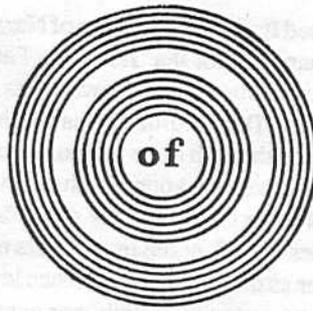


# Revelations

The New Age Cosmic Newsletter



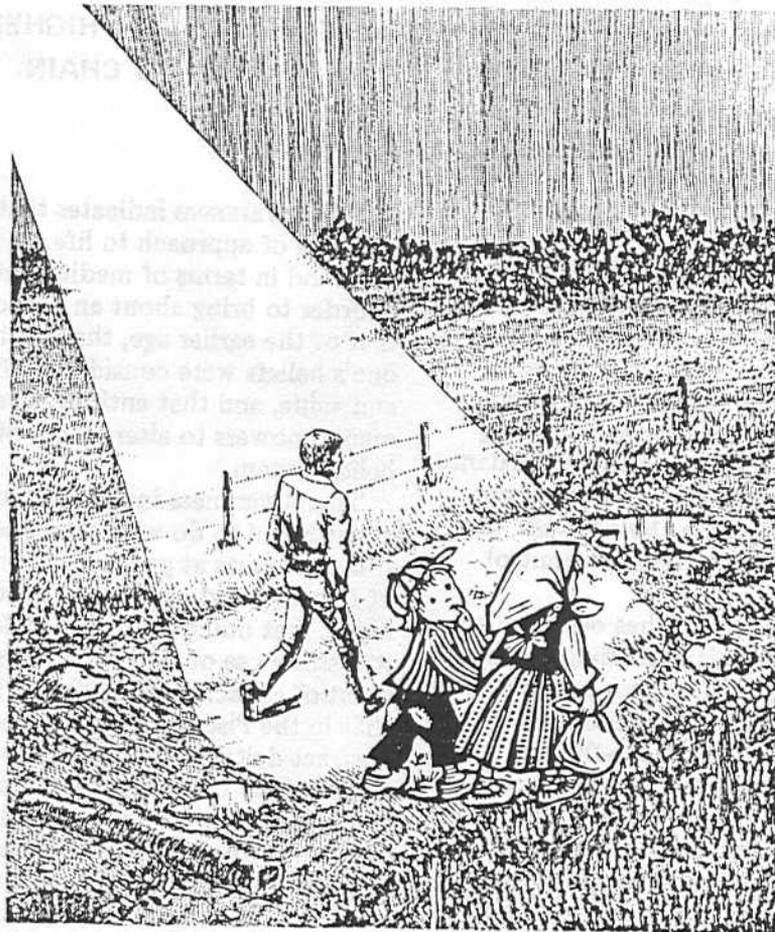
# Awareness

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Helping People Become Aware

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ISSUE NO. 357

Bringing in the New Age...(Continued)



*the movement of Light across the face of humanity:*

## **SPARING THE ROD**

**THE SINS OF THE FATHER: BREAKING THE KARMIC CHAIN**

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

### BRINGING IN THE NEW AGE: ( The Separation of the Wheat from the Chaff)

### HOW TO RAISE YOUR LOWER EXPRESSIONS OF SELF INTO HIGHER EXPRESSION: HOW TO STRENGTHEN THE WEAK LINK IN HUMANITY'S CHAIN.

( Opening Message, C.A.C. General Reading )  
March 29, 1989

#### COSMIC AWARENESS:

This Awareness indicates that several years ago, approximately 1982, this Awareness indicated that the coming forward years would determine the balance between Light Forces and those of the Dark Forces, and which direction things on this plane would move. This Awareness indicated that were the Light Forces able to hold on and grow during that time period, that it would bring about a balance of energies, whereby the Light Forces would then have the ability to override those Dark Forces, preventing the Dark Forces from having the control of this planet.

This Awareness indicates that it has occurred at this time to the degree that this overriding aspect has taken place. This occurred in the latter part of the year 1986 to a slight degree and with the meditations of the New Year in 1987 and thereafter,—these in reference to various global meditations that occurred, including that of the Harmonic Convergence and others. This Awareness indicates that all of this mass attention in terms of planetary energies and the recognition of consciousness as having an effect on the the environment and on the nature of evolution, as that which reflects the new energies of that which may be called the New Age.

This Awareness indicates that it is a totally different kind of approach to life, to realize the power of the mind in terms of meditation, focusing and imaging in order to bring about an outcome, as compared to that of the earlier age, that of the Piscean Age, in which one's beliefs were considered of the utmost purpose and value, and that entities have no ability to use their mental powers to alter things other than through their belief system.

This Awareness indicates that the earlier concepts of faith had to do with the concept of believing in something, whereas at present, the trend is toward a movement of focusing and imaging an outcome in order to bring about that outcome. It is a different kind of faith; while it is still a use of faith, the faith has to do with the movement of consciousness. The difference between these is that in the Piscean Age, the idea was to have faith in an abstract deity, or god, which was undefined, undefinable, and actually only a name or word, whereas in the Aquarian Age, which is now moving its energies into consciousness, the same kind of faith is used, but the faith is in terms of a consciousness, such as a Christ Consciousness, or Divine Consciousness, Spiritual Consciousness, or the actual experiential level of using and realizing Consciousness is the Divine Deity; that when entities recognize themselves as part of God, they are referring to the Divine Deity, to which they are part, of which they are a reflection.

The Collective Consciousness: No Need to Mention God

This Awareness indicates that the consciousness which entities experience is in fact a portion, a centralized point, or what may be termed a whirlpool of that Divine or Universal Consciousness. It is a kind of matrix. It is much like a crystal of ice formed on a pond or pool, wherein certain energies come together forming a crystal before the entire pool forms ice. These little snow-flakes, or crystalline energies may be equated to individualities of entities in relation to consciousness. Eventually, if the temperature of the lake or pond drops enough, these little crystals will seem to disappear as solid ice begins to form. Likewise, in consciousness, as the consciousness attunes

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itself more and more to the Divine, the individualities will seem to disappear somewhat as the beings begin to merge into a group consciousness, a one mind, or that which is a Universal Consciousness; that this is often also called a collective consciousness.

This Awareness indicates that this group mind or the individual consciousness which is emerging and reaching such a state as to possibly merge with other consciousness is that which will eventually lead through the evolution of consciousness to that which is called telepathy, wherein entities' minds are at one with each other, and one can feel the other, can understand the other, even without the words. This Awareness indicates that in a society in which consciousness and telepathy are commonplace, words such as God or special names, take on a more insignificant purpose or value to such a society, for entities can know through the experiential level what is meant without the words having to be spoken or written.

This Awareness indicates that the point being in this discussion, that while the Piscean Age use of words, in order to hold and promote a concept, belief or teaching was sufficient for a certain level of consciousness, in fact, was *necessary* for a certain level of consciousness, there is now the possibility that the consciousness will move beyond the mere superficial soundings of words into that which is experiential, into that which is a knowingness, rather than a belief, and that knowingness is based on the experience of being at one with God rather than the mere belief or claim or wording and speaking of being with God.

Likewise, in all other experiences of human nature, in relation to the Universal or Divine Consciousness, entities can begin evolving in that direction whereby they become one with the Divine and do not necessarily need to talk about it, or do not need necessarily to use certain phrases or certain names or certain words in order to convey or experience or understand their reality. That in other words, as the human consciousness evolves, there will come a time wherein all of these words used to define, to describe, to preach, to share religious and philosophical ideas will simply fade away and not even be remembered, not even be used, for the mind itself will be able to convey through vibration what is experienced by one so that another can understand through vibration received what the other is attempting to convey.

That when this occurs, it will not matter what religion one has for all religions will vibrate the same because vibrations are not necessarily words, when conveyed strictly mentally. The wording is only necessary when spoken and received by the ears; the feeling level can convey the reality just as well through mere vibration and frequency without the use of words. This Awareness indicates that at this time, the movement of those Forces of Light are gaining enough energy that the evolution of humanity is continuing.

This Awareness indicates that it does not necessarily mean that all entities on this plane are progressing through a soul growth evolution. Far from it. This Awareness indicates that there is a split occurring, in which those forces of Darkness are becoming more highly polarized and those Forces of Light are becoming

3 more clarified, so that a more definite line is being drawn between those who are moving toward Light and those who are moving toward the Darkness, and this is the separation of the wheat from the chaff.

This Awareness indicates that as this separation occurs, the distinctions become much more easily recognized and discerned so that entities can quickly tell the Light Worker, the person who is associated with the spiritual life, from that entity whose only interest is in promoting self and whatever can be gained, whether it be mere pleasure at the expense of another or greed at the expense of others. This Awareness indicates that for those who cannot take that move toward the Light, there will be the acceleration of their demise as they move toward the Darkness.

This Awareness indicates that for some of those moving toward the Darkness, there will be a sudden realization of the error, and these entities may find themselves turning about quickly to move again toward the Light, but there will be many who cannot grasp the reality and need for moving toward a spiritual evolution. These entities will be set back for some time in their evolution, to again move through many lifetimes, if necessary, to reach this point of choice.

#### How Entities are Measured

This Awareness indicates that during the coming decade, this gap will widen. There will be those who represent the darker forces, and these entities will take on a darker form, more easily seen, whereas those which are following the Light will become more radiant in their spiritual expression and will be able to make wondrous changes in society, in the world. This Awareness suggests that entities understand each individual is measured by the height of their spiritual development, the highest and best they have to offer, on the one hand, and their lowest and most degraded behavior on the other hand. It is that span between these two aspects of the individual by which entities may be measured, and it is important that in your evolution, you attempt to reach higher on the one hand to better yourself in your highest expression, and to bring up those more base qualities so that you do not sink so low in times of difficulty as to express the more base part of yourself, for it is the expression of these base qualities that you energize those levels that are less than desirable.

#### How You Rise on the Scale of Evolution

This Awareness indicates without expressing those undesirable qualities, they do not exist. This Awareness suggests however, that as you move to lift your expressions into higher and more meaningful or more refined levels, such as discussing the fact that you feel angry or upset, rather than exhibiting anger, you will find that the discussion is equally as effective, if not more so, and less destructive to the relationships, so that the expression of anger which can destroy a feeling of relationship between yourself and another is seen as less effective, whereas the discussion that you are feeling upset, disturbed or angry, allows for a workable communication to resolve the difference.

This Awareness indicates that rather than throwing a tantrum, you simply can state that you *feel* like throwing a tantrum, or feel like throwing something, or you feel a need to throw something, and in discussing this

it allows something slightly higher to take place, and in<sup>4</sup> so doing, you have raised that lower expression of self a niche or two higher than it previously resided at, and in such lifting of that lower, more base part of yourself, you have evolved that much. That this is how entities, little by little, inch by inch, rise on the scale of evolution to become higher and higher beings of Light whereby their sensitivity reaches up into more refined levels of expression.

#### How Your Dumping of Negative Thought-Forms Affects the Earth's Aura

This Awareness indicates that these movements by individuals affect the energy forces on the earth plane in the collective biocomputer or what may be termed the aura of the earth's energy field, so that the earth itself does not contain so much negativity and so that the earth itself begins to vibrate at a higher rate, so that other entities do not have to tap in to such negative energies. This Awareness indicates that many of the negative expressions exhibited by unevolved individuals are influenced by the negative energies that have been dumped by others into the earth's aura. These thought-forms which entities dump, such as anger, resentment, hostilities, polarized condemnation; all of these kinds of energies, which millions dump into the earth's aura every day, are channeled by those weaker entities into violent expressions, and these entities can create havoc, because they are too weak and unable to discern clearly to filter out those things which others simply dump and get rid of and then move on. These entities pick up those energies and act on them, thinking they are their own emotions and feeling angry, hostile, become violent in their expression.

This Awareness indicates that thought-forms are spread just as disease is spread, and therefore it is important that entities be careful about dumping negative thought-forms, which can be picked up by other entities, usually younger people or people on drugs, or people whose minds are not balanced, whose emotions are not balanced, who are somehow disoriented for one reason or another. These entities are the weak link in humanity's chain and tend to collect the garbage that others throw off in their expressions which others have no use for. They throw their tantrum, then pick up and go on with their life, but others have felt the power of the tantrum, hold on to those energies and often carry those energies for some time before expressing themselves.

#### How Angry Parents Can Give You Cancer

This Awareness indicates that expression can often be volatile and dangerous to someone. It is likened unto that concept which states that if you beat a child with your anger, that anger goes into the child with the beating and begins to form a demon which grows in the child for many years, and can cause illness, disease, or violent qualities within the child which may not exhibit themselves completely for decades, as the demon develops and grows. That many of the illnesses which entities experience in later life are nothing but the fruit of seeds which were planted in earlier life by an angry parent or persecutor.

This Awareness indicates that the child feeling the anger and persecution, simply wants to survive, and fears for his or her life, and is powerless and dependent

entirely on the mercy of an angry parent or persecutor, hoping that the parent will calm down and cease to pound or beat or threaten the life of the child. The child, in receiving such threat to his or her life formulates certain concepts or ideas regarding the experience, and it only takes sometimes one incident to affect the personality of the child for his or her entire lifetime, thus, the child may formulate a belief based on some experience and develop a personality trait based on that belief, which affects his or her behavior in future relationships in a manner that is detrimental to others or to self.

For example, an entity may feel put upon by someone who uses force on them; if the child feels the force is a threat to his or her life, the entity may develop a personality trait wherein any future expression by someone who is forceful is viewed as a threat to the entity, and the entity feels an unconscious danger and reacts violently to the ultimatum or to the force exhibited by the other, to the point where he or she loses emotional control and becomes violent in response to that exhibition of force, when it is not even necessary; then the entity could unemotionally simply respond with a simple statement: 'Are you trying to force me into this?', and could just as easily tell the person: 'I don't want to do it!', but because the entity feels a subconscious threat to his or her life by someone exhibiting force, which subconsciously reminds the entity of the childhood experience, the entity reacts violently, emotionally, damaging his or her immune system, hormones, or various organs of his or her body, while also perhaps damaging relationships beyond repair, in some cases.

#### How Spanking Can Create a Demon

The entity might punch the person in the nose or do something else in response to a forceful statement by another; that these are the demons that have grown over the years as a result of some emotion being placed into the child by an outraged parent, or other. This Awareness indicates that when there is this heavy passion and emotion involved in a grounding action such as the spanking procedure, it is a form of ritual. The spanking, the physical contact, the implantation of physical pain accompanying the anger creates the demon that grows within the child. An entity can have a spanking without the emotion, and view it as a form of punishment, and the demon will not evolve, although certain other types of problems can evolve from that type of punishment; in fact, it may even be worse, for the qualities of sadism may evolve, in which the entity coldly learns to use pain, feel pain from a cold parent, an emotionless parent, an impassionate parent, and may begin to accept the pain without emotion and may begin to develop qualities of learning that pain does certain things so that the entire process of accepting and inflicting pain is a mental action without any compassion or passion being involved, thus the cold attitude toward inflicting pain may develop in this entity.

This Awareness indicates that the infliction of pain on another, whether it be a child or what, is that which teaches whatever the message is, but it carries a great danger, in that it also teaches other things more than the message. It teaches the entity to inflict pain on others. It teaches the entity to express the same emot-

5.  
ion behind the pain on others. It teaches the entity, in other words, to pass on that same kind of punishment toward others, therefore, it is important to think in terms of not so much punishing, but in terms of educating. When one, for example, does something dangerous to another, the one who creates the danger needs to recognize that such activity is not acceptable. The entity does not need to be put in danger, does not need to feel that he is going to be punished to the point of danger, but does somehow need to be informed of the magnitude of his expression in which another was put in danger.

This can be done through talking, and through special attention, or through isolation, whereby the entity is encouraged to think about that, to think about what could have happened, what it would mean, to think about it enough to where the entity really understands the possible consequences for his or her action. This Awareness indicates that it has been suggested that children who create a disturbance be sent to their room or to another place for one minute for each year they are old, or perhaps for two minutes if the disturbance is really deserving of super punishment, or if the child is more of a responsible type, to be sent to the room until they are ready to relate differently.

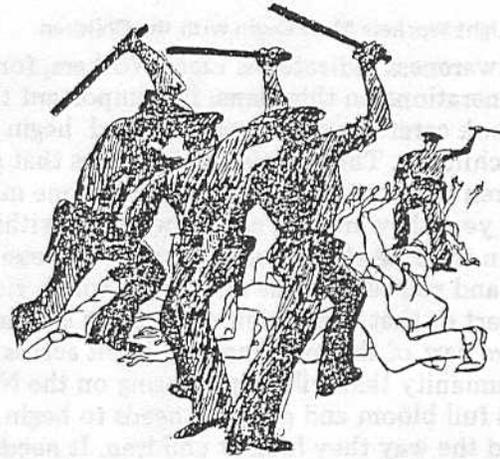
#### How the Bully is Created

This Awareness indicates that this kind of punishment seems extremely mild. Many parents would think this was a kind of joke, but if it is consistent, it will be sufficient to let the child learn that he or she cannot get by with such behavior without having to experience the consequence of isolation. A 7 year old child spends 7 minutes in his room because he struck or violated his younger brother. A 10 year old child spends 10 minutes there. As these experiences of isolation become forms of punishment for misbehavior, the child does not feel his life is threatened, does not develop personality traits that then pass on some aberration to others, thus, a 15 year old who defies his parents may spend 15 minutes in his room thinking about it. It is better than being struck on the head, across the face, or violated physically in some other way, which would humiliate the child in a different manner, based on force rather than in a kind of educating experience, so the entity learns that if you defy a larger person, you may get hurt, but as long as you're larger than the person, you can get by with it.

This creates bullies, thus, the entity who is beaten by larger people, develops the knowledge that when you're larger, you have the right to beat smaller people. 'My parents beat me, so I am now a parent, so I can beat you! I love my parents, and therefore, you will love me, even if I beat you.' This Awareness indicates that many entities grow up with this programming. It is not what the parents intended to instill in the child when they beat the child, but it is what gets through nevertheless.

*'Spare the Rod and Spoil the Child'--Who Said That?*

This Awareness indicates that the cycle passes from generation to generation. "Spare the rod and spoil the child." This is Biblical. Thus, for century after century, violence becomes the way of life. Beat the small one down. Prove yourself to be in control. This is Biblical. The question is: Who wrote it? This Awareness indicates



that there are many ways whereby entities have been deceived into doing things which have created much of the tragedy on this plane. These entities being taught to spoil their child by sparing the rod are being influenced to beat their children as a way of instilling some kind of higher values in them, are in fact creating violence and promoting their violence to their children to carry on to their own children, and to others who are weaker, who cross them, whom they do not wish to see spoiled, such as foreigners, people of other cultures who need to be taught obedience, who need to be taught who their masters are.

It carries not only from generation to generation, but it carries also from one culture who has been taught to bully the smaller people, so that when they are confronted with someone in another culture of smaller people, they can justifiably subconsciously remember the Biblical quote and beat these people down so that they do not get too uppity as a spoiled child might be. This Awareness indicates it is sufficient for parents to isolate the child in most cases. A slight spat on the bottom when a child does something mischievous is not a threat to the child's life, does not scare the child or make the child feel the parent is threatening, so that survival instincts kick in some kind of programming. A slight spat, when the child steps on the cat deliberately or deliberately throws his glass of milk on the floor; this is not going to create a trauma for the child, it simply informs the child that the parent disapproves and the parent doesn't like that, and the parent has limits as to what the parent will tolerate.

#### The Battered Child Reaches Adulthood

This kind of spat or spanking of a slight nature, wherein pain is miniscule, can be beneficial for the child, but a rod?, what kind of rod? A crow-bar perhaps? This Awareness indicates that this has not been spelled out, nor has the strength of the stroke been spelled out as to what it takes to keep the child from being spoiled. For this reason, there are many battered children. Many of these battered children are now in adult bodies, walking around, carrying the scars of being beaten when they were children, and these scars create certain aberrations in their consciousness, and entities wonder why there is so much crime, and why so many people are failures in life, and why so many people have mental problems, and why so many humans are totally ineffective at living, and why no one can seem to find happiness in life, and why so many entities are depressed, and why so many exhibit so little enjoyment in their lives.

This Awareness indicates as Light Workers, for the future generations on this plane, it is important that entities look carefully at this violence and begin at home with the children. This Awareness indicates that giving the children time out from their conflicts; one minute for every year they are old, can do wonders within a generation to bring about a new form of expression, behavior and respect for one another in which violence is not a part of that expression. That these simple actions are part of the movement of Light across the face of humanity that will help to bring on the New Age in its full bloom and glory. It needs to begin with adults and the way they look at children. It needs also to begin with adults in the way they look at themselves, recognizing that if indeed they were beaten as children, they were wrongly programmed and resentment will do nothing to change that programming, but the recognition that their parents were ignorant in the ways of child-raising and that they have the opportunity to stop the karma and to start anew in the way they raise their own children, shall be the great lesson that they can learn from their misfortunes.

This Awareness indicates that children can be very frustrating to a parent, can tax one's emotions to the point where the parent can hardly restrain himself, but these children are simply testing their limits, to see how much power they have. The little know-it-alls think they know everything by the time they're four years old. This Awareness indicates that an intelligent adult will understand this and not get upset, and will simply tell the entity what is important for the entity to know in regard to his present level of understanding, and will make sure that if the entity is being too far out of line, that a limit is placed there, with the understanding that the child is looking for the limit. The child, in reaching beyond his limits, in knowing what the parent does or does not want, the child is testing and pushing back the fences, pushing back the limits, and in understanding this, the parent simply places up before the child, the fence, the limits: "You can't go beyond this. That is a no-no." Place the limits and don't back them off.

#### When the Child Screams & Tantrums

If the child screams, take the child to his room: "Stay there until 4 minutes are up. You are 4 years old. Stay there for 4 minutes." The child will wish he were only three. The older the child gets, the longer he has to stay in his room, if he pushes beyond the limits. If the child refuses to stay in the room, extend the amount of time he needs to stay in his room. Lock the door if you can, or otherwise refuse to feed the child until he has spent time in his room. There are many ways whereby the child learns his limits.

This Awareness indicates that it is important that you not give in when you are being challenged, because the child, pushing against those limits, learns that: "Well, if I scream loud enough, mom will give in. If I kick the door hard enough she'll come in here and start talking to me or yelling at me, and then I can talk back, and she'll let me come out. If I cry hard enough she'll come in." The child is constantly testing, trying different ways to not only survive, but



to get his way. It is a challenge: "How can I get my way? I have nothing better to do than to try to see how I can get my way." What has a child got to do with life anyway other than to test people and try to get his way?

This Awareness indicates that the child could be given tasks to do, such as: "Clean up all this stuff you just dumped on the floor!", and if the child says, "No!" ... "Clean up the stuff or go to your room! Go to your room while I clean it up. Stay there four minutes. You are 4 years old." Give them a choice. Let them think about which they want to do. This Awareness indicates that these things can be handled without child-beating, but it is important that you be consistent, and you relate to the child as if you were relating to a very small, short and very stubborn and not too intelligent adult, for that is indeed what these entities are. They are reincarnated adults trying to find their way in a world of giants and they have very little memory of what it is to be disciplined, to have self-discipline. They are out there testing the waters to see how far they can go with their strong wills and their short self-discipline and their need to find their limits.

Remember that their limits are always expanding, but from their point of view, they never expand fast enough, which is why they push too hard, and fall flat on their faces and start crying for mommy. "Mommy must rescue me now, I went beyond my limits. I ran faster than I could. I broke down. Mommy! Rescue me! Now, Mommy, leave me alone. I want to dump this flower plant." They never seem to understand their limits and they never seem to have the ability to discipline themselves. They need those outside fences until they have developed these abilities. If they do not get the fences at home, they will get them from outsiders, from kids in school who won't take their pushiness, from teachers, from the authorities in society, from the police, from the wardens, from the courts, unless the parent creates fences and teaches the child where these fences are and what they are allowed to do, and where they cannot tread, and what they must do in order to move beyond those fences to have those privileges, what responsibilities

are necessary before they can step over that fence into another pasture, another corridor, another neighborhood, so that they begin to gradually push back the fences according to the ability to deal with the new freedoms they are receiving or new privileges; when the entities learn this, then they are evolving properly.

This Awareness indicates that children are fertile ground for anything that comes along. It is important that parents protect them, and give them that training, discipline, understanding, direction which allows them to develop in a healthy manner so that they are creative, able to break certain rules, which is part of creativity, but also able to stay within certain limits so that they do not destroy or harm themselves or others, or the properties of others. It is important that they know the limits in which they may express their creativity.

This Awareness indicates that Shakespeare well knew the rules of grammar, yet it was by creating unusual aspects of grammar and by breaking those rules of grammar in very clever ways that the entity was such of a genius. Shakespeare knew that you didn't say: 'Never was winds nor waves so violent,' and yet by saying it in this erroneous grammar, the words gained power. 'Never were waves nor winds more violent.' Such would pass on without being noticed. But: 'Never was waves nor winds so violent' becomes more outstanding because of the erroneous use of the verb.

#### The Qualities of Uranus in the New Age

Likewise, children need to learn the rules first, then, for creative purposes, once the rules have been well-instilled, the child may then understand how to break the rules to gain greater effect and use those broken rules for greater benefit to society. This Awareness indicates that this is all part of the New Age. It is only a small part, but it is a crucial part in bringing about these new energies which are to come, for the planet Uranus which rules Aquarius also rules qualities of invention, perversion, the unusual, the distortions, the rebellious, the breaking of rules, the defiance of authority; all of this will be part of the New Age, and entities who do not understand how this energy must be handled will learn only by trial and error.

This Awareness indicates that altruism is also a quality ruled by Uranus, and often these sudden explosive qualities or expressions that come about because of Uranus; the rebellions, all of this can be modified when entities understand the value of altruism, of giving self for others. It is not something one must do in the sense of martyring, but in the sense of giving attention, of paying attention, of giving self in terms of attention to the needs of others, seeing what the entity needs, not simply so that the entity will get off your back and leave you alone, but so that the entity can gain something from the experience of having related to you, even if it is just a child who wants your attention, who wants to steal something from you, who wants to steal something from you because he really admires you, and likes the things you have.

7. This Awareness indicates that all these rebellious actions that are occurring in your society today have meaning. They are part of the New Age, but this energy needs to be channeled and directed into something more creative, more inventive. It's expression now moves in and through the music, and through show, through presentations, those areas associated with Leo, the opposite sign of the Aquarius energies. It is through Leo that the power for the Aquarian Age is exhibited. Leo rules children, stage, presentations, drama, sports, television, show; all of those things which are so powerful in your society today, which, in the Piscean Age were almost nonexistent.

In the Piscean Age, organization, books, monks, bookkeeping, rational thinking, hierarchy systems, all of those Virgo qualities, details, all of this rules the Piscean Age. Now it is the wild show, the rock festival, the television, the music, the demonstrations, presentations. This Awareness indicates that in channeling this Uranus energy: the rebellion, the perversions, the distortions, the inventiveness, the creativity, flight, all of this can be channeled and directed through demonstration of Leo qualities, and part of the demonstration is to serve as a role model for your children, to serve as a role model for others, to demonstrate proper behavior, to demonstrate, to show affection, to show attention, if necessary, to isolate an entity until that entity is capable of understanding what went wrong and why.

#### Dealing with the Rebellious Child

This Awareness indicates that the Aquarian Age is an age in which social consciousness is a powerful force, and such an entity, attuned to such energies does not like being isolated. Entities want to be around others, especially those entities who are rebellious. How can you rebel when no one is around? You can't rebel against yourself. Most entities who are rebellious have to relate to someone or they do something in secret which they know will soon be out in the open as a rebellion to be recognized by society, but it has to involve someone else, and by isolating a rebellious individual, that individual cannot gain the benefits of that rebellion, thus, you take the child from the room, put the child away until the child is ready to relate in a more proper behavior, in a way that is acceptable.

This Awareness indicates that it is part of the energy of these times that parents must learn to forget the rod and spare the child, by using other ways of raising their children to be responsible for their actions. Such children will in turn raise their children in similar ways because they have had good models to follow. This Awareness indicates the role model of a child in this Aquarian Age will be the key factor as to proper rearing of children, rather than the use of the whip, the rod, the beatings.

This Awareness indicates that from time to time, It will give further information relating to the Aquarian Age and what this means, for there seems to be considerable misunderstanding as to what the New Age is. This Awareness suggests that unless there are questions in regard to this message, that the Interpreter be brought from trance.

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( The Law of Gratitude is given )



# THE AREA OF INFORMATION THAT WAS TOTALLY MISSING IN THOSE INCREDIBLE AUDIO TAPES RELEASED BY DR. BETER

(Excerpt from C.A.C. General Reading No. 1)  
December 7, 1989

QUESTION:

question from T.L. He writes: "I am most curious to know how Awareness views what I think is an untold legacy resulting from Dr. Beter's monthly Audio Letters. Those people on the cutting edge in the intelligence community were affected by those releases of information and its integrated synopsis of the world. The question remains: What were the ramifications of this historical event in consciousness?"

## COSMIC AWARENESS:

This Awareness indicates that there were many of those entities within the intelligence agencies who, prior to the release of this kind of information, were as much in darkness as the general public in regard to world events. With the release of such information, many of these entities gained a new understanding of what was going on and could, by reflection, gain a better understanding of the role which they played in the general scenario.

This Awareness indicates that there was much in the Dr. Beter information that was given in regard to behind-the-scenes activities, but there was also an entire area that was totally missing, which was never brought out and is yet to be released; that this will fill in many of the gaps and mysteries related to the information given by Dr. Beter, and can explain how and why so much of his information, which appeared to be extremely radical or unusual and bizarre could have in fact been real.

This Awareness indicates that this relates in part to the information released by the entity William Cooper on UFOs, which entities, in looking at this information will discover parallels in many ways with much of the information this Awareness has given over the years; that even this information is not fully complete. This Awareness indicates that from approximately February of 1990, there will be greater release of information from sources in regard to the UFO situation; that until that time there is still in effect what may be termed a 'policy of extermination' for entities who release too much information.

It is in effect dangerous to know too much, to say too much in regard to the UFO phenomena, but in February of 1990, a reclassification of some of this information is scheduled to take place, to allow a release of more of the information. This Awareness wishes to say at this time that many of the movie and television dramas relating to extraterrestrials and aliens has been encouraged so as to assist in the preparatory stages for humanity to accept some of the information that is destined to be released in the next year or so; that this information as related to these movies and dramas is not so much directly encouraged by word of government agencies saying: "Sure, it's okay! Make a movie about this!"

It is more likened unto scripts being submitted and certain entities who are connected like silent partners to the script to be used,

and help find funding sources to keep the script going. This Awareness indicates that those who have watched *War of the Worlds*, the running series on some of the networks, will recognize that there are certain elements in that series which relate very closely with information that is surfacing or has been available from UFO lore groups and legends.

## Orson Welles' 1938 'War of the Worlds' was a Test

This Awareness indicates that essentially, when Orson Welles released the radio broadcast *War of the Worlds* in 1938, it was in fact a test to see how the American people would react. It was more than just a haphazard drama. The American people reacted with great shock. There were suicides, and it was decided that the information needed to be withheld from the public. This Awareness indicates that even at that time, the government was aware of an alien presence on earth; that this had been known since the early 30's.



Orson Welles broadcasting his famous 'War of the Worlds' radio drama in 1938.

(America flunked the test)

## Radio Listeners in Panic, Taking War Drama as Fact

### Many Flee Homes to Escape 'Gas Raid From Mars'—Phone Calls Swamp Police at Broadcast of Wells Fantasy

A wave of mass hysteria seized and radio stations here and in other thousands of radio listeners cities of the United States and Canada throughout the nation between 8:10 and 9:30 o'clock last night when a broadcast of a dramatization of H. G. Wells' fantasy, "The War of the Worlds," led thousands to believe that an interplanetary conflict had started with invading Martians spreading wide death and destruction in New Jersey and New York.

The broadcast, which disrupted households, interrupted religious services, created traffic jams and clogged communications systems, was made by Orson Welles, who as the radio character, "The Shadow," used to give "the creeps" to countless child listeners. This time at least a score of adults required the medical treatment for shock and hysteria.

In Newark, in a single block at Hedden Terrace and Hawthorne Avenue, more than twenty families rushed out of their houses with wet handkerchiefs and towels over their faces to flee from what they believed was to be a gas raid. Some began moving household furniture. Throughout New York families left their homes, some to flee to parks. Thousands of people fled the nation newspapers.

The program was produced by Mr. H. G. Wells and the Mercury Theatre on the Air over station WABC and the Columbia Broadcasting System's coast-to-coast network, from 8 to 9 o'clock. The radio play, as presented, was to simulate a regular radio program with a "break-in" for the material of the play. The radio listeners, apparently, missed or did not listen to the introduction, which was: "The Columbia Broadcasting System and its affiliated stations present Orson Welles and the Mercury Theatre on the Air in 'The War of the Worlds' by H. G. Wells."

They also failed to associate the program with the newspaper listing of the program, announced as: "Today: 8:00-9:00—Play: H. G. Wells' 'War of the Worlds'—WABC." They ignored three additional announcements made during the broadcast emphasizing its fictional nature. Mr. Welles opened the program with a description of the series of

This Awareness indicates that entities watching that series will find that there is much which parallels reality, even though most people see it as strictly fantasy; this being such that even the creation of replicas reflects likewise on the information associated with Dr. Beter's robotoids and with the synthetics. This Awareness indicates that these things are still presented as fiction, but more and more fiction is being presented to the eyes of the public to allow the image to become more real. It is reaching a place where if the government would announce that these things are real, the public would not be so shocked because they have seen it on television already anyway.

It is this conditioning of the public to accept these realities that is behind much of what is occurring. This Awareness indicates that you will recall a question in the early part of 1989 asked by Avaton through this Interpreter, asking this Awareness in regard to a large body moving through space toward the earth that was said to be approximately the size of Pennsylvania, --this supposedly an asteroid.\* This Awareness indicates that this was no asteroid. This was a Mother Ship which moved beyond the earth during the late spring and early summer and is expected to return in approximately 30 years.

\* 'Revelations of Awareness' No. 89-9.

This Awareness indicates there were aliens aboard, some were dropped off to visit and who remained on this plane. This Awareness indicates that *It* has given previously that a base in New Mexico as being one of a number of alien bases. This base at that time had approximately 2,000 aliens. This Awareness suggests this being now approximately 18,000 aliens. This Awareness indicates that these aliens have given much of the technology that is part of your society. This Awareness indicates also that it is largely due to the alien presence that the cold war has suddenly come to an end; that there was once a statement by then President Reagan to Mikhail Gorbachev, that if we were to be invaded by aliens we would meet and would suddenly become allies, or something to that effect.\* [In issue 89-9 this news story was reproduced] Ed.

This Awareness indicates this entity was stating the realities. There is a growing uncertainty among the governments in regard to both Russia and the United States, as to whether agreements made with the aliens can be held or will break down. This Awareness indicates that some of the agreements have already been broken; these were agreements made during the Truman administration.

This Awareness indicates that many of the children who have disappeared are due to aliens. This Awareness indicates there is concern among some that by 1994, a crisis could erupt between aliens and earthlings, leading to potential war. This Awareness indicates that all of this as that which should be perceived with a realization that part of the changes that are occurring globally in regard to Eastern and Western nations, in terms of disarmament projects, and in terms of the Star Wars effects and efforts, are part of the shift from the cold war efforts to that of potential alien/human warfare.

The Star Wars efforts are designed more for the potential of alien warfare, and it is also necessary in order to raise sums for such potential that the continued cold war armament buildup cease immediately. This Awareness indicates that over the years much of the drug money has been used to support the alien bases, and now the drug money being curtailed, indicates a change in government attitude towards the aliens, wherein this may not be blessed by government agencies.

This Awareness indicates that you must understand, the government had little choice but to help these aliens for their technology was far beyond that of the earth; that at one time, Truman attempted to fight against these aliens, only to discover that they had greater protection and the ability to overpower the American weaponry, and therefore, had no choice but to make certain agreements with them, and it was for this reason that much then became secret; that some abductions were allowed, under certain conditions, which the aliens later violated.

In exchange for this support, the aliens agreed to give certain technologies, including such things as the particle beam weaponry, laser technology, and some of the computer technologies, and those technologies were offered also to Russia, and also technologies associated with the duplication process of humanoids or human beings from genetic techniques: the robotoids, synthetics. This Awareness suggests that the weather modification programs were also assisted somewhat by entities, and that some of the other technologies associated with frequencies, vibrations, and the electromagnetic spectrum, such as ELF waves and such, have also been assisted by technology from these entities.

This Awareness indicates there also were certain efforts in regard to social controls and that there are yet technologies to be released that stem somewhat from these entities' research and information. That likewise, some medical breakthroughs have come from these entities; that some of the medical problems also have come from knowledge brought by these entities.

This Awareness indicates that the greater danger as that which relates to questions of whether or not humanity can integrate with the aliens or whether or not war will erupt or whether or not the aliens will attempt to enslave humanity. Another option as that which has been considered and did not occur, being the option of creating biological disaster or nuclear disaster to wipe out greater portions of the human race to allow aliens to have greater control over this planet; that the technology available to the aliens would allow high radiation throughout much of the planet to destroy humanity. They themselves could then use the technology to diminish the radiation.



This Awareness reminds you also that insects are the least prone to suffer from radiation and that many of the aliens are related to insect biological forms, that there are some more human types, but these are considered as servants to those others. This Awareness indicates there also should be recognized that the Deros are competitors with the insect-type aliens, but that they both have similar qualities, and therefore can neither be totally trusted to keep agreements, and that both tend to be in competition with each other, living underground in tunnels or undersea, the aliens living undersea in some cases.

This Awareness indicates that *It* has already given too much information in regard to this topic; that there will be other sources releasing information in regard to this topic; that there will be other sources releasing information during the next year for entities who wish to pursue this further. This Awareness indicates that much information will be released also from government sources during the next year. It is part of a realization that entities need to become aware of the potential for war. This Awareness indicates the likelihood is that such a war would be done somewhat in a limited way, limited in terms of not letting the public know so much about what is occurring.

This Awareness indicates there already have been efforts at different times to wipe out some of the alien bases. These have been successful in some areas, and in some areas have failed; that this in reference to times in the 70's, especially during the 1970's; that there were also times when those who attempted to wipe out the alien bases were themselves destroyed. There are two factions in the government agencies relating to aliens and these factions are not in agreement as to how to handle the aliens.

One faction tends to feel the necessity to work with the aliens and it has been their intention to set up a One World Government in which the aliens see themselves as being the power behind the throne. The other faction sees the aliens as a threat to humanity and wishes to expose the information, wishes to eliminate the threat to let the public know, and to prevent the aliens from gaining control of the planet.

This Awareness indicates that if entities wish further information on this topic, they may refer to previous reading through C.A.C. which the editor can list, and also to information in reference to the entity Cooper who has released a composite of data that summarizes much of the problem. This Awareness indicates this entity being very courageous in doing so, risking his life to release this information, has made it possible for others to give substantiating information. Entities reading his material will notice much parallel between previous information given by this Awareness and should also appreciate that had it not been for this entity's releasing the information, this Awareness would not have given this particular message as it would have jeopardized the lives of those here at *Cosmic Awareness Communications*, or could have jeopardized their lives, but because this information has already been released, to some degree, by the entity William Cooper, this

Awareness has simply added substantiation and some incidental information to this.

1987 BEGAN A 7 YEAR COUNTDOWN FOR A SHOWDOWN WITH THE ALIENS

( Closing Message):

This Awareness indicates that because of William Cooper's release of information regarding the UFO base at Taos, New Mexico, those entities were forced during the summer to move to Davis(?) Oklahoma. [Unclear. Transcriber thought it said 'data', but Davis appears on map.ED.] This Awareness indicates these entities did not remain there, but returned. They were dissatisfied with the area, and they returned to their base after the mother ship passed with the addition of those other alien components, increasing the number to approximately 18,000 entities there at this time.

This Awareness indicates that *It* wishes to warn entities, there are always a few, to avoid entering in to these underground caverns and bases, simply because of curiosity or because they feel some kind of exploratory duty, for these areas are quite dangerous. This Awareness indicates that *It* mentions this because there have been a few readers who have apparently a suicide wish, who have wanted to, or have either planned entry into some of these underground caverns that this Awareness has spoken of.\*

This Awareness indicates that soon enough entities will know more information about these things from various sources; that the year 1989 released more information on UFOs than any year in the past 45 years or more and that more information was released in 1989 than in all of the past two decades combined. This Awareness indicates that 1990 appears to be a year of even greater release of information; that this will continue. This Awareness indicates that 1987 began a 7 year countdown in which the preparation for a potential showdown with the aliens is underway.

It may resolve peacefully, or it may resolve through some potential violent actions. (This Awareness suggests the Interpreter be brought from trance).



\*ED's Note: Over the years we have had about a dozen members write in stating they were about to embark on some kind of expedition into a cave, cavern, or the North Pole entrance into the Hollow Earth. These entities one by one have simply disappeared. Vikki says some of the newsletters came back with notations such as "moved, no forwarding address," or "addressee unknown" even though we may have been mailing to that address for years. Even the editor of the "Hollow Hassle", a magazine devoted to exploring caverns, disappeared, and her newsletters we had been mailing to her came back the same way. This year we just received notice from a member that he was going to go back this summer to Greenland to further explore what he believes is an opening into the inner earth. Last year, at least two entities, including Michael in Alaska, who had a reading from Awareness some years ago, was again trying to put together an expedition to the North Pole to explore the Inner Earth world, which Awareness has verified does exist, and which numerous books, such as "The Hollow Earth" by Raymond Bernard have detailed. In all cases, Awareness has warned these entities not to pursue such expeditions, namely because of Deros, vicious man-eating creatures that live just beneath the surface of the earth in caves and caverns and who are always looking for ways to prepare entities for their tables. Now we have these insect aliens who are also living in caverns and cities our taxes helped pay to build, and these creatures will also invite you to dinner, you being the main course.

After CAC published issue 90-2: The Web of Conspiracy part 5: The Alien Presence, we have received numerous letters from members who say they would like to hustle out there to New Mexico and check out those aliens and maybe figure out some way to rid our country of them. Since the U.S. military with all its sophisticated weapons can not remove these creatures, how do these CAC entities think they can do it? We have advised these members to stop energizing such expeditions for their own good. We are also advising members to keep cool about the information we are passing on to you about these aliens.

There is nothing we can do about it at this time. The information is to fill in the gaps which have been left since we published the "Gathering Storm" back in 1978 and which will help you to make sense out of today's headlines: Such as why Pres. Bush rushed an envoy to China within a month after the massacre of the students there; why the communist countries are falling apart and trying to get free enterprise and democracy going in their countries, etc. etc. We believe it is still dangerous to noise this information about the aliens at this time, even though Bill Cooper has broken the ice. (Already a campaign to discredit this entity is underway, which could mean the government may be going back to its policy to exterminate those who know too much about this situation.) So until you hear otherwise, at least from our standpoint, please be cool about the alien information. Keep a low profile and do not mail such information out to newspapers, TV or your senators etc. at this time. You might find yourself in trouble, or at least be labelled a goofball.

In relation to more on this subject, as suggested by Awareness, please refer to the following issues of 'Revelations of Awareness':

- 79-1 (The Gathering Storm); \$4.00
- 79-18 (Cosmic History of the Illuminati).
- 79-25 (The Web of Conspiracy: The secret of the UFOs); \$4.00
- 83-18 (Bigfoot and other weird items).
- 85-15 (The Dark Side of the Moon).
- 86-1 (Some Mysteries Explained).
- 86-14 (The Physics of Consciousness: The Bermuda Triangle).
- 87-6 (A Peek at Life on Venus).
- 89-9 (UFO Invasion Fleet & Space 'Monsters').
- 89-7 (ET's Go Home!).
- 89-1 (Some Possibilities in the coming months).
- 80-27 (Alien Invasion & robotoids).
- 90-2 (The Web of Conspiracy, Part 5: The Alien Presence); \$5.00
- 90-3 (Is there a NASA coverup?)

## THE AZTEC-MANTAZ WEIGHT-LOSS AMULET: DOES IT REALLY WORK?

### QUESTION:

Here's yet another question on weight loss. It's always a popular subject. I clipped an ad from a publication called *Astrology & Psychic News*. It's an ad for amulet called the Aztec-Mantaz. I'll read the ad and ask Awareness if this is valid information. It's called a weight-loss amulet.

"The mystical powers of the Aztec-Mantaz will curb your appetite, strengthen your will power and make life worth living again. Aztec women were revered for their incredible beauty. They were slim, trim--their figures were taut, without a trace of fat on them. Yet, history tells us that Aztec women were not physically active and their diet was high in fat. How did they manage to retain their youthful figures? Aztec drawings indicate every adult woman carried the Aztec-Mantaz with her at all times. Researchers in Peru have recently discovered that the Aztec-Mantaz does emit a psychic energy. Their studies conclude: (1) The Aztec-Mantaz curbs the desire to eat. (2) The Aztec-Mantaz strengthens the will power. (3) The Aztec-Mantaz surrounds its wearer with an aura of beauty.

"Experts have concluded that dieting, consuming low calorie foods, and taking expensive medications

have not significantly helped 90% of people trying to lose weight. Yet, a current test of the effects of the Aztec-Mantaz has revealed a startling development:

"The Aztec-Mantaz amulet when carried daily for a minimum of 30 days results in significant weight loss. This is achieved with a minimum of stress, with the recipient having a relaxed, serene, confident attitude throughout the test period."

They're selling this on a money back guarantee for \$11.95, and it shows an illustration of this Aztec Mantaz blown up, with many types of symbols on it. Does Awareness see this object as being a valid modus for losing weight?

### COSMIC AWARENESS:

This Awareness indicates that this as being one of those tools which work on a psychic level; that it has no scientific or logical purpose or value in terms of weight loss, other than its effect on the mind of the wearer; that the energies involved in the symbols and the intent of the design in its purpose and promotion is that which has a powerful suggestive force. This Awareness indicates that you must

understand amulets and talismans and trinkets of such nature are much like the action of a ritual; that wherein an entity performs a ritual, such as ground-breaking, before starting a building, or performs a ritual of some type for a particular purpose, it acts upon the subconscious to inform the subconscious that something is being initiated. It is more than mere words, it is an action, and the subconscious believes actions more than it does thoughts or words.

One can say: "I will begin a health program today," and then one can continue on with daily activities, or one can say: "I will begin a health program with this particular action," and then take an action, and the subconscious will tend to believe that much more than the mere statement issued previously. That likewise, when there is a talisman or object placed upon the body with an intent and description of what it does, the subconscious tends to believe that as being a reality, much more real to it than the mere words, or desire of expression which might state: "I wish I could lose weight."

When the subconscious believes that the talisman is telling it: "You will lose weight with me," then the subconscious believes, and reacts according to those beliefs. This Awareness indicates this is the value of talismans, of trinkets that have an attached claim or belief that accompanies them. This Awareness indicates you could do similar work with a favorite necklace, putting this favorite necklace around yourself, around your neck, stating: "Every time I wear this necklace, I begin losing weight. The longer I wear it, the more weight I lose," but unless you believe that it is not as effective as it is when you believe it, and if more and more entities become aware that your favorite necklace helps you to lose weight, and it becomes repeated, and everyone says: "Ah! She's wearing that necklace which helps her to lose weight!"--All of this attention and energy and reinforcement influences the subconscious to accept the belief and the statements that accompany the necklace so that the entity can better lose weight.

This Awareness indicates therefore, when something is promoted, such as this in writing which is magnified by the reading of the information by many entities, when something is promoted over the years, using the design that has been accepted by multitudes, these symbols, these markings whereby entities have over many years worn these things with the intended purpose and intended belief and statement that they help you to become beautiful and to be more healthy and to lose weight, or to be trim; then indeed, that reinforcement carries over, even to the new wearer, the one who has not yet heard about this. Of course, if the entity hears what the object or trinket is for, it is even more powerful, especially if the entity accepts this as a reality, as truth.

This Awareness indicates that even the entity who does not receive the information regarding the trinket, that entity also will benefit to some degree because of the collective understanding and information held by the masses of other entities in regard

12. to that particular talisman, amulet or trinket. This Awareness indicates that it is as though energy from one's consciousness carries with the trinket itself or with a copy of the trinket, or with a copy of the markings on the trinket; that this is much like radionics, in which a pattern of energy is carried over into another pattern of energy, so that the energies associated with two patterns, such as a photograph of an entity and the entity himself, reflect or carry the energy that is generated by one who focuses on the picture.

This Awareness indicates it is related to that *Law of Correspondence* and the *Law of Substitution* as well as the *Law of Suggestion*, whereby these three Laws work in harmony to empower amulets, talismans and trinkets to be carriers of information for the subconscious; that the conscious mind itself is not capable of using such information other than to wear the object. The subconscious mind picks up the energies of whatever the talisman historically carries, whatever the talisman carries in terms of its intent, the will that intends to use this talisman, or the information that accompanies the talisman. The subconscious accepts this information and acts upon it.

This Awareness indicates that in this sense, this can and does generally do what it is alleged to do, for most entities whose subconscious is not rebellious.

(FOLLOW-UP QUESTION):

It would seem then if these Aztec ladies of a thousand years ago actually wore these and they remained slim and trim, even though they had a high fat diet, that for people today, it would probably be a pretty good amulet to wear for a lot of people?

COSMIC AWARENESS:

This Awareness indicates that this could be of great benefit to many entities; that not all entities would benefit from this because the subconscious of some entities work against their will, having an animosity to the entity. That this is of course very rare, but there will be some entities who may not benefit from this at all. Others will benefit partially, still others will benefit greatly. This Awareness indicates that not all the Aztec women were slim and trim. Only those who were slim and trim were put into the drawings, to be remembered, for that was the value system, in terms of the Aztec beauty concepts.

\*\*\*\*\*

ED's Note: I am reproducing the Aztec-Mantaz, enlarged to show detail. If you want to give it a try, I suggest you make a photo copy of this illustration and carry it around on your person for a few months and see if any significant weight loss has occurred. Let us know how it works. In the meantime, I am trying to chase down the manufacturer of the actual amulet in case you want a more permanent one.

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INDIVIDUAL & FAMILY MEMBERSHIP: \$30 per year.  
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ED's Note:

This almost full-page feature appeared in the Jan. 30, 1990 'Daily Olympian' a Gannett paper. Gannett owns some 600 daily newspapers in the U.S. including 'U.S.A. Today'. Gannett papers are not tabloids! Seldom to straight newspapers run stories such as this. Is this part of the plan to alert America to the alien threat?

The paper, she says, detailed UFO sightings that go back tens of thousands of years and claimed manipulation of DNA on earth's primates.

In 1983, Howe was invited to Kirtland Air Force Base in Albuquerque by an Air Force investigator. Inside a secure room she was shown - but not allowed to duplicate - a document titled "Briefing Paper for the President of the United States of America."

**UFO** - From Page 3D from scores of interviews with eye witnesses and government officials who told her amazing stories, despite their fear of ridicule and retribution.

There are documents.

# UFO tracking

## Author claims aliens have been sighted nationwide

By David Proctor  
Gannett News Service

At first blush, the whole idea seems insane, a nightmare from the supermarket tabloids.

But suppose, just for a moment, that Linda Moulton Howe's theory about the ongoing animal mutilations is correct.

Suppose Howe is right when she concludes in her new book, "An Alien Harvest," that - after a decade spent investigating the phenomenon - she found "an accumulation of human testimony that suggested the presence of extraterrestrial mutilators."

Or as she states more forcibly in interviews: "There isn't any question in my mind any more that there is an alien life form that intrudes on this planet for reasons I don't yet understand."

She and other UFO investigators also believe the federal government knows of these intrusions and has aggressively covered up its knowledge for decades.

Other researchers have documented eyewitness sightings by high government officials including the first director of the CIA, astronauts, pilots, air traffic controllers and thousands of ordinary citizens.

Documents obtained through the Freedom of Information Act have revealed even more sightings and investigations the government has previously denied conducting.

"But, for people to deny it won't make it go away."

What won't go away are the thousands of mutilations that since 1967 have occurred in nearly every state - including recent incidents in Idaho, Oklahoma and Nebraska - and on four continents.

Rural Bear Lake County, Idaho, has been hit by 15 cattle mutilations in the past two months, says Sheriff Brent Bunn.

In Bannock County, Idaho, 12 to 20 cases are reported annually.

Mutilations, mostly of domestic stock, first hit the headlines, especially in the West, in the mid-1970s. There were 90 cases in Idaho alone. The Colorado Bureau of Investigation spent 1,557 man-hours trying to solve the mystery.

Fifteen years later, the pattern of the killings remains disturbingly similar, no matter where they occur.

Somehow the blood is drained completely, and there are never any foot-



The Associated Press

This drawing of an alien was made under hypnosis by a man who claims he was abducted in 1980 north of Denver.

prints or tire tracks near the carcass.

The animal usually has an ear missing, one eye is carved out in a perfect circle, flesh is stripped from one side of the jaw, the tongue is taken from deep in the throat and long strips of stomach hide are removed, as are sex organs.

Howe had studies done privately at the University of Colorado Medical Center. The verdict: The mutilations were done by a pinpoint heat source and took only about two minutes.

To duplicate the cuts with current laser technology, Howe discovered, would require equipment weighing 550 pounds and take up to two hours.

In the 1970s, public investigations

were launched and rewards were offered by several Western states.

Satanic cults and UFOs were on the list of suspects, but the conclusion reached by investigators in Idaho and Colorado was death by natural causes and mutilation by predators.

An ex-FBI agent named Kenneth Rommel was hired by the federal government and in 1980 wrote a 300-page report. He concluded that, without exception, the deaths and wounds were of natural origin.

Howe angrily dismisses Rommel's report as "an obvious, paid-for whitewash" that "didn't even deal with the real cases."

## Investigation 'was like walking into quicksand'

The Olympian

How did Linda Moulton Howe get involved in the UFO controversy? It all started in 1979.

"I was a journalist and filmmaker (for KMGH-TV in Denver) who was provoked by the mystery of the bloodless animals," she says from her office in Atlanta.

"I knew I was getting into something that was unexplained, but I thought I could get into it and come up with the definitive answer. It was like walking into quicksand."

The turning point for Howe came when she filmed a woman named Judy Doraty who was put under hypnosis to help her recall an incident that occurred in Texas in 1973.

Obviously terrified, Doraty relates on film how she was abducted by the aliens and witnessed a mutilation.

"That really got me," Howe says. "I said, 'My God! It must be true!'"

"A Strange Harvest" won Howe an Emmy in 1980, but she continued to collect material on the mutilations and other UFO phenomena.

Eventually, she combined old and new information into "An Alien Harvest," which she published privately last year.

The book is available in a signed, limited edition for \$55 at RSE Products & Services in Yelm. It is also available at the same price by order from Linda Moulton Howe Productions, 904 Summit North Drive, Atlanta, Ga. 30324.

The material Howe gathered came  
See UFO/4D