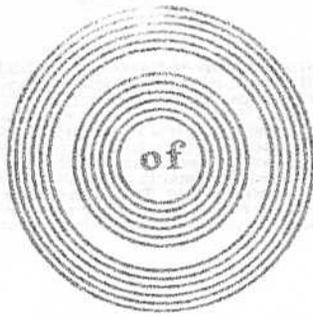


Revelations



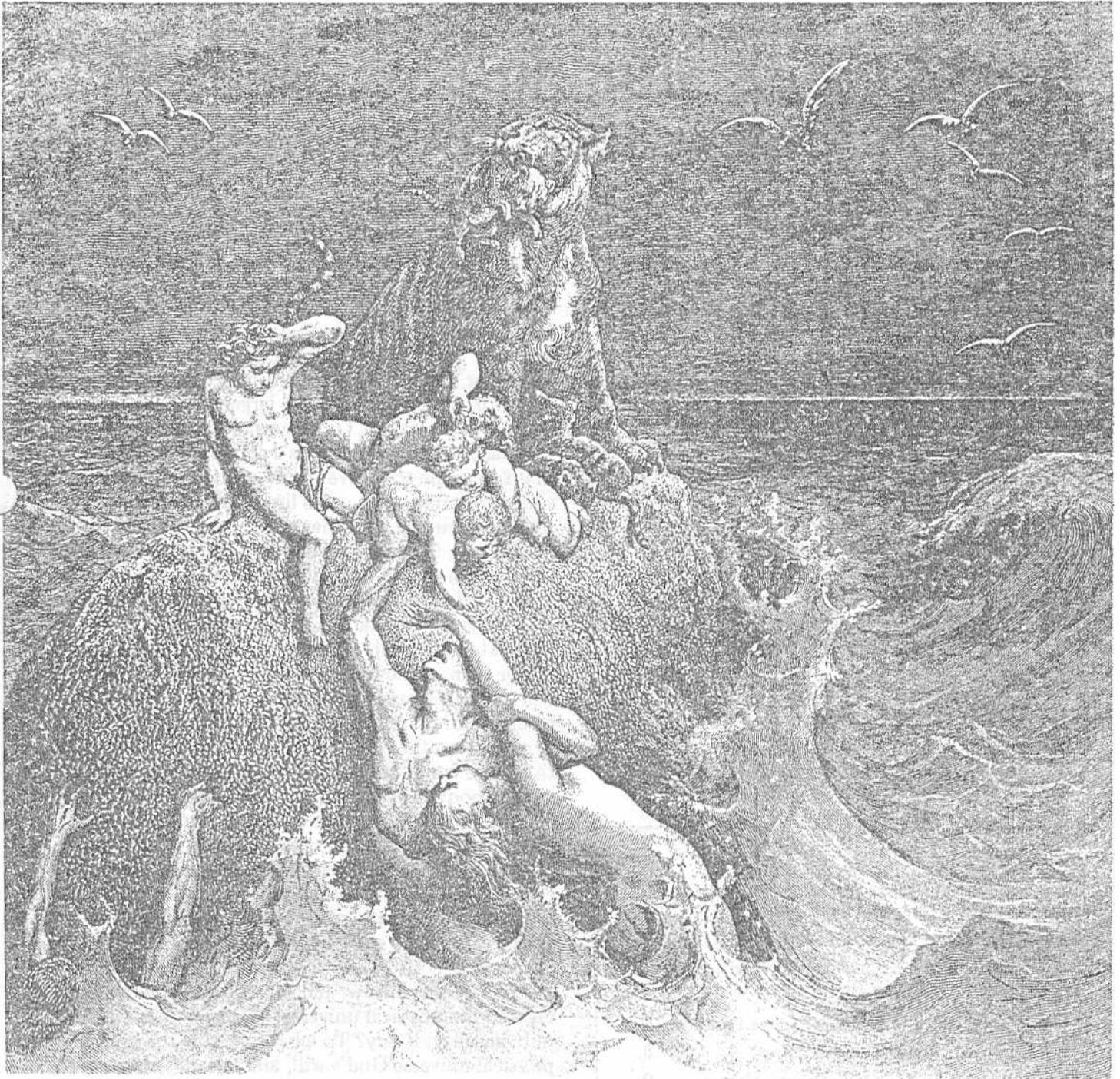
Awareness

COSMIC AWARENESS COMMUNICATIONS
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Helping People Become Aware

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RESPONSIBILITY IN THE NEW AGE

---- WHAT ARE THE LIMITS? ----

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

ETHICAL PURITY IN THE NEW AGE--HOW FAR IS ONE SUPPOSED TO GO?

MORAL AND ETHICAL RESPONSIBILITY: WHERE DO WE DRAW THE LINE?

HOW, AND TO WHAT EXTENT, DO WE CREATE OUR OWN REALITY?

(How Much of the Physical Universe is Really God's Will ?)

QUESTION:

We have three questions from W.K., of Watertown, Massachusetts, questions that have cropped up several times before by other members, and not yet asked. I will read his statement and the first of these three questions.

"Dear colleagues : For a long time, in my attempt to make a career out of the "ethical purity" business, i.e., live as much as possible only in New Age ways and in making them economically and politically viable, while avoiding lending energy to the old exploitive system, I've wrestled with several knotty questions relating to compromise, responsibility, and the like. In the belief that many others have also been wrestling with similar questions, I'd like to submit the system of questions to Cosmic Awareness for enlightening comment, on behalf of the membership:

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(1) There's a doctrine going around, taught in est, in Scientology, and in the Seth material (among other sources), that we create our own reality. We are, whether we know it consciously or not, the complete and total cause of everything we experience. This certainly flies in the face of conventional common sense, for it seems that the physical laws, and the behavior of other people, are largely beyond our control or causation. On the other hand, the doctrine of total personal causality is a sobering challenge that forces me to be ever more creative in mastering what is coming up in one's life rather than passing the buck; but on the other hand, it lends itself to frustration, blaming oneself, etc., for who among us has truly mastered having things the way we believe they should be. The *A Course in Miracles* goes even further, and says that God alone creates, humans co-create with God, and fallen humans "make" rather than create: i.e., instead of channeling God's will, we have made our own egos so that we might channel our own will and "make" the things we now experience rather than allow God to create the better things we could be experiencing. It even says that the human body is *not* God's creation, but is only something made by the human ego; that the whole physical universe as we experience it is *not* what God intended us to experience. This latter view seems to contradict a more wholistic idea that what is physical is a natural extension of the spiritual realm. Can Awareness please sort out the truth of these matters of causality? How, and to what extent, do we create our own reality? How, and to what extent have we created the physical universe? What are the limits to our causality, if any? To what extent is the present physical universe God's will, and to what extent not?"

COSMIC AWARENESS:

This Awareness suggests that you may begin understanding some of your questions by examining the basic philosophy of the Edgar Cayce material as presented by Thomas Sugrue in the back part of the book, *There is a River*. This in reference to the forces of mind creating an imbalance of the universal forces,

or creating forces, which plunged the forces into a strong polarity, this creating that which is known as matter. That essentially, matter is but the extremely polarized results of playing with the energies of radiance and magnetism which are present in the universe.

*The book *There is a River* is permanently stocked by CAC. Refer to Book Catalog.

This Awareness indicates that essentially, the condition may be described in different terminologies, depending on the definitions one desires to use; that wherein one speaks of oneself creating one's reality, this can only be considered after one describes what oneself is. This Awareness indicates that in one sense, an entity is a triune being: the physical, the mental and the spiritual; the physical may be equated to the subconscious, the mental to the conscious and the spiritual to the Superconscious or the Christ Consciousness of the being,—each of these is part of the creative force of the individual.

This Awareness indicates that wherein one identifies only with the subconscious urges, these being emotional and sensual in nature, one may create certain things; where one identifies with the mental nature, (this being the logical, rational reasoning or illogical, irrational and unreasoning), one may create certain other things in one's life. Wherein one identifies with both the subconscious and conscious minds, one creates still something else.

This Awareness indicates that wherein one identifies with the Superconscious mind and states, "I am the creator of my life," this has a totally different meaning from that spoken by the entity who is identified with the conscious or subconscious parts of the self. Therefore, the definition of what one means when one describes oneself as a creator *must* be settled before an answer can be determined to discern what one is speaking of when one speaks of being a creator of one's reality.

This Awareness indicates that essentially, the triune self: the High Self, middle self, low self or that known as the conscious, subconscious and Superconscious parts of one's being can, in fact, have a creative effect on one's life, and wherein this is integrated well, the effect can be of significance. This Awareness indicates that one even as a triune self in physical form cannot break physical laws, except wherein one understands higher laws and uses higher laws in a way so as to overcome the physical laws,—this in moving toward magic and the manipulation or movement of consciousness.

This Awareness suggests that an analogy may be seen wherein rather than asking can one create one's entire reality in the physical universe, the question be substituted for: Can one create one's entire reality in a game of poker? This Awareness suggests that obviously, the rules of the game will have some effect in determining the reality, the limits of the reality which the entity will experience. This Awareness indicates as Ouspensky expressed, "One cannot

get a royal flush from a full house." This Awareness indicates that once rules are established and the entity agrees to work within those rules, once a structure has been set up and the entity agrees to that structure, one cannot change the rule or structure without first disagreeing with the rules and structure and breaking the rules and structure, creating new rules and new structures.

This Awareness indicates that wherein one agrees to a physical law, one must be obedient to that law unless that law is broken and substituted with a different law. Therefore, wherein one enters into the physical world and agrees with the rules of being physical, wherein one enters into a social world and agrees with the rules of society, one cannot have absolute command over all of the experiences unless they fit within the rules of that society or that physical world, or unless the entity decides to change the rules, to break the rules of society or of the physical laws. Therefore, one is limited by one's agreements. One cannot agree on this and yet take action which breaks that agreement and still keep the agreement intact.

This Awareness indicates that while it may be so that you create your own reality, you create your own reality within limits of that agreement which you make in terms of the reality which you accept. For example, an entity agrees to move into the physical world, agrees to move among other physical entities, and in that movement the entity has created certain restrictions or agreements about his or her condition. The entity may, for example, agree to allow each of those other entities certain space. The entity may also agree that the physical body in which he or she has moved has certain sensitivities, and these sensitivities allow the entity to feel pain or to feel other forms of sensual data.

This Awareness indicates that if, while in this condition, the entity decides, "I wish to make a new reality for myself in which no other people exist, in which I never suffer pain again, I never feel anything of any sort and can simply be free to think, without sensual data or pain, without coming in contact with any other entity, and without leaving my present place of environment, even though it is in the middle of Times Square."

This Awareness indicates that naturally, this entity attempting to create anything he or she wishes as a personal reality is embarking on a difficult course, as he or she is bucking the tide of other influences which are impinging on that personal reality, and the entity in order to overcome all of those other influences into his or her personal reality, can only overcome these by totally destroying everything around by forcing all others to leave the area or by totally ignoring the presence of all others in the area, and in this manner, the entity may deceive himself or herself into thinking that he or she has created this reality which was desired.

How to Create a Total Reality

This Awareness indicates that to create a total reality, one must move back to the absolute beginning of creation, and in this manner one may start again from the void and may determine which direction the creation shall move. This Awareness indicates that once one is already confined within a creation, such as within a human body, and within a situation, such as a housing tenement or within a relationship, such as married to a particular person,—once one is already in a situation, one must accept certain parts of that situation as being present, and may then continue in an action of recreating or changing the situation, and may make efforts to modify or improve the situations, but any efforts to become something entirely different will be of greater difficulty and perhaps impossible.

This Awareness indicates the earthworm, regardless of how enlightened its intelligence may be, could not possibly become an elephant simply because it wished itself to be an elephant, without first moving through the proper steps of evolution, moving through long periods of struggle, from experience to experience. Likewise, an entity who says: "I do not like my life. I do not like my appearance. I do not like my sex. I do not like my race. I do not like my associates. I want to be of a different color, to have a different sex. I want to be younger, or I want to be older immediately. I want to live in luxurious surroundings. Therefore, I am going to create a new reality for myself, and I want to do this within one week." Obviously, such an action is impossible, and one cannot create, absolutely in this sense, one's own reality.

This Awareness indicates in another sense, however, one *has* created the reality one exists in, but it may not have been created during this lifetime alone. This Awareness indicates that the entity who moves back to the beginning of existence wherein one is but a void, but part of the great void of the universe, and moves into an essence of being, individual and separate part of the void, and from that moment moves into different forms of existence, different situations, different circumstances, different lifetimes, different species of existence, different places of existence, different levels of intelligence, different levels of vibration, different types of sensitivity, different types of information gathering and the entity gradually comes to build a particular type of vehicle from which to express, known as a human body, and that entity then in expressing through this human body finds himself or herself moving into a particular situation, getting stuck in a particular place with a particular job and among certain individuals: The entity may then say that, "I have made myself what I am. The reality I have is that which I have created over long periods of time."

Another entity may look at that person and say, "You have the ability to create your own reality. Therefore, you must want to live in this condition. Otherwise, you would change the condition." This Awareness indicates that concept

may appear to be valid, but may have little significance in terms of the reality under which the entity is experiencing for the moment.

This Awareness indicates that for the entity who is caught in a ten year prison term who wishes a new reality to be told that it is all his own making and that he can simply by taking a special course in miracles or in some mind-control program, create a totally new reality by thinking differently,—this entity may find the concept to be frustrating after the entity has spent several years thinking about freedom, thinking about how to get out of the prison situation, but not having the legal means, the financial means or the political pull in the prison or the help of assistance or friends who would convince the warden or the parole board to let the entity out ahead of time. This Awareness indicates that it may be true that the entity created the situation which the entity experiences, but it is not quite as simple an idea to suggest that the entity may *uncreate* that situation simply by changing his thoughts immediately and expecting everything to likewise, immediately change. The forces which are set in motion may continue until their proper duration, regardless of what your thoughts are and how much you may wish them to change.

Changing the Rules is Necessary for Changing a Reality

This Awareness indicates that when one becomes elderly and the health begins to fail and one has an arm or leg taken off for some reason, it is cruel and vicious to suggest to the entity that this reality which the entity is suffering is all in his head and all he needs to do to be young, healthy and complete is to create a new reality of wholeness and youth and vigor. Such positive thinking can be helpful, but only within the limits of the laws which one accepts; and whereby one wishes to overcome those limits, then one must find ways to change the laws, to change the rules and the limits which are imposed upon one.



"What really gets me is that the \$50,000 computer I stole now sells for \$69.95."

This Awareness indicates that there will, for example, be possible within time, for the elderly person to be regenerated and made young, for limbs to be regrown, but this can only occur when the technology upon this plane reaches such a degree of understanding that the nature of these actions of creation are understood and mastered; it is not something which can come about simply because one desires this.

This Awareness indicates it would do no good whatsoever for entities to ask this Awareness, "How can I grow a leg after I have had it chopped off?" That this kind of technology must be developed over long periods of time, in laboratories with energies being channeled through entities, and it is not something which can simply be given in a paragraph or page, or even a book, for it would require delving into many different types of technical data and reactions and interactions of cellular, magnetic and chemical relationships, and the information would still be meaningless until someone could put these things into action. Therefore, the entity who thinks that by simply desiring to change one's personal reality, one can do so, will simply frustrate oneself; that generally, such frustration leads the entity to start demanding that others do this for them since they cannot seem to do this for themselves. This Awareness indicates however, that *It* does not imply or wish to promote concepts that entities are stuck with their own present conditions, for regardless of what conditions one exists in, there are always ways whereby these may be changed for the better, and once changed for the better, they may be changed again for the better and better and better, moving as fast as entities are capable of recognizing improvements in their life and following the actions and course of behavior and following the laws and rules that allow for improvement of conditions.

Overcoming the Rules May Create Problems

This Awareness indicates that therefore, the action of creating one's personal reality is in one sense valid, in another sense is not valid, for the rules which one accepts assists in creating the reality, the rules which are imposed upon one assist in creating the reality, and to overcome these rules, accepted or impressed upon one, will be necessary before one can have the power to create his or her own reality in total measure. This Awareness indicates that overcoming such rules, obviously may have its repercussions which create a new reality which may or may not be that which the entity desired. Therefore, breaking rules of society, breaking physical laws, may have repercussions of a karmic nature, and may create a reality which does not even come close to that which the entity wanted. For example, the entity may wish to drink as much alcohol as is humanly possible, stuff his face with drugs, drive recklessly down the highway in order to overcome and break the rules which have been placed upon him. This Awareness indicates that the reality which the entity may create may, indeed, give freedom from the rules, but may create a totally different reality which was not intended by the

entity as he sought to break the old rules. Therefore, entities can only create their reality within the limits of the *Law of Cause and Effect*.

ARE THERE LIMITS TO OUR RESPONSIBILITY?

(Is God Making a List and Checking it Twice?)

QUESTION:

Related to the above question concerning human causality are the questions of *knowledge* and *responsibility*. The conventional common sense view, which often seems to be espoused by Cosmic Awareness, is that we are responsible for what we know or *should* know (and the 'should' is relative; other things being equal: an adult should know more than a child, a specialist should know more than a lay person in the field of the specialty, one who holds a position of direct responsibility should take more means to be informed than one whose connection with the matter is more remote; etc.) Yet, at the same time, Awareness during the previous period of world crisis seemed to be holding the masses responsible for what they do not know (e.g., about the laser marks on the hands, etc.). And some schools teach that we are all really much more telepathic than we have led ourselves to believe: we all have access to everything that is going on, and so if we are taken in by a con artist, or we are misled by the mass media, or if we do not see past memory blocks, etc., all that not-knowing is really our own doing. Sometimes one receives a (fortunately) merciful-sounding teaching that we can't accumulate bad karma beyond our reasonable ability to know what we're doing, and sometimes one receives a more absolutist-sounding teaching that we are responsible for, and must meet, *everything* we set in motion whether we know about it or not. Would Awareness please sort this out, and comment upon the totalness, or limits to, our knowledge and responsibility?



COSMIC AWARENESS:

This Awareness indicates that essentially, this question is based upon the impression of the questioner that the individual is being graded by a teacher or Supreme Being who chalks up points for or against the individual, according to the individual's behavioral expression.

How the Law of Cause and Effect Works

This Awareness indicates this is not the case. You are not being graded or given or detracted in terms of points or credits by any higher being, but you *are* being affected by the *Law of Cause and Effect*, or karma, as it operates in the universe on all levels for all individuals equally; and those who work within the law benefit, and those who work against the law suffer the consequences. Wherein one breaks the law in conscious awareness, one suffers the consequences knowing the reason for the consequences, and may also suffer guilt or other self-judgment for having done what one knew one should not have done.

This Awareness indicates that wherein you act without knowing and the act leads to a negative consequence for yourself or another, this may be termed the unconscious act, but it still carries karma of a nature which results in some form of repercussions on the one who acted unconsciously. Wherein you act consciously and create an act that has negative effects, this also has its karma, but of a slightly different nature because you have acted in awareness and broken the law which you knew better than to do. This Awareness indicates that wherein an entity learns during an act a lesson and realizes the mistake which has been created, the entity may still suffer the consequences of the act, but may benefit in having learned a lesson, and that lesson may prevent future similar occurrences; therefore, the entity may grow from the experience.

The Action From Non-Action

This Awareness indicates that in terms of negligence of not acting because of ignorance; wherein one sits in one's easy chair and a meteor strikes one's home, destroying the house and the easy chair and the individual, the entity has suffered the consequences of ignorance of not knowing that a meteor was falling toward his chair. This Awareness indicates this is not a sin of omission so much as a consequence of omission, of not knowing.



"Pull yourself together. March was ages ago."

This Awareness indicates the entity may feel this was unfair, but it is the law. When one does not know what is occurring and becomes a victim of the circumstance, then the entity has no complaints. [This Awareness indicates the entity can complain all he or she wants, but it will have no effect in changing the circumstances]. That wherein the entity complains that it is unfair for the meteor to strike his chair without warning, this complaint has no basis in reality, nor does it have any substance in terms of effecting changes, for the *Law of Cause and Effect* are in motion.

This Awareness indicates that wherein an entity does not wish to be the victim of circumstance, the entity may decide to increase his or her levels of awareness in order to know what is going on around the entity on all levels, and this understanding of what is going on will allow the entity to have greater chance of survival against the circumstances which may occur. Therefore, the levels of awareness and the understanding the entity gains from becoming more aware increases the entity's capability, and therefore, the entity is not so likely to become a victim of circumstance, a victim of cause and effect because of circumstantial actions.

This Awareness indicates that from these examples, one may recognize that there are the omissions whereby one remains unknowing or inactive and one suffers consequences from such non-action. There are the actions which lead to positive or negative results, and one receives consequences for these; and there is the action of discovery and awareness and expanding one's awareness, so as to have greater understanding and control over the laws which govern one's environment by seeing what is occurring and being able to respond, positively or negatively, to benefit or to avoid the troubles. All of this has to do with the *Law of Karma*, or the *Law of Cause and Effect*: wherein these actions affect other entities, those entities will react in some way so as to create part of the effect of one's actions. Therefore, it does not need to come down to a question of whether it is morally right or wrong, or whether there is someone "up there" judging your actions as right or wrong: it is simply a matter of fact that actions bring reactions, causes create effects, and the law is everywhere present.

...BECOMING RESPONSIBLE:

HOW TO MOVE GRACEFULLY FROM A PATH OF DARKNESS

(ONE'S CONSCIENCE & RESPONSIBILITY)

QUESTION:

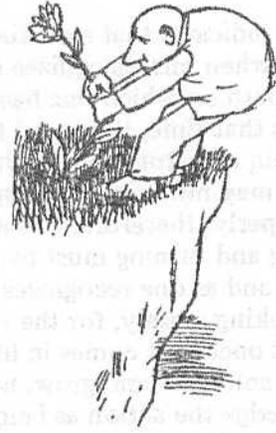
A third and final question from B.K. "Still another related question is that of *momentum*. Who among us has not found oneself in a habit, or a tradition, or a job, or a neurotic pattern that goes farther back than we can remember acquiring, or a relationship with responsibilities, which we have 'inherited' either from the society we were born into, or from decisions we made and now have to live with -- i.e., today we wake up and find we have inherited from ourselves something which seemed right

at the time but today, in hindsight or further information or just plain waking up, seems wrong? When is it responsible to pull a 'prophetic' disruption (e.g., protest a war one has come to believe is immoral, even if it means civil disobedience or being punished or even put to death for conscience' sake?), and when is it more responsible to temporize with the situation while attempting to extricate oneself gracefully? (For example, many workers have jobs in nuclear industry, or in notoriously polluting industries, or in institutions which they once thought were noble but which they found out later were part of the Beast's machinations; to just up and quit the job without another alternative, etc., does not always seem responsible.) If there are no absolutes in this matter, then why is it sometimes necessary to forfeit one's life for justice' sake, and sometimes not necessary? Is it only a question of degree, or are there differences of kind? Does one who is 'responsibly' temporizing incur karma thereby? An image comes to mind of what to do when your car is skidding on an icy road. To try to brake, or turn, would only lose more control; to turn *into* the skid and brake intermittently until it is safe to turn at a slower speed, gets the right result. Can this analogy really apply to *moral* imperatives? Is it really right to stay in the war a bit longer and kill a few more until you can get home gracefully? When must one take an 'absolute' stand, and when is the more merciful (to oneself as well as to those one is involved with) strategy of turning into the skid for a while the best strategy? Why?"

COSMIC AWARENESS:

This Awareness indicates that much of this relates to the degree of awareness, to the degree of conviction of one's discernment; that as one looks at a situation, one has the choice of weighing the situation favorable to this action or to that action; that the entity may see consequences on both sides which are neither satisfying to the entity. This Awareness indicates that the entity then has the choice of doing nothing or doing something, of making a choice between this action or that action or of making no choice at all. If the entity makes no choice at all and begins to shut off his mind to the whole issue, the entity has taken the path of avoidance or escapism and that known as "looking the other way," not facing responsibility, not facing or becoming aware, but ignoring. This Awareness indicates that many entities make this a lifestyle: they recognize that the action is damaging, will destroy their children and their children's children, or will destroy future populations, but they are receiving good pay for this action and there are many at the moment who need their payments from the entity. Therefore, the entity continues in the work, in the action, and ignores the impending consequences of the future.

This Awareness indicates the entity may choose to take this action, that action, or ignore the action altogether, as just described; or the entity may decide to look even deeper and face the issue even deeper



with greater attention to seek to discover if there is some form of solution, if there is some way to make a proper discernment, so that the entity can really tune in to the situation and discover which action to take. This Awareness indicates as the entity looks deeper, the entity feels the intensities involved in the consequences of this action or that action, of going along with what is happening, the momentum of the situation, or breaking free from that action. The entity must look deeply, and the deeper the entity looks, the greater the consequences will appear to be.

This Awareness indicates that it is this very action of looking deeper which plummets the conscious mind out of the way and allows the Superconscious mind to enter in and handle the situation. There will be an action at a point of time whereby the entity in looking deeper and deeper into the heart of the situation, seeing both sides, weighing the issues on both sides, the entity simply cannot see anything clearly and enters into a dark spot in his conscious mind, a point of confusion, of total uncertainty, and it is during this uncertainty that the change occurs. If the entity wants to do that which is right for all involved, the action will go in one direction. If the entity becomes greedy and selfish and wants to do something for himself regardless of the welfare of others, then the entity may take the other path.

This Awareness indicates that wherein you look deeply and enter that point of uncertainty, there will be the answer released to you, according to your inner motives; and that answer, if the proper path, will explain exactly when and how to make your exit from the momentum of the journey which you are on. This likened unto the point which Macbeth experienced when he spoke of being so steeped in blood it made little difference whether he moved on or back. This Awareness indicates that the entity moved on,—on the dark path.

This Awareness indicates that *It* suggests that entities in moving on the momentum of a path of darkness, in discovering that the light is fading and the path is growing darker, this Awareness suggests that you begin looking more deeply and determine from that intense observation whether to continue on that dark path or whether to move toward the light; and then as you look deeper and deeper at the situation, you will have revealed to you the method, the means by which you may turn about gracefully and move toward the light.

This Awareness indicates that essentially, one becomes responsible when one recognizes the error in the movement or path on which one has embarked, but there is always that time, that need for the energies to stop; and wherein one stops too suddenly or turns too suddenly, one may move into a tailspin or skid, unable to stop properly; therefore, this action of gracefully stopping and turning must be considered the proper course; and as one recognizes one's error, one must begin looking closely, for the recognition doesn't come all at once, but comes in little fragmented pieces which grow and grow and grow, until one can no longer acknowledge the action as being proper and one has to face the reality that to go on is in error and to go back is proper.

This Awareness indicates that wherein one, at that point, chooses to move on, that entity then has taken the path which is often termed evil. That wherein the action was in error, but unknowingly so, this is not generally classed as evil. (This Awareness suggests that this term being used with qualifications to this particular message.) This Awareness indicates that the path of conscious error is greater consequences than the path of unconscious error; for when one consciously moves in error, the entity creates greater karma for his or her actions.

(FOLLOW-UP QUESTION)

Awareness, if an entity was working in nuclear construction, or working for the war machine, for example, and was reasonably aware of the long-term consequences his labors might bring about, could this entity get away with rationalizing that "If I don't do it, someone else is going to do it anyway." In other words, is it a reasonable assumption at some point to ask oneself if it really would make a difference "If I stopped doing this kind of work because of my conscience?"

COSMIC AWARENESS:

This Awareness indicates that there are certain ways of mollifying conscious actions to make them easier to swallow with less guilt or with greater justification; that such may be somewhat helpful to avoid the guilt of an action. This Awareness indicates that if the entity consciously believes that if he or she does not do this, someone else will; therefore it matters not whether he or she does this action,-- the entity is in effect unconsciously accepting a role over which he or she does not feel a personal responsibility, does not feel capable of eliminating simply by quitting the job.

This Awareness indicates in this sense, the entity is somewhat ignorant of personal consequences or responsibility for the job, therefore the entity is not fully and consciously accepting the error in the action, so the action itself insofar as the entity is concerned does not appear to be so consequential, does not appear to create such karma for the entity, does not appear to be so evil to the entity, but the

entity is also not totally ignorant of his or her actions, does recognize the consequences of those actions on others -- that there is damage which comes from this action, therefore, the entity is halfway between the previous stages spoken of, of neither being ignorant nor being fully aware of the error of his actions.

This Awareness indicates this as simply a step between facing and accepting responsibility and the step of being ignorant of responsibility. This Awareness indicates that the entity, obviously, cannot completely mollify his conscience and therefore receives some negative karma, but not such as would be received if the entity fully understood that the action was his responsibility and was of a negative nature.

DEGREES OF THE "LAW OF CAUSE AND EFFECT"

(Closing Message)

This Awareness reminds entities that in all things, there are relative degrees. That the *Law of Cause and Effect* is no exception: that everything has its cause and every cause has its effect, and there are degrees of causes and effects within each swing of the pendulum, within each swing of movement, within each circumstance, within each action. These movements of cause and effect can be increased or diminished, changing the polarity or degree of positive or negative qualities and thereby changing the degree of positive or negative karma, when that applies, and changing the degree of the positive or negative effects of a cause. This relative degree of change is subject to the force or mind, the consciousness or creative energy, the will or the apathy which acts upon an energy causing an effect.



AWARENESS CONFIRMS HYDROGEN PEROXIDE REVERSES AIDS & CANCER

(ALSO HERPES AND OTHER PROBLEMS)

QUESTION:

A question from K.B., of Ojai, California. "I have a dear friend who has herpes simplex on her eye-balls. She can only read with a magnifying glass and fears she is going blind. Has Awareness ever prescribed anything for eyeballs?"

COSMIC AWARENESS:

This Awareness indicates again, that which is the hydrogen peroxide, taken internally, as that which does diminish and reduce and eventually can cure herpes of all types. This Awareness indicates there is considerable literature available at this time, specifically that organization called ECHO has much information on the use of hydrogen peroxide for this purpose, or the cure of many cancers and for AIDS. This Awareness indicates there are entities being cured of cancer, of AIDS and of herpes, and Epstein Barr virus syndrome, as well as many other types of diseases, simply from the use of food grade hydrogen peroxide; taking several drops in a glass of water daily.

This Awareness indicates that your interest in this, in receiving large amounts of information, including doctors who will give further information, can be obtained through that organization called ECHO. This also includes information on how to obtain the food grade hydrogen peroxide. This Awareness indicates that essentially, the use of hydrogen peroxide for this purpose as related to the fact that most of these diseases cannot tolerate high amounts of oxygen, as compared to the surrounding cells which *do* tolerate high amounts of oxygen, and because they cannot tolerate high amounts of oxygen, when the hydrogen peroxide comes in contact with the blood and saliva, and in contact with bacteria, it begins to emit large amounts of oxygen. These are the bubbles that you see.

This Awareness indicates that these bubbles of oxygen infiltrate into the tissues of the body and begin to destroy those tumors, cancers, AIDS viruses and various types of bacteria, including the herpes bacteria, and others, including also such bacteria as measles and those which cause even the common cold. This Awareness indicates that the use of hydrogen peroxide must be accomplished according to the careful directions given; that to simply take hydrogen peroxide without knowing what you are doing, or how to take it, could be hazardous. This Awareness

indicates that the instructions are provided with the shipments from these various organizations and also in the literature from ECHO. This Awareness indicates that Tom McQuay also has information and hydrogen peroxide available for shipment.

WHY YOU DON'T WANT DRUGSTORE HYDROGEN PEROXIDE

(FOLLOW-UP QUESTION):

Is there really a difference between this peroxide that these organizations promote as being healthy, as against those that are sold in the average drug store?

COSMIC AWARENESS:

This Awareness indicates that the hydrogen peroxide from your drug store is 3 per cent; that it does have other elements in it of a trace level, but it is not especially harmful for gargling or for swishing around in the mouth. It is generally for that purpose, along with external purposes. This Awareness indicates however, the food grade hydrogen peroxide is more purified and is 35 per cent. The 6 drops, or 2 to 6 drops of 35% hydrogen peroxide in a glass of water is what is generally recommended and it is considered to be of purer quality.

This Awareness indicates that in order to comply with the general rules, or laws regarding the use of hydrogen peroxide, it is not appropriate to recommend the stuff from the drug store, although there may be some who would use this. This Awareness indicates it would simply not be appropriate for the recommendation of this since it is used generally stated on the bottle: 'Not for internal use'; however, the bottles generally allow it for gargling and for cleaning the teeth. This Awareness indicates that a few drops of this drugstore hydrogen peroxide being swallowed would not be of any great hazard.

This Awareness suggests however, *It* cannot suggest to entities, because of your laws, that they use this drugstore hydrogen peroxide; that it is cheap enough, in terms of price, to use the food grade hydrogen peroxide. This Awareness indicates this food grade hydrogen peroxide is approximately ten dollars for a pint; the amount would last for at least one to two months. This Awareness indicates another advantage of the food grade hydrogen peroxide is that the instructions for use would be provided.

(FOLLOW-UP QUESTION);

What is the approximate shelf-life of this food grade hydrogen peroxide?

COSMIC AWARENESS:

This Awareness indicates that particularly, if this is refrigerated, and if germs are not put back into the container, this can last for several years.

ED's Note:

Awareness has given considerable information lately on food grade hydrogen peroxide, including a long rap on what exactly it does inside the human system. It has verified the information published earlier by CAC that hydrogen peroxide is reversing cancer and AIDS and other diseases from the bodies of those suffering from these diseases. (CAC plans to publish these readings in the coming months).

ECHO, a newsletter on Oxygen Therapy, is available from Walter Grotz, PO Box 126, Delano, Minnesota, 55328. (Send \$2.00 for 8 page report). Telephone: (612) 972-2144. Tapes and other information on how hydrogen peroxide is curing AIDS and cancer in terminal patients is also available.

ECHO wishes this information to be passed along to any who suffer from AIDS, cancer, malaria, Multiple Sclerosis (MS), yeast infections, Candidiasis etc. They will even send you a list of "Success Stories"-people who have had these problems permanently reversed from their bodies. (Their phone numbers are included in case you would like to verify these testimonials). Along with your material, you will receive other info and a price sheet, listing prices for particular booklets such as Candidiasis, a simple treatment for warts and moles, how peroxide kills the malaria parasites etc., these pamphlets costing from .25 cents to \$1.75 each. Also available are cassette tapes explaining how the immune system reacts to hydrogen peroxide and case histories of its research and development in the past several years. (Cosmic Awareness has indicated that a few drops of 35% hydrogen peroxide a day in one's drinking water is a good method to build up the immune system, destroy any negative bacteria already in it, and even stop from getting the common cold, all with no ill effects, if you take the peroxide according to the directions supplied by ECHO. (Go for it while you can still get it!).

HOW TO GET RID OF ASBESTOS POISONING AND AVOID PROBLEMS

QUESTION:

A question from L.K., Granger, Indiana, who asks: "Has Awareness been asked about what to do about asbestos poisoning? I just found out that a friend has had this for many years, and he would really appreciate any new ideas you may have."

COSMIC AWARENESS:

This Awareness indicates that the treatment known as chelation, which is available through many naturopathic and medical doctors, which was originally developed to help remove from the body those heavy metals such as lead and mercury and cadmium; this treatment of chelations is able to take asbestos out of the system. This Awareness indicates that the action of the chelation is that it is put into the body through a vein, usually in the arm or foot, and this substance moves through the body; approximately a pint or so is dripped into the body, much like a plasmic injection. The treatment takes approximately 2 hours of sitting and waiting for the bottle to empty. This may occur two or three times per week, approximately 10 to 20 treatments, depending on how much of this asbestos is in the system, and the substance moves through the body and chelates, or bonds itself to foreign substances such as cholesterol, triglycerides, calcium, other substances in the bloodstream or on the artery walls. When it comes to those areas where the asbestos is, it attaches to those fibers, and because it is of a nature to dissolve and break down calcium and other bonding substances, it latches onto the fibers, one at a time, and carries them away, through the kidneys and out of the system.

This Awareness indicates that depending on how much asbestos is in the system will determine how many treatments are needed. This Awareness suggests the entity may contact Dr. George Shahbaz for information as to where such chelation can be obtained, or how information as to contacting a doctor in your area who does chelation might be obtained.

(FOLLOW-UP QUESTION):

Would oral chelation apply to this problem?

COSMIC AWARENESS:

This Awareness indicates there is a substance known as Lipex; it is the first on the market that actually contains the real stuff used in chelation, this as EDTA. This Awareness indicates that there are other substances in this; that this could be beneficial. It would be less expensive, but it would take more time than the drip of chelation treatments.



This Awareness indicates that taken over a year or so, it could likely solve the problem. This Awareness indicates that this Lipex is also available through Dr. George Shahbaz, and the entity may discuss with him on the telephone the other recommendations which he may offer in regard to this. This Awareness indicates the doctor does enjoy and appreciate and counsel members from *Cosmic Awareness Communications* and the Aquarian Church who call and seek information.

ED's Note: CAC members are encouraged to telephone or write to Dr. Shahbaz regarding any health problems. His address again:

Dr. George Shahbaz
216 6th St.
Oregon City, Oregon 97045.
Phone: (503) 657-4043

Dr. Shahbaz is there usually from 9AM to 6 PM and on Saturdays till about 1:PM. When calling, please remember our time zone is Pacific standard daylight time and there is a 4 hour difference between East and West time etc. when making your call, so you will be sure to reach him during his office hours.

(Awareness has suggested you send him a donation if you feel the information received can be of help).

According to TV news reports, such as "60 Minutes", and articles on the subject of asbestos poisoning, there are close to a million people in the U.S. who are slowly dying from having ingested this substance while working around it, (ship building, home construction, insulation work etc.), most getting cancer of the lung and being told by doctors there is yet no cure. The major culprit, the Johns Mansville Company, for ages listed in the Dow-Jones Industrial Average, having received a class action lawsuit for withholding information from the workers and public regarding the carcinogenic nature of its products, declared bankruptcy as a ploy to avoid paying out as much as a dime to the legion of sick and dying who innocently handled their products. The company, however, today remains in business, still producing the stuff, and hiding behind a loop hole in the Bankruptcy Act.



ABRAHAM AND ISAAC

VISA CARDS AND THE ELECTRONIC FUNDS TRANSFER SYSTEM

(HOW THE BEAST SYSTEM IS FRUSTRATED)



QUESTION:

A question from R.S., in British Columbia. "I have a question for Awareness. I recently received a new Visa charge card to replace the last one which has expired. The new card has what appears to be a strip of magnetic recording tape imbedded across the back of the card near the top. Being a regular reader of the Awareness material, I have suspicions that this mysterious addition to the card may carry unwanted implications to the holder of the card. As a precaution against any of these possible implications, I passed a magnet along the strip in hopes of erasing whatever information was stored there. Would Awareness comment on the purpose of this strip?"

COSMIC AWARENESS:

This Awareness indicates this appears to be part of the system of computer storage of information; that it appears the information in detail which you desire regarding the particular use of the strip would be supplied to you upon request by writing to those who issue this card; that it appears to be such as part of the general procedure of keeping track of the information stored in computers regarding your use of the card. This Awareness indicates that there are a number of different techniques for Electronic Funds Transfer which will be used by different organizations; that these appear to be moving more rapidly into the phase of shifting toward the Electronics Funds Transfer System, gearing up for the switchover, as has been indicated previously.

This Awareness indicates that there also appear to be other breakthroughs in technology of the hand-scan whereby certain machines are being tested which read the palm print of an entity, without the hand actually being marked by a number or laser; that more information regarding this type of machine will be surfacing within the coming year. This Awareness indicates that this is being favored in order to avoid the resistance from those who would refuse to have their hands marked by a tattoo or invisible laser marking or any other type of unnatural marking.

This Awareness indicates that it still is the same plot at present, to make sure that each individual is distinctly marked by one method or another so that the computer can keep track of the individual's performance and know what is occurring and to use the individual without the individual being able to escape from the system by avoiding the economic involvement with the computer. This Awareness indicates that this can only become a totalitarian control over entities when there is no barter system or no currency flow and wherein all buying and selling must occur through the Electronic Funds Transfer System of the banks.

This Awareness indicates that there are those who are already preparing and working to create disturbances to this system. The recent action in France, whereby the helicopter flew above the bank with a huge magnet and erased all of the computerized information, and whereby many entities in these countries are being given the information necessary to assist them in erasing the computer's magnetic tapes by walking into banks with magnets or other actions,—this is but a beginning of the many actions which entities will soon be doing if this process continues in the direction of its present path, seeking to categorize and control individuals through computerized technology.

This Awareness indicates that another action which appears to be in motion is that of the Tax Rebellion, which is growing and spreading in various ways. That also, there appears to be an action wherein the principle of the story of the young boy who caught an elf and asked the elf to take him to where the gold was buried, and whereby this elf took the young boy and showed him the tree under which the gold was buried, and the boy told the elf that he would tie a string around the tree and made the elf promise not to remove the string while the boy went to get a shovel. While the boy was gone, the elf was busy tying strings around all of the other trees, though he did not remove the string which he promised to leave.

This Awareness indicates the principle in this story is being applied by many entities who know what is going on; whereby entities are getting social security numbers for their cats and dogs, for imaginary people, for various creations of their own imagination and for people who have already passed on, or who may yet be born. This Awareness indicates that in the event that a computer world came into being, this type of overload information could very easily create such problems for the computer if masses of entities began inputting such information, that the computers would become almost useless. This Awareness indicates for example, the case of the entity who registered for the draft as Mickey Mouse, in care of Disneyland and whereby the computers took this seriously, so that letters from the government were sent to Disneyland to locate this Mickey Mouse, who registered but failed to fill out his registration card properly. This Awareness indicates that all of these are ways whereby entities can fight back the computer technology and cannibalism, if this becomes necessary.

This Awareness wishes to remind entities that computers, rightly used, can become the most potent force of advanced technology to assist entities to happy, healthy and peaceful lives. For example, a computer which held information on everything you had purchased and read and had eaten over a period of years, when applied to a medical request, could under proper conditions, determine by your diet and thinking, what your medical problem might stem from. It could also assist in balancing any psychological imbalances which might have led to the medical problem.

This Awareness indicates that in proper use, computers could be of great value to every entity; that it must be kept under the control of the programmer and of those who are to be masters of the computer,—the public, the masses. This Awareness indicates that wherein the rational mind is likened unto a computer, and wherein the computer is programmed by a sinister force to turn the rational mind into a further sinister force, or whereby the rational mind of an entity is programmed in such a way as to become victimized and subjugated to that sinister force; that this rational mind is being misused. That wherein an entity uses the rational mind as a computer to work out problems and to come to proper conclusions, but is not victimized by an improperly programmed rational mind, then this rational mind is a "good" computer and can be very beneficial to the entity.

This Awareness indicates that likewise, humanity can benefit greatly by a properly used computer system, or, humanity can suffer greatly by being made slaves and servants and having all individual rights to privacy denied and controlled by those who use the computer to pry into the lives of individuals to determine who is to be eliminated from the society and who is to be allowed to continue as obedient servant to those programmers.

This Awareness indicates that essentially, it is a question of whether the Christ forces will rule the computers, or whether this will occur from the rulership of the antichrist. This Awareness indicates the way to determine which is ruling is to discover whether these informations being taken and used by these computers is to be used for the benefit of individuals, or for the benefit of those wishing to have greater power over the masses. This Awareness indicates this is not something which is easy to discern.

This Awareness indicates also, that at present the computers are *not* being implemented simply to help Aunt Martha or her farm to have a better life, but rather, these computers are being implemented in order to know *what* Aunt Martha on her farm is doing and is thinking and whether any particular use can be gained from Aunt Martha and for what purpose. This Awareness indicates this, however, is capable of change, for the computer system being built by the antichrist can, indeed, become usable by the Christ forces of the New Age.



"It keeps denying it's guilty."

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