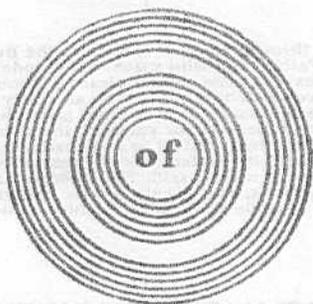


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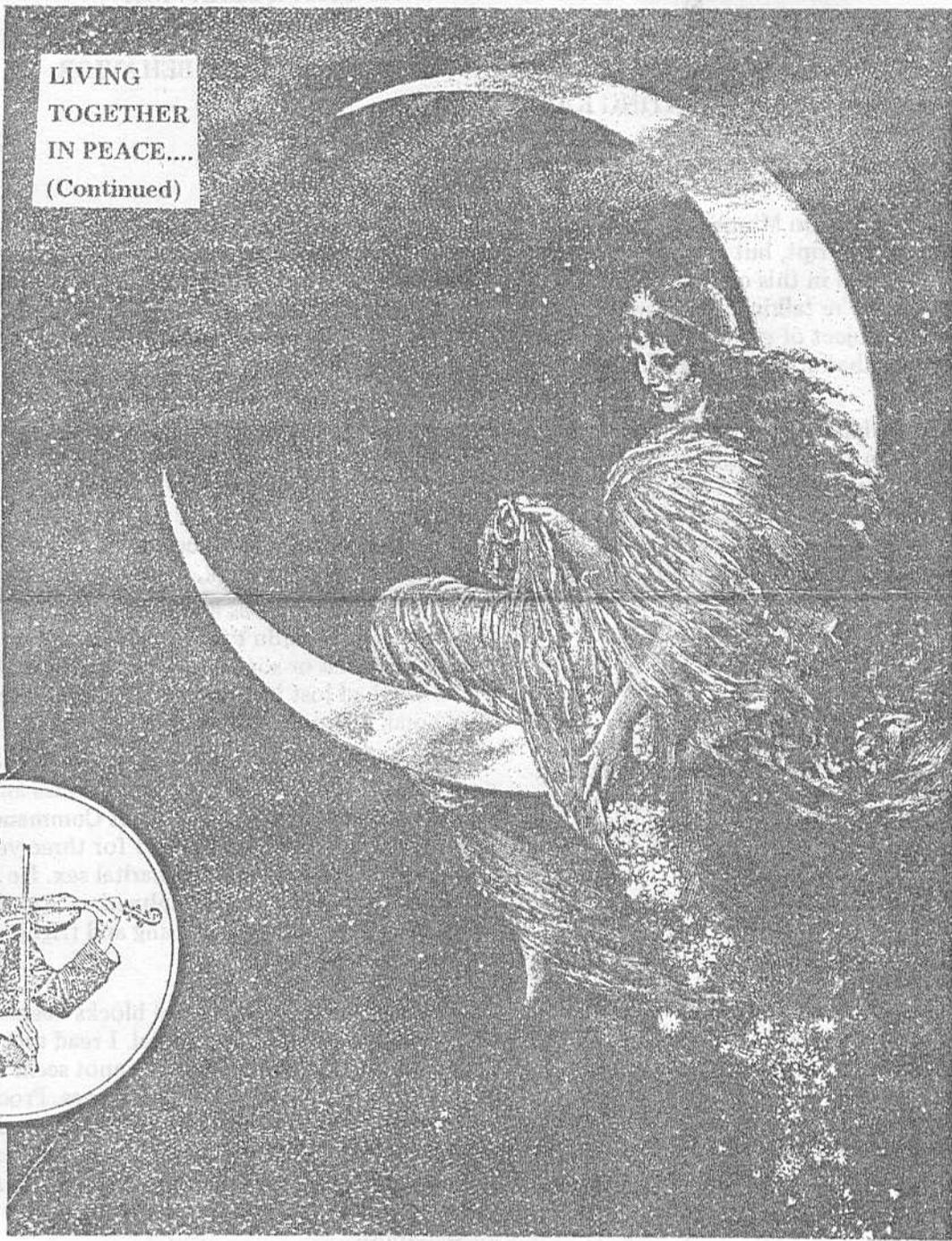
ISSUE NO. 319

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware

LIVING
TOGETHER
IN PEACE....
(Continued)



SEEKING TO BRING MAN HOME

AN EXPLORATION INTO FEAR AND GUILT AND THE SEXUAL RELATIONSHIP

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COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

**IF YOU TREAT YOUR MATE WITH INSENSITIVE BEHAVIOR
AND VIOLATE YOUR MARRIAGE CONTRACT, IS IT POSSIBLE
TO PACIFY YOUR CONSCIENCE, RATIONALIZE SUCH BEHAVIOR
WITHOUT CREATING KARMA ?**

QUESTION:

Vicki got a letter from M.J. in Minnesota. It reads sort of like a soap opera script, but it's probably typical of what's going on in this country. I think that essentially, what we're talking about, and I'll read his letter, is the subject of guilt. Perhaps Awareness would expand on that after I read this letter. He writes:

"Dear Vikki. I'm having trouble writing this letter, so I'll just jump right in. While attending a technical school, I explained to my wife how I felt about her. What I said even surprises me, although I had felt this way for some time. I told her I had lost my desire for her and did not find her sexually appealing.

"I wasn't trying to be cruel or anything, I just couldn't keep it inside anymore. I felt frustrated and guilty that I wasn't in love with her as a lover, and had to fantasize. I felt like I was using her. When I told her this, she went through pain, anger and depression. I felt, and still do feel like a rotten selfish creep. Most of my schoolmates disapproved, mostly because of the possible negative impact on my three year old son, Jesse.

"It seemed as if everyone was telling me not to do it and it was most frustrating and I spent many days in uncertainty. My wife and son moved back to her home town in Rochester. Then, about three weeks later, my wife informed me that she was pregnant, by me. I told her I felt the same way as before, and that I would pay support, and more importantly, that I would love to have another child, but that it seemed selfish for me to want the pleasure without the pain, or trials of raising him or her.

"I told her I would support whatever she decided was in her and the child's best interests. She had an abortion the next week.

"All the while this was happening, I seemed to feel cold and I couldn't cry or feel depressed or anything like shock or something. It seemed as if my whole life had lost its purpose, and watching my wife break down and suffer was unbearable.

"My parents were no help since we are not on very good terms. They are very strict Catholics and my dad was a scholar and a Lieutenant Commander in the Navy. I was totally disowned for three years because of marijuana and premarital sex. He is a strong authoritarian and disciplinarian. Anyway, times have been rather confusing and frightening for me. Enough stories.

"I seem to have many mental blocks keeping me from obtaining my full potential. I read many self-help and spiritual books, but I cannot seem to take action and follow any of the guidelines. Procrastination is my worst enemy. I know which foods would be better for me and yet I do not eat them, nor do I exercise enough. I keep hurting myself with sugar, caffeine, cigarettes, reefers, alcohol and other forms of self-abuse.

"I believe it has something to do with my self-esteem. Understanding this however, does not enable me to change. Why can't I? Why won't I get my act together? How can I overcome my procrastination before it destroys me? Please ask Awareness for suggestions. Also, please ask Awareness why my inner mind is telling me to go where I am going, leaving security of marriage, and deserting somewhat, my son?"

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COSMIC AWARENESS:

This Awareness indicates that this division which you feel within yourself of course relates to astrological influences also, that apart from this, this Awareness indicates that this is brought about from an inner sense of rebellion toward the feeling of responsibility to others, or accountability to others; the rebellion as a feeling whereby you want to be accountable to no one. That in this action you are finding that you are splitting from accountability even to self, so that you have no self-control and the observation of this is that you cannot account for what is occurring to you.

This Awareness indicates that this tendency toward rebellion as that which, again, is astrological, and can be overcome; that this is associated with the planet Uranus in aspect to other planets within your chart; that this planet creates certain rebelliousness when tuned into at a particular vibration. That at a higher vibration, entities can take these same energies of Uranus and experience altruism, wherein others are given greater significance than self.

This Awareness indicates that altruism requires that you put others above self. Altruism is that concept in which you give of yourself to others a sense of generosity as an ideal. This Awareness indicates that this same energy from Uranus which causes rebellion, when put into an altruistic attitude as that which allows things to stay together and move into a higher dimension or higher order. That essentially, the difficulties which you felt toward your wife as that which occurred not so much as a rejection of her in terms of sexual interest, but rather as a lack of tuning into her in the more subtle vibrations of sensitivity.

This Awareness indicates that many entities have this fear, that if they give their heart, the other will take their soul; that this often leads to an aloofness in the relationship where you relate as an object, or to the entity as an object and keep your distance emotionally. This Awareness indicates that how one breaks this pattern is to open the heart. How does one open the heart? Through sympathy, through taking on the load of the other person's feelings.

This Awareness indicates that sympathy can indeed be dangerous, particularly when you are looking out for self, for when one sympathizes, one carries karma for the one whom one sympathizes with. This Awareness indicates that whenever one moves into sympathy, one begins to feel with the other, and this sympathy means that one picks up some of the karma of the other. This Awareness indicates however, that is part of the action of love.

The story of Christ dying on the cross, taking on the sins of the world; this as an act of sympathy for humanity. This Awareness indicates that wherein one withholds sympathy, one can avoid taking on karma of others, but one may accumulate one's own karma in the process. This Awareness indicates that

in an intimate relationship with another, such as in marriage, it is next to impossible to avoid sympathizing with your mate without creating some other type of karma, for wherein entities come together as mates, that sharing of each other's feelings is the purpose and key to the marriage.

How to Break the Pattern of Aloofness

This Awareness indicates that wherein you see this entity as an object in your life, whereby the object has peculiarities and activities that interact with you and these peculiarities and activities sometimes result in little gratifications, and sometimes result in little irritations, and you see this entity as having patterns and activities and predictable behavior, and look at this entity from outside of herself as you see her, without being in tune to her feelings, seeing yourself separated from her, observing her as a scientist would observe a guinea pig in an experiment: --- This kind of aloofness, this kind of coldness in the relationship is that which leads to a feeling of guilt, a feeling of avoidance of any intimacy. This Awareness indicates that there may be some reason for you to relate to this entity as an object. Perhaps there is a fear of getting to know the entity, a fear of the responsibility for her feelings, for attending to her feelings, a fear that she will become overpowering and control you too much, or as the song says: *I gave you my heart, but you wanted my soul.*

This Awareness indicates that to avoid that kind of sympathy and sharing, one must be aloof, and to be aloof means that one is simply using the other as a backboard for their own purposes and their own interaction;---that this automatically creates karma. This Awareness indicates that once an entity recognizes the other, not as an object, but as a being of great worth, perhaps even greater worth than one's own self, and gives oneself to the other to share, whereby the souls remain individual, but the lives are given to each other, whereby this is experienced, the entities then can form those sensitive relationships which allow for those moments of closeness.

This Awareness indicates that sexual contact at this point is not of any great significance in that it may follow as a result of sensitivity, or it may simply not occur; that in either case, the intimacy of the relationship is that which becomes most significant, and the expression and degree of that intimacy will follow with the mutual sensitivity of both parties. That wherein one party wants something and the other is holding back, this is an indication of a lack of sensitivity to each other, but wherein both parties move very slowly, with great sensitivity to each other, this then is an attunement to the feelings of each other, and this type of sensitivity is that which may be considered "marriage."

This Awareness indicates that wherein this type of sensitivity is experienced, this is the Holy Union. That wherein the activities of one party pressing for this and the other party resisting this kind of tug-of-war, as that which carries with it certain karmic

energies which may build, either for a short period before being resolved, or for a long period. This can even last for years or for a lifetime.

This Awareness indicates that the longer this tug-of-war occurs, the longer and greater the karma involved. This can lead also to other karma, such as the separation and the effects it has on children and family, and others. This Awareness indicates that there are other areas in this question which need to be repeated for further comment.

TWO KINDS OF GUILT --

POSITIVE AND NEGATIVE--

AND HOW TO DEAL WITH IT

(FOLLOW-UP QUESTION):

Well, according to the narrative (and I might add, the script), he proceeds to get her pregnant again and then leaves her, and she of course, has an abortion, and he's wracked with guilt about all this...

COSMIC AWARENESS:

This Awareness indicates that guilt does have two aspects that need to be recognized. There is that which may be termed "positive guilt", and that which may be termed "negative guilt"; that positive guilt is that which propels or compels an entity to take action in the future to reconcile some infraction, to balance karma or to avoid in future times situations which led to guilt. That negative guilt is guilt which entities hold in regard to something of the past, which cannot be changed, which is not being attended in present or future actions, or which is haunting an entity without any type of relief in sight, regardless of what the entity does.

This Awareness indicates that guilt of the past, wherein something has been done and cannot be atoned, is destructive. That wherein an entity dwells on past destructive guilt, this guilt increases; that the way to change this destructive guilt is to alter the polarity from negative to positive, by projecting toward the future; that one looks to the past for lessons, and projects into the future for atonement and for learning.

This Awareness indicates that as one learns from past error and moves toward future corrections, there is no need for carrying on the guilt of the past. For example, one may hold great guilt from something in the past, and looking forward, deposit that guilt in an action that seeks atonement for the errors which have been committed, which atones through giving service to others, or to repay those who were violated or to seek through alchemical action, such as the Christian salvation, to seek through grace and Divine intervention and atonement or forgiveness for the guilt.

This Awareness indicates that in projecting guilt toward the future as an action of learning, or an action whereby you turn those energies toward productivity or service to others, this type of guilt becomes constructive, whereby the entity is helped by what occurred in the past which created the guilt. The entity is compelled by the guilt which was carried, to make changes in the way of life; that this is positive guilt, and has a good effect on an entity.

This Awareness indicates that entities can turn negative guilt into positive guilt simply by taking action and turning this toward future experiences, using the lessons of the past; that those however, who dwell on past failures, who dwell on past errors and downgrade themselves, condemn themselves through their judgment of themselves, wallow in the guilt; these entities suffer greatly. That this can lead to suffering not only for these entities, but also for others who come in contact with these entities.

This Awareness indicates that it would be advisable for you to consider projecting feelings of guilt from the past into actions which allow you to have greater concern for the feelings of others, to reconcile energies and karma wherein possible and to learn from the past experiences as much as can be learned, so that these need not be repeated in other future experiences. That once a lesson is learned, entities need not go through that lesson again.

This Awareness indicates however, experiences which entities pass through, if they do not learn lessons from these, will be repeated again and again and again until the lessons are learned.

READING SELF-HELP

AND SPIRITUAL-TYPE BOOKS

WILL NOT PRODUCE SATISFACTION

(FOLLOW-UP QUESTION):

Well, he writes that he's confused and frightened, and that he reads a lot of self-help and spiritual books, but he never follows the guidelines, and procrastination, he admits, is his worst enemy.

COSMIC AWARENESS:

This Awareness indicates that much of this reading is that which is an attempt to pacify conscience, to find answers that one can use to rationalize one's behavior when one actually doesn't feel satisfied with what one has done. This Awareness suggests that the satisfaction cannot come through rationalizing, through finding segments in books or through searching for spiritual words and advice. The satisfaction can only come when you have found within yourself the humility, the sensitivity, the love, the willingness to seek to balance the books, and to be accountable for your responsibilities to others.

This Awareness indicates this does not mean that you must obey the will of others, that your philosophy must be pushed aside in order to allow others' philosophy to be put upon you. Rather, it means that you must learn how to relate to these entities in such a manner as to present yourself, your feelings for what you are, and allow them to be what they are, and find ways of communicating so that guilt and hostility do not form part of that relationship.

This Awareness indicates that being in communication, that being sensitive to the feelings of others, even though their ideas may differ from yours, and attempting to keep the hostilities to a minimum, reconciling differences wherein these are expressed as much as is possible, caring about the feelings of others while at the same time expressing your feelings, while also at the same time being aware that feelings once expressed, are quite likely to change; this then requiring further communication to express the new feelings which are felt, by all parties concerned.

This Awareness indicates that once you and your wife are free to express your feelings are changing toward her, and hers changing toward you, and that more feelings need to be expressed, leading to still further changes. That this can continue on to clear the karma which the two of you may have developed in your relationship.

WHY DOES THE MIND SAY: "WALK OUT ON YOUR MARRIAGE, DESERT YOUR SON"?

(HOW TO CREATE EVEN MORE KARMA)

(Follow-Up Question):

I think his final question was: "Please ask Awareness why my inner mind is telling me to go where I am going, leaving security of marriage and deserting my son?"

COSMIC AWARENESS:

This Awareness indicates that essentially this is the rebellion you feel toward trying to work out the difficulties which have occurred and the feeling that this is a karmic relationship which you do not wish to face. This Awareness indicates that it is however, a greater karma to walk out on a karmic relationship than to go back and balance the karma so that the parties involved have good feelings toward one another. This Awareness indicates that in balancing the karma you know not where it will lead. It may lead you to return to your family, or it may lead you to reach levels of relationship whereby the two of you agree that it is better to part as friends and your child recognizes that you will always be as his friend, even though elsewhere.

This Awareness indicates however, the hostility, the schism, the feeling of being apart psychically and emotionally, will not exist if the karma is balanced, and though you may be apart physically,



the feeling of being one with this family will remain, just as you are one with your friend who may be living elsewhere. This Awareness indicates that there is within you a feeling of defiance, a feeling that: "I will not be made to do what I don't want to do." This defiance feeling as that which drives you to do things which you yourself don't want to do, thus you are being made to do what you don't want to do, and this is from an overreaction within yourself to those actions of others. It is likened unto a stiffening of your position, overreacting psychically, whereby rather than telling the person: "I don't want to do this," you tell yourself: "I don't want to do this and I will not be forced to do so, therefore I shall leave all to prove my point".

This Awareness indicates that this being an overreaction based on the fear that someone will come down upon you for not wanting to do this and will attempt to force you into the action of doing what you don't want to do, unless you take an over-exaggerated stand against it; that this likened unto pushing extra hard because you expect someone to push against you. This Awareness indicates that no one is forcing you to live with this entity, to live with your child, to live your life as a responsible person. No one can force you, and you need not rebel against anyone, but you yourself may be in rebellion to yourself.

You yourself may be defying yourself, and this needs to be examined very carefully, and you need to ask yourself: "What do I really want as opposed to reacting against others?" This Awareness indicates that reaction toward others is compelling you to act, and you think this action is your choice, but it is only reaction to others and at present you are without freedom of choice because of the tendency to overreact to others.

Men who are loyal to only one woman
are cruel to all the others.

...Don Giovanni

(Mozart)

...ONE WAY TO ENTER THE KINGDOM OF HEAVEN
 WHY "MAKING LOVE" CAN TURN MEN OFF
 (COSMIC AWARENESS EXPLAINS THE BIG "O")

(FOLLOW-UP QUESTION):

Awareness, this subject keeps cropping up in letters, and like that recent reading where this husband suggested if his wife acted like a whore, she would be more appealing to him; and this letter here today where he claims he didn't find his wife sexually appealing and had lost his desire for her in that area...there's a number of letters like that. I wonder if we could explore for a minute why this is? Is it that men sometimes, or perhaps even usually, like the idea of a lusty, exciting horny-type female, and they feel guilty when the female starts talking about "making love", and it's a "spiritual thing" and so forth; and the male, not feeling that it is, that it's more an animal need, starts feeling guilty, and he starts rejecting the woman on that basis, feeling cold and hostile toward her, uninterested in sex with her.

There was an old movie, for example, making the rounds called *Pete and Tillie*, I believe it was called, with Walter Matthou and Carol Burnett, and they go to bed together and she talks about 'making love', and he tells her he doesn't like that expression. That isn't what it is, it's good old animal instinct and so forth, and when they're through, he rolls out of bed and she says: 'Where are you going. What happened to that afterglow we were just talking about?'; and he replies, squirming into his shorts: "I'm going to make a sandwich."

I think that sort of sums it up. Could Awareness explore that area a little bit, please?

COSMIC AWARENESS:

This Awareness indicates there is a great difference between male and female energies; that when the female is involved in sexual activities, this entity experiences throughout her entire body a sense of spiritual oneness. It effects her within the brain much moreso than it does for the male; that this activity within the brain of the female is akin to a Cosmic Consciousness experience, and that this experience is that which is so highly prized in love-making.

This Awareness indicates that for the male it is an action more likened unto bringing energies down from the brain, or down from the Divine into material manifestation, a creative action;-- the entity, the male being involved in an action of creating. This Awareness indicates that this as his way of creating physical form. The female creates physical form through the giving of birth, through nurturing the child within herself, and this action of love-making as that which allows her psyche to experience the Divine energies and to feel a unity through the man, with the Divine Forces.

This Awareness indicates that from scientific terminology this would be associated more with chemicals in the brain and with the difference between the male and female brain structures; this also in relation to triggering of hormones and various enzyme activities within the system. That from the Oriental point of view, this action by the male is one in which the Chi, or the mana of the male is brought into an action of expulsion and creativity as it is given to the female. This Awareness indicates that this leaves the male weakened, as the vital aura or Chi has been released and it takes the male nine times longer than it takes the female to rebuild this Chi.

This Awareness indicates that the female, having absorbed the Chi of the male, is filled with these energies and vibrations which give her great sensitivity and a feeling of unity with the Divine, whereas the male, having first been light-headed and in touch with the higher vibrations of consciousness, these brought on by the energies of the female, finding these vibrations increasing within himself until the climax and release, then discovering himself cast out of heaven and down on earth, weakened from the experience and needing nourishment, needing to be replenished.

This Awareness indicates that the male, prior to love-making, looks at woman and through woman sees heaven, sees the Divine, and becomes hungry in searching for the Divine. This Awareness indicates that wherein the entity moves into the action of love-making, the entity feels himself and his psyche merged with the Divine, and from this action, moving into a unity with the Divine; then suddenly there is that explosion, the loss of control, the feeling that the Divine has taken over and that he is used and that he has no will, and that he must surrender to the Divine, then suddenly the awakening in the body on earth with the feeling that this was but an act of woman and was not an act of the Divine: "This was simply an action of my animal nature."

This Awareness indicates it is only after the action that the male begins to feel himself as an animal. Prior to the action, the male sees himself as a seeker, seeking that which is Divine. This Awareness indicates that for the female, she sees the man as Divine, and seeks to be in union with him. Once the union occurs, if all is appropriate in the activities, the entity then feels the Divine within herself and wants to hold onto man, and keep man in the Divine state.

The Cosmic Symbolism of sex--Rhyee and Isis

This Awareness indicates that in reference to the cosmic symbolism, Isis remained with the Divine; Rhyee, the male principle, split and separated from the Divine, carrying with him the knowledge of creativity, and went forth into the universe as separateness, as individuality, and left Isis to wait with the Divine. This Awareness indicates that Isis, the female principle, rather than waiting, followed Rhyee, the male principle,

presenting herself before him as a reminder of the Divine; whereby he looks at her and sees the Divine which he once was one with, and seeks to be one with her again; and hungry, moves toward her, whereby if he finds him ready and suitable, she allows him to enter again into her kingdom of heaven; and he, having arrived, may remain if wise, or may simply take the fruits of pleasure and leave again.

This Awareness indicates that she, looking at him as part of the Divine which left, sees in him the Divine which is missing in her and seeks to be reunited, but whereas he was the one who left, she cannot pursue too openly, and therefore must simply present herself before him in ways which lure and attract him. This Awareness indicates that in this manner she seeks through seduction to lure him back to her, and when he comes back to her, she seeks to hold him and keep him there; but the nature of Rhyee, the rebel, is to rebel against heavenly forces and again, to leave and to fall toward material creations and to move out into universal activities and create further those things which are of a separative nature, specialized nature, and which are not necessarily of great sensitivity, but are of great significance to the self and its self image.

This Awareness indicates that therefore, the male sees the female as that which can be used or as that which can be loved; but the love which men feel for women is different from that which women feel toward men, for the man prizes his freedom and sees woman as his home, and the woman prizes herself and the security of being who she is, and sees man as being lost and in need of a home. The woman, therefore, seeks to bring man home. The man seeks to enter, but to be free to leave again.

This Awareness indicates that this as the result and the implications of the symbolism of Rhyee and Isis. This Awareness indicates that as Isis and Rhyee have returned to the Godhead, this symbolism is that which is not any longer constraining, and that whereas Isis seeks to bring men home to her, men find it much easier to find and locate Isis, for Isis is now more available. Whereas in the past Isis was aloof, alluring, waiting, now Isis presents herself before man as never before: open, ready, anxious.

Thus man sees himself surrounded by Isis, no longer enticed by Isis. Man feels himself as having come home and attempting as Rhyee, having returned to the Godhead, having returned to Isis, attempting to relate to this new energy in a manner which can allow for his creative energies to be expressed, even when surrounded by Isis, who in herself may not any longer appear to be the Divine.

This Awareness indicates that in this new uncertainty, the male begins to look at Isis, not as something Divine, but as something of a commodity, as other beings and other things in his world are commodities, and Isis, looking at all of the Rhyees available, sees herself no longer as having the alluring qualities, and now seeks instead to be like Rhyee, like the god that once she



sought, and seeks to be more masculine herself, to do those things which he once did, to have equal expression and equal respect in his world, and thus the polarities between male and female break down. The difference become less significant.

The sexes become confused, sometimes interchanging, sometimes interacting without constraint as to sexual types, and the polarities of male and female lose significance and the entities move toward the androgynous types; and because sexual preferences and sexual activity has for so long been of great and major significance in the consciousness of entities, and they see this sexual significance fading, they cry out: "What can we do to enhance our sexual significance without becoming objects of each other?"

This Awareness indicates that the activity of creating sexual significance and the activity of breaking down concepts of commodities in terms of human trade are concepts which need to be explored and recognized as part of the alchemical change that is occurring in your society, for these sexual mores and codes, behaviors, as they are examined more closely and the significance of sex is diminished, and entities try to prop up the significance with various props that point to homosexuality, to incest, to all types of sexual perversions; these signs propping up the significance of sex themselves are beginning to lose significance as they appear everywhere in great proliferation.

This Awareness indicates that the time will come when sexual significance will have diminished to such a degree that entities will no longer seek to prop it up, but entities rather will talk in terms of sensitivity toward the feelings of others: "How are you feeling, my dear? What is that look on your face? You appear to be troubled...Is there something I can do? Would you like me to rub your feet? Is there some way I can help you to feel better?"

This Awareness indicates that *these* will be the areas of great significance; that sex will fall into its proper place.

WILL THE BIOLOGICAL SEX DRIVE DISAPPEAR?

(IMPOTENCE AND PSYCHIC CASTRATION)

(FOLLOW-UP QUESTION):

Will the biological sex drive also diminish along with this?

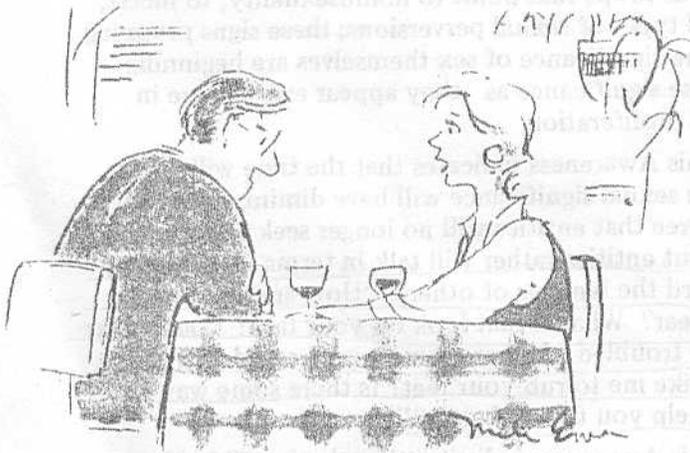
COSMIC AWARENESS:

To a great degree. This Awareness indicates that the biological sex drive as that which is created because male and female energies are not sensitive to one another. This Awareness indicates that wherein husbands feel their wives are too aggressive, it is generally that they are too insensitive to the wives' feelings. This Awareness indicates that wherein the man shows more warmth and sensitivity to the feeling of the wife, his inclination toward sexual involvement increases from within. That impotence is overcome as the entity becomes more sensitive to his mate.

The Real Cause of Impotence in Men

This Awareness indicates this of course requires that the mate be receptive to the man's concern and sensitivity; that wherein the mate herself is not receptive in nature, but is demanding, the mate can create a kind of psychic castration for her husband, causing impotence. This Awareness indicates that much of the impotence which men experience is due to physical difficulties, imbalances within the system, but much of these imbalances are triggered by psychological attitudes and feelings that come through the relationship.

That wherein the male begins to feel that sex is a duty, this is the beginning of the attitudes which lead to impotence. This Awareness indicates that the male need not think that sex is duty, but that this does often occur in his attitudes; that if the male is more sensitive to the needs of the woman and seeks to please and satisfy the needs of the woman, because of his sensitivity and love for her, this does not border on duty, but becomes a pleasure as he expressed love to her.



"Come on, Richard, don't take it so hard. You're a warm, caring, supportive person. Me, I just want to get laid."

CAN A MAN FANTASIZE IN HIS DEMANDS AND GET AWAY WITH IT?

(HOW TO ENHANCE THE JOYS OF SEX)

(FOLLOW-UP QUESTION):

Then it's probably normal in some cases for men to fantasize and to have their partner act perhaps a little more exciting without them feeling guilty and without the woman feeling that: "You're trying to make something out of me that I'm not"--that if she would understand that this is more of a fantasy-like thing and nothing really changes, then the relationship might be able to go through some of these storms where the husband informs her he's going to leave her because she no longer excites him...is that correct?

COSMIC AWARENESS:

This Awareness indicates that too many men see sexual activity as being created for their own personal pleasure, and that women are created for this purpose: to satisfy them. This Awareness indicates that this as a hold-over of the older traditions in which Rhyee felt himself to be of such significance that he himself was the Creator of all things, and that woman was but his afterthought, afterpartner, or accompaniment. That whereas Rhyee acknowledged a need for woman, just as there was the need for bowel movements, Rhyee never actually recognized woman as being an entity of equal value, and having equal rights and being of equal quality, and having different characteristics that needed different responses. He saw her only as something that could be used for his benefit, thus he made her his wife, who served as a depository for his ideas, his thoughts, his words; he made her his servant who cooked, who attended his needs, who bore his offspring. He made her the depository for his biological energies. He made her the depository for his offspring and named his offspring after himself, with her not being considered significant enough to carry the name. He made her as one of his possessions, and in many cultures when he passed on, his possessions, including his wife, were also put into the grave with him.

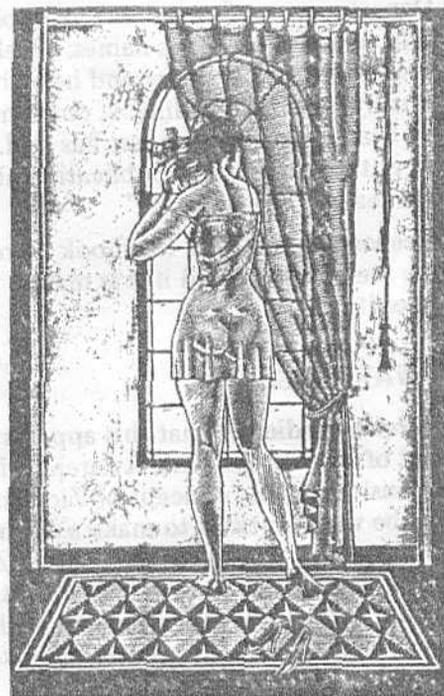
This Awareness indicates that this is all tradition based upon the symbology and the energies of Rhyee's relationship to Isis, or male to female energies: the female always being victimized by the male. This Awareness indicates that it is impossible for the upper teeth to bite the lower teeth without being bitten *equally* by the lower teeth. Likewise, it is impossible for male energy to create servitude out of female energy without also becoming servant to that energy.

This Awareness indicates therefore, as Rhyee sought to seduce and control and use Isis, as man sought to use woman for his own ends, woman likewise, silently and without great fanfare learned how

to equally use man; and man, being used by woman, slowly began to realize: "This is not working out fairly. I want more, and I want to give less;" and woman, seeing that man demanded more of her and offered less, said to herself: "This is not working out fairly. I want more, and I want to give less;" thus, each began to demand of each other more, and each began to give less, and the conflict and demands increased until Rhyee and Isis could not see eye to eye, and separated; and in that separation felt themselves to be alone, and thus needed to again come back together in different faces, in different bodies, in different ways, in different circumstances, hoping to start over again, seeking to find some form of relationship that satisfied the needs.

This Awareness indicates that wherein these entities began to look more closely and instead of asking: "How can I get more for less?"; ask the question: "How can I give more of myself without demanding more from you?" This Awareness indicates that this will lead to a reconciliation between these forces, wherein rather than the top teeth of the mouth clenching down hard against the lower teeth, and the lower teeth biting up with all its might to crush the upper teeth; the mouth simply comes together in a sensitivity that allows for feeling and harmony and relaxation throughout the universe; and the male and female, instead of demanding more from each other, being willing to give more of themselves for the other, come together in a sensitivity that allows harmony to flow throughout the universe...that allows the mouth of each to be relaxed, the jaws to be relaxed, the bodies to be relaxed, whereby they need not fight or struggle, but whereby they can come together, enjoy each other in mind, emotion, spirit and body, as one.

This Awareness indicates that to enhance one's love life, to enhance one's joy of life in general, to enhance one's joy of a relationship...all that is necessary, all that is necessary is sensitive, caring, loving playfulness.



ED's Note:

For related readings on this subject, please refer to "Revelations of Awareness" issues No: 79-23 (Of Human Bondage--The Love-Sex Relationship in Marriage); \$2.00; 85-14 (Male Infidelity: Why Men Stray from their Wives and How to Deal with it); \$3.00 from C.A.C.

Also recommended is issue No. 84-5 (The Role of Woman and how she tames the Beast):\$3.00.

THE BOOK: "CONTROVERSY OF ZION" -- DOES IT TELL THE TRUTH ABOUT ZIONISM? (HOW TO GET THE NEWSLETTER: "ZIONIST WATCH")

QUESTION:

We got a letter from K.J. sometime back. She writes: "There is a marvelous book out: *The Controversy of Zion*, by Douglas Reed, that amplifies much of what Awareness has said regarding the Zionist conspiracy. The book is 587 pages and extremely well-documented. It was written in 1955, but no publisher would expose himself to the danger of printing it. Finally it was published in South Africa in 1978 by Dolphin Press Pty. Ltd., PO Box 3145 Durban, Natal, South Africa.

"I doubt if it is available in this country. I obtained my copy from Heritage Bookshop, 3rd floor, 273 Little Collin St., Melbourne 3000, Victoria, Australia. The price is \$12 Australian. I got a Chase/Manhattan bank draft for the equivalent of \$20 Australian to cover the cost of the book and airmail postage. I also requested the bookstore to send the book in a plain wrapper with return address, but no bookstore name.

"Sometimes controversial books disappear in the mail, and I didn't want it to disappear at U.S. Customs Department or elsewhere. The book goes into explicit detail and names names. It tells who has been controlling our country and how they have done it. It really is MUST reading. It confirms and amplifies all that Cosmic Awareness has said. I would suggest you put a note in your publication about it so interested readers can order it."

Would Awareness suggest that this book be recommended to the membership, and if it is mainly valid as she believes it is?

COSMIC AWARENESS:

This Awareness indicates that this appears to be valid in most of its content. This Awareness indicates that when considering the concept of Zionism, entities must always be very cautious to make a distinction between Zionism and Semitism; that not all Zionists are Jewish, and not all Jews are Zionists; that Zionism is a political movement, whereas Judaism is that of a religious movement. This Awareness indicates that there is the effort by Zionists to confuse this issue, to make it appear that anyone who is opposed, or anyone who speaks against the Zionist movement is also against Jews.

This Awareness indicates that this would be likened unto the Ku-Klux Klan for example, arguing that anyone who was against the Ku-Klux Klan was also against Anglo-Saxons in general. That this is obviously not so. This Awareness indicates that it also would be likened unto arguing that all whites are Freemasons and that anyone who opposes the Freemasons are opposed to the whites, or to argue that all whites are to blame for the activities of the Freemasons.

This Awareness indicates that these concepts of confusing a small group within a larger group and placing the blame for small group activities on the larger group, or letting a small group hide under the skirts of a larger group; this is that which needs to be very carefully looked at, and the distinction recognized. This Awareness indicates there is a tendency among many to blame the Jews for activities that have been created by Zionists. There is also a tendency to class entities who speak against Zionists as though they were anti-Semitic. This needs to be distinguished.

ED's Note: At the time this reading was given, the book *The Controversy of Zion*, by Douglas Reed, was not available anywhere in the U.S. to my knowledge. Today, however, the book is available from several large publishing houses. If you want a copy, send \$12 plus \$1 postage to:

Omni Publications
Box 216
Hawthorne, Calif. 90251

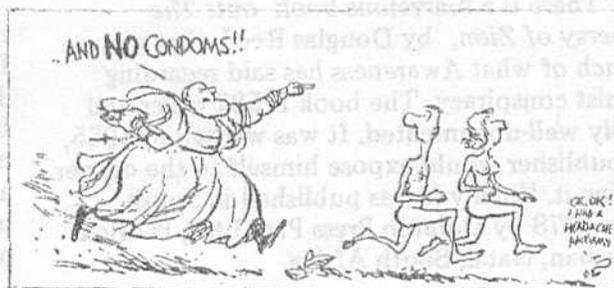
This publisher has over a hundred books on the Illuminati conspiracy and related information. Ask for a catalog.

This book is also available from:

Sons of Liberty
Box 214
Metairie, La. 70004.

(Write for a free catalog)

This editor would also like to call attention to a new publication called "Zionist Watch"--published twice monthly, which specializes in monitoring Zionist activities around the globe, particularly in relation to political and economic areas. This publication was started by Charles Fischbein, whose Zionist exposes are appearing in "Spotlight" (such as "They're Stealing You Blind--Fundraising Fraud Exposed"--which CAC mailed copies of to its membership some time ago). The staff of this magazine are Jewish entities who have discovered the Zionist conspiracy and wish to help expose it to others. The associate editor is attorney Mark Lane, whose work in the investigation of the John Kennedy assassination conspiracy almost cost him his life. "Zionist Watch" particularly keeps an eye on those politicians and candidates who indulge and overly support the Israeli lobby in congress as well as the activities of the ADL (Anti-Defamation League of B'nai B'rith), the Jewish Defense League etc. Subscription price is pretty steep, \$100 a year, but you can pay it off in four \$25 installments. For some of you out there it may be worth this amount to view the conspiracy from a fresh new frame of reference: unhappy American Jews who do not want this small clique of world conspirators giving the Jewish people such a bad name and instigating so much mischief in the world today. Mail to "Zionist Watch", 132 Third St. SE, Washington, D.C. 20003.



AN EXERCISE TO DEAL WITH THAT PAIN IN THE NECK

(Excerpt from a Personal Reading)

QUESTION:

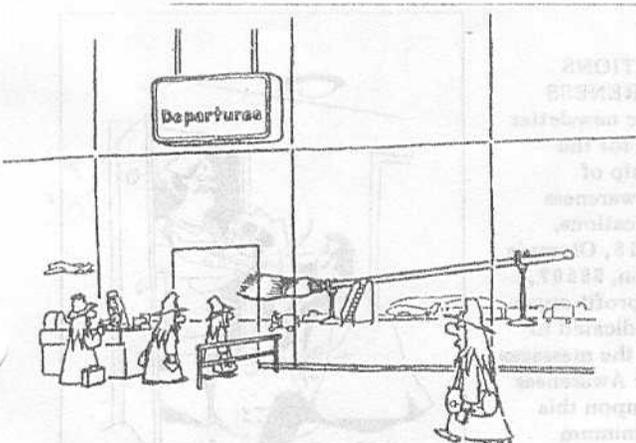
Does Awareness have any suggestions to help alleviate the pain he gets in the vertebrae of the neck?

COSMIC AWARENESS:

This Awareness indicates that you may do the following exercise: that you tense the neck and move it three circles counterclockwise, allowing the head to fall down toward the chest, over toward the shoulders and back as far as it will go (during these circlings). This should be done very slowly with the neck tensed. That then you do these clockwise and counterclockwise circles three times each direction with the neck totally relaxed.

This Awareness indicates that then you tip the neck to each side and make three bobbing actions with the neck tight and also with the neck loose; that this be three actions bobbing toward the right shoulder and three actions bobbing toward the left shoulder while the neck is tight, followed by three actions in each direction with the neck relaxed. That wherein this does not relieve that tension, that you visualize a ball hanging above your head and just behind you. That you turn your head without tilting the neck in any direction and roll your eyes up to see that ball, assisting your turning of the head by pressing the chin with the hand. In this manner you may pop your neck vertebrae into place.

This Awareness indicates providing this does not work that you may go to a chiropractor or osteopath for adjustments. This Awareness indicates that this as a vertebrae which does occasionally slip and pinch the nerves.



WHAT SHOULD THE AWARENESS MAGII BE DOING AT THIS TIME?

MORE ON THE COSMIC AWARENESS
DEVELOPMENT CLASSES

QUESTION:

Ever since we published the information Awareness gave on the MAGII, we've received a number of inquiries, questions asking for more information. I'd like to read excerpts from just one of these, this from M.S. in Philadelphia, who writes:

"The communications 82-11 and 82-7 also indicated that: "This Awareness indicates the Interpreter will be given further instructions and assistance in regard to this, and will also be given further information to channel through to those seeking to become involved as citizens or MAGII of this land of Magi-nation."

"Should this just quoted pertain to general or individual instructions from Cosmic Awareness, in either case, I welcome instructions where I may assist in all ways possible, other than what I am currently doing."

COSMIC AWARENESS:

This Awareness indicates that essentially, the program bringing this Land of the Magi-nation into the realm of physical reality, that this as being gradually put together at this time. This Awareness indicates that It previously suggested that all entities may consider themselves as Magiis in the Land of the Magi-nation, that those who wish to progress into the teachings and into the higher levels of this reality, may begin by passing through the experience of the development plans as being channeled through the Aquarian Church.

This Awareness suggests that wherein these classes are given, it is required that the entities in charge of these classes be ministers, having taken these classes themselves. This Awareness indicates that these first 12 classes being given on a basis of approximately two weeks apart, are revised editions of the development classes which were given by the *Organization of Awareness* and *Servants of Awareness*, these being revised several times to a new level, and new experience.

This Awareness indicates that entities having completed these twelve development classes will then later be eligible for moving into the advanced development classes, and this Awareness will continue channeling new areas in this level, whereby the entities involved may move into higher spiritual development, entering into the higher planes of the Magii.

This Awareness indicates that essentially, as citizens of the Magi-nation, entities may refer to themselves as Magiis, but this Awareness suggests that there will be certain increments, degrees available whereby entities, through these progressive classes, may chart their progress through these training sessions. That this may require some time, perhaps several years for these classes to all be made available; (that at this time, the first twelve classes are available).

This Awareness indicates that those who have taken these classes may assist in helping to give these classes; this arrangement as that which needs to be made with the Aquarian Church.

(Follow-Up Question):

I think a lot of these entities who are interested in this concept of being a Magii, which Awareness previously indicated all members of C.A.C. should start referring to themselves as Magii, would like to know if there's something they could do as Magii other than take the development classes, which get mentioned very often, but which don't appear to manifest in many areas of the country, like California where over 40% of our membership happens to live. What can these entities be doing until these development classes can be made available in their particular area?

COSMIC AWARENESS:

This Awareness indicates that these entities may study the basic healing manuals, the transpersonative manuals and the Book of Meditation, that these being essentially requirements prior to entering into the development classes.*

This Awareness indicates that it is impossible for this Awareness to move things faster than they can move through this Interpreter, and this Interpreter does have many different areas in his life which are demanding his energies. This Awareness indicates that were it possible for this Awareness to find another channel to manifest these classes more quickly, *It* would do so. However, this particular Interpreter as one who has certain qualities which are necessary for the type of classes which this Awareness wishes to create; it may take some time for completion, but *It* does not have much else *It* can do except to allow that time for completion. This Awareness indicates that *It* does not wish to simply send entities off on some action, and call it the Order of the Magii. *It* prefers that entities recognize that there is something which is being made available, and is worth waiting for.

ED's Note:

* "The Spiritual Healing Manual," "The Book of Meditation" manual and the "Transpersonative Manual" needed to be studied before taking these classes can be obtained from CAC. (Price: \$3.00 each and listed in our backissues catalogs).

The basic development classes, the first 12, are being presented in a number of places in the United States by the Aquarian Church and its ministers, these mostly in the Eastern part of the U.S. at the present time. Some classes however, are being given in Arizona, Oregon and Washington, and more are being planned. Entities interested in these classes should contact the Aquarian Church or Tom McQuay who coordinates these classes. Tom's address is: 1551 Alton Drive, Akron, Ohio, 44313. Phone: (216) 836-1371.

For more information on the Order of the Magii, please refer to "Revelations of Awareness" issue No. 82-11 (The Keepers of the Flame--An Address by Cosmic Awareness to the CAC Membership); \$2.00 from CAC.

PREMATURE BIRTH OF BABY
---ANY SIGNIFICANCE?

QUESTION:

D.D. in California writes: "Does having a 7, or 7 to 8 month baby have a deeper or esoteric meaning other than just being premature? It would seem so, since my two older brothers and myself were all normally born in 7 months, whereas my younger brother, who was a redhead, was born 10 months after an auto accident in which my mother was injured, which would seem to indicate a perhaps even earlier birth.

My own 3 children were all 7 and 8 months. When I told this to my doctor, that it was normal in my family, he said he could give me something to prolong delivery until 9 months, which I wouldn't have allowed, since it is fooling with nature's intention. The 3 of them were all beautiful and healthy, weighing 5 lbs. 7 ounces; 5 lbs. 10 ounces, and the last, a little smaller: 4 lbs. 14 ounces, because I had worked so hard during pregnancy.

Would Awareness please comment on this?"

COSMIC AWARENESS:

This Awareness indicates that *It* does not see that there is anything of great significance in terms of this particular issue. This Awareness indicates that those children who stay within the womb for a longer period of time, often receive more nourishment, and tend to be healthier in general. The prematurely born baby, may, in some cases, suffer from a weaker system. However, this also can be altered and varied according to the health of the mother, the diet and the care which was given to the mother and to the child.

The general vitality and health of the genetic coding which is inherited by the child may be sufficient to overcome any detriment in regard to an early birth. This Awareness indicates that as a general rule however, the *longer* the child stays within the womb, the healthier the child is inclined to be.

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