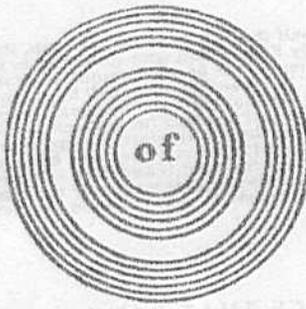


*Revelations*



*Awareness*

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The New-Age Cosmic Newsletter

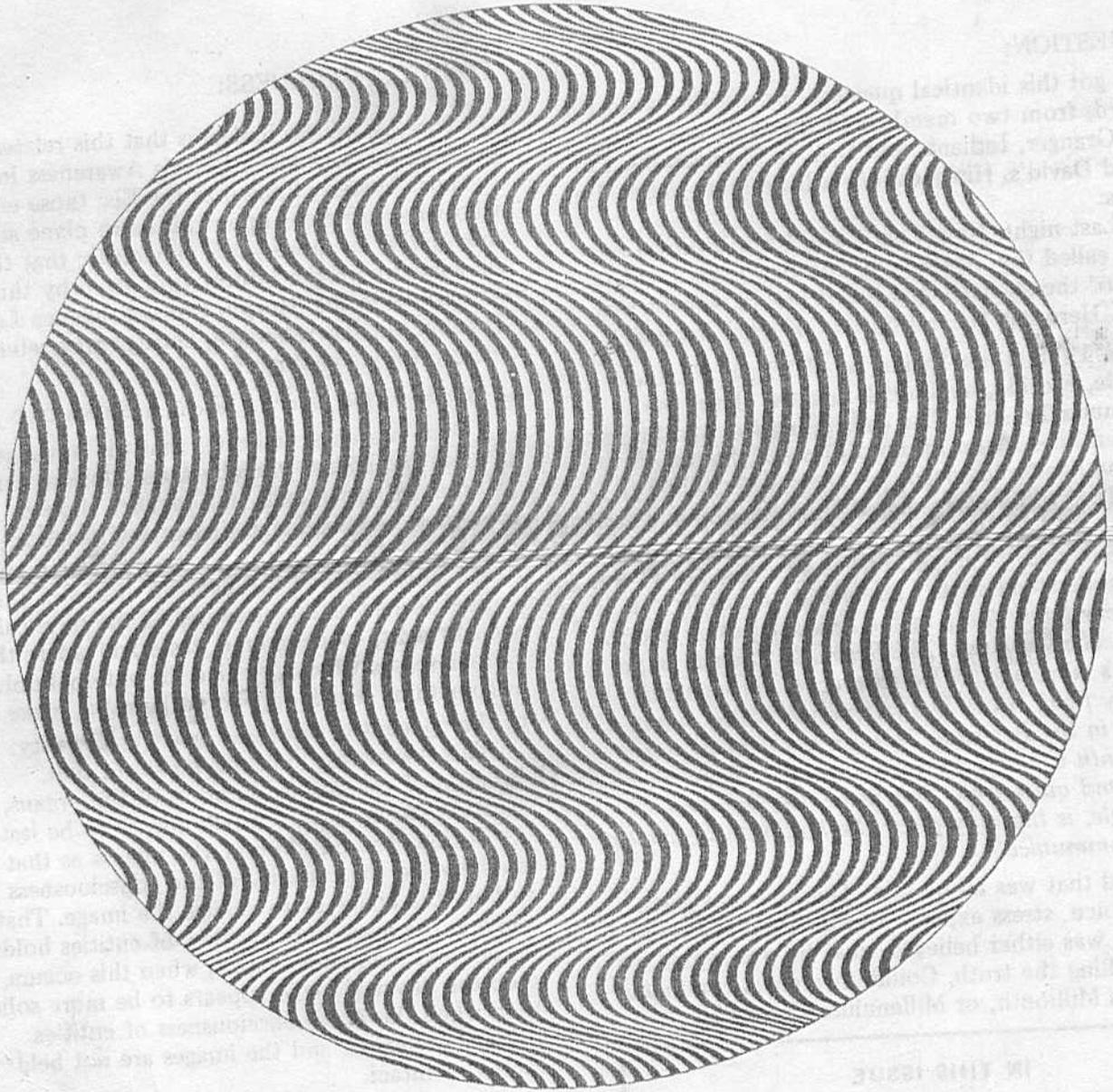
\$3.00

ISSUE NO. 300

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware



# **the Physics of Consciousness**

FURTHER UNDERSTANDING OF THE NATURE OF THE UNIVERSE

## **...The Bermuda Triangle**

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COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speak again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter. Paul Shockley, Interpreter

## THAT MYSTERIOUS VOICE THAT CAME OVER A DEAD TELEPHONE LINE

### QUESTION:

We got this identical question, practically word for word, from two members in the same day: L.K. of Granger, Indiana, and D.A. in Minneapolis. I'll read David's. His goes into a little more detail. He says:

"Last night, New Year's eve, I saw a movie on TV called the *Mystery of the Bermuda Triangle*. All of the stories I had heard before, except this one. Here is a general outline of what happened.

"In 1975, a disc-jockey at WFTL, in Ft. Lauderdale, Florida, held a call-in show about the Bermuda Triangle. The calls poured in and lit up all ten lines. After an hour or so of discussion, all of the lines went dead, yet they were still all lit up. The studio was isolated from outside contact. Then, a minute or so later, a voice came over one line and said: "I hope there is someone there who can understand what I am about to say to you.

*'Every living thing in the universe has an energy field called an aura. The Bermuda Triangle is the earth's aura, and we communicate through this energy field. All of the people who have disappeared in the Bermuda Triangle are with us, the Millionth Council, in a timeless void. They are all alive and quite well. This place, the Bermuda Triangle, is the only place the Millionth Council can communicate.'*

" And that was all he said. The tape was given to a voice stress expert, who declared that whoever it was either believed what he was saying, or was telling the truth. Could Awareness comment on this Millionth, or Millennium Council?"

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### COSMIC AWARENESS:

This Awareness indicates that this relates to a previous message given by this Awareness in regard to those energies known as the Els; those entities who were prevalent upon this earth plane some one million or more years previously; that this is associated with the information given by this Awareness in the Scorpio Correspondence Lessons. That for further reference, entities may refer to these previous readings.\*

[ ED's Note: full set of 12 lessons, \$10 from CAC ]

This Awareness indicates that the movement of time and space, whereby these illusions known as time and space exist in a manner allowing consciousness to perceive a kind of permanence; these, in allowing that sense of permanence in the physical plane, whereby through the organs of the sensual feelers of the creatures of the physical plane, such as sight, touch, sound, taste and smell; these various senses which perceive the external universe as something which appears to be solid, make use of the concept of time and space as a reality.

This Awareness indicates however, that, duration of the atoms, duration of the organs, duration of the images which appear to be lasting in time; the duration of the images as that which is relative to the capacity of the consciousness to hold the image or to change the image. That wherein the mass-consciousness of entities holds images and maintains images; when this occurs, then the physical plane appears to be more solid than when the mass-consciousness of entities perceives changes, and the images are not held sacred or intact.

This Awareness indicates that this allows the duration of images to be speeded up. It allows what may be termed 'the speeding up of time,' or that which has been called the breaking of time into half-times. This Awareness indicates that in higher levels of consciousness, wherein entities are more capable of transcending that entrapment known as time and space, entities simply through consciousness expansion, transcend time, dissolve their physical or durational bodies, leave the physical duration, and move into spiritual or etheric energies, and reside in a realm of permanence that is not dependent on time or physical duration.

This as likened unto moving onto the screen on which the images are projected so that rather than being a mere image residing temporarily on the screen, you *become* a portion of the screen, and as such reside permanently. This Awareness indicates the screen as Akasha or Spirit, and the image as that which is matter and its illusion known as time or duration.

This Awareness indicates that the area of the Bermuda Triangle as likened unto a kind of warp in the aura of the earth, whereby entities at certain times, under certain circumstances, can be raptured or removed from time and space and put through a thin door into another dimension that transcends time and space and enters into a realm of consciousness, of pure consciousness.

This Awareness indicates that it is a difficult concept for entities to grasp when they have not a conscious recollection of such movement into other dimensions. That as a kind of allegory, one might consider the concept of being asleep and dreaming and moving along through one's dream, pursuing some particular goal or purpose in that dream, then, suddenly awakening and moving into a new dimension that does not have the same sense of time and space as was experienced in the dream.

This Awareness indicates that in looking back, one may realize that the dream was an illusion occurring within one's head, for the reality is that the surrounding environment is not at all like that which was experienced in the dream. That likewise, entities moving into the doorway between dimensions, in looking back, may see that they are in the same proximity, but that the scene has totally changed, and even though residing in the same time and space on one level, they are in another time and another space, in the other dimension.

This Awareness indicates that this as extremely difficult to convey, but entities may, with some imagination, be able to understand that through the action of changing frequency in their lives, just as entities can change frequency in their radio or television channels to receive different messages, likewise entities in changing frequencies can alter the experience, not only their own, but... This Awareness indicates that the altering of frequencies, if possible, whereby an entity were to jump from one frequency to another, ( or this may be called dimension to another), would reveal a different time and a different world, although the planet would remain as the same planet.

The entity, in a different vibration or different frequency, could be residing upon the earth, although it may have a different name. The continents may have altered slightly, and the time may have been somewhat different, far into the future or far into the past, although the likelihood of any written history equating one dimension to another would be totally lacking.

This Awareness indicates that what *It* is attempting to convey is that there are overlays, or there is the multi-existence, whereby a planet on a particular frequency can have an aura or vibratory field, which, when inhabitants of that vibratory field look at it, will see one particular time and space with its culture, while surrounding that, as a kind of aura, may be another dimension, whereby inhabitants exist in what appears to be a totally different world, and still around this may be even another world in which inhabitants exist, and the connection in terms of time between these various worlds may never be made. That the history of one planet in one dimension, may never record the existence of the same planet in another dimension.

This Awareness indicates that it is for this reason that in earlier readings for individual persons, this Awareness indicated to certain individuals that they came from a planet known as home: H E O M, and that if they sought the location of this planet, they were to move toward Orion, pass through the left eye, and would then emerge into that which was the Blue Planet, and that this Blue Planet would inhabit the same space in which the planet earth exists. This Awareness indicates that the movement through the left eye of the constellation of Orion as that which serves as a doorway into that other dimension.

This Awareness indicates that this as being most difficult to explain to entities, other than to refer back to previous messages in which this Awareness described how elements can inhabit the same space without interfering with each other. For example, sound can inhabit a space, while heat also inhabits that space, and light also inhabits that space without interfering with each other. Likewise, there are dimensions wherein entities are walking in the same space without knowledge of each other, and these parallel universes exist throughout the field of consciousness. That there is one field of consciousness having many layers within it, and within those many layers, there are the many universes which parallel each other.

These form a kind of reverberating and echoing vibratory field, a harmonic tremor in the universe, whereby these vibrations sustain each other by creating shock waves and each shock wave in the fields of consciousness becomes a barrier separating the dimensions in which entities may live and also may become entrapped for a period of time, for a duration in that particular space.

This Awareness indicates that in these vibratory fields separated by these shock wave energies setting up barriers between dimensions, there are occasionally those areas which cut through the dimensions, cut through the barrier, cut through the wall into other dimensions and allow energies to escape, or to move into those other dimensions. This may be likened unto an aura leak, or energy leak from one dimension into another.

This Awareness indicates that the Bermuda Triangle is one such energy leak into another dimension; that the dimension as that which is not only paralling and aware of this dimension, but which also cuts through many other dimensions and reaches into higher vibratory planes. This Awareness indicates this as similar to that opening made by this Awareness wherein *It* allowed the entity Lee Michaels to address the various planes in the universe. \*

\*'Revelations of Awareness' No. 82-10 (The Eye of Destruction):Special Report: \$4.00 from C.A.C.

### WHEN WHOLE SHIPLOADS DISAPPEAR -- IS THIS PREORDAINED OR ACCIDENT?

#### FOLLOW-UP QUESTION:

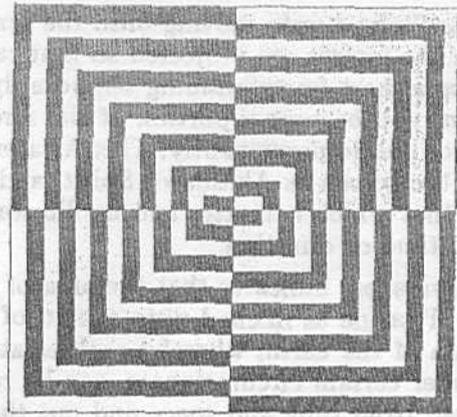
Awareness, it's reported that whole shiploads and planeloads of entities at various times have disappeared into the Bermuda Triangle and I'd like to ask: Is such a situation preordained, that these entities had some kind of a mission, or to meet there for something, or was this just an accident of circumstance, and they happened to be in the area at the time it opened up?

#### COSMIC AWARENESS:

This Awareness indicates that for this kind of event to occur, the polarities of matter, being solidified in their duration and direction, being positive or negative, making up the atoms which in turn make up those materials which are called 'physical', have their particular duration, and have their direction of movement, their sustenance, and this gives the solidity and timeliness of the thing, of the physical being.

This Awareness indicates that in order for this thing, whether it be a ship or an individual, to be dissolved and transmuted into another dimension, the atoms and their polarities within the body of the thing, must undergo complete transmutation, whereby the particles which are positive and the particles which are negative reverse themselves; this as an anti-matter reversal, whereby the reversal of these particles, in a kind of mirror image, allows for the activity of the atoms to depolarize in their direction and repolarize in the opposite direction, thus creating what is witnessed as the disappearance from the physical plane, and which would be seen as the emergence in the next dimension.

Although this may remain in the same place in proximity within the universe, it appears in a different dimension, rather than being in the third dimensional reality called the earth. This Awareness indicates that the beings are just as real in the other dimension, their atoms having simply been reversed so that they are mirror images of themselves, living in another existence.

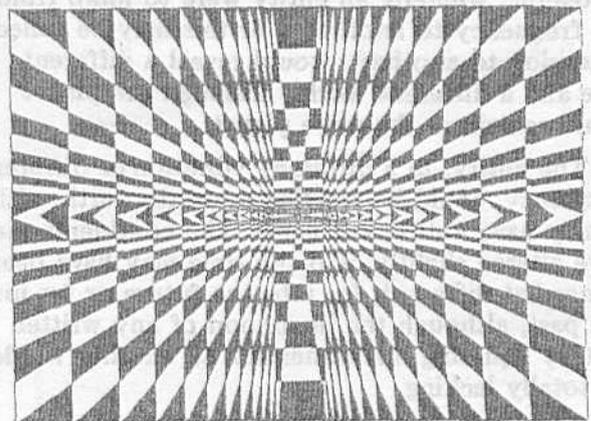


This Awareness indicates that in order for this to occur, in a kind of pattern appropriate for the movement of these energies, the vibration of each atomic particle having its counterpart on the Inner Plane is drawn, likened unto a magnet, to that place. Over a period of time, due to various circumstances, the atoms of that individual or of that ship are drawn to that particular place which at that particular time allows for the transmutation.

This Awareness indicates that this occurs as a result of counterforces, forces which are in movement on the Inner Plane, and which in counter-movement on the physical plane, bring about the confrontation that allows the transmutation to occur. That essentially, these are magnetic energies of the electro-magnetic frequency which transcend logic of the cause-and-effect type on the physical plane, but which do relate to logic as it applies to the physics of interdimensional realities.

This Awareness indicates that when entities can perceive and understand the polarities of anti-matter in relation to the polarities of matter in the atomic and subatomic levels, also the relationship of temperature in proportion to these energy changes, it will become more easily understood, and entities will be capable of transmuting the physical body and traversing into other dimensions at will, or under prescribed rules and laws, both of physics and also of social purpose.

This Awareness indicates that there are civilizations which not only are capable of such interdimensional travel as individuals, but which also create certain laws governing this type of travel.



## DOES THE ALIEN FORCE USE THE BERMUDA TRIANGLE?

(MORE ON THE "WATCHERS")

### FOLLOW-UP QUESTION:

Awareness, with the stories of UFOs in that vicinity and various stories of aliens kidnapping entities, it's always seemed to me there's a sinister overtone hanging about that Bermuda Triangle. Is there any relationship with the Alien Force in the Bermuda Triangle?

### COSMIC AWARENESS:

This Awareness indicates that these forces in this area are likened unto a doorway into other dimensions; that this doorway is not held exclusively for forces of good, nor is it held exclusively for forces that are not so good; that it is simply a doorway, and those interdimensional beings, whether of high vibratory rate and spiritual development, or of lower development, may use this doorway.

This Awareness indicates that in general, it is used by forces which have long been observant of entities on this plane; these forces being more neutral than benevolent or malevolent in nature. This Awareness indicates these forces are more likened unto watchers, persons who observe the development of this planet and the civilizations, but who do not particularly interfere, although the option of interference is possible, if it is seen that this planet could threaten other dimensions.

This Awareness indicates that the connection between this doorway and those civilizations of the third dimension which exist in other locations in the galaxy, is that some of these entities in other locations of the galaxy are capable of interdimensional travel, so that they simply enter into another dimension and then move into the Bermuda Triangle entry, and are within the earth's atmosphere. This Awareness indicates that this saves much time in contrast to the need to fly many light years from another star system to reach the earth through the conventional space travel, such as is used by your rockets,--Voyager, and the space probes.

#### Why Many Entities Stay Earthbound

This Awareness indicates that the evolution of human consciousness has reached levels whereby these activities of interdimensional travel are clearly experienced and understood by many, and many entities who now are residing in human form, trapped on the third dimension, once understood these interdimensional principles and experienced such activity; but many entities, having once been capable of such, became entrapped in matter through circumstances and through lack of awareness, or failure to remain awake, through obsession and focus on materialistic intrigue, the entities



often fall into a stupor, believing that the material world is the one and only dimension, except for some abstract concept of an afterlife.

This Awareness indicates that when entities accept this, and the mind cannot perceive other dimensions paralleling this dimension, then indeed the mind creates the entrapment which prevents the entity from exploring or looking into those other dimensions. This Awareness indicates that if you do not believe there is anything existing outside of the room in which you reside, then you will have no motive or curiosity to open the door and walk out or look about, or to think about things which may be occurring outside of your own home.

Likewise, wherein entities believe that the third dimension is the one and only reality, there becomes little incentive or curiosity or effort or energies in which to propel the consciousness to explore, to ponder, to think about other dimension outside of this third dimensional reality, and if an entity does not think about something, for all intents and purposes, that something does not exist for that entity.

This Awareness indicates that pale blue bicycle tires around the neck of a three hundred pound tuna, do not exist even as a concept if an entity does not think about such. Likewise, if an entity does not think about alternative dimensions, then the entity is simply wrapped up in this one dimension and is not inclined to find openings or to explore or to discover facts relating to the other dimensions.

This Awareness indicates therefore, entities, even though possibly having lived before in other dimensions may completely forget those experiences while in a particular dimension, and may live under the illusion that this is the only reality. This is likened unto an entity who is thrown into prison and has amnesia, and believes that the prison is all that he has ever experienced.

IF ONE DIES WITH THAT CONCEPT  
IN MIND, WHAT HAPPENS AFTER DEATH?

FOLLOW-UP QUESTION:

Is an entity who dies from this physical plane with that concept that the earth is the only reality; is he doomed to continually experience earth reincarnations, or is there a chance that entity can go into other dimensions?

COSMIC AWARENESS:

This Awareness indicates the entity may move into other dimensions, but if the entity is strongly attached to the physical plane, if the entity has great desire to hold onto the physical plane, the entity may return very quickly, or may linger as a kind of ghost or spirit in the physical plane, and may avoid contact with other dimensions.

This Awareness indicates however, that if the entity simply believes the physical plane is the only reality and dies, but does not have great attachment for this physical plane, the entity may then move on and experience other actions in other planes without recalling, in many cases, ever having lived on the physical plane. The entity then may move into another plane, and just as firmly believe that it is the only reality, and nothing exists outside of that reality.

This Awareness indicates the pattern of thinking may not change simply because the experiences and the dimensions have changed. The entity may not be able to perceive after the sudden shock of passing from one dimension to another, the entity may not be able to perceive that a change has occurred, and may simply hold onto the same thought patterns which were prevalent in the previous dimension; the thought patterns being that: This is all there is. There is no more.

This likened unto having a programming wherein an entity constantly repeats: "What you see is what you get". This Awareness indicates that even though the entity may travel from dimension to dimension, from lifetime to lifetime, the entity in believing that what you see is what you get, may not make a connection between these lifetimes, may not be able to recall previous experiences or project future experiences, and therefore, by simply limiting himself to what he sees at the moment, and presuming that there is nothing more, the entity can continually limit his awareness of what life is all about.

This Awareness indicates that in reality, your life experiences upon this plane are likened unto but one inch on a great circle which may be many thousands of miles in circumference.

IS THERE A DEATH EXPERIENCE  
BETWEEN EACH VIBRATORY RATE ?

( MORE ON TELEPORTING THE BODY )

QUESTION:

S.K. of Rolling Meadows, Illinois, would like to ask, while we're in this area: "Is there a death experience between each of these vibratory rates?"

COSMIC AWARENESS:

This Awareness indicates that the term *death* as that which is irrelevant to this question; that death in the sense of dropping a carcass to mark the spot of departure is not always necessary in traversing from one dimension to another. That the action of dropping the carcass to move into another dimension as that which is a human habit; that in other dimensions it is possible for entities to take their bodies with them, dissolving from the vibratory rate of one dimension, and reassembling them into another dimension of higher or lower frequency, according to that which is required by that dimension.

This Awareness indicates this can also occur for entities on the physical plane, having physical bodies, whereby they may raise their body vibration to such great heights as to be able to dissolve the physical and move in what may be termed 'teleportation' or transmutation into an etheric body, without leaving the physical carcass. This as often called moving the physical into a 'Body of Light.'

This Awareness indicates that it is quite difficult for most entities to approach the transition in this manner, and this as a rather rare phenomena on the earth level. However, it is more common on those planes of a higher frequency than the earth plane, and the higher the frequency the more common it becomes. This Awareness indicates that the concept of death may also be recognized as the loss or surrender of one portion of oneself, such as the death of an attachment, whereby your attachment to something is surrendered and given up, and a new attachment is formed in a higher vibratory rate which then allows you to let go of the past, let go of the lower frequencies, and move into those which are higher frequencies.

This Awareness indicates that any form of transition or change can be equated to some degree with the element of death; that in this sense, change or death are necessary for progress on the path to the higher vibrations. This Awareness indicates however, that the death need not be physical, the death need not be violent; the death may be simply a peaceful movement of consciousness, so that the

entity lets go of one attachment that is detrimental and moves into a reattachment in a higher vibration that is beneficial. This allows the entity to progress and move and evolve up the spiritual ladder.

**A Road Map of the Universe is not Important;  
Your Purpose in Life is What is Important**

This Awareness indicates this not necessarily in reference to interdimensional travel, but also refers to progress within a particular dimension in the sense of spiritual evolvment in one's own present lifetime and the experiences of one's situation.

This Awareness wishes to caution entities that all of the discussions of other dimension, of interdimensional travel, of being capable of dissolving the body, moving the body into a Body of Light; all of this discussion as of little value to entities on this plane. What is of value in this discussion is simply to expand entities' recognition and understanding that the potential growth is *unlimited* and that entities need not feel confined and stuck in some particular habit or routine and can not see anything or any reason for getting out of that rut or routine.

This Awareness indicates that for those entities who look at these concepts of interdimensional movement and see this as something of great significance and wish to participate in such activities in order that their friends will be amazed; this Awareness indicates that this is but foolish thinking; that these motives and such efforts as that which can waste your life energies and lead you into folly and foolishness, which prevent you from doing that which you are here to do.

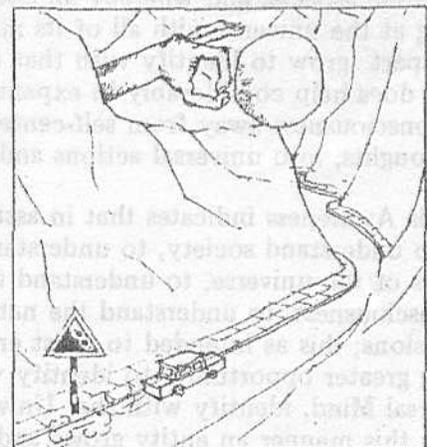
This Awareness indicates that your purpose in this life is to attend to that which is urgent and necessary for you in the present dimension, and to project your consciousness toward the movement which will allow for your soul to grow and develop, and it is not important whether you have a road map which explains the universe and its workings in order for you to live a good life, treat your neighbors fairly, love your associates, friends, neighbors and strangers.

It is not necessary that the road map be provided which informs you of these interdimensional realities, and where you go after this life, whether or not you will get your degree at this or that time, whether or not after you reach the next plane you will then be eligible for this or that promotion...that all of this speculation is nothing but mind games, games of the mind which can very easily become diversions, preventing an entity from dealing with the realities of today, of dealing with the realities of the moment, and of the circumstances in which one finds oneself.

This Awareness indicates that entities must deal with the realities of their everyday life, and when these have been attended, then entities may expand their consciousness and speculate on what lies outside of that reality, and may find it important to meditate and seek to experience other dimensional realities. That these glimpses into other realities can give faith, encouragement, hope or understanding, which allows the entity to cope better with the present reality, or to proceed in dealings with present obligations in order to have greater time and energy for other experiences and explorations.

This Awareness indicates that entities who become so fixated in trying to understand the universe and the many dimensions and the makeup of the hierarchy systems and the nature of the coming events or of past events or past experiences; much of this effort is but wasting time and a form of escapism from one's obligations and duties in dealing with the urgencies of the here and now. This Awareness wishes these messages which It gives through this organization, the *Cosmic Awareness Communications*, that Its messages not be used as form of entertainment or escapism from the duties of the here and now, but rather to be seen and used to give an understanding, so that when these duties are performed, and entities are doing what must be done to meet the urgencies of the moment, that they have a better understanding of why they are called to live upon this plane, and conduct these duties in a manner which is prescribed as that which follows the *Law of Love*, the *Law of Mercy*, and other Universal Laws.

This Awareness indicates that the further understanding of the nature of the universe as that which is intended to assist entities in better seeing their own lives in perspective to the larger picture, and it is not intended as a message that allows entities to gain knowledge simply for the sake of knowledge, or to have information with which to impress their associates, or to create some mental maneuver which allows the entity to fantasize in regard to other dimensions, or to wish he or she lived in some other dimension, or to serve as any form of escapism from the present duties and obligations that one has.



### What your Responsibilities & Obligations Are

This Awareness indicates that your duties, your obligations are first to your soul and its growth, and in that duty to your soul and its growth, there is the obligation to attend to your responsibilities, those which you have incurred through your behavior, or through your circumstances, the circumstances of your living, and the relationships you have formed with others. These responsibilities accompanying that responsibility of your soul growth, must be of a priority, after which then, the further obligations or duties of selecting and choosing to expand your knowledge, your experiences, or your skills and talents into exploration of other activities, taking on the new experiences; this then may be added, but that your first obligation is toward your soul growth, which includes the responsibilities you have to others.

This Awareness indicates that such responsibilities toward others can, in time, also be expanded to include teaching and sharing, or healing or serving others. This Awareness indicates in the sense of an individual growing in levels of responsibility, that this occurs first with the entity learning to take care of his or her own personal needs, then gradually becoming capable of helping others, and in time, of helping multitudes.

This Awareness indicates that the action of seeking to understand some great phenomena or receive some secret information in order to give yourself an advantage over others, or to impress others; this activity is not that which is promoting the growth of the soul, and should be observed more as an ego game. This Awareness suggests that the movement of understanding Universal Forces and the relationships of these forces to one another for one's own purposes in order that one better understands his or her life in relation to one grand scenario of the universe; this as that which can serve a beneficial purpose, so that the entity sees his or her life in proper perspective to the universe in general.

This Awareness indicates that this action of perceiving oneself in relation to the universe and perceiving the universe as an individual being, having all of these aspects, and whereby an entity can, in looking at the universe with all of its many aspects, can in part grow to identify with that universe; this indeed does help considerably in expanding the entity's consciousness away from self-centered actions and thoughts, into universal actions and concepts.

This Awareness indicates that in assisting entities to understand society, to understand the physics of the universe, to understand the physics of consciousness, to understand the nature of inter-dimensions; this as intended to assist entities in having greater opportunity to identify with the Universal Mind, identify with the Universal Being, and in this manner an entity grows and develops

a greater sense of union with the universe, a sense of harmony. That this can be of great benefit to an entity. That there are some entities, however, who do not understand this and who perceive messages relating to such information as lines of knowledge which can be used to argue points and to impress friends or serve some materialistic purpose, and in such rationalizing about universal concepts, the entity fails to grow and identify with the Universal Being, and simply wallows in universal concepts without experiencing Universal Consciousness.



### WHY IS THE BODY OF LIGHT MEDITATION TAUGHT IN THE AWARENESS CLASSES ?

#### FOLLOW-UP QUESTION:

In reference to the Body of Light, I'm curious why this exercise was emphasized in the Advanced Development Classes I took under Ralph DUBY?

#### COSMIC AWARENESS:

This Awareness indicates that this as not intended to be used to give entities a sense of phenomena, or of being special or superior beings, although in the way this was given, it did in some cases have this effect. This Awareness indicates that its purpose was to allow entities to make the psychic transition whereby instead of psychically seeing oneself as a physical body made of evolving matter, matter evolving from dense particles moving toward the spiritual, the exercise was designed to alter consciousness totally, in a moment, so that the consciousness perceived the individual, not as a physical body evolving, but as a Body of Light which inhabited the physical form.

This Awareness indicates that this as likened unto defining a cup of tea as being tea in water, or in defining the cup of tea as being water with tea in it. This Awareness indicates that it matters not which way it is defined, except for the significance which the mind may place upon the definition. If one thinks one is drinking a cup of water with tea in it, one may feel the water is somewhat polluted by this tea; however, if one thinks one is drinking tea, in water, the entity will see that this is the tea, as the subject being drank, the entity will determine whether or not to accept this.

This Awareness indicates that in the sense of a physical body or of a Light Body, entities on this plane have long been accustomed to thinking of themselves in a physical body. That as long as one *thinks* one is in a physical body, the entity identifies with matter, and has much difficulty in identifying with a change from a material body to that of a spiritual body.

This Awareness indicates the exercise of the Body of Light as that which was designed to allow entities to have that change, to energize that Body of Light, to see themselves as a Body of Light, and to enhance and allow that Body of Light to grow and be nourished, just as an entity might otherwise nourish the physical body if the entity was fully identified with it. That wherein entities are not aware of the Body of Light, they may allow that Body of Light to be neglected and may put great emphasis on the physical body.

Likewise, wherein an entity becomes over-obsessed with the Body of Light and allows the physical body to deteriorate, that this can also lead to difficulties. This Awareness suggests that the ritual as that which allowed the identification to shift, whereby the consciousness ceased to think in terms of "my physical body," and began to think in terms of "my Light Body inhabiting this physical flesh." This allows the Light Body to have greater energy, that as attention is focused on anything, it energizes and heals that thing.

This Awareness indicates that if attention is focused on the Light Body, the Light Body grows and develops; that if attention is focused on the physical body, it also grows and develops. That this in reference to positive energy, and images of a positive nature, calling forth for the growth and development. That likewise, if negative attention is focused on the Light Body or on the physical body, that negative attention can have its adverse effects.

#### Mind Directs the Flow of Consciousness

(Closing Message)

This Awareness indicates that it has been said that mind is the builder. This Awareness indicates that consciousness is the reality. Mind is that which directs the flow of consciousness and which, in directing the flow of consciousness, creates the perimeters, definitions and the rules which move the consciousness or which hold the consciousness, or which allow the consciousness to have a particular duration as a particular form or particular action.

This Awareness indicates that the mind is that which defines the flow of consciousness and defines its expression, so that consciousness can take the form of any image, or any physical shape, or of any action or circumstance, as defined by mind.

This Awareness indicates that the mind, in molding consciousness, molds the reality in which entities live, and that action of mind in molding the reality, or destiny, is either functioning efficiently, or functioning inefficiently.

Wherein the mind does not act efficiently in molding destiny, it may act sporadically, haphazardly, or may diffuse energies or may distort energies in such a manner as to be destructive or to lack comprehension and construction design to the destiny or pattern or plan, or form of creation. That thus, a life can be wasted whereby the consciousness is present, but the mind does not form a pattern or a destiny that leads the life on a course which is productive and beneficial for the individual or for others.

The life may be wasted, in that the mind jumps here and there, looking here and there, becoming confused, becoming lost, seeking to find something which it has not defined, and cannot understand, and does not wish to be guided, does not wish to find an answer to, but simply wants to rebel against this or that, or may seek to find some temporary pleasure which looks exciting and serves a momentary gratification. The mind which scatters energy, which confuses itself, which confuses others: this kind of mind as a tool which has gone beserk.

This Awareness indicates the mind which serves one in molding consciousness to become a constructive and beneficial life, serving oneself and serving others; this mind is a tool which is sharp and which is to be valued. This Awareness suggests that entities recognize the nature of their mind and to learn to use the mind as a great artist would learn to use his or her tools for creating purposes.

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ED'S NOTE: More information on the Bermuda Triangle can be found in 'Revelations of Awareness' issues No. 80-9 (Project Invisibility); \$3.00; 83-18 (Some Rather Interesting Stuff): \$3.00; also other references can be found in the CAC Back Issues Catalogs, which list each year's newsletters by subject matter.

For more information on life after death, please refer to 'Revelations of Awareness' issues No. 85-3 (Spirit Communication); 84-17 (Life After Death, Part 5); 83-8; 83-6; 81-20; 78-47; each \$3.00 from CAC.

Those interested in the Body of Light meditation and exercises, can find this in various books relating to ceremonial magic, such as Israel Regardie's massive work, "The Golden Dawn". This exercise, along with the Banishing Ritual and other rituals used in the Cosmic Awareness Development Classes, is also found in the works of W.E. Butler, particularly in his book, "The Magician". Please refer to the CAC Book Catalog as these books are permanently stocked by CAC, as well as the other books used in these classes, such as the Middle Pillar, "The Tree of Life" by Israel Regardie, as well as the books of Dione Fortune, such as "The Mystical Quabalah" and "Psychic Self-Defense". These books are in and out of print at various times and if not listed in the current CAC book catalog, please write to Vicki T. if you need specific titles.

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## HOW TO RUN YOUR CAR ON MUCH LESS GASOLINE

(MORE ON REICH'S ORGONE ACCUMULATOR)

### QUESTION:

Some time back, we received from Richard L. Clark, PhD, in San Diego, two items, which, if are valid, we should publish to the membership, and I'd like to read these and ask Awareness if this information is valid.

The first one is called: "Soft Particle Physics: Free Gasoline Mileage Increases." He says: "The concentration of soft particle electrons in ordinary automobile gasoline will increase your gas mileage by up to 75%, and you can make and install the necessary passive soft particle devices to achieve these tremendous fuel savings."

"There are two methods of obtaining soft particle concentrations in a liquid such as gasoline. One method is a Reich accumulator. A second method is the use of magnetic fields on the liquid flow, magnets fastened to your line, [which Awareness has given us information on previously]. The total material cost for your soft particle passive device is under ten dollars, and installation time is only one or two hours.

"I recommend that you include both systems on your vehicle for maximum savings. It is simple to make a Reich accumulator soft particle concentrator out of your present gasoline tank. Free the tank so that you can wrap it completely in alternate layers of first: newspapers, (cotton or wool may be used also); and then a complete layer of aluminum foil, three dual layers of organic/metal materials seems optimal for most gasoline tanks. The use of duck or ceiling tape will hold the layers firmly in place on your gasoline tank. To add the magnets to the gasoline lines is easy. Buy a handful of common ceramic magnets at Radio Shack; bar magnets will also work. Using adhesive or duck tape, fasten these magnets to your gasoline line as it passes to the carburetor. Opposite poles of the magnet across the gasoline lines produce the best result, but this is not a critical consideration.

"Both of these systems will also reduce emission significantly." And he adds: "I hereby give my permission to anyone to publish or copy any or all part of the above data."

Will Awareness please comment about this information?

### COSMIC AWARENESS:

This Awareness indicates this as beneficial. That it be noticed that the increase in mileage as indicated as up to 75%; that this does not imply that every entity using this system will receive 75% increase; that for some it may be considerably less. This Awareness indicates however, that because of the low cost of putting this into service, it would be beneficial for entities to give it a try, if they so desire.

This Awareness suggests that entities in trying out this, or any other new system, should very carefully test their mileage before and after, by filling the tank prior to the implementation of the system, driving in a familiar area, and again after implementing the system, driving in the same area. This Awareness suggests that to test the mileage after approximately one half or more of the tank has been used, fill the tank to the same amount as it was when you began the test. The amount used, and the mileage, and the same type of driving conditions are important for accurate testing.

This Awareness suggests also that you purchase the same type and octane of gas, for higher octane will increase the mileage somewhat.

### (FOLLOW-UP QUESTION):

Would it be worth an entity's time, on say, these old big cars, like my '73 Cadillac that only gets 8 to 10 miles to a gallon, to remove the tank and make this Reich accumulator out of it? Would there be enough increase in mileage to make that worthwhile?

### COSMIC AWARENESS:

This Awareness indicates that it appears it would increase the mileage on your vehicle by approximately 3 miles per gallon.

### (FOLLOW-UP):

That's a long way from 75%.

## HOW TO GET HIGH ON SOUND: A LEGAL WAY TO "TURN ON"



### QUESTION:

Okay. His other release is called 'Systems Technology: Inexpensive Abused Substance Substitution. It reads:

"It is an extremely interesting omission that none of the literature on the subject of extremely low frequency, ELF systems, and its effects on humans, mentions drug or alcohol simulation capabilities. Because ELF can create exactly the same mental effects as drugs like cocaine, heroin, hashish, LSD, marijuana and alcohol, very large vested commercial interests have *deliberately* suppressed this information.

"The social costs and crime, deaths and ruined lives due to drugs and alcohol is enormous in our society. So while I do not personally condone or respect substance abuse in any form, I feel it is necessary to eliminate the dangers, damage and costs of such habits.

"The human brain hemispheres operate on separate ear inputs, thus stereo sound systems; but of more immediate interest is the fact that the frequency effect internal to the brain is the difference in frequency between the separate ear frequency inputs.

"Thus, if you input ten hertz in one ear, and 18 hertz in the other ear, the brain hemispheres, internally, will have the 8 hertz difference. The effects of 8 hertz are the meditation, or ESP states in humans. Amazingly, the abused substance reactions are near the same frequency. The exact reaction frequency varies slightly from individual to individual, but can easily be found by tuning until reaction is achieved by the individual.

"All that is needed to use this system, is two inexpensive audio oscillators and stereo headphones. One audio oscillator can be a fixed frequency, say 20 hertz, and the oscillator turntable between 1 hertz and one-hundred hertz. Each oscillator is connected to one earphone only, thus an ELF difference system is possible.

"The design for ELF oscillators and amplifiers are available everywhere, along with the electronic parts stores. The stereo earphones cost only about \$20. Ham radio operators, electronic technicians, TV repair men and hobbyists can easily build these low-cost units in massive quantities, therefore cost, sources and supplies for this system are readily available to all.

"The advantages of this system are, one: low initial cost,--under \$50. Two: minimum operating costs: batteries,--three: no after effects, turn it off and you are turned off immediately; four: crime and anti-social behavior decreases; five: criminal elements, revenue and control losses; six: it is legal; seven: it is not injurious to the body."

And he hereby gives permission to anyone to publish or copy any, or a part of the above data. Would Awareness please comment on this information.

#### COSMIC AWARENESS:

This Awareness indicates this as being accurate and as being that which appears to be a system which will be used widely in the near future, particularly during the latter half of this decade and into the next, for entities who wish to enter into altered states of consciousness. This Awareness indicates that this also appears to be an action which will lead into a field of research relating to brain, or consciousness manipulation through electronic input and through sound, as ways of affecting attitudes and ability of entities to see beyond the physical levels.

This Awareness indicates this appears to be a system that will lead into new methods of meditation.

#### (FOLLOW-UP QUESTION):

He throws all of these drugs into the same bag: cocaine, heroin, hashish, LSD, marijuana and alcohol...

#### COSMIC AWARENESS:

This Awareness indicates that this as being quite a diverse combination, whereby each has different types of influences and effects on the brain. That the entity as having generalized considerably, whereas in reality, the variation in the hertz levels and in the vibrations of the sounds; these will have various

effects on the consciousness. That essentially, the use of music and the electronic system as considerably different form the use of any of these drugs, yet in one general sense it can be said to alter consciousness, although the alterations in consciousness are not the same as that of the use of the various drugs.

This Awareness indicates also that entities in using this system will experience different types of consciousness alterations, according to their own individuality, and from one time to another, according to circumstances, attitudes, astrological and environmental influences at the time of the experience. The term "environmental" also should relate or include biological influences, according to the entity's present condition.

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ED's Note: If this system really works and the word gets spread around, this technique could actually put 'Dope, Inc.' out of business and end the terrible waste of lives that heroin-type drugs create; not to mention the economic impact on the world if suddenly there were no longer a market for the drugs being promoted by the Alien Force through Dope, Inc. as explained in the works of 'New Solidarity' newspaper and verified by Cosmic Awareness. (Incidentally, the book "Dope, Inc." is again available; \$14.95 plus \$1.50 postage from Ben Franklin Booksellers, 27 S. King St., Leesburg, Va. 22075).

You heads and stoners out there, when you rig up this headphone device for getting high, please let CAC know how well it works and how it compares to the various drug experiences.

For more information on Reich's energy accumulator, please refer to 'Revelations of Awareness' No. 82-18 (How to Build the Reich Cloud Buster); \$3.00; also 86-6 (Cloud Busters and Orgone Energy); \$3.00 from CAC. For more information on reducing mileage with cow magnets, please refer to issue No. 81-05; \$3.00 from CAC. Also, CAC stocks the original book by Reich: "The Orgone Energy Accumulator & How to Build one". Please refer to the CAC Book Catalog.

## DUNGEONS AND DRAGONS

### --HOW DANGEROUS IS THIS GAME?

#### QUESTION:

C.H. of Mongo Valley, New York, writes: "I have a question which I feel is of general interest and perhaps would be considered for asking Cosmic Awareness. It seems there is a very popular game among high school and college students called "Dungeons and Dragons". I don't understand this game or its purpose, but I do know those who become deeply involved with it appear to become almost obsessed with it. Would Cosmic Awareness please comment on this?"

(Awareness, there was a story recently in the paper about some entity who got involved in this game and disappeared for about a week in one of the dungeons of some school. I believe I have seen other articles stating that entities playing this game have disappeared and have never appeared again.)

## COSMIC AWARENESS:

This Awareness indicates that this as a game based on concepts which at random, through the mechanism of the game, are brought together creating an imaginary story for an entity to experience and follow in an imaginary way; that these story lines which the entity experiences from the game interact with the story line of other players. This Awareness indicates that this game is essentially an exercise in imagination, allowing entities to have very interesting experiences with the haphazard creation of plots of the imaginary experience; this much like watching a movie unfold, except it is all occurring as concepts within the mind and is not visible externally.

This Awareness indicates that in one sense, this is very favorable and fills a gap in consciousness at this time; for in earlier cultures, prior to the age of television in particular, entities indulged in reading and listening to the radio, and these actions required that they imagine the scenes,—this developing the imagination, allowing entities to imagine more clearly. That once television came on the scene, imagination was not encouraged, for the image was right there in front of you; that entities found little left to the imagination, and even less left to the imagination in movies. This Awareness indicates that "Dungeons and Dragons" as a game which stimulates and allows the imagination much freedom and expression.

This Awareness indicates however, while this is beneficial in allowing the imagination to grow and develop, there is also some danger. This Awareness indicates that any action which allows imagination total freedom and does not allow control of the imagination, whereby an entity loses control of his imagination, gets caught by the imagination, is moved and compelled by imagination, is not able to separate reality from imagination, or does not have a point of identity solid enough to distinguish self from imagination; then that entity is in deep trouble psychologically because the entity is controlled by the imagination, which can create any type of experience for the entity, and the entity would totally be subjugated by that experience, whether real or unreal, whether harmful or beneficial.

This Awareness indicates therefore, entities whose imagination is already over-stimulated, particularly if over-stimulated by fear or violence, these entities could be in more danger of this experience than others. That wherein entities have a good self image, have a solid sense of identity, understand what is real and what is imagination, do not get too easily caught in these games to the point where they lose track of what is real and what isn't; these entities then can be benefited by this game.

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## WHY FRUITS AND VEGETABLES HAVE LITTLE TASTE THESE DAYS

(COMING SOON: THE SQUARE TOMATO)

### QUESTION:

Nancy S. writes that, "The other day while eating a pear, I had the distinct impression that I was eating "synthetic food". I have found recently that I don't want and can't eat red meat. It frankly tastes funny and foreign, and I have begun to enjoy just fresh fruits and green vegetables". She goes on that "the problem is that much of the fruit in the stores like Safeway has this synthetic taste," and she'd like to ask if this is really a higher level of consciousness type food, and if there's anything you can do about getting the original flavor back?

### COSMIC AWARENESS:

This Awareness indicates that there has been much alteration in terms of flavor of the foods due to creations of hybrids. This Awareness indicates that many of the fruits and some of the vegetables are becoming less tasty and more picturesque because of hybrid work, whereby the fruit or vegetable is made for looks and packaging rather than for taste; the engineering on these as that which may create for example, a square tomato during the coming years, in order that these may be better packed and shipped. Obviously, the square tomatoes will all be approximately the same size, so that the packaging and shipping can be even more enhanced. That this creates the packaging and looks of the fruit, but does not guarantee the flavor; and if the flavor must be sacrificed in order to get the packaging and looks, then these entities will do so. That it is because of this concern with the commercialization of the product that much of the flavor has been lost from the foods which once tasted better and more alive.

This Awareness indicates that also, the soil as becoming more and more depleted because of the fertilizers used. That in the past, there was a time when the soil itself could have been made more fertile, but rather than working on building up the fertility of the soil, the choice was made to add fertilizers to the soil which would make the plants grow better,—the idea being not to improve the soil, but to improve the plants which grew from the soil. This Awareness indicates that this action in fact has caused a depletion of the fertility of the soil, requiring more and more fertilizer to be required and needed in order to grow the plants. That as this increases, and the soil becomes less fertile, the plants grown with the use of increasing amounts of fertilizer are not as tasty, do not bear as tasteful fruit as once was born from soil which was more fertile in its natural condition; this in relation to the humus and the vitamins and minerals within the soil.

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