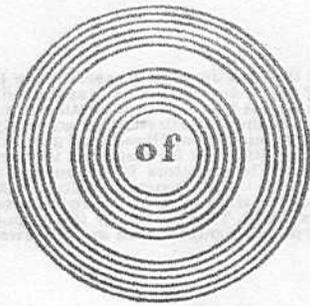


Revelations



Awareness

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The New-Age Cosmic Newsletter

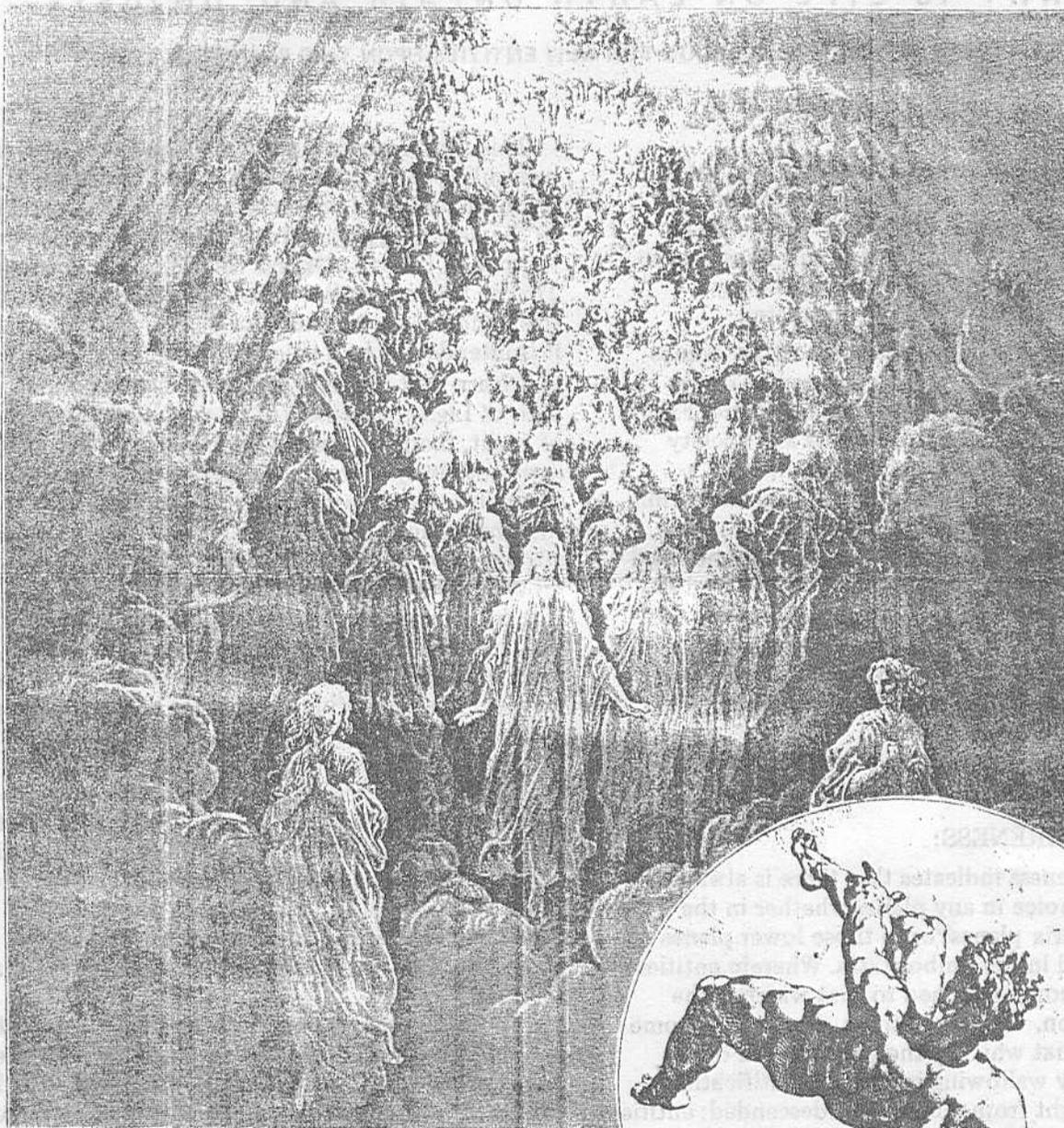
\$3.00

ISSUE NO. 301

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware



**On your own
in an unjust world**

BEAM ME UP, SCOTTY, THERE'S NO INTELLIGENT LIFE ON THIS PLANE!

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COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter. Paul Shockley, Interpreter

WHY IS LIFE ON EARTH UNFAIR AND UNJUST?

(HOW ABOUT A "HANDBOOK FOR NEW ENTITIES UPON THIS PLANE"?)

QUESTION:

S.K. of Rolling Meadows, Illinois, has a question. Some of this information has been given before, but perhaps Awareness can sort of condense it. There's a number of questions in this question, so I'll read her statement, and then repeat any question Awareness would like extracted.

"It seems somehow unfair that an entity comes into an earth life with so little awareness of his true essence, and his purpose for being here. From the moment of birth he has parents and society falsely programming him, his own mind and a body misleading him, all kinds of unknown karmic problems to cope with, and endless temptations surrounding him. He is blind, half asleep, confused and ignorant. How can he be expected to find his way back to truth and God under all of these handicaps? Is it all essentially an experiment in consciousness? And if so, how could anything in God's kingdom, which includes everything, get so unbalanced and out of hand?

"Is the material plane like the waste or refuse of God being recycled?"

COSMIC AWARENESS:

This Awareness indicates that there is always the element of choice in any plane, whether in the higher Celestria planes, or in those lower planes of Terrestria and in the limbo states. Wherein entities *choose* to become attached to that which is the lower vibration, wherein entities *choose* to become attached to that which is the gratification of the senses, and by wallowing in sensual gratification, forget the Light from which they descended; entities can become so enraptured by the physical reality, or the physical gratifications that they cease to cling to the Light, which is their true source.

That as this is so with an individual, likewise it is so with those heavenly hosts, and those forces which are supposedly more highly evolved. That many of these supposedly highly evolved beings have had choices, and have chosen to enter into the materialistic plane, and to remain in those levels; that these are the forces who may come into power and dominate the material plane. That while it can be said that the force of the Divine rules over all of the universe, it can also be said that the Force of Darkness rules over that which is the materialism.

This Awareness indicates that the Force of Darkness ruling the materialism is a kind of check, whereby those who wallow in the elements of materialism to the degree that they forget the Light, can become trapped in those levels and will suffer the consequences. That in the materialism level, the wallowing in the flesh, this action is not intended to be a reward for entities; it is intended to be a place of learning, whereby entities learn that the only true path is toward that path of Light, regardless of its cost; that the path of Light, the path toward the Divine, as that which does not always reward the pleasures of the flesh. Wherein some rewards may come to entities in their movement toward the Divine, these rewards are not given as a lure or payment for having moved in that direction; that entities who think that by moving on the path of the Divine Light they are to be immediately rewarded and given great praise, may find that it just doesn't work that way, for they may find themselves being tasked even more by the Dark Forces, who wish to hold them on the physical plane.

These Dark Forces do not wish that entities upon this plane should escape, should be able to move from the darkness toward the Light, and therefore, entities must prevail over those Dark Forces in spite of the trials, tribulations and temptations to enter again into the identification and attachment to the physical plane; that it is not a matter of "unfair", it is a matter of "fact."

Although it may seem unfair that things do not work out well for entities, the fact may be that they are *not intended* to work out well, for if entities were to have complete satisfaction and pleasure in their experience on the earth, and have everything handed to them as they would like, they might actually become fascinated and permanently attached to the earth plane. This Awareness indicates that the intention of this Awareness is to assist entities in becoming more aware of the other levels and other planes of existence, and in helping entities to see how they may lighten their life through reconciliation of the polarities, and through the laws given by this Awareness.

This Awareness indicates that in allowing entities to become aware of these areas of experience associated with the Path of Light, their trials and tribulations can be diminished; that it takes much more than a few words given through an Interpreter or applied to

one's life to make a major change on this plane, for it will take a complete change in the mass mind before this plane can become a safe place to raise children or a safe place to live. There is nothing that states this plane should be run fairly, or according to rules of justice other than that ideal which is held by the *Universal Laws which entities perceive as being proper and just in an abstract sense.*

The Dark Force Loves to Create Karmic Indebtedness

This Awareness indicates the Forces of Darkness, which have long prevailed and ruled upon this plane, are not concerned about being fair; they are simply concerned about controlling and holding power and maintaining their position and of subjugating others. *That there is nothing fair about that either. That wherein entities look toward the Divine Light and lament that It is not treating them fairly because they are not able to do those things which they see the Divine Light as being able to do: to have greater understanding, or to live eternally, or to live in a state of bliss; that wherever an entity is, they can always call 'foul' and claim 'unfair', yet these are conditions which are inherent in being polarized, and wherein an entity is polarized into the physical body, and wherein an entity is polarized through attachments, the entity may be polarized also in a karmic sense, and wherein these polarizations occur, there will always be that which is out of balance and creates what appears to be a lack of justice, a sense of unfairness.*

This Awareness indicates that there are occasions in one's life where the cycle reverses and entities have the great opportunity of tasting the success of greater achievement, greater awareness, or greater bliss, and the greater freedom, yet these are often soon to be snatched away when the cycle again reverses, for it is the nature of the physical plane that entities be constantly kneaded, as the kneading of bread dough, constantly kneaded between pleasure and pain, suffering and joy.

This Awareness wishes however, that these polarities can be diminished considerably so that the pains become less, the tragedy is diminished, and the pleasures may also diminish, yet the joy which comes in being in the Light as that which grows as the polarity of pleasure and pain diminishes. *That there is that inner joy which grows from the reconciliation of the polarities, and as this develops and grows, entities begin to disattach themselves from the physical plane, although they still follow their responsibilities and attend those responsibilities and their chosen duties to their loved ones and to the roles which they choose to live out on this plane, but they put their primary attachment toward the Light, rather than toward the material plane.*

This Awareness indicates it is all a matter of where you attach your hopes and dreams of the future. If you attach these in materialism, then you become attached to matter and the karma that follows. That if you attach yourself to the Light, then you will indeed begin moving up that path to where the eternal are. That the lamentations about this or that not

being fair, or this being unpleasant and wishing that it were somehow to be taken from you, the cross lifted from your broken body; these lamentations are part of the human condition, and have been so since time began upon this plane, and the suffering and the sorrow and the tragedy continues so long as entities *reinvest their energies in those materialism which bring about reattachment and karma upon this plane.*

This Awareness indicates that by turning your energies toward the Light you may begin to move away from this heavy attachment and to move toward that which is the unity or union with the Divine Forces, and in so doing, you may, in time, begin to extract yourself from the sorrows and tragedies on this plane. That even a little movement toward the Light generally brings about a peace and harmony in one's life which gives a stability and a clarity and a joy that cannot be taken from them, even though they may then experience greater trials as the Dark Forces attempt to bring them back, and to cause them to create or commit some act which would lead to further karmic indebtedness on this plane.

This Awareness indicates that although an entity on the Path of Light may be attacked and bombarded by these Dark Forces, and may be haggard and tired and worn from the battle, the entity is nonetheless filled with joy within for being in with the Light. But when that Light is cut off, and the entity turns away and moves back toward the materialism, and wherein those Dark Forces then begin to reward the entity for having turned from the Light, all the joys from the physical rewards, all the pleasures from the flesh, all the material treasures given to the entity, cannot again bring the joy which the entity felt when with the Light.

The Greatest Treasure an Entity can Experience On this Plane

This Awareness indicates that being in the Light is the greatest treasure entities can experience on this plane, and to lament that the Light has not dropped diamonds, gold, treasures and joys into the lap of the entity, is futile, and is but empty words, and has no meaning other than to reflect to the entity the state wherein the entity is residing on the Path. That entities who find themselves in this position have the choice of either moving back toward that which is the treasures of the material plane, or forgetting the treasures and moving toward the Light and searching for that gold, that Light which brings the joy within.

This Awareness indicates that this question as having led into other areas which were not intended or directed particularly to the questioner. This Awareness suggests that if the question has not been properly answered, that this may be repeated so that a reorientation can occur.

WELCOME TO THE ZOO

HOW DID ALL THIS GET OUT OF HAND

---OUT OF BALANCE?

FOLLOW-UP QUESTION:

You've covered the aspect that the entity thought was unfair. She wanted to know: "Is it all essentially an experiment in consciousness? And if so, how could anything in God's kingdom, which includes everything, get so unbalanced and out of hand?"

COSMIC AWARENESS:

This Awareness indicates that it could be termed an experiment, except that wherein one knows the outcome of an experience, it is not classified as an experiment. There are those forces within the universe who know exactly how things will go on this plane, and with each individual, and yet, these forces allow the individuals to have free will, and to make their own mistakes and to learn from those mistakes, for if these forces simply directed your footsteps, and told you exactly what to do, and you obeyed perfectly, you would have nothing but an obedient servant.

However, if you, and others, are given the opportunity to move into the material levels, experience the pleasures and pains in these material levels, without the Divine Insight which others may have on higher planes, and as you move through these levels in life after life, and gain understanding rather than directions and orders, and you learn first-hand what it is to be involved in pleasure and involved in pain; then you have something which is Divine in nature: You have experience and knowledge and understanding, and it is much more valuable than to simply have a map, or have directions, and this knowledge and understanding cannot be passed out to you in a way which assures you will accept this knowledge, but rather, it can be presented and allowed, and you are allowed to accept or reject, to discern which is true and which is not true, and many will follow the wrong path, and many will learn that they have been on the wrong path, and from that, will become more discerning.

Thus, entities not only learn from experience so that they need not simply be followers and obedient servants, but shall have their own realization. Entities also learn to be more discerning, so that they know how to figure out ahead of time, to make discernments before involving themselves in something, so that they not only know from past experience, but are able to discern clearly future potential experiences, and to decide and make proper judgment as to whether or not to become involved in such.

Why Not a "Handbook for Entities on the Earth Plane"?

This Awareness indicates that these experiences cannot be provided in a kind of *Handbook for Entities on the Earth Plane*, although there have been many attempts at this, and many of these books have been presented as religious and sacred texts, and many of these have had their profound effect upon civilizations, and yet many of these also have not been what entities

need, and there have been great turmoil, chaos, violence and war, and difficulties and pain and tragedy, due to others attempting to force these messages from these books upon the lives of others, who in turn may had other books which they themselves preferred.

That the books available, the messages available; these are but crude tools, and the greater truth comes from your own living and experiencing, and you may find in that book a key which can allow you to have a greater experience, or you may find in an experience a key which can allow you to write a greater book. That in sharing your experiences with others, in listening to the wisdom and ideas of others, in reading what others have had to say in regard to their experiences; entities in sharing, become more aware.

This Awareness indicates that there are occasionally those few entities who have the opportunity to advance spiritually, or to have some strange phenomena whereby they recall a previous life, or have insight into some unseen realm or reality, or have the good fortune of being clear-minded and able to perceive forces which are of an abstract nature which may not be witnessed by those who are involved in the less subtle energies, in those gross energies; and such geniuses, or such entities of insight may perhaps recall or perceive answers which can be shared with others to allow them to have a better understanding of their place on this plane.

When to Promote Justice and Fairness

This Awareness indicates that it is not fair that some entities should be less informed than others; it is not fair that some entities should have less ability to learn than others; it is not fair that some entities should be less endowed with the capacity to think than others; it is not fair that some entities should have the capacity to think but not have the means whereby that capacity can be fulfilled, wherein an entity with a mind of a genius grows up in a country of illiterate persons wherein there is no one to teach him or to share the information available, which the entity could readily perceive. This Awareness indicates however, these are the many circumstances of the physical plane, whereby justice and fairness is an ideal, and not a reality; that entities upon this plane, should however, seek in their living to bring about that which is fair and that which is just, rather than accept the plane as it is, as an unjust and unfair plane. Although this is the way things are, it is not the way things should be, and entities are urged to seek in their everyday living to promote justice and fairness for all.

However, there are limits as to what an individual can do without becoming a victim to other forces which are not about to allow justice to occur. That one must know when to pull back and when to promote justice, for wherein one sees something that is unjust and attempts to do something to bring about justice, and the action is obviously futile and without any hope of success; then the entity may waste his or her life, wherein that wasted life could at a later time, and with more available opportunities, do much to bring about an increased justice on the plane.

This Awareness indicates that each entity must have his or her own free will to make choices and to develop his or her own conscience as to what the entity can tolerate and what the entity can do to in promoting justice.

WANDERERS WHO SPRINKLE MAGIC DUST UPON A DECAYING CULTURE

FOLLOW-UP QUESTION:

It seems to me that part of what she was saying in the question was that starting from square one, as a baby, and assuming the modicum of assistance that one could expect from friends and family and society; how anyone stumbles back into contact with the Light is beating the odds, at least if they do it before they've lived a whole lot of years.

COSMIC AWARENESS:

This Awareness indicates that this is true, particularly wherein there is a greater amount of darkness in control of the earth plane than that of Light. However, that as has been given before, during the past twenty years there has been a great influx of Wanderers upon this plane who are here to help bring about a lightening of this plane, so that entities who are ready can have greater opportunity for experiencing the Light, and have greater chance of finding the path toward that which is the Light.

(FOLLOW-UP QUESTION):

Sort of like a homing device?

COSMIC AWARENESS:

This Awareness indicates that this as likened unto sprinkling magic dust upon a culture that has withered and has begun to die in its own poison and stench. The magic dust as the Light Beings who have come into this plane, and this magic dust then tending to enliven that culture so that it becomes again thriving and living, and the poisons and stench which it once became noted for, may then begin to fade as the rebirth, the springtime of the soul is witnessed.

DOES THE PHYSICAL BODY HAVE AN ELEMENTAL SPIRIT THAT CONTROLS IT ?

QUESTION:

A question along this same line from E.L. of Mesa, Arizona: "I would like to ask a question that I've been thinking about. Is there, or do we have a physical body elemental spirit that controls the growth and development of the fetus before the soul enters and keeps the body processes working for us?"

COSMIC AWARENESS:

This Awareness indicates that this as a process which can be described in this manner: that it is not necessarily described in this manner: that there are forces, and these forces may be labeled elementals, or may be labeled something else, but these forces are involved in the development

of the entities from seed to maturity, whether human or otherwise.

CAN WE CONTROL OUR OWN BODILY URGES AND PROCESSES?

QUESTION:

She has another question: "Are we, as becoming spiritually aware beings, can we at some point in our growth and development start controlling or helping to control our body processes, perhaps with loving guidance, when that which is in control can recognize that we are able to "speak with authority" as Jesus said to his disciples regarding some healings?"

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That wherein you develop a rapport with your body, first in little things that are easily controlled, then, as this is experienced, gradually moving to more significant things so that through your rapport and communication with your body, you gradually gain conscious control over the urges, the activities, the illnesses of your body, and are able to alter these according to your will.

This Awareness suggests however, that entities seeking to move too fast, will surely fail. That it requires great patience, and that you must begin where you are in controlling these urges, not attempting to control those strong great urges, but simply becoming more aware, consciously aware of energy movements within your system, and of appetites and desires; and in being aware of these, noticing what happens when you look at these in one way, and when you look at these in another way, whereby looking at an urge from the sense of energizing, or looking at the urge from a sense of diminishing that urge.

This Awareness indicates that you simply watch what occurs, both in your mind and attitude, and in response to and from the urges. That in terms of using the body energies for purposes of healing, either through imaging or through the use of mana, as in laying on of the hands; these energies and activities can also be enhanced through practice and concentration and through action.



"How would you like to be multiorgasmic?"

HOW GOVERNMENTS ARE USING HOLOGRAMS TO CREATE INVISIBILITY

QUESTION:

A question from P.A. "Several years ago, a scientist from Dolgoff, Holophase, Inc., gave a lecture and demonstrated holography. He stated that the U.S. government had already produced (1) a hologram of a background scene that is projected on an object or person to make them invisible against the background. He said the government was also attempting to (2) create a hologram with physical substance to it by shooting extra energy into it by means of an electron spin, and then converting that energy to matter. In this way, the holographic image would look and feel like a normal, tangible object or person. The question is: Have they succeeded? And if so, what have they done with the process? What have they made?"

COSMIC AWARENESS:

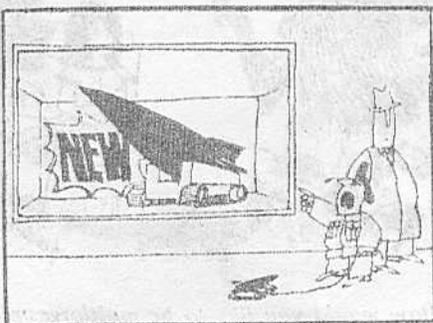
This Awareness indicates that this as having succeeded; that this is used in certain areas for purposes of camouflage. This Awareness indicates that this was used prior to the efforts of the United States government in this action; that certain openings into Middle Earth have been camouflaged with these images which appear solid.

This Awareness indicates that in reference to the use by the United States; that these have been more in experimental levels. That there have been created certain images, and the experiments have included the effect of these images on viewers in a psychological research of the creation of images and the use of these images and their effects on the masses.

This Awareness indicates that you will recall previous information given through this channel in regard to visions projected in the sky in Russia, and in other places, whereby images were seen by the masses; that this as related to the question.

ED's Note: For the reference just given by Awareness, please refer to 'Revelations of Awareness' No. 81-16 (Cosmic Awareness Reveals the Third Secret Prophecy of Fatima); \$3.00 from CAC.

In another reading, Awareness indicated that the reason why Polar expeditions are unaware of the openings at the North and South Poles (those secret openings into the Hollow Earth) is because holograms of icebergs are being used by the CIA to prevent entities or cameras from seeing these openings.



WERE THOSE REALLY MEN

FLYING OVER

VANCOUVER, WASHINGTON?

QUESTION:

In the fall 1980 edition of the *New Atlantean Journal*, there's a reprint of a news item I'd like to check out with Awareness. It was dated April 10th, 1948, and the source was the *San Francisco Examiner*. The story went:

"A tale of 3 men flying over Longview, Washington, without the help of airplanes or parachutes, startled the lower Columbia river area. The mysterious apparitions were reported by Mrs. Viola Johnson and James Pittman. Mrs. Johnson said what she saw 'looked like three men in dark drab flying suits flying through the air. As far as I could judge, they are about 250 feet high, and circling the city.'"

Would Awareness please comment on that news item?

COSMIC AWARENESS:

This Awareness indicates that this as an early experimental project, testing a device that was used... this as having been later released to the public... this appears to have been in the mid or early 50's. information relating to what was described as a kind of flying belt.. That this as having a connection to tanks of compressed gas which allowed the wearer to reach moderate heights; the story being exaggerated in the report in the newspaper.

This Awareness indicates these belts as allowing the entity to leap over walls and certain distances, but not such as to allow entities to fly 300 feet high, and circling a city; this as having been exaggerated reports that were later printed. That these as experimental belts for use in army projects; that it was later scrapped as not being of great importance. That the helicopter as having replaced further need for the development of this apparatus.

COMING SOON: AN ANTI-GRAVITY BELT YOU CAN FLY AROUND IN

FOLLOW-UP QUESTION:

It seems like flying through the air would be a great non-polluting way for entities to get around in short distances. Does Awareness foresee a day when some type of anti-gravity device like a belt could be strapped onto an entity, and he could indeed fly some distances?

COSMIC AWARENESS:

This Awareness indicates that this as that which will be developed when entities have use of the information associated with resonating-electromagnetic energy and its qualities and the principles of its use. That this as already understood in certain circles, and used for the propulsion of certain craft, but that this as not available publically.

HOW DOES MAGICIAN DAVID COPPERFIELD MAKE AN AIRPLANE DISAPPEAR ?

(A RAP ON OREGON'S "HOUSE OF MYSTERY")

QUESTION:

The magician, David Copperfield, was shown on TV making an airplane disappear while it was encircled by people some distance away. When walking out, people walked through the spot where the plane had actually been. Did the plane go into another dimension? and was Stealth technology or holography used in any way?



COSMIC AWARENESS:

This Awareness indicates that this was a demonstration of the use of these principles of physics, as involved in the use of holography. That this as associated with the bending of light which is also a phenomena that may be found in various places on the earth, known as vortexes, vortices, such as the House of Mystery in Medford, Oregon, whereby light becomes distorted, causing a person who is considerably shorter than another, when changing places, to appear taller than the other, and other similarly unusual phenomena.

(FOLLOW-UP QUESTION):

So in that case it was just another case of magic, or use of illusion for magic tricks. Is that correct?

COSMIC AWARENESS:

That this was not an actual dematerialization of a physical plane, but rather, as the action of distorting the light so that what one thought one saw, one then could not see.

ED's Note: The reference by Awareness to the 'House of Mystery' jogged the memory of this editor, who was born and raised in Medford, Oregon, and is familiar with that house, which has since become a major tourist attraction. The house is actually a one room cabin, built many years ago by a gold miner who, as the legend goes, struck an incredible vein of gold nearby and would come into town to drink and wench, always paying his bills with pure gold. One day the entity was murdered and his ghost was reputed to haunt that cabin, scaring people out who came around it. My mother, who was a believer in 'spirits' and who later became a 'spiritualist' put together a party of entities of similar belief and departed one dark night to explain to the spirit there that it was earthbound etc. and did no longer need to hang around, scaring off teenagers and hunters etc. Her stories she later related about the luminous shape that stormed around that cabin, ranting and sometimes crying, was rather terrifying information to a wide-eyed little boy taking this all in. My father, however, was a profound skeptic, and in his words called her stories "a lot of bull." My mother stomped her foot and denied his accusation and challenged him to accompany her and her little band of 'exorcists' to the cabin the next chance they had. He agreed, stating he would expose the whole 'fraud' and hoped it would stop all that 'nonsense' and keep her from "running around with all those spook-chasing spiritualist friends of her.

Well, he did go with them, and the story told to me and my sisters by our mother was this: my father had stormed into the cabin, hollering and defying any 'spooks' to come out and show themselves, and he would expose them for what they were--sheet covered teenagers out to scare the wits out of the neighborhood or something like that.

7.

He informed everyone present that there were no such thing as 'spirits' and he waved his flashlight around to prove it. Suddenly, according to my mother, my father suddenly acted like he was struggling with some invisible entity, for he suddenly began struggling violently as though he were being pinned by the shoulders. Then the flashlight was jerked from his hand and sent flying through one of the two large, windows, which no longer contained any glass. My old man started cussing like crazy as he scuffled with some unseen force there in the middle of the floor of this 'haunted house.' The next thing my mother knew was that my father was being scooted rapidly across the floor, struggling all the way. She said he was in a sort of sitting position, yet his feet were not touching the floor. It was a summer night with lots of moon shining and she swore she could see what was happening perfectly. In a moment my old man's fanny was lifted into the air as if a pair of invisible hands were holding him by the seat of the pants, and he was unceremoniously thrown, literally heaved, through that open window into a large and formidable blackberry patch.

Someone in the party retrieved the flashlight and they all went outside and helped my old man out of that briar patch, where he emerged scratched all over, his face pale and wan and according to my mother, his hair literally standing on end.

He never mentioned the incident after that, and I had the good sense never to ask him. My mother, however, swore the incident happened and she had about 7 others to prove it. Over the years she and her circle would go out there to that cabin and talk to the spirit and one day it simply disappeared and never did come back. (She did not realize that it was probably only an astral shell). The cabin remained the local 'ghost' house for years, and then became the 'House of Mystery' because of all the stories about ghosts and strange energies there. Today, you can stand at one end by a yardstick, do the same at the other end, and you will be two inches shorter at one of the ends. The proprietors say this is one of the phenomena of the energy vortex there, now referred to as the 'Oregon Vortex'. Other anomalies include planes flying over the house lose their compass bearings, and golf balls etc. will roll uphill. Many think the 'House of Mystery' is all a fake, and several have duplicated it at world fairs. However, like the Bermuda Triangle, the Oregon Vortex does remain a mystery in some areas and there was little doubt in the mind's of the local residences that the place had been haunted.

A year ago I noticed in the Wall Street Journal that the Homestake Mining Company had quietly been buying up all the land in that area around the House of Mystery, that tests had revealed it to be the richest gold field in the history of the United States. Homestake, because of the low price of gold at this time, has not developed the property. That discovery, however, certainly does lend credence to the story of that old prospector who, as legend has it, had the Midas touch and was eventually murdered by those who wanted his secret revealed to them.

The 'House of Mystery' is located in Gold Hill, Oregon, just south of Medford, and in my opinion is not worth the five bucks they are charging people to see it. However, if you have little else to do as you drive along the freeway, you skeptics will have a field day. (Personally, I suggest you drive on another ten miles and check out the Shakespeare festival in Ashland, then continue on another 60 miles to Crater Lake National Park, both of which are worth the time.)

(Avaton)



AN UPDATE ON AIDS (August 15, 1986)

ED's Note: CAC has been working this summer with several developing Awareness channels, all of whom wish to remain anonymous. The following information was channeled by one of these entities.

Note: Not Paul Shockley.

QUESTION:

Please give an update on the disease Acquired Immune Disease Syndrome, commonly called AIDS. Is it a greater threat than the public is being told? There seems to be much conflicting information on this disease.

COSMIC AWARENESS:

This Awareness indicates that AIDS is a virus that started in Central Africa and is spreading South; it is spreading all over the world. It stems from a mutation of another virus that is often transferred by a parasite. That is why the homosexuals had it first. As has been reported, it devastates the immune system of entities. This Awareness indicates that indeed the situation is a lot worse than what they are saying.

Basic AIDS will kill more people than anybody will realize due to the fact that the medical profession does not sign their death certificate as AIDS; they sign it as pneumonia or another disease, so their friends and family do not know what they died of. It is difficult to tell at this time how much AIDS there is in the United States, due to the fact that the Gay population has almost stopped testing to a certain degree in fear of their lives, in jobs. Many prostitutes have had it for at least five years; this is becoming a major way this disease is being spread. In the future, within two to three years, an explosion of deaths from AIDS is seen, but the government might never make this information known.

This Awareness indicates that AIDS is just a prelude to a whole new world of mutated diseases. AIDS Related Complex known as ARC is another problem that you do not hear much about. There appears to be spinoffs of AIDS, not as deadly, but enough to take energy and steal it. It is indicated that in June of 1985, there came a new virus, another mutant, not of AIDS, but strong. It causes palpitations, makes entities feel like they are having a heart attack. It gives entities a form of flu that cannot be shaken. Suggested that this last winter, many entities had a flu all winter long, which was never seen before. This virus as having mutated this year once again. On June 21 this occurred. It mutated again July 2nd and it mutated yet again July 17th. This winter will be very difficult for the young and the old and the sick. Pneumonia will run rampant in many areas. Pneumonia, as with all these diseases, does take its toll. It is the final stage to many phases of life.

This Awareness indicates there is help for AIDS, but not at this time. It will come in the future.

As previously indicated, there is a cleansing of this planet and realities in all levels. Suggested that these new mutants are being spawned from cattle and fowl due to continued use of antibiotics. The cattle's immune system has weakened, fostering mutant types of viruses the cattle usually get into their systems. These mutants become airborne, entities catch them, and a so-called "new" flu has arrived. Suggested that until entities come to the realization that the cattle cannot handle these heavy-duty amounts of antibiotics, sickness will spread even faster in many areas.

This does not mean that if you eat a piece of meat you will get sick. This Awareness sees lean meat, extra-lean meat as satisfactory to eat. As for fowl, as in turkeys, on the West Coast in particular, there is seen what is called TB avier, or Avian flu, this being a new type of virus. Only in the past two or three years has anybody heard about this. It has been known to kill immediately. It has devastated chicken coops on the East Coast at the beginning of the year. Often, the farmers kill and ship these creatures before any sickness is shown. This also as seen with turkeys. Economically, these farmers would be devastated and ruined financially if they were forced to destroy all of their fowl.

(FOLLOW-UP QUESTION):

So we shouldn't eat chicken or turkey?

COSMIC AWARENESS:

At this time, this Awareness sees turkey as not being good. The chickens are different in each part of the United States and it is very difficult to tell. The chicken on the West Coast appear satisfactory for now, while many East Coast chicken suffers from the heat and the disease. This Awareness suggests that January, February and March would be a good time for entities to stay away from fowl.

(FOLLOW-UP QUESTION):

In reference to AIDS, is it a man-made disease? The Russians say the CIA developed it as a war weapon. The CIA says the Russians did.

COSMIC AWARENESS:

This Awareness indicates this as negative in one aspect. In another aspect, man has created this disease himself...in a way that man has to try to improve on nature, that nature cannot be improved upon. Entities must learn to understand that what is here on this plane is here for certain reasons, that when man starts to play

with certain chemicals and distorts the basic balance of nature, nature will fall out of balance and create many a mutant. It appears that the United States will see many mutants in the future, this in approximately five years.

(FOLLOW-UP QUESTION):

What connection do the Christian fundamentalists have with this disease?

COSMIC AWARENESS:

Indicated they see it as a Godsend, but they do not realize that it will effect even them in the future.

(FOLLOW-UP QUESTION):

Is karma running on those who contract this disease?

COSMIC AWARENESS:

This Awareness sees this as being in the affirmative.

(FOLLOW-UP QUESTION):

One psychic has said homosexuals are *deliberately* being martyrs, dying painfully and slowly so the public will see that they are people also; that they are doing all this so the public will recognize them and treat them equally. How much truth is there in this theory?

COSMIC AWARENESS:

This Awareness indicates that for some who are dying and who have died, at first did feel this way; but as the disease devoured their body, these entities simply wanted to live. Indicated that these entities are very tormented people, they died out of step with nature, this creating many a wandering soul in the spiritual world.

(FOLLOW-UP QUESTION):

...And the best way to prevent or treat this disease?

COSMIC AWARENESS:

As for the future, this Awareness sees men and women exchanging blood tests, although blood tests are not an accurate account of this disease. Indicated that the treatment and cure is 'out there', but not shown at this time. There still has to be a cleansing. To prevent this disease, one must definitely know who they are sleeping with. Long relationships before sex will be needed. This Awareness suggests the courting period has come back; it is at cycle's return.

(Closing Message):

This Awareness wishes to express *Its* thanks to all those entities that communicate with *Cosmic Awareness Communications*. Although many things look negative in the future, this Awareness suggests they are really not. Indicated that this is a very positive type of atmosphere in this world today, as long as entities understand how to get around the malfunctions that are happening in this earth today. This Awareness will bring you insights as to how to accomplish this.

This Awareness indicates there is so much to teach, and so much to learn. There is so much work yet to be done on this plane. This Awareness reminds entities that this is an earth plane, a physical plane, that a comprehension of this physical earth and how it functions on the different electrical levels of the electromagnetic fields is that which is needed. This Awareness suggests entities learn how to get around the chemical poisoning of your foods and how to drink fresh water; that all these things and many more will be given in the future.

HEALING THE PHYSICAL AND EMOTIONAL BODY BY USE OF BEACH SAND

...THE SANDMAN COMETH...

QUESTION:

We have a question from A.M. of West Palm Beach, Fla. "I have a question for the Awareness. On my visit to the A.R.E. in Virginia Beach, I had a sand pack on the beach given to me by one called the "Sand Man". I would like to have more information on sand packs. The Edgar Cayce readings do not have enough information on this, other than it is beneficial for everyone who receives one."

COSMIC AWARENESS:

This Awareness indicates that this is likened unto having these tiny crystals placed within close proximity of certain energies in the body in a manner whereby the crystals, the silicon, and the geometric figures and shapes of these crystals have an unusual

effect upon the aura and energies which are close to, or touching the physical bodies, with these crystals.

This Awareness suggests this as relating unto a kind of interchange of energies, the sand being that which has collected a kind of solar energy,--pure and without any particular identifications in terms of concepts. This Awareness indicates that wherein this sand, these crystals, are brought within the aura, or touching the physical, that they do have an effect of serving likened unto micromagnets, drawing off various types of concepts, feelings, emotions.

This Awareness indicates wherein these are placed for the purpose of healing, that the particles of sand, these crystals being magnetic, will draw from the

entity negative concepts, feelings or energies, therefore being of a healing nature. This Awareness indicates that this process takes approximately fifteen minutes, and up to thirty minutes, depending on how willing the subject is to let the sand, let the crystals take away the negative influence, concepts, feelings or illness from the body.

This Awareness indicates that for entities who have very serious illnesses, that this may be repeated again and again for many treatments; that one hour per treatment is suggested, and that this be repeated daily,

(FOLLOW-UP QUESTION):

Does the type of sand that one has access to make any difference?

COSMIC AWARENESS:

This Awareness indicates that this particularly valuable in relation to beach sand, wherein water passes close, passes through, touches and moves on. That this water passing through the sand occasionally, does have an effect of taking away any negative energies which might have been left there by other passers-by or other creatures.

This Awareness suggests that sand which has been walked on, used for various purposes, or for taking on negative energies from others, not be used for this action.

How Kickapoo Indians Heal with Stones

This Awareness indicates that this as closely related to Indian ceremonies, particularly the Kickapoo Indians, who pass around a stone whereby each Indian projects all his or her negative feelings, thoughts and emotions into that stone, whereby this stone passes around the circle, then once completed and the negatives have been put into the stone, the stone is then discarded, is thrown away, and the meeting may begin without these negative influences. This Awareness indicates that this as a very beneficial method or meditation, or action or ritual which entities can use.

This Awareness indicates that the use of sand is similar. That entities who lie upon the beach, particularly using sand which has been cleansed by ocean waves; that entities lying with this sand over them, with the intent of letting all their negative energies go into this sand, that this can be of great benefit to the entities.

(FOLLOW-UP QUESTION):

One last question in reference to the kind of sand: Awareness referred to the crystals of sand; what about the kind of beaches that are almost all ground-up shells or lava?

COSMIC AWARENESS:

This Awareness indicates this also as acceptable; that any form can accept negative energies. This

Awareness suggests however, that the shells do tend to carry certain energies, memories with them,--that this not quite as beneficial as the silicon-type sand found on most beaches.

This Awareness indicates that wherein there is some ground-up shells within the sand, that this not be of any great concern; that this as likened unto the question of whether a thirsty person should drink water from the tap, water from a distillery, or water that has been treated with pyramid power, or water which has been given a D-Cell treatment. This Awareness indicates that whereby one is thirsty, that the entity will simply drink any water that is capable of quenching the thirst without causing harm.

Dangers of Mud and Clay Baths

This Awareness suggests that wherein the sand has been treated with rain, with water, wherein the sand has not previously been used to absorb negative energies without having been cleaned since that absorption; the sand will be beneficial.

This Awareness indicates wherein entities do not have sand, that they may do the same with mud. That there are certain places where entities may take public mud baths, wherein the mud is used over and over by different entities. This Awareness suggests that this as that which is not as beneficial, for entities often absorb the negativities that others leave behind. This Awareness suggests that wherein mud baths or clay is used for bathing, that it can be just as beneficial to use small amounts of clay and mud upon the skin, rather than submerging in one big vat of mud which everyone else has used also. That wherein mud has been used by many entities, that the longer between these uses the better, for the vibrations can be transmuted within approximately two hours by the mud. This, of course, as relative to how often, how long, and how poisonous the substances which are being drawn from the entities.

(FOLLOW-UP QUESTION):

The final part to his question: He wondered if the time of day made any difference, or the placement of the body, as it relates to the sun and compass, when you do these sand healings?

COSMIC AWARENESS:

This Awareness indicates that warm sand as that which is more beneficial; that wherein sunshine is present, or has been present upon the sand, that this does tend to charge the crystals in a manner that allows them to radiate toward the body. That this warmth also assists in opening the pores, that the body can release certain poisons more easily.

This Awareness indicates that wherein an entity can be put in warm sand, that the first part of the treatment being relatively dry as that which is appropriate. That there is a slight advantage at the end of the treatment for the entity to experience a

cooling down process such as cold water, either being thrown, much the same as a hose or sprinkler, or for the entity to enter into the beach water to cool, or take a cool shower.

(FOLLOW-UP QUESTION):

North-South alignment is not significant in this process then?

COSMIC AWARENESS:

This Awareness indicates this does not make any particular difference, any more than whether an entity should sit North, South, East or West when sitting on a beach.

**WHY DO PEOPLE OVEREAT
KNOWING THIS IS NOT HEALTHY?**

QUESTION:

A question from E. C., Salt Lake City, regarding people who overeat. "Why do some people eat so much as to become obese even when they know it displeases other?"

COSMIC AWARENESS:

This Awareness indicates that often this is from a sense of rebellion to certain forces and criticisms and rejections which are being placed upon the entity or which the entity feels are being placed upon him or herself. Entities often overeat in order to deaden the feelings of rejection to give some form of physical gratification as a substitute for the feeling of being rejected and unloved. This often comes from childhood experiences and has little to do with present realities, that many entities basically feel unloved and therefore seek to overcome that feeling by being particularly loving to themselves, by feeding themselves and gratifying their feelings.

This Awareness indicates that this also can simply be a pattern which has developed from childhood whereby when the baby cries and wants to be picked up or held, the mother who is too busy or who is absent, does not respond, but rather a bottle is shoved in the mouth of the child to stop the crying; that this becomes a pattern whereby food is substituted for loneliness, for the feeling of being cared for. That generally the deprivation of affection causes entities to want to eat more, or pamper themselves orally. This Awareness indicates that many entities rather than eat will talk incessantly, and this is a similar situation, those who are unable to express themselves, talk incessantly or a child when not allowed to cry and express themselves verbally, may instead use the mouth for eating and ingesting energies, rather than letting out the feelings. That in many cases it would be better to allow the child to cry and express itself than to overfeed the child simply because the mother does not have time or interest in holding the child.

This Awareness indicates that also some entities develop this later in life, as a pattern or habit wherein they have been deprived of food or of love when younger, entities sometimes become so fearful of not having enough that they will overeat in order to store up for a rainy day, and thus these entities store their future meals on their body, feeling that if times get lean they can live off the fat of their body. This of course is erroneous, but this is a subconscious pattern behind many of the entities who are obese or overweight.

This Awareness indicates also, this relates to feelings of financial or physical insecurity; that these two areas, the physical and financial insecurities along with the psychological insecurity, whereby the entity feels insecure or unloved and therefore rewards himself with food, or drink, for a substitute of that affection or praise which is lacking, the entity gradually begins to accept the substitutes rather than deal with the insecurities.

This Awareness indicates that these insecurities remaining and the entity recognizing the overweight problem may come in contact with entities who do not understand the situation, do not help the entity to feel accepted or to feel more secure or to accept the insecurity, but rather add to the problem by criticism, by making fun of the entity or by rejecting the entity in one way or another. This simply reinforces the feelings which the entity originally had which caused the problem; that the entity then feeling more unloved and rejected, finds compensation through feeding himself, eating more, and deadening the pain of the rejection.

This Awareness indicates most fear in terms of physical and financial insecurity will fade away when an entity has psychological security, that is, when the entity feels loved and accepted by others. That wherein entities recognize that their fellow humans care as much for them and are as concerned for their welfare as they are, the entities begin to drop their fears and insecurities and concerns for their own physical, financial and social welfare, and in this manner the entities begin to develop a responsive concern for whatever is urgent and necessary in terms of others, and the entities also begin to feel a responsibility to others in keeping their own personal life in order so that others need not spend energy taking care of them.

This Awareness indicates when entities do not feel loved in this manner, they often do not care whether they overeat or ruin their health, for they do not feel it would bother anyone else and these entities become somewhat rebellious toward any other who attempts to inhibit their expression and self gratification. This Awareness indicates this can relate to a form of death wish, whereby the entity does not care whether overeating is hazardous to the health or not.

This Awareness indicates the Goodship will soon release an herbal combination known as RejuWeight, which is composed of herbs which have traditionally

been used in regulating the appetite and the general metabolism of the body to assist in reaching its proper weight. That this information will be released when the RejuWeight is available to the membership.

THE "GUARDIAN ANGELS" OF THE CITIES --WHAT ARE THEY REALLY UP TO ?

QUESTION:

A question from A.P. "I'm watching the TV program "20/20". They are discussing the 'Guardian Angels'--self-appointed vigilantes who protect the New York subway passengers from muggings and so forth. They are also operating in other major cities. I've had some bad feelings about this extensive group, despite their policy of helping fight crime. I have a very strong feeling that they will be tomorrow's guerrilla troops in the United States, used *against* the citizens by the Bolsheviks after gun control has gone into effect. Please ask Awareness about this."

COSMIC AWARENESS:

This Awareness indicates that this *could* develop, but no moreso than if these entities were police officers watching the subways, and the various police officers later moving to support a dictatorial control over the masses. This Awareness indicates that these entities, at present, are organized in an attempt to assist the public. This Awareness indicates however, that in *all* actions of power, there is the potential for corruption. This Awareness suggests that this be watched in this regard.

HOW TO DEAL WITH IMPERFECTIONS

QUESTION:

A question from M.A.L. of Coal Center, Pennsylvania. "I am confused by my imperfection and your instructions to accept myself as I am. I strive for the right action, but I see myself often without patience, usually from selfishness. How can I learn to accept my moods when they hurt other's feelings? How do we learn to love as Christ loves? Even the apostles said they themselves were sinners. If they couldn't be perfect, and they walked with Christ, how can we ever expect to be pleasing to the Father?"

COSMIC AWARENESS:

This Awareness suggests that first you accept that perhaps it is necessary to be somewhat imperfect in order to be perfect upon this plane. That were you to be absolutely perfect according to your highest ideals, you might find that such behavior was not perfect according to the ideals of others, and therefore find difficulty in your situations, and wonder if you were perfect after all. This Awareness indicates that whereas you accept your imperfections as being part of your perfection, then you can observe those imperfections more deeply.

This Awareness suggests that when you observe the imperfections within yourself, and recognize that these are harmful to others, rather than chastizing yourself, which is a very self-centered action, you may look at the pain which your imperfections are causing others, and you may wish to change these in order to make it easier on them.

DID COSMIC AWARENESS CATCH THAT TV SPECIAL ON THE OCCULT?

QUESTION:

M.A. L. wonders: "What did Awareness think of the ABC Special Report on the occult that aired Tuesday, December 5, at 10:PM Eastern Standard Time. They seemed to be saying psychics are frauds. I think the reporting was one-sided and slanted. What do you think?"

COSMIC AWARENESS:

This Awareness indicates that *It* did not watch the special.

This Awareness indicates that it appears that there are many specials and many television shows which are one-sided in their presentation. This Awareness indicates that essentially you are correct in your observation.

REVELATIONS OF AWARENESS is a cosmic newsletter, published for the membership of Cosmic Awareness Communications, & the Universal Church of Awareness, P.O. Box 115, Olympia, Washington, 98507. Membership fees and donations are deductible from your federal income taxes.

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