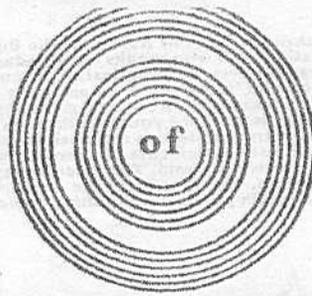


# Revelations



# Awareness

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The New-Age Cosmic Newsletter

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Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware



## Aliens in the bedroom

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COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

### WHY WOULD A STRANGE GREEN ALIEN POSSESS AN IMPOTENT MAN AND THEN PROCEED TO VIOLATE HIS WIFE?

( More on the effects of alcohol )

#### QUESTION:

We received a rather strange letter from N.S. in Boston, Massachusetts, which I'll read to Awareness and ask for *It* to comment. She writes:

"Dear Vicki. I wish to express my heartfelt thanks for sending and putting me on your Hardship Member mailing list. I have a question or explanation in relation to your newsletter number 83-12, *Sex and the Psyche*, if possible.

"My husband and I, with my son Jon have split. My choice. During the 6-1/2 years of living with him, he was never able to fully consummate the relationship. As time went on, his drinking came more and more out into the open. He would yell, scream and lay the guilt trip that his sexual inadequacy was due to me, and that if I performed as a whore I might get something in return. Now, on the other hand, oral sex he really got into, but one felt like meat on a hook.

"Once I saw within him a huge green head with telescoping eyes peering back at me, and was told that I would be artificially inseminated with knowledge. My impression was, through the naval. I became very ill to my stomach and petrified. I felt like I had gone somewhere, and wouldn't be able to return.

After awhile, I calmed down; then I, (would you believe this?) wanted to continue! Remember, only kissing, hugging, no intercourse, or oral for that matter during this experience.

"Alright, we continue, and the huge green head comes back and apologizes, saying in my head: "Me and I are sorry for scaring you." Later, I related this to my husband, leaving out the color. He came up with "that green". Since then, things went considerably down-hill. He would not allow me to get close emotionally or otherwise. He only allowed my son and I to live there, but when he wanted knowledge about where to get a job, when to leave, how to do this or that, whatever, he would fall all over me. Then, when he got what he wanted, I and Jon were verbally, mentally and spiritually assaulted and threatened.

"I just got fed up with putting out, and allowing my light to be taken from me. Since then, I've always had the distinct feeling that he is an alien living within the body of a human, but unable to cope, understand or want this reality. I am broke, but am I free and growing! I only want to do my job, love all, touch with positive all the minds I can reach and say 'peace and love' to you.

"Putting this in words is difficult, and might be misinterpreted. My essence is love and has been wide-awake, but without a book of instructions for operating in this reality. Now the building of a positive foundation has begun. I don't know why I'm relating all this, I just feel compelled to, and hope it helps someone. Sincerely, N.S."

#### COSMIC AWARENESS:

This Awareness indicates that the entity as channeling this force of an alien nature, and as one who had opened himself up to this force largely due to the indulgence in alcohol; that this also as much of the cause of the problems in the relationship in general and in terms of intimate contact. That the entity himself not being an alien, but being one who has allowed himself to be possessed by this alien.

This Awareness indicates that this alien being as one of those on the lower mental plane. The being from a different dimension rather than a terrestrial

#### IN THIS ISSUE

Aliens in the Bedroom.....	Pages 2-4
One of the More Unusual Ways to Channel Information to this Plane.....	P. 3.
Alcohol and Believing Sex is Dirty can Cause Impotence in Some Men.....	P. 4.
Is Tithing to a Spiritual Organization a 'Con Game', or Does One Actually Benefit from Such Practice? P. 5.	
More on BHT as a Cure for Herpies.....	P. 6.
Why are Young, Healthy Vietnamese Men Dying Mysteriously in their Sleep? .....	P. 7.
How Does One Deal with a Surplus of Rabbits? P. 8.	
How to Communicate with your Subconscious During Meditation.....	P. 8.
Book Review: Israeli Lobby a Potent Force.....	P. 9.
Seth and the Possible and Impossible Realities... P. 10	
Video Screens -- Are these a New Health Hazard? P. 11.	
How to Enjoy Your Ride Through Life.....	P. 12.
The Watchers ( A Special Report on Surveillance)	P.12-13

being projecting through this entity,--that this is not uncommon. It is not particularly uncommon for entities to channel and to be influenced by beings from either astral or mental or spiritual planes. That this particular green entity as one who was not of extremely low vibration, but not of the highest vibration either.

This entity as being drawn in through the opening of the entity's aura, and indulging in the fruits of the flesh for certain energies which it desired. This Awareness indicates this may be termed as likened unto an incubus, but that this term is not wholly descriptive. The entity being simply one who had merged with the consciousness of your ex-husband. This Awareness indicates that this can be triggered through the alcohol indulgence and other actions of your ex-husband.

This Awareness indicates that there is some residue of this entity's influence on you which is not wholly detrimental to you. That this entity did impart certain knowledge to you subconsciously which is not of a negative nature. This Awareness indicates that the entity no longer has control over you. That this essentially was a means whereby information could be transferred to you, into your subconscious.

This Awareness indicates that essentially, you are comfortably safe from the influence that was experienced, yet there is still some residue of that influence; that it is not of such significance as to cause you problems and the influence is diminishing. This Awareness wishes at this time to send healing energies to you so that these energies which were involved in this circumstance will work favorably and beneficially for you.

(pause for healing energies)

This Awareness indicates that this knowledge which was imparted to you may be released slowly from the subconscious to the conscious; that as it is released, this Awareness suggests you review and remember the *Cosmic Laws* which this Awareness has given. That in this manner, these energies of the *Cosmic Laws* and principles will assist you in evaluating the nature and the quality of information being released to you. That this appears to be information that will surface for several years to come, as long as 5 or 6 years. This information appears to be in part related to past history and other realms. This Awareness suggests that in receiving this information you not give too much concern to the information, but that you remember and record the information for evaluation at a later time. This Awareness suggests you not make this, or allow this to affect you emotionally or personally, for the information is not of such nature as to be necessary to your personal life.

### ONE OF THE MORE UNUSUAL WAYS INFORMATION IS CHanneled TO THIS PLANE

(FOLLOW-UP QUESTION):

Was the purpose of this green entity possessing her husband primarily to impart this information to this lady, or is the entity with the husband for other reasons?

COSMIC AWARENESS:

This Awareness indicates that it appears this entity as being one who has been through many lifetimes and many experiences and as being under extreme pressure from the plane in which he resides, extreme pressure to be brought into new experiences, and the entity as seeking experience on the earth plane. That this entity seeking to experience the earth plane while also seeking to convey much of what he knows to the earth plane prior to his entry into this plane.

This Awareness indicates that the entity as finding the ex-husband as one who was open to easy invasion, and finding this entity as one who is highly receptive, did seek to impart much of his knowledge through mind-transfer into her consciousness, into the nerve system in the stomach area which is the seat of the subconscious. This Awareness indicates that this not of a great significance in itself or to the entity, other than as an action of release.

This Awareness indicates that this entity being a sub-mental type, not finding sexual release in the sense that humans experience, finds a kind of release in depositing knowledge here or there; that this deposit of knowledge allows a pressure to be released from the entity's consciousness, much like the biological pressure that humans experience when sexual energies are released.

This Awareness indicates the significance of this in terms of the individual releasing the energies is of small consequence to the entity, but the energy being released into the recipient may lead to an experience by the recipient which is of some consequence. That when the male deposits the biological energy, it may or may not lead to a significant consequence. This Awareness indicates that the delivery of this mental energy may or may not lead to a significant consequence; that it is possible for this entity to impregnate within the subconscious of this woman knowledge which is transmitted from another plane which can give forth the birth of new information. That this may develop in the sense of creating a condition wherein this entity channels the information and gives forth through this channeling, messages for others on this plane.

This Awareness indicates that this may also be channeled in forms of art or artistic expression, rather than in verbal messages. This Awareness indicates that *It* does not see this information as being of any negative nature, nor is it of the highest, but it does appear that it can have some significance in filling in pieces whereby entities gain greater understanding of the other planes, particularly the planes which this entity wishes to convey information about.

This Awareness suggests that it is not however, the duty of this woman to convey this information or to channel this information. It is not seen as being fated or certain that it will develop. That there is some indication that much of the information will not be passed or conveyed to the conscious mind, and that some of the information will be; that time will be the determiner. That wherein this entity becomes more involved in other activities and develops other interests and skills, this information is likely to be pushed aside and forgotten.

That wherein the entity energizes and focuses on these messages, the messages may surface. This Awareness does not see however, that these messages are of such significance as to merit great energies to retrieve this. This Awareness suggests the entity live her life according to the responsibilities which she herself has chosen and not feel an obligation to this force, for the force is no longer concerned with her; having used her, it has moved on.

This Awareness indicates that the woman may see herself as one who served to lift the load, lift the burden of this alien so that the alien could move on to other activities which would be more rewarding to it.

### ALCOHOL AND BELIEVING SEX IS DIRTY CAN CAUSE IMPOTENCE IN SOME MEN

(MAKING OUT WITH THE VIRGIN MARY)

(FOLLOW-UP QUESTION):

This impotency in her husband which Awareness indicated was caused by alcohol, and the husband believing that if his wife would perform like a whore that he wouldn't have a problem with this impotency; how prevalent is this type of attitude among men who have this problem?

COSMIC AWARENESS:

This Awareness indicates that there are some who feel this way; this largely related to a psychological quality associated with the fear of virginity, the fear of sex and violation of that which is pure and held sacred and holy. That many men wish to see their wives as being sacred and holy and likened unto the concept of the Virgin Mary, or the Great Mother, and this aspect of their wives is energized to such a degree that they find themselves unable to violate that image or aspect.

This Awareness indicates that in this case, the entity felt that were she less dignified he could be more comfortable in indulging in sex with her. That to do so would mean to shatter his image of her as being spiritually and sacredly high and rather would tend to present for him an image of her as a common whore which would in turn allow him to feel more free to indulge.

This Awareness indicates that this is a psychological warp in his thinking wherein he sees sex as evil and dirty, and not having any spiritual value. That were the entity to see this as an intimate communication and exchange and expression of love, the entity would have a different attitude and would not think of this in the sense of something dirty.

This Awareness indicates that this was in part due to this green alien and its effect on the man's consciousness, for this alien himself is not into sex of a physical nature but is into concepts and the indulgence of concepts, such as virtue, virginity and religious structures and dogmas. The entity being from the mental plane, could not understand the emotional rapport which humans express in their intimate contacts and love-making.

This Awareness indicates that it appears this entity, the ex-husband, as being now in a state of consciousness in which he is searching for some answers and something which is missing. The entity is seen as being more practical, his feet now implanted on earth and the confusion which the green alien presented to him appears to be gone. This confusion in terms of concepts which had no room for his feelings and emotions, and their expression.

This Awareness indicates that it appears this entity will wander for approximately four years in and out of various experiences, and then gradually gain a clearer sense of direction and relationships.

(FOLLOW-UP QUESTION):

Since the husband was impotent, then this green entity was conveying this information through the wife's gonad chakra during oral sex. Is that correct?

COSMIC AWARENESS:

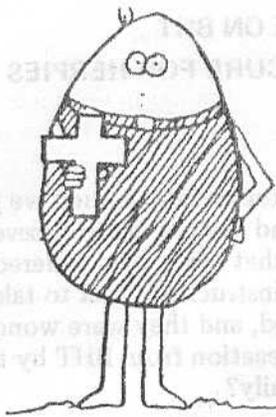
This Awareness indicates that this through the navel; that this information as conveyed through the navel. Essentially, this entering through the stomach nerve network into the subconscious.

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ED's Note: for a similar and equally bizarre true story, please refer to 'Revelations of Awareness' No. 80-31 (Astral Rape—More Common Than Most People Realize); \$3.00 from CAC. (Note: this is an X-Rated reading, so be forewarned).

For more information on alcohol, please refer to 'Revelations of Awareness', No. 81-22 (problems with alcohol); \$3.00; also No. 87-5 (Is alcoholism a karmic problem?); \$3.00 from CAC.

For more information on the Cosmic Laws, please refer to the booklet, "The Cosmic Laws of Cosmic Awareness," \$3.00 from CAC.



THE EGGSORCIST

### IS TITHING TO A SPIRITUAL ORGANIZATION A "CON GAME," OR DOES ONE ACTUALLY BENEFIT FROM SUCH PRACTICE?

#### QUESTION:

Leonard H. sent in about a page on the subject of tithing, that he seems to have, as he calls it, a 'hang-up' relative to this subject, and perhaps Awareness could clear the air. I won't read all of this letter, but he goes into a number of reasons, quoting the Bible, and so forth, why tithing has not worked in the past, and that religious groups band together to extract 1/10th of the wealth from the masses so that they can dress in long, expensive robes and appear as self-righteous do-gooders without having to work for any monetary power, and that they become lazy and experts at the 'con-game'. He says, "What about their own energies?" Essentially, he sums it up by considering that over the centuries, human nature has had the opportunity to materially tithe, and the law of 10 times return simply has not worked. If it had, humans would long since have been humbly outdoing themselves to put out 10 percent of their energies so they could get 10 times as much back, even if for nothing more than material gain. They've never been able to do this with bonds, stocks, savings accounts, etc., nor has there ever been any consistent and complete record of material tithing evolving this material gain." He would like Awareness to give a little more information on why tithing is necessary for some people.

#### COSMIC AWARENESS:

This Awareness indicates that this relates unto the *Law of the Vacuum*, wherein an entity creates a vacuum within his life, that vacuum calls out to be filled. This Awareness indicates nature abhors a vacuum and will do anything possible to fill that vacuum. That wherein an entity empties out his space by 10%, regardless of what that space is, whether this be financial, emotional, physical space,

possessions, or whatever, (this also may be 1/10th of one's mind, wherein one empties one-tenth of one's values and the thoughts, creating a space within his or her consciousness), that wherein a tenth of one's space is emptied, this create a vacuum; and that vacuum shall be filled with something.

This Awareness indicates that when an entity allows that vacuum to be filled with garbage, such as complaints, self-pity, hostility, feelings of resentment at having given one-tenth of one's belongings, or energies, this entity then has received a fulfilling for that vacuum, even though that filling is but garbage in his or her life.

Another entity may choose to fill that space with something which beautifies, or gratifies, such as praise or beautiful art, possessions, entertainment, or some other form of gratification.

This Awareness indicates that another entity may choose to fill that ten-percent with energy which can be turned to create greater financial gains, that such an entity may indeed receive a greater reward over the period of time than was initially given out. That it is up to the entity to decide how the space shall be filled, how the vacuum shall be filled. This Awareness indicates you may lose one of your ten friends and this shall allow you the room for another to enter your life; but it is up to you to determine who that friend shall be.

This Awareness indicates that as you create vacuums in your life, if you have the discernment to fill those vacuums with that which is of great value, your life will prosper. If you become insecure at having a vacuum, and grab the first basket of junk that goes by, then indeed your life shall soon be filled with junk.

This Awareness suggests that another aspect of tithing is that it allows an entity to feel good about oneself for having given something which allows the consciousness to overcome feelings of insecurity and greed. This overpowering of insecurity, greed, as well as feelings of guilt, this as likened unto the feeling that "I gave at the office, therefore I need not worry that the tax man or the wolf shall come to my door and steal away my goods."

This Awareness indicates there is also the subconscious feeling that when one gives something to a spiritual organization, that the spirits, the spiritual energies represented by that organization, shall smile upon the entity. This Awareness indicates that you give your tithe and expect a blessing, and because you expect a blessing, you feel yourself to be worthy of such, and feeling yourself to be worthy of a blessing, this allows the blessing to come your way. This, in fact, is *drawn* to you, because of your expectation and those feelings.

This Awareness indicates that the entity who cannot find it within his or her power to tithe a percentage will have the feeling on a psychological level that only by wit and skill is it possible to get by on the amount of earnings available and that no

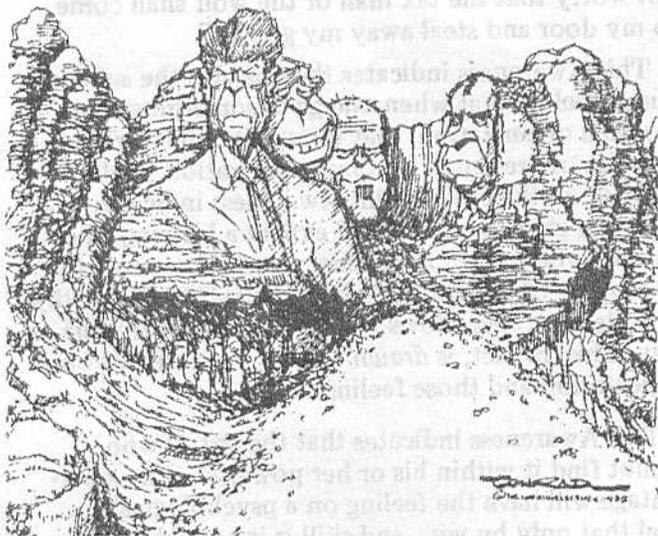
## MORE ON BHT AS A CURE FOR HERPIES

way could he or she ever part with any of this for a spiritual purpose. This Awareness indicates that because of this feeling of "I only have enough to get by," the entity does, indeed, have only enough to get by. This Awareness indicates that were this entity to say, "I think I only have enough to get by; however, I shall try and see if I can get by on nine-tenth of what I have and give one-tenth to the spiritual organization of my choice." This Awareness indicates were this entity to say this, the entity would suddenly feel more capable of handling his or her finances, because he or she realized that not only are they able to get by on this, but are also able to get by on less than what they have earned. This Awareness indicates this as being a trick of the psyche which allows the entity the feeling that 'I can do it,' as opposed to the feeling that 'I can't do it.' And this "I can do it" attitude is that which allows entities the possibility of prospering.

This Awareness suggests that any entity who tithes with resentment, any entity who tithes with a feeling of martyrism, feeling that the tithe is going to hurt disastrously, but they shall do it anyway because it was demanded of them; these entities do not prosper from tithing. This Awareness indicates that those entities who prosper from tithing are the entities who cast their bread upon the waters, knowing not how it shall return, whether it shall return, nor caring whether it returns.

This Awareness suggests that a tithe, a gift, may begin as but a dollar a month, or a penny per week. It matters not what size, or it can be as high as 20 to 50%. It matters not the size as to whether one begins to realize the value of tithing. This Awareness suggests that entities who cannot part with ten dollars or 10% of their income, may part with one dollar, or one-percent. That entities who do this much shall learn a great lesson and shall begin to realize the value of giving something of themselves to that source of spiritual direction and energy; for indeed, it *does* return when given with a clear heart.

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THEY JUST DONT MAKE PRESIDENTS LIKE THEY USED TO

### QUESTION:

In reference to the herpes information we published several years back, and the use of BHT, several members have written in that when they ordered this substance, it came with instructions that to take it orally was not recommended, and they were wondering if there would be any reaction from BHT by taking the two capsules twice daily?

### COSMIC AWARENESS:

This Awareness indicates that for a period of short time, such as for a period of one or two weeks only, that this is not likely to cause any problems. This Awareness indicates however, that entities may use smaller amounts, or experiment with this on individual basis. That the use of this substance should be with appropriate medical advice or direction, or the entity may experiment with caution on an individual basis. This Awareness indicates that it is not necessary to use two tablets twice daily, that one tablet twice daily in most instances will be sufficient. That depending on the size of the individual any any possible personal reactions, entities should make an alteration to this suggestion.

This Awareness indicates that *It* is not prescribing for individuals when giving this information, rather *It* is simply giving information as to that which deals with the problem of herpes. This Awareness wishes that entities understand that this information regarding herpes is not intended as a personal prescription for individuals, and that the information is that which should be considered more as something which an individual may research through other sources of information such as their own doctor, or through books which have information related to the subject, or through experiments on themselves whereby small amounts are taken, and results are watched.

### Things to Avoid if you have Herpes

This Awareness indicates however, in general, the amount of BHT used as suggested for most entities will be satisfactory in helping to curb this problem of herpes when used with the other ingredients suggested. This Awareness suggests also that entities avoid ultra-violet light when this problem of herpes is present. That L-Arginine be avoided when the problem of herpes is present. That the use of lysine is beneficial in helping to counter this problem. This Awareness indicates that those who prefer not to use the BHT may simply avoid this and use the other things mentioned. This Awareness has given a number of things which can be used.

The BHT essentially serves as an antioxidant. There are many others available, and entities who do not wish to use this particular BHT antioxidant may also benefit from selenium, Superoxide Dismutase,  $\text{GH}_3$ , and Vitamin E, and other types of antioxidants.

This Awareness indicates that the BHT as now being carried by more and more health food stores as a result of information released by the book *Life Extension*, that this as being mentioned in regard to the use of this substance for herpies. This Awareness indicates that this as a recent release on the market, a book which entities in the *Cosmic Awareness Communications* membership should all consider purchasing for information in regard to diet, vitamins, minerals and general health care. This book having many of the latest discoveries and findings in regard to the use of various supplements in one's diet.

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ED's Note: The book, "Life Extension" is available in bookstores, healthfood stores and is also available from CAC. Please refer to the CAC book catalog.

For more information on herpies, please refer to 'Revelations of Awareness' No. 82-14 (From Cosmic Awareness, a Control and Cure for Herpies) \$2.00 from CAC.

## WHY ARE YOUNG, HEALTHY VIETNAMESE MEN DYING MYSTERIOUSLY IN THEIR SLEEP?

### QUESTION:

There have been a lot of articles in magazines and newspapers lately concerning the strange deaths of young, apparently healthy Vietnamese Hmong men in this country. It seems they are dying of fright in their sleep, during a nightmare. Would Awareness comment on this?

Also, there was an article I just clipped from the paper the other day, and I'll read a little bit of this. It's entitled: "What's killing our Laotians?"

"A sudden and mysterious illness that kills people in their sleep has become a significant cause of death among previously healthy Laotian refugees in the United States, the National Center for Disease Control said today. It is a completely new syndrome.

"Death in young, healthy people that occurs at night, that occurs in minutes, and lacks explanation after autopsy, says Dr. Roy Baron, a medical investigator with the center's epidemiology program office. 38 cases among Southeast Asian refugees have been reported since February which has launched an intensive investigation of the deaths. The reported deaths occurred from July 1977 until October 1981. Family members who witnessed the deaths said the victims died while sleeping. All were in good health, and none complained of significant symptoms before going to bed. Abnormal breathing or brief groans were the only clues that something was wrong, and signs of life ceased within minutes. Witnesses interpreting the terminal groans in these deaths as signs of terror, supported the popular notion that death resulted from terrifying dreams, the CDC said in its

Morbidity and Mortality Weekly Report. However, careful questioning of the witnesses in the United States indicated that the terminal sounds were those often heard following cardiac arrest."

Would Awareness please look at that and give some explanation and perhaps...

### COSMIC AWARENESS:

This Awareness indicates this appears to be the result of the use of certain psionic type machines used by entities who are deliberately practicing psionics, black magic, or murder against these entities. This appears to be in some manner connected with philosophies or ideas that these entities are threats to the old, established customs of this country. This Awareness indicates that this appears to be one person in particular and several others who are aware of the actions; these entities having strong hostilities toward the Eurasians and those of Southeast Asia. This Awareness indicates that these psionics machine murders as that which will not continue without eventual repercussions to those who are involved.

This Awareness indicates that this appears to be some form of both experimenting and testing of these machines, as well as using these entities as guinea pigs and because of hostilities to these entities. This Awareness does not see anything further in a clear image at this time in regard to this.

### (FOLLOW-UP QUESTION):

Is this the same type psionics used with the Hieronymous type device?

### COSMIC AWARENESS:

This Awareness indicates that the psionics machines as essentially derived from Hieronymous type of concepts, that these are basically all using the same principle in their development and technology.

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ED's Note: This particular reading was given on December, 5, 1981. Since that time there have been numerous accounts in the newspapers that these "mysterious" deaths are continuing. In December, 1985, I clipped a small story out of a Seattle newspaper that talked about another Hmong entity dying mysteriously in Portland, Oregon--the 8th person to die in such a manner in that city. The article also stated that at that time more than 80 Hmong across the U.S. had died mysteriously. (If room permits, I will reproduce this article, which also appeared in the CAC "Signs of the Times" material we used to include with the mailings.)

For more information on how psionics are used to violate, please refer to 'Revelations of Awareness' issue No. 84-5 (Boiling the brain with psionic weapons); \$3.00 from CAC.

# Another Hmong dies mysteriously

PORTLAND (AP) — An apparently healthy Hmong tribesman from Cambodia has been found dead, the victim of a mysterious disease that has claimed seven other men of the same race in Portland since 1980, the state medical examiner said.

Dr. William Brady said the body of Vanh Vankham, 30, was discovered Friday morning in the north Portland home where he was staying.

Brady said Vankham was from

Lureka, Calif., and had been in the Portland area for about two months, working as a field hand.

The man apparently died in his sleep, as had the other victims.

An autopsy on Vankham showed an "identical situation that we found a number of years ago. There's nothing to explain his death," Brady said. "There's nothing. There's absolutely no evidence of disease or injury."

More than 60 Hmong across the country have died of the mysterious disease, which seems to attack

men between the ages of 20 and 40.

The first Hmong death in Oregon occurred in the summer of 1980. The last one before Vankham happened in February 1982.

Authorities have speculated the deaths might be linked with congenital heart defects that could be triggered by stress.

Brady said Vankham ate dinner Thursday night, watched some television and then went to bed. No one in the house where he was staying was aware of anything amiss, he said.



## HOW DOES ONE DEAL WITH A SURPLUS OF RABBITS?

### QUESTION:

A question from K.K., of Pocatello, Idaho. "Urgent! For Awareness. There are way too many jack-rabbits in Southern Idaho this year. Farmers are clubbing them by the thousands, and we bleeding-hearts are quite defiant. The rabbits scream in pain, and some must be hit again and again. Farmers reject ideas of shooting, electrocuting, gassing, fencing and poisoning, saying they're all impractical; but surely there must be a better way. I've in mind a Buck Rogers-kind of knock-out ray, if there is such a thing obtainable. If not, might a CAC wizard invent one? Please reply soon."

### COSMIC AWARENESS:

This Awareness indicates that this situation is such that the condition will alter by nature itself within a period of approximately two years; that the condition is in part due to the farmer's creating an imbalance by destroying coyotes and other predators in the Midwestern and Western states. That the condition is also a cycle which is of a type that increases and decreases the populations of these creatures; this now has been on the increase, and will begin to alter within approximately two years.

This Awareness indicates that there can be other techniques used, such as biological warfare against rabbits, or such as poisoning, trapping or gassing rabbits, but this Awareness does not wish to involve *Itself* in these efforts to solve conditions which man has created due to poor planning, and therefore asking for guidance in further poor planning. This Awareness indicates that farmers may use certain types of fences, and also the use of sound waves, or radio waves of a microwave type frequency can be used to keep these animals at bay. This Awareness indicates that it is not a problem which can be solved by a simple solution, but that entities need to look at various alternatives and develop certain programs for herding these animals into directions other than farm lands.

This Awareness does not see a simple solution to this problem, nor can this Awareness see simple solutions to other problems which involve the activities of creating imbalances in nature.

This Awareness indicates that these actions may be considered as the effects of certain causes, and the effects may be also seen as the karma for certain actions.

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## HOW TO COMMUNICATE WITH YOUR SUBCONSCIOUS DURING MEDITATION

### QUESTION:

A question on meditation from K.G. in Chicago. "When one meditates and seeks to communicate with one's subconscious, is it more effective to internally verbalize thoughts, for example, to have a heart to heart talk with yourself, or is the subconscious more receptive to visualizations and symbolism?"

### COSMIC AWARENESS:

This Awareness suggests that the subconscious is more receptive to symbols and visualizations and to single syllable words. That it does not respond easily to words with more than two syllables. That single syllable words are best when speaking to the subconscious. This Awareness indicates that also, it has difficulty in dealing with negatives, such as saying: "You will not be in pain." This Awareness suggests that the subconscious tends to hear the word "pain", and forget the word "not". This Awareness suggests rather that such a statement should be worded: "You will feel good."

This Awareness indicates also, even further, that the subconscious does not relate well with time, therefore the statement, "You will feel good," is not as effective as the statement, "You feel good," for the subconscious may accept a statement that is directed to it at present, but wherein you indicate a future experience, this does not have much effect on the subconscious at present; therefore, it does not respond at present, and does not feel a time limit.

This Awareness indicates that if you desire to put a particular time on which the entity, the subconscious, will feel good, you must indicate that time. For example, you may say: "You will feel good on Monday", or you may say: "Within one hundred days, you will bring this about." If it is reasonable, and the subconscious can believe what you have suggested, and the time is acceptable in terms of a reasonable time, then the subconscious, if accepting what has been given, will respond.

This of course depending on whether you have a compatible subconscious, or a rebellious subconscious. If your subconscious is rebellious to you, you must find out why by either questioning, or by searching through meditation to discover what inner conflicts you have between your emotions and your mind, between your emotions and your personal will. Assuming that you have gotten beyond this point, and you have a relatively good rapport with your subconscious, you may then make suggestions to the subconscious.

This Awareness indicates that these suggestions must be such that they are reasonable, according to your belief system, and reasonable according to the belief system of your subconscious, so that it can accept the suggestions as being realistic and valid, and so that you yourself do not cancel out these suggestions by having secret doubts that they will ever work anyway. It is for this reason that this Awareness has often suggested that entities make the statement to the subconscious and say that: "This will occur, whether or not I believe it," for this assists in boggling the mind, so that it can't easily cancel out the event or command.

This Awareness indicates that in the event that an entity can't clearly make up his or her mind as to what is desired, the subconscious will also become confused, and will fail to bring about a clear result. The result may be confused, or only partially manifested. That likewise, the conscious mind must allow the subconscious its times, its freedom, its privacy, to bring about that which it has been instructed to do. If the conscious mind keeps ripping open the door and demanding of the subconscious, "How are you doing? When is it going to be ready? When will it get here? Why aren't you working on this?"; this kind of interruption to the subconscious will simply delay or destroy any prospects of completion. This likened unto putting bread in the oven, and having various cooks come along, opening the door continuously, to see whether it is cooking properly. The cooking process then may take much longer, or the bread may fail to rise properly.

This Awareness indicates this also likened unto digging up the seed, to examine whether it is starting to sprout or not. Therefore, you must respect and believe that the subconscious will do its job, just as when you plant a seed you believe that the seed will sprout, and your purpose is only to

water the soil and to make sure that sunlight reaches the soil. The sunlight of attention, and the water of your breath, the breathing and attention given to your subconscious in meditation as that which makes the soil fertile, which makes the subconscious fertile. The imaging as that which serves as a fertilizer, or which serves to create the essence, the essence of form in which the seed may sprout and spread.

This Awareness indicates that the concept is the seed, the image is the form which the seed will fill. That you may continue imaging. This Awareness suggests however, that you be cautious not to use the mind as a spade, use desire to rip up and examine and have doubts as to what is occurring. Doubting may be compared to digging; digging up to examine. That this doubting of the mind as that which can disrupt the growing process.

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## Books

# Israeli lobby: a potent force

United Press International

From  
The  
Seattle  
Post  
Intelligencer  
July 22, 1987

What's the most potent force on Capitol Hill? Most observers would answer it is the current administration, and its countless lobbyists.

But after that? It depends. When it comes to foreign policy, there is general agreement that the biggest guy is the Jewish voting and pressure bloc. It is a diverse collection of politically active and financially selective people who back the policies of the Israeli government.

That lobby is the subject of the tough, but flawed, "The Lobby, Jewish Political Power and American Foreign Policy" (Simon and Schuster). It's an unpopular subject. Tivnan was warned the book would be attacked by leading Jewish organizations. Indeed, the Israeli lobby group, the American-Israeli Public Affairs Committee, calls the work "a novel."

Tivnan also was warned that the book would be ignored or subjected to boycotts, so he said he took special care in his research. He claims to have done more than 300 interviews and is able to document the odd phenomenon where Israelis can criticize their own government, while any American who voices the same view is accused of disloyalty or anti-Semitism.

In one interesting example, Laurence Tisch, now head of CBS, criticized the Jewish government freely in an interview given to an Israeli Hebrew language newspaper. But he refused to make the same statements to Tivnan in English.

As former Illinois Sen. Charles Percy found, being 95 percent in favor of Israel was not enough. Percy was an avowed friend of Israel, and as chairman of the Senate Foreign Relations Committee, one to be valued. But he also favored the sale of jet fighters and weapons to Saudi Arabia, a move opposed by Israel. He had also suggested that the Israeli government had missed opportunities to negotiate for peace.

Money, much of it from pro-Israeli political action committees, flooded into the campaign of Percy's primary opponents and into the campaign chest of his Democratic opponent, Paul Simon, who was elected.

Tivnan has done his homework and describes in a coherent, journalistic way how the Jewish lobby has become an important constant in American politics and world affairs. Where the book falters is in its excessive use of secondary sources — newspaper reports that sometimes turned out to be not quite right — or sources who refuse to be identified and are used to help make sweeping conclusions.

Despite that, this book gives an important glimpse of a part of American political life that has not been well reported or understood. — Jim Anderson

## BOOK REVIEW

**The Lobby, Jewish Political Power and American Foreign Policy.** By Edward Tivnan  
270 pages. \$19.95

## SETH AND THE POSSIBLE AND IMPOSSIBLE REALITIES

### QUESTION:

A question from T.L., Summerville, Massachusetts.  
 "Awareness answered one of my general interest questions ambiguously. This isn't surprising considering my question was even more ambiguous. The question was an attempt to reconcile Jane Robert's metaphysics and Cosmic Awareness' prognosis about the future and the Beast. My question, or rather my interpretation of Seth's theories is that all of the myriads of possibilities about the future and the past really do exist. The existence of one reality doesn't exclude the existence of any other reality. Visualize millions upon millions of world realities originating from any and all possible events in any and everyone's life. Each world has its own valid path and its people with duplicates of each of us. These duplicates aren't exactly alike, just as these world realities aren't exactly alike. Some decisions that we make without free will move us further from some world lines and near to others; each possible combination of decisions, personalities and societies exist. In this cosmological view, there are many realities where the Beast triumphs and many where the Beast is stopped cold. Doubtlessly in worlds where the Beast triumphs there are fewer people living,--the attrition of wars and pogroms, --but be assured that in one world where the Beast exists, each of us is represented by our duplicate. If your oversoul wants more experiences of living in tyranny and oppression, then more of your vitality probability is focused in the realm where the Beast triumphs.

If your oversoul yearns for peace and harmony then you will concentrate your vitality or probability in a more enlightened reality, but all of these realities with and without the Beast will exist forever. The Beast triumphs in some sense forever as does every other historical, social, political, economic and personal energy, as long as we believe it is possible."

Awareness, will you please comment on all of that.

### COSMIC AWARENESS:

This Awareness indicates that these concepts are essentially accurate in the dimension of that which might be termed the realm of possibilities. This Awareness wishes entities to understand that possibilities is a *dimension*, and refers this entity to the works of P.D. Ouspensky in terms of his studies of dimensions. This Awareness indicates that the realm of dimension of possibilities contains everything that can be considered as possible, that beyond that dimension is another dimension known as the impossibilities. There are also considered possible impossibilities. Discussions in relation to these levels must be held in a manner whereby entities are discussing from

the same dimension, otherwise there will be no communication and great confusion.

This Awareness indicates that discussion relating to possibilities as a dimension do not apply to the dimension known as reality or that which is in the sense of that which entities experience as their own living reality; yet, this Awareness suggests that even in the realm of dimension of possibilities entities can include lower dimensions such as the dimension of reality; that possibilities must include the possibility of reality. That even that in discussing from the realms of possibility, these must remain as possibilities rather than realities, yet the possibility of a reality has to be considered as being valid in the realm of possibility; that in moving to another dimension, entities may consider the realm of impossibilities or possible impossibilities.

This Awareness indicates that in considering impossibilities, entities may also recognize that reality is an impossibility, and has its place in this dimension also. That the impossible possibilities, or the possible impossibilities, must also include the lesser realms or dimensions of possibility and impossibility, and reality as well as the impossibility of time, the impossibility of space, the possibility of time and space and the possibility of substance or the three dimensional quantity known as materialism. This Awareness indicates that the concern is to determine not so much what is fact, what is true, but to decide what level you wish to relate on.

This Awareness indicates that the material of Seth as dealing with levels of higher dimensions, the oversoul being that which borders into the realms of possibility and the dimensions of possibility, that the concept of many worlds existing simultaneously as being in that realm of or dimension of possibilities. This Awareness indicates that for those who have their feet grounded in the dimension of reality, wishing to remain in reality rather than in hypothetical levels of possibilities, this concern has little value, and those in levels of realities not reaching into the dimension of possibilities would consider such concepts and discussions to be unrealistic. Therefore, entities asking questions about higher dimension, while still remaining in levels of reality, will find themselves simply becoming confused by the discussion and attempting to fuse two dimensions into one,--this being impossible. That being impossible, this throws entities into yet the next dimension,



"If God is on our side why did he give them anabolic steroids?"

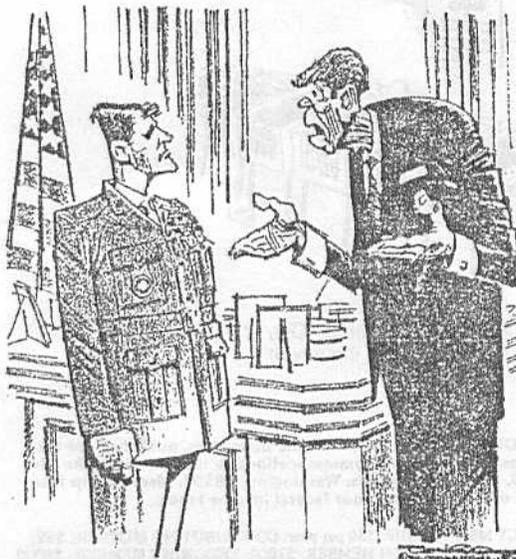
that the concern is a matter of determining which level on the tower of mind entities wish to find themselves, or whether they are satisfied to dance on various floors at various times or to simply merge the entire thing together in a kind of cosmic confusion. This is often called insanity. This Awareness indicates that all of these have their reality, all have their place in the universe, but the question of order must be asked: Does the entity wish to have things orderly or is the entity satisfied with confusion?

This Awareness indicates that fusing of the different dimensions together whereas a question asked from a third or fourth dimension is answered by a seventh dimensional answer, is the entity going to be satisfied with such an answer, will the answer be beneficial? This Awareness indicates that those who wish to delve into the dimension of possibilities, which is a reality, and a real dimension, will discover that everything ever imagined as possible *does* exist in that realm. That those who wish to delve into the dimension of impossibilities, will discover also that everything that never existed and never could exist *exists* in that plane, in that dimension. That those who wish to delve into the dimension of impossible possibilities or possible impossibilities will discover that everything that ever existed or could exist as an impossibility is possible or is impossible if it is possible at all.

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#### ED'S NOTE:

For more information on Seth, please refer to 'Revelations of Awareness' No. 78-44 (Why do Awareness, Cayce and Seth appear to differ); \$2.00; 81-22 (Alcohol as an aid to the psychic channel); \$3.00; also 84-16 (The Multidimensional Reality); \$3.00; 87-6 (A Peek at Life on Venus); \$3.00 from CAC.



"I WOULD PARDON YOU UNDER PROVISIONS OF THE U.S. CONSTITUTION... BUT YOU SHREDED IT!"



## VIDEO SCREENS -- ARE THESE A NEW HEALTH HAZARD ?

### QUESTION:

There's been a growing evidence, or a growing suspicion I should say, that the video display terminals that are being installed in businesses around the country, by the millions now, are creating some kind of physical problems for those who use it. There's an article that appeared the other day out of Vancouver, British Columbia, I'd like to read and ask Awareness if this information is correct, and if so, can anything be done about it?

"A hospital worker's union has called for a province-wide moratorium on the use of video display terminals after VDT operators complained of problems ranging from headaches to birth abnormalities. A Canadian federal task force studying the impact of microelectronics has been told that of seven pregnancies among VDT operators at Surrey Memorial Hospital, only one produced a normal full term baby. Two pregnancies resulted in miscarriages, one baby was born a month prematurely, one baby was born with a deformed foot, and also has had eye surgery. Another had bronchitis, and one is normal, Jean Grapatche of the hospital employee's union told the task force monday.

"The union represents some hospital workers in British Columbia. In an interview yesterday, union business manager Jack Gireau said hospital VDT operators have lodged dozens of complaints about the safety of the terminals. What we have concluded is that in light of what we have found at four institutions, anything from eyestrain to problems with pregnancies, there are too many incidents to be mere coincidence, he said." And it goes on, and concludes that "Gireau said workers at Surrey Memorial, the University of British Columbia Health Center, Shallowick Hospital, and Shonassey \* Hospital in Vancouver, have reported severe headaches, back problems, a tingling sensation in their fingertips, eye problems, pains in the hands and swellings of finger joints. Many said they have started wearing eye glasses." End of article.

\*Phonetic spelling, original article not located.

## COSMIC AWARENESS:

This Awareness indicates that the information as accurate, with the qualification that it has essentially been highly focused, and dramatized in the sense of attributing somewhat more to the VDT as being the cause of the problems than is justly deserved; that some of these problems were caused by other than the microwave technology. This Awareness indicates however, that there is sufficient cause for alarm in regard to the use of these.

This Awareness indicates that it appears there will be more research in this area, and a shielding of the energies from these display units as that which shall later be created to assist. That this is similar to the problems caused during the early history of the microwave ovens, wherein these radiations were not properly shielded and entities received harmful rays until precautions were demanded and built in. This Awareness indicates that this appears to be a situation which will require further investigation and afterwards there will be regulations relating to these terminals.

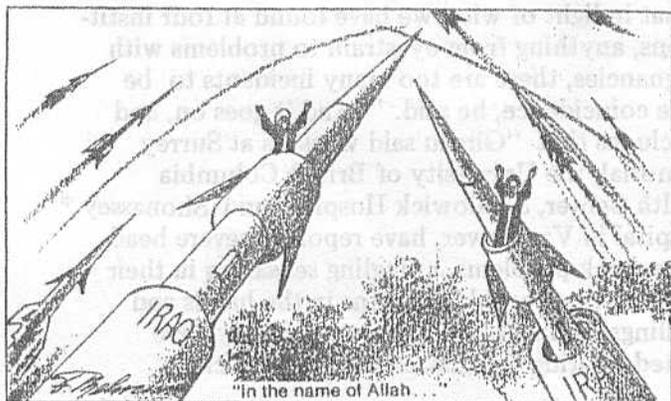
### (FOLLOW-UP QUESTION):

Is there anything that an entity working 8 hours a day in front of these terminals could do right now that would prevent any harmful radiation coming forth?

## COSMIC AWARENESS:

This Awareness indicates products such as the Lifefield Polarizer, the Polarity Pillow and the Wayne Cook Diodes would be helpful in countering these radiations. This Awareness indicates that wherein these are missing, that an entity working with such video-computer units would be wise to spend some time out in the open around trees and grass and vegetation, for these will attract and absorb many of these energies which collect in one's body as a result of exposure to these instruments. This Awareness indicates the vegetation as capable of using and transmuting these energies to their own benefit. That the human body does not have this capability.

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## HOW TO ENJOY THE RIDE THROUGH LIFE

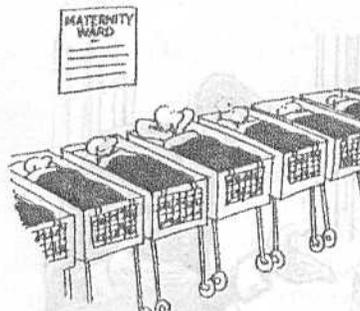
( Excerpt from a Personal Reading )

This Awareness indicates that you understand that throughout all the energies and forces of the universe, whether this be on the cosmic level, or in terms of the breath of the daily level, whether this be on the annual level, or in terms of the breath of an individual, there is the rhythm, the expansion and the contraction, the night, the day, the summer, the winter; the higher consciousness and the falling consciousness; that every rhythm has an equal and opposite reaction.

This Awareness indicates that where there is sorrow, joy waits its cue to enter; where there is joy, that there may also be that sorrow lurking nearby. Wherein entities are capable of seeing the rhythm and the cycles of these movements and can move without trying to avoid or control the movements but simply travel likened on those waves which rise and fall, rise and fall on the sea, that these entities are then capable of enjoying the ride through life.

This Awareness indicates that the falling wave needs not be any more annoying or sorrowful than the rising wave; that the loss of a loved one does not necessarily have to be that which does bring sorrow, that there can be great joy in knowing that the loved one has gone on to whatever it is he or she has yet to discover.

In your life you will find there is great joy in simply watching these cycles and finding your place and riding through these many waters without judging them and calling them troubled waters, for they are simply the waters of life and go on and on and on and on even as you yourself go on and on and on and on through many nights and many days, many lifetimes and many experiences. \*\*\*\*



"Well, that completes Stage One of my plan to dominate the world!"

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# Special Reports

## "The Watchers"

A friend works for a distant corporation that has sensitive trade secrets. His sole job is to go from one computer to the next all day long to see if an office phone is within six feet of the computer. If it is he puts the office manager on report.

He told me that unless the telephone is kept at least 6 feet away from the computer the corporate competition can drain the contents of the computers in a few seconds through the telephone line whether the phone is in use or not.

Newspapers have announced that the FBI has in place recording machines that monitor telephone conversations and automatically record the conversation when "trigger words" are spoken. Once "trigger words" are spoken the voice is recorded and "voice printed". Voice patterns are as distinctive as fingerprints. The speaker is automatically identified within one minute after being recorded. It's all automatic.

Engineer friends tell me that if a telephone is not in active use, the telephone wire as well as home electrical wiring systems act as a broadcasting antenna to transmit a speaker's voice.

There is residual magnetic electricity in all metal objects, especially in the hundreds of feet of wiring within the average house. All that is needed is a receiver sensitive enough to capture voices broadcast by these antennas. It appears that such receivers have already been developed and put into use.

Certain of those studying "the watcher" phenomenon believe that passengers carrying on a conversation in a moving car can be monitored the same way a person can be monitored in a private home. The car wiring system acts as an antenna. Passengers' voices are broadcast. Trigger words automatically record their conversations, and they are "voice printed".

The electric transmission from the automobile itself can be recorded and identified. The automobile will remain identified among all the hundreds of thousands on the road until an electric malfunction or a tuneup changes the electronic broadcast pattern. The car sends its own homing signal wherever it goes. It can be tracked across the nation with pinpoint precision.

Any type of electrical device in operation is believed to be vulnerable to being located by scanners within minutes - pocket radios, electric wrist watches, hearing aids, or heart pacers. If detected in the open woods or countryside away from other such devices, it can identify the source as one to be watched...

An interview slip admitted that steel beams used in the construction of the U.S. embassy in Moscow act as the sending antenna. Steel beams used in the construction of a modern building pick up and broadcast all conversations held within that building.

It is the job of the "trigger word recorder" and the "voice print machine" to record the desired voice. This is also true in corporate America. All secret business conversations held in office buildings built with structural steel and having electrical wiring are giant antennas which broadcast every word spoken to "the watchers" recording machines.

At the other extreme, two men talking next to a barbed wire fence in the open countryside can produce the same effect...

Amalgam fillings in one's teeth make one a walking homing beacon...Certain people with extensive dental work can receive radio signals. The brain becomes acclimated to the gradual increase of the electric field when only one or two fillings are added at a time. "Severe disorientation" occurs with the sudden removal of all fillings which disrupts the individual's acclimated electric field.

What is not often realized is that these very same people SEND signals. Acid saliva working on amalgam fillings develops a unique identifiable electric field that acts as a "homing beacon". Opinion is divided over whether receivers have been developed which are sensitive enough to record conversations in this manner. It IS theoretically possible...

An acquaintance works for an oil company in Texas. He went to inspect a faulty gas well "On-Off" valve a hundred miles in the desert. He turned it on, and then off. He got ready to leave in his pickup.

A helicopter appeared and landed. Two men flashed their badges, and informed him that their satellite had seen him "put the gas well on-line", and the State of Texas had not authorized his company to do that.

When shown their error they left. However, they had revealed a top secret. Any man in the United States not covered from view from above by a roof - dirt, trees, etc., can be seen to move a 12 inch oil "on-off" valve from right to left (instead of left to right) in the middle of a desert with the nearest person a hundred miles away. Tracking a fugitive in the open country must be child's play.

"Death by fire" has happened often recently. Protesters burst into fire and are roasted at shootouts.

by

*Richard Kelly Hoskins*

Cars carrying important personages suddenly blow up and burn. Why? People and cars don't go around bursting into fire.

Readers familiar with the "Tesla Effect" know that both Soviet and US authorities have the ability to broadcast electronic waves of a certain length, followed by faster waves from another transmitter. When the two waves meet at a target pinpointed by a "car print" or another identifiable signal, interesting things can happen.

Depending on the type of waves used and their intensity - a "sonic boom" may deafen and the shock may kill in what could look like a heart attack, a Buck Rogers type "force field" may cause a mysterious plane crash, an unexplained "violent explosion" which could destroy a target like the sub "Thresher".

A "ball of fire" enveloped a car carrying a Lord Judge in Northern Ireland and another a tax protester in Arkansas. When a target is located, the "Tesla Weapon" is suspected of being the one that kills in such a spectacular manner.

The use of such Buck Rogers type weapons would explain the distinctive ball of fire that has marked the end of recent chases in which the quarry is suspected of being reluctant to surrender. The establishment explains away the burned bodies with stories that never ring true.

Surveillance research may have gone beyond anything thus far revealed by the media. Additionally, there is reason to believe that an entirely new surveillance system is in place and activated - and not only by our own government.

Establishment claims to have informers everywhere may only be a cover up to hide up-dated electronic and optical surveillance. The suspicion that co-workers may be paid informers for ones competition sows dissension. It demoralizes...

Americans are inventive. As the extent of "the watchers" operations becomes common knowledge - counter measures will emerge. They do NOT exist today.

Until counter measures are developed, Americans who need protection from business and private watchers will have to go where space age surveillance cannot go. That is - the primitive...

For the period immediately ahead American businessmen may suffer through board meetings lit by candles, use chamberpots, and visit backyard out-

houses in the middle of rainy night meetings. Carried to its logical conclusion, this may elevate the "necessary house" to America's new status symbol.

The business of America is business. New ideas, techniques, and trade secrets are its stock in trade. To remain competitive with the rest of the world American business has to be free from surveillance.

Newly developed surveillance counter measures may present investment opportunities. Companies first using them should retain their competitive advantage. Edited and reprinted from Portfolios, Box 997, Lynchburg, VA 24505



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