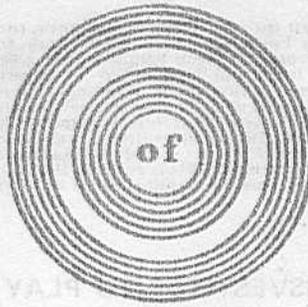


Revelations



Awareness

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P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware



"Don't dream it--be it!"

THE ROCKY HORROR PICTURE SHOW

IN THIS ISSUE

- Transvestism...Page 2.
- Rocky Horror Picture Show..P. 3.
- Luciferian & Satanic Energies..P. 4.
- What Alien Forces are Left P. 5.
- Fear in Mass Meditation..P. 6.
- What has Happened to all Those Missing Children? P.7.
- "Alternative OO3" ...P. 7.
- Mercury in Dental Fillings..P.8.
- Mercury in Tuna and Canned Goods..P. 9.
- Enhance your Good Fortune with Gold P. 10.
- Hysterectomies, Menstrual Problems..P. 10
- Do Female Organs Atrophy if they Don't ever have Babies? P. 11.
- Wasted Talents on Earth Must be Balanced after Death...P. 12
- The Law of Harmony & Agreement P. 12
- From Russian 7th Graders...
- A Letter to America P. 13.

TRANSVESTISM--WHAT IS IT ALL ABOUT ?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter. Paul Shockley, Interpreter

WHAT CAUSES TRANSVESTITES TO PLAY "DRESS UP" ? ARE THESE ENTITIES BREAKING ANY SPIRITUAL OR KARMIC LAWS?

(Looking for the other side of self)

QUESTION:

W.C. up in Maine, has a question. "I would like Awareness to please comment on transvestitism. What are its causes, and are there spiritual and/or karmic consequences to those so affected? Further, is it advisable to attempt to influence such persons away from this tendency, and if so, how should it be gone about?"

COSMIC AWARENESS:

This Awareness indicates this as something akin to physical schizophrenia, rather than mental schizophrenia; that this as related to an entity who's been classed as one sex, and expected to act as that particular sex, but not feeling that polarized into that particular sex, male or female body. Therefore, the entity occasionally wishing to feel the other part of himself or herself,--the feminine side or that other masculine side,--the entity puts clothes upon himself or herself, of the opposite sex in order to experience what it would be like to be the opposite sex; and this brings out certain psychological feelings which the entity wishes to experience, partly because the entity can't accept themselves as they are in the role which has been presented for them.

This Awareness indicates that this as not a spiritual problem, nor even a social problem, nor a personal psychological problem until it is considered a problem by either the individual or society, or by the individual's spiritual values. That if this were not considered as a taboo, then entities could wear any form of costume they choose, and it could be looked at as simply humorous or bizarre or interesting. This Awareness suggests that it does appear to be odd to certain expectations of entities to see a man wearing women's clothing; but it is no more strange than if a woman from the 1920's era suddenly appeared in the 1960's and saw girls wearing men's clothing in the parks and on the streets, wearing jeans and shorts and appearing as in men's clothing. Nor would it be acceptable to such an entity to see the men with long hair and colorful shirts.

This Awareness indicates that this as a cultural identification, and as being offensive to certain levels of consciousness who do not like seeing men in women's clothing. The reason this is offensive generally being

because it appears as a sacrilege to men's concept of women, and also to their own masculinity. On the other hand, wherein a woman dons men's clothing, this often is seen as acceptable by men. Seeing a woman in a man's shirt or in men's jeans,--this is more easily accepted and can even appear to emphasize the feminine qualities by the contrast of the men's clothing.

This Awareness indicates this as simply a conditioning in society, rather than a form of spiritual perversion. That it can be considered a social perversion, and in some cases an individual participating in such actions may be psychologically disturbed, and this disturbance may cause the entity to express himself or herself in bizarre manners which would shock others. But it is not the clothing or transvestient activity that is the perversion, it is the attitude of the entity in breaking traditions and customs which is the expression of the perversion, and choosing to do it in this manner.

This Awareness indicates that if the general society all agreed to let men wear women's clothing and women wear men's clothing whenever they felt like it, or on special occasions such as on "Opposite Sex Days", this could become totally acceptable; and any entity refusing to participate in such activities might be considered weird or bizarre or perverted for refusing to cooperate with the rest of the social trend. However, entities who desire to do things which are taboos, which are out of line with social expectations, do reflect some kind of psychological blocks, whereby they feel a need to rebel against the norm in order to express themselves. This usually relates back to some kind of inhibition related to childhood or parental influence, whereby the individual never quite took command of his or her own life openly, from the parents, and therefore must, through some secret action, rebel in a way that most people do not see or whereby only strangers witness this rebellion. This as likened unto a sneaky form of taking control of one's life, by divorcing oneself from the parental values which were expected, rather than openly divorcing one's parents and their values by speaking to them face-to-face in a clear discussion.

THE ROCKY HORROR PICTURE SHOW—WHY IS IT SO POPULAR?



COSMIC AWARENESS
REVIEWS A MOVIE

FOLLOW-UP QUESTION:

There is a bizarre underground movie that's been around for about ten years now, and it's breaking all kinds of records. It's called the *Rocky Horror Picture Show*. It's a musical that also had a stint on Broadway some years back, and it all concerns a transvestite. We have talked to people who have seen this movie thirty and forty times, and this is supposed to be sort of the norm around the country, that the same people are going back and seeing this same movie over and over, even memorizing the dialogue, and I'd like to ask Awareness if there is any connection between this transvestism and these people who are watching this particular movie?

COSMIC AWARENESS:

This Awareness indicates that there are many entities who watch this movie that receive a kind of reaffirmation or reassurance to certain feelings within themselves, reinforcing their feeling that they are all right whether they are playing the masculine role, which they are expected to play in the masculine body, or whether they are playing the feminine role, as they may be expected to play. That these entities also may feel a form of rebellion toward society by moving into a different framework of reality and simply enjoying the concept of reversing roles or wallowing in unusual and bizarre concepts and ideas.

This Awareness indicates that essentially, the movie as breaking down sexual barriers and taboos, breaking down definitions and values, and throwing it all into a trash can, to create a general feeling that any sexual taboos or definitions are but meaningless and invalid. That the movie as relating to creatures, or entities from outer space who do not have the same sexual values as those on earth. Therefore the appearance is that they are justified in being bizarre, since they are from another planet; that this as a way of ripping apart certain social mores and morals and expectations. This Awareness suggests also, that entities being programmed by this movie, can get into concepts of totally different types of values from others who would be shocked at this movie, and find these values acceptable.

This Awareness indicates there are within this movie enough moments of clever artwork, song and plot, to have some appearance of being worthy of attendance, and many entities believe this movie to be 'campy' or to be of a particular value in a social

sense, making a social statement. However, that generally speaking, this movie's social comment is of a rather shallow level, except for those entities who need reinforcement that certain of their unusual ideas are common and acceptable,—these entities may return again and again for such reinforcement.

This Awareness indicates that the movie is harmless for entities who watch and move on, but can be dangerous for entities who believe it is an ultimate and become hung up on that level of consciousness. The movie can rid entities from certain heavy polarized taboos, but those who remain in that level of identification with this movie, may find themselves becoming more and more attached to the moralities of the particular movie, and therefore, no better off than those who were attached to other moralities. These entities may also even find themselves developing guilt feelings if they are not attending the movie each time it plays.

This Awareness indicates that many of these entities are also being given free passes and being paid to return to the movie and to carry on in the movie,—lighting their lighters at certain times, repeating the lines at certain times,—in order to give the impression to new audiences that this is the "in-thing". This Awareness indicates that this movie is in part being promoted to assist in the breakdown of the values of society in terms of general, natural, sexual, and cultural trends; this as on the threshold of pornography, pornographic movies, yet having some slight class or redeeming values in terms of art,—this appealing mostly to younger persons who are stuck in the gonad and adrenaline levels of consciousness. This also having heavy astral influences, whereby entities from the astral plane operate through those in the theater, coming through the images on screen and attaching themselves to the audience.

How Astral Energies Enter this Plane (The Religion of Bizarrism)

This Awareness wishes to explain further: This Awareness indicates that through music of a heavy beat, through drugs, and through sex, the entities from astral levels are able to enter into this plane with greater ease, and can, in fact, inhabit bodies of those who open themselves to excessive sexual energies, excessive use of drugs, and the incessant use of heavy rock music. That this is allowing the astral energies and entities to enter into this plane. In one sense, this allows these areas of Limbo to be cleaned out; in another sense, it allows greater negative energy into this plane, which will need to be reconciled and cleansed and balanced.

This Awareness indicates that generally speaking the Luciferian forces have reached a frenzy on all levels and are everywhere present, and are merging with the Christian forces. There are also those Satanic forces which are moving upon this plane; and this, along with other forces, creates that which is a general hodgepodge of consciousness, which is likened unto a boiling caldron, and it can come to rest or it can move into explosive energy levels, depending on the capability of all parts to accept, to communicate, to learn how to relate without being devoured or sacrificed, or without violating each other.



ED's Note: This editor feels Awareness was a bit stodgy and shallow in its review of the 'Rocky Horror Picture Show'. This movie is very 'trippy', and one I would call a "stoner" flick, for it allows the audience to let go and respond to its multi-levels of concepts, dialogue and images. You can actually hear the 'hangups' of entities surfacing in their various vocal responses to the story. I like it primarily for the performance of Tim Curry who played the mad Dr. Frankfurter, scientist and transvestite,--he was absolutely superb. I also liked it for the many tunes, which are catchy and interesting, including Meat Loaf's song as he rides his motorcycle recklessly into the freezer where he meets his demise and becomes the hit of the menu. I thought the

This Awareness indicates that things may grow even more bizarre than persons attending bizarre movies 40, 50, or 100 times. This, of course, as a form of what may be termed "mini-insanity," or a form of escapism from reality into bazzarrism. The religion of bazzarrism as growing very quickly on this plane; that there are many who value the bizarre, worship the bizarre, and pay homage to the bizarre.

space people were funky and horny, rather than 'pornographic' and the movie in itself well-acted and thought-provoking. It is usually playing in Olympia at 12 midnight on weekends, this being a college town, and the best hour for the CAC staff to slip out to see a movie. I have seen it six times so far and I'm beginning to hear some of the catchy dialogue, which is usually suppressed by the noisy 'groupies' in the audience who mock the actors, word by word, shoot off water pistols and throw toilet paper up into the air etc., many of whom are dressed like the characters in the flick. (Let's face it, I probably go because I enjoy seeing a very ripe Susan Sarandon in her first flick, prancing about in the buff). Going to this flick is more of an event than anything else, and I recommend that everyone ought to see it at least one time. If nothing else, you will be helping to transmute those very energies Awareness indicates need transmuting. (Avaton).

THE DIFFERENCE BETWEEN LUCIFERIAN AND THE SATANIC FORCES

(FOLLOW-UP QUESTION):

Would Awareness please delineate or explain the difference between the Luciferian force and the Satanic force?

COSMIC AWARENESS:

This Awareness indicates that the Luciferian forces basically are from the area of Orion, a hole in space these forces come through; these forces have been upon this plane for long periods of time; these Luciferian forces also from Hades, coming through from the dimension of Hades. That there is the movement into the universe from various holes in space, as well as the movement into this plane through interdimensional efforts; the Luciferians as capable of moving from the astral plane into the physical, and back from physical into astral levels. This Awareness suggests that planes above this in the etheric levels, the mental planes, these beings are those which have been referred to as the Celestials; the Infernals as the Luciferians; that the Satanists as from a much more remote area of the universe,--these entities referred to as the Natas, which is Satan spelled backwards; these entities as seeking the control of the minds of

others; these entities seek to possess others, control their minds and control their beings.

This Awareness suggests that the Luciferians seek to control the energies of others, to use their energies and to feed off of their energies; that the Luciferians basically are closely compatible with most humans, but are more likened unto a vampire race.

The Influence of the Celestials

This Awareness indicates that the Celestials are a peaceful type, who do not interfere with the energies of others. These entities do not seek to interfere by using or disturbing the energies of others, but rather these entities seek to assist in the development and spiritual progress of others. The Celestials often take human form. The Celestials often are born on earth, through earthly parents, and grow in the society and add their energies to the society; that they also occasionally enter through the interdimensional activity of simply appearing, manifesting out of thin air by moving through the electromagnetic spectrum into this dimension; that these entities have greater capability of moving through further dimensions than the Luciferians.

However, it is not as easy for Celestials to enter the physical plane as it is for the Luciferians; that it takes great energy for Celestials to become as solid as the physical body, unless they are brought through the womb. This Awareness indicates that the Luciferians were originally Celestial beings, but these entities through the Divine Plan were forced out of Celestria in order to create new worlds and to discover their own being, the depth of their being; that these entities are basically the magnetic life forms, as opposed to the radiant life forms of the Celestrians.

The Natas are Looking for a New Home

The Natas persons are not as much from the immortal realms, as from deep space in a physical sense; these are aliens from another planet, but these entities have powerful mind force and can project themselves into the consciousness of others here upon this plane. These entities are struggling to find a new planet because their own planet as being slowly destroyed. This Awareness indicates these entities as wandering through space seeking places to inhabit,--these special wanderings not being of a physical nature so much as a mental nature. The entities as likened unto astral beings who can, and desire to move into the bodies of others and inhabit those bodies; that these are the so-called demons that often are experienced.

This Awareness indicates that the Luciferians and the Satanists once worked together; that this not presently so, as the Natas or Satanists determined that they could not trust the Luciferians. That at present time, the Luciferians as having the greater power, this power being based on trickery, deceit, intelligence, and promises which amount to trickery.

This Awareness indicates that the Christians as being likened unto lights which shine forward in a narrow beam, which do not look in other directions, but simply toward the straight and narrow. Therefore, they are often unaware of what is occurring around them, yet they also create a path of light for entities to follow when entities are lost. That the Luciferians in relation to the Christians, generally scoff and laugh at their narrow point of view, yet the Christians are also recognized as having greater power, through their narrow faith, than the Luciferians in their magic, through spells and witchcraft and other forms of magic.

The Jehovah Forces

This Awareness indicates that the Jehovah forces as basically coming from the tribe of Jehovan; this being a family of space gods; the term Jehovah or Lord as referring to more than one entity. The Jehovah as being a group or family or tribe of space beings, with the term 'Lord' being similar to present day terms of Commander, whereby the Jehovah as having inhabited Mars for some time, and being a somewhat warlike group these entities have been put on probation by the Celestials, by the Inter-galactic Space Command.

The Meaning of the Serpent--Jesus, Adam & Eve

This Awareness indicates that these Intergalactic Space Command forces, the space Pax or Space Confederation Forces, these entities using on their

ships a symbol of a serpent, these entities are often referred to as the serpent people. This Awareness indicates that the Natas also used a serpent as their symbol, therefore there has been some confusion: the old serpent is related to the Natas. That the more common Space Confederation serpent people, with their symbol of the serpent,--these are the forces which influenced the Mayans, the Incans and Egyptians; that the entity Jesus as also having been closely linked with the serpent people,--the serpent being a symbol for wisdom. This related unto the Kundalini energy moving up the spine; the seven-headed serpent being the seven chakras moving up the spine to the crown chakra; that this relates also to the sacred cobra of India and other serpent symbols in the Orient.

This Awareness indicates that the entity Jesus as being assisted in moving into the physical body in order to free certain of the clones created by Jehovah. These clones being known as the descendants of Adam and Eve, who were part of Jehovah's genetic experiment; these entities Adam and Eve being taken from his own cells, for cloning into physical bodies,--this occurring on Mars, the two entities being later transported to earth after being influenced by serpent people who attempted to assist these entities in freeing themselves from the obedience and bondage to Jehovah.

This Awareness indicates that the Intergalactic Space Command, the Space Confederation, these forces as being under the guidance of entities from Celestria, the Celestria realm being that of the immortals; the Infernal realm being the immortal beings of both Celestria and Hades; the Celestials being in Celestria, the Infernals being in Hades, and including mostly Luciferians with some Natas people being involved. That most Natas persons are in the physical realm known as Terrestria, the created realm of the mortals. This Awareness suggests that any questions related to the previous message may be asked.

WHAT ALIEN FORCES ARE LEFT AFTER THE RETURN OF LUCIFER?

QUESTION:

I'm a little confused on these energies in light of what Awareness had indicated previously in reference to Rhyee or Lucifer. As I understood it, when this entity was returned to Essence, that the forces would also follow, and that only the cobwebs remained.

COSMIC AWARENESS:

This Awareness indicates this in the affirmative. That many of these forces are moving in from astral levels, the Infernal levels, into the created realm of the mortals, and henceforth will be transmuted for movement back toward Essence or Celestria; the process to take approximately 400 years.

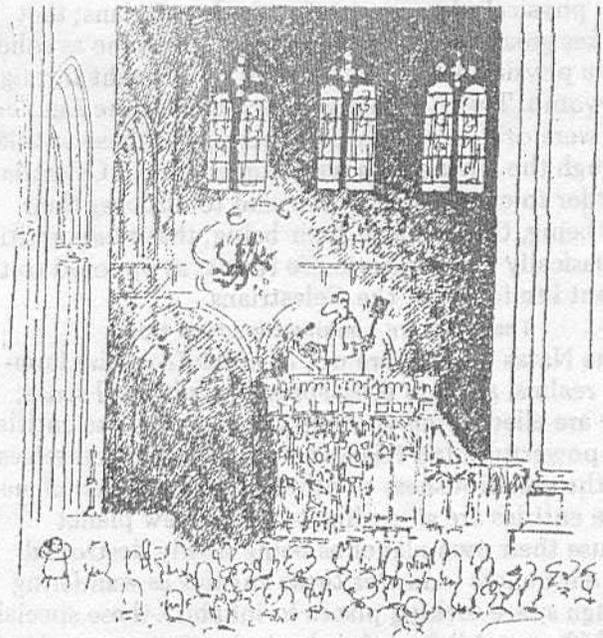
7 Planets in Worse Shape than Earth

This Awareness indicates that there still will be entities who move into Hades and many who will remain in Hades; that generally speaking, these realms shall continue, but that mostly upon this physical earth, the Luciferian forces which are being brought from its astral counterpart or the astral aura of the earth, are being brought through for cleansing purposes, for transmutation to be sent to Celestria. That this as a process of cleaning out Limbo, the Limbo associated with the solar system and parts of this galaxy; this not including all of creation. This Awareness indicates that of ten most detrimental places to be in this galaxy, the earth is seventh from the bottom. That there are other planets which are much worse than this earth. This earth basically as the worst place to be in the solar system, but that it is in the process of transmuting the dark energies which have long inhabited it, due to the Luciferian influences; that there are other energies which also need transmutation in other parts of the universe.

Ralph Duby's Role

This Awareness indicates that Ralph Duby, himself, was not the Lucifer, but was symbolizing the Lucifer as the Rhyee, and did this in this particular galaxy. This entity, (this Awareness indicates this as a very difficult and confusing and perhaps not worth the effort), that the force of Lucifer as being an immortal energy, can take over and inhabit personalities or other forces. This force did, for some time, use the entity known as Ralph Duby prior to his entry into this lifetime. That when this entity in this present lifetime moved into the activities of channeling this Awareness, the entity began carrying with it a major portion of the Luciferian energy, and took that with him back to Essence,--this opening a stream, a flow whereby the rest of Lucifer could follow.

This Awareness indicates that Lucifer essentially as being a force which is symbolized as separation of a high, enlightened manner. That this force has spread itself throughout the universe in the immortal realms of Hades and also in the mortal realm of Terrestria. That as far as this earth is concerned, the force is being burned off and transmuted and moved back toward Essence at a rapid pace.



HEALING MOTHER EARTH...

FEAR IN MASS MEDITATION

QUESTION:

A question about meditation from J.B. of Tucson, Arizona. "If it is proper, I wish Awareness to comment on the world peace projects nationwide earth healing meditation, early Sunday evenings. During this meditation, I sensed that people were meditating with great fear, as a plea for help rather than being channels for Divine healing. Because many people are meditating at the same time, is this giving great power to the darker forces instead of the healing people are intend it for?"

COSMIC AWARENESS:

This Awareness indicates that this as related more unto the motive, than unto the method or attitude during the meditation; that there is some degree of fear involved in this mass meditation, but this basically as being minor, and as being worked off during the meditation. Essentially, the meditation and attention given to this does tend to help the entities who are fearful to relieve their fears during that meditative period. This in turn releases the negative energies through transmutation and by the individuals working off those fears, transmuting them. That generally speaking, the meditations are assisting greatly in helping to alert the masses and this through setting up the proper atmosphere on the inner plane through subconscious communications with the mass mind, and this also assisting in the transmutation of these negative energies.

WHAT HAS HAPPENED TO ALL THOSE MISSING CHILDREN?

QUESTION:

A question from W.H., who's in the military somewhere in Europe. "I have a question to ask of the Awareness. Lately I have seen several programs on child abduction. It seems that each year 50,000 children are abducted, and less than 10% are ever recovered. That amounts to 450,000 each ten years that are never found, enough to make up a fair-sized city. My question is, what is really happening to these children? Surely not all of them are falling prey to deviants. If you have any information on this subject, I would be interested in knowing. Thank you for your help."

COSMIC AWARENESS:

This Awareness indicates that many of these abductions are from entities who are simply desirous of having the companionship of a child, and are incapable of having children of their own; these however, constitute a rather small percentage of this number.

This Awareness indicates that another portion is that which is involved in abducting children for what used to be called the 'white slave market', whereby the children would be used as prostitutes for various organizations in other countries or places other than their own locale, home, city or state; that this also constitutes a relatively small percentage.

This Awareness indicates that there are others who are simply runaways, children who leave home, become attached to others, or live in streets, or among other people; these constitute also a percentage. That these natural and social disappearances constitute approximately 50% of the disappearances; this including accidental death.

This Awareness indicates there is approximately 50% of these disappearing children who are victims of organized abductions intended as part of the gathering of personnel to be trained and used for purposes of the organization... This Awareness indicates this relates to that which has been referred to as *Alternative 003*, the batch component group; that this also has connections with the underworld organizations; that this as also associated with those so-called UFOs and the encounter of the third kind. This Awareness indicates these all being related to one another, and involved in such abductions.

ARE OUR LEADERS AWARE OF THE "ALTERNATIVE 003" PROGRAM?

FOLLOW-UP QUESTION:

It seems there's an awfully lot of people involved in this 'Alternative 3' scheme for a long, long time. How many in our government, like the top leaders, the President and his Cabinet, are aware that this is going on, or are these entities even aware this is going on?

COSMIC AWARENESS:

This Awareness indicates that generally as a policy, most of the elected members of your society are not given the privilege of having access to such information. That there are exceptions to this.

(FOLLOW-UP QUESTION):

How is it that the countries on this earth involved in this scheme are often at each other's throats, like the Russians and the Americans and so forth, and yet they can cooperate on these planets where these batch components are building this new civilization? Are there rivalries up there also?

COSMIC AWARENESS:

This Awareness indicates how is it that entities who are rivals in business, competitive in business or in sports, competitive in their football games or basketball games or their business games, can attend the same church and practice the same religion and be friends on Sunday? This Awareness indicates that entities have a way of behaving civilly in other arenas.

(FOLLOW-UP QUESTION):

Awareness is avoiding the question. It knows what I mean. Okay. Are the Russians, because of their technology, are they in charge up there on the other planets where this 'Alternative 3' is occurring?

MISSING



Carrie Lee Carter

DATE: 8-22-82
FROM: Anchorage, Alaska
DOB: 3-21-77
EYES: Blue
HT: 4 feet
WT: 60 lbs.
HAIR: Light Brown
White Female



John David Gasch

DATE: 9-3-82
FROM: Des Moines, Iowa
DOB: 11-12-69
EYES: Blue
HT: 5'7"
WT: 140 lbs.
HAIR: Light Brown
White Male

COSMIC AWARENESS:

This Awareness indicates that they are assisting. That this as in reference to certain of the Russian factions, as being aware and assisting in this activity. This Awareness indicates that a great portion of those in Russian government are totally unaware of this activity. This Awareness indicates that this action as that which transcends national lines, and is related more with an international organization, which this Awareness has previously referred to as the Illuminati. That this as being a secret organization in which its members are also given only a small amount of information so that none fully understands the nature of the Beast.

(FOLLOW-UP QUESTION):

Does Awareness see this 'Alternative 3' project actually being completed?

COSMIC AWARENESS:

This Awareness indicates there is much related to this which is very difficult at this time to attempt to relay. This Awareness indicates that this as related to a future event which entities on this plane see as inevitable, whereby they are seeking to begin another civilization on another planet in order to help assure the continuation of the human race. This Awareness indicates that there are those forces not of the earth who are also in communication and are assisting in this action.

This Awareness indicates that this has to do with a celestial event known as "Wormwood"; this as the movement of celestial energies into the path of the solar system, whereby upheaval on this planet could result in great catastrophe; this as mentioned in the *Book of Revelation*. This Awareness indicates that this also as that which will separate the progressed souls from those which are retarded.

This Awareness indicates that the efforts to escape from this planet through 'Alternative 3' are not the solution, but the solution as being to cling to that which is other than physical security: the spiritual security of Divine Light. This Awareness indicates that the Dark Forces, unable to understand or to acknowledge the need to cling to Divine Light, always seek a way through materialistic means of overcoming their dangers. That the effort to move through evacuation programs onto other planets as but a materialistic effort to overcome that which is inevitable and can be solved only through coming to grips with the reality of the Divine Light.

(FOLLOW-UP QUESTION):

Could Awareness give an approximation of the time this celestial event is due to take place?

COSMIC AWARENESS:

This Awareness does not wish at this time to indicate this information.

(FOLLOW-UP QUESTION):

Would that event relate to the so-called 'Polar Shift' that so many psychics are talking about, and books written about?

COSMIC AWARENESS:

This Awareness indicates that this as related to the polar shift which may become a ramification of this event. That the polar shift may result from the event but it is not indicated as the cause. This Awareness indicates that the cause as that which is an incoming celestial body.

ED's Note: a more detailed report on the Alternative 3 scheme is being put together and will be released to the membership by CAC in the near future. For more info on Wormwood, please refer to 'Revelations of Awareness' No. 83-6; \$3.00 from CAC.

For more information on "Alternative 003", please refer to 'Revelations of Awareness' No. 85-15 (The Dark Side of the Moon): \$3.00 from CAC.



IS THE MERCURY IN YOUR
DENTAL FILLINGS SLOWLY
KILLING YOU?

(ALL ABOUT HEAVY METALS)

QUESTION:

There's a long article that appeared recently regarding dental fillings, and I'd like to read just a little bit about this and ask Awareness if there is a hazard involved in this. It says:

"Amid the continual discovery of new health hazards in the environment, dentists are taking a closer look at something that hits even closer to home,—the material used to fill teeth. They are questioning whether conventional dental fillings are as stable and as harmless as has always been assumed. New York dentist John Miller, hasn't filled a tooth with them in nearly ten years. Iowa dentist Karl Severre is slowly, as he can afford it, replacing his with gold. Their concerns may be justified.

"While dental fillings have not been linked to any specific health problem, new studies show that they can increase your exposure to highly toxic mercury vapor. The findings have set off a wave of debate on an issue both potentially flammable and profitable. The amount of business done by companies selling fillings made with mercury is huge, and the number of people with mercury-filled teeth, overwhelming. Mercury is used to fill at least three-fourths of the cavities that 98% of all Americans develop."

Would Awareness indicate if this indeed is a health hazard?

COSMIC AWARENESS:

This Awareness indicates that the consumption of mercury into the system as that which is indeed a health hazard; that as long as it remains in the teeth, the hazard as that which is not so great except as it may seep into the system in minute quantities. That wherein the fillings are broken or dissolved and in some manner swallowed, or wherein as indicated, some form of digestion or corrosion type of action occurs, the system could ingest certain amounts of mercury to its peril.

This Awareness indicates that this does not appear to be a major source of mercury intake to the human system, however, it appears rather that most mercury intake to the human system as that which comes in through polluted food or drink. That the use of this substance in the teeth to fill cavities may have an effect upon the aura of the individuals in such a manner as to cause more subtle difficulties and problems, such as a weakening of the vitality and strength associated with the aura, but in terms of the substance entering the physical body from these cavities, this appears to be less of a problem than the intake from food and drink.

This Awareness indicates particularly those pollutions which are associated with waste plants, and their affect upon water. This Awareness indicates the greater amount of mercury ingested by entities comes through the intake of seafood which has been accumulated from the waste plants dumping mercury into water, and the chain of sea plants and animals collecting this, and this particularly appears strong in tuna fish, as the tuna eat smaller fish and plants.

This Awareness indicates that a hair analysis as that which can reveal whether an entity has excess or dangerous amounts of mercury in his or her system. This Awareness indicates that excessive mercury in the system can have its effect on vision, on the thinking, on the mental abilities of an entity, and can also create many other physical problems which the entity may suffer, including problems associated with circulation, heart, skin problems and digestion problems, hearing and vision; the more notable symptoms being that of improper mental activities.

MERCURY IN TUNA FISH, LEAD IN CANNING PROCESS -- BOTH A MAJOR HEALTH HAZARD

(FOLLOW-UP QUESTION):

Could the radiations or the harmful effects of this substance in fish, for example tuna, be removed from say, a tuna fish sandwich, by passing the Polarity Pillow over it, or holding it over it?

COSMIC AWARENESS:

This Awareness indicates that this as effective to a significant degree; that the Polarity Pillow as that which neutralizes posions by being placed in the

proximity. This depending on the strength of the poison and the time in which the pillow is used, and in the case of tuna, as generally found in commercial products, this appears to be sufficient to neutralize the amount of mercury involved.

This Awareness indicates that essentially, whereas mercury as being a problem in tuna, and tuna as being one of the greater sources of mercury poisons, along with other canned or fresh seafood, it must also be recognized that canned food in general should be carefully watched and considered in that the lead used in the canning process often can be even a greater detriment than the mercury which is in the product itself.

This Awareness suggests that the pillow as that which can be effective, but also suggests that entities should, upon any suspicion of having heavy metal in their system, should have a hair analysis to determine the levels of harmful metal in their systems. This Awareness suggests these as appropriate approximately every three to four years, or more frequently if there is any problem which entities need to concern themselves about.

This Awareness indicates that metal poisonings such as cadmium, lead, mercury or aluminum, can have various effects on an entity; they particularly can affect the mental condition of an entity; they can affect vision and even behavior. This Awareness indicates copper imbalance can create unruly behavior in an entity, making one extremely difficult to manage or to relate to. The entity can become, in extreme conditions, so unruly as to be classed as monstrous and evil.

That likewise, excessive aluminum can result in frequent colds and headaches and feelings of weakness, drowsiness or laziness, and can result in various symptoms of various types of illnesses.

That excessive iron can affect the blood-sugar level, associating the entity with conditions related to hypoglycemia and diabetes.

That excessive zinc can create problems with the circulatory system, while not enough zinc can create problems associated with the inability to process sugar and sweet products.

Excessive cadmium can create mental difficulties which create brain anomalies such as associated with epilepsy and similar unpredictable reactions.

Excessive lead as that which can also cause problems with circulation and the processing of sugar; these being associated with heart attacks, as well as diabetes and hypoglycemia.

This Awareness indicates that many of these also affect vision, that entities without sufficient zinc, no matter how much they work with their vision, will not be able to strengthen their eyes. That entities having excessive lead may find it difficult to think quickly and clearly. This Awareness indicates that one metal may be used to remove another metal in the system; that zinc can assist in removing lead. This Awareness indicates that it requires a clear understanding of the individual case in order to

know the amounts and the metals lacking in one's system, so that a balancing of these minerals can occur.

This Awareness suggests that entities wishing to not only receive a hair analysis and the proper evaluation of their system, but also wishing to receive information on the remedy for any problem, may contact the entity Dr. Paul Eck. This entity as being able to supply the vitamins and minerals necessary to bring one's system back into harmony when it is hindered by an imbalance of the metals or vitamin/mineral condition. That the entity as having studied and developed the system whereby he understands which vitamins and minerals help to reduce or raise the amount of other vitamins, minerals or metals in the system. That this can be accomplished through the mail, whereby the hair analysis and evaluation can be conducted and also the vitamins and minerals may be prescribed or suggested and supplied from this entity's source. This Awareness suggests that those wishing the hair analysis at a less expensive price may still obtain this through the USS Goodship; that these hair analysis reports generally contain suggestions which indicate the proper approach for the problem, and entities may wish to consult their own doctor or family healer for any further details. This Awareness indicates that this would be less expensive, but for the more complete expert assistance, the Dr. Paul Eck as one who could be of great assistance.

(FOLLOW-UP QUESTION):

In reference to the mercury in the fillings of teeth and its effect on the human system, and particularly its effect on the aura; would such a device as the Polarity Pillow, or perhaps the Polarizer, be able to prevent this negative reaction or radiation?

COSMIC AWARENESS:

This Awareness suggests that the use of the Polarity Pillow, being held in the area of the mouth, daily, for approximately three weeks on a basis of approximately five minutes daily, when placed close to these teeth, this could effectively neutralize the poisons within the fillings. That this depends on the size of the fillings and the age, and amount of toxins included. That essentially this as being quite sufficient amount of time, that in most cases it would require but a few sessions, such as approximately five minutes daily for one week.



HOW GOLD ON YOUR BODY CAN ENHANCE YOUR GOOD FORTUNE OR BAD FORTUNE

(FOLLOW-UP QUESTION):

Awareness, in this same area, is there any potential positive effect of having the gold within the aura, used in fillings?

COSMIC AWARENESS:

This Awareness indicates that gold within one's aura as that which generally is beneficial; that there is a quality about gold which tends to enhance any vibrations which are present. That wherein an entity, for example, is of an attitude that he or she is fortunate, gold tends to enhance the good fortune of that entity. Wherein the entity is of an attitude that he or she is unfortunate, gold will tend to enhance the misfortune of that entity. Therefore, entities having gold in their presence should be especially cautious to keep a healthy and positive attitude toward themselves and their outlook on life. That being depressed or unhappy when gold is in their presence is that which can create greater depression and more unhappiness.

This Awareness suggests that entities holding or having gold in their presence who are experiencing a negative experience, feeling badly or negative, may wish to remove the gold from their presence, until they have begun to feel better.

ED's Note: the last address we had of Dr. Paul Eck and the place to get the hair analysis is: Analytical Research Labs, P.O. Box 39587, Phoenix, Arizona, 85021. When we wrote for information, they send a form with instructions for sending in the hair, where to cut it etc. The price at that time was \$42 and to get a two months supply of his supplements, was a staggering \$100 to \$200 for a two-month supply. For an extra \$20 with the hair analysis, Dr. Eck will send you an individualized food program to follow.

ALL ABOUT HYSTERECTOMIES, MENSTRUAL PROBLEMS, ETC.

FOLLOW-UP QUESTION:

A question from D.F. in Colorado. She writes: "I know Awareness has commented on certain aspects of physical sexuality, i.e., vasectomies, pregnancies, birth, post-partum blues...but I don't remember any mentioning of hysterectomies: how the body/mind is affected. As you know, I had a vaginal hysterectomy, April of this year. Since then, I've heard statistics that as many as half of all women do have hysterectomies. Also, there are innumerable women with endometriosis, premenstrual tension, -very intense, etc. I too participate in this one, yet I still have my ovaries after fibroid tumors, cancer of the cervix till I had the hysterectomy. After all of this, it occurred to me that all of this doesn't

seem natural, and I wonder if a lot of we women's problems stem from not using our female organs for having babies, or many babies as nature intended, and if, like the appendix, the female organs are subject to dis-ease from atrophy.

"I'd be very interested in any comments Awareness has about this very real and sometimes quite disturbing phenomenon. Also, any suggestions to women who want to keep their female organs, and to keep them in a healthy state? Thank you."

COSMIC AWARENESS:

This Awareness indicates that it appears that the hysterectomy tends to disrupt the estrogen hormone somewhat; that this should be checked occasionally by entities who have had a hysterectomy. This Awareness indicates that there is available through the Goodship and through the Dr. Christopher herbal book and shop, information regarding an herbal formula for helping to balance the estrogen hormone when it is not functioning properly in the system.

This Awareness indicates that this imbalance can cause a number of problems, physically and also emotionally. That in reference to the premenstrual cramps, this Awareness suggests that the use of calcium and magnesium during those times as being beneficial to ward off the difficulties.

This Awareness indicates that the hysterectomy is an unnatural approach; that the consequences are such that it can create problems. These do not appear in a general sense to be of a major concern, yet they cannot be ignored. This Awareness indicates that it appears that the use of modern medical technology, as opposed to earlier methods of following nature and accepting conditions that may occur naturally, creates a difference which allows one type of problem to be replaced by another type of problem, whereby the entities may have a choice.

DO THE FEMALE ORGANS OF WOMEN WHO NEVER HAD BABIES ATROPHY?

FOLLOW-UP QUESTION:

Would Awareness comment on her suggestion that: "It occurred to me that this doesn't seem natural, and I wonder if a lot of women's problems stem from not using our female organs for having babies, or many babies, as nature intended, and if, like the appendix, the female organs are subject to disease from atrophy." Is there any truth to that?

COSMIC AWARENESS:

This Awareness indicates that the menstrual period as that which has a cleansing effect on the bloodstream, and when this is not active, the system must use other means, or experience the lack of such benefits. This Awareness indicates that in terms of atrophying of certain female organs from lack of use, that this does not appear to be a major problem, except in regard to muscle use and as indicated previously, a slight imbalance in regard to hormones.

This Awareness indicates that *It* does not see any great benefit in the use of hysterectomies in regard to general health, but neither does *It* see a major harm. That it is more a question of individual convenience. Wherein the entity does have the monthly cycle to help in the cleansing process, this along with the hormone balance, this can assist in keeping one healthy for a longer period of time; but wherein the entity should have a child during that time, the effects of childbirth can assist in aging and harming one's health considerably also.

Therefore, the benefits gained on the one hand may be denied on the other. This all depending on individual situations and on the general care and condition which entities wish to concern themselves with in taking care of their body. This Awareness indicates that *It* would prefer to see entities not have portions of their system cut out by scalpel, but that wherein entities cannot cope with those portions of their systems, and can find ways of eliminating and getting along without those, for some real or imagined benefits, this Awareness simply acknowledges their choice.

This Awareness indicates that nature does have a way of compensating somewhat, wherein the violation to the system is not too extreme, and therefore, the compensation gained by nature, along with one's own intelligence and attention to the needs, one can function effectively in either condition; that this as being of much importance to individuals who are personally experiencing the concern.

This Awareness indicates however, that in the event this has already occurred, it no longer needs to be energized as a great significance; that the attendance to your hormone balance through your doctor as that which is necessary as part of the effects of your operation. This being necessary in order to function at a maximum benefit.

(FOLLOW-UP QUESTION):

If I understood her question correctly, I think she was referring to a growing awareness in women to a syndrome of premenstrual tension, depression, which could even lead to irrational acts, make mothers dangerous to their children in some extreme cases. And I think she was looking for information that might help that particular syndrome as well.

COSMIC AWARENESS:

This Awareness indicates this as largely associated with the imbalance of the female hormone estrogen, and also the need for calcium, which is a stabilizer of both the emotions and of the nerves within a system. That there is also an amino acid known as the 'Mother hormone',--that this is affected somewhat. That watching the balance of estrogen hormone in the system can assist in this, and can help to keep the other hormones in balance. That these two being the more important concerns; that these affect the general emotional, psychological and physical/nervous

condition of the system.

ED's Note: for more information relating to this, please refer to 'Revelations of Awareness' No. 83-05 (menstrual cramps); \$3.00; also No. 81-20 (menopause changes): \$3.00 from CAC.

SOAP-OPERA
AND TRASH WRITERS
BEWARE :



WASTED TALENTS HERE ON EARTH MUST BE BALANCED OUT AFTER DEATH

QUESTION:

A question from R.E.E. "Ruth Montgomery in one of her books whose title I have forgotten, indicated from purported communications with discarnates that after life entities expiate their prostitution of talents. That is, wherein they have musical, writing and so forth faculties which are exercised primarily commercially, without consideration for spiritual qualities and in influencing their readership in uplifting ways, that this error must be redeemed by doing special service of trying to inspire other earthly writers and so forth, instead of progressing to higher vibratory levels speedily. Please comment on man's responsibility for the use of talents in relation to this view."

COSMIC AWARENESS:

This Awareness indicates that this particularly in reference to major talents wherein the greater portions of one's energies have been directed toward certain activities which have not been beneficial to other humans or to the human condition, but were simply used for personal gain in a manner which did not in any particular way lift the author of this talent to any higher spiritual development. That in such conditions, whether this talent is in music, arts, writing, dancing, performing, or any of these types of expressions, or whether this talent is in business, public relations, speaking, teaching or any other type of talent, whether this is in areas of sports, or in entertainment fields,--this Awareness indicates that any talent, or capability that entities have, if not used for service to assist others to better conditions for oneself and other entities, that talent then has basically been wasted as far as any particular rewards for its expression would be considered.

This Awareness indicates that therefore, the entity in passing over, could well feel that to bring about a better personal expression, the entity might decide to either return for another sojourn on earth (or in another situation), or the entity might work from the other plane to inspire other talents similar to his or her own.

This Awareness indicates that there is no particular rule on the other side forcing entities in this manner. There is simply that cosmic truth wherein entities must face the truth of themselves and decide how to repay or balance out the books for the energies which they have used or misused in relation to what they were capable of doing.

This Awareness indicates that many entities do sometimes choose to assist in channeling through other entities who are seeking to develop their talents. This Awareness indicates that this is not to be construed as a punishment for these entities. Often the entity simply did not conclude or complete everything he or she wanted to do, and therefore has chosen to finish actions which they were unable to finish prior to passing over.

The Law of Harmony and Agreement

The Law of Harmony and Agreement states that efforts to manipulate, trick, coerce or force another to behave in harmony and agreement will only disrupt previously established areas of harmony and agreement.

Yet, even between the most hostile enemies, some areas of harmony and agreement can be discovered when there is agreement to discover these areas.

Ever increasing harmony and agreement grows from the mutual agreement to discover more areas of agreement.

This Law is based on discovering harmony and agreement rather than on its enforcement.

Cosmic Awareness



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LETTER TO AMERICA

Photograph by Marina Yurchen

CHILDREN OF THE UNITED STATES!

Let's be friends! The Soviet people hate war and want peace. Our government wants all the nuclear weapons on Earth to be destroyed. We do believe that no other cause today is more important than the cause of peace. It is hard to believe that our beautiful planet might perish in the flames of a nuclear war.

All nations of the world look upon our two countries in hope. If members of our own generation learn more about one another and understand one another better, it will mean that later, when we grow up, it will be easier for us to find a common language.

Today we can contribute only one thing - our friendship - to the peace movement. Let us correspond to learn more about one another. We learn English and are interested in your country's history. We read books by American authors and like your songs. We want you, too, to learn more about our country and become aware of Soviet children's thoughts.

Like you, we make plans about our future and choose different careers. Some of us want to be scientists or engineers, others industrial workers or doctors, still others translators. Still, it depends on peace and quiet on Earth whether our dreams will come true. Our future must be peaceful, and we believe in it!

Students of Grade 7 "A", School N° 80,
Moscow.