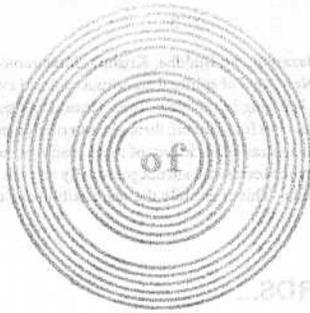


Revelations



Awareness

Cosmic Awareness Communications

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Helping People Become Aware

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How to Deal with Religious Zealots
Do Not Appear on Stage and Dance
with Michael...
A Project for the Elderly
Start Using Your Healing Hands
How to Generate More Healing Energy
The Use of Symbols in Opening a Sacred Space
A Book by Michael Dowd
Partnership with - If You're Too Good
to be True, it's
The Last Judgment...
The Evolution of the Earth
Myths and Divergences

HOW TO DEAL WITH RELIGIOUS ZEALOTS

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley
Interpreter

DEALING WITH THE LAGGARDS...

THOSE WHO CONSIGN OTHERS TO HELL ---
ARE THEY CREATING NEGATIVE KARMA?

(HOW THE BIBLE WAS CREATED)

QUESTION:

A question related to the information last night about Christianity and those who are taking everything so literally. This from D.G., of Denton, Texas. She asks: "What should one say when accosted by 'missionaries' at the front door? Their opening remark is very often: 'If you die tonight, do you know where you will go?' They insist that proclaiming: 'I accept Jesus as my personal savior' is the key to heaven. Lifestyle is irrelevant. Just accepting Jesus is all it takes. Please comment and suggest some possible response. I try to agree with them and assure them that I accept Jesus, but from a different level than they do, but then they get into the negative: 'God will punish sinners! God will punish all who reject him!' and so forth. How can I express that it is error to blame God for punishment, when they quote scripture that blames God? Also, that seeking answers and questioning is not rejecting God. The negative manic/depressive view of God is pervasive. What can be said to open their faith? I was just last

Sunday visited by Baptists with the greeting: 'Are you prepared to die?' What a negative attitude to start a conversation! Also, they insist that we are all scuzzy dirt bags, offensive to the eye of God. All these things they proclaim seem detrimental to spiritual development. Please ask Awareness to explain what causes the soul to need this form of faith, and who is attracted to this? What is the first step in reaching beyond it without causing great offense?"

COSMIC AWARENESS:

This Awareness indicates that there is not much that can be given in such a short period of time. This Awareness indicates that these entities, not being open to receiving anything of that nature anyway, for their intent and purpose in knocking at your door is to convert you, rather than to be open to discovering something new; in fact, these entities are expected to return to someone and report on their success, so they are going to be especially difficult to communicate with in regard to anything other than their purpose for approaching you. This Awareness indicates however, that if you wish to get into a conversation with them, and wish to invite them in to discuss their views and your views, then you may respond to them that: "I'll listen to your views, if you'll listen in equal time to mine." This Awareness suggests you may also ask them: "Are you willing to be as open to my views as I will be to yours?", and if this is agreeable to them, then you might invite them in to discuss further, otherwise, you might simply say that: "If you aren't interested in hearing my views, then why should I be interested in hearing yours?"

This Awareness indicates that this can often have the effect of getting rid of them quickly, or in some cases, inviting them in for conversation. This Awareness indicates that there is a rule among some of these entities, given by the church they represent, that they not listen to other people's points of view, and if anyone starts to talk to them about their beliefs, they are to leave. That this is a way whereby the church, their church, protects them from being exposed to other philosophies.

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This Awareness indicates that much of the information given yesterday will be valuable to you in the understanding of where these people are coming from in their thinking.* It is a very child-like level of intelligence which would accept literally the dogma of many of these so-called religions. This Awareness indicates that this is necessary for certain level of consciousness, for a certain level of intelligence; that were it not for their particular understanding of religion, even though it is simplistic, they might be involved in other levels of thought and activity that would seem even further down on the evolutionary scale.

This Awareness indicates it is likened unto a ladder wherein entities are climbing from very deep levels, and for some, that particular rung on the ladder is likened unto a platform which they reach and feel it is the top; they have not yet looked to see that there is still something more and they will eventually want to climb to the next platform. This Awareness indicates that many entities, in believing they have reached the ultimate in spiritual development with the level they are on, can be stimulated to think a little deeper by asking them: "Do you think that your beliefs, exactly as they are, will never ever change throughout eternity?"

This Awareness indicates that this may stimulate them to wonder, and if you wish to pursue this further, you may ask them: "If there were ever to be any change in your present beliefs, which area, or what do you think would be the area of change?" That if they say they are perfectly satisfied with their belief as is, then you might ask them: "Do you think you are as perfect as Jesus?"; and if they say: "No, Jesus was far more perfect than I," then you may ask them if indeed they are not admonished to be perfect, even as your Father in Heaven is perfect, and if this is so, is there not something more that they should learn beside what they now have?

This Awareness indicates that by turning the questions to them, and by asking, rather than telling, you can sometimes stimulate a little deeper thought than the routine dogma which they have been programmed to repeat. This Awareness suggests there may be further questions on this regard; if so, that these may be asked.

* In a reading the night before, Awareness gave forth a long rap on the Information Age, holy wars and laggards in consciousness, etc. This reading has not yet been published by CAC.

DO RELIGIOUS ZEALOTS CREATE KARMA BY MISLEADING THEIR FOLLOWERS?

(HOW THE "LAW OF GRACE" WORKS)

FOLLOW-UP QUESTION:

M.H., of Greenville, North Carolina, has a follow-up question, which is: "Are the extreme religious zealots and the fanatical evangelists of any religion creating bad karma for themselves by misleading their followers down the road of extremism of thought? How about the ones who preach hate?" he asks.

COSMIC AWARENESS:

This Awareness indicates that this is absolutely so; that there are many entities who create karma in expounding certain concepts that lead others to become locked in to a state of consciousness that hinders their spiritual development. This Awareness indicates that for all of these negative actions, these negative effects, these same entities may also be creating positive karma, even though they are somewhat zealous, for there may be many who are helped by the message they give.

This Awareness indicates it is a kind of balancing out action wherein some of the information may be of great value and may be very helpful to entities, while other parts of the information may indeed prevent them from growing further. This Awareness indicates that much of the karma is the problem of the one hearing the information and to a lessen extent, the one propounding the information. This Awareness indicates that if an entity is sincerely attempting to help others and erroneously gives information, this kind of karma is far less troublesome to the entity than if the entity actually knows the message he is giving is not the truth, but perhaps serves his personal needs.

This Awareness indicates that when an entity gives information which he or she does not fully believe to be accurate, but which helps to create a following of the entity, toward the entity; this can create a karma of a particular kind, whereby even having a following makes you responsible for the karma of all those who followed you. This Awareness indicates that it is very important for entities not to seek a following, but to serve others and to attempt to give them information that helps them to evolve, to grow, to find freedom, and to do those things which are best for their own development.

This Awareness indicates that those who become leaders by collecting people as followers are the ones who create most damaging karma for themselves, but those leaders who do not consider themselves as leaders, but as servants, serving the Divine, to help promote information that frees entities from their confinements, whether this be psychological or physical or emotional or spiritual; the freeing

NO 666 FREE TICKET ETERNAL ADMITTANCE Into HELL where as human beings of our era are already describe the horror that awaits those who reject the Lord Jesus Christ as their own Personal Saviour. EVERYONE A LOSER	FREE TICKET ADMIT ONE TO SPEND ETERNITY IN THE LAKE OF FIRE WITH THE DEVIL AND HIS ANGELS ***** PRICE OF ADMISSION ***** TO DO NOTHING AND IGNORE GOD'S SAVING GRACE. "... HE that BELIEVETH NOT (on the Son of God, Jesus Christ) is CONDEMNED ALREADY." JOHN 3:18 "Then shall he say also unto them on the left hand, depart from me, ye cursed, into EVERLASTING FIRE, prepared for the Devil and his Angels." MATTHEW 25:41 "And WHOSOEVER was not found written in the book of life was cast into the LAKE OF FIRE ... and shall be TORMENTED day and night FOR EVER AND EVER." REVELATION 20:15 ... Friend how long does it take to BELIEVE and TRUST on the Lord Jesus Christ as YOUR Saviour from HELL and the LAKE OF FIRE?... READ THE OTHER SIDE OF THIS TICKET.	NO 666
Gospel Tickets... V.E.T.I., 219 7th Ave., Altoona, Pa. 16602		

of entities to evolve toward that which is highest and best, --this can bring about a good karma for the entity.

This Awareness indicates it is almost impossible for entities to do anything without creating some kind of karma, either good or bad, either positive or negative; that the idea is to create more good karma than bad karma, if bad and good are the appropriate terms; creating more positive karma than negative karma. It is much like keeping a balance sheet of your financial statement. This Awareness indicates that there is that karmic balance sheet of your spiritual statement.

This Awareness indicates that even beyond this is that which is grace, which allows for the negative karma to be forgiven, much as in bankruptcy, whereby the bankrupt individual has put himself so much into debt to others, in sins against others, in sin against those who would have worked in harmony with the entity; this so-called sin or error or bankruptcy of a spiritual nature is often forgiven from the *Law of Grace*. This is much likened unto the courts ruling on the bankruptcy and letting the person start over again with a clean slate.

This Awareness indicates that it does not totally wipe out the reality of what the entity has done in the past; it simply wipes out the recording of the debts. Likewise, in the grace factor, wherein an entity is forgiven for errors of the past, those errors are still fact in terms of history, but the entity, having been forgiven, is allowed to start over with a clean slate, and hopefully, this new start will allow the entity to feel more capable of doing something worthwhile. This Awareness indicates the entity may, however, begin racking up further karma again and again, calling on grace for rescue. It is for this reason that grace is not something an entity can control. Simply mouthing the words: "I believe in Jesus" does not in itself amount to a declaration of grace or forgiveness from the Higher Laws or Higher Principles.

The grace is that which is granted from higher levels when an entity in actuality shows and feels a sense of remorse for the errors that have been committed. This Awareness indicates it is not something one can simply mouth, such as harming someone and then saying: "Uh-oh, I'm sorry!". This Awareness indicates that this does not balance things, it does not assure a change in future attitudes and behavior. This Awareness indicates that grace is only given when the Divine Forces see that the entity sincerely repents of errors created in the past, and generally this repentance also carries with it the recognition that the entity needs to make up for those errors.

Most entities who are sincerely repentant will want to make good on past errors, will try to do something worthwhile to make up for

the mistakes made in the past. This Awareness indicates that this new version of Christianity which seems to be emerging among some entities, that it doesn't matter what you do, as long as you mouth the words: "Jesus is my savior"... This Awareness indicates that this is totally erroneous in terms of eliminating any karma. It does not work that way. This Awareness indicates that this does not eliminate the entity's karma, even though it may promote Christianity in the fundamental version.

This Awareness indicates it is not the teaching of Christ, of the Divine Forces that entities can continue harming others and still claim to be superior to others, simply because they title themselves as Christians. This Awareness indicates however, the true meaning of the Christ is that all entities are loved, regardless of what they do, yet these entities must evolve and learn from their mistakes, and in that evolvment, there is expected and automatically develops, the need of an entity to repay the debts owed to others in some way at some time, by passing on service to still others or to the ones who are owed.

The Last Judgement

This Awareness indicates that any entity who has been of a violative type, who has harmed others, is held responsible, not by the Divine Forces, but by the entity's own judgment of self, the entity's own recognition of the error, and it is this part of the entity's own psyche which creates the Judgment. It is not God who sends entities into punishment, it is themselves, and their own recognition of their error and their own need to be absolved by doing something--either seeking a punishment for their error, which is not a proper solution, even though many entities choose that approach, or by serving to assist others who need help, and this service being such as to balance out in some way the error that has been committed toward others.

This Awareness indicates that in dealing with entities who come to your door, promoting the philosophy which you already understand, you may address these entities with respect and explain to them that you do understand where they are, what their message is, for you have been there yourself before, you know what they have to say, and what their experiences have been, and you fully understand their message, but that you have moved on to other levels of understanding, and you may invite them to come back when they are ready to learn more about the real messages and teachings of the Christ; that you do not want to impose your philosophy on them until they are ready.

This Awareness indicates that this may be accompanied by questions: "What do you think Jesus meant when he told his disciples that it was for them to know the secrets but not for the masses to know the secrets of his teaching?" This Awareness indicates you may stimulate them

to begin wondering if there is something that hasn't been fully made clear to them. This Awareness suggests you not try to push this on them, but simply appeal to their curiosity. Let them wonder. Tell them that if they wish to know more about this, to contact you sometime. This Awareness indicates that this is probably the easiest way to deal with this kind of person, and if they again begin saying things such as: "Well, if you don't believe the way we believe, you'll burn in hell!", you may simply smile and say: "Do you *really* believe that? Do you *really* think that God would burn me in hell for not accepting your view of the Bible?"

This Awareness indicates questions can do some very interesting things in terms of getting entities to reexamine their dogma.

THE EVOLUTION OF THE BIBLE: SYMBOLS, MYTHS & DECEPTIONS

(FOLLOW-UP QUESTION):

In relation to the previous questions on the Bible, and those who believe word for word, I just recalled a book I read many years ago written by Thomas Paine, I believe, who is an unsung hero in the founding of our republic and the Constitution. This book, written over 200 years ago, I believe was called *The Age of Reason*, and in this book, he literally tore apart much of the Old Testament, showing the many contradictions of the so-called 'word of God', where on one page, for example, people were commanded to love one another, and shed no blood, and a chapter later they were commanded to go out and slaughter, etc. I haven't seen this book around, but it must still be in print somewhere. Would this be a good book to recommend to entities?

COSMIC AWARENESS:

This Awareness indicates that this book as a classic, and is available in most libraries; that this would be of great value to read. This Awareness suggests also, there is a book by Loyd Graham titled *Deceptions and Myths in the Bible*; that this book goes into the origins of the stories that have been related in the Old Testament, especially in the Old Testament, which were literally taken, in many cases word for word, or concept for concept from earlier writings. For example, the story of Noah and his four sons having been taken from writings which long predated the stories in the Old Testament and which used terms and names for the sons which were identical to those reported in the Old Testament.

This Awareness indicates that the story of Moses as having been stolen from a Syrian myth that had come down in relation to an entity named Mises. This Awareness indicates that a

great number of the stories within the Old Testament were simply the result of the Hebrew priests attempting to create a set of myths and stories by which they could organize their own religion, their own philosophy, in order to form a more cohesive society in those days. This Awareness indicates that the works of Loyd Graham go deeply into finding these earlier stories from Babylon, which was the source of the story of the garden of Eden, through Syrian and other cultures and Indian records and stories of India.

This Awareness indicates that even the New Testament is assembled from patterns related to stories taken from earlier sources, such as Zoroastrian, Mithraian, Krishna, Buddhism, and Egyptian, and others, in which many verses are literally paraphrasing earlier writings, and many of the stories attributed to the story of Jesus, were lifted directly out of these other writings. The story of Jesus at the well, as one which was taken from earlier writings. This Awareness indicates that it is of importance that entities realize the origins of the Bible did not come from the pen of God, but came from the earlier writings in different cultures and nations at the time these Hebrew priests put this work together. This Awareness indicates that these countries who were plagiarized then became labeled as heathen,--nations whose philosophies were heathenistic, but this was only after their stories had been stolen.

This Awareness indicates that even today, many entities adhering to the Christian philosophy consider the Indian philosophies as heathenistic, although much of the New Testament has been lifted directly from the stories of the Indian holy books, if anyone wishes to take the time to discover and find this out. There is also a book with much of this information in it, this being *16 Crucified Saviors Before Christianity*, that the author's name as not seen. There is also seen a book, *What Jesus Taught in Secret*, by Max Freedom Long, in which he discusses phraseology from the New Testament in light of the Huna coded philosophy; the language of Hawaii, broken down into its syllables, in which a word may have four syllables and the four syllables may each have a particular meaning, revealing a coded message in regard to a hidden meaning behind that word, and this becomes a message that relates directly to meanings in the New Testament and teachings of Jesus.

This Awareness indicates for example, the Max Freedom Long book dissects the Lord's Prayer in relation to the Huna meaning of those words. This Awareness indicates that it is not unusual that these entities in the past, in their secret schools, would use coded meanings so that there was a meaning behind a word, so that when one speaks to an initiate or one of the inner circle, that entity receives a different message from the one that a bystander would

hear. This allowed the entities to talk openly in regard to their beliefs and philosophies without exposing their knowledge.

The Real Meaning of the Garden of Eden

This Awareness indicates for example, the story of the Garden of Eden, which has already been dissected in its true meaning by this Awareness, as signifying the conscious and subconscious minds: Adam and Eve, and the superconscious, that which is God, and the reptilian brain that which is the serpent, and the five senses, represented by the tree of knowledge, and the twelve aspects of the tree of wisdom which are the five senses combined with the seven chakras. This Awareness indicates that this Garden of Eden as that which was the human body itself, and its unification in which the perfect place of beginning was provided.

This Awareness indicates that essentially, the Garden of Eden may be classed as the womb from whence the entity is expelled onto the physical plane; that there are many similar coded messages in the stories of the Bible, which have a symbolic meaning. This Awareness indicates that the symbolism of these ancient stories was easily understood by those who were taught in schools, for the schools were basically places of learning symbols. This Awareness indicates that it has previously indicated the ancient stories that were handed down from generation to generation were often also symbols, such as the story of Snow White and the Seven Dwarfs, referring to the 7 chakras and the Christ Consciousness. This Awareness indicates that these various symbolisms have recently been forgotten or placed aside, even by many of the priests where the stories and symbolisms which were handed from one priest to another, as generations passed, became less and less clear, or less and less important as the rational mind and analytical concerns took over.

How Symbols Influence Entities

This Awareness indicates that throughout most of this 2000 year period of the Piscean Age, entities have become more inclined toward open and shallow interpretation of stories at face value, rather than looking more deeply at hidden meanings. It has been the advent of psychology to bring back the significance of symbolism, for in Freud's concern for the dream state, it emphasized the significance of symbols and as symbols began to become more significant, entities began to recognize symbolism in other levels that had previously been ignored or forgotten.

This Awareness indicates however, in the past most of the emphasis in secret schools was on symbolism rather than on rational messages. This Awareness indicates that the rituals that have come down in churches, especially the Catholic church, are actually symbolism; the bowing of the knee on the altar, and the various rituals that take place have certain symbolic meaning and this symbolism is that which the subconscious

understands better than the rational mind.

This Awareness indicates that if entities cannot and do not receive training or teaching in the significance and meaning of symbols, they become victims of those who understand the power and control available through the manipulation of symbols. This Awareness indicates the flag as a symbol, and yet the flag is nothing but a piece of cloth with certain colors printed on it, but what it symbolizes can lead an entity to sacrifice his or her life if one who can manipulate that symbol is available to do so and to influence the masses who do not fully understand that they are being manipulated by symbols.

This Awareness indicates that even offices such as the Presidency become as symbols of one's personal self-esteem without the entity even realizing. It is for this reason that the assassination of Kennedy was so devastating to so many entities. This entity, which was moving this nation in a progressive manner, symbolized that part of themselves which was progressive as a citizen. Once that symbol was removed, entities lost much of their confidence as an individual in the nation.

When the symbol known as the President Nixon was degraded, entities lost even further esteem for themselves as Americans. This Awareness indicates that it has an effect on each individual when those symbols which they are attracted to, or which they have an attachment to, when those symbols are manipulated for good or ill. That likewise, in these ancient times, the masses could easily be controlled by those priests who understood the symbols, and this control could be designed to keep entities subjugated or could be designed to lift the spirit and help the entities evolve.

This Awareness indicates that this evolution from many of these early religious symbolisms has had the effect of helping society in general, evolve during this past 2000 years. That those who do not understand symbolism are still affected by it, but those who do understand the nature and use of symbols can determine whether or not they are being influenced by a symbol that would be to their benefit, or whether they want to have that symbol influencing them.



“ [The Bible] has noble poetry in it; and some clever fables; and some blood-drenched history; and some good morals; and a wealth of obscenity; and upwards of a thousand lies. ”

Mark Twain (1835-1910),
American writer

The Symbolism of the Gun

This Awareness indicates that the gun, for example, is actually not of any great utilitarian value to this society in which you live, for it is not needed for hunting; you can purchase sufficient food to get you through the time needed for probably less than it costs to go out and hunt an animal and bring it back and store it. The use of a gun is hardly necessary, for the crimes committed by those carrying guns outweigh the need for protection of those criminals and if all entities were to give up their guns, not much change would occur, except there might be fewer accidents or violations; yet the gun is still prized by entities as if it were sacred.

This Awareness indicates it is simply because it has become a symbol to many to imply their potency as an individual. If they are potent enough to take someone else's life in an emergency, then they feel they are potent to live in this society. Without their symbol they might feel naked and vulnerable, and that would be terribly devastating to some individuals who don't have much confidence. That in this sense, the gun gives some men who are basically cowardly inside, the feeling that they are competent and potent to deal with whatever comes along.

This Awareness indicates that it is this symbolism that causes entities to cling to their guns and to hold on to their right to bear arms. It is this symbolism of the gun as something which is almost worshipped by this society, that also causes them to want the nation to have its guns, its weapons, for it makes them feel their nation is potent and able to deal with whatever might come. This Awareness indicates it doesn't matter to these entities whether the guns are ever to be used or even if they are needed, for even if they are not needed in reality, they are needed for their psychological effect as symbols, especially for those who are insecure and do not trust their ability to relate in an encounter with outside forces.

This Awareness indicates as entities outgrow this symbolism for the gun and develop symbols related to peace and reconciliation; these symbols may eventually become sufficient to assure entities of their ability to relate and solve problems and conflicts through negotiation, but as long as they do not have other similar symbols that assure them of their potency to deal with problems through negotiation, they will cling to their guns as if their life depended on it.

This Awareness indicates that the priest may not carry a gun, but will carry the cross as if it were a weapon against his or her enemies. Symbols are of great value to entities, and in understanding this, you may understand also that this has long been the means by which entities have conveyed information and that in ancient times, the symbolism was imbedded in the language so that double meanings could be expressed,

both double and triple levels of information could be given in a single word.

This Awareness suggests you study the works of Max Freedom Long, especially *The Huna Code in Religion*, for it contains some of these symbols in the language which opens up into philosophical meaning.

THE USE OF SYMBOLS

IN OPENING THE CLOSED MIND

(Closing Message)

This Awareness indicates that in considering symbols, it is important to understand that even words are symbols. The word is not the thing, yet there are one dimensional symbols, such as a word which symbolizes its meaning as the word 'cup.' You cannot drink from the word 'cup,' whereas the reality of the cup provides you with the means for drinking. This Awareness indicates that the symbol is not the thing, and yet the symbol calls to the mind the image of the thing, and therefore, if one were to take away from you the use of the word 'cup,' it would be a great inconvenience. You would not ever be able to symbolize the cup. You would have to carry a cup with you to indicate what you meant when you wanted a cup, or when you wanted to indicate a cup.

This Awareness indicates that likewise, there are different types of symbols that are not expressed as words. This may be called a second-dimensional symbol, wherein the word spoken may imply a direct symbol, but may also imply a deeper meaning. For example, the word 'sun' implies that ball of light in the sky, but for some entities it may involve a deeper meaning. When using the sun in astrology, the astrologer sees this as representing the character of the person being analyzed, for the analysis purpose of the astrological chart, for the symbology of the sun in one's chart relates to the character of the individual being analyzed.

This Awareness indicates that for others, the sun may represent the father, and the moon, the mother; therefore, there is a hierarchy of symbols that can have more than one meaning. This Awareness indicates that in the esoteric philosophies, the sun can also represent the Christ and the signs representing the 12 disciples. That all of these various types of symbolism can go from level to level, and the more you understand the symbols, the more effect it has on your understanding of how to alter feelings or how to read feelings, how to affect feelings, so that you can, for example, draw a sun on a piece of paper, hang it on your wall, and feel good, because of what it symbolizes to you, or you can draw a sun and feel bad because of what it symbolizes to you. For example, if your best friend died from a sun stroke, you would not be very wise

to draw a picture of the sun and hang it on your wall; that this might create some subconscious resentment.

This Awareness indicates that it is also possible to alter the meanings of symbols, so that this same sun which created the sunstroke for your friend might be altered to have a more pleasant meaning, but this kind of alteration needs to be done on a conscious level so that you can know what you are doing when you alter the symbol and can alter it in a way that allows you to accept that symbol as something, as meaning something different.

For example, you may say that your friend had some kind of problem, or stayed in the sun too long, and that in fact it wasn't the fault of the sun, but it was the fault of your friend for remaining too long in the sun, and that the sun in fact, gives life to the planet, and without the sun your friend would never have lived, and in such reasoning, you can alter the symbolism to have different meaning, so that the symbol can be changed in your perception.

This Awareness indicates there are many entities, for example, who may have a hostility toward the flag, they have a hostility toward the symbol of Christianity, or may have a hostility toward some other socially acceptable symbols and in so having this hostility, may find themselves at odds with society. This Awareness indicates it behooves an entity to be able to accept most of society's symbols by altering the value and meaning of the symbols in a way that makes them accessible and that makes them acceptable.

This Awareness indicates that to be able to accept the symbolism of Christianity for example,

by interpreting this in a way that is acceptable to you, will allow you to communicate with those who are even of the more dogmatic and restrictive Christian orientation, so that you can have better rapport with them and have open discussions without the hostility being a part of such discussions, so that you can relate and say: "Yes, I understand, I see what you are saying. Have you ever noticed that there might be deeper meaning, that there might be some other level to the Christian story?" This Awareness indicates that such conversations allow rapport to enter in and allow competition to be placed aside, and in such rapport, much more can be accomplished in opening a closed mind, for in competition the mind never opens further, it instead tends to close more and more, the more heated the competition.

ED's Note: CAC permanently stocks the works of Max Freedom Long. Please refer to the CAC Book Catalog price sheet.

In discussing anything, the Bible in particular, Awareness has always emphasized the value of asking questions as a means of reconciling differences. When confronted by religious zealots, there are many questions one can ask. CAC now stocks two books that will provide hundreds of questions to ask when the Bible is being discussed: *Self-Contradictions of the Bible*, by William Henry Burr, and the *Bible Unmasked*, by Joseph Lewis. The former digs out numerous contradictions, such as 'God is Satisfied with his works' (Gen. 1:31) and God is dissatisfied with his works (Gen. 6:6), and the latter book being concerned with the hornier, nastier, lewd, lascivious etc. characters and stories in the Old Testament. (This is a great book to refer to when a Puritan-type entity is espousing the evils and wickedness of the sexual act etc.)

At the moment, *Self-Contradictions of the Bible* sells for \$13.95 plus postage; *The Bible Unmasked* is \$5.00 plus postage, both available from CAC.

Nation | 5A

Heaven calling? Publishing firm prepares

RALEIGH, N.C. (AP) — A publishing company closed its offices in the belief that millions of the faithful will be called to heaven today in a prelude to the Second Coming. Most religious scholars and ministers doubt it.

All such forecasts in the past have been wrong, noted Malcolm Tolbert, professor of New Testament interpretation at Southeastern Theological Seminary in Wake Forest.

Nonetheless, a woman who answered the telephone at the World Bible Society in Nashville, Tenn., Monday said the office was closed to give employees time to be with their families.

The company published the book by Edgar Whisenant that contains the prediction, "88 Reasons The Rapture Will Be In 1988."

"If anyone is left here, they'll be here Wednesday morning," said a woman named Lorraine, who refused to give her last name.

Some evangelical and Pentecostal interpreters of biblical prophecy believe "the Rapture" is a sort of prelude to Christ's Second Coming.

Whisenant, a former rocket engineer, predicted the Rapture would come by tonight. He used mathematical calculations and biblical in-

terpretations to predict that it would occur in the 48 hours of this year's Jewish New Year — 40 years and 120 days after Israel became a nation on May 14, 1948.

The time of the Rapture — by 9 a.m. — was determined according to the hour of sunset in Jerusalem, said KAY general manager Dianne McArthur, whose Little Rock, Ark., radio station has been carrying Whisenant's "Rapture 88 Ministries" programs since March.

Whisenant will not talk with the secular press "because God plainly told him not to sensationalize this," McArthur said.

The Olympian
Tuesday, September 13, 1988



Michael Dukakis

A PEEK
AT
MICHAEL
DUKAKIS

(May 28, 1988)

QUESTION:

It appears that the entity Michael Dukakis is going to be the nominee of the Democratic Party this summer at the convention, unless something miraculous occurs, and the pollsters are already saying that he's much more popular than George Bush, at the moment. Several members have written in asking if we'd ask Awareness what *It* could tell us about Michael Dukakis, and there'll probably be more, so I wonder if Awareness would look at this entity and give us some information on him.

COSMIC AWARENESS:

This Awareness indicates that this entity as quite competent, in terms of the ability to grow into the office of President. This Awareness indicates that the entity as having sufficient experience in terms of his executive activities as governor, to transfer that knowledge and information and experience into the new activities which would be required of him. There will, as with all entities stepping into such a position, be times when the entity will make mistakes; however, the entity will experience sufficient help and support from advisors and cabinet members to where he is not likely to go far astray of that which is representative of the purposes for which he would be selected.

This Awareness indicates that it is seen that this would be a good and wholesome selection as President for this nation and it appears likely that this will be a time of change that would be welcomed by many. This Awareness suggests that the changes would affect the domestic needs of the masses to bring about a readjustment that is overdue in regard to occupations, in regard to a balancing of the economic imbalances that have been brought about during the past efforts and work of the past administration.

This Awareness indicates there have been many things of great benefit that have come from this past administration, but in each administration there are areas which benefit, and there are areas which have been ignored or neglected, and it is good that there can be this readjustment by shifting from one administration to another. This Awareness indicates that *It* sees the coming administration as being stuck with problems of an economic nature that may appear to be such as would be blamed on that coming administration, but these problems have already been set in motion, to be triggered not by the administration, but by forces

that are working behind the scenes outside of government, in private sectors who would bring on the decline and fall of the economic system.

This Awareness indicates that the early part of the coming decade is seen as a time in which there can be considerable turmoil related to economic concerns, not only in this nation, but on a global scale, but it is possible these things may be altered; but at this time, there is not seen any sufficient force to bring about the alteration of that which is planned by these forces. This Awareness indicates however, as more and more is exposed, as greater and greater awareness comes in on this, as the spotlight is shined on the activities of those who would control the masses through the use of economic manipulation; this recession or depression may be diminished if not stopped. The likelihood of it being totally prevented is not seen, but the possibility of it being altered to a point whereby entities do not suffer greatly and are not put into a position of subjugation by this action, this is seen as a potential and possibility, if enough entities become aware of the dangers that are now threatening.

(FOLLOW-UP QUESTION):

I've read some articles about this entity Dukakis; that he is Greek and supposedly orthodox Christian, but the Greek Orthodox church says this is not true, that he cannot receive the sacraments because of his marriage outside the church to a nonbaptized wife, and failure to baptize their children, and there's some question as to what faith his children are being raised in. His wife is Jewish, and one article said the priests are not satisfied with the Governor's statement, echoed by his aides, that his children have been raised in both Jewish and Greek cultures. The statement by Mrs. Dukakis's father, while campaigning in the Miami Beach condos, was that "next year would see the first Jewish Seder in the White House," did not set well with the Greek priests.

Does Awareness see this entity, because of his wife and her possible influence, would he become another tool of the Zionist lobby, or would he perhaps not fall into line like all the others have?

COSMIC AWARENESS:

This Awareness indicates the entity will do as anyone in his position would do; the entity will tend to balance as much as possible the political influence from the various forces and lobbies that attempt to extract something from him. The entity will compromise on certain things and hold firm on other things as he sees them to be, in the interest of the nation, and his role in the White House; that there will be a tendency to balance or juggle these energies, so as not to be offensive to any particular group and so as to gain favor as much as possible from all groups, and so as to keep conflict to a minimum.

This Awareness indicates this means compromise on many levels. This also would indicate certain standing and courage on his part for those things which he feels are important; that this entity does not feel a desire or inclination to cater to any particular philosophy or group because of religious or nationalistic tendencies. The entity does hold principles and concepts and ideas as being important in his set of values.

FANTAZIA WATER-IT
SOUNDS TOO GOOD
TO BE TRUE. IS IT?

QUESTION:

L.K. sent some information on a new product called Fantazia, and he writes: "Dear Vicki, have you tried Fantazia? The members will want to get this. Maybe it will enhance the trance readings. Many benefit from a one-time use." And I'll read a little bit of the Fantazia literature and ask Awareness if this is as good as it claims. It says:

"Fantazia was created as a result of strong inner guidance to develop a water that would be beneficial to mankind and the planet. The effects that were indicated would be experienced were almost beyond belief, but today they are happening. Fantazia is made in accordance with the 7 basic Universal Laws: mentalism, cause and effect, vibration, rhythm, polarity, correspondence and gender. It manifests in 3 dimensional form through a mental process using steam distilled water. No physical ingredients have been added, there are no harmful side-effects. Fantazia cannot harm, as it is so structured that it will negate any detrimental energies on any level. It needs to be taken one time only. Its effects will continue indefinitely. Its purpose is to return the cell to its perfect genetic patterning. The effects of the mental process on the water and its subsequent effect on humans has been demonstrated by medical doctors, chiropractors and other health professionals, using kinesiology, electrodiagnosis, etc."

One of the interesting things it says here in the literature is: "It aids in communication between our 3-dimensional reality and other frequencies of time and space," etc. and it says that "patients with mental illness have experienced significant results when tested with Fantazia."

"A female manic-depressive who had been hospitalized and heard threatening voices around the clock was so dramatically improved after taking Fantazia that she was released from the hospital the following day. She returned to work the next day and continues to be free of voices, confident and improving daily."

Another lady wrote to the Ensearch Foundation, (a non-profit organization, whose founder was contacted by extraterrestrials, who gave her the

instructions on how to create Fantazia water), wrote of being so depressed that she was suicidal, advising, after taking Fantazia: "I feel better and have been sleeping. One thing I did not tell you was that I do hear, or rather did hear voices. They are gone now. I thank God for that!"

A 27 year old schizophrenic with bizarre behavior since her teens, no longer hears voices and is behaving in a normal responsible manner since taking Fantazia, and it goes on to document all sorts of testimonials, and they sum up their sale's pitch, this outfit called the Ensearch Foundation of Houston, Texas, that they want to share this with the people, this Fantazia, and a postpaid 4 ounce bottle is available for research purposes for a \$40 tax deductible donation to the foundation.

Would Awareness please look at this substance called Fantazia and see if it is as good as it's claimed?

COSMIC AWARENESS:

This Awareness indicates that it does appear to be much as indicated. This Awareness indicates that it is important that the substance be that which is the genuine substance of the experiments. It appears there will be others who will promote a similar substance that will not be as effective as this, thus the entities do need to be cautious as to making sure that they receive the same substance. This Awareness indicates that it can be of significant value to entities to partake of this substance for one-time use. There is seen to be no harmful effects in this. This Awareness indicates that the price for this substance does appear to be reasonable, considering the value of the substance, that it is made in a manner that is not expensive, but considering the value, it is appropriate for these entities to ask this price.

(FOLLOW-UP QUESTION):

Its purpose is to return the cell to its perfect genetic patterning. Does it?

COSMIC AWARENESS:

This Awareness indicates that it does go quite some distance in this direction; that it is not absolutely perfect necessarily, but that there is considerable movement in moving the cell back to perfection.

(FOLLOW-UP QUESTION):

Would this substance help in retarding the aging process?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, particularly what it appears to do is to remove certain corrosive impressions that influence the cell from harsh experiences or influences that have been put on the cell. This Awareness indicates that this appears to be something that occurs more on the etherial level than on the physical level, yet it does filter into an influence on physical aspects

of the cell over a period of time. This is why the improvement continues.

This Awareness indicates that this acting on the etherial level, is effective because of the mental charge placed on the water during the distilling process, and before, and the mental charge does carry through as the water is distilled, and reassembled as water, and the mental charge then enters the cell that is touched by absorbing the water, and carries the message of the mental charge. This Awareness indicates that the effectiveness will have much to do with the clarity, strength and power of the mental charge as well as the willingness and openness of the receiver to accept the suggestions that accompany this; that you must remember it is occurring on the etherial, in the etheric body, and from that level then moves into the physical. This is much likened unto homeopathic medicine.

(FOLLOW-UP QUESTION):

It mentions also that they have testimonials from people using Fantazia in the area of allergies, arthritic conditions, painful menstrual cycles, anxiety attacks, and particularly allergies; also, dyslexic entities have been able to start reading full length books, novels and so forth, after suffering from that problem for years; but it seems mainly to be in the area of emotional problems, as most of these testimonials seem to be related to anxiety, schizophrenia, manic depression and so forth.

COSMIC AWARENESS:

This Awareness indicates that this has a more dramatic effect on those things that are psychological in nature or in origin. This Awareness indicates that it does not appear to be such as to have as great of an effect or much of an effect, on those things which are of physical origin; this in reference to diseases or problems that are of a physical origin. This Awareness suggests that along with the use of such substance as that Food Doctor SOD which will help to remove heavy toxins from the cells, this affecting the physical attributes of the body, to help cleanse the toxins from the body. This can be of great significance in creating an environment in the body whereby the ethereal substance can then have an even greater effect in helping to bring about a more wholesome vitality to the cells of the body.

(FOLLOW-UP QUESTION) :Vikki:

Would we get the most use out of this Fantazia if we tried to take it while we sort of tipped backwards, for the out-of-balance effect?

[ED's Note: this is a reference to a reading Awareness had given the night before on how the TV evangelists can often effect a healing on a person, pushing them off-balance as they holler "Heal". When a person is off-balance, he or she is much more suggestible, sort of in a hypnotic state, and when given a command by the healer, the healing can be more effective. The healer,

of course, does not let the subject fall to the floor, but usually cushions the fall, or allows the subject to flop into a chair, conveniently sitting nearby. This particular reading on TV evangelists will be published by C.A.C. sometime in the near future.]

COSMIC AWARENESS:

This Awareness indicates that this can be valuable in terms of combining a type of hypnotic suggestion along with taking the substance, if you wish someone to help knock you off balance when you take the substance, while suggesting its value to you; this could be beneficial. This Awareness suggests however, that it can have an effect even without that tipping. You do not need to combine hypnosis with every substance you take for your health, but if you wish to do it this way, it could be of considerable benefit.

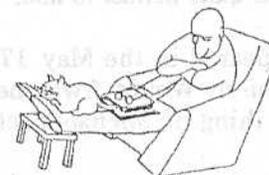
This Awareness suggests that in fact, you may even want entities to tip you over or off balance when you are eating, while saying something to the effect: "That's really good for you!". This Awareness indicates that *It* hopes *It* does not start something wherein entities are constantly knocking each other off balance while saying nice things or helpful things, although it could be quite beneficial if such become a fad and entities all agreed to do such to each other. It might become a tipping service wherein entities tip each other and help each other through suggestions.

This Awareness indicates that it might look somewhat odd to onlookers who do not understand, yet it might also create many benefits for those who engage in the tipsy society. This Awareness indicates that it would be beneficial for entities to experiment with this and if desiring, experiment with tipping and also with SOD from the Food Doctor; that these being used simultaneously could have some powerful effects. This Awareness suggests however, that caution be used in regard to tipping entities physically, that you not knock someone off balance to the point of injuring them or causing some kind of injury.

ED's Note: Impressed by this reading on Fantazia, we contacted the Ensearch Foundation and it granted CAC the right to offer Fantazia to our membership. We now stock a good supply and list it on our Book Catalog price sheet: (\$40 postpaid). A free brochure on Fantazia is available upon request.

The new Food Doctor SOD is available from:
U.S.S. Goodship
PO Box 1116
McMinnville, Oregon 97128. (Write for info and current prices).

Also, please refer to 'Revelations of Awareness' issue No. 88-6 for a full report on this new SOD and also on hydrogen peroxide. (\$3.00 from CAC).



DOES GOD APPEAR ON STAGE AND DANCE WITH MICHAEL JACKSON?

QUESTION:

Another question from Bill S., Santa Cruz, Calif. This one about Michael Jackson. "He claims, so the stories go, that he sees two children from the spirit world, talks to them and plays with them by the hour. Now the latest story is he sees the Lord on stage while he performs." It so happens I have a clipping regarding this, which I might as well read, because members are going to be writing about this.

Michael Jackson says he regularly sees God—and that the Lord, wearing a flowing robe and long white beard, often materializes out of a cloud of smoke while Jackson is performing onstage.

"He actually appears before me in a vision. I can talk to Him and even reach out and touch His robe," the singer told a close friend. "When I'm onstage I can see a tall figure materialize before me, smiling at me and encouraging me to keep going. He appears when I'm at my lowest ebb, just as I'm running out of energy and wondering whether I can make it through to the end of the show.

"Without God appearing to me, I couldn't handle the incredible strain of a two-hour show.

"I can still remember the first time it happened. Suddenly all my strength left me and I felt weak as a baby. I was gasping for breath and sure I couldn't make it to the end of the show.

"But then it was as if there was a lull in the proceedings. All the noise of the cheering crowd just seemed to die away. In the middle of this roaring crowd I suddenly felt all alone. All of a sudden the stage seemed to be filled with billowing smoke, I gasped in terror as a giant figure slowly materialized in front of me. But then I relaxed. He was smiling at me.

"Through the smoke I could see this giant figure. I couldn't make out what color He was, but I had this impression of overwhelming goodness and tranquility—and I knew I was looking at God.

"Miraculously my flagging energy reappeared. Suddenly I was leaping around the stage with an energy I'd never had before, and I never sang better.

"Since then I've seen God regularly at my concerts. Anytime I need Him, He's right there next to me and I know everything is going to be O.K."

The 29 year-old singer says the visions have helped convince him that God is guiding him through life.

"Now I know that I owe my incredible success, fame and fortune to God," he told the friend.

"He is with me every step of the way, showing me the path to follow. When I sing, He sings. When I dance, He dances. This year will be a banner year for me because my faith in the Lord has never been stronger. He has blessed me again and again, and daily gives me the strength and vitality to please my fans."

Another close friend of Jackson confirmed:

"Michael told me God talks to him and also sends messages to his brain. Michael says he knows when someone is going to call him, or when a payment is going to arrive, because God tells him.

"There's no doubt that Michael believes this. He believes that God put him on this earth for a special purpose. Talking to God seems quite normal to him."

This story appeared in the May 17, 1988 issue of *National Enquirer*. Would Awareness please comment on this latest thing of Michael Jackson?

COSMIC AWARENESS:

This Awareness indicates that this entity as one whose career and activities are based largely on the use of the right side of the brain; this as the artistic side. This Awareness indicates that this as the intuitive level; that there is a greater freedom in reference to attunement with those things that are of a spiritual and supernatural level, when entities are involved in the use of this side of the brain; that were this entity heavily involved in math, or in other more rational areas, it would not be quite so easy for him to attune to this kind of experience and consciousness; that most entities are highly trained in using the left side of their brain, and therefore, such events do not easily occur to them.

This Awareness indicates that this entity as being in touch with that which may be referred to as the Higher Self, the more creative self. This Awareness suggests that the entity as also experiencing the natural result that comes with physical exhaustion in reference to the endorphin system; that when an entity runs, for example, or begins an activity of physical nature that lasts long enough, endorphins are introduced into the system at the time when there appears to be a complete exhaustion. This Awareness indicates that the brain secretes these endorphins as natural pain killers and it is at this time that the entity gets what is termed the 'second wind'.

Therefore, an entity in running may suddenly feel extremely tired, and almost immediately, they may receive these endorphins in the system and get a second wind and a comeback. This Awareness indicates the movie *Rocky* as one which exhibited this kind of thing wherein the entity was reaching a point of almost complete exhaustion, ready to collapse, when suddenly there was this immediate comeback of energy, and the entity proceeded to finish with greater energy than at the beginning. That this is the same thing in the case of this experience of Michael Jackson, but in this experience, the entity not only received the endorphins in a greater amount than normal, but also saw this vision of a counterpart, which may be seen as or understood as a reflection of his own Divine Self, or that which in Huna is referred to as the Higher Self.



This Awareness indicates that this personal God of this entity is the way the entity perceived God,—that this entity as having appeared to Michael Jackson due to his own capacity to perceive this energy at that moment, and as the entity begins continuing the pattern of dance and the pattern of singing, and the use of the right side of the brain, along with these endorphin activities, the repetition of this appearance can continue for this entity. This Awareness indicates that it is not unique to Michael Jackson, but the type and appearance of the individual has its own uniqueness according to the perception of this entity.

This Awareness indicates there are others who also have experienced apparitions. These apparitions are not simply projections from the mind, but the mind as needing to be in a certain state in order to visualize or perceive the apparition. These apparitions tend to take the form that is appropriate for the individual's needs, as a reflection of the individual's state of mind. This Awareness indicates that this is such that entities cannot fully understand the nature of such apparitions without a different understanding of the nature of consciousness and the mind itself; that from the consciousness that is molded on the idea of the senses being conveyers of reality, this information would not make much sense, but wherein an entity understands that the senses are limited and reality is of a different nature, and that there is an electromagnetic scale ranging from the most high frequencies to that which runs down into materialism, and an array of lifeforms in between, then this kind of entity, with this type of awareness could understand this experience.

(FOLLOW-UP QUESTION):

Then Michael actually does play with spirit children that exist because of this very reason, is that correct?

COSMIC AWARENESS:

This Awareness indicates this entity as capable of witnessing things that are beyond the sight of most entities. That this is not something which the entity considers unusual for his own experiences; that the entity is not in fact some kind of aberration; that there are many entities who have this capacity, to see, to visit with those who are beyond the sight or ken of the senses. This Awareness indicates that the entity has a very unusual life and therefore the opportunities for experiencing things that are not normal to most entities.



(FOLLOW-UP QUESTION):

This belief that God put him on earth for a special purpose is correct, is it not?

COSMIC AWARENESS:

This is in the affirmative; that this entity as one who can influence the masses, and that his activities are not yet fully defined in terms of his true purpose. This Awareness indicates the entity as one who will continue to give influence to masses, and in such influencing, convey information that can serve to awaken energies. This Awareness indicates part of the present movement of this entity in his present activities is to assist in breaking down prejudices relating to race; that by entities identifying en masse with the talent of one who is black, it helps them to become less prejudice toward other blacks.

This Awareness indicates that this is one of the actions and cosmic purposes of this entity in his present state of expression.

(FOLLOW-UP QUESTION):

His current hit is a song called *The Man in the Mirror*, which I'm pretty sure his younger followers, when they listen to this song, are going to get some new perceptions about themselves.

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This allows entities to begin thinking about self-awareness in a different way than they might otherwise think.

A PROJECT FOR THE ELDERLY --- START USING YOUR HEALING HANDS

QUESTION:

A question from E.R., Auburn, New York. She writes: "I have always been interested in good health practices. In my community there are many retired women interested in some form of service to others. I believe they would find great satisfaction in a new form of service: training the faculty common to all women,—mother's touch. I see a present need, training these elderly women in the use of their healing hands. Two years ago, the sibyl predicted: 'What lies ahead in my life, the development of a talent I possess.'" Only yesterday, after a conversation with an old friend, I experienced a sudden desire to form such a group of women, trained to use their healing hands.

I am conscious of one drawback,—my age. I was born November 8th, 1901. In my horoscope, that 6th house is Capricorn with Jupiter, Saturn and Venus in conjunction, a good omen for a career in the health field. Would Awareness please comment?"

COSMIC AWARENESS:

This Awareness indicates that you have assessed the situation quite clearly. This Awareness indicates that your age needs not have any bearing other than the way it happens to affect things in each moment, such as your energy level, or the particular attitude an entity might have toward you, or your attitude toward them. That otherwise, there is seen no problem in regard to the concept and idea, and wherein you feel a need, you may organize and assist others in this action, or you may take this action and begin a healing program whereby it is offered as a personal service. This Awareness indicates that this does appear to be an area for you that can be of most reward and benefit for others. This Awareness suggests it also can be beneficial for you to assist others in their dietary needs; that there is also seen benefits in helping small animals. That it is all a matter of whether you wish to pursue this, and this of course will depend largely on your own inclination and energy level.

This Awareness indicates that this can be a very good learning experience for many entities who would not otherwise realize they have the healing power, or the power to use their hands for the benefit of others. This Awareness indicates that this can be a doorway, whereby many elderly entities can begin to grasp or glimpse the realm of metaphysics or of new concepts, and may discover personal talents that they might not otherwise experience in this lifetime.

HOW TO GENERATE MORE ENERGY TO USE IN HEALING OTHERS

(FOLLOW-UP QUESTION):

Is there any exercise or regimen healthwise Awareness would recommend for entities who are elderly that could possibly generate more energy for them to use in their healing exercises?

COSMIC AWARENESS:

This Awareness indicates that by placing the hands before the entity, wherein the palms face each other and moving these hands toward and away from each other, you can build up the energy between the hands to the point where there appears to be a ball of energy. You can even begin to feel this energy as it is built. It is much like kneading a ball of dough for bread, bringing this energy together by compressing it and pulling out. This energy will build larger and larger. This Awareness indicates that when it becomes as large as a volley ball, for example, or a soft ball, you may then begin to turn your hands parallel to each other, facing in opposite directions, one above the other, with thumbs inward toward the side of the hands, thumbs and fingers pointing in opposite directions, hands about two inches apart, and rotate these hands with your elbows bent and the hands facing each other, one above the other, rotate these hands one over the other repeatedly as is done in the nursery rhyme, wherein it says: "Roll them and roll them as fast as you can."

This Awareness indicates that as this is done, be careful that the hands do not touch each other, and you will find this ball of energy is then building a circular movement and growing larger; yet, it is increasing in strength. Let these hands then move slightly further apart as you move more rapidly in this circular motion; that you may then switch back to the hands moving back and forth kneading the ball, until it reaches the size of a basketball. You may then, if you wish, again point the fingers in opposite directions, let the arms go into parallel motion, about two inches apart, and again, move into that rotary movement. Roll them and roll them as fast as you can. In this manner you build a large charge of mana or energy around your hands, and you will feel this energy providing they do not touch each other. If they touch each other, the energy often shorts and diminishes. That if this occurs, you may need to build it again, being careful not to touch hands or fingers.

This Awareness indicates that when this energy has been built and you can feel it strong on the hands, place one hand on the entity at one place, and the other hand at another place. If it is the head that needs to be healed, such as in a headache, place the hands on opposite sides. If it is something in the body that needs healing, place the hands on opposite sides of the body so that the energy can go from the right hand into the left hand. This Awareness indicates that the energy moving through from your hand, through the body into the opposite hand, then will carry in its aura and energy field the message of healing, and this message enters the cells of the individual in that area which needs healing and then begins to have its healing effect. This Awareness indicates that it is the intent and image and will of the individual which is implanted in the energy that is being transferred that does the healing. This Awareness indicates that you may practice this, it is even usable on your own self, such as for curing a headache or toothache, or something of an arthritic nature.

This Awareness indicates you may use this on others; that there are benefits also in using it on small animals. This Awareness suggests that it is not always a permanent cure; much of whether the permanence occurs is related to what one envisions during the healing process. If one has the mental clarity and will to affect a permanent healing, this may occur. If one does not have strong enough will or belief it may not be a lasting cure, but in either case, it can be helpful to an entity. This Awareness suggests that after this has been effected and you see the healing energy enter, and the dark unhealthy energy moving into your left hand, it is important that you then go and wash water over your hands before touching other things, otherwise, you will spread that dark energy. It is better to cleanse the hands by running water over them until you no longer feel the energy around your hands.

This Awareness indicates that this is that which has been taught by this Awareness through *Its* ministers as charismatic healing.



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