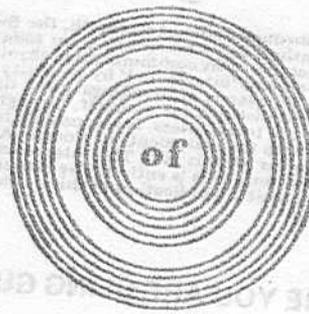


Revelations



Awareness

No. 85-7 The New-Age Cosmic Newsletter

\$3.00

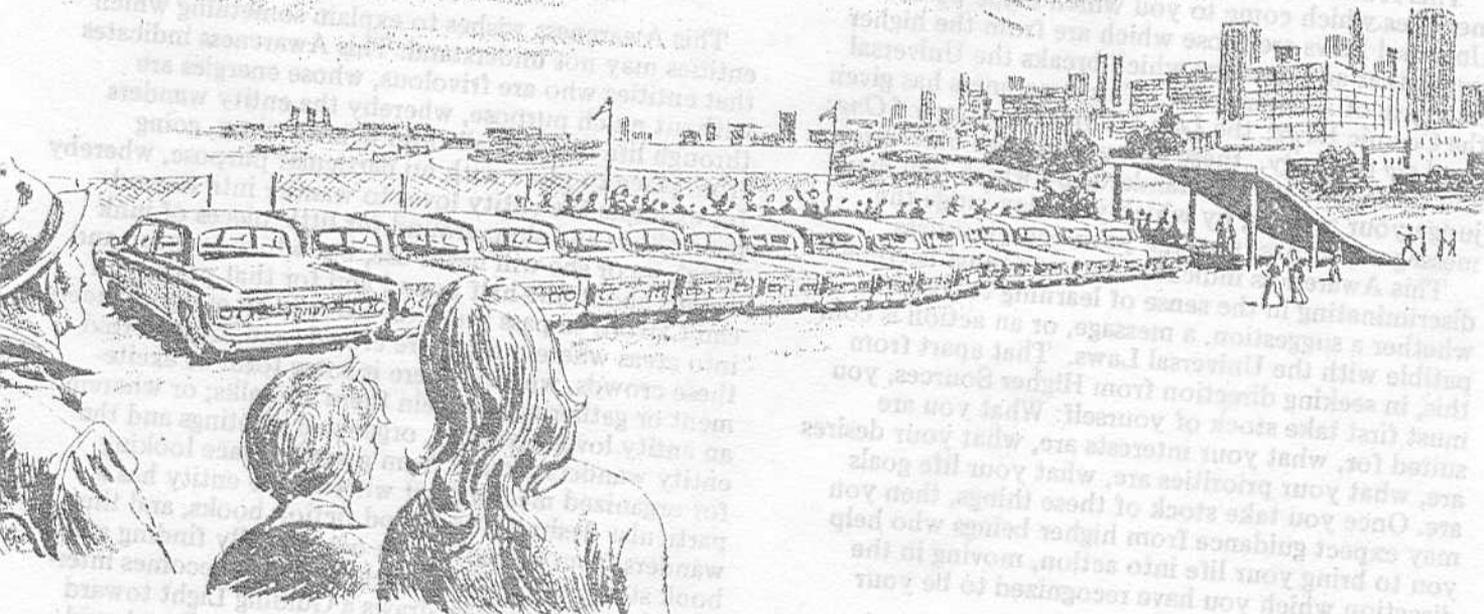
ISSUE NO. 270

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware

HOW CAN YOU TELL FOR SURE YOU ARE BEING GUIDED BY YOUR ANGEL? (How to Get Your Guardian Angels Working for You)



How Your

Guardian Angels Operate

(THE USE AND MISUSE OF METAPHYSICAL PRINCIPLES)

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

HOW CAN YOU TELL FOR SURE YOU ARE BEING GUIDED BY YOUR HIGHER SELF ?

(How to Get Your Guardian Angels Working for You)

QUESTION:

A question from J.K. in Oregon. "Out of all the programs and voices going on inside my head, programs from my parents, TV, astral and mental planes, how do I tell which guidance is that of my Higher Self or my spirit?"

COSMIC AWARENESS:

This Awareness indicates that those concepts and messages which come to you which abide by the Universal Laws are those which are from the higher levels; that any message which breaks the Universal Laws are of a lower order. This Awareness has given the Cosmic Laws: the *Law of Love*; the *Law of One*; the *Law of Unity*...these many laws have been given, and these laws are the standards by which you may judge your actions, by which you may judge the messages that pass through your consciousness.

This Awareness indicates that you must become discriminating in the sense of learning to discern whether a suggestion, a message, or an action is compatible with the Universal Laws. That apart from this, in seeking direction from Higher Sources, you must first take stock of yourself: What you are suited for, what your interests are, what your desires are, what your priorities are, what your life goals are. Once you take stock of these things, then you may expect guidance from higher beings who help you to bring your life into action, moving in the direction which you have recognized to be your course.

This Awareness indicates that entities who do not know what they want, do not receive much guidance. That if you do not know what you want, but want guidance, then you must want to be responsive and in this desire, wanting to be of service; you may then find that you are looking at events and responding to urgencies which appear, and allowing these urgencies to move you from moment to moment. This Awareness indicates that this may be an action in which there is no will, in which there is no destination, and the response to these many actions and urgencies which occur from day to day, from moment to moment may be such that they lead you into areas which are strange, possibly unpleasant to you, or possibly of great interest to you, but you will be guided during these times by higher forces to reach a place which is either beneficial because you receive rewards, or beneficial because you learn a painful lesson which causes you to think twice about getting into such situations.

This Awareness indicates that these guides will lead you to what is necessary for you. This Awareness indicates that once you are more clear about yourself

and what you want to do in terms of giving service, in terms of responding to the urgencies of life, not necessarily in the mundane passing urgencies, but to the greater long-term urgencies; wherein you focus upon some long-term urgency or need and begin to build a career, moving in response to fulfilling that need; then you will receive guidance from those higher forces which allow you to move more directly and to accomplish more completely actions that are more meaningful.

The Guardian Angels of the Junk Shops

This Awareness wishes to explain something which entities may not understand. This Awareness indicates that entities who are frivolous, whose energies are without much purpose, whereby the entity wanders through life like a small child in a toy shop, going from place to place with no particular purpose, whereby for example the entity loves to wander into second-hand shops and shop around for little pieces of junk which he or she will never use, but which is cheap and weighs about one-half pound and for that price, you can't afford to pass it up; or whereby an entity wanders into areas wherein there are crowds and loves to find these crowds, wherein there is some form of excitement or gathering, wherein there are talks; or wherein an entity loves meetings, organized meetings and the entity wanders around from place to place looking for organized meetings; or wherein the entity has a particular desire to find good fiction books, and thus wanders from place to place occasionally finding a new book store: any action which an entity becomes interested in and energizes, draws a Guiding Light toward that action and the entity develops a knack and guiding factor to help them in that action no matter how mundane and frivolous it may be.

Thus, some entities have Guardian Angels who love to go into junk shops and direct the entity into junk shops to find that special bargain that weighs at least a half pound and costs only ten cents. This Awareness indicates that the more an entity puts into any action, the more the entity draws energy from his or her Guardian Angel for developing that action. This Awareness indicates that the excitement you feel sends off energy to your Guardian Angel which in turn is given back to you with intuitive magnetic impulses that lead you to develop greater skills in what you are doing; thus an entity can become the greatest horse-shoe player in the world simply by playing horse-shoes day and night until the Guardian Angel is playing horse-shoes for you, by giving so much energy in this direction.

This Awareness indicates that your Higher Self gives you that which you desire, and if it is not in conflict with others, or with Universal Laws, you get more and more. If it is in conflict with Universal Law, or in

conflict with others, the energies of others and the energies of the Cosmic Law will interfere with your acquisitions and there will be a clash and obstacles in your path. Even though your energies may be great, the energies may stop you from acquiring what you seek, even with the assistance of your Guardian Angel, for the Guardian Angel, or that which is the Higher Self, is there to serve you, to give you what you want so long as it breaks no Universal Laws, so long as it does not run counter to the welfare of others.

Therefore, this Awareness suggests that you consider carefully what you energize, for if you energize frivolous meaningless actions in your life, the energies which you receive from your Higher Self will be given to help you pursue these frivolous activities. This Awareness indicates that if you choose actions which are of greater significance to your life and to the lives of others, such as the healing profession, teaching, or researching; if you choose some action that requires talent, skill or development, the Guardian Angel, the Higher Self, will also give you energies to perfect your skills in these areas, and the more you energize and focus on these areas the greater will be the assistance given to you.

His High Self is Overloading Katchmar

This Awareness indicates that in reference to the previous question relating to Jack Katchmar's attitude toward the Blacks and Jews, this Awareness indicates that this entity as having poured vast amounts of energy into his hostility for these entities, and his Higher Self as that which is now pouring forth an abundance of energy into this entity's life to propel the entity into a critical state of overload whereby these things will result in a shorting out of his nerves, of his mind, and the insanity and a babbling of incoherent concepts will result.*

* ED's Note: The previous question Awareness is referring to has already been published in 'Revelations of Awareness' No. 84-16 (Gambling and the Cosmic Laws): \$3.00 from CAC. In this particular reading the subject of 'Does God prevent entities from winning money?' is discussed, which leads into a follow-up question about Katchmar: "Why bigots who pray to God for wealth, ever and always remain broke." In that message Awareness addressed the bigot Katchmar. Later in the reading, Awareness again brings up this bigot Katchmar as indicated in the reading now being given.

This Awareness indicates that this entity may require this overload of his own hostility leading him to a state of insanity before the entity drops his hostility toward these people. This Awareness indicates that likewise, entities pursuing any concept or goal can go overboard and the energies of the Higher Self will simply continue to pour in and like a higher voltage may result in an overload, particularly if the expression and structure and foundation is not clear, and the entity may reach a state of breakdown wherein the mind cannot handle the excess charge.

How to Energize Properly

This Awareness indicates that this is quite frequent among entities who use occult methods of energizing, fantasizing, creating desires, drawing pictures, using rituals to acquire wealth. Imaging in order to require these actions, when obsessive in nature, leading to an overcharge of energy, may well result in actions that are antisocial, antibeneficial, even to the one taking the action.

This Awareness indicates that if you are to energize, particularly concepts such as greed-desires, if you are to energize wanting this person, or this treasure, you should also energize that you want it only under the conditions that are proper and beneficial for everyone involved. This Awareness indicates that if you have any less requirement, the actions may bring your reward, but it will be painful to you, unsatisfactory to you, and others may suffer also.

Mental Masturbation: Obsession Over a Love Object

This Awareness indicates that many entities using occult desire, occult methods to attain desires, may image: "I want this person to be my wife," and the entity in such pursuit images day and night, creates rituals, writes her name, draws her picture, hangs her picture over his bed, daily, nightly, every morning, at work, at play, eyes open, eyes closed, the entity energizes her picture, the desire builds, stronger and stronger; the entity *must* have this other being. The entity then cannot stand being apart any longer and takes action to have this being.

This Awareness indicates that the other being has not yet been consulted and may have other plans, other interests, or another loved one. This Awareness indicates that therefore, your desire is but a fantasy based on your own mental masturbation, where you are getting off on your own energies, your own repetitive imaginings; reinforcement of your desire without considering the welfare and desire of others is but likened unto self-masturbation. There is no other term.

Problems When Energizing Money

This Awareness indicates that to have a relationship requires that you relate to the other entity and you must relate to the entity in a manner whereby the relationship develops mutually and gradually together. A relationship that develops in one entity to become an obsession, while the other entity does not even know about it is lopsided and is sure to lead to trouble. This Awareness indicates that likewise, an entity who images desire for money, for wealth and has no ethical standards by which the wealth will come, has no guidelines or conditions by which the wealth will be accepted or rejected; the entity simply wanting money...all the action does, it does not bring money, it only builds the desire.

This Awareness repeats: *It does not bring money*, it only builds the desire, to imagine and to focus and to create these rituals, and the obsession which an entity feels toward the image of receiving money, as that which creates a pain and a great desire within the entity. This Awareness indicates that the money comes, not from the imaging and the ritual, but from the intense desire being sent forth to the Higher Self and being totally released by the conscious self so that the entity having such desire gives up the quest.

This Awareness indicates the question has been asked: "For whom does the Grail serve?", the answer being: "The Grail serves the Grail King." This Awareness indicates therefore, in giving up your quest for money, giving the desire which you have held to the Higher Self, allowing the Higher Self to determine and to have all of that energy which you have created, to determine whether and how the energy shall be returned to you through the attitude of: They Will be Done,--this allows the Higher Self to determine by what conditions the energies will be given back to you.

This Awareness indicates that too many entities involved in using occult techniques for imaging, building up desire, to receive treasures, using self-hypnosis and such create for themselves an obsession and a desire to acquire money, but rather than turning this over to the Higher Self, the obsession builds and builds and nothing comes, and then somehow, an opportunity arises wherein they could steal, wherein they have been trusted and they think that this is an opportunity provided to them by their Higher Self; since their desires are so strong they take the money and run.

This Awareness indicates that this is not an action of proper energizing for it does not meet the proper requirements and conditions of the spiritual application in which the Higher Self or Guardian Angel cooperates and gives forth energies to the entity. This Awareness indicates that the action of energizing, of giving energy to the Higher Self and trusting the Higher Self to abide by the Cosmic Laws and to do that which is right for you, and to give you that which you need for your purpose; this faith, along with the energizing; the images, the desires, the prayers and the acceptance and willingness to accept whatever is given to you by the Higher Self,—"Thy Will be Done"—this attitude and this approach is appropriate.

The Misuse of Metaphysical Principles: Bad News

This Awareness indicates that more and more entities have been learning fragments of metaphysical truths and have been misusing metaphysical principles and have been getting hurt and hurting others. This Awareness indicates that entities dabbling in occult concepts and ideas which do not recognize the Divine Principles, working solely with the subconscious and the lower forces of image, of desire, of personal greed factors; those forces associated with the astral beings and astral plane, those entities dealing and working with these energies in an effort to acquire; these entities shall never find a sense of satisfaction.

This Awareness indicates the only satisfaction, the only source of satisfaction, is in the Higher Self which requires that entities allow *It* to select for you that which is needed, whereby you can put in your order, but must take whatever *It* gives. *It* may hear your request and may honor your request, or may determine that you need something else instead, for the Higher Self is all-wise and all-knowing and this Higher Self is capable of giving you that which you need, regardless of what you want.

This Awareness indicates that the Higher Self, the Light Above, as that which is the guiding force available to every entity. It is not there simply to do your bidding, but is there to guide you along the path and to keep you within the jurisdiction of the Cosmic Laws. This Awareness indicates that so long as you follow the path and remain within the jurisdiction of the Cosmic Laws, *It* will provide you with that which you need, and if you need lessons, these you will receive, and if you need reward and pleasures and sustenance, this you will receive.

This Awareness indicates that the entity who learns his lesson quickly, the entities who learn their lessons quickly are quick to receive rewards. Those who learn their lessons slowly may find rewards denied for some time until the lessons are learned. This Awareness indicates it behooves entities to consider the Higher Self to be their teacher, not simply a doting parent whose sole purpose is to stick a nipple in his or her mouth, every time the entity laments.

This Awareness indicates that the universe does not work in this manner, regardless of whether entities want to object or not. This Awareness indicates that all mortals may, if they so desire, go on strike against the Higher Self, against the Universal Laws, but it will avail nothing. This Awareness indicates however, it might be more interesting to watch these floundering than to watch the floundering of entities caught up in war, in greed, in violence and in the pursuit of unworthy gratifications.

WHAT BRINGS MONEY & SUCCESS -- ACTION OR INTENTION ?



(What Really Guides your Destiny)

(FOLLOW-UP QUESTION):

Awareness, what about a case like the entity M.S. who wants wealth, and is willing to work for it, and wants to make some sort of invention or something; I know he has the capability or potential for it, and he *has* helped people, in spite of his complaining. What's going on with that kind of situation?

COSMIC AWARENESS:

This Awareness indicates that the lesson this entity needs is to do it, rather than simply intend. The entity's intentions to invent, intentions to promote, intentions to make wealth, are not sufficient. Action and the doing is that which is required. This Awareness indicates that one may find some satisfaction in one or two inventions, or creations, and then may think: "I could invent this, I could invent that, I could promote this, I could make fortunes from this, I need further ideas..." This Awareness indicates these are all preliminary stages and the doing is that which is necessary.

The planning does not receive the rewards. The intentions do not receive the rewards. The *doing* as that which receives the rewards. This Awareness indicates that for the benefit of many individuals who may not fully realize this point; there are a great number of entities who consider themselves to be unique in that they really want money, and would be very happy if they had more money, and that if they had more money their life would be better, and they could do more things, and could help others more, and they would behave more friendly, and live more pleasantly and everything would be much more heavenly if they had more money.

These entities, many of them believe that they are unique in this philosophy and feel that there is something in life that is cheating them because they are not given that heavenly state which they imagine. This Awareness indicates that from the viewpoint of this Awareness, *It* does not see anyone on earth who has become aware of the nature of money that does not feel similar feelings, and since everyone on earth cannot be made instantly rich, famous and live in heavenly situations without some form of total, absolute total transformation, and since no one wants to make a total transformation in their lives, this Awareness can only sigh at the plight of human consciousness.

Waiting for that Divine Being to Lift you Up?

This Awareness indicates that entities upon the earth plane who do not recognize the need to lift themselves from their plight, but prefer to wallow and wait for some Divine Being to come along and pick them up; these entities are likened unto the souls lost in limbo: The weeping, the wailing, the reaching up of hands, seeking to drag down those who are rising, who are climbing, who are pulling themselves out, --these entities must wait and wait, and wait, until they realize Who, in Fact, They Really Are; that they are the guides for their own destiny and can, by their own strength, lift themselves out, carry themselves along, and move toward that which is the eternal and the everlasting kingdom.

This Awareness indicates that if there were in the universe a great cesspool whereby the masses of earth could be thrown into that cesspool, whereby entities in that cesspool were able to touch bottom, 95% of the entities if performing as they do on earth, 95% would stay where they fell and scream for those who placed them or dropped them there to pick them out; would simply wallow in the quagmire, grabbing onto each other, pushing each other down in order to rise above the surface, expecting each other to be their messiah, to save them from their plight, screaming out and praying for God to come down and intervene.

This Awareness indicates 5% would start swimming toward the edge. This Awareness suggests that entities must recognize that there is a learning process occurring here, and when they see that 5% swimming toward the edge, and see themselves floundering, and see no helping hand plunging down from heaven to pick them up; they may then discover that by their own right hand they can save themselves. This Awareness indicates that they may then begin to swim and discover Who, in Fact, They Really Are; that they have capacity, that they are capable, that they can be evolved, that they are indeed growing and developing toward Godhood.



This Awareness indicates that earthlings may be considered as being at a stage between the animal level and the level of Godhood; that they must recognize they are being weaned; they are being put on their own, given a chance to discover their own capacity. This Awareness indicates the gods were already here on earth, have already given entities guidance, and helped entities with systems so that they could help themselves, and to come back every time an entity falls or remains immature would only prolong that immaturity.

This Awareness indicates that wherein you need, truly need Divine Intervention, it is always available, but only to the degree that it is truly needed, according to the discernment of your Higher Self, not according to your greedy self.

THE ENDLESS CORD

(Closing Message)

This Awareness indicates that there is an endless cord that entities all touch, an endless cord that connects all entities together, throughout the entire universe. This endless cord is that which is the consciousness of this Awareness, whereby each entity is connected to this Awareness, and this cord can never be severed. This Awareness indicates that entities may follow this cord and become one with this Awareness by surrendering to the Cosmic Laws, and allowing these laws to guide their lives.

This Awareness indicates that the Inner Light, the Inner Truth, the Inner Way; this is the connection to this endless cord, and following this cord through the Cosmic Laws, allowing these to guide; this leading to this Awareness whereby you and this Awareness become one.

WAYNE COOK'S AMAZING DIODE

(HOW TO REMOVE CONFLICT-ENERGIES)

QUESTION:

Some member sent in some literature and asked if we'd ask Awareness to see if this would be beneficial to the membership. The thing is called a 'pocket Diode', one of Wayne Cook's energy polarity products. Wayne Cook operates a company called Academy of Divine Healing Dynamics Inc., out of Watsonville, Calif. I'll read part of this literature and ask Awareness if this is as great as it sounds,--this pocket diode he is putting out. He says:

"These are the most frequently asked questions about the Diode's discovery and creation. It is an electron tube or semi-conductor device that has two terminals, and in addition to its other properties, acts as a rectifier.

But, says Wayne Cook, "More than that, my Diode is a solid state material composed of a formula with natural elements that counteract conflict energies in the body as well as those conflicts emanating from such things as televisions, sewing machines, fluorescent lights, microwave ovens, electric office equipment including Xerox machines and computers, X-rays, Radar, high power lines and cigarette smoke along with many, many more undesirable forces that we daily encounter.

Some of the new plastic eyeglasses contain mercury or formaldehyde as a catalyst which often reverse the vortice energies and shut down other vital body energies. The innocent looking plastic ballpoint pen often contains these elements and others that have adverse effects on the body. Conflict energy sources are endless and too often in obvious but least suspected things or places.

Most important, the Diode radiates a positive polarity field that does not deteriorate. It represents 21 years of my life in research into the unseen forces of energy, 3 of which were spent at Stanford University, and almost 10 years of testing, revising, and refining the Diode. It is now, for the first time, becoming available to the general public through retail stores. Previously, the Diode was only available through my successful but small word-of-mouth mail order business or at my seminars or personal lecture appearances such as at the National Health Federation Conventions, health food stores and/or healing facilities, colleges, institutions, organizations, clubs etc.

Others have tried to duplicate my formula but have never been successful. These duplications have been checked and rechecked and have been proven ineffective and/or useless.

The Diode has undoubtedly been one of the greatest aids in maintaining my own body energies at top level which is of paramount importance in my waterfinding work.

Though reluctantly I mention this bad habit, If you must smoke, I advise slipping the Slim Pocket Diode between the package and your body. The cigarette has deadly poisons which radiate 18 inches without even being lighted. Some of the poisons are: Lead, Mercury, Cadmium, Selenium, Formaldehyde and Arsenic. The smoke, among other things, contains hydrogen Cyanide, nitrogen Oxide and carbon monoxide many times that of an automobile exhaust. Imagine blowing that on strangers, friends and loved ones!

On a more happy note, I should like to add that many physicians, dentists, chiropractors, X-ray technicians, nurses, psychologists, psychiatrists, students, veterinarians, acupuncturists, businessmen and women, homemakers, and people from all walks of life are joining the ranks of those enjoying the benefits of the Diode as well as taking my seminars and using my other devices in their practice and daily lives.

As a final note, I have received independent confirmation that my diodes work to maintain the proper energy levels along acupuncture meridians (I have known this for some time, but it is nice to have someone else confirm it). There is a machine called the Voll Dermatron which is used to check acupuncture points electronically. Using this machine, three different doctors have reported to me that my diodes have caused out-of-balance energy meridians to come back into balance...without having to insert any needles! These results came from Dr. Fuller Royal of Eugene, Oregon; Dr. William Khoe of Sun Valley, Calif.; and Dr. James Ouye of San Jose, California.

I feel very privileged, indeed, in having been blessed with this discovery. It gives me great pleasure to be able to share this blessing with you. A close doctor friend recently said to me: "I wouldn't be without it, especially since the new element of a body polarity stabilizer has been added to the formula. My energy level is higher and I don't tire as much or as easily."

It is my sincere hope that YOU won't leave home without it!" Signed, Wayne Cook.

This Diode, he's offering for sale: I'd like to ask Awareness to comment on this, and if these claims are valid?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This Awareness indicates that the advertisement as being complete and sufficient for its purpose, and there is little more that could be added in regard to this. This Awareness indicates that it would be a good item for entities to experiment with, and to research and test. This Awareness indicates that as in all things, each individual would receive individual and unique effects or benefits from it.

(FOLLOW-UP QUESTIONS):

Then this object is more than just a suggestive force for entities?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that this as dealing with the resonating electromagnetic currents and energies which are associated with the aura of the body, and also with the flow of these energies in the body itself. This Diode as having its effect on these magnetic currents, so as to assist in enhancing the flow of vital energies.

ED'S Note: The CAC staff got so excited about Wayne Cook's Diode that we tracked him down and ordered some to test out. I keep one in my left pocket, and I do feel my energy level is higher. When placing it over or next to foods etc., it seems to have the same effect as the Springlife Polarity Pillow which sells for \$100. If you smoke, you can demonstrate its effectiveness with muscle testing. Test the right arm fully extended. Hand them a cigarette in the left hand and they will test weak. Put a Diode in the left hand with the cigarette and they will test strong again. It also aids in relaxing body stress, tired muscles etc. when you place the Diode under the head, body, legs, arm, neck. Some claim it stabilizes the body energy when traveling, eliminates jet lag. There are several sizes available and for a limited time CAC will stock these for those in the membership who wish to experiment with them. If you carry one with you, keep it in the LEFT pocket. Prices are as follows: Regular pocket Diode:\$10; Slim pocket Diode:\$10; Dove of Peace Pendant for wearing around neck:\$20. Please add \$1.00 postage and handling per order. Note: you can scotch-tape these diodes to your TV's, microwave ovens, all equipment with running motors. These all put out conflict-energy (fluorescent lights too). Order these from CAC. We don't have these listed in our catalog yet, but we have them and can mail you some if you wish to experiment with them.



THAT RINGING IN THE EARS

... COSMIC TELEPHONE-TAPPING

QUESTION:

A question from member J.T., who I believe is visiting in France at this time. He writes: 'A question which I have for Awareness concerns ringing in my ears. I am aware of changing tones and patterns in either ear, which oftentimes are very loud and can occur in either or both ears for varying periods of time. Is this microwave action, or programming from the Higher Self, or what? I sense there is great meaning in these communications, but I don't know exactly what it is. Could Awareness please comment on this?'

COSMIC AWARENESS:

Tuning in to a Dead Friend or Relative

This Awareness indicates that this as what might be termed a monitoring from entities on the inner planes. That this in reference to those actions of a brief nature, wherein one ear generally, suddenly begins to ring and continues for approximately 5 to 15 or 20 seconds; that this as what may be termed a monitoring action, wherein these forces on the inner plane are tapping your consciousness to examine where you are. This Awareness indicates that this is not too unlike what occurs to entities on the inner plane when someone in the physical plane thinks of, or tunes into one who has passed over.

This Awareness indicates that wherein an entity, for example, seeks to tune into a loved one who is passed over, and in identifying with that loved one feels the presence of that loved one, this affects the loved one in a similar manner wherein this entity, though passed over, will feel the presence of a force or energy which it does not always understand. That in some instances, the ringing of one's ear is a teleported energy from the inner plane; in other instances this can occur when someone in the physical plane, at a distance is seeking to contact you, or is thinking about you in such a strong psychic manner as to create that type of ringing.

This Awareness indicates that also, when in some instances, forces of a kind of inner plane bureaucratic level will monitor entities periodically on this plane to evaluate their development, their attitudes and interests; this is similar to the type of action, whereby for example, a telephone company might choose for some reason to periodically tap the phones of an entity in a kind of random sample of entities of a society, or if interested in a particular entity, to discover more about that entity. This Awareness indicates that even as this occurs on this plane with telephone companies, likewise it occurs from inner plane activities of those agents working for inner plane bureaucracies, to evaluate entities at random, and in particular cases.

How to Jam the Monitors

This Awareness indicates that in order to confuse or jam these monitorings, entities who do not wish this to occur may affect the field somewhat by quickly doing mathematic problems during those times when the ringing in the ear occurs; that this can create a false reading, if entities wish to do so. This Awareness indicates however, that it is also possible that entities may simply wish to stop and let the energy read them, then move on; this depending on whether the entity senses the monitoring to be from friendly sources or from sources which are not friendly.

High Blood Pressure & Ringing in the Ears

This Awareness indicates there is also another type of ringing in the ears; this generally being more of a continuous nature, which can be associated with high blood pressure and which should be considered as an indication for the need to have the blood pressure checked. This Awareness indicates also there is a cell salt of the Dr. Schuessler's Biochemistry System which can help to stop ringing in the ears, if this is not a symptom of high blood pressure, and entities would prefer not to experience this continuous ringing; this having to do with certain deficiencies in these cell salt levels.

RECITING THE LAW OF LOVE

CAN DEFEAT THE MONITORS

(FOLLOW-UP QUESTION);

Awareness, I seem to experience the monitoring rather often, but instead of math, what happens more automatically, or naturally for me is to start reciting mentally the *Law of Love*. What effect, if any, does this have?

COSMIC AWARENESS:

Monitoring by Guides or Guardian Angels

This Awareness indicates that this monitoring which you experience, generally as that which is associated with your guides, or what may be termed your guardian angels. This Awareness indicates that reciting the *Law of Love* is that which is appropriate. This Awareness indicates however, essentially, the monitoring does not so much affect or read your immediate thoughts as your general attitude; that the monitoring determines whether you are frustrated, angry, hostile, feel guilty, feel rebellious, or are at peace. The monitoring also examines your energy level and general health level.

This Awareness indicates that when those negative forces monitor entities, they generally are attracted to those energies which are of a hostile nature, negative and angry, energies that are dark and resentful, rebellious, jealous, or devious and deceptive in nature. These kind of energies draw in the negative types which then monitor and often influence more of the same type of thinking and energies. This Awareness indicates that in your case, these energies generally are checking you to determine your energy levels, your needs, your attitudes and feelings, to assist you and to monitor your vitality and attitude. This Awareness indicates that reciting the *Law of Love* as that which is, to them, merely similar to looking at an entity's face; in this case, looking at an entity's present thoughts.

These 'present' thoughts, such as reciting mathematics or the *Law of Love* or other thoughts, are essentially superficial, and do not in fact hide anything much from these monitoring, but for some entities, if they have been going through difficult times and do not want their inner thoughts exposed, or if entities have been thinking certain thoughts which may be experienced by the entity as *being perhaps of a private nature, which the entity does not want others, even of the inner plane to know*; by reciting mathematical problems or doing something of a similar nature with the mind, it is possible to camouflage the immediate thoughts which the entity has had. This Awareness indicates this as similar to realizing your telephone has been tapped, therefore, you change the conversation quickly from that which you did not wish to be overheard.

This Awareness indicates that these entities still could pick up your basic attitude and know where you are in terms of your vitality and generally feeling and attitude. This Awareness indicates that reciting the *Law of Love* as that which in a deeper sense, would be somewhat superficial, in that it does not hide the attitude or the vitality levels, but in another sense, it is not necessary for you to hide these levels, and reciting the *Law of Love* is seen to these entities who are your guides and guardian angels, as simply likened unto a greeting to them, and as being a communication which they overhear.

ED's Note: Vicki, who asked the question above, is often monitored in this manner, particularly when involved in a long stint of overtime working hours, which is often, and when she is tired but continues on working. In several past readings, Awareness has admonished her for putting in such long hours day after day, stating an 8 hour day is sufficient, and she should also take week-ends off. This is a standard office joke which I crack quite often, for it is physically impossible (despite what Awareness has suggested) for the CAC operation to maintain its present schedule. (It has always been at least a 12 to 14 hour a day, seven day a week operation, and even then Vicki is often behind on this schedule.)

There have been, however, other types of monitoring around the CAC home and office. One time, for example, in the middle of a trance, Awareness interrupted itself in mid-sentence to announce that "the Interpreter has just been monitored". It asked for a pause to check it out, and in a few moments announced it was a 'friendly' force, appearing to come from associates of Dr. Beter, who like to check it out and make sure everything is okay. (Evidently these entities have some very highly-advanced technology, for they can tune into anyone at any time they see fit). In other instances, monitoring has occurred from UFO entities, all benevolent, but for what reason was never fully explained.

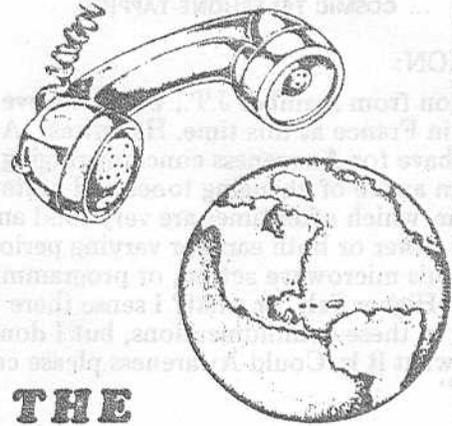
SHOULD ONE SAVE FOR THE FUTURE ? MORE ON MONEY AS A MEDIUM OF EXCHANGE

QUESTION:

A question from K.M. of Houston, Texas. She says, "By the way, even though I have thousands of questions that I would just love to have answered, is there any way you could work one naive question in concerning this illusion? I see so many unhappy poor folks, and I don't want to be that way when I get older and retire. The question is: is there any use for us to plan for retirement? Will we be able to put away money now, and to pad our existence on this plane in say 30 or 40 years? Will money be out of the game in that time? Personally, I would rather say that money would be extinct, but perhaps the New Age is going to take a little longer to perfect itself, leaving me wishing I would have invested and saved here in my thirties."

COSMIC AWARENESS:

This Awareness indicates that so long as there have been entities on earth, there have been means of barter and means of exchange; either the entity would take a cow in exchange for a daughter, or the entity would take a shell in exchange for food, or some other form of barter. That money as that which has been used to expedite the exchange of goods, for one cannot easily carry in his work load for the day at the plant in exchange for a refrigerator at Montgomery Wards.



THE RIGHT TO PRIVACY

ACCORDING TO INFORMATION SUPPLIED BY H.W. WILLIAM CAMING, HEAD ATTORNEY FOR AT&T, TO A HOUSE SUBCOMMITTEE ON FOREIGN OPERATIONS AND GOVERNMENT INFORMATION, THE PHONE COMPANY HAS BEEN TAPPING PHONES FOR THE PAST 65 YEARS--AT A RATE OF ALMOST 4,000 TO 5,000 A DAY.

MANY BUSINESS AND FEDERAL AGENCIES, SUCH AS DELTA AIRLINES, SEARS, MONTGOMERY WARD, BLUE CROSS/BLUE SHIELD, SOME NEWSPAPERS, AND VETERAN'S ADMINISTRATION TO MENTION A FEW, MONITOR AND RECORD INCOMING CALLS.

CURRENTLY, THERE ARE OVER 2,000 SATELLITES IN SPACE THAT CAN "SEE AND TAKE PICTURES," OR "LISTEN." WITHIN THE NEXT TWO YEARS, 24 SATELLITES WILL BE PLACED IN THREE RINGS, 12,000 MILES IN SPACE, TO FORM "NAVSTAR." THIS SYSTEM WILL BE ABLE TO "SEE AND HEAR" ALL OVER THE EARTH. AT ANY GIVEN TIME, SIX SATELLITES WILL BE ABLE TO SEE THE SAME SPOT ON EARTH, AND THE SATELLITES' USERS WILL BE ABLE TO BRING THE "EYES AND EARS" OF THE SYSTEM WITHIN 33 FEET OF THE TARGET AREA.

"...YOU HAVE TO LIVE...ON THE ASSUMPTION THAT EVERY SOUND YOU MADE WAS OVERHEARD."

This Awareness indicates therefore, money, a certificate is given which contains the work energy at the plant and is taken to the Montgomery Wards store and given to the salesman for the refrigerator. This Awareness indicates that money is but energy stored, signifying energy given. That there will always be some means of exchange in terms of a monetary system. It may shift toward the Electronic Funds Transfer System, wherein you do not carry certificates with you, but have them stored in banks, or it may be that there will be other forms of certificates, but you can be sure there will always be something to measure the energy which one has accumulated from services given to others.

This Awareness suggests that it is always valuable to plan for one's future, particularly if one contemplates the concept of retiring.



THE USE OF HERBS IN CREATING MAGIC

QUESTION:

I received a pitch recently from Llewellyn Publishers in Minnesota, touting a book called *Magic Herbalism: the Secret Craft of the Wise*, written by Scott Cunningham. I'd like to read a bit of this jacket information and ask Awareness if this information is essentially valid or significant and of use to entities, particularly the CAC membership. It says:

"Magic, the art of causing change by means commonly supposed to be supernatural, but which are really just powers beyond the normal range of perception. It's a natural art that uses the powers within us and within the natural objects of the world. In *Magic Herbalism*, certain plants are prized for the special range of energies, the vibrations or powers they possess.

"Magic Herbalism unites the powers of plants and men to produce and direct change in accord with the human will and desire. This is a magic of amulets and charms, saches and herbal pillows, incenses and scented oils, simples and infusions and anointments. It's a magic as old as man's knowledge of plants; an art that anyone can learn and practice that is once again enjoyed as man looks to the earth to rediscover his roots.

"This is a magic that is beautiful and natural, a craft of hand and mind merged with the power and glory of nature, a special kind that does not use the medicinal and chemical powers of herbs, but the subtle vibrations and scents that touch the psychic centers of the brain and stir the astral fluid in which we live and breathe, to work in the causal level, behind the material world. This is the magic of enchantment, or word and gesture, to shape the images of mind and channel the energies of the herbs.

"It is magic for everyone, for the herbs its uses are easily and readily obtained, the tools it requires are familiar or easily made, and the technology that of the home and garden. The book is a complete guide to magic herbalism with step-by-step guidance to the preparation of the various herbs, to their compounding in recipes for incenses and oils, saches and amulets, simples and infusions, and with rituals and spells for their use for every purpose: from attracting love and success, to protection from harm and unwanted attentions.

"The herbs used in these recipes and formulæ are easily obtained, purchased in stores or by mail, found in the wild, or grown in your own garden, or even indoors." And it goes on and on, explaining that you can use herbal magic in divination to see the future through dreams, or to aid in the use of cards, crystals or vision for protection, amulets and so forth. Would Awareness comment on this book: *Magic Herbalism*?

COSMIC AWARENESS:

This Awareness indicates that this as that which presents a detailed and relatively clear explanation and exposure of the mysteries that have long been associated with the use of herbs in various activities including witchcraft and including healing through herbs; that this appears to avoid the overtone of the

pure witchcraft approach, and therefore, more entities will better understand and use this without the intention of moving into occult witchcraft practice.

Intention is What Determines Error

This Awareness indicates that it bridges the gap between herbal healing and herbal effects on the psyche through the vibrations and the scents and the properties associated with the herbs as they affect attitudes; that this as a source of investigation and information which can be highly valuable to those who are interested in herbs and their use in healing. That although some may have apprehension that this book borders too closely to witchcraft activities, this Awareness reminds you that it is not the action that is the error, it is the *intention*, the *motive* that determines error.

That whereby if an entity can wave one's hand and make another well, that wave of the hand is in itself a good action, for it made the entity well, particularly if that was the intention of the one who waved the hand. This Awareness indicates that a black magician may also wave his hand to cause harm to another. The gestures may be the same, but the intentions may be totally different. Thus, it is not the action or gesture that determines the acceptability of the action, it is the motive and intention.

This Awareness indicates that along with motive and intention, it is important to know the effects of your actions, for as has been said: "The road to hell is paved with good intentions." This Awareness indicates that this is not exactly accurate, but the meaning is appropriate in that chaos can come, even though one has good intentions, if one is not aware of the ramifications of one's actions. A simple example would be wherein one intended to help another, but pulled out the wrong plug and caused something to shut down which created a great chaotic problem, which hindered the one more than before.

This Awareness indicates that one must know what one is doing, and one must have good intentions in doing what they are doing. That thus, the intention and the understanding of one's actions are important. This book as that which allows entities to understand, to know the nature of herbs and from this knowledge, entities can use this according to their own intentions; their own motives may be of their own choice.

This book does not pretend to dictate one's motives, but rather to convey the information so that one knows what one is dealing with. This Awareness indicates that to be given instructions on how a knife cuts, or how a tool operates, or how a gun is to be held before firing, does not dictate to the recipient of this information that this is to be used for good or evil, but simply gives instructions.

This Awareness indicates that this book for many will be seen as bordering on witchcraft, and therefore may be avoided, but the book is simply giving information about the use of herbs; in this sense, it is essentially harmless. That whether you misuse the information or properly use the information found will be your own determining factors and choice.

This Awareness recommends that entities interested in having deeper understanding of herbs should read this book, along with others which they use for their studies.



THE USE OF HERBS IN DIVINATION

(FOLLOW-UP QUESTION):

Then the information in this book is valid, where it states that you can use herbal magic in such things as divination, to see the future through dreams, and the use of cards or crystal or vision and so forth?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That you must also recognize however, that the accuracy of what you see through such divinations is not determined entirely by the type of herbs which you might use, for there is always that element of the human factor, whether you yourself are interpreting properly, or whether the herbs are having the same effect on you as they would have on another who is a master at divining the future.

This Awareness indicates that there is always that element of the psyche of individuals which is colored by their own way of viewing the world, so that though one person may use the same herb as another, he may see an entirely different picture, or even an opposing picture of the future. This Awareness indicates these may be seen as tools, but are not necessarily as guaranteed to produce the required or desired results as far as accuracy of one's ability to foresee future events. That they essentially work on the mind to assist the mind to operate or respond in a certain manner for a particular purpose, such as to place aside the critical apparatus of the mind while the visual apparatus is enhanced, thus allowing the entity to see visions more clearly without doubting so much what is being seen.

This Awareness indicates this experience may not guarantee that the vision seen is accurate, but it may allow for a clearer vision and less criticism so that the entity can later evaluate the accuracy. This Awareness indicates the greater value in this book is in terms of the use of the herbs for healing purposes.

**

ED's Note: CAC does not stock this book. It is published by Llewellyn Publishers, PO Box 43383, St. Paul, Minn., 55164. We tried to, but this particular publisher will publish a book, promote it, then once you try to reorder it, will return the order saying the book is out of print, or will be reprinted, or is in the process of being reprinted etc. They publish quite a few of the books that CAC stocks, but we are phasing them out simply because of the long delays in getting them. It is not fair to our members to have to wait months and months to get books which the publishers claim are printed and available. (The same goes for the Samuel Weiser Company in New York). If you are interested in the above book, we suggest you write to the publishers. Maybe you will have better luck than we did.



**PUT THE MX ON
RONNIE'S RANCH**

Black on white.

Bumperstickers: \$1.00 each or .50 cents each for 20 or more. Order from: Sane World: 711 G. St., SE, Washington, DC 20003.

**THE ARMS RACE
IS INSANE**

Red on white with stars and SANE highlighted in blue.

The Law of Prosperity

The Law of Prosperity states that one prospers in direct proportion to the enjoyment one receives in seeing the prosperity of oneself and others; and that one's prosperity is denied in direct proportion to one's own feeling of guilt for being prosperous, or at the envy and hostility one feels on witnessing other's prosperity.

This Law states that when one prospers all may prosper.

The Law of Prosperity works for those who hold images, feelings, actions, dialogue, and attitudes associated with beauty, joy, love and prosperity, and works against those who hold images, feelings, actions, dialogues and attitudes associated with ugliness, self-pity, complaints, envy and hostility toward oneself or any other person, group, race or class.

Those who think, feel, act and speak of themselves as being poor and needy must spend three times the energy for the same prosperity received by those who think, feel, act, and speak of themselves as being wealthy and prosperous.

An attitude that dwells in depression leads the way to physical, spiritual, mental, social and financial depression.

Those who maintain prosperous attitudes, even in states of poverty, are foreign to such states and will not be allowed to remain out of place in those poverty situations, but will instead be deported to those prosperous states where such prosperous attitudes belong.

Cosmic Awareness



WHAT CAN THE PREGNANT MOTHER DO TO HELP HER UNBORN FETUS?

QUESTION:

A Question from D.F. in Colorado: "I am six months pregnant with my first child and I am quite curious if Awareness has commented or would comment on the unborn fetus. What type of a program does Awareness recommend for the pregnant woman as far as diet, exercise, special thoughts or activities? I now, for instance, do my Transcendental Meditation three times a day instead of two. I also, however, still smoke my cigarettes. Seth comments somewhat on the unborn fetus, saying the entity is quite busy from the beginning compiling its historic information in the living, unborn form it is to become. Does Awareness elaborate on the activities of the entity to the future fetus? I would be quite interested to know any or all information Awareness has or will give. I'm on a journey I've never been on before, filled with amazement and awe. Thank you for your cooperation.

COSMIC AWARENESS:

This Awareness indicates that the fetus itself is indeed collecting from various areas of consciousness that which will make up its personality, its character, and its expression; that much of the work of the fetus is used to determine its time of birth, giving it the proper horoscope according to its needs; that this in relation to refining the approximate time according to its own karmic and purposeful patterns.

That in terms of how you, yourself, can assist this entity, that the meditation is beneficial. The action of a mother putting aside time to give energy to the fetus, to relax, to let her own body move into harmonious poise and relaxation, to let her own mind and feelings move into harmonious poise and relaxation, and the action of pampering herself, keeping herself pleased and self-content is that which is also beneficial to the entity.

This Awareness suggests that music of a soothing and harmonious nature can be very beneficial to the fetus; that the musical vibrations which are disruptive, dissonant and confusing are those which can add these qualities to the psychology of the fetus and can have an affect for some time after the birth.

This Awareness suggests also, that undue emotional stress placed upon the mother can have its effect on the fetus; that the mother should be placed in a situation whereby she can have a relatively comfortable peace of mind during pregnancy.

This Awareness suggests also, that diets of good, healthy and nutritious food as that which can be most beneficial; this to include plenty of fruits, vegetables, and the necessary minerals, vitamins and proteins.

That the use of drugs, including caffeine and nicotine, as that which can have some detrimental effect upon the entity, particularly in the sense of its inclination to become easily addicted to these drugs at a later time. This also relates to the use of alcohol and other types of drug usage. That wherein the mother abstains from these drugs, that the child will tend to be more healthy physically, psychologically, and in terms of general growth, behavior and character building.

This Awareness indicates that the time between the 4th month of pregnancy and the 4th year of age after birth as the most crucial time for forming the behavioral and the physical, psychological and emotional bodies and expressions of the child.

WHY DO SOME WOMEN EXPERIENCE CHILDBIRTH AND MENSTRUAL PAINS?

QUESTION:

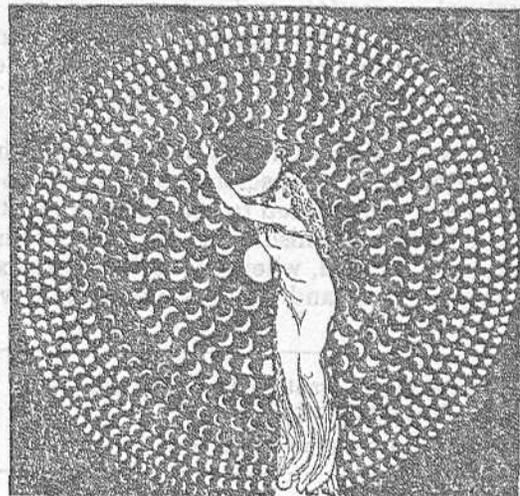
A question from D.B. in Iowa. "I have a question I hope Awareness can answer. I think one that all women are concerned with. For a long time I have wondered why it is necessary for women to menstruate each month. Are the monthly period and the pain of childbirth a punishment of some kind placed on women? It seems to me that this is totally unnecessary. What does Awareness have to say concerning this?"

COSMIC AWARENESS:

This Awareness indicates that the so-called pain of childbirth as basically a psychological programming that has been placed mostly upon the women of the Western cultures; that the cultures of the Eastern philosophies and of the American Indian tribes did not experience the pains of childbirth to the same degree.

There are presently certain methods being explored and taught and used on a small scale in the Western cultures which are expressing childbirth without pain, whereby the pain is lessened. That this relates unto the unifying of the mother and the child in a unified expression with complete psychological relaxation in a rhythmic manner, whereby the rhythm of bearing down during the childbirth process is repeated again and again without concentrating on the pain, but rather focusing on the rhythm and the totality of the process; that information relating to this may be obtained through the various Birth Centers in many areas of this country.

This Awareness indicates that in terms of the the monthly menstrual cycle, there are certain herbs available to assist in alleviating much of the discomfort; that this relates also unto certain vitamins. That essentially, wherein the body is quite pure, wherein the bloodstream is quite pure, that the cycle is diminished in its discomfort. Information on this may be obtained at healthfood stores; that the herbal information and herbal combinations relating to this may be obtained there also.



ANY KARMIC IMPLICATIONS IN "EVE'S CURSE"?

(The Monthly Cycle Applies to Men Also)

(Follow-Up Question):

Well then, the menstrual period which some women refer to as "the curse", has no karmic implications at all; it's just the way it is, is that correct?

COSMIC AWARENESS:

This Awareness indicates this as correct; that medically this is but a release of certain impurities from the body. That the female is more subjective to the moon influences than is the male, and the moon influences have an effect upon the blood which can cause certain changes, both in the circulatory and in the feminine parts of the body.

This Awareness indicates that men also have a monthly cycle, but this is expressed more on the emotional levels than on the physical. That much information on this is available to the public through medical and sexual manuals.

WHY TABOOS IN SOME CULTURES ?

(ALL ABOUT TABOOS)

(Follow-Up Question):

Would the information Awareness just gave on this, answer this question from V.C. of Connecticut, who says: "In various societies there are various taboos and beliefs concerning women during their menstrual period. Castaneda mentions this also. Will Awareness please set the record straight?"

COSMIC AWARENESS:

This Awareness indicates that essentially the taboo is nothing more than a cultural warning; that taboos are likened unto road signs or instruction signs. A taboo may be nothing other than a sign on a stairwell that says, "This way up", whereby another says "Down". That any entity going *up* the *down* stairway would be expressing a conflict and thereby would be breaking a taboo. That the cultural taboos are simply establishments of rules or records; that many of these can become so entrenched in the culture that punishments can be meted out to those who violate these taboos. That it is obvious the purposes of a taboo during the menstrual cycle; that the stupidity of such a taboo comes about when this is made too significant, to the point where it becomes a crime or otherwise a significance that is distorted out of proportion.

This Awareness indicates that the human creature is a rather unique species which indulges itself in making natural expressions and experiences more significant than they deserve in order to create some type of meaningful focal point to use for control of others, significance of self, or patterns which to form social behavior.

This Awareness wishes entities to understand that on the universal level of consciousness, these taboos which have been exaggerated to the point of great significance, whereby punishments are given, whereby executions are extended, whereby sacrifices are expressed, whereby wars and violence are created, whereby

QUESTION: What advantage does a test-tube baby have over the normal baby?

ANSWER: It has a womb with a view.

entities suffer long years and lifetimes in fear of breaking or bending a taboo,—these are not the responsibility of Cosmic Laws, but as the result of the nature of mortal mind playing games with other mortal minds for various purposes, which range from egocentric value judgments to guilt feelings of great significance, suffering, and isolation, in order for people to enjoy the feeling that they are either extraordinarily great or extraordinarily evil and outcast. This Awareness indicates that these indulgences into extremes of greatness or infamy are but ego indulgences and have nothing to do with cosmic or spiritual laws, but rather are expressions of personal values and gratifications.

This Awareness indicates that many entities would not know who they were, would not consider themselves existing if they did not have great sorrow and suffering. That others would not feel complete if they could not judge others as being inferior and feel themselves as being overly great and magnificent.

How About Sex During the Monthly Cycle ?

(Follow-Up Question):

One final question while we're on this subject. Is there any harm on any level if entities have intercourse during that monthly cycle?

COSMIC AWARENESS:

This Awareness indicates that this can be discomforting and can create some psychological disturbances, as well as potentially create certain effects that could be both unsanitary as well as unhealthy; for the energies of the body are much more susceptible and weakened, and depending upon the cleanliness of the entities, there could develop infections or other types of disease which would be of a greater risk than normally.

ED's Note: for more information on menstrual cramps and how to alleviate them, please refer to 'Revelations of Awareness' No. 83-05 (\$3.00 from CAC).



"And this one I got for keeping a straight face while describing the MX system to a senate committee."

REVELATIONS OF AWARENESS is a cosmic newsletter, published for the membership of Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507. Membership fees and donations are deductible from your Federal income taxes. Cosmic Awareness does not support the war machine. Neither do we. Why should you?

INDIVIDUAL & FAMILY MEMBERSHIP: \$30 per year.
CONTRIBUTING MEMBER: \$52.
SPONSORING MEMBER: \$144
PATRON MEMBER: \$1000
ENDOWING MEMBER: \$5000.

All donations to CAC are used to spread the Cosmic Awareness messages to others.

Signals log of sub destroyed

By Richard Norton-Taylor

THE SIGNALS log of the submarine HMS Conqueror, which sank the Argentine cruiser the General Belgrano during the Falklands war, has been destroyed, Mr Michael Heseltine, Defence Secretary, said this week.

The signals log would contain crucial information about the times of communications transmitted to London by the Conqueror as well as messages sent to the submarine from fleet headquarters at Northwood.

It could provide evidence about the time the War Cabinet's order to sink the Belgrano — given at about 1.30 pm on May 2, 1982, more than four hours after the cruiser reversed course away from the task force — was sent out.

That order to HMS Conqueror was repeated twice during the afternoon of May 2.

Mr Heseltine, who had already said that signals logs were not retained permanently, disclosed that it had been destroyed in a written Commons answer to Mr George Foulkes, a Labour foreign affairs spokesman.

Mr Tam Dalyell, Labour MP for Linlithgow, said this week that it was difficult to believe that the signals account had been destroyed as a routine matter.

The Conqueror's missing control room log was the subject of a board of inquiry whose findings are now with the Fleet CInC.

MANCHESTER
GUARDIAN WEEKLY 3
11-25-84

Big Brother watching you

Scott D. Palmer, editor of *Data Processing Management* magazine and an associate of the Institute for Humane Studies wrote in USA Today (December 29, 1983), "There are now more than 2,000 computerized credit bureaus with files on more than 200 million Americans. These bureaus collect data on your credit history, buying habits, income, and medical facts, and give the information to almost anyone who asks for it—except you."

He stated, "Stop kidding yourself. It is 1984 and Big Brother is here, right on time."

Uncle Sam now maintains more than 4 billion files on individuals through 7,000 record systems. Federal agencies routinely eavesdrop on phone calls which may have prompted J. Edgar Hoover to remark, "If you don't want it known, don't use the phone".

Income tax enforcement gives the IRS almost unlimited power to spy on citizens.

Palmer wrote that, "Mail cover surveillance" may brand you as a communist sympath-

Air Force destroyed tape of 007

WASHINGTON (UPI) — The Pentagon acknowledged yesterday that the Air Force destroyed a tape showing part of the track of Korean Airlines Flight 007 that was shot down over the Soviet Union in 1983 with 289 people aboard.

The Washington Post said the plane had been tracked by the Air Force Regional Operations Command Center at Anchorage, Alaska, after it took off from Alaska.

Pentagon spokesman Michael Hurch said the Post's account was "correct" and that the tape had been "recycled" because the radar did not have the range to show the jetliner over Sakhalin Island, where it was shot down Sept. 1, 1983.

"The shoot-down occurred beyond radar range," he told reporters. "Operations didn't feel that the tape had any bearing on the incident."

But in Moscow, the Soviet Union yesterday said the tapes would have proved that Flight 007 was on an spy mission when it was shot down.

The United States and South Korea consistently have denied allegations that Korean Air Lines Flight 007 was on an intelligence-gathering mission.

Mutilation death of heifer probed

King County Police are investigating the mutilation death of a cow near Enumclaw.

Police said the incident occurred Wednesday and was the first of its kind to occur in King County in a few years.

Pierce County sheriff's detectives, who have investigated similar mutilations recently in that county, are helping in the investigation.

The King County incident involved a Hereford heifer that was sexually and otherwise mutilated. Police had no suspects yesterday.

izer if you receive a letter from a group that the government regards as subversive. The "Bank Security" law (how about that for a "mismomer") requires banks to photocopy all your checks and make your bank records available to government investigators. It means we have NO secrets from the government.

In Indianapolis, Indiana, police now spy on citizens through hidden videotape cameras installed on city streets!

"Voluntary" finger printing is being done in several states. Did you know it is now possible to implant a micro-electronic transmitter in a child's body. Then, for the rest of that child's life, the government will know where he or she is. This is real, beloved, and not out of a novel.

Is it too late? Can you safeguard what is left of your freedom? I hope so but it will take concerned Christians and others demanding that our elected officials work to stop government spying and interference in the lives of its citizens.

Court slashes Miranda rule

WASHINGTON (AP) — Law enforcement officials say they are heartened by a Supreme Court ruling making it easier to use the confessions of some criminal suspects as trial evidence.

But an expert on criminal law said the decision is an open invitation for police to violate the rights of the accused.

"I'm flabbergasted," said Professor Wayne LaFave of the University of Illinois. "The decision seems to fly in the face of all sorts of doctrine the court has developed over the years. It is sending police an engraved invitation to violate someone's Miranda rights."

The court ruled 6-3 Monday that some confessions are admissible in court even though the so-called Miranda warnings are not given initially to the suspect.

The court said a confession given to police by a suspect who receives the warnings may be used at the trial even when an earlier confession by the same suspect was obtained without the required warnings.

A similar view was expressed by William C. Summers, supervising attorney with the International Association of Chiefs of Police in Gaithersburg, Md.

"If the decision does what I've been told it does, it's good for law enforcement and the citizenry at large," he said. "I don't think this a step toward tyranny. It's just a balancing of the entire criminal justice system — moving it back more toward the middle."

In 1966, the Supreme Court said in its landmark Miranda ruling that police must warn all criminal suspects in custody that they have the right to remain silent or have a lawyer present during police questioning. Anything they say may be used against them, they are warned.

In Tuesday's ruling, the court allowed a confession given by Michael James Elstad, a burglary suspect.

Elstad was first questioned at his parents' home in Polk County, Ore. Police did not give his Miranda warnings before he told them he had been at a home where \$150,000 in art objects and furnishings were stolen.

Justice Sandra Day O'Connor, writing for the majority, said the decision was not a retreat from the protections of the Miranda ruling and that dissenters were distorting the significance of the decision.

Soviet answer to 'Star Wars': more missiles

WASHINGTON (UPI) — Russia will deploy more nuclear missiles to counter the "Star Wars" defensive system, a Politburo member said yesterday on the eve of his meeting with President Reagan.

Vladimir Shcherbitaky, the leader of a visiting Soviet delegation, said his countrymen want to join with the United States in preventing a nuclear war and stopping the arms race.

But he told a news conference attended by the Soviet delegation and the host congressional group that Reagan's Strategic Defense Initiative, the real name for "Star Wars," will only prompt an offensive counterstroke.

"We'll be forced to take adequate measures and, first of all, to strengthen our strategic system," Shcherbitaky said.

He said the three days of talks with members of Congress emphasized the threat of a nuclear war.

Rep. Tom Foley, D-Wash., spokesman for the congressional group, described the talks as "frank."

"We did not feel it was wise to avoid difficult problems," he said. "We are hopeful that both countries will move to agreements that will reduce the level of nuclear arms. The reality is that each country views the other as weaker in the arms race."

KAL shooter named hero

MOSCOW (AP) — Gen. Vladimir L. Govorov, who reportedly gave the orders to shoot down a South Korean airliner last year, has been named a Hero of the Soviet Union to mark his 60th birthday today.

The honor is the highest Soviet award.

The official Soviet news agency Tass said Govorov, who was promoted earlier this year to be one of 12 deputy defense ministers, was distinguished for his "contribution to increasing military preparedness" and for leadership during World War II.

\$2.3 billion mystery in Pentagon's budget

WASHINGTON (UPI) — A Pentagon budget document revealed an Air Force proposal for a \$2.3 billion project named "Aurora," but the military isn't saying what Aurora is.

"No one is talking about it — it's classified," an Air Force spokesman said yesterday.

In the budget document, the Air Force is asking for \$30.1 million for Aurora for fiscal 1988 and its request shoots up to \$2.3 billion for fiscal 1997.

Pamphleteer convicted

TORONTO (AP) — Ernst Zundel, a prolific publisher of pamphlets describing the Nazi Holocaust as a Zionist hoax, says he will appeal his conviction on charges of "publishing false news."

Zundel, a 46-year-old commercial artist born in Germany, was convicted Thursday in District Court on the rarely used charge after a spectacular eight-week trial that won national attention for his views. He was acquitted on a second charge relating to a different pamphlet.

Attorney deserves better from IRS

Fred Paul deserves better treatment than he has received from the Internal Revenue Service. The IRS rejected Paul's offer to give them all of his money and property, except his home, to settle a questionable \$250,000 tax bill. The tax collectors want the house, too.

Paul, an attorney who happens to be a Tlingit Indian, was a key figure in the Alaska natives case against the government. He worked almost exclusively on it for six years. The case ended with the Eskimos and Indians winning \$500 million and 5 million acres from the federal government.

The attorney was awarded \$275,000 for his work, but most of it went to pay expenses incurred during the many years spent on the case. He also was told the payment would be tax-free because of his Indian ancestry. The IRS decided otherwise and hit Paul with a big tax bill and heavy fines.

Paul tried to settle with the IRS by giving them everything but his Seattle home. When the tax collectors turned him down, he offered to give them the house, too. If he and his wife could live there until their deaths.

Many elected officials, including former Gov. John Spellman, have asked for a review of Paul's case. Sen. Slade Gorton, R-Wash., and Rep. Mike Lowry, D-Seattle, joined in the promotion of two congressional bills to help Paul, but the legislation died in the previous session. The legislation, with the added support of the Alaska delegation, will be reintroduced.

The legislation would submit Paul's case to the U.S. Court of Claims which would hold hearings, then report back to Congress, which could award Paul damages.

Paul wants to pay any tax he owes. Without arguing the justification of the IRS claim against him, the man certainly deserves more considerate treatment than he has received.

Opinions expressed in Olympian editorials represent the views of the newspaper's editorial board.

Nationalism and Institutional Religion

To the Editor:
Perhaps the two major evils with which the human race has saddled itself are the Siamese Twins of nationalism and institutional religion. These Twins provide rationalizations for incessant mass murdering, mass mayhem, distortion of reality, perversion of priorities in politics, government, economics, education, et al.

(For instance, with regard to nationalism, when President Kennedy exhorted his fellow citizens to do for your, but ask what you can do for your country, spines of patriots may have tingled. But that exhortation was one that would have been pleasing to Hitler and Mussolini. The idea of the organic character of the nation-state as exemplified in the rhetoric and actions of Mussolini's Italy and Hitler's Germany may not have been an aberration, but the logical end results of the 19th and 20th Century mania of nationalism in which the individual is required to willingly subordinate his or her desires for the "good of the nation" — "good" as defined by the leader or leaders.)

With respect to institutionalized religion, to limit this example to recent "Christian" warfare, if anybody can think of anything more stupid and irrational than German priests, chaplains, ministers and so on, praying to Jesus to help them slaughter the British, French and Americans while the priests, ministers, chaplains, etc., in France, the USA, the United Kingdom, etc., beg the same Jesus to help them slaughter the Germans, Italians, etc., please bring to the attention of the world a more stupid, irrational phenomenon than that.

Similar illustrations relating to Islam, Buddhism, the Hebrew religion, or any other religion once it becomes the tool of the nation-state, could be cited.

Murdering people whom one has never seen, people who have done nothing to the people doing the murdering, and in turn being murdered by people in the same situation, is a travesty. (And the "leaders," on whatever side, provide the safest places for themselves and their kind, make ringing bellicose speeches while they and their friends rip off the material profits, all in the name of patriotism and religion).

If the "patriots" who manufac-

ture military hardware would provide the war toys for no profit, one might grudgingly concede that there could be some merit in their "patriotism." But their "patriotism" pays off bountifully.

(Shortly after World War I, H. L. Mencken in an essay, "Meditation in E Minor," began raising some questions about who reaped the material profits from the first Great War. He said he was discontinuing that line of query, for to continue would cause his patriotism to wobble.)

In Vietnam, for instance, who benefited? Leaving aside the "gooks" who were murdered, maimed, and terrorized, what was the purpose of murdering tens of thousands of Americans? Who profited materially? What of Halberstam's *The Best and the Brightest*? Were they punished for their crimes? Or did they go on to bigger and better things, continuing to provide "expert" advice in search of more "enemies"?

Ethical religion always takes a back seat to nationalism.

The leaders do not mind the rituals; in fact, they encourage ritualistic religion. For in the "crises" which they foment, they know that religious leaders will follow the dictates of the leaders' version of national priorities.

What a farce!

Fayetteville.

Leland Stacey.

36 arrested at Fort Lewis for Grenada invasion protest

FORT LEWIS (AP) — A demonstration outside the main gate of this Army base on the first anniversary of the U.S. invasion of Grenada has resulted in charges against 36 people.

Those arrested were among some 200 demonstrators who carried signs and banners, chanted anti-Reagan slogans and sang protest songs Thursday, military officials said.

Fort Lewis, 15 miles north of Olympia, is the home of the 2nd Battalion, 75th Infantry Division Rangers, who participated in the invasion.

The non-violent but noisy demonstration was organized by Northwest Direct Action Network, a coalition of activist groups. Base officials said civilian protesters were arrested for

and failure to disperse, while three were accused of "entering the base for illegal reasons." She explained that they were trying to distribute literature on the base, which is prohibited without prior approval.

All 36 were released by mid-afternoon.

David Hastings of the action network in Seattle said the three demonstrators cited for entering the base climbed a water tower and hung a 10-by-20-foot banner that read, "Stop the U.S. War."

Ms. Worthington said traffic was blocked briefly on four different occasions.

"Some (protesters) would come and sit down on the road, and when they refused to leave they were arrested," she said.

road and protested the "kidnappings, murders and disappearing" of civilians in El Salvador.

About four then took handmade rag dolls into the road in front of the gate, sat down and immediately were surrounded by chanting, sign-waving supporters who brought traffic to a halt.

When they refused to leave, they were carried to a nearby Army bus for transfer to military police headquarters.

Rachel Lederman of the women's group said another group of women slipped into the base Monday and placed some rocks with peace slogans at Rangers headquarters.

She claimed the Rangers had piled rocks there painted with war and anti-feminist remarks, but Lt. Col. Lee Lanning said

Navy dropping probe of admiral

WASHINGTON — Navy Secretary John Lehman has reviewed the case of an admiral who brought home war booty from Grenada and decided to take no further disciplinary action against him, the Navy said Friday, even though low ranking servicemen were court-martialed for bringing weapons home.

The Pentagon, however, said Deputy Defense Secretary William H. Taft IV was launching his own investigation of Vice Admiral Joseph Metcalf III. A memo from Taft to Lehman demanded "a complete report."

The Navy's statement asserted that when Metcalf, commander of the Navy's 2nd Fleet during the Grenada invasion of October 1983, was attempting to bring captured Soviet AK-47 automatic rifles home as souvenirs after the invasion he was not familiar with the regulations on war trophies.

Reagan thinks re-election a cue to play the despot

It's time to pay attention, America. While you've been playing with your computers and other toys, your president has slipped into the fruitcake mode.

It's not his age that caused it. Nor is it his dist. It's the damn conviction he seems to have that his victory in November gave him a mandate to emulate the foreign policy of a Libya or an Iran.

This is always a danger with charismatic leaders. Libyans are crazy about Moammar Khadafy. Iranians are nuts about the Ayatollah Ruhollah Khomeini. And Americans are wild about Ronald Reagan. A large part of this adulation is based on simple, jingoistic, bigoted answers to questions about how to survive in a complex world of differing races, religions and cultures. And it always features a bogeyman whose eradication will provide heaven on Earth.

Determined to violate law
But, why, you ask, does the mild-mannered Ronald Reagan suddenly appear on this list of wild and crazy guys? Surely he has nothing in common with leaders who train assassins and hold embassy personnel hostage, other than popular appeal with the home folks.

Unfortunately, he does. For some reason known only to Ronald Reagan and his God, he is determined to violate international law. With the blind zealotry of the colonel and the ayatollah, he has launched what appears to be a personal vendetta against the government of Nicaragua.

The instrument he is using to wage this personal war is terrorism. Terrorism which began as a covert action but is now deployed for all the world to see. And, strangest of all, terrorism against a government officially recognized by the United States of America, the nation Ronald Reagan heads.

For some reason, he believes this renegade action is preferable to a declared war. This notion has followed that course before, with disastrous results. It waded into a political and religious morass in Southeast Asia that damaged the moral and economic health of the country and ended in defeat.

If Ronald Reagan can prove that the present government of Nicaragua is a clear and present danger to the survival of the



United States, he should put on his John Wayne outfit and ask Congress to declare the war. He would then have the backing of the Congress and the citizenry.

His present program of supposedly covert terrorism has the support of neither. He has been able to provide no evidence that the Nicaraguan government presents a direct threat to the United States. Every argument he has made for that position has been refuted. His latest explanation, that he just doesn't like the present regime and would stop trying to destroy it if it would say "uncle" or do what he wants, is pure despotic behavior.

Ronald Reagan is not the president of Nicaragua. It is not up to him to determine who rules that nation. He is the president of the United States of America, and as such is bound by the provisions of its Constitution and its recognition of international law.

He has asked Congress to appropriate money to finance the overthrow of the government of a sovereign nation. This is a violation of international law, which says if you are to embark on such an adventure you must declare war.

Congress has refused his request. So he has taken his case to the people, using his considerable powers of persuasion via the omniscient tube. He is asking them to coerce their elected representatives into letting him turn his private undeclared war into a public undeclared war. At present, there is no indication the people agree with him. But he is a persistent fellow and seems obsessed by this craving to play arbiter of bananaland.

It's time to pay attention, America. You do not need another undeclared jungle war. You do not need to bully the 3 million inhabitants of an impoverished country the size of Iowa. And you certainly don't need a rogue president who considers re-election a mandate to play ayatollah.

WELLS-BLANTON COUNTY JOURNAL

FOR DOCTORS ONLY

"Please, please, please don't leave MEDICAL ECONOMICS lying around where patients or other lay persons have access to it. The magazine is written and edited strictly for doctors in office-based private practice, and no one else. . . .

"We have nearly 10,000 non-doctor paid subscribers. But most of them are professionals who work with physicians on a regular basis—accountants, management consultants, lawyers, investment advisers, brokers, and the like. . . .

"The cross section of patients coming through your office is another matter. The housewife wondering if she has enough cash with her to handle a \$40 payment-at-time-of-service office visit plus parking isn't apt to be one of medicine's biggest boosters if she learns while flipping through a copy of MEDICAL ECONOMICS that the typical orthopedic or neurosurgeon grossed nearly a quarter of a million dollars last year."

—Editorial, *Medical Economics*, December 24, 1984

eat leaving port

noon celebration of thanksgiving scheduled for Monday at the Port Olympia, to send off a shipment of single wheat on the Norwegian Høgh Dene to starving people of spin. A reception aboard ship will be.

"Send the Wheat" appeal began two months ago when the Rev. Oliver and insurance agent Leser decided to spearhead a roots campaign to help ease the ne situation in Ethiopia. The drive the support of hundreds of ers, individuals and businesses ighout the state. The donation totals 30,000 bushels of 3 million pounds of wheat. Everything, ding the space to store the grain, ags and the labor, has been donat-

BALTIMORE (UPI) — Two Quaker couples who contend it is immoral for the United States to fund military operations in Central America have sued the federal government for \$28.24 in tax refunds. Sheldon and Lucy Clark of Sandy Spring, Md., and Edward and Dorothy Snyder of College Park said in the lawsuit filed in U.S. District Court that taxpayers' money is being spent illegally to support "acts of violence against innocent and helpless persons in El Salvador and Nicaragua." The lawsuit asks for refunds of the couples' share

of taxes spent in those two nations in 1982 and 1983 — \$6.08 for the Clarks and \$22.16 for the Snyders. Sheldon Clark said they are trying to raise constitutional questions about U.S. involvement in Central America. Taxpayers should know they are "financing an immoral operation (in El Salvador) where atrocities are being committed," he said. Snyder has been executive secretary of the Friends Committee on National Legislation in Washington, a Quaker organization.

The Seattle Times /

4 sue for refund of taxes for 'violence'

KING KONG?

A massive mountain gorilla estimated to be 14 feet tall and weighing over 1,000 pounds was sighted by a team of naturalists working in the eastern Congo. The creature is by far the largest of its kind ever sighted.