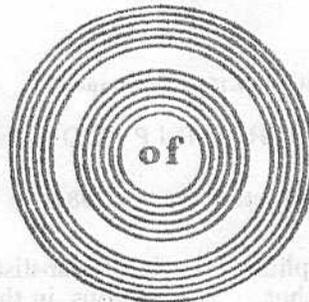


Revelations



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Helping People Become Aware

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shuckley, Interpreter



...A VIEW FROM ANOTHER FRAME OF REFERENCE

Space and Time

GETTING YOUR TRIP TOGETHER

(Trance Lecture, April 7, 1984)

COSMIC AWARENESS:

This Awareness wishes to briefly discuss the phenomena of time and space in relation to each other. The purpose of this discussion is to be more philosophical than for application to entities' everyday living experiences; the purpose being to expand consciousness to see things from another point of view.

This Awareness indicates that time and space may be seen as operating perpendicular to each other, whereby one flows in one direction, the other crosses, and the two come together in the Here and Now; that in terms of space, or a particular place, that place may remain much the same, at least it will remain as the same location, but the events that occur on the line of time that passes through that location, the events are always changing.

Thus, you take any point of location in space, whether this be your home, your country, your planet, or a particular spot, and all events occurring at that particular location, from the most miniscule atom or subatomic part on up to whatever else exists at that location will be undergoing continuous change as time passes through that point. The eternal now is ever and always allowing things to alter and change at every point in the universe.

Thus, entities can use for a frame of reference, a particular point by which to mark time, measure time, or reflect on time. You return to the home of your childhood, the home is much the same, the memories are there, but changes have occurred. The changes are the result of time having passed through that point.

This Awareness indicates the location of the pyramid has remained intact, but time has seen generation after generation pass through, come to life, live, struggle, experience, pass away as new generations come on. Thus, entities can relate through a particular place to the movement of time.

Conversely, or perpendicularly, entities can tie places and events to one particular point on the line of time, on the movement of time; that at this particular time, according to the artificial calculation, the calendars, the clocks; at this particular time, "while I was eating a meal with my loved one, on the other side of the globe, or in some far place in the universe, this other event occurred," thus, the entity can use a particular place on the line of time, a particular moment, and relate things of a distance, things remote from one another to that particular time; the now and here-and-there of it.

The here and there are linked to the moment, the now. That in this manner, entities can have a focal point likened unto a graph, whereby time and space can come together for a location of the mind to have a better understanding of events. For example, if you take note of a particular time or day, choosing that day or that moment, and lock on to that moment, and even after time has passed, continue to refer back to that moment, and all things that have occurred during that moment, not only at the place where you were during that moment, but everything that was occurring in various places around the globe: in the city nearby,

in the far-distant cities, in the courtrooms, in the nations, in the news, in far distant places; the various struggles that were occurring politically in foreign lands, the deals that were being made at that moment by the large corporations...if you were to start researching everything that occurred during that particular moment, you would find what might be termed a momentary history: the history of all that was occurring during a particular moment would require a lifetime or more to even begin to outline in its completion.

It becomes mind-boggling to imagine all of the things that could be occurring in the most brief moment: the fish at sea, where they have been, where they are going during that moment; those things that are occurring in space; things that are being thought; ideas, words being spoken, actions being taken by the masses... the most brief moment imaginable is filled with a myriad of experiences for multitudes. That even if this moment were to be broken into one four-quadrillionths of a second, and all of the things within that one four-quadrillionths of a second being investigated, dissected, examined, analyzed, there would be so much occurring that it would take nearly an eternity for one mind to observe and familiarize itself with these occurrences.

By seeing time in a similar manner as one sees space, whereby one thinks in terms of travelling here and there, seeing different places, enjoying the movement in space from place to place, if one begins to explore the moment and all that is occurring during a particular moment, not just with oneself, but with everything else, and everyone else about, the entity can begin to grasp the hugeness of life, the fullness of life.

Time also is an areas which entities can explore. Entities can explore the moment, the fullness of a moment, what all is occurring during a moment. The difficulty is that entities have much trouble exploring a moment because it will not hold still, and all you can do is reflect back on the moment that has just passed, lock in on that moment, study records of what remain recorded of the events of that moment.

The problem is that not all events could ever be recorded for a moment. If, by chance, everyone agreed to write down exactly what they were doing at the stroke of midnight in the year 2000 on New Years eve; where they were, what they were doing, and all of this were to be put into an encyclopedia, then perhaps entities could grasp the importance and essence of a moment in time, but most entities recognize that moments are always passing, and like watching a passing train, it becomes difficult to describe what you have seen.

You may grasp a number on one car as it passes by, but you cannot recall all of the various numbers on the cars that have passed by. Even so, there is the movement of time, and even though you cannot tune into the moment as it occurs and experience all things that have occurred during a particular moment, it is still possible for you to move with the moment, be on the train, and pay much attention to all that is occurring within each moment which you observe.

If you step off the train of time, latch on to one moment, then you miss the next moment. The entity James Joyce, in writing his book *Ulysses*, wrote an entire novel about one day, and all that occurred in the town on that one day. Time will ever and always be in motion, compelling entities to move, moving entities as a train through the countryside of life, whereby they cannot get off and stay on a particular moment, or build their house on a particular moment, even though entities may wish to lock on to this moment forever, because the moment is so precious to them, but time compels entities to move on.

The ever-moving, ever-present moment does not wait for entities who wish to cling to what is happening in a particular area of time, and entities who attempt to cling psychically are said to be clinging to the past, and entities who are not in the moment, not with the train, but project themselves forward into the future where they hope the train is going, or where they fear the train is going without really knowing where the train is going are said to be apprehensive or living in the future, hopeful, or apprehensive about the future, and not in tune with present time, or present reality.

Time may be observed like the motion and movement of a train passing through the countryside filled with experiences, whereby you pass through experiences only to discover yourself involved in new and further experiences. Barely having the opportunity to have tasted one experience, you then find yourself into another. Barely having digested one experience, you find another being forced upon you. Thus entities devour life, moment by moment, and move toward that uncertain destiny, only knowing where they have been and only guessing where they might go,

Meanwhile, the other plane, or dimension of space, allows entities to wander about aimlessly from place to place, or to sit still without moving and to enjoy the leisure, or to struggle with experiences according to their choice, but time moves relentlessly, and one cannot escape its movement; the movement, moment to moment, eternally.

This Awareness indicates that an entity can sit in one place for an eternal lifetime, but the entity will still be moved by time; although the entity may think he is sitting and doing nothing, he is still traveling at the same speed as everyone else in terms of time. The eternal moment never ceases to move; yet there is a strange phenomena, difficult to grasp, which your scientists have explained in terms of the speed of light.

Assume for a moment you are at a particular place in the universe and at a particular time, a particular moment in the universe, and at that particular moment, everything in the universe is happening exactly as it is occurring, but something, at such a great distance across the universe occurs and it takes X-number of light-years for that occurrence to be made known to you.

For example, a star explodes, but it does not appear at the place from which you observe for a hundred thousand light-years, yet it occurred while you were sitting there during a particular moment, and you were unaware and could not be made aware until the image, the light carrying the message reaches that place one hundred thousand light-years in the future, by which time you will have moved.

Thus, entities cannot be aware of everything that is occurring during a moment when relying on the senses for information. That only those who are theoretically capable of being attuned to the entire cosmos would

be aware of what occurs, but how can one be made aware of an explosion on the far side of the ocean of consciousness until the ramifications of that explosion reaches the observer?

Thus, the perpendicular motion of time coming in contact with space is still further distorted by the inability of observation, for the observer is incapable of observing events at a distance, when that distance is so great as to distort the concept of time. This is a phenomena which entities live in, and part of the phenomena called life and experience, and because it is such, entities must always be living with illusion. Either they are looking at space, or they are looking at time, the moment moving through space, or they are attempting to evaluate things at a distance, or things of the moment, but receiving false signals as to what is the moment, and in any case, it becomes almost impossible to bring these things together into the Here and Now experience.

However, as entities put forth effort to live in the present and in the moment, and in their own presence, close to where they are, while still being aware of past and future, of distance; the more entities can include in their consciousness, in their thinking, in their awareness, the greater will be the growth of the consciousness that is ever expanding.

This Awareness indicates that it is valuable for entities to take time, to meditate on time, to sit down and think about time, to pick a place in which you can stop motion of space, sit in a chair that does not move from place to place, and feel yourself being propelled by time, watching each moment pass by, visualize yourself sitting on a train of time, asking yourself: "I wonder what's happening this moment in Washington, D.C.? I wonder who's saying what right now? I wonder who's doing what right now? I wonder what's occurring in my old home town? I wonder what my mother is doing? I wonder what is occurring this moment with my sister?" and just begin imagining yourself looking out and trying to see the countryside of experiences, wherein all of these events are occurring at this moment, seeing time passing through space, riding the crest of time, riding the moment of time, likened unto sitting on a great wave of time, moving ever toward some distant shore.

This Awareness suggests that entities who can sit and experience this moment, and ask yourself: "Where does this moment begin? Where does it end?", and when you begin looking at time from the crest of this wave, looking back at the past of the crest, or looking forward to see where the wave begins to rise in the future, you will see that time reaches from the eternal past; the moment is ever-expanding into greater and greater length, reaching back forever, and reaching forward forever, and there is no end, for it is likened unto a great circle, a great wave that is a circle, a globe that goes round and round, and there is one wave on this globe, one wave, and that is the eternal now, and all entities are on that crest of that wave, and everywhere behind is the memory of what was once on the crest, and everywhere ahead is the expectation of what will soon crest. Likened unto the wave of an ocean, the water itself may not move so much from place to place, but rises up and moves, and the duck that waits for the crest of the wave rises up and then falls behind, just like a waiting experience that awaits the crest of time and then is passed, and whereby you can look back on the experience and see this as history and memory.

This Awareness indicates that there is no way that one can say: "The moment is one second long, or two minutes long, or ten minutes long, or one hour long, or one day long, or one year long, or one lifetime long," for the moment is indefinable, but the attention that one puts toward the here and now, the awareness that one places upon the observance of the moment is that which becomes of utmost importance.

Thus, when this Awareness suggests that entities focus on the Here and Now, *It* does not mean focus on the areas within 5 feet of your body, and within 5 minutes of the present. *It* means to focus on the presence of self, and the presentness of time. Whatever time is being pertinent, whether this time of consideration is 100 years, whether it is the century, the decade, the year, or the hour, it does not matter. The Here and Now is talking about the essence of being in touch with What Is occurring that is of importance in whatever proximity you are concerned with, in terms of Here and Now, in terms of location, in time or space.

This Awareness indicates that many entities become confused by this concept of Here and Now, but there is something very valuable in this concept, otherwise this Awareness would not discuss this in such depth. That when entities concern themselves with: "I wish I had done something different in the past. I wish I had married George. I wish I had gone to school when I was 21. I wish I had taken a different job. Oh, I had so much fun when I was 13!..." All of the energy placed on regrets of the past, or dwelling on the past, seeking to overcome by rethinking the past: "I should have done things differently. I wish I had had more friends"....all of these types of thoughts relating to the past, if they have no bearing on the present, are useless and become energy drains, taking away your awareness, taking away your presence and essence of being in the present.

Wherein entities dwell on memories of the past simply for nostalgic purposes, or for regrets or to recall for self-indulgent purposes; these are energy drains. It has been said: "Let the past bury the dead. Let the past bury the past." The meaning of this is that unless there is something in the past which can be used in the present to benefit the quality of present life, then it has no value in the present.

Why dig up something from the past that does not have any value, does not serve as a tool to help better understand the present, or to alter and change one's present attitudes for the better? The purpose of going into one's past, or the purpose of digging up the past should be to learn something that can benefit the present, or to unlock mysteries that have caused present conditions so that one can better the present.

Likewise, moving toward the future with your hopes, which may be termed nostalgic future wishes, with your hopes or your paranoias, for one cannot fear the past, one can only fear the future; your fears and your hopes, for hopes cannot be in the past, they can only be in the future; the only value in hoping or fearing is in the way these things may apply to the present, to give you a better quality of life in the present, to give you forewarning or information as to how to live in the present.

There is no value in hoping for a bright future if it does not affect you in your lifestyle in the present, to take actions that would lead to a bright future. That hoping without it affecting your present actions is

much like living in the past and having nostalgic memories of good times, for one can spend their life dreaming of wondrous future events and still be in squalor at the end of their life, unless they take the action to lead to those future hopes, for future hopes are only inspiration, and are not energizings.

To energize, one may need inspiration, but the energizing is of no value until it is put into action. Entities could sit for ever, energizing this reading, but until this reading begins to take action, the energizing is of no value, and nothing comes from it. The purpose of energizing is to give energy for the action, but the volition that starts the action is of utmost importance if entities ever hope to reach a goal.

There are many entities who hope for the future, who dream for some future event, but the dreams and the hopes, while being energizings in one sense, cannot occur on the physical plane without action; the action is the movement that leads toward the hope and the dream. Likewise, entities can fear if they desire, can fear the future, can fear all types of horrid events, but likewise, if they do not take any action, either to avoid that which they fear or to cause that which they fear, the fears are groundless and nothing is likely to occur as a result of their energizing, which can be a good thing for some entities.

Some entities are lucky that they have not taken action to bring about the things they fear, or that they have not grounded their fears in reality, but the danger of fearing the future is that entities often don't take heed of the warning to avoid that which they fear, and instead, dwell on the fear and take action subconsciously which brings about that which they fear, thus entities' paranoias and fears often are created before their arrival, by their own projection into the future, whereby they project where they think the train of time is taking them, likened unto the entity who rides the wave and is so afraid that across the next crest a log will be floating in the water and as the entity approaches this place, he stiffens, becomes terrified and falls, and is crushed, but no log existed. He only ran head-long into his fear, and still experienced that which he feared.

This Awareness indicates that it is possible for entities looking into the future, to learn to use projections to their advantage, to recognize the value of hope and to allow that to be the inspiration that leads them to their goal, that gives them energy to continue the struggle, to arrive at that which they seek. That entities who fear the future hold back and cannot muster inspiration. One cannot aspire to move on when fearing and feeling apprehension, thus, entities should cultivate, if possible, a healthy attitude toward the future, being inspired by what they hope for in the future, but grounding this inspiration in action that leads to where the future hope may lie, and entities must be aware and willing to admit when confronted by a danger or threat which lies in their path in the future, not to be frightened into apprehension and being held back and intimidated by the future, or by the threat in the future, but to be forewarned of the danger so as to be able to make strategy for moving around the danger.

This Awareness indicates that when one is skiing down a hill, if entities hope to create better skiing conditions by plastering the stumps with snow so that skiers can't see these dangers and therefore will feel more positive and hopeful about their trip, they are

in fact creating greater hazards for the skiers than if they put up bright yellow caution signs or red flags on the stumps, and scraped the snow away so entities could see the danger clearly.

There are those who argue that to point out dangers of the future is to energize and cause these skiers to slam into these stumps. They quote: "The thing I fear has come upon me!" This may be true, entities are often confronted by the things they fear, but the purpose of predicting or pointing out dangers is not to hypnotize the entity into slamming into the stump, but to warn the entity to avoid the stump.

This Awareness indicates that it is up to the entity who is skiing to have the good sense to look at these stumps, but rather than locking on to the stump, turn the attention to the trail that lies between the stumps, to focus on the trail, the path between the stumps, and thus ski through this dangerous course, knowing of the dangers, but focusing on the positive trail. In this manner, entities have with them the quality of faith, trusting in their skills while still being aware of dangers and the negativities that surround them, thus, entities combine their fears and hopes in such an organized manner as to give them the optimal approach and strategy for their movement to the goals which they seek.

Time and space both carry experiences, experiences exist in this place, or that place, and each place offers a different experience, and each time offers a different experience, and entities who are in the wrong time, at the wrong place, may find an experience that is unwanted, while the entity who arrives at the place two days later and picks through the rubble may not be in any danger whatsoever, although the entity is in the same place, or the entity may be in a particular time, but at a different place and have no danger whatsoever, but there *are* those moments wherein time and place come together, where great or terrible things can happen and entities may be caught, or may be blessed by being in such a place.

That the more entities are aware of the movement of time and place, the more in they are with the Tao, and the more likely will be their good fortune, for the strength and energy of this Awareness enters into those according to their ability to be in touch with the concept of the Eternal Now as it moves through space, and the entities who are attuned to the present and presence, the omnipresence of being Here and Now, are the entities who are easiest for this Awareness to guide to those right times, right places, whereby blessings occur.

Thus entities speak of the synchronization of things: things are synchronized perfectly, they are occurring right on schedule. Coincidences are happening that are unexplainable: "I met this person I had been seeking to find by quite a coincidence." This Awareness indicates that it is the result of being in tune with the omnipresence of present place, present time. That for those who find everything going wrong, nothing working out, it generally is the result of being locked into wasted future hopes based on unreality, wasted future fears, or clinging to the past memories which are sapping your energies, taking away your aura, the magnetic field, electromagnetic field of energy around you, to cause you to follow rational fantasies of the future, or dreams of the past, lamentations regarding the past, things that do not apply to your present time, things that you do not take action because they are irrelevant to your present life and needs, and therefore your energies are being wasted on past

irrelevancies or future irrelevancies, and you are not attuned to present energies, and your aura decreases and loses vitality, and thus you are not easy for this Awareness to guide, to direct, to assist, and thus you find yourself being led by other forces into other directions not to your benefit, and things begin to go wrong.

This Awareness indicates this so often happens to entities who reach for the star that is so high and is so far, that if they could grasp it they would never again need to struggle any further, but the entity only wastes energy for the entity is earthbound and cannot reach the star. That there are many who do not wish to build step-by-step a life that leads to greater blessings, but would rather lament and dream of reaching the moon, daydream, fantasize, talk about the future accomplishments.

There are those who say: "I would love to reach the point whereby I served millions, brought happiness to everyone on earth, whereby I could give myself, teach my lessons, assist the ill, heal the sick, raise the dead...how can I do this? Assist me Awareness, that I may do these things that will serve the masses." This Awareness looks at such entities, sees them often unable to serve themselves properly, and can only ask the entity: Pick up your bed and walk! Take the first step, then this Awareness will direct you on the second step, and when that second step has been taken, you will be given the map that allows you to know how to take the third step, and the fourth, and when you have taken the fourth step, there will be guidance to assist you in taking the 5th step and the 6th and so forth, but this Awareness cannot help those who would lie there reaching out, lamenting, dreaming, fantasizing on what they would do if only Awareness would give them their answers and give them the strength and power to be the world's greatest healer, or the world's greatest teacher, for that is what they truly would like to be.

This Awareness indicates that *It* can only look at such entities and sigh, for there is so much yet to be done for this entity to reach that goal. That when you begin taking a journey through time and space, just like any other journey, unless you already have learned how to teleport yourself to your goal, you will need to begin step by step, according to the abilities you have learned so that your travels are developed using the skills you have available.

If you have learned to fly, then indeed you will fly toward your goal, but if you have not yet learned to walk, cannot run, cannot fly, cannot crawl or cannot swim, then you will need to start from square one,-- learn to slither. This Awareness indicates that *It* cannot convert one who is incapable of crawling into one who is a great magnificent cosmic being, teleporting from place to place, even though the entity may desire this with all his heart, but on the condition only that Awareness give this to him.

This Awareness indicates *It* can only give you that which you can handle according to your level of development, and when you have learned to do that well, then further skills can be given to you. Likewise, when entities live their life moving through time or moving through space, or moving through both, they can learn to make use of time and they can learn to make use of space, but this Awareness cannot force them to make use of time and cannot force them to make use of space.

This Awareness could place a sheet of paper before an entity and say: "Write the greatest thing that has ever been written," but it would not suffice. The entity would still need to learn how to fill the space on the paper. Likewise, this Awareness could indicate to the person riding on the train of time: "Use your time properly," but yet, the entity would need to determine what for him is proper and would need to learn how to properly use his time.

Many entities ride the train with the assumption that somewhere along the way a director will come along and say: "And now do this!, and then when we get to the next station, you will be shown through the great scenes of historical value and will be given a guided tour which will upon completion make you a saint and give you blessings in great abundance."

This Awareness indicates there is no such director on the train. You have not paid to go through Disneyland. You have not paid your dues. This Awareness suggests that using your time, while riding on the train of life to learn to develop, to school yourself in the affairs of life, to cleanse and purge your soul of irrelevant actions and desires, of unnecessary qualities, to streamline yourself to be able to move toward that which is important to you: This is the self-discipline which is capable of leading you to become more than you were at the last station, whereby upon arrival at the next station you will be capable of finding some action whereby you may be the director, to assist others in finding ways to streamline themselves, in finding ways to purify their lives, in finding ways to learn skills, and thus, when you find those who are capable of teaching and when you are willing to learn, and when you are willing to apply what you learn, you may find yourself undergoing rapid change as you ride the train of time, but this Awareness indicates it is all up to you as to how you use your time/travel experience.

This Awareness indicates that there are those who sit being entertained, watching others act while not acting themselves, sitting back letting life carry them from cradle to grave, waiting for the next program, the next entertainment, the next show, never doing anything but being an observer, a member of the audience who observes life passing by.

This Awareness asks you: Use your time. Use your space to develop what you may be.

This Awareness indicates that unless there are particular questions in regard to this, or other questions of importance, that the Interpreter may be brought from trance.

(*The Law of Gratitude* is given)

ED's Note: a cassette tape of this particular trance lecture, exactly as given from trance, may be obtained from CAC for a \$5.00 donation. If you should order, please indicate the reading number which appears on the cover of this newsletter, and state that you want the cassette tape.

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