourself you shall return at a certain time and then you begin traveling into those other realms, and one aspect of your consciousness, serving as the timer, will bring you back when the time is right.

This Awareness suggests this as likened unto the fool in the tarot, that you study this card. As the fool steps from the cliff, the holy ground appears beneath his feet. This Awareness suggests as you step into the unknown, holy ground shall appear beneath your feet and you shall experience whatever is there for you to experience; that this is the meaning of faith, stepping into the unknown without complete assurance.

This Awareness suggests that when your faith needs development, then step carefully. When you are full of faith, then you may plunge into the unknown realms without fear. This Awareness indicates fear is the only enemy to enjoyable experiences.



THE MEDITATION OF THE RAZOR'S EDGE

(Opening Message, May 3, 1981)

COSMIC AWARENESS:

This Awareness indicates there is seen that which is the right, and that which is the left, and that which is in-between; that that which is the right and that which is the left as becoming more discernible as energies focus on the razor's edge. This Awareness indicates that entities may wish to participate in the following meditation:

This Awareness suggests you visualize yourself walking along the highway of life, viewing that which is on the right and that which is on the left. That as you move down this highway, you begin noticing that it becomes more and more narrow as you progress; that there is greater requirement of greater attention so that you do not veer too far to the right or too far to the left, but that you stay on the path.

As you continue progressing, you find this path becomes a mere trail, and that you must put one foot in front of the other with care and discernment to avoid stepping off the path to the right or to the left. That as you continue further, you find that which is to the right and that which is to the left drop off in steeper and steeper degrees, so that stepping to the right or stepping to the left could lead to a fall.

This Awareness suggests that you now visualize walking along this edge of a ridge, wherein you must walk carefully to avoid falling to the right or falling to the left; keeping your balance. You now notice this ridge becoming more and more sharp; that which is right and that which is left; that the sharpness is such that your feet begin to feel that which is right and that which is left; and as you continue, the line of separation between right and left becomes even more defined and sharp.

You find yourself now, trying to keep your balance on that which is likened unto a tightrope or wire, which becomes more and more narrow as you progress, so that with each step the distinction between right and left is even more sharp, and is felt acutely by your feet; and as you step, one step after the other, you must focus entirely on the razor's edge and away from that which is right and that which is left, bringing your consciousness to that sharp edge, the cutting edge, which is neither right nor left, but which is directly to the point.

This Awareness indicates that in terms of pyramid energy, there are those forces known as the positive and negative ions; that these forces follow the edges and create energy fields which sharpen those edges in material objects. Likewise, there are psychic ions of positive and negative qualities, which can be used to sharpen the consciousness of entities. This Awareness suggests that in focusing on the cutting-edge of each experience, in focusing on the point rather than the right or left sides of the experience, in recognizing that which is right and that which is left, that which is right and that which is wrong,--in recognizing these polarities, but standing on the point which is non-polarized; there is the quality of consciousness which points the way to the truth of each situation.



"...Where's the gold?"

TREASURES FOR THE NEW AGE
--HOW SOON COMING ?

QUESTION:

(2/15/82)

Jack Katchmar has been sending out a long series of SOS bulletins with questions for Awareness, which essentially is the same question this entity has asked many times before, and which Awareness has answered; but this time, it's the question of: "Will God grant a new script, or 'equal chips' to the Light groups?" I won't read the whole thing, but he quotes from a reading given to him back in 1975:

"This Awareness indicates the gold which has been stolen (from Ft. Knox) is minimal in comparison to that which has been hidden by many tribes of Indians and others. This shall be released in its proper time. That time is not yet right."

Katchmar believes that 1982 is the proper time, because we all may be dead before 1984, including the planet earth. Would Awareness indicate if this entity is correct, that 1982 is the time when the Light groups will be finding treasure?

COSMIC AWARENESS:

This Awareness indicates that this appears to be timed not by years, by dates, but rather by events and changes in consciousness levels. That this does not appear to be that which will come about until the moment wherein these forces could be used constructively and beneficially for humanity. That if the Light workers today found these treasures, they would simply be taken from them by the forces and powers which are in control.

This Awareness indicates that the entity Jack Katchmar's quest for the funds to create the New Age is much like putting the cart before the horse. This Awareness suggests that the New Age energies as that which will in time create treasures on this plane, that these New Age energies are those of unifying, are those of depolarization, of accepting each other, and of recognizing the need to be loving toward all people.

This Awareness indicates that these energies can in time bring forth the treasures which you seek. This Awareness indicates that wherein entities seek treasure, while still seeing one force as being right, and another force as being wrong, and desiring to gain treasure in order to prove your position, to improve your position, or to disprove the other's position with the power from that treasure, this action is but part of the old ways, and is not conducive to New Age energies.

WHEN GOD

CREATED MAN...

SHE WAS ONLY

JOKING!



A MAN named Smith was sitting on his roof during a flood, and the water was up to his feet. Before long a fellow in a canoe paddled past and shouted, "Can I give you a lift to higher ground?"

"No, thanks," said Smith. "I have faith in the Lord and he will save me."

Soon the water rose to Smith's waist. At this point a motorboat pulled up and someone called out, "Can I give you a lift to higher ground?"

"No, thanks. I have faith in the Lord and he will save me."

Later a helicopter flew by, and Smith was now standing on the roof with water up to his neck. "Grab the rope," yelled the pilot. "I'll pull you up."

"No, thanks," said Smith. "I have faith in the Lord and he will save me."

But after hours of treading water, poor exhausted Smith drowned and went to his reward. As he arrived at the Pearly Gates, Smith met his maker and complained about this turn of events. "Tell me, Lord," he said, "I had such faith in you to save me and you let me down. What happened?"

To which the Lord replied, "What do you want from me? I sent you two boats, and a helicopter!"

Thanks to Ron Schmidt

Living together in peace...

THE TOTAL CONCEPT OF LOVE

(THE TRUE MEANING OF UNIVERSAL LOVE)

QUESTION:

A question from N.M., Centralia, Washington. "When Awareness put forth the Laws and Precepts, the symbol for the Law of Love (and he gives the symbol) and the total concept of the Law of Love; the Law of Love was given, but not the total concept of Love. What is the total concept of love?"

COSMIC AWARENESS:

This Awareness indicates that in one word, the best word available in terms of the concept of love, is the word *acceptance*. This particularly when this word is applied to that which is the *object* of love. Wherein there is an acceptance of life, there is a love of life. Wherein there is an acceptance of another individual, there is a love for that individual. The quality and degree of acceptance measures the quality and degree of love.

This Awareness indicates that wherein acceptance is lacking, love also is lacking.

This Awareness indicates there are areas wherein one accepts, and areas wherein one does not accept, and in these areas one may love in part, and in part may reject and not love; that love alone does not create the total relationship an entity has with another. This Awareness indicates that respect as also being of great consideration in any relationship.

This Awareness indicates that there is a tendency for entities to accept each other's weaknesses and also to accept each other's strengths, thus entities love each other's strengths, beauty, and also their weaknesses.

but there is a tendency for entities to respect the strengths, and to disrespect the weaknesses. Therefore, in a relationship, the disrespect is that which must also be seen as an important factor in whether the relationship is cohesive, or will dissipate.

This Awareness indicates that love does not require respect, that all entities can love one another, whether or not you respect one another; that there can be areas whereby you disagree, and whereby you disrespect, or fail to respect another's position or action, yet you may still love one another and accept the other for the qualities which are behind the actions. This Awareness indicates that the greater love is that which recognizes the Divinity behind the mask and behind the act or role of the player; the entity who is the actor, rather than the character being portrayed.

This Awareness suggests that love as acceptance of this quality, of the actor rather than the character portrayed. The acceptance of this can be universal. This Awareness indicates that even though you may not accept the character or characteristics of the actor, you may still accept the actor, and therefore, love that entity. This Awareness suggests that this is the true meaning of Universal Love.

This Awareness indicates you do not need to accept all of the actions, the characterizations of an actor, of an entity, but you do need to accept the entity. The acceptance of all of an entity's actions would simply make one tolerable of that which could be an intolerable situation or an intolerable character, and entities can easily become what they tolerate.

POWER FROM ENERGY RELEASED THROUGH SEEDS

(More on the Atlantean Crystal)

QUESTION:

A question from R.E. "Max Heindel says that Atlantean airships were sometimes powered by the energy released by sprouting seeds, or expanding the seeds or plants. Please indicate if this would be a suitable energy technique for modern America, and if appropriate, detail the method so it may be duplicated today."

COSMIC AWARENESS:

This Awareness indicates this appears to be related to a certain process using the Atlantean crystal device and antimatter energies to unlock certain forces or energies from various substances; that essentially, the entity Max Heindel has confused much of his information; that the Atlantean crystal was used for various purposes, including agricultural purposes, that it also was used for power, that it was also used for healing and for levitation. That its use in agriculture was to unlock the forces to assist plants in growing faster and with more health and production; that the plants themselves were not used as a source of power for aircraft or transportation purposes in any large organized manner; that the crystal itself served this purpose.

This Awareness indicates that energies from plants can be used for fuel through releasing the gasses and the atomic energies from these; that this not as efficient as the use of the crystal by the Atlanteans.

* * *
GOLD-COIN DEALERS now must report to the IRS a 1984 sale of even one South African Krugerrand, Canadian Maple Leaf, or one-ounce Mexican coin. Such coins can satisfy a contract approved for trading by the Commodity Futures Trading Commission.

Wall Street
Journal,
June 13, 1984

* * *

THE USE OF SURROGATE WIVES FOR MEN WITH SEXUAL HANG-UPS

(More on Deprogramming the Catholics)

QUESTION:

(6/18/81)

On the Tom Snyder TV show on NBC called *Tomorrow*, which I happened to catch the other night, he interviewed an ex-Catholic priest who had quit his ministry after about 18 years, and who is now setting up counseling agencies around the country to deal with impotent and sexually hung-up entities whose religious programming has created such guilt in their psyches that they have very severe problems in the area of sexual relationships. This entity, along with counseling, uses pretty females, who act as 'surrogates', who through certain counseling and eventual sexual contact are able to make almost all of the entities who come to these clinics sexually potent again and able to conduct a normal sex life without the previous hang-ups. This priest left the church because he felt he could do a lot more good for entities in this type of business than he could by listening to their sad and pathetic confessions over the years about this problem, which he said is so widespread it is almost unbelievable. Does Awareness see this method as a workable solution to the problem of impotency in entities, particularly males, and whether there are any more implications in this service?

COSMIC AWARENESS:

This Awareness indicates that this as an effective approach to assisting in solving this condition. That the moral implications as that which are based upon human values or religious values of various cultures involved. That one culture may see this as a moral infraction, while another culture sees this as being quite appropriate. This Awareness is not concerned in terms of moral values in regard to this so much as *It* is concerned with the sorrow and suffering which entities experience on other levels. This Awareness indicates that often sexual repression brings forth physical violence or forms of expression that lead to physical violence, such as the desire for power and control over the lives of others.

This Awareness indicates also, that excessive sexual involvement also leads to problems for some entities, and can create problems for a society. That sexual expression, like any other expression, should be kept in balance, whereby entities involved do not harm one another, do not imbalance their own lives by excessive use or by stringent abuse, or by fearful withdrawal from such expression. That it is much like speaking: entities can be dangerous if allowed to speak. Entities can be dangerous if involved in sex, depending on the motive and the form of expression; that it depends on the circumstances, the place, the time, and the persons involved. This Awareness indicates that entities indulging in sex may be harmed; entities indulging in speech may be harmed for what they have said or done; that this, as any other aspect of life, is a serious matter and must be handled with respect and deep understanding in each expression and with each circumstance being such a full awareness of what is occurring is recognized. That an entity cannot simply make a blanket statement regarding sex that it is good, bad or indifferent, that it should be indulged in or should be avoided; none of these statements can be made, for each expression is individual in nature. The time, the place, the circumstance, the individuals involved, the maturity level, the conditions; these are essential in evaluating whether or not to become involved in such activities.

This Awareness indicates likewise, one cannot make a statement that speech should be allowed under all circumstances or should not be allowed under any circumstances, for there are different circumstances. It is improper for one to speak when someone else is speaking, particularly in a court of law, or in a high-level conference; therefore, freedom of speech in that sense is curtailed, and properly so. Yet it is improper to forbid another from speaking in other circumstances where the speaking is necessary or appropriate or desirable and does not interfere with the rights of others. This Awareness indicates that likewise with sex, wherein the action is appropriate or necessary, or wherein the action is without harm to any involved, and whereby the responsibilities of such action are carefully attended and entities involved are willing and able to take on all responsibilities for the ramifications of that expression, and whereby none objects to that action or expression; then of course there is no problem.

This Awareness indicates that the efforts of this priest in his actions are those which can be beneficial to many entities, for there are many who need this type of counseling and assistance. This entity also can bring much criticism to himself and his methods by those of society who do not wish this kind of expression to occur. There are also some who may be hindered or harmed by such expression. This Awareness indicates that no blanket evaluation on this particular action can be made from a level of Awareness, for each individual situation calls forth for its own individual evaluation.

...A weird alternative to the cold shower:

A NEW TWIST ON SELF-ABUSE BY SOME CATHOLIC PRIESTS

QUESTION:

Awareness, on this same TV interview, this ex-Catholic priest revealed an incredible piece of information (at least it was to me). He stated that the day he entered the seminary to become a priest, a superior handed him a leather whip and told him not to spare it, to use it on himself daily. This entity admitted to Tom Snyder that he flogged himself daily for almost 18 years (I believe he said) sometimes for hours; I assume to keep himself from becoming sexually aroused during the many confessions he was forced to hear from males and females, which at times were probably quite explicit and steamy. My question is: Was this a singular case, or is this common practice of the Roman Catholic church to issue whips to their young priests? And if so, what the implications are in all of this? It seems to me that such a practice would make a man with human feelings and normal appetites quite weird, and these suppressed energies could be vented in numerous harmful ways, and in particular in the advice he gives to entities who come to him to relieve their guilty feelings for indulging in sexual activities?

COSMIC AWARENESS:

This Awareness indicates that this is not a common practice within the Catholic church; that this not being an official practice. However, it does occur, whereby certain priests take it upon themselves to give such advice or assistance to help these entities to curtail certain feelings through fear of punishment, or through actual self-punishment and penance. This Awareness indicates that the high emphasis on sexual repression is that which creates a problem within the Catholic church that does not have easy solutions. That there are various stories which may be told by various priests which could be scandalous to the church if entities wish to believe that these priests are supposed to be perfect, as the myth would imply. This Awareness indicates however, that even Catholic priests are human, and those who confess to these priests would be wise

to realize that they are confessing to an entity who could easily be aroused if the confessions are too explicit. That many parishioners are aware of this, and do in fact enjoy such explicit confession, knowing that it is teasing the priest's libido.

This Awareness indicates that the question may be asked: Who cares?

ABERRATIONS RESULTING FROM SUPPRESSED SEXUAL ENERGIES

QUESTION:

There's been published information that alcoholism among Catholic priests in the United States is so rampant that the church maintains numerous alcohol rehabilitation retreats around the country for these entities. There's also been published reports of numerous homosexual activity by the priests,--chasing alter boys around and so forth. Is this not a distortion of these normal energies through these entities who have been told by the Church of Rome that they must remain celibate and above the so-called animal level of humans?

COSMIC AWARENESS:

This Awareness indicates this in the affirmative; that wherein energies are repressed in one direction,--particularly energies such as of the sexual type which are of great power,--these energies will tend to emerge in some other direction. This Awareness indicates that wherein one entity is conditioned by programming to think that sexual intercourse with the opposite sex is an error, then the entity will tend to think that sexual intercourse with one's own sex is not so much of an error, and the energies will find outlet in that direction. That wherein the entity is conditioned to believe that sexual outlet with another human being is in error, the entity may turn to animals, or other objects. Therefore, the efforts to suppress these energies, can,--though not always,--create even greater aberrations.

This Awareness suggests that these energies, when allowed with discernment, awareness, and attention, guided by responsibility, honesty and clarity in all levels,--personal, and relationship levels and social levels,--these energies when expressed properly are functioning according to that which is most appropriate. This Awareness suggests that wherein particular rules are set up to create restrictions, blocks, and disciplines of a particular nature, it must be expected that these energies being so locked up, will find some form of outlet which is not direct, open and honest, but which is indirect, seeping through the walls in one way or another, relieving the pressure here or there.

This Awareness indicates that there are however, other benefits which can come from having certain energies locked up, whereby one sensual expression is blocked, the other often overcompensates and become intensified, so that the entity experiences greater sensual expression or reception from these other sensual openings in compensation for having that one sensual opening closed down.

This Awareness indicates the blind entity hears better and may taste food with greater attention than the entity who sees various colors and images. That the entity who cannot hear will compensate for this by looking more closely at things. This Awareness indicates that the entity whose sexual expression is stifled may find himself or herself becoming more sensual in terms of vision, taste and hearing, or touch, or in terms of smell. There are compensations which occur and there are disadvantages which occur, and it is important that entities learn to discern these various advantages and disadvantages in all of their affairs.

(Closing Message)

This Awareness reminds entities that rules are like walls, which are created to channel or change the flow of natural energies.

Just in case you are planning

A JOURNEY TO THE EARTH'S INTERIOR

QUESTION:

A question from R.M.G. She writes: "Next month I'm planning a trip to the Inner Earth. I believe, as does one other of your readers, M.M. in the Hollow Earth theory. Mary and I and others are going to find out for ourselves if possible. We will persevere til truth is found. Would you ask Awareness to comment on this trip? We are leaving October 17th from Denver. I value anything that might help us in our quest. I have been searching in Death Valley for 4 years. I have another trip to make there. I'm never satisfied to stop. I believe I'll find what I'm looking for. There are some fantastic machines there in the earth that would help mankind if used properly. That's probably one of the reasons it hasn't been opened up yet; the misuse of power. We are good at that." And she signs the letter: "Rose Marie."

COSMIC AWARENESS:

This Awareness suggests that you contact the entity Michael, another CAC member; this entity also as one who has much information in regard to this concept which may be of value to you. This Awareness indicates that *It* does not advise you to seek entry into the Middle Earth; that the areas which you have chosen, if you find the opening, are areas which are notoriously dangerous, in that there have been those who are somewhat demented in this area, who live in these underground caverns.

This Awareness indicates that in the event you *do* go, this Awareness suggests that you take an army with you, and have your will written out in triplicate according to the way in which you wish things to be distributed, and that you gather all of the information you can gather so as to be as well prepared as possible. This Awareness suggests that in the event that you do not have a large group to support your exploration, such as a platoon or regiment, this Awareness suggests that upon finding the opening, and entry into the Hollow Earth caverns, that you mark this area clearly on your map, return to civilization and gather support so that you do not enter alone.

You may also wish to leave records of your find so that others may if necessary, follow in search of you. This Awareness indicates these areas which you are considering entering are inhabited by entities who are not friendly; that there may be some who are friendly, but there are many who are extremely hostile. This Awareness indicates that this area does not in itself lead to the Middle Earth, but that this is an entrance to the subterranean world, the area between the outer surface and the inner surface, this in caverns within the shell between the Middle Earth and the outer surface earth.

FOLLOW-UP QUESTION:

Would Awareness comment on her trips to Death Valley, looking for machinery?

COSMIC AWARENESS:

This Awareness indicates that it is an adventure which gives the entity a sense of importance and which fits with the entity's interests and satisfies a desire to search for that which is hidden, and therefore serves a psychological longing. That it appears to be of little value to the

entity's security or to the entity's well-being. It appears to have considerable requirements to be met by the entity, but it does not appear that any great discovery will come from such a quest.

This Awareness indicates that the greater value as that which is psychological rather than that which is physical. This Awareness prefers to see entities put their energies into actions that do not jeopardize themselves and which can help to improve the harmony of life on this plane. That this motivation to find these machines as an action and motivation that has its ideal, but that the action does seem to be one of high speculation and uncertainty; that it does not appear to have a great chance of success; that the chances of success are very slim. This Awareness indicates however, many of the great adventurers had little chance of success, yet did succeed. Others who were equally great adventurers who had little chance of success, failed. That there is always that one out of a hundred which is the exception, and that if perchance someone should find the opening, enter into a cavern, journey for many miles underground, manage to get through the barriers that are set up as decoys to alter the courses and paths of explorers, manage to recognize that a blank wall is a door and manage to learn how to open such a door, and if the entity opening the door, moves on into these tunnels which are inhabited by underground beings and does not get captured, but somehow manages to get into the area where the great secret machines are kept, and somehow manages to load up one of these machines to bring this back out to the surface, and somehow manages to give this to the people and keep the government from confiscating the machine, whereby they manage somehow to use this machine for healing or for helping the masses, without the AMA, the FDA or the government stopping the healing process and confiscating the machine for national security; if this entity can accomplish this it will be a great day indeed, and many shall claim the entity as a great explorer, a great adventurer, and one who is a great heroine to many.

This Awareness indicates that there is a slim possibility, but it is much greater to fantasize on the activity, much easier to fantasize; that the action itself as a different matter indeed.

THE LAW OF INFORMATION

Closing Message, April 5, 1984

This Awareness indicates the *Law of Information* is that Law which states that all information is energy, and carries energy, and that all energy is information and carries information; that the understanding of this Law explains the principles of the paranormal situations.

ED's Note: This is a new Cosmic Law. Please copy and put into your booklet, "The Cosmic Laws of Cosmic Awareness."

REVELATIONS OF AWARENESS

is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507. (Free information upon request).