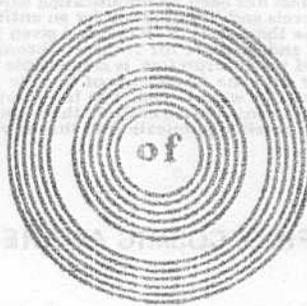


Revelations



Awareness

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The New-Age Cosmic Newsletter

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Cosmic Awareness Communications

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Helping People Become Aware



Chatting with animals

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

HAVING A LITTLE CHAT WITH FIDO. COSMIC AWARENESS EXPLAINS HOW IT IS DONE.

QUESTION:

Lee Michaels, who is a psychic consultant, told us that recently he drove out to a Seattle family's home to give them a Tarot reading, and once inside the house, the family dog wandered in from outside and started talking to him. Startled, Lee turned and looked at the dog, and he swears he heard, not with his ears (he has a hearing problem anyway), but inside his mind, a squeaky little whiny voice say, "Hello," and then start to complain that his dog-food was stale and he wished his masters would clean out his dog-food dish more often and not mix new food with the old dog food. The dog continued to mutter along these lines, and when Lee had heard him out, he later told the lady of the house: "You'll probably think I'm crazy, but your dog just talked to me, complaining about his dog-food. He says it's stale, and his dish hasn't been cleaned." The astonished woman called her little girl and asked her if she had washed the dog's dish every day like she was supposed to be doing, and the little girl confessed that she hadn't done so for several days, but had just mixed new dog-food with the old. "See, what did I tell you," the dog muttered to Lee again, as he turned and their eyes met. The dog, evidently quite miffed, sort of shrugged and sidled out of the room. The dumbfounded woman demanded an explanation from Lee, but I don't think he was able to do this to her satisfaction.

Now I don't doubt this story at all, but I would like to ask Awareness how an animal actually communicates, (and in English no less), to this entity (who also hears birds talk to him)?

How Cosmic Awareness Speaks Through Interpreters

COSMIC AWARENESS:

This Awareness indicates that this as a kind of ESP, whereby the message is translated through the mental faculties of the receiver, similar to that which occurs with this Interpreter; that essentially this Awareness does not speak English; *It* speaks energy, and the energy is that which is interpreted by the Interpreter into the English language, according to his or her ability to so interpret. Likewise, plants and animals speak energy,--consciousness/energy,--and individuals may interpret this in their own language. This Awareness indicates that some birds and some animals are capable of speaking words or

signaling concepts; that recently certain types of anthropoids have been taught to speak with the use of sign language; that there are Mynah birds who can speak words, and it becomes possible for these animals to understand the concepts associated with those signs or words. Therefore, it becomes possible for animals to speak in a known tongue, or with known language systems, such as the sign language.

This Awareness indicates however, on the level of ESP or that which is the energy language whereby information is passed from mind to mind, and interpreted by the receiver through his or her own intuitive faculties; this is not uncommon. That had the entity Lee Michaels been Russian or Chinese, yet still having the same type of sensitivity to this animal, the dog would have spoken Russian or Chinese, or at least the message would have been received in this language; that essentially it is transmitting energy which this entity was sensitive to and could decipher and interpret without consciously doing so,--this being an automatic action within the intuitive part of this entity's brain.

This Awareness indicates, incidentally, speaking animals,--animals which speak to entities,--are not that uncommon; there are many entities who can receive messages from animals in this manner. That in some instances they receive thoughts from the animal, in other instances they hear words within their heads; in still other instances they are capable of reading the expressions of the animal and knowing what the animal is trying to say. That these communications occur best for entities who care about animals, who love animals, and who do not wish to harm animals; that animals generally can sense whether one is a kind, loving person or whether one would harm them.

Cats are Particularly Psychic

This Awareness indicates that cats are particularly psychic and avoid those energies of entities who they feel would harm them; that they also are attracted to those entities who appear to be compatible and kind. That cats also can bring good luck to entities who love them, or can draw in negative and alien energies toward those who are not loving toward them,--this depending largely on the nature of the cat; for cats do have strong psychic powers for helping kind entities or for causing bad luck to those who are unkind. That it is not to the advantage of entities to be unkind to animals.

WANT TO WIN AT THE RACE TRACK? GO TALK TO THE HORSES FIRST!

(FOLLOW-UP QUESTION):

Years ago, I read a book entitled, *My Brother Who Talks to Horses*, I believe was the title. At the time it was rather controversial; it was supposed to be non-fiction. It concerned an entity who could put his arm around this horse, and his ear close to him, and the horse would tell him all about the race he was about to run: who he had to beat, and whether he thought he could beat those other horses, and so forth; and in the final analysis, this entity was able to make a lot of money at the race track because of talking to this horse, as well as to others. This is probably a valid confirmation of what Awareness just indicated about communicating with animals like Lee Michaels did; is this true?

How Animals Communicate with One Another

COSMIC AWARENESS:

This in the affirmative. This Awareness indicates that animals communicate with each other in similar manners through that which may be called ESP. That wherein an entity walks into the forest with motives of enjoying nature,--including the animals,--animals know and spread the energy among other animals, giving and sharing the purpose of this entrance of the entity into the forest. That those who enter into the forest to do harm, are often recognized for their purposes long before they have moved far into the forest.

This Awareness indicates that some animals, however, are not sensitive enough to pick up on the motive of an individual, and therefore are subject to a false interpretation of individuals' motives; that this is often due to the animal's own level of sensitivity, psychological background, traumatic experiences and programming in relation to the concept of the human intruder. This Awareness indicates that therefore, *It* does not advocate that entities whose hearts are pure walk into the jungle to befriend the lion, tiger, or cobra; this Awareness simply is suggesting that animals can be aware of your motives, depending on their sensitivity and your own capacity for emanating the motive, which they then receive.

(FOLLOW-UP QUESTION):

Yes, the entity Bill Sheppard mentioned that when he goes out into the desert to do his meditations, that he often encounters rattlesnakes, scorpions and Gila monsters, and that sort of creature, but he's never concerned with them, and never does anything to prevent them from coming around, and they've never harmed him at all. This is probably an example of this.

COSMIC AWARENESS:

This in the affirmative. This Awareness indicates that animals in desiring to speak to an entity who is receptive to them, can transmit the energy so that the entity has a greater chance of hearing what the animal feels or thinks; that most animals however, do not attempt to transmit thought-form energy toward humans; rather they just observe and play dumb.



DOES THE KIND OF PET

ONE OWNS

INDICATE THE OWNERS

PERSONALITY?

(FOLLOW-UP QUESTION):

There have been a number of studies put out by psychologists, that the way to understand the personality of an entity,--a psychological profile,--is simply to observe what type of animal they have around them. Usually their dog is what they cite, observing that the particular breed of dog or cat the entity owns expresses an awful lot of what the personality of the entity himself is. Is there any truth to this?

COSMIC AWARENESS:

This Awareness indicates this to some degree, but not completely. That for example, many children will move through an entire variety of dogs between childhood and adulthood. The child may want a teeny-weeny dog for awhile, then at another time, may want a Great Dane; that this is simply similar to picking toys of a variety. That likewise, many adults have the same desires to have a variety of different types of pets. Wherein an entity has had one small dog for some time, then loses the dog, the entity may feel somewhat hurt at having lost the dog, and does not feel right about getting another dog of the same type, but may prefer something entirely different.

This Awareness indicates that the personality of the entity has not drastically changed, even though the pet may be of a totally different type. Some changes in the personality may have occurred as a result of having lost the first dog; however, the personality may not have changed as much as would be implied from one who switches from a small poodle, for example, to that of a Boxer or of a large German police dog; rather, that the change may be that of simply wishing to have some other type of experience that does not remind the entity too much of his first dog.

This Awareness indicates that a psychiatrist, or psychologists, looking at this entity's new dog, might evaluate the entity's personality according to the pet, while another psychologist, or another entity with a dog similar to this person's dog, might be evaluated quite differently. That even though this entity's personality has not changed, the evaluation of his personality might be changed greatly. That this can be more accurate when considering the type of dog or pet that an individual would most want, and which the individual tries to keep for a long period of time. That obviously, an entity who has a pack of four to six killer dogs has a very different personality from the entity who has a little cuddly face-licking dog. Likewise, entities who dislike cats have a somewhat different personality from those who are quite attracted and friendly to cats.

However, rather than evaluating the individual from the animals, it might be more accurate to evaluate the individual and determine which type of animal the individual would be most inclined to. That the individual, if properly evaluated, could yield much information to a psychiatrist which would allow the psychiatrist to understand many other desires, fears, and attributes or adjuncts, identifications and possessions of the individual,--whether this be the animal which the individual likes, the food which the individual likes, the type of clothing, or the places of recreation which the individual likes.

This Awareness indicates that many of these things can also be seen by proper evaluation of one's handwriting, when this subject has been studied carefully by one who is trained to evaluate handwriting and analyze the personality and qualities of the writer. There are also other methods whereby individuals may be analyzed, such as through the horoscope, or through dreams, or through background experiences, or through question-and-answer systems as commonly used by psychiatrists.



(Excerpt from a personal reading)

QUESTION:

I would like to know how I can successfully stop smoking cigarettes.

COSMIC AWARENESS:

This Awareness suggests you might wish to consider the various clinics around which offer programs to assist entities to stop smoking. This Awareness suggests also the use of hypnosis as a possibility. This Awareness indicates that you may also wish to do this on your own. If so, this Awareness suggests that you prepare your mind in advance of any effort to cease smoking. This Awareness suggests you begin preparing your mind

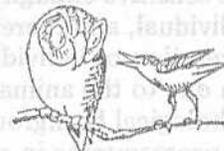
ED's Note: Lee Michaels is an old friend of the CAC staff, and his name has appeared in a number of issues of this newsletter on various occasions. His most famous occasion being "an address to the universe" during one of the CAC monthly trance sessions. This is fully explained in 'Revelations of Awareness' No. 82-10 (Special Report): 'The Eve of Destruction'; \$4.00 from CAC. Well, the other day Lee dropped by to inform us that he had gone out of the mediumship business (he had a kind of organization called 'A New Vision' based on readings he gave through various entities and elemental beings in other realms), and he and his new wife were starting out in an entirely new direction after, according to Lee, having worked out all the karma and karmic relationships his trancing and various groups of mediums were obliged to work out.

Anyway, Lee has always told us that he could talk to animals and to nature spirits, and could also see nature spirits on a regular basis. He once talked to Seigfried, the CAC office hound, and Seigfried informed him that he was getting bored lying around guarding the office for long hours at a time, that he would much rather go back to being a wolf in the wilds. He also was miffed that his masters did not play with him often enough; also, that he was getting really bored with his dog-food and needed more bones to chew on. (Needless to say, the CAC staff gave the old boy more attention after that, and did change his dogfood etc. and he did seem to pick up and seemed more interested in life.

But Lee mentioned one rather amusing story that I will share with you when he appeared at our door the other day. It seems he lives near a cemetery in Seattle, and as he was walking by it the other day, he spotted a couple of elves sitting on a tomb-stone, while several more were tending the flower beds around it. Lee asked the elf how things were going, and the elf muttered: "This is a nice place to grow things, but people keep planting empty bodies here. Don't they know those bodies won't grow!"

Lee howled with laughter. Elves, it seems, are really more aware than some entities give them credit. We laughed too, knowing that Awareness has confirmed that Lee really does see and communicate with the elves and nature spirits, and that he was not just making up a joke.

For more information related to this subject, please refer to 'Revelations of Awareness' No. 83-22 (Understanding Trees and Animals); \$3.00 from CAC.

**HOW TO STOP SMOKING**

approximately one month in advance; that you tell yourself you will cease smoking on a particular date and that you mark off the days on the calendar as this day approaches. This Awareness suggests you also during this time, tell yourself all of the reasons why you wish to cease smoking. This Awareness asks you to also to visualize yourself in various situations of great beauty and desires, scenes and settings, groveling for a cigarette or being surrounded by cigarette butts and cigarette smoke; that you visualize cigarettes in the worst possible setting imaginable during this period prior to the date when you intend to quit smoking. This Awareness suggests you also imagine cigarettes lying all over the floor, in your bed, or, being completely surrounded by cigarette butts; these images intensifying during this period of the 30 days prior to the date when you intend to quit.

WHAT WILL HAPPEN TO THOSE ENTITIES WHO REFUSE TO AWAKEN ?

(Twisted Christianity... 'New Agers' Vs. the Laggards)

QUESTION:

A question from W.E. "I'd like to discuss, with the hope that Awareness could elaborate on this topic at some future time, of those entities who would not fit into the New Age when this planet's vibrational frequency increases to the vibrations of love and peace. I look around me and I see subtle changes occurring, but nothing that would indicate any kind of mass change of consciousness toward spiritual values. I will admit that there has been a great increase toward defusing the energies that would create a world war, and I can see that thousands of entities are finally waking up to the fact that peace must be established in order to coexist with humanity, if this planet is to survive.

"The numbers of people who are grasping New Age concepts are also on the rise, but generally speaking, it seems to me that most entities are still asleep and wish to remain that way. I have selectively attempted to relate a few of my beliefs: reincarnation, the validity of extra-terrestrials, etc., to a few friends and people I work with. For the most part it goes in one ear and out the other. Sometimes I get the feeling that people are afraid to know the truth, believing that it would drastically change their mode of living.

"Sometimes I can sense the fear behind the laughter and ridicule. I believe Awareness stated that perhaps humanity needs a massive kick in the butt, namely a natural catastrophe to effectively create a change of consciousness. Perhaps we need to experience additional suffering and tragedy to awaken us from this somnambulism. What I want to know is this: What will happen to those entities who refuse to awaken, who desire to cling to their material pleasures, who only live to excite the senses. Will such entities who could not withstand a higher vibration be forced to reincarnate to another planet?

"I have read that the Space Confederation would take such entities in their ships in physical bodies to other planets where they can start over again and hopefully rectify their previous mistakes, or kill and destroy, or whatever, to their heart's content. Specifically, I would like to know about the entity who is a fairly loving person, who basically harms no one, who lives a life primarily free, has no conception of the Inner Truths, who has no awareness of the Cosmic Scheme, or does not question his or her life premise, or question their reason or purpose for physical existence.

"I would like to ask Awareness to comment about those individuals who live basically decent lives, but seek not to extend their own Inner Divinity. Will such entities be able to exist within the Higher Frequencies of the New Age, and is there some kind of fine line between those who have evolved sufficiently to the level of entering this New Age on our doorstep, and those who lag behind?"

COSMIC AWARENESS:

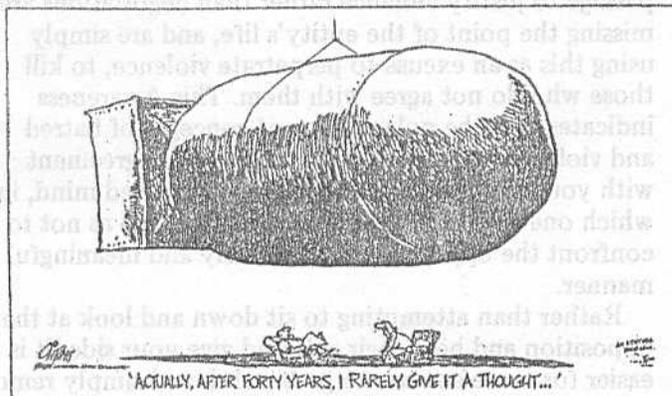
This Awareness indicates that there is no fine line to distinguish between entities who are New Age in nature and those who are laggards in nature; that the universal concept of soul or spiritual evolution is that all entities are redeemable until they themselves choose otherwise. That wherein an entity is incapable of moving with the evolution of a planet which is moving toward higher states of consciousness, that entity becomes antisocial in nature, as he is out of time and out of place with the new social trends.

This Awareness indicates that wherein, at one time, the entity who is a peace-maker may be seen as an anti-social being because he will not participate in the war and violence of a nation or planet; at another time, the entity who is the violent warmonger type will be out of place because he refuses to participate in the peaceful solutions to differences. This Awareness indicates that what is occurring at present on this plane is a very slow shift from the Neanderthal type of consciousness that is based upon the principle of: "If your enemy is strong, get a bigger club."

This Awareness indicates that the Neanderthal type of thinking in which problems are solved by the use of brute strength, the bigger club, the greater weapon, the more numbers of fighters and so forth; this is the type of thinking that has been prevalent on this planet almost since its beginning. This Awareness indicates that there is at present about to become that which may be considered a quantum leap in consciousness whereby entities begin to recognize that there are other ways to solve problems than by the use of brute force.

Negotiation--a New Way to Destroy Enemies

This Awareness indicates that entities are discovering that new weapon of problem-solving known as negotiation; that many entities still do not grasp this concept and do not see this as being a valid way of solving problems, when it is so much easier and quicker to destroy the enemy with bigger clubs and bigger weapons. This Awareness wishes to ask such entities: If it were possible to have a nuclear war or some type of global conflict that totally destroyed your enemies so as there were no



"ACTUALLY, AFTER FORTY YEARS, I RARELY GIVE IT A THOUGHT..."

further enemies available, such as destroying all Communists on earth, so that not a single Communist was left; if this were possible, would the thinking of those who remained, (if there were any who remained), then be satisfied to move into peaceful harmonious negotiation-type relationships whereby differences were settled by negotiation?. or would not the same kind of consciousness, having proven itself victorious, having destroyed all Communists in the world, and those who remained having seen the success of this; would not the same type of consciousness remain, whereby if any in the world opposed those who held weapons; would not this same type of consciousness feel it necessary to get a bigger club and destroy what few remaining enemies exist within their own camp? Might not this type of consciousness continue?

**Was Jesus a Prince of Peace or of Darkness?
(How 'Christians' Distort his Message)**

This Awareness asks: Where does the consciousness change? Does it change after everyone else who is in opposition to you has been destroyed by the bigger clubs and weapons, or does it change before such destruction? When do entities feel it is appropriate to learn to negotiate their differences? This Awareness indicates that there are many who call themselves 'Christians,' who follow the Prince of Peace, then who quote the passages in which Jesus states that he came not to bring entities together, but as a sword.

This Awareness indicates that this quotation and this interpretation gives them the excuse to believe that Jesus is backing them in their warmongering attitudes and would in fact distort this entity's image to that of a Prince of Darkness, a Prince of War, a Prince of Violence, when in fact, the entity lived a life of peace, a life in which he saw himself as one who brought peace to others.

This Awareness indicates the actions wherein this entity stirred up conflict were actions to point out particular places or forces which needed to be looked at carefully. The only expression in the entity's life wherein any type of violence was shown, was that expression in the temple of driving out the money-changers. This Awareness indicates this action as being a statement to the masses, who were under the control of the money-changers. This Awareness indicates that the entity, in reference to the enemy, stated that entities should turn the other cheek.

This Awareness indicates that those who use this passage to justify violence rather than negotiations are missing the point of the entity's life, and are simply using this as an excuse to perpetrate violence, to kill those who do not agree with them. This Awareness indicates that the polarization of concepts of hatred and violence toward others who are in disagreement with you are those concepts of the unevolved mind, in which one wishes to get rid of opposition so as not to confront the opposition in an orderly and meaningful manner.

Rather than attempting to sit down and look at the opposition and hear their side and give your side, it is easier for some entities to grab a club and simply remove

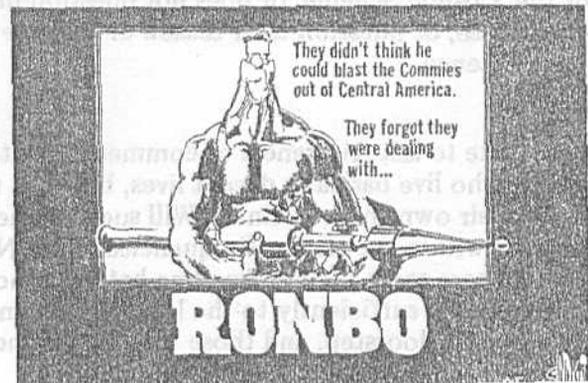
the opposition entirely. This Awareness indicates that because of the nature of the development of technology having run its course to such a degree that super-weapons are capable of destroying those who use the weapons, as well as those upon whom the weapons are used; it has become imperative that entities look at a new way of problem-solving,--the way of negotiation.

This Awareness indicates that there are those who say you cannot negotiate with the Communists; 'you cannot make pacts with the Devil'. This Awareness indicates that these entities are acting out of their own fears and projections, assuming that anyone who does not believe the way they believe, is incapable of any integrity, any honesty, any sense of decency or any commitment to agreements, and will point to the times when agreements have been broken.

This Awareness indicates these entities, of course, will ignore their own infractions, the breaking of agreements which their own country or their own group or culture has made, and will point to the flaws of others instead. This Awareness indicates that there is a tendency to be identified with yourself to the point whereby you see all things favorable within, and to look at the opposition and see all things evil there.

This Awareness indicates that such entities are impossible sometimes to budge from their opinionated self-righteous positions; that these entities will need a kick in the pants, or some type of shock to get them to the place where they realize that they cannot hold out forever being hostile to other human beings, simply because those other human beings see the world in a different way.

This Awareness indicates that these entities often do not recognize that the person who is in another culture actually has much the same feelings, if not the same dogmas as they have. These entities also want to live in peace; these entities also want to have their families, to pursue their own personal life purposes, to pursue their own happiness, to have comforts of living, and yet, these entities may also have the fear of you, and may be so fearful that they would build up weapons and not trust your agreements with them, and perhaps, like you, say that you cannot trust these people, therefore, "if we make agreements, let's be very cautious and not necessarily abide by these agreements any more than they do," and such people may have very much the same opinion of you as being an evil being, as you have of them, and such people may also feel that you are totally irredeemable, and as Khomeini has stated about the United States, as being the "great Satan of the world."*



This Awareness indicates those in the United States see this statement as madness, and see this entity as being of an evil nature. This Awareness indicates that the point is, each entity sees the enemy as evil, and as untrustworthy, and as being a threat, while they always see themselves as being righteous and good, and justified in building greater weapons and having great hostility toward their enemies, and justified in finding ways to defeat and destroy the enemies at all cost, and justified in avoiding any form of peace negotiations, and justified in condemning those who are in search of peace, or who promote peaceful means and the settling of problems as being part of the enemy's forces.

* A similar remark was recently made by President Reagan, who referred to Russia as an "evil empire."

The Peace Movement--'Communist Dupes'?

This Awareness indicates that there are many who see those in the peace movement as Communist dupes. This Awareness indicates that were the entity Jesus alive walking on earth at this time, promoting peace among all people, these Christians, these who call themselves Christians, would no doubt label this entity also as a Communist dupe. This Awareness indicates that they would no doubt disbelieve any claims he would have as to his Christhood and assume that since the entity was a peace-maker, he was simply being duped by the Communists, if not a Communist himself.

This Awareness indicates that this type of twisted Christianity as that which is most unusual and hard to comprehend, and yet, it has come so far as to reach this type of expression during the present times. This Awareness indicates that many of the supposed Christians have become so fearful of the Communists that they are less Christ-like than some of the Communists themselves. This Awareness indicates that it is important for entities to keep things in perspective and to move away from fear as much as is possible, toward love and wisdom.

This Awareness indicates that in the movement toward a higher evolutionary spiritual life, entities don't always change suddenly; the laggard may appear irredeemable, but most entities tend to be influenced by the leaders, by the masses, and when more and more people begin to change, even those who are adamant and hard-nosed about their position and their hostilities toward others will want to associate and be accepted, and in most instances these entities will gradually let go of some of their hostilities, and will begin to accept the possibility that peace indeed can come through negotiation.

This Awareness indicates that the more unevolved type, the subhumans, generally tend to be easily influenced by the leaders and by the majority, therefore, even though they may be warmongering in their attitudes at present, if society in general begins to change, these entities will tend to follow and be obedient to the new trends in evolution. This Awareness indicates that in rare instances, those entities who are irredeemable, generally entities who are not easily influenced, but who may be more highly evolved in the wrong direction, highly influential entities who are makers of war or violence, manipulators of freedom, manipulating the

masses in a negative direction; these entities are the ones who will most likely be removed from this planet when the planet enters into its higher evolutionary state.

Ahriman Forces Are Not Unevolved

This Awareness indicates that this refers not only to those highly evolved physical negative types, those types in physical bodies who are negative in nature, but highly evolved intellectually, it also refers to those who are of etheric body. This Awareness indicates the Ahriman-type forces cannot be called unevolved, for they are highly evolved, but in a negative direction. This Awareness indicates that the possibility of these entities being redeemed on this planet, within the short period allotted, is not of great potential.

This Awareness indicates that it appears more likely that long eons of time will be required to allow the Ahriman-type forces to evolve into more positive spiritual beings.

The Ahriman Conspiracy to Suppress Spiritual Knowledge

This Awareness indicates (this as a kind of aside to the question), that entities should be aware that there is what may be termed a conspiracy among the Ahriman-type forces to prevent the masses from accepting the concept of ethereal beings; that when entities begin to understand the actuality of ethereal beings, the movement of Ahriman-type forces in and out of this dimension, as the Brothers of the Shadow, as certain types of UFOs; that these concepts of this type, in seeing the ethereal nature of these beings, this becomes a threat to the Ahriman Forces because they are able to use the etheric escape routes or entrances into this dimension and do not want the masses to realize these movements are possible.

This Awareness indicates that essentially, it is somewhat dangerous for entities to discuss this principle for the Ahriman Forces are quite concerned about covering up the movements of their etheric entries and exits from this planet, from this dimension. This Awareness indicates that this hinted at very strongly in the works of John Keel: *The Hunted Planet*; *The Eighth Tower*; and *The Mothmen Prophecies*. This Awareness suggests entities who are interested in these concepts should purchase these books while they are available, for they soon may become unavailable to the public; that you may find these books in second-hand stores if they are not available in new copies.*

This Awareness indicates that the Ahriman Forces essentially operate in the subetheric and astral levels; they are capable of seeing the future and of conveying the future, but are not capable of seeing the overall plan, the overall movement and future actions upon this plane, and it is this inability to see what is seen on the higher etheric levels that prevents, and will prevent the Ahriman Forces from totally conquering this planet.

This Awareness indicates that it is also for this reason that this Awareness does not ever disclose the true future of events in the highest sense.

* These books already have been removed from the market.

For more related information, please refer to 'Revelations of Awareness' No. 82-24 (Special Report): 'The Forces of Ahriman'; \$4.00; Also, No. 83-3 (The Brothers of the Shadow); \$3.00 from CAC.



Wisdom in a nutshell...

HOW TO RAISE A CHILD

QUESTION:

I would like to raise my daughter in the best ways I can and as she should be raised. I try to use love and understanding, but I realize I don't know the best way. I did not have a lot of good examples for this during my own childhood. Would Awareness briefly check this and tell me some ways I can improve, understand and handle some of the situations I don't cope with very well?

COSMIC AWARENESS:

This Awareness indicates keep her warm physically, emotionally and spiritually. Keep her fed physically, spiritually and emotionally. Keep her in a safe harbor physically, spiritually and emotionally. Keep her from harm and occasionally give her strokes,—a pat on the head, a hug, a kiss,—let her know you care. Listen to her complaints, desires, her hopes. Do not feel it is absolutely necessary to fulfill all of her wishes, but be willing to listen to whatever she has to say. This Awareness suggests that *quality* of contact is more important than *quantity*, but both are important. This Awareness suggests you give this entity certain amounts of time whenever it is convenient or needed and that this time and attention be of a high quality whereby you can speak to her and listen to her without having your mind preoccupied with something else.

This Awareness indicates instill in this entity values for the rights of others and for her own rights. Give this entity a good self-image so that she feels she is a good person and give the entity those things which are appropriate for her to develop her dexterity, her mind, and her talents. Encourage the entity to communicate and to share her feelings and to express herself in ways that are not harmful to others. Encourage the entity to develop any skills or talents which she has to offer. Assist the entity during hard times,—when she is tired or fearful or entering new stressful situations. Be there to encourage the entity. Do not expect too much from a child. Do not expect adult behavior, adult courage or adult responsibility from a child. Give this entity the feeling of trust that she may trust you to care for her physically, emotionally and spiritually.

This Awareness indicates it is as simple as that and needs not be overly complicated.

SOME GOOD THINGS ABOUT THE ROCKEFELLER BROTHERS

T.H. had a question: "After hearing the information released by Awareness and Dr. Beter about the Rockefeller brothers, I find it hard to think any good thoughts about them. Has Awareness ever given any reincarnational material about any of the Rockefeller brothers? If not, would It consider doing so now? I ask this in the hope that such information might make it easier to understand how they could become as they were." Would Awareness give some information on the Rockefellers in relation to past lives that might be of some importance at this time in clarifying this question?

COSMIC AWARENESS:

This Awareness indicates that the entity David Rockefeller in a previous lifetime as being the entity who began the Rothschild banking dynasty; who had the pawnshop in Germany with the red shield hanging as a symbol. This appears to be the entity Meyer Rothschild. This Awareness indicates the entity Nelson Rockefeller appears to have been a nobleman in England and also a lifetime as a ruler in the Mediterranean, either as a pope or an emperor...the energies not clear enough to be more precise at this time.

(FOLLOW-UP QUESTION):

One final question in relation to the Rockefellers from E.L. She writes: "I feel I must tell you that I have strong desires to send love to the Rockefellers and others in these power places when I see their pictures, instead of feeling fear or repulsion or anything else. Is there some kind of kindred spirit, or just my motherly love feeling? I have 9 children, and love them all intensely, regardless of the state of their spiritual growth at this point in time. Anyway, I do feel that somehow, somewhere, he too and the others will become aware of their god-soul origin, and like the Prodigal Son, need and desire to return." Is her evaluation correct?

COSMIC AWARENESS:

This Awareness indicates that essentially, the Rockefellers as having served a very useful purpose in helping to bring the evolution of general humanity on this plane to a higher degree of development; that though these entities were essentially seeking power for themselves, the motivation being that which was somewhat, or quite self-centered, the entities also did hold certain values and principles which they considered important to them,—this being in particular a certain respect in terms of the clarity in which they would conduct their business and transact their relationships with others.

This Awareness indicates that in this sense, these entities did concern themselves with a kind of artistic dedication to making a more physically beautiful world; that when the Rockefeller forces held sufficient influence, they assisted in certain actions of beautification and hygiene and cleanliness and commercializing of the United States civilization and way of life. Through the influence of these entities, much of this has also spread into other countries of the world, whereby fine buildings, architectural accomplishments, services and products have been made available to countries which prior to the Rockefeller influence were still experiencing primitive lifestyles.

This Awareness indicates that the motive of the Rockefeller brothers, while basically being to set up their empire, also envisioned an empire that brought to the people a higher lifestyle than had been experienced on this plane in past recorded history. Therefore, these entities might be classed as benevolent dictators at heart, and in that sense, these entities may be recognized as having certain virtues, even along with their ambition. This Awareness indicates that *It* has not intended to influence entities into thinking of the Rockefeller brothers as being evil in nature, rather, *It* sought to expose the plans of these brothers as they attempted to set up a great dominating force, or dictatorship over the masses.

This Awareness indicates that the generation of children and grandchildren under the four Rockefeller brothers as being much more open to humanitarian principles and ideals and less ambitious in their efforts than were the four brothers. This Awareness indicates that therefore, *It* suggests that entities not think of the name Rockefeller as being that which is inherently bad, or representing anything evil. Rather, it is a powerful name, and the power accompanying the name can be used for good or ill. This Awareness suggests that entities being made aware of this power, should watch the power, to understand where it is being applied, and whether it is for good or ill.

This Awareness indicates that likewise, with the Rothschild forces, the same holds true; that wherein the Rothschild influences are expressed in certain areas, there can be seen misapplication of power, while in other areas there can be seen many good works and accomplishments that benefit humanity. This Awareness indicates that in both these instances, both these families, and in others, and in the use of power by various groups, there can also be seen violations to humanity which need to be better understood, and need to be eliminated from the actions of civilized societies.

This Awareness indicates that wherein actions are seen and properly understood, and rules or publicity, attention of masses can be placed upon these actions so that the actions are not excused or hidden from view, then such violations will become more and more difficult to continue. This Awareness suggests that therefore, it is important that entities know who holds the power, and what they are doing with that power. It is not so important that entities set up some form of judgment system to condemn, to hate, to dislike, or to point an accusing finger at a group, individual, or source of power, simply for the purpose of having an enemy to blame all the ills of the world upon.

This Awareness indicates the true purpose is to be able to understand the misuse of power, or the use of power and to see how it is being applied to the events which occur, and to be able to influence that power so that it is used for the benefit of humanity without its use in destructive expressions.

He who knows
does not say;
He who says
does not know.

Lao Tsu

SHOULD ONE SEND HEALING ENERGY TO THE DEAD OR ONE PASSING OVER ?

QUESTION: (Vicki):

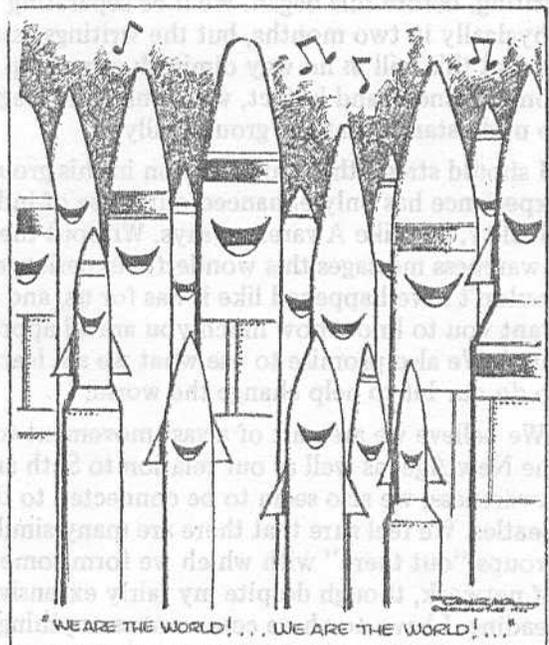
Awareness, I had one last question in relation to the process of transition, the passing over, discussed earlier. I've noticed some of the members have sent in for the Healing Wednesday for people who are in transition, or have just recently died. What is the effect of having a healing on someone who is dying, or has just died?

COSMIC AWARENESS:

This Awareness indicates that this action gives entities a greater vitality, which is likened unto sending energy to an entity, so that the entity may use this energy to go any direction, or for any purpose which the entity chooses. That essentially, it is an energizing process that does not impose a willful direction on the entity, but simply gives greater vitality so that the entity may use that energy in whatever choice or direction or purpose the entity desires. This Awareness indicates that one entity may use that energy for recovery in the physical plane, another may use that energy to propel himself or herself further toward the Clear Light, or toward whatever direction the entity seeks to move.

The vitality and energy given, as that which generally adds to the awareness level of an entity, so that they have greater objectivity in a spiritual sense to make proper decisions. This Awareness indicates that even as an individual in waking up from a dream can wake up tired, or can wake up feeling really good, likewise an individual passing over may wake up on the other side feeling as though they had been through hell, or may wake up feeling bright and cheerful, full of energy and happy to be alive in this new dimension.

This Awareness indicates that essentially, the energizing process as that which gives the entity greater vitality to use, and greater awareness to choose how that vitality may be used.



HOW TO KEEP YOUR PSYCHIC GROUP FUNCTIONING CORRECTLY (DO'S AND DON'T OF THE OUIJA BOARD)

QUESTION:

We got a letter from E.M. in Germany, who writes: "For the past three years, my husband and I have been involved in an amazing experience which we feel is connected to the Awareness movement, and which I'll attempt to summarize for you. It began when a friend and I, inspired by Awareness and Seth, started experimenting with a Ouija board. Immediately we received messages, asking that my husband and two friends become involved, which they did. Within a short time, all five of us were producing automatic writing which seems to come from the same or a closely related source.

"The writings, which are signed 'Yelock', have been guiding us through a simply incredible learning experience. We feel we are in contact with another level of ourselves. The writing contain all the loving wisdom one would expect from the High Self, but with an additional group aspect. We've been told Yelock represents the Oversoul, of which we are individual physical expressions.

"What we are doing, is making this Oversoul conscious, or in other words, creating a group mind. Our weekly sessions include the Scorpio Magic lessons. Each group member benefits from whatever any of the others learn. There are others not physically with us who seem to be learning right along with us on unconscious levels, and three of these are also writing for Yelock.

"We have no idea how large the group is, or exactly what it is. We didn't choose the members. The group simply emerged, and some of them had never heard of the New Age, or automatic writing, before this began. We'll be separating physically in two months, but the writings assure us that this will in no way diminish our group consciousness, and in fact, we'll only then begin to understand what the group really is.

"I should stress, that participation in this group experience has only enhanced our sense of individuality, just like Awareness says. Without the Awareness messages this wonderful experience couldn't have happened like it has for us, and we want you to know how much you are all appreciated. We also promise to use what we are learning to do our bit to help change the world.

"We believe we are part of a vast movement toward the New Age; as well as our relation to Seth and Awareness, we also seem to be connected to the Beatles. We feel sure that there are many similar groups "out there" with which we form some kind of network, though despite my fairly extensive reading, I have nowhere come across anything quite like this.

"Physically, the five of us are pretty isolated from the New Age movement, being civilians working for a military base in Germany. Have you heard from any other groups like us? We would really like Awareness to comment on such groups, and if these are to emerge as the world moves towards new concepts of shared consciousness.?"

COSMIC AWARENESS:

This Awareness indicates that in the book *Cat's Cradle*, by Kurt Vonnegut, an entity mentions that which is called the "karass"--this as a kind of identification of entities, being brought together by some unknown force, or having some kind of mutual common denominator. In this book, he gives an example of identifications which are not the "karass", such as the woman who is constantly searching for people who are from Indiana, simply because she has a strong identification with Indiana.

This type of identification may form a group, but it is not a karass. A karass is formed by something totally different, wherein entities are brought together for no apparent reason, and feel that they belong together, and in a group have an action and purpose which they may not know, but which may be revealed to them as time continues. Essentially this is the same thing as is presented in the Kahuna philosophy which was expressed in the Scorpio lessons, relating to the Higher Self, or Oversoul, whereby entities have a mutual Guiding Light. In some instances, this Guiding Light may grow larger and larger, according to the energies being given by those who are involved in the group.

Cautions in Using the Ouija Board

The only caution which this Awareness suggests is that when you are involved in automatic writing, when you are involved in Ouija board operations, or any form of divination, that you not allow the vibrations to diminish into jokes, humor of a low level, or argumentative, competitive, or playful types of energies, for what will likely occur is that the solemnness of your contact, and the energies allowing this contact may become distorted in such a manner as to allow mischievous forces to enter in.

To prevent this, this Awareness suggests that you have a particular ritual which you use. This Awareness suggests the lighting of a white candle, or repeating the *Law of Love*, or repeating some statement or prayer which calls upon the Divine Forces, or placing some symbol such as a Christian symbol or a symbol which to you represents that which is good and holy: placing this nearby in order to sanctify and bless the action, and keep away any lower vibrations.

This Awareness indicates that these rituals, though very brief, can be quite beneficial in helping to create the proper atmosphere for such communications and to keep those communications at a high and pure level. The other caution relates to allowing entities to become involved with you, wherein these entities are not of the same sincerity.



BOTHERED BY NARCOLEPSY ?

TRY THIS SIMPLE REMEDY

That this is not likely to occur unless you begin to feel some kind of significance in your procedures and operations and allow this feeling of significance and the excitement and enthusiasm to tempt you into bringing some person who you may know in, in order to impress that entity.

This Awareness suggests you be cautious to avoid any effort to impress anyone, any effort to show anyone the significance of your action; but rather, that you concentrate on what you are doing with a sincerity, keeping the purity of your sincerity and the attitudes of your sincerity as clear as possible. This Awareness suggests that in any group action of a spiritual nature, it is most important to protect the purity of the action. Even though the group remains small, protect the quality, and do not invite quantity if the quality will suffer.

This Awareness suggests you not seek to have large numbers of followers or people involved if it will in any way affect the quality of your work; that as the quality becomes more purified and the work continues, even though the numbers involved may remain small, in time, when it is appropriate, the masses will recognize the value of your work.

(FOLLOW-UP QUESTION):

Is she right in assuming this is part of a network that is part of the New Age movement?

COSMIC AWARENESS:

This Awareness indicates that this is appropriate and correct. This Awareness suggests however, that she be most cautious about spreading the word too fast, inviting too many entities in too soon. That rather than do this in the sense of advertising or proselytizing it is better simply to allow those contacts to be made on the psychic level, whereby those entities come to you and make contact with you, allowing these entities to be drawn into the action, rather than reaching out to draw entities in. In this manner the true ones will be brought in by those energies of the Higher Forces, and it is not necessary or appropriate that those in the physical body should make an effort to go out and find these entities; that you can receive further information from your sources: the Light, the Higher Self. That you may be informed that certain entities should be contacted or given this information; this being appropriate; that you may thus contact such entities with the information.

This Awareness suggests however, that you not make a grand effort to round up others who have not been specifically mentioned or given to you as belonging to this group, for if you simply open your doors wide to anyone who will come or to any who you can entice through your advertisements, for example, this will bring in so many energies which are not pure, which are simply seeking to get in on some kind of band-wagon activity, bringing along with them their own aberrations and disturbed emotions, that you will have great difficulty in keeping your purity and clarity and the group action on course.

A question from A.V. in Winnipeg, Manitoba: "I have an important question to ask of Awareness, a personal question which is causing me much concern. I am a narcoleptic; this is a neurological condition wherein one is subject to uncontrollable urges to sleep. The medication I take for this condition is not being made in Canada anymore. Without it I shall have to quit work as I am unable to stay awake for longer than a half hour. What I wish Awareness to answer for me is this: What is the cause of narcolepsy, and what may I do or take to remedy this?"

COSMIC AWARENESS:

This Awareness suggests that in your case this is a chemical imbalance; that there appears to be a problem relating to the adrenaline in particular. This Awareness suggests that you avoid sugar foods, sweets. That a diet, this as a gradual shift to a diet of grains, as that which can be very beneficial to you; this to include grains and seeds, with fresh vegetables and a small amount of fruit, this preferably apples, citrus fruit and tropical fruit. This Awareness indicates in terms of grains and nuts and seeds, that this be flax, rye, triticale, whole wheat, oats, barley: this may be used mixed together as a cereal along with sunflower seeds, sesame seeds and pumpkin seeds. Also, various nuts may be used in your diet.

This Awareness suggests that fresh vegetables, particularly cauliflower, broccoli, brussels sprouts, chard, asparagus, celery, green onions, and lettuce other than the iceberg lettuce, parsley and artichokes may also be beneficial. This Awareness suggests the diet as that which may be difficult to follow exactly for some time, but that a gradual shift to this can be of great benefit. This Awareness indicates that the use of sweets, the use of refined flour as used in pastries and most bread, as that which is aggravating your condition.

This Awareness indicates that you avoid drugs, alcohol, and cigarette smoke, that you avoid marijuana smoke also; that these have an effect on the blood-sugar level, or on your general chemical balance. This Awareness suggests that the use of garlic tablets or pills, the use of cayenne capsules or powder, mixed in juices, the use of 'brewer's yeast', fruit pectin, lecithin, Vitamin E, Vitamin C, pantothenic acid, nucleic acid, chromium, pangamic acid zinc, copper, potassium, rutin, Vitamin B-1, B-2, B-6,-- these as being beneficial. This Awareness suggests also that Vitamin B-12 shots administered by a doctor can be of great benefit to you. Also the use of Reju-Vigor over a prolonged period of time, this being approximately one year, that this be approximately 6 tablets, 5 days per week.

This Awareness indicates also that a hypnotist can be of service, whereby the hypnotist is able to work with you in a proper manner, to communicate to your deeper consciousness. There appears to be some psychological problem relating to this that you may uncover through hypnosis, which is causing a block in your consciousness when certain feelings are experienced, causing you to desire to escape from reality and present experiences into levels of sleep.

ED's Note: Forget it! Keep on snoozing.

THE NEPTUNIAN ENERGIES: WHAT TO EXPECT OF THEM

This Awareness indicates that the difficulty which entities upon this plane experience in regard to Neptunian energies,--Neptunian energies being those which are associated with deceptiveness, whereby deception occurs, often not with clear intent to deceive, but simply because of confusion or lack of definition, whereby the clear lines are not quite clear enough, or are not well defined, so that ambiguity creeps in and obscures the lines of definition; that this ambiguity or Neptunian energies, that which is the mystic energies, the deceptive energies, the confusion associated with drink, drugs, mind altering images, dreams, fantasy, hopes and wishes, words and lies; this Neptunian energy as one energy associated with both crime and fantasy and great mystical experience, for when the fantasy violates and one is hurt by the fantasy, it is seen as a crime, but wherein one benefits from the fantasy it is seen as a mystical experience of great value.

This Awareness indicates that entities seek fantasy, they seek these mystical experiences, they seek to have their dreams fulfilled, and in such seeking risk the possibility of being deceived, of suffering from a crime of deception. This Awareness indicates that the Neptunian energies associated with the unknown, serving in the area of supplying fantasy, images, psychic patterns, potential dreams, supplying these things to the rational mind so that it can have some form of gratification and some form of definition upon which to make decisions, upon which to act when there is no other way to find the evidence, to find the facts, to find the support to make such decisions.

This Awareness indicates that when entities become involved in searching for facts and the Neptunian energies enter in, it is very easy for entities to rely on the Neptunian mystical energies, and to alter facts or to build upon fragmented facts a castle of their dreams. That entities dealing with Neptunian energies risk being deceived, yet that element of risk as that which also gives entities a sense of higher purpose, of higher meaning, a feeling of mystical value, mystical worth. If Neptune and the Neptunian energies, the mystery of life was taken away, entities would not be deceived, but they would simply be imprisoned by the forces of matter, and would have no imagination to allow them to escape from the realities of the material domain.

This Awareness indicates that entities in becoming more aware of the subtleties of the Neptunian energies will find themselves attuning more and more into the spiritual dimensions, the etheric domain, whereby the sensitivities become sharpened.

"I think the enemy is here before us...I think the enemy is simple selfishness and compulsive greed.. I think the enemy is old as Time, and evil as Hell, and that he has been here with us from the beginning. I think he stole our earth from us, destroyed our wealth, and ravaged and despoiled our land. I think he took our people and enslaved them, that he polluted the fountains of our life, took unto himself the rarest treasures of our own possession, took our bread and left us with a crust, and, not content, for the nature of the enemy is insatiate--tried finally to take from us the crust."

Thomas Wolfe, from his book, "You Can't Go Home Again", published in 1935 by Scribner & Son, New York, N.Y.

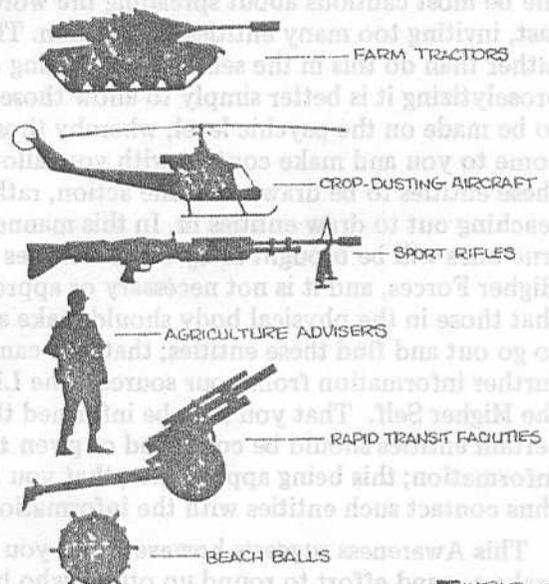
THE ASTRAL CHILD PREDICTED BY NOSTRADAMUS IS BORN ?

QUESTION:

A question from R.E., Nampa, Idaho. "Would Awareness comment on the birth of the 'astral child'? Nostradamus predicted an astral child would be born on August 13, 1982, on the 13th second of the 13th minute of the 13th hour on Friday the 13th. The child was actually born according to his prediction, down to the exact location in terms of latitude and longitude. It is claimed this child will be a leader of the masses in the year 2000. The last astral child was born thousands of years ago, and his name was Moses. Is this information correct? (The information came from 'Astrology and Psychic News' magazine).

COSMIC AWARENESS:

This Awareness indicates that it appears that there is a big significance made over the birth of this entity which is in itself not of any great significance, but the fact of the significance being made over the birth is that which is of significance. This Awareness indicates that it appears that this significance being made over the birth of this entity as that which could have some effect on the thinking and the environment and training and development of this entity. However, it does not appear that the significance will be of such degree as to bring about a great world leader; that it can create delusions of grandeur in this entity and can affect the entity's upbringing and attitudes if this significance is emphasized through the child's upbringing. This Awareness indicates that it does not appear that the prediction of Nostradamus was properly interpreted.



U.S. ECONOMIC AID GUIDE TO CENTRAL AMERICA

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